

# FIVE FLACS CENTER

### THE TRI-STATE AREA'S ENTERTAINMENT DESTINATION

































FIVE FLAGS CENTER - 405 MAIN STREET, DUBUQUE BUY TICKETS ONLINE AT FIVEFLAGSCENTER.COM





FEBRUARY 13-FEBRUARY 26, 2025 ISSUE #480

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### **COVER**

16 Coffee, Anyone?

Similar to a restaurant guide for foodies, our two-part coffee guide is meant to serve coffee lovers with a taste of Dubuque through their coffee cups

### **FEATURES**

- 365ink Impact Awards
- 28 Swagat Indian Cuisine

### **SECTIONS**

- 6 **Events**
- 14 Arts
- Nightlife 22
- 28 Columnists

### WHERE'S MIKE?



We've hidden Mike somewhere in this issue of 365ink. Can you find him?

### 365ink Magazine

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### "Great rates got us the car."



# "Great service keeps us coming back."

### Stress-free auto loans start here.

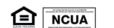
Growing families and busy schedules require a vehicle that fits your life. And a loan that fits your budget.

With pre-approval options and asking for DuTrac financing at the dealership, you'll be in the driver's seat in no time.

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I ordered a pizza from Little Caesars tonight. I know, I know, "Say it ain't so, Bryce!" But yes I did. I am not ashamed of it. I like a Little Caesars Pizza from time to time. Is it the best pizza in town? No. Is it the cheapest? Probably. But I have not price shopped pizza in a while. But sometimes I just want to hang with the proletariat. We won't call it pizza for broke people, just uh, budget-conscious. But I will say that, for some, for me at a point in the past, there are times in life when Happy Joe's is but a pipe dream. In my case, sometimes you just want a pizza with crispy cupping pepperoni, and Little Caesars is 3 minutes away!

Because I'm so bougie, I thought, for the first time ever, that I'm going to have it delivered. I always pick it up. After all... it's 3 minutes away. So, I go online to the app. Yes, I have the app. You gotta have the app these days man, it's all about the app and the socials. Human interaction is dead, dude!

When I moved home from college in 1995, the only two phone numbers I could remember were my parents and Little Caesars. 588-2118. All these years later, it's still their phone number. But now they won't answer it anymore. You CANNOT call and order a pizza from Little Caesars. I've tried many times. I've called them while standing in their store. No dice. I read on Reddit (yeah, I did a deep dive on this) that it's because too many people order by phone then don't come and get it. Legit excuse, but not good customer service for the vast majority of honest customers. So, you must go online. And that eliminates about 80% of Dubuquers over 60 from their customer base. But I'm not sure they were the target demo anyway. Still... wow!

So, I go online and order my pizza where they've permanently stored my credit card information, blood type, and criminal record. \$11.55 after tax. This is when I decide to start over and have it delivered. I can swing a couple bucks for that. New total... \$21.82! WHAT? I mean, my wife is my sugar mama, but \$10.27 to have it delivered? I checked the subtotal. \$3.75 delivery. Sheesh! Steep, but, okay, I get it. Service fee, \$1.25. I have no idea what this is? What service am I getting here that I would not be getting if I came to get it myself? And the kicker, a "Small Order Fee"? I got a LARGE pizza. I have to think that's gotta be about the most standard and popular order a person makes at a pizza place, right? Nope, I'm basically a nuisance!

You might say I've done them a "disservice" by wasting their time with such a reasonably sized large pizza order. Oh, but way... they've already charged me a

YAY Pron				
Subtotal Delivery	Foo			\$10.79 \$3.75
Service I				\$1.29
Small Or	der Fee			\$2.00
State County				\$0.85 \$0.00
City				\$0.14
Total Tax	ces			\$0.99
Add Opti	ional Tip	)		\$3.00
\$2	\$3	\$4	\$5	Other
				\$21.82

"service fee," remember? Should that not pay for the disservice I've done them by only getting one of their largest pizzas? Is this a second service fee then? And finally, there's the suggested \$3 tip on top of the \$3.75 delivery fee for bringing my pizza 3 minutes to my house. But if you come to my door, I always tip. It's just what you do.

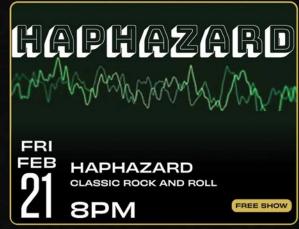
You can probably tell here that I also never use DoorDash either. I love convenience, but man. I guess they're testing the waters to see just how far people will bend before putting on pants and leaving the house for food. I guess my breaking point was somewhere shy of \$10 extra for an \$11 pizza. So, I suited up in some grey sweatpants, drove down the street, punched in my 3-digit code into the pizza portal, and took my pizza. By the way, they also took the chairs out of the lobby and just parked pallets of soda there instead. They don't even want you waiting for your pizza inside their door. You just sit your butt in your car and wait patiently for the email that says your pizza is ready and then, and only then, do you enter the store, very careful to never speak a word to or make direct eye contact with the staff. Just take your pizza from the automated machine and get out. It's the new normal for customer service, baby! I mean, convenience!

You're thinking, "Careful Bryce, they won't advertise now." I quess 479 issues in, I'm not holding my breath. After all, you are a 365ink reader. You already know that 365ink is not a coupon paper. We're not about selling you the cheapest pizza in town. We're all about informing you of the BEST pizzas in town. Let The Dubuque Advertiser do the other job. They do it well, and I'm pretty sure we're not butting heads on target demographics. And like I said at the top, I do like Little Caesars pizza, and I'm not ashamed of it. I'm just ashamed, on their behalf, of what's happened to their business model. Maybe it maximizes profit, but I don't like being on the customer end of the deal. I guess what I'm saying here is, if you're going to slum it for a pizza, go all the way and just go pick it up like the rest of us rank-and-file sheeple plebeians, and don't forget the Crazy Bread! ■

# SHOWROOM











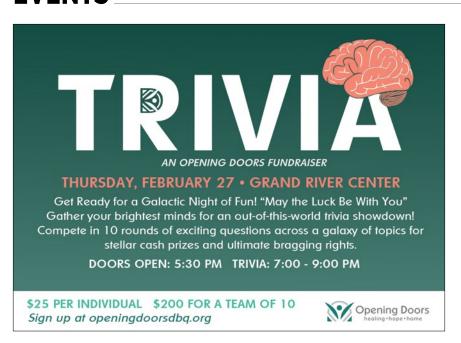








Visit us at: QCasinoAndResort.com for a full list of entertainment





### My Black Excellence

FEBRUARY 13, 20 AND 27 @ 6-8 PM MULTICULTURAL FAMILY CENTER (1157 CENTRAL AVE)

The Multicultural Family Center presents My Black Excellence, a free, three-week series celebrating Black culture, history, and achievements.

Week 1 on Feb. 13 focuses on "The Art of Black Music & Love." Join for a collaborative art experience inspired by the evolution of Black music from slavery to present day. Art supplies will be provided.

Week 1 on Feb. 20 is all about "Overcoming: Empowering and Supporting Black Voices." Participate in a Diversity, Equity, Inclusion, and Belonging (DEIB) roundtable discussion facilitated by community leaders.

Week 3 on Feb. 27 zones in on "Black Excellence in the Kitchen." Enjoy a delicious Soul Food meal while learning the rich history behind this iconic cuisine, in partnership with The Spot Nutrition.

These events are open to adults, and registration is encouraged. To register and for more information, call the Multicultural Family Center at **563-582-3681** or visit **mfcdbq.org/programs**.



### Greater Dubuque Home and Builders Show

FRIDAY, FEBRUARY 14 @ 4-8 PM SATURDAY, FEBRUARY 15 @ 10 AM-5 PM SUNDAY, FEBRUARY 16 @ 11 AM-4 PM GRAND RIVER CENTER (500 BELL ST)

The Greater Dubuque Home and Builders Show is your one-stop shop to get inspired and connect with local housing experts to help make your dreams a reality. Discover your next home project at the Grand River Center on Friday, Feb. 14 at 4–8 p.m.; Saturday, Feb. 15 at 10 a.m.–5 p.m.; and Sunday, Feb. 16 at 11 a.m.–4 p.m.

Exhibitors provide the latest advancements and trends in the building industry. For more than 35 years, the Dubuque Homebuilders & Associates has been involved with the production of a home show in the Dubuque area. This show continues to attract visitors from the Tri-State area, providing an avenue for our members to showcase services in the homebuilding industry. Produced by Events, Inc.

Tickets are \$5 for adults and free for ages under 12. For a list of vendors and more information, visit **DubuqueHomebuilders.com**. ■

### FACES&VOICES CULTURAL CELEBRATIONS

# Black History and Reading Challenge

VARIOUS SUNDAYS: FEBRUARY 23-OCTOBER 26 @ 3 PM CARNEGIE-STOUT PUBLIC LIBRARY (360 W 11<sup>TH</sup> ST)

During Black History Month, faces&voices Cultural Celebrations invites you to join others in 2025 Black History and Reading Challenge Book Discussions that will take place on one Sunday each month now through October (excluding May) at 3 p.m. in the Board Room at Carnegie-Stout Public Library. The discussion schedule follows:

- February 23: Medgar & Myrlie: Medgar Evers and the Love Story That Awakened America by Joy-Ann Reid
- March 30: Stamped from the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi

- April 27: April 4, 1968: Martin Luther King Jr.'s Death and How It Changed America by Michael Eric Dyson
- June 29: Democracy Awakening: Notes on the State of America by Heather Cox Richardson
- **July 27:** From Dubuque to Selma and Beyond: My Journey to Understand Racism in America by Dave Markward
- August 24: The Message by Ta-Nehisi Coates
- September 28: Lovely One: A Memoir by Ketanji Brown Jackson
- October 26: How Far to the Promised Land: One Black Family's Story of Hope and Survival in the American South by Esau McCaulley

This free program is a Library partnership program with Dubuque Community Schools and Faces and Voices Cultural Celebration. For more information contact Claudette Bies at levbees@yahoo.com or call 563-589-4313.

### FRI **2/14**

### Winter Carnival Weekend

8 AM-9 PM @ EAGLE RIDGE RESORT & SPA (GALENA, IL) 2/14-2/17. On President's Day weekend, celebrate all things snow, ice, and frost. Enjoy a plethora of winter activities including dazzling Fire and Ice shows, ice turkey bowling, cozy s'mores around the fire, and hayrack wagon rides, and more. Watch an ice-carving demonstration as Eagle Ridge's expert ice carvers take 500-pound blocks of ice and turn them into an ice bar which will offer marshmallow shots. Take part in snowshoeing, ice skating, sledding, and ice fishing with equipment rentals from the Eagle Ridge Nordic Center. Plus, an indoor play land, craft room, and golf simulator by Trackman. All ages. Free. 444 Eagle Ridge Dr, Galena, IL. 815-777-5000. eagleridge.com.

### SAT **2/15**



### Miners Ball

5 PM @ UNIVERSITY OF WISCONSIN-PLATTEVILLE ULLSVIK HALL (PLATTEVILLE, WI) Go back in time, dress to the nines, and join this Platteville tradition full of food, cocktails, and big band music provided by the Ken Kilian Classic Big Band orchestra. Besides food, drink, and music, part of the fun of the evening is bidding on dozens of wonderful items in the silent auction. Social at 5 p.m, dinner at 6 p.m., dance and auction at 7 p.m. RSVP by 1/31 for dinner. Dinner and dance: \$60; Dance only: \$15. 1 University Plaza, Platteville, WI, 608-348-3301. mining.jamison.museum.



### A Darkness Lovely

7:30 PM @ GALENA CENTER FOR THE ARTS (GALENA, IL) 2/15, 2/21-2/22 at 7:30 p.m.; 2/16, 2/23 at 2 p.m. Adapted from the epic poem by Galena's own Poet Laureate Ted Williams, this captivating new play explores the intriquing world of a poet, his muse, and dark fairy tales that come to life. Cast includes Tim Wedeward (Poet); Wendy Lynn Markus (Gypsy Muse); and Villagers in multiple roles: Doug Mackie, Lynda Mackie, Michele Sullivan, Robyn Davis, Melissa Goranson, Mark Haman, and Ted Williams. \$23 adult, \$15 student. 971 Gear St, Galena, IL. 815-402-3111. galenacenterforthearts.com.

### SUN **2/16**

### **Tri-State Coin Show**

9 AM-3 PM @ DIAMOND JO CASINO HARBOR ROOM The Key City Coin Club of Dubuque invites you to a coin show with all types of coins, numismatic treasures, and more. Free. 301 Bell St. 563-590-9623.

### MON 2/17

Dubuque Area Humanists Darwin Lecture: Annie Laurie Gaylor and Dan Barker

6:30 PM @ UNITARIAN UNIVERSALIST FELLOWSHIP OF DUBUQUE Annie Laurie Gaylor and Dan Barker are co-presidents of the Freedom From Religion Foundation. They will discuss today's challenges in maintaining the separation of church and state and keeping science in our school curricula. 1699 Iowa St. facebook.com/dubuque

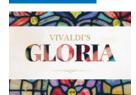
areahumanists.

### TUE **2/18**

### **Mat Weaving**

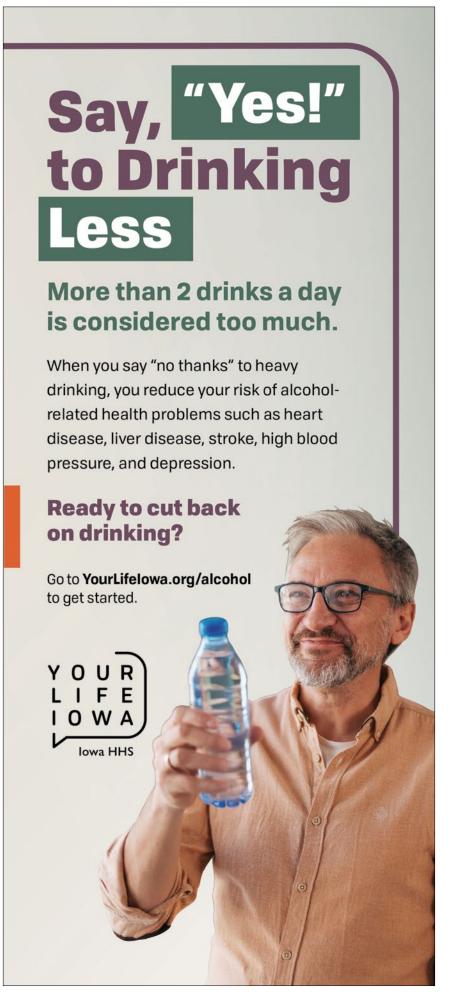
10 AM-2 PM @ IMMANUEL CONGREGATIONAL CHURCH 2/18-2/19. Volunteers are invited to activity sessions in making plastic sleeping mats. Come and go sessions will include sorting, cutting, looping, and loom weaving of plastic bags. Completed mats will be distributed locally as needed and to identified locations of need. Sponsored by Dubuque Area Congregations United/ DACU. Wweather permitting. Free. 1795 Jackson St. 563-556-1394.

### WED 2/19



### Vivaldi's Gloria

7 PM @ UNIVERSITY OF DUBUQUE HERITAGE **CENTER JOHN AND** ALICE BUTLER HALL Musical groups from across Dubuque highlight celebratory works of praise from the Renaissance era to today by Antonio Vivaldi, J.S. Bach, Martin Shaw, Zachary Moore, and Bagby. It will open with a collaborative performance of Vivaldi's "Gloria in D," with additional works performed by each ensemble: UD Concert Choir, Loras College Choirs, UD String Ensemble. and Dubuque Community String Orchestra. Performances will be conducted by Kristen Eby, MM, head of the Department of Fine and Performing Arts, director of choral activities, and associate professor of music at UD; Michael Bagby, DMA, assistant professor of music at Loras; and Tracey Rush, MM, director of the string ensemble and adjunct professor of music at UD. Free. 2255 Bennett St. www.dbq.edu.









# Opening Doors Trivia Night

THURSDAY, FEBRUARY 27 @ 5:30-9 PM GRAND RIVER CENTER (500 BELL ST)
Gather your brightest minds and join Opening Doors for an out-of-thisworld trivia showdown. Host Andy Schroeder and judges Jonathan and Jennifer McCoy invite you to Opening Doors Trivia Night: May the Luck Be With You on Thursday, Feb. 27 at the Grand River Center. Doors open at 5:30 p.m., and trivia begins at 7 p.m.

With 10 rounds of exciting questions spanning a galaxy of topics, your team will compete for stellar cash prizes and ultimate bragging rights. Ready to test your wits and have a blast while supporting a great cause? Assemble your team, grab your tickets, and let the trivia games begin!

The fundraiser is for Opening Doors, a nonprofit organization dedicated to supporting women and children experiencing homelessness. Opening Doors empowers individuals by providing goal-setting and life skills training, enabling them to achieve their full potential. "Our approach offers a hand up, not a handout." Since 2000, Opening Doors has served thousands of women and children through a comprehensive continuum of services.

Full bar and concessions will be available for purchase. Tickets are \$25 per person or \$200 per team of 10. For tickets and more information, visit **OpeningDoorsDBQ.org**.



# A Visit from Will Dilg & Songs from Our Mighty Mississippi

FRIDAY, FEBRUARY 28 @ 7-9 PM UNIVERSITY OF DUBUQUE HERITAGE CENTER BABKA THEATRE (2255 BENNETT ST)

Baritone, riverlorian (river historian), photographer, and filmmaker Steven Marking will bring to life the inspiring true story of Will Dilg and showcase a beloved river with *A Visit From Will Dilg & Songs From Our Mighty Mississippi* on Friday, Feb. 28 from 7 to 9 p.m. at University of Dubuque Heritage Center Babka Theatre. The special performance is sponsored by the Dubuque Audubon Society, Dubuque County Conservation Society, and Friends of Dubuque County Conservation Board.

In A Visit From Will Dilg, Marking will play environmental leader Dilg in a multimedia show, sharing the story of the grassroots activism that led to the protection of America's first Fish and

Wildlife Refuge. A civic engagement success story, the performance will showcase the transformation that can happen when people work together for conservation and environmental protection for future generations. The 50-minute multimedia performance will be followed by an interactive discussion by Marking. After a 15-minute intermission, Marking will share songs and stories from another of his creations, *Our Mighty Mississippi—From the Headwaters to the Gulf of Mexico*.

A century ago, Dilg was the driving force behind the nation's first successful large-scale grassroots environmental movement. After his only son drowned in the Mississippi River, Dilg rose up from the depths of depression and mourning to lead an extraordinary national crusade to form the Izaak Walton League and save a 261 mile stretch of Mississippi River backwaters now known as the Upper Mississippi National Wildlife and Fish Refuge. While his life was cut short, his accomplishments are still legendary, and audience members will benefit by hearing from him a century after this monumental achievement via a script Marking created that relies heavily on Dilg's own published words.

Marking was born and raised on the backwaters of the Upper Mississippi River. He is a consummate videographer and photographer as well as a guest speaker and resident entertainer for American Cruise Lines as they travel the Mississippi, Ohio, and Cumberland Rivers.

Tickets are \$25 and can be purchased at the Heritage Center Farber Box Office, call **563-585-7469**, or visit **www.dbq.edu/heritagecenter.** ■

### FRI 2/21



### **lluminate the Night Hike**

5-7 PM @ NEW WINE PARK (DYERSVILLE, IA) Discover the wonders of the winter nighttime forest on a self-guided hike along illuminated trails. A 1.5-mile loop of trail will be lit up for your exploration. Bundle up in your winter gear, and feel free to bring some hot cocoa or cider to enjoy. After your hike, gather around the bonfire for great conversation and a chance to warm up. Yaktraxs or snowshoes recommended. Dogs are welcome on a leash. RSVP required. 16348 New Wine Park Rd, Dyersville, IA. 563-556-6745. dubuquecountyiowa.gov/ conservation.

### SAT **2/22**



### Rod & Custom Car Show

11 AM-10 PM @ MONTICELLO **BERNDES CENTER** (MONTICELLO, IA) 2/22 at 11 a.m.-10 p.m.; 2/23 at 8 a.m.-7 p.m. Once again. a winter tradition brings family fun to lowa in the form of KCRG TV9 Presents the O'Reilly Auto Parts Rod & Custom Car Show. The affordable family fun event is now in its 56th year, celebrating a variety of vintage street rods, custom cars, street machines, hot pickups, race cars, and custom motorcycles. This year's show also features lowa's recordbreaking Paris Paralympic Gold Medalist Matt Stutzman, the "Armless Archer" from Fairfield, Stutzman, who has

been to four Paralympics,

will let attendees see his gold medal. He also will display his specially outfitted drag racing car and will be available for autographs, photos, and conversation both days. 3-D Sound Company DJ Dave Palmer will provide music and commentary and serve as awards MC Sunday, artist David Fliss of Flissart Entertainment will provide free caricatures for attendees, "Papa Balloon" artist Mark Garvey offers free balloon creations, and scale model cars compete in the 40th Annual Model Car Contest. Vote for Peoples' Choice Awards. test your skills on a Sprint Car Simulator from Knoxville Raceway, sign up for door prizes, and purchase special souvenirs. The Monticello **Eagles Club Ladies Auxiliary** #4466 will be providing food and beverages for purchase. Profits will benefit various community projects. Get \$1 off admission by bringing a can of food to benefit Monticello Food Pantry. Adults:

\$12; Children: \$5; Ages 12 and younger: Free with a paid adult. 766 N Maple St, Monticello, IA. **319-465-5119**. **rodandcustomcarshow.com**.



### Battle of the Bags 2025

NOON @ MCGRATH HARLEY OF DUBUQUE Gather your friends, bring your A-game, and get ready for a day of fun, competition, and community spirit. Whether you're a seasoned pro or just playing for fun, this tournament is your chance to show off your skills and make some great memories. Johnny Rhodes with 97.3 will be doing a live broadcast. Check in at 11 a.m., tournament at noon. RSVP. \$40/ team of 2.145 N Crescent Ridge. mcgrathmoto.com.

### SUN **2/23**

### **Iowa Raptor Project**

NOON @ EB LYONS
INTERPRETIVE CENTER
lowa Raptor Project will
give a close-up program
introduction to three or four
live raptors. Participants
can learn more about each
species and discuss topics of
conservation related to raptors. 8991 Bellevue Heights
Rd. MinesOfSpain.org.

### TUE **2/25**

### DACU Interfaith Meeting

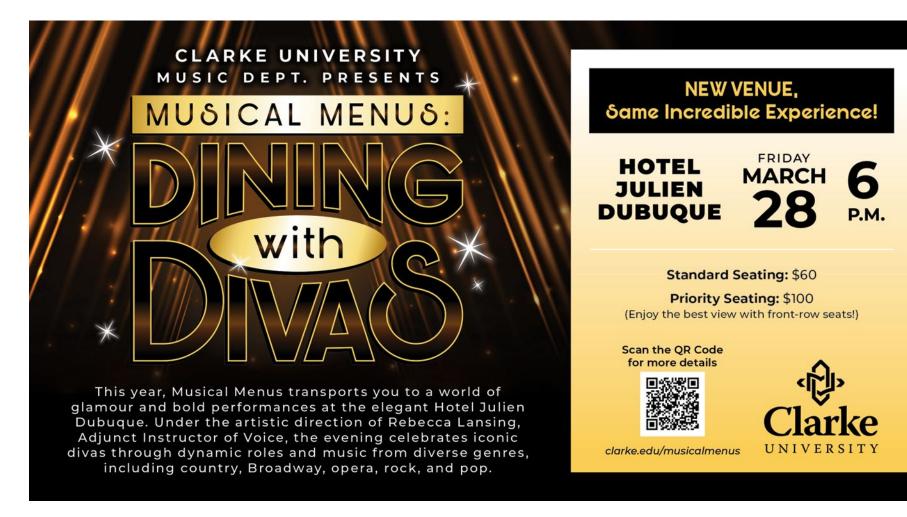
7 PM @ ST. PATRICK'S
CATHOLIC CHURCH
FOLEY HALL
Dubuque Area Congregations United invite you to
a community forum on
integration with panelists Alec Baum, Director of
Advocacy, Data, and Learning
at the Greater Dubuque
Community Foundation; Ry
Meyer, Catholic Charities

Immigration Lawyer; Megan Ruiz, Presentation Lantern Center Executive Director; Dora Serna, recent US Citizen; and R.R.S. Stewart, Dubuque for Refugee Children. 1425 lowa St. **DACUonline.org**.

### THU **2/27**

### **Nature Trivia Bee**

6 PM @ SMOKESTACK Test your knowledge about reptiles and amphibians. birds, mammals, weather, geology, and more. Teams with the most correct answers at the end of the night will be crowned Nature Trivia champions. Funds generated go towards supporting the Friends of Dubuque County Conservation Board. RSVP recommended by 2/26. Suggested Donation: \$40/team up to 4; Spectators: Free. 62 E 7th St. facebook.com/dubuque countyconservation.



**EVENTS** 



# **365ink Impact Awards**

Tuesday, March 4 @ 7 PM Diamond Jo Casino Mississippi Moon Bar (301 Bell St)

The 16th 365ink Impact Awards, sponsored by the Community Foundation of Greater Dubuque and Premier Bank, return on Tuesday, March 4, at 7 p.m. to the Mississippi Moon Bar at the Diamond Jo Casino to recognize those who are making an impact on our community. Doors open at 6 p.m. The event is FREE, and everyone (ages 21 and older) is welcome to attend. There will be hors d'oeuvres and a cash bar with live music accenting the evening's awards.

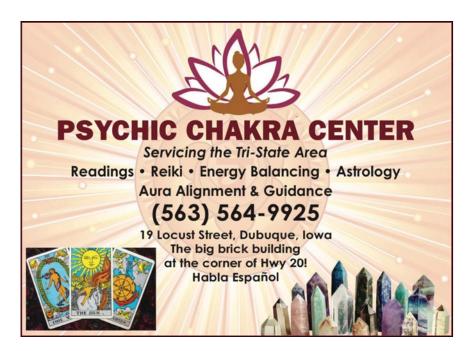
The mission at 365ink is to help connect people to relationships, opportunities, and the best possible living

experiences in our community. And the 365ink Impact Awards are designed to honor those who choose to make the effort to impact the community in the spirit of our mission. We love learning about people and projects we didn't even know about, and we always try to get "the little guys" in there. Picking the winners is always a painful process. Naturally. everyone who gets nominated is worthy of an award, but, alas, we have only 10 original, locally made statues to give out, created this year by metal artist Jim Cole.

The nominations are in, and our great volunteer crew of readers have the list and are going over it now. Soon, we will have our final list of 10. Who wins will not be a secret leading up to the event. After all, we want you to be able to come down and celebrate your friends when they take the stage on Tuesday, March 4. The event moves fast and is a lot of fun, and you will discover amazing things you never knew about your community. So, mark your calendars to join the festivities now. It's a Tuesday night, so you know already that you don't have anything better going on.

The 365ink Impact Awards are sponsored by Premier Bank and the Community Foundation of Greater Dubuque as well as our generous hosts, the Diamond Jo Casino. With their generous support, 365ink is able to honor these people right, with original, local artwork. Impact Awards designs started with artist Gene Tully and have always been handmade by great local artists ever since. We can't wait to share Jim's design for 2025!

View the full list of all the past award winners and find more information at dubuque365.com/impactawards. We'll see you on Tuesday, March 4 at the Mississippi Moon Bar!



### FRI **2/28**

### Galena Mardi **Gras Pub Crawl** 6-11 PM @ DOWNTOWN

GALENA, IL Grab your sugar skulls and voodoo skills for a pub crawl down Main St. with your hosts the Gabby Kittens accompanied with live, traveling music by The Wundos. Enjoy drink specials, a commemorative cup, and exciting giveaways. Purchase raffle tickets for a chance to win prizes, including a Galena Getaway Package. The crawl begins at 5:30 p.m. and starts at the DeSoto House Hotel before traveling to the Eagle's Club, Galena Illinois Elks Lodge, Paradise Bar & Grill, Gobbies Sports Pub and

### SAT **3/1**

9 AM-2 PM @ DUBUQUE COUNTY FAIRGROUNDS Model railroaders are invited to buy, swap and sell to fellow hobbyists. Food available. Sponsored by TLR Southeastern Division. Admission: \$4:12 and younger: Free w/ paid adult.



### Galena Goes 50s

9 AM-10:30 PM @ TURNER HALL (GALENA, IL) It's a whole day of dance in Galena! Dance workshops (Jitterbug, Lindy Hop, Swing) take over the morning and afternoon while live music from Rick Lindy and the Wild Ones Band set the backdrop for a nighttime dance. Sign up for any class to receive a free night dance ticket. Workshops: \$15/person/class;



### An Afternoon with **Beatrix Potter** NOON @ DUBUQUE GOLF

AND COUNTRY CLUB

The Dubuque Symphony

to announce the return of

Potter, the actress and

of Letters. Born Helen

Beatrix Potter on July 28,

1866, Beatrix Potter is one of

the most beloved children's

authors and illustrators. Her

attention to detail and skill

goes far beyond Peter Rabbit

and his friends. She produced

and copyrighted stuffed toys,

developed board games, col-

oring pages, and wallpaper;

still used in instruction and

identification texts. A gener-

ous supporter of the National

Trust, she helped to preserve

the landscape and culture of

the Lake District and raised

Sheep. Like Peter Rabbit, she

was devoted to her parents

but had a mind of her own:

did not hesitate to squeeze

under and around the barri-

ers to keep women out of the

world of work and science; and got into her fair share

of scrapes with "Gentlemen

Gardener." The Dubuque

Golf and Country Club will

prepare their famous Country

French Salad with chicken or

without if you are a vegetar-

ian. RSVP by 2/25. \$40. 1800

Randall Pl. 563-557-1677.

dubuquesymphony.org.

THU **3/6** 

**Celebrating All** 

**Abilities Gala** 

6-9 PM @ HOTEL

JULIEN DUBUQUE

Camp Albrecht Acres invites

you to a memorable evening

with live music from Tapestry,

award-winning Herdwick

and her drawings of fungi are

Debra Ann Miller as Beatrix

writer of Historical Women

Orchestra League is pleased

Eatery, Galena Brewing Company, and The Grape Escape. After-party at The Gold Room. \$25. visitgalena.org.

### **TLR SE Division Model RR Sale**

14569 Old Highway Rd.

thousandlakesregion.org.



### **Sock Hop**

Dance: \$10 ADV/\$15 door. 115 S Bench St, Galena, IL. facebook.com/dancegalena.

### SAT 3/8



hors d'oeuvres and carving

stations, cocktails, a short

program, awards, live and

silent auctions, and other

fun activities. All proceeds

Acres provide an enjoyable

summer camp experience

to individuals with special

needs. \$125/person. 200

Main St. **563-552-1771**.

AlbrechtAcres.org.

will help Camp Albrecht

### **Galena Whiskey** Weekend

1 AND 5 PM @ TURNER HALL (GALENA, IL) Enjoy a whiskey tasting from premium brands you know and love. More than 175 whiskey options are available in both sessions. Local food trucks will be available. Includes a Glencairn keepsake glass. \$111.50. 115 S Bench St, Galena, IL. GalenaWhiskeyWeekend.com.

### SUN 3/9



### **Cabin Fever**

10 AM-3 PM @ DUBUQUE COUNTY FAIRGROUNDS Break out of the house and shop more than 40 local vendors, crafters, makers, bakers, wineries, and more \$3 14569 Old Highway Rd. 563-588-1406. facebook.com/JodiandKT.



**BUT WAIT... THERE'S MORE!** VIEW OUR FULL EVENT LIST **DUBUQUE365.COM/EVENTS** 

# Ongoing & Recurring Events

### **TUESDAY**

### **Early Explorers**

10 AM @ NATIONAL
MISSISSIPPI RIVER
MUSEUM & AQUARIUM

15TTUE & 15T SAT THROUGH 5/6
Discover the ABCs of the
world around us through
hands-on and active activities
including a craft and game.
Ages 2–5 with parent/caregiver. RSVP suggested. Free.
350 E 3rd St. 563-557-9545.
RiverMuseum.org/

### **WEDNESDAY**

### **She Unites**

early-explorers.

6:30-7:30 PM @ THE INNOVATION LAB 3<sup>RD</sup> WED

Come together for an evening of socialization and education. Featuring rotating speakers talking about anything and everything pertaining to women in a chill environment. Free. 210 Jones St. **SheUniteslowa.com/events**.

### **FRIDAY**

### Fabulous Fridays Artists Series

NOON-12:30 PM @ ST. LUKE'S UNITED METHODIST CHURCH AND ONLINE THROUGH 3/28
This week features Dr. Keisy Peyerl-Xavier, piano. The popular season began in

1992 with musicians from St. Luke's. Over the years, these informal downtown performances have grown to include hundreds of locally and nationally recognized artists. Enjoy time together after the performances in the church's South Hall where coffee and desserts are available. Raising funds for People In Need(PIN) and the church's Jesus Fund. Free. 1199 Main St. **563-582-4543**.

stlukesdbq.org/ fabulousfridays.

### **First Fridays**

VARIOUS LOCATIONS
IN DUBUQUE
1st FRI
First Friday is a free down-

town monthly community arts event with open galleries, artists' studios, and live entertainment, fostering community and celebrating arts in Dubuque. Free.

FirstFridaysDubuque.org.

### **SATURDAY**

### Lollipops & Music for Our Preschoolers

10–10:30 AM @ CARNEGIE-STOUT PUBLIC LIBRARY 2<sup>ND</sup> SAT THROUGH 4/12
Northeast Iowa School of Music introduces children and their families to a variety of musical styles and instruments. Come prepared to sing, play instruments, and dance. Children leave with a greater appreciation

of music and a lollipop. All ages. Free. 360 W 11<sup>th</sup> St. **563-690-0151**. **nisom.com**.

### **Early Explorers**

10 AM @ NATIONAL
MISSISSIPPI RIVER
MUSEUM & AQUARIUM
15TTUE & 15TSATTHROUGH 5/6

### FARMERS' MARKETS

### Galena Winter Farmer's Market

SAT: 8 AM-NOON

@ GALENA EAGLES

CLUB (GALENA, IL)

2<sup>NO</sup> SAT THROUGH 3/8 & 4/5

237 S Main St, Galena,

IL. 563-542-0996.

facebook.com/
galenafarmersmarket.

### **Dubuque Winter Farmers Market**

SAT: 9 AM-NOON @ KENNEDY MALL THROUGH 4/26 555 JFK Rd. wintermarketdbg.com.

### Platteville Winter Farmer's Market

SAT: 9 AM-NOON @ ROUNTREE GALLERY (PLATTEVILLE, WI) 15<sup>st</sup> & 3<sup>RD</sup> SAT THROUGH 4/19 120 W Main St, Platteville, WI. 608-218-4374. PlattevilleFarmers MarketWI.com.

### SUBMIT YOUR EVENTS

LOOKING FOR A FREE AND EASY WAY TO PROMOTE YOUR EVENTS? SEND YOUR EVENT CALENDAR OUR WAY! EMAIL: EVENTS@DUBUQUE365.COM



# GRAND OPENING

122 SINSINAWA AVE.

# BRIDGE CITY COLLECTIVE EAST DUBUQUE, ILLINOIS



YOUR LOCAL CANNABIS DISPENSARY

**FOLLOW US FOR MORE DETAILS...** 



EVENTS 365



# Battle for the Bluff Rodeo

FEBRUARY 14 AND 15 @ 7 PM FIVE FLAGS ARENA

The Battle for the Bluff Rodeo brings top rodeo action to the Five Flags Arena on Feb. 14 and 15 at 7 p.m. Watch elite competitors in bull riding, barrel racing, bronc riding, and more. This family-friendly event features local food, entertainment, and the thrill of professional rodeo.

Tickets are \$18-\$27. ■





# DSO Spring Family Concert

SATURDAY, FEBRUARY 15 @ 1 PM FIVE FLAGS THEATER

Really Inventive Stuff makes their Dubuque Symphony Orchestra debut as part of their 20<sup>th</sup> Anniversary "Peter and the Wolf" World Tour. The DSO Spring Family Concert takes the Five Flags Theater stage on Saturday, Feb. 15 at 1 p.m.

This vaudeville-inspired performance is sure to capture the imagination of

all ages. Plus, special guest Professor Trumpeterclangor, a whimsical sound scientist, needs your help to complete Mozart's "Toy Symphony." This one-hour kid-sized concert also includes music from the *Barbie* movie and Disney's *Encanto*. Stick around for post-concert activities including activity tables, photo booth and West Music instrument petting zoo. Costumes encouraged!

Tickets are \$14-\$34. For more information, contact the Dubuque Symphony Orchestra at **563-557-1677** or visit **DubuqueSymphony.org**. ■



**DUBUQUE SYMPHONY ORCHESTRA** 

# Beethoven's 5<sup>th</sup>: Darkness to Light

SATURDAY, FEBRUARY 15 @ 7:30 PM SUNDAY, FEBRUARY 16 @ 2 PM FIVE FLAGS THEATER

Music Director and Conductor William Intriligator's 25<sup>th</sup> season with the Dubuque Symphony Orchestra continues with Beethoven's 5<sup>th</sup>: Darkness to Light on Saturday, Feb. 15 at 7:30 p.m. and Sunday, Feb. 16 at 2 p.m. at the Five Flags Theater.

The Dubuque Symphony Orchestra has commissioned Principal Flute Timothy Hagen's first Flute Concerto—an exciting world premiere featuring the composer as soloist! Beethoven's Fifth Symphony, Maestro William's signature piece with the DSO, has been performed countless times over the years, yet keeps inspiring and moving

both performers and audiences. Take a trip to the sun-drenched hills of Sicily and be swept away by the lush melodies and emotive strings of Mascagni's beloved Italian opera Intermezzo from "Cavalleria Rusticana." Mendelssohn's "Hebrides Overture," embarks on a musical journey through the rugged landscapes of Scotland's Hebrides islands. Let the swirling strings and powerful brass of this masterpiece transport you to Fingal's Cave and beyond!

Saturday evening concert attendance includes entry to post-concert Encore Reception. Enjoy complimentary refreshments and visit with DSO musicians.

At 1 p.m. prior to each Sunday Classics Concert, Intriligator gives a pre-concert lecture in the theater.

Tickets start at \$20. For more information, contact the Dubuque Symphony Orchestra at **563-557-1677** or visit **DubuqueSymphony.org**. ■



### **DRUMLine Live**

WEDNESDAY, FEBRUARY 19 @ 7 PM FIVE FLAGS ARENA

DRUMLine Live is steppin' to the Five Flags Arena on Wednesday, Feb. 19 at 7 p.m.

The show stopping attraction created by the musical team behind the hit movies *Drumline* and *Drumline*: *A New Beat* embodies the soulful, high-stepping style of the Historically Black College and University (HBCU) marching band experience. With its riveting rhythms, bold beats, and ear grabbing

energy, DRUMLine Live is a high octane musical roller coaster ride that is guaranteed to touch every emotion in your body. They are back with a brand new show for the entire family and will have you on your feet by halftime.

Opening performance by the Dubuque Senior High School Pep Band. Under the direction of John Garde the pep band features students in grades 9–12. The band performs at community events and has earned Division I ratings at the IHSMA State Marching and Large Group Festivals.

Tickets are \$20-\$48. ■

EVENTS 365



13<sup>TH</sup> ANNUAL

### Dubuque on Ice Brewfest

SATURDAY, FEBRUARY 22 @ 1-4 PM (VIP @ NOON) FIVE FLAGS ARENA

Attention craft beer lovers! Dubuque on Ice Brewfest is back for its 13<sup>th</sup>

year on Saturday, Feb. 22 at the Five Flags Arena. The event runs 1–4 p.m. with early noon entry for VIP ticket holders. Enjoy samples of craft beer, liquor, wine, and local coffee from more than 60 vendors.

Tickets are \$39-\$59. Must be ages 21+. For more information, call Potosi Brewing Company at **608-763-4002** or visit **DubuqueBrewfest.com**. ■

### **Winter Bounce**

FEBRUARY 28 @ 4-8 PM MARCH 1-2 @ 10 AM-2 PM AND 3-7 PM FIVE FLAGS ARENA

In partnership with Tough Entertainment, WJOD, and Y105, this exciting three-day event on Feb. 28 at 4–8 p.m. and March 1 and 2 at 10 a.m.–2 p.m. and 3–7 p.m. at the Five Flags Arena features an array of inflatable attractions, obstacle courses, laser tag, and mini golf, providing fun for families and kids of all ages. Enjoy bounce houses and interactive games while creating lasting memories. Don't miss out on the ultimate indoor playground experience!



Socks are required to use the inflatables and will be available for \$4. Tickets for ages under 18 are \$11. Laser

tag and mini golf are \$5/person. ■

### Chris D'Elia STRAIGHT OUTTA THE MULTIVERSE

### SATURDAY, MARCH 1 @ 7 PM FIVE FLAGS THEATER

Chris D'Elia, the acclaimed comedian, actor, and podcast host, is bringing his Straight Outta The Multiverse tour to the Five Flags Theater on Saturday, March 1 at 7 p.m.

Known for his sharp wit, unpredictable humor, and hilarious takes on modern life, Chris has captivated audiences worldwide with sold-out shows and hit specials like *No Pain* and *Man on Fire*.

VIP includes a post show meet and greet with Chris and a photo opportunity.



Tickets are \$25.50-\$48.50 for GA and \$98.50 for VIP.



### 

### **CELEBRATE V-DAY WITH HEARTS**

They are delicious treats and mealtime enhancers, are packed with amino acids, vitamin B, Omega-3, taurine, and CoQ10. They benefit the skin and coat, strengthen heart function, and lower the risk of heart disease, making them a great choice for both



rawrations.com **2600 Dodge Street** (563) 239-1183



Every day, someone in America becomes a victim of fraud.

1 in 3 Americans ages 65 and older are scammed, losing \$36.5 billion annually to financial exploitation, criminal fraud and caregiver abuse.

In partnership with IID, DBQ Esports League is presenting the lowa Fraud Fighters program locally. Learn how to protect yourself and loved ones from fraud



Tuesday, March 4th or Tuesday, April 29th

4-6 P.M.

**DBQ** Esports League

3220 Dodge St Suite 109 Dubugue, IA 52002

FOR MORE INFORMATION CONTACT: Susie Quinn: squinn@dbqesports.org

This government educational program is not funded by tax dollars and is sales-free



**JDIFF WINTER FILM SERIES** 

### **Freedom Hair**

THURSDAY, FEBRUARY 13 @ 7 PM HOTEL JULIEN DUBUQUE GRANDE BALLROOM (200 MAIN ST)

The Julien Dubuque International Film Festival Winter Film Series brings three films to Hotel Julien Dubuque. Once a month, January through March, you are invited to enjoy a select film by free will donation. Doors at 6:30 p.m. and the film begins at 7 p.m.

Scheduled for Thursday, Feb. 13, the second film in the series is *Freedom Hair*. Stick around for a Q&A with Melony Armstrong after the film. The feature film is rated GA and is 97 minutes long.

Based on the inspiring, true story of Melony Armstrong, a mother who works at a shelter for battered women decides to start a natural hair braiding business to achieve financial independence for herself and others. To do so, she must overcome unexpected obstacles imposed by a powerful cartel and the state of Mississippi.

The final film, *Standing Strong: Elizabeth Catlett* by Kevin Kelley, will be presented on Thursday, March 20.

For more information, visit

JulienFilmFest.com.



### Voyages: An Opening Celebration

SATURDAY, FEBRUARY 22 @ 4:30-8 PM DUBUQUE MUSEUM OF ART (701 LOCUST ST)

The Dubuque Museum of Art (DuMA) invites you to embark on a series of voyages with the artists featured in their spring exhibitions. This is the final exhibition in DuMA's current

location before they voyage to their temporary home at the Dupaco Voices Building in the Millwork District.

Artists Gerit Grimm (Odyssey: The Voyage of Gerit Grimm), Stina Joy Henslee (Stretched Thin: Visual Musings on Tension), and Jenni Brant (Formed in the Land of Fire & Ice) join artist and guest curator Hieyler Pimpton to discuss their respective travels, which include journeys to Iceland, from East Germany, and through the creative process itself. The galleries will be open for viewing, music from DJ Echoras will be in the air, and hors d'oeuvres from City Girl Farming—inspired by the spring exhibitions—will be served.

Tickets are \$15 for DuMA members, \$20 for guests, \$10 for guests under 21, and free for 1874 Society and include museum admission, panel discussion, and one drink ticket. For tickets and more information, call the Dubuque Museum of Art at 563-557-1851 or visit DBQart.org. ■

### **Aboveboard**

FEBRUARY 13-15 AND 20-21 @ 7:30 PM FEBRUARY 16 AND 22-23 @ 2 PM BELL TOWER THEATER (2728 ASBURY RD)

Bell Tower Theater brings a romantic comedy about magic, misunderstanding, and running out of milk to the stage just in time for Valentine's Day. *Aboveboard* by Peter Bloedel and Emily Kimball will be performed on Feb. 13–15 and 20–21 at 7:30 p.m. and Feb. 16 and 22–23 at 2 p.m.

When Nick's food starts disappearing from his apartment fridge, he immediately suspects his best friend, Milo, a bumbling magician who lives down the hall. When Milo refuses to confess, Nick installs a camera to catch the culprit in the act—and finds an unlikely trespasser has been secretly living in his apartment. When the video hits the internet, the surprises multiply.



Tickets are \$26. Thursdays are Girls Night Out; all audience members get a free glass of wine. For more information and to purchase tickets, call **563-588-3377** or visit **BellTowerTheater.net**. ■



### SongFest

SATURDAY, FEBRUARY 22 @ 7 PM ELEANOR ROOSEVELT MIDDLE SCHOOL DALE LASS AUDITORIUM (2100 RADFORD RD)

Experience the power of music in building community at SongFest, an annual celebration of choral music, presented by the Dubuque Chorale. The concert will be held on Saturday, Feb. 22, at 7 p.m. at Eleanor Roosevelt Middle School Dale Lass Auditorium.

Groups participating in the concert include the Dubuque Chorale, their chamber choir Cadenza, The Dubuque Chorale Children's Choirs, Julien Chamber Choir, Heartland Harmony, the Music Men, and choirs from Clarke University, Emmaus University, Loras College, and the University of Dubuque

Join for SongFest, and experience how choral music enriches our Dubuque community. The theater doors are open, so come on in!

There is no charge for admission, but freewill donations are appreciated. To learn more about SongFest or the Dubuque Chorale, visit **DubuqueChorale.org**.



# Miss Nelson Is Missing!

FEBRUARY 21 AND 28 @ 7-8 PM FEBRUARY 22 AND MARCH 1 @ 10-11 AM FEBRUARY 23 AND MARCH 2 @ 2-3 PM GRAND OPERA HOUSE (135 W 8<sup>™</sup> ST)

The classic children's books Miss Nelson is Missing and Miss Nelson is Back by Harry Allard are adapted for the stage in this new musical by Joan Cushing. Miss Nelson Is Missing! heads to the Grand Opera House on Feb. 21–23 and 28 and March 1–2.

Miss Nelson's class is the worst behaved in the whole school. Spitballs flying across the room, paper airplanes sailing every which way and uncontrollable children send gentle, long-suffering Miss Nelson over the edge. But the students of Room 207 are in for a surprise when Miss Nelson goes missing and is replaced by Viola Swamp, a no-nonsense substitute who assigns piles of homework! The students learn lessons of appreciation and respect as they set out to find their beloved Miss Nelson... but will they ever get her back?

Tickets are \$17 for adults and \$12 for children under 18. Tickets can be purchased in person at the box office, by calling **563-588-1305**, or at **TheGrandOperaHouse.com**. ■

### The Wolves

FEBRUARY 27-MARCH 1 @ 7:30 PM LORAS COLLEGE HOFFMANN HALL ST. JOSEPH AUDITORIUM (1450 ALTA VISTA ST)

The Loras Players, the theatre production arm of Loras College's School of Humanities & Education, present *The Wolves*, a 2017 Pulitzer Prize finalist by Sarah DeLappe, Feb. 27–March 1, at 7:30 p.m. at Loras College.

This critically acclaimed play offers an intimate and unfiltered look at a high school girls' soccer team as they navigate the pressures of adolescence, competition, identity, and ambition. Over the course of their pre-game warmups, these nine fierce young athletes

grapple with everything from world affairs to social anxieties, friendships, and their own evolving sense of self. Sharp, insightful, and deeply human, The Wolves captures the complexities of teenage life with humor, heart, and an undeniable authenticity.

Established in 1910, the Loras Players are the oldest, continuously operating theatre troupe west of the Mississippi. Now in its 115<sup>th</sup> season, the Loras Players continue their tradition of engaging, thought-provoking performances that provide students of all majors handson, practical experience in theatre.

The play contains strong adult language and content, and seating is limited. Tickets are \$10. For more information visit lorasplayers.yolasite.com. ■



**CALL FOR PROPOSALS** 

# Art on the River Deadline

FRIDAY, FEBRUARY 28

The City of Dubuque is soliciting sculpture proposals for its 19<sup>th</sup> Art on the River public art sculpture exhibit to be held along the Mississippi Riverwalk in

the Port of Dubuque from August 2025 through July 2026. Since its inception, the program has featured 176 sculptures representing the work of 115 artists.

This year's theme, "Flow of Wellness," explores the transformative power of art on personal and communal well-being. Centered around themes of health, healing, and wellness, the exhibit encourages reflection on how art nurtures the body, mind, and spirit.

Submissions for existing and/or proposed 3D public art works are welcome. Up to 11 sculptural works will be selected. Applications are due on Friday, Feb. 28.

cityofdubuque.org/artontheriver.

For more information, visit



### **Broad Ideas**

MARCH 1-30 GALENA CENTER FOR THE ARTS (971 GEAR ST, GALENA, IL)

Broad Ideas is a community arts show committed to inclusion by dismantling patriarchy and misogyny through the telling of our stories. The show will be on display at the Galena Center for the Arts on March 1–30 with various events in between.

While inclusive feminism is always the overarching theme, this year's prompt is "Show Up." The "story" behind each piece is a very important part of what makes *Broad Ideas* special, and it will be displayed alongside the art. Artists and authors of all abilities are welcome and encouraged. *Broad Ideas* purposely includes a wide range of ideas, artists, abilities, and events.

This year's lineup includes the Broad Ideas Opening on March 1, The Vagina Monologues performances on March 7–9, Songwriters Showcase on March 20, and Spoken Word Closing on March 30.

For the full schedule and more information, visit **BroadIdeas.org**.



# 2025 Regional Arts Forum

THURSDAY, MARCH 6 @ 1-4 PM
NATIONAL MISSISSIPPI RIVER MUSEUM
& AQUARIUM (350 E 3RD ST)

Join the Iowa Arts Council at the National Mississippi River Museum & Aquarium on Thursday, March 6 at 1–4 p.m. for a 2025 Regional Arts Forum event. The event will be held in the Mississippi River Center in the Bickel Gallery.

The in-person event will provide an opportunity for local artists, arts and civic leaders, and community members to gather and discuss opportunities for strengthening arts and culture in their region and across the state.

This year's Forums align with the Iowa Arts Caucus, which the Iowa Arts Council hosts every four years. The purpose of the caucus and regional conferences is to identify opportunities and review possible changes related to programs that support arts and cultural enhancement in our state. Participants will make recommendations to the Arts Council, the Iowa Economic Development Authority (IEDA) and the General Assembly regarding funding allocations and priorities for arts and cultural enhancement in our state.

Registration is free and required.
For more information and to register,
visit rivermuseum.org/events.

### **First Fridays**

FRIDAY, MARCH 7

NOON-8 PM @ STONED ART STUDIO & GALLERY (1800 CENTRAL AVE) 5-8:30 PM @ ANDONIA GIANNAKOUROS STUDIO (219 W 9<sup>TH</sup> ST) 6-7 PM @ CARNEGIE-STOUT PUBLIC LIBRARY (360 W 11<sup>TH</sup> ST) 6-8 PM @ PLANTED. (245 W 1<sup>ST</sup> ST)

First Friday is a free downtown monthly community arts event with open galleries, artists' studios, and live entertainment, fostering community and celebrating arts in Dubuque. All stops are free.

Stoned Art Studio and Gallery features the Driftless Region art and photography of Henry Matthiessen III. Refreshments will be on hand. **StonedArtStudio.com**.

Andonia Giannakouros is a Dubuquebased figurative painter and printmaker. The converted studio space in the Fisher Building features work by Giannakouros. She will open her studio again on the following Saturday at 9 a.m.-noon. **Giannaka.com**.

Carnegie-Stout Public Library welcomes Simple Company to the Music @ your library stage. Simple Company is a band out of southwest Wisconsin that play primarily rock with country, pop, and blues in the mix. The band consists of Kurt Kieffer on vocals and guitar, Noah Kalchelski on bass (Jeremy Jones will be filling in for this show), and Will Wilkerson

on the drums. Two of their original songs won MAMA Awards from the Madison Area Music Association. Doors open at 5:30 p.m. and the concert begins at 6 p.m. Adults ages 21 and older may bring their own wine or beer. Music @ your library is a First Fridays concert series that features local and regional musicians.

The Planted. Gallery hosts Reaching Toward Noon, a collection of abstract expressionist works by Andrew Raeside. After 27 years of teaching art and music in New England, he retired to Dubuque to focus again on painting and become a member of the artist community in Eastern IA. Raeside uses ink and pastel on paper to explore collective unconsciousness, a concept held by psychologist Carl Jung. While Raeside's abstract works may not represent the physical world, he is interested in the subconscious physical and emotional responses that his paintings evoke and how these reactions are a connection point between us all. On display March 7-31. ■



# Want to Create in a New Way?

Join us for our 3-day intensive workshops partially supported by the National Endowment for the Arts and the lowa Arts Council, which exists within the lowa Economic Development Authority. We are so lucky to have these art experts in our community. Art teachers, historians, painters, join us for some amazing learning opportunities!





### Introduction to Silverpoint and Egg Tempera

4-6 April, 9am-4pm each day

Renaissance artists used silver wire to create delicate underdrawings in panel paintings as well as fine, finished drawings. Join artist E E Kono to explore the materials and techniques she uses to create egg tempera paintings.





### Photorealistic Oil Painting 27-29 June, 9am-4pm each day

Jessie Rebik will teach color palette selection, color matching, and blending, and how to use photographic references. Learn some of the history of photorealism and the potential meaning that painting in this style embodies.

Bluff Strokes Art Center provides high-quality art education, collaborative creative spaces, and opportunities for professional development.

Register today at bluffstrokes.org
Bluff Strokes Art Center 1201 Locust St, Dubuque (563) 239-9377



# Coffee, Anyone?

By Nicole Welsh

Though the people of Dubuque are fortunate enough to have a wide variety of sources to choose from when it comes to meeting their needs for liquid energy—ranging from gas stations to local coffee shops to big-chain coffee and more, this two-part article is dedicated to familiarizing locals with the delicious bean waters, and other amenities, of the small business entrepreneurs of our area whom, through their own brands and ideas, have come up with their own unique menus to caffeinate, and otherwise hydrate our population. Like a restaurant guide for foodies, this list is meant to serve coffee lovers with a taste of Dubuque through their coffee cups, and the businesses included below are those who have taken the time to answer a series of questions that are intended to help readers find their favorite new spot.









### Roux & Lucia

Recently added to Dubuque's roster of coffee houses, Roux & Lucia is a two-location business, with a Dubuque landmark Bakery location that opened at the end of 2024, and a Marketplace Cafe location which will be opening to the public soon, in an estimated 6-8 weeks pending any construction delays. The bakery was created with French and other European culture influences with a light and pleasant atmosphere intended to create a welcoming environment. Designed with the same goals, their market location will be created with glass windows and ceiling panels in the seating area to foster the same warm, sunny feeling.

- 16 iced and hot drink varieties including drip coffees, espresso drinks, teas, chais, and hot chocolate
- 16 syrup flavor choices for drinks
- 5 milk options including nut milks
- Freshly ground beans from Galena Coffee Roasters
- Fresh, hot foods including ham & cheese croissants, quiches, and soup of the day
- An entire menu of fresh baked goods, made in-house
- Gluten-conscious baked goods in development
- Special Roux & Lucia Galena Coffee Roasters blend and espresso beans available in bulk
- Small bar seating at the bakery location, with a side patio available in summer
- Market location will have indoor and outdoor seating with sit-down service
- Event opportunities will become possible at the market location once open
- **♥ BAKERY: 333 BRYANT ST, DUBUQUE, IA**
- **♥ MARKETPLACE CAFÉ: 620 S GRANDVIEW AVE, DUBUQUE, IA**
- **563-552-7151**
- **® ROUXANDLUCIA.COM**
- **MON-FRI: 7 AM-4 PM; SAT: 7 AM-3 PM; SUN: 8 AM-3 PM**
- ☑ INFO@ROUXANDLUCIA.COM
- **6** @ROUXANDLUCIA
- @ @ROUXANDLUCIA
- ROUX & LUCIA







### **Daily Grind**

Sprung up in the location next to the Doghouse Lounge, which was formerly Donut Boy, Daily Grind opened its doors to Dubuquers just after the first of the new year ready to supply us with a new source of liquid fuel to start our days. Set up as and in and out coffee shop, Daily Grind is a great location for those who are on the go and need a one-stop shop for their daily source of caffeine and delicious food, served alongside good vibes. In addition to their commitment to serving good energy in all forms, this business is also dedicated to providing customers with as many locally sourced products as possible, which means when you are supporting their local businesse, you're supporting other great local businesses as well.

- 9 hot drink varieties including drip coffees, espresso drinks, and hot chocolates
- Gourmet teas to be added to the menu soon
- Coffee beans used are sourced from Wayfarer Coffee
- Star Energy Drinks that can be made with lemon lime soda (Sweet Star) or ginger ale (Spicy Star) mixed with caffeinated syrups
- Fresh, hot breakfast pizzas and breakfast sandwiches
- Pre-made heated pastries and bagels sourced from Millwork Bakery in Dubuque
- In the process of adding allergy-sensitive items
- Bulk coffee orders available through Wayfarer
- Bulk pastry orders available 3 days in advance
- Bulk (more than 2) pizza orders available 24+ hours in advance
- Indoor seating year round; outdoor seating in the summer
- Meeting space available next door at the Doghouse Lounge
- **♀** 1646 ASBURY RD STE 2, DUBUQUE, IA
- **563-207-8676**
- **9 DAILY: 5:30 AM-1 PM**
- ☑ DAILYGRINDDBQ@GMAIL.COM
- **o** "DAILY GRIND"
- @DAILYGRINDDBQ
- DAILY GRIND







COVER STORY 365









### **Coffee Lab**

Located at the historic Bonson Mansion in Fountain Park, this nearly year-old coffee shop seeks to not only connect its customers with their specialty coffees, but also with each other. Their quaint and cozy location was created to give locals an inviting and inclusive place to step outside of their busy lives for a moment and hit pause to enjoy a little time with friends, a good book, or even just some peace and quiet. Furthering their mission to create connections within the community, Coffee Lab uses their space to support local artists and writers by filling their wall space with artists' works at no charge, and hosting monthly poetry readings and book club meetings.

- Hot drinks include espressos, drip coffee, lattes, cappuccinos, chais, and tea
- · Coffee beans are sourced locally from Wayfarer
- Cold drink options include smoothies, Italian sodas, and Lotus Energy drinks
- Limited menu of hot food items including 3 types of stuffed croissants
- Fresh baked muffins
- Pre-made scones and New York style cheesecake with various topping options
- 2 types of gluten-free scones available including Blueberry and Cranberry Orange
- Bulk Wayfarer bean quantities available, whole or ground
- Year round interior seating and outdoor patio seating in summer
- Meeting space available that can also be rented outside of business hours
- Monthly poetry reading events and book club meetings
- · Occasionally hosts art shows/sales
- **♀** 2728 ASBURY RD, STE 750, DUBUQUE, IA
- ⊕ COFFEELABDBQ.COM
- 9 MON-FRI: 8 AM-5 PM; SAT-SUN: 8 AM-3 PM
- @COFFEELABDBQ
- COFFEE LAB





### **Jumble Coffee**

Originally opened in 2010, Jumble Coffee has earned such a reputation in the Dubuque area that it has expanded to have 3 locations to serve its customers over the last fifteen years in business. With the popularity of big coffee competitors during this time, their success goes to say a lot about not only the quality of coffee they provide, but also the quality of service. Though two of their locations also offer seating, one of which includes a unique, customer-favorite treehouse, they are perhaps best known for their convenient drive-thru service than enables their customers' especially busy days to include excellent coffee provided to them at a fast pace.

- Various hot coffee and teas available
- In-house daily roasted, Jumble brand organic coffee beans
- Smoothies and clean energy drinks available
- · Hot foods include burritos, breakfast sandwiches, oatmeal and mac n cheese
- Cold foods include parfaits, protein bars, and acai bowls
- · Fresh, in-house made bakery items available
- Oat and almond milk alternatives available
- Catering services are available
- Jumble Coffee beans are available to be purchased in bulk quantities
- 3 locations, all with drive-thru
- · Asbury and Peosta locations offer outdoor seating
- Treehouse at Asbury location
- **OUBUQUE: 820 WACKER DR, DUBUQUE, IA**
- **♀** ASBURY: 4945 ASBURY RD, ASBURY, IA
- **♥ PEOSTA: 7342 THUNDER VALLEY DR, PEOSTA, IA**
- **MON-FRI:** 6 AM-4 PM; SAT: 7 AM-4 PM; SUN: 7 AM-1 PM
- ☑ JUMBLECOFFEECOMPANY@GMAIL.COM
- **6** @JUMBLECOFFEE
- @ @JUMBLEORGANICCOFFEE
- JUMBLE COFFEE







### Beaker's Coffee

What began as a modest business with daily 5 customers has now grown into a location that serves more than sixty happy customers per day. First opened only one day before Covid shutdowns, Beaker's Coffee made some difficult decisions about how their business would carry on when they were able to reopen months later. By cutting out their food menu and 500 square feet of seating, they were able to keep their doors open to the Dubuque public and focus on the most important thing: coffee. Maintaining this focus has led Beaker's to perfect both their coffee and their customer service. They know that for most people, their high-end coffee is a luxury that cannot be afforded daily, so they want to be sure that when their customers do buy a cup it is just that—luxurious.

- Customized coffee drinks including options such as iced or hot and traditional Italian or American style
- Hot drinks include drip coffees, espresso drinks, mochas, matchas, chais, and hot chocolates with specialty varieties
- · Coffee beans are sourced from Wayfarer
- Lotus Bubblr' Brews, a plant-based energy drink in different varieties are available
- Organic teas, lemonade, and Italian sodas available
- Order ahead and curbside pickup available by texting "Coffee" to 474747
- Pre-made bakery items are available, including some from the local Millwork Bakery
- · Plans to extend hours of operation in the future
- **♀** 1690 ELM ST, DUBUQUE, IA
- **BEAKERCOFFEEDBQ.COM**
- **MON-FRI: 7:30 AM-2 PM**
- @BEAKERSCOFFEELLC
- @ @BEAKERS.COFFEE
- BEAKER'S COFFEE











### **BUZ Coffee & Energy**

BUZ Coffee & Energy first opened its doors to Dubuque in 2020 at a time when many businesses were struggling to stay afloat. BUZ credits its success to both their loyal customers and their loyal employees, many of whom have been with the company for multiple years, describing both as the "heartbeat" of their company. Owner Tony Hesselman specifically named long-term employees Kayla DeMoss, Karissa DeMoss, Mike Grant, and Hannah Thiele in his comments of appreciation. Undoubtedly, this gratitude, in combination with a great drink menu, the location's youthful vibe, and community involvement have proven to be a recipe for success.

- Large variety of hot and iced coffee drinks available including lattes, macchiatos, mochas, americanos, chais, and more
- Selection of hot and iced teas available as well as apple ciders
- Coffee beans are sourced exclusively from Verena Street
- · A variety of flavors of Bang Energy Drinks are available
- Blended drinks include smoothies, frappes, frozen lemonade, frozen hot chocolate, blended energy drinks, and energy smoothies
- At least 8 milk options available including multiple varieties of cow milks, half & half, and multiple lactose-free milk options
- Walk-up style location
- · Customizable drinks
- Partners with the Dubuque Fighting Saints to provide fans with opportunities to win free and discounted drinks; students with a valid school ID at student game nights can enjoy a free BUZ drink
- **♀** 245 W 2<sup>ND</sup> ST, DUBUQUE, IA
- **DRINKBUZ.COM**
- **BUZ-COFFEE-ENERGY.SQUARE.SITE**
- MON-SAT: 6 AM-5 PM; SUN: 7 AM-3 PM
- **o** @DRINKBUZ
- @ @DRINKBUZ
- BUZ COFFEE & ENERGY







### Roses & Berries Café

New to Dubuque in 2024, Roses and Berries Café offers guests a bright and floral locale perfectly befitting their chosen name. Upon arriving at the front door, guests are met with a trellis of beautiful flowers, an aesthetic theme maintained throughout various areas of the café that give it a charming, romantic feel. Amongst the flowers, you'll also find a thoughtfully placed neon sign proclaiming, "Where every dish blossoms with flavor", as well as seasonal décor to fit the mood of the current holiday. In addition to traditional table seating, the café also provides couch and sofa chair seating for those seeking a more relaxed experience while enjoying their coffee.

- Offers a wide variety of hot and cold drinks including coffees, espressos, chais, Spanish coffees, Turkish coffees, traditional teas and more
- Coffee is sourced from Ross Street Roasting
- Offers a diverse selection of fruit smoothies, protein shakes, refresher drinks, and Lotus drinks
- Many freshly made hot and cold food options are available including appetizers, sandwiches, breakfast dishes, snack items, and entrees
- A wide selection of freshly made pastries such as croissants, pain au chocolat, and tarts are available
- A small selection of pre-made pastries such as danishes and macarons are also available
- Gluten-free and allergy-sensitive options are available throughout different areas the menu
- Catering services are available with notice
- · Indoor seating is available, with space for meetings in their Rose Room
- Tea party hosting is available
- **♀** 4340 ASBURY RD, STE 2, DUBUQUE, IA
- **563-663-4771**
- **® ROSESANDBERRIESCAFE.COM**
- **MON-SAT: 8 AM-7 PM; SUN: 8 AM-2 PM**
- □ ROSESANDBERRIESCAFE@GMAIL.COM

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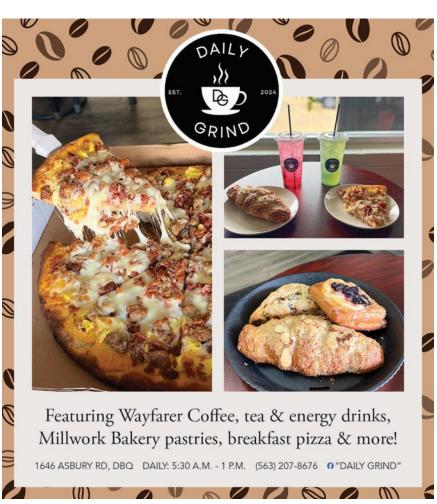


### **First Brewed**

Another coffee shop that is new on the menu to Dubuque, First Brewed, opened its doors at the end of 2024 to serve the downtown area with hot drinks and warm vibes. Their aim is to be your new favorite place, and as a result they have been working hard to combine a thoughtful menu with a cozy atmosphere and friendly faces on staff that you can't wait to come back to see. In addition to beloved favorites, their menu also includes items exclusive to First Brewed such as their signature Monte Cristo sandwich and rotating specialty and seasonal drinks you won't find anywhere else.

- Diverse selection of hot and iced coffee and espresso drinks including drip coffees, lattes, cappuccinos, americanos, and more
- Non-coffee hot drinks including steamers, hot chocolates, teas and chais
- · Coffee is sourced from Verena Street
- A variety of fruit smoothies, protein smoothies, bottled fruit juices, and Rockstar Energy drinks are also available
- Daily fresh baked pastries including croissants, cinnamon rolls, and muffins are available
- Extensive food offerings ranging from sandwiches to quiches to breakfast burritos to soups
- Dairy-free milk alternatives including oat milk, coconut milk, and almond milk
- Many drinks can be customized to serve vegan and allergy-sensitive customers
- Specialty drinks and sandwiches available on a seasonal rotation
- Plans on implementing delivery options in the future
- · Catering options available, with notice
- Bulk ordering options for most of menu available, with notice
- · Year-round indoor seating and outdoor patio seating in warmer months
- **♀** 212 W 1<sup>ST</sup> ST, DUBUQUE, IA
- **563-581-3173**
- **# FIRST-BREWED.COM**
- **MON-FRI: 7 AM-2:30 PM; SAT: 7 AM-NOON**
- ☑ INFO@FIRST-BREWED.COM
- **6** @FIRSTBREWED
- ② @FIRSTBREWEDDBQ
- FIRST BREWED







### THU **2/13**

Joie Wails, Kristina Marie Castañeda & Lexi Healey 5 PM @ Dimensional Brewing Co

Marty Raymon 7 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

Steve McIntyre 7 PM @ Miss Kitty's Grape Escape (Galena, IL)

### FRI **2/14**

Fabulous Fridays: Dr. Amanda Huntleigh & Dr. Rob Stull Noon @ St. Luke's UMC

Laura McDonald & Robbie Bahr 1 PM @ Chestnut Mountain (Galena, IL)

Max Kowalski 4 PM @ Sundown Tips Up Bar

Sam Day 5 PM @ Dimensional Brewing Co

Theresa Rosetta 5:30 PM @ Darkbird Taphouse (Peosta, IA)

Three Quarter Buzz 6 PM @ Stone Cliff Winery

Kevin & Riley Beck w/ Kerry Erickson 6 PM @ The OtherSide (East DBQ, IL)

Joie Wails 6 PM @ Champagne on Main (Galena, IL)

Birdy Young 7 PM @ First Reserve **Rock Steady** 7 PM @ Spirits Bar & Grill

Nick Schadler 7 PM @ The Cellar at Millwork (Dyersville, IA)

Music Bingo 7 PM @ O So Good Winery (Dyersville, IA)

Dueling Pianos 8 PM @ Mississippi Moon Bar

**Trippin Billies** 8 PM @ Q Showroom

Karaoke w/ Becky McMahon 8 PM @ Locals Bar (Epworth, IA)

Laura McDonald Karaoke 8 PM @ Chestnut Mountain (Galena, IL)

Hearthfire Duo 8 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

Kristina Marie Castañeda & Shawn Healy 8 PM @ Miss Kitty's Grape Escape (Galena, IL)

Rising Star: Ghostlight Improv 8:30 PM @ Smokestack

A Little Love Song for the Dance w/ Daniel Ross & DJ Papi 9 PM @ The Goose

Baddies Aquarius Bash: Diamond the Rody 9 PM @ Posh Lounge

### SAT **2/15**

Dubuque Symphony Orchestra: Spring Family 1 PM @ Five Flags Theater

Kristina Marie Castañeda 1 PM @ PJ's Pub (Kieler, WI)

Jimmy Welty Band 2 PM @ Dubuque Eagles Club

The Guthries 2 PM @ Miss Kitty's Grape Escape (Galena, IL)

Massev Road 3 PM @ Sundown Tips Up Bar

Steve Davis 5 PM @ Champagne on Main (Galena, IL)

**RJ** Fisher 5 PM @ Galena Cellars Downtown (Galena, IL)

Adam Reck 6 PM @ Stone Cliff Winery

**Broken Rubber Band** 6 PM @ O So Good Winery (Dyersville, IA)

Kind of a Big Deal 7 PM @ Burkey's Bar

Rock Steady 7 PM @ Southend Tap

Darin & Amber 7 PM @ Spirits Bar & Grill

MiniMonster 7 PM @ Wicked Dame

Trivia 7 PM @ Mid-Town Marina (East DBQ, IL)

The Mixed Emotions Band 7 PM @ Twisted Vines (Potosi, WI)

Tony Walker 7 PM @ Galena Brewing Co (Galena, IL)

UW-P Miners Ball: Ken Kilian Classic Big Band 7 PM @ UW-Platteville Ullsvik Hall (Platteville, WI)

Melissa the Medium 7 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

Dubuque Symphony Orchestra: Beethoven's 5th: Darkness to Light 7:30 PM @ Five Flags Theater

Jake Schrodt 8 PM @ First Reserve

True Love Special: Pure Service & Ben Dunegan 8 PM @ The Goose

Bill Gardell 8 PM @ Mississippi Moon Bar

Kings of Radio 8 PM @ Q Showroom

The Mighty MudCats 8 PM @ Asbury Eagles Club (Asbury, IA)

Hearthfire Duo 8 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

**C&C Dueling Pianos** 8 PM @ Miss Kitty's Grape Escape (Galena, IL)

Eric Richards 8 PM @ Off Shore Bar & Grill (Bellevue, IA)

Cirque du Buque Drag Cabaret 10 PM @ Smokestack

### SUN 2/16

Tony Walker 1 PM @ Sundown Tips Up Bar

Tangle Creek 1PM @ O So Good Winery (Dyersville, IA)

Dubuque Symphony Orchestra: Beethoven's 5th: Darkness to Light 2 PM @ Five Flags Theater

Sunday Afternoon Jams: Massey Road 3 PM @ Northside Bar

Shannon Woulfe 3 PM @ Stone Cliff Winery

Steve Kalmes 3 PM @ Textile Brewing Company (Dyersville, IA)

The Mixed Emotions Band 4 PM @ Knicker's Saloon

Hearthfire Duo 7 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

Kampfire Kings 8 PM @ Miss Kitty's Grape Escape (Galena, IL)

### WED **2/19**

Kris Karr 7 PM @ First Reserve DRIJMI ine Live 7 PM @ Five Flags Arena

Vivaldi's Gloria 7 PM @ UD Heritage Center

### THU **2/20**

Marques Morel 7 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

Songwriters Showcase: Weary Ramblers 7 PM @ Galena CFA (Galena, IL)

Kristina Marie Castañeda 7 PM @ The Cellar at Millwork (Dyersville, IA)

### FRI **2/21**

Fabulous Fridays: Addilyn Dolan & Dr. Evelyn Dias Noon @ St. Luke's UMC

Lexi Healey 4 PM @ Sundown Tips Up Bar

Joie Wails 5 PM @ Dimensional Brewing Co

BJ McAndrew 5:30 PM @ Darkbird Taphouse (Peosta, IA)

Brushfire Bandits Duo 6 PM @ Stone Cliff Winery

2 Grand Acoustic 6 PM @ The OtherSide (East DBQ, IL)

Bargo 6:30 PM @ O So Good Winery (Dyersville, IA)

Rock Steady 7 PM @ Knicker's Saloon

The Mixed Emotions Band 7 PM @ Spirits Bar & Grill

Tangle Creek 7 PM @ Locals Bar (Epworth, IA)

Karaoke w/ Becky McMahon 7 PM @ The Burg (Shullsburg, WI)

Jay Vonn 8 PM @ First Reserve

The Steepwater Band 8 PM @ The Lift

Emo Philips and Tim Cavanagh 8 PM @ Mississippi Moon Bar

Laura McDonald and Haphazard 8 PM @ Q Showroom

X-Rated Ringo 8 PM @ Millennium Bar & Marina (East DBQ, IL)

Andreas Transo 8 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

Corey Jenny 8 PM @ Miss Kitty's Grape Escape (Galena, IL)

### SAT **2/22**

Adam Bartels 1PM @ PJ's Pub (Kieler, WI)

**RJ Fisher** 2 PM @ Miss Kitty's Grape Escape (Galena, IL)

Casey Klein 3 PM @ Sundown Tips Up Bar

Jesse Bauman 3 PM @ Millennium Bar & Marina (East DBQ, IL)

Daniel Stratman 5 PM @ Galena Cellars Downtown (Galena, IL)

Voyages: DJ Echoras 5:30 PM @ Dubuque Museum of Art

Steve Sieverding & Kurt Stutzke 6 PM @ Stone Cliff Winery

The Mixed Emotions Band 6 PM @ O So Good Winery (Dyersville, IA)

Research for the Kids: Heartbeat 7 PM @ Airline Inn

Dubuque Chorale: SongFest 7 PM @ Eleanor Roosevelt Middle School Auditorium

Massey Road 7 PM @ Spirits Bar & Grill

Daniel Eric 7 PM @ Wicked Dame

Mississippi Man & Debra Kay 7 PM @ Twisted Vines (Potosi, WI)

Chris Lewis 7 PM @ Galena Brewing Co (Galena, IL)

Tangle Creek 7 PM @ Backwater Bar & Grill (Prairie du Chien, WI)

Karaoke w/ Becky McMahon 8 PM @ Denny's Lux Club

John Moran 8 PM @ First Reserve

Lightnin Luke + Coleman "IV" Williams 8 PM @ The Lift



RECORDS

Sun: 11am-6pm

Walking Molly 8 PM @ Mississippi Moon Bar

Shady 8 PM @ Q Showroom

X-Rated Bingo 8 PM @ Millennium Bar & Marina (East DBQ, IL)

Tiger Kings 8 PM @ Asbury Eagles Club (Asbury, IA)

Andreas Transo 8 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

Jordan Danielsen 8 PM @ Miss Kitty's Grape Escape (Galena, IL)

Elizabeth Mary 8 PM @ Off Shore Resort (Bellevue, IA)

Relativity Lounge, Thysbe, Dr.B 9 PM @ The Goose

Dredge, Cervine, If I Could Just Get Some Sleep, Brutal Shift 9 PM @ Monk's

### SUN **2/23**

Travis Busch Noon @ Millennium Bar & Marina (East DBQ, IL)

Laura McDonald & Marcus DeJesus 1 PM @ Sundown Tips Up Bar

Elizabeth Mary 1 PM @ O So Good Winery (Dyersville, IA)

The Office Trivia 2 PM @ Dimensional Brewing Co

Jimmy Welty Band 2 PM @ Bar-tell Bar (Hazel Green, WI)

Sunday Afternoon Jams: Po Boys 3 PM @ Northside Bar

Sea Shanty Sunday w/ Andreas Transo 6 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

### WED **2/26**

Jukebox Bingo 6 PM @ Darkbird Taphouse (Peosta, IA)

Driftless Ramblers Duo 7 PM @ First Reserve

### THU **2/27**

Nature Trivia Bee 6 PM @ Smokestack Opening Doors Trivia 7 PM @ Grand River Center

Andrew Huber 7 PM @ Frank O'Dowd's Irish Cottage (Galena, IL)

Lenny Wayne 7 PM @ Miss Kitty's Grape Escape (Galena, IL)

### FRI **2/28**

Fabulous Fridays: Dr. Sharon Jensen & Dr. Elise Cooper Noon @ St. Luke's UMC

Joie Wails 4 PM @ Sundown Tips Up Bar

Clarke Music Days 5:30 PM @ Clarke University Jansen Music Hall

Lexi Healey 6 PM @ Stone Cliff Winery

Car Show Winter Party: Tangle Creek 6 PM @ The OtherSide (East DBQ, IL)

Lauren Hall 6 PM @ Darkbird Taphouse (Peosta, IA)

Ben Dunegan 7 PM @ Riverboat Lounge

Broken Rubber Band 7 PM @ Spirits Bar & Grill

Back to the 90s Trivia 7 PM @ Millennium Bar & Marina (East DBQ, IL)

Trivia Tournament 7 PM @ Galena Eagles Club (Galena. IL)

Trivia 7 PM @ O So Good Winery (Dyersville, IA)

The Boy Band Night, Kenny Braasch 8 PM @ Mississippi Moon Bar

Tyler Richton and the High Bank Boys 8 PM @ Q Showroom

Kampfire Kings Trio 8:30 PM @ Miss Kitty's Grape Escape (Galena, IL)

The DZ Combo, Marzipan Mailbox 9 PM @ Monk's

### SAT **3/1**

Shekinah King 1 PM @ PJ's Pub (Kieler, WI) The Guthries 2 PM @ Miss Kitty's Grape Escape (Galena, IL)

Terry McCauley 3 PM @ Sundown Tips Up Bar

Lauren Hall 5 PM @ Dimensional Brewing Co

Adam Beck 6 PM @ Stone Cliff Winery

Mississippi Duo 6 PM @ O So Good Winery (Dyersville, IA)

Chris D'Elia 7 PM @ Five Flags Theater

Back Booth Alley 7 PM @ Knicker's Saloon

MiniMonster 7 PM @ Wicked Dame

Billy Stock 7 PM @ The Cellar at Millwork (Dyersville, IA)

Ozzy & Bon JoeB 8 PM @ First Reserve

Gaelic Storm 8 PM @ Mississippi Moon Bar

Karaoke w/ Becky McMahon 8 PM @ R Place (East DBQ, IL)

Rock Steady 8 PM @ Asbury Eagles Club (Asbury, IA)

Mardi Gras Party: Killer & the Salty Dogs 8 PM @ Red N Deb's (Platteville, WI)

Gypsy 8 PM @ Off Shore Bar & Grill (Bellevue, IA)

Garrett Hillary 8:30 PM @ Miss Kitty's Grape Escape (Galena, IL)

### SUN **3/2**

Broken Rubber Band 1 PM @ Sundown Tips Up Bar



### **BUT WAIT... THERE'S MORE!**

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# TOTHERS DE LIVE MUSIC FRIDAYS, 6-9 PM February 14 Kevin & Riley Beck w/ Kerry Erickson 21 - 2 Grand 28 Tangle Creek [Car show Christmas Party] March 7 Mixed Emotions 14 Mississinpi Band 21 Kevin & Riley Beck w/ Kerry Erickson 28 LiLi and the Dirty Bastards April 4 Carl's Band 11 Tangle Greek 18 Jimmy Welty Band 25 Back Booth Alley Hydrated By... Nay 2 Big Night Out 3 (SAT) Rock Steady 25th Annuversary Weekend Gelebration... 8 (THU) Driftless Twisters 9 Unicorn Fist 10 (SAT) Walking Molly

# Ongoing & Recurring Nightlife

### SUNDAY

Disco Brunch w/ DJ SaladSpinner 9 AM @ Convivium Urban Farmstead 2nd Sun through 12/14

Open Mic w/ Scott Rische 1 PM @ Miss Kitty's Grape Escape (Galena, IL)

Gladdy Ressler, Jamie Jones, Special Guests 1 PM @ Council Hill Station (Council Hill, IL)

Open Mic & Sketch Group w/ Addison Aronson 4 PM @ Smokestack Ist Sun

### MONDAY

Trivia w/ Bob's Trivia 6:30 PM @ Textile Brewing Co (Dyersville, IA) Ft & 3<sup>rd</sup> Mon

Comedy Under Monk's Open Mic 8 PM @ Monk's Kaffee Pub

### **TUESDAY**

Trivia w/ Think & Drink 7 PM @ Dog House Lounge  $2^{nd}$  &  $4^{th}$  Tue

Trivia w/ Triviawithbrett 7 PM @ Riverboat Lounge

Analog Listening Room 7 PM @ Smokestack

Trivia w/ Think & Drink 7 PM @ Southend Tap 1st. 3rd & 5th Tue

Leo-oke: Live Piano Karaoke 7 PM @ Wicked Dame

Trivia w/ Bob's Trivia 7:30 PM @ Backpocket DBQ

### WEDNESDAY

Trivia w/ Triviawithbrett 6 PM @ Hy-Vee Locust

Record Club 6 PM @ The Goose

Open Mic w/ Pennyroyal 6 PM @ Jubeck New World Brewing

Blues Jam w/ The Mighty MudCats 6 PM @ Smokestack 2<sup>nd</sup>-5<sup>th</sup> Wed

Trivia w/ Bob's Trivia 6:30 PM @ Round Two (Peosta, IA) Trivia For Dorks 7 PM @ Dimensional Brewing Co

Group Therapy: Comedy & Variety Open Mic Show 7 PM @ Dubuque Eagles Club 2nd & 4th Wed

Speedquizzing Trivia w/ GQ Entertainment 7 PM @ Lina's Lounge

Jazz Night Open Mic w/ DZ Combo 7 PM @ Smokestack f<sup>st</sup> Wed

The Mixologist DJ AA 7 PM @ Southend Tap

Karaoke w/ Excel Entertainment 7 PM @ Spirits Bar & Grill 2<sup>nd</sup> & 4<sup>th</sup> Wed

Karaoke w/ Becky McMahon 7:30 PM @ Denny's Lux Club

### THURSDAY

Trivia w/ Triviawithbrett 6:30 PM @ Hy-Vee Dodge

Jukebox Bingo 6:30 PM @ Off Shore Bar & Grill (Bellevue, IA) 3rd Thu through 4/17

The Wayback Machine: Rock 'n' Soul All-Vinyl Dance Party 7 PM @ The Goose 2<sup>nd</sup> Thu

Karaoke w/ Dante Steele 7 PM @ Riverboat Lounge

Songwriters Showcase 7 PM @ Galena CFA (Galena, IL) 3<sup>rd</sup> Thu

XTREME Bar Bingo 7 PM @ Galena Eagles Club (Galena, IL)

Music Bingo w/ Think & Drink 8 PM @ Barrel House

Silly Goose Thursdays Comedy Open Mic 8 PM @ The Goose 1st & 3rd Thu

Open Mic w/ Chad Olson Jr. 8 PM @ Smokestack

Trivia w/ Bob's Trivia 8 PM @ Steve's Pizza (Platteville, WI) When UW-P is in session Karaoke 9 PM @ Southend Tap

### FRIDAY

Fabulous Fridays Artists Series Noon @ St. Luke's UMC and Online Through 3/28

Country Night 5 PM @ Off Shore (Bellevue, IA) It Fri through 3/7

Country Dancing Fridays 6 PM @ 7 Hills Ballroom & Event Center I<sup>st</sup> Fri through 5/2

Trivia Night 6 PM @ Maquoketa Brewing (Maquoketa, IA) I<sup>st</sup> Fri

Karaoke w/ Denise 7 PM @ Northside Bar

Open Mic Karaoke 8:30 PM @ The Big House (Petersburg, IA)

Karaoke w/ Dante Steele 10 PM @ Baraboo's on Main

### **SATURDAY**

Lollipops & Music for Our Preschoolers 10 AM @ Carnegie-Stout Public Library 2<sup>nd</sup> Sat through 4/12

Gladdy Ressler, Jamie Jones, Special Guests 1 PM @ Council Hill Station (Council Hill, IL)

Karaoke 7 PM @ Galena Eagles Club (Galena, IL)

Open Mic Karaoke 8:30 PM @ The Big House (Petersburg, IA)

Afro Caribbean Night w/ DJ Papi 9 PM @ The Goose  $\mathcal{F}^t$  Sat

Latin Night w/ DJ Papi 9 PM @ Smokestack *Last Sat* 

Karaoke & Live Music w/ Johnny C 9 PM @ Swiss Inn (East DBQ, IL) Last Sat

Karaoke w/ Dante Steele 10 PM @ Baraboo's on Main

### **SUBMIT YOUR LIVE MUSIC & ENTERTAINMENT EVENTS**

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EMAIL: MUSIC@DUBUQUE365.COM

# MISSISSIPPI MONIPAR

# **Upcoming Entertainment**



### **Billy Gardell**

SATURDAY, FEBRUARY 15 @ 8 PM
Billy Gardell currently stars in the CBS series Bob
Hearts Abishola, from award-winning creator,
executive producer and writer Chuck Lorre. Bob
Hearts Abishola is a love story about a middleaged, compression sock businessman from Detroit
who unexpectedly falls for his cardiac nurse, a
Nigerian immigrant, while recovering from a heart
attack, and sets his sights on winning her over.

Prior to *BHA*, Billy Gardell starred in the CBS hit television series *Mike & Molly* as Officer Mike Biggs from 2010–2016. In 2016, he received a daytime Emmy nomination as best game show host for *Monopoly Millionaires Club*.

As a stand-up, Gardell took the long road to Hollywood, stopping at every small-town lounge, military base, and comedy club along the way. His comedy act took him to Los Angeles where his dedication to acting, along with touring as a stand-up comedian, allowed him to grow consistently in both arenas. His stand-up show is a powerhouse. His grounded, down-to-earth point of view strikes a strong chord with American audiences. Stories about his rough childhood, wild adolescence, and new family life are executed with the skill of a master craftsman.

His comedy special *Billy Gardell: Halftime* premiered on Comedy Central, and *Billy Gardell Presents Road Dogs* premiered on Showtime.





# Emo Philips and Tim Cavanagh

FRIDAY, FEBRUARY 21 @ 8 PM
Described by Jay Leno as the best joke writer in America and by Gary Delaney as the best joke writer in the world, Emo Philips has performed over 7,000 stand-up shows in comedy clubs, colleges, and theaters, including a multi-week run at the Playhouse Theatre in London's West End. In 2018 and from 2022–2023, Emo toured with "Weird Al" Yankovic (over 200 concerts across three continents); Emo will forever remember the standing ovation he received at Carnegie Hall.

"I'm not sure when or where I first heard of Emo's routines, but once I did I instantly became a fan," says "Weird Al" Yankovic. "Emo had the iconic look of someone who could have been a major star in the era of silent films. His body language was indescribably weird. And his material was flat-out brilliant." If asked at gunpoint who the funniest guy in the world was, Yankovic adds, "Without question I would have to say Emo Philips—especially if Emo happened to be the one holding the gun." —"Weird Al" Yankovic, Chicago Magazine

Tim Cavanagh LOVES doing comedy and sharing his clean, smart jokes and funny songs with people. His life was wonderful run of laughter and fun until 2021, when he started getting death threats. Really serious death threats. From, of all people, his doctor who found a malignant tumor in his pancreas. Miraculously, she had found it early. Thanks to the work of an amazing medical team, Tim successfully underwent cancer treatment, survived The Whipple Procedure, had the tumor removed, and is now cancer free! Today, he celebrates by sharing his jokes and appreciating your laughter like he never has before.

### **Additional Entertainment**

**DUELING PIANOS** FEBRUARY 14 @ 8 PM

WALKING MOLLY FEBRUARY 22 @ 8 PM

THE BOY BAND NIGHT, KENNY BRAASCH

FEBRUARY 28 @ 8 PM

GAELIC STORM
MARCH 1 @ 8 PM

TEN GALLON HAT MARCH 7 @ 8 PM

NOT QUITE BROTHERS

MARCH 8 @ 8 PM

POP ROCKS MARCH 14 @ 8 PM

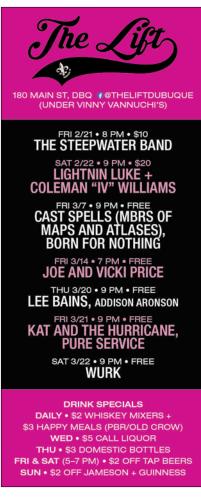
7 SUMMERS: A MORGAN WALLEN TRIBUTE SHOW MARCH 15 @ 8 PM

FRANK MARTIN BUSCH AND THE NAMES MARCH 21 @ 8 PM

> PETROCK MARCH 22 @ 8 PM



Diamond Jo Casino's Mississippi Moon Bar is located at 301 Bell St. in the Port of Dubuque. All shows are 21+. For tickets and more information about the upcoming entertainment, call Diamond Jo Casino at 563-690-4800 or visit DiamondJoDubuque.com.



### **PUZZLE ANSWERS**

PUZZLES ON PAGE 36 GENERAL BOB IS AT MARCO'S ITALIAN & AMERICAN FOODS

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# LIVE MUSIC & ENTERTAINMENT FEATURES

### SAT **2/15**



Melissa the Medium
7 PM @ OHNWARD FINE ARTS CENTER
(1215 E PLATT ST, MAQUOKETA, IA)
TICKETS: \$25

Melissa Culbertson was born and raised in Dubuque. Ever since she was a young girl Melissa has experienced the presence of spirit in many ways. During her childhood she had many profound experiences with spirit and her psychic ability. It wasn't until later in life when she fully understood what her ability was. Melissa uses her Christian background for guidance as she delivers messages. The many paths that Melissa has walked in life have also led her to be a self-help coach. Many people have found strength, stability and love for themselves taking Melissa's courses. She also does Reiki, sound healing and grief classes. Melissa has been on live radio giving readings. She has also done many large group public events giving messages. Melissa enjoys bringing comfort, healing and honesty to those in need. She provides a beacon of light in the chaos. The first half of the show Melissa will do readings. Upon arriving at the theater you can place your name in a basket. Melissa will draw names and invite you to the stage for a reading. The second half of the show Melissa will take questions from the audience. OhnwardFineArtsCenter.com.



Kings of Radio
8 PM @ Q SHOWROOM
(1855 GREYHOUND PARK RD)
COVER: FREE
Kings of Radio is an '80s-to-today

Kings of Radio is an '80s-to-today rock tribute band based out of Wisconsin. The five musicians rock your favorite "big hair" hits with their all live show! **qcasinoandresort.com**.

### THU **2/20**



Songwriters Showcase: Weary Ramblers

7 PM @ GALENA CENTER FOR THE ARTS (971 GEAR ST, GALENA, IL) COVER: FREE

lowa folk duo Weary Ramblers bring years of experience to the stage with award-winning songwriting and chemistry. Chad Elliott and Kathryn Fox showcase multi-instrumental performances with tight harmonies and great storytelling. Songwriter Showcase encourages the creation and sharing of original music by regional singer songwriters. Refreshments available. galenacenterforthearts.com.

### SAT **2/22**



Lightnin Luke + Coleman "IV" Williams

8 PM @ THE LIFT (180 MAIN ST, LOWER LEVEL) COVER: \$20  $\,$ 

Soulful, passionate, and sincere are the words used most frequently when describing Portland-raised Lightnin' Luke. Singer, songwriter, and violinist, Luke's bluesy vocals, heartfelt lyrics, and wild fiddle playing have made him a versatile musical force. Lightnin' plays fiddle in the Bridge City Sinners and currently is located in Charleston, SC. "Patience is a virtue." Those words are tattooed across Coleman Williams' right arm, forever reminding the alternativecountry singer/songwriter of the benefits of taking one's time. The lesson wasn't always so clear. As the greatgrandson of Hank Williams Sr., grandson of Hank Williams Jr., and only son of Hank 3, Coleman spent years waging an internal battle with the expectations thrust upon him by his own lineage. He represented the fourth generation of country music's most legendary family-hence his nickname, "IV"-and the pressure to launch his own career was enormous. Although Coleman would eventually make his mark with Southern Circus — the genre-bending debut from his band, IV and the Strange Band, combining southern storytelling and country textures with 100-watt guitar amps and DIY attitude—he needed to break free first and discover his own musical approach along the way. facebook.com/theliftdubuque.

### SUN **2/23**



The Blue 2+1
3 PM @ DARKBIRD TAPHOUSE
(7305 THUNDER VALLEY DR, PEOSTA, IA)
COVER: FREE

Bob Dorr and Jeff Petersen, also known as The Blue 2, are both members of the lowa Blues Hall of Fame and the lowa Rock 'n' Roll Music Association Hall of Fame. They have been playing for 40+ years, but this is the first time you can see them at Darkbird Taphouse. darkbirdtaphouse.com.

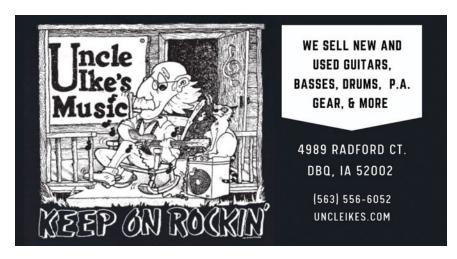
### FRI **2/28**



Lexi Healey 6 PM @ STONE CLIFF WINERY (600 STAR BREWERY DR)

COVER: FREE

Local singer-songwriter Lexi Healey plays originals and covers on her acoustic guitar. You can find her performing at venues in the Tri-State area. **stonecliffwinery.com**.





### Protect Your Loved Ones from RSV

**RSV** is a common respiratory virus, which peaks in the winter months.

RSV can be dangerous for infants and older adults. These age groups are more likely to be hospitalized from RSV.



Ask your family's healthcare providers about RSV prevention.



# Swagat Indian Cuisine

# A Warm Welcome!

### By Sunil Malapati

Something wonderful happened this week as many in the Tri-States who were bemoaning the lack of an Indian restaurant celebrated the arrival of Swagat, right in the middle of the city. The joy seemed to extend in both directions. The team at Swagat seemed as pleased to serve as the customers who flocked to the place the opening week. We were there on opening night, and the palpable excitement was contagious; all week, I kept hearing from many of my friends both about the quality of food and the experience. Seems appropriate for a place called "Swagat," which means "welcome" in Sanskrit.

"Swagat" is in the light, airy building on Locust Street, kitty corner from the library, a two-block area that seems bustling with great food places. There is seating both on the ground floor and upstairs with some outdoor seating for summer. The place feels clean and crisp with white table linen and black plates, an upscale feel the food more than satisfied. The service found a way to be polite and attentive without being obsequious; they were knowledgeable as well. They could guide us through gluten-free options, and as I later learned from friends, could steer people between vegan and vegetarian options. Indian food is very vegetarian friendly with a large section of the menu devoted to vegetables; but most foods incorporate cream and ghee (clarified butter), and my vegan friend appreciated their awareness.

The menu at Swagat is quite expansive, showcasing global influences. The predominant cuisine is Punjabi (North India, bordering Pakistan) with well-known dishes like butter chicken and saag paneer. There are regional dishes like Chicken Kolapuri (Western India, closer to Mumbai), Chicken 65 (South India, from Chennai) that spread across India. The Western influence is felt in vindaloo (Portuguese, use of vinegar) and tikka masala (Balti cuisine from Birmingham,



UK). Chinese techniques and ingredients are showcased in quite a few dishes, mostly appetizers. The menu is quite ambitious; in lesser hands, there is a danger of flavors blending between dishes leading to a sameness in all sauces. Fortunately, the chef(s) here know what they are doing!

The global influence is most keenly felt in the appetizers. We ordered Tandoori Chicken, Lamb Seekh Kabab, and Chilly Gobhi. The Tandoor oven uses high heat and reflective surfaces and is great for breads and meats that are cooked quickly. Chicken here is marinated in yogurt, ginger, and garlic, all of which tenderize the meat so that the outside is crisp and the inside tender and juicy. The oven most likely came with the Mughals from Central Asia, but the chicken dish is all Punjabi. The Lamb Seekh Kabab shows Persian influence; the freshness of the sausage could be discerned by hints of floral coriander seeds. Both the grilled dishes were accompanied by greens and a yogurtonion salad that was not quite a raita, more like a coleslaw with yogurt, something unique and unexpected I found delightful.

As great as the grilled dishes were, the unanimous favorite within our group was Chilly Gobhi. The Chinese technique of coating a food with starch, deep-frying and then coating with a sauce is used to spectacular effect here. The chilli sauce is similar to the soybased sauce used in a similar dish called Gobhi Manchurian—the salty, sweet, and tangy coating of the crispy cauliflower is further enhanced by onions and bell peppers. Highly recommended.

Before moving on to the entrees and curries, I have to extol the Lamb Dum Biryani, one of the best lamb dishes I have ever had. As someone who has conducted biryani classes, I know how hard it is get the balance right. The lamb is fork-tender while the spicy rice around it is breathtakingly complex without stealing focus from the meat. The accompanying yogurt sauce cools you down just enough to start digging into the biryani again.

As a group, we ordered four different curries with four different breads to get a pretty wide range of tastes. Each curry comes with basmati rice on the side, so bread is not essential though I would recommend trying those out. Naans are typically fermented (leavened) breads cooked under high heat in the tandoor ovens and have the characteristic black spots. Swagat offers a variety of naans with butter, garlic, and cheese used as toppings. The Garlic & Cheese Naan almost feels like a pizza base for all the curries! The Spice Masala Naan does not go easy on the spice—this is a good time to point out that Swagat means serious business when it comes to spice level. Hot means HOT, so make sure to indicate your spice level accordingly.

Indian restaurant menus typically list the same sauce with different meats as different dishes (unlike Chinese or Thai menus), and the menu typically feels longer as a result. While that is true here of some curries like Korma or Vindaloo, I was pleased to note that some dishes are very specific to the meat or vegetable they use. Including the opening night dinner and takeout, I have tasted six different curries, and I am pleased to report that they all feel distinct and appropriate to the meat or vegetable used.

Goat is one the world's most common meats, yet quite rare in US; none of my dinner companions had tasted goat before. Bhuna Ghee Goat is a traditional braised meat dish with goat pieces sauteed in





Ghee, the nutty clarified butter so beloved by Indians. The rich onion and tomato gravy balances the slight gaminess of goat; the meat served with bones was succulent. Chicken Malabar is not on the paper menu, but is on the online takeout menu and is definitely recommended. The Malabar coast (southwest India) is famed for its spices and this dish uses it beautifully with coconut as the moderating base. Shrimp masala has jumbo shrimp floating in a rich tomato sauce that showcases the best of Balti cuisine. Immigrants in Birmingham, UK experimented with canned tomatoes instead of fresh tomatoes used in Indian cuisine and arrived at a tikka masala sauce that was quickly adopted by Indian restaurants across the globe. Swagat's version with the shrimp is divine.

Indian cuisine is vegetable based and it should not be surprising to see an extensive list of vegetarian dishes. Paneer is Indian cheese—think of compressed cottage cheese with the texture of hard tofu and is the basis of several dishes. "Shaam Savera" (literally dusk/dawn) is a relatively new dish developed by celebrity chef Sanjeev Kapoor and find a place on Swagat's menu. Crumbled paneer is wrapped in wilted spinach and served in a creamy tomato-onion sauce that does not use cream and is quite distinct from the other tomato sauces. The tanginess of the tomato is more prominent and balances the richness of paneer and the vegetal spinach. Shahi Paneer Korma comes with a rich cardamom forward sauce; "Shahi" means royal, and it is an elevated version of korma. Korma typically involves a nutbased sauce (often cashews), and the use of cardamom, an expensive spice, makes the dish feel even more luxuriant. "Baingan Bharta" is a classic Punjabi dish that is made by slow-roasting eggplant, pureeing it, and cooking with an onion-tomato base. I often judge an Indian restaurant based on their version of this classic, and Swagat passed my test with flying colors.

Readers of my column know how I like to understand the people behind the food, an opportunity I was unable to have with the owners being extra busy with the opening weekend. My few interactions with Mr. Resham Singh as we tried to coordinate an interview showed someone overwhelmed by the response. In this case, the food and the experience speak for themselves. You can feel the love and care that went into designing the menu and the space, and it shows up in every bite. There is an expansiveness and generosity of spirit that bodes well for their success in Dubuque. We are glad to welcome Swagat to our town.

### **Swagat Indian Cuisine**

- **♀** 1108 LOCUST ST, DUBUQUE, IA
- **563-552-0027**
- **SWAGATMADISON.COM**
- WED-MON: 10 AM-230 PM & 4-9:30 PM; TUE: CLOSED

### **SUNIL MALAPATI**

SUNIL IS NERDY ABOUT ALL
THINGS FOOD, SCIENCE,
FOOD SCIENCE AND
THEATRE. HE WILL GLADLY
ANSWER YOUR QUESTIONS (AS WELL AS
BORE YOU WITH FOOD LORE) IF YOU EMAIL
HIM AT DINING@DUBUQUE365.COM.



BUT WAIT... THERE'S MORE!
VIEW OUR FULL DINING ARCHIVE
DUBUQUE365.COM/DINING





### **Sew Cute Embroidery**

Tuesday, Feb. 18, at 4 p.m.

For ages 12 to 17. Registration is required.

No matter if you're new to embroidery or have some experience, join us to start an easy sewing project and go home with your own embroidery kit.

Registration required. Sign up at carnegiestout.org/events or call 563-589-4225, ext. 2228.

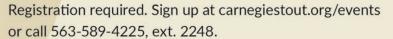
### Sun SHINE Squad

Tuesday, Feb. 25, from 4 to 5:30 p.m.

For ages 10 to 18. Registration is required.

SHINE (Support Humans in Need of Encouragement) like the sun and make a difference at the library and in the community through art! Participants give feedback and work on various art-centric projects for the community.

Participating in the Sun SHINE Squad is also a great way to earn volunteer hours. The Squad meets at the library on the last Tuesday of each month.



360 W. 11th Street | carnegiestout.org

**COLUMNISTS** 

# HyVee

### **Banana Split Overnight Oats**

**MAKES 2 SERVING** 

### All You Need:

- <sup>2</sup>/<sub>3</sub> cup Hy-Vee quick oats
- 1 tbsp. chia seeds
- 1 cup Silk Soy Milk
- 1 tbsp. Hy-Vee pure maple syrup
- 1 medium banana
- Blueberries and strawberries
- 1 Mid-Day Square, chopped

### All You Do:

- 1. Combine 1/3 cup oats, 1/2 tablespoon chia seeds, ½ cup soy milk, ½ tablespoon maple syrup, and half a banana sliced into each mason jar. Stir well.
- 2. Cover with lid and place in refrigerator overnight.
- Remove jar from fridge and top with blueberries and sliced strawberries. Sprinkle a chopped Mid-Day Square on top.

Recipe Adapted From: hy-vee.com

THIS INFORMATION IS NOT INTENDED AS MEDICAL ADVICE. PLEASE CONSULT A MEDICAL PROFESSIONAL FOR INDIVIDUAL ADVICE.

### **Fear No** More Surprising Foods that **Boost Heart** Health

### By Hy-Vee Nutritionist Megan Dalsing

When it comes to heart health, many foods get an undeserved bad reputation. Many people hesitate to enjoy certain ingredients, fearing they might raise cholesterol or harm their cardiovascular health. However, many of these "feared" foods are safe and packed with the prime nutrients needed to keep your ticker working in tip-top shape. From eggs to nuts, and even the suspected soy, let's break down the fear and bring back the benefits.

- 1. Eggs: No surprise eggs top the "foodsthat-fear-list." There have been many misconceptions about their high cholesterol content, leading people to believe they are detrimental to heart health. Rest assured, recent studies have largely debunked this idea and explained that the cholesterol in eggs has minimal impact on blood cholesterol. The American Heart Association indicates that individuals can include up to a whole egg daily in a heart-healthy diet.
- 2. **Nuts:** Nuts often intimidate people because of their high fat and calorie content, leading to concerns about weight



gain. However, the fats in nuts are predominantly unsaturated fats, which can help lower LDL (bad) cholesterol and fight inflammation. Nuts are also packed with nutrients like fiber and omega-3 fatty acids, promoting cardiovascular health. To incorporate nuts into a hearthealthy diet, enjoy a handful as a snack, sprinkle chopped walnuts or almonds over salads. Another choice would be to use PB2 Performance Protein and add it to smoothies or oatmeal. This complete plant protein line is packed with almonds or peanuts as the first ingredient and contains no added sugar for a nutty protein boost we all need.

- 3. Dark Chocolate: This treat is often feared because it's associated with indulgence and sugar, leading many to believe it's unhealthy or detrimental to heart health. However, dark chocolate, specifically varieties with 70% cocoa or higher, can be a great option when chosen wisely. It's rich in flavonoids, or antioxidants that help reduce inflammation and improve blood flow, all supporting cardiovascular health. Consider trying Mid-Day Squares—a chocolatey snack with minimal sugar, to satisfy cravings. One square keeps you full and energized between meals, making it an ideal snack for busy schedules.
- 4. Soy Products: Many people worry that the compounds in soy, called isoflavones, mimic estrogen and could disrupt hormonal balance or harm health. However,

- extensive research shows that soy consumption is safe and offers numerous benefits, particularly for heart health. Soy is a rich plant-based protein and fiber source that can help lower LDL (bad) cholesterol and improve overall cardiovascular function. To include soy in a heart-healthy diet, consider adding tofu to stir-fry, snacking on steamed edamame, or blending Silk Unsweetened soy milk into smoothies for a dairy-free milk alternative with eight grams of plant protein.
- 5. Fruit: Despite their superfood status, fruits are oftentimes avoided due to misconceptions about spikes in blood sugar levels or overall sugar content. However, fruits are packed with winning nutrients needed for heart health. Blueberries, for example, are filled with fiber, vitamin C, and powerful antioxidants called anthocyanins, which help reduce inflammation and improve blood vessel function. To include blueberries in a heart-healthy diet, enjoy them fresh or frozen as a snack, add them to yogurt, or frankly, they're primed for a starring role in salads for a burst of natural sweetness.

If you're looking for additional perspective and ideas about foods you may fear, our team of Hy-Vee registered dietitians is here to help. Contact our Discovery Call Center at nutritionservices@hy-vee.com or call 515-695-3121 to schedule your complimentary Discovery Session today.



# Discover what a dietitian can do for you

- Individual nutrition counseling
- Personalized plans
- Wellness programs & classes

### **Megan Dalsing**

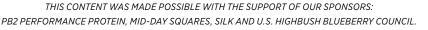
RD. LD Reaistered Dietitian megan.dalsing@hy-vee.com 563-583-2199



On-demand store tours

Health screenings





# Wandering Stars

### By John McAndrew

Tommy Orange's prequel/sequel to his Pulitzer-nominated debut novel. There There, is about to come out in paperback. Get it.

Wandering Stars sneaks up on you. Kaveh Akbar says, "Wandering Stars is the kind of book that saves lives, that makes remaining in the world feel a little more possible." Orange weaves individual struggles into a multi-generational thread. Much of our focus these days is on individual identity. Self-help. Self-actualization. Orange presents a wider and longer view: Who are we without our families, community, history, the land we call home?

"A bad thing doesn't stop happening to you just because it stops happening to you. In therapy this is called trauma."

We're sometimes told that what we don't know can't hurt us. Orange may disagree. What we don't know also can't heal us. Knowing the hard things in our past is the only way we can answer the question, "Why does this keep happening?"

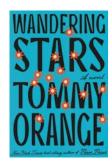
In *There There*, a long-dispersed Native American family (Chevenne and Ohlone) converges on Oakland, CA for a big powwow. Friends, co-workers, and others from outside the extended family have their own agendas, their own impacts. It's an unplanned, unintentional family reunion, with guests.

In Wandering Stars, these events are put in context. They are part of longestablished patterns. The beginning of each book reads like an excerpt of Burv Mv Heart at Wounded Knee. Orange reminds us that America's longest war was not Afghanistan; it was our long eradication of this continent's earlier inhabitants. That war's victims and survivors have grandchildren living among us. And that war's war criminals do, too. We learn about the Sand Creek Massacre and the Carlisle Indian Industrial School, and their consequences.

"...Indian children were made to carry more than they were made to carry."

Orange is deft. His passages on everyday family outings or dynamics are more stream-of-consciousness than a narrative march from plot-point to plot-point. Life

is lived this way: Days and weeks pass without fanfare or apparent direction. The past "getting into your bloodstream and poisoning you" may be playing a part. Like a bullet that can't safely



be removed. Buddhists call this "dependent arising": everything is caused, even if it may not be obvious. Our mothers and grandmothers are also wounded and wounding people. But they seem the most steady and sturdy in Orange's stories.

"One thing I want you to understand is that your suffering does not make you special. There's a voice inside everyone who suffers that says, no one else has it like this, and so much selfish action comes from listening to that voice. You are not alone, you are not special, and there is help. We have one another."

Or, as REM sang, "Everybody hurts." These books may be a comfort to those who are weary to the bone, disappointed in life. Those who wonder, given all that's gone before, whether it's worth putting one foot in front of the other again. As Orange demonstrates, "Stories do more than comfort. They take you away and bring you back better made."

After reading Tommy Orange's first two novels, you may find yourself being more curious about your own and others' histories. More patient with each others' struggles. More kindness toward difficult people would bind all our wounds. These are stories by, about, and addressed to a wounded, wounding people. That's us! ■

### **JOHN MCANDREW**

JOHN MCANDREW IS A LIFELONG BIBLIOPHILE WHO LOVES DISCUSSING BOOKS AND IDEAS, WHETHER YOU AGREE WITH HIM OR NOT. SEND YOUR COMMENTS AND SUGGESTED TITLES TO REVIEW TO BOOKS@DUBUQUE365.COM.



For all library events that require pre-registration, please visit: dubcolib.org/calendar









### Five Convenient Locations...

Asbury 5290 Grand Meadow Dr., 563-582-0008 Farley Municipal Bldg. 206 1st St N., 563-744-3475 Epworth - 110 Bierman Road S.E., 563-876-3388 Holy Cross - 895 Main Street, 563-870-2082 Peosta (NICC) - 8342 NICC Dr., 563-556-5110 ext. 224



### **CATURDAY!**

Meet adorable furry friends! The Dubuque Regional Humane Society is bringing adoptable cats to the library for the ultimate CATURDAY! Learn about the mission of the Humane Society and meet some of their adoptable kitties! Drop in any time during the open house.

Asbury: Saturday, February 15 @ 10 AM - 12 PM



### SNACKtivity: Snack Towers

SNACKtivity, where creativity and fun come together through food! Join Ms. Julia to build Snack

Peosta: Wednesday, February 19 @ 3 PM Asbury: Thursday, February 20 @ 4:30 PM Farley: Monday, February 24 @ 4:30 PM



### All About Birds

Join Dubuque County Conservation to learn all about birds from owls, to turkeys, to backyard birds you see at the feeders. See the different ways birds use including their beaks, feathers, and talons. Be ready to use a microscope to take a close look at feathers! For All Ages.

Epworth: Thursday, February 27 @ 3:30 PM



### **DIY Marble Runs**

Build a maze and take a marble on an adventure using gravity and your imagination! Peosta: Friday, February 28 @ 1:30 - 3 PM



### **Early Out Play**

Drop-in between 2:30-3:30 for early out fun! Lego, games, crafts & more!

Epworth: Wednesdays, 2:30-3:30 PM



### Winter Storytime

Preschool Storytime: Join Ms. Teresa for a half hour with some reading, rhymes, and playing with friends. Designed for children 2.5 - 5, but younger and older siblings or friends are welcome. Baby & Toddler Storytime: Songs, stories and socializing for children 0 - 2 and their big siblings and caregivers.

Epworth: Mondays @ 10:30 AM

Asbury Baby & Toddler: Wednesdays @ 9 AM Asbury Preschool: Wednesdays @ 10 AM

Peosta: Tuesdays @ 9 AM

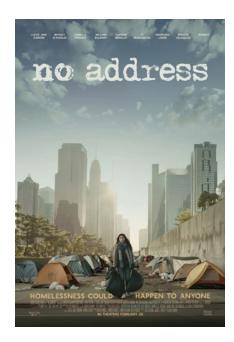
### Movie Screening: No Address

THURSDAY, FEBRUARY 27 @ 7 PM PHOENIX THEATRES (555 JFK RD)
The Dubuque Rescue Mission will be screening he major motion picture No Address on Thursday, Feb. 27, at 7 p.m. at Phoenix Theatres—the day before its released to the public! Stay for a brief Q&A session with

local leaders after the movie.

Inspired by true events, this compelling drama captures the journey of a group of individuals experiencing homelessness. The film is a cinematic exploration of hope, humanity, and resilience as the characters navigate the stormy challenges of life with no physical address, showcasing the reality that homelessness could happen to anyone.

No Address features William Baldwin, Ashanti, Xander Berkeley, Lucas Jade Zumann, Beverly D'Angelo, Isabella Ferreira, Kristanna Loken, Ty Pennington, and Patricia Velasquez and is by Robert Craig Films. The human side of those experiencing homelessness is very real, and



Robert Craig Films is deeply committed to creating more awareness and positive change to the homeless crisis in America.

To purchase tickets, visit **phx.movie/NoAddressMovie**. For more information, email Jeff Lenhart at **jeff@dbqrescue.org**.



# PACE MOVIE NEWS THEATRES

### **Coming Soon**

### CAPTAIN AMERICA: BRAVE NEW WORLD (PG-13)

FRIDAY, FEBRUARY 14 Anthony Mackie returns as the high-flying hero Sam Wilson, who's officially taken up the

mantle of Captain America. After meeting with newly elected U.S. President Thaddeus Ross, Sam finds himself in the middle of an international incident. He must discover the reason behind a nefarious global plot before the true mastermind has the entire world seeing red.



FRIDAY, FEBRUARY 14 When Paddington discovers his beloved aunt has gone missing from the Home for Retired Bears, he and the Brown family

head to the jungles of Peru to find her. Determined to solve the mystery, they soon stumble across a legendary treasure as they make their way through the rainforests of the Amazon.

### THE MONKEY (R)

FRIDAY, FEBRUARY 21 When twin brothers find a mysterious wind-up monkey, a series of outrageous deaths tear their family apart.

tear their family apart.

Twenty-five years later, the
monkey begins a new killing spree, forcing the
estranged siblings to confront the cursed toy.

### THE UNBREAKABLE BOY (PG)

FRIDAY, FEBRUARY 21 When Scott and Teresa learn that their son, Austin, is autistic and has brittle bone disease, they initially

bone disease, they initially worry about his future. However, with Scott's growing faith and Austin's incredible spirit, they become unbreakable as they find joy, gratitude and courage in the most trying times.

### **Movie Buzz**

Ben Affleck is now set to both lead and direct kidnapping thriller *Animals* at Netflix, with Gillian Anderson



also aboard to star. Matt Damon was to star but a rights issue pushed production back just long enough for Christopher Nolan to swoop in and sign Damon up to lead his ambitious retelling of Homer's epic *The Odyssey*. Connor McIntyre and Billy Ray wrote the script, and shooting is planned to take place in Los Angeles this year.

As awards season heats up, Jon M. Chu has teased that Wicked: For Good is going to have a



change of direction influenced by the first movie's massive success, grossing over \$723 million, and being nominated for 10 Academy Awards. He and his team are trying to be "in the headspace" of said fans. "It does affect when we went back into the cut, like, 'Oh, wait, they're really paying attention to every detail,' and how we plan on paying certain things off. Maybe we can be more subtle with that, or maybe we don't have to remind them of so much," he explained to *Deadline*.

Bill Skarsgård, Murray Bartlett, Noah Jupe have joined Hugh Jackman in the cast of *The Death of Robin* 



Hood. Production is set to commence in Ireland this week, fully financed by Lyrical Media. The upcoming A24 movie presents a new version of the Robin Hood myth, presenting the iconic outlaw (Hugh Jackman) at the end of his life while he is being cared for by a mysterious woman (Jodie Comer) after sustaining an injury. The movie is being directed by Michael Sarnoski, who broke out with his debut feature, the 2021 Nicolas Cage movie Pig and then A Quiet Place: Day One.

Set to release on May 22, 2026, *The Mandalorian and Grogu* will lead the way back to the big



screen for *Star Wars*; it's the first movie in the franchise since 2019's *The Rise of Skywalker*.



# The Urgency Trap

### **Bv Matt Booth**

As we move further into the year, take a moment to ask yourself: Is urgency the norm in your life? Is everything an emergency? Are you overwhelmed by tasks you should have done yesterday? If so, it's time to step back, take a deep breath, and reassess what truly matters.

### The Urgency Trap

When you constantly react to emergencies, you push aside important matters until they too become urgent. This cycle of putting out fires creates a sense of chaos, leading to stress, decreased productivity, and even health issues. According to a recent study by the American Psychological Association, 77% of people regularly experience stress-related health issues, often linked to work pressure and poor time management. The key to regaining control is distinguishing between what is urgent and what is important.

Urgent activities demand immediate attention—often because they align with someone else's priorities, not your own. Important activities, on the other hand, contribute to long-term success and well-being. The problem? We often prioritize urgent tasks simply because they scream the loudest.

### Prioritization: Lessons from the ER

Consider how emergency rooms operate. Every patient believes their situation is urgent, but doctors don't let them define what takes precedence. Instead, they triage, treating the most



critical cases first. Similarly, in life and work, we must learn to set priorities and address what's most important before it turns into an emergency.

### Learning to Prioritize: A Personal Story

I used to prioritize my life based on what my dad thought was a priority, not what I thought was a priority. Getting an apartment painted and ready for renting was a priority to him, while working on an upcoming speech was a priority to me. For years, I found myself constantly adjusting my focus to meet other people's urgent demands rather than setting my own course. Once I recognized this pattern, I began to set boundaries and align my actions with what truly mattered to me. The shift was liberating and led to greater success and fulfillment.

### **Organizing for Importance**

One of the best ways to escape the urgency trap is to organize your time around important tasks, rather than just urgent ones. Here's how:

- Identify Priorities: Write down what's truly important in your life and career. Make a habit of focusing on these first.
- 2. **Set Boundaries:** Learn to say no to distractions and non-essential requests that do not align with your priorities.
- 3. **Plan Ahead:** Schedule important tasks before they become urgent. A study by Harvard Business Review found that employees who proactively plan their work reduce stress levels by 25%.
- Use Leverage Wisely: Work on projects when you have the most energy and resources available, rather than waiting until the last minute.
- Be Proactive, Not Reactive: The more you plan for the important, the less you'll be caught off guard by the urgent.

### Make This the Year of Intentional Action

Urgencies will always exist, but they don't have to dominate your life. By focusing on what truly matters, you can break free from the cycle of constant crisis management and reclaim control over your time, your energy, and your goals. Prioritize wisely and watch your productivity—and peace of mind—soar.

### **MATTITUDE QUOTE**

"The hardest part of adult learning isn't the lack of opportunities—it's choosing to care enough to put in the work."
—Matt Booth

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LASTING IMPRESSIONS FOR THE ATTENDEES.
THE ACTION STEPS MATT PROVIDES CAN
BE IMPLEMENTED IMMEDIATELY AND USED
FOREVER.—AL SHERMAN, STRATEGIC
ACCOUNT MANAGER, MERCK ANIMAL HEALTH



### **Spot the Difference**

Can you spot 10 differences in this photo of some well-dressed partiers at the Dubuque Y's recent Daddy Daughter Dance?





### **Spot the Difference Answers**





### **Upcoming Family Events**

### MON 2/17

L O R ING

### **Youth Career Exploration:** Architecture, **Engineering & Land** Surveying

5:30-7:30 PM @ ORIGIN DESIGN

High schoolers are invited to dive into the exciting world of architecture and engineering. Explore areas such as land development, structural design, traffic systems, and water resources through interactive activities. Design the floor plan and exterior of your dream building and see your vision come together. Build and test retaining walls, virtually design bridges, and create a water tower that could stand the test of time. Imagine your ideal street layout and discover how smart infrastructure keeps people safe and healthy. Tour a project site in virtual reality and see what it's like to bring engineering concepts to life. Learn how to use surveying equipment

and solve real-world challenges like a pro. \$10. 137 Main St. **563-556-4343**. scoutsiowa.org.

### THU **2/20**

### **Our Redeemer Lutheran Preschool Open House**

5:30-7 PM @ OUR REDEEMER **LUTHERAN PRESCHOOL** For new and returning families interested in preschool for the 2025–2026 school year. The classrooms will be open, and the teachers will be there for everyone to meet. Free. 2145 JFK Rd. 563-588-1247 x110. orlpreschool.org.

### SUN **2/23**

### **Eagle Scout Recognition Brunch**

NOON @ DIAMOND JO **CASINO HARBOR ROOM** Earning the rank of Eagle Scout is the highest honor in Scouting, showcasing exceptional leadership, service, and commitment. The Annual Eagle Scout Brunch is a momentous occasion to honor the accomplishments of the 2024 Class of Eagle Scouts, bringing together Scouts, their families, Scoutmasters, and sponsors for a day of celebration and inspiration. \$45/person. 301 Bell St. 563-556-4343. scoutsiowa.org/calendar.

### SAT **3/1**



### Jack and the Beanstalk

11 AM AND 2 PM @ HAZEL **GREEN OPERA HOUSE** (HAZEL GREEN, WI) 3/1, 3/8 at 11 a.m. & 2 p.m.; 3/2, 3/9 at 2 p.m. Climb up the beanstalk with the Fever River Puppeteers as Jack discovers the giant, a goose that lays golden eggs, and a singing harp with attitude. The marionette performance is approximately 45 minutes long. All ages. \$5. 2130 Main St, Hazel Green, Wl. 608-732-7129. hazelgreenoperahouse. blogspot.com.

### **SAT 3/8**



### 3rd Annual Forever Seventeen Fundraiser

NOON-6 PM @ DUBUQUE **COUNTY FAIRGROUNDS** Spend a fun afternoon with the family while raising funds for the Forever Seventeen Foundation. This year, the Kidz Zone joins the entertainment along with meat paddles, 50/50 raffle, silent auction (also online), live auction, penny gun raffle, wine toss, food and drinks, and music by TJ the DJ. The Forever Seventeen Foundation was established in memory of Kennedy Elskamp and Chloe Lucas who were tragically killed in a car crash—both girls were only 17. The mission is to raise funds to award scholarships to deserving individuals in the community seeking to serve in the healthcare and emergency responder fields and to provide other opportunities for positive community impact in their memory. 14569 Old Highway Rd.



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# **Cross Words**

My favorite spot in the house is the south end of the sofa in the sunroom, and my favorite thing to do there is a crossword.

In a very unscientific study of the brain of a 70-something Dubuque woman, results indicate that when I am feeling pretty good, I can zip through a crossword in no time. Other times, I sit stupefied over what on earth a synonym for "switch" is. Just last night, I fit the perfect answer into the four boxes: LASH. Right? The mean guy lashes the back of his poor horse with a switch. But no, the answer was SWAP because—who knew?—some words have multiple meanings.

My husband gave me that answer, something I rarely allow him to do, unless the clue is sport-related. Even if the clue is about some 1950s cricket or golf coach, if it's sports, he will know. Yet he hates golf so much, he wrote a funny song called "Teed Off." That could be the clue for ANGRY or FLUMMOXED.

Every Sunday after church, Bob opens the New York Times Magazine (delivered, along with the rest of the paper, to our front porch, which is "a good thing"/MIRACLE). He stops and starts, but mostly fills the blanks like a pro, except when they get all goofy and use little drawings for the clues, or run a sentence all around the perimeter. I might have made that up; that might have been a way to "muddy the water"/ROIL.

Another crossword conundrum (PUZZLE, IoI) is any reference to something that occurred in the last century. The dog in "The Thin Man" has been the answer to a clue so many times he deserves a place on the cover of my Super Easy Crosswords book. It is ASTA, and it's overused because it's got two vowels, as well as two commonly used consonants. (The answer to "high-consonant language" is, of course, WELSH.) This is also why you find the actor UMA Thurman so often, as well as MEOW, EAT, SYNE, MEAD, AISLE, ERSE, and AINU. The fact that ERSE means "Hebrides language,"

and AINU an aboriginal Japanese person are not things I knew, but figured out by solving the down clues intersecting them.

That could be a way to "approach life's problems"/SOLVE.

And even though I'm well-versed in old movies, TV shows, and swear words, I struggle with references to Bing Crosby songs, the cast of *Mr. Ed*, and the meaning of—well, actually, my knowledge of "dagnabit" and "consarnit" remains strong, mostly thanks to my colorful parents. Thanks for CRIMINETLY, Mom!

One learns after a few puzzles that a clue punctuated with a question mark means the answer is kind of funny, or not quite what you think. So "Cutting reminder?" means SCAR. Get it? And "Corner piece?" means STAPLE. If you typically staple your papers along the side, good luck with that one.

When my mind is working, I enjoy the answers that go all the way from left to right in the puzzle layout, like "Across-the-board bet"/WINPLACEANDSHOW. At first I assumed it should be WINPLACEORSHOW but the "or" was one letter short.

You could say crosswords run in my family. Mom had a special board to clip hers to, a present from me one Christmas. My son still does them, but my daughter, watching me look to heaven for clues, shakes her head and asks how much fun I'm having. Do I allow myself to cheat? Only if you count looking up a word on my Merriam Webster app to made sure—ASCERTAIN—it's correct.

None of us approaches a crossword with pen in hand. People who do that should be attacked with an EPEE (a short sword, and a word beloved by puzzle-makers for all of those Es). Well, maybe not. But if they advertise the fact that they use a pen, then yes, some kind of "punishment"/REC-OMPENSE or SENTENCE, is due.

Once, I encountered the Mother of all Crosswords. It was a puzzle whose crosswise answers were, oh shoot, what's the word for a word that you can read forward or backward, with a different meaning in either direction? Yes, thank you, a PALINDROME. It was hard, it was fun, it was the most glorious mental exercise I've ever encountered.

A clue: "Can opener/Club" = BAT.
"Hence/Monster" = OGRE. One more:
"Guard/It might say 'Hello'" = NAMETAG.
I sent a blank copy to my son, who has
yet to report his results. He's "slow"/
TARDY, which is nonsense read backward.

I've employed crosswords in a oneperson cognitive study going back "a long time"/EONS to monitor the brightness of my brain. If I sit down and cannot get a good number of both across and downward clues, it's time for a rest. If I cannot figure out "Rig"—does it mean GEAR? Does it mean FAKE? Is it a noun? Is it a verb?—then it might be time to quietly put it down, go into the kitchen, and make a London Fog, or a bake a cake, anything with lots of sugar and a recipe I can follow.

Every December, *The New York Times* includes an entire section of puzzles—Sudoku! Cryptic Crossword! Word games! Visual puzzles! The centerpiece is the Super Mega Crossword, a crossword more than four times the size of the daily one. The latest was 50 squares wide by 50 squares tall. Rather than rush through it (as if!), we lay it out on a card table and take turns deciphering whatever clues we can. At the end, it is "finished"/DONE and we are "pooped"/WEARY but consarnit, we are "pleased as punch" / PROUD.



NOT YOUR REGULATION CROSSWORD

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PUZZLE ANSWERS ON PAGE 26

### Conceptis Sudoku

By Dave Green

6				9			3
			3		6		
	3	2	4		9		
4					8	5	
	1	တ					7
		6		1	5	2	
		3		7			
9			5				1

### WHERE'S GENERAL BOB?

General Bob is out and about. Do you know where he's at?



### PREMIER Crossword

### **UNAFFIXED PREFIXES** ACROSS

- Component quality
   Vision exam
- 14 Neighbor of Fort Worth
- 20 Criminals run afoul of it
- 21 Baroque French dance
- 22 Colorful songbird Author of books about Henry Ford and Karl Benz?
- 25 "Rocky II" or "Rocky III"
- 26 School head
- 27 Wearing footwear 28 Sat. preceder
- 30 Bizarre 31 Hari (spy)
- 33 Competitors in the last round of a truck-driving contest?
  38 Coverage policy
- providers 42 Nail salon job,
- for short 43 Highway or byway
- 44 Prisoner exerting
- co-star of TV's "CHiPs"
- 51 Realty unit 52 "I see what you're

- 56 Spirals 59 Folks who are crazy about old hi-fi recordings

- 62 Car-lifting device
  63 Split Asian land
  64 Mystery writers' awards
  65 Aptitude for building checkout areas?

- 72 Some BBQ grub 73 "Italian hoagies" or
- "turkey grinders"?

   of robins in her hair
- 77 Prez on a dime
- 80 UFO flier
  81 Rapper Uzi Vert
  82 Ellipse part
  83 Petition
- 84 Scoundrel 85 Girl or boy
- voters only?
- 91 Really close buds 93 Some kind of —
- 94 Ingredient in a licorice stick cocktail
- a credit card?

- 102 "Do sav!"
- 103 Aptly named tropical fruit

101 109

116

- great effort?
  46 Note after fa
- 47 In bad health 50 With 117-Across,
- up to!" 53 Topic
- 55 Trunk gunk

- 70 Triply 71 Boise's home

- 86 Plane carrying "nay"

- 95 Apartment manager using
- 100 Big car rental company 101 Senseless

- 105 Fanning of "Galveston"
- 109 Attractive piece of iron 111 Member of Generation Y working for a Washington
- newspaper? 116 Gentle wind 117 See 50-Across
- 118 Speedsters 119 Lager brand
- 120 Snow-White's sister in a Grimm tale
- 121 List of tasks

### DOWN

- 1 Just slightly 2 Actress Elisabeth
- 3 Org. against bullfights 4 CEO of Tesla
- 5 Hailed ride
- 6 Tornado
- 7 Toaster waffle brand 8 Football units
- 9 Mendes of "Lost River"
- 10 Upper part
- 11 Afr. nation
- 12 Tennis great Graf 13 Singer Clark or Gibbs 14 Two, in Peru
- 15 Colorful ring in anatomy
- 16 Fluid 17 Brutish sorts
- 18 Put on notice 19 Tennis great Monica

- 24 Emmy winner Catherine 29 Like delivered hotel meals 32 Exhibit works

- 34 Give forth
  35 Grown guy
  36 Dutch-based banking corp.
  37 Early ISP
- 38 Glazes, say 39 Film director Ephron
- 40 Quick cut 41 Window base
- 45 Turndowns
- 46 Sandbar 47 Mizrahi of fashion
- 48 "Filthy" money 49 Minus
- 49 Minus52 1977 Scott Turow book53 Not paid up54 Leo and Libra56 Dance with high kicks

- 57 Duet x four 58 U.S. prez two after
- 77-Across
  59 Like some infested closets
- 60 Cookie with two discs
- 61 Sponsorship
- 62 Fruit extract
- 62 Fruit extract
  63 Tree knot
  65 Vista, California
  66 Moon's path
  67 Inflexible

- 68 Shrine figure 69 Anger

- 70 Peter the Great, e.g.
- 74 Actress Cuthbert 75 "Midsommar" di "Midsommar" director Aster

By Frank A. Longo

- 76 Hoops tourney org.77 Lacking hills
- 78 Skillful 79 Tempo 82 Ltr. heads-up
- 82 Ltr. neads-up 83 Ghost, e.g. 85 Sister chain of Pizza Hut 86 "Life of Pi" director Lee 87 "Rapa —" (1994 film) 88 Including everything
- 89 Saint-Tropez locale90 2000-15 TV drama91 Actress Chloe of "Agents
- of S.H.I.E.L.D." 92 "Don't move!
- 93 Songlike 95 Lion in "The Lion King"
- 96 Strip of weapons97 Notepad units 98 In line with
- 99 Steer 104 Tickled
- 106 Bank claim
- 107 Hog fat 108 Style expert Klensch
- 110 Aviv 112 Blvds., e.g. 113 Uno + due
- 114 Tarnish 115 Pester

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# Picture Yourself in the Tri-States

McCullough Creative fabrication artist Rachel Spurling spent the weekend chiseling away at this insane snow sculpture at the Dubuque Museum of Art's Winter Arts Snow Sculpting Festival at Washington Park.





The Annual Dubuque Y Daddy Daughter Dance brought out children ages 3-12 and an important person in their life for a meal, desserts, crafts, photo booth & dancing and fun!



St. Mark Early Childhood Center supporters gathered at the organization's future home to celebrate the launch of their public fundraising campaign to make this vision a reality, giving our youngest learners the best start in life.



Dubuque Area Chamber of Commerce Chair, Chad Wolbers, spent the day in Des Moines recently connecting with our local legislators like Shannon Lundgren and Lindsay James, championing the issues that matter most to Dubuque.



It's no mystery that people had a ball at the "Clue" themed Julien Dubuque International Film Festival (JDIFF) Gala on February 8th at Hotel Julien Dubuque in support of the film festival's return this April. Photo by Bob Felderman.



Bell Tower Theater celebrated opening night for its new comedy, Aboveboard, on February 7th and you're in luck, the show runs until February 23rd, so you can still get a date night trip to the theatre scheduled! Come find out what culprit Nick catches on camera secretly living in his apartment and what happens when the video goes viral!



Big time energy still resonates from the Mississippi Moon Bar stage following the Dubuque Symphony Rock Hits concert at the Diamond Jo Casino. Huge talent from different spectrums of music come together to shine! Photo by Ron Tigges of Digital Dubuque.com.



Bridges are being built for the future at today's landscape design workshop at the Dubuque Museum of Art during the weekend's Winter Arts Snow Sculpting Festival. Photo by Gary Stoppelman.



How adorable is this pup, mugging for the camera during another great night at Five Flags Arena's Wags at the Flags. The event gives local dogs a chance to run and play in a big space during the cold winter months.

Thanks to one generous donor, Dubuque Appliance Center delivered a new washer and dryer to the Dubuque Rescue Mission and now,

due to additional supporters, they will soon be

replacing their 2nd washer and dryer set.

Submit your photo by using



Indoor Soccer Classic took place over the last weekend of January at Five Flags Arena in Dubuque. The Iowa Winter Games are open to athletes of all ages, celebrating the spirit of competition.



On Saturday, Feb. 7, the local Indivisible Dubuque County organization held a "Defend Our Democracy" protest rally at the Town Clock, sharing stories about how state and federal actions impacted their lives in the past month.





### presents **56**th annual (1) Reil



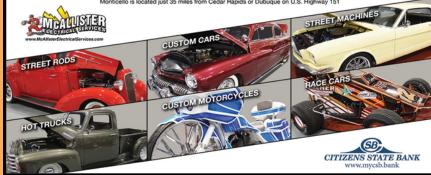
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### **DEAR ANGELA,**

I went on a couple dates with a girl recently and had a great time. The first date was so much fun, we grabbed coffee and went for a walk. Over the next week we texted back and forth and I really thought we opened up to each other. The second date was going well too, dinner was delicious (I even splurged and took her to Brazen)! We like a lot of the same things, have similar life goals and neither one of us likes pickles. Do you know how hard it is to find another person you like, who also doesn't like pickles?!? I thought I'd won the lottery with this one and could start to see this being the real deal. But then the date took a turn for the worse. I mentioned my birthday was coming up in the first part of March. I told her I hope it doesn't come in like a lion because I want good weather for a party! I wasn't expecting

her to attend or anything like that, but I didn't expect the total change in attitude. She totally clammed up, so I tried to sidestep and asked when hers was. She coldly said "I was born in August, I'm a Leo". She looked at me very pointedly as she said it. I tried to maintain a positive attitude but as soon as possible I got the check and went our separate ways. Not even a goodbye hug! After that she ghosted me! What's going on here?

—Ghosted on Grandview

### DEAR GHOSTED,

Classic mismatched horoscope problem you've got here. See, Pisces and Leos are supposedly incompatible, so despite the very clear evidence to the contrary, your paramore believes you are bound to fail as a couple. This one will take drastic. measures, but if you really like the girl, here is what you can do to overcome something as irreconcilable as a bad birth sign pairing. First, you need to find a psychic medium trained in assisting in astral projection. The medium will allow you to float outside your body, your soul traveling while remaining connected to your body by an invisible string. Float on over to this woman's house and pretend to be the ghost of a long lost relative. Connect with her and gain her trust,

then share that you have visited her to tell her not to let love go. Finally when you have almost lost the connection between this world and the next, it's time to get back to your body. Shoot her a text and say something like, "Were you visited by a relative last night? Because I was too!" You'll have lots to discuss on your third date as you connect over shared experiences being visited by ghosts. Please invite me to the wedding!

### DEAR ANGELA,

I recently auditioned and was cast in a part in an upcoming musical. Auditioning was somewhat nerve wracking but clearly I made it through ok-I was good enough to get a part! But then, on our first night of rehearsals I stepped onto the stage and looked out at all the hundreds of seats and realized that there is without a doubt no way I can do this show. I've got stage fright! People will be sitting there just watching me, waiting for me to entertain them, I can't deal with that kind of pressure and all those eyeballs perceiving me! I want to go back to just singing in the shower, but I feel bad letting down the rest of the cast who seem like they aren't scared at all. What should I do? -Frightened on Finely

### DEAR FRIGHTENED,

Oh dear, I have no idea what you're feeling because I am always totally confident and self assured on stage. But I have heard of this happening to other people every once in a while. Although it sounds like something that would absolutely NOT help in this situation, you should picture everyone you know naked. Don't leave yourself out. Your dog too if you have one. Everyone. This equalizes everyone. You'll be too busy thinking about what it would be like to just walk around naked and how cold it would be this time of year to worry about your lines. Which you WILL mess up. You'll probably hit several wrong notes too. But no one will notice because they'll be too distracted by the naked dog on stage with you. Break a leg!

### **ANGELA VENTRIS**

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Get screened for HIV at least once in your lifetime, *and* request HIV screening any time you are getting tested for sexually-transmitted infections (STIs).

Talk openly with your provider about your sex life, so they can help you figure out which tests are best for you. There's not a single test for all STIs — each STI has its own test.

STIs can cause long-term health issues when left untreated. They can also increase your chances of acquiring HIV. Getting tested for all sexually-transmitted infections is the best step you can take to protect your own health and help to stop HIV in Iowa!





# BECAUSE SPACE SAYS SO..

### By Danny Fairchild, Friend to the Cosmos

**ARIES** (APR 19-MAY 13) If you were a web server error, it would be 404 HOT FOUND.

### **TAURUS** (MAY 14-JUNE 19)

For the first time in years, you will actually have to enter a cook time on your microwave instead of just hitting the "POPCORN" button or hitting "ADD 30 SEC" until it's close enough.

### **GEMINI**

(JUNE 20-JULY 20) You will feel especially ticklish over the next few weeks. This could be a good thing or a bad thing, depending on what you do with this information.

### **CANCER**

(JULY 21-AUG 9) Over the next few weeks,

people would appreciate it if you just shut the hell up and listen. Actually, the "listen" part isn't even all that important in this equation.

### I FO

(AUG 10-SEP 15) People will tell you not to

look down if you're afraid of heights like that would actually keep you from falling. But it's not like you're Wile E. Coyote. The law of gravity is not circumstantial for you.



### **VIRGO**

(SEP 16-OCT 30)

You have been holding your tongue for far too long. It's time to get that thing on ice so the surgeon can hopefully reattach it.

### **LIBRA**

(OCT 31-NOV 22)

It's time you learn how to expand your worldview. So! One more time... When you're in your map app, you can usually zoom out with a pinching motion on your screen.



### **SCORPIO**

(NOV 23-NOV 29)

People will say that you

have your charms, and they'll be

right. After all, you've been collecting since you were a kid. Damn, that bracelet must be heavy.



### **OPHIUCHUS**

(NOV 30-DEC 17) You'll have some feel-

ings brewing beneath the surface. But like where else would they brew? Beneath the surface is pretty much where all brewing happens.



### **SAGITTARIUS**

(DEC 18-JAN 8)

Concentrate on yourself. No, REALLY concentrate. Concentrate to the point where your eyes just relax and you can finally see the hidden image. Oh, look! It's a maladjusted, overgrown child!



### **CAPRICORN**

(JAN 9-FEB 15)

Valentine's Day means hearts everywhere you look. And sure, hearts aren't actually shaped like a human heart, but neither is yours. Are you sure you're even human?



### **AQUARIUS** (FEB 16-MAR 11)

Over the next few weeks, your words will have power. Do what you want with that power, but whatever you do, please don't say or even think the words, "Klaatu barada nikto."

Oh, dear God! What have you done?!



### **PISCES**

(MAR 12-APR 18) It'll be another full

moon. Which means that Trump's cry-baby temper tantrums will be even worse than usual.

### **DANNY FAIRCHILD**

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