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December 13-26 2007

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The

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FUTURE OF
ENTERTAINMENT
IN THE TRI-STATES

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Bryce's inkubator

Notes from the Publisher... Fostering ideas, conversations and arguments.

Now that it's mind-numbingly anger-inducingly freezing outside, it seems appropriate to make a few winter-related observations.

First, shouldn't salt melt snow? I thought so. But so far it seems like I might as well be sprinkling more snow on top of the snow. Then again, some of this stuff you really can't call snow at all. That first round of ice was a killer. First we can't shovel at all because nature has squeezed a layer of magic shell over the earth. And ever since, I'm able to clear the subsequent snow with a kitchen broom. That's not right. The city even gave us an extra week to get our walks cleared after that first slap in the face from mother nature. Oh, and, of course, after I write this the sky opens up and unleashes more frozen fury on us. No one can shovel this stuff!

Who is responsible for the new era of snow shovels? They have made them feather-light, ergonomically superior to everything that came before and, of course, practically worthless when you need to put a little muscle into the job. Have you tried to shovel the ice that fell last week with your 10-ounce Rube Goldberg, Frankenstein snow shovel? No dice. Not even close. The snow looked at my brand new shovel and laughed in my face, which was especially rude because the salt was doing such a stellar job of getting things started. Not. Melts to -5 degrees my foot.

What the snow didn't know was that I had a secret weapon. In the basement of my 150-year-old house, next to my person-powered ancient lawn mower, leaning up against my unexplainably pink coal bin, still filled with coal, is the ol' Billy Baroo, as Ted Knight would call him: A 15-pound heavy steel snow shovel devoid of any style, covered in rust and mangled at the edges. The handle is simple and wooden, not feng-shui crooked and wrapped in comfort foam grips like the fancy new kid is. This is a butt-ugly old-school show shovel. And, like Jim Plunkett and Vinny Testaverde, it is back in the game. I've benched the new guy and old reliable is once again sitting with pride inside the front door of the house. When I'm not cleanly and joyously scraping ice clear from the concrete, I'm swinging this sucker like Conan the Barbarian wielding a battle axe, chopping away with the curved metal edge at the thick ice that thought it was here to stay for the season. Sorry Ice, no dice.

The moral of the story is, sometimes technology has already found the best answer to the problem. Go fix cancer; snow shovels achieved their maximum versatility about 40

years ago. Leave them alone. A snow shovel made of plastic is a disgrace and if you use one, you are less than a real man. Or woman, as the case may be. I know the new shovels may be back-savers. But if you're having back problems, you shouldn't be shoveling anyway. Besides, that's why people have kids isn't it? It sure ain't for the tax write-off. And if you don't have kids, you likely have expendable income. So you can rent the neighbor's kids.


Moving on.

We take pride in living in the frozen tundra. We start wearing shorts in February as soon as it hits 45 degrees. We see two feet of snow and jump in the car to go to the movies without fear. But some people still don't get winter driving. Is it amnesia? New residents? Or is it just chronic dumbness? I guess there is also a contingent of people who are sure that they are Highlanders and can't be killed by conventional weapons. I drive a four-wheel-drive SUV and I know my limits. When I see rear wheel drive cars not just pass me, but go flying by me on Dodge on snow-covered roads, I have to admit I sort of wish they'd bite it while I could see it happen just so I can witness the fruition of their stupidity. People spinning tires, doing 360s in intersections, and sliding into red lights. Is this seriously your first snowstorm people? I guess there are a few Floridians in town who are wondering what kind of frozen hell they have chosen to call home. And there's always a contingent of indestructible high school kids who are indeed driving through their first ice storm with the same reckless abandon they displayed when they first got into their \$500 car with the \$5000 stereo. But that's still only a few people. So what is the excuse for the rest? Did that many people really fail physics? Oh, wait. They probably never took physics. But, a cursory viewing of Donald Duck in Mathmagicland (It's on YouTube) should give you the basic knowledge not to out-drive the laws of centrifugal force and Newton's three laws of motion.

They do try to keep us off the roads when weather is bad and it's probably a great idea. Because chances are it's not going to be you getting yourself into a bind, but that guy in the '82 Monte Carlo who fancies himself a drift-racer who's going to wrap you around his bumper. Despite him (or her) being the moron in this situation, you're likely driving a new car, made mostly of lightweight alloys and plastic and they are driving the 30-year-old iron and steel road-locomotive made out of, well, probably made out of old snow shovels.

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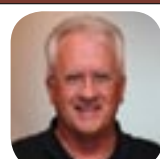
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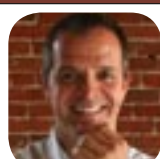
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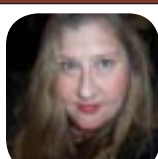
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L.A. Hammer



Chris Wand



Pam Kress-Dunn



Joey Wallis

365ink

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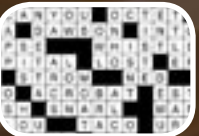
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The Inkwell

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Where's WANDO?



We've hidden 365's WANDO somewhere in this issue of Dubuque365ink. Can you find the master of movies buried within these pages? Hint: He's tiny and could be anywhere! Good Luck! Winners get a free warm fuzzy feeling in your belly!



Roy Buol



Ron Tigges



Robert Gelms



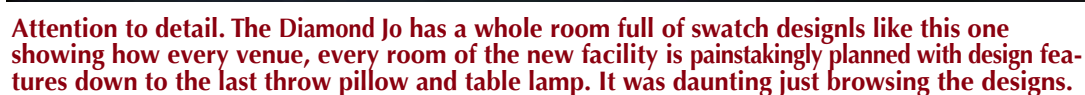
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no; a swanky retro-styled bowling alley, Cherry Lanes; a separate VIP bowling alley for private parties, Alley Cat Lanes; two signature bars, Tree Bar, made from reclaimed wood, and Mojo's Sports Bar; and a number of restaurants, including the signature eatery Woodfire Grille.



With live music or comedy every Thursday through Saturday and some Sundays, Moyer expects to host at least 150 nights of live entertainment a year at Mississippi Moon. While it's still too early to release names of any particular acts (the project is scheduled to be complete sometime in late fall of 2008) the Doobie Brothers' participation and performance are a good indicator of the level of entertainment that will be on the calendar.



The band's broad-based appeal provides another clue: "I've noticed there's more of a varied interest in live music here in terms of the age of the audience," Moyer

tential for big name entertainment at the Port. "I couldn't believe this (America's River) event was here in Dubuque on our property," he said. Moyer laughed about how each song the Doobie Brothers played elicited a similar comment from Peninsula Gaming chief operating officer Jonathan Swain: "That's the best song ... no, wait, that's the best song!"

It was probably a common theme among the thousands of fans at the concert as the band rolled out one hit song after another. After the show, the 365 crew showed a few of the band members around town, catching a bit of the nightlife and visiting some classic Tri-State landmarks including late-night childidogs at Mulgrew's in East Dubuque. It turns out they are just regular guys who

enjoy hanging out and they fit right in to our bustling river town. "We traveled this country far and wide ... and some of our fondest memories are from our gigs in the heartland ... up and down the mighty Mississippi," said

entertainers in the business. In his work in Atlantic City and Las Vegas casinos, Moyer has worked with well-known national performers like Sammy Hagar, Kid Rock, Live, Stone Temple Pilots and Santana, just to name a few.

Moyer mentions that it's worthwhile to note that, as COO of Peninsula Gaming, Swain closed the corporate office in Las

DIAMOND JO
C A S I N O

Doobie Brothers founding member Patrick Simmons in a released statement. "We are excited to leave our mark in

Dubuque and look forward to being one of the first acts to play in this exciting new venue."

Moyer and Swain are clearly excited by the potential for the project and are no strangers to working with some of the top

"We are excited to leave our mark in Dubuque and look forward to being one of the first acts to play in this exciting new venue."



Vegas and moved it to Dubuque. The move speaks to the confidence Swain and the corporation have in the potential of the Dubuque market, a move echoed by the substantial investment in the expansive Diamond Jo entertainment complex and the Mississippi Moon Bar. In addition to the new bar/theater, the project includes an expanded casi-



DUBUQUE HEALING ARTS GROUP LLC

by Mike Ironside

With a chiropractor and two massage therapists in the building, I had to tease them that all the recent snow and the repeated shoveling that goes along with it was good for business. Actually, winter storm warning or not, the services offered by Bluff Street's Dubuque Healing Arts Group are good for everyone. Self-described as "a collective community of independent practitioners, teachers, and healers," the Dubuque Healing Arts Group gathers a number of like-minded individuals offering their complementary practices under one roof.

Located at 679 Bluff Street, the Dubuque Healing Arts Group shares

space in a beautiful old house just across from Washington Park. While the façade was remodeled in the early 20th century, once inside one can feel the comforting warmth of a classic 19th century Victorian. The physical space imparts more to the project than you might at first think. Not only is the house suitably arranged to provide a number of rooms in a range of sizes perfect for everything from a single massage table to a broad wooden floor for yoga, but the quiet, familiar and cozy atmosphere lends itself well to the Group's nine practitioners and their complementary disciplines. Once I had been there, I just can't imagine the group operating in the cold austerity of a clinical environment.



After sitting down to talk with massage therapist and Dubuque Healing Arts Group founder Elisa Eigenberger, the importance of the house in the generation of the project came into sharper focus. She describes finding the Bluff Street house that serves as the Group's home as "Divine intervention." "It wasn't my plan," she admits. "It just happened."

Working as a registered nurse for 15 years, Eigenberger began yoga as a form of relief from the stress of working in healthcare. Getting deeper into yoga practice, she pushed herself to the point where she sometimes needed massage therapy to relax overworked muscles. Her experience led to an interest in massage that eventually led to intensive classes at Carlson College of Massage Therapy in Stone City, Iowa, and later classes in Thai-style massage.

Looking for a place to open her own practice, Eigenberger was driving around downtown with her husband in search of a potential location. They noticed the Bluff Street building was for sale and called the realtor. He told them to wait right there, as he could be there in five minutes to show them the building.

After seeing the potential of the house, her first idea was to use the first floor for her massage studio and rent out the upstairs as apartments. To split up the space she would have had to cut the historic 1880s house into private sections, but didn't really want to do that. Wanting to find a way to make it work, she woke up one night in the middle of the night with the idea to rent out space to other like-minded practitioners. Apparently her husband did not share her enthusiasm for the idea at that very moment. Nevertheless, she quickly found others who shared her vision through connections in the holistic healthcare community, their friends and associates, and by word of mouth.

Eigenberger took possession of the building on July 31 and moved in August 1. In great need of some serious cleaning, painting, and renovation, she set to work on the house with the help of her husband, nephew, and sister. She saved money by making the renovations a "family affair" and continued to do massage on the side to invest in the project. "My massage practice saved my butt financially a number of times," she jokes.

Once the house was in shape, the rest

365 POP QUIZ?

Answers on page 32

1. Current Doobie Brothers drummer Ed Toth drummed for what alternative group that was big in the late '90s?

- A) LFO
- B) Collective Soul
- C) Matchbox Twenty
- D) Vertical Horizon

2. The practice of Reiki dates back to when?

- A) 1922
- B) 1663
- C) Ancient Chinese times
- D) 1000 A.D.

3. Nick Klenske writes about gluhwein in this issue. What does that word mean?

- A) Boiled wine
- B) Cooked wine
- C) Glowing wine
- D) Burnt wine

4. What is the name of the trilogy that the movie The Golden Compass comes from?

5. Actor Steve Martin's career began as a magician at what popular vacation

destination?

6. What is the name of the calendar year that ends on December 31?

- A) Calabrian
- B) Gregorian
- C) Julian
- D) Zoroastrian

7. What percentage of personal spending (in the U.S.) takes place during the holiday shopping season?

- A) 15%
- B) 35%
- C) 50%
- D) 25%

8) How heavy is the Times Square New Year's Eve ball?

- A) 554 pounds
- B) 1,070 pounds
- C) 180 pounds
- D) 1 billion pounds

9) The Fireside Grille will be the signature restaurant of the new Diamond Jo. Name the three existing restaurants. Go!

10) True or False: According to VISA, Black Friday is the busiest shopping day of the calendar year.



began to fall into place. The business plan is simple. Each individual practitioner or business rents his or her own space. They pay no percentage of their profits back to the group. Having enough space for a number of small businesses under one roof and sharing communal resources makes it possible to keep rents reasonable, thereby giving individual practitioners some flexibility in their pricing. Still, the venture was a leap of faith for Eigenberger and her new associates. "Everyone has a fear of going independent," she said, "but we're all following our passion and doing what we love."

The Group hosted an open house to announce its arrival in November. In addition to Eigenberger's Thai massage studio, the Group includes therapeutic massage, hypnotherapy, reiki, life coaching, Web site design, yoga classes and, just recently, chiropractic care.



Traditional Thai Massage

While Eigenberger also offers therapeutic, Swedish and deep tissue massage, her specialty is traditional Thai massage. After completing her studies at Carlson College of Massage Therapy, she began her massage therapy practice. She learned about Thai massage through trade publications and became interested in the style because it combined two of her great interests, massage and yoga. She traveled to Evanston, Illinois, for intensive study with Chuck Duff at the Thai Bodywork School of Thai Massage. Going beyond basic principles,

she learned the Southern Method from the Bangkok school (Wat Pho and Wat Buddhaisawan), the Northern Method incorporating techniques from Chiang Mai and the hill country tribal traditions, and hands-free massage, which utilizes the knees, elbows and feet for deep-tissue manipulation.

Developing her technique in traditional Thai massage for the past year and a half, Eigenberger continues to explore complementary holistic health practices. "You're forever a student at life," she says, noting how the various aspects of health, the environment, and nutrition are all interconnected, "I think a lot of these therapies are so complementary." Working together within the support network of the Dubuque Healing Arts Group is the ideal place to explore connections between disciplines and develop a more intuitive approach to health maintenance. "The integrative aspects of bodywork can help get to the root causes of problems," she explains of the age-old techniques. "This knowledge has always been there and we are now rediscovering it." Call Elisa at 563-590-1237 or e-mail elisa@dubuque-healingarts.com.

Massage Therapy

In addition to Eigenberger, therapeutic massage is also offered by licensed massage therapist Maggie Udelhofen. Also trained at Carlson College of Massage Therapy, Udelhofen offers a variety of therapeutic techniques, including Swedish, deep tissue, and hot stone and chair massage. Since beginning her practice, she has doubled her client base almost every month.

Employing an integrative approach, Udelhofen works with clients to determine their needs. For those interested in a more relaxing massage she might utilize a Swedish full-body style of massage. For those with specific problems, she might utilize deep tissue techniques often directed toward specific muscle groups or

Continued on page 17

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Library Renovation Fundraisers

The Library Board of Trustees and supporters invite you to "help create the next chapter" in the continuing history of the Carnegie-Stout Public Library. With a major renovation and restoration project on the table, the Board is leading a fundraising campaign with the help of library volunteers and citizens. Potential donors will have a variety of ways to contribute.

Organizers will be placing "Business Buckets" on the counters of local businesses in the next few weeks to collect spare change toward the library fund. Donors who might want to give more than parking meter money can make a donation via the library's PayPal account on the library Web site at www.dubuque.lib.ia.us/. But probably the most fun and enjoyable way to support the cause would be to attend the library supporters' guest bartending night at Isabella's on Wednesday, December 19. From 5:30 to 9 p.m., all tips collected will go to the Carnegie-Stout Public Library Renovation project. A buck per drink! Make it happen!

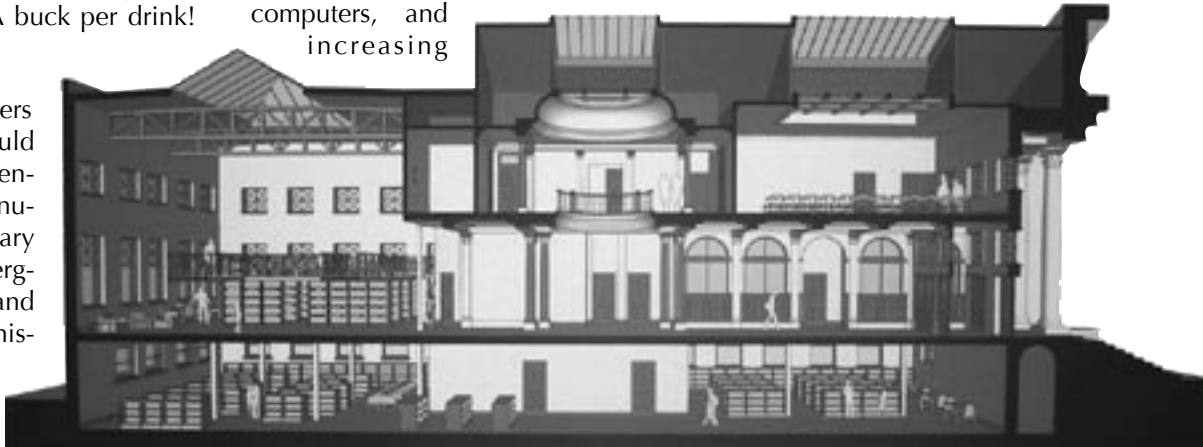
Library supporters and art lovers should also mark their calendars for Friday, January 11. The library will host an Emerging Artists Show and Auction in the historic rotunda. The exhibition will begin at

5:30 p.m. with a live auction hosted by area sculptor and all-around awesome Gene Tully starting at 7 p.m. A number of local young artists have donated their work. Wine and hors d'oeuvres will be available for a donation. Proceeds will benefit the library renovation project.

A major renovation of both the historic library and its more modern addition, renovation plans include reopening the historic rotunda and skylights, a restoration of the historic stacks and reading rooms with special areas for adults, teens, and children, additional computers, and increasing

the library's collection of books and other materials. Restoration work promises to return many features of the library to its historic grandeur while the complete renovation will create a more accessible functioning library – a community resource for years to come.

For more information about fundraising events, or to volunteer or donate a piece of art for the Emerging Artists Show and Auction, contact Candace Eudaley at 563-584-6367 or candace_eudaley@mcgraw-hill.com.



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With an upcoming performance on January 6 nearly sold out, the Bell Tower Theater has announced that it has added another date to the appearance of the Slade Family Singers in Dubuque!

The Slades will now perform on Saturday, January 5, at 8 p.m., and Sunday, January 6, at 3 p.m. The concerts will celebrate the release of their newest

CD, a compilation of holiday favorites. In addition to the holiday music, Teresa, Steve, Jeanne, Andrew, Adrian and Jillian will perform a selection of Broadway tunes, as well.

Tickets for the Slade Family Singers are \$17, with discounts available for groups of 20 or more. For tickets and information, call 563-588-3377, or visit www.belltowertheater.net.

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NEW YEAR'S EVE

IN THE TRI-STATES

Get Your Party On

by Tim Brechlin

A new year brings with it so many promises, so many opportunities ... a clean slate, if you will. Of course, you can't ring in a new year without taking the time to bid a fond (or not so fond, if you've had a scuzzy year) farewell to the last 364 days. Well, 2007 is wrapping up into 2008 ... so what are your plans for saying goodbye to '07?

The traditional method of bidding the past year adieu is, of course, a party, and, let's face it: Dubuque knows how to throw a good party, as evidenced by the festivals at the Town Clock, St. Patrick's Day, the Irish Hooley, Halloween, and everything in-between and all points beyond. Several local businesses will indeed be hosting a New Year's Eve celebration ... your mission, should you choose to accept it, is to decide just how many of these parties you're going to hit.

Take, for instance, the New Diggings General Store and Inn, located in New Diggings, Wisconsin,

of all places. Out there, Kelli and Lou know how to throw a heck of a party, and they're bucking the trend a little bit. You see, New Year's Eve this year falls on a Monday. The Diggs isn't open on Monday. So they're hosting a New Year's Eve party on Sunday, December 30. How clever of them! They're bringing in the Apple Dumplin's, and if you've never taken the opportunity to experience the country stylings of this band, you're missing out and you owe it to yourself to head out to New Diggings. The no-cover-charge party will begin at 7 p.m., and while they say it'll end at 11, you never know ... any party at the Diggs tends to have some fireworks in some way or another!

Okay, so, you went to the Diggs on Sunday, you wake up on Monday with a headache, and then you remember that, holy crap, tonight is New Year's Eve and there's a whole other night of partying ahead! Where to begin? Well, you could start in the evening, like most people ... or you



Continued on page 15

stars come out on new year's eve



gareth woods and dj T-cosie in the vip lounge

\$35 per guest • 4-person minimum
champagne • hors d'ouvres • party favors at midnight
star global cuisine & ultra lounge • port of dubuque in the old star brewery
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LT
Amusements
presents

New

Grand's Eve
Year's Eve
Family Fun Night!

New Year's Eve: It's Not Just for Adults!

As one might gather from our feature story on all the New Year's Eve nightlife taking place, the holiday is a great avenue for celebration by those in the 21-and-up category. "But wait," you say to yourself. "I have two young children, and I am a good and responsible parent! Carousing down Main Street is no way for me to spend New Year's Eve -- my children wouldn't be allowed in the bars!" Well, don't you worry. There's a New Year's Eve event that's totally got you covered.

The 2nd Annual Grand New Year's Eve Celebration, runs from 5 to 9 p.m. at the Grand River Center on Monday, December 31. (In the event of severe weather, the event will be held from 1 - 4 p.m. on January 1.)



So, what exactly goes into a Grand New Year's Eve celebration? Quite a bit, actually. First, you go to any Kwik Stop location and purchase advance tickets -- \$10 for ages 2 - 17, and \$4 for adult tickets. Attendees of last year's event might be a tad puzzled at this, since adults got in for free at that time. Well, as it turns out, there were just too many people last year -- a good problem to have! But with so many grandparents and parents coming with their children, the center was nearing its maximum capacity. So, adults now have to pay for admission ... but, as you can see, there's a heavy discount. Everyone wins! Oh, and 50 percent of ticket sales will be donated to the Colt

Cadets and Project Concern.

So, you've got your tickets. And you're all set to go to the Grand River Center with your little ones on New Year's Eve. What are you supposed to expect? Beginning at 5, there will be a live DJ providing music and entertainment, fresh cotton candy making, a hula hoop contest (and other contests throughout the evening), air-brush tattoos, face painting ... oh, and, of course, all the fun stuff

that LT Amusements can provide: We're talking about bounce houses (yes, plural), giant slides, a rock wall, an obstacle course, a bungee run, a gladiator joust (think Amer-



ican Gladiators) ... all the fun, family-friendly stuff you can shake a stick at.

"We're looking to bring a grand celebration to



More Info @
GrandNewYear.com

families and friends together in a way that adds quality to their relationships," say coordinators Tom and Lisa Bodner, of LT Amusements. "We believe that everyone has a little bit of kid in them, so we're ringing in the New Year in kid style."

The event is sponsored by L.T. Amusements, Fun and Games Company, Kwik Stop / Dairy Queen, Dubuque Greyhound Park and Casino, the Dubuque Racing Association, Epic Construction, Coca-Cola, Y-105, WJOD, Kruse Warthan Auto Plaza, Business Telephone Supply and, of course, 365ink.

December 31
5 p.m. - 9 p.m.
Grand River Center

Christmas ON UPPER MAIN STREET

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River Lights Bookstore, 2nd Edition

We carry a wonderful selection of books for every age and interest, reading accessories, fair-trade craft items, unique gifts & cards and novelty and educational toys. Our knowledgeable & resourceful staff can help you find the perfect gift for everyone on your list! (Also see page 8!)



L. May Eatery

L. May Eatery OPENS SATURDAY, December 15!

Open Thursday - Monday from 4 p.m. Our exciting menu features delicious choices to please every taste. We're happy to be offering great Sunday dinner service. Reservations are appreciated for groups of 6 or more. Now booking private lunch groups and dinner parties, but we are not regularly open for lunch. We look forward to serving you! Gift Certificates are available! Introduce someone you know to L. May!



hardinphelps, ltd., Menswear

Dubuque's home for quality cutting-edge men's style. The hottest brands on the market can be found in one great place. Not sure what he'll like? hardinphelps gift certificates will give him the freedom to create his own style with our personalized service. Make him look great in 2008 with a visit to hardinphelps. 1050 Main Street. 563-582-9293.



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Jitterz Coffee & Café

Great fresh roasted coffees, teas, cocoa, chai and more! Lunch time? Jitterz features Panini grilled sandwiches, soups, and chili. We have a nice selection of ice cream and pastry too. Why not try us today? WiFi available.

Dubuque Main Street

Don't know what to give this year? Give Downtown Dollars and let them discover all the great things downtown has to offer! Call 563-588-4400.

Freddie's Popcorn Co.

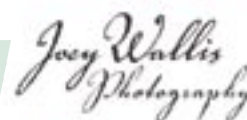
Make Freddie's Popcorn a family tradition for Parties, Events and Holidays. Always new gift ideas. Ask about Freddie's "Ready to Pass and Serve Party Snacks." OH SOOO good and already prepared for your "on the go" busy lifestyle. 563-690-0885.

Salsa's Mexican Restaurant

Lunch specials daily at Dubuque's home for delicious authentic Mexican in a beautifully remodeled facility. And don't forget \$1.99 Margarita Wednesdays! Enjoy great Mexican dining downtown!

Joey Wallis Photography

Oversized prints of Dubuque available for great Christmas gifts. You have to see them in person. Don't forget, there's still time for family and children's holiday portraits. Call 563-543-8131.



You're Not a Kid Anymore

My life has been pretty fraught lately. At one point I asked a friend, "Am I a grown-up now? Do I get a prize?"

Having just celebrated another birthday, there's no question that I'm technically an adult. But I'm thinking about those experiences that shake you up and shout, You're not a kid anymore! One day you realize Mom and Dad aren't going to make it all better, whether "it" is a broken heart, an empty checkbook, or a lost job. This makes you feel grown-up, though not in a good way. And if the reason Mom and Dad can't make it all better is that Mom and Dad aren't around anymore, well, that's not a good feeling, either.

There are many very bad ways to feel suddenly mature, and I've been dragged through a lot of them. I've had to put my mother in a nursing home. I've had to sell her house, the one I grew up in. I gave the eulogy at her funeral. (When my dad died, she was in charge, though the experience of losing one's first parent is a punch in the stomach that's certainly another growing-up milestone.)

I have held two wonderful cats while they were euthanized, hoping my embrace eased their transition to heaven. I've rescued my children from all kinds of predicaments, some more harrowing than others, and I've lost a wonderful friend to cancer. Most recently, I have emptied out the apartment of my mentally handicapped sister after she was evicted, and talked daily with social workers trying to find a new place for her. That required five trips to Davenport in just over a week, plus too many phone calls to count. It's been hard, but realizing how hard it is for her to lose her place is more grown-up than whining about how inconvenienced I've been.

It's things like this that make me wonder, only a little ironically, Do I get a gold star now? Of course it's childish to even ask. While part of growing up is simply living through these things, the greater part of maturity is doing so without expecting a prize. As a person who used to pout when my college friends would invite me to go to a truck stop for a big breakfast right after I had dined alone, my ability to deal with disappointment has had quite a steep learning curve. Perhaps all of us retain a measure of childishness,

though one hopes we learn to hide it better once we pass, say, the age of thirty-five.

There are good things that I've lived through which also qualify me as a grown-up, and I'll bet you can add your own to this list. Among them are giving birth to both of my babies, and putting them in my mother's arms. (Dad was too scared he'd drop them.) Both of my weddings were good and meaningful times, even though the first marriage turned out to be a disaster.

Taking my first drive alone with my newly minted driver's license made me feel like Miss Maturity at the ripe old age of 16. So did putting on my first pair of pantyhose for my 6th grade class picture, though that made clear the not-so-happy need to learn how

doll, so I would not feel jealous or left out. I was 18 months old, but in baby-language I thought: 'Me grown-up.' Of course, it took me years to actually realize that mine was a fast track to adulthood. Now that I've done this for six decades, I'm considering a late childhood, so I'm back in school. That seems to be a kid thing—a responsible, grown-up kid thing, of course."

My friend Christy says, "Getting up at 5:30 to shovel snow certainly makes me know I'm a grown-up." When her sister first moved away from home, she only went fifteen miles, and their father drove there to shovel for her. (Sometimes our parents send mixed messages about growing up.)

My favorite psychologist/husband has some other thoughts on the subject. He names these experiences that make you a grown-up:

- Doing stuff you don't like to do for the good of others
- Learning to live in and with another culture
- Not just having kids, but taking care of them
- Seeing the bigger picture and the longer view

- Making a relationship work, warts and all
- Paying off your mortgage
- Hosting your parents for dinner or picking up the tab at a restaurant
- Completing a major house renovation without losing your mind or your spouse
- Knowing that the truth is somewhere between white and black
- Giving time, energy, and talent with no expectation of getting them back
- Giving and getting back love

I sure didn't want to get that first phone call telling me my sister was losing her apartment and would be sent first to the hospital and then to a facility for people with mental handicaps. But the most grown-up thing you can do, sometimes (and I'm not patting myself on the back here, because it has not been easy), is to realize that while you are being inconvenienced, the person you are helping is watching her world blow apart. My husband, daughter and son have all been working hard to get that apartment emptied out. I'm proud of what we've accomplished. We're quite a band of grown-ups, and it feels good.

Pam Kress-Dunn
pam2617@yahoo.com



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to shave my legs. Is there a negative corollary to every happy rite of passage? The speeding ticket that comes with the driver's license, the shoveling and mowing that come with the first house? Maybe the ability to recognize this balance is another aspect of the Zen of maturity.

My friend Jennifer says she was born a grown-up. "As the oldest of six, when my baby sister came along I was trained as an assistant with my baby

365's RECURRING NIGHTLIFE CALENDAR

ENTERTAINMENT YOU CAN SET YOUR WATCH TO!

Tuesdays

'Round Midnight Jazz w/ Bill Encke - Isabella's, 9 p.m. - 12 a.m.
Pub Quiz - The Busted Lift, 8 p.m. First 3 Tuesdays of the month.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
DJ Music - Double J DJ's, Rooster's, Platteville, 9 p.m. - 2 a.m.

Wednesdays

Open Mic - Hosted by the Dert Tones, The Busted Lift, 9 p.m. - 1a.m.
Mississippi Band Duo - Galleria Lounge, Fountain Park, 5 p.m. - 8 p.m.
Live on Main Comedy - 2 great standups, Bricktown, 9 p.m. - 11 p.m.
3100 Club Comedy - Midway Hotel, Bricktown, 9 p.m. - 11 p.m.
Cigar Club, Bartinis, 7 p.m. - 11 p.m.
WJOD Wild West Wed - (Country Dancing), Fairgrounds, 7 p.m. - 11 p.m.
Karaoke - C-Sharp, A&B Tap, 8 p.m. - 12 a.m.
Karaoke - Becky McMahon, Denny's Lux Club 8:30 p.m. - 12:30 a.m.
Karaoke - Borderline Karaoke, Bricktown, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.

Thursdays

Live Music - Robbie Bahr & Laura McDonald, Gobbies, Galena, 9 p.m. - 1 a.m.
Y-105 Party Zone - Dbq Co. Fairgrounds, 7 p.m. - 10 p.m.
Open Mic - Grape Harbor, 8 p.m. - 10:30 p.m.
Open Mic Showcase, Isabella's 8 p.m. - 12:00 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Rocco - Riverboat Lounge, 8:30 p.m. - 12 a.m.
Karaoke - Becky McMahon, Ground Round, 9 p.m. - 12 a.m.
Karaoke - Flyin' Hawaiian, Shannon's Bar, 9 p.m. - 1 a.m.
Karaoke - Soundwave, Bulldog Billiards, 9:30 p.m. - 1:30 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.
DJ Music - Double J DJ's, Rooster's, Platteville, 9 p.m. - 2 a.m.

Fridays

Firewood Friday (3rd Friday's) - Isabella's Bar at the Ryan House, 9 p.m. - 1 a.m.
Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Riverboat Lounge, 8:30 p.m. - 12 a.m.
Karaoke - Flyin' Hawaiian, Sublime, 9 p.m. - 1 a.m.
Karaoke, Becky McMahon, 3rd Fridays, Kuepers - Dickeyville, WI, 9p.m.
Karaoke - C-N-T Entertainment, T.J's Bent Prop, 9 p.m. - 1 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Brian Leib's Essential Entertainment, Aragon Tap, 9 p.m. - 1 a.m.
DJ Music - Main Event DJ, Gin Rickeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.
DJ Music - DJ Brian Imbus, Jumpers, 8:30 p.m. - 1 a.m.
DJ Music - Karaoke w/DJ 007, Riverboat Lounge, 9:30 p.m. - 1 a.m.

Saturdays

Live Comedy - Arthur House Restaurant, Platteville, 9 p.m. - 10:30 p.m.
Live Music - Leonardo Roldan/Romeo Bautista, Los Aztecas, 6 p.m. - 9 p.m.
Bluff Street Live Open Mic, Mississippi Mug, 8 p.m. - 12 a.m.
Karaoke - Borderline Karaoke, Bricktown, 9p.m. - 1 a.m.
Karaoke - Rainbow Lounge, Canfield Hotel, 7:30 p.m. - 2 a.m.
Karaoke - Riverboat Lounge, 8:30 p.m. - 12 a.m.
Karaoke - C-Sharp, A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, George & Dales, (East Dub.) 9p.m. - 1 a.m.
Karaoke - Dave Lorenz, Player's Sports Bar, 9 p.m. - 1:30 a.m.
Karaoke - Starburst Karaoke, w/Dave Winders, Instant Replay, 9 p.m. - 1a.m.
DJ Music - Main Event DJ, Gin Rickeys, 8:30 p.m. - 1:30 a.m.
DJ Music - Sound Ideas DJ, Timmerman's Supper Club, 8 p.m. - 12 a.m.

Sundays

Open Mic with Sean Kramer (Mississippi Flat Miners), A&B Tap, 9 p.m. - 1 a.m.
Karaoke - Flyin' Hawaiian, Knicker's Saloon, 9 p.m. - 1 a.m.
Karaoke - Phoenix Entertainment, The Hangout (East Dub.), 9 p.m. - 3 a.m.



ARENA & THEATER EVENTS

The Five Flags Center presents:

"The Nutcracker"

Dubuque City Youth Ballet and Heartland Ballet
December 14 & 15 at 8:00 p.m. & 16 at 2:00 p.m.

Anderson Weber Presents:

Championship Bull Ride

January 4 & 5, 2008 at 7:30 p.m.
Five Flags Arena

Nick Lullo Presents:

"Laugh Tour 2008!"

Combining the Funny & Fantastic!
Friday, January 11, 2008 @ 8:00 p.m.
Five Flags Theater
Ticket Prices: Main Floor \$19.50,
Balcony \$17.50

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Box Office: Mon-Fri: 10 a.m. - 5 p.m.

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Budweiser MIDWEST CONCERTS & SPECIAL EVENTS



Sister Hazel

House of Blues, Chicago, IL • December 28 & 29

Championship Bull Riding

Five Flags Civic Center, Dubuque, IA • January 4

Trans-Siberian Orchestra

Alliant Energy Center, Madison, WI • Saturday, Jan. 5

Ron White

Des Moines Civic Center, Des Moines, IA • January, 19

Big Bad Voodoo Daddy

House of Blues, Chicago, IL • Wednesday, Jan. 24

Brian Regan

Paramount Theater, Cedar Rapids, IA • January 24

Martina McBride

Hilton Coliseum, Ames, IA • Sunday, January 27

Buffalo Tom

Double Door, Chicago, IL • February 2

Indigo Girls

House of Blues, Chicago, IL • february 4

Capitol Steps

Stephens Auditorium, Ames, IA February, 7

Lord of the Dance

Adler Theatre, Davenport, IA • Saturday, February 8

Green 17 Tour (Feat. Flogging Molly, more)

House of Blues, Chicago, IL • February 15

Rascal Flatts

i wireless Center, Moline, IL • Friday, February 18

Dierks Bentley

Rosemont Theater, Rosemont, IL, February 22

Newsboys

Val Air Ballroom, Wes Des Moines, IA, February, 23

Martina McBride

Alliant Energy Center, Madison, WI • Saturday, Feb. 24

Tom Jones

The Meadows, Altoona, IA • March 12

Riverdance

Des Moines Civic Center, Des Moines, IA • March 14

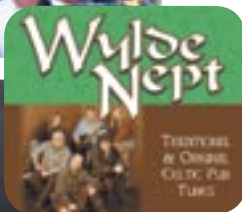
NEW YEAR'S EVE

IN THE TRI-STATES

Get Your Party On

Continued from page 11

could decide to throw caution to the wind and start celebrating the new annum right from the start! There will be two official locations for those who wish to start partying early. The Busted Lift and 180 Main, for those in Dubuque, will be hosting a double Irish and American New Year celebration: Remember, Ireland is six hours ahead of us. The fun will begin at 3 p.m. with Pat Reidy & the Lads playing upstairs at 180 Main. They'll play until 6, for the Irish New Year,



and then the action moves downstairs to the Busted Lift, where Wylde Nept (most recently seen at the Irish Hooley in August) will play from 5 to 9 p.m., and then Kent Burnside and the New Generation will continue the party from 9 p.m. until 1 a.m. Admission is only \$5, and it includes a champagne toast.



The other daylong celebration will be held about 15 miles to the east, at, you guessed it, Frank O'Dowd's Irish Pub at

the Irish Cottage in Galena. In addition to all the fantastic food available from the pub, the festivities will begin at 2

p.m. with the music of Tony Leonard, who will take attendees all the way through to the Irish New Year at 6 p.m., followed by two performances of the Cladagh Irish Dancers, and winding down with music by Joe Smith beginning at 8 p.m. and continuing into the night as the pints of Guinness disappear, the good times rise and Irish eyes are smiling. In the words of the Irish, "Go mbeire muid beo ar an am seo arís." (May we be alive at this time next year. And, no, we don't know how to say it.)



Also in Galena, Fred Bonnet and the crew of Fried Green Tomatoes will be hosting a New Year's celebration of their own. The festivities will begin at 9 p.m., with the night to include a champagne toast, food specials, party favors, a countdown



to midnight, and live Beatlemaniacular music from 365's very own Ralph Kluseman. Great food with great music ... hard to go wrong with that. Reservations are required, and you can make them by calling 815-777-3958. Fried Green Tomatoes is located at 213 N. Main Street in Galena.



Two more Galena nightlife hotspots, the Grape Escape and Benjamin's, will have New Year's parties as well. The Grape Escape, with its decadent wines, delicious martinis and fun atmosphere, will be host to the acoustic duo of Apathy Blue, and the establishment is offering a champagne special: For \$30, guests can enjoy a bottle of Mionetto's Prosecco Brut. What better way to celebrate the new year than with a glass of

Continued on page 25

Happy Holidays

180 MAIN

Pub & Restaurant

ANNOUNCING SUNDAY DINNERS

4 p.m. - 9 p.m.



"Paradiso"
A dessert invented by 180's Executive Chef James Paradiso and now distributed nationwide by Sisco Foods.

Dinner Menu

5 PM - 9 PM • MON-TUE
5 PM - 10 PM • WED-SAT
4 PM - 9 PM • SUNDAY

Late Night Menu

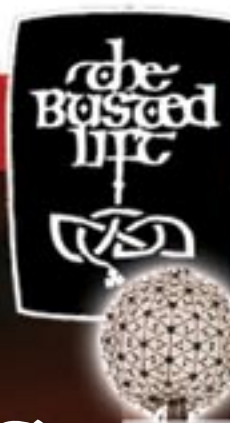
'TILL MIDNIGHT • WED-THURS
'TILL 2 AM • FRI-SAT

Lunch Menu

11 AM - 5 PM • MON-SAT

www.180main.com

180 Main: 563.584.1702 Busted Lift: 563.584.9712



NEW YEAR'S EVE x2 @ THE LIFT!

Irish & American New Year's Parties!

Pat Reidy & The Lads
Upstairs @ 180, 2 p.m.

Wyle Nept: 5 p.m.

Kent Burnside & the New Generation, 9 p.m.

UPCOMING LIVE MUSIC!

Friday, December 14, 9 PM
OCHOSOL

Saturday, December 15, 8 PM
NUTSY TURTLE BAND (8 p.m. 9 p.m.)
JAMES KINDS & THE ALL NIGHT RIDERS

Friday, December 21, 9 PM
THE BLUEHEELS

Saturday, December 22, 9 PM
THE KISSERS

Tuesday, December 25, 9 PM
A SPECIAL CHRISTMAS EDITION OF READINGS UNDER THE INFLUENCE

Saturday, December 29, 9 PM
OLD PANTHER, PEOPLE WILL BLINK
CHINESE TELEPHONES, TYBORN JI



First Three Tuesdays, 9 PM

IRISH PUB QUIZ
(COMPETE AND WIN!)



Wednesdays

OPEN MIC NIGHT
HOSTED BY THE DERT TONES



Fridays, 5 PM - 9 PM @ 180 Main

LIVE PIANO MUSIC UPSTAIRS
WITH CHUCK BREGMAN



ON DUBUQUE notes from the mayor

“Cherishing Dubuque Traditions”

by Mayor Roy D. Buol

People worldwide celebrate holidays. Although the word “holiday” literally means “holy day,” most American holidays are now celebrated in reflective traditions. In fact, in the United States, the word “holiday” is synonymous with “celebration.” The festivities continue throughout the holiday season; Dubuque sparkles with holiday displays, house parties and galas; and familiar are the bell ringers and organizations reminding us of the true “spirit of Christmas.”

Like communities across our great nation, Dubuque has developed its own set of traditions -- comforting in their familiarity and binding in their repetition. Yet also, those cherished yuletide traditions sometimes make room for fresh faces and changing circumstances. Such was true this year for the annual Holiday Pops Concert at the Five Flags Theatre!

It all began about this time last year when Deb and I were invited to Jan and

Paul Hemmer’s home for a Hemmer annual tradition, a “Christmas Sing-Along (or not) Party! As we all gathered around the grand piano that graces their living room, joining our voices in festive holiday song, William Intrilligator turned his “conductor’s” ear toward me. At the end of one particular Christmas Carol he said, “Roy, I didn’t know you could sing?!” From that point forward, he and Paul began talking about “next year’s Holiday Pops” and perhaps a “cameo role” for the mayor. To my surprise, their conversations turned into what became a totally new format for the Pops Concert, modeled on popular variety shows, with an invitation for me to serve as emcee, and to sing a little too!

I was honored to accept and privileged to join a truly amazing cast of musicians and singer/performers! Favorite musical pieces and several new arrangements by Paul Hemmer framed the concert performance which took the audience around the world! Joining the Dubuque Symphony Orchestra (directed by Maestro William Intrilligator) were the Dubuque Chorale (directed by Francis John Vogt); the Wahlert High School A-Capella Choir (directed by Pam Mumm); Steve & Terry Slade and Family (directed by...well, I’m not sure who calls the shots in that family); and yours truly!

The weekend’s performances were sold out (although weather hampered Saturday’s participation). It was wonderful to look out into the audience to see the big eyes and wide smiles of so many children at Sunday’s matinee, joining with their parents in the “sing-along” portion of the program with such Christmas favorites as White Christmas, Silent Night, and Feliz Navidad! Paul and I enjoyed a dialogue reminiscent of the old-time radio shows; Santa

and I performed “Holly Jolly Christmas,” complete with a...well, impromptu, little dance number; and a wonderful spirited concert was enjoyed by all! A new twist on a Dubuque tradition...and, without a doubt, a cherished memory for me (and Deb who, naturally, attended all three concerts) for years to come!

My gratitude goes to William Intrilligator, Paul Hemmer, DSO President Jeff

Goldsmith, our remarkable DSO, and all the talented performers for sharing their stage with me! To Medical Associates which has sponsored the Holiday Pops for the past 22 years, thank you for helping to serve our community and enrich lives. And last, but not least, to our audiences ... blessings to you and yours this Christmas holiday season. We thank you for your interest in and support of the arts...cherished Dubuque traditions!



Tuesday 12.18.07
8:00–11:00 a.m.
Town Clock Center for Professional Development
Cost: \$10.00

Save the Date

The Dubuque Jaycees in partnership with NCCC Town Clock Center for Professional Development presents:

Creating Relationships through Leadership

The success of great leaders is their ability to create long-lasting, successful relationships. Presenter Chris Case will focus on the most important components that will allow you to lead your community.

- Discover the most important element of communication; listening
- Learn the four different behavioral styles that will gain you instant credibility
- Learn the “Five Must Haves” of a team
- Combine all the important components together through Leadership Dimensions

Dubuque Jaycees
www.dubuquejaycees.org

For more information contact:
Christina Monk 563.690.1747
cmonk@durant.com or
Marcie Rowan 563.557.8271 ext. 139
rowanm@nccc.edu





Continued from page 7

problem areas. Client interviews can sometimes determine possible causes or suggest particular stretches or other complimentary therapies she might recommend. Glad to be part of the Healing Arts Group, Udelhofen seems to have found her niche among her colleagues. "I think everybody has the same beliefs, the same focus on holistic health," she says. "We're all focused on holistic health as a healing art." Call Maggie at 563-495-5710 or e-mail maggie@dubuquehealingarts.com.



Hypnotherapy

Tracy Goetzinger offers hypnotherapy and counseling as part of the Healing Arts Group. A certified hypnotherapist and certified addictions counselor, she specializes in anxiety, depression, anger, addictions, and unhealthy relationships. "Instead of trying to mask symptoms, I work with addressing the underlying issues at the core," she explains. With four years of experience in counseling, Goetzinger is completing her master's in clinical psychology this month.

Eventually she would like to work toward a Ph.D. in holistic health, but is currently in training for theophostic therapy – a Christ-centered approach where a practitioner prays together with the client. Described as similar to hypnotherapy, theophostic therapy is less concentrated on emotional release. While Christian-based, Goetzinger says it can be effective for people who don't necessarily consider themselves spiritual. Call Tracy at 563-590-8876 or e-mail tracy@dubuquehealingarts.com.



Reiki

Susie Piekenbrock and Nancy Whitlow work as partners in Gentle Awakenings Reiki at the Healing Arts Group. The duo practices Usui Reiki, a Japanese complementary healing technique where a practitioner directs healing energy through the hands to the client. Once considered a more alternative therapy, reiki is gaining widespread acceptance by mainstream healthcare, being offered in hospitals throughout the United States, including Johns Hopkins, Stanford Medical Center, and Mercy Medical Center here in Dubuque.

Whitlow became convinced of reiki's efficacy by witnessing its dramatic effect on her mother. A Dubuque native, Whit-

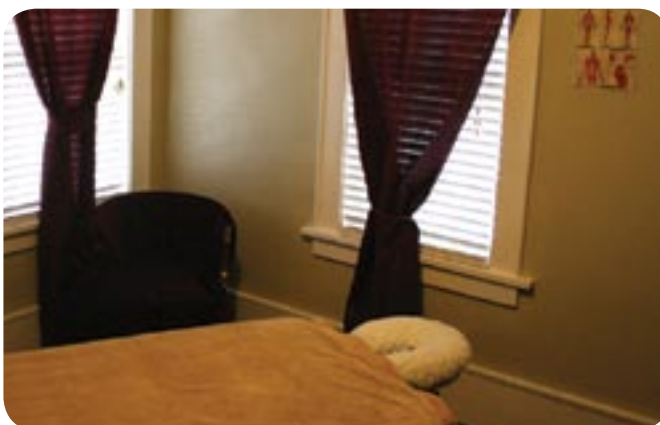
low traveled extensively, visiting India and eventually settling in an Ashram there, where she taught English for 21 years. In 2005 she returned to care for her mother, who had suffered a stroke. As part of her recovery, her mother underwent massage therapy. As it turned out, her massage therapist also practiced reiki. At her mother's first reiki session, she had to be helped up on the table. When Whitlow returned an hour later, she was amazed how relaxed and nimble her mother had become and was immediately convinced of reiki's power to promote healing. The experience stimulated her interest in the technique, which she first learned to practice on her mother to aid with her recovery.

Now working with Piekenbrock, whom she met through a group reiki session, Whitlow incorporates sound therapy, which uses resonating tuning forks placed at key points on the body. She is currently learning more about color and crystal therapies. Like her colleagues, Whitlow sees the value in the integrative aspects of various therapies – in both holistic and traditional health care. "We don't think of these as 'alternative' but more of complementary practices to existing health care," she explains. "There's nothing like penicillin when you need it." Call Susie at 563-543-1423 or e-mail susie@dubuquehealingarts.com. Call Nancy at 563-663-0413 or e-mail nancy@dubuquehealingarts.com.

Life Coaching

Ultimate Potential Coaching is a collaboration between Dawn Cogan and Stacy Tull-Leino. In the role of life coaches, the duo offers guidance to help clients unlock their hidden potential "to live a life that honors your values, and is in direct alignment with your passions and life purpose." Cogan and Tull-Leino offer personal coaching for adults or children, as well as group seminars and workshops. With a strong focus on parenting and children's issues, they can help with behavior issues, anxiety, depression, ADD/ADHD, or just help kids gain confidence in themselves and their abilities. Call Dawn at 563-581-7583, Stacy at 563-580-8554, or e-mail dawnandstacy@dubuquehealingarts.com.

Continued on page 28



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Friday, December 14

The Boys' Night Out
Red N Deb's, 8 PM - 12 AM

Katie & Brownie
Irish Cottage, 8 - 11 PM

Nothin' But Dylan
Stone Cliff Winery, 7 - 11 PM

Sid V & the Human Resources
Softtails Saloon, 9 PM - 1 AM

One Hat Band
Grape Escape, 9 PM - 1 AM

ochOsol
Busted Lift, 9 PM - 1 AM

Nick Stika
Grape Harbor, 9 PM - 12 AM

BadFish
Jumpers, 9 PM - 1 AM

BlackBloom
Bricktown, 9 PM - 1 AM

Massey Road
Dino's, 10:30 PM - 2:30 AM

Saturday, December 15

Catch 3
Grand Harbor, 5:30 - 9:30 PM

Sounds of Nashville
Mooney Hollow Barn, 8 PM - 12 AM

Katie & Brownie
Irish Cottage, 8 - 11 PM

Jammer
Softtails, Saloon, 9 PM - 1 AM

Jabberbox
Jumpers, 9 PM - 1 AM

Richter Scale
Red N Deb's, 9 PM - 1 AM

Taste Like Chicken!
Pit Stop, 9 PM - 1 AM

Massey Road
The Wharf, 9 PM - 1 AM

The Boys' Night Out
Rumor's, 9 PM - 1 AM

Julien's Bluff
Dog House Lounge, 9 PM - 1 AM

Saturday, December 15

Justin Morrissey
Grape Escape, 9 PM - 1 AM

BlackBloom
Da Vinci's, 9 PM - 1 AM

Runside Down
Isabella's, 9 PM - 12 AM

DRILL
Doolittle's (Cuba), 10 PM - 2 AM

James Kinds & the All-Night Riders
Busted Lift, 9 PM - 1 AM

Doug & Lisa Frey
Grape Harbor, 9 PM - 12 AM

Sunday, December 16

3rd Annual Christmas Auction
New Diggings Store, 12 - 9 PM

Chuck Bregman
Anton's Saloon, 2 - 8 PM

Open Mic w/ Sean Kramer
A&B Tap, 8 PM - 12 AM

Tony Walker
Sandy Hook Tavern, 9 PM - 1 AM

Tuesday, December 18

Open Jazz Jam
Isabella's, 8 - 11 PM

Wednesday, Dec. 19

Open Mic w/ Dert Tones
Busted Lift, 9 PM - 1 AM

Library Fundraiser Event
Isabella's, 5:30 - 9 PM

Thursday, December 20

Open Mic Night
Grape Harbor, 7:30 - 11:30 PM

Open Mic Night
Isabella's, 5:30 - 9 PM

Friday, December 21

Ken Wheaton
Stone Cliff Winery, 7 - 10 PM

John Moran
Grape Harbor, 8 PM - 12 AM

Firewood Revival
Isabella's, 8 PM - 12 AM

Jimmy Berg & Dave Pinkle
Grape Escape, 9 PM - 1 AM

98 in the Shade
Dagwood's, 9 PM - 2 AM

Paul McHugh
Irish Cottage, 8 - 11 PM

Arctic Thunder
Red N Deb's, 9 PM - 1 AM

The Rocket Surgeons
Gobbie's, 9:30 PM - 12:30 AM

The Do Overs
Sandy Hook Tavern, 10 PM - 2 AM

The Blueheels
Busted Lift, 9 PM - 1 AM

Saturday, December 22

Jason Ray Brown
Grand Harbor, 5:30 - 9:30 PM

Paul McHugh
Irish Cottage, 8 - 11 PM

Nothin' But Dylan
Dubuque Driving Range,
8 PM - 12 AM

Not Too Shabby
Main St. Pub (Cuba),
8:30 PM - 12:30 AM

The Dert Tones
Copper Kettle, 9 PM - 1 AM

Jabberbox
Ace's Place, 9 PM - 1 AM



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Saturday, December 22

98 in the Shade
Murph's South End, 9 PM - 1 AM

Menace
Softtails Saloon, 9 PM - 1 AM

Just the Two of Us
Grape Escape, 9 PM - 1 AM

Hard Salami
Dirty Ernie's, 9 PM - 1 AM

Renegade Band
Red N Deb's, 9 PM - 1 AM

Scott & Michelle Dalziel
Isabella's, 9 PM - 1 AM

BadFish
Bronco Inn, 9 PM - 1 AM

The Kissers
Busted Lift, 9 PM - 1 AM

Blue Willow
Grape Harbor, 8 PM - 12 AM

Sunday, December 23

Chuck Bregman
Anton's Saloon, 2 - 8 PM

Arctic Thunder
New Diggings Store, 3:30 - 7:30 PM

Apple Dumplin's
Sandy Hook, 8 PM - 12 AM

98 in the Shade
Coe's Bar, 9 PM - 1 AM

Tuesday, Dec. 25

Open Jazz Jam
Isabella's, 8 PM - 12 AM

98 in the Shade
Joe Mama's, 9 PM - 1 AM

Readings Under the Influence
Busted Lift, 8 - 11 PM

Wednesday, Dec. 26

Open Mic w/ Dert Tones
Busted Lift, 9 PM - 1 AM

Thursday, December 27

Joe Smith
Irish Cottage, 8 - 11 PM

98 in the Shade
Copper Kettle, 9 PM - 1 AM

Open Mic Night
Isabella's, 5:30 - 9 PM

Thursday, December 27

Denny Garcia
Murph's South End, 9 PM - 1 AM

Open Mic Night
Grape Harbor, 7:30 - 11:30 PM

Friday, Dec. 28

Joe Smith
Irish Cottage, 8 - 11 PM

Maureen Kilgore
Grape Harbor, 9 PM - 12 AM

98 in the Shade
Da Vinci's, 9 PM - 2 AM

Mississippi Band
Isabella's, 8 PM - 12 AM

Ken Wheaton
Grape Escape, 9 PM - 12 AM

Zero 2 Sixty
Softtails Saloon, 9 PM - 1 AM

Taste Like Chicken
Sandy Hook Tavern, 10 PM - 2 AM

Saturday, December 29

Nothin' but Dylan
Stone Cliff Winery, 7 - 11 PM

Richter Scale
DBQ Driving Range, 7 - 11 PM

Joe Smith
Irish Cottage, 8 - 11 PM

One Hat Band
Grape Harbor, 9 PM - 12 AM

98 in the Shade
Softtails Saloon, 9 PM - 1 AM

Massey Road
Dog House Lounge, 9 PM - 1 AM

Nate Jenkins
Grape Escape, 9 PM - 1 AM

Old Panther & Others
Busted Lift, 9 PM - 1 AM

Sunday, December 30

Chuck Bregman
Anton's Saloon, 2 - 8 PM

Joe Smith
Irish Cottage, 8 - 11 PM

Apple Dumplin's
New Diggings, 7 - 11 PM

98 in the Shade
Sandy Hook Tavern, 10 PM - 2 AM

*See the special feature article
on New Year's events for all
the parties we have informa-
tion on thus far on page 11.*

**You've got to recover from
holidays with the family *somehow*.**

LOT ONE

11

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SHALOM NEW YEAR

If you like to go out for New Year's Eve, but the idea of hopping from bar to bar and perhaps drinking to excess really, really doesn't sound like your idea of a good night ... don't fret. Shalom Retreat Center is hosting the New Year's Eve Alternative Way to Celebrate, an evening of food, fun and prayer beginning at 6:30 p.m.

Fr. John Haugen, the Dean of Campus Spiritual Life at Loras College, will lead the evening, which will begin with a bountiful dinner, followed by time to reflect on years both old and new, a celebration of the Eucharistic Liturgy, a party, and it will conclude with prayer to bring in the new year. Participants are encouraged to bring their personal 2007 and 2008 calendars to use during the reflection time.

The offering to attend is \$30 per person, which includes the dinner and program. Registration and prepayment are required by December 26. To register, call Shalom at 563-582-3592 or mail a check made payable to "Shalom Retreat Center" to 1001 Davis St., Dubuque, IA 52001.

JOHN EDWARDS & KEVIN BACON

...yes, Kevin Bacon.



The candidates just keep rolling on through town, don't they? And it seems like the visits are becoming even more frequent as the buildup to the Iowa caucuses continues. Hey, look! Here's another one! Former Senator and Democratic presidential candidate John Edwards will be campaigning at Loras College with a Town Hall meeting on Saturday, December 15 ... and he'll be joined by movie star Kevin Bacon! (Six degrees, Ben Stiller, go!) Bacon, who performs in the rock duo The Bacon Brothers, will be giving a musical performance during the campaign stop. The event will be held in the Alumni Center's third-floor ballroom and will begin at 10:45 a.m. For more information, call 563-582-5981.

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The Quest for the Seven Mugs of Christmas: A Drinking Adventure by Nicholas J. Klenske

Every journey is a quest, especially when it involves the always-toxic combination of alcohol, Germany and Chad Van Cleve. Granted, our trip does not begin as an adventure, it in fact starts innocent-ly enough.

My wife, Kara, and I are traveling to Cologne to meet our good friends and fellow Dubuquers Chad and Jen Van Cleve, who now reside in Rotterdam. The plan is to meet for a weekend of shopping at the city's historic Christmas Markets. Yes, that's right: An entire weekend of shopping at massive, crowded, outdoor arts and craft markets. Hence, our need for a twist.

Now remember, these Christmas Markets are in Germany and, like everything in Germany, or Europe for that matter, alcohol is involved. Which of course is the instigator of our intoxicating little quest.

Although Cologne's Christmas Markets do have an abundance of carved wooden Santa figurines, horrendously colored knitted scarves and a diverse assortment of other yuletide crap, the main focus is on the food and drink - primarily of the fried and alcoholic variety. Eating such delicacies as fried potatoes topped with lard, greasy sausage, cream doused dumplings, salty pretzels, sticky nougat and not-quite-Belgian-chocolates, one is left with a lingering hint of thirst. Thankfully, the Germans live up to their reputation of being prepared for everything and have plenty of liquids on hand to quench one's holiday pallet.

The Christmas drink of choice is gluhwein, or warm red wine best when garnished with a powerful yet completely unnecessary shot of rum. More so, each Christmas Market serves the drink in its own specially designed, commemorative Christmas mug. As Chad's and my taste buds acclimate to their first flirtation with the potent drink's uniquely sharp taste,

we think, "Do we really have six more of these markets to go?"

Fast-forward four more drinks and it suddenly dawns on us: Each market has a mug. How could we be so blind? Obviously we have no choice but to collect a mug from each market. It is our destiny. Our thinking now: "One down, six more to go." And thus, the Quest for the Seven Mugs of Christmas commences. Like metrosexual (that is, European) Indiana Joneses donning scarves instead of leather fedoras, we set off.



Stop number two is the legendary Cathedral market, located adjacent to the overbearing gothic Dom, where we quickly acquire our second treasure. This bound-for-the-mantel-place trophy is a colorful red mug painted with a whimsical cityscape of the ancient Cologne skyline complete with a floating penguin set adrift atop a solitary iceberg (both of which can actually be seen after many mugs of gluhwein).

The AlterMarkt round is rather uneventful, beyond the intense and clearly gluhwein induced deliberations of whether the blue or the white mug is the officially sanctioned one. After coming to the conclusion it is the blue, Chad and I celebrate our early success with another round ... or two. After all, once you shell out the three Euros for what in hindsight is nothing but an overpriced future garage sale item, the refills are heavily discounted.

The fourth mug turns out not to be a mug at all but more of a chalice. It comes from the city's Medieval-themed market, which is highlighted by fifers, wenches, an open bonfire and, instead of gluhwein, the more medieval favored

meade, or honey wine. In German this is spelled meth, and with the drink's signature aftertaste of cough syrup, one has to wonder if it's just imported from Iowa.

Upon entering the fifth market, which is located on a boat anchored on the Rhine, we initially panic, thinking we have been duped into entering a legitimate, food and beverage free craft market. But alas, our navy blue and slightly frosted mug awaits on the ship's frigid deck, whose chilly condition creates the perfect excuse to warm one's body with more gluhwein.

At Neumarkt, the sixth market of the day, we almost fall for an imposter as one cedar cabin is serving our drink from a glorified Dixie cup. Yet we call this scrooge's bluff just in the nick of time, and are able to stumble our way to the real deal: An enchanting clear glass mug etched with a cartoon Santa decor. And then there is Seven. But Seven is not there.

Granted, we have been drinking for an entire day, but we do have two things going for us: One, we are from Dubuque, and two, we have the benefit of spreading our indulgences over the many hours of the day.

So, to all you skeptics, no, it isn't that we just cannot find the seventh market. We are men after all and, even more, men with maps. No, we are definitely at the right plaza. We even circle around twice before I send Chad to walk in on the middle of a church service just to make sure the market isn't hiding inside.

Nothing.

Clearly our quest has been foiled, as there is no seventh Christmas market and definitely no Seventh Christmas mug. Depressed, rejected and perhaps a tad bit drunk, we decide to comfort our misery with a round of beer, lethargically consumed from a very ordinary and very non-Christmas mug.

But a good Christmas story simply cannot end with such gloom. And, although this may not be a good Christmas story, I will not let it end like this. So here's the Happy Ever After, the "Yes, Virginia, there is a Santa Claus" and the "Merry Christmas to all and to all a good night":

For, you see, I am an optimist and an objectivist and, when inebriated, a creative. Thus, it suddenly dawns on me that perhaps our quest is not yet over. Perhaps the Seventh and final mug of Christmas is not here in Cologne after all.



"Of course," I say as I leap off my stool with a disturbing level of excitement. "The Seventh Mug of Christmas isn't a mug at all. Well, it is, but only in the metaphysical way: Like a chalice that holds the spirit of Christmas itself." I continue to lecture the bar's now cautiously curious crowd.

"The Seventh Mug of Christmas is the mug filled with the comfort and joys that can only be found when in the comforts of home," I continue at an ever-accelerating pace. "It's not yet Christmas and I am surely not home, so of course our quest cannot be complete. This weekend is only meant to give us a taste of the warming and intoxicating aroma of Christmas. And, yes, now I get it. I know exactly where the last mug can be found!"

"Where?" the crowd gasps in united excitement as they skate towards the edge of their chairs.

"My Seventh Mug of Christmas is waiting back home," I declare. "It's sitting on my parents' kitchen table, filled to the brim with Pabst Blue Ribbon Beer, oh, that sweet nectar of the gods, patiently waiting for me to get home."

I can almost taste it now...

Nicholas J. Klenske, formerly of Dubuque, is a freelance writer living in Brussels. He was a contributor to 365ink for more than a year. He currently serves as the editor of BART International, Europe's leading business aviation publication. Contact him through www.KlenskeInk.com.

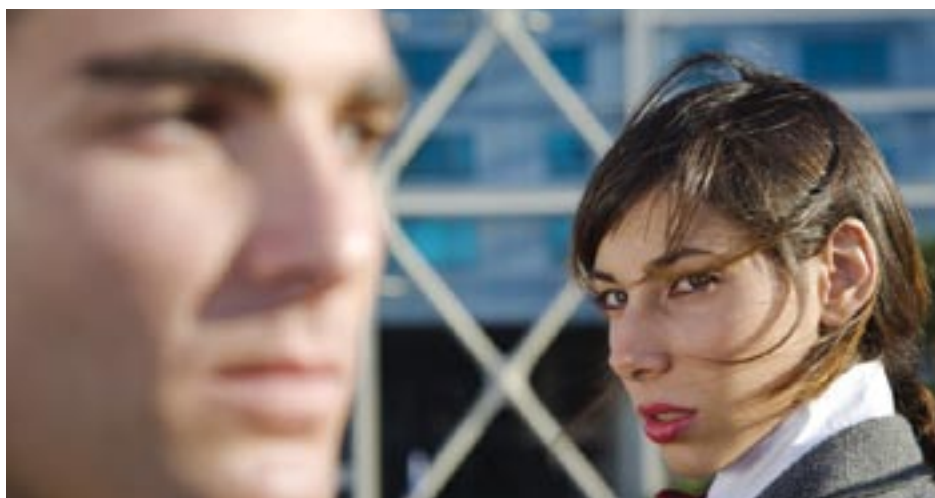




Trust or Mistrust?

Do you start relationships with trust or mistrust? Trust is acceptance of something as true or reliable without being able to verify it. When you trust someone, you expect them to do what they say they will do. Mistrust is questioning trust and believing there is a hidden agenda. Trust is the most important factor in the success of relationships.

So often, people start with mistrust rather than trust. Mistrusting others creates fear and anxiety resulting in more mistrust. Mistrust set everyone up for failure and prepares you in advance to pass criticism and judgement. An environment of mistrust grows steadily and you become guarded and second guessing everything. Relationships are damaged and often, nothing can change repair that damage. It is an interesting thing, when you mistrust someone, they live



Starting relationships with trust (rather than mistrust) lets you to derive maximum benefit. Trust leads to accomplishments that are otherwise not possible. It is a big advantage taking people for their word and giving them the benefit of the doubt. When you trust others, you increase their value. People who are trusted tend to live up to those expectations and do their very best to not let that trust fail. Living and operating each day is a matter of trusting others. Trust is the glue for successful relationships.

up to those expectations as well.

Even though trust brings vulnerability, it is essential for successful relationships. It is unfortunate if you cannot start relationships with mistrust because of past experiences. It is true that starting with trust leaves you open for hurt and there will always be people who will take advantage of that trust. It is much better to start with trust and give people the benefit of the doubt. If you repeatedly start relationships with mistrust, you may find yourself very lonely.

1% Mattitude Improvement Tip

Phone Communication

When you use the phone, communication rules change. The main change is you cannot see the person you are talking to. It is also more challenging to capture and keep others attention over the phone. Here is what you should do: 1. Slow your rate of speech. Get there attention and keep it by slowing down how fast you talk. 2. Get right to the point. Answer the big questions right away. They need to know "Who are you?" "Why are you calling?" "What's in it for me?" and "How long will this take?" If you fail

to provide that information quickly, listeners will either zone out or hang up on you. 3. End on a high note. Always thank listeners for their time, and then allow them to hang up first. The click of the phone in their ears is no way to end telephone conversations.

Matt Booth, MAC, is a highly sought after speaker, and trainer, who works with individuals, organizations and business that wish to improve productivity and profitability. To sign up for his monthly ezine, email subscribe@mattbooth.com. To inquire about getting Mattitude in person, email matt@mattbooth.com.

Contact Matt today at 563-590-9693 or e-mail info@mattbooth.com.

3rd Annual Diggs Christmas Auction

New Diggings General Store and Inn
Sunday, December 16th 2007
Silent Auction @ Noon • Live Auction @ 3 p.m.
Music 6pm - 9 pm: The One Hat Band

The Benton School District Empty Stocking Fund and The Hazel Green Food Pantry were well cared for from the proceeds of last year's auction. They will be joined by a third charity as we do it again in 2007!

There are many ways to help support the New Diggings General Store and Inn's 3rd Annual Christmas Auction and the Secret Santa Tree. You can donate an unwrapped gift for the auction by Sunday December 9th, a perishable unwrapped gift by Saturday December 15th, you can select a mitten off the Secret Santa Tree and shop to brighten a child's holiday, or you can simply show up on December 16th and join all the fun of the Auction! Win prizes, have tons of fun and get in the Christmas spirit with the Diggs! And don't forget, firewood raffle tickets \$2 each. Delivery within a 20 mile radius of the Diggs. Join us for fun and a good cause.

LIVE MUSIC CALENDAR!

- One Hat Band
Sun., Dec. 16, 6:00-9:00 PM
- Arctic Thunder
Sun., Dec. 23, 3:30-7:30 PM

NEW YEAR'S EVE... EVE!

- The Apple Dumplin's
Sun., Dec. 30, 7 - 11 PM

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Runsides Down
Saturday, December 15

Firewood Revival
Friday, December 21

Scott & Michelle Dalziel
Saturday, December 22

Mississippi Band
Friday, December 28

River & the Tributaries
Friday, January 4

Mike & Amy Finders
(Rescheduled from Dec. 1)
Saturday, January 5



Ah Nuts!

Nutrition in a Nutshell

It's time to crack open the truth about nuts. Yes, they are high in fat, but it is a good type of fat. Nuts are also one of the best sources of plant protein. They are filled with fiber and rich in important nutrients like vitamin E, folate and potassium. Nuts also contain hard-to-find essential nutrients like copper and magnesium.

Nuts are linked to improving heart health, fighting cancer and even preventing cataracts. While all nuts have similar nutritional benefit, each type of nut has a special claim to fame:

Almonds are good for your heart. Just one small handful of almonds once a week has been shown to help decrease the risk of heart disease by 25%.

Brazil nuts are extremely rich in the important, yet hard-to-find, cancer-fighting mineral selenium. Selenium is especially beneficial for preventing lung, colon and prostate cancer. For better health, eat a Brazil nut a day. Buy plenty when they are in season and freeze (they crack easier when frozen).

Pecans top the list of foods with the highest level of antioxidant activity. Pecans have been linked to reducing the risk of heart disease and cancer and lowering cholesterol.

Walnuts are filled with heart-healthy omega-3 fats. It's the same type of good fat found in salmon and flax seed. Omega-3 fats help prevent hardening of the arteries, are linked to lowering triglycerides and prevent heart attacks and strokes.

Enjoy nuts while they are in season by trying one of our many nutritious nut recipes at Hy-VeeHealth.Com.

RECIPE Cranberry Orange Brie

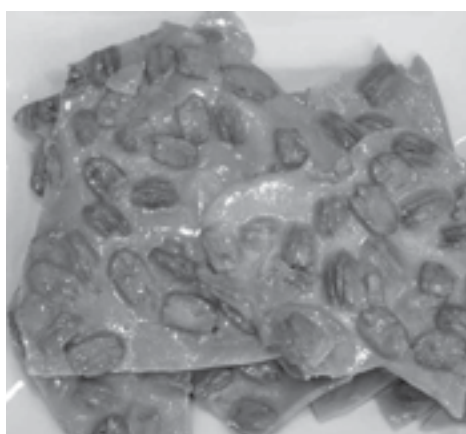
All You Need

1 (12 oz) round Brie cheese
1/3 cup whole-berry cranberry sauce
2 tbsp packed Hy-Vee brown sugar
1 tsp Hy-Vee orange juice
1 tsp brandy
1/4 cup Hy-Vee chopped walnuts
crackers or slices of crusty bread

All You Do

Remove top rind of Brie to within 1/4 inch of the edge. Cover and refrigerate. Brie can be prepared up to 1 day ahead. In medium bowl, stir together cranberry sauce, sugar, orange juice, brandy and walnuts. Heat oven to 425 degrees. Line baking sheet with parchment paper. Place Brie on baking sheet; spoon cranberry mixture over top. Bake 4 to 6 minutes or until cheese is hot but not melted. Serve with crackers or slices of crusty bread. Serves 12.

Nutrition facts: 130 calories, 21g carbs, 3g protein, 9g fat, 1g fiber, 180mg sodium.



RECIPE Spiced Pecan Brittle

All You Need

2 cups Hy-Vee granulated sugar
1 cup light corn syrup
1/2 cup water
1/4 cup Hy-Vee butter
2 cups pecans halves
1 tsp Hy-Vee vanilla
1 1/2 tsp Hy-Vee baking soda
1 tsp pumpkin pie spice

All You Do

Generously butter a 12-by-18-inch baking sheet. Set aside. In a Dutch oven, heat the sugar, corn syrup, water and butter to 275 degrees, stirring occasionally. Stir in pecans. Continue cooking until temperature reaches 300 degrees, stirring constantly. Remove from heat; stir in vanilla, baking soda and pie spice. Pour mixture onto prepared baking sheet and let cool. Break into bite-size pieces and store in air-tight container. Makes 2-1/4 lbs (72 servings).

Nutrition facts: 50 calories, 8g carbs, 0g protein, 3g fat, 35mg sodium.

Feeding Furry Friends

Happy, healthy holidays! 'Tis the season to focus on good health and good eating! That includes your pets too. Pets need good nutrition, just like you. When feeding your canine companion and cats too, keep health in mind:

Live lean: Just like people, pets tend to live longer lives if they keep a lean body weight. Even a moderately overweight dog is susceptible to insulin resistance which can lead to diabetes. Overweight dogs tend to develop high blood pressure and arthritis. Plus, plump puppy dogs can't play fetch as well as they should.

Focus on fats: A healthy blend of essential fatty acids – especially omega 6 and some omega 3 fatty acids - is important for dog health. Omega 6 fats help maintain a strong immune system, good blood circulation, better wound healing and healthy skin with a shiny furry coat. These important fats are found in vegetable oils and seafood. Look for a quality pet food with the right kind of fat

Water: Water is essential for life. It helps transport important nutrients throughout the body. It helps dogs maintain the right body temperature even during extreme heat. Water keeps joints lubricated, making it easier for dogs to run, jump and play. Keep cool, refreshing water available for your pet all day long. They



will drink what they need.

Move more: Walking is good for you and your pet too. Pets and people who walk regularly tend to weigh less and have better muscle tone. Walking also improves cardiovascular fitness and helps prevent diseases related to obesity such as diabetes.

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RECIPE Canine Cookies

For gift giving, make with holiday shaped cookie cutters.

All you need

2 cups whole wheat flour
1/2 cup Hy-Vee nonfat dry milk
1/4 tsp Hy-Vee garlic powder
1 Hy-Vee large egg
1 (4 oz) jar Hy-Vee Mother's Choice beef and vegetable baby food
1/2 cup Hy-Vee beef broth

All you do

Preheat oven to 350 degrees. Combine all ingredients and shape into a ball. Add more flour if dough is too sticky. Roll dough out to 1/4-inch thickness and cut into desired shapes. Place on greased baking sheet. Bake 30 minutes; cool completely. Store in an air-tight container for up to 2 weeks. Store remaining cookies in the freezer for longer shelf life. Makes 24 treats.

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DEC 13 - 26

Isn't Lonestar a Steakhouse?

by Jeff Stiles

Don't tell anyone, but I've never been a big fan of country music.

Yes, I grew up in the foothills of the Blue Ridge Mountains in southwest Virginia, where bluegrass seemed to be all the rage during my childhood. And yes, during my former career as a full-time mobile disc jockey I played a number of country songs enough times to involuntarily memorize many of the lyrics. Yes, yes, but I'm still not a big fan of country music.

It's not that I think this particular genre of music stinks. I guess I just never fit into my rural Southern childhood environment the way my siblings did. For example, whenever I talk on the phone to my youngest brother, Ben—a police officer in Sumter, South Carolina—I often can barely understand what he's saying, due to his thick Southern twang.

Actually, when I was growing up down South, people always asked if I was from the Midwest, because I didn't have an accent at all. (I was born in New Jersey and grew up in Virginia and North Carolina, but had never been to the Midwest until I came here to go to college.) The reality is, the reason my column this week is about country music is because—for some reason known only to the Creator of the universe—my daughter Aletheia has recently become a big country music fan.

Maybe it's related to my little girl's love of everything having to do with horses? She took riding lessons this past summer, she's been spending as many weekends as possible riding horses on my in-laws' farm in Epworth, and all year she's been begging me to buy her a horse. Asking me to "pony up," as it were.

Therefore, when 365ink publisher Bryce Parks asked me two weeks ago if I'd like tickets to the Lonestar concert at Five Flags Center, I immediately said "yes." As one of the biggest country acts of the past decade, Lonestar is a multi-platinum group famous for having more number-one singles than another other musical group since the 1980s.

I quickly called my daughter to see if she'd like to accompany me to the show. After her initial positive response, by the time the evening of the show arrived, Allie's interest in the concert had waned. After enjoying homemade tacos with her stepbrother and stepsister that evening, she seemed more content to play with model horses in her bedroom than enjoy live country music at Five Flags Center. But by the time the concert actually began, my wife and daughter and two

stepchildren had in fact met me at the Lonestar performance.

The A Cappella Choir from Walhert High School did its typical amazing schtick to kick off the night, complete with dancing moves and incredible harmonies, and 45 minutes later, it was finally time for our featured presentation. The first half of the "My Christmas List" show didn't actually include any songs off Lonestar's new holiday compilation—coincidentally titled My Christmas List—but rather featured a performance of a number of the group's biggest hits over the last decade, including "Amazed" and "My Front Porch Looking In."

Cody Collins, the brand-new lead singer of the group (this Dubuque concert was his first-ever show with Lonestar), did an awesome job with a heartfelt cover of Mark Cohn's "Walking in Memphis," though he was seriously off-key ("un-amazing") when the group performed their hit song "Amazed." Regardless, the young women in the audience were too enamored with Cody's Disney Channel



looks to notice such a minor technicality as off-key vocals.

A good time ended up being had by all—especially during the meet-and-greet session backstage, when my family was able to talk with and have their photo taken with the country foursome. For one of her Christmas presents this year, my daughter says she wants an iTunes gift card so she can purchase more country songs for her growing music collection. I don't really want to further her interest in this genre of music. But, then again, it's a heckuva lot cheaper than buying her a horse!



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NEW YEAR'S EVE

IN THE TRI-STATES

Get Your Party On

Continued from page 15

the bubbly? And over at Benjamin's, at 103 N. Main, they'll be importing Chicago band Ronny & the Rockits, a power blues,



soul and rock group, for the evening. Both New Year's events have no cover charge and reservations are not required.



will be host to the "Bond, James Bond" dinner dance, beginning at 8 p.m., with food stations, an open bar, a martini bar, a champagne toast and live music from The Bond Express. Reservations, \$95, are required, and can be made by calling 815-777-5050. Spike's Bar & Grill is hosting a DJ and a night of dancing from 9 p.m. to 1 a.m. For \$10 per person, guests can enjoy a cash bar and free snacks. The catch? First come, first served, and the maximum capacity is 200 people. Get there early and enjoy the night!



BRICKTOWN
DUBUQUE, IOWA

Heading back to Dubuque, another downtown landmark will also be hosting a New Year's celebration: Bricktown will host a New Year's Eve party in the Crystal Room on the third floor of its complex at Third and Main Streets. Beginning with a cocktail hour and followed by dinner, a blackjack hour and a cigar smoke-off (that just sounds dangerous), the night will be topped off with a show by Denver's Dueling Pianos. Straight from the Mile High City, the act is making its first appearance in Dubuque. Previous dueling

Dueling Pianos

piano shows at Bricktown have been smash successes, and this one is sure to not disappoint. Tickets are required; they're \$55 per person, and you can purchase tickets at Bricktown or online at www.etix.com. For more information, call 563-582-0696.

If the action in the Port of Dubuque is more towards your liking (and, hey, between Stone Cliff Winery, Star Restaurant and the Diamond Jo Casino, we can understand

Continued on page 27

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ANGELA KOPPES

THE FACTOR

THE ART OF LIVING SINGLE IN DUBUQUE



Black and White

As 2007 winds to a close, we can't help but look back and reflect on where we have been and where we are going. While acknowledging accomplishments and setting fresh goals for the New Year, we say goodbye to the old and ring in the new. We look back with fondness at the memories made and let go of the not-so-productive moments. Tallying up the year's events, most of us have more successes than failures. From an individual perspective we're probably cruising right along. Just as it is human nature to advance and move forward, the decisions we make affect our outcomes as success or failure. Sure, sometimes it is a one-step-forward, two-steps-back pace, but, we're generally headed in the right direction. Whether we are aware of this or not our personal decisions reflect the larger community in which we live. And since the citizens of the Tri-States are generally fair, nice and hardworking, well, we should be pretty pleased with ourselves. So when it comes to our fair city, what, if any, improvements need to be made?

When I'm searching for answers to life's quirky little questions, I turn to one of my favorite people, my sister. Not just because I know she will always be home to take my call (with her seven children), but because she and my brother-in-law are truly dignified souls. They live their lives with the utmost integrity and honesty, not to mention unlimited patience. They are truly wonderful people and

so I was shocked when I heard my sister retell the following.

Out shopping one day, while my brother-in-law was at work, my sister received fantastic customer service from a very helpful store clerk. Helping her make selections, my sister had a pretty positive experience. It wasn't until she returned later that evening with her African-American husband did Little Ms. Helpful turn into a racist. Suddenly, she lost all her customer service skills and upon their departure, she demanded to look through their shopping bag. (I doubt it was to make sure they had everything.)

I was absolutely appalled about my sister's experience, I was hurt for my family and embarrassed for that woman's ignorance. Yet, admittedly, this shameful behavior happens every day. Although my sister and her husband do not live in Dubuque, I suspect this kind of attitude still remains. To further impose judgments about inter-racial marriage further exacerbates the problem. However beyond my comprehension it may be, to judge someone solely based on physical attributes is a ridiculous behavior as old-fashioned as the horse and buggy.

When citizens of our All-America City look back at 2007, it should be with pride. And while our city sure looks nice, I wonder if we have succeeded in one of the basic fundamentals of an evolving community: That of equal treatment regardless of one's color, religion or socio-economic status. I realize that experiences like that of my sister and her husband happen everywhere, however, it is when it hits closer to home are we forced to cope with its existence. And so in 2008, I will challenge myself and my fellow citizens, to assume that everyone is the kind and decent person we like to think we are.

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NEW YEAR'S EVE

IN THE TRI-STATES

Get Your Party On

Continued from page 25

why), Star Restaurant & Ultra Lounge have your ticket. You are cordially invited to party like a rock star at the Ultra Lounge, as two quickly rising Chicago acts come to town for a one-night-only engagement on New Year's Eve. Gareth Woods, an Irish-transplanted acoustic



For the country-inclined among you, don't worry, you're not being left out in the cold! A special reservations-only, limited-seating show by the Rick Tittle Band, beginning at 9 p.m., has your ticket for holiday fun! This is a special show, as Rick Tittle has announced that he will be scaling back to a limited booking schedule for the year of 2008 ... and, let's face it: The Rick Tittle Band has been entertaining the Tri-State area for more

than 30 years, and if you're a fan of country music, their pickings are a great listen. This writer was introduced to the band when they opened for John Anderson at the Five Flags Theater earlier this year, and they were great. The Eagles Club is located at 1175 Century Road, and you can make reservations by calling 563-582-6498.

And, of course, every bar in the Tri-State area will welcome you on New Year's Eve -- it's one of the biggest nights of the year! Whether you decide to watch Monday Night Football at a sports bar like Lot One or Courtside, or you go hopping down Main Street, or you take a stroll down Central Avenue, or you go out for a nice dinner ... there will be no shortage of options for you to spend New Year's Eve. Have fun, be safe and we'll see you in 2008!



musician, will begin the festivities at 9 p.m., followed by D.J. T-Cozie spinning right into 2008. Come for dinner, stay for the party! Seating is limited and reservations are required, and you can make them by calling 563-556-4800.

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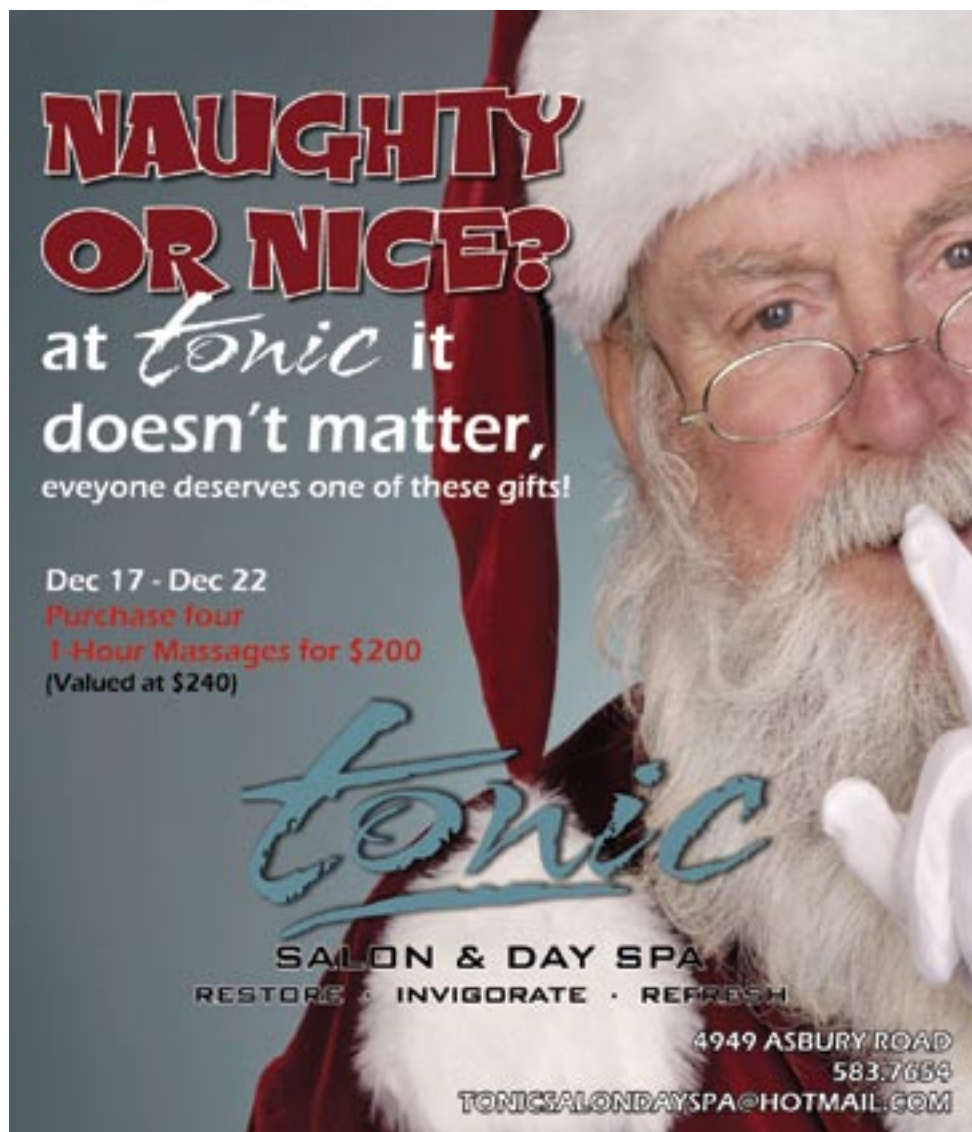
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**DUBUQUE
HEALING ARTS GROUP**

Continued from page 17

Web Design/ Small Business Consulting

While in some ways Cathy Mauk's Web site design and small business consulting might not seem to fit in with the rest of the Healing Arts Group's focus on holistic health, her approach takes the integrative model into the realm of business planning and marketing. Her company, eWEBTRIC, offers Web site design and maintenance, Web hosting solutions, computer training and support, small business consulting, marketing and office set-up – a great person to have around a house full of small business entrepreneurs. While she does help with the marketing materials for the Healing Arts Group, Mauk can also help other would-be small business owners get their ideas off the ground. Call Cathy at 563-213-0873 or e-mail cathymauk@ewebtric.com.

Chiropractic

Newest to the Healing Arts Group is chiropractor Dr. Joel Heer. While Heer lives in Dubuque, he has had a practice in Galena for 15 years. Heer will continue his Galena practice but will add Tuesdays and Thursdays, from 10 a.m. to 6 p.m., at the Dubuque Healing Arts Group beginning now in the middle of December. Heer offers traditional chiropractic treatment or soft tissue techniques as an option. As a chiropractor, Heer appreciates a more integrative approach to health maintenance, especially with other complementary treatment practitioners so close at hand. "A lot of the structural things that I work with are manifestations of stress that can exhibit themselves elsewhere," he explains. "So it's great to have the comple-

mentary care here in the building." Call Joel at 563-557-8977.



Yoga

In addition to the various healing therapies offered by the group, the house is also host to a variety of yoga classes. While the January schedule is likely to change from the current schedule, the Dubuque Healing Arts Group currently offers three different types of yoga practice at different times. Integral Yoga with Joe Hartel is offered on Monday, Wednesday and Saturday mornings. Eigenberger hosts a Hatha Yoga class over the lunch hours Monday, Wednesday and Friday. Jim Earles leads a Kundalini Yoga class Thursday evenings. Check www.DubuqueHealingArts.com for the current or January schedule of classes.

The Group has also hosted energy healing seminars, aromatherapy classes, and will be offering pilates classes soon. Future plans include the creation of an outdoor meditation garden, though looking outside today, that might have to wait a bit. For now, everyone in the group seems happy to have found a home in a historic downtown house and excited about the potential of working together toward expanding the awareness and utilization of healing arts and complementary therapies in holistic health maintenance. Maybe most excited by the Dubuque Healing Arts Group potential is founder Elisa Eigenberger, to the point that she might be a bit surprised how well the various practitioners, teachers, and healers work well together: "The harmony within the group is just amazing." To learn more about the Dubuque Healing Arts Group, visit www.DubuqueHealingArts.com, e-mail Elisa Eigenberger at elisa@dubuquehealingarts.com, or call 563-588-1899.



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The Golden Compass

- A Film by Chris Weitz (*About a Boy*)

In a world with witches, ice bears and daemons, a young girl named Lyra (Dakota Blue Richards) holds the key to preventing a group known as the Magisterium from controlling all of humanity. That key is The Golden Compass and Lyra is perhaps the only person that can read it. You see, if you can read The Golden Compass, you can learn the truth, see what others wish to hide and potentially change future events. For months, children have been disappearing, being taken by Goblers, never to be seen again. When her uncle, Lord Asriel, embarks on a journey to the Arctic Circle to uncover the truth about a mysterious substance known as Dust, Lyra goes with the equally mysterious Mrs. Coulter (Nicole Kidman) and quickly learns that she is not who she claims to be. Lyra escapes with the aid of the Gyptians and with them forms an alliance, which includes witches, ice bears and a Texas airman. A war is brewing and the battle for their world and parallel worlds supposedly accessible via this Dust will take them to places they have only imagined.



The Golden Compass is a visually interesting film full of mystery, intriguing characters, exotic locales and strange machines. Dakota Blue Richards holds her own among some powerful adult actors such as Craig and Kidman. The story is certainly unique but the complicated nature of the multi-layered plotlines gives it a jumbled feel and, as a movie-goer, I felt as if I had missed several bits of vital information. It is almost as if the viewer walked into the middle of a movie trilogy. The interlaced plotlines never really come together, but that is to be expected since this is the first of three adaptations of the book series. And, yes, that means you can expect that you will be left hanging at the end of the film. The story ends at a point that makes some sense but it does leave the audience wondering if the movie is actually over right before the credits roll. As with other movie trilogies, we may have to hold final judgment until the series concludes but, for now, *The Golden Compass* leaves something to be desired. Perhaps those who read the books will have a greater appreciation for the big screen adaptation. As someone who has not, this did not live up to expectations.



ROTTEN TOMATOES

Rotten Tomatoes collects the thoughts of dozens of movie reviewers across the country and averages their scores into a fresh or rotten rating. If a movie gets 60% or higher positive reviews, it is FRESH! www.rottentomatoes.com

OPENING DURING THIS ISSUE



I Am Legend (12/14)

A man-made virus wipes out the entire population of New York City, leaving a virologist (Will Smith) the last human survivor ... in possibly the entire world. He is being watched by nocturnal mutant victims of the plague, however, and time is running out, as they are cannibalistic and he's next on their menu. Will he find any other human survivors ... or die alone?



Alvin & the Chipmunks (12/14)

A washed-up songwriter (Jason Lee), down on his luck and in the dumps, adopts three chipmunks, Alvin, Simon and Theodore, who show a remarkable aptitude for music. In-between driving Dave nuts with their antics and Dave's romantic misfires, Alvin & the Chipmunks form a hit musical pop group. And Alvin wears a gangster hoodie sweatshirt. Yes.



National Treasure: Book of Secrets (12/21)

One of the eighteen missing pages from John Wilkes Booth's diary has been found, and it points to Ben Gates' (Nicolas Cage) great-great-grandfather as a conspirator in the assassination of Abraham Lincoln. Now, Gates seeks to find the President's Book of Secrets.



Sweeney Todd (12/21)

Based upon the wildly successful Stephen Sondheim musical, *Sweeney Todd* follows the title character as he returns to London after escaping a life prison sentence, only to discover that his wife and daughter have been tortured and made to suffer by the judge who had imprisoned him. After drawing upon the assistance of his former landlady, the insane Mrs. Lovett, Sweeney begins to hatch a plot for revenge that will ultimately find all of London the target of his barber's razor.



Charlie Wilson's War (12/21)

"Good-Time Charlie" Wilson, a fun-loving Congressman from the piney woods of East Texas, conspires with a rogue CIA operative and deftly operates the levers of power to funnel money and weapons to the Mujahideen of Afghanistan following the Soviet invasion of their country in late 1979.

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Fred Claus	23% Rotten	*
Hitman	14% Rotten	*
Beowulf	70% Fresh	●
Mr. Magorium's Emporium	38% Rotten	*
No Country for Old Men	95% Fresh	●
August Rush	38% Rotten	*
The Mist	69% Fresh	●
Enchanted	93% Fresh	●
American Gangster	79% Fresh	●

THE BUZZ



- British star James Purefoy, best known for his roles in HBO's *Rome* and the original *Resident Evil* movie, is stepping into the shoes of Simon Templar: *The Saint*. Pre-production has begun on a two-hour pilot film that producers hope will lead to a new television series. Purefoy is stepping into a role that was first made truly famous by James Bond actor Roger Moore, and was most recently portrayed by former Batman actor Val Kilmer.



- Director Tim Burton, who has just finished his adaptation of Stephen Sondheim's musical *Sweeney Todd*, has announced that his next project will be an adaptation of Lewis Carroll's *Alice in Wonderland*. Burton indicates that he plans to stay close to Carroll's source material, which is full of surreal imagery and characters.



- Comedy actor Paul Rudd, famous for his roles in such comedies as *Anchorman* (he was Brian Fantana) and *The 40-Year-Old Virgin*, is set to star in the Dreamworks comedy *I Love You, Man*. The story focuses on a man who is getting ready to be married, though he doesn't have a best man ... so he's off to find a stranger for the part. Yeah.



- Director John Singleton (*Boyz n the Hood*) has stepped up to direct FOX's big-screen adaptation of the 1980s classic television series, *The A-Team*. Producers say the new iteration will be updated from the Vietnam-era setting of the original story, based more on contemporary politics, with the tone more along the lines of *Die Hard* and *Lethal Weapon*.



- Nickelodeon and Dreamworks have announced plans for a new, 26-episode computer-animated comedy series titled *The Penguins of Madagascar*, based on the adventures of, well, the penguins from the film *Madagascar*. King Julien of the Lemurs will also return in the series, set to begin in 2009.



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Bob's Book Reviews

Send in the Clowns

by Bob Gelms

In my life there are four comedians who make me laugh so hard that whatever I happening to be drinking at that moment comes shooting out my nose. In no particular order, they are Jonathon Winters, Richard Pryor, Robin Williams and Steve Martin.



This piece is about Steve Martin's newly published memoir on his years as a stand-up comedian, called *Born Standing Up*. In a way, though, it's about all of them. They all do something that most entertainment people would consider the hardest thing to do in the entertainment world ... they make people laugh. Not in the way of most comics who tell jokes with a set-up and then a punch line. These guys and others like them create barrels of mirth from real life. They tell stories about real life and then bend it a little bit.

When I was a little boy I seem to remember that Jonathon Winters had a TV show, and one of the elements of the show had to do with a huge table of all kinds of weird props that Mr. Winters had not seen in advance. He then improvised using the props, wreaking havoc with me and, I assume, everyone else who was watching. I always thought to myself, how does he do that? Where does his brain go to find stuff that funny?

One of Richard Pryor's shows on DVD has two bits on it that are nothing short of astonishing. Pryor got most of his material from his own life. During one bit he re-enacts his own heart attack while having a conversation with God. It's absolutely hysterical. During the other he talks about an incident in his life that had him in the deepest throes of addiction to crack. He

was smoking crack one day and he set himself on fire. In a panic he ran from his house, on fire. On the face of it this is a catastrophically horrible incident. He was in the hospital for a very long time with pain beyond description. Richard's comment on the episode was, "I found out one thing when you are running down the street on fire ... people get out of your way." How could he translate such devastating pain into something that is uproariously funny?

Robin Williams is not dealing with reality in the same way as the rest of us. Maybe he really is from Ork. His mind works like a laser, targeting the funniest aspects of just about anything that happens to run through his experience and all at the speed of light. How can he think of those things that quickly, and not just one thing but a whole string of things in rapid fire like an automatic weapon?

Steve Martin is in the same class with all these guys with one exception. He has the ability to actually tell us where all that funny stuff comes from. At the time, he was the most successful comedian of all time and he has the presence of mind to actually know how it all happened, sometimes with hindsight, sometimes as it happened. *Born Standing Up* answers obvious questions like what's up with the white suit, the arrow through the head, "excuuuuuse me," happy feet, and a wild and crazy guy.

Like anyone who wants a career in show business badly enough this book gives testimony to the dedication, sacrifice, and heartache that is required for success, so much so that all successful people at some time wonder if it was all worth it. Steve Martin decided it wasn't and in 1981 stopped doing stand-up forever. He walked away from the most lucrative concert career in the history of stand-up.

Between then and now, of course, he has carved out a place on the stage, in television and in movies. He has written plays, movies, novels, short stories, and he is a regular contributor to the New Yorker.

Mr. Martin's comic persona was honed early on. He says, "I did stand-up comedy for eighteen years. Ten of those years were spent learning, four years were spent refining, and four were spent in wild success." Sill, he was described as an overnight success.

He is able to describe with intimate detail and great insight how that comic persona was developed and appeared fully formed in the late '70s. This book is a man looking back on a part of his life he ignored for a long time. It's an affectionate look back and a funny one as well. In the '60s he got an early break at a club in San Francisco called

the Coffee & Confusion. He didn't get paid but he got valuable experience. He talked about the club owner who saw something in him ... not enough to pay him but enough to let him have the stage for a night. "Sylvia didn't know very much about show business, having once told a ventriloquist to move the dummy closer to the microphone," Martin writes. "She was, however, savvy about the bottom line, as evidenced by a sign in the kitchen that said: ANYONE GIVING MONEY TO JANIS JOPLIN BEFORE HER LAST SET IS FIRED!"

In researching this book Mr. Martin ran across a radio DJ's description of a visit Martin made to his show. Steve "launched into a monologue of what seemed like sincere words of friendship."

'Sonny, you know, I've listened to you for years, and I really feel like you've become my friend. I feel like I can ask you this question.'

'Sure, Steve, you can ask me anything.'

'What time is it?'"

I'm laughing my ass off -- you will too!

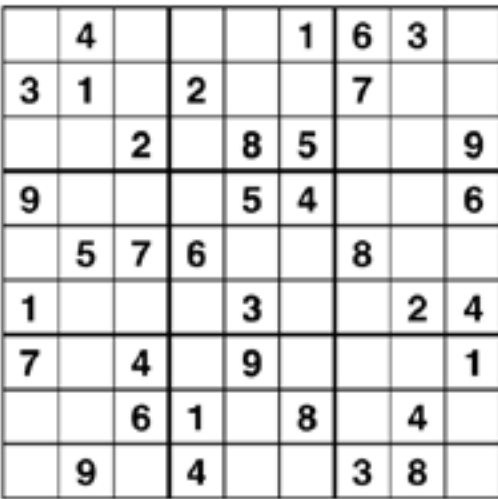


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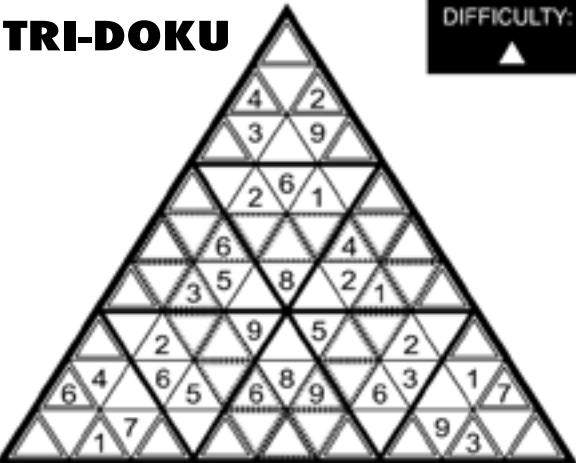
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robertgelms@mchsi.com

WELCOME TO OUR ALL NEW TIME-KILLING 365 PUZZLE PAGE

SUDOKU



TRI-DOKU



DIFFICULTY:
▲

1. The numbers 1-9 must be placed in each of the NINE LARGE triangles.
2. The numbers 1-9 must be placed in the three legs of the OUTERMOST triangle.
3. The numbers 1-9 must be placed in the three legs of the INVERTED INNER triangle.
4. No two neighboring (touching) cells may contain the same number.

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Peril	— N — — —	Short knife	— G — — —
2. Tote	— A — — —	Highly spiced dish	— U — — —
3. Tea pot	K — — — —	Put down roots	S — — — —
4. Pie	— S — — —	Larder	— N — — —
5. Champagne glass	— — — T —	Stroke of luck	— — — K —
6. Like Perry Mason	L — — — —	Finn's pal	S — — — —
7. Procession	— — — — O —	Express	— — — — E —
8. Razor edge	— — — — D —	Assess fault	— — — — M —
9. Occupation	— — — — — R	Zigzag	— — — — — N
0. Seashore find	— — — — — L	Mantelpiece	— — — — — F

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Super Crossword

CLEARLY
STATED

ACROSS	of . . . host	111 Arbitrary order	9 TV Tarzan	actress	101 Exploit
1 Brent	56 OKLAHOMA	113 Sluggish	10 Part of USAR	49 2,055, to Tiberius	102 Onassis' nickname
5 Greenhouse items	61 Hold forth	116 IDAHO	11 Klugman co-star	51 Jungle bird	103 Anny
8 Novelist	62 Tijuana title	120 Phillips of "UHF"	12 Michael Crichton work	53 "All in the Family" spin-off	109 Souffle ingredient
14 Future	64 Podiatric problem	121 Chicken — king	13 Patrons	54 Playful fisherman	110 Climax
19 Midwestern officer	66 Actress	122 Dollop	14 Hubbard or Tjader	55 Long for	112 Amos or Spelling
20 "Type" sequel	67 Cabbage cousin	123 Melodious McEntire	15 Vigoda of "Fish"	57 NASA	114 Snowballs, sometimes
21 Reveal	70 Shoe part	127 "Archie" character	16 St. Andrews club	58 "Confound it!"	115 Like some smiles
22 Put up with	73 Master	131 Fit for a king	17 Minnesota city	59 Order of the czar	116 Nobelman
23 ARIZONA	74 Strauss' "— Rosenkavalier"	134 FLORIDA	18 Tauber or Thill	60 Resident	117 Hilo hello
26 "The Boys From Brazil" author	75 Clump	139 "My Friend Flicka" author	19 Sopranos	61 Try again	118 Palindromic pirogue
27 Zola or Darkheim	78 VIRGINIA	140 Spine-tingling	20 Aussie walker	62 — majesty	119 Some woodwinds
28 Elvis, for instance	82 West ender?	141 — Hari	21 Hammer feature	63 Record	124 Jane Austen novel
29 "Holy cow!"	83 Pindarc poem	142 Hastened	22 Word on a fuse	64 EPA	125 Gentle Ben, for one
31 Lennon's lady	84 Hog heaven?	143 Uncovered	23 Actress Singer	65 "Captain Blood" snarl	126 Actress Nielsen
32 SASE, e.g.	85 "My word!"	144 English county	24 River reptile	66 "Effluvia"	128 Rock's — Players
34 WASHINGTON	86 Sounds like a Shorthorn	145 Certain Semite	25 Vacuum-tube gas	67 Kind of pitcher	129 Pursue material
40 He engages in brute force	88 "Mazel —!"	146 Draft device	26 Actress Singer	68 — Lanka	130 Mahler's "Das Lied von der —"
45 "Porgi —" (Mozart aria)	89 Sense	DOWN	27 School founded in 1440	69 "Captain Blood" snarl	131 Fictional colie
46 Tallow source	90 Speck	1 Joah Sutherland's title	28 "Crazy" (80 film)	70 Senator Cochran	132 Exist
47 Demolish dessert	92 Carve a canyon	2 Hoss' big brother	29 Networks	71 Christianity, today	133 Fictional colie
48 Composer Khachaturian	96 The Little Mermaid	3 Actress Austin	30 Uncommon	72 Gloomy	135 Hosp. areas
50 "— Night" (80 film)	98 INDIANA	4 Leg joints	31 School founded in 1440	73 Coveit	136 Casino cube
52 "In Search	104 Nobelist Sachs	5 Taro concoction	32 Significant years	74 Wells creatures	137 Saxophonist Benke
	105 Ahmadabad attire	6 Word form for "all"	33 "Monsieur Verdoux"	75 Literary pseudonym	138 Fairy queen
	107 "64 Murray Schisgal play	7 Barber Sweeney			
	108 Draft status	8 Mediocre			

HOCUS-FOCUS BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Santa's boots are black. 2. Building is shorter. 3. Truck pattern is different. 4. Car wheel is black. 5. Boy's coat has pocket. 6. Santa's beard is longer.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals C

NJ S LPBCPU ASI S HWONVI SC
XSOLSHNOH, EW BPVQL XW
BSQQWL "CEW ANTSUL
PJ HSVTW."



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MEGA MAZE



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TRIXIE KITSCH BAD ADVICE FOR THE STUPID

Dear Trixie:

I was robbed downtown last month and was so freaked out I didn't leave my apartment for three weeks. The only way I was able to go back to work was that I bought a small pistol and I carry it with me everywhere. I've practiced at the shooting range and am pretty accurate although I'm not sure how well I would do if I ever have to shoot at actual human beings. What can I do? --V for Victim

Dear Victim:

Don't think of them as human beings -- think of them as useless paper targets.

Dear Trixie:

I like tequila. I like it in coke or orange juice or straight out of the bottle. My wife says I come home drunk and act mean. She says I throw stuff around the apartment and beat her up. I honestly don't ever remember busting up anything or hitting her. She says she thinks I am an alcoholic. Do you think I have a drinking problem? What am I doing wrong? --Jose Cuervo

Dear Jose:

Yes, you have a drinking problem. You are not drinking nearly enough. If you were drinking the proper amount of tequila you'd be unconscious in a ditch and unable to wreck your house or hit your wife. Better luck next time.

Dear Trixie:

I am having a fancy dinner party. I will be using my mother's silver and my grandmother's fine linens. How are formal linen napkins folded? --Kris N.

Dear Kris:

With the hands.

Dear Trixie:

I have been in love with my girlfriend for three years. I would do anything for her. I have put up with her cheating on me and the humiliation that comes with the whole town knowing how gullible I am. I took her back and forgave her and now she told me she wants to break up with me. I can't seem to get over her dumping me. I cry all the time and my chest hurts. How can I get over this pain? --Heartbroken

Dear Heartbroken:

I always felt better if I could break something of his that he valued. Like his clavicle.

Dear Trixie:

My vegetarian friends have invited me to a potluck. We are all supposed to bring a dish. What goes with soy tofu and hummus? --Bob

Dear Bob:

Vomit?

Dear Trixie:

The roommate I was assigned has turned out to be a born-again Christian. I can't turn around without her trying to convert me. What can I do to get her to move out? --Cool College Girl

Dear Cool Girl:

Try taking the Lord's name in vain while having sex in her bed. If that doesn't work then go with the old standard: Crack smoking and loaning her clothes to friends. Ah, the memories of my college days.



Dr. Skrap's completely useless HOROSCOPES

ARIES If your loved one does not speak up and tell you what they want for Christmas, it is acceptable for you to get them something you really wanted. Or, at least, I hope it is.

TAURUS Remember that you don't always need to be super-nice and always going out of your way to do special things for your significant other. Just don't get grumpy when your request for your eighth back rub of the night is answered with dishes flying towards the general vicinity of your head.

GEMINI Many Dubuquers tend to put chains on their car's tires at the sight of a single snowflake. Don't be one of those people. By all means, prove Darwin right and zoom down Highway 20 at 70 miles an hour in a Fiero. Just make sure there's a video camera to record your last moments for YouTube.

CANCER Chicken wings are calling you ... the Bears will be on Monday Night Football ... hey, sounds like a recipe for a great night, right? Well, until they lose and you OD on chicken wings. Let it go ... the aftermath of the next morning just isn't worth it.

LEO Dirty clothes do not magically become clean just because they've sat at the bottom of the pile for two months.

VIRGO Wendy's offers the Baconator sandwich. This is an insult to your entire existence. Be who you were meant to be. You are the master of bacon investigation and elimination. You are the Baconator. Baconate that silly sandwich.

LIBRA Blast excessively loud pop music from your home stereo when you randomly feel like it. If your neighbors complain, tell them that you're simply listening to the instructions of Elvis Costello, and that if you have indeed pumped it up to the point where they can feel it, you've done your job.

SCORPIO As frustration mounts this holiday season, between work, family and everything else between ... when the time comes, don't be afraid to snap. Go to a hotel, grab two packets of hot cocoa mix, and fall to your knees, cursing the world with packets clenched in your fists. Just because.

SAGITTARIUS Order taco pizza from Happy Joe's for your company's Christmas party. It's just zesty enough that anyone can eat it ... and when your boss grabs a piece, you can spike it with Tabasco sauce. That poor sap. That'll show him to take away your stapler.

CAPRICORN Instead of preparing for your big presentation to a huge client next week, why not take a vacation in the Bahamas? Sure, you won't get the contract ... but you might have failed anyway. Just saying.

AQUARIUS Listening to the Doobie Brothers does not mean you should begin smoking a doob. Wait for your buddy to do it, and then mooch from him.

PISCES The next time your annoying male co-worker just won't shut up with the story of his latest escapades in Las Vegas, simply turn to him and inform him, "Good sir, in the day of chimanzees, I was a monkey." He'll either leave, or believe you have butane in your veins.

PUZZLE ANSWERS from page 27

Sudoku

8	4	5	9	7	1	6	3	2
3	1	9	2	4	6	7	5	8
6	7	2	3	8	5	4	1	9
9	2	3	8	5	4	1	7	6
4	5	7	6	1	2	8	9	3
1	6	8	7	3	9	5	2	4
7	8	4	5	9	3	2	6	1
5	3	6	1	2	8	9	4	7
2	9	1	4	6	7	3	8	5

Tri-Doku

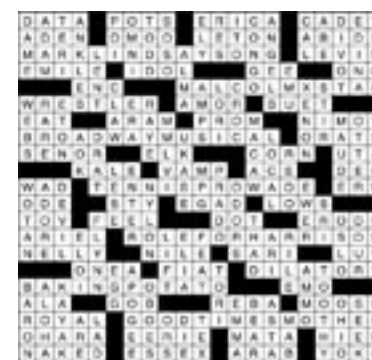


Cryptoquip

answer

If a doctor was a genius at bandaging, he could be called "The Wizard of Gauze."

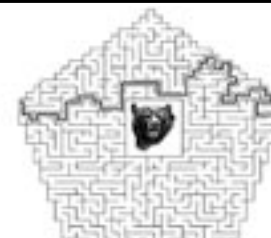
Crossword



Even Exchange

1. Strait, Strain
2. Batter, Bitter
3. Jacket, Packet
4. Cadet, Caret
5. Recent, Relent
6. Lawyer, Sawyer
7. Convoy, Convey
8. Blade, Blame
9. Career, Careen
10. Shell, Shelf

Mega Maze



365 POP QUIZ?

THE ANSWERS Questions on Page 6

- 1) D; Doobie drummer Ed Toth drummed for Vertical Horizon until 2005.
- 2) A; Reiki practice dates to a Buddhist monk in 1922.
- 3) C; gluhwein translates to "glowing wine."
- 4) The Golden Compass is the first part of the His Dark Materials trilogy.
- 5) Steve Martin's career began as a magician at Disneyland.
- 6) B; the calendar that ends on December 31 is the Gregorian calendar.
- 7) D; 25 percent of American personal spending takes place during the holiday shopping season.
- 8) B; the New Year's crystal ball in Times Square weighs 1,070 pounds.
- 9) The current Diamond Jo features High-Steaks, the Lighthouse Grill and the Diamond Deli. And they're all good.
- 10) FALSE! According to VISA, the Saturday before Christmas Eve is the busiest shopping day of the year.



Continued from page 5

observes, "In some markets, the audience for live music skews to a younger demographic, but in this area there's a broader base for live music that cuts across multiple generations."

In addition to booking a wide variety of national touring acts – classic rock, adult contemporary, jazz, country, etc. – the Mississippi Moon will also host performances by area bands giving greater exposure to local acts. "Through this venue we are certainly cognizant of the local music scene and hope to enhance what is already going on," said Moyer, "We're not just building a casino. With the theater, the bowling alley, the restaurants

– it all adds up to an entertainment destination."

Already a key component of America's River Phase II, the entertainment complex creates an even better fit with partners like the Smithsonian-affiliated National Mississippi River Museum and Aquarium and oth-

er existing Port amenities like the Grand Harbor Resort and Waterpark, Stone Cliff Winery, and Star Restaurant in the historic Star Brewery. But the potential impact doesn't stop at the Port.

Moyer points to the project's potential in the broader tourism market and how the Mississippi Moon could draw music fans from a wider radius to Dubuque. Having a signature music theater in the mix of downtown live music venues sets the stage, if you will, for a more vibrant overall music scene. "This entire entertainment complex will draw people to Dubuque," says Swain. "Music fans will come to see concerts by their favorite bands and realize that Dubuque has great shops, great restaurants, great nightlife, and a thriving live music scene."

Moyer echoes the point, "We're excited to see more growth in downtown Dubuque," he notes, regarding expanding shopping, restaurant, and nightlife options. "All these things make Dubuque more of a destination."

That's a good thing for both casinos, and a wide variety of tourism and entertainment-based businesses. Understanding the psychology of attraction, Moyer adds, in simple, straightforward terms, "People go where people go." If attendance at the Doo-

bie Brothers' America's River Festival concert this summer is any indicator, they'll be going to see the band in the intimate theater named for one of their biggest songs.



The Diamond Jo Casino is no stranger to hosting great live music. They regularly sponsor music festivals throughout the community and have hosted incredible concerts portside from Joan Jett and America, to Lee Greenwood and Herman's Hermits.



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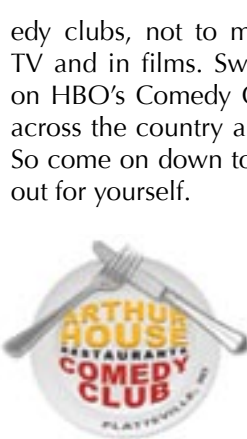


Stefano

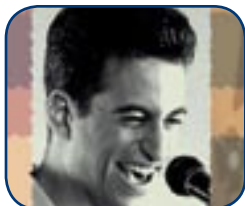
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Friday & Saturday, Dec. 14 & 15, 9 PM
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Back to Wisconsin for the holidays - Stefano is a MUST-SEE act. Don't miss this incredible show; if you love the Muppets Christmas you'll be in for a great treat!



edy clubs, not to mention his work on TV and in films. Sweeney has appeared on HBO's Comedy Central. Newspapers across the country are raving about him. So come on down to Bricktown and find out for yourself.



RON FEINGOLD

Wednesday, December 19, 9 PM
Bricktown Entertainment Complex

You have heard him on Bob & Tom & you can see him LIVE at Bricktown. Mark tours all over the country playing at com-

BENGT WASHBURN

Friday & Saturday, Dec. 21 & 22, 9 PM
Arthur House, Platteville, WI

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JASON RUSSELL

Wednesday, December. 26, 9 PM
Bricktown Entertainment Complex

Jason's style of comedy is silly, hard hitting, and real. His strong personality, high energy, and quick sense of humor enables him to handle any situation. Jason has performed with Martin Lawrence, from the TV series *Martin*, and Tommy Davidson from *In Living Color*. A must see performance ... GUARANTEED laughter!



THE BARSTOOL SPORTSMEN

Saturday, December 29, 9 PM
Arthur House, Platteville, WI

They're the guys sitting around on a barstool at the local watering hole telling about the one that got away ... again. www.barstoolsportsmen.com.



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