

May 14 - 27 2009

365ink

MAGAZINE

Free!

Farmers' Market

FRESH • LOCAL • ORGANIC

Old ideas are new again!

PLUS

- Return of the 365 Lunchtime Jam
- Bud True Music Kickoff to Summer
- Dubuquefest Details

DUBUQUE365.com

Part of 365's 38-City Tri-State Regional Network

You've been hearing about "Social Media" a lot lately. But seriously, as a business, why is it important? More importantly, what can it do for you?

We'll tell you. Contact 365 today.

365ADVANTAGE
THE SCIENCE OF .COMMUNITY

563.588.4365 | www.365advantage.com

*It's all good...
fresh cuisine,
great atmosphere,
and outdoor seating!*



**180 MAIN
Restaurant
& Pub**

Monday - Thursday | 11AM - 9PM
Friday - Saturday | 11AM - 11PM
Sundays | Available for Private Parties
Pub Open Until 2 AM Nightly!

LIVE MUSIC HIGHLIGHTS
FULL MUSIC LISTINGS IN THE 365ink CENTERFOLD AND ONLINE AT WWW.180MAIN.COM

May 15 The Pines	May 23 Old Panther, The Wild Animals, Alma Sub Rosa
May 16 Motorhome	May 29 Jeremiah Nelson and the Achilles Heel
May 22 Shame Train	May 30 The One Hat Broken Rubber Orchestra Band

180 Main Street, Dubuque, IA | 563.584.1702 | www.180main.com | banquets@180Main.com

Bryce's inkUinator

Notes from the Publisher... **Fostering ideas, conversations and arguments.**

My friend Jack will change your life.

I first told you about my friend Jack a little over a year ago. Jackson "Jack" Hoeger is a very young friend of mine who has battled a very rare form of brain cancer for the better part of his life. After a frustration-inducing string of mis-diagnoses and not knowing how to fight his rare disease, Jack's family got what most in this situation do not get. A miracle. Jack is in remission. Jack is alive.

Since Jack and I made the now-famous "You Don't Know Jack" video together (www.youtube.com/livestrongjack), Jack has been the guest of honor and a host of Tri-State cancer benefits and functions. Simply put, Jack's a star. But then again, Jack was always a star. I also lost my own father to cancer almost three months ago, which keeps Jack and the fight he and so many other face fresh in my mind and my heart.

While we focus on the suffering and strength of this little fighter, we fail to focus on the perhaps the greatest strength in Jack's life: His family. I met Jack's mom, Jen, in college and we have been the best of friends ever since. The Cascade girl married a best friend of my college roommates and for many years Marty too has been a close friend. Like many around them, we have seen and heard the nightmare stories as well as the stories of hope and love that have come from the Hoeger family through the years since little Jack was first diagnosed.

It was a very fast and easy read. But not easy at the same time. This family has been through some simply grueling times emotionally, physically and financially. Imagine a dad taking his time to cry in the shower so no one could see him do it, allowing him to show his brave face for his family who needed him to be strong for them. But they have persevered and this book is their story.



I have asked Marty and Jack to come to Dubuque and do a book signing for "One Left Handed Hug" and they energetically agreed. Our great friends at River Lights have offered to host the event. On Sunday, May 31, from 1 p.m. - 2 p.m., the Hoegers and I will be at River Lights, 1098 Main Street, to sign copies of the book. You can even get yourself one of the sexy "I know Jack" t-shirts or hats while you are there to show your support of Jack. All proceeds the Hoegers collect go to cancer research.

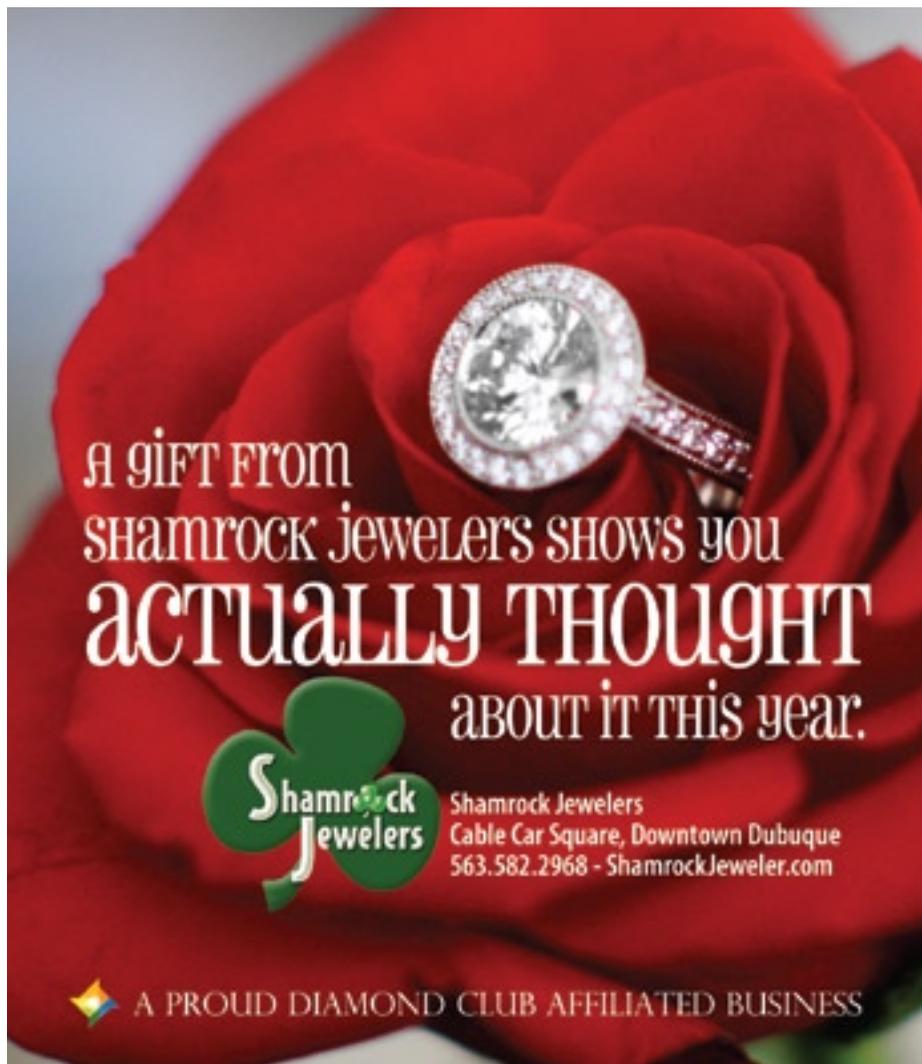
Their fight will probably never be over, but in this time when they have been given the freedom to breathe and truly enjoy the time with their son, a time when he can run and play and hug them strong with both hands, they are not resting. They have been touched by cancer in a way that most, even my own family's fight with cancer, will never understand. They are using that story and that experience to fight the fight everyday. From Washington, D.C., to the main stage at the National Livestrong Foundation conference, this family has become the face of the fight. The way they talk about cancer with their son without fear is awe-inspiring. They have been to the brink and come back. This is a story you need to hear.



What I didn't know was that the whole time Marty was keeping a journal of their experience. With Jack now in remission, Marty has taken those journal entries and elaborated on them to write the book "One Left Handed Hug." I was surprised to say the least when copies of the book arrived on my desk recently. Not because someone told Jack's story, but simply because I didn't know Marty could read, let alone write a book.

Please take time to come see us on May 31 at River Lights at 1 p.m.. The book will be available through River Lights starting now, so if you can't join us, you can pick it up anytime. Feel free to bring it back for the signing. Or stop in after the signing and get your copy. It's a great story for a great cause. It also doesn't hurt that I make my cameo appearance on page 149!

365



A GIFT FROM
SHAMROCK JEWELERS SHOWS YOU
ACTUALLY THOUGHT
ABOUT IT THIS YEAR.

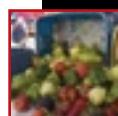
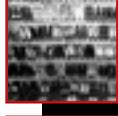
Shamrock Jewelers
Shamrock Jewelers
Cable Car Square, Downtown Dubuque
563.582.2968 - ShamrockJeweler.com

A PROUD DIAMOND CLUB AFFILIATED BUSINESS

The 365ink crew... faces you already know!



In this Issue:

	Farmers' Market What's Old is New Again	4
	Community Shorts	5
	Modern Times	
	The Music Man	
	Seussical Jr.	
	Grand Pet Excursion	
	Arboretum Spring Party	
	Musical Smorgaschord	
	365 Pop Quiz	6
	DMA Renaissance Faire	6
	365 Lunchtime Jam Returns	7
	DubuqueFest	8
	DubuqueFest Cont'd	9
	Old House Enthusiasts	10
	Pam Kress-Dunn	11
	Wando's Movies	12
	2nd Annual BobFest	13
	Mindframe Movie Listings	13
	Digital Photography Workshop	14
	Outside the Lines May Exhibit	15
	Budweiser Nightlife	16-17
	True Music Kickoff to Summer	18
	River Lights Special Events	19
	Bob's Book Reviews	22
	Mattitude	23
	LifeStiles	24
	Eating Healthy w/ Hy-Vee	25
	180 Main Entertainment	26
	Crosswords & Puzzles	27
	Trixie Kitsch	28
	Dr. Skrap's Horoscopes	28
	Puzzle / Pop Quiz Answers	28
	180 Main Cont'd.	29
	Farmers' Market Cont'd	31

The Inkwell

Publisher: Bryce Parks
(bryce@dubuque365.com)

Editor: Tim Brechlin
(tim@dubuque365.com)

Advertising: Kelli Kerrigan
(kelli@dubuque365.com)
563-451-9365

Writers & Content:
Mike Ironside
(mike@dubuque365.com)
Tim Brechlin, Bryce Parks, L.A. Hammer, Chris Wand, Mayor Roy Buol, Matt Booth, Bob Gelms, Pam Kress-Dunn, Jeff Stiles, Megan Dalsing and Pat Fisher.

Designers:
Kristina Nesteby
(kristina@dubuque365.com)
Bryce, Tim & Mike

Photography:
Mike Ironside, Ron Tigges, Bryce Parks

Layout:
Tim Brechlin, Bryce Parks

Director of Operations:
Patricia Reisen-Ottavi, J.D.

Community, Incorporated
Brad Parks, C.E.O.

Special thank you to:
Brad Parks, Bob & Fran Parks, Christy Monk, Katy Brechlin, Ralph Kluseman, Kay Kluseman, Jon Schmitz, Oliver Kane, Melanie Flesch, Todd Locher, Everett Buckardt, Julie Steffen, Sheila Castaneda, Gaile Schwickrath, Ron & Jennifer Tigges, bacon, the crew of Radio Dubuque and all the 365 friends and advertisers for all your support. You are all 365.

Dubuque365 / 365ink
210 West 1st Street,
Dubuque, IA, 52001
dubuque365.com
(563) 588-4365

All contents (c) 2008, Community, Incorporated. All rights reserved.

**Like our stuff?
We can make yours too!**

365

- Web Site Development •
- Graphic Design •
- Photography •
- Video Production •
- Marketing / Consulting •

Where's WANDO?



We've hidden 365's WANDO somewhere in this issue of Dubuque365ink. Can you find the master of movies buried within these pages? Hint: He's tiny and could be anywhere. In a story? In an ad? On the cover? Good Luck!

MISSISSIPPI MOON BAR

ENTERTAINMENT LINEUP


JOE COCKER - Saturday, May 16th

10 YEARS WITH SPECIAL GUESTS - Adelitas Way, After Midnight Project & Downfromup - Saturday, May 23rd



HELLS BELLS - A Tribute to AC/DC & **KISS ARMY** - A Tribute To Kiss
Saturday, June 20th

TAYLOR MASON - Ventriloquist/Comedian Star Search Winner - Saturday, June 6th



SAVING ABEL - Friday, June 26th

JIMMY WAYNE - Saturday, June 27th



BIG BAD VOODOO DADDY - Friday, July 10th

AIR SUPPLY - Friday, August 14th



RICK SPRINGFIELD - Saturday, August 15th

FREE SHOW

LISA AS CHER
A Tribute to Cher Thursday, May 21st


TICKETS AVAILABLE AT WWW.DIAMONDJO.COM AND AT THE DIAMOND CLUB



HOSTED BY SCOTT THOMAS
Wednesdays 8:00 pm

DUELING PIANOS

at mississippi moon bar

Thursdays 8:00 pm* • No Cover
*10:00 pm show time on May 21st.

LIVE ENTERTAINMENT!

8:00 pm • No Cover

FLIPSIDE - May 15th
E.S.P. - May 22nd
BETTY & THE HEADLIGHTS - May 24th
BUZZBERRIES - May 29th
LIVE BAND KARAOKE - May 30th



DJ DOUBLE J

Wednesdays in May
10:00 pm
Spinning House, Dance and Top 40 music

DIAMOND JO

CASINO

PORT OF DUBUQUE • 563.690.4800 • WWW.DIAMONDJO.COM

Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS OFF.

Farmers' Market

FRESH • LOCAL • ORGANIC

Old ideas are new again!

by Mike Ironside

photos by Ron Tigges



What's old is new again. With Dubuque's downtown Farmers' Market beginning its 164th season, never is that more true. Especially as "green" ideas that promote sustainability like buying locally grown food or growing vegetables in your own garden gain ground in public consciousness. But while sustainability might be a buzzword among municipal planners and newbie gardeners across the country are popping up like so many young seedlings, Dubuque area growers have been quietly living a sustainable lifestyle and eating healthy, homegrown food for years, in some cases, generations.

"I think you've got to give credit to those people who've done the obvious for so long," said Tom Thompson, current Chair of Farmers' Market Committee, and a market vendor himself for about seven years. "What we're doing today isn't new. What happened was we took our eye off the prize. The reality is that what we are realizing today is what we knew many years ago: growing your own produce, supporting your neighbors, giving your family a work opportunity, your kids a work opportunity to learn and to

carry on those things just makes sense. It's the right thing to do for a lot of good reasons."

Vice-president of the TFM Company, which runs the Oky-Doky stores, the A&W restaurants, and I Love Food, Thompson has been a longtime volunteer for Dubuque Main Street, the downtown advocacy non-profit that organizes the Dubuque Farmers' Market. In addition to serving on various committees over the years, Thompson has served on Main Street board of directors for about a decade.

Sustainability issues are not new to Dubuque Main Street Office Manager and Farmers' Market Manager Laura Bertjens either. Growing up in a manner where recycling and gardening were just part of a normal lifestyle, it's hard for her to understand people who might think otherwise. "We have to take care of where we live, or it's not worth living. It doesn't make sense not to be thinking in those terms," she admits. "I grew up in Stevens Point with the University of Wisconsin there, and they've been very

progressive since I was real young. So I can remember being in sixth grade and we were already having contests to see who could bring back the most milk jugs and my mom was already recycling tin cans. We had a recycling program back in the early '80s and it only grew from there, so to me it's always been a way of life since I was little."

A dedicated gardener, Bertjens is no stranger to the joys of growing or the work involved to make it happen. "I've always had my own garden," she said, "which I never thought I would because as a kid, it was almost seen as punishment," she added laughing. "If you didn't have anything to do my parents' canned response was, 'well, if you don't have anything better to do go pull weeds in the garden.' So it always had this kind of negative connotation. But as I've grown and had to start producing for myself, we just started putting in a little garden and it grew bigger and bigger and now it's like my refuge. I go out there and I don't have to think about anything else, I can just focus on pulling weeds and I love it."



Thompson has had his own experience with growing. "When we were growing up, we had gardens and we continue to have gardens," he notes. "I think it's been an art and skill that has been lost and I think it's coming back for a lot of reasons. The economics – people want to save a few bucks – but more importantly, knowing where that food came from and the pride of it. It goes into a whole different realm of why gardening can be a very fulfilling adventure. I think it's great, and I think Farmers' Market can help with that. Just think about that. Not only can you buy produce at Farmers' Market, but you can learn from the pros ... get, if you will, the 'trade secrets' ... that's a big plus."



Thompson makes a good point. Traditional methods of growing not only save money, but they are often healthier and contribute to a more sustainable lifestyle. But there can be a learning curve and Farmers' Market can be a resource for new gardeners. "It's a holistic approach to understanding life," he says of gardening. "We've been vending garlic now for something like eight years (at Market), and you can't believe what an education it is for people. They come up to our table and say 'I never knew there were 13 different varieties ... and I didn't know that's how they grew' I'm excited to say that a lot of people do bring their children down and it becomes a tremendous educational opportunity."

Bertjen admits she has not spent near as much time at Market as she grew up gardening and canning at home. "My grandmother and my mom they preserved everything," she explained. "If my mom could possibly make a fruit into a jam or jelly ... we never bought jam, because it was just always there. We'd buy flats of peaches from the markets and we'd have canned peaches, we'd have anything possible that she could preserve by canning or freezing, and it was just a way of life. That's how it is. It was natural to learn those processes and help her out."

Following the increase in interest in homegrown and locally grown food, interest in Farmers' Market has increased for both buyers and sellers. Longtime vendors at Dubuque's market report an increase in customer traffic in recent years, and Bertjen confirms an increase of 16 vendors so far this year, bringing the total number of vendors to 85 occupying approximately 100 stalls spread across the downtown Market. "We're

Continued on Page 31.

MAY 15-16 Bell Tower Presents "Harmony Smorgaschord"



The Music Men Barbershop Chorus presents its 60th Anniversary Show, "Harmony Smorgaschord", at the Bell Tower Theater, 2728 Asbury Road, Dubuque at 8 PM on Friday, May 15th and Saturday, May 16th. This 100% family friendly show of humor and acapella music will feature performances by the Music Men

Chorus as well as local quartets The Choir Boys and Youseguys. Special Guest Performers are the International Seniors Quartet Champion Jurassic Larks, from Des Moines, Iowa. All seats are \$17 and are available by calling the Bell Tower Box Office at (563) 588-3377 or online at www.belltowertheater.net.

MAY 15-17 Mazzuchelli Presents "The Music Man"



Mazzuchelli Catholic middle School presents "The Music Man, Jr." May 15-17th at the Grand Opera House. Tickets are \$6 and available at the Grand Box Office. Showtimes are 7pm Friday and Saturday and 2pm Sunday.

MAY 17 The Annual Grand Pet Excursion



Grand Pet Excursion is coming to Murphy Park Sunday, May 17. The Dubuque Humane Society's 16th annual pledged dog walk promises to be the best ever. Invite your family, friends, and co-workers to make pledges to help the over 5,000 lost, abandoned, and unwanted animals that we care for each year. Details available at dbqhumane.org

MAY 17 Dubuque Arboretum Annual Spring Party

Kids and their parents are invited to the annual Spring Party at the Dubuque Arboretum & Botanical Gardens, Sunday May 17 from 11am to 2:30. This year, it's a Shrek-tacular with all the kids favorite storybook characters. They'll also learn tips on recycling and other ways to "Go Green!" Tickets are just \$1 and available at the Arboretum in advance or the day of the event.

MAY 23 Bell Tower Presents Seussical, Jr.!

The Bell Tower Theater presents "Suessical, Jr." Saturday, May 23, 2009 at 2 pm Eisenhower Elementary School. Tickets are just \$5 and can be purchased by phone at 563-588-3377, online at www.belltowertheater.net or in person at the Bell Tower Theater box office.

JUNE 7 Library Shows "Modern Times"



Carnegie-Stout Public Library will show the 1936 Charlie Chaplin comedy "Modern Times" at The Grand Opera House at 135 8th Street in Dubuque at 2:00 p.m. on Sunday, June 7, 2009. Admission is free and open to the public. No tickets are required. W.C. Fields' 1933 short comedy "The Fatal Glass of Beer" will also be shown, and snacks will be on sale.

365

Podcasts, Blogs, Facebook, YouTube, Texting, MySpace, LinkedIn, E-blasts, Forums, Twitter

We can help you make existing Social Media services like these **work for your business.**

Well, maybe not Twitter.

Find out how. Contact 365 today.

365ADVANTAGE
THE SCIENCE OF .COMMUNITY

563.588.4365 | www.365advantage.com

365

PFOHL'S



John Kirpes, Sales

- Mini Blinds
- Window Shades
- Vertical Blinds
- Draperies

(563)582-6247



335 West First Dubuque





ALLIANT ENERGY.

Powerup
your career at
Alliant Energy

We offer

- Competitive pay
- Great benefits
- Tuition reimbursement
- Fully-paid apprenticeships
- And more

Learn more and apply online by visiting us at alliantenergy.com

Powerup

©2008 Alliant Energy 21022 5/08 MJ



Calling all royals and knights, peasants, pirates, and wenches. The Dubuque Renaissance Faire returns this year to give you another opportunity to “party like it’s 1559.” Scheduled for the last weekend of the month, May 30-31, the Dubuque Renaissance Faire will once again be held at Storybook Hill Children’s Zoo and Park at 12345 North Cascade Road, from 10 a.m. to 5 p.m. on both Saturday and Sunday.

With a variety of entertainment and vendors, the Dubuque Renaissance Faire promises to be fun for families of any era. Entertainment will include storytellers, staged sword fights, dance demonstrations, and performances by folk and madrigal singers, brass bands, jugglers, fire-eaters, and comic troupes. Guests will have an opportunity to meet Queen Catherine, King Edward and their royal court

and learn about life in the renaissance, including fashions and weaponry. Strolling minstrels, faeries, “tax collectors,” and storytellers will keep kids wondering what’s around the next corner.

A renaissance marketplace will feature a variety of unique goods for sale, including period clothing, dresses, and jewelry, hats, handmade leather goods, pewter, pottery, swords, daggers, and other metalwork. Guests can feast on turkey legs, bread bowl soups, pies, and tarts and wash it all down with Iowa wines and beer.

The Dubuque Renaissance Faire is sponsored by DB&T, with all ticket sales benefiting the Dubuque Museum of Art. For more information, visit www.dbqart.com/DMAFaire.htm.

“Looking out for you in Dubuque.”

storm TRACK 7

www.KWWL.com

JEFF MARK EILEEN JENNIFER

365

Hospice of Dubuque Tree of Life Memorial Tuesday, May 19

Hospice of Dubuque invites you to join at the annual Tree of Life Memorial Service on Tuesday, May 19, at 7:30 p.m. in Washington Park. The service will consist of music, readings, a family member sharing her story and the lighting of the Tree of Life. The Katsura Tree in Washington Park has been designated as the Hospice of Dubuque Tree of Life. The tree will be decorated with lights, each one representing a person remembered or honored.



Anyone can purchase a light in memory, or honor of a loved one and there is still time to have names printed in the Tree

of Life program. Please call or stop by the Hospice of Dubuque office by Friday, May 15, for more information.

365 POP QUIZ?

Answers on page 28!

- Who hosts Dubuquefest?
 - Rocco Buda
 - The Nash Gallery
 - Outside the Lines Gallery
 - The Quigley Gallery
- What was the name of the gallery located at the former home of Ruth and Russ Nash?
 - Rocco Buda
 - The Nash Gallery
 - Outside the Lines Gallery
 - The Quigley Gallery
- Where is the “Continuum” public art piece now located?
 - On the Riverwalk
 - Along Kerper Blvd.
 - Dubuque Public Works Building
 - It was thrown away
- Which name was not synonymous with pharmacists is the Dubuque Area in recent years?
 - Hartig
 - Ruegnitz
 - Rhomberg
 - Taylor
- Which is not a featured item in the first weeks of Farmers’ Market?
 - Sweet Corn
 - Asparagus
 - Tomato Plants
 - Morel Mushrooms
- Where will Dubuque’s newest Thursday afternoon Farmer’s Market be located starting June 4?
 - City Hall
 - Fountain Park Plaza
 - River Museum
 - Asbury Park
- What part of town is featured in this year’s Old House Enthusiasts tour?
 - Clarke Drive Area
 - North End
 - Dubuque’s Buff Homes
 - S. Grandview Ave. Area
- Who is Dubuque Lock and Dam #11 named for?
 - Julien Dubuque
 - Explorer Zebulon Pike
 - Explorer Jacques Marquette
 - Explorer Louis Joliet
- Who is Dubuque’s “Mr. Baseball”?
 - Gerald “Red McAleece”
 - Kevin Rhomberg
 - Johnny Petrakis
 - Red Faber



Jam is BACK, baby!

Your Friday lunchtimes are about to get fun again, with the return of the 365 Lunchtime Jam, now entering its eighth -- yes, eighth -- year of bringing you great live music and delicious food under the Town Clock, each and every Friday! Beginning with Friday, May 15, at 11:30 a.m. and ending around 1 p.m. (weather permitting), 365 brings you some of the best Tri-State acoustic talent around, generously sponsored by Cottingham & Butler, Prudential Financial, and our newest 365 Lunchtime Jam sponsor, Premier Bank, with food provided by longtime Jam vendor Carlos O'Kelly's.



With the addition of IBM this year to our downtown scene, there is an ongoing need to bring some fun and levity to workforce and employers who have made the investment in being downtown. That's why we host the Jams. (Well, that, and we just love to hear live music at any opportunity we can get.)

As another exciting new addition to this season, Premier Bank will be providing some free surprise goodies to Jam goers each week. Join us and find out! So it will be a fun and welcome addition to the event.

There are 15 planned concerts this summer, through September 4. We may or may not extend the Jam beyond Labor Day, depending on the weather, so stay tuned to the pages of 365ink.

And as a special note to all of the downtown businesses reading this publication, we really want your employees to join us for the entertainment and fresh air. We will be delivering posters and sending e-mail reminders. We encourage you to do regular reminders in-house to push your hard-working folks outside for a few minutes to stretch and enjoy themselves. They are who this is all for.

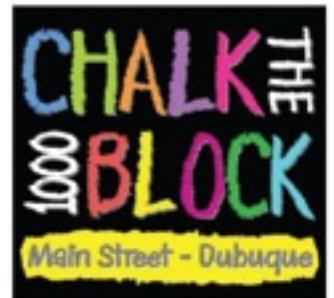
Upcoming performers at the 365 Lunchtime Jam this year include longtime favorite Denny Garcia kicking off the season on May 15, the Broken Rubber Band on May 22, Maureen Kilgore on May 29 and Roy Schroedl of Okham's Razor on June 5.

Late-breaking Lunchtime Jam notice: The City of Dubuque has informed 365 that due to some upcoming concrete work in the Town Clock Plaza scheduled for shortly after the Budweiser True Music Kickoff to Summer, the Lunchtime Jam locations will be disrupted for just a few weeks (the first two will still be at the Town Clock). Stay tuned to 365ink Magazine and Dubuque365.com for the latest news on our alternate location, (Hint: It'll probably be Washington Park.)



BUDWEISER NIGHTLIFE BY PHONE 588-4365

Have you got what it takes to...



Calling all Artists...

In June, the merchants of the 1000 Block of Upper Main Street will host a sidewalk art show designed to give you an opportunity to showcase your expressive and creative abilities.

Chalk the Block will be held on Saturday, June 6th (rain date is June 13th). Pastels are the medium and works produced are temporary -- ON the sidewalk! Materials will be provided for all artists. You need only provide your talents and enthusiasm. However, space is limited.

Divisions

Youth: 13 to 18
Adult: Over 18

Prizes

Drawings will be judged on technique, use of color, composition, and creativity.
First Prize: \$100
Second Prize: \$50
Third Prize: \$25

Further information available at:

RiverLIGHTS

1098 Main St. Days: 10-6*
563.556.4391 Ends: 10-4
rib2e@mchsi.com (*Thurs till 9)

The 2009 Jam Season Starts on Friday, May 15th

365 Lunchtime Jam

May 15 Denny Garcia
May 22 Broken Rubber Band
May 29 Mauren Kilgore

FREE LIVE MUSIC • GREAT FOOD!

FRIDAYS

11:30 AM - 1PM • TOWN CLOCK PLAZA

JAMS WILL NOT HAPPEN IN THE CASE OF INCLEMENT WEATHER AND ON HOLIDAYS



GENEROUSLY SPONSORED BY

PREMIER BANK Expect the Best.
CB Cottingham & Butler
Prudential Financial
Hosted by 365ink
As always, great food by... Carlos O'Kelly's

365

Get prescriptions for **99¢** per week or less!

Here for Life!

Ask Pharmacist for Details;

- 157 Locust St
- 2255 JFK Road
- 1600 University Ave
- 2225 Central Ave
- 11002 Bartell Blvd, Galena
- Stone Creek Plaza, Dyersville
- 200 McGregor Plaza, Platteville

HARTIG
Drug



Regular 365ink readers undoubtedly picked up our last issue not only for our cover story on ten years of KGRR's Midwest Music Makers, but also for our pull-out centerfold poster/calendar listing dozens of Dubuque-area festivals and events. It's been a popular annual issue since we first published it two years ago and this year is no different.

All this is to say, that the people of Dubuque (and the surrounding area) love their festivals, and rightly so. Summertime in Dubuque rocks, literally! So it's with no disrespect to Main Street's Puttzin' or even 365's own Lunchtime Jam series, but it doesn't truly feel like the festival season has started until DubuqueFest takes over Washington Park and we can all enjoy a beverage while watching live music under the Town Clock. Well believe it or not, that time is just around the corner.

The annual "all-arts festival" sponsored by the Dubuque County Fine Arts Society rolls back around each year on the third weekend of May. This year, the festival's 31st falls on the weekend of May 15, 16, and 17. In addition to the Art Fair in Washington Park, DubuqueFest features three days of free concerts on two stages, the annual Old House Tour, free kids' art tent and a book release by the Dubuque Area Writers Guild.

The weekend starts on Friday, May 15, at 5 p.m. with a concert at the Town Clock featuring the salsa, cumbia, and merengue of Lucho Rey y Su Salsera, followed by Oxford, Mississippi-based roots rock and alt-country band Blue Mountain. A trio that helped to define the '90s alt-country sound with punk energy, Blue Mountain's core is the former couple Cary Hudson and Laurie Stirratt (who also happens to be the twin sister of Wilco's bass player John Stirratt). The band dissolved in 2002 following



Lucho Rey y Su Salsera

the couple's breakup, but reunited with original drummer Frank Couch in the summer of 2007, recording a new album last year and continuing to tour with their incendiary live show.

Friday evening will also feature the Dubuque Area Writers' release of their annual anthology with a reading and reception at the Dubuque Museum of Art from 7 p.m. Music & Dance collects poetry and "micro-literature" by local and regional writers, with each piece being only 100 words or less. The public is invited to the reception which will feature a reading by a number of writers included in the anthology.

Saturday, May 16, is when the festival really launches into full swing with the Art Fair in Washington Park, entertainment on both the Town Clock and Gazebo stages, and the Old House Enthusiasts' annual Old House Tour (see the accompanying cover story for full details). The Art Fair, always free and open to the public will feature exhibits by local and regional artists in a variety of media, from painting and pottery to glass, jewelry, fabric, metal, and wood.

Also located in Washington Park during

Continued on Facing Page.



the Art Fair is the Kids' Art Tent. This year's interactive activities will draw their inspiration from the bilingual children's storybook *a Perfect Season for Dreaming: Un tiempo perfecto para sonar* by Benjamin Alire Saenz. Trilingual readings, piñatas, an interactive mural, and a mariachi band will all be part of the experience. (Read more about the Kids' Art Tent in the accompanying article.) There will be the usual inflatable rides and kids games next to the Kids' Art Tent along the park on 7th Street.

Of course the entertainment continues on both the Town Clock and Gazebo stages throughout the weekend. Saturday at the Town Clock starts at 10 a.m. with the dance routines of the Dubuque Community Y Blue Jays, followed Prescott School's steel drum group PanrythmiX. Saturday afternoon features performances by both the Dubuque Senior and Hempstead High School jazz bands.

Bridging the afternoon-to-evening time slot with a performance scheduled will be Fort Collins, Colorado band Motorhome. Playing something that falls between rock music with a country edge or roots music with rock attitude, Motorhome is sure to bring the horsepower of a full-size RV to the Town Clock stage. Motorhome will be followed by Alma Sub Rosa, the local indie-pop group featuring vocalist Kristina Castañeda. Headlining Saturday evening will be the honky-tonk piano blues of David Zollo and The Body Electric.

Sunday's program starts at 10 a.m. with a series of performances by various dance groups of Dubuque Dance Studio. Jazz instigators 'Round Midnight follow with a "jazz breakfast" (or brunch depending on when the dancers finish!) with accomplished singer-songwriter Nate Jenkins opening the afternoon. Iowa City's The Awful

Purdies finish out Sunday afternoon at the Town Clock. A five-member all-female band (featuring Dubuque's favorite daughter Katie Roche), the Awful Purdies play music that draws on roots as diverse as the women who create it.



John Moran

Not to be left out, the Gazebo stage will feature singer-songwriter and acoustic guitarist extraordinaire Gayla Drake Paul and folk/rock/blues artist John Moran on Saturday afternoon and the Dubuque Fiddlers and the gypsy-meets-Americana-roots-music of Painted Saints band-leader Paul Fonfara on Sunday. Check the accompanying music schedule for the times of all performances.

Last but certainly not least of festival features is the fabulous food Dubuque-Fest offers. All the usual favorites will be back, brats, burgers, barbecue, and of course a variety of fine beers, served up by the Dubuque Jaycees. Music and dance, art, literature, food, and fun – what better way to open the festival season than with a whole weekend of DubuqueFest?

MOTOR SPORTS MANIA

May 4 - May 25

"Lowest Slots in Iowa"

- Casino Player Magazine

More than 325 winners will share up to \$22,000 in total prizes!

CABARET Entertainment

Kiss Cover Band

Mini Rockerz

Saturday, May 30
9 pm
At the Cabaret
\$10 in advance
\$15 at the door

Country Superstar

JoDee Messina

Saturday, June 6
7:30 pm
Outdoor Show
With special guest Hoewan' Around Band
\$15 in advance
\$20 at the door

TICKETS FOR SHOWS CAN BE PURCHASED AT THE ALLURE CLUB

MYSTIQUE

Magnifique!

www.mystiquebq.com
1855 GREYHOUND PARK RD, DUBUQUE IA 52001 800-373-3647

COMPLETE RULES AVAILABLE AT THE ALLURE CENTER. SUBJECT TO BQZ APPROVAL. WAIVER/DMY ACCEPTS ALL RIGHTS. APPLICABLE AND ADHERES TO ALL STATE AND FEDERAL LAWS.



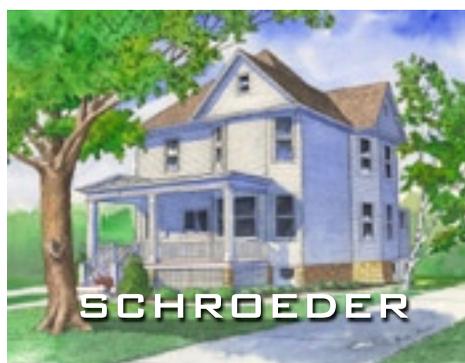
Don't forget that the 23rd Old House Enthusiasts Tour is on its way for DubuqueFest weekend, Saturday and Sunday, May 16 and 17.

There will be free van transportation between Dubuquefest at Washington Park and the tour homes. Attendees are invited to return their tickets to the ticket taker at the final home, filled out with the name, e-mail address and phone number to be eligible for a prize drawing. Prizes include gift certificates from places such as L. May Eatery, Mario's, The Bridge and Style Masters, tickets to the Bell Tower Theater and Grand Opera House, a facial from Opalus, a yearlong pass to the National Mississippi River Museum & Aquarium, greens fees for four at the Meadows Golf Course, and the grand prize is an overnight stay at the Solon Langworthy House, 264 Alpine Street.



This year's tour, hosted annually by the Dubuque Old House Enthusiasts and aimed at allowing guests a chance to observe unique examples of architecture and historic preservation in our city, takes a turn towards the south end of town, according to Old House Enthusiasts member Gwen Kosel, who sat down with 365 to explain a bit about this year's tour. Locations to be visited on the tour include the Schroeder home at 96 North Grandview Avenue, the Heiderscheit home at 368 South Grandview Avenue, the Wahlert home at 140 Fremont Avenue, the Peckosh home at 2310 Simpson Avenue and the O'Conner home at 690 Sunset Ridge.

Advance tickets are available by calling Gwen Kosel at 563-590-6577, or e-mailing GetMoving@mchsi.com. Proceeds from this year's tour will support expansion of interpretive signage at the Four Mounds historic estate. For your convenience, a map of the tour locations is located below -- we'll be seeing you on the tour!



Tickets for the Old House Enthusiasts Tour are \$10, and may be purchased at any of the homes during tour hours.



1) Schroeder 2) Heiderscheit 3) Wahlert
4) Peckosh 5) O'Conner

PAID ADVERTISEMENT



FIND OUT WHAT'S IN AL CAPONE'S VAULT

By Claudia Grace Carson

Dubuque, IA – The time is drawing near and very soon, the mystery of the Al Capone vault and its contents will be solved. To date, the following four people have advanced to the final drawing on Sunday, May 24th.

Joan from Peosta, IA, Joe from Gays Mills, WI, Anna from Scotch Grove, IA and John from Dubuque, who upon hearing the news exclaimed: "I can't wait for the final drawing on May 24th. I know there will be 19 other winners trying to win \$10,000 in Diamond Dollars and all the cool stuff in Capone's vault, but I'm feeling lucky!"

According to reports, in the late 1920s Al Capone and his henchmen – on the run from the law, took up residence in the Hotel Julien. As a means to safeguard his stash, whatever that was, Capone had a vault installed inside his room. The fact that he had the vault installed in the first place is what leads many to believe there is in fact a large amount of money, jewelry or something else of great value inside.

After a few months at the Hotel Julien word reached Capone that his archenemy Eliot Ness was hot on his trail once again, in fact too close for comfort. He and his crew were forced to leave the Hotel Julien abruptly, under the darkness of night, leaving behind them all their earthly goods – which included the contents of the safe, much to Capone's utter dismay.

By the time Ness arrived in Dubuque, Capone and his men were long gone. They searched his room for any clue, any information that would lead to his whereabouts. In their search, they uncovered the alleged vault that safeguarded Capone's treasure but were unable to crack the code so the contents remained a mystery.

I decided to stop by the Hotel Julien itself, where I spoke to David Boudinot, General Manager. He told me of the exciting plans that he, along with Todd Moyer, the General Manager of the Diamond Jo Casino have to reveal, once and for all, the contents of the Al Capone vault.

"To have some fun with this, we've created a promotion called Get Whacked or Win," said Boudinot. "It's a humorous homage if you will to the days of tommy guns and Prohibition. The person that 'survives' will win!"

Boudinot suggested my next stop be the Diamond Jo Casino to speak with Moyer for more information.

"I can't tell you how excited we are to finally find out just what's inside the vault. This is going to be big...very big," said Moyer, obviously very anxious himself to see what's inside the vault.

He told me the plan is to hold a promotion in which one very lucky winner will not only win the contents of the vault, but will also win a free night in the Al Capone Suite and \$10,000 in Diamond Dollars that are good for free slot play at the Diamond Jo Casino.

"Entering is so easy," added Moyer. "Just come to Diamond Jo Casino and play your favorite slots and tables now through May 24th. Plus on Mondays, you can get double the entries. And, if you don't have a player's card, don't worry as membership is totally free! Then each Saturday at 3:00, 6:00 and 9:00 pm and each Sunday at 12:00, 3:00 and 6:00 pm, we'll hold drawings for Diamond Dollars. On Sunday, May 24th all the finalists will get "whacked" until one is left standing who will win the Grand Prize!"

Get Whacked or Win will run through May 24th, so stop at the Diamond Jo Casino and if you can avoid getting "whacked" you may just win \$10,000 in Diamond Dollars, the contents of the Al Capone vault and a whole lot more.

Complete details on Get Whacked or Win can be found at www.diamondjo.com.

Come in and "take a shot," it's an offer you can't refuse!



DIAMOND JO
C A S I N O

PORT OF DUBUQUE • 563.690.4800
WWW.DIAMONDJO.COM

See Diamond Club for details. Must be 21 or older.
If you or someone you know needs gambling treatment,
call 1-800-8ETS OFF.

Artful Dodger

GIVING VOICE • PAM KRESS-DUNN

As much as I like Dubuque, I love to get out of town. Day trips with some kind of loose agenda – a play to see in Spring Green, a book to search for in Madison, a Thai restaurant to try in Davenport – those are the best. I grew up taking rides in the country, and while I do still love to see another view of nature, it's often a shot of culture that propels me out of the house.

So the other Sunday found us on Highway 151, heading for Iowa City. The weather was perfect, so we ate outside at a little vegan restaurant under flowering trees made us feel like we were in a wedding. Then we wandered up East Washington to the Iowa Artisans Gallery to look at a new show by the daughter of a friend of ours. I'd seen Jenny Braig's paintings before, and I knew it was going to be hard to just look and leave. She paints with oils, so thick you can see the brushstrokes, and the colors she uses are gorgeous – deep gold for a gravel road struck by sunlight, pale aqua for a summer sky sending down rain.

Jenny (daughter of Karla and Jim) lives in Spearfish, South Dakota, after growing up in Dubuque. Her subject matter is often farms and country roads, pickup trucks and trees, but there's nothing at all trite or predictable about her work. Like any creative artist in any genre, she makes you take notice of the ordinary by making it new.

So, of course, I fell in love with one painting in particular. I said to my husband, "If money were no object, I'd take that one home." He said, "Um hm." I don't think he realized that I had come to Iowa City intending to buy one of these paintings. It wasn't a decision I made after we got there. I just wasn't sure which one I was going to want until we arrived.

We left the gallery, but only to go to Prairie Lights – that bookstore of world renown which shares its name with San Francisco's City Lights and Dubuque's River Lights – so I knew there would be time. Walking down the sidewalk, making our way among the students and the skateboarders, I began to wheedle in earnest. "Would you think I was crazy if I said I really wanted to buy one of those paintings?"

As a psychologist, he knows I don't ask questions like this for his professional opinion. He was less concerned with my sanity (though the price of the larger pieces was no small potatoes) than with the limited wall space in our home. We live in a hobbit house, otherwise known as a 1920s bungalow, a style which many people prize and which even has a magazine, *American Bungalow*, for its devotees. But what these houses have in charm they lack in vertical space. Or maybe the problem is that we've already covered what we have in a sizeable collection of art, much of it original. Not Monets, not Rothkos, but some very nice prints and watercolors by wonderful local artists like Stormy Mochal. Add in a few prints from my husband's years in Winnipeg and a family portrait or two, and there's barely room for windows.



Still, that painting of the road and the farm and the sky spoke to me. I said, "It could go over the sofa," even though we've already got two framed pieces there. He said, "What about this smaller one?" pointing to a lovely painting of a country road. I said, "But this one has the road AND a farm." He said, "Well, I'm the one who grew up on a farm; it's more evocative for me." I said, "But my mom grew up on a farm, and we were always visiting her Aunt Minnie there. I LOVE this one." Finally, he said, "I guess it could go in the kitchen."

So, dear Reader, we bought it. We decided we'd each pay half and call it our anniversary present to each

other. I offered to leave it there, so other people would be able to enjoy it until the show is over, and maybe be encouraged to buy another piece. It felt a little weird to walk away empty handed. I feel a little like we're adopting a child from China; we know what she looks like, but we can't take her home just yet.

Is this crazy, in these dire economic times? Spending money on a painting, what my dad would have called a "picture"? We never had real art growing up. I remember a dreadful, muddy brown reproduction of a mountain scene that hung for years over the living room sofa. My dad would have thought I was foolish to spend so much on a painting when I've been whining for so long about the new kitchen cabinets we so desperately need. (Well, okay. Not "desperately." But we really have no place for the cereal.)

But I think, as long as you're feeling reasonably confident that your job is stable and the bills are going to be paid and the bacon is going to arrive on the table, then the act of bringing home something extra, something beautiful, is one of the best ways to

say you're not going to let the economic terrorists win. Artists have to make a buck, after all. So do galleries. (Have you been to Outside the Lines on Bluff St. lately? Check out John Anderson-Bricker's acrylics and Mark Fowler's glass! Buy a pair of Connie Twining's exquisite earrings! They've even got some of Jenny's paintings.)

I know I'm fortunate. I will be reminded of this every time I see that golden road and those farm buildings on the horizon line and the soft blue sky of the painting Jenny named "Summer Rain" hanging above my kitchen table. And I'll be reminded of a poem I first heard when I was a wretchedly poor college student. It went something like this: "If of thy fortune thou art bereft, and of thy store there be but two loaves left, sell one, and with the dole, buy hyacinths to feed thy soul." A little beauty is just a different kind of nourishment, something you may not even realize you're hungry for.

Pam Kress-Dunn
pam2617@yahoo.com

365

Photo Reprints

Have you seen a special photograph on DigitalDubuque.com

Preserve your memory with a high quality copy today.

Call 583-7128 or visit digitaldubuque.com/email



Star Trek - A Film by J.J. Abrams (Mission: Impossible 3)

Star Trek follows the early lives of the original characters from the Star Trek series of the 1960s. The film begins with incidents surrounding the birth of James T. Kirk (Chris Pine), future captain of the Starship Enterprise. After a troubled and directionless youth, Kirk is recruited by Captain Christopher Pike (Bruce Greenwood) to join Starfleet. There, Kirk encounters Uhura (Zoe Saldana), Leonard "Bones" McCoy (Keith Urban) and Spock (Zachary Quinto). While a brilliant student, his disregard for following the rules leaves Kirk on the sidelines when

Spock's home world of Vulcan sends a distress call. As the fleet is discharged to Vulcan, Bones sneaks Kirk onto the Enterprise where they are joined by Sulu (John Cho), Chekov (Anton Yelchin) and eventually Scotty (Simon Pegg). Soon they find themselves in a battle with Nero (Eric Bana), a Romulan bent on destroying the Federation.



This new inception of Star Trek is an amazing piece of cinema. Not only does this film engage life-long Star Trek fans such as myself but it creates the opportunity for others to join the fun. Through clever plot devices, Abrams and his writing team have taken what was best about the original television and movie series and created a whole new world for them. To describe how they managed to do this could potentially give away some of the more intricate and important plot points but suffice it to say that this new cast of actors, lead by Chris Pine, can write the next chapters in the Star Trek story any way they want. And the cast of this movie is phenomenal. This Star Trek is what the first one would have been with a huge budget and 21st-century special effects. This new version will find satisfaction among die-hard fans while creating an entirely new fan base as it continues to boldly go where no one has gone before. Not even the original cast. Knowing that this cast has already committed to two sequels, this fan cannot wait to see what's next.



ROTTEN TOMATOES

Rotten Tomatoes collects the thoughts of dozens of movie reviewers across the country and averages their scores into a fresh or rotten rating. If a movie gets 60% or higher positive reviews, it is FRESH! www.rottentomatoes.com

OPENING DURING THIS ISSUE



Angels & Demons (May 15)

When Robert Langdon discovers evidence of the resurgence of an ancient secret brotherhood known as the Illuminati -- the most powerful underground organization in history -- he also faces a deadly threat to the existence of the Catholic Church. When Langdon learns that the clock is ticking on an unstoppable Illuminati time bomb, he jets to Rome, where he joins forces with Vittoria Vetra, a beautiful and enigmatic Italian scientist. Langdon and Vetra will follow a 400-year-old trail of ancient symbols that mark the Vatican's only hope for survival.



Management (May 15)

Mike Cranshaw and Sue Clausen have a chance encounter when Sue checks into the roadside motel owned by Mike's parents in Arizona. What starts with a bottle of wine "compliments of management" soon evolves into a multi-layered, cross-country journey of two people looking for a sense of purpose.



Terminator Salvation (May 22)

John Connor is the man fated to lead the human resistance against Skynet and its army of Terminators. But the future that Connor was raised to believe in is altered in part by the appearance of Marcus Wright, a stranger whose last memory is of being on death row. Connor must decide whether Marcus has been sent from the future, or rescued from the past. As Skynet prepares its final onslaught, Connor and Marcus both embark on an odyssey that takes them into the heart of Skynet's operations.



Night at the Museum 2 (May 22)

Ben Stiller returns to the role of night watchman Larry Daly in this sequel to the 2006 family film Night at the Museum. This adventure takes the action to Washington D.C, where Kahmunrah, an evil Pharaoh, will come to life with the reestablishing of a tablet as a magical force in the museum bringing the old exhibits and new exhibits (like General Custer and Al Capone) back to life.



Dance Flick (May 22)

Street dancer Thomas Uncles (Damon Wayans, Jr.) is from the wrong side of the tracks, but his bond with the beautiful Megan White (Shoshana Bush) might help the duo realize their dreams.

NOW PLAYING:

- Monsters vs. Aliens . 71% Fresh *●
- Wolverine 36% Rotten *
- Ghosts/Girlfriends Past 29% Rotten *
- Star Trek. 96% Fresh ●
- Obsessed 19% Rotten *
- Hannah Montana 44% Rotten *
- Fighting 36% Rotten *
- Last House on the Left 25% Rotten *
- Fast & Furious 24% Rotten *

THE BUZZ



Quite a cast is being assembled for director Garry Marshall's newest romantic comedy. Julia Roberts, Anne Hathaway, Jessica Alba, Jessica Biel, Jennifer Garner, Shirley MacLaine, Bradley Cooper and Ashton Kutcher are all in final negotiations to star in *Valentine's Day*, an ensemble comedy (think *Love, Actually*) which features five slightly interconnected stories that all play out during a single Valentine's Day in Los Angeles.



Judd Apatow, who is no stranger to turning in rather long cuts of his movies (both *The 40-Year-Old Virgin* and *Knocked Up* clocked in at well over two hours), has outdone himself. His final director's cut of *Funny People*, which has finally been given a PG-13 rating by the MPAA, has a runtime of 150 minutes. That's ... a really, really long comedy.



Speaking of long cuts, director McG revealed in a recent interview that while he had to cut the upcoming *Terminator Salvation* somewhat extensively to bring it under a 2-hour running time as well as to secure a PG-13 rating, the DVD release of the film will feature an approximately 30 - 45-minute-longer cut, including more of Christian Bale's John Connor character, more violent scenes, and an alternate ending.



James McTeigue, the longtime first assistant director of the Wachowski Brothers who helmed *V for Vendetta* a few years ago, has been tipped to helm the upcoming reboot of Conan the Barbarian, set to begin shooting this year. McTeigue would replace Brett Ratner (*X-Men 3*, *Rush Hour*), who was recently dropped from the film.



Rapper-turned-actor Common, who appears in the upcoming *Terminator Salvation*, is apparently extremely close to winning the role of B.A. Baracus in the upcoming remake of *The A-Team*. Common would be the first official cast member of the film, directed by Joe Carnahan (*NARC*, *Smokin' Aces*).

Mindframe Theaters • 555 JFK Road
563-582-4971 • MindframeTheaters.com
Kerasotes Star 14 • 2835 NW Arterial
563-582-7827 • www.kerasotes.com
Millennium Cinema • 151 Millennium Drive Platteville, WI
1-877-280-0211 • plattevillemovies.com
Avalon Cinema • 95 E Main St. Platteville, WI
608-348-5006 * plattevillemovies.com

LOCAL THEATERS

MILLENNIUM CINEMA
We're Not Just a Theater!
Private Screenings • Business Meetings • Special Events • Fundraisers ...and much more
plattevillemovies.com
151 Millennium Drive
Platteville, WI 53818
For showtimes:
608-348-4296
1-877-280-0211

Avalon Cinema
95 E. Main Street
Downtown Platteville
plattevillemovies.com

Podge Theatre
205 N. Iowa St. Dodgeville, WI • 608.935.5225

Grantland Theatre
218 S. Madison St. Lancaster, WI. 608.723.SHOW (7417)



MINDFRAMETHEATERS.COM

Hotline: 563.582.4971

555 John F Kennedy Rd - Behind Kennedy Mall

PATRON OF THE ARTS PROGRAM

DISCOUNT PACKAGES FOR SUPPORTERS OF INDEPENDENT CINEMA

Ask About It Today!

SHOWTIMES MAY 15-21



Angels & Demons

(PG13)
11:20, 2:05, 4:40, 7:15, 10:00

Wolverine

(PG13)
12:15, 2:30, 4:50, 7:30, 9:45



Gomorrah

(NR)
1:45, 9:35

Ghosts of Girlfriends Past

(PG13)
11:50, 2:15, 4:25, 7:50, 9:10



Star Trek

(PG13)
11:25, 1:55, 4:30, 7:05, 9:40

Sunshine Cleaning

(R)
12:05, 6:45, 9:00



The Soloist

(PG13)
11:30, 4:45, 7:30

Hannah Montana

(G)
2:20, 4:20



A NIGHT HONORING THE LEGENDARY SINGER/SONGWRITER

SALUTING BOB DYLAN ON HIS 68TH BIRTHDAY • DUBUQUE'S 2ND

BOBFEST

THURSDAY MAY 21 • SILVER DOLLAR CANTINA • 7PM-1AM

Dylan fans unite! Once again devotees of the legendary Bob Dylan will gather to celebrate his birthday and his songwriting with Dubuque's second Bobfest, Thursday, May 21 from 7 p.m. to 1 a.m. at the Silver Dollar Cantina. If it's anything like last year's Bobfest, it promises to be a great celebration of music and community.

Dubuque's inaugural Bobfest featured the combined talents of over 35 musicians in a variety of combinations that resulted in a dozen different acts performing everything from Dylan classics to obscure rarities on the Silver Dollar stage. While other Bobfests occur around the country, the Dubuque event was organized by Mary Mabusth, devout fan and founder of the Bob tribute band Nothin' But Dylan, which also features Ken Gratton on vocals, guitar, and har-

monica; Cheryl Gratton on drums; and Ron Tigges on bass.

In addition to a performance by Nothin'



HyVee HealthMarket

easier. healthier. happier.

2395 NW Arterial
563-583-2199

400 S. Locust
563-583-6148

laser skin solutions PLC

Free Consultations!

- Skin Rejuvenation
- Permanent Hair Removal
- Spider Vein Removal
- Acne and Rosacea Treatments
- Removal of Moles and Warts

Medical professionals giving a personal touch
Dr. John Hartmann, DO & Deanna Till, RN

3392 Hillcrest Road Suite 3B Dubuque, IA 52002
563.556.3327 www.LaserSkinDBQ.com

365

LIVE INFO LISTINGS BY PHONE
588-4365

365

CALENDAR

NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM
IN ASSOCIATION WITH THE SMITHSONIAN INSTITUTION

Always something **NEW** to do!

At the Lead Mines, May 30
Mathias Ham House

Pirate Festival, June 20/21
Museum & Aquarium

www.rivermuseum.com
350 East 3rd Street, Port of Dubuque, IA • Open 10 am - 4 pm Daily



DIGITAL PHOTOGRAPHY WORKSHOP

Have you ever wanted to know how to take truly stunning digital photographs, like the one above this article, or the cover shots you see on 365ink's covers? Some very dear friends of 365 have you covered! Sinno Communication in affiliation with Frame of Mind Gallery has announced a hands-on digital photography workshop set to be held on Saturday, May 30, from 8:30 a.m. until 5:30 p.m. at the Grand River Center. The workshop is designed to teach camera owners how to use the many features of their digital cameras.

Topics set to be covered in the course include:

- Freeze motion (Sports Shots)
- Take pictures in low light conditions
- Avoid red eye
- Capture detailed close-ups
- Take portrait shots
- Landscape scenes
- Use rules of composition for professional results
- Reduce blurry hand-shake photos
- Use flash for proper exposure

Guiding course attendees through their day's lessons will be acclaimed author, photographer, and educator Dr. Abdul K. Sinno, chair of the Communication Department of Clarke College, along

with his son Rafic Sinno, MBA. The Sinno's are known to longtime 365ink readers for their breathtaking work in capturing panoramic photography of the Mississippi River along its entire American run, from the waters of Minnesota, down to the Gulf of Mexico. (The photo of the flower above is one of theirs, as well.)

The Sinno's will share their tips and tricks for capturing the best photo each time you click the shutter -- and based on the work they can do, you know that they know what they're talking about.

Due to the hands-on nature of the class, focusing on personalized instruction (after all, everyone learns differently), the registration is limited to a small class size, perhaps 10 - 12 people, on a first-come, first-served basis.

To sign-up for this workshop, please contact: A Frame of Mind Gallery: 2600 Dodge St., Dubuque, Iowa 563- 583-2422 or email rafic.sinno@sinnocom.com. The workshop fee is \$145 plus tax (special limited time price). A portion of the class will be held at the National Mississippi River Museum, and that admission is not covered by the fee for the workshop.

FOUR SURE SIGNS OF SPRING

BMW Z4 | NISSAN 370 Z | HYUNDAI GENESIS COUPE | PONTIAC G8 GXP

KRUSE/WARTHAN | DUBUQUE AUTO PLAZA
600 Century Drive, Dubuque | 563.583.7345 www.DUBUQUEAUTOPLAZA.com

**St. Elias the Prophet Greek Orthodox Church Presents:
Dionysia**

**A Greek Wine Tasting
Friday, May 22
Dubuque Museum of Art**

Wine lovers have an opportunity for a unique enological experience Friday, May 22. The Ladies Philoptochos Society of St. Elias the Prophet Greek Orthodox Church will host "Dionysia," a Greek wine tasting, at the Dubuque Museum of Art from 7 to 9 p.m.



and of course the all-important baklava.

Greek wine distributor Dimitri Papageorgiou will present a selection of 21 different Greek wines at the event, representative of the new class of Greek wines. An expert on Greek wine and its production, Papageorgiou frequently travels to Greece, visiting wineries and vineyards. The event will also feature a variety of light appetizers prepared by the Philoptochos Society including cheese filo triangles, loukaniko (a specialty Greek sausage), Greek cheeses,

Advanced tickets for the event are \$30 per person and can be reserved by sending payment to "Philoptochos" c/o 3336 Arrowwood Lane, Dubuque, IA 52001 before the extended deadline of May 18. Tickets will also be available at the door for \$40. For information, call (563) 599-6073.

DUBUQUE PHOTOBOOTH

CAPTURING TIMELESS MOMENTS IN AN INSTANT

The DUBUQUE Photobooth is the FUN and unique trend for weddings and any other special event!

Perfect for..

- Weddings • Graduations • Reunions
- Anniversaries • Corporate Events
- Birthday Parties • Holiday Events

Make your event a time to remember for everyone by creating instant pictures that last a lifetime!

\$75 off all bookings by June 30th, 2009
event@dubuquephotobooth.com

www.dubuquephotobooth.com



365



OUTSIDE THE LINES ART GALLERY NEW EXHIBITS FOR MAY

Outside the Lines Art Gallery presents a new exhibit for May featuring the glass art of Quad Cities artist Mark Fowler and the paintings of John Anderson-Bricker.

Noted Iowa glass artist Mark Fowler created Liquid Fire glass studio in Rock Island, which he has operated for a dozen years. Skilled in a number of techniques, including glass blowing, casting, slumping, and cold working, Fowler creates a variety of artwork from functional vase and bowl forms to sculptural pieces. A leading advocate for glass art, Fowler has taught classes in blown glass and sculptural techniques, and has curated glass exhibits at the Dubuque Museum of Art and the Figge Museum in Davenport.

Dubuque artist John Anderson-Bricker creates paintings of intense, expressive color. Using landscape as a framework for improvisation, Anderson-Bricker begins with

preliminary, on-site studies to establish the basic mood of a piece, but allows the artwork to evolve with application of paint and the interaction of color on the canvas. Each work is an exploration of color and light, maintaining the basic structure established by the landscape forms but creating a new emotional impact in varied tonal relationships. Anderson-Bricker has made painting and sculpture his primary focus since 2001.

Outside the Lines Art Gallery is located at 409 Bluff Street (the corner of 4th and Bluff Streets) in historic Cable Car Square. Featuring the art of local and regional artists, the gallery offers fine art, stained and blown glass, jewelry, ceramics, baskets, sculpture and more. Hours for the gallery are Tuesday through Saturday, from 10 a.m. to 5 p.m. For more information, call (563) 583-9343, or visit www.otlag.com.



Effective July 1, 2007, legislation requires all children entering elementary school to have a lead test.

Lead Poisoning

ONE OUT OF EVERY SEVEN IOWA CHILDREN IS LEAD POISONED.
It's important to get a blood lead level test once a year until a child is six years old.

Lead Poisoning can:

- Affect your child's ability to learn
- Cause behavior problems
- Affect your child for their entire life

MAKE AN APPOINTMENT TODAY!

563.690.2850



Family owned for over 60 years!

Greenwood's Grocery

Your Graduation Party Headquarters!

- Turkey & Dressing & BBQ Pork
- Chipped Roast Beef & Gravy
- Grilled BBQ Pork Loins
- Homemade Potato Salad
- German Potato Salad
- Cheesy Hashbrowns and Party Potatoes
- Veggie, Fruit, or Meat and Cheese Trays
- Best Baked Beans around...

**You've tried the rest
...now try the best!**

112 1st St NW • Farley, Iowa
(563) 744-3333

A short trip makes a world of difference.



Budweiser
AMERICAN ALE
NIGHTLIFE & LIVE MUSIC

Saturday, May 16

Mississippi Man
Spirits, 9 PM - 1 AM

Falling Within
Krazy Kooters, 9 PM - 1 AM

The Do Overs
Jumpers, 9 PM - 1 AM

Tuesday, May 19

Open Jazz Jam
180 Main, 8 PM

Wednesday, May 20

Laughing Moon Comedy
Diamond Jo, 8 PM

Thurs., May 21

Lisa as Cher
Diamond Jo, 8 PM

BobFest
Silver Dollar, 7 PM - 12 AM

Shawn Healy
Comerstone, 9 PM - 12 AM

Friday, May 22

365 Lunchtime Jam
Town Clock, 11:30 AM - 1 PM

Bud True Music Kickoff
feat. Rocket Surgeons
The LoveMonkeys
Town Clock, 5 - 11 PM

Chuck Bregman
Mystique, 6 PM

Rosalie Morgan
TAIKO, 7 - 11 PM

Jeff Ward
Irish Cottage, 8 PM - 12 AM

Nothin' but Dylan
Driving Range, 8 PM - 12 AM

BuzzBerries
Bellevue Dam, 8 PM - 12 AM

HALF-FAST
The YardArm, 8 PM - 12 AM

Thursday, May 14

Dueling Pianos
Diamond Jo, 8 PM

Tribe of Three
Cornerstone, 9 PM - 12 AM

Friday, May 15

365 Lunchtime Jam
Town Clock, 11:30 AM - 1 PM

DubuqueFest
Town Clock, 5 PM

Chuck Bregman
Mystique, 6 PM

Artie & the Pink Catillacs
Mystique, 7 PM

Roy Schroedl
Stone Cliff, 7 - 11 PM

Katie & Brownie
Irish Cottage, 8 PM - 12 AM

The Castaways
Yardarm, 8 PM - 12 AM

Boys' Night Out
Driving Range, 8 PM - 12 AM

Scott Waterhouse
Cornerstone, 8 PM - 12 AM

Friday, May 15

Flipside
Diamond Jo, 8 PM

Taste Like Chicken
Sandy Hook, 9 PM - 1 AM

Minus Six
Silver Dollar, 9 PM - 1 AM



98 in the Shade
Murph's, 9 PM - 1 AM

The Do-Overs
George & Dale's, 10 PM - 2 AM

The Pines
180 Main, 9 PM

Saturday, May 16

DubuqueFest
Wash. Park/Townclock, 11 AM

Chuck Bregman
Mystique, 6 - 9 PM

Rosalie Morgan
TAIKO, 7 - 11 PM

Mary Mabusth
Stone Cliff, 7 - 11 PM

Joe Cocker
Diamond Jo, 8 PM

Katie & Brownie
Irish Cottage, 8 PM - 12 AM

The Legends
Driving Range, 8 PM - 12 AM

Motorhome
180 Main, 9 PM - 1 AM

Brothers Burn Mt.
Monk's, 9 PM - 1 AM

Special Surprise Guest
Silver Dollar, 9 PM - 1 AM

BlackBloom
Cornerstone, 9 PM - 12 AM

Jabberbox
Lux Club, 9 PM - 1 AM



Taste Like Chicken
The YardArm, 9 PM - 1 AM

Sunday, May 17

Mississippi Man
New Diggings, 3:30 - 7:30 PM

A Pirate Over 50
Dog House, 4 - 8 PM

Take 2
Park Farm, 5 - 8 PM

Grass Menagerie
Irish Cottage, 6 - 9 PM

Lonely Goats
Sandy Hook, 7 - 11 PM

1824 NEW DIGGINGS STORE
 NEW DIGGINGS WISC
 www.newdiggings.com

Food Special & Drawings

Bike Night / Hump Night
 WEDNESDAYS, 8-10 P.M.

Party in the Beer Garden
 New Diggings General Store & Inn
 Begins May 6th!

\$2.00 BUD, BUD LIGHT, BUSCH LIGHT

Come get your K.F.D. Fire Run Books!

Budweiser

LIVE MUSIC

Friday, May 15th
Minus Six

Saturday, May 16th
Dubuquefest Surprise Guest!
We could tell you, but then we'd have to kill you.

Thursday, May 21st
2nd Annual Bobfest

Friday, May 22nd
The Swing Crew

Saturday, May 23rd
Six Nights Alone & 500 Miles to Memphis

Open Mic Thursdays

LOOKING AHEAD

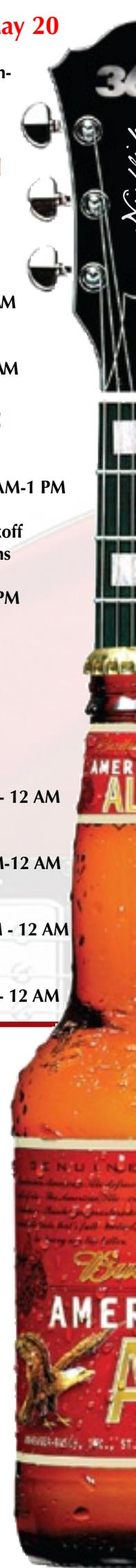
GET ADVANCE TIX!

May 29 The Melismatics
 May 30 • Brother Trucker
 Fundraiser for the Domestic
 Violence Project!
 June 6 • GB Leighton
 June 5 • OthOsol
 June 12 • Burgundy Ties
 with Nate Jenkins
 June 13 • Bonne Finken
 July 10 • Big Bang Theory
 July 11 • House of Large Sizes

Come down after Dubuquefest!
 Join us for dinner before the show!

SILVER DOLLAR CANTINA

342 MAIN STREET | 563.584.1729 | SILVERDOLLARDUBUQUE.COM



Friday, May 22

Okham's Razor
Perfect Pint, 8 - 11 PM

Ryan McIntyre
Mystique, 8 PM - 12 AM

Bonkerz Comedy
Mystique, 8 - 10 PM

James Kinds/All-Night Riders
Catfish Charlie's, 8 PM - 12 AM

Jobless
Cornerstone, 8 PM - 12 AM

Laura/Longhairs
Murph's, 9 PM - 1 AM

Stumble Brothers
Sandy Hook, 9 PM - 1 AM

Shame Train
180 Main, 9 PM - 1 AM

The Swing Crew
Silver Dollar, 10 PM - 2 AM

Saturday, May 23

Menace
Dirty Ernie's, 6 - 10 PM

Chuck Bregman
Mystique, 6 PM

David Kloft
Stone Cliff, 7 - 11 PM

10 Years
Diamond Jo, 8 PM

Jeff Ward
Irish Cottage, 8 PM - 12 AM

Saturday, May 23

Ryan McIntyre
Mystique, 8 PM - 12 AM

Bonkerz Comedy
Mystique, 8 - 10 PM

Scott Waterhouse
Cornerstone, 8 PM - 12 AM



Artie & the Pink Catillacs
Dog House, 8 PM - 12 AM

Julien's Bluff
Spirits, 9 PM - 1 AM

Massey Road
Pit Stop, 9 PM - 1 AM

500 Miles to Memphis
Silver Dollar, 9 PM - 1 AM

Kindred Kana
Jumpers, 9 PM - 1 AM

Old Panther/Wild Animals
180 Main, 9 PM - 1 AM

Pat Smith/Rich Wagor
Monk's, 9 PM - 1 AM

Sunday, May 24

Laura/Longhairs
New Diggings, 3:30 - 7:30 PM

Broken Rubber
Cornerstone, 5 - 9 PM

Jeff Ward
Irish Cottage, 6 - 10 PM

Taste Like Chicken
Sandy Hook, 7 - 11 PM

Tuesday, May 26

Open Jazz Jam
180 Main, 8 PM

Wednesday, May 27

Laughing Moon Comedy
Diamond Jo, 8 PM

Thursday, May 28

Masoko Tanga
Irish Cottage, 7 - 11 PM

Dueling Pianos
Diamond Jo, 8 PM

Eddy Burke
Monk's, 8 PM - 12 AM

Shawn Healy/Jimmy Berg
Cornerstone, 9 PM - 12 AM

Friday, May 29

Chuck Bregman
Mystique, 6 PM

Roy Schroedl
Stone Cliff, 7 - 11 PM

Ian Gould
Irish Cottage, 8 PM - 12 AM

Friday, May 29

The Do-Overs
The YardArm, 8 PM - 12 AM

Kevin Beck/Johnnie Walker
Mystique, 8 PM - 12 AM

Dan Heim
Cornerstone, 8 PM - 12 AM

The BuzzBerries
Diamond Jo, 9 PM - 1 AM

Jeremiah Nelson
180 Main, 9 PM - 1 AM

Miles Nelson
Monk's, 9 PM - 1 AM

The Melismatics
Silver Dollar, 9 PM - 1 AM

Saturday, May 30

Ian Gould
Irish Cottage, 8 PM - 12 AM

Kevin Beck/Johnnie Walker
Mystique, 8 PM - 12 AM

Okham's Razor
Cornerstone, 8 PM - 12 AM

Brother Trucker
Silver Dollar, 9 PM - 1 AM

Jabberbox
Jumpers, 9 PM - 1 AM

MINI-KISS
Mystique, 9 - 11 PM

Zero 2 Sixty
Bulldog's, 9 PM - 1 AM

One Hat Broken Rubber
180 Main, 9 PM - 1 AM

LIVE MUSIC & ENTERTAINMENT VENUE FINDER

- **180 Main Restaurant & Pub**
180 Main Street, Dubuque • 563-584-1702
180main.com
- **Ace's Place**
107 Main St W. Epworth, IA • 563-876-9068
- **Anton's Saloon**
New Diggings, Wisconsin • 608-965-4881
- **Bricktown**
299 Main Street, Dubuque • 563-582-0608
bricktowndubuque.com
- **Captain Merry**
399 Sinsinwa Ave., East Dbcq, IL • 815-747-3644
captainmerry.com
- **Catfish Charlies**
1630 E. 16th St, Dubuque • 563-582-8600
catfishcharliesonline.com
- **Cornerstone**
125 N. Main Street, Galena • 815-776-0700
- **Courtside**
2095 Holiday Drive, Dubuque • 563-583-0574
- **Dagwood's**
231 First Ave. W. Cascade, IA • (563) 852-3378
- **Denny's Lux Club**
3050 Asbury, Rd. • (563) 557-0880
- **Diamond Jo Casino**
Port of Dubuque • 563-690-2100
diamondjo.com
- **Dino's Backside (Other Side)**
68 Sinsinawa East Dubuque • (815) 747-9049
- **Dirty Ernie's**
201 1st St NE, Farley, IA • 563-744-4653
- **Dog House Lounge**
1646 Asbury, Dubuque • (563) 556-7611
- **Doolittle's Cuba City**
112 S. Main, Cuba City, WI • 608-744-2404
- **Doolittle's Lancaster**
135 S. Jefferson St., Lancaster, WI • 608-723-7676
- **Dubuque Driving Range**
John Deere Road, Dubuque • 563-556-5420
- **Dubuque Greyhound Park & Casino**
1855 Greyhound park Road • 563-582-3647
dgpc.com
- **Eagles Club**
1175 Century Drive, Dubuque • (563) 582-6498
- **Eichman's Grenada Tap**
11941 Route 52 North, Dubuque • 563-552-2494
- **Five Flags Civic Center**
405 Main Street • 563-589-4254 Tlx: 563-557-8497
- **Gin Rickeys**
1447 Central Ave, Dubuque • 563-583-0063
myspace.com/ginrickeys
- **Gobbie's**
219 N Main St, Galena IL • 815-777-0243
- **Grand Harbor Resort**
350 Bell Street, Dubuque • 563-690-4000
grandharborresort.com
- **Grape Escape**
233 S. Main St., Galena, IL • 815.776.WINE
grapeescapegalena.com
- **The Hub**
253 Main St., Dubuque • 563-556-5782
myspace.com/thehubdbq
- **Irish Cottage**
9853 US Hwy 20, Galena, Illinois • 815.776.0707
theirishcottageboutiquehotel.com
- **Jumpers Bar & Grill**
2600 Dodge St, Dubuque • 563-556-6100
myspace.com/jumpersdbq
- **Knicker's Saloon**
2186 Central Ave., Dubuque • 563-583-5044
- **M-Studios**
223 Diagonal Street, Galena, IL • 815-777-6463
m-studios.org
- **Mississippi Moon Bar**
Port of Dubuque • 563-690-2100
diamondjo.com
- **Monk's Coffee Shop**
373 Bluff St, Dubuque • 563.585-0919
- **Mooney Hollow Barn**
12471 Highway 52 S. Green Island, IA
(563) 682-7927 / (563) 580-9494
- **Murph's South End**
55 Locust St. Dubuque • Phone 563-556-9896
- **New Diggings**
2944 County Road W, Benton, WI • 608-965-3231
newdiggs.com
- **Noonan's North**
917 Main St. Holy Cross, IA • 563-870-2235
- **Perfect Pint / Steve's Pizza**
15 E. Main St., Platteville, WI • 608-348-3136
- **Pit Stop**
17522 S John Deere Rd, Dubuque • 563-582-0221
- **Sandy Hook Tavern**
3868 Badger Rd. Hazel Green, WI • 608-748-4728
- **Silver Dollar Cantina**
342 Main Street, Dubuque, 563-556-4558
- **Softtails**
10638 Key West Drive, Key West, IA • 563-582-0069
- **Star Restaurant and Ultra Lounge (2nd Floor)**
600 Star Brewery Drive, Port of Dubuque •
563.556.4800 www.dbqstar.com
- **Stone Cliff Winery**
600 Star Brewery Dr., Port of Dubuque •
563.583.6100
stonecliffwinery.com
- **Sublime**
3203 Jackson St., Dubuque • 563-582-4776
- **Thums Up Pub & Grill**
3670 County Road HHH, Kieler, WI • 608-568-3118
- **The Yardarm**
Dubuque Marina, Near Hawthorne • 563-582-3653



Presented By
The Diamond Jo Casino
and
Mystique Casino



Tim Walkoe
Diamond Jo Casino
Wednesday, May 20, 8 p.m.
Non-stop laughter from start to finish, according to the Chicago Tribune. Seen on America's Funniest People!



Glen Gerard
Mystique Casino
Fri/Sat, May 22/23, 8 p.m.
With his unique brand of humor and magic, award-winning magician and entertainer Gerard is sure to please!



Don Reese
Diamond Jo Casino
Wednesday, May 27, 8 p.m.
Don's hilariously bizarre outlook takes him from Batman to the Amish, bikers to bus rides.

GET ON THE LIST

If you feature live entertainment and would like to be included in our Venue Finder, please drop us a line...
info@dubuque365.com or 563-588-4365.

Budweiser
KICKOFF TO SUMMER 2009
 THE LOVE MONKEYS
 ROCKET SURGEONS

Time flies when you're drinking beer and listening to live music under the Town Clock, apparently. Not only is summer nearly here and ready to be kicked-off but this year's Kickoff to Summer is the 6th annual – THE EIGHTH ANNUAL! When did that happen? Seems like it was only yesterday...



Anyway, the important thing here is that Budweiser and Music and More Promotions once again present the perfect opener to Memorial Day weekend, the weekend that serves of course as the opener to the summer season. Friday, May 22, is the date and the Town Clock is the place. The entertainment will begin at 5 p.m. with the Rocket Surgeons, featuring 365's own Bryce Parks in the role of chief of rocket surgery. The Surgeons are themselves in

their fifth consecutive year opening the big show. This year, the Surgeons' current lineup has been together for more than two years and is sounding tighter than ever. Oh, yes: It's time to rock out to some of your favorites like "Don't Stop Believin'" and others. Of course, with it being an under-the-Town-Clock show, the boys always bring something extra and something fun to the Kickoff. You'll have to come down to see what this year has in store.

Headlining the festival will be one of the Midwest's favorite party bands, the Love Monkeys. A popular festival act throughout the Midwest for more than a dozen years, the Milwaukee band has drawn a legion of devoted fans for its energetic and entertaining live shows. Playing a mix of popular covers and original reggae-inflected material, the band weaves fun, upbeat songs into a non-stop musical show, often playing medleys that incorporate diverse source material and alternative versions of popular songs. If you haven't seen them, trust us on this one – this is music perfect for drinking beer under the Town Clock.

Plus there will be all kinds of food and there is no admission fee. If that ain't a Kickoff to Summer, we don't know what else is. The True Music Summer Kickoff is sponsored by Budweiser, Music and More Promotions, 365ink, the Diamond Jo Casino and Pinnacle Cellular. For more information, visit www.Dubuque365.com.





THE BEST IN LIVE ACTION COOKING
 One bit of advice when you visit The Kitchen Buffet: come hungry!

LUNCH
 \$10.95
 Mon – Sat: 11:00 am – 3:00 pm

DINNER
 \$14.95
 Sun – Thurs: 5:00 – 9:00 pm

FRIDAY SEAFOOD BUFFET
 \$19.95
 5:00 – 10:00 pm

SATURDAY PRIME RIB & STEAK BUFFET
 \$19.95
 5:00 – 10:00 pm

SUNDAY CHAMPAGNE BRUNCH BUFFET
 \$14.95
 10:00 am – 3:00 pm

10% senior citizen discount.



DIAMOND JO
 C A S I N O



PORT OF DUBUQUE • 563.690.4800 • WWW.DIAMONDJO.COM

Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS OFF.

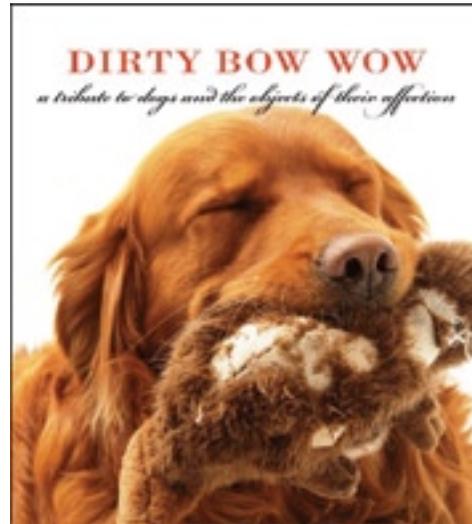


Special Events

No offense to the mega-retailers in the area, and we fully understand the convenience of hopping on a computer and ordering a book from Amazon or whatever, but there is nothing that can match the personal touch of an independent bookseller ... an independent bookseller like, say, River Lights Bookstore 2nd Edition at the corner of 11th and Main! While River Lights boasts a wonderful selection of books, audiobooks and other such liter-

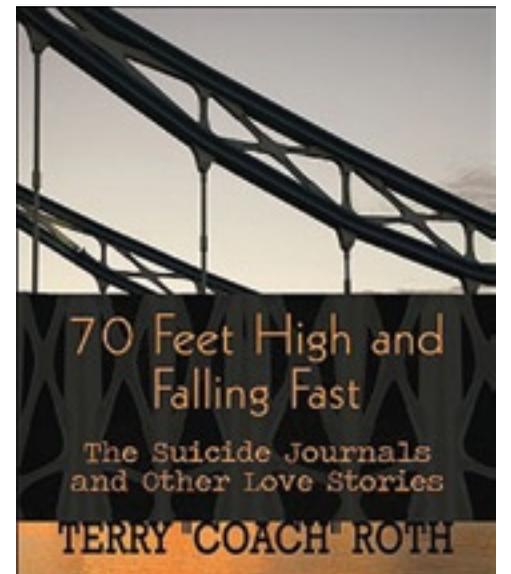
ary goodies, the store also has something else going for it -- a bevy of one-of-a-kind, special events aimed at book lovers and more.

Take, for example, the Dirty Bow Wow Dog Toy Drive on Saturday, May 23. Hosted in conjunction with the Dubuque Humane Society, the event is exactly what the name suggests: A dog toy donation. Anyone who brings in a dog toy to



donate to the Dubuque Humane Society on that day will be entered into a drawing to win gift cards to both the Humane Society's Kennedy Mall location (this 365ink editor just picked up some great Mother's Day gifts over there) as well as River Lights itself, and they will also be entered into a drawing to win the dog lover's book of the year, *Dirty Bow Wow: A Tribute to Dogs and the Objects of Their Affection*, by Cheryl & Jeffrey Katz.

Also coming soon is a book signing with Terry "Coach" Roth scheduled for Sunday, May 24. Roth is known as the author of *70*



Feet and Falling Fast: The Suicide Journals and Other Love Stories. Roth jumped from the Julien Dubuque Bridge in 2004 in an attempt to end his life. While he was falling, he realized that life was still worth living. Roth will appear from 1 - 2 p.m.

River Lights Bookstore, 2nd Edition, is located at 1098 Main Street and is open from 10 a.m. - 6 p.m. Monday - Wednesday and Friday, 10 a.m. - 9 p.m. on Thursdays, and 10 a.m. - 4 p.m. on Saturdays and Sundays. For more information, visit www.rlb2e.com or call 563-556-4391.

Is your business
stuck in yesterday?



365 has a dozen Social Media Ideas to Transform **Commodity & Complacency** into **Community** to enhance your **Competitive Advantage**.

- Rethink customers as your **Customer Community**
- Replace Advertising Campaigns with **Permanent Relationship Building**
- Revive Sales Plans with **Confidence Maps**
- Re-imagine Website as **Global Broadcast Centers**
- Redefine Social Networking using **Social Media**
- Rethink "Community" as your "**Competitive Advantage**"

Plan for tomorrow, contact 365 today.

365ADVANTAGE
THE SCIENCE OF .COMMUNITY

563.588.4365 | www.365advantage.com



Dubuque Giving.org
In the world of non-profits ...every penny is gold!

Where Donors and Non-Profits Meet.

www.dubuquegiving.org

Contact Patty@365advantage.com for more information.



ON DUBUQUE notes from the mayor

“City’s Process to Prepare a Unified Development Code”

By Mayor Roy D. Buol

Three years ago, the City undertook a process to prepare a Unified Development Code (UDC). As explained, the intent of a UDC is to provide a user-friendly ordinance format that implements the goals and objectives of the adopted Comprehensive Plan, recognizes the diverse physical characteristics of Dubuque’s neighborhoods, and encourages planned and managed growth. The City’s process seeks to combine zoning, sub-division, sign and historic preservation regulations in a UDC to meet this goal. The process began with the solicitation of proposals from qualified professional consultants.

The City’s long-range goals including maintaining compact and contiguous development; accommodating projected residential, commercial and industrial expansion; and facilitating planned and managed growth on the City’s fringe. The city is restricted from expansion on its East side due to the Mississippi River, and is challenged by rugged terrain and limited roadway systems on the north and south.

Since 1997, the City has spent approximately \$13 million for land acquisition, water and sewer main extensions, construction of City streets, and site development costs for the Dubuque Industrial Center West. These investments on the west side have opened up potentially thousands of acres of land to meet development needs, with the capacity to serve those needs.

The City of Dubuque has continued and strengthened its commitment to funding and partnerships for downtown revitalization and historic preservation. Partnerships and City investments have been key in the revitalization of Downtown. There are seven National Register districts in Dubuque, with six of them in and around Downtown. Downtown Dubuque contains many institutional, commercial, and industrial buildings that are architecturally significant and reflect a variety of styles and materials. Other Downtown buildings house a mix of uses, with first floor retail/office uses and opportunities for uses on the upper floors.

As a consequence, Dubuque’s develop-

ment pattern varies within the corporate limits. Most vacant developable land lies on the City’s urban fringe. There is very little vacant developable land in the core of the City.

For years before “smart growth” became a buzz word, the City of Dubuque has employed smart growth principles in planning and managing the community’s growth and development, and since 1995 the Dubuque Comprehensive Plan has included goals and objectives that incorporate smart growth principles such as encouraging City-County cooperation, and developing policies that enhance development of fringe areas and avoid unregulated sprawl.

The project’s objectives are to (1) conform with local, state and federal codes; (2) be relevant for Dubuque (!); (3) be user-friendly; and (4) streamline the process. The project consultant has been working closely with a Technical Committee, Citizen Advisory Committee, a Sign Review Advisory Committee, and other key community stakeholders such as focus groups. The second half of the project involved testing the draft and final versions with key City staff, key community stakeholders, community groups, Zoning Advisory Commission, Zoning Board of Adjustment and City Council.

The first draft of the UDC will include references to the current Ordinances so that comparisons can be made. All of the existing, updated and new sections of the UDC will be reviewed with the Technical Committee, and then prepared to reflect the work program, public input received, and input and direction from public officials.

Not news is that concerns with Zoning and Subdivision Ordinances have emerged over time. The City Council desires a UDC that results in quality development, that provides for flexibility in development design, and that streamlines the development review process. At the same time, the Council wants the City of Dubuque to remain competitive for growth and expansion of local and regional residential, office, retail, commercial and industrial markets. The first of four City Council worksessions on the first draft of the UDC was held Monday, May 11th. Stay tuned for future updates!

do what you love

Summer Classes Starting SOON!

- Cosmology 2100 hours (15 months)
- Esthetics 720 hours (8 months)
- Massage Therapy 720 hours (8 months)
- Nail Technology 400 hours (15 weeks)

- Classes starting every two months
- Fun/friendly environment
- Graduate in less than a year
- Three weeks to try us out*
- Weekly advanced classes*
- High teacher/student ratio
- Lots of hands on experience
- Learn the newest trends, including hair and eyelash extensions

*Ask for details.

395 Main in Dubuque
563.588.2379
800.728.0712
capricollege.edu

Present this ad and receive 25% off retail

CAPRI college hair skin massage nails

1108 Locust Street
Dubuque, Iowa

Monday - Friday
6 a.m. to 2 p.m.
Saturday
7 a.m. to 1 p.m.

The **Naughty Dog**
Coffee Bar & Deli

Pet friendly on all of our outside decks & patios!

- Fresh Brewed Coffee & Teas
- Fresh Squeezed Juices
- Made to Order Hot & Cold Sandwiches
- Meats Roasted In-House
- Breads Baked Fresh Daily
- Home-Made Potato & Pasta Salads
- Made From Scratch Desserts
- Home-Baked Doggie Treats

“Get a leg up on your day!”

365's RECURRING NIGHTLIFE CALENDAR

ENTERTAINMENT YOU CAN SET YOUR WATCH TO!



Tuesdays

Pub Quiz - 180 Main, 8 p.m. - First 3 Tuesdays of the month
Open Jazz Jam - 180 Main (Upper Level), 8 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Wednesdays

Laughing Moon Comedy - Diamond Jo Casino, 8 p.m.
WJOD Wild West Wed - (Country Dancing), Fairgrounds, 7 p.m. - 11 p.m.
Karaoke - C-Sharp, A&B Tap, 8 p.m. - 12 a.m.
Karaoke - Becky McMahon, Denny's Lux Club, 8:30 p.m. - 12:30 a.m.
Karaoke - Bubblz Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Thursdays

Live Music - Robbie Bahr & Laura McDonald, Gobbies, Galena, 9 p.m. - 1 a.m.
Y-105 Party Zone - Dbq Co. Fairgrounds, 7 p.m. - 10 p.m.
Dueling Pianos - Diamond Jo Casino, 8 p.m.
Open Mic Showcase, Silver Dollar Cantina, 9 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Bubblz Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Becky McMahon, Ground Round, 9 p.m. - 12 a.m.
Karaoke - Flyin' Hawaiian, Shannon's Bar, 9 p.m. - 1 a.m.
Karaoke - Soundwave, Bulldog Billiards, 9:30 p.m. - 1:30 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

Fridays

Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Flyin' Hawaiian, Sublime, 9 p.m. - 1 a.m.
Karaoke - Becky McMahon, Champps (Every Other Friday), 9 p.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Brian Leib's Essential Entertainment, Aragon Tap, 9 p.m. - 1 a.m.
DJ Music - Main Event DJ, Gin Rickeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

Saturdays

Live Comedy - Arthur House Restaurant, Platteville, 9 p.m. - 10:30 p.m.
Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Bubblz Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, George & Dales, (East Dub.) 9 p.m. - 1 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Starburst Karaoke, w/Dave Winders, Instant Replay, 9 p.m. - 1 a.m.
DJ Music - Main Event DJ, Gin Rickeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.

Sundays

Open Mic with Sean Kramer (Mississippi Flat Miners), A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, Knicker's Saloon, 9 p.m. - 1 a.m.
Karaoke - Phoenix Entertainment, The Hangout (East Dub.), 9 p.m. - 3 a.m.

If you have updates, additions or corrections to the recurring nightlife calendar, please contact 365 with the new information @ info@dubuque365.com!



FAMOUS DEAD ARTISTS:
JAMES MCNEIL WHISTLER

most of his adult life in England and Europe earning praise for his wit and his work from some, while stirring controversy through his outspoken behavior and attitudes with others. Known for the subtle tonal qualities of his paintings, Whistler delighted in naming his works in the manner of musical pieces, which infuriated critics.

James McNeil Whistler will be interviewed by Museum Director Ed Ritts in a format modeled after the Bravo television series "Inside the Actor's Studio with James Lipton." The Famous Dead Artist Lecture Series is recommended for adults. The event is free to members and \$5 for non-members. This installment of the Famous Dead Artist Lecture Series is sponsored by Mediacom. The Dubuque Museum of Art is located at 701 Locust Street. For more information, visit www.dbqart.com, or call the Museum of Art at (563) 557-1851.

Fans of the Dubuque Museum of Art's Famous Dead Artist Lecture Series should mark their calendars for Thursday, May 21. Third in the 2009 series, 19th Century American painter James McNeil Whistler will appear for an informal interview at the museum from 7 p.m. Whistler, probably best known for his 1871 painting Arrangement in Gray and Black: The Artist's Mother (more commonly known as "Whistler's Mother") will be played by Fly-By-Night Productions' co-founder and artistic director Lenore Howard.

Though born in America, Whistler spent



365

Budweiser MIDWEST CONCERTS & SPECIAL EVENTS



India.Arie

House of Blues, Chicago • May 17

Crystal Method

House of Blues, Chicago • June 8

Kenny Chesney

i Wireless Center, Moline • June 11

Ron White

Wisconsin Dells • June 13

Earth, Wind and Fire

Rosemont Theatre, Chicago • June 26

Echoes of Ireland

Barrymore Theatre, Madison • June 26

Better Than Ezra

House of Blues, Chicago • June 27

George Jones

Wisconsin Dells • June 27

Keith Urban

i Wireless Center, Moline • June 28

Richard Cheese

House of Blues, Chicago • July 31

Bob's Book Reviews

WOW!

by Bob Gelms

I can't tell you how much I enjoyed Olen Steinhauer's *The Tourist* which is something of a problem for me because that's exactly what I'm supposed to do. If you read the propaganda his publishing house is putting out you'd think he was the heir apparent to John Le Carre'. The thing is, and God forgive me for saying this, but, they might be right. As I read it I couldn't get a number of great spy novels out of my head; books like, *The Spy Who Came In From The Cold*, *Our Man In Havana*, *The Quiet American*, *The Ipcress File*, *The Secret Agent* and, *Casino Royale*. *The Tourist* belongs on that list as firmly as any of them. This isn't an action packed, although it has a lot of action, international spy thriller written for your kids. This is a grown up international spy thriller. It's like the difference between *Star Wars* and *2001: A Space Odyssey*.

Mr. Steinhauer has written a series of murder mysteries set in an unnamed

Eastern European country ruled by Communists. These novels have been well received ; to make it all that more interesting he is an American living with his family in Budapest, Hungry. *The Tourist* is not part of that series and the way Mr. Steinhauer ends the books it looks like we might be seeing a sequel. I certainly hope so.

I don't know if the term Tourist is used in the spy trade but it sure makes a nifty metaphor. Milo Weaver works for the Central Intelligence Agency in a super secret section known as Tourists. These are clandestine operatives that have no home, no permanent identity, very little if any family, and rarely come back to the United States. They spend their time traveling from country to country living in hotels, getting assignments by cell phone and using credit cards with no limits. In other words, if you didn't know about their undercover doings, they would look, for all intents and purposes, like tourists.

Milo spent many years living this elaborate deception and now has a small problem trying to live in the real world. He has retired from field work and in the ensuing years has acquired a wife, a child, and a job as a mid-level manager in the New York office of the CIA. The arrest of an international assassin that Milo has been trying to catch for years sets off an investigation of a CIA operative in Europe who also happens to be the only friend Milo has. When he starts to look into the situation, many things don't add up. There is something of a nice reversal here in that when Milo was a Tourist his job was to make it seem to the enemy that nothing they discovered was real and that everything had two or three other valid explanations. Milo is now on the receiving end of this sort of deception. It is a testament to Mr. Steinhauer's considerable talent that he can keep the reader informed about all these deceptions without causing major confusion. While the plot is complex it is easy to follow if you pay a little attention. Milo has also been deceiv-

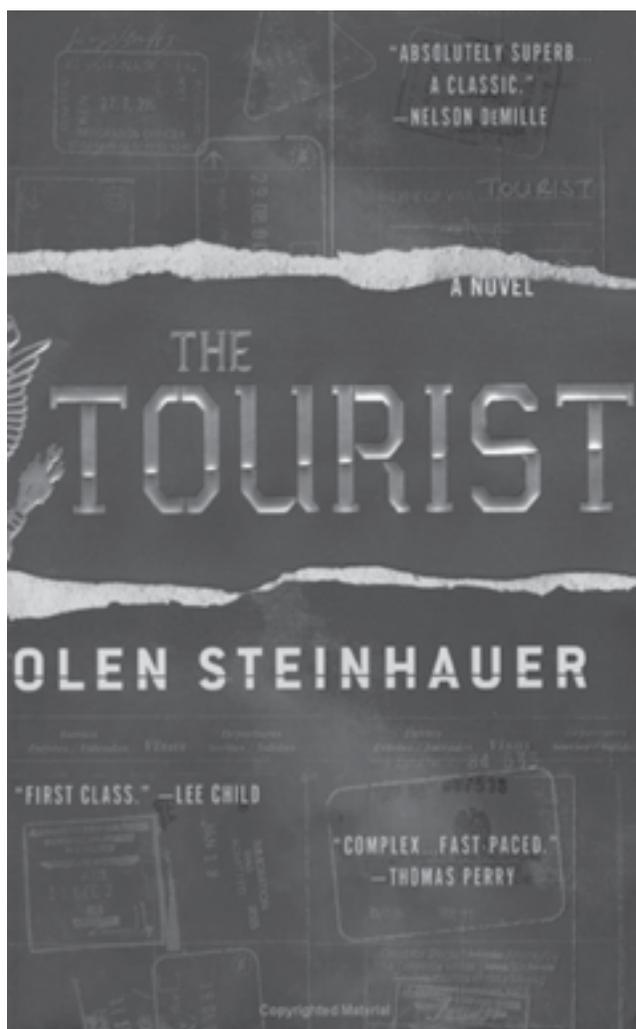
ing his wife about his past. She knows he was undercover but has no idea the extent of his activities. Milo is trying to keep it from her for fear that she will be shocked by his lies into leaving him.

Like all of the great spy novels *The Tourist* takes us on a roller coaster ride but it also uncovers the human toll on the men and women who do this sort of thing in order to protect the United States from danger. It's a very high price and these people pay it, occasionally with their lives, all without any public recognition.

Milo, himself, has secrets that he is keeping about his past that the CIA doesn't know; the hinting of which makes Milo look like a traitor. *The Tourist* has more layers than an onion and it is as fascinating as a novel can get detaching those layers to see what they hide. It works out in the end but not the way you might expect. None of the reveals feel forced. They all come out of a natural progress of the characters through the novel. This book is a hum-

ding. It is one of the best spy novels I have ever read and one of the best novels of any genre I've read in years. Don't let *The Tourist* get away because I can almost guarantee that you'll be hearing more from Olen Steinhauer and, I very much hope, Milo Weaver.

Ed. Note: Book lovers, take notice! Don't miss some exciting special events coming up at River Lights Bookstore, 2nd Edition, located at 1098 Main Street in Dubuque throughout the next few weeks. Turn to Page 19 of this issue of 365ink for all the details!



365



Arena & Theater Events

Fly By Night Productions Present:

The Bad Seed

June 5-6 & 12-13 at 8pm
June 7 & 14 at 2pm in Bijou Room

WWE Presents:

RAW Live

June 21 at 5:00pm in Arena

AEG Live Presents:

Gaither Vocal Band

Reunited Tour 2009

September 12, 2009 at 6:00pm in Arena

Tickets on sale May 18 at 10am!

Box Office: Mon.-Fri. 10am-5pm
ticketmaster.com • 1-800-745-3000

FIVEFLAGSCENTER.COM






Tell Your Boss' Boss

Your company depends on you to do a good job and if something or someone is preventing you from doing a good job, your supervisors should know. If you have a co-worker with a crappy attitude, you have two choices: give up or do something about it. If you want to do something about it, follow these steps: 1. Tell your co-worker – they may not know they have a crappy attitude. 2. Tell your boss – crappy attitudes crush morale, lower productivity, and affect the bottom line. 3. Update your resume – this is a good idea, especially if you're making waves. 4. Tell your boss' boss – continue reading.

If you've told your direct supervisor and have seen no results, your next step is to tell the boss' boss. To change your environment, you must continue going up the chain of command. It is important because one person with a crappy attitude can have a negative impact on the entire company. Communicating with supervisors can be tricky. Remember, there is often more pressure on your supervisors than on you. Keep your cool and follow these workplace communication tips and you will be on your way to a better work environment.

Make an appointment – Bosses have work to accomplish too.

Timing – When you ask can be almost as important as what you ask.

Be prepared – Have an agenda and communicate accurately.

Find Common Ground – common ground makes for easier communication.

Smile – It make communication smoother.

Eye Contact – Displays trust and confidence.

Body Language – Be aware that your body language makes up over half of the message.

Mirror your boss – Communicate the way your boss communicates.

Be Clear – Confused minds always say no.

Be patient – Your supervisors must give employees a chance to correct their behavior.



Everyday, you have many people to communicate with: your significant other, your children, your friends and the guy at the gas station, among others. However, your supervisors are people you communicate with that affect your life significantly. If your supervisors are not aware you are unhappy, how can they help? Follow the above steps to effectively communicate with someone who has direct control over you. Tell your boss' boss may not be easy, but it may be necessary to improve your workplace environment.

1% Mattitude Improvement Tip

Scarcity

According to Robert Cialdini's book, Influence, the scarcity principle is wanting what we're afraid we can't have. The fear of losing out on something is an extremely powerful motivator. Whether it's a potential mate, a used car, or an item on sale, once its availability is threatened we WANT IT! 'While supplies last', 'today only', 'going out of business', and that deal that's only good

until tomorrow will come back the day after. Be careful not to be rushed into a purchase through the scarcity principle, the deals will still be there. The "scarcity" pitch is the reason you have the ginsu knives in your kitchen.

CYA - Check Your Attitude! Like it or not, your ATTITUDE determines your success (or lack thereof). Check Your Attitude daily! Call 563-773-matt.



Spring Brings
New Things
Now featuring fresh styles
from Thomas Dean
(formerly Tailorbyrd)



890 Main St. Dubuque 563.583.3670
Mon & Fri: 9a - 8p
Tues-Thurs: 9a - 5:30p
Sat: 9a - 5p

365

24 365 Features Life Stiles

A Wave of the Past... Plus the Future

by Jeff Stiles

Located in a modest three-story concrete building along 18th Street, the global offices of Clampworks look like a typical downtown apartment building—not the former Dubuque Furniture & Burial Cases Company, or the original location of Crescent Electric Supply Company, or the headquarters of a decades-old business that produces manufacturing clamps for companies throughout the United States.

Welcome to Clampworks, a local business founded 30 years ago by wood craftsman and former John Deere employee Keith Clark. His Dubuque-based company creates universal clamps featuring molded aluminum alloys for strength and butterfly handles for convenient one-hand operation.

“The idea for the business grew out of the fact we had a cabinet shop and did a lot of high-end reproduction millwork and antiques, and we needed a lot of the old hand-screw clamps,” explains Keith, who also describes himself as an avid collector of antiques. “Those clamps were expensive, however, so we decided to make them ourselves. Then everyone wanted to buy just the metal hardware for them, so we started

to sell kits to make them all across the U.S. Mainly people come in and ask for a particular clamp to be made, and we design and build and market them.

“We make all sorts of bar clamps, and they’re a really nice, lightweight product for making woodworking items such as cabinets and chairs. And then we make a cabinet clamp that someone would use for a face-frame if they’re making kitchen cabinets. Another would be a clamp for a bookcase, which would hold the shelf-board into the sideboard.”

Clampworks actually operates in three different locations throughout the tri-states, with kiln-dry facilities in Illinois and Wisconsin, a sawmill, and an assembly center at their headquarters in Dubuque.

“Years ago we had a really big business, with big accounts such as Menards Lumber and a lot of people working here,” Keith recalls. “But the Chinese have copied all our clamps so badly there’s not too much left. But I think you see that problem all across the United States in manufacturing. When we started there were probably 50 companies making clamps, but there’s only us plus one other company left—



MY DEFINITION OF SUSTAINABILITY IS A DOUBLE-ORDER OF CHEESE STICKS
WHAT'S YOUR STORY, A LOOK AT INTERESTING DUBUQUERS

365ink

GET MORE ONLINE 24/7/365 @ www.DUBUQUE365.com

MAY 14 - 27

and we’re probably both hurting.”

Keith reports that Clampworks has done a lot of high-end millwork in and around Dubuque over the years, such as creating all the trim in the Dubuque County Courthouse and for the Captain Merry Inn & Guesthouse in East Dubuque, or dovetailing coffins for the New Melleray Abbey monastery south of Dubuque.

Another interesting aspect of Clampworks is the role they have in cutting wood parts for musical instruments for companies such as Martin Guitars. “Our clamps go to a lot of companies that do musical instrument work, because our products have cork pads on them,” he explains. “They’re real mild, and you can adjust how much pressure you’re putting on them.”

“And then we make clamps as odd as violin-making clamps. A violin is probably one of the most hand-built instruments—the face and back of them are all hand-carved—and our clamps bind the two skins together. As far as we know, we’re the only maker in the United States for those.”

According to Keith, anything made out

of wood is a truly recyclable material, which makes him very comfortable in his occupation. “It seems like we’re hardly using wood at all anymore—not in this country, at least,” he says. “I’ve been trying to get the city to put in a biomass combined-heat/energy system to burn wood in Dubuque, but there’s a lot of resistance against that. If people burn wood, though, it’s environmentally safe. It’s carbon-neutral during a time when everyone is worried about carbon.”

In the meantime, Keith continues to put into practice what he preaches, manufacturing top-quality clamps and wood products for a variety of customers, hoping for a future biomass energy system for our city, and even recycling the wood byproducts created by over 150 machines in use at Clampworks.

“In the building here, we take all the sawdust and press it into a briquette that we burn to produce heat for the building, he says. “Everything that comes in here gets used up, one way or another.”

And that, my friends, is the very definition of sustainability.

An advertisement for TRICOR INC. featuring two men standing in a bicycle shop. The man on the left is wearing a dark polo shirt with "FREE FLIGHT is covered..." printed on it. The man on the right is wearing a light blue dress shirt and a striped tie, with "are you?" printed on it. Above them is a large blue banner with the TRICOR INC. logo and the word "INSURANCE" in large letters. At the bottom, a blue bar contains the text: "TRI-COR INC. • INSURANCE AND FINANCIAL SERVICES 500 IOWA STREET, DUBUQUE, IA • 563.556.5441".

EATING HEALTHY



With **HyVee HealthMarket** Nutritionists
PAT FISHER & MEGAN DALSGING

In one study, people who ate two eggs and toast with jelly (no butter) lost 65% more weight than those who ate a bagel with cream cheese. Why? Eggs, with their great protein, keep you feeling full longer and less likely to snack on healthier items throughout the day. Both groups (eggs or bagels eaters) ate the same number of calories for breakfast but the protein-rich breakfast group ate fewer calories in the 24-hour period after breakfast than the other group. They also reported feeling less hungry three hours after eating their eggs. The study found no significant difference in cholesterol and triglyceride levels between the groups.

Another study showed that teens who ate a protein-rich breakfast were less hungry and ate fewer calories at lunch. The effect was more pronounced in teens who ate solid protein (eggs) than those who drank protein-rich beverages. Skipping breakfast has been associated with a higher BMI (body mass index) in children and teens.

Did you know that one egg has 13 essential vitamins and minerals? It also has high-quality protein, antioxidants and only 70 calories. Eggs also contain the nutrient choline which is essential for fetal and infant brain development.

Try to add some spring vegetables to your favorite omelet recipe for an even more nutrition-packed breakfast. The recipe below is from www.hy-vee.com and would make an excellent start to an otherwise ho-hum morning! Talk to your Hy-Vee registered dietitian for more helpful breakfast ideas.

RECIPE Baked Ham and Egg Casserole Serves 4.

All you need
5 Sparboe™ eggs
1/4 cup diced ham
1/4 cup skim milk
1/4 cup shredded cheddar cheese
1/4 cup sour cream
1 tbsp finely chopped green pepper
1 tbsp finely chopped onion

All you do
Preheat oven to 325 degrees. Spray an 8-by-4-inch loaf pan with non-stick cooking spray.
Beat eggs in a large bowl. Whisk in ham, milk, cheese, sour cream, green pepper and onion. Pour into prepared pan.
Bake, uncovered, 45 minutes or until center is nearly set. Let stand 5 minutes before serving.

Common Kitchen Challenges – Kids!

Are you having trouble getting your kids to eat a healthy diet or try new foods? You might want to try this approach – get them involved! Have fun! The next time you plan your shopping trip, make it an adventure with your child. Tell them you're going on a scavenger hunt.

Make a separate list for the kids. List several healthy foods and let them find them as you shop. Kids might like to add bananas, apples, crackers, spaghetti, peanut butter, cereal, ground beef, raisins, milk, eggs, frozen vegetables and cheese sticks to their lists.

Use NuVal* to your advantage. As your child finds the various foods on his/her list, have your child locate the NuVal score. Challenge them to "trade up for health." Teach them that the higher the score, the higher the nutritional value (AKA - better for you).

Get them involved in the budget. Ask your children to identify what's on sale today. Ask them to compare the prices on different juices.

Blast your Fat with Breakfast

If you've managed your late-night snacking, you're probably really hungry when you wake up. Don't be in too much of a hurry to take time for a healthy breakfast. Many studies show that breakfast can help you blast your fat throughout the day.

My new checking account
is making me rich!

XLNT!

Cash Rewards Checking

To earn rewards:

- 15 signature-based debit card transactions must post during your statement cycle
- Sign up for direct deposit and eStatement

Go to www.BigFatInterest.com
for more information.

4.01% APY*
ON BALANCES \$.01 TO \$20,000

1.01% APY* ON BALANCES OVER \$20,000
.25% APY* ON BALANCES NOT MEETING REWARD REQUIREMENTS

DB&T
DUBUQUE BANK & TRUST
MEMBER HEARTLAND FINANCIAL USA, INC.
Great Things Happen!™

Dubuque 563.589.2000
Farley 563.744.3354
Epworth 563.876.3209
Holy Cross 563.870.2315



LIVE MUSIC SHOWCASE

By Mike Ironside

Except for Motorhome's appearance on May 16, 180 Main goes positively regional if not downright local for the rest of May. And that's pretty cool. Check it out.

The Pines

Friday, May 15

Iowa-born and now Minneapolis-based The Pines return to native territory for a show at 180 Main on May 15. Consisting of David Huckfelt and Benson Ramsey, the two were casual acquaintances when they both lived in Iowa City, but it wasn't until they found each other living in Tucson, Arizona that they began playing together. Ramsey is of course son of legendary performer and producer Bo Ramsey, and has inherited his father's love of roots music and spare arrangements. The approach works well for the duo, allowing intimate, nuanced vocals to take center stage in songs that seem to open up like a Midwestern landscape moving toward the horizon.

Motorhome

Saturday, May 16

Following up their afternoon show at the DubuqueFest Town Clock stage, Fort Collins-based Motorhome will roll the roots rocking RV down Main Street to play the post-festival party at 180 Main. If any of Tommy and Ellen's friends are still standing after two full days of celebrating their nuptials, we will likely find them there. Congratulations indeed!



Shame Train

Friday, May 22

Iowa City's Sam Knutson returns to 180 Main with his band Shame Train, Friday, May 22, his first show in Dubuque since Shame Train's farewell to Isabella's show in March. Sorry folks but you missed it – a great show by a great band performing great songs in what was the best sounding room in Dubuque. But here's your chance to catch one of Iowa City's best singer-songwriters with his spot on band right there in the friendly confines of 180 Main. I also suggest buying his CDs – any one of them, you can't go wrong.

Continued on Page 29.



PLAY BALL!

Mojo's Sports Bar at the all-new Diamond Jo Casino is the place to go to catch all the baseball action this season!

Come enjoy...

MLB Extra Innings® – never miss a pitch from any game!

GO 4 FOR 4 during every Chicago game.

Chicago Dog, Chips, Bottle of Old Style® beer, and Crackerjacks®, all for just \$4!



DIAMOND JO
C A S I N O

PORT OF DUBUQUE • 563.690.4800 • WWW.DIAMONDJO.COM

Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS-OFF.

365

Yes, 365 makes Websites
...and so much more.



Iowa Great River Road



Grand River Center



Diamond Jo Casino

Yours could be next.
Contact 365 today.

365ADVANTAGE
THE SCIENCE OF .COMMUNITY

563.588.4365 | www.365advantage.com

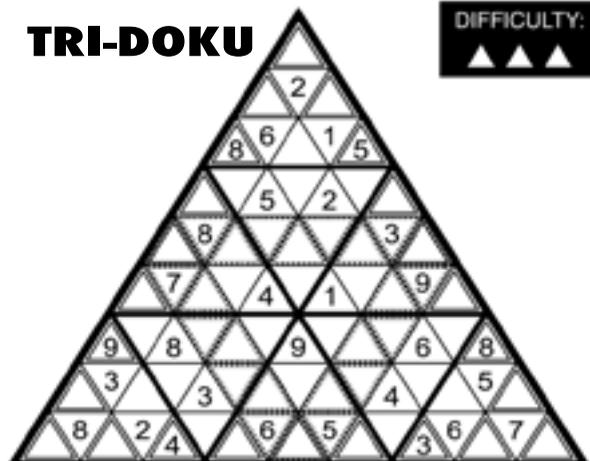
ANSWERS TO ALL PUZZLES ARE ON THE NEXT PAGE - THAT'S RIGHT, NO WAITING ... YOU BIG CHEATER!

WELCOME TO OUR ALL NEW TIME-KILLING 365 PUZZLE PAGE

SUDOKU

		6		7	2		9	
	7				1	5		3
4		8	6				2	
	1			5		4		6
	2	4			3	9		
5			1	9			8	
6			3			1		2
3		1		2				8
	8		7	6		4		

TRI-DOKU



DIFFICULTY:
▲▲▲

- The numbers 1-9 must be placed in each of the NINE LARGE triangles.
- The numbers 1-9 must be placed in the three legs of the OUTERMOST triangle.
- The numbers 1-9 must be placed in the three legs of the INVERTED INNER triangle.
- No two neighboring (touching) cells may contain the same number.

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Avid	E _ _ _ _	Place a bet	W _ _ _ _
2. Walk heavily	_ U _ _ _	Very agile	_ I _ _ _
3. Be at odds	_ _ _ _ H	Bracelet fastener	_ _ _ _ P
4. Float aimlessly	_ _ I _ _	Current of air	_ _ A _ _
5. All tuckered out	_ _ _ _ D	Grain measurement	_ _ _ _ L
6. Black eye	_ _ _ N _	Shake with cold	_ _ _ V _
7. Sheriff's helpers	_ _ S _ _	Self-assurance	_ _ I _ _
8. Escapade	_ _ P _ _	Serve wedding food	_ _ T _ _
9. Sleep cushion	P _ _ _ _	Weeping tree	W _ _ _ _
10. Extend one's arm	_ _ _ H _	Respond	_ _ _ T _

HOCUS-FOCUS BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Lampshade is different. 2. Suit pattern has changed. 3. Uniform is different. 4. Plant is missing. 5. Window and drapes are wider. 6. Bed's hair is different.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals Q, it will equal Q throughout the puzzle. Solution is accomplished by trial and error.

Clue: U equals Y

MW UAE'QJ ESTIFJ CA
WMSB UAEQ YMSOMSO
DTQCSJQ, UAE'FF
DQAITIFU IJ T
BEJC-UAEQYJFWJQ.

The Gym

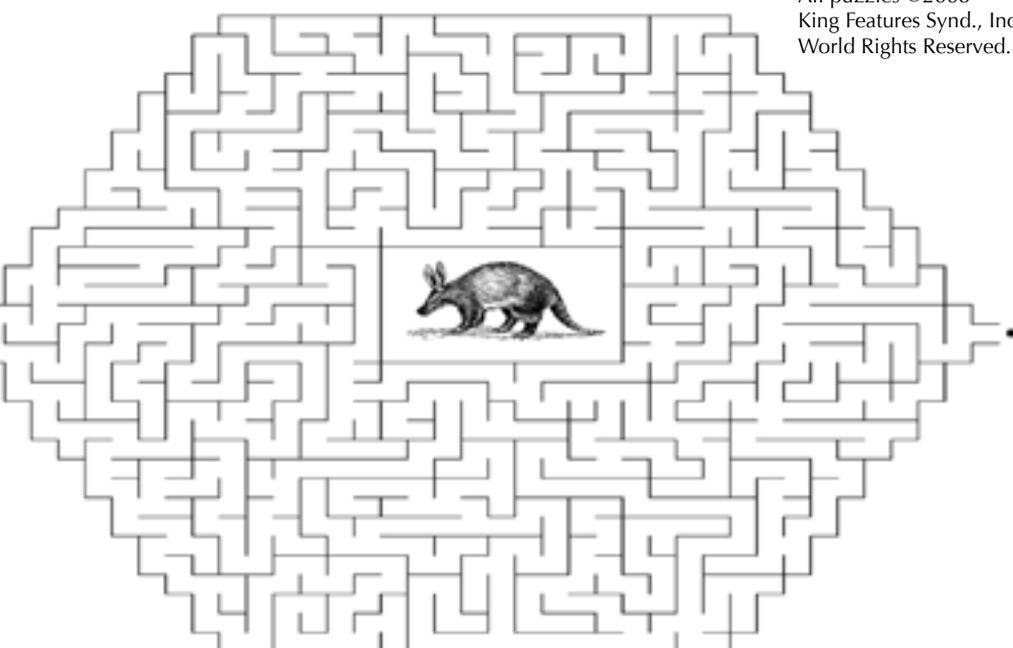
COME AND EXERCISE YOUR BODY!

1097 Elm Street Dubuque, IA 52001
563.556.6GYM www.thegymdubuque.com

Super Crossword GET THINGS GOING

ACROSS	1 Florida athlete	6 TV's "Queen for..."	10 Some wines	14 Barrel	18 "Pal Joey" author	19 Hoffmann creation	20 Schemes	22 "All..." (84 film)	23 View a parade?	25 Sai of "Giant"	26 Parka feature	27 Sneq's pack	28 Palo..., CA	29 Plagiarize?	31 Perplex	33 Mendicant monk	36 Bathe in butter	37 Diminish	40 "The Waste Land" poet	41 Nomad pad	42 Downsize the WBA?	46 Tigris-Euphrates land	47 Globe	50 Neighbor of Tenn.	51 Thiss and that	52 Reeves of "Sweet November"	53 Norm	54 Yank opponent	55 Director Kurosawa	56 Nest noise	58 Dodge	60 Exorbitant	61 Any time now	62 Hook on a hank	63 Exchange	66 Forgo snacks?	71 "Say it — So" (83 hit)	72 Pool shot	74 Spellbound	75 Birth-related	77 Japanese dog	78 Your neighbor's kids	80 Extinct lomon?	81 Paris' L'—de Triomphe	84 Guitarrist Paul	85 Antitoxin	87 Regular	88 Mouna —	89 Chemical ending	90 Tizzy	91 Make the beds?	94 State of confusion	95 Trickster	96 Host a roast	97 Mournful poem	99 Dieter's dish	100 Corday's prey	103 Prepare to wrestle?	105 Parotky or Teasdale	106 "Well, I'll be!"	109 Kuwaiti ruler	110 Precise	112 Shop til you drop?	115 Hawaii's state bird	116 Ravi-shing instrument?	117 Kid at court	118 What i.e. stands for	119 Genealogy diagram	120 Ward of "Sisters"	121 "It's been —"	122 Soprano Fleming	DOWN	1 Wedding wear	2 "Poquod" captain	3 "Cheerful" mythical monster	5 "Go, team!"	6 In any way	7 Football's Lovell	8 Designer Gucci	9 "Absolutely" Musberger	10 Tach meas.	11 Bring to light	12 Patron	13 — aerobics	14 Share the mike	15 In progress	16 Cure	17 Converso competitor	21 Tofu source	24 "— Girls" (79 smash)	30 Feast	31 Enjoyed 30 Down	32 Vanquish	33 Tomer's tormenter	34 Rock's — Supply	35 Lewis stats	37 Out of range	38 II temper	39 Jeddah gentleman	40 Singer James	41 Pittail	43 Vexed	44 Rosey of the Rams	45 Silent star?	46 Cloth finish?	47 Iridescent stones	48 Hazardous gas	49 Sportscaster	52 Pain in the neck	56 figg plants?	57 Owl's cry	58 Colorado resort	60 Detect	61 "Gil, Garfield"	63 Prepare perch	64 Rouse	65 Originate	67 Bloomsbury buggy	68 Curry country	69 Facilitated	70 Commando weapons	73 Rub	76 Gibson of tennis	78 Soft cheese	79 Furrow	80 Gen.	81 Robt. — Blist Du Schoen" (37 song)	82 Learning method	83 Instance	86 Pepin and lipase	87 Muck	91 Costa del —	92 Green org.	93 CPR provider	94 Lay down the law	95 Imp	97 Glue guy	98 Singer Franko	99 Condition	100 Mrs. Simpson	101 Sign of spring	102 Seance sound	103 Confined	104 Geometry term	105 Fawn's father	106 Singer Campbell	107 Otherwise	108 Tivoli's Villa d'—	111 Singing syllable	112 Loser's locale	113 "Bei — Bist Du Schoen" (37 song)	114 Citrus cooler
---------------	-------------------	-----------------------	---------------	-----------	----------------------	----------------------	------------	-----------------------	-------------------	-------------------	------------------	----------------	----------------	----------------	------------	-------------------	--------------------	-------------	--------------------------	--------------	----------------------	--------------------------	----------	----------------------	-------------------	-------------------------------	---------	------------------	----------------------	---------------	----------	---------------	-----------------	-------------------	-------------	------------------	---------------------------	--------------	---------------	------------------	-----------------	-------------------------	-------------------	--------------------------	--------------------	--------------	------------	------------	--------------------	----------	-------------------	-----------------------	--------------	-----------------	------------------	------------------	-------------------	-------------------------	-------------------------	----------------------	-------------------	-------------	------------------------	-------------------------	----------------------------	------------------	--------------------------	-----------------------	-----------------------	-------------------	---------------------	-------------	----------------	--------------------	-------------------------------	---------------	--------------	---------------------	------------------	--------------------------	---------------	-------------------	-----------	---------------	-------------------	----------------	---------	------------------------	----------------	-------------------------	----------	--------------------	-------------	----------------------	--------------------	----------------	-----------------	--------------	---------------------	-----------------	------------	----------	----------------------	-----------------	------------------	----------------------	------------------	-----------------	---------------------	-----------------	--------------	--------------------	-----------	--------------------	------------------	----------	--------------	---------------------	------------------	----------------	---------------------	--------	---------------------	----------------	-----------	---------	---------------------------------------	--------------------	-------------	---------------------	---------	----------------	---------------	-----------------	---------------------	--------	-------------	------------------	--------------	------------------	--------------------	------------------	--------------	-------------------	-------------------	---------------------	---------------	------------------------	----------------------	--------------------	--------------------------------------	-------------------

MEGA MAZE



All puzzles ©2008 King Features Synd., Inc. World Rights Reserved.



TRIXIE KITSCH BAD ADVICE FOR THE STUPID

Warning: Do not take Trixie seriously. We mean it.

Dear Trixie:

My husband and I are not getting along. He is always criticizing my cooking, my housecleaning skills and my weight gain. We've been married for sixteen years and it's only become intolerable in the last 10 months. I was always under the belief that fights should be resolved before bedtime. He gives me the cold shoulder and doesn't seem to want to resolve anything. I feel so sick to my stomach that I can't sleep.

--Red Eyed

Dear Red Eyed:

You should never go to sleep mad. Stay up and plot your revenge.

Dear Trixie:

There's this boy in my homeroom who had a massive crush on me last year. He followed me around school and twice he rode past my house on his bike. He got really cute over the summer and now that I want to hang with him he's totally ignoring me. I think I might be in love with him. How can I get him?

--Courtney in 201B

Dear Courtney:

Step One: Smile. This is a simple way to show him you're not stuck up. Step Two: Maintain eye contact while asking him about his summer. This will show that you're not retarded. Step Three: Say something subtle like, "Want to have sex?" and then do it. Just be careful you don't slip up and say you love him or he'll be off like a prom dress.

Dear Trixie:

I'm going to college this fall at the University of Iowa. My mom was a Chi Omega sister and she thinks I should definitely join a sorority. What do you think?

--Future Freshman

Dear Future Freshman:

Sororities are a great way for you to meet people and learn new ways to vomit up food.

Dear Trixie:

I'm engaged to a great girl! She's smart and funny and genuinely kind to people. Unfortunately, my mother, who's 84, does not feel the same way. She goes out of her way to belittle my girlfriend at family functions and when my girlfriend politely ignored the insults, my mother actually glowered at her. My brothers and sisters and I were horribly embarrassed and my fiancée, though hurt, remained gracious. She even made excuses for my mother! This has happened nearly every time we're there and I just don't think I can watch her go through it again. The minute we get home my girlfriend bursts into tears. I told her my mother has done this with every spouse who has joined our family but that doesn't seem to lessen the pain. How can I stop my mother from being such a cruel, nasty witch?

--Anonymous

Dear Anonymous:

When she's not looking hit her really hard in the head with a shovel.



Dr. Skrap's completely useless HOROSCOPES

Aries You've been eating healthy for over a month, losing weight and feeling great, and if you don't get a damn brownie in the next ten minutes someone is going to have to die.

Taurus Taco Bell is open on Locust Street. So you can now ask a new set of drive-up people how it makes sense that a value meal includes two Chalupas and a side of... another taco? Should not it come with rice, or beans, or potatoes, or chips? Esta loco, hombre!

Gemini The luster of free furniture for the hauling decreases exponentially by the weight per square foot divided by the amount of graspable parts above knee height plus the distance moved. You might be better off going with Ikea.

Cancer Your infant son looks more and more like his father everyday. Cross your fingers that happens to be the man you are with, especially if he's been led to believe it is so. It just makes for uncomfortable trips to grandma's for the holidays.

Leo You play that guitar like it's an extension of your body. Unfortunately, you are the least coordinated person I've ever met, so no help there. Have you considered how it would look as a lamp?

Virgo Skip your to plans to take up jogging this summer. You're just going to get hit by a guy pulling out of McDonald's after his morning round of pancakes and cigarettes.

Libra You squeaked by on rent this month, but the shine on the new set of wheels you're sporting on your rusted convertible is almost as lustrous as the sparkle on your new iPhone. It's the American way.

Scorpio You're not too quick on the movie quotes, but someone in the office is. Still, you have the magic touch with dialing the telephone. However, you're going to have to start letting other people win the movie trivia contest on the radio or they're going to discontinue the contest.

Sagittarius You're beta testing a cellular telephone implant that remains permanently in your ear. It's perfect for you. Unfortunately, you're on hold with that one insufferable client who's beta testing a new head that remains permanently in his rear.

Capricorn Saying you are reinventing yourself means you were embarrassed about who you were before. Is that really the way you want to go on this one?

Aquarius Take a vacation and go to the workplaces of everyone who camps out in your office all day and interrupts you from getting work done. Park yourself until they're good and uncomfortable. Your vacation is wasted. But the point is made.

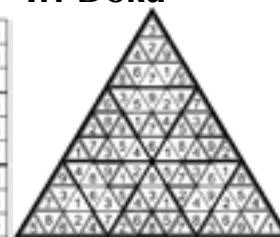
Pisces Your unwillingness to compromise quality causes you work all the harder and get little sleep. Conversely, it causes your competition to get very little sleep as well. So you must be doin' it right.

PUZZLE ANSWERS from page 27

Sudoku

1	3	6	5	7	2	8	9	4
9	7	2	4	8	1	5	6	3
4	5	8	6	3	9	7	2	1
8	1	9	2	5	7	4	3	6
7	2	4	8	6	3	9	1	5
5	6	3	1	9	4	2	8	7
6	9	7	3	4	8	1	5	2
3	4	1	9	2	5	6	7	8
2	8	5	7	1	6	3	4	9

Tri-Doku



Cryptoquip

If you're unable to find your singing partner, you'll probably be a duet-yourselfer.

Crossword



Even Exchange

1. Eager, Wager
2. Lumber, Limber
3. Clash, Clasp
4. Drift, Draft
5. Bushed, Bushel
6. Shiner, Shives
7. Posse, Poise
8. Caper, Cater
9. Pillow, Willow
10. Reach, React

Mega Maze



365 POP QUIZ?

THE ANSWERS Questions on Page 6

1. B) Dubuquefest is hosted by the Dubuque County Fine Arts Society.
2. A) The Nash home housed the Rocco Buda Gallery.
3. C) The Continuum is located outside the Dubuque Public Works Building.
4. C) Rhomberg is a well known name, but not a pharmacy.
5. A) Sweet corn shows up later in the year.
6. B) Fountain Park Plaza will host the Thursday market.
7. D) The S. Grandview area is on the Old House Enthusiasts' dance card this year.
8. B) It is the Zebulon Pike Lock and Dam #11
9. C) Johnny Petrakis is Dubuque's "Mr. Baseball."

180 Main Entertainment Continued from Page 26



Sami Sue's Birthday Bash Old Panther, The Wild Animals, Alma Sub Rosa Saturday, May 23

180 regular and JR's squeeze Sami Sue celebrates her golden birthday on the 23rd with a stellar lineup of Dubuque's finest original rock. I can say that since I'm not playing in this one. And can you believe she's 23?! They grow up so fast. I'm not sure on the order of that night, but considering Jon Eagle would have to pull double duty (Old Panther and The Wild Animals) let's hope Kristina and Alma Sub Rosa rock the middle slot so Jon can down a five-hour energy shot and maybe get a massage. Wait ... that would mean that Bob Bucko would have to play two sets in a row. Well you guys figure it out and don't look at me, but somebody deserves a massage. If you don't know who any of these people or bands are, you should just come on down. Bring a video camera and start a reality TV show.

Jeremiah Nelson and the Achilles Heel Friday, May 29

Madison experimental folk singer/song-

writer/guitarist Jeremiah Nelson brings his new four-piece rock band the Achilles Heel to 180 Main Friday, May 29. In addition to Nelson, the Achilles Heel features Adam Cargin on drums and vocals, Justin Bricco on lead guitar, and Landon Arkens on bass. Nelson played shows previously in Dubuque under his solo moniker Patchwork. Remember? With his quirky knack for melody, Nelson in any of his incarnations is one to watch.

The One Hat Broken Rubber Orchestra Band Saturday, May 30

The One Hat Band is the "classic" Bre- itbach collective family band. The Broken Rubber Band is Ma and Pa (Pearl and Michael) doing their duo show (now that the kids are rambling the countryside and winning battles of the bands, etc.). So I'm going to guess that The One Hat Broken Rubber Orchestra Band is some configuration that includes most of the family and maybe even elements of River and The Tributaries. Maybe there will be multiple sets with a variety of configurations. In any case, you can bet there will be a variety of instrumentation, harmonization, an somewhere along the line somebody will sing "Shady Grove."

Mark your calendars...

For June 5 for Jim The Mule with special guests Inchworm, June 6 for bluesman Michael Coleman and The Backbreakers, June 11 for New York band The Rosewood Thieves with special guests Slick, June 12 for the Mississippi Hill Country blues of Kent Burnside and the New Generation, and June 13 for the Iowa City funk of The Uniphonics.

Authentic Mexican Cuisine
LOS AZTECAS

Expires May 31, 2009
LOS AZTECAS
10% OFF PURCHASE
Tax and gratuity not included. Limit one per customer per visit. Not valid with any other offer. Dine in only. Excludes Fridays and Saturdays.
2700 Dodge Street | Dubuque | 563.584.0212
975 Galena Square | Galena | 815.777.9066
www.losaztecasonline.com

Expires May 31, 2009
LOS AZTECAS
Orders of \$15 or more receive
\$2.00 OFF
Orders of \$25 or more receive
\$4.00 OFF
Tax and gratuity not included. Limit one per customer per visit. Not valid with any other offer. Dine in only. Excludes Fridays and Saturdays.
2700 Dodge Street | Dubuque | 563.584.0212
975 Galena Square | Galena | 815.777.9066
www.losaztecasonline.com

2700 Dodge Street | Dubuque | 563.584.0212
975 Galena Square | Galena | 815.777.9066

365

LIVE INFO LISTINGS BY PHONE

588-4365

COMEDY

NIGHTLIFE

MOVIES

582-3283

FREE

- HOME STAGING SERVICE
- 1 YEAR SERVICE GUARANTEE
- PRE-INSPECTION SERVICE
- MOVING TRUCK TO USE

*A whole new approach
to selling homes!*

BRICKS & MORTAR
REAL ESTATE

www.BricksAndMortarRealEstate.com



ENTERTAINMENT

by Mike Ironside

Wow. May is a busy month at the Dollar and June looks to be no different. Let's get at it. (Oh, and be sure to check out the Mark your calendar section!)

Minus Six Friday, May 15

With an actual count of just four members –

playing piano, saxophone, bass, and drums, somewhat in the manner of Ben Folds Five (who were actually three, if you recall), The Minus Six are so named because there is no guitar (or six-string, if you will) in the band. Not just about the numbers, the band does in fact rock their originals having recently released their third album. They come from the Quad Cities, but just the Illinois towns so they could just as well be named The Two of Four.

Surprise Guest from DubuqueFest Saturday, May 16

Who could it be, who could it be... well, I'm not going to speculate and get you all excited and then end up guessing wrong. I don't need that kind of pressure. Nope. Go check out the DubuqueFest schedule and make your own guesses.

2nd Annual Bobfest Thursday, May 21

Last year's Bobfest, the multi-musician extravaganza of all things Dylan organized by Nothin' But Dylan's Mary Mabusth was truly an amazing night. All the usual suspects were there, both in terms of Dylan songs and the musicians you might expect to see playing them, and they were all good. But it was the unexpected pairings of players, the picks from deep in the Dylan catalog, and the unorthodox renditions of some

of the songs that proved most revelatory. Anybody who counts themselves as a Dylan fan should not miss Bobfest 2, though if it's anything like last year, you might not be able to get in the door with so many musicians in the house. (See the separate article for more info.)

Swing Crew Friday, May 22

Dennis and the boys are back from Breckenridge (Colorado) for the summer festival season with all the usual sing-along songs, goofy jokes, and over-the-top audience participation routines. If you don't know what I'm talking about, you have to experience it. If you do, I probably had you at "Swing Crew." If you go down to the Town Clock first for Kick-Off To Summer, you should be sufficiently "primed" for a Swing Crew experience. We'll see you on stage. It's toasting time!

Six Nights Alone with 500 Miles to Memphis Saturday, May 23

Up-and-coming band Six Nights Alone will release their new EP sometime this month so until that time, well, we're gonna have to guess at the sound, but word on the street is they rock in a country punk sort of way. You'll just have to check 'em out live. Cincinnati country punks 500 Miles to Memphis perform a kind of crossover

that might sound like Green Day playing rockabilly country with the occasional fiddle. They must be doing something right because they just won the 2008 Cincinnati Entertainment Award for best rock act, after having won the '07 CEA for rock as well as best live act.

The Melismatics Friday, May 29

Minneapolis power pop quartet The Melismatics bring their high-energy indie-pop back to the Silver Dollar Friday, May 29. Fronted by male/female duo Ryan Smith and Pony, the Melismatics create polished, original indie-rock laden with pop hooks. The band points to a diverse set of influences – New Order, The Jesus And Mary Chain, The Kinks, Big Star, David Bowie, The Cars – but comes up with a sound completely fresh and original. about as real as it gets.

Mark your calendars...

For Friday, June 5, for ochOsol's farewell show, Saturday, June 6 for the return of GB Leighton, Friday, June 12 for the Burgundy Ties with Nate Jenkins, Saturday, June 13 for Bonne Finken, Friday, July 10 for Big Bang Theory, and yes, it's finally gonna happen ... Saturday, July 11, for a reunion show by the House of Large Sizes. You're welcome.

365

FUNNYNESS WE FOUND ON THE INTERWEB

The World according to America



DUBUQUE365.com
WHAT'S HAPPENING IN DUBUQUE 24-7-365

JAYCEES
The U.S. Junior Chamber

Change Your World!



JAYCEES
DUBUQUE JAYCEES

Learn how YOU can be one of US!
DubuqueJaycees.org
563-583-5555
info@dubuquejaycees.org
PO Box 63 • Dubuque, IA 52004

www.DubuqueJaycees.org

JAYCEES EVENT CALENDAR

May 14th: Jaycee Festival Kickoff 7:30 pm at the Clubhouse - We are having a kick off party for the festival season, this will start with an ID to set up a beverage station, beer pouring lesson from Kirchoff and then move into a BBQ with food and beverages, and it's all free!

May 15th, 16th & 17th: Please join us at the townclock for Dubuque Fest. We will need beer-pourers on Friday night, Saturday & Sunday afternoon. This is a great way to start off our festival season and is a lot of fun! Come help us out!

May 21st: General Membership meeting, 7:30 pm at the Clubhouse. Please join us for our first "themed" membership meeting! Cinco de Mayo will be the theme so get out the sombreros and dust off those ponchos!



Farmers' Market Continued from Page 4.

changing," states Thompson. "And we're excited because we're not losing patrons, we're gaining them."

Recent years have seen the addition of greater variety at the Market as well, including several vendors offering locally produced meat, in some cases from animals raised organically. Special food vendors prepare food on site for customers to eat while browsing the other booths. Live music draws people to two different locations at each end of the market. Along with the benefits of locally grown food, homemade baked goods, and the draw of handmade products and crafts, Farmers' Market has become a place for people to meet and socialize.



The attraction seems to be spreading. Joining Dubuque's downtown Farmers' Market, and established markets at the Fairgrounds (Westside Farmers' Market),

and Stone Hill at Assisi Village (North End Farmers' Market) will be a new market along Asbury Road. (See the accompanying schedule for dates and times for area markets.) The Fountain Park Farmers' Market is set to open at Fountain Park Plaza, 2728 Asbury Road in June. Open every Thursday from 3 to 7 p.m. the Fountain Park Market will feature a variety of fresh fruits and vegetables, wine, honey, meats, and other items, as well as hot food and beverages by Michael Paul's Restaurant until 9 p.m. Entertainment will be provided by local musicians. The new market's central location and Thursday evening hours should prove to be especially convenient for residents of the surrounding neighborhoods. "Asbury Road has the third highest traffic count in the City of Dubuque, giving fountain Park Plaza great visibility and convenience for prospective market-goers," said vendor and organizer Mary Moody. "It is another place for area residents to purchase fresh, local, homegrown, and handmade goods." (Interested vendors and musicians can contact Moody for more information at [563] 584-9300.)

Another new idea that's gaining ground is Community Supported Agriculture. CSA groups operate similar to a buyers' club, with consumers buying directly from growers. While individual CSA groups have different programs, in general members either pay a monthly fee or buy a "share" at the beginning of the season that last through the entire summer. In exchange, they receive a box or bag of fresh and often organic produce in season each week (or every other week, again, depending on the individual program) direct from growers. Bertjen reports that there are at least five CSA groups with information available at the Downtown Farmers' Market, a trend that is likely to grow and expand to other area markets.

In a way, CSA groups are a modern answer to the neighborhood grocers of the

last century who provide their customers with fresh produce from area growers, in some cases purchased at local Farmers' Markets. Thompson recalls an earlier time in Dubuque history: "I remember my dad, my father was in the grocery business, which started right over there above Murph's Tap back in 1916 and had a grocery store here, and dad can remember as a kid my grandfather Frank going to Farmers' Market back in the '40s. It was a business. It was less of a social event as it was a business. There were 130 grocery stores in Dubuque at that time."

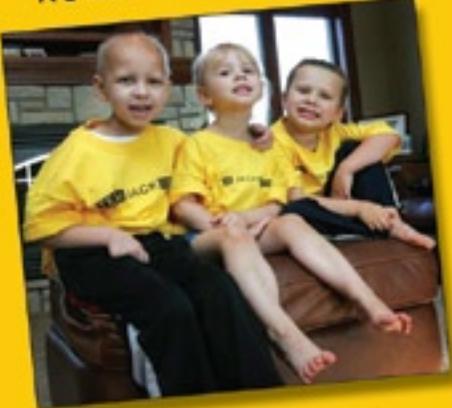
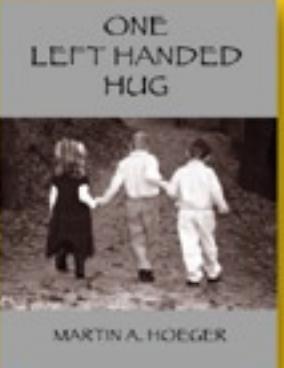
A lot has changed since then. America became a culture of automobiles, fast food and big box shopping, but little by little, people are rediscovering the pleasure of buying real food, fresh and in season from people who live just down the road. "I think that Farmers' Market is as much a part of our future as it has been our heritage," said Thompson, "and if we do our job right and make it entertaining as well as meaningful, it can not only benefit the growers and producers, but also the consumers and finally, the community at large." Old or new, that's a pretty good idea.



365

MEET JACK

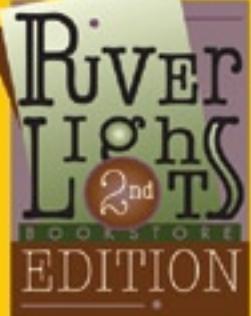
Read about Jack in Bryce's Inkubator on page 2!

BOOK SIGNING!

Join 365 and River Lights in welcoming Marty and Jack Hoeger for a special signing of their book
"One Left Handed Hug"
Sunday, May 31, 1-2 p.m.

1098 Main Street • 563.556.4391
 Days: 10-6p.m. • Weekends 10-4 p.m.
www.rlb2e.com





Premier 411

FRIDAYS ROCK.

Lunchtime Jams
every Friday at the Town Clock.

PREMIER BANK

Expect the Best.



Member FDIC