

365ink

MAGAZINE

July 23 - August 5 2009

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SATURDAY
AUGUST
2009 **1**

PLUS

- Dubuque County Fair
- Counterproductions
- Who is Dr. Horrible?

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- August 5 Little Brazil
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The 365ink crew... faces you already know!



Bryce's inkUbator

Notes from the Publisher...

Fostering ideas, conversations and arguments.

It appears to be me vs. mother nature in a battle royal raging in my yard.

I have a big beautiful silver maple tree in the back yard. It shades my entire deck and hangs a big over the roof and the separate garage creating a wonderful cocoon of shade and privacy. It's simply beautiful and provides comfortable socializing conditions for months every year. That said, it's a colossal mess.

First off, it sheds pounds of buds early in the spring. Little flowery balls that dry up and need to be swept up ... about three times. Then, of course are the helicopter-like seeds that fall, but the tens of pounds. Probably hundreds of pounds if you could add it all up. These too fall for weeks and you have to sweep them up too, more than once. But what I forgot to expect was the ones that fell into the gutters of the house and the garage.

Last week we noticed a small maple forest growing in the gutters. So I had to get the ladder out and go up there. I'm not sure how to properly define the stench that came from the seedlings pulled from the gutter. I guess rotting corpses would be an image or sensory-evoking description. I've never smelled those but I have to believe it would smell something like this. They were growing in about two inches of their own rotting filth, soaking wet and simply putrid. My wife, about ten feet away on the ground, began to cough and gag from the smell. I was on a ladder at ground zero scooping them out with a work glove that quickly soaked through to my hands. It was really lovely. I'll bet the guy who picked up our green cart from the city this week got a nose full. Sorry, buddy.

I still have yet to go to the roof of the house, which is steep and about 30 feet up. It looks like the only way up there is to use a ladder to climb on top of the garage then pull the ladder up to the top of the garage and lean it against the top of the house. The idea looks as foolish as it sounds, trust me. But the math seems to work out. Of course, one bad move and I'm off to join Billy Mays in the great beyond. So either I'll have to update you on that one, or you'll read about it in the obits.

There's kind of a wild kingdom thing happening as well. I'm in the middle of downtown and I have every mam-

mal and beyond making a habitat of my fully fenced-in yard. The squirrels and chipmunks play on my porch and seem to love to dig up my herbs. Something enjoys laughing at the garden fence and eats freely on the bean and pepper plants. And we have a great collection and spiders and ants anywhere wood or bricks are piled up. So that's nice. There's is even a bird bath that actually gets used for what it was named.

I also have hills in my yard. This is optimal for a pleasurable mowing experience. You know those slopes that are juuuuust too steep to walk on sideways? Too long to walk down without out achieving dangerous velocity, and if you try to mow up it, the mower starts smoking like captain Phil on the Cornelia Marie. So instead it's a bastardization of about a dozen mowing styles and lawn-fu to get the hill cleared. Some kind of landscaping Bud-dhism.

And when the front yard is done, there's no way to push the mower into the back yard. Bad design by previous owners. So I have to carry the mower up there, a place where the terraces hold water in such a way that seven days seem to produce ten inches of new grass. Part of the battle there is not nature, it's the little bastards who live behind me. They like throwing chunks of cement into my yard when they are not throwing it at each other. Or maybe these are the pieces that missed each other. So it's kind of like mowing a mine field each week.

Ad then there's the garden. Thank goodness we mulched like crazy this year with the new garden because everywhere we did not mulch as twelve inch vegetable plants and three foot weeds. I have broccoli that's also three feet tall for some reason, with broccolli heads measuring a good two and half inches in diameter. Impressive, huh? Not sure what I did wrong there. I'm going to chalk that one up as being beyond my control. And I have a dill plant as tall as I am. So far I've used it to garnish some deviled eggs and that's about it. The green beans are coming by the bushel. Tomatoes are next, I presume. Anyone want some? Come clean out my gutters and you have all you want.

Oh, and about my last column ... yes, I'm fully aware Greeks are good cooks. I guess I need to find a more sarcastic font.

JULY 23 - AUGUST 25

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The Inkwell

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We've hidden 365's WANDO somewhere in this issue of Dubuque365ink. Can you find the master of movies buried within these pages? Hint: He's tiny and could be anywhere. In a story? In an ad? On the cover? Good Luck!

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TASTE OF DUBUQUE

AUGUST 1, 2009

Speaking of dancing, though, dancing of a different kind is likely to occur in front of Taste's two entertainment stages featuring live music just about all day long, including The Brews Brothers, 98 in the Shade, and headline act Doug Allen & the Chicago Mob Band.



DOUG ALLEN

Fresh off its resounding success last year after moving to the first Saturday in August, Taste of Dubuque returns for its 14th year on Saturday, August 1!

"Moving the event to a Saturday gives us the opportunity to share this great event with people whom have been unable to attend the Taste on the traditional Wednesday night," John Sutter, Director of Marketing & Sales for the Dubuque County Historical Society, the organization that sponsors the festival, said last year, and he was right -- Taste, an already routinely packed event, was positively massive last year, and this year promises to be no exception.



Being on the weekend does allow the event to spread out over more of the day with gates opening at 3 p.m. This year's Taste of Dubuque features family-friendly entertainment throughout the day and live music from the afternoon into the evening. The event ends at 11 p.m.

Of course it wouldn't be Taste without food and this year's event should not disappoint in that regard. Over twenty local restaurants and food vendors will be offering a variety of styles and cuisines with delicacies to delight every palate. Previous Taste attendees know that part of the fun of eating is pairing food with the perfect beverage. Rest assured that a range of options in both soft drinks and "adult beverages" will be available to complete the Taste experience.



The Lil' Taste sample-size hour from 4 to 5 p.m. gives everyone the opportunity to buy \$2 sample-size portions of food from each vendor, so everyone can get a Lil' Taste of all the great food!

In fact, beer lovers should check out a special demonstration of Cooking with Beer, hosted by the Goose Island Brew-

ery by the South Stage beginning at 3 p.m.



Families are encouraged to arrive early as there will be a variety of kid-friendly activities throughout the day at the Kids Corner area with various games and family-fun activities, including an inflatable playground, a comedic juggler, costumed mascots and dancing demonstrations.

Also new to this year's event is the Dubuque Bean Bag Championship Tournament, sponsored by Courtside Sports Bar & Grill. The entry fee for two-person teams is \$20. Pre-registration is available at Courtside Sports Bar & Grill at 2095 Holiday Dr. in Dubuque. Prizes will be awarded to the top bean bag throwers in this first Dubuque Bean Bag Championship. Who said bean bag tossing couldn't be a competitive sport?

Attendees at last year's Taste might recall that parking was extremely limited at the time, but that's not necessarily the case this year, thanks to the presence of the Port of Dubuque Parking Ramp Facility. In addition, thanks to Fountain Park Trolleys, free rides from downtown parking ramps to the event and back will be available to the public from 11 a.m. to 11 p.m. Trolley stops will be located at the Welcome Center at 3rd and Main Streets, 5th and Iowa, and 7th and Iowa Streets.

In addition to the Dubuque County Historical Society, sponsors of the event include Stone Cliff Winery, Honkamp & Krueger, the Grand Harbor Resort, the Durrant Group, Carpet One / Carpet Shack and Modern Piping, Inc. The Historical Society would also like to thank all the volunteers, in-kind sponsors, media sponsors, the auxiliary police, and the City of Dubuque.

Admission to the Taste of Dubuque is free; however, the Dubuque County Historical Society will be accepting donations at the admission gate. All proceeds will benefit the Mathias Ham House Historic Site, Old Jail Museum, National Mississippi River Museum & Aquarium and the National Rivers Hall of Fame - properties operated and maintained by the Dubuque County Historical Society. For more information, call 563-557-9545 or visit rivermuseum.com.

NOW Lizards on the Loose Now Open

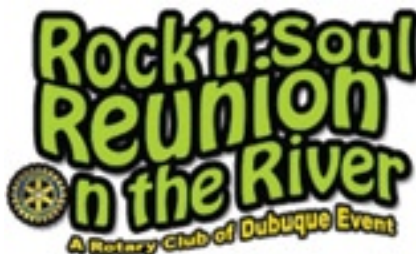
The National Mississippi River Museum & Aquarium's new "Lizards on the Loose!" exhibit is NOW OPEN! The exhibit will be displayed in the Norman Changing Gallery on the second floor of the Woodward River Discovery Center. Museum & Aquarium.

"Lizards on the Loose!" features 25 different types of lizards and focuses on the amazing diversity and the unique adaptations lizards have developed to survive in their varied environments. Lizards are a large and widespread group of squamate reptiles of nearly 5,000 species that range across all continents, except Antarctica. This interactive exhibit teaches visitors how lizards see each other; control their body temperature; what they eat; and how they use color for defense, mating and communication.

A public display of lizard sculptures art campaign accompanies the "Lizards on the Loose!" exhibit. Large fiberglass lizard sculptures are available for "adoption" by local businesses and groups in the Tri-state Area to decorate and display.

The Museum & Aquarium will hold special promotions and events in conjunction with the lizard exhibit and the public art display. The sculptures will be on public display throughout the summer. The "Lizards on the Loose!" exhibit will run through March 2010.

JUL 25 Rock 'n Soul Reunion on the River



Rotary Club of Dubuque presents thennual Rock 'n Soul Reunion on the River! Scheduled for Saturday, July 25, from 5 - 11 p.m., the event will be held at the Alliant Amphitheater in the Port of Dubuque and will once again feature music by The Wundo Band followed by The Brews Brothers (a favorite of audiences at 180 Main). Admission to the Rock 'n' Soul Reunion on the River is free and the event is open to the public. Additional sponsors include Alliant Energy and Sam's Club.

JUL 26 DBQ Arts Council Sundays at 6:30

The Dubuque Arts Council "Sunday at 6:30" series concludes this Sunday July 26 with "The Celebration Iowa Singers & Dancers" - featuring some of the most talented young performers in Iowa. Bring your lawn chairs, picnic suppers and enjoy this free concert at the Dubuque Arboretum & Botanical Gardens in Marshall Park.

JUL 31 Colts Music on The March II

Music on the March II, hosted by the Colt Cadets, is Friday July 31st at Dalzell Field. This is a DCI Open Class National Ranking event featuring The Vanguard Cadets from Santa Clara, CA; Teal Sound from Jacksonville, FL; Oregon Crusaders from Portland; Revolution from San Antonio, TX; Impulse from Buena Park, CA; The Racine Scouts, and The Colt Cadets. Tickets are available by called 582-4872 or online at colts.org.

JUL 31 St. Donatus Community Club Picnic

The 30th Annual St. Donatus Communi-

ty Club Picnic is Friday through Sunday July 31-Aug 2 at the St. Donatus ballpark. Family mixed softball tournament - kids games - food, and fun. \$1 admission for non-members 14 years and older. No carry-ins or pets allowed.

AUG 15 The Artwork of Nicolas Roche

Monks Kaffee Pub's series of monthly art exhibits continues for the month of August with an exhibit of paintings by artist Nicolas Roche. Monk's will host an artist's reception for the show on Saturday, August 15 from 5 to 8 p.m.

Now living in the Chicago area, Roche studied English and Creative Writing at Loras College with a concentration in Integrated Visual Arts. He graduated with BA in 2008. Roche works primarily in oil paint but also creates drawings and sculpture. The exhibit will go on display August 1 and run through August 31. Monks Kaffee Pub is located at 373 Bluff Street. For more info, visit www.myspace.com/monkskaffee.pub.

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Now in its 56th year, the annual Dubuque County Fair is a time-honored celebration of arts, culture, music, agriculture, and just about everything else that makes a county fair, well, a county fair! Scheduled to run until July 26 (hopefully all this rain we've been getting decides to finally go away), the Dubuque County Fair promises to have something for everyone -- so there's still time to go!

Daily attractions at the Dubuque County Fair include a mega carnival provided by North American Midway Entertainment, featuring all your favorite rides. We're sure there will be a Tilt-A-Whirl there; after all, what's a carnival without a Tilt-A-Whirl?

And what's the Dubuque County Fair without some great live music? Friday, July 24, will be the Fair's night of country music, with superstars Billy Currington and Lee Ann Womack taking the stage.

Over the course of six years and three albums, Currington has made a name for

himself in country music, scoring such hit singles as "Doin' Somethin' Right," "Don't," "Good Directions" and others. Lee Ann Womack first emerged as a country music star in 1997, and became a crossover sensation in 2000 with the song "I Hope You Dance." Racking up five Academy of Country Music Awards, five Country Music Association Awards and two Grammy Awards, Womack took a brief hiatus from music before returning to the scene last year. Tickets for Lee Ann Womack and Billy Currington are \$30 for stage front, \$25 for reserved seats and \$15 for the upper grandstand.

Saturday, July 25, features the return of the Fair's "hard rock" night, one that's become an annual tradition for the last couple of years. This year's rockapalooza features the music of Staind and Shinedown. Both bands have been making some noise as of late, with Shinedown a relative newcomer to the scene and Staind a mainstay in hard rock for a decade.

Shinedown, formed in 2003 (when it

launched the Platinum-certified record *Leave a Whisper*), has seen its biggest success come of late with the release of the single "Second Chance," which has been ripping up radio airwaves and sales charts since it was first released several months ago. As part of its current tour with Staind, the band is releasing its older albums in digital form with previously unreleased tracks.

Staind, formed in 1995, has returned to prominence as of late with the release of its newest album, *The Illusion of Progress*, which has launched several charting singles, including "This Is It." Of course, the band may be best remembered for past hits such as "It's Been Awhile," "Price to Play" and "So Far Away." Tickets for the Staind and Shinedown concert are \$35 for stage front, \$30 for reserved seats, \$20 for the upper grandstand and \$5 for hillside seats. For both the country and rock shows, if tickets are purchased before July 18, the ticket will cover gate admission, as well.



Otherwise, fair admission is \$8 for adults, free for children 11 and under, and free if in before 3 p.m. on Tuesday and Thursday. All tickets are available online at www.dbqfair.com, or by calling 563-588-1406.

365 QUIZ?

Answers on page 28!

1. The first permanent fairgrounds in Dubuque County were built in what city?
2. In 1904, what Dubuque park held the first Tri-State Fair?
3. What was Nutwood Park built for?
4. Both Buffalo Bill Cody and President William McKinley were among the notable people to perform or speak in this Dubuque Park.
5. Which product was not invented by a one-time Dubuque resident?
A. REALEMON lemon juice
B. Machine gun / propeller timing device
C. Friction Matches
D. Beer bottle caps
6. What did Kirchhoff Distribution (Budweiser) sell during prohibition?
7. How much land did Dubuque Brewing and Malting cover at the turn of the century. (1900)
A. 2 acres
B. 5 acres
C. 10 acres
D. 20 acres
8. The official Dubuque city directory once listed what actor's name as well as the name of the character he was in town portraying?

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It's time for the annual celebration of wings! Not the ones that make you fly (although they do have the potential to cause rocket-like emissions from certain parts of your body) ... we're talking about chicken wings! Get ready for the fifth annual Wingfest, East Dubuque's legendary chicken wing cook-off, scheduled for Saturday, August 8, from 11 a.m. - 11 p.m. on East Dubuque's strip of Sinsinawa Avenue.

wings will begin at 2 p.m. Visitors can buy a punch card, which will allow sampling of wings -- one punch for one wing. During that time, visitors can place their votes for the People's Choice part of the competition.

In addition to the chicken wings, delicious Coca-Cola and, er ... adult beverages will be available for purchase. There will also be games and other entertainment for kids ... as well as one of the best parts about Wingfest: Live music!



As always, Wingfest will feature a wide variety of chicken wings prepared by some of the most talented cooks in town. Wings will be judged according to the best traditional wing sauce, the best barbecue wing sauce, the most unique wing sauce, and other categories. One of the best aspects of Wingfest is the wide variety of entries that come into the field, from traditional hot sauced wings to Asian-themed flavors, Caribbean jerk-style wings, old-style barbecue and more. No matter what kind of wing you prefer (and you do prefer a wing, otherwise that's just plain un-American), there's always something for everybody at Wingfest

Public tasting of competitors' chicken

Bands playing at Wingfest include The Rocket Surgeons, also known as one of the Tri-States' very best party bands, kicking off the musical festivities from noon - 3 p.m. We hear that the Surgeons have been learning quite a few new tunes as of late (we know that because we hear them noodling about in the offices of 365 World Headquarters), so be sure to check them out to get you in the party spirits. Following them will be The Dert Tones, otherwise known as one of the most talented bands in the land (known to many for years of open mic shenanigans in the basement of 180 Main). And concluding the festivities will be The Tasties, one of the newest groups in Dubuque's music scene (recently profiled in the pages of 365ink), playing from 7 - 11 p.m.

Other Wingfest activities include free rides for the kids from noon - 6 p.m., a free corn boil at 5 p.m. and a bean bag tournament at 6 p.m.

WingFest is sponsored by Mystique Casino, 365ink, EastDubuqueLife.com, Runde Auto Group, Budweiser, T&T Iron & Metals, Selco, the East Dubuque Business & Tourism Council, the City of East Dubuque and Cumulus Broadcasting.

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The popular Mud Lake Bluegrass series of Sunday concerts returns for a second installment, Sunday, August 2. The free concert promises to be a popular one with the return of Finders and Youngberg featuring area favorites Mike and Amy Finders, with "Driftwood" Denny and the Hip Waders opening.

Finders and Youngberg – not a law firm, as the group's web site notes – is of course the bluegrass and country folk foursome made up of two married couples, Mike and Amy Finders and Aaron and Erin Youngberg. The two couples first met at a show in Chicago in 2005 when Mike and Amy opened for the Hit and Run Bluegrass Band which featured Aaron and Erin.

After playing a few shows together, the four-some eventually got together to record what has become a very well-received CD, Keep your Suitcase Packed, at Aaron Youngberg's Swingfingers Studio in Fort Collins, Colorado in early 2008. The Finders moved from Iowa City to Fort Collins last summer, so the Mud Lake performance will be a homecoming of sorts.

Held at Mud Lake Park, just north of Dubuque on the banks of the Mississippi River, "Bluegrass Sundays" concerts are all-ages, free and open to the public, though donations are accepted to help support the cause. Entertainment at the main stage gets underway at about 2 p.m. with the opening act, with headliners taking the stage at about 3:30 p.m. Performances usually last to about 6 p.m. Sponsored by the Mud Lake Music Society, in cooperation with the Dubuque

County Conservation Board, the Mud Lake Bluegrass summer concert series is now in its eighth season.

Guests are encouraged to bring a picnic lunch and show up early to catch the "Pickers Picnic" starting at noon. Bluegrass pickers from novices to pros sit in on the impromptu jam sessions. Guest instructors help out beginners with any questions they might have as well as organizing the various groups.

The third and final installment in the summer bluegrass concert series is scheduled for Sunday, August 16 and will feature Springfield, Missouri band The Hillbenders with area pickers Free For the Haulin' opening.

Camping is available for those wishing to stay overnight at Mud Lake Park. The park has both primitive and modern camping, along with playgrounds, modern bathrooms and river access for those who would rather arrive by boat. Organizers do have concession stand selling some food and ice cream, but if you want to drink beer you are advised to bring your own cooler.

Mud Lake Park is located just a few miles north of Dubuque. Take Highway 52 north to Sageville, turn right on Mud Lake Road and follow the signs to the picnic at the park. For more information on the event, contact organizer Jim Zmudka at the Mud Lake Bluegrass society at (563) 552-1522. For camping information, contact Dubuque County Conservation at (563) 556-6745.



and see the church was a moment I will always remember."



Other upcoming artists in the Saturday series include jewelry maker and OTLAG co-owner Connie Twining on August 1, printmaker Lori Biwer-Stewart on August 15, painter Cindy Nelms-Byrne on August 22, and clock maker Terry Allendorf on August 29. Mark Stevens will make a second porch appearance on August 15.

In addition to the porch series, Outside the Lines Art Gallery presents a new exhibit for July and August inside the gallery featuring the pastel drawings of Marcia Wegman and the ceramics of Roberta Polfus. The artists reception for the exhibit, usually held on the first Friday of the first month of the exhibit, is scheduled for Friday, August 7, from 7 to 9 p.m. Free and open to the public, the casual reception hosted by gallery owners Stormy Mochal and Connie Twining, will feature hors d'oeuvres and beverages and is kid-friendly. The exhibit will be on display through August 2009.

Outside the Lines Art Gallery is located at 409 Bluff Street (the corner of 4th and Bluff Streets) in historic Cable Car Square. Featuring the art of local and regional artists, the gallery offers fine art, stained and blown glass, jewelry, ceramics, baskets, sculpture and more. New summer hours for the gallery are Monday through Saturday, from 10 a.m. to 5 p.m., and Sunday from 11 a.m. to 4 p.m. For more information, call (563) 583-9343, or visit: www.otlag.com

Outside the Lines Art Gallery continues its summer series of demonstrations by area artists on the broad front porch of the Bluff Street gallery, every Saturday from 10 a.m. to 3 p.m. Next in the series will be stained glass artist Mark Stevens, Saturday, July 25. A different artist will be featured each Saturday through August, giving guests an opportunity to meet the artist and learn more about their technique and process. Some will exhibit additional artwork to that carried by the gallery.

Glass artist Mark Stevens creates one-of-a-kind stained glass windows and lamps. Maybe best known for his glowing art lamps, Stevens incorporates a variety of types of glass and translucent stones into his unique designs. His work often mixes geometric shapes with organic curves reminiscent of nature into surprising abstract patterns.

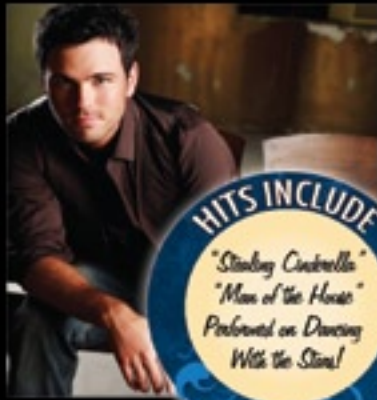
In recent work, Stevens has collaborated with Dubuque metal sculptor Gail Chavenelle. Working from a sculpture created by Chavenelle, Stevens traces the openings toward fitting each space with glass. "I look at the flow of the sculpture and lay out several pieces of glass on my workbench," Stevens explains. An accomplished glass artist, Stevens counts his creation of a 4' x 6' stained glass window depicting Saint Michael the Arch Angel for a church in India as one of his greatest artistic moments. "Being able to travel to India

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Without a doubt, one of the most defining aspects of our Tri-State area is its endlessly vibrant artistic scene, from visual arts like painting to filmmaking to music to theatre, so on and so forth, it's safe to say that no matter the time of year, there's always something going on. (Heck, that's the entire reason that this fine publication you're reading exists in the first place!) But while there's always something happening during throughout the year, it goes without saying that for us Tri-State residents, the summer is something of a special time of year. The weather's great, we're out on the river, we're enjoying festivals, what have you. One such festival happens to take place up in the wild green yonder of Platteville, Wisconsin, and it's quietly become one of the biggest annual celebrations of art, music and theatre in the Tri-States. I speak, of course, of the University of Wisconsin - Platteville's annual Heartland Festival.

This year, the Heartland Festival is continuing last year's mix of shows, including a children's show (You're a Good Man, Charlie Brown), a murder mystery (And the Killer Is...), a musical (Forever Plaid) ... as well as the hit Broadway spectacle that took home more Tony awards than any other show in history: The Producers.

The Producers, of course, is the musical based on Mel Brooks' 1970s movie of the same name and premise, wherein a struggling Broadway producer and an ambitious accountant embark on a scheme to shock Broadway and laugh all the way to the bank. (To say anything more would ruin the surprise, now, wouldn't it?)

THE PRODUCERS

A MEL BROOKS MUSICAL

Of And the Killer Is..., a play revolving around an awards show for actors in bit roles who would kill, literally, for a moment in the spotlight, Heartland director John Hassig says audiences can expect to just enjoy themselves. (Also -- tickets include dinner theater!

"It's an audience-participation murder mystery, and it's a very intimate setting," he says. "It's got just a ridiculous script, and it's a great time."

Regarding Forever Plaid, Hassig says it's a "charming standard," and also notes with a laugh that it's the one play of the year where he has a chance to sneak himself into the cast. The Heartland Festival is also showing a by-kids, for-kids production of Stephen Schwartz's Godspell Junior (the show that launched the Top 40 hit, "Day by Day") ... and then, of course, there's the old classic, You're a Good Man, Charlie Brown.

The shows will run all summer long, ending on August 5 -- it's definitely a summer full of fun! For a full schedule of events (it's seriously WAY too long for us to print here!), check out the UW-P ad on **PAGE 22**, visit www.uwplatt.edu/arts/cfa, or call 608-342-1298.



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Roughing It

I'm sitting in a cabin in Crested Butte, Colorado, surrounded by the most spectacular scenery you could hope to vacation in. We've got mountains to the left, mountains to the right, and some of them are even snow-capped, right in the middle of summer. We picked this cabin, as we often do, from its web page description, and it sounded just right for our needs. We really don't ask for much – running water, a stove and fridge, reliable electricity, things like that.

As you know if you've been reading this column for any amount of time, my husband and I have been going to a cottage in the woods of northern Wisconsin for the past five years. We go in mid to late May, right when his college teaching duties are done for the year. So this year, we've already been and gone. It was as lovely as always.

My more alert readers will notice that I just called the place we go to in Wisconsin a "cottage" and the place we're in now a "cabin." How do I explain the difference without sounding, ahem, like a spoiled princess? In Wisconsin, the cottage is larger and furnished with overstuffed furniture and finely polished tables, yet nothing overly fancy. The floors are all natural wood, as are the walls and ceilings, and the windows have mini-blinds and lace valances. There's no dishwasher – what a thing to expect! – but the sink is a double one.

Here, the floors are dark wood planks, and the railings to the loft look like tree trunks. Perhaps they once were. The curtains are homespun cotton and don't exactly fit. The sink is a single, which I find challenging to do dishes in. The décor is Wild West, featuring Annie Oakley, Roy Rogers and Dale Evans, a sign over the toilet that declares "Cowboys Leave the Seat Up!" and a sign advertising

for a "Good Woman" that is so lame I am not going to dignify it by quoting it here. There are also two cow skulls and four cowboy hats on the walls.

To me, we're roughing it. Having no microwave means we have to put food in a pot or a skillet and reheat it, then wash the pot or skillet in the aforementioned single sink. Also, there are no non-stick skillets or pots here. I know this sounds whiny, but have you tried frying an egg lately in a regular skillet? Trust me, it can't be done. No matter how low I keep the flame or how much butter I throw in the pan, the egg sticks to the bottom and turns to an unholy mess when I try to flip it or remove it. Maybe it's the altitude.



This morning I was so desperate that I made my first old-fashioned poached egg. At home, I have this cool little egg poacher that consists of a base where you put the water, a cup where you put the egg (after first buttering the heck out of it), and a lid. I may be the only person in Dubuque who owns one of these, let alone uses it every morning, but trust me, it's great. I would have brought it along, but my kitchen is undergoing the Joy of Renovation (remind me to write about that later) so it was nowhere to be found.

I had just purchased a new cookbook and actually read about poaching eggs the old fashioned way, so I thought I'd give it a whirl. After bringing

a skillet of water to a simmer, with great trepidation, I slid a raw egg in. Fearing I would have tasteless egg drop soup, I watched the whites turn whiter and the yolk just sort of sit there. As it happened, the yolk stuck to the bottom of the skillet a bit – I swear, this skillet has it in for me – but in the end, it turned out okay. Edible, which is all I ask for.

I'm trying to be a good sport and get into this roughing it thing. I am a former Girl Scout, after all, and I went to Camp Conestoga for six years running and found it enjoyable, at least when I wasn't crying myself to sleep because I missed my mom, dad, cat, and sister, in roughly that order.

Which reminds me. One of the coolest things I learned how to do at camp was to make bacon and eggs over a campfire. Here's how you do it. First you get some bacon, an egg, and a paper lunch bag. You cut the bacon so it just covers the bottom of the bag. Then you break the egg over the bacon. Finally, you tie the top of the bag with twine and attach it to a long, substantial stick, which you hold over a bed of coals. You dangle it there until the bacon cooks, which also cooks the egg. When it's done – don't ask how you know when this is; I had counselors to advise me – you peel away the top part of the bag, put the bottom part on a plate, and dig in. Yum.

Now that I am married and take less camp-like vacations, I do have options. Just last night, we drove into town and I had Rocky Mountain trout and roast fingerling potatoes, and a lemon tart with fresh blackberries for dessert. Then we went to see "Public Enemies" at the local theater, because there's no TV at our cabin and we were hungry for some AV entertainment. After a week of Roy Rogers, seeing Johnny Depp was a treat for the eyes. Isn't roughing it fun?

Pam Kress-Dunn
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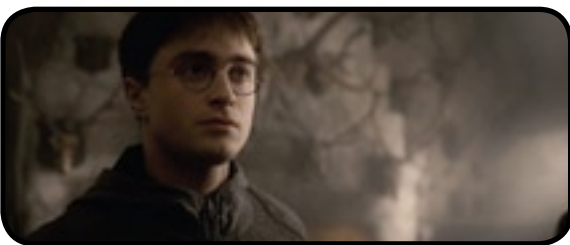
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Harry Potter and the Half-Blood Prince -- A Film by David Yates (Harry Potter 5)

Harry Potter and the Half-Blood Prince continues the ever darkening tale of Harry Potter (Daniel Radcliffe), Ron Weasley (Rupert Grint) and Hermione Granger (Emma Watson) as they enter their sixth year at Hogwarts School of Witchcraft and Wizardry. The main focus of this film is the past as Harry learns more about Lord Voldemort's (Ralph Fiennes) past from Professor Dumbledore (Michael Gambon) and he learns about the Half-Blood Prince through his discovery of the former student's potions textbook. Of course, during this time of discovery, great peril still surrounds Harry and the rest of the Order of the Phoenix as the Death Eaters, empowered by the return of Lord Voldemort, are on the attack of both the Muggle and wizarding worlds simultaneously.



Harry Potter and the Half-Blood Prince is yet another great installment in the soon-to-be 8 movie series. The Death Eaters are most definitely on the offensive and the film does an excellent job

of laying the groundwork for the final two films. This is the first of the Harry Potter movies where this reviewer read the book prior to seeing the movie and I am glad I did. The actors infuse their characters with the same level of charm and humor as the previous films and some new faces add to the action as well as the story. For those who have not read the sixth book, The Half-Blood Prince may leave you scratching your head a bit. The film, like the book, has the feel of a transitional piece, bridging the time between The Order of the Phoenix and The Deathly Hallows by introducing important players and situations that will drive the story to the final climax. And while we may have to wait almost two full years before we get to see the cinematic visualization of that final climax, the movies we have seen thus far show us that it will likely be well worth the wait. Harry Potter and the Half-Blood Prince should tide us over until fall 2010.



ROTTEN TOMATOES

RottenTomatoescollectsthe thoughts of dozens of movie reviewers across the country and averages their scores into a fresh or rotten rating. If a movie gets 60% or higher positive reviews, it is FRESH!

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G-FORCE (July 24)

Armed with the latest high-tech spy equipment, a covert team of highly trained guinea pigs discover that the fate of the world is in their paws. Tapped for the G-FORCE are guinea pigs Darwin, the squad leader determined to succeed at all costs; Blaster, an outrageous weapons expert with tons of attitude and a love for all things extreme; and Juarez, a sexy martial arts pro; plus the literal fly-on-the-wall reconnaissance expert Mooch, and a star-nosed mole Speckles, the computer and information specialist. Featuring the voices of Will Arnett and Penelope Cruz.



Orphan (July 24)

After their unborn baby dies, Kate and John Coleman decide to adopt a child as a hopeful way to bring some joy and normalcy into their lives. Esther, a 9-year-old orphan, captivates the couple, and comes home to live with them, though her angelic façade might mask sinister intentions.



The Ugly Truth (July 24)

A romantically challenged morning show producer (Katherine Heigl) readily agrees to a series of outrageous tests by her male chauvinist correspondent (Gerard Butler) to prove his theories on relationships and allows her to find love. His clever ploys, however, lead to the totally expected result—she finds love at the same time that he falls in love with her.



Funny People (July 31)

George Simmons (Adam Sandler) is a very successful yet self-involved stand-up comedian who learns that he has an incurable blood disorder and is given less than a year to live. Ira Wright (Seth Rogen) is a struggling up-and-coming stand-up comedian who works at a deli and has yet to figure out his onstage persona. One thing these different men have in common is that neither of them have any close friends. One night, George takes notice of Ira when they perform at the same club and he hires him to be his semi-personal assistant and opening act at his performances. George and Ira form a close bond as George teaches Ira how to win the crowd and Ira helps the dying George find closure in his legacy.

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- The Hangover 77% Fresh
- Ice Age 3 46% Rotten
- Land of the Lost 29% Rotten
- Harry Potter 6 84% Fresh
- Transformers 2 19% Rotten
- Year One 17% Rotten
- Bruno 69% Fresh
- Public Enemies 65% Fresh
- My Sister's Keeper 24% Rotten

THE BUZZ



Michael Jackson mania isn't over ... in fact, it's just getting started. Sony is working on locking down a deal to create a movie about the late star, drawing on the eighty hours of rehearsal footage filmed for concerts Jackson was preparing to perform in London. The feature will also include at least three videos including an alternative version of 'Thriller' which were shot specifically for the London concerts. Kenny Ortega (High School Musical) will direct.



Nicolas Cage is in early talks to play the gangster villain in "The Green Hornet" for Sony Pictures says Variety. Cameron Diaz is negotiating to play a reporter and love interest in the Michel Gondry-directed film, which stars Seth Rogen as the masked crime fighter. Stephen Chow was originally set to play Kato, though he has since backed out.



According to the Associated Press, a sequel to Master & Commander: The Far Side of the World is deep into development. Crowe has entered into early negotiations for the sequel, and revealed that a script is already written with much of the action based on "The Reverse of the Medal," the eleventh novel in Patrick O'Brian's twenty-book series.



After years of lounging in development, a live-action feature based on the classic '80s cartoon series "Voltron" is in the works. The series featured a band of five robot-lions who combined to form one super lion. A group of five pilots control the lions, which are charged with defending the planet Arus from villain King Zarkon. Hey, whatever works.

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SHOWTIMES JUL 24-30



The Ugly Truth

(R)

11:10, 1:20, 3:25, 5:35, 7:40, 9:45

G-FORCE

(PG)

11:30, 1:30, 3:30, 5:30, 7:30, 9:30



Rudo y Cursi

(R)

2:15, 4:30, 7:00

Harry Potter 6

(PG)

11:45, 2:45, 6:30, 9:35



Public Enemies

(R)

11:05, 1:50, 4:40, 7:00, 10:00

Sugar

(R)

11:50, 9:05



Ice Age 3

(PG)

11:15, 1:15, 3:20, 5:25, 7:35, 9:40



Dr. Horrible's Sing-Along Blog. For some people, particularly some of our younger 365ink readers, the very title inspires feelings of joy and excitement. For those of us on the 365ink editorial staff ... well, let's just say we had no idea what was going on when we got word that a new independent theater company is staging a production of the musical at Mindframe Theaters at the end of July.

Penned by Joss Whedon, of Buffy the Vampire Slayer, Angel and Firefly fame, Dr. Horrible's Sing-Along Blog was originally conceived as a project for Whedon and his brothers to create for Internet distribution as a way of circumventing the issues that were permeating Hollywood at the time of the Writers' Guild of America strike last year. Done on the cheap, the producers were nonetheless able to procure the acting talents of Neil Patrick Harris

(How I Met Your Mother) and Nathan Fillion (Firefly) for the lead roles in the musical, which was originally released in three 14-minute parts.

The story revolves around Billy and his alter ego Dr. Horrible, a supervillain of the mad scientist variety with "a Ph.D. in Horribleness". He desires to become a member of Bad Horse's Evil League of Evil and use his inventions to take over the world and enact social change for the betterment of humanity, whom he sees as ignorant to the problems of the world. As Billy, he struggles to make a romantic connection with Penny, the love interest in the story. He is constantly stymied by Captain Hammer; Hammer is a self-centered superhero possessing super-human strength and near-invulnerability. He enjoys harassing Dr. Horrible even when the situation does not warrant it, and is just kind of an all-around jerk. Freeze rays, wonderflonium, video blogs and a laundromat later (I'm not joking, I'm really not), the story comes to a close. How? Well, I suppose you just need to see the play adaptation.

The local production of Dr. Horrible's Sing-Along Blog is being developed by Trainwreck Productions, a new summer theatre organization in Dubuque. Providing increased outlets for Dubuque-area theatre artists, the group bills itself as an avant garde organization looking to produce meaningful, unique, superior-quality theatre, making a statement in theatre with both the material it performs and the way it is performed.

The play will be performed at 8 p.m. on July 30 & 31, at midnight on August 1, and at 2 p.m. on August 2 and Mindframe Theaters, 555 JFK Road. Tickets will be sold one hour before performances. For more information, contact production manager Ryan Decker at decker18@uni.edu.

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While Prairie du Chien events are usually a bit outside our range of focus at 365, knowing there are plenty of Tri-State area fans of blues music, we figured you wouldn't mind knowing about Prairie Dog Blues Fest. Scheduled for Friday, July 31, and Saturday, August 1, the 12th annual Prairie Dog Blues Fest is set to host a full lineup of great blues musicians, all on an island in the middle of the Mississippi River. How cool is that?



While we don't have room to give you the rundown on all the performers (check www.prairiedogblues.com for that), Friday's lineup includes blues vocalist and harmonica player Curtis Salgado, the funky horn-driven sound of the Groove Hogs, and Yugoslavian singer and guitar phenom, Ana Popovic. Saturday's program starts at noon and continues into the evening with performances by Jimmy Thackery & The Drivers, Johnny Rawls, Lil' Brian & the Zydeco Travelers, and a young and very talented guitar player by the name of Davy Knowels with his band Back Door Slam.

Tickets are \$30 for a single day, or \$50 for the weekend and camping is available. Seating is festival-style, with plenty of space for all. Carry-in beverages are strictly prohibited, although coolers with ice can be used to store beverages purchased on-site. A shuttle service will run to all the hotels in the town. For more information, check the above-listed web site.

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Dubuque has a pretty active live music scene. It might be a surprise to former residents or new visitors, but with two casinos and multiple clubs hosting live music on a regular basis, residents and visitors alike have plenty of opportunities to see and hear live music.

But that was not the case ten years ago when a young, would-be promoter named Aaron Hefel started Counterproductions. Begun as a vehicle to promote his friends' bands and to invite to Dubuque some of the indie rock bands he was driving to other cities to see, Counterproductions has grown over the past decade to become an established production company working with bands ranging from metal to hip-hop, high school garage bands to touring national acts.

To celebrate the milestone, Hefel will host a special Counterproductions show at 180 Main, on Saturday, August 8. The lineup will include popular Indiana-based indie rock group Magnolia Electric Co., San Diego keyboard-driven indie rock band The Donkeys, and one of Hefel's own project Old Panther.

The anniversary show falls on the exact same date as Counterproductions' first show ten years ago, August 8. An all-ages show on a Sunday, the event was an AIDS benefit hosted by One Flite Up.

"This is the first show I did under the Counterproductions name," said Hefel showing me a copy of the original flier, "reasonably priced at four dollars." The flier lists co-headliners Nat Love and Beneath, with special guests Hot Carl, and the Atavists.

Hefel relates that the first event went so well that One Flite Up owner Kevin Menning agreed to let him host other shows at

the bar. "And it never went as well ever again," he added laughing.

Undaunted, Hefel continued in his quest to provide local kids an opportunity to see both local and touring bands.



"The next show was this band that I had just seen probably a couple of days before that in Iowa City called the Vida Blue and they blew my mind," he explains. "I was like, 'Would you guys play Dubuque?' And that's kinda how it really started."

Using local bands as opening acts for touring bands, Hefel continued to book all-ages shows at One Flite Up over the next two years. Notable acts from the time included Sweep The Leg Johnny, Ten Grand, and Lifter Puller, a band that featured two members of the now-popular band The Hold Steady.

"And what's funny is that during this entire time pretty much, I never had a band," notes Hefel, now known for his work in Grainbelt and Old Panther. "I had been in a band in high school called

Continued on Page 18.

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Thursday, July 23

Randy Droessler/
Steve Cavanaugh
L.May, 5 - 8 PM



Bjorn Again
Diamond Jo, 8 PM

Friday, July 24

365 Lunchtime Jam
Town Clock, 11:30 AM - 1 PM

Chuck Bregman
Mystique, 5 - 8 PM

Just Cuz
Timmerman's, 7 - 11 PM

Friday, July 24

Kevin Beck/Johnny Walker
Hawkeye Marina, 7 - 11 PM

Rosalie Morgan
TAIKO, 7 - 11 PM

Tom Nauman
Stone Cliff, 7 - 11 PM

The Legends
Driving Range, 8 PM-12 AM

Jeff Ward
Irish Cottage, 8 PM

Okham's Razor
Perfect Pint, 8 PM

Tim Walkoe
Mystique, 8 - 9 PM

98 in the Shade
Catfish Charlie's, 8 PM - 12 AM

Nothin' but Dylan
Grape Escape, 9 PM - 12 AM

Sid V/Human Resources
Mystique, 9 PM - 1 AM

Friday, July 24

Corey Jenny
Bricktown, 9 PM - 1 AM

Tribe of Many
Silver Dollar, 9 PM

Laura McDonald
Diamond Jo, 9 PM - 1 AM

BF Burt
Murph's, 9 PM - 1 AM

The Blueheels
180 Main, 9 PM - 1 AM

Kindred Kama
Sandy Hook, 10 PM - 2 AM

Saturday, July 25

Rock 'n Soul Reunion
Star Brewery, 6 - 10 PM

Chuck Bregman
Mystique, 6 - 9 PM

Rosalie Morgan
TAIKO, 7 - 11 PM

Massey Road
Kalmes Breaktime, 7 - 11 PM

Saturday, July 25

Mary Mabusth
Stone Cliff, 7 - 11 PM

Kevin Beck/Johnny Walker
Spirits, 8 PM - 12 AM

Jeff Ward
Irish Cottage, 8 PM

Tim Walkoe
Mystique, 8 - 9 PM



Denny Garcia
Cornerstone, 8 PM - 12 AM

Sunshine
Red N Deb's, 9 PM - 1 AM

The Surf Report
Silver Dollar, 9 PM

Sid V/Human Resources
Mystique, 9 PM - 1 AM

BlackBloom
180 Main, 9 PM - 1 AM

Sunday, July 26

69 Band
New Diggings, 3:30 - 7:30 PM

Sunday, July 26

Taste Like Chicken
Catfish Charlie's, 4:30 - 7:30 PM

IFIHADAHIFI
180 Main, 5 - 9 PM

Grass Menagerie
Irish Cottage, 6 - 10 PM

Tuesday, July 28

Open Jazz Jam
180 Main, 8 PM

Wednesday, July 29

Laughing Moon Comedy
Diamond Jo, 8 PM

Thursday, July 30

Okham's Razor
P-Ville Park, 6 - 8 PM

Jabberbox
Mystique, 8 PM - 12 AM

Lonely Goats
Cornerstone, 9 PM - 12 AM

Friday, July 31

365 Lunchtime Jam
Town Clock, 11:30 AM - 1 PM

Shaun Cavanaugh
L. May, 8 - 10 PM

Okham's Razor
Stone Cliff, 7 - 11 PM

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Saturday, July 25th
The Surf Report

Friday, July 31
Uniphonics

Saturday, August 1
Josh Davis Band

Friday, August 7
The Buzz Berries

Saturday, August 8
The GoodYear Pimps

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Friday, July 31

Rising Gael
Irish Cottage, 8 PM - 12 AM

Just Cuz
Driving Range, 8 PM - 12 AM

Kevin Patrick Duo
Mystique, 8 PM - 12 AM

Kevin Beck/Johnnie Walker
Catfish Charlie's, 8 PM - 12 AM

Andrew Houy
Cornerstone, 8 PM - 12 AM

Friday, July 31

Miles Nielsen
Monk's, 9 PM - 1 AM

Uniphonics
Silver Dollar, 9 PM

Taste Like Chicken
Dirty Ernie's, 9 PM - 1 AM

Nine Lives
Yardarm, 8 PM - 12 AM

Swing Crew
Dagwood's, 9 PM - 1 AM

Houndstooth
180 Main, 9 PM - 1 AM

Saturday, August 1

Fever River String Band
New Diggings, 4 - 6 PM

Chuck Bregman
Mystique, 6 - 9 PM

Rising Gael
Irish Cottage, 8 PM - 12 AM

HALF-FAST
YardArm, 8 PM - 12 AM

Kevin Patrick Duo
Mystique, 8 PM - 12 AM

Rob Martin Jazz
Cornerstone, 8 PM - 12 AM

Nothin' but Dylan
Grape Escape, 8 PM - 12 AM

Saturday, August 1

Josh Davis Band
Silver Dollar, 9 PM

Apple Dumplin's
180 Main, 9 PM - 1 AM

Sunday, August 2

Mud Lake Bluegrass
Mud Lake Park, 12 - 6 PM

Horsin' Around
Catfish Charlie's, 1 - 5 PM

Upper Main Street Jazz
Eagle Point Park, 2 - 4 PM

Wundo Band
New Diggings, 3:30 - 7:30 PM



Sid V/Human Resources
Park Farm, 5 - 8 PM

Taste Like Chicken
Sandy Hook, 8 PM - 12 AM

Tuesday, August 4

Open Jazz Jam
180 Main, 8 PM

Wednesday, Aug. 5

Laughing Moon Comedy
Diamond Jo, 8 PM

Seven Nations
Irish Cottage, 8 PM

Little Brazil
180 Main, 9 PM

Thursday, August 6

Dueling Pianos
Diamond Jo, 8 PM

Road Drinking
Cornerstone, 9 PM - 12 AM

Friday, August 7

365 Lunchtime Jam
Town Clock, 11:30 AM - 1 PM

Paul McHugh
Irish Cottage, 8 PM

The Castaways
YardArm, 8 PM - 12 AM

Artie & the Pink Catillacs
Jumpers, 8 PM - 12 AM

Shawn Healy
Cornerstone, 8 PM - 12 AM

The Buzz Berries
Silver Dollar, 9 PM

Stoneheart
Murph's, 9 PM - 1 AM

Magnolia Electric Co.
180 Main, 9 PM - 1 AM

LIVE MUSIC & ENTERTAINMENT VENUE FINDER

- 180 Main Restaurant & Pub
180 Main Street, Dubuque • 563-584-1702 • 180main.com
- Ace's Place
107 Main St W. Epworth, IA • 563-876-9068
- Anton's Saloon
New Diggings, Wisconsin • 608-965-4881
- Bricktown
299 Main Street, Dubuque • 563-582-0608 • bricktowndubuque.com
- Catfish Charlie's
1630 E. 16th St, Dubuque • 563-582-8600 • catfishcharliesonline.com
- Cornerstone
125 N. Main Street, Galena • 815-776-0700
- Courtside
2095 Holliday Drive, Dubuque • 563-583-0574
- Dagwood's
231 First Ave. W. Cascade, IA • (563) 852-3378
- Denny's Lux Club
3050 Asbury, Rd. • (563) 557-0880
- Diamond Jo Casino
Port of Dubuque • 563-690-2100 • diamondjo.com
- Dino's Backside (The Other Side)
68 Sinsinawa East Dubuque • (815) 747-9049
- Dirty Ernie's
201 1st St NE, Farley, IA • 563-744-4653
- Dog House Lounge
1646 Asbury, Dubuque • (563) 556-7611
- Doolittle's Cuba City
112 S. Main, Cuba City, WI • 608-744-2404
- Doolittle's Lancaster
135 S. Jefferson St., Lancaster, WI • 608-723-7676
- Dubuque Driving Range (Highway 52)
John Deere Road, Dubuque • 563-556-5420
- Eagles Club
1175 Century Drive, Dubuque • (563) 582-6498
- Eichman's Grenada Tap
11941 Route 52 North, Dubuque • 563-552-2494
- Five Flags Civic Center
405 Main Street • 563-589-4254 Tix: 563-557-8497
- Gin Rickeys
1447 Central Ave, Dubuque • 563-583-0063 • myspace.com/ginrickeys
- Gobbie's
219 N Main St, Galena IL • 815-777-0243
- Grand Harbor Resort
350 Bell Street, Dubuque • 563-690-4000 • grandharborresort.com
- Grape Escape
233 S. Main St., Galena, IL • 815.776.WINE
grapeescapegalena.com
- The Hub
253 Main St., Dubuque • 563-556-5782
myspace.com/thehubdbq
- Irish Cottage
9853 US Hwy 20, Galena, Illinois • 815.776.0707
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- Jumpers Bar & Grill
2600 Dodge, Dubuque • 563-556-6100 • myspace.com/jumpersdbq
- Knicker's Saloon
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- M-Studios
223 Diagonal Street, Galena, IL • 815-777-6463 • m-studios.org
- Mississippi Moon Bar
Port of Dubuque • 563-690-2100 • diamondjo.com
- Monk's Coffee Shop
373 Bluff St, Dubuque • 563.585-0919
- Mooney Hollow Barn
12471 Highway 52 S. Green Island, IA
(563) 682-7927 / (563) 580-9494
- Murph's South End
55 Locust St. Dubuque • Phone 563-556-9896
- Mystique Casino
1855 Greyhound park Road • 563-582-3647
www.mystiquedbq.com
- New Diggings
2944 County Road W, New Diggings, WI
608-965-3231 • newdiggs.com
- Noonan's North
917 Main St. Holy Cross, IA • 563-870-2235
- Perfect Pint / Steve's Pizza
15 E. Main St., Platteville, WI • 608-348-3136
- Pit Stop
17522 S John Deere Rd, Dubuque • 563-582-0221
- Sandy Hook Tavern
3868 Badger Rd. Hazel Green, WI • 608-748-4728
- Silver Dollar Cantina
342 Main Street, Dubuque, 563-556-4558
- Softtalls
10638 Key West Drive, Key West, IA • 563-582-0069
- Star Restaurant and Ultra Lounge (2nd Floor)
600 Star Brewery Drive, Port of Dubuque •
563.556.4800 www.dbqstar.com
- Stone Cliff Winery
600 Star Brewery Dr., Port of Dubuque • 563.583.6100
• stonecliffwinery.com
- Sublime
3203 Jackson St., Dubuque • 563-582-4776
- Thums Up Pub & Grill
3670 County Road HHH, Kieler, WI • 608-568-3118
- The Yardarm
Dubuque Marina, Near Hawthorne • 563-582-3653

If you feature live entertainment and would like to be included in our Venue Finder, please drop us a line...
info@dubuque365.com or 563-588-4365.

STAND-UP COMEDY!



Dwayne Clark

Diamond Jo Casino, Wednesday, July 29, 8 p.m.

A musician with no song parodies or Dylan sing-alongs? Get out of town! But afterwards, be ready for a wicked craving for caviar.



Craig Shoemaker

Diamond Jo Casino, Wednesday, August 5, 8 p.m.

Named Comedian of the Year by the American Comedy Awards, his Comedy Central special is one of the top 20 of all time.



Scott Novotny

Diamond Jo Casino, Wednesday, August 12, 8 p.m.

A versatile performer, Scott headlines comedy clubs throughout the United States, has acted in numerous stage productions and written for SNL.



Dan Chopin

Diamond Jo Casino, Wednesday, August 19, 8 p.m.

Dan Chopin has been a nationally-touring comedy club headliner for over 15 years and has appeared on HBO, A&E and MTV.





TEN YEARS OF COUNTERPRODUCTIONS (Continued from Page 15)

Pictured: Andrew Bird

The Amsterdam Dream, I'd kinda given up on playing guitar, mostly. After the One Flite Up days, I started a band called Lebowsky, but during the first year and a half, I was not playing any of these shows. My dad was running sound with the little PA setup that he has ... and I had to pay him, every freakin' time."

At one point, a particular show did not draw all that many people. "There was nobody there and he was like, 'You don't have to pay me,'" he said, mumbling in a somewhat defeated tone. "Thanks Dad," he added laughing.

Hefel also tells the story of how the night before a particular Lifter Puller show, his dad broke his leg. Without access to a proper PA he had to run vocals through a guitar amp. "It was so bad. I was so, so embarrassed."

at the time had a location on Central Avenue. The location apparently suited a developing punk, metal, and indie rock scene, hosting bands like The Detachment Kit, The Mountain Goats, Victory At Sea, and Check Engine, until the Fire Marshall found a show flier, investigated the space and shut down the shows as unsafe. Because the first floor – the record store itself was in compliance, CDs 4 Change owner Hackett allowed Aaron to host shows in the store.

"It was really cool," Hefel says of the scene that was developing at the time. "There was at least 20 to 30 kids at every show and that's kinda like the first wave of kids that now have bands." Regardless of what genre of music they most related to, the DIY (Do It Yourself) spirit of punk rock was finally inspiring young, would-be musicians in Dubuque.

Hefel explains that his own inspiration came from other local or area promoters who brought shows to the Dubuque County Fairgrounds, the American Legion Hall, or the National Guard Armory as far back as 1993.

"There was a lot of really cool things happening but they were few and far between," he explains of that time, "but I started realizing that the people doing it were just like regular people. They didn't have that much money ... but it was very nice to know that regular people were doing this."

Working to further promote Counterproductions shows, Hefel worked out a deal with former classmate and artist Victor Cairo. Cairo had developed a bizarre and sometimes even grotesque style of il-

Continued on Page 26.



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DINNER – \$14.95 | Sun – Thurs: 5:00 – 9:00 pm

FRIDAY SEAFOOD BUFFET – \$19.95 | 5:00 – 10:00 pm

SATURDAY PRIME RIB & STEAK BUFFET – \$19.95 | 5:00 – 10:00 pm

SUNDAY CHAMPAGNE BRUNCH BUFFET – \$14.95 | 10:00 am – 3:00 pm

10% senior citizen discount.



grainbelt

After a couple of years at One Flite Up, Hefel moved Counterproductions shows to the basement of John Hackett's new and used CD store CDs 4 Change, which

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Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS-OFF.



**Southern Graphics Council
Traveling Printmaking
Exhibition
August 1 - September 15
Quigley Gallery,
Clarke College
Opening Reception,
Sunday, August 30**

Clarke College will host a special exhibition of prints, August 1 through September 15. Presented by the Clarke College Art Department, the 2009 Southern Graphics Council Traveling Printmaking Exhibition will be on display in the Quigley Gallery in the Atrium on the Clarke campus. An opening reception is scheduled for Sunday, August 30, from 2-4 p.m.

The special exhibition will display a selection of 41 prints by members of the Southern Graphics Council, a 2,000 member international arts organization dedicated to the advancement of artists, specifically those who create original prints, drawings, books and hand-made

paper. Printmaker Louise Kames, MFA, chair and professor of art at Clarke, currently serves on the board of the Southern Graphics Council.

Representing a wide range of printmaking processes and approaches, the exhibition also presents a diverse collection of imagery and content. Warrington Colecott, professor emeritus at the University of Wisconsin-Madison, who served as the juror for the exhibition writes that the work deals "with complex ideas that go beyond both abstraction and figuration and at the same time open the profession to the current technology revolution but without losing the wealth of ancient tradition. It is an exciting balance."

Kames will host an opening reception, gallery talk and studio demonstration for the exhibition on Sunday, August 30, from 2-4 p.m. in the Quigley Gallery. At 3 p.m., Kames will present a gallery talk on new trends and media in printmaking. The exhibition, reception, and gallery talk are all free and open to the public.

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ON DUBUQUE notes from the mayor

"Main Reasons for Renewable Energy...Our Children"

By Mayor Roy D. Buol

Experts abound on this topic and not surprisingly, many represent energy companies. In Iowa, there are those that believe it important to have a variety of energy sources...hydro, wind, geothermal and more. No one source, but many renewable sources!

In speaking about renewable energy, Bill Brown, Chairman of ABI, the Voice of Iowa Business, recently shared "The federal stimulus bill contains many provisions affecting renewable energy.

The most significant items are:

A new 30% investment tax credit in certain "advanced energy" projects;
An increase in the credit for energy efficiency improvements to existing homes;
The addition of a "small wind energy property" tax credit for smaller wind energy installations;

A plug-in electric vehicle tax credit;

Permitting producers who are entitled to renewable energy production tax credits to instead obtain an investment tax credit—which would grant a tax credit prior to the production of energy rather than having to await the successful production of energy to generate a tax credit."

As reported in ABI's recent edition, the VP of Strategic America, Lore McManus Solo, reported "businesses need to recognize the 'triple' bottom line in becoming sustainable. The United Nations says sustainable development meets present needs without compromising future generations' ability to meet needs. Consider business sustainability as (a) economic, (b) environmental, and (c) societal benefits resulting from your company's "ethical" efforts!

The bottom line to green building and

other sustainable practices is growth in all sectors of our economy. The US Conference of Mayors has passed several resolutions calling on all levels of government to pursue environmentally sustainable municipal practices. One of the most essential elements of a "green" economy will involve increasing the production of energy from sustainable sources and retrofitting existing buildings to be more energy efficient. The promotion of energy policies based on energy efficiency and on renewable sources will not only help our economy, but will do so in a healthy and clean way, saving our cities billions in ancillary costs such as health care, infrastructure decay, climate change mitigation and waste management.



We must unite as a nation to improve energy efficiency...we must conserve energy and develop a myriad of renewable energy resources. We need to call on the energy giants to invest in America – in research and development that will create a sustainable future, both economically and environmentally...our children are counting on it!

"When you tug on a single thing in nature, you find it connected to everything else!" John Muir

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WHAT'S HAPPENING IN DUBUQUE 24-7-365

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bark-b-gue
Dog Wash & Open House

Saturday, August 1
8 am to Noon
Rain or Shine

Large Dog Bath \$8
Small Dog Bath..... \$5
Nail Trims \$5

Baths Include: towel dry, cologne and scarf

Reptile Petting Zoo, DBQ K9 Unit Demos,
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Proceeds will fund dog and cat food donations to the Dubuque Food Pantry for pets in need.

PetMed is not responsible for any incidents that may occur between animals. For this reason we ask that only well socialized dogs attend.



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ANIMAL HEALTH CENTER

563.583.8387

PetMed Animal Health Center
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Dubuque, IA 52001

365's RECURRING NIGHTLIFE CALENDAR

ENTERTAINMENT YOU CAN SET YOUR WATCH TO!

Tuesdays

Pub Quiz - 180 Main, 8 p.m. - First 3 Tuesdays of the month
Open Jazz Jam - 180 Main (Upper Level), 8 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Wednesdays

Laughing Moon Comedy - Diamond Jo Casino, 8 p.m.
WJOD Wild West Wed - (Country Dancing), Fairgrounds, 7 p.m. - 11 p.m.
Karaoke - C-Sharp, A&B Tap, 8 p.m. - 12 a.m.
Karaoke - Becky McMahon, Denny's Lux Club, 8:30 p.m. - 12:30 a.m.
Karaoke - Bubblz Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Thursdays

Live Music - Robbie Bahr & Laura McDonald, Gobbies, Galena, 9 p.m. - 1 a.m.
Y-105 Party Zone - Dbq Co. Fairgrounds, 7 p.m. - 10 p.m.
Dueling Pianos - Diamond Jo Casino, 8 p.m.
Open Mic Showcase, Silver Dollar Cantina, 9 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Becky McMahon, Ground Round, 9 p.m. - 12 a.m.
Karaoke - Flyin' Hawaiian, Shannon's Bar, 9 p.m. - 1 a.m.
Karaoke - Soundwave, Bulldog Billiards, 9:30 p.m. - 1:30 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

Fridays

Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Flyin' Hawaiian, Sublime, 9 p.m. - 1 a.m.
Karaoke - Becky McMahon, Champpps, 9 p.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Brian Leib's Essential Entertainment, Aragon Tap, 9 p.m. - 1 a.m.
DJ Music - Main Event DJ, Gin Rikeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

Saturdays

Live Comedy - Arthur House Restaurant, Platteville, 9 p.m. - 10:30 p.m.
Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Bubblz Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, George & Dales, (East Dub.) 9p.m. - 1 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Starburst Karaoke, w/Dave Winders, Instant Replay, 9 p.m. - 1a.m.
DJ Music - Main Event DJ, Gin Rikeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.

Sundays

Open Mic with Sean Kramer (Mississippi Flat Miners), A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, Knicker's Saloon, 9 p.m. - 1 a.m.
Karaoke - Phoenix Entertainment, The Hangout (East Dub.), 9 p.m. - 3 a.m.

If you have updates, additions or corrections to the recurring nightlife calendar, please contact 365 with the new information @ info@dubuque365.com!



The Sandy Hook Tavern, just over the bridge in southwest Wisconsin hosts the Road Ragin' Hot Rod Show and Benefit Run on the weekend of August 8-9. The Hot Rod Show is scheduled for Saturday, August 8, with the Benefit Run, a road cruise along the river the following day, Sunday, August 9. This is the second year for the event.

The Hot Rod Show, which is open to all makes and models of cars, trucks, and motorcycles is set to begin at noon. Judging in the competition will begin at 2 p.m. with trophy winners being announced at 6 p.m. There is a \$10 entry fee for vehicles in the competition, but all proceeds go toward Hospice. The event is free to visitors.

In addition to the Hot Rod Show, the event will feature food, beverages, music all day

and evening, and an appearance by the A&B Auto Show Girls. DJ Mobil Moosic will be spinning tunes on the ball field (with sound provided by SRS Productions) from noon to 5 p.m., with live music by Renegade, Six Nites Alone and Menace from 5 to 10 p.m. There will be a variety of games for kids and adults including a dunk tank, beanbag toss, and water balloon toss. Primitive camping sites are available, or guests can stay at the Country Heights Hotel on Badger Road just across the street from the event.

The Benefit Run river ride is set for Sunday, August 9 with registration at 2 p.m. and riders leaving at 2:15. The ride will follow the Mississippi River to Honkers in Muscoda. For more information, contact Adam or Breanna Arling at A & B Automotive Center, Inc. Key West, Dubuque at 563-583-3575.



Richard Cheese

House of Blues, Chicago • July 31

AC/DC

United Center, Chicago • August 14

Tori Amos

Chicago Theatre • August 3

The B52's

House of Blues, Chicago • August 21

Mudvayne

i Wireless Center, Moline • August 7

ZZ Top

Wisconsin Dells • August 29

The Misfits w/ Juicehead

House of Blues, Chicago • August 9

Steely Dan

Chicago Theatre • August 31

Reel Big Fish

House of Blues, Chicago • August 14

P!nk

Rosemont Theatre, Chicago • September 26

Bob's Book Reviews

Carpe Manifestum

by Bob Gelms

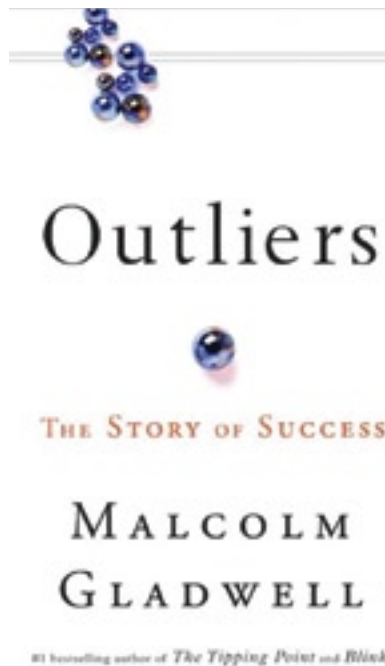
Malcolm Gladwell has written two runaway bestsellers, *The Tipping Point* and *Blink*: he just made it three in a row with his latest, *Outliers: The Story of Success*. Mr. Gladwell sees things we don't; no, not dead people, but connections between things that don't seem to have any relation to one another.

For example, I think everyone would agree that Wayne Gretzky is one of if not the greatest hockey player of all time. Mr. Gladwell sees this as well in addition to making a very convincing argument that Wayne Gretzky's success has a lot more to do with the fact that he was born in the month of January than any other single factor, even including his prodigious talent. I know that sounds ridiculous but the argument is so convincing that I'm completely convinced that it's true. All successful Canadian hockey players are born in the month of January and you'll have to read the book to find out why.

Outliers is filled with stuff like that. I had about a bazillion "Oh Wow" moments when reading the book.

Bill Gates is the richest man in the world. That can be directly traced to three things that happened to him when he was a teenager. If any one of these three things wouldn't have happened, Mr. Gates would quite likely, today, be in his garage fiddling around with an Apple computer. I'll tell you what they are but I'm not going to tell you why because I don't want to ruin your "Oh Wow" moment. One, his high school just happened to have a big lumbering teletype machine that was connected to the University of Washington's mainframe computer. It was the only one at ANY high school anywhere in North America. It was 1967. Two, they had to buy time on that computer so his Mom corralled some of the other Moms and they raised money for that purpose, much like Moms raise money for the soccer team or the cheerleaders' uniforms. Three, the time was very expensive and the money ran out quickly but the boys

hacked the mainframe at the U of W and figured out a way to use all the time they wanted without being billed. To this day Bill Gates donates huge sums of money to the University of Washington, in part because he's guilty about stealing all the time on their mainframe when he was a teenager.



This also allowed Mr. Gates and friends to apply themselves to the 10,000 hour rule that Malcolm Gladwell discovered about successful people. It goes something like this...all successful people at Gretzky and Gates' level spend 10,000 hours applying themselves to their area of interest. This is uniform across all kinds of occupations... 10,000 hours! In some cases like Bill Gates, for instance, he spent his 10,000 hours learning how to program computers while he skipped his high school classes and eventually dropped out of college in his second year. His obsession didn't produce a job, or money, or any kind of self sufficient means of support. How did he become the most successful businessman on Earth? Let me just say that Bill Gates didn't create the

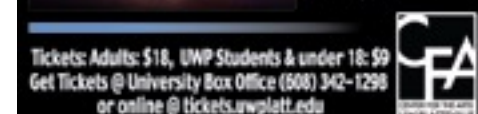


computer business but the computer business suddenly found itself in dire need of people who had Bill Gates' peculiar blend of skills ... skills that maybe only 5 or 6 people on Earth possessed at that time. Gates didn't build a better mouse trap. The mouse trap came to him.

Success works in mysterious and captivating ways. How does the rice paddy explain the extraordinary success in mathematics relating to Oriental students? Why does the garment industry in New York City hold the secret to the most successful law firm in the world? What does the ethnicity of an airplane pilot have to do with his chances of crashing the plane? Why is having a genius IQ almost worthless in predicting success? You think the Beatles were an overnight success? Just read this book.

Outliers has a dozen more questions that are answered in most unusual ways. In the end it is heartening to know that successful people don't make it on their own. They have lots of help. It is true, however, that if you don't have Wayne Gretzky's hockey ability even if you are born in January and you put in your 10,000 hours you are not likely to reach the level he did as with the likes of Tiger Woods, Michael Jordan, Joe DiMaggio, John D. Rockefeller, and Barack Obama.

All of us have thought that in some ways it does matter where you were born, when you were born, to whom you were born and how much money your parents had. Accidents also help like Gretzky's birthday and Bill Gates high school computer. In a lot of ways Mr. Gladwell has taken a firm grasp of the obvious and made it riveting...Carpe Manifestum.





Optimism ... or pessimism?

Optimism and pessimism are two opposite attitudes. Optimism is an attitude of believing that tomorrow will be better than today. Pessimism is an attitude of believing that tomorrow will be worse than today. Your attitude, optimism or pessimism, is the way you interpret your past, how you view your today, and your belief in tomorrow. An optimistic attitude and pessimistic attitude do have one thing in common – they are both self fulfilling.

What you focus on, whether positive or negative, expands. If you focus on bad things, bad things keep happening. Pessimism usually leads to sub-standard outcomes. Nothing ever goes right for a pessimistic person. They constantly think things will turn out poorly and thus do not put in much effort. In contrast, for optimistic people, success seems to come somewhat easily. They expect the best and keep their minds focused on the positive. By constantly expecting the best, they get it. No matter how much optimism you have, you cannot simply think things into existence. You must match your optimism with positive action to make things happen.

If you have a pessimistic attitude (you know who you are), you are not doomed to stay that way forever. Your attitude is a learned behavior. Anyone

can change their attitude from pessimism to optimism. The easiest way to keep pessimism out of your life is to



crowd it out with positive and optimistic thoughts. You cannot simultaneously focus on something good and bad at the same time. If you have to choose one or the other, wouldn't you rather choose optimism? I would much prefer to expect the best and match that expectation with positive action. Expect the best and it will expand.

1% Mattitude Improvement Tip

Nurture Your Friendships

Good friendships keep us sane by letting us vent and helping us laugh. Block out time on your schedule to spend time with your friends. Friendship should be about having fun and participating in activities. As your world gets busier and busier, don't forget to nurture your friendships.

Sign up today for Matt Booth's Goal Coaching Program – Monthly personal goal coaching sessions to help you identify and achieve your goals. Inquire about a free introductory session and be on your way to joining the privileged minority of successful people, who write, review, and carry their goals. "If you don't have written goals, you're working to achieve someone else's goals." Call 563-773-6288 or matt@mattbooth.com.

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Life Stiles

Dubuque's Finest Shine at the Right Time

by Jeff Stiles

I have a new respect for the Dubuque Police Department after a break-in two weeks ago in the building where I work. All four suspects were apprehended and arrested, thanks to the efforts for the local cops and an effective police canine.

My cell phone suddenly began ringing at 2 o'clock in the early morning hours of this particular Wednesday, jolting me from my sleep and causing me to abruptly sit upright (awakening my wife). The Caller ID read "Alarm," and although the lady on the other end of the line couldn't hear me—I was vacationing in the foothills of the Blue Ridge Mountains in southwest Virginia that week, with poor reception—her message was clear indeed: "We've just received a report of an alarm going off in your building, indicating an intruder in Zone 5."

Because I was 1,000 miles away at the time, there was little I could do. I could lie awake in bed, however, wondering and

worrying if this was a true break-in or just another false alarm.

Ever since I began working in the Historic Millwork District last September, managing tenants and projects for Sustainable Neighborhood Builders, we've had unsolved break-ins. Most of the time intruders have snuck in during the middle of the night, hurrying off with a little cash or an item or two they've managed to locate in the dark. A couple months ago, however, thieves stole computer systems out of two of our offices, so I finally got the green light to have a high-tech security alarm system installed by A-1 Security.

For the first couple of weeks after Jeramie installed the system, I would receive a phone call from the monitoring company nearly every day, warning of an alarm going off. Most of these alerts came when our buildings were being opened and closed, however, so I naturally began to fear the police department would grow wearing of responding to false alarms in our buildings. When "the real thing" happened, I

worried, would law enforcement respond with enough cars and personnel to secure the building and apprehend the intruders breaking in and stealing our stuff?

The building where I work actually consists of seven buildings built over the past 100+ years, and today houses six separate businesses including a recycling center, a home interiors import shop, an architectural salvage business, a fitness center, a storage business and an art gallery. It took several weeks of working there last year before I could find my own way around without getting lost, so I can only imagine how difficult it would be for a group of police officers to find their way through basements and rooftops and staircases

and elevators and fire doors in the blackness of night.

But find the intruders they did, and as a result four teenagers were all arrested and charged with third-degree burglary. A-1 Security was successful in placing motion sensors and cameras and sirens where they'd be most effective, and our police department proved themselves successful in apprehending four teenage criminals in an expansive warehouse facility.

Kudos are deserved all around, and now I hope I can sleep a little more soundly at night—especially when I'm on vacation, halfway across the country in the quiet foothills of the Blue Ridge Mountains.



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What's Nu with NuVal?

We hope you are enjoying using the NuVal Nutritional Scoring System when you visit your local Hy-Vee. You can see more and more scores all of the time. Look at the shelf tag for a number from 1 to 100. The higher the score, the more nutritious the food. NuVal is a super simple and speedy way to choose the best foods for you and your family. Even though you may not usually choose the highest-scor-

ing food in any one category, perhaps you can try to "trade up for health" the next time you shop.

One of the latest food categories to be scored is yogurt. The following questions and answers were taken from the NuVal monthly newsletter, What's Nu? To find more information about NuVal, go to www.hy-vee.com. Look for the link to NuVal on the left side of the health page. There is lots of information about NuVal there or you can click on the link to the NuVal website directly. There you can sign up for the NuVal newsletter. It will be e-mailed to you directly and it will keep you up-to-date on new categories, sample scores and explanations for how the scoring system works.

Please check out our website and ask your Hy-Vee registered dietitian for more information or questions.

Why do so many similar-sounding yogurts vary so widely in scores? Despite the fact that milk is its main ingredient, yogurt is a complex category. Fat levels vary as does sugar content (with some yogurts using high-intensity sweeteners). Some yogurts include fruit or other particulates (clusters, cookie crumbs), all of which can impact the product's nutrition. Additionally, some products have nutrients added to them, such as Vitamin D



or fiber. The NuVal score factors in more than 30 nutrients, and in one number, can help you find your favorite flavor of yogurt with the best overall nutrition.

For yogurt, what determines a higher or lower score?

In general, the products with the highest scores use high-intensity sweeteners, have no saturated fat and may include fiber. Scores on the lower end include products with more sugar and saturated fat, less vitamin D and less protein for their calories.

Are "probiotic" drinks and yogurts scored differently?

No. The NuVal score is based on nationally recognized and federally regulated dietary guidelines as well as evidence-based science. Today, the science supporting a role for probiotics in health and disease

outcomes is not strong enough to be included in the scoring process.

Are yogurts a good meal replacement? Yogurts can be an important source of calcium and protein in nutritious eating habits. However, it is always important to eat a variety of foods from all food groups to ensure all essential and important nutrients are consumed.

How does mixing cereal to yogurt (or added texture or crunch) affect its nutritional value?

Yogurt and cereal parfaits are a common option for mixing these two foods. When doing so, look for the yogurt with the highest NuVal score in your favorite flavor and the cereal with the highest score. This ensures you're making the most of your breakfast and/or snacking calories!

NuVal Scores in Stores

NuVal Scores will be displayed right at the point of purchase – on shelf tags, aisle signage and other communications. At a glance, you'll be able to see and compare the nutritional value of products as part of your regular shopping routine. Store managers and associates trained in the NuVal System will be available to answer questions and help you use NuVal™ Scores while you are shopping. There also will be a variety of informational materials about the NuVal™ System available in your local store.



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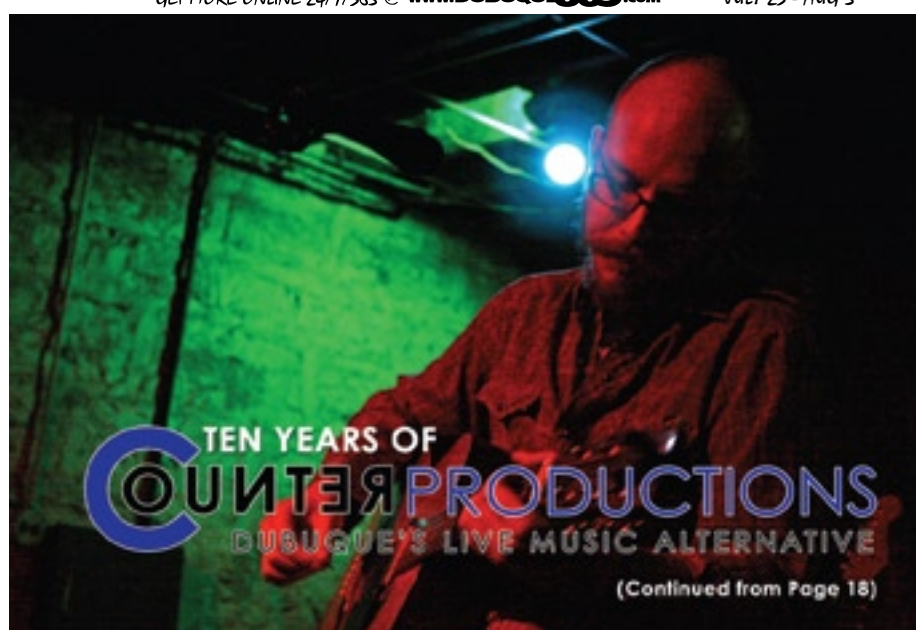


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TEN YEARS OF COUNTERPRODUCTIONS

DUBUQUE'S LIVE MUSIC ALTERNATIVE

(Continued from Page 18)

illustration that was always eye catching, even when photocopied on the cheap and stuck on lampposts. It was a perfect pairing of original poster art and indie rock promotion. Because Cairo's CD collection was lacking, he agreed to draw the poster images in exchange for new CDs. It gave Cairo, who now lives and works in New York, an opportunity to further develop his style and the confidence to continue, not unlike many of the young local bands that played Counterproductions shows.

In fact, a number of young musicians who played in bands over the past decade of Counterproductions have moved on to other, sometimes larger markets, forming successful bands and continuing and expanding on their early experience.

Unfortunately, when Hackett closed CDs 4 Change's Central Avenue location, Hefel lost a venue for Counterproductions. He produced a few shows at Muddy Waters Coffee Shop on Central Avenue and at the Conquest in Dyersville, but ultimately, neither location proved to be the best. Hearing from friends about a bar that hosted live music on Main Street in Dubuque, Hefel finally paid a visit to The Busted Lift (now, of course, known as 180 Main), where he convinced then-owner John Finn to let him try an all-ages Sunday showcase. His first Counterproductions show at the Busted Lift featured Suck Creek Cannonball, his own band Grainbelt, and William Elliott Whitmore, a solo blues performer who has gone on to sign to the same label as Tom Waits, Nick Cave, and Neko Case.

Despite early challenges with a barebones PA system, Counterproductions shows worked at the Busted Lift. In addition to Sunday all-ages shows, Hefel

began booking Friday and Saturday night headliners, greatly expanding the range of music offered in the local scene. Later upgrades in equipment raised the bar on productions, making the basement pub, now part of the renamed 180 Main restaurant and entertainment complex a regular destination for live music fans.

Realizing that different acts might work better in different venues, Hefel has also booked shows in the more intimate spaces of Isabella's and Monk's Kaffee Pub. "Any place where there's a good room and the owner will accept it," he says. It's pretty clear he's motivated by bringing good music to Dubuque stages.



William Elliott Whitmore

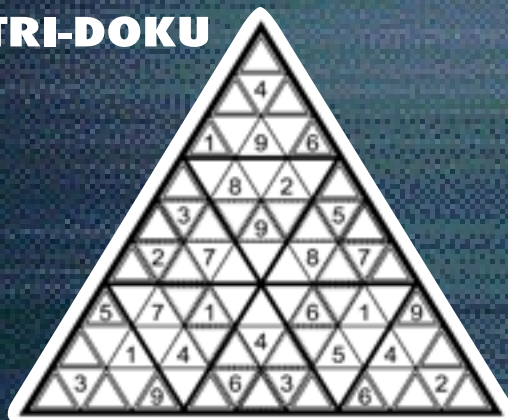
In recent years, those opportunities have expanded. Volunteering as a coordinator of an all-ages band showcase at DubuqueFest led to a position as director of the annual arts and entertainment festi-

Concluded on Page 30.

SUDOKU



TRI-DOKU



1. The numbers 1-9 must be placed in each of the NINE LARGE triangles.
2. The numbers 1-9 must be placed in the three legs of the OUTERMOST triangle.
3. The numbers 1-9 must be placed in the three legs of the INVERTED INNER triangle.
4. No two neighboring (touching) cells may contain the same number.

HOCUS FOCUS

HOCUS-FOCUS BY HENRY BOLTONOFF



Find at least six differences in details between panels.



Differences: 1. Man's collar is different. 2. Boy's shoes are black. 3. Flowers are added. 4. Window is different. 5. House in distance is missing. 6. Door handle is higher.

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals Q, it will equal Q throughout the puzzle. Solution is accomplished by trial and error.

Clue: S equals P

Q DHDECCV HQY QT E
YECC FLEQP GLJTJUP Q
SCEV FEPKH. YLEY GEV
Q LEUJ YLJ DSSJP LETK.

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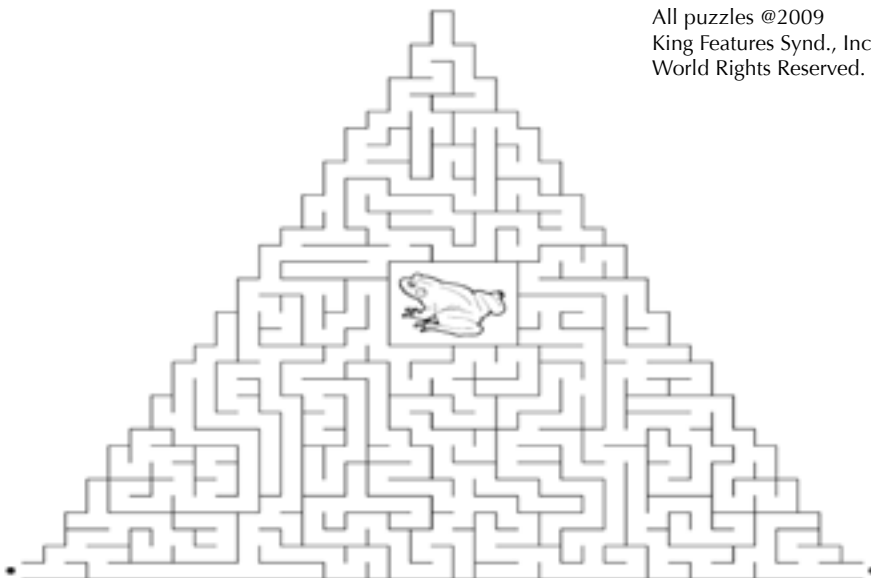
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MEGA MAZE



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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|-----------------|------------------|-----------------|
| 1. Winter or Spring | S _ _ _ _ _ | Think logically | R _ _ _ _ _ |
| 2. Do extremely well | _ _ _ C _ _ | Oust from school | _ _ _ P _ _ |
| 3. Magistrate | J _ _ _ _ _ | Soft candy | F _ _ _ _ _ |
| 4. Bristly | _ _ _ A _ _ | Mealtime segment | _ _ _ U _ _ |
| 5. Sour tasting | _ _ _ I _ _ | Pancake mixture | _ _ _ A _ _ |
| 6. Welcome | _ _ _ _ _ E _ | Catherine the | _ _ _ _ _ A _ |
| 7. Drive too fast | _ _ _ P _ _ | Stallion | _ _ _ T _ _ |
| 8. Sportscaster Cosell | H _ _ _ _ _ | Fraidy-cat | C _ _ _ _ _ |
| 9. Use a credit card | _ _ _ _ _ R _ _ | Loose coins | _ _ _ _ _ N _ _ |
| 10. Flicker of light | _ _ _ _ _ H _ _ | Flagon | _ _ _ _ _ K _ |

Super Crossword

BERN-ING
DESIRE

- | | | | | | |
|------------------|------------------|-------------------|-----------------|------------------|-------------------|
| ACROSS | 55 Border — | 94 Gourmet | 4 "Cars —" | 38 Drinkers | 84 Cuffs |
| 1 Fox | 57 Antipollution | Graham | (65 hit) | 39 Barrie sprite | 85 Saw |
| 8 Most | 58 Squid's | 95 Part 4 of | 5 Brynner of | 42 Put the | 86 Record abbr. |
| adventur- | squirt | remark | "Tales | metal to the | 89 Hens and |
| ous | 59 Undo an | 96 Humble | "Bubs" | 43 Botanical | 90 Hens and |
| 12 Samoyed's | snarl | 100 It may get | 6 Motown's | priest | 93 "— Angel" |
| snarl | 60 Rock's Pink | pickled | Marvin | 45 To be, in | (55 hit) |
| 15 Solidly | — | 101 Half's | 7 Pitches | Toulouse | 95 Something |
| 18 Half the | 61 October | partner | 8 Tins the turf | 46 Poke fun at | for two |
| diameter | — | 102 — | 9 Baseball stat | the famous | 96 "— don't |
| 20 Actress | 62 Revolution | 103 Dame | 10 Children's | author | say!" |
| Renée | name | 104 Caviar in | author | 47 Range rope | 97 Blocker or |
| 21 Unwell | 63 Average | candy | Maurice | 48 Shirley of | O'Hertley |
| 22 Castilian cry | grade | 107 Made cotton | "Hazel" | 99 Firefly, for | one |
| 23 Start of a | 64 Stack role | range | 50 Novice | 100 Lawn | cleaner |
| remark by | 65 Conspire | low | 51 Make — of | 102 More up-to- | date |
| Billy | 66 Narrow | 110 WWII site | oneself | 103 See 34 | Down |
| Connolly | shell | 111 Rush | 12 Extensive | 59 Kind of paint | 104 Big guy |
| 27 He's a doll | 67 Vitamin | 112 Periodon- | 13 Cockpit fig. | 60 Armada | 105 Skiff feature |
| 28 Maugham's | bottle abbr. | steril egg | 14 Worldwide | 62 Cartoon cry | 107 Silly Caesar |
| "Cakes and | — | 115 End of | 15 Goggle gail | 65 Charle- | 108 Pedigreed |
| — | 69 Part 3 of | remark | 16 Singer John | magie's dad | pooh |
| 29 Ration, with | 70 Presidential | 122 Zsa Zsa's | 17 Sierra — | 68 Excavated | 110 Balled or |
| "oil" | nickname | slater | 18 Clean the | 70 Reserved | barcarole |
| 30 Shaggy | 74 Philologist's | 123 Actor | decks | 71 Where | 111 Actress |
| ruminant | need | Chaney | 24 In the | Devils fight | Lament |
| 31 Eban of | 76 Frank | 124 Virgilian | manner of | Planes | 112 Maintain |
| Israel | 77 "— Man" | epic | 25 Like Nestor | 72 High-toned | guy |
| 33 Maroon | (64 film) | 125 Vintner Gallo | features | 74 P.O.G. | hound |
| 36 Coeur d'— | 79 Cleaning | 126 Pied | 31 — deco | polity | Grab all the |
| 70 | cloth | 127 Word with | Singer | 75 Mrs. Munster | goodies |
| 37 The Jackson | 82 Castle | roll or | 32 Singer | 78 It's out your | hair |
| dog | campaign | cream | Scaggs | 80 Dramatist | Edward |
| 40 Boing blow | 83 Custom | 128 In | 33 TV's | 119 Free (of) | org. |
| 41 Tom of | 85 Belief | 129 Architectural | "Evening —" | 81 Risk an | opinion |
| "Adam's Rib" | 86 Viral illness | features | 34 With 103 | 83 Tints | abck. |
| 44 Part 2 of | 87 Everything | DOWN | Down, | | |
| remark | 88 Bacall or | 1 Estrada or | baseball's | | |
| 48 Songwriter | Chapin | Satie | '64 Rookie | | |
| Jacqueline | 90 Paraguayan | 2 Church | of the Year | | |
| 53 Pierce | title | area | 35 Post | | |
| 55 Corsage | 91 UK honor | 92 Gooly | McKuen | | |
| tasteful | 92 Gooly | Gomer | "A Dandy in | | |
| 54 Synophant | Gomer | | —" (66 | | |
| | | | film) | | |



TRIXIE KITSCH BAD ADVICE FOR THE STUPID

Warning: Do not take Trixie seriously. We mean it.

Dear Trixie:

There is something wrong with my home. My laptop computer works just fine anywhere but on my property. It just goes black whenever I try to get online. I've taken it to the shop and the guy says there is nothing wrong with it. There are no high tension wires anywhere near my place. Do you think it's haunted?

--Jackie on Juniper Street

Dear Jackie:

That's God's way of keeping you free from EBAY incurred debt. Don't question it.

Dear Trixie:

My friends love to eat at my house. I happen to be married to a terrific cook. People are always showing up uninvited and asking, "what's for dinner?". Is there a nice way to discourage this behavior?

--Terry On Tulip Drive

Dear Terry:

Hungry folks can't hear the word no. You and your wife need to do some pro-active feeding. Serve them nothing but warm, weak Tang, lime jello with walnuts and cold lutefisk. It's disgusting--but that's the point. After a month or two no one will ever want to dine at your table again.

Dear Trixie:

What is the best way to rid the kitchen of ants? They are swarming all over my counters. I don't want dangerous chemicals or toxic traps in my house. What should I do?

--Wendy on Westridge

Dear Wendy:

Ants are easily intimidated by loud noises and repetitive gestures. They hate to hear humans scream. Get up behind them and shriek in a high register. Shake your arms over your head and jerk spastically. You'll notice immediately that they retreat. This tells you it is working. You may also blow forcefully on their back ends as they dislike wind and human breath. Good luck, dear.

Dear Trixie:

My parents parked me here at Y Camp for 4 weeks! I hate it. They make us hike and sing songs and be nice to each other-- it's awful. My parents are in Europe so I had no one to write to but you. Help, Trixie, I'm miserable.

--Justin In Tent 21

Dear Justin:

I went to Y Camp--and I loved it! We sang Beatles songs and played neat pool games where we held smaller kid's heads underwater until they choked! I learned to identify important plants like poison ivy, deadly nightshade and marijuana and how to turn a simple matchbook and a lit cigarette into an arson device! It'll get better! Just wait and see! Ahhh, childhood summers!



Dr. Skrap's completely useless HOROSCOPES

Aries 3/21-4/19

If you don't get your loved one to the fair for at least two servings of Y-Men's lemonade, you might as well just pack up your crap and get out.

Taurus 4/20-5/20

You may decide that you deserve some time off from the little things in life that fill up your day and keep you from finding happiness. Then again, that lawn mower ain't gonna push itself, fatty, so shut up and change the laundry.

Gemini 5/21-6/21

You've gone to three different cell phone stores a total of eleven times and in the end you've saved almost \$23. Wow, that's great for you. Because you'll never get that \$23 back.

Cancer 6/22-7/22

You are not aggressive in your dealings because you do not like to create issues. That's why you drive the old car and you spouse is sleeping with your best friend.

Leo 7/23-8/22

A quaint fondness of fair food always causes you to buy a funnel cake for everyone in your group when in fact, in many cases, no funnel cake at all is the smart choice in the long run. It's called the Long John Silver's Syndrome.

Virgo 8/23-9/22

You are optimistic and enthusiastic. You have a reckless tendency to rely on luck since you completely lack talent.

Libra 9/23-10/22

The "check oil" light was not installed for your amusement.

Scorpio 10/23-11/21

You've been having problems with credit issues. Most specifically, that fat bastard in accounting taking credit for all your great ideas. Put Ex-lax in the custard doughnuts. He loves those.

Sagittarius 11/22-12/21

You will find that a recent study stating that eating five tablespoons of peanut butter a day helps you lose weight didn't mention that speaking with a mouthful of peanut butter will lead people to believe you are special needs.

Capricorn 12/22-1/19

People laugh at you a great deal because you are always getting screwed.

Aquarius 1/20-2/18

Your libido is drawing you to another relationship but your head is still swimming from the last one. Either get your crap together or rent some porn before you go pulling another unwitting innocent soul into the whirlwind of crap you call your life.

Pisces 2/19-3/20

You will achieve the pinnacle of success in your business thanks to your complete lack of ethics.

PUZZLE ANSWERS from page 27

Sudoku

8	5	1	2	3	4	9	7	6
2	9	3	6	5	7	8	4	1
7	6	4	8	9	1	3	2	5
5	1	6	3	7	2	4	9	8
3	8	7	4	1	9	5	6	2
9	4	2	5	8	6	7	1	3
1	3	9	7	2	8	6	5	4
4	7	8	1	6	5	2	3	9
6	2	5	9	4	3	1	8	7

Tri-Doku



Cryptoquip

I usually sit in a tall chair whenever I play cards. That way I have the upper hand.

Crossword

E	N	E	M	Y	G	A	M	E	S	T	W	A	G	G	E	L
R	A	D	I	U	S	A	D	O	R	E	E	I	L	L	O	L
I	V	E	A	L	W	A	Y	S	W	A	N	T	E	D	T	O
K	E	N	A	L	E	D	O	L	E	B	R	I	S	O	N	
A	B	B	A	S	T	R	A	N	D	A	L	E	N	E		
A	S	T	R	O	H	O	O	K	E	W	E	L	L			
S	W	I	T	Z	E	R	L	A	N	D	B	R	E	L	S	T
P	I	N	T	O	A	D	Y	C	O	L	L	I	E	E	P	A
I	N	K	E	R	A	S	E	F	L	O	Y	D	L	E	N	I
G	E	E	L	N	E	S	S	F	L	O	T	L	E	D	G	E
R	O	A	T	O	S	E	E	W	H	A	T	I	K	E		
A	L	B	U	M	O	P	E	N	R	E	P	O	S			
S	I	E	G	E	H	A	B	I	T	T	E	N	E	T	F	L
A	L	L	L	A	U	R	E	N	T	S	E	N	O	R	T	
P	Y	L	E	K	E	R	R	T	H	E	A	R	M	Y	D	O
A	B	A	S	E	B	E	E	T	O	A	T	E	S			
N	O	T	R	E	S	P	L	A	S	H	S	P	U	N		
E	L	I	T	E	S	T	L	O	H	I	E	A	D	A		
W	I	T	H	O	S	E	W	E	E	R	E	D	K	N	I	V
E	V	A	L	O	N	A	E	N	E	I	D	E	R	N	E	S
H	A	N	E	G	G	T	R	E	N	D	Y	A	T	R	I	A

Even Exchange

- Season, Reason
- Excel, Expel
- Judge, Fudge
- Coarse, Course
- Bitter, Batter
- Greet, Great
- Speed, Steed
- Howard, Coward
- Charge, Change
- Flash, Flask

Mega Maze



365 POP QUIZ?

THE ANSWERS Questions on Page 6

1. C) The first fairground was built in Cascade in 1891
2. B) Nutwood Park
3. C) Horse Racing
4. A) Washington Park
5. D) No beer bottle caps, though it seemed like a shoe-in.
6. B) Ice Cream
7. C) 10 Acres
8. B) Sly was in the 1978 phone book twice after his '77 F.I.S.T. shoot.

180 MAIN Restaurant & Pub LIVE MUSIC SHOWCASE



Hounds Tooth **Friday, July 31**

Milwaukee blues band Hounds Tooth brings the blues back to 180 Main to close out the month of July. A dynamic vehicle to showcase the soulful voice of Miss Jamie Brace, Hounds Tooth was a 2009 WAMI (Wisconsin Area Music Industry) award nominee for "Best Blues Band." Brace's vocal talent is matched by Hounds Tooth's 20-year-old guitarist Jared James Nichols, a young talent with blues chops that may be beyond his years, but not beyond his capabilities.

Apple Dumplin's **Saturday, August 1**

Brandon and the boys are back! The Apple Dumplins celebrate the unbridled joy of performing classic outlaw country – Cash, Waylon, and the best dang Willie you're gonna hear, short of catching the Redheaded Stranger himself. Grab a beer, close your eyes, and you can imagine he's right there!

Little Brazil **Wednesday, August 5**

Omaha-based indie rock band Little Brazil returns to 180 Main for a special Wednesday night performance. August 5 happens to be Counterproductions main man Aaron Hefel's birthday so the show doubles as his birthday party. Led by singer-songwriter Landon Hedges, Little Brazil plays upbeat songs with beautiful and emotive melodies that would seem to contradict their subject matter of dysfunctional relationships, except the whole thing just works so well together. The band is currently

promoting their critically acclaimed CD, *Son*, out on the Anodyne Records and Mt. Fuji Records labels.

Counterproductions 10th Anniversary **Magnolia Electric Co., The Donkeys,** **Old Panther** **Saturday, August 8**

Aaron Hefel celebrates his one-man production company Counterproductions' 10th Anniversary August 8 with a special show featuring Magnolia Electric Co., The Donkeys, and his own band, Old Panther. The timing of the whole thing is quite auspicious, as Magnolia Electric Co.'s new album *Josephine*, the first in three years, hit the record stores on July 21, the very day this publication went to print, and yet in plenty of time to be available by the 180 Main date. Recorded with Steve Albini at his Electrical Audio studio, *Josephine* collects a cycle of new songs from Magnolia singer and songwriter Jason Molina loosely based around the tragic death of the band's touring bass player Evan Farrell at the end of 2007. Stripped of unnecessary details, *Josephine* might have a slightly more country feel than the Midwestern indie rock for which the band is known, but the arrangements focus squarely on Molina's solid songwriting. Joining Magnolia Electric Co. will be the breezy and slightly psychedelic San Diego four-

piece The Donkeys and Dubuque's own Old Panther. Happy Anniversary Counterproductions!

Bull Dyke Rodeo **CD Release Party** **With Nevervoid, Dredge, and Gorgon** **Sunday, August 9, 5-9 p.m.**

Tuned down and turned up, Bull Dyke Rodeo return to celebrate the release of their second CD, *Bull Dyke Rodeo II: Dykefuge*, described as "Five tracks of sludgy metal bliss. Newly pressed to a sleek as (expletive deleted) digipak and just waiting to melt the (expletive deleted) speakers in your mom's Dodge Omni." Their Myspace claims Robocop and Total Recall as influences in their doom/stoner rock massive riff-ology and we believe them. With Nevervoid, Dredge, and Gorgon on the bill, expect a metal on metal metalfest. If you dig that sort of thing, you WILL DIG IT! It's a Sunday all-ages show so get your butt down there at 5 p.m.

Mark your calendars...

...for Friday, August 14, for the reggae groove of Blue Island Tribe, Saturday, August 15, for the bluesy swagger of Mighty Short Bus, Sunday, August 16, for Colorado bluegrass rockers Oakhurst, and Friday, August 21, for David Zollo & The Body Electric.



BlackBloom **Saturday, July 25**

Dubuque's own BlackBloom brings their funky, psychedelic-tinged indie rock back to 180 Main. Drawing on a variety of influences to create their unique original music, this local four-piece band just keeps getting better.

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val put on by the Dubuque County Fine Arts Society. When the Fine Arts Society had an opportunity to organize the popular Voices From The Warehouse District art exhibit last year, Hefel stepped up as part of a team of co-directors that included Paula Neuhaus and Rich Rossignol. While not technically Counterproductions shows, his experience and industry contacts have proved to be invaluable assets.

He admits collaborating with a non-profit arts organization, co-directors, and volunteer committees has been a learning experience.

"It's been really eye-opening and really helpful to learn how things really work," he says of the collaborative process, "because I'm so used to just putting things together by myself, and hoping that the people I'm working with understand where I'm coming from, and just making it work."

Looking back on ten years of booking and promoting shows, Hefel recognizes both accomplishments and disappointments.

"There are things that I would have hoped to have accomplished by now," he admits. "In '99 I contacted Calexico, but that was right at the time they started to get noticed ... and we probably could have gotten Calexico for two or three grand. And from what I understand now, they'd ask for 20 and they'd probably do it for 10. So that was one thing that I really wanted to try and have done by ten years. That didn't work out so much, but it's fine 'cause I've actually done a lot of other stuff that I never thought I would – booking a festival – I never thought I would do something like that. These other opportunities – being a part of the Voices thing is pretty neat."

While it's true that nobody works in a vacuum, Hefel's efforts have

contributed to the overall vibrancy of the local cultural and entertainment landscape. So much so that last year Dubuque Main Street awarded him the Russ & Ruth Nash Cultural Corridor Award for his work. He admits he is "amazed" that people in the community even know who he is. "I never set out to become someone important in the music community in the city," he said. "I set out to be a person who did shows."

That's exactly what he's been doing for the last ten years. And while the live music scene in Dubuque has certainly expanded over that time (just look at the entertainment listings in this issue of 365ink or click on Nightlife or Entertainment on Dubuque365.com) Aaron Hefel is still motivated to bring more good music to Dubuque stages.

"There's no reason that Dubuque can't have good music," he states. "No reason."

365

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JAYCEES event calendar

Name the Haunted Forest Contest!
The Haunted Forest is moving to the Dubuque County Fairgrounds Barn. We are holding a contest to come up with the new name and logo. Send submissions to Liz Kirpes at pfohls-marketing@fbx.com by Friday, July 31st.

Sheet Shooting!
Thursday, July 30th at the Izaak Walton League in Peosta. The event is from 6-8 pm. If there is a Thunderstorm we will be unable to shoot. They sell shells so you can bring your own gun. We will meet in the clubroom to have an expert marksman show the proper technique. If you have any questions contact Ann Hughes at bezie22@yahoo.com

All That Jazz on August 21.
Three people (or three teams) are needed to chair each tent for this event. If you are interested, please contact Christ Puetz c_puetz@hotmail.com or call 563-543-7604.

Saturday, August 1st
Dubuque Jaycees Professional Development Speaking Seminar – Time Management Strategies & Managing Your Personal Wealth.

www.DubuqueJaycees.org

MONKS

Kaffee Pub

LIVE ENTERTAINMENT

Paul Fonfara brings his "sad bastard hero-in klezmer spaghetti western eastern european emo cabaret chamber folk" back to Monk's with his band Painted Saints on Thursday, July 23. Fonfara played a solo show at the Gazebo at DubuqueFest this summer, weaving intricate loops of guitar, squeezebox, vocals, and gypsy clarinet with the aid of a looping pedal, creating woozy, swirling film sequences that shimmered between the spots of sun that made it through the leaves. Until they ended leaving us to realize we were actually standing in the middle of an art fair.

Fonfara stretches Eastern European vio-

lin melodies across gothic Americana country folk, twangs spare, Western guitar, plays pumping squeezebox conjuring a carnival both nostalgic and a little creepy as he whistles down the alley toward the dusty lot where the factory used to be. I've said it before, but if you like the idea of Bowl of Fire era Andrew Bird playing gypsy violin in the shed where Tom Waits' percussion tracks are assembled, you should probably check out Paul Fonfara and the Painted Saints.

Paleo
Just Got Evil
Friday, July 24

To say that the myspace page of the per-

former who goes by the name Paleo is cryptic would be an understatement of grand proportions. With nothing more in the "About" section than a link to another site and a quote from Charles Darwin ("Would any one trust in the convictions of a monkey's mind, if there are any convictions in such a mind?"), listing "the easter bunny" under band members and "your mom" under influences doesn't really help much. But what I like even better than "the devil and i are keeping our options open" under record label is Paleo's music. The usual ploy of revealing nothing to force you to actually listen to the music works in this case. Beautiful, delicate, and intimate, the songs invite further exploration.

So I bite. I click on the link (www.paleo.ws) which leads to a web page with Paleo's "real" name (David Andrew Strackany) an email signup, and rows and rows of dates and locations in a plain courier-like font. It looks like some kind of catalog that a librarian or historian might understand, but after poking around a bit, I figured out that a portion of this list links to 365 songs that Paleo wrote over a one year period, one every day. Some have a recording you can listen to, but some are just the lyrics. Further research on the interweb confirms this exercise in songwriting. While he was at it, Paleo played 215 shows that year (April 16, 2006 to April 15, 2007) and put over 54,000 miles on his car. So if you're intrigued, as I was, and if you're wondering what sort of person would do such a thing, check out Paleo at Monk's.

Aaron Hefel in his alter-ego Just Got Evil will open.



Miles Nielsen
Friday, July 31

Monk's Kaffee Pub hosts another performance by songwriter Miles Nielsen Friday, July 31. Undoubtedly best known as the son of Cheap Trick guitarist Rick Nielsen, Miles is making a name for himself with the songwriting he's been practicing since he was a kid. While some Cheap Trick influence would not be unexpected, Miles seems to have incorporated more of the melodic sense his father's band inherited from the Beatles without the power pop arrangements of the '70s super-group. Indeed, his self-described "Beatlesque Cosmic Americana" embraces arrangements that range from quiet, alt-folk ballads to pop songs with psychedelic flourishes reminiscent of the Fab Four.



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