

January 8 - 21 2009

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Bryce's inkubator

Notes from the Publisher... Fostering ideas, conversations and arguments.

Today I will delve into an issue that is undermining the fabric of our society: An ugly truth to which Americans are turning a blind eye amidst this cultural turmoil we're in. It's not easy. It's not fun. But it has to be uncovered.

GENOCIDE!

Yes, there is a old and storied friend that is slowly being wiped from the earth and we're letting it happen. Chances are, you see it everyday and don't even realize it is taking place. America is killing lime. You heard me: Flavor genocide! Lime has been given the deep six, written off, let loose from the mortal coil.

I'm a lime lover. Not lemon-lime, mind you. That's good too, but it is not the same thing. Do not confuse the two. Sprite, Sierra-Mist, you are spared this awful fate. This is a targeted attack on one helpless little green fruit (or artificial fruit flavoring). At first I thought it was an unfortunate oversight or a confined outbreak. But, no, this is an epidemic. The first time it broke my heart, my friend Paul Connor was serving his fabulous Hawaiian Shaved Ice at the Fireworks and I stood in a very long, hot line after volunteering to park cars with Jaycees for hours to get my lime snow cone. No lime on the flavor board. Must be an oversight; I'm sure there's some under the counter somewhere. No. No, there is not. Sorry, pal, looks like black cherry or blue raspberry for you. I guess the Fourth of July and the Red, White and Blue just have no love for green. That can't be. People would run over their own mothers in this country for money. It can't be the color. What is it?

Then they murdered my Sprees. You know, the little tart hard candies with the shiny colored fruit-flavored coating. Yeah, the green ones. Not lime anymore. Like so many good hard-working limes, it has been replaced with the scourge of the artificial fruit flavored phylum, green apple. Oh, damn you, green apple, I shake my fist at the sky and yell your name like you were Ricardo Montalban in Star Trek II.

Next up, SweetTarts. Bye bye, lime love, hello ... what's this? Watermelon? Watermelon isn't green. That's not just a travesty, that's just plain wrong. You don't eat the rind of a watermelon. You eat the fleshy red innards. They are decidedly not pink. Replace strawberry or something. You can't be green. I'd say at least you could have been kiwi. But that poor fruit always gets screwed over by being mixed with strawberry every time, too. So I know he's not going to be taking over the green candy world any time soon.

The last straw might have to be Life Savers. LIFE SAVERS! The same little wonderful candies for the last 987 years. And they have crucified lime in favor of green apple. You have got to

be freakin' kidding me. Get rid of those awful white ones. What flavor is that supposed to be, anyway? Are you kidding? Is that Piña Colada? Get your own Life Savers, South America. This is North America. We have five flavors: Lemon, lime, cherry, grape and orange. And that's all we need. If you want to get fancy, make a second kind of Life Savers. Oh wait, you did! Tropical! But that whole other pack of flavors couldn't find room for greenapplewaterkiwimelon? I quit!

My toilet bowl cleaner still has a crisp lime scent. Really? You had to so degrade the poor flavor that the only place it still has value is in my toilet?

Now, you are probably thinking, "What about Key Lime Pie?" Key lime pie is the is the secret weapon of the infidel. You see, what they are doing is diverting all lime attention to the pie. Anytime anyone like me says something, the marketing machine of the Fourth Reich swings into action with its counter-spin campaign, touting the splendors of key lime pie. You see, then when all other forms of lime have been safely abolished from society, these heathens who have cornered the market on key lime pie like Mortimer and Randolph Duke tried to do with the frozen concentrated orange juice market in the fabulous and apparently educational Eddie Murphy movie Trading Places, they will pull the plug on the pie, and dance on the grave of my friend, the lime.

My only hope is that good, wholesome people will continue the fight out the fringes of society. Maybe Jones Soda will keep making lime soda, even if it is at twice the price of regular soda. Maybe Paul Connor will read this and keep a special tiny pumper bottle of lime flavoring under the counter of the snow cone stand just for me. (I suggest a lock box. It worked for Al Gore.) Maybe the beer industry putting lime into their brews is not just a flavor additive, but a volley against the agents of limicide in the battle against annihilation. If so, I salute you Bud Light Lime!

Maybe I need to start stockpiling for the future. I'll be like Mel Gibson crossing the vast desert on my quest for the last lime in the land. I'll find a commune of lime lovers entrenched in fort where there is a lime tree in the courtyard and the whole place is surrounded by mohawk-sporting heathens in their green apple-powered desert vehicles. And in the end, I will offer to drive the tanker full of lime juice out of the compound as we plan our escape to the Promised Land by the sea. And when the tanker crashes and I'm left for dead while the rest of the commune slipped out the back way after the heathens followed my decoy, they will soon discover that it is not, in fact, full of lime juice, but rather oil-based artificial nacho cheese sauce.

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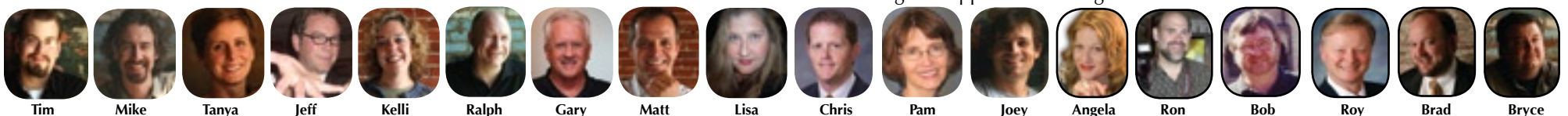
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SAT 17 | LONELY GOATS
FRI 23 | JUKE JOINT DUO (CEDRIC BURNSIDE & LIGHTEN MALCOM)
SAT 24 | SHAME TRAIN
FRI 30 | BLACKBLOOM, DAYLIGHT SAVINGS ACCOUNT, JAMBOX
SAT 31 | LUCHO REY Y SU SALSERIA



THE BLUEHEELS

FRIDAY, JANUARY 16

The 365ink crew... faces you already know!



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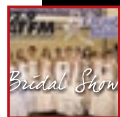
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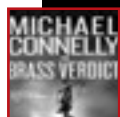
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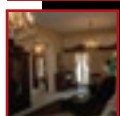
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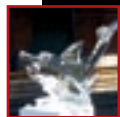
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Ah, winter. Some curse it, some love it, some are indifferent to it and just strap chains on their tires and go along for the ride. While the winter season and its weather can serve as a constant reminder of what we're not doing because it's so darned cold outside, it's important to not forget that winter also brings with it some pretty cool things: Football games in the snow, some beautiful sights, pelting a co-worker with a snowball ... and, of course, the National Mississippi River Museum & Aquarium's annual celebration of all things winter: IceFest!

What's IceFest? Well, it's pretty simple: It's a three-weekend festival chock full of educational programs and fun activities revolving around winter weather, ice and snow. (Lesson number one: Don't eat yellow snow.) It's going to run on Saturdays and Sundays from January 10 until January 25. During each day of IceFest, the River Museum will showcase special winter-related programming.

Here's how it'll break down. During the first weekend, January 10 and 11, there will be several major attractions. Included in the festivities will be ice sculpting,

as showcased by professional sculptors (did you know there's actually an International Snow Sculpture Championship?), winter games and Ice Lane arctic bowling (during which you do not, in fact, score pins by tossing a bowling ball so hard that you fracture the ice).

And also headlining the first weekend will be the return of Dubuque native and extreme adventurer Troy Henkels, who last appeared at IceFest in 2007 to showcase the film *Swept Away* (in which he and a fellow adventurer made a trek to cross the entire 55-mile Bering Strait, on foot). Appearing at 11 a.m. and 2:30 p.m. on both Saturday and Sunday, Henkels will give multimedia presentations about his latest trek to the Antarctic, during which he took part in the *In the Wake of the Belgica* sailing expedition with Dixie Dansercoer, his partner on the Bering Strait expedition.

What is *In the Wake of the Belgica*, you ask? We had a similar question, so when Henkels stopped by 365 World Headquarters for a chat, we had to ask him.

"The expedition dates back to a Belgian

sailing expedition from about 110 years ago," Henkels says. "They left Belgium to sail the Antarctic, and due to bad weather and everything that goes on up there, they wound up being the first expedition to spend the winter stuck in the Arctic ice. Our expedition was a way of paying tribute to that, and honoring what they did."

Henkels notes that, in setting out to sail the Arctic, the explorers had all of the original photographs from the original Belgica expedition.

"A lot of the expedition was about replicating what was done so many years ago, and also comparing the area between

Continued on Page 29.



NOW Dubuque Thunderbirds



Just a reminder that the Dubuque Thunderbirds, the 2008 Hurster Cup CSHL Champions, are back in action on home ice in the Five Flags Arena! After a long road trip, upcoming home games are on the schedule! Tickets are available at the Five Flags Box Office, at all Ticketmaster outlets and online at www.ticketmaster.com. Remember, admission is only \$7.50 for reserved seating, and \$6.50 for bleachers! For more information, visit www.dubuquethunderbirds.com. And don't forget that the CSHL Hurster Cup playoffs are going to be coming up soon, and the Thunderbirds will be thick in the mix. Stay tuned to 365ink for more Thunderbirds information! Also, don't forget about all of the great discounts available for students. No better time to get into hockey like right now!

JAN 12 The Harlem Globetrotters in Dubuque



Don't miss out on one of the greatest basketball spectacles on all the land -- the Harlem Globetrotters performing in Dubuque! The Globetrotters have become the world's home team, synonymous with family entertainment and great basketball skills. The show will begin at 7 p.m. on January 12, and tickets are still on sale. For more information, visit www.fiveflagscenter.com, or call 563-589-4254.

JAN 19 An Hour of Centering Prayer at Shaom

For those looking for a little spiritual balance in their lives, a centering prayer hour, scheduled for January 19 at Shalom Retreat Center, 1001 Davis St. in Dubuque,

may be just what the doctor ordered. Held from 7 - 8 p.m. and facilitated by Marilyn Dansart, the event allows you to join others in quiet, meditative prayer, discussion and support. Newcomers are always welcome! Registration is not required. While admission is free, a free will offering is always welcomed and appreciated. For more information, visit www.shalomretreats.org.

JAN 20 Clarke College presents Opera Scenes

The Clarke College Music Department presents a series of scenes, both well-known and less familiar, from operas and musicals. The one-time-only performance will be held in Jansen Music Hall in the Wahlert Atrium (you know, the big glass building on Clarke Drive), and will begin at 7:30 p.m. The event is free and open to the public, so now's the time to expose yourself to some opera!

JAN 24 Knicker's Bowling for Hospice of Dubuque

Don't forget January 24 for the annual Bowling for Hospice of Dubuque! Knicker's Bowling for Hospice will be held Saturday, January 24, at the Diamond Jo's new Cherry Lanes. Check-in starts



at 12 p.m. and bowling will begin at 1 p.m. The cost is \$20 per couple. Sign up at Courtside, Knicker's, P.J.'s or Hammerheads to join in the fun! An after bowling party will be held at Knicker's along with food provided by Houlihan's and music by Mobile Moosic. Admission charged. For more information, call 563.582.1220 or visit www.hospiceofdubuque.org

JAN 23-25 The Annual Iowa Winter Games

In 2008, the Winter Iowa Games broke a participation record with 3,805 athletes, including 232 teams. This year will be even bigger! Events include Youth Basketball, Cross Country Skiing, Dodgeball, Fitness Walk, Youth Ice Hockey, Indoor Soccer, 5K Road Race, Swimming, Table Tennis, and Volleyball. Visit iowagames.org for more information.

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Hey, you! Yeah, you! We know you're a fan of watching TV. So we've got something that's even more up your alley -- how about watching TV ... on the big screen? Mindframe Theaters has your ticket! Throughout the month of January, Mindframe will be showcasing a number of high-profile television events on its screens.

On Thursday, January 8, you can catch the NCAA BCS National Championship Football Game. On Sunday, January 11, and Monday, January 12, don't miss the return of federal agent Jack Bauer as 24 returns in a two-night event. Tuesday,

January 13, and Wednesday, January 14, bring us the two-night premiere of American Idol's new season, while Friday, January 16, features the beginning of the final season of Battlestar Galactica. (Who's the final Cylon?) And LOST will premiere on Wednesday, January 21. Don't forget about the inauguration of President-elect Barack Obama on Tuesday, January 20, either -- Mindframe will have that one, too!

Admission to these events is free. As always, Mindframe will be selling concessions and beverages. For more information, visit mindframetheaters.com.

JAN 17 Paint-A-Pair for Charity Program

Hardin Phelps is pleased to announce its sponsorship of Paint-A-Pair for Charity Program - with all proceeds benefiting Riverview Center, Inc.!

This imaginative program challenges area artists to utilize a pair of vintage style PF Flyers sneakers as their canvas to create unique works of art. An auction of these art pieces will take place on January 17, 2009 from 7 - 9 p.m. at the Wahlert Atrium of Clarke College (you know, the big glass building on Clarke's campus).

Participating artists in Paint-A-Pair for Charity include Aaron Butcher, Kristina Castañeda, Tom Culbertson, Jordan DeGree, Guy Green, Olivia Heiken, Louise Kames, Jeff Maiers, Tom Metcalf, Stormy Mochal, Jessie Rebik, Abigail Butcher, Jon Roling, Rich Rossignol, Dona Schlesier, Doug Schlesier, Gene Tully and Carmel Zserdin.

The event is free and open to the public and will feature an evening of art, music, food, and fun. Tickets will be available at the door the evening of the auction, or in advance at Hardin Phelps or Riverview Center. Tickets are also available online at www.riverviewcenter.org. For more information about Riverview Center and its work to prevent sexual assault in the Tri-State area, call 888-707-1855.



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365 POP QUIZ?

Answers on page 28

1. What is the greatest artificial fruit flavor of all-time?

- A. Lime B. Kiwi-Strawberry
C. Green Apple D. Watermelon

2. Who was the featured artist at last year's D.S.O. Gala?

- A. Mark O'Connor
B. Simon Estes
C. Jim McDonough
D. Rollie Fingers

3. The Harlem Globetrotters were founded in what city?

- A. Gary, Indiana
B. Hinckley, Illinois
C. Pawtucket, New Jersey
D. New York City

4. The Hurster Cup will again be battled-for in Dubuque this year. What hockey league do the Thunderbirds currently play in?

- A. MJHL B. USHL
C. CSHL D. SCTV

5. Jewel's last name is?

- A. Gulia B. Chambers
A. Kilcher D. Hightower

6. The TAIKO Japanese Grill building was home to all of these restaurants except:

- A. Windmills B. Embers
C. Cedars D. Finny's

7. When Kent Renier was a little boy, he walked up to his dad. His dad said:

- A. "What's up Kent?"
B. "Hello son."
C. "Get me a beer"
D. "Beat it!"

8. Which of these is not an IceFest Event:

- A. Ice Harvesting B. Ice Sculpting
C. Ice Bowling D. Sno-cone making

9. The Colts center was NOT once a:

- A. Carpet Store
B. A & P Grocery
C. Car Dealership
D. Uh, Colts Center

10. Winter Farmers Market opens at what time?

180 MAIN Restaurant & Pub LIVE MUSIC SHOWCASE

Okay, now that we're finally past the holidays and all that weirdness, it's time to get back to business and party down to some good music. Of course 180 Main continues to provide the soundtrack for tipping pints of your favorite brew – from blues both dirty and jumpin' to rock both indie and sing-along with some spicy salsa thrown in to bring the heat. Yum.



Black Diamond Heavies, Old Panther, Thieves on Holiday
Friday, January 9

You can't believe everything you read. But if the bit on the Black Diamond Heavies' MySpace page by Stu Gibson is to be believed, John Wesley Myers (a.k.a. Reverent James Leg) is the son of a Baptist preacher and Van Campbell is a descendent of a family that distills Bourbon. Sounds too good to be true, but if you hear the dirty blues punk duo do their thang it makes sense. This much we do know: They are from Nashville. Campbell plays the drums and Myers plays the overdriven Hammond organ and Fender Rhodes, and sings the gospel in a voice somewhere between Howlin' Wolf and Tom Waits. They also have a new record, A Touch of Someone Else's Class, out on the Alive label (the same label as the Buffalo Killers, BTW). Oh

yeah, and we know that they rock like their pants are on fire.

Also performing will be Dubuque's own Old Panther, just back from their whirlwind Midwest tour and Spring Green-by-way-of-Madison female-fronted indie-rock band Thieves on Holiday. I predict that this will be a great show and there will be much love in the room.



Rocket Surgeons
Saturday, January 10

Now that the Rocket Surgeons have lived the full-on rock star experience by playing the new Diamond Jo Casino's Mississippi Moon Bar (with the photos to prove it!) they now return to the dark underground lair where their "pure genius rock-n-roll" was first perfected (almost). Well 180 Main might not have the million dollar lightshow, but it's always a party when the Rocket Surgeons play. And 180 does let you get onstage to sing along with the band. But please ... at least know some of the lyrics if you're gonna do that. Or be really hot.

The Blueheels
Friday, January 16

Making a name for themselves as "The Best Band in Madison," and maybe the entire state of Wisconsin, The Blueheels are set to become the hugely popular indie rock act they truly deserve to be. What makes them so good? In a word: songwriting. That would be the songwriting of singer Robbie Schiller. But it's Schiller's hook-laden songs delivered in that twangy nasal voice set against the dynamic rock of The Blueheels band that really sounds like something different. Of the collected press clips on the band's web site, Craig Grossman of Green Room Booking who handles acts like the Honey Dogs and Charlie Parr

Continued on Page 9.

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JAN
30

Dubuque Symphony Orchestra Gala

Make your reservations now for the Dubuque Symphony Orchestra's annual gala celebration! Scheduled for Friday, January 30, at Dubuque's Grand River Center, the Gala serves as not only one of the Symphony's biggest fundraising events of the year ... but also as a great opportunity to sample some delicious food and hear some great music, too! In addition to a menu that is set to feature filet mignon and saltimbocca en croute, this year's Gala will feature the music of featured guest artist Oleta Adams.

Since the runaway success of her 1990 debut album Circle of One (which went platinum), and the impassioned hit single "Get Here" (the Brenda Russell composition that became an unofficial anthem of the 1991 Gulf War), Adams has inspired a growing legion of fans in the U.S. and Europe with songs that draw deeply from her roots in gospel, while crossing into the realms of soul, R&B, urban, and popular music. Her success, nurtured by worldwide tours with Tears for Fears, Phil Collins, Michael Bolton and Luther Vandross, has been solidified by three Grammy nominations and a seemingly bottomless well of creative energy.

A long-time resident of Kansas City, Kansas, Adams first demonstrated her budding vocal gifts in the Pilgrim Rest Baptist Church where her father served as minister. By the time Oleta was eleven, she was directing and accompanying four choirs, having already established herself as a piano prodigy.

Turning down the chance to pursue an operatic career as a lyric soprano, along with a scholarship to Pacific Lutheran University, Oleta instead spent a summer in Europe before heading to Los Angeles in the early 1970s. One demo tape and \$5,000 later, she discovered that the disco movement had deafened music executives. Oleta's gospel-flavored voice was not "in." With the help of her coach, she wound up in Kansas City, where she launched her career playing piano bars, hotel lounges and showrooms. Now, she is a rising beacon in the business.

Admission to the Dubuque Symphony Orchestra Gala is \$110, which includes a \$55 tax-deductible donation to the Symphony. The event is black-tie optional. For more information, call 563-557-1677, or visit dubuquesymphony.org.



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180 Main Live Music Continued from Page 7.

probably said it best: "A contender in the ever-evolving fight which shall inevitably force country, rock, and even punk to finally face one another and come to some kind of compromise. Listen to this record. Its worth your time to engrave this music into your memory." After only hearing a handful of tracks online, I believe him.



The Lonely Goats Saturday, January 17

Having meandered through pastures around the broader Tri-State area, nibbling on what vegetation they can find poking up through the snow, The Lonely Goats wander back into town to kick up their hooves at 180 Main. With the goal of bringing the fun back to the dance floor, The Lonely Goats play a wide variety of songs you might know, sometimes played in completely different styles than you might be used to hearing them, a few originals, and a few songs you might never have heard but definitely should. Dance, Latin, funk, rock, pop, reggae, ska, blues, hillbilly, surf, and zydeco are all fair game. The band consists of Bob Ressler on guitar, Leo Roldan on keys and accordion, Mike Ironside (yours truly) on bass, and Jimmy Berg on drums and percussion. Come on out and join the Goat-herd.

Juke Joint Duo (Cedric Burnside and Lightnin' Malcolm) Friday, January 23

Juke Joint Duo is the pairing of drummer Cedric Burnside, grandson of the legendary R.L. Burnside and son of drummer Calvin Jackson, and guitar player Lightnin' Malcolm. Cedric grew up around Holly Springs, Mississippi, listening to and jamming with his famous grandfather who he refers to as "Big Daddy." He be-



gan touring when he was just 13, playing drums for R.L. and later, notable performers like Junior Kimbrough, Kenny Brown, North Mississippi Allstars, Burnside Exploration, Bobby Rush and Widespread Panic. Some might remember Burnside from his appearance in the 2006 film Black Snake Moan.

Lightnin' Malcolm grew up in rural Missouri not far from the railroad line that runs between Kansas City and New Orleans. First hearing Muddy Waters when he was seven or eight, he vowed to try to learn the raw, country-turned-electric style of the blues master. Not only a great guitar player, but a talented drummer and bass player as well, Malcolm has played and recorded with a variety of blues greats including Hubert Sumlin, Jessie Mae Hemphill, T Model Ford, Jr. Kimbrough, Big Jack Johnson, and R.L. Burnside, himself. Together as Juke Joint Duo, Cedric and Malcolm not only channel the traditional North Mississippi hill-country style, but infuse it with a more modern groove.

Lucho Rey Y Su Salsera Saturday, January 31

A fitting finish to the long, cold month of January, Lucho Rey Y Su Salsera return to 180 Main to heat up the dance floor. After some time off, Columbian saxophone virtuoso and band leader Eduardo (Lucho Rey) and the band are back together and ready to hit the high notes on their signature style of salsa and merengue. While the dance floor at 180 might not be the biggest, this performance provides a great opportunity for Latin dance fans.

Mark your calendars...

For Friday, February 6, for the progressive-indie-psychedelic rock of Chicago band Strange Arrangement, as well as Saturday, February 7, for the real deal blues of James Kinds & The All Night Riders, not to mention Friday, February 13, for the funky hip-hop of The Uniphonics, and Saturday, February 14, for the return of JC Brooks and The Uptown Sound. Actually, a pint sounds pretty good right now.

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A look down the aisles of Winter Farmers' Market

by mike ironside



We are already well into the first month of the New Year and I'm guessing some of us are not doing so great on our resolutions to become the better person we were imagining at the end of last year. Well, imagine this: With just one activity, you could live a greener lifestyle, eat healthier, and support local non-profits and your local economy. You might even lose weight or make new friends! What is this miracle activity, you ask? Shopping at Dubuque's Winter Farmers' Market.

Now in its second year, Dubuque's Winter Farmers' Market boasts a better location with more vendors and a wider variety to offer than ever before. Located in the Colts Drum & Bugle Corp Building at 1101 Central Avenue, Winter Farmers' Market is scheduled for every Saturday morning from 9 a.m. to noon, through April 25. In addition to the variety of goods offered by market vendors, the market also features live music by area bands, as well as coffee and breakfast sandwiches available from the Colts Booster Club.

I've already been to the Winter Farmers' Market a few times this season and am now hooked on "real" chicken, farm fresh eggs, and cottage bacon (not to mention organic garlic and fingerling potatoes). Nevertheless, I stopped down with my wife on a recent Saturday, 365 recorder and camera in hand to learn more. I spoke with Amy Weber and Terry Mozena – two of the small group of volunteer organizers – as well as a few of the vendors.

"It's been going very well," said Weber of the Winter Market. "We've got the same people who followed last year, we've got some new people, and our venue has

changed. We've been able to double our vendors – more than double – which has been a huge difference for us."

The expanded space in the Colts Building has drawn more vendors, usually around 25 each Saturday, which means an even wider variety of goods available to customers. On a typical Saturday, shoppers can find fresh, locally grown produce, eggs, meats, cheeses, wine, homemade baked goods, and handmade crafts. Produce can include everything from the expected – like potatoes, squash, apples, and rutabagas -- to more "foody" approved fare like gourmet garlic varieties and Japanese daikon radishes.

"We have our standard vendors that are here every week and we have guest vendors that come in bringing new stuff," noted Mozena. "This year we've got seafood. We've got folks that are bringing in fresh seafood from the gulf – scallops, shrimp, pickled herring, oysters, a lot of good stuff."

Vendor Mac Ahnen, who does business as MRA Hydro, grows organic and hydroponic vegetables – watercress, lettuce, basil, parsley, and cilantro. Being the chronic slow riser that I am (especially on Saturday mornings) I did not get to the market in time to purchase any of his offerings. Ahnen sold out of his fresh hydroponic greens in 30 minutes. The popularity of his produce is not only attributable to the relative scarcity of fresh greens in January – after all, you can pick up lettuce year round at a grocery store – but also to the quality and taste of his product. He related the story of a recent Saturday where he brought everything he had to market, not saving any for his own table. "I made the mistake of going to the

store and buying a bag of 'bag lettuce,'" he reports, "and I realized why I don't eat bag lettuce from the store."

"A lot of people knew we were going to have a Winter Farmers' Market this year so they planted a second crop of produce," explained Mozena. "So it's January and we've got watercress, we've got lettuce, potatoes, root vegetables, and next month or so, we'll have tomatoes again."

Prepared foods and baked goods available include pasta and egg noodles, homemade dip spice mixes, pre-made soups, kettle corn, bread, pies, donuts, honey, maple syrup, apple cider, wine, and home canned goods like Gramp's pickles which include the usual sweet and sour dill varieties, but also more exotic flavors like garlic, horseradish, and hot jalapeno. It didn't take me long to make up my mind when Gramp's sales pitch included the fact that the jalapeno-infused spears go great in a bloody mary. Sold.

Kristina Hofbauer, a young exchange student from Austria, sells her homemade versions of Austrian-style sweets, chocolates, cakes, and pastries. She was introduced to Dubuque's summer Farmers' Market when she went shopping with her host family. After learning about the Winter Farmers' Market Hofbauer decided to join. I asked her if she was enjoying the experience. "Yeah, it's nice," she said smiling, "a lot of nice people." I highly recommend her mini bundt cakes.

Available items in the craft category include crocheted items, handmade crystal jewelry, soap, and soy candles, but the term "craft" does not seem to do justice to some of the fine work represented by Marc Millitzer's blown glass or Paul Opperman's custom-made footwear.

Maybe most surprising to new customers is the variety of meats and cheeses available. Organic chicken and eggs, sausage, bratwurst, summer sausage, cottage bacon, organic pork and beef in range of cuts, and a variety of cheeses can all be found at the Winter Farmers' Market. New vendors Phil and Barbara Hueneker of Gateway Natural Meats in Bellevue,

Iowa, specialize in locally produced meats and dairy products including grass-fed and organic beef, goat and lamb, and a variety of goat cheeses.

"We have customers that are chemically sensitive so that's kind of our niche," Hueneker explained. "No preservatives or that kind of thing." Because they carry such a wide variety of products, the Huenekes don't bring everything to market every Saturday but can usually fill orders the following week.

"When you come to something like this you don't know what people are going to want," said Hueneker. "Anymore people's tastes are so wide and varied. People asked about the goat and lamb meat so next week we'll bring some of that along for sure."

"The meats are interesting because we have a lot of people – when they think of Farmers' Market, they do not think of meat, they always just think of produce," observed Weber. "So Winter Market is kind of a chance for people to learn about how meat locally is produced and the difference. You know there are a lot of quality differences, there are a lot of ethical differences in how our farmers grow versus how mass-produced cattle are produced. It's kind of an interesting concept that people are catching on – 'Oh, you've got meat here, you've got cheese here ... I didn't know the difference between grass-fed and free range,' and people are learning about that as well."

Though customers might be new to buying farm-raised meat directly from farmers, it seems it doesn't take long for them to make the adjustment.

"Usually, once they try them, they're back here all the time," said Weber of new customers turned converts. "We have people who only buy their meat here – you can see when they come in and stock up – or they only buy their chickens here. Once they have the products here, they like them. They taste different. The quality is better, the flavor is better, so they keep coming back for more. The other thing is that it's actually more affordable here than at a grocery store. We did a price comparison and organic products here are often less expensive than the regular products at a grocery store. So it does help people from an economic standpoint as well."

Whether they're drawn for the prices, the selection, as a way to eat healthier or support their local community, more and more people seem to be attending the Winter Farmers' Market. "It's been real

Continued on Page 26.

Let Me Entertain You

GIVING VOICE • PAM KRESS-DUNN

My friend Lulu (not her real name), who is young enough to be my daughter, had a dismal time recently. She and her husband hosted both sets of their parents for a Christmas Eve meal. She moaned to me later that they didn't make enough food, there weren't enough bowls, and neither were there enough chairs for everyone to sit around the dining table. She tried to make the best of it, serving the chili in mugs and herding everyone into the living room for what she gamely called an indoor picnic. But she felt certain they (*his* parents, anyway) saw through her lame attempt to be the hostess with the mostest.

Boy, could I relate. One Thanksgiving long ago, just after I'd moved to Dubuque from Colorado and was close enough geographically to cook for my parents and sister, they drove up from Davenport for the big day. I'll never forget the moment when my sister started to take a large portion – let's say half – of the beautifully roasted chicken I had brought to the table. My mother hissed helpfully at my sibling, "Put it back!" I had, you see, prepared only one 3-pound bird for four adults and two children.

That's the thing about entertaining. So much of it centers around the meal, and it's not your everyday foodstuffs. I have this habit, for better or worse, of reading entire cookbooks after we invite somebody over, rather than depending on the tried and true. "Why don't we try this kale and white bean soup I found on the Cook's Illustrated website?" I'll suggest enthusiastically, referring to a recipe that requires first soaking the dried beans in water overnight. "I could make a rolled raspberry sponge cake for dessert and serve it on my grandmother's glass plates!" The fact that I have never rolled a cake of any kind in my life is no limitation to my culinary fantasies.

If not for guests, then when else will we try these fancy pants recipes? It's not that I don't love my husband, but if we can't finish off a pot of chili without getting bored, then fixing an 8-serving veggie lasagna for just the two of us is not such a good idea. I know I'm not the only one who pounces on the fact that company is coming to try out something new.

Once, we were invited to dine with some wonderful people whose com-

pany I greatly enjoy. They served a delectable salad crafted of arugula, thinly sliced apples, sharp white cheese, pitted dates, caramelized walnuts, shallots, and balsamic vinegar. The vinegar had to be boiled until syrupy and reduced to a quarter cup. Our hostess confessed that she had repeated this crucial step over and over until she almost ran out of vinegar, because it evaporated so quickly.

Just a few weeks later, I served that same salad (watching the vinegar boil with uncharacteristic attention – remember, I'm famous for my blackened grilled cheese sandwiches) to another group of friends, along with some other sensational things. One of the guests was so blown away by the menu, she exclaimed, "We should eat like this all the time!"

And it's true. We should. But listen, I'm not talking about gourmet dining so much as having people over and making something special for them. You may think I'm nuts to talk about this now, when we've all just put away the big roasting pan and the ring mold for the Cranberry Surprise. You're tired, I know. You can't even think of whipping up a sandwich for lunch,

let alone a meal for six on Saturday night.

But it's worth it, I think. I love being invited to other people's homes. It's a privilege to sit talking in their living rooms, to eat around their dining tables, to pet their dogs and see what knickknacks are hanging in their bathrooms. (I'm not nosy; I'm interested.)

And it's an honor to invite people over to our house as well. It means we have friends, we have enough food to share, we have enough dishes and chairs to go around, even if they don't necessarily match, and we have a bathroom worth investigating. (One time, we thought a guest had gotten lost or worst when she left mid-meal to use the loo and didn't come back for what seemed like an awfully long time. Her husband was about to go on a reconnaissance mission when she reappeared, confessing she'd gotten involved in reading one of the magazines I keep stacked by the tub.)

I used to feel it wasn't Christmas unless I got something related to cooking as a present. As the years went by, I received a soufflé dish, a crepe pan, even a cookie press. This year, I got an 8-quart soup pot from my son, which

ties in perfectly with the cookbook he gave me for my December birthday. What better excuse to entertain, to try something new, to invite people over when it's cold outside and warm inside our home and hearts.

Once I was listening to Garrison Keillor's "A Prairie Home Companion" on National Public Radio. It was the Christmas special, and he was interviewing the regulars from his cast at their homes, a change of pace from the usual on-stage program. He went to see Sue Scott, the tall, thin blonde who plays all the female roles (the sultry dame in "Guy Noir, Private Detective," the suburban housewife in the ketchup commercials). She talked about how much she and her husband loved to have friends over, and how late their gatherings could last. Sometimes, she said, they would still be talking as the sun rose and the newspaper banged against the front door.

Now *that's* entertainment. We may not stay up that late, but we're planning to have more people over this year. If you see me at the grocery store peering at some exotic new kind of potato or scandalously out of season fresh herbs, you'll know they're headed for my beautiful new aqua Le Creuset soup pot, especially for our next guests. And I'm telling Lulu to get back in the game, double her recipe, and invite people over again.

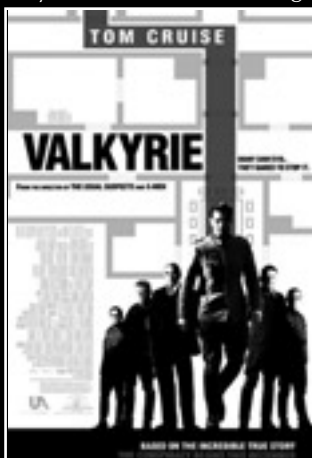
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Valkyrie - A Film by Bryan Singer (X-Men, The Usual Suspects, Apt Pupil, Superman Returns)

The 15th and final assassination attempt on Adolf Hitler is the central focus of Valkyrie. The film follows the plot from start to finish with Colonel Claus von Stauffenberg (Tom Cruise) as the central figure and mastermind. A group of disillusioned former military men, politicians and current military officers have been plotting for months to attempt yet again to assassinate the man they feel will bring the downfall of Germany and Europe over-all. When a critical position on the team comes open, they seek out Stauffenberg, who has lost a hand, two



fingers on the other hand and an eye while fighting in Africa. He has long questioned the leadership of Hitler and, with this plot, has found a means to put an end to the madness. The question is not whether or not Hitler must die but how to do it. In a master stroke, Stauffenberg devises a way to modify then trigger Operation Valkyrie, the plan originally developed to maintain continuity of the Hitler regime in the unlikely event of his death, and thereby take control of Berlin and all of Germany before the SS know what hit them.

Valkyrie is a great movie for any fan of history and especially World War II. Valkyrie shows us that, though Hitler seemed in absolute control of Germany and Europe, he was not universally loved and supported. Many of his aids fed him lies about how well the war was going to save their own skins and many in the country sought ways to bring an end to the conflict and his reign of terror. Valkyrie effectively brings that side of Germany at that time to light and tells a gripping story of courage and sacrifice for the greater good. As Stauffenberg, Cruise is the disillusioned soldier who fears for the safety of his family but with the conviction to see the plan through as he knows it will mean a brighter future for them all. A quality cast is assembled around him with Kenneth Branagh as Major-General Tresckow, Bill Nighy as General Olbricht, Tom Wilkinson as General Fromm and Terence Stamp as Ludwig Beck, among others. The story is fast paced so the movie moves along quickly and the tension builds steadily as the plot comes together and is implemented.



ROTTEN TOMATOES

Rotten Tomatoes collects the thoughts of dozens of movie reviewers across the country and averages their scores into a fresh or rotten rating. If a movie gets 60% or higher positive reviews, it is FRESH! www.rottentomatoes.com

OPENING DURING THIS ISSUE



The Unborn (January 9)

Plagued by merciless dreams and a tortured ghost that haunts her waking hours, she must turn to the only spiritual advisor, Sendak (Gary Oldman), who can make it stop. With Sendak's help, Casey uncovers the source of a family curse dating back to Nazi Germany - a creature with the ability to inhabit anyone or anything that is getting stronger with each possession. With the curse unleashed, her only chance at survival is to shut a doorway from beyond our world that has been pried open by someone who was never born.



Bride Wars (January 9)

Emma (Anne Hathaway) and Liv (Kate Hudson) are best friends, and since they were young, they have always wanted to be married in The Plaza Hotel. Planning to marry their respective husbands to-be, everything is going perfectly--until the weddings are set for the same day.



My Bloody Valentine 3-D (January 16)

Ten years ago, a tragedy changed the town of Harmony forever. Tom Hanniger (Jensen Ackles), an inexperienced coal miner, caused an accident in the tunnels that trapped and killed five men and sent the only survivor, Harry Warden (Richard John Walters), into a coma. But Harry Warden wanted revenge. Exactly one year later, on Valentine's Day, he woke up and brutally murdered twenty-two people with a pickaxe before being killed.



Defiance (January 16)

During World War II, four Jewish brothers (Daniel Craig, Liev Schreiber, Jamie Bell, George MacKay) escape their Nazi-occupied homeland of West Belarus in Poland and join the Soviet partisans to combat the Nazis. The brothers begin the rescue of roughly 1,200 Jews still trapped in the ghettos of Poland. The film tracks their struggle to evade invading German forces while still maintaining their mission to save Jewish lives.



Paul Blart: Mall Cop (January 16)

When a shopping mall is overtaken by a gang of organized crooks, and hostages are taken, it's up to the a mild-mannered security guard (Kevin James) -- a reject from the local police academy -- to save the day.

NOW PLAYING:

Benjamin Button . . . 94% Fresh *
Marley & Me . . . 52% Rotten *
Yes Man 54% Rotten *
Valkyrie 65% Fresh *
Seven Pounds . . . 34% Rotten *
Despereaux 54% Rotten *
Twilight 44% Rotten *
4 Christmases . . 24% Rotten *
Bedtime Stories . 24% Rotten *

THE BUZZ



Warner Bros.' long-awaited film adaptation of Alan Moore's Watchmen, scheduled for release in March of this year, is in serious trouble. A federal judge has issued a preliminary ruling in favor of FOX, which filed a copyright lawsuit seeking to block the release (citing a 1980s claim to the movie rights. If FOX were to win at trial later this month, it could block the release of the movie entirely. Whoops!



Quentin Tarantino has finally announced a release date for his long-in-gestation World War II epic, Inglorious Basterds. (Yeah, that's the actual spelling.) The film will be released on August 21, 2009. Starring Brad Pitt, the movie will follow a group of prisoners-turned-soldiers whose mission is to take down a group of Nazis.



While the creators and the cast of the classic sitcom Arrested Development are keen to move ahead on a big-screen version (which producer Mitch Hurwitz has already written), there appears to be a problem: Actor Michael Cera, who played son George Michael Bluth on the program, is reportedly holding out on the project. Cera's star has risen since movies like Superbad and Juno -- has he forgotten how he shot to fame?



At least one target of Sacha Baron Cohen's next film, Bruno, has been revealed. After appearing at Prop 8 rallies, airports and fashion runways, reports indicate that the Bruno character takes aim at pop superstar Madonna and her adoption of a Malawian child. Bruno is scheduled for release on May 15.



Show creator Sherwood Schwartz says that a deal has just recently been struck to bring Gilligan's Island to the big screen. Co-produced by son Lloyd Schwartz, the film will reportedly feature Michael Cera (Arrested Development) as the bumbling Gilligan, and Beyonce Knowles as the sexy movie star Ginger.

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Gran Torino
 (R)
 11:35, 2:00, 4:25, 7:00, 9:45



Bride Wars
 (R)
 11:25, 1:30, 3:30, 5:30, 7:30, 9:30

Valkyrie
 (PG-13)
 11:50, 2:20, 4:45, 7:15, 9:40



Marley and Me
 (PG)
 11:20, 1:55, 4:20, 6:55, 9:20

Bedtime Stories
 (PG)
 12:10, 2:25, 4:30, 6:35, 8:45



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JANUARY 8 - 21



365 presents the 2009 Impact Awards! Who made the biggest Impact in 2008?

The 365 Impact Award Show will be held live on February 17, 2009, at the Mississippi Moon Bar in the new Diamond Jo Casino.

Nominations for the Impact Awards open on December 26 (the release date of this issue of 365ink), and they're due by midnight on January 26. Nominations should include the nominee's name, address, organization, entry category, a 500-word essay about the nominee's Impact, the nominator's name, address, phone number and e-mail address.

Impact Award nominations will be taken exclusively online at www.dubuque365.com. In addition to the ceremony on February 17, Impact Award winners will be announced in the February 19 issue of 365ink.

So what are you waiting for? Take a look at these categories, start thinking about who's made an Impact, and make a nomination!

365 Impact Award Categories

Community Spirit/Promotion
 Historical Preservation
 Education
 Accessibility
 Inclusion
 Sustainability /Going Green
 Government

Non-Profit Excellence
 Volunteerism
 Youth
 Health
 Sports & Recreation
 Social Space (Best idea that worked)
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 Arts & Entertainment
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 Hospitality, Dining
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wednesday Philly basket \$5.95 (11am-2pm)
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thursday carnichael basket \$5.95 (11am-2pm)
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friday Philly basket \$5.95 (11am-2pm)
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JAN 9

Outside the Lines Art Opening

Outside the Lines Art Gallery celebrates the New Year with a new exhibit by two area artists – watercolorist Roy Haught and potter Mary Weisgram. Gallery owners Stormy Mochal and Connie Twining note in a release that “Both artists employ an organic palette of browns, greens and ochre in their work, making this pairing a natural choice.” Outside the Lines Art Gallery will host an opening reception for the show, scheduled for Friday, January 9, from 7 to 9 p.m. As always, the casual reception is free and open to the public. The exhibit will be on display through February 2009.

Well-known Dubuque watercolorist Roy Haught recently retired from the position as chair of the Art Department at Loras College after years of teaching. A talented painter who has mastered the technique of watercolor and egg emulsion painting, Haught’s work explores the interplay between light and shadow in the context of landscape and rustic scenes of rural life – the farmhouses, barns, outbuildings, and fields of the Iowa countryside. Haught is a member of the Dubuque Art Association and a signature member of the Iowa Watercolor Society.

Potter Mary Weisgram creates functional ceramics in stoneware and porcelain. Originally from Minnesota, Weisgram now lives and works in Ames, Iowa. She intends her work to achieve a balance “to be integrated in all aspects – neither technique, form nor decoration becoming the main emphasis of the work,” she relates in an artist’s

statement. Her work is greatly influenced by both the rhythm and repetition of the throwing method and “her love of organic textures and the colors of the woodland floor, fossils and stones” she encounter in her youth “rambling through the woods of southern Minnesota.” Utilizing her earlier training as a painter, she paints layered engobes of slip clay, stains and glazes to replicate the shapes, textures, and colors of nature.

Outside the Lines Art Gallery is located at 409 Bluff Street (the corner of 4th and Bluff Streets) in Cable Car Square. The gallery offers a wish list program for gift giving, and a bridal registry. Featuring the art of local and regional artists, the gallery offers fine art, stained and blown glass, jewelry, ceramics, baskets, sculpture and more. Winter hours for the gallery (January to Memorial Day) are Tuesday through Saturday, from 10 a.m. to 5 p.m., closed on Sunday and Monday. For more information, call (563) 583-9343, or visit www.otlag.com.



365

JAN 23- FEB 1

FBN Presents “Almost, Maine”

Fly-By-Night Productions has announced the next show of its 2008 - 2009 season, and this one sounds like a winner: Almost, Maine, a romantic comedy by John Ciarani! Set for January 23 - February 1 in the Bijou Room at Five Flags!

In a series of 10-minute vignettes, couples fall in and out of love in rapid tumbles of unlikely pairings. They kiss, they fight, they reunite. And then boom, there it is, the other shoe, plopped unexpectedly between a man and a woman who have been wondering, like the audience, where it’s all going to lead.

Magical realism illuminates Almost, Maine, part of WaterTower’s “Discover Series” featuring new works done small-scale. De-

veloped in 2004 by the Cape Cod Theater Project and Portland Stage Company, this play, Ciarani’s first, had a short off-Broadway run in 2005 and has since been picked up by small companies all over, including theaters in England and Korea.

The author is a Tony-nominated actor who, like many of his New York peers, has found work on TV’s Law & Order. Ciarani says he was inspired to write after running out of good audition material. The characters in Almost, Maine came from memories of growing up in tiny Presque Isle, Maine, a remote town.

Admission is charged. For more information, visit flybynightdubuque.com, or call 563-582-6572.

Join Cheryl Ann Bridals and 92.9 KAT-FM for the Tri-States' premier bridal show, set once again for Saturday, January 10, at the Grand River Center!

Now in its fifth year, the bridal show is an excellent opportunity for brides and grooms to be to check out the best and most stylish fashions for their nuptials. With so many of the 365 crew having tied the knot over the last year or so, we know firsthand just how important so many of those details can be!

Doors open at 10 a.m., and the fashion show will be starting at 1 p.m. Tom Parsley of Radio Dubuque reports that more than 60 businesses will be on hand to help you make that special day perfect, and there will be a plentiful amount of door prizes, as well!

Tickets are free, but registration is required for attendance. Simply pick them up at Cheryl Ann Bridals at 10th and Main in Dubuque, visit the Radio Dubuque studios at 8th & Main, or visit online at www.katfm.com for your registration.

For pictures of past years' events (like the one to the right), log on to www.digitaldubuque.com and start clickin'!



365

JAN 12-14 Special Olympics Iowa Winter Games

Dubuque will host 400 Special Olympics Iowa (SOIA) athletes when they compete in the annual State Winter Games January 12-14. Athletes of all ages and ability will participate in various sports and activities including: Alpine and Nordic skiing, figure skating, snowshoeing, speed skating and more. More than 169 coaches and chaperones, as well as 300 volunteers, will donate their time to serve the athletes and make this event a success!

SOIA Vice President of Games and Competition Pam Wagner said this is the 24th year for the State Winter Games. "Dubuque has always been the location for the Winter Games," Wagner says. "They are the only area in the state with ski facilities and venues such as the Grand Harbor Hotel, Sundown Mountain, Grand River Center, Albrecht Acres and Five Flags Center that are large enough to accommodate our big group."

A highlight of the Winter Games is the opening ceremonies on Monday



at 6 p.m. at the Grand Harbor Hotel. It includes a parade along the River Walk to the River Center Patio, and athletes lighting the flame to officially kick-off the Games. "The opening ceremonies and the competitions are good times for the public to attend and show their support for the athletes," said Wagner. In addition to the sporting events, there will be a sports banquet at the Grand River Center, a dance, pool party, and Celebrity Race with 48 University of Northern Iowa students participating.

Special Olympics Iowa is a nonprofit organization serving Iowans with intellectual disabilities since 1968. For more information on how to get involved or to make a contribution to SOIA, please call 515-986-5520 or visit www.soiowa.org. Also, feel free to contact sites where events are being held -- Five Flags, Sundown Mountain and Camp Albrecht Acres. A full events schedule is available at www.soiowa.org.

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NIGHTLIFE & LIVE MUSIC

Thursday, January 8



Denny Garcia
Cornerstone, 8 PM - 12 AM

Dueling Pianos
Diamond Jo, 8 - 10 PM

Friday, January 9

Tom Nauman
Stone Cliff, 7 - 11 PM

Johnnie Walker
Asbury Eagles Club, 7 - 11 PM

Gareth Woods
Irish Cottage, 8 PM - 12 AM

Just Cuz
DBW Driving Range, 8 PM - 12 AM

Swamp Cats
Detour, 9 PM - 1 AM

Stumble Bros.
Dirty Ernie's, 9 PM - 1 AM

Boys' Night Out
Bronco Inn, 9 PM - 1 AM

Friday, January 9



Wicked Liz
Diamond Jo, 8 - 10 PM

Thieves on Holiday
180 Main, 9 PM - 1 AM

Saturday, January 10

Rosalie Morgan
TAIKO, 7 - 11 PM

Jill Duggan
Stone Cliff, 7 - 11 PM

Rock Band Karaoke
Diamond Jo, 8 - 11 PM

Gareth Woods
Irish Cottage, 8 PM - 12 AM

Free4thehaulin
DBQ Driving Range, 8 PM - 12 AM

Saturday, January 10

Horsin' Around
Softtails, 9 PM - 1 AM

Jabberbox
Denny's Lux Club, 9 PM - 1 AM



James Kinds/All-Night Riders
Ace's Place, 9 PM - 1 AM

50-Pound Rooster
Bronco Inn, 9 PM - 1 AM

Stumble Bros.
Knicker's, 9 PM - 1 AM

Falling Within
Jumpers, 9 PM - 1 AM

Sunshine
Red N Deb's, 9 PM - 1 AM

Shaun Cavanaugh
Star Ultra Lounge, 9 PM - 1 AM

Saturday, January 10

Hard Salami
Detour, 9 PM - 1 AM



Rocket Surgeons
180 Main, 9 PM - 1 AM

Taste Like Chicken
Dagwood's, 9 PM - 1 AM

Dave Zollo/Randy Davis
Isabella's, 9 PM - 1 AM

John Moran/Dean Mattoon
Silver Dollar, 10 PM - 2 AM

Sunday, January 11

One-Hat Band
New Diggings, 3:30 - 7:30 PM

Tony Walker
Sandy Hook, 9 PM - 1 AM

Tuesday, January 13

Open Jazz Jam
Isabella's, 8 PM - 12 AM

Six-String Sessions
Star Ultra Lounge, 8 PM - 12 AM

Wednesday, January 14

Wundo Band
Steve's Pizza, 7 - 11 PM

Wednesday, January 14

Laughing Moon Comedy
Diamond Jo, 8 - 10 PM

Thurs., January 115

Dueling Pianos
Diamond Jo, 8 - 10 PM

Dert Tones
Cornerstone, 8 PM - 12 AM

PW Long
180 Main, 9 PM - 1 AM

Friday, January 16

Mary Mabusth
Stone Cliff, 7 - 11 PM

Honey Shot
Diamond Jo, 8 - 11 PM

Okham's Razor
Perfect Pint, 8 - 11 PM

Katie & Brownie
Irish Cottage, 8 PM - 12 AM

Johnnie Walker
Jumpers, 9 PM - 1 AM

The Blueheels
180 Main, 9 PM - 1 AM

Alma Sub Rosa
Isabella's, 9 PM - 1 AM

Dert Tones
Sandy Hook, 10 PM - 2 AM

Saturday, January 17

Denny/Rick/Troy
Sundown, 2 - 6 PM

LIVE INFO LISTINGS BY PHONE

588-4365

COMEDY

NIGHTLIFE

MOVIES

JANUARY LIVE MUSIC

Saturday, January 10th
John Moran and Dean Mattoon

Friday, January 23rd
Ethan Keller

Saturday, January 24th
The Mayflies

Friday, January 31st
Mindsight

Open Mic Thursdays

LOOKING AHEAD

- 5 • Stealin' Strings
- 6 • GB Leighton
- 7 • The Jumbies
- 13 • The Melismatics with Holding Mercury
- 14 • The GoodYear Pimps
- 20 • The Nadas
- 21 • Minus Six
- 27 • The Dingleberries
- 28 • Natty Nation

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Saturday, January 17

Chuck Bregman
Stone Cliff, 7 - 11 PM

Honey Shot
Diamond Jo, 8 - 11 PM

Legends
DBQ Driving
Range, 8 PM - 12
AM

Katie & Brownie
Irish Cottage, 8
PM - 12 AM

Artie & the Pink
Catillacs
Dagwood's, 9 PM
- 1 AM

Nothin' but Dylan
Grape Escape, 9 PM - 1 AM

Swamp Cats
Noonan's North, 9 PM - 1
AM

Lonely Goats
180 Main, 9 PM - 1 AM

Mixed Emotions
Ace's Place, 9 PM - 1 AM

12-Penny Band
Jumpers, 9 PM - 1 AM

Patchouli
Isabella's, 9 PM - 1 AM

The Do-Overs
Lux Club, 9 PM - 1 AM

Sun., January 18

Kevin Beck/Johnnie
Walker
Sundown, 2 - 6 PM

Sunday, January 18

Tony Walker
New Diggings, 3:30 - 7:30 PM



Laura & the Longhairs
Sandy Hook, 7 - 11 PM

Chris Koza
Isabella's, 9 PM - 1 AM

Tuesday, January 20

Open Jazz Jam
Isabella's, 8 PM - 12 AM

Six-String Sessions
Star Ultra Lounge, 8 PM - 12
AM

Wednesday, Jan. 21



Wundo Band
Steve's Pizza, 7 - 11 PM

Laughing Moon Comedy
Diamond Jo, 8 - 10 PM

Wednesday, Jan. 21

Foosball Tournament
Isabella's, 9 PM - 1 AM

Thursday, January 22

Jewel
Diamond Jo, 8 PM

Mighty Short Bus
Murph's, 9:30 PM - 1:30 AM

Friday, January 23

Rosalie Morgan
TAIKO, 7 - 11 PM

Chuck Bregman
Stone Cliff, 7 - 11 PM

Hard Salami
Diamond Jo, 8 - 11 PM

Jeff Ward
Irish Cottage, 8 PM - 12 AM

Just Cuz
Ground Round, 8 PM - 12 AM

Taste Like Chicken
Dirty Ernie's, 9 PM - 1 AM

Juke Joint Duo
180 Main, 9 PM - 1 AM

James Kinds/All-Night Riders
Sandy Hook, 10 PM - 2 AM

Ethan Keller
Silver Dollar, 10 PM - 2 AM

Saturday, January 24

Jill Duggan
Stone Cliff, 7 - 11 PM

Gary Wesley (Elvis show)
Diamond Jo, 8 - 11 PM

Saturday, January 24

Jeff Ward
Irish Cottage, 8 PM - 12 AM

Okham's Razor
Cornerstone, 8 PM - 12 AM



Dert Tones
New Diggings, 9 PM - 1 AM

Horsin' Around
Chestnut Mtn., 9 PM - 1 AM

Rocket Surgeons
Eichman's, 9 PM - 1 AM

Menace
Courtside, 9 PM - 1 AM

Falling Within
Detour, 9 PM - 1 AM

Comfortably One
The Hub, 9 PM - 1 AM

Mississippi Band
Asbury Eagles Club, 9 PM - 1 AM

Shame Train
180 Main, 9 PM - 1 AM

The Mayflies
Silver Dollar, 10 PM - 2 AM

LIVE MUSIC & ENTERTAINMENT
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180main.com
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107 Main St W. Epworth, IA • 563-876-9068
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New Diggings, Wisconsin • 608-965-4881
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bricktowndubuque.com
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captainmerry.com
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diamondjo.com
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12471 Highway 52 S. Green Island, IA
(563) 682-7927 / (563) 580-9494
- **Murph's South End**
55 Locust St. Dubuque • Phone 563-556-9896
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newdiggs.com
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Isabella's Entertainment

Isabella's slides into the New Year with a whole list of talented performers well-suited to the intimate music space. Add in the usual tap beers from some of the Midwest's finest brewers (the Uncommon Stout went on just a few nights ago), the great wine list, and of course new and vintage vinyl spinning nightly, Isabella's is still a great place to kick back with friends. Not to mention the fastest foosball table in town. Hey wouldn't be cool if they had a foosball tournament ... read on, my friend. Read on.

Dave Zollo with Randy Davis Saturday, January 10

Everybody's favorite honkytonk piano bluesman Dave Zollo is joined by multi-instrumentalist Randy Davis for this paired-down Isabella's performance of The Body Electric. Davis has been a regular in Zollo's band as well as serving time in Shame Train, the vehicle for Sam Knutson's songwriting. In fact, Davis reportedly contributed some of the lush guitar work on Shame Train's critically acclaimed *Gone* album. In any case, the Isabella's show should provide a suitably intimate atmosphere for Zollo and Davis to work their way into what promises to be a very cool set.

Alma Sub Rosa with Feast of Mutton Friday, January 16

The new and still evolving project known as Alma Sub Rosa is set to play a more acoustic set at Isabella's on Friday, January 16. Giving the monster rhythm section a break for the more intimate surroundings of the Ryan House underground lounge will give the three main songwriters – Bob Bucko (Old Panther, Double Rainbow, etc.), Shawn Healy (Big Muddy, etc.) and Kristina Castaneda – a bit more room to spread out and explore some of the more subtle nuances of the songs' melodic and harmonic structures. Considering how great the room sounds, it should be an interesting experience for listeners.

Also performing will Feast of Mutton, in which Shawn Healy joins Eric Balayti. In Feast of Mutton, Balayti and Healy explore the minor key scales and oval-wheeled timing of Gypsy jazz in a context that might be described as contemporary jazz/folk. All in all, it should make for an evening worthy of more careful listening than usual.

Patchouli Saturday, January 17

Collectively known as Patchouli, the duo of Julie and Bruce Hecksel might be best known locally for their Gazebo stage performances at DubuqueFest, having played the May art festival a couple of times in recent years. Now based in Wisconsin,

the couple has roots both in Chicago and Minneapolis and spend a fair amount of time on the road, playing shows in both cities and across North America. Utilizing primarily acoustic guitars and harmony vocals, Patchouli also incorporates Julie's original writing as well as a variety of instrumentation that includes upright bass, marimba, flute, and hand drums. The resulting upbeat mix infuses the acoustic folk with a variety of ethnic influences that spins out uniquely Patchouli.



Chris Koza Sunday, January 18

Critically acclaimed indie-pop songwriter Chris Koza makes the trip down from Minneapolis for an intimate performance in Isabella's on a Sunday evening, January 18. While not the usual night out for live music, Koza's songwriting, arranging, and singing would be well worth stepping out on a Sunday. Now with three full length CDs, an EP, and a pile of tour dates to his credit, Koza is receiving wider critical acclaim, drawing comparisons to classic singer/songwriters like Jackson Browne and Paul Simon, though a listen to songs posted on his Myspace page reveals a talent more reminiscent of a few writers and bands listed under his "Sounds like" section – Ryan Adams, Wilco, Josh Rouse, My Morning Jacket, and Andrew Bird. Fans of any or all of those bands should check it out.

Foosball Tournament Wednesday, January 21

Isabella's Foosball Tournament returns! Get your team lined up. Scheduled for Wednesday, January 21, registration will open at 7:00 p.m. with the double elimination tournament beginning at 8:15. If it's anything like last year's tournament

the competition will be fast and furious. In the end Aaron Roeth and Pab Adams (of the band Fish on Amphetamines) snatched the title away from the Tully Brothers, Gene and Ken. But what a battle it was! There is an entry fee but it all goes to prize money (Check at the bar

would-be champions to "Come try your skill on Dubuque's fastest table."

Stay tuned to the pages of 365ink for more information on all of Isabella's upcoming live entertainment -- you won't want to miss any of it!

365

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Sunday, January 18
Tony Walker
3:30 - 7:30 PM

Saturday, January 24
Apple Dumplin's
9 PM - 1 AM

Sunday, January 25
Deuce Gravel
3:30 - 7:30 PM

From Dubuque - Hwy 11 E. to Hazel Green
W. Go straight across Hwy 80- Hwy 11
turns into County W. Take it to the DIGGS!

Silver Dollar Cantina Upcoming Entertainment

By Mike Ironside

We don't even have enough room to tell you about all the great live music coming up at the Silver Dollar Cantina this month and next. So let's get right to it. Don't forget to mark your calendars after reading all the way through the "Mark your calendars" section. Seriously, get out your calendar!

John Moran & Dean Mattoon Saturday, January 10

Also known as "Deuce Gravel" the paired-down duo version of rock and blues band Loose Gravel, John Moran and Dean Mattoon will perform at the Dollar on Saturday, January 10. The duo has created quite a following around town the last couple of years, especially with a number of laid-back summer performances on the patio overlooking the River at the Grand Harbor. Moran is a veteran singer/songwriter, guitarist and harmonica player. A founding member of two Tri-State area bands – Longshot and Saddletramp – Moran worked the Nashville circuit for 13 years before returning to Dubuque. His songs have been recorded by artists on both coasts, as well as Nashville. Mattoon, also known for his work with the Apple Dumplings and the Dert Tones provides Moran's backup with spot-on harmonies and those note-perfect guitar solos he makes look so easy.



Ethan Keller Friday, January 23

Milwaukee jazz funk prodigy and leader of the Ethan Keller Group (EKG) Ethan Keller makes a solo appearance at the Dollar Friday, January 13. Keller describes the show on one of the web sites that list his gig dates as a "solo-loop beatbox bass guitar one man band funky fiasco." So I think we can assume he will be distilling the jazzy modern funk of EKG down to a loop-based groove that still allows him room for his expressive singing and playing.

As for the "fiasco" part, I wouldn't worry too much about that. Undoubtedly a bit of self-deprecating humor, Keller isn't likely to steer things too far out of the groove on stage. He's been writing songs from the age of nine and formed his first band as a high school freshman at the tender age of 13 after his dad gave him a bass guitar. Switching to guitar he started the band Greenscene, a funky jam band that not only made a splash in the Milwaukee area but won the 2001 Jim Beam Band Search, beating out 1500 other competitors to earn the title "best unsigned modern rock act in America." Between that band and his Ethan Keller Group, formed in 2004, Keller has logged thousands of miles over dozens of states, playing thousands of gigs and selling thousands more CDs. So he should be just fine on stage.

Per usual, Keller's latest incarnation draws on a wide variety of influences but tends toward a modern funk groove that infuses smooth jazz and hip-hop expressed in a pop setting that is both accessible and progressive. Fans of Beck, Citizen Cope, Dignable Planets, G. Love and Jamiroquai should easily slip into the Ethan Keller groove.

The Mayflies (of Johnson County) Saturday, January 24

In case no one has noticed, roots music has been making a relatively quiet but steady comeback with as many permutations as there are bands performing under that banner. Hailing from Johnson County, The Mayflies definitely qualify as roots music but not necessarily as a band that neatly fits into any subcategory. While bluegrass is surely a strong element at the core of The Mayflies' sound, roots rock is a fair expression of the music's delivery method. After all they do have a drummer (James Robinson) in the band and lead singer Stacy Webster plays an electric guitar. Round out the lineup with Jon Eric's electric banjo and Dave Lumberg's bass and you can see where the genre-confusion might pop up. Are the Mayflies a rock band with bluegrass roots or a bluegrass band that rocks? In the end it doesn't really matter because they do it very well and if it sounds like something you might like, I'm pretty sure you will.

Mindsight with BlackBloom Saturday, January 31

Chicago-based modern rock outfit Mindsight returns to the Dollar with local indie-rockers BlackBloom once again opening. Playing dates in support of their new album 5 Minutes Later Mindsight has been performing in premier venues in Chicago, Milwaukee, Los Angeles, and Las Vegas. The band has opened for Staind, Stone Sour, The Cult, State Radio, P.O.D., Powerman 5000, and Three Days Grace among others. Hearing their radio-ready vocals you might wonder how they hit those high notes with such smooth tones. I'm not saying it has anything to do with their sponsorship by Jagermeister, I'm just sayin'.



Stealin' Strings Thursday, February 5

Just before press time, Michelle called us up to pass along the breaking news that the Dollar scored a Thursday night date (displacing the usual Open Mic) with Wisconsin-based Stealin' Strings, an up-an-coming roots meets jam band that is making waves on the national stage. Begun as a collaboration between mandolin/guitar player and vocalist Ryan Ogburn and guitarist and vocalist Rob Shively in 2002, the duo performed in an acoustic vein, drawing from the Milwaukee area bluegrass scene and filtering the style through their rock influences. With the addition of Rob Buehler on drums and Matt Turner on bass, the new foursome ventured into broader musical territory, using their roots influence as one shade in an ever-evolving tone painting that incorporates a range of ethnic colors and styles. I could list the bands Stealin' Strings has shared the stage with, but the same jam band fans

that would recognize their peers have probably already heard of Stealin' Strings. If that is your kind of music, this is one of those shows not to be missed.

GB Leighton Friday, February 6

With a couple more issues of 365ink to come before this show rolls around, we'll save some for later, but just wanted to let some of the fans know about this one in advance. Those who know will want to be at this show. Those that don't ... well, keep posted, we'll give you the scoop. Until then...

Mark your calendars...

No seriously, you have to mark your calendars as the New Year is just getting started with some great upcoming shows at the Dollar. The Caribbean groove of The Jumbies returns on Saturday, February 7. The following weekend is huge with the return of Minneapolis' indie-pop Melismatics along with the modern rock of Holding Mercury on Friday, February 13, followed by the prankster punk of the Goodyear Pimps on Valentine's Day, Saturday, February 14 (it takes a very special kind of girl...). Finally, ochOsol will be performing for the Winter Jazz & Blues Fest on Friday, February 20, with Quad Cities piano/sax-based rock band The Minus Six rocking Saturday, February 21. And that's just February! Get out and check out some live music.

365






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ON DUBUQUE notes from the mayor

"2009 Federal Legislative Priorities"

On February 4-6, 2009, I will join with City Council and Staff representatives to participate in the annual information sharing discussion in D.C. with the Iowa Congressional Delegation about our City's 2009 federal legislative priorities. The report from Assistant City Manager Teri Goodmann described the following:

The City of Dubuque's 2009 Federal Legislation Priorities include both old and new items. As is standard procedure, we are retaining some items from prior years that remain unfinished or unaccomplished. This is particularly important for major transportation projects that remain in a federal queue for a decade or more before securing full funding and final completion.

Multi-year priorities. Ongoing transportation requests include the SW Arterial funding, transfer of HWY 20 Julien Dubuque Bridge funds to the SW Arterial, ongoing airport terminal expansion appropriations, passenger rail support, and improved funding for public transit. The intermodal transportation facility continues to be a priority with an anticipated appropriation for design in the next federal budget.

Other multi-year funding priorities include the Bee Branch project to mitigate flooding on the North End; federal communication policies that give local governments and consumers a competitive advantage when negotiating with communications industries; Port of Dubuque agenda items including Phase Two support of America's River and a request for the annual entitlement funding for the Crescent Community Health Center. And, as in prior years, we will request that full funding be restored to the Community Development Block Grant Funds which have continued to be reduced annually for the past ten years.

New priorities. New issues of priority concern focus on legislation directly related to the City of Dubuque's Sustainability Initiative. The City of Dubuque, through its membership in Climate Communities, a national coalition of local governments, put forth national legislative proposals to the Obama-Biden transition team. These proposals focus on federal recognition of

the role of local governments in reducing energy consumption and call for funding of specific programs such as the Environment and Energy Conservation Block Grant program, and pilot programs for local governments that create models of energy that can be replicated in cities across the country.

The federal Highway bill is up for reauthorization in this session of Congress and our dialog with Congressional staff and the transition team emphasized support for sustainable transportation policies and appropriations including increased funding for trails, public transit, expanded passenger rail service and enhancement dollars for historic preservation.

New emphasis is given to support for financial tools that the federal government can provide for local government and private sector developers as we work together to expand and support job creation and economic development. The prioritization of economic development initiatives by the City Council, including revitalization of the Historic Millwork District (warehouse district), places the New Market Tax Credit program and the Federal Historic Tax Credit program on the priorities document.

Support from the federal delegation is requested for the designation of a "Youth Build" program in Dubuque, which is a highly successful program that specifically addresses youth development and at-risk youth, particularly high school dropouts. The program would include job training and mentoring and complement the nationally-recognized HEART program as well as support our community's Every Child, Every Promise initiative.

Finally, in partnership with other area organizations, we will request support for another Department of Labor grant for workforce development. An application is being submitted for training options for underutilized workers in order to maximize our community's human capital!

As proposed by City Staff and recommended by City Manager Van Milligen, the 2009 Federal Legislative Priorities was unanimously approved at the Monday, 1/5/09, City Council meeting.

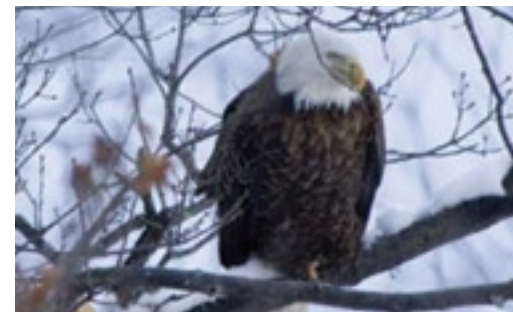
JAN 17

Bald Eagle Watch Day @ Mines

The Friends of the Mines of Spain have announced their Bald Eagle Watch, scheduled for Saturday, January 17, at the Grand River Center. The free event includes both indoor educational activities and outdoor viewings of bald eagles.

Indoor activities begin at 9 a.m. and include a Raptor Awareness program with live birds of prey at 9 a.m., 12:15 and 3 p.m.; a session on Wildlife Photography at 11 a.m.; and a program by the International Crane Foundation that will include live birds at 1:45 p.m. There will be children's activities throughout the day, along with vendors, exhibits on wildlife, and nature areas.

Outdoor viewing of eagles will be at Lock and Dam 11 from 9 a.m. to 3:30 p.m. Trolley rides will be available from 9 a.m. to 3 p.m. The Bald Eagle Watch is sponsored by The Friends of the Mines of Spain and the Iowa DNR. For more information, call the Mines of Spain Park Office at 563-556-0620.



365

Dubuque Arts Council's



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in Dinner Jackets



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or online @ Ticketmaster.com



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ticketmaster



DUBUQUE365.com



365's RECURRING NIGHTLIFE CALENDAR

ENTERTAINMENT YOU CAN SET YOUR WATCH TO!

Mondays

Wii Bowling - Champps Sports Bar & Grill, 8 p.m. Martini Madness 8 p.m. - Close.

Tuesdays

'Round Midnight Jazz w/ Bill Encke - Isabella's, 9 p.m. - 12 a.m.
Pub Quiz - The Busted Lift, 8 p.m. First 3 Tuesdays of the month.
Sports Movie Night - Champps Sports Bar & Grill, 8 p.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Wednesdays

Live Music - Champps Sports Bar & Grill, 7-10 p.m. (Happy Hour 4-6 p.m.)
Live on Main Comedy - 2 great standups, Bricktown, 9 p.m. - 11 p.m.
WJOD Wild West Wed - (Country Dancing), Fairgrounds, 7 p.m. - 11 p.m.
Karaoke - C-Sharp, A&B Tap, 8 p.m. - 12 a.m.
Karaoke - Becky McMahon, Denny's Lux Club 8:30 p.m. - 12:30 a.m.
Karaoke - Borderline Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Thursdays

Live Music - Robbie Bahr & Laura McDonald, Gobbies, Galena, 9 p.m. - 1 a.m.
Champlympics - Champps Sports Bar & Grill, 8 - 10 p.m.
Y-105 Party Zone - Dbq Co. Fairgrounds, 7 p.m. - 10 p.m.
Open Mic Showcase, Isabella's 8 p.m. - 12:00 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Becky McMahon, Ground Round, 9 p.m. - 12 a.m.
Karaoke - Flyin' Hawaiian, Shannon's Bar, 9 p.m. - 1 a.m.
Karaoke - Soundwave, Bulldog Billiards, 9:30 p.m. - 1:30 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

Fridays

Firewood Friday (3rd Friday's) - Isabella's Bar at the Ryan House, 9 p.m. - 1 a.m.
Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Wii Battle of the Sexes - Champps, 9 p.m. (Beer Sampling 7 - 9 p.m.)
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Flyin' Hawaiian, Sublime, 9 p.m. - 1 a.m.
Karaoke, Becky McMahon, 3rd Fridays, Kuepers - Dickeyville, WI, 9p.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Brian Leib's Essential Entertainment, Aragon Tap, 9 p.m. - 1 a.m.
DJ Music - Main Event DJ, Gin Rikeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m.-12 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.

Saturdays

Live Comedy - Arthur House Restaurant, Platteville, 9 p.m. - 10:30 p.m.
Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Bluff Street Live Open Mic, Mississippi Mug, 8 p.m. - 12 a.m.
Karaoke - Borderline Karaoke, Bricktown, 9p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Flyin Hawaiian, George & Dales, (East Dub.) 9p.m. - 1 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Starburst Karaoke, w/Dave Winders, Instant Replay, 9 p.m.-1a.m.
DJ Music - Champps Sports Bar & Grill, 9 p.m. - Close
DJ Music - Main Event DJ, Gin Rikeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m.-12 a.m.

Sundays

Open Mic with Sean Kramer (Mississippi Flat Miners), A&B Tap, 9 p.m. - 1 a.m.
X-Box Rock Band - Champps Sports Bar & Grill, 8 p.m.
Karaoke - Flyin' Hawaiian, Knicker's Saloon, 9 p.m. - 1 a.m.
Karaoke - Phoenix Entertainment, The Hangout (East Dub.), 9 p.m. - 3 a.m.

If you have updates, additions or corrections to the recurring nightlife calendar, please contact 365 with the new information @ info@dubuque365.com!

JAN
17

Comedy Sportz @ Bell Tower

There's nothing quite like improv comedy; knowing that the show you're watching is essentially unique, being created there on the spot, one-of-a-kind in history is pretty cool. The Bell Tower Theater has been promoting improv comedy in the Tri-States for quite some time now, and now another opportunity for fans of shows like Whose Line Is It Anyway? to attend an improv show has arisen.

On Saturday, January 17, the Bell Tower Theater will present the return of Comedy Sportz, the award-winning comedy troupe from the Quad Cities. The group's prior performances at the Bell Tower over the last three years have all been sell-outs, and the theater is bringing Comedy Sportz back by popular demand.

Comedy Sportz focuses its humor on all-age-friendly material, with the motto "No off-color humor — don't need it, don't want

it. You can stand on the street and hear people cuss for free." Can't argue with that; after all, Bill Cosby is still funny after all these years! A ComedySportz match features two teams of comedy athletes competing for laughs and points, with a referee keeping things moving and calling fouls. An average of seven to twelve games are played during a match, drawn from a repertoire of over a hundred improv games. In "Shakespeare" a team will improvise a scene inspired by an audience suggestion in Shakespearian style. In "Elimination Rap" players will create a rap on the spot, trading off each other's phrases. You dig?

Tickets for Comedy Sportz are \$17, and they are available now at the Bell Tower Theater box office, located at 2728 Asbury Road. Discounts are available for groups of 20 or more. For ticketing or additional information, call 563-588-3377, or visit the Web site at www.belltowertheater.net.



365

Budweiser MIDWEST CONCERTS & SPECIAL EVENTS



Metallica

Rosemont Theatre, Chicago • January 26-27

Joan Baez

Barrymore Theater, Madison • March 14

Brad Paisley & Dierks Bentley

i Wireless Center, Moline • January 30

Nickelback

i Wireless Center, Moline • March 15

Motley Crüe

i Wireless Center, Moline • February 11

Katy Perry

House of Blues, Chicago • March 24

George Thorogood

Barrymore Theater, Madison • February 27

David Cassidy

Rosemont Theatre, Chicago • March 28

Gaelic Storm

House of Blues, Chicago • March 13

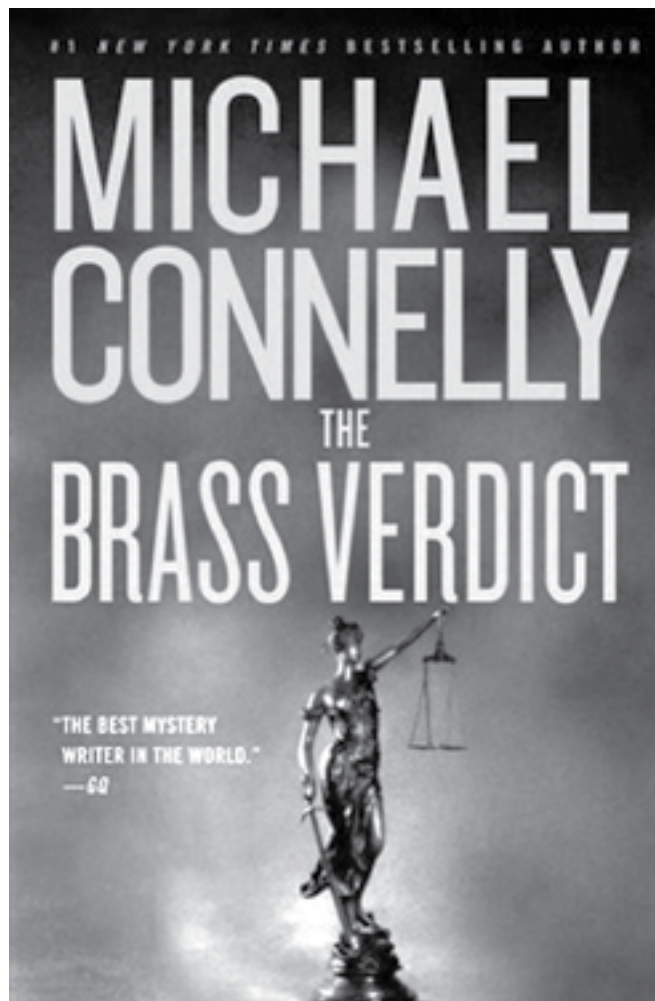
Styx

Wisconsin Dells • April 24

Bob's Book Reviews

Slam Dunk

by Bob Gelms



Not because some reviewer in GQ says so or because the marketing department stuck the quote on the front cover of *The Brass Verdict* by Michael Connelly, I truly believe Michael Connelly is the best mystery writer in the world. To paraphrase something I've said in these pages before, Connelly is the poster child for a writer of popular fiction as a writer of good literature. I put him in the same company as Dashiell Hammett and Raymond Chandler.

There used to be a mildly humorous complaint about the National Book Award. It isn't so true anymore, but writers used to say that if you wanted to win the National Book Award you needed to write a book

with boring characters, no plot, and, most importantly, no sales. There was and still is a prejudice against books that sell lots of copies in the sense that, somehow, if it sells it can't be good literature. This idea further crippled writers of genre fiction; science fiction, detective fiction and romance fiction. In reality, here in the USA, good literature sells pretty well and, intermittently, spectacularly well. Let me mention a few authors who write great literature and sell like bags of ice in the desert: Kurt Vonnegut, Don DeLillo, Daniel Silva, Thomas Pynchon, and J. D. Salinger, just to name a few.

After 19 novels and one non-fiction book, Connelly is starting to get the critical acclaim he so richly deserves even though his books sell so well he can forget about the National Book Award. He has carved out the corner of our society where crimes get committed

and justice is meted out by lawyers, cops, courts, criminals, and just plain ordinary folks. He knows this world well. Most often he writes about it from the perspective of cops and a few times from the viewpoint of a newspaper reporter. In *The Brass Verdict* we, for the first time, get the perspective of a lawyer.

It is the second book featuring Mickey Haller, a lawyer who works from the backseat of his Lincoln Town Car, hence the name of the first book in the series, *The Lincoln Lawyer*. In *The Brass Verdict*, Mickey has a lawyer friend named Jerry Vincent, who is murdered. A judge then

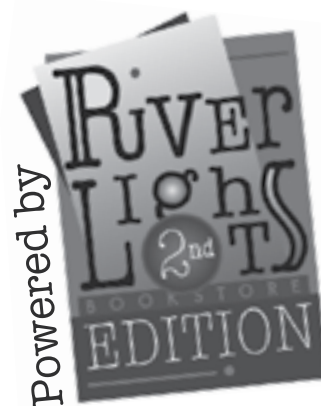
appoints Haller to take on all of Vincent's clients, one of whom is a big-time movie mogul accused of killing his wife and her lover: Big case, big publicity, big money. It's like Haller just won the legal equivalent of the lottery. At this point it takes on the feel of an Evil Knievel stunt ... exhilarating if done right, but mostly the chances are for a memorable "crash and burn."

Things get truly interesting when guess who shows up to investigate Jerry Vincent's killing? Yep, it's Harry Bosch. The *Brass Verdict* is told in the first person by Mickey Haller. So, we get to see Bosch through the eyes of someone who would be the natural opponent to Harry's detective, a defense attorney. They don't like one another. They both try to use the other man to their own advantage. Bosch even puts Haller's life in danger by using him for bait to catch Vincent's killer. One small catch: Mr. Bosch didn't mention the danger part to Mr. Haller.

Things work out for Haller and Bosch, but not in ways that you would expect or could predict. Justice is supposed to be blind and is, more than occasionally, stupid as well,

but things work out for her in ways you wouldn't expect or predict, either. Is justice served if a man is found guilty of a crime he didn't commit but slide by on a slew of crimes he did? Is justice served if the punishment is handed out in ways that don't include the courts or the legal system but all the bad guys are punished? Is justice served if lawyers and cops break the law to enforce it? Because, after all, the criminals don't have to play by the same rules the justice system does and is that fair to the victims. Good homicide cops the world over have one principle that drives them in their work: They speak for the dead.

After the plots lines are all sewed up and cleanly knotted together, Michael Connelly still has a huge revelation that I never saw coming. It takes place at the very end of the book in a conversation Bosch and Haller have at Haller's house. Don't read ahead, you'll spoil things in a big way. Michael Connelly is the best, he's just the best!



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What Do You Focus On?

Do you focus on negatives such as cold weather, the economy or a bad relationship? Or do you focus on positives like being employed, a paycheck and love? You cannot control the circumstances around you, but you can control what you focus on. This is important because what you focus on expands.

We live in a world that focuses on the negative. Check out the paper or news for example. How many positive stories make the front page or headlines? It is about 18 negative stories for every positive one. Now, jot down the five people you spend the most time with. Do these people focus mostly on the negative or positive? It is natural, easy, and convenient to focus on the negative. Bad or good, negative or positive, what you focus on expands.

I know a guy who constantly focuses on the negative. His life is based on mistrust and fear. He can't wait to tell anyone about the terrible drama un-

folding. Every new experience confirms that the world is against him. By concentrating on the negative, he gets more of it. It not only makes his life miserable, but also the lives of the people around him. He is dying proof that what you focus on expands.

In your own life, pay attention to what you focus on. If you focus on problems rather than solutions, you are assured to have more problems. Replace the negative stuff with positive. Don't focus on the price of gas; be happy you have a car to put gas into. Don't focus on the long hours; be glad you have a job. Don't continually complain about the cold and snow. If you don't like the cold and snow, move to Arizona. Focus on the positive aspects of your life and they will expand.

What is expanding in your life right now? I bet it is what you are focusing on? Focusing on the negative is a losing proposition. If you're going to do that, you might just as well go to the morgue and wait. Focus on the positive aspects of your life and they will expand. What do you focus on?



1% Mattitude Improvement Tip

Write it Down Before You Speak

Speech is imperfect; listening is even more imperfect. This makes the written word so powerful. If you can't express your thoughts and ideas clearly in writing, no amount of yapping will help. Writing your thoughts and ideas before

speaking forces you to be specific, clear and reduces misunderstandings. Write it down before you speak up.

CYA - Check Your Attitude! Like it or not, your ATTITUDE determines your success (or lack thereof). Check Your Attitude daily! To inquire getting Mattitude at your next program, email matt@mattbooth.com or call 563-773-matt.



A Classy Evening Overlooking Downtown Dubuque

The city of Dubuque has a long and colorful history that includes tales of Indians, miners, illegal whiskey, gamblers and riverboats. Recently my wife and I experienced an evening of colorful history ourselves—though not quite THAT colorful—during an overnight stay at Clarke Manor Bed & Breakfast Home, which bills itself as “one of Dubuque’s crown jewels, and home to some of Dubuque’s most prominent civic, professional and business leaders.”

The most recent resident of this majestic home atop the bluffs of Dubuque—at the corner of Clarke Drive and North Main Street—was none other than the colorful owner of Mario’s Italian Restaurant. As Mario himself told me last year when the sale of his family’s historic residence had been completed and plans were announced to open it as a bed & breakfast, “I don’t mind wining and dining with these folks, but I don’t want to take them to bed with me!”

When Mindy and I booked a stay at the new Clarke Manor a couple months ago, however, we did in fact decide to spend the night in Mario’s spacious former bedroom—without the presence of the former occupant, that is. We chose a time of the year when the leaves had just fallen from the trees (providing excellent views from the blufftop via the new cupola), yet the temperature was not yet frigid. And, with a Friday-night stay, we could sleep in and enjoy a homemade breakfast the following morning.

In the week leading up to our stay at the guesthouse, we enjoyed lunch at Mario’s that Monday, had dinner at the annual Hillcrest Italian Dinner (sponsored by Mario) on Tuesday, and then enjoyed drinks with friends at Mario’s after the Italian meal. It seemed only fitting that we end the week with a night at the Italian chef’s former residence.

It’s obvious when guests enter Clarke Manor that the new owners have been careful to maintain the splendor of the building’s 1850s origins, while also offering modern amenities such as wireless internet and flat-screen TVs (and even indoor plumbing!). With wide eyes, we gazed on the immaculate architecture and various details of the residence—the imported Italian marble fireplace, for example, or the Galena lead-glass foyer—all the while

wondering about the various owners who have called this fashionable turn-of-the-century Spanish Mission-style residence their home over the past 150 years.

One interesting factoid we learned during our stay was that Clarke Manor is not named after Mother Mary Frances Clarke, after which Dubuque’s Clarke College and Clarke Drive were named. The bed & breakfast is actually the namesake of E. (Ebenezer) Lincoln Clarke, who built the home around 1854 and occupied it with his family until his death in 1903.

With tons of large windows offering grand views of the gardens surrounding the residence, large chandeliers add a touch of class to each of the guestrooms while wood floors help create a warm feeling throughout the house. A darkened oak-paneled library would be the perfect setting for someone enjoying a novel and a (smokeless) cigar, and the spacious kitchen was surely befitting the owner of a popular Italian restaurant.

Yes, Clarke Manor is full of stories and full of class.

On this particular weekend evening my wife and I were the only guests at the mansion. After dinner with our friends Ross and Juliet that night, the four of us returned to Clarke Manor to enjoy some Stone Cliff wine and a complimentary cheese tray while watching an action-packed flick on the library’s large TV.

The next morning we gazed out the windows of our room at the spacious gardens in the yard, where tulips, muscar and crocus will be filling the blufftop with color next spring, followed by masses of fragrant peonies that will bloom into the early summer.

That’s when Mindy and I will certainly be back for yet another night at Clarke Manor, when we can once again climb the spiraling staircase to the rooftop cupola, from which we can view the evening lights blanketing downtown Dubuque. Once again we’ll take in majestic views of the downtown, Loras College, the Mississippi River, the Wisconsin bridge and the surrounding countryside across the river.

And the colorful history of Dubuque lives on for generations to come.



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EATING HEALTHY



With **HyVee HealthMarket**
Nutritionists
PAT FISHER & MEGAN DALSG

Shop Smarter... By Numbers!

Hy-Vee shoppers across the Midwest, intrigued by the prospect of glancing at numbers to assess the nutritional quantity of the food they buy, will soon be able to put the concept into action!



This system is called the NuVal™ Nutritional Scoring System, or NuVal for short, and it will be in all Hy-Vee stores early in 2009. NuVal is easy to understand and simple to use. Food products are scored from 1 to 100; the higher the number, the more nutritious the food. The scoring process incorporates 30 separate nutrients, some healthy and some not, and then mathematically produces a nutritional score. Nutrients with favorable effects on health are placed in the numerator, where higher values increase the score. Nutrients with unfavorable effects are placed in the denominator, where higher values decrease the score.

"If we want people to make good decisions about the foods they buy and eat, then we have the responsibility to give them information they can understand," says Dr. David Katz, who gathered an independent team of the nation's top nutrition and health experts to develop the

algorithm that scores the food. The program doesn't label any product good or bad; however, it simply allows shoppers to make better selections within each category.

Nutrition Facts		
Serving Size 1 piece (219g)		
Servings Per Container 6		
Amount Per Serving		
Calories 520	Calories from Fat 240	
% Daily Value*		
Total Fat 27g		41%
Saturated Fat 12g		11%
Cholesterol 255m		6%
Sodium 111		7%
Total		10%
		5%
Protein		
Vitamin A 20%	•	Vitamin C 4%
Calcium 15%	•	Iron 25%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

Current nutrition panels confuse customers. What is needed is a way to measure the overall nutritional value of a food. You may have noticed many manufacturers' banners and icons on food packages that claim nutritional value. The expert panel that created NuVal is unbiased and has no vested interest in the production, manufacturing or selling of food. Their purpose is to give individuals a quick and easy-to-understand way to assess the nutritional value of the food they buy.

The key to a successful diet is balance and variety. Choose foods across all categories and range of scores. However, the more frequently you choose foods with higher scores, the better your overall nutrition. Customers will still need to take into consideration serving size, food re-

strictions and special dietary needs when making food choices. The NuVal Nutritional Scoring System is not a weight loss program; however, eating more nutritious foods may result in weight loss, and may also result in a reduction in your risk for certain food-related diseases such as diabetes and heart disease.

Approximately 14 categories will be scored at the outset: among them bread, eggs, canned vegetables, frozen vegetables, meat, cereal, pasta, cookies, produce, crackers and salty snacks. Categories will be added as scores become available.

NuVal™ provides customers the ability to make well-informed nutritional choices, one food at a time. The concept is simple: the higher the score, the higher the nutritional value. Feel free to ask any Hy-Vee employee about the program or go to www.nuval.com to learn more. Hy-Vee is making your life easier, healthier and happier!

RECIPE **Chipotle Sour Cream Chicken Meal** Serves 8.

All you need:

4 boneless, skinless chicken breasts
1/3 cup Hy-Vee sour cream
1/2 cup Hy-Vee bread crumbs
1/2 tsp chipotle chile powder
Hy-Vee salt and pepper, to taste
corn on the cob
spinach
red grapes

All you do:

Preheat oven to 350°F. Coat each chicken breast with sour cream.
Stir together bread crumbs, chipotle, salt and pepper. Roll each chicken breast in breadcrumb mixture.

Place in a greased 9-by-13-inch baking dish. Bake uncovered 20 to 25 minutes or until internal temperature reaches 165°.

Serve with corn on the cob, spinach and red grapes.

Top Ten Budget-Friendly, Healthy Foods!

Many people are looking for ways to stretch their food dollar without sacrificing nutrition. You can stay on a budget and eat healthy food by using a few strategies while grocery shopping.

To get more nutrition bang for your buck, remember the words "seasonal" and "perimeter." Seasonal produce will be less expensive than out-of-season choices and the flavor is at its peak. Look for seasonal bargains in the produce department to get more nutrients for each dollar spent. Citrus fruits are a great buy during January. To illustrate that eating healthy doesn't cost more, compare the cost of an orange to a candy bar. An orange costs \$.35, compared to \$.69 for a candy bar.



Foods found in the perimeter of the store are less processed, which means less money for convenience, processing and packaging. Meat, dairy, produce and bulk grains are great buys for their nutrition. An eight-ounce serving of low-fat milk costs \$.19 per serving, versus an eight-ounce serving of pop at \$.56 per serving.

Choose more of these foods to get the most nutrition for your dollar:

Dietitian Top Picks for Budget-Friendly, Healthy Foods:

One banana 20¢
Oatmeal – not instant 9¢ per serving
One egg 12¢
One potato 15¢
One Carrot (whole, unpeeled) 12¢
Canned beans – black, kidney, etc. 14¢ per serving
Whole-grain pasta 21¢ per serving
One cup low-fat milk 19¢
One orange 35¢
Frozen vegetables 30¢ per serving



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Winter Farmers' Market

Continued from Page 10.

good," said apple and produce vendor Pete Henkels of attendance at the Winter Market. "Traffic has been steady. People like it. We've got the music here. It's really a big social gathering. People are down here and they'll be here for an hour or couple hours sometimes." Henkels also schedules the bands that perform, ranging from high school jazz combos to groups of old timers playing classic popular songs.

Henkels agrees with Weber's assessment on recurring customers. "(We're seeing) a lot of repeat customers and a lot of new ones," observes Henkels. "It's really a good cross section and you hear comments a lot. People say, 'This is nice.' We've got a nice variety of everything so it's great."

"It's been good," said Weber of attendance. "December is usually our toughest month, just because of the holidays, but we were able to have two really good Saturdays in December and January things start picking back up. We have the same people, but we always have new ones. Every week we usually talk to five or six people who have never been here before, so that's nice. The trend is kind of going

both directions – we have the people who are coming on a regular basis and we have the new faces and they all say that they'll come back, so that's been great." Future plans to draw more people include cooking demonstrations by local chefs and a taping of "Kids in the Kitchen."

Mozena points to the space the Colts Building offers for vendors and customers to interact, echoing Henkels' comments regarding the social aspect of the Saturday morning market.

"I think it's great," said Mozena of the Colts Building. "I think it offers plenty of space for people to come in, check out the local wares – the food, produce. There're places for people to sit down and have breakfast, a cup of coffee, enjoy the social aspect of it as well."

Henkels says there is no comparison between last year's Winter Market and this year in the Colts Building.

"Last year was good – the first year we got it off the ground," he offers. "But a differ-

Continued on Page 31.

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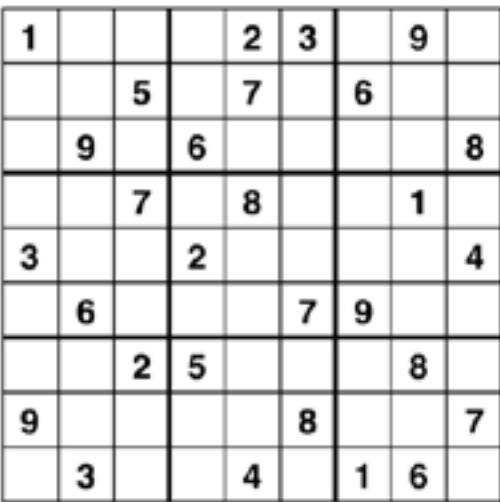
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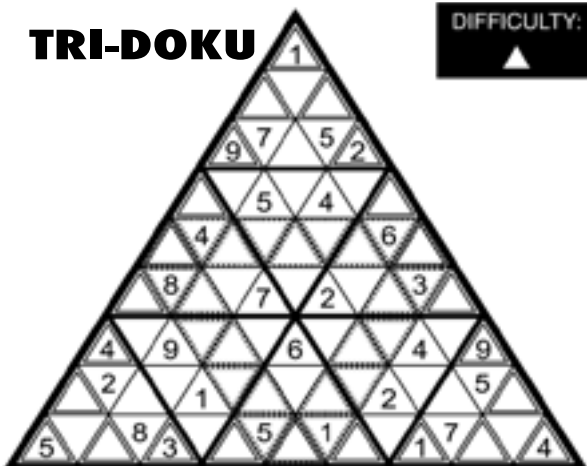
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WELCOME TO OUR ALL NEW TIME-KILLING 365 PUZZLE PAGE

SUDOKU



TRI-DOKU



DIFFICULTY:

1. The numbers 1-9 must be placed in each of the NINE LARGE triangles.
2. The numbers 1-9 must be placed in the three legs of the OUTERMOST triangle.
3. The numbers 1-9 must be placed in the three legs of the INVERTED INNER triangle.
4. No two neighboring (touching) cells may contain the same number.

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | | | | | | | | | |
|----------------------|---|---|---|---|---|----------------|---|---|---|---|---|
| 1. Bend | — | — | — | V | — | Wich's spell | — | — | — | S | — |
| 2. Chap | — | — | E | — | — | Tag along | — | — | O | — | — |
| 3. Page border | — | — | — | G | — | Sheen or Steve | — | — | — | T | — |
| 4. North Dakota city | — | — | — | — | T | Unimportant | — | — | — | — | R |
| 5. Mean woman | — | — | H | — | — | Scatter seeds | — | — | T | — | — |
| 6. Obstacle | H | — | — | — | — | Go sour | C | — | — | — | — |
| 7. Royal residence | — | — | — | — | C | Appetite | — | — | — | — | T |
| 8. Egyptian capital | — | — | — | — | O | Terrier breed | — | — | — | — | N |
| 9. Tailor's filament | — | — | — | — | — | Intimidation | — | — | — | — | T |
| 10. Handle | — | — | — | — | R | Flatten | — | — | — | — | L |

Super Crossword GNAW-THING

ACROSS

- | | | | | | |
|--|---|--|---|---|---|
| 1 Pugilistic
poke | Bulba's
author | 100 hazard
Traction | 1 Secure spot
2 — mater | 42 On the —
vive [alert] | 86 Trunkmate |
| 4 Silenced a
sneak | 54 Emulate
Pinocchio | 101 TV chef
Marlin | 3 Rosary part
4 Speak freely | 43 Summer
coil | 88 Traction
alliance |
| 9 Fuel source | 55 Brandy
cocktail | 103 "— Shuffle"
(77 song) | 5 Roin —
6 Exist | 44 Tristan's
looties | 92 Brace
95 Asta's
mistress |
| 13 "Turnaround"
tenor | 58 Protect with
plastic | 104 Seaweed
product | 7 Temptation
location | 46 Actress
Skye | 96 Snari
97 Banned
pesticide |
| 18 Haady
quaff | 61 Resident
64 "Yours, Mine
and —"
(68 film) | 105 Bobby's
flashlight | 8 Earl —
9 Biggers | 50 Take the
honey and
run | 98 London
district |
| 20 Lhasa —
21 Arbus
apparatus | 65 Keatsian
creation | 108 Roden's
Olympic
motto? | 10 Antipollution
gp. | 52 Mayberry
town drunk | 102 Shake up
104 Actor's
actor? |
| 22 Roden's
favorite
Monkees
tune? | 66 Redact
67 "The
Battered
Bride" | 112 Broad st.
114 "Goshal"
115 Article
116 "— Night"
(58 hit) | 11 The —
"Jungle"
(50 film) | 53 "Why don't
we?" | 106 Spassky's
game |
| 24 Lost in
thought | 70 Serenade
accompani- | 117 Apt rhyme
for squirem | 12 Carry
13 Perfect pet? | 57 In the
saddle | 107 Pilbox, e.g.
109 Bit of a
beach |
| 25 Nuclear
26 Brimming | 72 TV's "South
—" | 119 "L—, c'est
moi!" | 14 Grandpa
McGoy | 59 Saying
60 Cheerful | 110 Medical
gp. |
| 27 Join up
29 Take into
account | 74 Road curve
75 Roden's
educational
level? | 121 Matches
125 inception
129 Cartoonist
Charles
131 Writer
Charles | 15 Rodent
refreshment? | 62 Bl. conveni-
ence | 111 Tv's "Eigh-
is —" |
| 31 Hook's
male | 79 Dit's cousin
82 Read quickly
83 Actress
Verna | 126 inceptor
130 Fictional
rodent? | 16 Pisces
follower | 63 Neighbor of
Thailand | 112 About to
sink |
| 32 — reaction
34 Diva
Ponselle | 84 Peepers
protectors | 135 Rink rental
136 List ender
137 "Peer Gynt"
composer | 17 Sapphire
side | 68 Used the
microwave | 113 Screwdriver
ingredient |
| 36 Moon
crawler | 86 Domp
90 Tokyo, once
91 Like some
cellars | 138 Psychic
Geller
139 Veronica of
"Hill Street
Blues" | 18 Future
officer | 69 Digression
71 Prose piece
73 Boat bottom | 114 Spouse
120 Composer
Wildor |
| 38 Relative of
-ator | 93 It may suit
you | 140 Surrender
141 Big revolver? | 19 "We've Only
Just —" (70
hit) | 75 Atlanta
campus | 115 About to
sink |
| 39 Rodent
cheese-
cake? | 94 Closet
freshener | 142 Sticky
stuff! | 20 Urban
transport | 76 Atlanta
campus | 116 Spouse
120 Composer
Wildor |
| 45 Laundry
problem | 96 Calculator
features | | 21 Future
officer | 77 Indentation
123 Binky's "—
Road" | 122 Prod
123 Binky's "—
Road" |
| 47 Frigga's
fellow | | | 22 "We've Only
Just —" (70
hit) | 78 Mintz or
Whitney | 124 Tend the
sausage |
| 48 Young boxers | | | 23 Urban
transport | 79 Johnny of
"Chocokat" | 125 Wallop
127 Architect
Saarinen |
| 49 Relished a
roast | | | 24 Sugar amts.
35 Barbecue
37 Christmas
visitors | 80 Soap
additive | 126 Wallop
127 Architect
Saarinen |
| | | | 38 Voting
venue | 81 City of
rodents? | 128 Small
combo |
| | | | 39 Turn of
phrase | 85 Architect
Jones | 130 Gibson or
Tiliss |
| | | | | 86 Window
dressing? | 132 Unbalanced
134 Wager |

DOWN

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



References: 1. Man's sweater is black. 2. Mustache is fuller. Earmuffs are different. 4. Briefcase is black. 5. Shoe laces are longer. 6. Coat pocket is missing.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

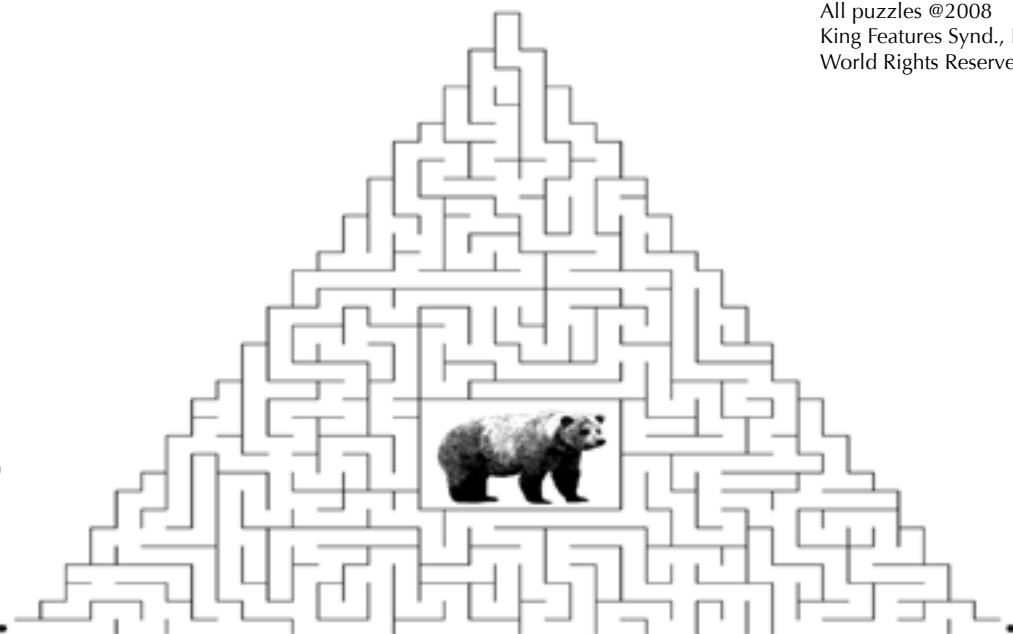
Clue: **X** equals **Y**

ENJYCTN M'R NYPMGS
TCJB Y JQCGJBX
JNQNYW, JACWU XAC
TYX M'R JQNYPMGS
TACGU MPNT?



IowaWineToursInc.com

MEGA MAZE



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TRIXIE KITSCH

BAD
ADVICE
FOR THE
STUPID

Warning: Taking Trixie's advice seriously is a sure sign that you need some actual counseling. Find a real doctor for that. This is an entertainment magazine, folks.

Dear Trixie:

My husband is a slug. He's 50 years old and all he wants to do is stand around the kitchen drinking beer. He doesn't want to go out to dinner or to a movie. He doesn't even want to watch television--unless it's "The History of Hops" or "The Heileman's Story." I've tried to get him interested in reading but he says, "Books are dumb." He used to like to build small engines. That was many years ago. Drinking is not a hobby. And it's darn expensive. How can I get him involved in something other than drinking beer?

--Mrs. Grainbelt

Dear Mrs. Grainbelt:

Would you settle for a compromise that you both could live with? Why not suggest he brew his OWN beer? It encompasses all the things important in his life: beer and beer. Being his own brew master will bring him a sense of accomplishment and save you a bundle in can returns. Good luck, dear.

Dear Trixie:

I am on unemployment so it's required that I apply to at least three jobs every week. I try to pick places I know won't hire me-- but I am starting to get callbacks and it's freaking me out. The employment caseworker at Job Service has set up an interview for a receptionist position at a dentist's office. I'm actually qualified for that job! What should I do? I'm not ready to go back to work. Help me!

--Laid Off

Dear Laid Off:

For starters, show up a few minutes late. Don't apologize. Then interview the interviewer. Ask pertinent questions like:

**Do I have to dress like you?*

**How soon do I get a paid vacation?*

**When's lunch?*

**Do I need an actual doctor's note to get paid sick leave?*

At this point, pop open a can of pre-mixed margaritas (this is especially effective at early morning interviews). Offer one to your prospective boss. When he declines offer him scotch instead. This behaviour is guaranteed to offend most bosses. The exception would be any car sales job. Studies have show alcohol consumption is actually a prerequisite for most auto sales positions.

Dear Trixie:

I am turning 21 next weekend. Some of my sorority sisters are throwing a huge birthday party for me. They have bought all kinds of liquor-- amaretto, Baileys, Godiva Chocolate Liqueur and Stoli vodka. There is some drink called a "slurpee" that uses all these ingredients and everyone is supposed to chug 3 or four of them. I have only ever had one wine cooler which I split with my dorm mate. I'm worried about how many slurpees I can drink before I get too drunk and pass out. Also there might be a little pot smoking.

--Don't Want To Be Embarrassed

Dear Embarrassed:

What is wrong with you? you need to make good choices with your life. College is not the place to experiment with drugs and alcohol--you're supposed to do that in high school.



Dr. Skrap's completely useless HOROSCOPES

ARIES: Unfortunately, Ice Fest is not necessarily a great place to pick up Norwegian girls. It is, however, a great place to pick up spares playing ice bowling.

TAURUS: Making up fresh excuses to get out of doing work is becoming almost as much as work as working. While actually working might be the logical advice, try going online to research new lines to lay on the boss. Or frame the boss for something you steal. Then take his place. Use the same excuses all over again on the next boss up the food chain.

GEMINI: You've just been fired for stealing but it wasn't you. A subordinate framed you to take your position and avoid doing work by using his old excuses on your boss. They will be very surprised to find out you put those crappy excuses he gave you to good use.

CANCER: You got over your addiction to Napster only to move onto an addiction to LimeWire. Child's play, my friend. You want a fix that'll make your eyes bleed, try BitTorrent. It'll keep you mesmerized right up until the Feds show because you thought you'd five-finger discount a copy of *The Dark Knight*.

LEO: When the person who asks you to get half-cheese on that pizza you ordered then goes on to take one of your meaty slices when the pie arrives, you are justified to punch them right in the face. And take away their pizza privileges.

VIRGO: If you use a specific excuse to belittle someone trying to get them to admit defeat to you, and then find out they actually defeated you and then you do exactly what you belittled them for doing, you've not just a hypocrite, you're probably Norm Coleman.

LIBRA: You might be the boss, but if you're not the one who really running the ship, beware of who you make walk the plank or you might find yourself treading water while they float by on a sturdier boat ... with your crew.

SCORPIO: Did your New Year's resolution include large amounts of chocolate? If not, what's that smudge on the corner of this paper? Ooooh. I hope it's chocolate. If your resolution did include large amounts of chocolate, you better own a chocolate store or else you are pathetic.

SAGITTARIUS: You've got a Powerball ticket and the Arizona Cardinals in the playoff football pool. My money's on the lottery paying off first.

CAPRICORN: Good news, American Idol is back so you can go back to wasting your life.

AQUARIUS: You want to learn a new instrument in 2009. That's admirable. However, you should have been more specific. Your spouse believes that instrument should be the washing machine.

PISCES: You mock people who see astrologers, palm readers and read horoscopes because you put no faith in those who place their future in others who read arbitrary numbers, muddled facts, and gut feeling mumbo jumbo. Yet you yourself have a financial planner. How's that going? QUACK!

PUZZLE ANSWERS from page 27

Sudoku

1	8	6	4	2	3	7	9	5
4	2	5	8	7	9	6	3	1
7	9	3	6	1	5	2	4	8
2	5	7	9	8	4	3	1	6
3	1	9	2	5	6	8	7	4
8	6	4	1	3	7	9	5	2
6	7	2	5	9	1	4	8	3
9	4	1	3	6	8	5	2	7
5	3	8	7	4	2	1	6	9

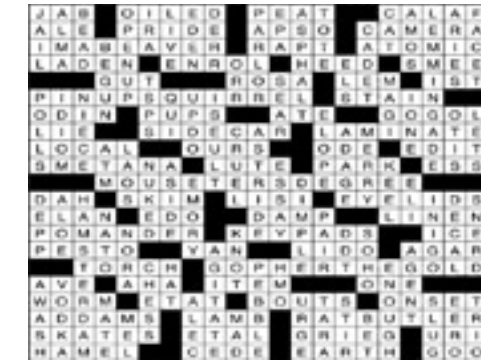
Tri-Doku



Cryptoquip

Because I'm eating such a crunchy cereal, could you say I'm creating sound bites?

Crossword



Even Exchange

1. Curve, Curse
2. Fellow, Follow
3. Margin, Martin
4. Minot, Minor
5. Shrew, Stew
6. Hurdle, Curdle
7. Palace, Palate
8. Cairo, Calm
9. Thread, Threat
10. Lever, Level

Mega Maze



365 POP QUIZ?

THE ANSWERS Questions on Page 6

1. A) Lime, If you say otherwise, you are a commie.

2. B) Simon Estes.

3. C) Hinckley, Illinois (Odd, I know).

4. C) CSHL: Central States Hockey League

5. A) Kincker.

6. B) Embers.

7. D) Beat it. If you don't get this one, you're not a real Dubuquer.

8. D) Sno-cone making.

9. C) Car dealership.

10. 9 a.m.



then and now," he says. "As it turns out, there has been very little change since then, which just goes to show that 110 years is not that much time in the big scheme of things."

Like his other adventures, though, it still turned out to be an incredibly rewarding experience for Henkels, a University of Northern Iowa graduate who holds a degree in business management and works as a communication technician in Alaska. Along the way, he's also made stops in Missouri, Colorado, the Virgin Islands, Antarctica ... hey, the guy's been around! In addition to doing crazy things like trying to hike the Bering Strait, he also enjoys taking his life into his own hands with such activities as mountain climbing, ice climbing, paragliding, mountain biking, windsurfing, kitesurfing ... along with a few other less death-defying hobbies like music, photography and journalism. He's also played active roles in the

search and rescue team at the U.S. base in McMurdo, Antarctica, and he made an appearance on ABC's reality series Global Extremes back in 2002. Actually, he didn't just make an appearance ... he was a finalist in the program, which included such crazy contests like climbing Mount Everest. (This is just his hobby.)

"There was a daily fear factor, you know," he says of the danger involved in sailing the Arctic. "I wasn't in control, I was on a sailboat but I'm not a sailor, most of the area is uncharted, there were big waves, big winds ... a lot of unknowns."

While the immediate reaction to such a situation, for those of us at 365 at least, wouldn't be excitement so much as abject terror, Henkels seems to take it all in stride.

"The opportunity to experience something totally different makes it all worth

it," he says, smiling. "You appreciate it so much more. I got to sail in the Antarctic. How often do you get to do that?"

Included in Henkels' programs during IceFest will be question-and-answer sessions, autograph signing, photo showcases and clips from In the Wake of the Belgica, a documentary film that was produced at the time of the recent expedition. All sessions will take place in the River Museum's Journey Theater, and River Museum Marketing Director John Sutter notes that Henkels' prior appearances at IceFest were standing-room only, so make plans to arrive earlier.

The second weekend of IceFest, January 17 - 18, will feature everybody's favorite hockey team, the Dubuque Thunderbirds, who will be in attendance, putting on some "perfect slap-shot" demonstration for the kids and offering autographs and photo opportunities. The Thunderbirds will be around on Saturday from 11 a.m. - 1 p.m. There will also be bald eagle viewing with free trolley rides to viewing areas.

On Sunday, January 18, IceFest will welcome Dan Wordell, the host of Iowa Public Television's Kids Clubhouse. Appearing at 2 p.m. on Sunday, Wordell will host a family reading time presentation ... and it's been said that Curious George, he of the storybooks and cartoons, will be making an appearance, as well. (Funny, we thought eastern Iowa winters were too cold for monkeys. Guess we were wrong!) Both days will once again feature professional ice sculptors and ice lane arctic bowling.

And since a three-week festival like IceFest needs to be closed out in style (otherwise, it just wouldn't be Dubuque!), the final weekend, January 24 - 25, will be packed with fun. Saturday, January 24, will feature the CASI-sanctioned Chill Out Chili Cook-Off, with professional chili masters beginning to craft their masterpieces at noon, with a public tasting at 4 p.m. Beer, wine and cheese will also be served at the tasting, which ensures that all of the necessary ingredients for warming up in the winter weather will be present. The Dubuque Fire & Rescue Department will be on hand as well, demonstrating open-water rescue techniques (as seen in the picture above).



It all draws to a close on Sunday, January 25, with KWWL meteorologist Jeff Kennedy presenting a winter weather workshop, the final day of professional snow sculpting and arctic bowling, as well as public snow sculpting, painting and sliding.

All in all, IceFest represents some of the best family-friendly activities you can find during the winter months. As always, the festivities run from 10 a.m. - 4 p.m. daily, and admission to IceFest includes an all-day admission to the National Mississippi River Museum & Aquarium. The festival is sponsored by the Grand Harbor Resort and Waterpark, and Radio Dubuque. Here's a warning, however: If you try sledding down West 3rd Street in hopes of landing all the way in the Port ... well, actually, that's pretty cool, and you get bonus points for that. Otherwise, for more information, visit www.rivermuseum.com, or call 563-557-9545. We'll see you on the ice!





tri-state comedy update

**Mike Armstrong & Alton****Wednesday, January 14, 9 p.m.****Mississippi Moon Bar (Diamond Jo)**

Raised by loving parents in the conservative mid-west in a small town near Louisville, Kentucky, Mike Armstrong enjoyed a fairly normal childhood. So, what went wrong? He's an ex-cop - the kind of cop that most people hope for when they get pulled over. "I'd stop cars and warn the speeding drivers about the speed traps up ahead."

**Mark Sweeney****Wednesday, January 21, 9 p.m.****Mississippi Moon Bar (Diamond Jo)**

He's performed on HBO, Comedy Central, and "Night Shift" with Kevin Ferguson. He's hilariously out of control!

**Chris Johnson****Wednesday, January 28, 9 p.m.****Mississippi Moon Bar (Diamond Jo)**

Big Wheels, Twister, Clue and Lawn Darts ... Welcome to Chris Johnson's world. These are some of the experiences (real and imagined) that have helped shape Chris Johnson into the offbeat, high energy electric comic he is today.

**JAYCEES
EVENT CALENDAR**

Jan. 8th: New Board training at the Clubroom, 6:30 p.m.

Jan. 15th: Washington Park teardown and chili social. Mmmmm... Chili! 6:30 p.m.

January 23rd: Pass the Gavel. Cost is \$15, includes buffet meal. Come join us as the 2008 Board of Directors passes responsibilities off to the 2009 Board. This semi-formal event will be at the National Mississippi River Museum this year and it is rumored we will have access to the whole museum - including the otters! To RSVP or If you are interested in helping with this event contact Carrie Wookey at 455bkk@hcr-manor-care.com or 612-325-3179.

Jaycees wishing to be involved with taking on the Toy For Tots project in Dubuque in 2009 are invited to contact Bryce Parks (563-590-3840) or Christy Monk (563-580-1115). This is not Jaycees Toys For Kids, this is the actual Marines Toys For Tots effort.

www.DubuqueJaycees.org
LIVE INFO LISTINGS BY PHONE

588-4365

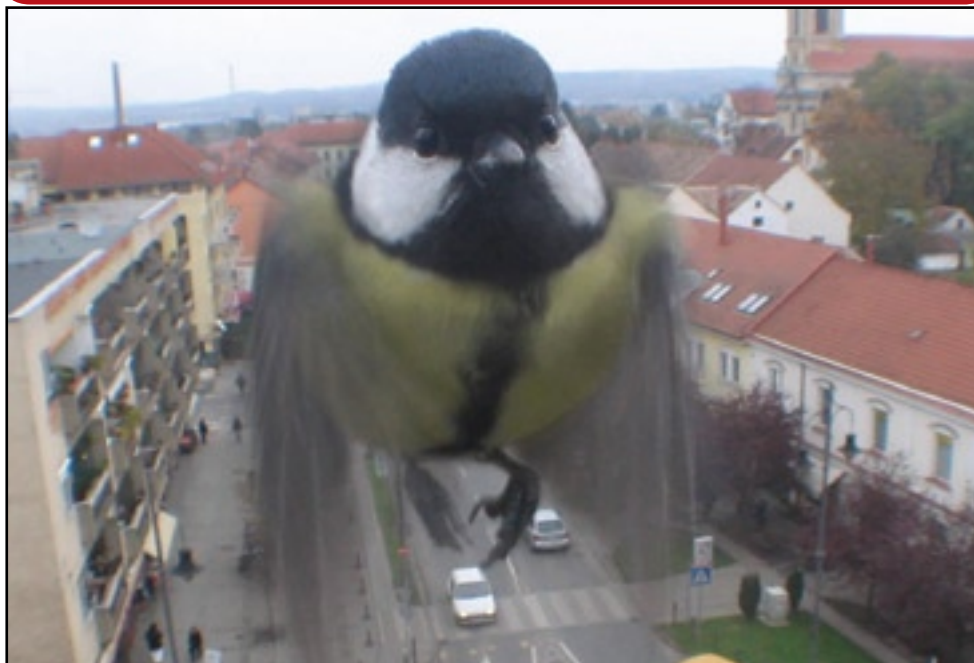
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Shopping at Winter Farmers' Market

Continued from Page 26.

ent atmosphere, a different building – it's not really a comparison. This is a horse of different color. It's really nice here. The building is lit and heated, with carpet and tables and food. It's really a lot nicer, a lot better."

The collaboration with the Colts has been mutually beneficial. In addition to money raised by the Colts Booster Club's coffee and breakfast sandwiches, the Winter Farmers' Market committee donated \$1,000 to the organization for the Colts trip to Washington D.C. to perform

in the Inauguration Parade. Organized by a local committee of volunteers, the Winter Farmers' Market operates under the auspices of the Four Mounds Foundation and has donated to that group as well in an effort to support their efforts at sustainable farming.

Supporting local non-profits, giving consumers options for a healthier diet, reducing carbon emissions by buying locally-produced food, and supporting the local economy – supporting the local Farmers' Market only makes sense. But where did the idea come from to move it indoors and keep it going through the winter?

"Well, I think that we saw everything at summer market and said 'we have all of these resources here, why can't we buy from them all year?'" explains Weber. "So we just started talking about it ... and we started it. We're one of only three in the state of Iowa who run all year and there are

very few throughout the country, so we're kind of excited to get ahead of that trend. And it just makes sense. We've got tons of resources and we just need to look at that differently. We're supporting local businesses. Farmers can make a living – a better living than without having this. It just makes sense from a whole sustainability side."

Anything else?

"The best horseradish in town is right here," Mozena declares. "But it's all good stuff and it's all homemade and it's all locally made and I think that adds value to it right there."

Dubuque's Winter Farmers' Market is located in the Colts Drum & Bugle Corp Building at 1101 Central Avenue (the corner of 11th Street and Central) every Saturday morning from 9 a.m. to noon. Parking is available along the street and in the lot on Central, across 11th Street. For more information, contact Amy Weber at amyweber4@yahoo.com.

For more great Winter Market pictures, visit www.digitaldubuque.com and Dubuque365.com!

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