



365ink

MAGAZINE

September 17-30 2009

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HISTORY...

OF THE
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Bryce's inkUbator

Notes from the Publisher...

Fostering ideas, conversations and arguments.

I've heard some grumbling this week about the price of tickets to see Styx in concert at the Mississippi Moon Bar. I am not at all surprised because I hear that kind of stuff all the time. You see, the reason for this is that many Dubuquers are stuck in a cheap bastard time vortex where everyone expects their wages to increase every year, but the cost of entertainment should still be the same as when they saw April Wine rock out in the Senior High School gymnasium in 1979. The Mississippi Moon Bar is not alone in facing this paradoxical predicament. Mystique Casino also has concerts with limited seating that can bring a higher ticket price. The Grand and Five Flags are no different.

Hopefully their shows have enough draw to compensate for the higher price. I believe that's called supply and demand. In this market, if your show sells out the first day, you didn't charge enough for the ticket. If you have empty seats when the curtain rises, you charged too much. But they all have to take the risk. Don't forget that risk is involved in every show anyone promotes, anywhere. If they book a show they thought there would be more interest in than there actually was, they take a big loss on the show. No one compensates them for trying to bring you diverse entertainment. They just eat it.

A performer also does not change their asking price because you have fewer seats than the last venue they performed in. Unless, of course, the last venue they performed in was Madison Square Garden in 1989 and they're now kicking off their comeback tour in Dubuque 20 years later. They don't really care. So someone's got to take the hit, so to speak. I imagine that Styx in the Five Flags Arena would cut ticket prices in half. That's because they have more than twice the seating of the Diamond Jo or Mystique. But they didn't book the show. So it's a moot point. We have an expensive band in a small but incredible theater of 800. So 800 people are going to see an incredible show, up close, for the same price as they're used to paying when they drive 3 hours to see the same show at Alpine Valley and sit 1000 feet from the outdoor stage, in the rain, on the grass.

So why don't they just keep ticket prices low and absorb the cost? "They're a casino, they can afford it," you say. First off, do you assume they don't already do that? Styx is not cheap. And there are only 800 seats in the theater. Actually, there are far fewer actual seats. G.A. tickets are standing room only. Still a great view of a good show. But you can't charge what you can for a cushion to park your rear end on, even when it's the kind of show where the "edge of your seat" is all you're going to need. This is a casino. They have a business to run. The entire notion of live music is generally a loss-leader. They don't bring in concerts to turn a profit on the show. They do it to bring people into their facility to have a good time. I believe that's called good business practice. So the tickets are about as cheap as they can possibly get. There's no price fixing on

these big shows. It's just simple math. There have been well beyond 150 nights of live entertainment in the Moon Bar in the past ten months, and only a fraction of those shows are ticketed. That's a LOT of free music. Of the ones that are well-known national acts, only a couple, like the Doobie Brothers, have brought ticket prices nearing \$100.

Let's talk about that. The \$100 concert ticket. I just got back from a weekend in Chicago. Each night I was there I dropped twice that much for dinner. Mmmm ... Fogo de Chao ... that's an article in itself. Grilled meat heaven! Include the cab ride, and that is one expensive night on the town. Forget trying to see a Broadway show with decent seats for under \$100. I'm also a big Rush fan (guys understand that concept, but girls don't seem to get it). The last time I saw Rush, I did not have particularly good seats. I was a good 40 rows from the stage and far off to stage right. Those tickets were \$95. It was at an arena and the beers were \$7. I see U2 tickets going for more than twice that. What is it about this town that we expect a show that costs \$100 in Chicago to be \$26 here? That's crazy. Maybe these people have not been to a concert in a while, but just about everyone out there is pulling three digits per ticket after TicketBastard has done their criminal extortion.

There is also a value to being one of a small crowd of people see a live performance: To be that close to the stage to see one of your favorite performers. The cost is pretty easy to justify. Based on the fact that these shows sell well and the more expensive seated tickets go first is testament to the fact that there is a market of people who appreciate the opportunity to see big-name performers minutes from home instead of hours from home. Some might say, "Well, that excludes those of us who don't have the money that these 'rich' guys have to buy those tickets." The only answer I have to that goes back to my first argument. It is good business practice. Who would you want at the concert if you were the Diamond Jo, people with expendable income or the guy who grimaces at the idea of paying for the ticket and leaves immediately after the show? Everyone's equally invited. And if you are a Styx fan, I'll bet it's money well spent.

In the case of our two new and remodeled casinos, I know we're being given an additional 250-300 nights of live music and comedy a year. Some is free, some is not. But all of it wouldn't even be an option if they weren't here. If that's not good enough, I guess the glass-is-half-empty people can wait six months and catch the Styx tribute band that will undoubtedly be coming to the same venue. That one will likely be free. But then they won't go to that show either because, I mean, really, how good can a free show be? See you can't win.

I'll be in Philadelphia that weekend, so you can have my seats. Otherwise, I'd so be there. I'm Kilroy!

SEPTEMBER 17 - 30

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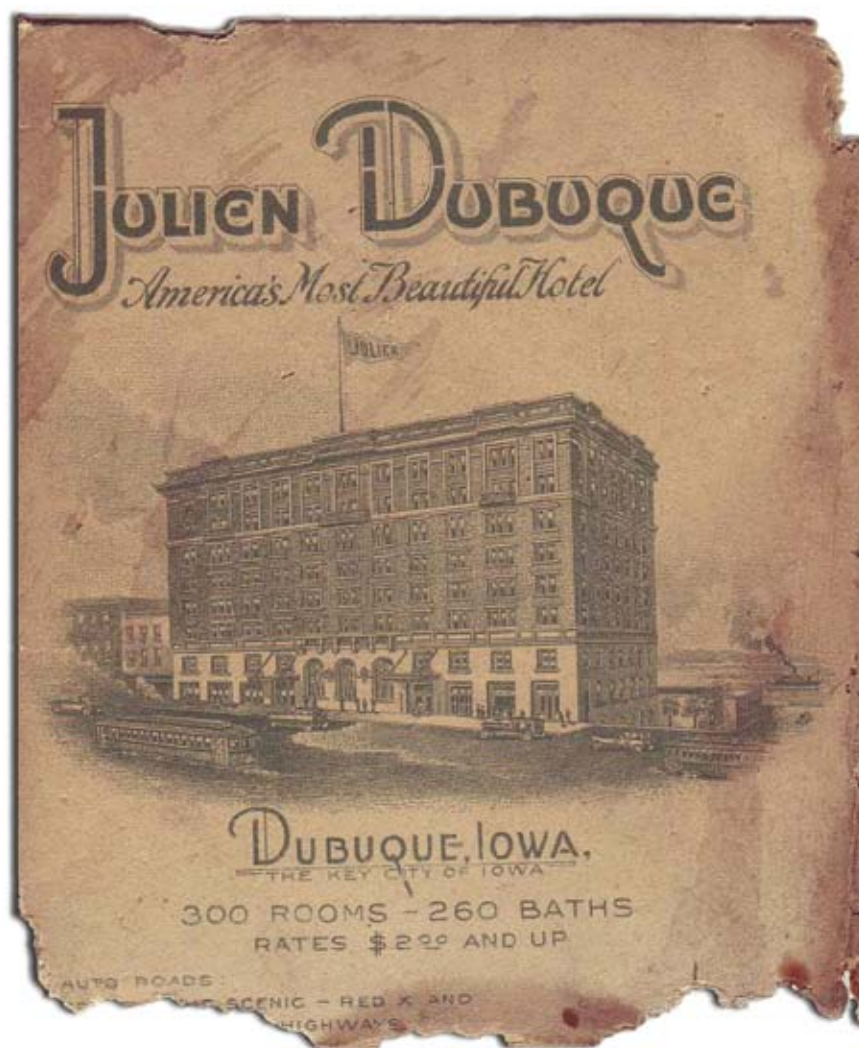
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Where's WANDO?

We've hidden 365's WANDO somewhere in this issue of Dubuque365ink. Can you find the master of movies buried within these pages? Hint: He's tiny and could be anywhere. In a story? In an ad? On the cover? Good Luck!

THE SECRET HISTORY OF...



by Mike Ironside

With the Grand Opening of the Hotel Julien Dubuque this month, the historic Old Main district, Dubuque's downtown, and the entire city celebrate the return of a downtown landmark and a truly historic hotel. While 365ink has previously covered the renovation and restoration of the property, first in November of 2007 when the project was already well underway, and again in February 2009 when the magnificently restored lobby and ballroom were revealed, I have since had the pleasure of working with the hotel's owners, and the management and marketing team, Inn Development and Management (IDM), on researching and writing a detailed history of the historic property.

Armed with diverse historical accounts, including listings on the Encyclopedia Dubuque web site and other online and printed sources, I began my research. But what proved to be a treasure trove of historical information was a box of papers from the personal files of Louis Pfohl, once owner of the Julien and grandfather

of current owners Tony Pfohl and his New York cousins Andrew Kirby and Matthew Quigley. Stuffed with old newspaper clippings, photocopies, transcriptions, personal letters, and Louis' own sketches and notes, the files slowly revealed a story that detailed the history of the hotel, from the earliest days of the first structure that sat on the property through the opening of the grand 1915 hotel that still sits on the corner of Second and Main Streets today.

While we've all heard a bit about the hotel's history – the original Waples House, the tragic fire – and the legends of some of its more infamous occupants (that cheerful mug on our cover), I learned a bit more than I ever knew before and we thought the occasion of the Hotel Julien's Grand Opening was reason enough to share a bit of what we're calling "The Secret History of the Hotel Julien." There's enough history that we won't be able to fit it in a single issue of 365ink, so let's get started with some of the basics of the early history, which is interesting enough on its own, before we get to the "secret" part.

Early History

Written histories of Dubuque indicate that there has been a hotel or inn on the same corner of Main and Second Streets since 1839, just six years after the territory which eventually became the state of Iowa was opened to lead miners, settlers, and would-be entrepreneurs in 1833. The first structure that bore the name Julien was originally known as the Waples House as it was named for its builder Peter Waples, a wealthy merchant and developer who moved to Dubuque from Delaware in 1838. Built in 1843, the four-story hotel was probably the first building visible to travelers as they crossed the Mississippi to the rapidly developing town of Dubuque.

Known for its extravagant furnishings and gourmet cuisine, the Waples House was purchased by partners Burton and Finlay and was renamed the Julien House in 1854 after undergoing an extensive remodel and addition to the hotel, doubling the capacity to 80 rooms.

A young Abraham Lincoln was said to have spent a day and a night at the Julien in the spring of 1859 while working as a lawyer on behalf of the Illinois Central Railroad. Over the years, the hotel hosted other prominent guests such as General Ulysses S. Grant, Mark Twain, and William "Buffalo Bill" Cody.

After successive changes in ownership, the hotel was purchased by W.W. Woodworth in 1866 for \$30,000 (roughly \$436,000 in present-day amounts). Woodworth began a seven-story Romanesque brick and terra cotta addition to the hotel in 1874 which would extend along Second Street all the way to Iowa Street with an archway over the alley between Main and Iowa. With a first floor dining room for Illinois Central Railroad passengers, a basement icehouse with a capacity of five tons of ice, and guest rooms trimmed in oak and walnut with marble-topped furniture, the well-appointed addition cost Woodworth \$35,000.

In 1889, Woodworth began a remodel of the original Main Street section to more closely match the Second Street addition. A new hydraulic elevator was added, using 260 gallons of water to complete a round trip in what was considered a speedy 34 seconds. An artesian well from below the hotel supplied each guest room with running water. By mid-1890, after the completion of a number of new improvements most notably \$50,000 of new furniture added by then new manager Charles E. Wales, the property was referred to as the Hotel Julien on menus and in newspaper articles.

In keeping up with the newest modern conveniences, the entire hotel was wired for incandescent electric lights in 1893, replacing the existing gas lighting. Further renovations were begun by hotel manager W. C. Keeley in 1908, with the installation of steam heat and the extension of hot and cold running water to all rooms. New carpeting, wallpaper and furnishings brought the cost of the remodel up to \$10,000. Rates for the new, modern guest rooms ranged from \$2.50 to \$5.00 per day.

The Tragic Fire

One of the Midwest's finest hotels in the early 20th Century, the elegant guesthouse was struck with just before midnight on Monday, April 7, 1913, when a bell-boy discovered a fire in a second-floor guest room. As the fire spread rapidly, evacuation of the over 200 hotel guests began immediately. Some were forced to use one of the 110 rope escapes, manufactured by Dubuque's own Clark Roller Awing Company and installed by then manager M.B. Parks to serve those rooms not directly served by conventional fire escapes. While a few injuries were later reported and rumors persisted to the contrary, it was believed that no one was lost in the inferno.



Chief Joseph R. Reinfried, then a fire department chief of 27 years, reported that the heat from the fire was so intense that water thrown on the building evaporated upon contact with the brick. He was quoted as saying, "I have no hesitancy in admitting to you that at no time in my career was I as unnerved as on my arrival at the scene of the blaze Monday night."

The following day, the Telegraph-Herald headline read: "HOTEL JULIEN IS A MASS OF BLACK AND SMOKING RUINS – ADJOINING BUILDINGS ALSO

Continued on Page 26.

NOW Kirchhoff / Northside Karaoke Contest

Karaaaaaoooke! Kirchhoff Distributing, in conjunction with Northside Bar (2776 Jackson St., Dubuque), present a weekly karaoke contest with huge prizes! Qualify on Thursdays in September from 8 to midnight, and see if you have what it takes to make it to the finals! Only ten contenders will qualify, with prizes of \$500 for first place and \$100 for second place! For more information, contact Mark Steuer at 590-3657.

SEP 18-19 American English Beatles Tribute

American English in concert perform songs covering the entire career of the Beatles from 1963-1970. With precise attention to every musical detail, along with costume changes, vintage instrumentals and special effects, American English magically create "The Complete Beatles Tribute!" Tickets are \$30 for regular seating and \$40 for V.I.P. seating. Showtime is 7:30 p.m. on both evenings. To purchase tickets, visit the Grand Opera House box office, or call 563-588-1305.

SEP 19 Knights of Columbus Prime Rib Dinner

On Saturday September 19, the Knights of Columbus Council 510 will host a Prime Rib Dinner with dessert at the K.C. Hall 781 Locust St. Cocktails at 5:30 with dinner at 6:30 p.m. Cost is only \$12.00 with proceeds used to support the "Centennial Cross" south of Dubuque. To reserve, please call 588-2011 before noon on Friday September 18. Seating is limited so please call early.

SEP 20 14th Annual Gramercy Park Gala

The 14th Annual Gramercy Park Gala is Sunday, September 20, at D's Place Bar/Restaurant on Highway 20 east of East Dubuque. Doors open at 5 p.m. Live big band music from 6-10 p.m. with The Eddy Howard Orchestra directed by Jerry Accola. Food & Cash Bar available. Tickets \$10 in advance - \$12.50 at the door. For tickets call 815-747-3196 or 815-495-2605.

SEP 21-26 Platteville's Annual Artstravaganza

From September 21 - 23, bring your un-

used paint to the corner of Furnace and 4th Streets in downtown Platteville, for collection and eventual disposal. On Thursday and Friday, September 24 - 25, the paint will be used in Platteville's annual Artstravaganza, where local artists and creative citizens will create canvas works of art from your unused paint. The event will culminate on Saturday, September 26, when the completed canvases will be revealed, viewed, and auctioned off by Col. Gary V. Bell. The auction will begin at 11 a.m. For more information, visit www.platteville.org.

SEP 26 Camp Albrecht Acres Prime Rib Dinner

Saturday night, September 26, Camp Albrecht Acres in Sherrill, Iowa, will host a prime rib dinner. Cost is just \$15.00 per person. Prime rib will be prepared by Daryl Biechler and will be served at 6 p.m. with a cash donation bar available at 5 p.m. For more information call (563) 552-1771.

SEP 26 University of Iowa Poker Run Benefit

A Poker Run/Drive to Benefit the Uni-

versity of Iowa Children's Hospital Brain and Heart Research will be held Saturday, September 26. Registration at 10:30 with departure from Happy's Place @ 11:30. \$15 registration fee includes \$5.00 food coupon. Cash prizes for the top three poker hands. Live music following the ride from 7-11 at Happy's Place.

SEP 26 Area Labor Harvest Bowling Benefit

Dubuque Area Labor Harvest "Bowling to Feed People in Need" will be held on Saturday, September 26, at Cherry Lanes in the Diamond Jo Casino. \$60 entry fee per team. For team forms & more information call Dave McCarthy at (563) 557-7792, Pat Hickson (563) 557-7243 or Steve Runde (563) 582-8014.

OCT 1 Does My Piano Count as a Carry-On?

"Excuse Me, Does My Piano Count as One Carry-on?" will be presented Thursday October 1st, 7:30pm at Five Flags Theater. Magnus Martensson performs music and comedy at the piano. Tickets are available at the Five Flags Box Office, 800-745-3000 and ticketmaster.com

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A PLETHORA OF EVENTS ON THE 1000 BLOCK

Who says that warehouses get to have all the fun this time of year? Once you've had your fill of fine art, theatre and the like, make your way on down to the 1000 Block of Dubuque's Main Street, where a veritable bevy of events are going to be taking place soon in and around the area.

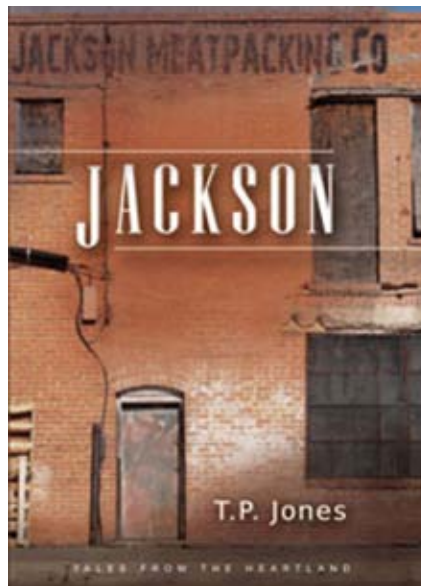
Kicking off the 1000 Block's upcoming festivities will be the first annual Oktoberfest on Friday, September 18, from 5 - 8 p.m. Organizers promise a bonanza of live music, beer, wine, brats and more, making it a perfect after-work destination to celebrate the German heritage you know you have. Even if you're Irish. The Guttenberg Polka Band will be providing the music, with brats from Cremer's. All proceeds will go to benefit the Riverview Center's efforts to end domestic abuse.

Heading on down to River Lights Bookstore, 2nd Edition, a number of book sign-

ings and discussions will be taking place. On Tuesday, September 22, at the Carnegie-Stout Public Library, River Lights will present a signing and discussion of *Postville U.S.A.: Surviving Diversity in Small-Town America*. Authors Mark A. Grey, Michelle Devlin and Aaron Goldsmith will be on hand to discuss the book, an account of last year's raid on the Agriprocessors kosher meatpacking plant that devastated the Postville community. The event will take place from 7 - 8:30 p.m. in the 3rd Floor Auditorium of the Library, and copies of the book will be available for purchase for \$14.95. Admission is free.

Also coming up soon is a book signing and discussion with Dodie Fuhr, author of *Thank God He's Just a Prayer Away*, on Sunday, September 27, from 1 - 2 p.m. The book chronicles Fuhr's longtime battle with severe depression. Through a number of life changes and positive experiences,

however, she has turned her life around and has written the aforementioned book, which will be on sale during the signing for \$9.95.



Finally, author T.P. Jones will be at River Lights on Friday, October 2, from 5:30 - 7 p.m., to sign copies of his new book, *Jackson* -- a story about the fictional city of Jackson, Iowa, during the economic times of the 1980s. As described in the press release: *The Jackson Packing Company is in trouble. The old-line family-owned firm, once one of the largest in the country, now struggles merely to survive in the fiercely competitive meatpacking industry. When a major marketing agreement is cancelled, bankruptcy is imminent.* Sound familiar? Like an allegory to Dubuque? You're right-on. Jones began penning the story 18 years ago, and *Jackson* is the first book of a trilogy. For more information, visit www.rlb2e.com.

365 QUIZ?

1. Put these movies of the late Patrick Swayze in chronological order...

- A. Ghost C. Road House
B. Point Break D. Dirty Dancing

2. Which is not one of the three words used in the Chicago Short Film Brigade tagline?

- A. Cinema B. Entertainment
C. Art D. Brevity

3. What technically killed Al Capone?

- A. Apoplectic stroke
B. Syphilis
C. Pneumonia
D. Cardiac arrest

4. Who did Iowa QB Chuck Long finish second to, in the 1985 Heisman Trophy voting?

- A. Vinny Testaverde B. Robbie Bosco
C. Bo Jackson D. Lorenzo White

5. In what year did IBM launch its first Personal Computer, the 5150?

- A. 1977 B. 1979
C. 1981 D. 1983

6. What kind of apples are used in Betty Jane's Caramel Apples?

- A. Jon-A-Red B. McIntosh
C. Red Delicious D. Granny Smith

7. Which type of pigmentation is not responsible for the changing of colors in leaves in the Fall?

- A. Chlorophyll B. Anthocyanins
C. Carotenoids

8. In the Gregorian Calendar, September is the 9th month. In the Roman calendar it is the...

- A. 7th B. 8th
C. 9th D. 10th



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HOTEL JULIEN DUBUQUE AND CAROLINE'S RESTAURANT NOW OPEN

The Hotel Julien Dubuque celebrated the Grand Opening of the beautifully restored hotel September 10, with a reception in the Grande Ballroom that sprawled out onto the mahogany-trimmed mezzanine overlooking the restored historic lobby. Owners, management, staff, and a long list of dignitaries, contractors, workers, and invited guests toasted the completion of the incredible \$30-plus million project.

With 133 luxurious rooms and suites, private meeting rooms, and the renovated Riverboat Lounge and River Terrace room, all in the heart of the Old Main entertainment district, the Hotel Julien is open and ready for business. The new indoor pool and fitness center were receiving the finishing touches just as this issue went to print, but adding to the excitement of the opening was the new restaurant, Caroline's which opened in late August.

Named for Caroline (Rhomborg) Fischer, great-great-grandmother to the owners of the Hotel Julien Dubuque, Caroline's offers guests a unique fine dining experience and celebrates the long history of the Fischer Companies in Dubuque. A complete renovation of the former Alte Glocke restaurant, Caroline's retains just a touch of the old world charm of the former Bavarian-themed restaurant, but is much brighter and open-feeling with a décor that is appropriate to the historic hotel, but incorporates a sleek finish that is both a little retro-modern and completely contemporary.

Having recently enjoyed a couple of lunches and one fabulous dinner at Caroline's, I can wholeheartedly recommend the restaurant for lunch, dinner, or appetizers and drinks at white marble faced bar. (I have not yet had breakfast there, but I'm sure it's good.)

In addition to other entrée options on the dinner menu like Whiskey Steak Salad, Apple Glazed Beef Short Ribs, and Country Duck (prosciutto wrapped duck breast served with a wild berry port reduction), Caroline's dinner menu has a unique approach to their grilled selections. Diners may choose their steak, salmon, or fish fillet, and as part of the preparation may select one of a range of finishing sauces – Bourbon Sauce, Herbed Chimi Churi, Roasted Cherry To-



mato Relish, Bernaise Sauce, or Chipotle Cream Sauce.

Having indulged in a few of the appetizers at the opening reception (the catfish cakes and artichoke fritters are great!) I was not overly hungry and so opted for the smaller 8 oz. sirloin steak, prepared medium-rare and finished with the herbed chimi churi, a blend of rosemary, thyme, parsley, garlic, and cilantro (if I recall correctly). Tender and perfectly prepared, the steak was a delight with the chimi churi, roasted rosemary potatoes, and a glass of merlot from the wine list.

The woman for whom the restaurant is

Continued on Page 21.

MCKESSON ENTERS ITS NEW HOME



The arrival of IBM to Dubuque has enjoyed the glow of recent media attention. However, there is another, much longer story about technology in Dubuque that reflects not just Dubuque's sense of innovation, but the quality and longevity of its major employers and the people that make them great.

While IBM was preparing to move into the downtown Roshek Building, the team at McKesson was moving out to a new state-of-the-art facility in the Dubuque Technology Park. McKesson's practice management division, Horizon Practice Plus, is the present-day evolution of Dubuque's Cycare Systems, originally founded in 1967. That history makes McKesson's local facility one of Dubuque's original and longest-operating technology companies. The General Manager of Horizon Practice Plus, Scott Schramm, led 365 on an exclusive tour of the new facility and shared with us some of the changes its team faced in this high-tech transition.

The new McKesson facility is home to Schramm's practice management group as well as the Relay Health Division, an electronic data interchange provider to hospitals and clinics across the US, and Horizon Ambulatory Care, an electronic records system for tracking medications and medical encounters. These and other Horizon product workgroups in Dubuque represent only some of McKesson's relationships with over 150,000 of the 600,000 physicians in the United States. Additionally McKesson has built an international reputation as a top solutions provider to hospitals and clinics worldwide. As a result, moving more than 300 people and all of the infrastructure that goes along with them is quite the arduous endeavor ... but for a group that specializes in making

things efficient and smooth, it was just another challenge to be savored.

"It was a big project, as the new building was pretty much gutted," says Schramm of the facility, which was previously occupied by WS Live (which moved to a new downtown location). "We really wanted to take more advantage of natural light, and the architects at Durrant did a great job in creating a very comfortable, very warm inviting space that has a lot of energy. The design and col-



or scheme was 'Technology Meets the Midwest,' using natural elements in the carpet and textures of the design such as grass and corn imagery and yet reflecting a very modern company. We have a very open, collaborative feel in our workspaces, and created Huddle Spaces (impromptu meeting rooms) ... then the employees all submitted naming recommendations for each space based on notable lowans. So [we have] rooms named for Jessie Field Shambaugh, who founded the modern 4-H, and George

Continued on Page 13.

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ROCKTOBERFEST

MUSIC FOR A CAUSE

2009

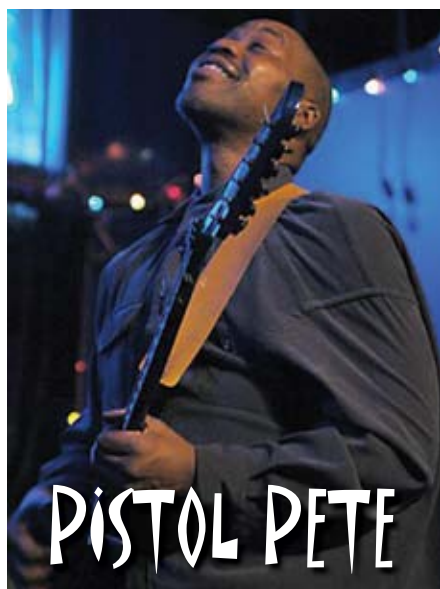
Rocktoberfest Returns! It may be September, but that won't stop Chuck and the guys at Road Crew Entertainment from bringing the rock to Rocktoberfest. Expanding the event to cover two days this year, Rocktoberfest is scheduled for Friday and Saturday, September 25-26 at Courtside. A benefit for Hills and Dales to raise awareness for autism, the event will feature nine bands over two days, including the return of guitar-slinger Pistol Pete, all for only \$5 each day.



Rocktoberfest gets started Friday, September 25, with a trio of hard-rocking bands: Left of Center at 7 p.m., Menace at 8:30, and finishing up with Johnny Trash at 10:30 p.m. The music continues Saturday, September 26, with a varied lineup that starts in the afternoon and continues into the evening. Kicking things off at 2 p.m. will be Denny Garcia and Friends, followed by the indie-pop of Alma Sub Rosa, fronted by vocalist Kristina Castenada at 3:30 p.m. The Cruise Band takes the stage at 5:00 p.m. followed by up-and-coming Madison blues-tinged rockers Fedora taking the stage from 6:30 p.m. Opening up for the headliner at 8 p.m. will be BlackBloom, arguably the hardest working indie-rock band in the Tri-States.

Returning to headline Rocktoberfest's second year from 9:30 p.m. is champion guitar

slinger Pistol Pete. The Chicago-based musician has gained notoriety by winning the Midwest division of a Jimi Hendrix Electric Guitar competition giving him the opportunity to meet Jimi's father, Al Hendrix. Pistol Pete has opened for a number of rock and blues legends including Cheap Trick, Foreigner, Foghat, Traffic, Slash, Buddy Miles, Otis Rush, Koko Taylor and Buddy Guy, just to name a few. Pete was a finalist in the Albert King International Blues Competition, and has also appeared on Show Time at the Apollo. He's performed all over the United States, as well as in Canada, Europe, and Japan.



Definitely a value for just \$5 with all proceeds benefiting autism awareness through Hills and Dales, Rocktoberfest is billed as "Music for a Cause." The event will also feature door prize drawings and a silent auction. Rocktoberfest, Music for a Cause, is sponsored by Courtside, the Diamond Jo Casino, and Cumulus Broadcasting with contributing support by Becky's Cakes, Advantage Sheet Metal, Breezer's Pub, Bush Refrigeration, Chances R, Conner Refrigeration, Eagle Ridge Resort, Exploration Iowa, Heartland Inn, Kirchhoff Distributing, Knicker's, Krazy Kustoms, Lot One, The Other Side, Soiree, The Dog House, Trigger Happy Tattoo and Quick Lube.

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To Sleep, Perchance to ... Sleep?

My daughter used to do the cutest thing. Before she could even speak English, she would sit in her car seat babbling away, holding a spirited conversation with the world as it whizzed by outside the car windows, sounding for all the world like some commentator on Fox News. Then, before you knew it, there would be dead silence, and I would see in the rearview mirror that she'd fallen fast asleep. It was as if she had to get all those opinions out before she could drop off to dreamland.

If only it were that easy for me these days. Like any good wife, I love talking in bed, even if it's just a rant about What Went Wrong at the Grocery Store Today, but it doesn't necessarily clear my brain for rest. In fact, I've been besieged lately with the world's worst case of insomnia. I know why, and I hate to bore you with the details. Let's just say it's related to those cursed daily migraines I mentioned a few issues back, and a new medication I'm using that works like a charm against the pain but, wouldn't you know it, causes its own interesting clutch of what the pharmacy labels Adverse Events, a.k.a. side effects. Now, when a side effect involves no sleep, I would prefer to name it a Main Event, but that's just me calling a spade a spade. And I gotta tell you, this spade has dug a pretty big hole in my nights. Not to mention my days.

My husband, who is a musician when he's not doing his day job, once wrote a song called "Up All Night." It's a cute number with a chorus that goes, "Up all night, mind racin', feet pacin', up all night, tried countin' sheep, but I

can't sleep. I'm up all night, I'm not blue nor in a funk, I just can't stay in my bunk, mullin' it over, thinkin' it through, tryin' to find something else to do. I'm up all night." It's catchy when set to music; I just never thought I'd be living it. It's much less appealing when you're acting it out. You could say I am definitely "blue and in a funk" about this turn of events.

For one thing, I do not count sheep or try to find something else to do. The only thing I want to do is, well, sleep. The term "tossing and turning" has taken on new meaning. As I turn myself over for the twenty-seventh time, I'm reminded of a chicken on a rotisserie. A friend tells me a saying: "She was as cool as the other side of the pillow." Believe me, after turning the pillow over fifteen times, the other side is neither cool nor inviting. All you want to do is throw that pillow across the room – or out the window.

I've read the articles about what is called proper sleep hygiene, a term that implies if you just wash your hands before bedding down, you'll sleep fine. But no, that's not what it means. The rules are: no TV, no computer, no vigorous exercise an hour before bed. Relax. Do yoga. Take a warm bath, which will, conversely, cool down your core, which is what you need. Warm feet, cool core. I actually did all that one night when I was desperately tired. A little yoga, my favorite music (only the most mellow songs from John Mellencamp's fabulous new album), thinking happy thoughts just before bed. I got under the covers, expecting to drop off like a baby. And you know what

happened? Five minutes later, the Bad Fairy of Foot Cramps attacked and would not let go. For half an hour! It was awful! What did I do to deserve THAT?

Finally, I broke down and called my doctor, begging for sleeping pills. I knew just what I wanted, having gone through a much milder form of insomnia years ago. But he gave me bad news. My current insurance company won't cover these particular magic pills. He prescribed something else, which I tried, and, big surprise, didn't work. Well, they sort of worked, but instead of no sleep, I got two hours, tops. So I called the insurance company myself, thinking surely there must be some mistake, and surely I could sweet talk them into changing their mind. All they needed was to hear the desperation in my sleep-deprived voice.

But no. The clerk on the phone informed me that before they would cover the magic pills, I would first

have to "fail" (her actual word) on four other sleep medications. Whose names, had I been in a jovial mood, would have sent me into gales of laughter – Ambien (which means "walk," for heaven's sake), Halcion, Sonata, and Restoril (does it make you rest, or make you ill?) Only if I "failed" all of these – and she did not say how long I had to try them, whether for one tossing-and-turning night or a month of sheer, um, heck – could I get covered for Ambien CR, which was what I wanted, what I used to take, what I knew in my exhausted heart would work. She even had the audacity to inform me that "studies" have shown that this drug has been shown to provide only fifteen additional minutes of sleep.

Well, lady, I wanted to say but did not, I'm a medical librarian, and I'll just see about your so-called studies. In the meantime, it's one more thing to stew about while I'm Up. All. Night. As for you, dear readers? Sweet dreams! Enjoy them if you've got them!

Pam Kress-Dunn
pam2617@yahoo.com



365

Book Signing & Discussion with

Mark A. Grey, Michelle Devlin, and Aaron Goldsmith

Tuesday, September 22
7:00 p.m. - 8:30 p.m.

Carnegie-Stout Public Library
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Postville's momentum towards a sustainable multicultural community was halted after a massive raid by U.S. Immigrations and Customs Enforcement on May 12, 2008. One fifth of the town's population was arrested, forcing the closure of its largest employer, a kosher meat-packing plant. The raid exposed the disastrous enforcement of immigration policy, Postville's exploitation by activists and disturbing questions about the plant's operators.

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The Informant -- A Film by Steven Soderbergh (Ocean's Eleven, Ocean's Twelve, Erin Brockovich)

What was Mark Whitacre thinking? A rising star at agri-industry giant Archer Daniels Midland (ADM), Whitacre (Matt Damon) suddenly turns whistleblower. Unfortunately for the FBI, their lead witness hasn't been quite so forthcoming about helping himself to the corporate coffers. Whitacre's ever-changing account frustrates the agents and threatens the case against ADM.

Soderbergh is an acquired taste and he has been very different from movie to movie. If you like his style in the past, it is the general consensus that you will enjoy the strange little film which takes a very comical look at what was actually a very serious story. It is a decidedly light take on things from the man who has most recently brought us such fare as "Che" and "The Girlfriend Experience." But he's also created some much-loved movies with lighter tones in the past including Ocean's 11, 12 and 13 as well as Erin Brockovich. Then again he made Solaris which 365 Publisher Bryce and Wando both simply hated but editor Tim Brechlin though was splendid. But he's a movie snob so don't listen to him.

Matt Damon plays a wonderful oaf. A man so smart he's just plain dumb. As a completely unreliable narrator, you may find yourself laughing at him throughout the movie or simply wanting to kill him. He turns coat on his employer to the Feds but neglects to mention to the FBI the \$9.5 million he'd siphoned off from the corporate coffers. It seems to be not as much laugh out loud funny as it is just odd and quirky enough to make you smile. If you tend to get deeper into cinema than skimming the surface of the biggest Hollywood blockbusters, you'll probably find a worthwhile trip to "The Informant." And least that the buzz we're getting. We'll see you there.



ROTTEN TOMATOES

RottenTomatoescollectsthe thoughts of dozens of movie reviewers across the country and averages their scores into a fresh or rotten rating. If a movie gets 60% or higher positive reviews, it is FRESH!
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Cloudy w/ a Chance of Meatballs (9/18)

Flint Lockwood has spent his entire life creating inventions that were unwanted or faulty, which doesn't help his struggle to try to see eye to eye with his dad (James Caan). Finally while trying to solve world hunger he develops a method to directly convert water into food and releases the effects on the world. Hunger is eliminated as weather delivers food, but a problem of global proportions soon evolves when the food weather machine that Flint invented develops a mind of its own, and starts wreaking havoc on the world.



Love Happens (September 18)

A romantic drama about a widower whose book, "A-Okay!", about coping with loss turns him into a best-selling self-help guru. On a business trip to Seattle, he falls for a woman (Aniston) who attends one of his seminars, only to learn that he hasn't yet truly confronted his wife's passing.



Surrogates (September 25)

People are living their lives remotely from the safety of their own homes via robotic surrogates -- sexy, physically perfect mechanical representations of themselves. It's an ideal world where crime, pain, fear and consequences don't exist. When the first murder in years jolts this utopia, FBI agent Greer discovers a vast conspiracy behind the surrogate phenomenon and must abandon his own surrogate, risking his life to unravel the mystery.



Fame (September 25)

A reinvention of the original 1980 hit film, Fame follows a talented group of dancers, singers, actors, and artists over four years at the New York City High School of Performing Arts, a diverse, creative powerhouse where students from all walks of life are given a chance to live out their dreams and achieve real and lasting fame...the kind that comes only from talent, dedication, and hard work. In an incredibly competitive atmosphere, plagued by self-doubt, each student's passion will be put to the test.

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 Halloween II 23% Rotten
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 500 Days of Summer. . . 84% Fresh
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THE BUZZ



Inglourious Basterds' scene-stealing bad guy Christoph Waltz has been cast as the villain Chudnofsky in The Green Hornet for Sony Pictures, according to the trade papers. Waltz is most likely replacing Nicolas Cage who bowed out the other week of the currently shooting superhero action/comedy which stars Seth Rogen and Cameron Diaz. The film is being directed by Michel Gondry (Be Kind, Rewind) and was written by Rogen himself.



Disney has announced "Pirates of the Caribbean: On Stranger Tides," set for a Summer 2011 release. It is believed to be connected to a Tim Powers novel called "On Stranger Tides," which deals with a pirate named Jack Shandy in a race against the legendary pirate Blackbeard and his crew of both living and undead to reach the Fountain of Youth.



Matt Damon says that he and director Paul Greengrass will be meeting about a fourth Jason Bourne movie sometime in the next few weeks. Damon noted that Greengrass has worked essentially non-stop since 2003's The Bourne Supremacy, and is taking a short break. The fourth Bourne film, which will not be based on a Ludlum book, will shoot in 2011.



Work on the sequel to Hancock has been put on hold, after director Peter Berg has signed onto direct an adaptation of Hasbro's board game Battleship. And, no, we're not joking, though we wish we were. The contemporary story is set amidst an international five-ship fleet engaged in a very dynamic, violent and intense battle.

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The Informant

(R)
11:50, 2:10, 4:30, 7:00, 9:20

The Cove

(PG13)
11:30, 1:30, 3:30, 7:10, 9:10



(500) Days of Summer

(PG13)
12:20, 2:30, 4:40

Jennifer's Body

(R)
11:45, 2:00, 4:15, 7:30, 9:45



Cloudy w/ Chance of Meatballs

(PG)
11:25 1:15 3:05 4:55 6:50 8:40

I Can Do Bad All By Myself

(R)
12:00, 2:10, 4:20, 7:30, 9:50



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CONTINUED FROM PAGE 9

Gallup, the founder of the famous Gallup Poll. With so many long-term clients like Dubuque Internal Medicine and Medical Associates, everyone really enjoyed making this place something special and reflective of our community."

We asked Schramm about the biggest reaction his team had to the new facility.

"Employees had a lot of involvement in the process," he says. "The new building is collaborative and open, with lower walls and a much more open feel. [Employees] also had a chance to work with their teams to create their own configuration of their work space. We added a pink noise system that replicates the ebb and tide of the ocean and it is more effective at knocking down noise and creating a peaceful space than a white noise system. We even have a variety of local food vendors come in to provide different flavors and experiences and we rotate them to keep it fresh and interesting."

Then Schramm led us into one of the two new, and very comfortable, employee break rooms and added with a laugh, "But of all that the truth is with McKesson's technology roots in Atlanta we have had free Coke products for a long time, so our folks were having Mountain Dew withdrawals. So other than the new free parking, our biggest applause came from the choice between break rooms -- one featuring Coke and the other Pepsi and Mountain Dew."

According to Scott Savary, Director of Support for RelayHealth, there were other big changes in this move that have helped create efficiencies and added security to the operation.

"With the new privacy acts security has become even more important and to address that we have a fairly elaborate new card key system that allows access for specific people related to their projects," he says. "The other big change is that, historically, Dubuque had been one of the data centers for the company, but with

the move we have integrated more of that work to Atlanta. So what used to be the whole 4th floor in the Roshek building is now down to just a few racks. There are about 400 records management companies in the US, and we expect consolidation of that market over the next few years so these kinds of technical efficiencies and collaborations make us very competitive for the future."

We asked Schramm about how recent efforts in Congress to streamline and modify the national health care system affect McKesson's future.

"Hopefully it will drive the adoption of more electronic medical records tracking and remove some of the obstacles," he says. "Technology can empower providers to focus on delivering quality healthcare while streamlining work processes."

With all this recent change, McKesson has yet one more big event in store this month. For the first time, the 2009 Horizon Practice Plus National Conference will be held here in Dubuque September 19 - 24, with around 250 people coming to Dubuque for the week.

"This is historically a conference that is held in cities like Chicago or Phoenix, but this year it will be here in Dubuque," said Schramm. "With tough economic times, Dubuque provided us an option to offer our customers a lower-cost, higher-touch, higher-content conference option. It also lets our customers come here and interact with 100 percent of our staff. We are bringing in national keynote speakers from healthcare systems across the

Concluded on Page 14.

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MCKESSON

ENTERS ITS NEW HOME



CONTINUED FROM PAGE 13.

country and the whole team will cap the conference with a special private event in the Port of Dubuque Tuesday evening.. Everyone is very excited. And with the new facilities like the Diamond Jo, the National Mississippi River Museum & Aquarium and all of the amazing dining, music and entertainment options in Dubuque, we are very proud to show off our city."

After touring this remarkable new facility, perhaps the one thing we at 365 found most impressive about McKesson was the incredibly high retention rate in their in their local workforce.

"I think people stay because we live up to the promise of our mission statement and we place a lot of value on the talent of our staff," says John Savary, Director of Support for Horizon Practice Plus, adding that having happy customers makes for happy employees. "We have had a satisfaction rating of over 97 percent over the last five years. I'll stack our numbers against any service organization in the country, because we consistently hear from our customers about the quality of our people here in Dubuque."

Shannon Burgess has been with McKesson in customer support for over two years, and when asked what makes it such a great place to work, she says, "McKesson treats its employees very well. I have had a few jobs in the past, and of the other employers, this has been great. They appreciate the talent they have. It's not an easy transition to come into this field and there is a lot of training and costs with that so they work hard to keep everyone happy."

About the new facility, she added, "It's really nice. It's an open atmosphere and you are interacting with more people. Oh, and free parking and the whole soda thing."

With a smile and a laugh when reminded about the new break room beverage options, she says, "People at McKesson are very specific about what they drink."

From the entire 365 community, congratulations, McKesson, on your new facility and thank you for investing yet again in Dubuque's future.



Voices From The Warehouse District continues the "momentum" of the well-attended September 12 opening for the signature art exhibit with a series of special events in the funky warehouse gallery space on the second floor of the building on the Northeast corner of 10th and Jackson Streets. In addition to free regular gallery hours from 1 to 5 p.m. on Saturdays and Sundays through September, the Voices Warehouse Gallery will host the following special events.

Penny Arcade

Saturday, September 19, 8 p.m.

Author, performance artist, political and cultural provocateur, and "escapee of Andy Warhol's Factory scene" Penny Arcade will perform a solo version of her performance art piece New York Values at the Voices Warehouse Gallery on Saturday, September 19, beginning at 8 p.m.

Setting out on her own as a thirteen-year-old runaway, Susana Carmen Ventura became a performer in New York City's legendary Playhouse of the Ridiculous at seventeen adopting the name Penny Arcade. Political, playful, and subversive, the over-the-top glam aesthetic of the Playhouse is said to have influenced artists from Andy Warhol to musicians Alice Cooper, David Bowie, and The New York Dolls. Doors open at 7 p.m., with the performance scheduled for 8 p.m. Advance tickets for the performance are \$10 and are available at www.iowaTix.com.

Children's Art Program

Fever River Theatre and Workshop

Sunday, September 20, 2:00-3:30 p.m.

As part of the Voices exhibit, the warehouse gallery will feature free children's art programming on the Sundays of September 20 and 27 from 2 - 3:30 p.m. The September 20 session will be led by puppeteers Sandye and Chuck Voight of the Fever River Puppet Theatre. The duo will

perform "Marionette All-Stars," a puppet variety show designed to introduce children to the backstage-workings of a marionette show. Following the performance, Sandye Voight will lead a workshop on taking a story from plot to the creation of storyboards. Geared toward elementary school-aged children, the workshop is open to anyone who is interested in telling their stories on a stage. While the performance and workshop are free, donations are suggested.

Glimmer of Hope Fashion Show

Riverview Center Fundraiser

Friday, September 25, 7 p.m.

Again this year, Voices will open the warehouse exhibit to the Glimmer of Hope Fashion Show, a fundraiser for the Riverview Center. Scheduled for Friday, September 25, the event starts with appetizers, cocktails, and a silent auction at 6 p.m. with the runway fashion show starting at 7 p.m. Runway models will be wearing fashions from Avon, Graham's Gal, and Rhomberg Furriers. Advanced tickets for the event can be purchased at the Dubuque Community Y or at area Big 10 Marts. All proceeds of the Glimmer of Hope Fashion Show will go to the Dubuque Y Domestic Violence Program and Riverview Center to help in the fight to end domestic violence.

Chicago Short Film Brigade

Chicago Cinema Forum

Alma Sub Rosa

Saturday, September 26, 7 p.m.

Voices also welcomes the return of the Chicago Short Film Brigade, Saturday, September 26 from 7 p.m. Currently on hiatus from regular program events, Short Film Brigade put together a special program for the Voices: Momentum event. In addition to a new selection of short films selected by Short Film Brigade, the event will feature a screening by Brigade

Continued on Page 29.



Saturday, Sept. 19

Rob Martin Jazz Quintet
Cornerstone, 8:30 PM - 12 AM

Splatterdsah
Jumpers, 9 PM - 1 AM

Sunday, September 20

Heavenly States
180 Main, 5 PM

Upper Main Street Jazz Band
Diamond Jo, 1 PM - 3 PM

69 Band
New Diggings, 3:30- 7:30 PM

Take 2
Park Farm, 5 PM - 8 PM

98 in the Shade
Sandy Hook, 8 PM - 12 AM

Monday, Sept. 21

Cameron McGill &
What Army
Monk's, 8 PM

Tuesday, Sept. 22

John Moran
Tony Roma's, 6 PM - 10 PM

Ralph Kluseman
Woodfire Grille, 6:30-8:30 PM

Wednesday, Sept. 23

Emily White and Tyler Lyle
Monk's, 8 PM

Wednesday, Sept. 23

Laughing Moon Comedy
Diamond Jo, 8 PM

Thursday, Sept. 24

Dueling Pianos
Diamond Jo, 8 PM

Maureen Kilgore
Monk's, 8 PM

Half-Fast
Mystique, 8 PM - 12 AM

Johnny Rockers
Cornerstone, 9 PM-12:30 AM

Friday, Sept. 25

The Weather Duo
Monk's, 8 PM

Enemies of Confusion
Sandy Hook, 10 PM - 2 AM

Rocktoberfest
Courtside, 6 PM - 12 AM

Chuck Bregman
Mystique, 6 PM - 9 PM

Dertones
DBQ Driving Range, 8 PM - 12 AM

Katie & Brownie
Irish Cottage, 8 PM

Kevin Beck and Johnnie Walker
Spirits, 8 PM - 12 AM

Andrew Houy
Cornerston, 8:30 PM - 12 AM

Thursday, Sept. 17

Andrew Bird
Grand Opera House, 7:30 PM - 11 PM

Neverly Brothers
Irish Cottage, 7:30 PM

Dueling Pianos
Diamond Jo, 8 PM

Style Like Mind
180 Main, 9 PM - 1 AM

Denny Garcia
Murph's, 9 PM - 1 AM

The Good Stuff
Cornerstone, 9 PM - 12:30 AM

Friday, Sept. 18

Uniphonics
180 Main, 9 PM - 1 AM

Melismatics
Silver Dollar, 9 PM - 1 AM

Bryan Popp & Corey Jenny
Spirits, 5 PM - 9 PM

Friday, Sept. 18

Chuck Bregman
Mystique, 6 PM - 9 PM

Kevin Meloy & Friends
Courtside, 6 PM - 10 PM

Rosalie Morgan
TAIKO, 7 PM - 11 PM

Denny Troy & Rick Hoffman
Eagle's Club, 7 PM - 11 PM

Jeff Ward
Irish Cottage, 8 PM

Dert Tones
Gold Room, 8:30 PM - 12 AM

Scott Waterhouse
& Brandon Golden
Cornerstone, 8:30 PM - 12 AM

Taste Like Chicken
Sandy Hook, 10 PM - 2 AM

Saturday, Sept. 19

Derryl Perry
Diamond Jo, 8 PM

Saturday, Sept. 19

Derek Luttrell
Monk's, 8 PM

Heavenly States
180 Main, 9 PM - 1 AM

Krank Daddies
Silver Dollar, 9 PM - 1 AM

Fizgig
Budde's, 9 PM - 1 AM

Sid V & the Human Resources
Potosi Brewery, 1 PM - 5 PM

Mary Mabusth
Stone Cliff, 6 PM - 11 PM

Chuck Bregman
Mystique, 6 PM - 9 PM

Boys' Night Out
DBQ Driving Range,
8 PM - 12 AM

Jeff Ward
Irish Cottage, 8 PM

Richter Scale 5.0
Eagle's Club, 8 PM - 12 AM

LIVE INFO LISTINGS BY PHONE

ENTERTAINMENT COMEDY NIGHTLIFE

588-4365

LIVE MUSIC

SILVER DOLLAR CANTINA

Friday, September 18th
The Melismatics

Saturday, September 26th
After the Crash (from San Diego)

Friday, September 19th
The Krank Daddies

Friday, October 2nd
G.B. Leighton

PLUS... Friday, Sept. 25th
Homecoming Special Event
Feat. DJ DOROZ

OCTOBER MUSIC
October 3rd
Droids Attack with Bucket House
Hooligans and Civil Soldier
October 9th
The Limns
October 10th
A Friend Called Fire

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Friday, Sept. 25

Bryan Popp & Corey Jenny
Bricktown, 9 PM - 1 AM

Jabberbox
Diamond Jo, 9 PM - 1 AM

Sunshine
Mystique, 9 PM - 1 AM

Aaron Williams/Hoodoo
180 Main, 9PM - 1:30 AM

The Mississippi Band
Murph's, 9 PM - 1:30 AM

James Kinds
& the All-Night Riders
Sandy Hook, 10 PM - 2 AM

Saturday, Sept. 26

Stella Luce
Monk's, 8 PM

Rocktoberfest
Courtside, 6 PM - 12 AM

Buzzberries
Budde's, 9 PM - 1 AM

Chuck Bregman
Mystique, 6 PM - 9 PM

Rosalie Morgan
TAIKO, 7 PM - 11 PM

Katie & Brownie
Irish Cottage, 8 PM

Rocket Surgeons
180 Main, 9 PM - 1 AM

Broken Rubber Band
Cornerstone, 8 PM - 12 AM

Okham's Razor
Grape Escape, 9 PM - 12 AM

After the Crash
Silver Dollar, 9 PM - 1AM

Massey Road
Pit Stop, 9 PM - 1 AM

Kole Younger Band
Mooney Hollow, 9 PM - 1 AM

98 in the Shade
Bulldogs, 9 PM - 1 AM

Dert Tones
Sandy Hook, 9 PM - 1 AM

Saturday, Sept. 26

Hard Salami
Lux Club, 9 PM - 1 AM

Sunshine
Mystique, 9 PM - 1 AM

Sunday, Sept. 27

Stoneheart
New Diggings, 3:30 - 7:30 PM

Okham's Razor
Park Farm, 5 PM - 8 PM

Grass Menagerie
Irish Cottage, 6 PM

Loney Goats
Sandy Hook, 8 PM - 12 AM

Tuesday, Sept. 29

Null & Void
Tony Roma's, 6 PM - 10 AM

Wednesday, Sept. 30

Stephanie Nilles
Monk's, 8 PM

Laughing Moon Comedy
Diamond Jo, 8 PM

Thursday, Oct. 1

STYX
Diamond Jo, 8 PM

Zero 2 Sixty
Mystique, 8 PM - 12 AM

Lonely Goats
Cornerstone, 9 PM - 12 AM

Friday, October 2

Tripmaster Monkey,
Alma Sub Rosa
180 Main, 9 PM - 1 AM

Nothin but Dylan
Warehouse Art Gallery, 6 PM - 10 PM

Chuck Bregman
Mystique, 6 PM - 9 PM

Rosalie Morgan
TAIKO, 7 PM - 11 PM

Ian Gould
Irish Cottage, 8 PM

Boy's Night Out
Red N Deb's, 8 PM - 12 AM

Just Cuz
Mystique, 8 PM - 12 AM

John Moran
Cornerstone, 8:30 PM - 12 AM

Corey Jenny & Mojo Busted
Murph's, 9 PM - 1 AM

Saturday, October 3

David Zollo
Monk's, 8 PM

Jason Ricci and
the New Blood
180 Main, 9 PM - 1 AM

Droids Attack
Silver Dollar, 9 PM - 1 AM

Betty and the Headlights
Budde's, 9 PM - 1 AM

LIVE MUSIC & ENTERTAINMENT VENUE FINDER

- 180 Main Restaurant & Pub
180 Main Street, Dubuque • 563-584-1702 • 180main.com
- Ace's Place
107 Main St W. Epworth, IA • 563-876-9068
- Anton's Saloon
New Diggings, Wisconsin • 608-965-4881
- Bricktown
299 Main Street, Dubuque • 563-582-0608 • bricktowndubuque.com
- Catfish Charlie's
1630 E. 16th St, Dubuque • 563-582-8600 • catfishcharliesonline.com
- Cornerstone
125 N. Main Street, Galena • 815-776-0700
- Courtside
2095 Holliday Drive, Dubuque • 563-583-0574
- Dagwood's
231 First Ave. W. Cascade, IA • (563) 852-3378
- Denny's Lux Club
3050 Asbury, Rd. • (563) 557-0880
- Diamond Jo Casino
Port of Dubuque • 563-690-2100 • diamondjo.com
- Dino's Backside (The Other Side)
68 Sinsinawa East Dubuque • (815) 747-9049
- Dirty Ernie's
201 1st St NE, Farley, IA • 563-744-4653
- Dog House Lounge
1646 Asbury, Dubuque • (563) 556-7611
- Doolittle's Cuba City
112 S. Main, Cuba City, WI • 608-744-2404
- Doolittle's Lancaster
135 S. Jefferson St., Lancaster, WI • 608-723-7676
- Dubuque Driving Range (Highway 52)
John Deere Road, Dubuque • 563-556-5420
- Eagles Club
1175 Century Drive, Dubuque • (563) 582-6498
- Eichman's Grenada Tap
11941 Route 52 North, Dubuque • 563-552-2494
- Five Flags Civic Center
405 Main Street • 563-589-4254 Tix: 563-557-8497
- Gin Rickeys
1447 Central Ave, Dubuque • 563-583-0063 • myspace.com/ginrickeys
- Gobbie's
219 N Main St, Galena IL • 815-777-0243
- Grand Harbor Resort
350 Bell Street, Dubuque • 563-690-4000 • grandharborresort.com
- Grape Escape
233 S. Main St., Galena, IL • 815.776.WINE
grapeescapegalena.com
- The Hub
253 Main St., Dubuque • 563-556-5782
myspace.com/thehubdbq
- Irish Cottage
9853 US Hwy 20, Galena, Illinois • 815.776.0707
theirishcottageboutiquehotel.com
- Jumpers Bar & Grill
2600 Dodge, Dubuque • 563-556-6100 • myspace.com/jumpersdbq
- Knicker's Saloon
2186 Central Ave., Dubuque • 563-583-5044
- M-Studios
223 Diagonal Street, Galena, IL • 815-777-6463 • m-studios.org
- Mississippi Moon Bar
Port of Dubuque • 563-690-2100 • diamondjo.com
- Monk's Coffee Shop
373 Bluff St, Dubuque • 563-585-0919
- Mooney Hollow Barn
12471 Highway 52 S. Green Island, IA
(563) 682-7927 / (563) 580-9494
- Murph's South End
55 Locust St. Dubuque • Phone 563-556-9896
- Mystique Casino
1855 Greyhound park Road • 563-582-3647
www.mystiquedbq.com
- New Diggings
2944 County Road W, New Diggings, WI
608-965-3231 • newdiggings.com
- Noonan's North
917 Main St. Holy Cross, IA • 563-870-2235
- Perfect Pint /Steve's Pizza
15 E. Main St., Platteville, WI • 608-348-3136
- Pit Stop
17522 S John Deere Rd, Dubuque • 563-582-0221
- Sandy Hook Tavern
3868 Badger Rd. Hazel Green, WI • 608-748-4728
- Silver Dollar Cantina
342 Main Street, Dubuque, 563-556-4558
- Softails
10638 Key West Drive, Key West, IA • 563-582-0069
- Star Restaurant and Ultra Lounge (2nd Floor)
600 Star Brewery Drive, Port of Dubuque •
563.556.4800 www.dbqstar.com
- Stone Cliff Winery
600 Star Brewery Dr., Port of Dubuque • 563.583.6100
• stonecliffwinery.com
- Sublime
3203 Jackson St., Dubuque • 563-582-4776
- Thums Up Pub & Grill
3670 County Road HHH, Kieler, WI • 608-568-3118
- The Yardarm
Dubuque Marina, Near Hawthorne • 563-582-3653

If you feature live entertainment and would like to be included in our Venue Finder, please drop us a line... info@dubuque365.com or 563-588-4365.

STAND-UP COMEDY!



Mike Mercury

Diamond Jo Casino, Wednesday, September 23, 8 p.m.

if you like your comedy clean, quick and clever, or are just a big fan of stand-up comedians, Mike Mercury is your man.



Cool & Cruel (Midnight Swinger/Marge from Untamed Shrews)
Diamond Jo Casino, Wednesday, September 30, 8 p.m.

The Midnight Swinger (Cool) and Marge Tackes (Cruel) are veteran comedians who have toured the country individually for more than 15 years.



Pat Godwin

Diamond Jo Casino, Wednesday, October 7, 8 p.m.

Pat Godwin (aka Paddy G) is known primarily for his appearances on the nationally syndicated radio shows "Bob and Tom" and "Howard Stern".



Rich Vos

Diamond Jo Casino, Wednesday, October 14, 8 p.m.

Rich Vos is an incredibly gifted comic who not only has sharp, insightful material, but he is also a master at working the crowd.

FALL INTO ART 2009

Dubuque Main Street presents Fall Into Art, an autumn tour of downtown art galleries. Scheduled for Friday, October 2, from 5 to 10 p.m. the free, self-guided tour will offer trolley service between ten downtown galleries. This is the second year for the gallery tour sponsored by the downtown revitalization organization. The various participating galleries will offer refreshments, entertainment, or demonstrations by artists. Fall Into Art participating galleries include:

Clarke College Art Department's Off-Site Exhibit in the Fischer Building

Clarke College Art Department's Off-Site Exhibit in the Fischer Building (at 219 West 9th Street) will include work by faculty, alumni, and students. Large-scale works have been created specifically for this exhibit exploring fall themes with diverse approaches and media.

Dubuque Museum of Art

The Dubuque Museum of Art is currently exhibiting three fall exhibitions including Bissell's: A Family of Artists, Art Geisert's Oops, and John Vachon and the Great Depression in Dubuque.

Joey Wallis & Sarah Ehrler Photography

Joey Wallis & Sarah Ehrler Photography's Main Street Studio and Gallery will be open to the public as part of the tour featuring the work of nature photographer and portrait artist Joey Wallis and portrait photographer Sarah Ehrler.

Mary Ellyn's Gallery

Mary Ellyn's Gallery, Antiques As Art offers a Midwestern collection of one-of-a-kind handcrafted art as artifact items including folk art, paintings, sketches, handspun linens, ceramics, hand blown glass, jewelry, blankets and rugs.

Matter Design Store

Matter Design Store offers unique, contemporary products that are both functional and beautiful. The store's profits are used to create and sustain free community art programs through the Dubuque Art Center.

There will be live demonstrations at the Dubuque Art Center, across the hall from Matter, during the tour.

Mural Inspirations

Mural Inspirations will be showing paintings by Jeanelle "Page" Westerfield and Sarah Barnes, along with hand-painted china, tiles, custom murals and painted furniture.

Outside The Lines Art Gallery

Outside The Lines Art Gallery will be exhibiting the watercolors of Alda Kaufman and the ceramics of Gary Carstens during the gallery tour, an exhibit on display through September and October.

Slow Print Studio

Slow Print Studio will be open to the public as part of the tour featuring the work of designer, artist, and letterpress preservationist Peter Fraterdeus. There will be on-site letterpress demonstrations and music all evening.

Voices Warehouse Gallery

Voices Warehouse Gallery's annual temporary exhibit Voices From The Warehouse District, hosted by the Dubuque County Fine Arts Society includes 11 regional artists of varied mediums in 20,000 square feet of warehouse space. This year's Momentum exhibit features large-scale installation pieces, outsider art, and fine art. Feast of Mutton is the musical guest during the tour from 8-10 p.m.

Warehouse Art Gallery

Warehouse Art Gallery is the new home to emerging artists. Located in the heart of the Millwork District, the gallery offers monthly exhibitions. October's exhibition is by ceramic artist Scott Lammer. The night's events include music by Nothin' But Dylan, wine samples by Park Farm Winery, beer samples from The Brew Haus, food by Kalmes' Breaktime plus tours of Restoration Trust Warehouse, Resa James Home, and The GYM.

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180 MAIN Restaurant & Pub LIVE MUSIC SHOWCASE

Yikes! September is slipping into the black hole of history. Enjoy it while you can.

Style Like Mind Tour: Steddy P, Casethejoint, Imperfekt Thursday, September 17

Dubuque's own resident MC and hip-hop true-believer Casethejoint joins forces with Counterproductions to bring Steddy P's Style Like Mind tour to 180 Main for a special Thursday night show, September

17. Celebrating the release of his fourth and latest album *Style Like Mind* on the Indyground record label, Columbia, Missouri-based Steddy P will be joined by DJ Mahf, and Dallas.

The Uniphonics Friday, September 18

Iowa City funky hip-hop groove machine Uniphonics returns to the 180 Main basement, Friday, September 18. Formed to compete for a performance spot in Afro-Cuban band Euforquestra's annual summer music festival Camp Euforia just a couple years ago, The Uniphonics have quickly made a name for themselves in clubs across the state as well as locally with shows in Dubuque. Backed by a funky rhythm section of bass, drums, guitar and saxophone, Derek "MC Animosity" Thorn deals the rapid-fire rhymes.

The Heavenly States Saturday, September 19, 10 p.m. Sunday, September 20, 5 p.m.

Check it out kids! For many fans of the Oakland indie-rock quartet, both old and new, this is the moment they've been waiting for since their amazing set at DubuqueFest 2008: The return of The

Heavenly States. This time The States grace the 180 Main stage not once, but twice in two days – Saturday, September 19 for an over-21 show (where's my Jaycees at?) and again on Sunday, September 20 for an afternoon all-ages show from 5 p.m.

Aaron Williams & The Hoodoo Friday, September 25

Madison-based blues trio Aaron Williams & The Hoodoo are fixin' to bust out some blues on the basement of 180 Main. Backed by his rhythm section – "Z" on bass and Eric Shackleford on drums – collectively known as The Hoodoo, guitar slinger Aaron Williams has soaked up the rhythmic groove and blistering leads of some of the best blues guitarists around. A listen to the band's recent release *It Ain't Easy*, reveals a tight trio of talented players that certainly do make it look easy. Compared to early George Thorogood, Williams & The Hoodoo have all the fire and swagger of the slide guitarist in his younger days, but with more finesse and way more versatility. Blues fans will recognize a variety of influences – Howlin' Wolf, Lightnin' Hopkins, Cream-era Clapton, Buddy Guy – all incorporated

into the DNA of the band's original material, but it's the full-on attack of a rock power trio that breathes new life into their fresh take on the blues.

The Rocket Surgeons Saturday, September 26

As I recall, the last time I wrote about the Rocket Surgeons playing 180 Main I warned fans to catch them while they can, as the band was going to be scaling back a bit, but what with summer festivals, weddings, etc. the boys seem to be as busy as ever. But that's no reason not to head down to the basement for the party they provide 'cause anyone who's experienced the Surgeons at 180 Main knows it's always a good one.

Mark your calendars...

...for Friday, October 9, for Wolves In The Attic with Post Honeymoon and Why Make Clocks, Saturday, October 10, for the Mississippi hill country blues of Kent Burnside & The New Generation, Thursday, October 15, for the Seattle punk of The Whore Moans, Friday, October 16, for the original country rock of Jim The Mule, and Saturday, October 17, for the swingin' soul of the Diplomats of Solid Sound.

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Dubuque, Iowa

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Saturday
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DINNER Tuesday - Thursday 5 pm - 9 pm
Friday & Saturday 5 pm - 10 pm

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TOM



ON DUBUQUE notes from the mayor

"Arctic Natural Cooling Trend Ends"

McClatchy Newspapers, the third-largest newspaper conglomerate in the U.S., reported on a recently published study which has determined greenhouse gases are responsible for the changes in a 1,900 year cooling trend in the Arctic.

"The Arctic was cooling for 1,900 years because of a natural change in Earth's orbit until greenhouse gas accumulation from the use of fossil fuels reversed the trend in recent decades, according to a study published today in Science magazine. The scientists who worked on the study together have reconstructed the temperature record of the past 2,000 years in the Arctic by using evidence from tree rings, ice cores and lake sediment. They reported that they found a steady cooling trend in Arctic summer temperatures of about 0.9 degrees Fahrenheit during the first 1,900 years. And that cooling trend was caused by a slow natural cycle in the Earth's orbit that continues into this century."

"The summer cooling would likely be continuing today were it not for the increase of greenhouse gases from fossil fuel burning," said David Schneider, who works as a scientist at the National Center for Atmospheric Research and is one of the authors of the study on the Arctic. "The results are important in showing that dramatic changes happening today – and particularly the rapidity of the changes – are not natural," Schneider said.

Darrell Kaufman, who is a professor of geology and environmental science at Northern Arizona State University in Flagstaff, worked as the lead author of the study. He put it this way: "The warmth in the Arctic during the second half of the 20th century, combined with the last decade, is striking against the backdrop of the previous 1,900 years... The second half of the 20th century was warmer in the Arctic than any other half century of the last 2,000 years."

Further, scientists were able to define the

years 1999 to 2008 as the warmest decade in the Arctic. Temperatures were found to be about 2.5 degrees Fahrenheit higher than would have been expected if the natural cooling trend had continued, according to the report. Scientists knew the Arctic has been warming two to three times faster than the rest of the planet. This study gives a better understanding of how the climate system behaves over the longer time scales, Schneider said. Previous studies that were done with that level of detail went back only 400 years and most of the record from thermometers in the Arctic dates back only about 50 years."

So what is the impact of a melting Arctic? Briefly, polar sea ice plays an important role in the earth's climate system. Surfaces of the earth covered with snow and ice reflect more solar radiation and thus have a cooling effect. Sea ice reflects between 50 and 70 percent of the solar radiation from the sun, whereas open water reflects only 6 percent. Fresh snow reflects up to 90 percent of the sun's solar radiation. Therefore, the decline of Arctic sea ice has global implications. The melting of the ice will introduce greater amounts of freshwater in the Arctic Ocean, and will affect the global ocean currents. Rising sea levels will impact coastal areas from Florida to Bangladesh. The removal of the ice cap will also affect the exchange of heat, gases and momentum between the atmosphere and the ocean. The destruction of the sea ice also means the destruction of habitat for many marine and land animals, as well as increased stress on indigenous populations in the Arctic. Normal melting of sea ice in the spring forms the nutrient-rich environment for phytoplankton blooms. Phytoplankton is fundamental to the marine food web, and is an important carbon dioxide sink and source of oxygen in the atmosphere.

In July, the world's oceans were the warmest in almost 130 years of record-keeping. Meteorologists say a combination of factors are at work, including a natural El Nino system, man-made global warming and a dash of random weather. Only one of these factors can

be altered -- that which man causes, man has the ability to change. As Warren Buffet stated in a recent New York Times article, "In nature, every action has consequences, a phenomenon called the "butterfly effect." These consequences, moreover, are not necessarily proportional. For example, doubling the carbon dioxide we belch into the at-

mosphere may far more than double the subsequent problems for society. Realizing this, the world properly worries about greenhouse emissions."

"When you tug on a single thing in nature, you will find it connected to everything else." John Muir

365



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We look forward to seeing you soon!

- Aaron Burbach, General Manager

365's RECURRING NIGHTLIFE CALENDAR

ENTERTAINMENT YOU CAN SET YOUR WATCH TO!

Tuesdays

Pub Quiz - 180 Main, 8 p.m. - First 3 Tuesdays of the month
Open Jazz Jam - 180 Main (Upper Level), 8 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Wednesdays

Laughing Moon Comedy - Diamond Jo Casino, 8 p.m.
WJOD Wild West Wed - (Country Dancing), Fairgrounds, 7 p.m. - 11 p.m.
Karaoke - C-Sharp, A&B Tap, 8 p.m. - 12 a.m.
Karaoke - Becky McMahon, Denny's Lux Club, 8:30 p.m. - 12:30 a.m.
Karaoke - Bubblz Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Thursdays

Live Music - Robbie Bahr & Laura McDonald, Gobbies, Galena, 9 p.m. - 1 a.m.
Y-105 Party Zone - Dbq Co. Fairgrounds, 7 p.m. - 10 p.m.
Dueling Pianos - Diamond Jo Casino, 8 p.m.
Open Mic Showcase, Silver Dollar Cantina, 9 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Becky McMahon, Ground Round, 9 p.m. - midnight
Karaoke - Flyin' Hawaiian, Shannon's Bar, 9 p.m. - 1 a.m.
Karaoke - Soundwave, Bulldog Billiards, 9:30 p.m. - 1:30 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

Fridays

Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Flyin' Hawaiian, Sublime, 9 p.m. - 1 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Becky McMahon, Jumpers, 9 p.m. - 1 a.m. (Every Other Friday)
Karaoke - Brian Leib's Essential Entertainment, Aragon Tap, 9 p.m. - 1 a.m.
DJ Music - Main Event DJ, Gin Rickey's, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

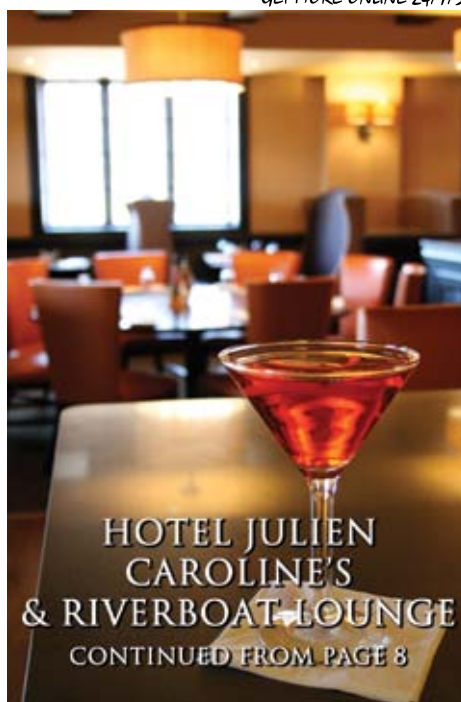
Saturdays

Live Comedy - Arthur House Restaurant, Platteville, 9 p.m. - 10:30 p.m.
Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Bubblz Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, George & Dales, (East Dub.) 9p.m. - 1 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Starburst Karaoke, w/Dave Winders, Instant Replay, 9 p.m. - 1a.m.
DJ Music - Main Event DJ, Gin Rickey's, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.

Sundays

Open Mic with Sean Kramer (Mississippi Flat Miners), A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, Knicker's Saloon, 9 p.m. - 1 a.m.
Karaoke - Phoenix Entertainment, The Hangout (East Dub.), 9 p.m. - 3 a.m.

If you have updates, additions or corrections to the recurring nightlife calendar, please contact 365 with the new information @ info@dubuque365.com!



named and the great-great-grandmother of the Fischer Companies, Caroline Fischer, was certainly a woman ahead of her time. When her husband Louis Fischer died of pneumonia in 1875 after falling into the river cutting ice, Caroline took over his ice business, becoming one of the first businesswomen in Iowa. A young widow at age 31 with five young children to care for, Caroline was known to be a hard worker.

She is said to have followed her ice deliverymen around town in her own horse and buggy to be sure her men were "doing their work properly." The many taverns to which they delivered would offer drinks to the drivers, in an effort to persuade them to leave a little extra ice. On occasion, upon finding the drivers passed out in the ice wagon, Caroline would drive the team of horses and wagon back to the ice storage warehouse herself with her own horse and buggy in tow.

Caroline eventually bought out her partners, building the business by investing in downtown and riverfront property. She brought her sons Al and Eldon, and daughter Julia into the family business, working alongside them until her death in 1909. Julia, an accomplished woman in her own right took over management of the company, running it until her daughter Pauline and son-in-law Louis Pfohl took over in 1945. Louis Pfohl is the grandfather of current Fischer Company and Hotel Julien owners Tony Pfohl and his New York cousins Andrew Kirby and Matthew Quigley – the fifth generation in the family that traces its roots back to the early days of Dubuque. Their restoration of the Hotel Julien is an impressive investment that honors not only their family's history, but Dubuque's as well, while setting the stage for very bright future in the heart of the historic downtown.

Budweiser MIDWEST CONCERTS & SPECIAL EVENTS



Bruce Springsteen

United Center, Chicago • September 20

Ingrid Michaelson

Barrymore Theatre, Madison • October 24

P!nk

Rosemont Theatre, Chicago • September 26

Leonard Cohen

Rosemont Theatre, Chicago • October 29

Van Morrison

Chicago Theatre, Chicago • September 29

Roger Daltrey

House of Blues, Chicago • November 2

AC/DC

Wells-Fargo Center, Des Moines • October 9

Dane Cook

i Wireless Center, Moline • November 14

They Might Be Giants

Barrymore Theatre, Madison • October 11

Barry Manilow

Rosemont Theatre, Chicago • December 17

Bob's Book Reviews



Dust Bunnies

by Bob Gelms

When I peel back the duvet in my head, (duvet? What the heck?), I can always find three or four dust bunnies under the bed. The book world has a few I'd like to talk about. They are graphic novels, the Kindle, and James Patterson.

Graphic Novels

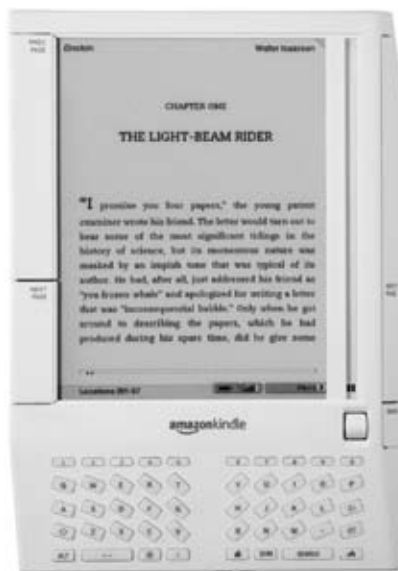
These are sometimes now, and were for a long time, referred to as comic books, but they have come a long way. Don't try saying that out loud in a bookstore or to my eldest daughter. There is a distinction and I've come to realize an important one. It's small but critical. A graphic novel describes an original work not published before that is written with an illustrated text in mind. The illustrations are similar to the artwork in a comic book. I have become a big fan of a few of them. *Sin City* has already been made into a visually stunning movie, although not quite as visually stunning as the novel. The other one is a series called *100 Bullets* and plumbs the depths of whether or not people would seek revenge if they knew they could get away with it. It's 10 volumes long and it comes to a conclusion unlike most comic books where the stories never end.

The graphic novel is something of a new art form where pictures and words go hand in hand to drive the story. This is somewhat unlike comic books where the pictures tell you all you need to know with the words being a bonus. Graphic novels mostly, but not always, have nothing to do with superheroes. If you read comics as a kid (I was partial to Batman, Superman, and Green Lantern -- the Hal Jordan incarnation), give a graphic novel a try. You'll find dozens of titles at the bookstore. They are very interesting to read and dazzling to look at. Be forewarned, most graphic novels can be very violent and some are R or X rated. Oh, now you're interested!

The Kindle

The Kindle, as I'm sure some of you already know, is an electronic device that allows you to download books in about ten minutes at the cost of \$10 for just-published books and considerably less for older books. It will store hundreds

of books on the one device. I could store my whole library, which takes up one room in my house, on about six Kindles, which would use up less than a foot of shelf space. There are a number of manufacturers in competition. Some of the devices will also automatically download magazine and newspaper subscriptions. The devices cost anywhere from \$300 to about \$750.



There is a big debate brewing about the Kindle and devices like it replacing hard copy books. That's not going to seriously happen until the price comes down considerably. As it stands now, if you buy books exclusively online, then the Kindle savings will pay for the Kindle itself after you have purchased about 40 books for the inexpensive model and about 100 books for the top of the line. On average, Americans buy less than 10 books per year. You do the math. The Kindle will be of no concern until the price falls dramatically for either the Kindle or for the book itself. What do you think is more likely to happen?

Anyway, I think I'm more concerned about the downloads because info that flows into your Kindle can also flow back out. I'm betting that that can happen without you knowing it. None of those Presidential Directives issued by Bush/Cheney/NSA regarding the gathering of information from US citizens have been cancelled by the Obama administration. So always remember, just because you are paranoid doesn't mean people aren't out to get you.

James Patterson

Last week a story appeared in Forbes. Herewith are the salient facts: "When Hachette Book Group announced a landmark deal with author James Patterson on Tuesday, the numbers were stunning. It calls for him to churn out 17 books through 2012, 11 for adult readers and six for young adult readers. A source familiar with the terms estimates it to be worth at least \$150 million to Patterson."

Patterson, IMHO, is no longer a writer, he's a marketing maniac. Very nearly all of these books will have a co-author doing all the heavy lifting with Patterson's name featured prominently on the cover. His publisher will jam them down the throats of every book store in this and every other country in the world or they won't get the next one from Malcolm Gladwell, David Baldacci or the next book in the Twilight series all of which are published by HBG.

It's not like Patterson doesn't know

what he's doing. He is a former Chairman of the huge ad agency J. Walter Thompson. While there he was a marketing and packaging expert. At this point he's trading heavily on his name not his talent. I mean, what the heck do I know? It seems like nobody's mentioned a pervasive economic fact to Mr. Patterson...that of supply and demand. The price of something only goes up when the demand is high and the supply is low. You have to wonder how HBG will be able to keep the price of Patterson's books high or be able to support their \$150 Million dollar contract with him when the supply of his books, 17 in 3 years, is gluttonously high and so is the price.

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What's Your BFG?

Pick one BFG (Big Fricken Goal) and commit to accomplishing it. Try blowing it out of the water or knocking it out of the park. Go big or go home! How about getting your degree, quitting smoking, doubling your income, losing 100 pounds, or getting out of debt? Those are some Big Fricken Goals! A BFG changes your life! It is huge and outrageous. It shouldn't take you long to figure out a BFG. It'll get you excited and make you nauseous at the same time. There will be lots of uncertainty and doubt associated with your BFG. It will not only make you uncomfortable, it will be painful. Decide on your BFG and give it everything you've got.

Choosing a BFG and going after it will virtually guarantee a brighter future. It quickly advances you to a new level of performance. Your BFG will be a focal point of energy and effort. Smaller goals such as losing 5 pounds, taking out the garbage, visiting family, or waxing the kitchen floor are necessary, but a BFG is life changing.

Most goals are very "incremental". They go up a little each year. The problem with incremental is that it is comfortable. People fail when they become too comfortable. Setting your goals a smidge higher is not sufficient. Go big and you change forever. Big Fricken Goals will not be achieved by doing the same things you did last year. You must think and work differ-

ently than you ever have before. BFGs stimulate progress, ignite passion, and focus the mind. A Big Fricken Goal ensures that you do what's important and breaks you through the clutter of mediocrity and small mindedness. Don't settle for setting your goals just a little higher. Go big and change the world.

I know you're thinking that setting a Big Fricken Goal is unrealistic. That's the Big Fricken point. When you focus on a BFG, you see it in your mind and start imagining what life would be like when you accomplishing it. When you can visualize something in your mind it becomes realistic. What happens if you set a BFG and fall short? If your BFG is to double your income and you don't quite make it, is that OK? What if your BFG is to lose 100 pounds and you don't quite make it, is that OK? Sometimes you have to be unrealistic and overestimate your abilities or you risk spending your entire life living below your capacity. Living below capacity is what happens to people who never push themselves. They grow mentally weaker and weaker over time, losing more and more of their capabilities. There is no time like right now to be unrealistic!

In the end, what a BFG gives you is an edge others can't find. It won't be easy and you may not succeed, but what did you gain? Begin to think in terms of Big Fricken Goals rather than incremental goals and you will accomplish something that most people never even think of, let alone do!

1% Mattitude Improvement Tip

The Best Ways to Learn

There are three great ways to learn something new. You learn from the books you read, the people you meet, and the places you travel. Anytime you pick up a book or listen to an audio book, you have a tremendous opportunity to learn. You can learn something new anytime you meet a new person. Traveling is like drinking from a fire hose when it comes to learning. To

keep learning, pick up a book, meet someone new, and travel when you can.

Don't forget to CYA - Check Your Attitude! Like it or not, your ATTITUDE determines your success (or lack thereof). To inquire about Matt's hit keynote speech titled "What's the value of your attitude?" call 563-773-6288 or email matt@mattbooth.com.

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Life STILES

Dance Fever Hits the Tri-States

by Jeff Stiles

If it seems as if everyone will be watching the new season of Dancing with the Stars later this month, that's probably because it's close to the truth. The ABC-based reality show kicks off its ninth season on Monday, September 21, when millions upon millions of viewers will tune in at 8 p.m. to watch the launch of the new series.

Locally, there's no doubt the show has been a boon for Marty and Jennifer Mulcahey, who operate a dance studio in Plaza 20 called "Ballroom By Jennifer." In the facility a person can receive private and group lessons to better their social dancing and wedding dancing skills, whether they're a beginner or an accomplished dancer. Even if you don't know your Tango from your Mambo, or confuse your Samba with your Rumba, Jennifer will be able to straighten everything out.

again, and this time around we'll keep all the stats up in the studio and follow along," she says. "All the students watch she show anyway and it's fun to see the progress of each week, especially with a home-state gal—Shawn Johnson—winning it last season. This show is just so diverse, with the Olympians and the football players and the pop stars and the movie stars. This time around it will feature an ESPN sportscaster, a politician, the hip hop singer MIA, Macy Grey and Aaron Carter."

"I think Dancing with the Stars has started to create some awareness to dancing," adds Marty, "but once people try it I think the attraction is that this is something they and their significant other can do and learn and share together. I think it brings couples closer together, and really gives them an outlet to have a social skill they can use together and have fun and look good doing together."

Prior to opening her studio in Dubuque, Jennifer moved from the Chicago suburbs to Florida, taught Arthur Murray and Fred Astaire dance classes in Clearwater (Florida), Indianapolis (Indiana) and Sylvania (Ohio), before moving to Galena and commuting to Rockford to teach dance lessons in Illinois.

"I taught for 10 consistent years, where I taught and competed with my students throughout the Midwest," says Jennifer. "There's a lot in the Midwest as far as dance competitions, such as the Wisconsin State Challenge in Milwaukee, the Twin City Open in Minneapolis, the Indiana Challenge . . ."

After building up a local clientele so they'd have enough students to open their own studio here in the tri-states, "Ballroom by Jennifer" was started in Plaza 20. Currently Jennifer has three groups on Mondays, three groups on Tuesdays and two groups on Wednesdays—for a total of 50 students each week. In addition, Jennifer and Marty rent Turner Hall in Galena every six weeks for a formal or semi-formal dance that attract close to 80 dancers on a regular basis.

"The youngest of our students is seven years old, while the oldest is a beautiful older lady in her 70s who didn't get to do this in her youth and now has time to do it," Jennifer says. "We get a lot of middle-aged people who are empty nesters or baby boomers who are looking for something to do together now that their kids are gone. Or, their kids are getting married so they want to learn for the wedding reception."

Besides the social aspect of ballroom dancing, Jennifer also makes note of the physical conditioning and mental benefits of twirling and spinning around a large room to the beat of music.

"Not only keeping in shape, but keeping your mind alert because it takes a lot of thought and coordination to think about how to lead a lady and then make things happen," Jennifer explains. "And then the lady needs to be thinking about the beat and be ready to follow the man, so it takes a lot of

mind-work and muscle too. The faster Latin dances are very cardiovascular, and just the other night we were doing polkas and working up quite a sweat."

Besides her weekly lessons in Dubuque and regular monthly formal dances in Galena, Jennifer is also preparing for Octoberfest. She and Marty also made an appearance at Riverfest last weekend, as they make the public more aware of the growing popularity of ballroom dancing.

"It's like my husband says: Dancing is a common interest for couples to do as a hobby. You can take your dancing anywhere—you don't need to pack it, you can't lose it and nobody can steal it from you. Have fun together with your partner by doing something with them. It's a fun way to exercise and keep in shape, and to look good on the dance floor too."



When asked about the impact of the popular TV show on her business, Jennifer quickly responds in the affirmative. "The show's about to get started

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EATING HEALTHY



Save Money Tonight... Serve Rice

Looking for a way to stretch the food budget for dinner tonight? Serving rice for dinner is a smart and easy solution to put a budget-friendly meal on the table in minutes.

Rice makes perfect sense for budget-minded consumers. Rice grown in the United States averages only ten cents per serving, making it an economical dish that can be used to stretch meat and vegetables. Surprisingly, 80% of the rice consumed by Americans is grown in the United States.

The average one-half cup serving of rice adds up to only 100 calories. Brown rice is 100% whole grain and contains disease-fighting nutrients. Brown rice is available in regular and quick-cooking varieties. One cup of brown rice gives two of the three recommended servings of whole grains daily.

Rice is also highly digestible and is the least-allergenic grain. It can be enjoyed by individuals needing to avoid gluten.

Here are tips for preparing perfect rice from the USA Rice Federation:

- Accurately measure rice and liquid.
- Keep lid on pot during cooking to prevent steam from escaping.
- Rice triples in volume. Use cookware appropriate for the amount of rice you are preparing.
- Do not stir. Stirring releases the

starch, resulting in rice that is sticky.

- At end of cooking time, remove lid and test for doneness. If rice is not tender or liquid not absorbed, cook two to four minutes longer.



Rice pairs well with a variety of meats, beans, vegetables and ethnic flavors, making it a versatile dish. The USA Rice Federation suggests "Healthy Rice Bowls" with rice as the foundation, combined with vegetables and lean meat for an economical, easy and healthy meal solution. Below are suggestions for assembling "Rice Bowls" for supper tonight. All ingredients listed are cooked if needed and ready-to-eat.

RECIPE

Tex-Mex Rice Bowl: Layer 1: Brown rice. Layer 2: corn with peppers, black beans. Layer 3: cubed cooked chicken. Layer 4: Salsa, shredded cheese and sour cream.

Thai Rice Bowl: Layer 1: Brown rice. Layer 2: sautéed bell pepper strips, onions and sliced carrots. Layer 3: cubed cooked chicken. Layer 4: peanut sauce and chopped peanuts.

Greek: Layer 1: Brown rice. Layer 2: Sautéed spinach, onion and tomatoes. Layer 3: cubed cooked chicken. Layer 4: Feta cheese and black olives.

For more budget-friendly recipes using rice, go to www.hy-vee.com or talk to a Hy-Vee dietitian.

The information is not intended as medical advice. Please consult a medical professional for individual advice.

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HISTORY OF THE HOTEL JULIEN CONTINUED FROM PAGE 4

CONSUMED IN MIDNIGHT CONFLAGRATION. – LOSS IS HALF A MILLION – BELIEVED ALL OF THE 200 GUESTS MADE ESCAPE IN SAFETY." Later estimates placed total losses in the blaze at \$294,000. A number of actors who were part of a vaudeville show at the Majestic Theater (now the Five Flags Theater), including early film and stage stars Milton and Dolly Nobles, lost all clothing and jewelry except for what they were wearing at the time. Traveling salesmen reported the loss of trunks full of valuable merchandise. The fire dealt a terrible blow to the community, but city leaders almost immediately began making plans to rebuild.

The New Hotel Julien

Realizing the need for a large, modern hotel in the rapidly growing city which was already approaching a population of nearly 50,000, a group of local investors led by local businessman W. H. Day began making plans to rebuild on the existing site. Day purchased the old Julien site on May 2, 1913, not even a month after the fire. By mid-June of that year, the Dubuque Hotel Company was formed with Day serving as one of the board of directors. A group of about 100 stockholders invested a total of \$300,000 in the corporation, which raised another \$200,000 by issuing bonds. The City and County governments lent their support by placing valuation of the property at only \$100,000 for ten years from the opening of the new hotel, until 1925, an early version of the modern concept of Tax Increment Financing.

The Dubuque Hotel Company hired award-winning Chicago architects Marshall and Fox, maybe best known for their design of the Blackstone Hotel, to design the new property and contracted Central Engineering Company of Davenport, Iowa, to construct the eight-story, half-million dollar hotel.

Tons of debris from the destroyed hotel

were hauled to the 4th Street extension to be used as fill in a new downtown baseball park and athletic field on land that was once a slough. The Dubuque Municipal Athletic Park, later renamed Petrakis Park, opened in April of 1914 on land that is now part of the Port of Dubuque.

Construction of the new hotel began on February 25, 1914. As the previous building was destroyed by fire, the new structure of "concrete and steel" was designed to be fireproof, an attribute that was nearly always noted in newspaper articles and advertisements for the new hotel. Opening Sunday, September 12, 1915, the headline across the top of that day's Dubuque Telegraph-Herald declared, "HOTEL JULIEN DUBUQUE GLORIOUS ACQUISITION TO ARCHITECTURE OF CITY." The following article describes the various attributes of the property in sections with titles like "Panoramic View," "Modeled Upon A Palace," and "Beauty of Materials," describing the buff Bedford stone and "Blackstone" red brick of the exterior.

Further description of the lobby's Peruvian mahogany, the banquet hall, and the "men's lounge," now the Riverboat Lounge concluded with a final section asking the question, "Why Julien Dubuque?" The answer in 1915 holds true today: "The name of Julien Dubuque, the city's founder, was given to the hotel because it is historic and euphonious, because it associates the city's name with its principal hotel, because it will have a familiar sound to patrons of the old Julien and because it will prevent the appropriation of the name 'Julien' or 'Dubuque' by any inferior hotel which may now or hereafter exist in this city."

Al Capone: Legends and Lawsuits

The Hotel Julien became known as one of the finest hotels in the Midwest and

Continued on Page 30.

SUDOKU 1

2			1		6		5
	9	7			5		4
6				7	2		8
		1	9		8	4	
4			7				5 1
	5	8		2	7		
	3	2		6	1		
	7		8				9 6
8				4	9		3

CRYPTOQUIP

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: T equals E

UADOMGWO XL SFRWTIB

MSDTR UWITTP QFDO XT, XL

DOGXV UAQULB BTTXTP DM VT

MCCMBTP.

SUPER CROSSWORD

Super Crossword

ALONG CAME JOANS

ACROSS

- 1 Spar
5 Stomach remedy
11 Tijuana two
14 Bob Marley was one
19 Literary pseudonym
20 Deny
21 Turner or Pappas
22 Remove a corsage
23 Joan Cusack film
25 Joan Rivers line
27 Hero's horse
28 Brasilia architect Oscar
30 Neighbor of Mont.
31 Little spot in the sea
35 Psychic Geller
36 Triangle type
39 Cut
42 Coach Parseghian
43 Blabby bird
45 Zenith
46 Rhine whine
47 Dana and Seixas
49 Precambrian
51 Ho Chi Minh City, once
55 Joan Jett's group
- 60 Ms. Montez
61 — firma
62 Jedi instructor
63 "— vous plait"
65 Cherbourg chapeau
66 Acted like a stallion
69 "Yuck!"
70 Bargain
72 Raven maven?
73 Joan Collins series
75 Joan Osborne hit
78 Mil. address
81 Hit the Haagendazs
82 Fr. lady
83 Showers, in winter
86 Enjoy the weekend
88 Behave like a bunny
90 Gross subj.
92 Rested
94 Israeli airline
95 Joan Didion book
99 Declare
102 Proverb
103 European capital
104 82 Across, farther south
105 De Lesseps' canal
- 107 Highflying agcy.
110 "Krazy —"
111 Director Peter
112 Nursery noise-makers
115 Gun the engine
116 Guru
118 — polloi
119 Germs
122 Certain marble
126 Joan Sutherland's birthplace
129 Joan Van Ark role
133 Nome dome home?
134 Habitually, to Herrick
135 Clementi compositions
136 Cultural grp.
137 "Superman" star
138 Carrere or Mowry
139 Reduce in rank
140 Disposition

DOWN

- 1 Cat calls?
2 Heaps
3 Father
4 Comprehend
5 Lodging
6 Violin part
- 7 Souffle ingredient
8 First base man?
9 Impressive lobby
10 Dieter's snack
11 Casino cubes
12 Endorses
13 Nero's tutor
14 "Golden Girl" McClanahan
15 Farm animal?
16 Where to hear zarzuela
17 Diacritical mark
18 "Puppy Love" singer
24 Drivers' ics., e.g.
26 Shawls and such
29 He gets down to work
32 Etna ooze
33 Hockey's Lindros
34 Vulgar
37 Meadow
38 Ovid's fate
39 "The Simpsons" creator
40 Paint pigment
- 41 "— ignorance is bliss . . ."
44 Part of M.A.
48 "Twist and —" ('62 hit)
50 Out of the way
52 Trail mix
53 Butter sub
54 Hoopster Archibald
56 Nail type
57 It's down in the mouth
58 Nervous
59 Contented sigh
64 Composer Janacek
65 Most morose
67 Rock producer Brian
68 Salt serving
71 Workers' grp.
74 Has a ball at the mall
75 Bus starter?
76 Peachy-keen
77 Push a product
78 Locality
79 Lucre
80 Norwegian name
82 Merry month
84 Make one's hair stand on end?
85 "Heidi" author
- 87 "He's making — . . ."
89 Scheme
91 Chores
93 Godunov, e.g.
96 Cognizant
97 Cabbage concoction
98 Bit
100 Furrow
101 Diva Nellie
106 Radical
108 Socked a shuttlecock
109 Pilot
111 Little house on the prairie?
112 It makes women blush
113 Passageway
114 Bookstore section
117 Ginnie —
118 It grows on you
120 "Later!"
121 Grad
123 Singer Vannelli
124 "So — You" ('77 song)
125 "Heavens to Betsy!"
127 "Mazel —!"
128 "Sheila" singer
130 Ancient Tokyo
131 Ensnare
132 Nationality suffix

HOCUS FOCUS

HOCUS-FOCUS

BY HENRY BOLTIHOFF



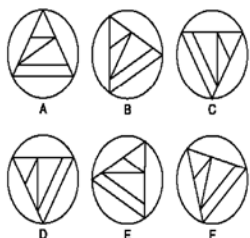
Find at least six differences in details between panels.



Differences: 1. Cookbook is upside down. 2. Coffee level is higher. 3. Apron bow is missing. 4. Salt shaker is gone. 5. Customer's collar is different. 6. Cook's hat is taller.

STICKELERS

Can you determine which figure does not belong with the others?



LETTER BOX

Letter Box by Linda Thistle

Place a letter in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the letters listed above the diagram. When completed, the row indicated will spell out a word or words.

A	B	C	D	G	I	N	O	R
	B			C		N		
A			N			I		
		I		O				R
G		D	R		I	O		
	O			D	B			C
C				G	N		D	
	R	G		A				
			C			O		A

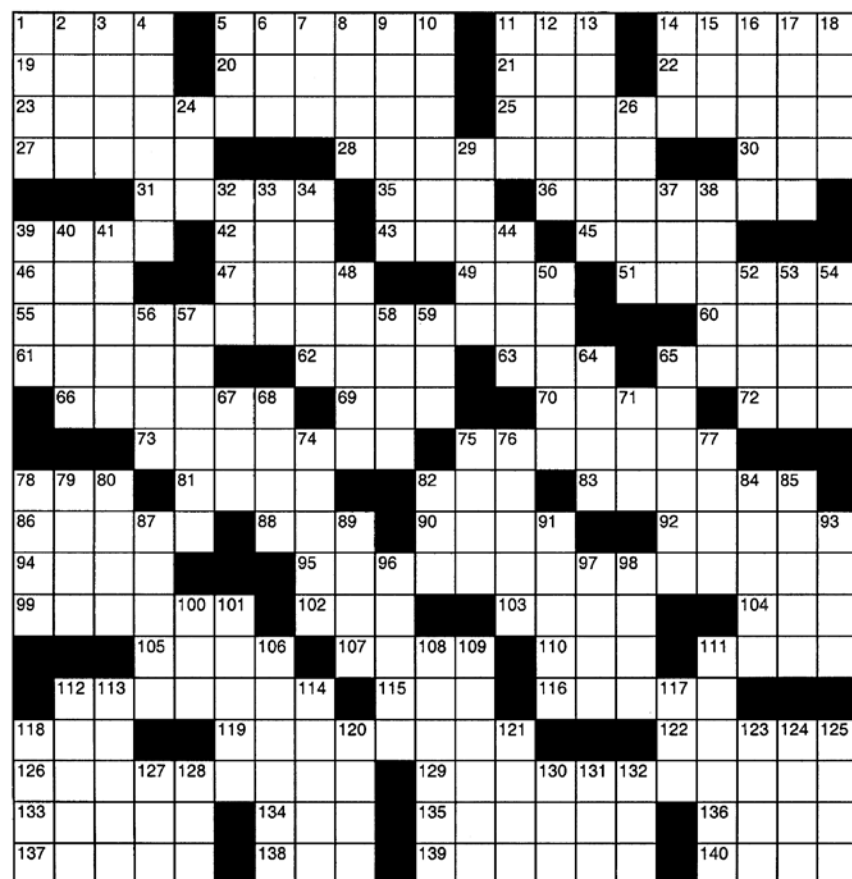
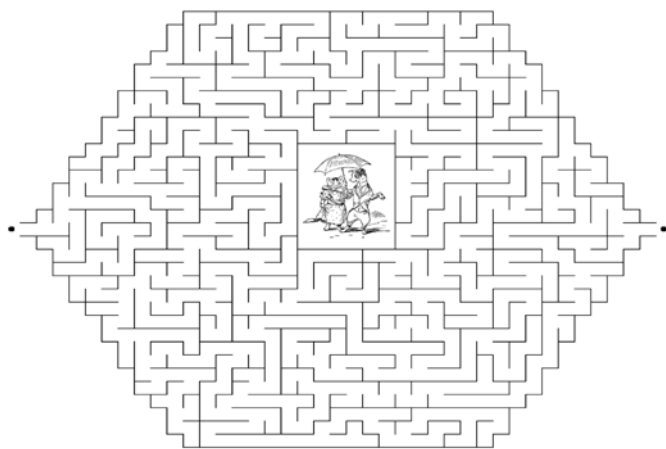
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MEGA MAZE





TRIXIE KITSCH BAD ADVICE FOR THE STUPID

Warning: Do not take Trixie seriously. We mean it.

Dear Trixie: My husband and I have friends, I'll call them, 'Carl and Diane'. Every time we go out to dinner together they insist on paying for everything. At the end of each meal there is the grabbing of the check and the pleading on our part to please allow us to pay. It's not as if we are poor or otherwise cannot afford to treat our friends to a nice meal. It's becoming quite embarrassing for us. What should we do? --Mr. and Mrs.

Dear Mr. and Mrs.: Checkgrabbers can never be rehabilitated. You could slap their hands or toss a cold drink in their laps but most likely you won't change their behavior. However, one thing that may work is for you and your wife to join them and each order 6 entrees, 5 salads and 9 desserts... to go.

Dear Trixie: I suffer from severe migraines. They start weak and get stronger as the day progresses. By supper I am debilitated by pain and nausea. I know stress can be a factor. How many other causes for headaches are there? --Throbbing on St. Celia

Dear Throbbing: 279.

Dear Trixie: I carpool with three co-workers 50 minutes to work each day. I am a smoker, they are not. When I ride in their cars I do not smoke nor do I ask them to stop to allow me a few minutes to satisfy my nicotine fix. When I drive my vehicle they are just as adamant about not letting me smoke. They think it's rude to smoke around them. Is this really fair? --Joe Camel

Dear Joe Camel: It goes to reason if one is not allowed to smoke while carpooling in a non-smoker's car then one is REQUIRED to smoke while in a smoker's car. How can you allow such intolerance?

Dear Trixie: I was at a buffet dinner party last weekend and the lady sitting to my left leaned over with her fork and took a piece of food from my plate. "That looks so good!" she said spearing some chicken. "You should taste this chicken!" she called to the woman on my right. Thankfully, the lady to my right remembered her manners and declined to taste my food. I am not a germophobe by any means although I do take umbrage at the casual mingling of DNA. I know in other cultures it is normal to eat from communal bowls with the fingers but I do not attend meals in those countries. Should I have stabbed her with my fish fork? What are your thoughts? --Lawrence on Prince Philip

Dr. Dear Lawrence: You have the right to protect your food from scavengers, however stabbing them with a fish fork is most impolite. A low growl and a curled lip should be quite sufficient.

Dear Trixie: My brother-in-law has been acting rather strangely for the last 4 months. We convinced him to see a specialist who has diagnosed him with 'Acromegaly'. Can you explain this disease in simple terms for me? --Judy-The Sister-In-Law

Dear Judy-The-Sister-In-Law: No.



Dr. Skrap's completely useless HOROSCOPES

Aries 3/21-4/19

Your gluten-free diet will be savagely murdered by Jimmy John's.

Taurus 4/20-5/20

It's not that your girlfriend loves you less, it's just that she loves the new guy more.

Gemini 5/21-6/21

You may find it hard to believe, but not everyone thinks your loud, obnoxious children are as cute as you think they are.

Cancer 6/22-7/22

This week you will find out that you are kind of tired, kind of fired or kind of pregnant. Which one it is depends on your decision making skills this Saturday night. Go get 'em, tiger.

Leo 7/23-8/22

A carefully laid plan for air circulation in a hot, crowded warehouse full of people is thwarted when you decide to stand directly in front of a strategically placed fan for your own selfish comfort. Twelve die from the ensuing heat. Mostly old people and children.

Virgo 8/23-9/22

The death of Patrick Swayze slips you into a deep depression that finally allows you to shed those pesky 15 pounds you were trying to lose. No one puts baby in a corner. Happy Birthday.

Libra 9/23-10/22

Five-year-olds teach you to play bocce ball at the park revealing your true lack of worldliness. All this time you thought bacchi was the language on moisture evaporators on Tatooine.

Scorpio 10/23-11/21

You've been watching the same gorgeous person walk by the office everyday for two months and cannot find the courage to take to them which is sad. Tomorrow you'll find out that they noticed you watching, so you can add creepy to the sadness. You're screwed. Or not, as the case may be.

Sagittarius 11/22-12/21

Sadly you find that your neglect in labeling your burned CDs has left you with a giant unknown music library. Sadder yet is the fact the you can still pretty safely discern one cd from another by it's distinctive scratches. Saddest of all is that you have not listened to any of them in two years since you got your iPod but still, there they sit.

Capricorn 12/22-1/19

If life give you lemons, make lemonade. Here's the recipe. Two lemons, once cup sugar, one quart water, one quart vermouth. Feel free to drink straight from the pitcher.

Aquarius 1/20-2/18

It doesn't matter how great the color is, those size six pants are never going to coordinate with that size 10 ass. Best you stick to accessories on your next shopping spree.

Pisces 2/19-3/20

Taking your traditional midwestern parents out for sushi at Taiko Japanese Grill is the perfect retaliation for years of "eat your vegetables" abuse. Now who's acting like the two-year-old?

PUZZLE ANSWERS from page 27

Sudoku

2	8	3	1	9	4	6	7	5
1	9	7	6	8	5	3	4	2
6	4	5	3	7	2	9	1	8
7	6	1	9	5	8	4	2	3
4	2	9	7	3	6	8	5	1
3	5	8	4	2	1	7	6	9
9	3	2	5	6	7	1	8	4
5	7	4	8	1	3	2	9	6
8	1	6	2	4	9	5	3	7

Figure C does not belong with the others. The triangle in each figure contains a Z shape. Figure C contains a backward Z.

Stickelers

Cryptoquip

Although my fingers often agreed with me, my thumb always seemed to be opposed.

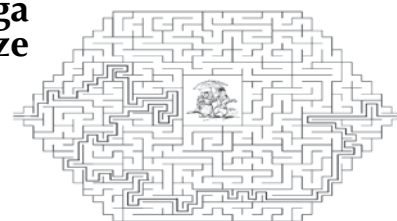
Crossword

M	A	S	T	I	P	E	C	A	C	D	O	S	R	A	S	T	A
E	L	I	A	N	E	G	A	T	E	I	K	E	U	N	P	I	N
W	O	R	K	I	N	G	G	I	R	L	C	A	N	W	E	T	A
S	T	E	E	D	N	I	E	M	E	Y	E	R	I	D	A		
		I	S	L	E	T	U	R	I	S	C	A	L	E	N	E	
M	O	W	N	A	R	A	M	Y	N	A	A	P	E	X			
A	C	H	V	I	C	S	E	R	A	S	A	I	G	O	N		
T	H	E	B	L	A	C	K	H	E	A	R	T	S	L	O	L	A
T	E	R	R	A	Y	O	D	A	S	I	L	B	E	R	E	T	
R	E	A	R	E	D	U	G	H	D	E	A	L	P	O	E		
		D	Y	N	A	S	T	Y	O	N	E	O	F	U	S		
A	P	O	N	O	S	H	M	M	E	S	L	E	E	T	S		
R	E	L	A	X	H	O	P	A	N	A	T	S	L	E	P	T	
E	L	A	L	P	L	A	Y	I	T	A	S	I	T	L	A	Y	S
A	F	F	I	R	M	S	A	W	O	S	L	O	S	R	A		
		S	U	E	Z	N	A	S	A	K	A	T	W	E	I	R	
R	A	T	T	L	E	S	R	E	V	S	W	A	M	I			
H	O	I	B	A	C	T	E	R	I	A	A	G	G	I	E		
A	U	S	T	R	A	L	I	A	V	A	L	E	N	E	E	W	I
I	G	L	O	O	F	T	E	T	U	D	E	S	A	N	T	A	
R	E	E	V	E	T	I	A	D	E	M	O	T	E	M	O	O	D

Letter Box

O	B	R	D	C	I	N	A	G
A	D	C	N	R	G	B	I	O
N	G	I	A	B	O	D	C	R
G	C	D	R	N	A	I	O	B
B	I	N	G	O	C	A	R	D
R	O	A	I	D	B	G	N	C
C	A	O	B	G	N	R	D	I
I	R	G	O	A	D	C	B	N
D	N	B	C	I	R	O	G	A

Mega Maze



365 Quiz?

THE ANSWERS Questions on Page 6

1. D) Dirty Dancing (1987) C. Road House (1989) A. Ghost (1990) B. Point Break (1991)
2. A) The word Cinema is not mentioned.
3. D) Cardiac Arrest. Though he suffered from all four.
4. C) Bo Jackson beat Chuck Long by 45 points
5. C) 1981. And no, we're not counting the SCAMP or the 5100. Deal with it.
6. A) Only Jon-A-Red Apples will do.
7. A) Chlorophyll makes leaves green. When it stops being produced, the other two take over and change leaf colors.
8. A) It is the seventh month.

Voices from the Warehouse Special Events Continued from Page 15.

partner the Chicago Cinema Forum, documenting historical shorts, some with music composed to accompany the silent films. Guests should note that because the material comes from a variety of sources, the films are not rated according to the MPAA system, and are recommended for ages 14 and up. Admission for the screening and musical performance is just \$5 and will be available at the door.

Children's Art Program What Color Is Your World? with Elizabeth Roberts

Sunday, September 27, 2:00-3:30 p.m.
The Sunday, September 27, children's session will feature painter Elizabeth Roberts, an exhibiting artist from last year's Voices From The Warehouse District: Metamorphosis. Roberts will lead kids in a hands-on workshop focusing on color and how colors relate to one another, using the children's book *What Color is Your World?* Kids can create an art project using tissue paper, oil pastel, and Modge-Podge, layering colors to create their own work of art to take home. The session is free and appropriate to all ages.

Fall Into Art Feast of Mutton Friday, October 2, 5-10 p.m.

Friday, October 2, the Voices Warehouse exhibit will be part of the Fall Into Art Gallery Tour, which is scheduled from 5 to 10 p.m. Sponsored by Dubuque Main Street, the free, self-guided tour takes in ten downtown galleries. The Voices art exhibit will be on display for the event with a special performance of the original Gypsy jazz influenced folk of Feast of Mutton. (See the Fall Into Art article in this issue for more information about the tour and other locations.)

Tortoise Prefuse 73 Saturday, October 3, 8 p.m.

While Voices has gained a reputation not only for being an incredible art exhibit, but also hosting the kind of cutting edge events that serve as cultural milestones in the progress of one of Iowa's most progressive cities, this year's events take the Voices model to new levels. Arguably the biggest event to follow the opening reception for the exhibit itself will be the closing night's concert by Chicago avant garde musical artists Tortoise. On tour promoting their first CD of new material in five years, *Beacons of Ancestralship*, released just this summer, Tortoise will perform

their groundbreaking instrumental music incorporating elements of dub, dance, jazz, techno, rock, and classical minimalism Saturday, October 3 beginning 8 p.m. Also performing will be electronic musician, producer, and DJ Prefuse 73.



Often tagged with the relatively generic term "post-rock" but not easily classified to any one genre, Tortoise has been a leader in progressive instrumental music since the release of late '90s critically acclaimed albums like *Millions Now Living Will Never Die*, and *TNT*. Borrowing and mixing elements of a wide range of genres, but never sounding like any of them, Tortoise seems to constantly explore the edges of music, reinventing themselves and creating new music that is rhythmic, textural, propulsive, often both electronic and or-

ganic at the same time, and somehow always sounds exactly like Tortoise.

Not unlike Penny Arcade's performance, hosting Tortoise at the Voices exhibit is a major coup for organizers. "The (Tortoise) U.S tour is really only about fifteen dates," explains Voices co-director Aaron Hefel, "and they're doing these three (in the Midwest) - Omaha, Minneapolis, and Dubuque - and that's about it."

Opening for Tortoise will be electronic musician Prefuse 73. A pseudonym for Scott Herren, who got his start DJing in Atlanta clubs and producing hip-hop tracks for Dirty South rappers, Prefuse 73 is a vehicle for exploring Herren's progressive, textural electronic music. Currently on tour promoting his most recent CD *Everything She Touched Turned Ampexian*, Prefuse 73 is performing a series of select dates with Tortoise.

Advance tickets for Tortoise/Prefuse 73 concert are \$20 and are available online at www.iowaTix.com, and locally at Moon-dog Music and CDs 4 Change. For more information about the Tortoise show and all Voices From The Warehouse District events, visit <http://www.voiceswarehouse-gallery.com/Events.html>.

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Hotel Julien History

Continued from Page 26

hosted many grand banquets and famous guests. But of all the personages said to have stayed in the Hotel Julien, none has aroused more curiosity and speculation than the notorious Chicago gangster Al Capone. Local lore alleges that when things got "hot" in Chicago, Capone would travel with his entourage to Dubuque, hiding out in the Hotel Julien. Some say he even owned the hotel at one point.

Finding "proof" of the comings and goings, not to mention the business dealings, of one of the Prohibition era's most powerful gangsters 70 years later is not likely to happen (we'll leave that to Elliot Ness and his "Untouchables"). Nevertheless, regular visits by someone as infamous as Capone are bound to leave an impression, even if conducted under a veil of secrecy. What eyewitness accounts, the historical records, and oral history reveal is compelling to say the least.

Letters from the private records of Louis Pfohl, who purchased the property in 1962, corroborate accounts of Capone not only staying at the hotel, but owning it as well.

"When I took over the Julien in 1962 there were two people who were familiar with the situation," Pfohl wrote. "The story I heard was that when Capone came to town he took over the entire eighth floor and that his guards were stationed at all stairways and elevators. The hotel employees would bring the food up on the elevator and give it to the guards, but they could not go on the floor."

The vantage point would give Capone's lookouts an excellent view of the Wagon Bridge (also known as the High Bridge, later replaced by the Julien Dubuque Bridge) in the event that the "feds" or rival gangs might cross the Mississippi from Illinois. It's speculated that Capone kept his valuables in the safe in the room off the mezzanine, now home to the beautifully appointed Capone Suite.

"(There) was a bell hop there at the time we purchased the hotel and his father was the bell hop before him," wrote Pfohl. "(He) told me that Al would get a little lonesome for female companionship at times and wanted to go to White City which was up across the River a distance from Eagle Point (Park). He was afraid to take his car so Murphy's father would meet him at the harbor with a boat, take him up the river and then bring him back."

Pfohl's letters also tell of Capone's method of slipping in and out of town and where he hid his cars while in Dubuque: "One of the O'Briens, the Police Chief's brother, told me that the Dubuque Police would be alerted to the fact when Al was coming. O'Brien would then lie in the weeds near the bridge and count the cars as they came across and try to determine who was with Al. After Al was dropped at the Julien, the cars would be driven to the building at the northwest corner of 4th and Locust. There was a ramp from the alley that led to the basement and the cars would be stored there until Al was ready to leave."

Originally a firehouse, the building happens to be the new world headquarters for Dubuque365!

In one letter, Pfohl also writes that Capone once owned the Hotel Julien. "I have a postcard which shows the three hotels that the syndicate owned, two in Chicago, one of which was Capone's headquarters, and the other the Julien." The postcard shows illustrations of the Hotel Julien along with the Hotel Pershing and the Hotel Metropole. The Metropole once served as Capone's Chicago headquarters. He later moved his headquarters to the nearby Lexington Hotel, the building that later revealed a series of secret passages and the now infamous "Capone's Vault" opened on live television by Geraldo Rivera in 1986. All three hotels – the Pershing, the Metropole, and the Lexington – are now demolished.

A retired employee of the Hotel Julien, Mrs. Iva Whitney, recounted her experiences at the hotel, including witnessing Capone's comings and goings, in a 1970 Telegraph Herald interview and article. Working in

365

Funnyness we found on the Interweb



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housekeeping Whitney began in 1916, the year following the hotel's opening, and retired in 1963, a year after Pfohl purchased the property. She said of Capone and his entourage, "There were always five of them together. They were nice to you." The question of whether Capone ever owned the hotel might not be answered by Mrs. Whitney's account, but her report does lend some credibility to the claim. "He (Capone) came, looked through the books, and left," she said, "Sometimes he would bring a Chicago housekeeper, but she drank so she couldn't work."

Likewise, no historical records confirm Capone's ownership of the hotel, but there is evidence that points in that direction. To understand the connection, we have to go back to that time immediately following the disastrous fire of 1913. When the

Dubuque Hotel Company was formed to finance and construct a new hotel, A.A. Cooper (Jr.), son of the wealthy businessman and owner of Cooper Wagon Works (now home to the Bricktown entertainment complex and restaurant), was the foremost investor in the corporation. Reportedly, Cooper, along with W.F. Cooper, began buying stock from other investors as early as 1915, increasing his advantage as the majority stockholder and securing his position in subsequent years as president of the board of directors.

When then-hotel manager R. H. J. Keenan fell behind on rent for the property, he served notice to terminate the lease, effective in early 1920. Under terms of the lease, the Dubuque Hotel Company was to purchase the hotel furnishings from Keenan at a cost of more than \$59,000.

Not having cash on hand, nor finding a local bank willing to lend the money, A.A. Cooper lent the amount to the corporation, gaining further leverage. Finding no lessee to take over the management of the hotel, the board ran the operation itself until Georgia H. Cooper, wife of A.A. Cooper, entered a lease with the organization on August 1, 1923.

Minority stockholders in the Dubuque Hotel Company filed suit against the "Cooper interests" in the fall of 1927, alleging that the Coopers were not fully reporting profits, that illegal "brokerage charges" were added to payments on the loan used for purchase of the Keenan furniture, that Georgia Cooper was paid a salary "for no services rendered" while A.A. Cooper, already on salary as board president, was actually managing the hotel, and that Helen and Austin Cooper III were paid salaries of "several thousand dollars" for apparently doing nothing. Years later, housekeeper Iva Whitney corroborated the charges, saying, "Mrs. (Cooper) got the pay; I did the work."

So what does any of this backroom dealing have to do with Chicago gangster Al Capone? When the minority stockholders filed suit, demanding the court put the corporation and hotel into receivership, the Coopers alleged in newspaper accounts and court proceedings that "the plaintiffs in the action ... in the Dubuque Hotel company are not in fact the real parties in interest but represent unnamed Chicago interests who have purchased the minority stock in the hotel company." "Unnamed Chicago interests?" Interesting.

In the subsequent course of the case as reported in the newspapers, it was alleged that one Louis Brede purchased stock in the company in December of 1926 to resell to some "Chicago promoters" and John A. Edgett, who first purchased stock in February of 1927, is an accountant and employee of said "Chicago promoters." It was said that Brede refused to produce a copy of the trust agreement and sale contract which would have named the so-called "investors."

The case was thoroughly detailed in the newspapers, including spirited cross-examination and testimony on the stand by Mrs. Cooper and W.H. Cooper and then suddenly dismissed. It seems an agreement was reached in which Harold Hayes, a Chicago associate of Louis Brede representing the "Chicago interests," purchased the Cooper stock in the hotel company, having already secured options on the stock of some other minority stockholders. The Coopers were out by May 1, 1928.

Were Al Capone and associates in fact the so-called "Chicago interests" that leveraged the buyout of the Dubuque Hotel Company and the purchase of the Hotel Julien? We may never know.

Coming in our next issue of 365ink, part 2 of our "secret history" including Capone's connection to Iowa-made bootleg whiskey, the return of local ownership, the Julien Motor Inn and the origins of the Riverboat Lounge, and celebrity stays. If you have a story to tell about the Hotel Julien, send an email to mike@dubuque365.com.

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