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JULY 6-JULY 19, 2023 ISSUE #438

#### THE INKWELL



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#### **COVER**

18 Mud Lake Bluegrass Sundays Bluegrass music returns to Mud Lake Park for another year of free, family-friendly entertainment

#### **FEATURES**

- Colts Music on the March
- 30 Louisburg Junction Supper Club

#### **SECTIONS**

- **Events**
- 16 Arts
- 20 Nightlife
- 30 Columnists

#### WHERE'S MIKE?



We've hidden Mike somewhere in this issue of 365ink. Can you find him?

#### 365ink Magazine

432 Bluff St, Dubuque, IA 52001 563-588-4365 info@dubuque365.com Dubuque365.com Facebook: @dubuque365 Instagram: @365ink

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My wicked smaht, super hard-working wife spends a lot of time on the road each week, and it seems to get to me more all the time. Such is life when you're in charge of things instead of just a worker bee. She's an architect and mainly designs commercial buildings; her wheelhouse lately has really been libraries. She's the queen of libraries who rules over her project with a velvet hammer. Her clients love working with her, and if you know her, you know exactly why. She cares a lot about every one. Contractors might not like having a "girl" tell them they're doing things wrong, but that's their hang-up. Heck, she cares about Dubuque's library so much that she's on the Library Board and, hey, that's her smiling face on the banner on the front of the Carnegie-Stout Public Library in Dubuque. Maybe library whisperer?

So, like I said, she's driving quite often to cities like Sun Prairie, WI or Sparta or Delavan as well as cities well into Illinois. So, she puts a lot of miles on the car which means miles on the podcasts and Audible books too.

But one thing she has trouble with is eating good food while she's on the road. She's gluten-free, and it's not always easy to find quickly accessible and easy gluten-free things to enjoy out there. And, let's face it, when you're in lunch meetings you didn't organize, gluten-free is quite often not a thing they think about when ordering catering. So she makes due. She likes her carrots, but she also really likes cookies. Probably a little too much. Who doesn't? And heck, when you break into a box of cookies, what are the chances that the whole box doesn't disappear during a 3–5 hour road trip? Not good!

So she's been lamenting that she eats too many cookies and gluten-free crackers and convenient carb-based snacks on the road and wants better options but doesn't know what to do. So I decided to bring her into the world of the latest fad snacking trend, and I secretly got her some snakleboxes!

Maybe you know what these are already, but if not, imagine a Tupperwarestyle compartmentalized storage box, like a fishing tackle box, where you can load up a variety of different items in the same container, some dry, some wet, but generally all okay to spend some time in the front seat of the car. Now, I didn't actually get a tacklebox or even an uber-compartmented organizer, but rather a set of 4 decent-sized Bento boxes, designed for sushi and other Asian foods. But they were perfect for my plan.

The funny part is I had to make the first one while she was home, and she notices



EVERYTHING! So I was sneaking ingredients while she was getting ready for bed, and she kept going where I thought things were safely hidden, and it was driving me nuts. So I finally gave up and went to bed, then got up a couple hours later and finished the first box while she was sleeping. It had cut carrot sticks, celery with almond butter on it, a little medium cheddar, a spicy meat stick, fresh fruit (blueberries are her favorite), and some roasted almonds or trail mix. Five compartments in all, loaded up with goodies... and no bread or crackers to be seen!

She found it in the fridge the next morning, and I got an extra big kiss goodbye. She came home that night enamored with her new road snack discovery. And I promised I'd make them whenever she had road trips. She quickly amended my comment. Forget road trips, she wants a snacklebox everyday, even when she's at the office! They can replace her lunch, apparently. So everyday it is!

Go figure that she got extra excited when she saw that the boxes came in four different colors! Since she's up and gone long before I wake up each morning, it's one thing I can do to make her resent me just a little less for still being in bed. I'd resent me too... sleeping in like a slothy Gen Z teenager. But hey, here I am writing this at midnight, so see, I pack my work hours into the end of the day.

She likes what she likes, so the boxes don't change a lot, but I try to switch up things a bit, and I admit she now gets a small allotment of cookies in one of the compartments. I mean, you can't expect her to go cold turkey, though the spicy meat sticks are actually made of turkey. These boxes seem to give her immense joy, and they usually come home empty.

It's such a small amount of work each night, and now she sometimes packs her own. But I do like to do it for her if I can. So if you are having similar struggles to get through your work day without wanting to murder someone due to ravenous hunger and no options to soothe the savage beast, look into the snacklebox. It's like meal prep but more fun. I mean, who doesn't like snacking their way through the day? I just need to buy a hell of a lot more celery than we ever did before. Organic, of course! I'm not a monster. #husbandofyear







## **Taste of Summer**

JULY 6 AND AUGUST 3 @ 5-10 PM
NATIONAL MISSISSIPPI RIVER
MUSEUM & AQUARIUM (350 E 3<sup>RD</sup> ST)
Sample some of Dubuque's finest
culinary creations at two remaining
installations of Taste of Summer at the
National Mississippi River Museum &
Aquarium boatyard and plaza areas

Food vendors will compete for the prize of "Best Vendor" at each of the events.

on July 6 and Aug. 3 at 5-10 p.m.

July 6 vendors include Caroline's Restaurant, Versus, Hot Diggity Dogz, Old Arthur's Barbecue, Koppes Kreations with music by Joie Wails at 5 p.m., Adam Beck at 6:30 p.m., and Back Booth Alley at 8 p.m.

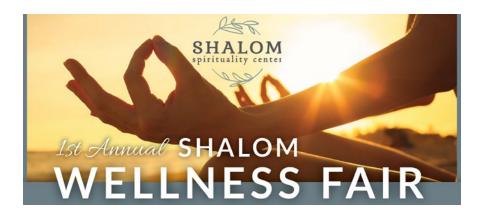
Aug. 3 vendors include The Crepe Iron, Birds Chicken Food Truck, Magoo's Pizza, and Vesperman Farms Ice Cream Truck with music by Boys of Lloyd at 5:30 p.m. and Boogie Monster at 8 p.m.

Live music, food trucks, and a beer/seltzer stand will have items for sale.

A limited number of picnic tables will be available, so you may want to bring a lawn chair or blanket to enjoy your food and tunes in the grassy areas.

Taste of Summer is open to all ages and is free to attend. Both beverage sales and freewill donations support the River Museum's conservation efforts to save endangered species. Free parking is available in the public lots outside the River Museum.

For more information, contact the River Museum at **563-557-9545** or visit **rivermuseum.com/taste**. ■



# Shalom Community Wellness Fair

SATURDAY, JULY 8 @ 10 AM-2 PM SHALOM SPIRITUALITY CENTER (1001 DAVIS ST)

Join Shalom Spirituality Center for their 1st annual Community Wellness Fair. Head to the Shalom campus on Saturday, July 8, from 10 a.m. to 2 p.m.and visit with local community vendors specializing in all facets of wellness

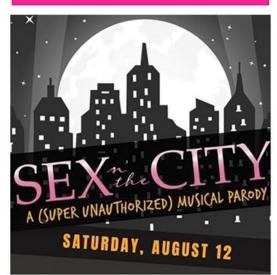
Learn about the practices, tools, and resources our local community vendors offer to promote, improve, and maintain your overall spiritual, physical, mental, emotional, and environmental well-being. Enjoy live music by Scott Cornwell (10–11:30 a.m.) and Denny Garcia (noon–1:30 p.m.); Chew On This, a local German-inspired food truck; giveaways; a raffle; and more.

The Shalom Community Wellness Fair is free to attend and supports the Dubuque County Watersheds and the Sister Water project. For more information, contact Shalom Spirituality Center at **563-582-3592** or visit **ShalomRetreats.org**. ■

# FIVE FLACS GENTLER

# THE TRI-STATE AREA'S ENTERTAINMENT DESTINATION





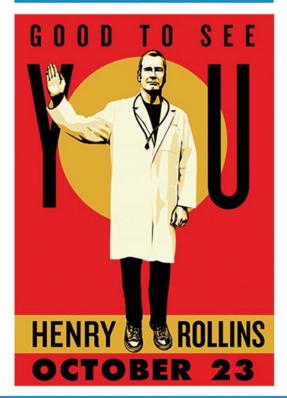


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FIVE FLAGS CENTER - 405 MAIN STREET, DUBUQUE BUY TICKETS ONLINE AT FIVEFLAGSCENTER.COM





## Saturday July 15, 2 PM

The River City Boys bring the "Salute to The Songs of The Statler Brothers" tribute to the 2002 "Farewell Concert". "Flowers on the Wall", "Do You Remember These", "Do You Know You are My Sunshine" and more!

Tickets: \$22 (advance) / \$25 (door)





# Delaware County Fair

DELAWARE COUNTY FAIRGROUNDS (200 E ACERS ST, MANCHESTER, IA) Located in Manchester, IA, the Delaware County Fair continues to provide the best summer entertainment on July 10–16. From local 4H, FFA and other youth organization exhibits to outstanding grandstand events, this

year's fair is sure to have something for every age! With so much to do, you and your family will find there's not nearly enough time to experience everything the county fair has to offer.

The main events include a parade and free inflatables on July 10; ATV/UTV/golf cart races on July 12; Prairie State Mini Rod Pulls, Gettin' Hooked Tractor Pull, and Fantasy Truck & ECI Tractor Pull on July 15; Draft Horse Show on July 15 and 16; and demo derby on July 16. This is all in addition to carnival rides, hypnotist, teen dance, hog diggity dog, farmer for a day chores, rock-n-circus, trivia night, and chainsaw carving show.

If that's not enough, there are concerts with Josh Baldwin on July 12, REO Speedwagon on July 13, and Carly Pearce with Aaron Watson on July 14.

For tickets and more information, visit **DelawareCoFair.com**.

## PechaKucha Dubuque: Volume 19

WEDNESDAY, JULY 12 @ 6:30 PM SMOKESTACK (62 E 7<sup>TH</sup> ST)

After three years, PechaKucha is back in Dubuque for Volume 19 on Wednesday, July 12 at 6:30 p.m. at Smokestack.

Every story is unique. Come hear local stories from passionate people. Presenters share their stories using 20 slides and a limit of 20 seconds

per slide. Dubuque organizers strive to curate presenters who can share an eclectic variety of stories.

PechaKucha (meaning chit-chat)
Night is an international project that
started in Japan in 2003. It started as
a way for young designers to meet,
network, and show their work in public.
It has turned into a massive celebration, with events happening in hundreds of cities around the world.

This event is free with food and drink available to purchase. View previous presentations and learn more at **pechakucha.org/cities/dubuque**.



# The KLIMB Classic

JULY 13-16 @ 8 AM-5 PM JACKSON COUNTY FAIRGROUNDS (1212 E QUARRY ST, MAQUOKETA, IA)

The 4th Annual KLIMB Classic is a large dog sports event held at the Jackson County Fairgrounds on July 13–16 at 8 a.m.–5 p.m. More than 400 dogs from across the US will be competing. Cheer on the top dogs from a variety of sports including diving dogs, disc dog, fast cat,

and barn hunt. Well mannered, leashed, and vaccinated pets are welcome.

Diving dogs is a canine sport in which dogs are enticed to run the length of a dock and leap as far out into the water as possible to compete for height or distance.

Disc dog is a sport where dogs sprint, leap, and fly to catch thrown discs. This beginner-friendly sport is a blast to watch.

Fast cat is a coursing test where dogs chase a lure simulating a bunny for a 100-yard dash. Dogs run upwards to 20 miles per hour!

Barn hunt is a sport where handlers and dogs work together to locate and alert to hidden rats in protective tubes through an maze of straw and hay bales.

Don't miss the freestyle disc performance on Saturday from 11 a.m. to 1 p.m. plus family fun and entertainment.

The KLIMB Classic is free and open to spectators of all ages. For more information, visit facebook.com/Blue9PetProducts.

#### THU **7/6**



#### **Shullsburg Music in** the Park

6:30-8:30 PM @ BADGER PARK (SHULLSBURG, WI) Thursdays July 6-Aug. 3. The 20th Annual Music in the Park Concert Series offers music from a variety of area artists throughout the summer. Music lineup: 7/6: The Midnight Band, 7/13: Windows, 7/20: Reverend Raven & The Chain Smokin' Altar Boys, 7/27: The Jimmys, 8/3: Classical Blast. Free nightly prize drawings are also part of the concert's agenda—in addition to the unveiling of a brand new stage! Food and beverage will be available for purchase at each event, with different vendors and offerings at every show. Concert goers are encouraged to

bring their lawn chairs or blankets. All ages. Free. 279 Estey St, Shullsburg, WI. shullsburgmusic inthepark.com.

#### SAT **7/8**



#### Day at the Farm: Picnic & Play

11 AM-1 PM @ BERNING ACRES (EAST DUBUQUE, IL) July 8 and Sept 2 Bring the family for a beautiful picnic in the lawn overlooking the fields and horses playing. Eniov homemade baked goods like croissants and rolls along with veggies, fruits. and wholesome dairy products. Paired with a beverage of your choice. Then, tour the farm and interact with the animals. Milk a cow, give a calf her bottle, help with farm

chores, or get cuddly with one of the farm friends (goat, sheep, pig, pony or, maybe a duck). Head back to the shop for ice cream. Beverages include sparkling canned waters, wines, seltzers, milk, soda, and bottled water. \$65. 8850 N Menominee Rd. East Dubuque, IL. 563-543-8936. berningacres.com.



#### Crowd Lovers Car Meet

4-7 PM @ MCGRAW HILL PARKING LOT 2<sup>nd</sup> annual Billy's Memorial fundraiser. All cars trucks, motorcycles, make and model welcome, 50/50, raffle prizes. food, activities, T-shirts. Donations go to Dubuque Humane Society. Rain date July 9 at 11 a.m.-2 p.m. \$10 vehicle. 501 Bell St.

#### SUN 7/9



#### **Mowing to Monarchs Native Pockets Tour**

9 AM-NOON @ VARIOUS LOCATIONS IN DUBUQUE Mowing to Monarchs (M2M) is a program established by the Dubuque County Conservation Board and the Dubuque **County Master Gardeners** to provide resources and tools to private landowners to convert turf grass into a pollinator-friendly habitat. Since the program was established in 2020 over 180 landowners have converted nearly 120,000 square feet of turfgrass to what is defined as native pocket habitat throughout Dubuque County. See some of these turf-to-native pocket conversions and how they are maturing. There will be five

sites included on this tour. The sites have been chosen to highlight native plants, unique landscaping, and good gardening practices. Find examples of mature native pockets, recently planted pockets, hellstrip pockets, and partial shade pockets. **DBOConservation.** eventbrite.com



#### **Mystery Dinner Theater: Fast Times** at Stone Cliff High

5 PM @ STONE CLIFF WINERY A totally tubular '80s trivia night with murder, mayhem, and mixtapes. Presented by the Brew Ha Ha Players. Includes a four "corpse" meal and show. RSVP. \$69.99. 600 Star Brewery Dr. 563-583-6100. stonecliffwinery.com.

#### TUE **7/11**



Family Pottery: **Bird House and Bird** 1-5 PM @ GALENA ARC

(GALENA, IL) July 11 and 25. In this 2-day workshop, use slab building techniques to create your own 3-D bird house and clay bird, then glaze with multiple fun colors for truly unique pieces. Includes clay, glazes and two instructor firings. Ages 8-adult. \$70. 11084 W US Highway 20, Galena, IL. galenaarc.org.

# Ready for homeownership



For years, Caren and Bill Sperfslage rented their home, hoping to buy it eventually. But they needed guidance—and someone to believe in them.

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EVENTS 365





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THU **7/13** 

#### Live @ The Plaza: Bike to the Plaza

5-8 PM @ GREEN STREET PLAZA (GALENA, IL)
Enjoy the bike-themed event and giveaways.
This family-friendly event features regional musicians, performers, food, and drinks. Free. 110 Green St, Galena, IL. 815-776-9200. visitgalena.org.



#### Movie Screening: Are You There God? It's Me, Margaret

6 PM @ CARNEGIE-STOUT
PUBLIC LIBRARY
Based on the classic novel by
Judy Blume, Are You There
God? It's Me, Margaret is a
coming-of-age comedydrama about 11-year-old
Margaret who struggles
with life, friendship, and
adolescence after moving
from the city to the suburbs.
The movie is rated PG-13.
360 W 11th St. 563-589-4225.
carnegiestout.org.

FRI **7/14** 



#### Couples Cooking Fun: Home Chef 101: Knife Skills

6-7:30 PM @ GALENA ARC (GALENA, IL)

(GALENA, IL)
Do you want to learn or perfect your knife skills while learning how to make tasty summer appetizers? Lynnie will teach you how to use garden veggies to make salsa fresca and bruschetta crostini. Each team will need to bring a chef knife, serrated knife, a paring knife, a medium plastic container with lid, and a sheet pan or platter to take home treats. Bring your favorite wine, beer, or beverage to

enjoy during class. You can also sign up as an individual and create your items solo, cost is still the same. \$45/ team. 11084 W US HWY 20, Galena, IL. **815-777-2248**. **galenaarc.org**.

SAT **7/15** 



## Alice in Wonderland Escape Room

9:30 AM-3:30 PM @ DBQ **COUNTY LIBRARY ASBURY BRANCH (ASBURY, IA)** Also on July 17 at 1 p.m. at Epworth branch, Alice spent most of her time in Wonderland solving riddles and puzzles! Search for clues, crack codes, and use a little nonsense to solve the mystery before your time runs out. Suggested groups of 3-6 people with at least one adult. Register for a half-hour time slots. Ages 8+. 563-582-0008. dubcolib.org.



#### Ski Bellevue Water Ski Show Team

4 PM @ SOUTH OF LOCK 12. RIVERVIEW ST (BELLEVUE, IA) July 15 and Aug 19. Enjoy great family entertainment with bare-footing, jumping, human pyramids, glittery costumes, great music, and powerful towboats. Ski Bellevue is Bellevue's own water ski show team. They are one of only four water ski show teams in Iowa and the only one to perform on the Mississippi River. Check them out north of Lock 12 for practice. Ski Bellevue is always looking for new members of all ages and skill levels. Free. facebook.com/skibellevue.

#### SUN 7/16



11 AM-1:30 PM @ GOLDMOOR

#### Cooking Class: Tortellini and Agnolotti

INN (GALENA, IL) Goldmoor Inn is excited to reintroduce cooking classes in their premier show kitchen. Learn how to make pasta dough and how to shape tortellini and agnolotti. Participants will be able to take pasta dough home to make pasta with family and friends and also take home pasta made in class to enjoy with friends and family. Ticket includes 1 glass of wine/champagne, 1 charcuterie board (per 3 people), main course of morel agnolotti, and a delicious mini strawberry trifle dessert. \$80.9001 W Sand Hill Rd, Galena, IL. 815-777-3925. goldmoor.com.

#### TUE **7/18**

#### Coming to America: Immigration in the United States

6 PM @ CARNEGIE-STOUT PUBLIC LIBRARY

Eddy G. Weiss, a professional in the field of refugee resettlement, will give a fair and unbiased presentation about immigration in the United States that will include facts and personal stories. Eddy G. Weiss has nearly three decades of experience in emergency and disaster response and has worked in the world of immigration under four White House administrations. His presentations are not political, but rather speak to the humanity and unique challenges of immigration issues. Free. 360 W 11th St. **563-589-4225**. carnegiestout.org.

Hiring bonus for part time \$2,000

\*CNA not required

FEATURE STORY 365

# Colts Celebrate 60 Years With Competition At Dalzell Field

In the spring of 1963, after hosting a drum corps show for several years, the American Legion Post #6 in Dubuque decided to start its own junior corps. An ad in the paper asked for boys interested to come to a meeting at the American Legion Hall. The boys were given old bugles and drums from the senior corps. The adult corps was known as the "Dukes of Dubuque," so

The Colts have grown to become one of the longest lived and most consistently successful drum and bugle corps in the activity. In 1967, the organization began a feeder corps for younger students in the area. Going through many name and identity changes throughout the 1960s and 1970s, the organization finally landed on the name "Colts" for the older corps and "Colt Cadets" for the younger corps in 1976. That

the corps adopted the name the "Junior Dukes."

same year, the Colts sponsored a winter guard that quickly earned national acclaim. The guard captured the prestigious Midwest Color Guard Circuit Championship, and later that year won the V.F.W. National Color Guard Championship.

Since then, the organization has grown considerably, and annually impacts more than 500 students – through the two drum corps, summer band, and a world percussion program – as well as thousands of fans who see the groups perform every season. The Colts have experienced significant competitive success, placing in the Top 12 at the Drum Corps International World Championships nine times since 1993 and in the Top 25 every year since 1982. The Colts Cadets have also had competitive success, placing in the Top 12 at the DCI Open Class Championships eight times since 2010.

The Colts mission, "We use music and excellence to teach each other about success in life," is the driving force behind all the programs offered and pushes the organization to constantly provide the best student experience in the activity.

#### **Alumni Gather For 60th Festivities**

Alumni, former staff, and parent volunteers from throughout the decades will celebrate the 60th anniversary of the Colts Youth Organization with a gathering at Eagle Point Park on July 13, from 4:00-8:00 p.m. in the Riverfront Pavilion. Two local food trucks will be on hand for those wishing to get a bite to eat.

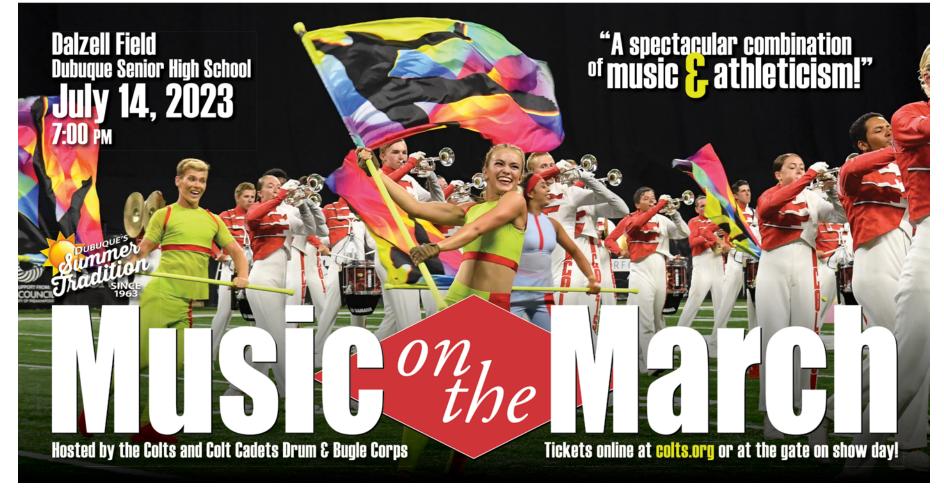
On Friday, July 14, the Colts welcome seven other Drum Corps International groups to Dalzell Field for the annual *Music On The March* drum corps com-

petition. The show includes the Blue Stars (La Crosse, WI), Crossmen (San Antonio, TX), Phantom Regiment (Rockford, IL), Genesis (Austin, TX), River City Rhythm (Anoka, MN), Madison Scouts (Madison, WI), as well as the hosts, Colts and Colt Cadets Drum & Bugle Corps. The evening gets underway at 7:00 p.m. with a performance by the Colts Alumni Corps – a collection of alumni from throughout the past 60 years who will perform three classics from past Colts shows.

Tickets are available online through July 12 (https://colts.org/music-on-the-march) and will be available at the gate the day of the show. The box office at Dalzell Field will open at 3:00 p.m. on July 14, and the gates open to the public at 5:30 p.m.

The Colts consist of 165 talented performers who come to Dubuque from 26 states as well as Japan. Auditions begin in November each year, and the group gets together one weekend per month throughout the offseason – often at Five Flags Center – to begin work on their summer production. All of the students "move in" for summer on Memorial Day weekend, and they spend the next four weeks rehearsing several hours per day on the music and choreography to bring the show to life.

The Colts 2023 production is titled, Where The Heart Is, and embodies the heartfelt concept that, regardless of one's location or companions, the deepest affection and emotional pull always stem from family and home. The show includes songs from Mötley Crüe, Pat Metheny Group, The Cinematic Orchestra, Antonin Dvorak, Mason Williams, Randy Newman, and Pink Floyd. Attending Music On The March is a bucket-lister you must see to believe.









# St. Elias Church Gyro Sale

FRIDAYS: JULY 14, AUGUST 18, AND SEPTEMBER 15 @ 11 AM-2 PM ST. ELIAS THE PROPHET GREEK ORTHODOX CHURCH (419 N GRANDVIEW AVE)

You may have seen the sign outside the church on Grandview Ave. or perhaps the Facebook posts every month, but in case you only look up from work long enough to read the newest issue of 365ink, here's your heads up that the fine people at St. Elias the Prophet Greek Orthodox Church host a gyro sale once a month all summer long to raise money for the church. And, I mean, who knows gyros better that real Greeks, right?

So, being dedicated to out craft, the 365ink tasting make a trek to the June edition of the gyro sale and had our fill. I'll admit we got there in the second hour and we missed out on the stellar homemade baklava we've heard so much about, so I guess we will have to go back. But the gyros were plentiful and did not disappoint. We made our way to the lower level reception hall and quickly got our orders in and filled. I had two gyros but definitely could have made it on one. Each gyro also came with a bag of chips and a soda for \$10.

If we'd not have drug our feet, we could have opted for a slice of that magical baklava, which is crispy phyllo dough, filled with honey and nuts for \$3 per piece. I'm sure some jerks/wise forward-thinkers who know just how good it is loaded up on extra to take home.

They gyros were indeed tasty. The people were very nice, and the lunch was fast. There was parking in the lot and an accessible entrance off of Bennett St. Nothing fancy, just a quick, good lunch supporting good people in a church basement! I'm sure you can also get them to go and enjoy in a park or at your desk like an indentured servant! What more do you need to know?

Take the whole crew to St. Elias the Prophet Greek Orthodox Church on Friday, July 14, from 11 a.m. to 2 p.m. You can also visit the sale on Aug. 18 or Sept. 15! Tell them 365ink sent ya! You can also visit the church online at **stelias.ia.goarch.org**. ■



# Food Festival Fridays

FRIDAYS: JULY 14, AUGUST 11, AND SEPTEMBER 8 @ 11:30 AM-1:30 PM WASHINGTON PARK (700 LOCUST ST)

Dubuque Main Street (DMS) hosts the ever-popular and flavorful Food Festival Fridays at Washington Park. Similar to Food Truck Fridays, food vendors will be available every second Friday in May-September, between 11:30 a.m. and 1:30 p.m., in and around Washington Park.

365ink Magazine brings the perfect side dish to your crepe, pizza, or coffee: local, live music! Catch the following performers in the gazebo: Ralph Kluseman on July 14, Addison Aronson on Aug. 11, and John Moran on Sept. 8. The DSO Youth String Quartet will open on some dates.

DMS Executive Director Danielle Jacobs says, "We are grateful for this opportunity to offer an expanded selection of food options for residents and downtown employees to enjoy in a beautiful, outdoor setting."

The event was renamed to Food Festival Fridays so more businesses without a mobile food license would have the same opportunity to sell food, just as they do at other downtown festivals.

The festivals are free with food and beverages available for purchase. For more details, including vending at the festivals, contact Jacobs by calling **563-588-4400** or emailing **djacobs@dubuquemainstreet.org.** 

#### WED **7/19**

#### Lunch & Learn: **Everything Tomatoes**

NOON-1 PM @ CONVIVIUM **URBAN FARMSTEAD** Join Convivium Farm Manager, A.J. for this informative session on all things tomatoes, from general information to specific pruning techniques. Bring your questions and leave with the confidence to successfully grow tomatoes in your garden this year. Free. 2811 Jackson St. 563-557-2900. convivium-dbq.com.



#### The Windows of Queen of the Rosary Chapel: A Story of Faith in Color, Light and Glass

3 PM @ SINSINAWA MOUND CENTER (SINSINAWA, WI) July 19, Aug. 23, and Sept. 20. Join S. Priscilla Wood, OP, Director of the Office of Arts and Cultural Heritage, for a sitting tour of these "jewels in the crown" in the chapel at Sinsinawa Mound. Learn not only the special techniques used but the story that each window contains as each takes the viewer on a journey through faith. Free. 585 County Rd Z, Sinsinawa, Wl. 608-748-4411. sinsinawa.org/moundcenter.

#### **POPnology Classic Movie Nights: Close Encounters**

5-7 PM @ NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM Enjoy some of the classic science fiction films related to the summer exhibit at the National Mississippi River Museum & Aquarium POPnology. Films will be shown in the 4D Theater in the National River Center. Doors open at 5 p.m. with films starting at 5:30 p.m. Ticket does not include admission to the exhibit. \$9 350 E 3<sup>rd</sup> St. **563-557-9545**. rivermuseum.com/events.



**She Unites:** The Power of Love 6:30-7:30 PM @ 7 HILLS **EVENT CENTER** 

Alisha Leytem presents The Power of Love: Awakening Your Heart to Expand in Abundance, Success and Love. As women, our ability to lead with love is our differentiator and Alsiha will be bringing methods and tools to help you tap into that energy. Alisha Leytem is the founder of Alisha Leytem Well-Being Consulting, a certified wellness coach, yoga teacher, and author of *The* Six Gold Keys to Well-Being combining her passions for healthy living, mindfulness, and authentic leadership to guide others in creating lasting changes for their physical, mental, and spiritual growth. Alisha is devoted to helping leaders prioritize mental health and well-being to create a ripple of positive change for a better world where people are wellrested, thriving, and filled with purpose. An inclusive women's group working to connect women across the region through education, philanthropy, mutual support, and more. Free. 1098 Jackson St. SheUniteslowa.com.



#### Live Reading: Or/And

7-9 PM @ SMOKESTACK Former Dubuguer Jeannine Pitas will read from her newly published book, Or/And, along with Dale Easley, a nature writer and University of Dubuque geology professor, and Heidi Zull, a poet, community activist and University of Dubuque sociology professor. Hosted

by musician and activist Art Roche. 62 E 7th St. facebook.com/ smokestackdbg.

#### **Great Jones County Fair**

GREAT JONES COUNTY FAIR (MONTICELLO, IA) July 19-23. Famous for live music! This year is no different with Shinedown (7/20), Pitbull (7/21), Jon Pardi w/ Russel Dickerson (7/22), and We the Kingdom w/ Anne Wilson (7/23).

GreatJonesCountyFair.com.

#### SAT **7/22**



#### **Vintage Games Day** 11 AM-3:30 PM @ MATHIAS

HAM HISTORIC SITE July 22 and Aug. 12. Enjoy two afternoons of vintage games for guests of all ages. Indoor and outdoor games will be available with each day having a unique focus. All activities will be included with admission to the historic site. July 22 features classic summer fun and euchre. Aug. 12 features back-in-time-forschool and spelling bee, 2241 Lincoln Ave. 563-557-9545. rivermuseum.com.

#### **Galena Brew Fest**

1-4 PM @ CHESTNUT MOUNTAIN AND RESORT (GALENA, IL)

Savor local and regionally crafted brews, wine, and spirits atop the beautiful mountain at Chestnut Mountain Resort, overlooking the Mississippi River. Music by Sam Wooden. Men and women's beer stein holding contest. Proceeds benefit Galena ARC. \$35, \$40 after July1, \$5 designated driver. galenaarc.org/ galena-brew-fest.







563-588-4400 ←

Non-members, \$7 members.

EVENTS 365





The Tri-State Area Women Religious Congregations present

Love our

# Mama



Joyce Johnson Rouse "Earth Mama" www.earthmama.org

Come to participate in music, laughter, and wisdom. Leave ready to protect Mother Earth!

All ages are welcome.
Free-will donations accepted.

Earth
Songs and Stories
with Earth Mama

celebrate and educate on care of the earth through the arts and music

Sunday, Aug. 6 2 p.m.

Steeple Square, 101 E. 15th St.

Monday, Aug. 7 7 ρ.m.

Shalom Spirituality Center, 1001 Davis St.



# **Heyday Market**

SATURDAY, JULY 15 @ 10 AM-5 PM SMOKESTACK (62 E 7<sup>TH</sup> ST)

Dubuque's first vintage clothing market features more than 20 vendors, live music, and antique motorcycles on display at Smokestack on Saturday, July 15 at 10 a.m.-5 p.m.

Vendors include Dream Co., Poweshiek Trading Post, Rumors, Run 4 The Roses, To Hell And Back, Alive And Fine, Lauren Landa, Chain Vintage, Locals Only, Goo Vintage, The Lucky Stranger, Roadbunny, Critters Vintage, Thrifty Ginger, Blush Beauty Co., Urban Outlaw Vintage, Jaded Vintage, Ramblin' Folk, Vintage Veras, Jive Finds, Bumblefux Junk N Stuff, Honey Hauler Vintage, and Foxy Rider Vintage.

Live music is provided by Marques Morel, David Zollo, Katie and The Honky Tonks, and DJ SaladSpinner. There will also be antique motorcycles on display plus food and ice-cold drinks for purchase.

The market is open to all ages, and admission is free. For more information, visit instagram.com/heyday\_vintagemarket.

# Friends of the Galena Public Library Pre-Owned Book Sale

JULY 19 @ 5-8 PM (FRIENDS ONLY)
JULY 20-21 @ 9 AM-7 PM
JULY 22 @ 9 AM-1 PM
CROSSROADS COMMUNITY CHURCH
(900 GALENA SQUARE DR, GALENA, IL)
Join the Friends of the Galena Public Library for their Pre-Owned Book
Sale on July 19 at 5-8 p.m. (Friends
Only), July 20-21 at 9 a.m.-7 p.m., and
July 22 at 9 a.m.-1 p.m. at Crossroads

Community Church in Galena, IL.



Thousands of books will be available including adult, teen, children's, best sellers, classics, biographies, gardening, art, history, large print, mystery, travel, poetry, Western, science fiction, crafts, sports, pets, DVDs, CDs, puzzles, and audiobooks. The bake sale starts on Wednesday night and continues until all the baked goods are sold. Bring your own bag and receive a free book. Join Friends of Galena Public Library and shop on Wednesday night. All profits benefit the Galena Public Library District.



# 70<sup>th</sup> Annual Dubuque County Fair

JULY 25-30 DUBUQUE COUNTY FAIRGROUNDS (14569 OLD HIGHWAY RD) The 70<sup>th</sup> annual Dubuque County Fair is a celebration for all of Dubuque County, with carnival rides, concerts, stock car races, a tractor pull, a demolition derby, animals, displays, and loads of food and fun for everyone on July 25–30.

Main Stage feature entertainment includes a tribute to Johnny Cash and Neil Diamond featuring Doug Allen Nash and a Penny Gilley on July 25, Lauren Alaina with David J and Natascha Myers on July 27, and Skillet and Theory of a Deadman on July 28. All concerts are free, but you can upgrade your seats for the Lauren Alaina, Skillet, and Theory of a Deadman.

Fair admission is just \$10 for anyone ages 12 and over, and kids 11 and under are free. For more midway bracelet deals and more information, call the fairgrounds at **563-588-1406** or visit **DBQfair.com**.

#### SAT **7/22**



#### Field of Dreams Ghost Player Games

1 PM @ FIELD OF DREAMS MOVIE SITE (DYERSVILLE, IA) July 22, Aug. 5, and Sept. 30 at 1 p.m. and Aug. 26 at 7 p.m. Free event, concessions, and autographs available. Just bring your chair and sunscreen for the Greatest Show on Dirt! Free.

FieldOfDreams MovieSite.com.

#### FRI **7/28**



#### Butterfly Encounter Tent

9:30-3:30 PM @ CARNEGIE-STOUT PUBLIC LIBRARY Have a butterfly encounter this summer! You will be able to study the life cycle of the butterfly and enter a feeding tent. Hand-held butterfly feeders will be available for a close encounter while still remaining free from touching any of the butterflies. Come appreciate the beauty, strength, and fragility of butterflies. Small groups will be allowed in every half hour. All ages. RSVP. 360 W 11th St. 563-589-4225 x2228. CarnegieStout.org.

#### SAT **7/29**



**Lincoln Dinner** 5:30-9 PM @ DESOTO HOUSE HOTEL (GALENA, IL) Travel back in time to the evening of July 23, 1856 when Abraham Lincoln spoke from the historic balcony of the De Soto House. Immerse yourself in this historic event, followed by dinner and theater, An Evening With Mr. & Mrs. Lincoln Dinner will consist of Mr. Lincoln's favorite: chicken fricassee served with mashed potatoes, seasonal vegetables, and warm buttermilk biscuits. Apple pie for dessert. \$55. 230 S Main St, Galena, IL. 815-777-0090. desotohouse.com.

#### SUN **7/30**



#### Neighborhood Open House

9 AM-2 PM @ CONVIVIUM **URBAN FARMSTEAD** See Convivium Urban Farmstead's facilities and neighborhood gardens and learn more about their programming and community outreach efforts around food insecurity. Farm tours starting at 9 a.m. and free food and drinks from noon to 2 p.m. The coffee house and restaurant will be open for normal hours. All ages. Free. 2811 Jackson St. 563-557-2900. convivium-dbq.com.

# The Great Cardboard Boat Race

1 PM @ DUBUQUE MARINA AND YARDARM

Watch people show off their creative designs of cardboard boats then see if they will sink or float! The day will be filled with boat races, prizes. food, drinks, and entertainment. Come watch and be WOW'ed or be entertained as some sink! Racing 1-4 n m. Live entertainment 3-6 p.m. Proceeds benefit Four Mounds Foundation and HEART Partnership. Register to build your own boat. Free. 1201 Shiras Ave Ext. fourmounds.org.

#### MON 7/31

#### Loras College Basketball Skills Camp

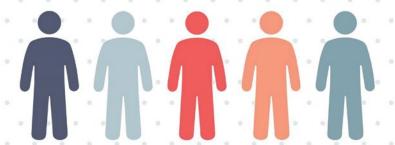
8:30-11:30 AM @ LORAS COLLEGE

July 31–Aug. 3. Boys and girls will gain time with high-level coaches and players, improve skills, be immersed in a culture of excellence, ability level-based competitions, and enjoyment with a sport they love. Ages pre-k–8<sup>th</sup> grade (boys), pre-k–2<sup>nd</sup> grade (girls). \$149.1600 Cox St. 563-588-7738. mensbasketball. duhawkcamps.com.



BUT WAIT... THERE'S MORE!
VIEW OUR FULL EVENT LIST
DUBUQUE365.COM/EVENTS

# We can stop HIV, Iowa.



One key step? Get tested.

An estimated 14% of people in Iowa living with HIV don't know their status. Testing is the **only** way to know your HIV status.

The CDC recommends **everyone** get tested for HIV **at least once** in their lifetime and more often when needed.





Visit stophiviowa.org to find testing near you.







# **#IMOMSOHARD**Ladies Night

FRIDAY, JULY 14 @ 7 PM FIVE FLAGS THEATER

Kristin Hensley and Jen Smedley bring the #IMOMSOHARD Ladies Night to the Five Flags Theater on Friday, July 14 at 7 p.m.

#IMOMSOHARD began as a popular web series by real-life best friends, comedians, and moms, Kristin and Jen, sparking an online community of 2 million followers.

The videos have received nearly 300 million views worldwide in just 5 years. The phenomenon created by Kristin Hensley and Jen Smedley

has since been nabbed for development by Warner Brothers TV.

The comedians have sold out two national tours, written a New York Times Best Selling autobiography book and children's book with Harper Collins, began hosting a top comedy podcast, landed branded deals with Fortune 100 companies, and taped a standup comedy platform.

Hensley and Smedley are based in Los Angeles and can often be found selling pizza slices for the PTA or working as parking enforcement at school drop off.

Ladies throughout the Tri-States, Five Flags invite you to take a ladies night out for a night of comedy. Guys, you are welcome to come, too!

Ages 18+. Tickets are \$39–\$89. ■



## **ABBAFab**

SATURDAY, JULY 15 @ 7:30 PM FIVE FLAGS THEATER

ABBAFab presents a stunning tribute to the music of ABBA at Five Flags Theater on Saturday, July 15 at 7:30 p.m.

This multimedia production is a tribute to some of the greatest music produced in the '70s and '80s that so many know and love. The timeless hits will

be preformed live by the musicians and vocalists that have toured the world as solo artists and band members, now coming together to bring the most entertaining ABBA tribute to the Tri-State area.

ABBA's record-breaking string of hits continue to thrill audiences of all ages. There is no generation gap here; just memorable music and memories and ABBAFab covers them all.

Tickets are \$32-\$69. ■

# Ongoing & Recurring Events

#### **DAILY**

## Find Waldo in Dubuque

DOWNTOWN DUBUQUE July 1–30. The iconic children's book character is visiting more than 20 local businesses and organizations throughout Downtown Dubuque this July. Pick up a "Find Waldo in Dubuque" passport at River Lights Bookstore and get it stamped or signed for each Waldo you spot. The first 100 players who collect stamps or signatures from at least 10 different places can bring their passports to River Lights for a Waldo temporary tattoo and a \$1 off coupon. Finding 20 or more grants entry into a grand prize drawing on July 30. 1098 Main St. **563-556-4391**. RiverLights.com.

#### **SUNDAY**

#### Galena Territory Farmers Market

8 AM-NOON @ GALENA TERRITORY OWNERS' CLUB (GALENA, IL) THROUGH OCT 8 Fresh produce, baked goods, regional meat, flowers, crafts, and more. 2000 Territory Dr, Galena, IL. 815-777-2000. TheGalenaTerritory.com.

# **Dubuque Cars** and Coffee

9 AM-NOON @ VETERANS MEMORIAL PLAZA 3RD SUN THROUGH OCT Casual meet up for cars of all makes, models, and years. Coffee, donuts, and drinks will be for sale. Proceeds go to Veteran's Freedom Center. 1795 Admiral Sheehy Dr.

facebook.com/ dubuquecarsandcoffee.

#### **Music in the Gardens**

6:30 PM @ DUBUQUE ARBORETUM & BOTANICAL GARDENS THROUGH AUG

The 31st season boasts 13 weeks of family-friendly music in a variety of styles. Bring a chair or blanket. Presented by the Dubuque Arboretum or The Dubuque Arts Council. Free. 3800 Arboretum Dr. 563-556-2100. DubuqueArboretum.net/music-in-the-gardens.

#### **MONDAY**

#### **Dubuque Area Humanists**

6:30-8 PM @ DBQ CO PUBLIC LIBRARY ASBURY BRANCH (ASBURY, IA) 3®D MON

Cultivate a community who is good without God. Free. 5290 Grand Meadow Dr, Asbury, IA. facebook.com/dubuqueareahumanists.

#### **TUESDAY**

#### **Early Explorers**

10 AM @ NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM 15TTUE & 15TSAT

Tuesday July event on 7/11.
Discover the ABCs through hands-on and active activities. Ages 2–5 with parent/caregiver. RSVP suggested. \$10 for non-members; \$8 for members; adult free. 350 E 3rd St. 563-557-9545.
RiverMuseum.com.

#### **WEDNESDAY**

#### The Mid-Week Market on Iowa Street

4-10 PM @ 11<sup>TH</sup> AND IOWA ST THROUGH OCT Spend your Wednesdays where Dubuque Farmers' Market first started with fresh local produce, a beer garden and pizza from Jubeck's New World Brewery, food trucks, and live music. Rotating musicians start at 5 p.m. followed by open mic at 7 p.m.

## Sinsinawa Mound Farmer's Market

4-7 PM @ SINSINAWA
MOUND COLLABORATIVE
FARM (SINSINAWA, WI)

4<sup>TH</sup> WED THROUGH SEPT
Featured vendors include
Collaborative Farmers,
Sandhill Farms, City Girl
Farming, The Mound's Farm,
Sinsinawa Bakery, and
Sinsinawa Book & Gift Shop.
2551 County Rd Z, Sinsinawa, WI. 608-748-4411.
sinsinawa.org/farm.

#### Cuba City Community Market

4-7 PM @ VETERAN'S
MEMORIAL PARK
(CUBA CITY, WI)
3RD WED THROUGH SEPT
Featuring Vesperman
Farms ice cream, homemade goods, meat, fresh
produce, Sinsinawa baked
goods, and arts and crafts.
100 S Washington St, Cuba
City, WI. 608-744-2152.
CubaCity.org.

# **Dubuque Harley Davidson Bike Nights**

6-9 PM MCGRATH DUBUQUE HARI FY-DAVIDSON LAST WED THROUGH AUG Motorcycle enthusiasts gather for outdoor parties featuring live music, great food from Catfish Charlies, cold drinks, and more. Classic cars, Jeeps, off-road vehicles, or anything with wheels is welcome. \$1,000s in prizes each night. 145 N Crescent Ridge. 563-557-3735. dubuqueharlevdavidson.com.

#### **She Unites**

6:30-7:30 PM @ 7 HILLS EVENT CENTER 3RD WED

An inclusive women's group working to connect women across the region through education, philanthropy, mutual support, and more. Free. 1098 Jackson St. SheUniteslowa.com.

#### **THURSDAY**

#### In the Mind's Eye

2-3 PM @ DUBUQUE MUSEUM OF ART 2<sup>ND</sup> THU THROUGH OCT The respite program is committed to improving the quality of life and bringing the joy of art to people living with mild to moderate Alzheimer's disease and their caregivers. Participants look at and talk about art, engage in an art activity, and share conversation in a safe and compassionate environment. A typical session involves viewing one or more works in the exhibition followed by an art activity exploring a variety of mediums including clay, pastels, paper or paint. RSVP required. 701 Locust St. 563-557-1851 x115. DBQart.org.

#### Dyersville Farmers Market

3–5 PM @ COMMERCIAL CLUB PARK (DYERSVILLE, IA) THROUGH OCT 5 A variety of local and regional offerings. 225 11<sup>th</sup> St SE, Dyersville, IA. **dyersville.org**.

## Millwork Night

Market
5-8 PM @ 7<sup>TH</sup>-9<sup>TH</sup>
AND JACKSON ST
2<sup>ND</sup>THU THROUGH OCT
This independent evening farmers' market features high-quality local food producers, artists, musicians, and brewers.
Smoke-free and pet-free.
BYO water, reusable grocery bags, and lawn chairs.

#### ${\bf Millwork Night Market.com}.$

#### **Gary's Graffiti Nights**

5-9:30 PM @ DUBUQUE COUNTY FAIRGROUNDS THROUGH SEPT 14 No event 7/27. Cars 1979 and older gather for a 1950s/60s car show based on American Graffiti with music and door prizes. 14569 Old Highway Rd. 563-588-1406. facebook.com/ GarysGraffitiNights.

#### East Dubuque Cruisin' Thursdays

5-9 PM @ SINSINAWA AVE, EAST DUBUQUE, IL THROUGH SEPT Open to all years, makes, and models of classic, muscle, and unique cars, trucks, and motorcycles. Great food, closed street, open containers, and live music. facebook.com/

#### New World Brewing Curated Conversation

7:30 PM @ JUBECK NEW WORLD BREWING  $4^{\text{TH}}$  THU

eastdubuquecarshow.

Join strangers and friends for a pint (or NA beverage) and some uncommonly meaningful conversation. Conversation starters present a topic before attendees split into small groups for further discussion. Free. 115 W 11th St. 775-375-5692. facebook.com/

#### **FRIDAY**

newworldbrewing.

#### **Friday Food Festivals**

11:30 AM-1:30 PM @
WASHINGTON PARK
2ND FRI THROUGH SEPT
Dubuque Main Street (DMS)
hosts the ever-popular
and flavorful Friday Food
Festivals. Similar to Food
Truck Fridays, you can enjoy
food vendors in and around
Washington Park along with
live music hosted by 365ink
Magazine. Free. 700 Locust
St. dubuquemainstreet.com.

#### First Fridays

VARIOUS LOCATIONS IN DUBUQUE 1<sup>ST</sup> FRI

First Fridays is Downtown Dubuque's monthly visual art series, hosted by galleries, museums, and venues, celebrating Dubuque's great visual arts scene. Free.

#### **SATURDAY**

## **Dubuque Farmers' Market**

THROUGH SEPT @ 7 AM-NOON
SAT IN OCT @ 8 AM-NOON
11<sup>TH</sup>-13<sup>TH</sup> AND IOWA ST
lowa's oldest farmers' market
offers a variety of produce,
meats, cheeses, baked goods,
handmade goods, and on-site
prepared foods. Market Money
tokens allow you to shop at all
vendors if you don't have cash.
Rain or shine. 563-588-4400.
DubuqueFarmersMarket.org.

#### Galena Farmer's Market

7 AM-NOON @ GALENA
CITY HALL PARKING LOT
(GALENA, IL)
THROUGH OCT
Families sell seasonal produce, flowers, maple syrup, raw honey, baked goods, re-purposed crafts, meat, roasted coffee beans, nuts, spices, canned goods, unique decor, and much more.
Rain or shine. 101 Green St, Galena, IL. 563-542-0996.
facebook.com/
galenafarmersmarket.

## Platteville Summer Farmer's Market

8 AM-NOON @ PLATTEVILLE CITY PARK (PLATTEVILLE, WI) THROUGH OCT Find everything from delicious vegetables to a variety of flowers, great gift items to canned preserves, and just about everything in between. All of the products you'll find are locally grown, harvested. or handmade by local vendors. 75 N Bonson St, Platteville. Wl. 608-218-4374. **PlattevilleFarmers** MarketWl.com.

#### Dyersville Downtown Market

8 AM-NOON @ 3RD AVE SW AND 3RD ST, DYERSVILLE, IA LAST SAT THROUGH SEPT Head to the grassy square between Xavier School and the north fork of the Maquoketa River to find a variety of local vendors, food trucks, live music, and activities.

DyersvilleDowntown Market.com.

## **First Fridays**

FRIDAY, JULY 7

NOON-8 PM @ STONED ART STUDIO & GALLERY (1800 CENTRAL AVE)

NOON-7 PM @ WIDDERSHINS GALLERY (2204 CENTRAL AVE)

4:30-7:30 PM @ OUTSIDE THE LINES ART GALLERY (1101 MAIN ST)

5-8 PM @ SMOKESTACK (62 E 7TH ST)

6-8 PM @ PLANTED. (245 W 1<sup>ST</sup> ST)

6-7 PM @ RIVER LIGHTS BOOKSTORE (1098 MAIN ST)

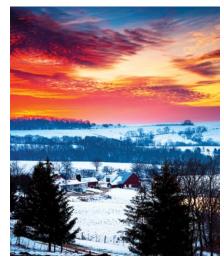
First Fridays is Downtown Dubuque's monthly visual art series, hosted by galleries, museums, and venues, celebrating Dubuque's great visual arts scene. Visit all of the locations and celebrate our creative community. All stops are free.

Stoned Art Studio and Gallery showcases the art and Driftless Region photography of Henry Matthiessen III. Stop by talk art, talk photography, talk Driftless. Blues and jazz music along with refreshments will be on hand.

Widdershins Gallery at Bear Dancer Studios hosts artworks by local, regional, and national artists including Mark Dierker, John Potter, Debra Sullivan, Sara Mess, and Dan Alderman. Enjoy the comfy vintage furniture while listening to classic rock tunes. Refreshments will also be available.

Outside the Lines features Dubuque artist Alda Kaufman who will be demonstrating watercolor painting throughout the evening and again the following morning. Light refreshments will be offered. This is a relaxed, family-friendly opportunity to visit with the artists of our community and learn a little about how they make their art. Alda has work on view in the DuMA Biennial 2023 at the Dubuque Museum of Art.

Dubuque Area Arts Collective and Smokestack feature three artists: Clara Klein, Dayton Weldin, and Andrew Raeside. Clara Klein is a Dubuque born mixed media artist and painter who brings her first collection of public paintings. Her work includes macabre themes and subject matter and is driven by personal introspection and therapeutic purposes. Dayton Weldin is a Dubuque-born painter whose work explores a variety of subjects such as landscapes, figures, and abstract forms. His work is both creative exploration and conceptual exploration. Andrew Raeside is a Dubuque-based abstract



FLAMING DAWN BY HENRY MATTHIESSEN III

expressionist painter who has previously shown his solo exhibition *The Exquisite Path* at Rountree Gallery in Platteville, WI.

Planted. highlights oil painter Lily Nesta. As a student at Clarke University, Lily has been able to develop skills and learn more about the art world, finding therapeutic release that helps navigate the ups and downs of life. Nesta's artwork is an exploration of the human experience, with a particular focus on themes of emotion, irony, and existentialism. She draws inspiration from a wide range of sources, including her own personal experiences, literature, and the natural world. "In my art, I want to remind people of the fragility of life and the inevitability of death, but also to celebrate the beauty and wonder of the world that surrounds us. I hope my paintings can inspire others to take a closer look at the world and find something meaningful in the everyday."

River Lights Bookstore hosts First Fridays Lit Night where you can share, perform, listen, and celebrate poetry and spoken word.

# PSYCHIC CHAKRA CENTER (563)-564-9925 19 Locust St. Downtown Dubuque PALM, TAROT, MEDIUM & ANGEL READINGS

# Kent Crawford and Theresa Ganzer-Blitgen Artist Reception

FRIDAY, JULY 7 @ 5-7 PM
MAQUOKETA ART EXPERIENCE
(124 S MAIN ST, MAQUOKETA, IA)
Join Maquoketa Art Experience for a reception for two local artists, Kent
Crawford and Theresa Ganzer-Blitgen, on Friday, July 7, from 5 to 7 p.m. The work is on display through Aug. 31.

Kent is a retired Maquoketa Community School District music teacher.

He now occupies his time with photography—often combining the worlds of music and visual art in his new discipline.

Ganzer-Blitgen is a Jackson County native who moved to Illinois, obtained her BFA degree from Rockford University, and exhibited robustly throughout the Chicagoland area galleries during the 1990s and early 2000s. After an extended hiatus from the art world, and a return to rural life in Bellevue, IA, she picked up where she left off, as evidenced by this retrospective of her art presented in this show.

Admission is free, though donations are welcomed. For more information, contact Maquoketa Art Experience at **563-652-9925** or visit **Maquoketa-Art.org**.



# Rodgers and Hammerstein's Cinderella

JULY 13-16 & 20-23
BELL TOWER THEATER (2728 ASBURY RD)

Bell Tower Theater's 16th-Annual Kids-for-Kids Summer Musical is Rodgers and Hammerstein's Cinderella. Performances are July 13–16 and 20–23 at the Bell Tower Theater.

This classic fairy tale comes to life on stage through the beautiful music of Richard Rodgers and Oscar Hammerstein II. Kids and adults alike will marvel as Cinderella transforms from scullery maid to princess. This show will be performed by two casts of kids ages 7 to 18 from throughout the area.

Tickets are \$10. For more information and to purchase tickets, call **563-588-3377** or visit **BellTowerTheater.net**. ■



### Into the Woods

JULY 14-15 AND 20-22 @ 7:30 PM JULY 16 AND 23 @ 2 PM GRAND OPERA HOUSE (135 W 8<sup>TH</sup> ST) The Brothers Grimm hit *Into the Woods* brings the epic fairytale about

Woods brings the epic fairytale about wishes, family, and the choices we make to the Grand Opera House stage on July 14–15 and 20–22 at 7:30 p.m. and July 16 and 23 at 2 p.m.

James Lapine and Stephen Sondheim take everyone's favorite storybook characters and bring them together for a timeless, yet relevant, piece... and a rare modern classic. The

Tony Award-winning book and score are both enchanting and touching.

The story follows a Baker (Asher Soppe) and his wife (Hannah Von Mulert), who wish to have a child; Cinderella (Katie Galliart), who wishes to attend the King's Festival; and Jack (Josh Chapman), who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a Witch's (Cindy Caraway) curse, the two set off on a journey to break the curse. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.

Into the Woods is directed by Joe Klinebriel and music direction by Kristen Eby. The cast features 17 local performers of all ages playing the various roles throughout the musical.

Tickets are \$25 for adults and \$15 for ages under 18. Tickets can be purchased in person at the box office, by calling **563-588-1305**, or at **TheGrandOperaHouse.com**. ■

# Picture Yourself in the Tri-States



Dubuque Chamber of Commerce's Dubuque Dances With the Stars at the Grand River Center once again raised thousands of dollars for local charities.



Area students get a deep dive into Dubuque Police and Fire careers during a multi-day Youth Summer Camp led by the men and women who do it for a living every day.



It's always a soaking-wet great afternoon when the Dubuque Police Department does water battle with the kids of St. Mark Youth Enrichment, this year in costumes owned by the late Police Chief Mark Dalsing who was always a kid at heart.



We're not sure it is being responsible, but it sure looks like fun during Coyote Ugly night at First Reserve Whiskey Bar in downtown Dubuque. We can assure you that it was never this much fun back when this same room was the 365ink office!



Candlebox singer Kevin Martin engages with fans during their concert, along with Three Doors Down, at the Q Casino's Back Waters Stage outdoor summer concert series sponsored by MidWestOne Bank. Photo by Kodiak Creative.



An Air Show Open House at the Dubuque Regional Airport welcomed residents on Sunday, July 2 before the big event by the river hosted by Radio Dubuque, The Dubuque Jaycees on July 3.



Pamela Caserta Hugdahl, Executive Director of the Rochester Art Center, presided as juror for the Dubuque Museum of Arts Biennial 2023, a competitive, open-call opportunity for established and emerging artists in the heart of the Midwest.



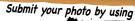
The City of Dubuque celebrates the opening of the wonderful new play and splash pad at Comiskey Park in downtown Dubuque with a ribbon-cutting and a huge community celebration on June 29. Photo by Ward 3 City Councilman Danny Sprank, who calls the neighborhood home.



Artist Den Leick of Dubuque competes in the annual Galena Chalkfest, an event with a goal of making art accessible to everyone. Yes, winners took home cash prizes, but just participating was the biggest win that participants took home from the Sunday event.



Bell Tower Theater wrapped up a successful Make Music Platteville was a big hit in two-week run of its popular summer youth the Bevans Mine deep underground at The production. This year's show was Godspell. Mining & Rollo Jamison Museums where the Tri-State Homeschool Choir performed, surely with incredible acoustics!







on Social Media!



# Mud Lake Bluegrass Sundays

July 9, July 23, and August 6 Pickers Picnic: Noon-2 PM Concerts: 2-6 PM Mud Lake Park (22312 Golf Lake Rd)

The Mud Lake Music Society in partnership with the Friends of Dubuque County Conservation announce the return of the Mud Lake Bluegrass Sundays Series. This FREE popular event draws music performers from all around the country in an effort to bring bluegrass music to an outdoor setting by the Mississippi River in Mud Lake Park just north of Dubuque. The Mud Lake Music Society has presented more than 30 groups and countless individual performers for audiences up to 2,000 per show over the years.

The first run of Mud Lake Bluegrass festivals lasted for 10 years starting in 2001. "We did three shows a year, and it was always self-sustaining once we got rolling because we tried to keep it free and a family oriented kind of thing," explains organizer Jim Zmudka. "But after 10 years, I wore out a few of my volunteers, and my kids are all getting in their teens. And so we took a break for about 10 years and just brought it back again last year.

I really haven't changed the format. It's worked well for me. We do the three shows because if you get a rain out one day, you got a chance to maybe make it up on one of the other shows, which kind of worked last year because the first show was great but the next two shows got rain."

"We are pleased to offer this type of recreation for the Dubuque Community and to promote the parks, bluegrass music, and a great lowa lifestyle. We started Mud Lake Bluegrass Sundays with three things in mind: family, music, and the Mississippi River."

Zmudka is a Dubuque native who worked in Nashville as the agent for Bill Monroe, the "Father of Bluegrass Music," and has promoted the popular series since its inception. "It's the perfect picnic atmosphere, and with all we've been through lately, we need more picnics!"

But he notes it's not a typical bluegrass festival, as it packs all the fun into one Sunday afternoon each time instead of a whole weekend or even week-long event.

With a focus on audience involvement, each event kicks off with the "Pickers Picnic" starting at noon and going until 2 p.m. It's the perfect setting to meet and play with other aspiring pickers. Guest instructors help with tuning, answer questions, and then organize the jam sessions.

Then at 2 p.m., the main stage fires up with a regional opening act followed by a national touring act at 3:30 p.m. They entertain until approximately 6 p.m.

"The Friends of Dubuque County Conservation are very supportive of our efforts to put these shows together. Their goal is to educate and promote all the activities and opportunities available at our county parks," says Zmudka. Asking attendees only for free-will donations, the Society's goal is to raise enough money to cover costs and retain a small fund to continue Mud Lake Bluegrass Sundays the next year.

Camping spaces are available at Mud Lake Park, along with food concessions from Catfish Charlie's and special Mud Lake Bluegrass souvenirs (shirts, instrument raffles). No alcohol is served, but visitors may bring their own coolers (food and beverages), and it is recommended that people bring lawn chairs. Guests are also encouraged to bring their own instruments and participate in the free music clinics prior to main stage acts.

As for this year's music, Zmudka notes that there is a resurgence in bluegrass and an evolution in the style of music itself, and it shows in this year's fantastic lineup of talent.

"You think of the Rischie kids [who headline the first installment of the series] and all this stuff they're doing," Zmudka explains. "They describe themselves as 'the second wave bluegrass.' Similarly, last year we had Armchair Boogie, and I was a little apprehensive because it wasn't traditional bluegrass. But heck, people loved them. They brought a whole new energy to it."

Mud Lake Park is as cozy as it gets, and you can make it more cozy with your favorite lawn chairs or blankets, or take advantage of the park's many picnic tables that will be gathered for optimal stage viewing. There is also a large pavilion, and if it's going to be hot, the crew will put out

some additional shade covering for the crowd, and the big trees in the park help a lot with that, too. You can even arrive by boat! And hey, this is all FREE. There will be opportunities to donate or even perhaps a raffle to support the event. Please show your love for the music, appreciation for all of the volunteers' hard work, and awareness of the financial risk the organizers take to make this possible. Show some love while you love the experience.

The day technically starts at noon with a Pickers Picnic, which has always been a big part of the event. "By the time we ended our first decade of shows, we'd have up to 60 people for those. We had to break them into three different pavilions so we could get some kind of jam going. Now, last year, we had a handful come back, but it's time to cultivate a new group of youngsters like the Rische family."

Jim wraps it up real nice, "These are great shows to introduce a new generation to bluegrass. Many people don't really know they like bluegrass. They don't really know what it is. But when they come to the show, they're like, 'Wow, that was so much fun,' as they're tapping their feet. You can see the old people nodding along. It's a very unpretentious kind of music. And it's for everyone."

Information on the musicians is available at facebook.com/mudlakebluegrass. Look them up and give them a listen. For further information, call Jim Zmudka at Mud Lake Music (563-590-4004) or Friends of Dubuque County Conservation (563-556-6745), or drop them an email at mudlakemusic@gmail.com.

# **Mud Lake Bluegrass Sundays** 2023 Lineup

#### Rische Family Band with Millie Racoon and Greg Garing Sunday, July 9

Originally from Northwest Illinois, the Risches are a musical family based in Nashville, TN. They traveled the country as a bluegrass band when they were growing up and continued to develop their careers in various incarnations of the family band, such as Jypsi, Lillie Mae Band, and the Rische Circus, Individually, they have toured and played with some of America's musical greats.

The band consists of Lillie Mae, Frank, and Scarlett Rische. Lillie Mae gained national notoriety doing session work for Jack White's Third Man Records. Not only did she play on four of White's records, she also toured with him in 2012 and 2014 before releasing four albums of her own, the latter two on Third Man Records. Lillie Mae performed solo on Conan and The Late Show with Stephen Colbert and as shared the stage with legends like Willie Nelson and Merle Haggard.

Frank has been called one of the best flatpickers in America and has performed with various bands including Lille Mae, the Old Time Country Roadshow, and Martha Spencer everywhere from the Grand Ole Opry to Hardly Strictly, Bonnaroo, and latenight TV talk shows. Frank also has been a part of several Nashville recordings on guitar and harmony vocals with artists such as Miranda Lambert, Jim Lauderdale, Leann Womack, and Ronnie Milsap to name a few.

Scarlett has graced many stages playing the mandolin and singing, often with her siblings who come together now when they're not touring with others as the Rische Family Band.

But they're not your average sort of shmalzy "family band" you think of when you picture a bluegrass family band in your head. These seasoned pros have done it all, played with everyone, and carry the torch for a new ear of bluegrass that you simply can't help but love.

They will be joined by Milly Raccoon, a songwriter and fiddler who draws inspiration from classic country and early jazz with a contemporary twist; and Greg Garing, a former fiddler for Jimmy Martin and a revered singer and performer in the second-wave bluegrass canon. We've seen Greg perform a few times, and he's truly a skilled journeyman on so many instruments. There's no opener. They're all playing together and doing the whole show.

#### **Stillhouse Junkies** with Denny and the Folk-ups Sunday, July 23

Born in a distillery in Durango, CO, 2021 IBMA Momentum Band of the Year and two-time Telluride Bluegrass band contest finalists Stillhouse Junkies play a delirious, head-spinning mixture of original roots, blues, funk, swing, and bluegrass music. With all three band members sharing lead vocal and songwriting duties, the Junkies conjure a wide range of tonal landscapes that pay tribute to the iconic sounds of Gillian Welch, the Allman Brothers, Tim O'Brien, the Wood Brothers, John Hiatt, and countless others while breaking new musical ground with their genre-bending original material. Stillhouse Junkies are proud to be Grey Fox Bluegrass Festival showcase artists and 2020 and 2021 IBMA World of Bluegrass showcase artists. They are just signed to Dark Shadow recordings, and they're doing all the major festivals in America this year, so this should be a top-shelf show.

They are joined by Mud Lake's own troubadour, Denny Garcia, opening the show with his "Folk-ups" who include AJ Steil on guitar, Tim Knautz on bass, and Tim Connely on the drums.

#### **Dance around Molly** with the Mississippi Band Sunday, August 6

Dance Around Molly is a five-piece bluegrass band hailing from Southern Wisconsin. As experienced journeymen of the bluegrass scene (Mark Hembree Band, Hen House Prowlers, Nob Hill Boys, Sweet Grass, Squirrel Gravy, etc.), Starr Moss, Trent Cuthbert, Michael Falk, and Paul Kienitz are out playing their own brand of bluegrass-inspired music. The band's sound is defined by a unique blend of driving classics, original songs, and masterly instrumentals.

Also enjoy a special performance by the Mississippi Band, Dubuque's Iongest running musical group and Iowa Rock and Roll Hall of Famers, entertaining for your pleasure for over 50 years. Come see the "boys," Dave, Cricket, Denny, and Jay, play some bluegrass, folk, Americana, and country in their inimitable classic style. They got the old lineup back together for a special event a few months back and forgot to stop!









JULY 23: STILLHOUSE JUNKIES



AUGUST 6: DANCE AROUND MOLLY

**NIGHTLIFE** 











#### THU **7/6**

Big Mojo 5 PM @ Jimmy's Pub (East DBQ, IL)

Taste of Summer Joie Wails @ 5 PM Adam Beck @ 6:30 PM Back Booth Alley @ 8 PM National Mississippi River Museum & Aquarium

Cruisin' Thursdays: **Brown Bottle Bandits** 5 PM @ Sinsinawa Ave, East DBQ, IL

Elizabeth Mary 6 PM @ Houlihan's

The Mixed Emotions Band 6 PM @ Lina's Lounge

Wayne Cook 6 PM @ Tony Roma's

Mini Monster 6 PM @ Yardarm

Music in the Park: The 2 Carls Band 6 PM @ City Park (Platteville, WI)

Shullsburg Music in the Park: The Midnight Band 6:30 PM @ Badger Park (Shullsburg, WI)

Scott Waterhouse 7 PM @ Frank O'Dowd's Irish Pub (Galena, IL)

Kristina Marie Castañeda & Shawn Healy 7 PM @ Grape Escape (Galena, IL)

9 PM @ The Lift

#### FRI **7/7**

Secrets Spirits Bar & Grill

Joie Wails 6 PM @ Stone Cliff Winery

6 PM @ Champagne on Main (Galena, IL)

Trivia Night 6 PM @ Maguoketa Brewing (Maquoketa, IA)

Max Kowalske 6:30 PM @ Lacoma Golf (East DBQ, IL)

Karaoke w/ Becky McMahon 7 PM @ Dockside Bar & Grille

7 PM @ Wicked Dame

Trivia

7 PM @ Gehlen Barn Beer in the Barn Brewery (St. Donatus, IA)

JJ Schmitz 7 PM @ Off Shore Resort

Laney Lou and the Bird Dogs 8 PM @ Fox Den Motel

DJ Broz

The Rische Family Band w/

Mint Mile, Faun Fables, Pure Service

6 PM @ Days Inn

Steve Davis

Daniel Eric

Bar & Grill (Bellevue, IA)

8 PM @ Q Casino Q Showroom

Milly Raccoon and Greg Garing 8 PM @ Smokestack



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Superfly Samurai 8 PM @ Yardarm

Meghan Davis 8 PM @ Frank O'Dowd's Irish Pub (Galena, IL)

Jef Spradley 8 PM @ Grape Escape (Galena, IL)

Essential Machine, Village Elder, Skinny & the Shakes, Plunkett 10 PM @ The Lift

#### SAT **7/8**

Dubuque Farmers' Market: Scott Kaczinski, Ace Jones 7 AM @ 11th-13th & Iowa St

Martin Lohrmann 10 AM @ Jubeck New World Brewing

**Shalom Community** Wellness Fair Scott Cornwell @ 10 AM Denny Garcia @ Noon Shalom Spirituality Center

Asbury Music in the Park: The Breakfast Club, Beau Timmerman, Kristina Marie Castañeda, Heartland Harmony, Suonare Ralph Kluseman and Johnnie Walker, Tapestry Noon @ Asbury Park (Asbury, IA)

Noah James Hittner @ Noon Steve McIntyre @ 5 PM Galena Cellars Downtown (Galena, IL)

Bryan Popp 1PM @ Potosi Brewery (Potosi, WI)

Steve Sharp 1 PM @ Galena Cellars Vineyard (Scales Mound, IL)

Michael Charles and His Band 1 PM @ Massbach Ridge Winery (Elizabeth, IL)

Scott Kirkhart 2 PM @ Off Shore Resort Bar & Grill (Bellevue, IA)

One Headlight 3 PM @ Knicker's Saloon

Big Cat Eddie 3 PM @ Millennium Bar & Marina (East DBQ, IL)

Sam Day 4 PM @ Darkbird Taphouse (Peosta, IA)

Jimmy Welty Band 4 PM @ Son Chasers (Cassville, WI)

DR Duo 6 PM @ Stone Cliff Winery

Craig Gerdes Band 6 PM @ Sandy Hook Tavern (Hazel Green, WI)

Jacquie Miller Duo 7 PM @ Days Inn Spirits Bar & Grill

Laura & The Longhairs 7 PM @ Hilltop at Menominee (Menominee, IL)

Tony Schmitt & Shannon Woulfe Duo 7 PM @ Gehlen Barn Beer in the Barn Brewery (St. Donatus, IA)

Steve Kalmes 7 PM @ Lock 12 (Bellevue, IA)

Jef Spradley 7:30 PM @ Midtown Marina (East DBQ, IL)

Black Hole Sun + Rooster 8 PM @ Q Casino Q Showroom

Lonesome Road 8 PM @ Yardarm

Meghan Davis 8 PM @ Frank O'Dowd's Irish Pub (Galena, IL)

Alisabeth Von Presley 8 PM @ Grape Escape (Galena, IL)

Johnnie Walker 8 PM @ Cassville Ferry (Cassville, WI)

Here Come The Mummies, Sun Stereo 8 PM @ Codfish Hollow Barnstormers (Maquoketa, IA)

The Mixed Emotions Band 8:30 PM @ The Big House (Petersburg, IA) Wxlley Presents: ROUND 3: Mutilated By Zombies, Skinny & the Shakes, JDotMane, Trap Garage Mafia 9 PM @ Fox Den Motel

Ruckus on the Rooftop: Comedy with a View 9 PM @ Smokestack

Rocktail 9 PM @ Dirty Ernie's (Farley, IA)

#### SUN **7/9**

Mud Lake Bluegrass Sundays Pickers Pick-nic @ Noon The Rische Family Band w/ Milly Raccoon and Greg Garing @ 2 PM Mud Lake Park

Steve Cavanaugh & Randy Droessler Noon @ Tony Roma's

Todd McDonough Noon @ Millennium Bar & Marina (East DBQ, IL)

Todd Ellis Music 1 PM @ Dockside Bar & Grille

Brushfire Bandits Duo 1 PM @ Yardarm

Darrell, Jacque and Connie 1 PM @ O So Good Winery (Dyersville, IA)

The Resistors 2 PM @ Days Inn Spirits Bar & Grill

Johnnie Walker 2 PM @ Massey Marina

Elizabeth Mary 2 PM @ Gehlen Barn Beer in the Barn Brewery (St. Donatus, IA)

Jordan Danielsen 2 PM @ Off Shore Resort Bar & Grill (Bellevue, IA) Tony Walker 3 PM @ Stone Cliff Winery

Denny and Bernie Acoustic Duo 3 PM @ Darkbird Taphouse (Peosta, IA)

Jimmy Welty Band 3 PM @ Locals Bar (Epworth, IA)

Sun Green 3 PM @ New Diggings General Store (New Diggings, WI)

Joie Wails 5 PM @ Sandy Hook Tavern (Hazel Green, WI)

Ron Lubbers 5 PM @ Louisburg Junction (Cuba City, WI)

Music in the Gardens: Layne Yost 6:30 PM @ DBQ Arboretum

Steve McIntyre 7 PM @ Grape Escape (Galena, IL)

Sensor Ghost, If I Could Just Get Some Sleep 9 PM @ The Lift

#### TUE **7/11**

Joseph John Valenti 6 PM @ Tony Roma's

Summer Nights at the Plaza: The Wundo Band 6 PM @ Schreiner Memorial Library (Lancaster, WI)

Tommy Stinson's Cowboys in the Campfire, Small Houses 7 PM @ Fox Den Motel

#### WED **7/12**

The Mid-Week Market on Iowa Street Barefoot & Sunshine @ 5 PM Open Mic @ 7 PM 11<sup>th</sup> & Iowa St









### FOLK/ AMERICANA MINI MUSIC FESTIVAL

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#### FRIDAY, JULY 14



Marques Morel @ 5–7 PM Broken Rubber Band @ 7–10 PM

#### SATURDAY, JULY 15



John Moran @ 4–6 PM The Alumatics @ 6–9 PM

#### SUNDAY, JULY 16





Pennyroyal and Friends @ 1–4 PM Megan Bee @ 4–6 PM





#### WED **7/12**

Kristina Marie Castañeda & Shawn Healy 6 PM @ Grape Escape (Galena, IL)

The Wundos 6 PM @ Pizzeria Uno Annex Back Bar (Platteville, WI)

Casey Klein 7 PM @ First Reserve

David Ramirez, Joelton Mayfield, Trevor Sensor 7 PM @ Fox Den Motel

Delaware County Fair: Josh Baldwin 7 PM @ Delaware County Fairgrounds (Manchester, IA)

#### THU **7/13**

Millwork Night Market: The Alumatics 5 PM @ 8<sup>th</sup> & Jackson St

Jimmy Welty Band 5 PM @ Jimmy's Pub (East DBQ, IL)

Cruisin' Thursdays: Stoney Boys 5 PM @ Sinsinawa Ave, East DBQ, IL

Rianna Marie 5 PM @ Potosi Brewery (Potosi, WI)

Live @ The Plaza: Steve McIntyre 5 PM @ Green Street Plaza (Galena, IL)

Denny Troy 6 PM @ Houlihan's

Heather Cunard 6 PM @ Lina's Lounge

Tony Walker 6 PM @ Tony Roma's

Jordan Danielson 6 PM @ Yardarm

Music in the Park: City Band 6 PM @ City Park (Platteville, WI)

Tri-State Wind Symphony
The Accordion Divas @ 6:15 PM
Conductor David Resnick @ 7 PM
Alliant Amphitheater

Shullsburg Music in the Park: The Wundo Band 6:30 PM @ Badger Park (Shullsburg, WI)

Eliza Edens, Alexis Healey, Glad Rags 7 PM @ Fox Den Motel Andrew Huber 7 PM @ Frank O'Dowd's Irish Pub (Galena. IL)

Darius Rucker, Drew Green 7:30 PM @ Q Casino Back Waters Stage

The Rische Family Band w/ Milly Raccoon and Greg Garing 8 PM @ Grape Escape (Galena. IL)

Delaware County Fair: REO Speedwagon 8:30 PM @ Delaware County Fairgrounds (Manchester, IA)

The Shootouts, Cody Johnson 9 PM @ The Lift

Jake Dodds 10:30 PM @ Q Casino Q Showroom

#### FRI **7/14**

Food Festival Fridays: Ralph Kluseman 11:30 AM @ Washington Park

Music on Main: Tyler Richton & The High Bank Boys 5 PM @ Town Clock Plaza

Folk/Americana Mini Music Festival Marques Morel @ 5 PM Broken Rubber Band @ 7 PM Darkbird Taphouse (Peosta, IA)

DR Band 5 PM @ Park Farm Winery (Bankston, IA)

The 2 Carls Band 5 PM @ Potosi Brewery (Potosi, WI)

Steve & Randy 6 PM @ Days Inn Spirits Bar & Grill

Jef Spradley 6 PM @ Stone Cliff Winery

Matt Rail 6 PM @ Millennium Bar & Marina (East DBQ, IL)

Johnnie Walker 6 PM @ Pizzeria Uno Annex Back Bar (Platteville, WI)

Theresa Rosetta 6:30 PM @ Lacoma Golf (East DBQ, IL)

Downtown Summer Nights: The Ditch Lilies 6:30 PM @ Legacy Square (Dyersville, IA)

#IMOMSOHARD Ladies Night 7 PM @ Five Flags Theater

The Goldenrods, Denny Garcia @ 7 PM Night Mother, Woodcreeper, Obsidian Hammer @ 10 PM The Lift

Colts Music on the March 7 PM @ Senior High School Dalzell Field

Tim O'Grady 7 PM @ Gehlen Barn Beer in the Barn Brewery (St. Donatus, IA)

Kayleigh Matthews 7 PM @ Galena Brewing Co (Galena, IL)

Justin Goodchild 7 PM @ Off Shore Resort Bar & Grill (Bellevue, IA)

Boot Jack Band 7 PM @ Off Shore Resort Pool (Bellevue, IA)

Jordan Danielsen 7 PM @ Maquoketa Brewing (Maquoketa, IA)

Delaware County Fair: Carly Pearce, Aaron Watson 7:30 PM @ Delaware County Fairgrounds (Manchester, IA)

The Slaps, Manwolves 8 PM @ Fox Den Motel

Meatplow 8 PM @ Q Casino Q Showroom

The Driftless Ramblers Feat Jordyn 8 PM @ Yardarm

Dave Lowe 8 PM @ Frank O'Dowd's Irish Pub (Galena, IL)

Lojo Russo 8 PM @ Grape Escape (Galena, IL)

Secrets 8 PM @ The Market at the Tap (Monticello, IA)

Jeff Theisen 9 PM @ Lock 12 (Bellevue, IA)

#### SAT **7/15**

Dubuque Farmers' Market: Brion Bowman, Sam Day 7 AM @ 11<sup>th</sup>-13<sup>th</sup> & Iowa St

Heyday Market: Marques Morel, David Zollo, Katie and The Honky Tonks, DJ SaladSpinner 10 AM @ Smokestack Southwest Music Festival Stolen Grace @ 11:30 AM Donice Morace @ 2 PM Sonic Circus @ 5 PM Madison County @ 9 PM 2<sup>nd</sup> Street, Platteville, WI

Lenny Wayne @ Noon Cole Thomas @ 5 PM Galena Cellars Downtown (Galena, IL)

Bruce Kort 1 PM @ Galena Cellars Vineyard (Scales Mound, IL)

Secrets 2 PM @ Burkey's Bar

Ratchet Jaw @ 2 PM Jabberbox @ 8 PM Yardarm

Abbev Rode 2 PM @ Off Shore Resort Bar & Grill (Bellevue, IA)

DR Duo 2 PM @ Highway 20 Brewing Co (Elizabeth, IL)

River City Boys 2 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

Johnnie Walker 2 PM @ Hawg Dogs (Savanna, IL)

Joie Wails 3 PM @ Millennium Bar & Marina (East DBQ, IL)

Folk/Americana Mini Music Festival John Moran @ 4 PM The Alumatics @ 6 PM Darkbird Taphouse (Peosta, IA)

Mississippi 5 PM @ Knicker's Saloon

Jordan Danielsen 6 PM @ Stone Cliff Winery

Jim Calhoun 6 PM @ Gehlen Barn Beer in the Barn Brewery (St. Donatus, IA)

Matt Rail. Eric Hilton 6:30 PM @ Galena Lions Den (Galena, IL)

The Mixed Emotions Band 7 PM @ Days Inn Spirits Bar & Grill

ABBAFab 7:30 PM @ Five Flags Theater Volbeat, Bad Wolves 8 PM @ Q Casino Back Waters Stage

**Brushfire Bandits** 8 PM @ Midtown Marina (East DBQ, IL)

Dave Lowe 8 PM @ Frank O'Dowd's Irish Pub (Galena, IL)

Mike Droho 8 PM @ Grape Escape (Galena, IL)

Sunny Sweeney, Lauren Morrow 8 PM @ Codfish Hollow Barnstormers (Maquoketa, IA)

Jef Spradley 9 PM @ Lock 12 (Bellevue, IA)

Johnny Trash 10:30 PM @ Q Casino Q Showroom

#### SUN **7/16**

Sarah Day Noon @ Tony Roma's

Jeff Theisen Noon @ Millennium Bar & Marina (East DBQ, IL)

Fric Weimerskirch Duo 1 PM @ Dockside Bar & Grille

Joie Wails 1PM @ Yardarm

Folk/Americana Mini Music Festival Pennyroyal and Friends @ 1 PM Megan Bee @ 4 PM Darkbird Taphouse (Peosta, IA)

Jimmy Welty Band 1PM @ O So Good Winery (Dyersville, IA)

20th Century Smooth Jazz w/ Bateman and Palucci 1:30 PM @ Dimensional **Brewing Co** 

Tiger Kings 2 PM @ Days Inn Spirits Bar & Grill

Joseph John Valenti 2 PM @ Asbury Eagles Club (Asbury, IA)

Jef Spradley 2 PM @ Gehlen Barn Beer in the Barn Brewery (St. Donatus, IA)

Adam Reck 2 PM @ Off Shore Resort Bar & Grill (Bellevue, IA)

Johnnie Walker 2 PM @ PromiseLand Winery (Guttenberg, IA)

Elizabeth Mary 3 PM @ Stone Cliff Winery

The Mixed Emotions Band 3 PM @ Town Clock Pizza (Centralia, IA)

Unicorn Fist 3 PM @ New Diggings General Store (New Diggings, WI)

Jazz Q 3 PM @ Tabor Home Winery (Baldwin, IA)

Sam Dav 4 PM @ Park Farm Winery (Bankston, IA)

Secrets 5 PM @ Sandy Hook Tavern (Hazel Green, WI)

Music in the Gardens: Denny Diamond & The All Night Show Band 6:30 PM @ DBQ Arboretum Johnny Lawhorn & Bil Zarate 7 PM @ The Lift

#### TUE **7/18**

Elizabeth Mary 6 PM @ Tony Roma's

#### WED **7/19**

Family Fun Night: Boys of Lloyd 4:30 PM @ Dickeyville Community Park (Dickeyville, WI)

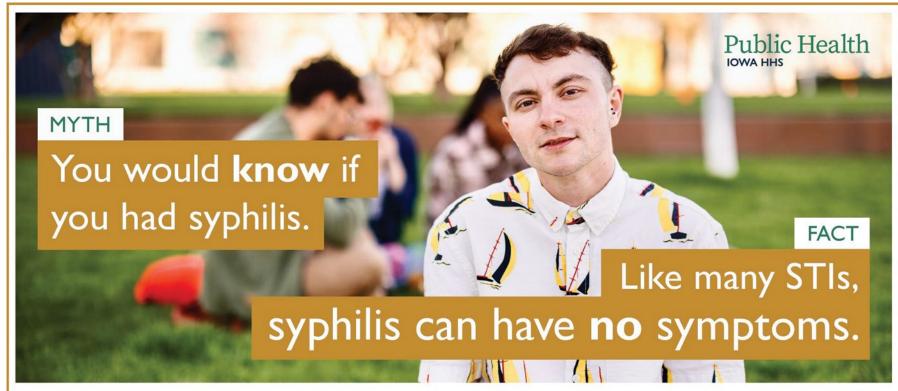
The Mid-Week Market on Iowa Street Megan Bee @ 5 PM Open Mic @ 7 PM 11th & Iowa St

Shekinah King 6 PM @ Grape Escape (Galena, IL)



**BUT WAIT... THERE'S MORE!** VIEW OUR FULL NIGHTLIFF LIST

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Syphilis is a sexually transmissible infection (STI). It's more common and easier to get than you might think. Not everyone who has syphilis has symptoms, so people often don't realize they have it. If you do have symptoms, they can include a painless sore or rash.

Thankfully, syphilis is easy to test, treat and cure! If you're sexually active, make sure that getting tested syphilis is part of your regular health routine.

Find a testing location near you: gettested.cdc.gov









# Ongoing & Recurring Nightlife

#### SUNDAY

Disco Brunch 9 AM @ Convivium Urban Farmstead 2<sup>nd</sup> Sun, Oct event on 10/15

Open Mic w/ Scott Rische 1 PM @ Grape Escape (Galena, IL)

Bingo 4 PM @ Gary Dolphin's Iron Bar

Open Mic & Sketch Group w/ Addison Aronson 4 PM @ Smokestack F<sup>t</sup> Sun

#### MONDAY

Trivia

w/ Fun N Games Company 6:30 PM @ Textile Brewing Company (Dyersville, IA) Ft & 3rd Mon

Taproom Trivia w/ Fun N Games Company 6:30 PM @ The Corner Taproom (Cascade, IA) 2nd Mon

#### TUESDAY

Dance Dance Party Party 5:30 PM @ Smokestack 2<sup>nd</sup> Tue

Tuesday Night Record Club w/ DJ Jon Purvis and DJ Nick Riedman 7 PM @ Fox Den Motel

Trivia w/Triviawithbrett 7 PM @ Hotel Julien Dubuque Riverboat Lounge

Leo-oke: Live Piano Karaoke 7 PM @ Wicked Dame

Trivia w/ Fun N Games Company 7:30 PM @ Backpocket Dubuque

#### WEDNESDAY

Trivia w/Triviawithbrett 6 PM @ Hy-Vee Locust HitMix Music Bingo 7 PM @ 7 Hills Brewing Co

Trivia For Dorks
7 PM @ Dimensional
Brewing Co.

WORDS: Poetry Hip-Hop Open Mic 7 PM @ Esther's Lounge

Open Mic 7 PM @ Gary Dolphin's Iron Bar

Trivia w/ Fun N Games Company 7 PM @ Lina's Lounge

The Mixologist DJ AA 7 PM @ The Other Side (East Dubuque, IL)

Rockstar Bingo 7 PM @ 7 Hills North (Platteville, WI)

Karaoke w/ Becky McMahon 8:30 PM @ Denny's Lux Club

Karaoke w/ Dante Steele Entertainment 9 PM @ Baraboo's on Main

#### THURSDAY

Trivia w/Triviawithbrett 6:30 PM @ Hy-Vee Dodge

Adagio w/ Nate 7 PM @ Gary Dolphin's Iron Bar

Family Game Night 7 PM @ 7 Hills West (Dyersville, IA)

Music Bingo w/ Think & Drink 8 PM @ Barrel House

Karaoke w/ Dante Steele Entertainment 8 PM @ The Dungeon Every Other Thu: 7/13, 7/27, 8/10

Thirsty Thursday Open Mic 8 PM @ Smokestack

Karaoke 9 PM @ Southend Tap

#### FRIDAY

Karaoke w/ Becky McMahon 7 PM @ Offside Sports Complex 2<sup>nd</sup> Fri

Karaoke & Live Music w/ Johnny C 7 PM @ Swiss Inn (East Dubuque, IL) 2nd Fri

Trivia Night
7 PM @ Maquoketa Brewing
(Maquoketa, IA)
1st Fri

Karaoke 7:30 PM @ Lock 12 (Bellevue, IA) \*\*\* & 3rd Fri through Dec

Speedquizzing Trivia w/ GQ Entertainment 8 PM @ 7 Hills Brewing Co

Open Mic 8 PM @ The Comedy Bar

Open Mic Karaoke 8:30 PM @ The Big House (Petersburg, IA)

Karaoke w/ Dante Steele 9 PM @ Baraboo's on Main

#### SATURDAY

Karaoke w/ Becky McMahon 7 PM @ R Place (East DBQ, IL) 1st Sat July event on 7/8

Karaoke w/ Dante Steele Entertainment 9 PM @ Baraboo's on Main

Karaoke & Live Music w/ Johnny C 9 PM @ Swiss Inn (East Dubuque, IL) Last Sat

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EMAIL: MUSIC@DUBUQUE365.COM

# MISSISSIPPI MONIPAR

# **Upcoming Entertainment**



# Wrëking Crüe

JULY 21 @ 8 PM

Wrëking Crüe: The Tribute to Mötley Crüe pays homage to one of the most iconic rock bands in history. Wrëking Crüe's performance replicates four eras of Mötley Crüe concerts, down to the smallest details. The outstanding visual experience brings with it the high energy rock 'n roll that Mötley Crüe is known for, but on an up-close-and-personal level.



# Whitey Morgan & The 78's

JULY 22 @ 8 PM

In a career spanning 15 years, Morgan has released five studio albums and a live recording from his hometown of Flint, MI. Rolling Stone has described Morgan as a "Waylon Jennings acolyte... modern day outlaw [with a] hard hitting blue-collar brand of music," while NPR Music hailed, "Staying close to the sound and subject matter of classic outlaw artists like Waylon Jennings, Merle Haggard and David Allan Coe, Morgan is poised to lead this handworn brand of country to the next generation."



# The Ultimate Doors: Tribute to Jim Morrison & The Doors

AUGUST 5 @ 8 PM

With great attention to detail, The Ultimate Doors provide an authentic looking and sounding tribute to Jim Morrison and The Doors. From Jim Morrison's leather outfits all the way down to the color of the microphone cable, you will leave feeling like you watched The Doors performing live in the late 1960s.

#### **Additional Entertainment**

**WARD DAVIS** 

AUGUST 12 @ 8 PM

NIGHTRAIN AUGUST 18 @ 8 PM

CROCE PLAYS CROCE PERFORMED BY A.J. CROCE

SEPTEMBER 9 @ 8 PM



Diamond Jo Casino's Mississippi Moon Bar is located at 301 Bell St. in the Port of Dubuque. All shows are 21+. For tickets and more information about the upcoming entertainment, call Diamond Jo Casino at 563-690-4800 or visit MoonBarRocks.com. NIGHTLIFE 365



## 26<sup>th</sup> Annual Asbury's Music in the Park Festival

SATURDAY, JULY 8 @ NOON-10 PM ASBURY PARK (ASBURY, IA)

The Asbury Area Civic and Recreation Foundation hosts their annual Music in the Park Festival on Saturday, July 8, from noon to 10 p.m. sponsored by Premier Bank. This is a free family event with a variety of music, entertainment, food, children's games, and family activities.

Entertainment during the day includes inflatables, a petting zoo, magic, balloons, face painting, and children's games. Live music in the Wagner Pavilion includes Beau Timmerman, Kristina Marie Castañeda, Heartland Harmony, Suonare, Ralph Kluseman and Johnnie Walker, and Tapestry.

The evening begins with the headline band performance. This year, The Breakfast Club performs on the main stage from 7 to 10 p.m. presented by Dupaco Community Credit Union. They are one of the Midwest's very best '80s party cover bands.

Numerous food vendors provide great selections all day along including Just 4 Kicks, Birds. Fried Chicken, Side Hustle Mobile Eatery, Happi Hibachi, and Howling BBQ with ice cold beer from AACRF. No food or beverage carry-ins allowed.

Shuttle service will be available with stops throughout the City of Asbury as well as several outlying areas. The party may be in Asbury, but the entire Dubuqueland area is invited to come out to Asbury Park, located on Asbury Road near Casey's, to enjoy all the music, games, food and fun!

For more information, call Asbury City Hall at **563-556-7106** or visit **CityOfAsbury.com**.





# LIVE MUSIC & ENTERTAINMENT FEATURES

#### FRI **7/7**



Laney Lou and the Bird Dogs 8 PM @ FOX DEN MOTEL (920 MAIN ST) TICKETS: \$12

Laney Lou and the Bird Dogs are an energetic Americana band from Bozeman, MT, that infuses four-part harmonies, engaging songwriting, and rock-n-roll drive into a modern approach to traditional folk music. **FoxDenMotel.com**.

#### SAT **7/8**



Here Come The Mummies, Sun Stereo 8 PM @ CODFISH HOLLOW BARNSTORMERS (5013 288<sup>TH</sup> AVE, MAQUOKETA, IA) TICKETS: \$50

Original. Undead. Funk... Questions? Here Come the Mummies is an eightpiece funk-rock band of 5,000 year-old Egyptian Mummies with a one-track mind. Their "Terrifying Funk from Beyond the Grave" is sure to get you into them (and possibly vice versa). Some say they were cursed after deflowering a great Pharaoh's daughter. Others claim they are reincarnated Grammy-Winning studio musicians. Regardless, HCTM's mysterious personas, cunning song-craft, and unrelenting live show will bend your brain, and melt your face. Sun Stereo opens. codfishhollowbarnstormers.com.

#### SUN 7/9



Sensor Ghost, If I Could Just Get Some Sleep

9 PM @ THE LIFT (180 MAIN ST, LOWER LEVEL)
COVER: FREE

Sensor Ghost, a medieval funk punk band from Washington, D.C., is composed of Mike Andre, Amanda Huron, and Sam Lavine (formerly/ also of bands such as Puff Pieces, Weed Tree, Light Beams, The Cornel West Theory, and Antelope).

#### TUE **7/11**

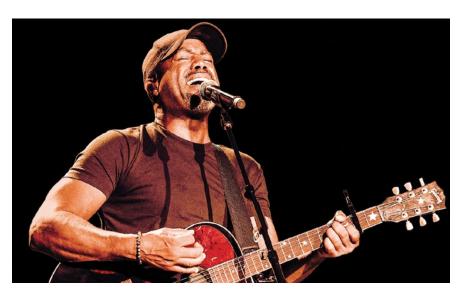


# Tommy Stinson's Cowboys in the Campfire

7 PM @ FOX DEN MOTEL (920 MAIN ST) TICKETS: \$20

In plain words, Tommy Stinson is a great American musician. You can needledrop at any juncture of the Minneapolis native's four-decade-plus career and find a moment of great significance. Stinson was a founding and lifetime member of The Replacements. He was a key secondgeneration ingredient in Guns N' Roses and served a seven-year tenure with Soul Asylum. He also led two essential bands of his own—the aptly named Bash & Pop and Perfect—appeared on recordings by the Old 97's, MOTH and BT and played bass on the Rock Remix of Puff Daddy's "It's All About the Benjamins." Stinson's latest venture is called Cowboys in the Campfire—a duo with good pal Chip Roberts. For fans of any rock band from the past 40 years 'cause they were all influenced by Tommy. Small Houses opens. FoxDenMotel.com.





#### Darius Rucker WITH SPECIAL GUEST DREW GREEN THURSDAY, JULY 13 @ 7:30 PM

THURSDAY, JULY 13 @ 7:30 PM Q CASINO BACK WATERS STAGE

Country music artist Darius Rucker lights up Q Casino's Back Waters Stage on Thursday, July 13 at 7:30 p.m. He will be joined by special guest Drew Green.

Darius Rucker first achieved multi-Platinum status in the music industry as lead singer and rhythm guitarist of the Grammy Award-winning band Hootie & the Blowfish, who have sold more than 25 million albums worldwide including their Diamond-certified debut *Cracked Rear View*, which remains among the Top 10 best-selling studio albums of all time.

Since releasing his first country album in 2008, Rucker has earned a whole new legion of fans with four No. 1 albums on the *Billboard* Country chart, including RIAA Platinum-certified *Learn to Live* and *True Believers*, plus 10 No. 1 singles at Country radio and 11 Gold, Platinum, or multi-Platinum certified hits. Rucker was

inducted as a Grand Ole Opry member in 2012, and in 2014, he won his third career Grammy Award for Best Solo Country Performance with his 9x Platinum version of Old Crow Medicine Show's "Wagon Wheel," one of the top five best-selling country songs of all time. He co-hosted the 54th annual CMA Awards in 2020 and topped the charts at country radio once again with "Beers And Sunshine" in 2021 followed by "My Masterpiece."

As a lifelong philanthropist, Rucker supports the MUSC Children's Hospital in his hometown of Charleston, SC and has also raised millions of dollars for St. Jude Children's Research Hospital through his annual Darius & Friends benefit concert and golf tournament. Rucker has also advocated for over 200 charitable causes supporting public education and junior golf programs in South Carolina through the Hootie & the Blowfish Foundation and serves as a National Chair for the National Museum of African American Music in Nashville.

Tickets start at \$69.99. ■



#### Volbeat

WITH SPECIAL GUEST BAD WOLVES SATURDAY, JULY 15 @ 8 PM

Q CASINO BACK WATERS STAGE Award-winning Danish rock band Volbeat takes over Q Casino Back Waters Stage on Saturday, July 15 at 8 p.m. with special guest Bad Wolves.

Volbeat formed in Copenhagen in 2001 and plays a fusion of rock and roll, heavy metal, and rockabilly. They are two decades deep into a career that has found them sharing stages with genre legends like Black Sabbath, Metallica, Motorhead, Slipknot, Megadeth, Anthrax, and more. They have racked

up nearly 3 billion cumulative streams over the course of their career, earned Gold and Platinum certifications all over the world, scored a Best Metal Performance Grammy nomination for "Room 24 (feat. King Diamond)" from 2014's acclaimed (and U.S. gold-certified) Outlaw Gentlemen & Shady Ladies, and have won multiple Danish Music Awards.

At this stage of the game, Volbeat don't have anything to prove. Even so, *Servant of the Mind*, the band's eighth album, takes the signature heavy metal, psychobilly, punk 'n' roll sound on which they have built their reputation up a notch.

Tickets start at \$54.99. ■



# Elle King WITH MEGAN MORONEY

FRIDAY, AUGUST 11 @ 8 PM Q CASINO BACK WATERS STAGE

Award-winning singer and Grammy nominee Elle King heads to Q Casino Back Waters Stage on Friday, Aug. 11 at 8 p.m. She will be joined by opening act Megan Moroney, who just won Breakthrough Female Video of the Year at the 2023 CMT Music Awards.

Multi-platinum recording artist Elle King has amassed nearly 1.7 billion streams worldwide, including over 275 million for the Platinum-certified smash hit "Drunk (And I Don't Wanna Go Home)" with Miranda Lambert. The song marked the first woman-woman collaboration to reach the top spot on *Billboard*'s Country Airplay chart since Reba McEntire and Linda Davis' "Does He Love You."

King recently released her new album, Come Get Your Wife, to rave reviews and a Top 10 on the Billboard Album Sales Chart. Co-producing the album and writing eight of tracks, the record includes her Top 30 single "Worth A Shot," featuring Dierks Bentley. This is the second time King and Bentley have teamed up, following their Grammy-nominated, CMA Award winning, RIAA Platinumcertified No. 1 hit "Different for Girls."

King is the first female artist in history to have scored radio No. 1 singles on four different formats. Her debut album, *Love Stuff*, featured her breakthrough single "Ex's & Oh's," which earned her two Grammy nominations and is certified 4x times platinum.

Born and raised in Georgia, Megan Moroney is one of Nashville's most exciting up-and-coming artists. Megan grew up in a musical household heavily influenced by legendary songwriters in classic country, southern rock, and Americana. During Megan's freshman year at the University of Georgia, an opportunity to open for an established country artist at the iconic Georgia Theatre prompted Megan to write her very first original song. From there, she developed a love for storytelling and has become known for her distinctive voice and honest conversational lyrics. Make sure to check out her debut EP, Pistol Made of Roses.

Tickets start at \$49.99. ■



## Music on Main: Tyler Richton & the High Bank Boys

JULY 14 AND AUGUST 11 @ 5-9 PM TOWN CLOCK PLAZA (7<sup>TH</sup> & MAIN ST)

Music on Main Street brings three concerts to Dubuque's Town Clock on Main Street this summer. Enjoy free live music and food and cold beverages with Dubuque Main Street. The second installment in the series features Tyler Richton & the High Bank Boys on Friday, July 14 at 5–9 p.m.

While shows performed by Tyler Richton & the High Bank Boys are youthful and lively, the four members of the High Bank Boys have more than 50 years of experience playing live music combined. With this kind of dedication and devotion to country music, it's no wonder that the High Bank Boys have become the premier country band in the area. They are known for being an excellent dance band as well as making the crowd feel like "one of the guys" when there's no dance floor available.

The series concludes with 10 of Soul on Aug. 11. The concert series is free to attend. For more information, call Dubuque Main Street at **563-588-4400** or visit **DubuqueMainStreet.com**. ■



## Folk/Americana Mini Music Festival

MARQUES MOREL, BROKEN RUBBER BAND, JOHN MORAN, THE ALUMATICS, PENNYROYAL AND FRIENDS. AND MEGAN BEE

FRIDAY, JULY 14 @ 5-10 PM SATURDAY, JULY 15 @ 4-9 PM SUNDAY, JULY 16 @ 1-6 PM DARKBIRD TAPHOUSE (7305 THUNDER VALLEY DR, PEOSTA, IA)

Darkbird Taphouse hosts a Folk/ Americana Mini Music Festival on July 14 and 16 at their location in Peosta, IA. Stop out and enjoy this diverse lineup of talented musicians.

The festival kicks off with Marques Morel at 5 p.m. The solo set will see him play guitar, harmonica, and kick drum while singing his backwoods folk tales. Michael Breitbach and The Broken Rubber Band take the stage at 7 p.m. They are joined by Dean Matoon, former longtime band member, for this occasion. Enjoy old standards, old country, and originals woven together with three- and four-part harmonies.

Come back on Saturday at 4 p.m. for John Moran. The singer-songwriter performs covers that he's gathered in his 50-year career. The Alumatics follow at 6 p.m. Scott Cornwell and his guitar playing buddy Chuck Lewis spin pop, rock, folk, and traditional bluegrass into their music. They will be joined by bass player Dan Shireman.

The festival concludes on Sunday with Pennyroyal and friends at 1 p.m. The final performance is by Megan Bee at 4 p.m. The award-winning singer-songwriter is based in the rolling hills of Athens, OH.

For more information, call Darkbird Taphouse at **563-590-7081** or visit **facebook.com/darkbirdtaphouse**.

#### THU **7/13**



**Stoney Boys** 

5 PM @ SINSINAWA AVE, EAST DUBUQUE, IL COVER: FREE

Join the Stoney Boys for Cruisin' Thursdays on the strip and hear your favorites from Waylon, Willie, Johnny, and others.

#### FRI **7/14**



Tim O'Grady

7 PM @ GEHLEN BARN BEER IN THE BARN BREWERY (101 MAIN ST, ST. DONATUS, IA) COVER: FRFF

Tim O'Grady is an independent, singersongwriter from rural Southern Wisconsin. He is described by Marc Gratz of Midwest Music and Musings podcast as being "as genuine and humble as the songs he writes." Tim's live shows are a blend of well-written originals, traditional country from just about every decade, and a dash of classic rock. His singles "Have a Beer," "Christmas at the Tavern," and "All the Things You Do" have received airplay and recognition in several countries including the United States, Canada, France, United Kingdom and Australia. All three songs are on his debut album, The Dollar Man, along with eight more tracks.

#### SAT **7/15**



**Abbey Rode** 

2 PM @ OFF SHORE RESORT (4115 N RIVERVIEW, BELLEVUE, IA) COVER: FREE

Abbey and Doug make up this acoustic duo playing all your favorite hits from the last few decades.

#### SUN 7/16



Joie Wails

1 PM @ THE YARDARM (1201 SHIRAS AVE EXT) COVER: FREE

Passionate, powerful, and rockin' are three words that describe Joie Wails. Strong harmonies covering Alice In Chains to Nirvana to Vance Joy plus an adorable selection of country favorites from bands like Lady Antebellum and Jason Aldean and sprinkle in some Olivia Newton John and it's simply magic!

#### THU **7/20**



#### Mike Younger

7 PM @ THE LIFT (180 MAIN ST, LOWER LEVEL) COVER: FREE

On the heels of the triumphant recovery and release of his record Burning The Bigtop Down-recorded with Rock icon Levon Helm and the legendary Memphis producer Jim Dickinson (both of whom have since passed away), Mike Younger has been an unstoppable force of nature, logging in over 100 tour dates at clubs and festivals across the US in 2022 alone, both solo and with his band Mike Younger & The Tennessee Treehuggers. Having been "discovered" by country artist Rodney Crowell while a street performer in New Orleans. Mr. Younger was relentless in his efforts to reclaim his "lost" recordings (held in limbo for almost 20 years due to label collapse) and finally was able to recover the tapes in 2017 and release the project in 2021 with the blessing of the families. "I've come way too far to let my own work be kept from me," Younger says with the quiet confidence of someone who has beaten the odds. Over the years, Mike Younger has lent his voice and his songs to various progressive causes as America's renegage roots troubador. He is a staunch advocate for clean energy and environmental justice and he bears the scars to prove it. The lyrics of his songs articulate some of the challenges of these times. His music is rooted in blues folk and country.



## **Southwest Music Festival**

MADISON COUNTY, SONIC CIRCUS, DONICE MORACE, AND STOLEN GRACE

SATURDAY, JULY 15 @ 11 AM-MIDNIGHT 2<sup>ND</sup> STREET, PLATTEVILLE, WI

Southwest Music Festival, hosted by the Platteville Regional Chamber, kicks off Platteville's Hometown Festival Week each year in July. Live music is featured on two stages on the historic 2<sup>nd</sup> Street. Gates open at 11 a.m., and many 2<sup>nd</sup> Street bars will be serving lunch.

Dubuque natives Stolen Grace get things started on the Kick Off Stage at 11:30 a.m. followed by 2022 Emerging Artist of the Year at the Texas Country Music Awards Donice Morace at 2 p.m. Starting at 5 p.m. on the Main Stage is Sonic Circus featuring Platteville native Jeremy Martens before WAMI People's Choice Awards Winner for 6 years Madison County headlines at 9 p.m.

Bring your own lawn chair. Tickets are \$20 in advance and \$25 at the gate. For more information, contact the Platteville Regional Chamber at 608-348-8888 or visit Platteville.com. ■



## The River City Boys

FEATURING THE MUSIC OF THE STATLER BROTHERS

SATURDAY, JULY 15 @ 2 PM **OHNWARD FINE ARTS CENTER** (1215 E PLATT ST, MAQUOKETA, IA)

Join the River City Boys for their tribute to the Statler's 2002 Farewell Concert on Saturday, July 15 at 2 p.m. at the Ohnward Fine Arts Center in Maquoketa, IA.

During their 47 year career, The Statler Brothers amassed five Grammys, two Academy of Country Music awards, and three Country Music Association awards. Since 1955, they have released 38 albums and 69 singles, and when they retired in 2002, they left millions of fans wanting more—and now you can have it!

"Flowers on the Wall," "Do You Remember These," "Do You Know You are My Sunshine," and more. The River City Boys-Brian, Mike, Scott and Jamie-are all veteran members of many favorite gospel groups, and they are all big Statler fans. They miss their incredible live concerts as much as you do, so they're taking the music back on the road to entertain fans everywhere.

Tickets are \$22 in advance or \$25 at the door for adults and \$13 in advance or \$15 at the door for students. Tickets can be purchased at the Ohnward Fine Arts Center box office, by calling 563-652-9815, or at OhnwardFineArtsCenter.com. ■

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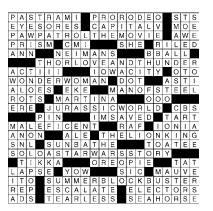
Come and see how comfortable dentistry has become and how beautiful your new smile can be Schedule an appointment for Zoom whitening, Invisalign, sedation or cosmetic dentistry, or simply a check up. Our blend of hometown friendliness and advanced techniques will leave you with an Exceptional grin

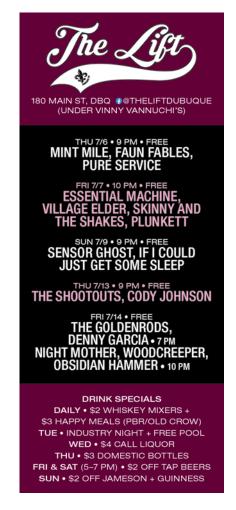
atmosphere that will make you smile.

#### **PUZZLE ANSWERS**

PUZZLES ON PAGE 36 GENERAL BOB IS AT THE DUBUQUE MINING COMPANY

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Drs. Alexia Oetken, Kristen Berning and Ted Murray are members of the AACD.

\* Dr. Ted Murray is AACD accredited.

**COLUMNISTS** 







STEAK AND LOBSTER



**BAC-O-RINGS** 



**OLD-FASHIONEDS FLIGHT** 

# Louisburg **Junction Supper Club**

#### Story by Danny Fairchild **Photos by Louisburg Junction**

I'm going to say something that could potentially lose me all my street cred as a dining columnist. But I beg you to hear me out. Please let me get my edgelord troll tendencies out of the way by writing what seems like an unflattering comparison, but then please also give me the chance to explain so we can part as friends. I know I'm asking a lot and I thank you.

Supper clubs are like fast food restaurants.

Oof. Yup, that's the knee-jerk reaction I was hoping to avoid. Even though I gave you ample warning and your judgment goes against our agreement

to hear me out, I still apologize. I mean, that was harsh, right? I empathize, but I also stand by what I said. Now, if you'll allow me, I'll explain. But I'll also understand if you flip straight to Angela's advice column right now.

First of all, please know that supper clubs are in my DNA. My dad owned one in the late 70s, early 80s in my birthplace of Ida Grove, IA called The Cozy Nook. I call his old carving station knife "Roastbane" and refer to it as "my father's sword" and I display it alongside my other sword, which is a gladius. My earliest memories waft with the aroma of broasted chicken and prime rib.

So don't go thinking I disrespect supper clubs. I'm here today because a supper club was finally doing well enough for the owners to have a second kid.

Then how can I compare something wonderful like supper clubs to something low and common like fast food? Probably because I try not to be a classist jerk like you, but I understand where this is coming from. Supper clubs mean quality. Fast food does not.

I'm not talking about quality. I'm talking about how supper clubs make you feel. Fast food restaurants are comforting because you can get the

exact same food no matter where you go. If you like the Big Mac here in Dubuque, IA, you'll also like the Big Mac in Winnemucca, NV. By ordering at one location, you can now make an informed decision at any location, nationwide.

Supper clubs are similar in this respect. When you make plans to eat at a supper club you've never eaten before, you KNOW they're going to have delicious chicken and/or steak dinners, a few nice seafood options, and plenty of opportunity to fill up before you even get your food, be it crackers and cheese spread/braunschweiger, or a helluva soup and salad bar. Oh, and good cocktails, too. It's a comfort thing. Just like fast food, you know what you're in for.

That's not to say that supper clubs are unremarkable. They're remarkable as hell, for the most part. That's certainly true of Louisburg Junction Supper Club. And yes, they got your supper club staples. They have to. Nobody will believe you're a supper club, otherwise. The remarkable comes from Lousiburg Junction's clever Wisconsin twists. Yes, I, a life-long Iowa boy, just used "clever" and "Wisconsin" in the same sentence. Whatever. They still can't drive.

In fact, if one goes to their website like any food columnist, "Wisconsin Tradition" are among the first words you see. After

the menu tabs, before even their logo. As an lowa boy, I realize that I'm not qualified to say what is and isn't "Wisconsin Tradition." But let me lay down some facts, and you can judge for yourself. Or at least see why I don't question the claim.

THE WISCONSIN TRADITION: Old-Fashioneds. The cocktail known as the old-fashioned has been a Wisconsin fixture way before Don Draper repopularized it. I don't need to describe it to ANYBODY in the Tri-States. There's a large faction in Wisconsin that make them with brandy instead of whiskey, and I'm not here to dump on that. Not today. But you know what you're getting when you get a supper club old-fashioned. If you've tasted it before, I'm sure you're tasting it now in your head. Ready for the Louisville Junction twist? Here it is: You like oldfashioneds, eh? Pretty good cocktail? How would you like a FLIGHT of old-fashioneds? Oh, yeah. Instead of choosing different varieties of beer to be served on a paddle or other platform, you're choosing from a number of different varieties of oldfashioned. And here's the thing: This is a board of three full-sized cocktails. Not samples. Don't be a hero. Share safely.

Oh, what's that? You prefer the ice cream drinks at supper clubs to cocktails? A grasshopper or a nice pink squirrel, perhaps? Ice cream and booze, amirite? Yesiam. Well how would you like a FLIGHT of ice cream drinks. You can see where I'm going with this. Louisville Junction takes flights higher. See what I did there?

THE WISCONSIN TRADITION: Cheese curds, onion rings, and other fried apps. Cheese curds are allowed to be different in terms of batter. It doesn't matter what kind of batter because they're all good on fried cheese. As long as you offer cheese curds, your Wisconsin supper club is up to code. The cheese curds at Louisville Junction are good cheese curds. You're going to get what you want. The twist? Oh, you like onion rings, eh? You like that golden batter around those sweet rings of fried heaven? Well what if I said you could have some damn fine onion rings like the ones you're thinking of now, but you could ALSO have Bac-o-rings? Bac-o-rings are exactly what you're probably picturing, though you've likely never pictured it before. It's an onion ring. But instead of batter, the rings are wrapped in maple bacon. Sooo good. And

the toothpick in each one to help keep structural integrity also makes for a nice place to grab them when they're hot.

Yeah, yeah. I'm getting to the entrées. But let's talk about the stuff that's going to ruin your appetite before you even GET your entrée. No braunschweiger was to be had when I was there. This seems to be a ham salad establishment, instead of braunschweiger. No diss on ham salad, mind you. And Louisville Junction had me going through many a package of crackers with theirs. I just really like braunschweiger, is all. The salad bar itself is pretty basic. Iceberg lettuce, the usual lineup of dressings with ranch, french et. al. A few salad embellishments, a few pasta salads. But the soups are amazing. I had beef noodle soup, and oh how I've missed those nice thick, short noodles.

The entrées! If you're still hungry by this time, your resolve is incredible. All the classics are there. And while every supper club has their own ways of doing things, if you're looking for supper club cuisine, prepare to get that itch scratched

GOOOOD! The pork filet is an awesome center-cut butterfly chop served with either applesauce or BBQ sauce. I'd go for the classic pork-chops-and-applesauce combo, but it was Ann's to order, and I'm the last person to say no to pork and BBQ sauce. Pork chops and applesauce has been a favorite flavor combo of mine since I saw that one episode of *The Brady Bunch*.

The steaks and prime rib were done to perfection and succulent. Like you'd expect from a supper club. BUT! Ever notice how the seafood is kind of hit or miss at a supper club? Makes sense, considering our geography. So I ordered the scallops as a test. I didn't even tell them I was going to write a column. I often don't. 'Cuz who cares? The scallops, which you can get baked OR fried, came to me perfectly done. Not rubbery and overcooked. Not chewy and undercooked. Perfectly, melt-in-your-mouth-who-needsteeth-anyway done. They were beautiful, even the next day because, yes... I filled up on all that other stuff, first.

That's just Wisconsin tradition.



Louisburg Junction Supper Club

2061 LOUISBURG RD, CUBA CITY, WI 608-744-3663

LOUISBURGJUNCTION.COM

Hours: Thu-Sun: 4-9 PM; Mon-Wed: Closed

#### **DANNY FAIRCHILD**

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FROM NOBODY, BUT HE'LL
TAKE FOOD FROM ALMOST
ANYBODY. IF YOU WANT
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# HyVee.

# Fermentation and Your Gut Health—What You Need to Know

By Hy-Vee Nutritionist Megan Dalsing

The human body is home to a vast array of microbes, with around 90% to 95% of them residing in our gut, especially the colon. While this may sound unsettling, the truth is that these microbes play a crucial role in our overall health and well-being. In fact, a healthy gut microbiome has been linked to everything from proper immune function to improved digestion and nutrient absorption. An abnormal microbiota has been linked to a variety of health conditions, including antibiotic-associated diarrhea, diabetes, metabolic syndrome and obesity, allergies, inflammatory bowel disease, irritable bowel syndrome, auto-immune diseases, colon cancer, depression, and anxiety. So what exactly are these gut microbes, and how can we ensure that they stay healthy and balanced?

One important factor in maintaining a healthy gut is including foods that contain probiotics and prebiotics. Probiotics are live microorganisms that can benefit health when given in adequate amounts and can also help support the bacteria that live in our gut. They have been shown to improve immune function, aid digestion, and even reduce the risk of certain infections. Some of the best sources of probiotics include yogurt, kefir, kombucha, and other fermented foods.

Prebiotics, on the other hand, are foods that feed the beneficial microbes in our gut and help them thrive. Prebiotics can help improve digestive function, support the immune system, and can help regulate appetite and glucose metabolism. Foods that are high in prebiotics include onions, garlic, bananas, chicory root, and Jerusalem artichokes.

Another important factor in maintaining a healthy gut is the consumption of fermented foods. Fermented foods are those that are made through the growth of certain microbes and enzymatic conversions of food components. These foods can be a source of live, active microbes, and can also improve the taste, texture, and digestibility of food. Some fermented foods include yogurt, kefir, most cheeses, miso, tempeh, kimchi, fermented vegetables, and kombucha. It is important to note that not all fermented foods are probiotic foods. Only some fermented foods contain microbes that meet the strict criteria to be called a "probiotic." Furthermore, some foods that undergo fermentation are further processed, such as through pasteurization, baking or filtering, which can eliminate the live microbes.

To maintain a healthy gut microbiome, it is important to consume a variety of probiotic and prebiotic-containing foods, as well as fermented foods. This can improve your overall health and well-being, and may even reduce the risk of certain diseases. The next time you reach for a snack, consider choosing something beneficial for your gut-health.



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## **Coming Soon**

#### **SOUND OF** FREEDOM (PG-13)

TUESDAY, JULY 4

After rescuing a young boy from ruthless child traffickers, a federal agent learns the boy's sister is still captive and decides

to embark on a dangerous mission to save her. He guits his job and journeys deep into the Colombian jungle, putting his life on the line to free her from a fate worse than death. Based on a true story.

#### JOY RIDE (R)

FRIDAY, JULY 7

A story of four unlikely friends who embark on a once-in-alifetime international adventure. When Audrey's (Ashley Park) business trip to Asia goes

sideways, she enlists the aid of Lolo (Sherry Cola), her irreverent, childhood best friend who also happens to be a hot mess; Kat (Stephanie Hsu), her college friend turned Chinese soap star; and Deadeye (Sabrina Wu), Lolo's eccentric cousin.

#### **MISSION: IMPOSSIBLE** - DEAD RECKONING PART ONE (PG-13)

WEDNESDAY, JULY 12

Ethan Hunt and his IMF team embark on their most dangerous mission yet: to track down a

terrifying new Al-based weapon that threatens humanity before it falls into the wrong hands. With control of the future and the fate of the world at stake, and dark forces from Ethan's past closing in, a deadly race around the globe begins.

#### **OPPENHEIMER (R)**

FRIDAY, JULY 21

Acclaimed director Christopher Nolan returns to theaters with this biopic of J. Robert Opphenheimer, who changed the fate of the world forever when he became the "father" of the atomic bomb in his efforts to end World War II.

#### **BARBIE (PG-13)**

FRIDAY, JULY 21

After being expelled from the utopian Barbie Land for being a less-than-perfect doll, Barbie and Ken go on a journey of self-discovery to the real world. Come on, Barbie, let's go party.

## **Movie Buzz**

James Gunn's Superman: Legacy, set for July 2025, has found its Clark Kent and Lois Lane. David



Corenswet, recently seen in the HBO miniseries We Own This City, will portray the Last Son of Krypton, while Rachel Brosnahan (The Magnificent Mrs. Maisel) will play Lois, Gunn has said the movie will lean towards the optimistic ideal of a Superman: a being who is an alien, but one of deep humanity, kindness and compassion.

As part of its 100th anniversary celebration this year, Disney is releasing eight classic films to



theaters beginning July 7. Each movie will run for two weeks. The films are: Pirates of the Caribbean: The Curse of the Black Pearl, Toy Story, Frozen, Beauty and the Beast (1991), The Incredibles, Coco, The Lion King (1994), and Moana.

Last week, a long article was published quoting several animators who worked on Spider-



Man: Across the Spider-Verse, saying that the working conditions were unsustainable and that the third movie, Beyond the Spider-Verse, has no chance of making its March 2024 release date. Producers Phil Lord and Chris Miller tacitly confirmed this, saving that if the movie isn't ready, they won't shove it into theaters. So you might be waiting a while for that cliffhanger's resolution...

Clint Eastwood, 93 years young, is now directing what is believed to be his final film. The



movie is Juror #2, starring Nicholas Hoult, Toni Collette, Kiefer Sutherland, and more, as jurors during a murder trial. One of the jurors realizes they have a serious moral dilemma: They killed the victim in a reckless-driving accident. This will be Eastwood's 40th film as a director.

# How Do We Fix Homelessness?

#### By John McAndrew

A new book by Tracy Kidder has always been reason to set aside some quality time for reflection. That is certainly true for *Rough Sleepers*, his book about a doctor providing health care to Boston's homeless. Kidder won the Pulitzer and the National Book Award for *Soul of a New Machine*. He's a graduate of the lowa Writer's Program and a Vietnam veteran (Army Intelligence). His books are routinely on best sellers lists.

Rough Sleepers is a 19<sup>th</sup> Century British term for those without homes who sleep outdoors instead of couch surfing or staying in shelters. Kidder embeds himself with Dr. Jim O'Connell, his team, and their patients. If you're looking for an academic who writes a little text to break up pages of statistics, Kidder is not your guy. He can summon stats when needed, but they add definition to stories of real people and showing how common their problems are. Kidder digs down. This book should be a film. Not a documentary, but a story of people living unconventional lives, hidden in plain sight.

He opens the book with the road Jim O'Connell traveled to become a doctor and the director of America's largest healthcare organization devoted to serving the homeless. Though he was warned by a leprechaun in a bar—it's Boston, after all—he became a doctor and chose what he thought would be a year of service before his main career. It became his lifelong calling.

His is the kind of work where, if you're successful, you have to endure people calling you a hero or a saint. One of his mentors was a nurse and lay Franciscan named Barbara McInnis. Kidder introduces her early in a chapter on foot washing. She told him that they—the nurses who preceded Dr. Jim—were doing just fine and weren't thrilled by his arrival. They weren't interested in training someone who would earn the trust of the patients and then abandon them after a year of building good karma and self esteem.

Someone asked her, "How do we fix homelessness?" She replied, in effect, "Are you kidding me? I'm busy. My job is to take care of this person's broken foot." In other words, trying to solve a huge problem in one bite distracts us from doing something for the person in front of us, if it doesn't paralyze us entirely.

Kidder only briefly addresses the causes of homelessness. He's so disinterested in wasting time with blame that he dispatches a few widely-held theories in a paragraph or two. Nothing about this problem is neatly wrapped up: not the cause, not the solution. It's a lot like cancer that way.

He doesn't try to "clean up" unhoused people to make them more palatable to readers. He portrays their madness, sadness, dirtiness, inconstancy, addiction, crimes, and violence (as perpetrators and victims). But, like you, they're complex. So he shows their yearnings, their kindnesses, their struggles, their thoughtfulness and generosity, their tenacity.

We meet Frankie, who became an ordained minister while homeless.

A bartender who makes custom-

ers take their pills before he pours their beer.

Sara, once homeless, then a board member. She was born a boy, knew she was a girl at age 5, and knew she wouldn't make it to age 6 if she told her father. You may know people like that.

Joanne, also a board member. Drugs *kept* her from suicide. She lost an eye to a knife attack. She later went on to talk with medical students about their homeless and rough sleeping patients and neighbors. She ended up writing a pamphlet to help people successfully move into a place of their own.

Reading these stories, one thing becomes clear: There is no-one-size-fits-all solution, no one-and-done. Mencken was right when he said, "For every complex problem, there's a solution that is simple, neat, and wrong." Failures are inevitable. And those who will use your failures to argue that your program doesn't work, show up with the regularity of parents or teachers who, you remember, predicted your failure. There will always be those who recommend giving up. "Why waste the money?" they ask. It's not working. They are never the ones in the arena with you.

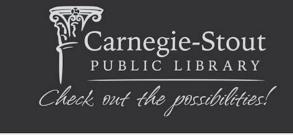
"[I]t's more important sticking with people than knowing what to do right now," says Dr. Jim. What his team provides, in addition to medical care, are relationships, even friendships. Loneliness is one of the most pervasive and debilitating symptoms behind homelessness, right up there with depression.

"Medicine is not efficient. It's not *supposed* to be efficient. It has *nothing* to do with efficiency," says the doctor.

Rough Sleepers is the story of inefficiencies, of questionable ROIs, of heartbreaking setbacks and disappointments, of failures and tragedies. What did you expect of a book on homelessness?

However (you knew there'd be a however, didn't you?), it's also about the folks who come to work, risk failure every day, make mistakes, and show up for work the next day to try again. Call them saints or heroes if you wish, but don't get in their way: They're very busy.

By the end, you won't know how to fix homelessness. You'll sense how complex an issue it is. But you'll have come to know some homeless people and some of those who choose to care for them, embrace their friendship, and grieve for them. Maybe, one day, you'll have an opportunity to help.





# FREE MOVIE ARE YOU THERE GOD? IT'S ME, MARGARET

THURSDAY, JULY 13 @ 6 PM

This film is based on the classic novel by Judy Blume. Join us for a free viewing in the third-floor auditorium. Seating is first come, first served. Movie runtime is 1 hour 46 minutes. Rated PG-13.

# EDDY G. WEISS: COMING TO AMERICA

TUESDAY, JULY 18 @ 6 PM

Carnegie-Stout Public Library welcomes Eddy G. Weiss, a professional in the field of refugee resettlement, on Tuesday, July 18, at 6 p.m. Weiss will give a fair and unbiased presentation about immigration in the United States that will include facts and personal stories. This program is free and open to the public.



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#### **Spot the Difference**

Can you spot 10 differences between these two photos?





#### **Spot the Difference Answers**





# **Upcoming Family Events**

#### FRI **7/7**



#### Beaux the T-Rex: An Interactive Dinosaur Event

#### 10 AM @ DUBUQUE ARBORETUM

Carnegie-Stout Public Library and Feller Express will be bringing the dinosaurs out to play. Come prepared to meet, pet, and have a roaring good time with Beaux the T-Rex and friends. The dinosaur trainers will blend dinosaur facts and prehistoric fun with songs, games, and stories. If temperatures are too high, an alternative location will be announced. Join the library twice a month on Friday mornings at the Dubuque Arboretum for an outdoor library program. From music to science and even bike tricks, this is the place for family educational fun. Bring your lawn chairs or blankets and get ready for a show. These programs are sponsored by the Dubuque Arboretum & Botanical

Gardens. No rain dates. All ages. 3800 Arboretum Dr. 563-589-4225 x2228. CarnegieStout.org.

#### FRI **7/14**



#### Mini's Summer YogArt Workshop: You Are A Masterpiece

10 AM-NOON @ CHALLENGE TO CHANGE YOGA STUDIO Kids will tap into their creative side in this fun and playful workshop! YogArt introduces toddlers to the world of yoga through animated poses, books, music, crafts, and games. Little yogis will enhance fine motor skills, develop coordination, and practice self-calming techniques through breathing exercises. Led by Miss Krissy. \$30. 3337 Hillcrest Rd. 563-451-7034. challengetochangeinc.com.

#### Youth Cooking Class: Homemade Apple Crumb Pie

# 2-3:30 PM @ GALENA ARC (GALENA, IL)

Learn to make the perfect apple filling and stuff it in a delicious crust with crumb topping to take home and bake. Lynnie will teach how to correctly peal, slice and season apples with her secret yummy recipe. Pie pan provided. Ages 9+. \$40. 11084 US HWY 20, Galena, IL. galenaarc.org.

#### WED **7/19**

## Dickeyville Family Fun Night

4:30-7:30 PM @
DICKEYVILLE COMMUNITY
PARK (DICKEYVILLE, WI)
The Family Fun Night
includes an update on the
park at 6:15 p.m., pickleball demo at 6:30 p.m.,
inflatables for kids, music by
Boys of Lloyd, Vesperman's
ice cream truck, concessions by Millie's Diner, 50/50
raffle, and beer. Bring your
own lawn chairs. Free. 450
N Center St, Dickeyville, WI.

#### FRI **7/21**



# Will Stuck: Choose Your Own M.E.S.S.

#### 10 AM @ DUBUQUE ARBORETUM

This show will have everyone sharing their voices and working together to help Will create his usual high energy and hilarious M.E.S.S. (Music, Education, Stories and Science) experience. Join the library twice a month on Friday mornings at the Dubuque Arboretum for an outdoor library program. Bring your lawn chairs or blankets and get ready for a show. These programs are sponsored by the Dubuque Arboretum & Botanical Gardens. All ages, 3800 Arboretum Dr.

563-589-4225 x2228. CarnegieStout.org.





# The Squirrel's Super-power

#### By Matt Booth

In this hair-on-fire, fast-paced world, persistence plays a vital role in achieving success. As much as I've grown to dislike tree rats, uhm... squirrels, they are one of nature's nimble creatures. They possess an innate superpower that aligns perfectly with the challenges we face in this crazy world. The squirrel's tenacious spirit can lead to outstanding results.

Successful people recognize the importance of thorough preparation. Have you ever watched a squirrel diligently gathering and storing food for the winter? Persistent individuals do the same. They continually gather valuable information, hone their basic skills, and stay updated on trends. By adopting the squirrel's foresight and preparation, you can establish a solid foundation for success, making informed decisions and staying ahead of the competition.

The squirrel exemplifies determination when faced with obstacles, navigating through complex tree branches, or overcoming barriers to obtain its desired meal. Obstacles are inevitable for you as well. Persistence allows you to confront challenges head-on, whether it's dealing with rejection, overcoming setbacks, or finding creative solutions to unexpected problems. Embracing the squirrel's ability

to adapt and persevere helps you overcome hurdles, develop resilience, and emerge stronger on the other side.

Squirrels also establish territories, form social bonds, and cultivate relationships. Persistence is vital for you in building and nurturing strong connections with clients, partners, and team members. Persistent individuals actively seek feedback, consistently deliver value, and communicate effectively. By embodying the squirrel's persistent nature, you will create lasting partnerships that drive business growth and propel your career forward.

Squirrels follow a consistent routine, tirelessly working towards their goals day after day. Consistency is crucial for building credibility and trust. Persistent individuals establish a strong work ethic, consistently deliver quality products or services, and provide exceptional customer experiences. By mirroring the squirrel's unwavering dedication, professionals build a reputation for reliability and reliability, ultimately driving repeat business and customer loyalty.

Squirrels exhibit curiosity and adaptability, always seeking new opportunities and resources. Embracing a growth mindset and being open to continuous learning is vital. Persistent individuals actively seek out new knowledge, skill development, and feedback to enhance their performance. By adopting the squirrel's thirst for growth, professionals stay ahead of the competition, adapt to evolving markets, and seize new opportunities.

Harnessing the power of persistence is paramount for success. Emulating the squirrel's unwavering determination allows you to overcome challenges, build strong relationships, consistently deliver value, and foster a growth mindset. Let us embrace the squirrel's persistence and unleash our full potential.

"Persistence is the vehicle that will take you places!" —Matt Booth

#### MATT BOOTH

TO LEARN MORE ABOUT MATT'S SPEAKING OR COACHING PROGRAMS, CONTACT
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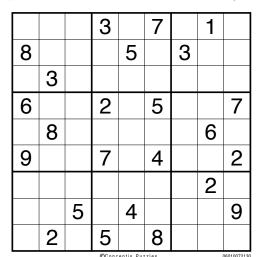




PUZZLE ANSWERS ON PAGE 29

### Conceptis SudoKu

By Dave Green



#### WHERE'S GENERAL BOB?

General Bob is out and about. Do you know where he's at?



#### PREMIER Crossword

#### SEASONAL CINEMA

ACROSS

- 1 Spicy cured brisket 9 Competitive cowboy contests, informally 17 Roads: Abbr.
- 20 Trash-filled lots, e.g. 21 Distinctive feature of "DeVito"
- 22 "The Simpsons"
- barkeeper 23 2021 animated film
- rescue dogs

- 29 Ticked off
- 32 High-end retail chain.
- Hemsworth
- 43 Last part of
- 47 Ear: Prefix

- 56 2013 superhero film with Henry Cavill
- 63 Texter's hugs
- 64 Previous to
- 65 2015 sci-fi film with a

- 83 Ever and -
- 84 Pub potable 85 2019 animated musical film set in Pride Rock 88 NBC show since '75
- 92 Just so
- 93 2018 space Western film
- 98 Chicken masala
- 100 Pic that may be on a pec
- 103 Slip up a bit 104 "That hurts!"

- 111 What each of eight long



# featuring search-and-

83

88

93

103

120

- 25 Veneration 26 Light-splitting thing27 Roman 901
- 28 That lady
- 31 Jillian of TV
- informally 36 Shaq's sport 37 2022 Marvel film
- with Chris
- some plays 46 It's close to
- Cedar Rapids
- 48 2017 superhero film with Gal Gadot
- 52 Top of a "j"
- 53 Italian wine, for short 54 First-aid plants
- out a living
- 59 Goes bad
- 60 Navratilova of tennis
- dinosaur theme 69 "NCIS" airer
- 72 Brooch
- 73 Rescued person's cry 74 Like limes
- 75 2014 fantasy film with Angelina Jolie
- 81 Brit. mil. fliers 82 Old Aegean region
- 89 Lie out to tan

- with Alden Ehrenreich
- 99 Dessert with a cookie crust

- 107 [not my typo]
- 108 Bluish purple110 Skater Midori
- answers in this puzzle was

- 117 Agent, briefly 118 Heighten
- 119 Ballot casters
- 120 Radio spots
- 121 Not crying
- 122 Fish that swims upright

#### DOWN

- 1 Pig in a kids' TV series
- 2 Spin (do some taletelling)
- 3 Attach, as a coat lining 4 Dosage qtys.
- 5 Gad about
- 6 Craft
- 7 "Laura" lyricist Johnny 8 Brand of infant formula
- 9 Tax rate fig.
- 10 Rally cheer
- 11 Unlock, to a bard
- 12 Cup edges 13 "Conversely," to a texter
- 14 Foo Fighters guitarist Grohl
- 15 Manning of the gridiron
- 16 Purchase in excess
- 17 Little bit of medicine 18 Wet wipe
- 19 Fruit core bit
- 24 Car for a VIP
- 30 Filmdom's McKellen
- "The Maltese Falcon"
- 62 Takeaway logic game
  - 65 Brand of peanut butter66 Ending for silver or stem

58 Apply turf to

33 Athletic shoe brand

36 Food preservative abbr.

34 An inert gas

35 Wood cutter

37 Ocean motions

39 Zip, in Spain

42 Muddy up

44 Palette option

49 Erode (away)

45 Govt.-issued bond

Cajun veggie

53 - Z (the gamut)

56 Non-PC computers 57 Origami feature

60 Local bond, for short 61 "That so?"

51 1986 Series winners

43 Clued in

38 Goes fast, old-style

40 Brand of rodenticide

41 Latin jazz great Puente

- 67 Ellipsoidal 68 Mortgage deal, for short
- 69 "Zip your lip!"
  70 Pickling need
- 71 Theater part
- 72 Writer's tool
- 74 Fine sweet wine 75 Swarm
- © 2023 by King Features Syndicate

76 Marked with comments 77 Suckers

108 109

100 101 102

22

- 78 Is unable to
- 79 Idris of "The Dark Tower"
- 80 Close at hand
- 82 "Are you out?"
  85 "There's gold in them
   hills!"
- 86 At this spot 87 Siouan people 89 Group of vessels for
- serving rice wine
- 90 D.C.'s home 91 Binary base
- 94 Approves of 95 Middling
- 96 Livens (up) 97 Stir to laughter
- 100 Private teacher 101 States boldly
- 102 Curt
- 103 Pre-euro coin 104 Community rec center
- 105 Sharif of film
- 106 In fine health 108 A lot
- 109 In re 112 Purpose
- 113 "Norma 114 "Butter" K-pop group
- 115 The, in Arles 116 Arthur of "Maude"





COLUMNISTS



HEY MIDGE, HOP IN!" GLAM WARDROBE HANDMADE BY DOROTHY (KRESS) BAILEY.

# My Friend Barbie

#### By Pam Kress-Dunn

Barbie's back! I put mine away decades ago, along with her best friends Ken, Allen, Midge, and Skipper and their fabulous wardrobes. But soon we can see her on the big screen, and from the looks of the trailers, it will be a festival of camp.

If you haven't seen the "teaser trailer," I urge you to find this brilliant parody of the first scene of 2001: A Space Odyssey, only in this case, it's not a monolith but a gigantic Barbie, clad in swimsuit and heels, who changes the course of history. That black-and-white swimsuit was the very one my Barbie arrived in, one early birthday morning. The only difference is the hair—mine had a black ponytail, while this one (played by Margot Robbie with appropriate sparkliness) is blonde. I can only hope that when Robbie takes off those stilettos, her feet go flat. If my poor Barbie wanted to go barefoot, she had to tiptoe.

Barbie was a rule-breaker, coming early into the lives of young girls who, like me, were still pulling rompers onto baby dolls. Here was a 12-inch doll with the body of—well, not exactly our mothers, but decidedly grown up. An eating disorders group called "Get Real Barbie" calculated that if living in the real world, she would be 5' 9" and measure 39"-18"-33", wearing size 3 shoes. When Mattel produced Slumber Party Barbie, they supplied her with a scale permanently set at 110. The group noted this comes to a BMI of 16.24, or seriously anorexic.

Let's hope the moviemakers didn't expect Ms. Robbie to morph into *that* body.

For my friends and me in elementary school, Barbie and her friends were storytelling props. I recall walking over to Leslie's house, my shiny Barbie case in hand, and getting ourselves situated on either side of her room, where we would set up our Barbies after conferring about the interactive story for the day. She might be going out on a date or shopping with her friend—who was, confusingly, also named Barbie—or walking to high school. Any dating scenario would have been very tame, since what did we know about that?

When Ken and Allen were introduced, of course—of course!—we got up our nerves and unzipped their pants, noting the absence of anything anatomically correct underneath. Neither of us had brothers, so we could only wonder. I've since learned that Matel referred to what they did have as "the bulge." Fine with us. The introduction of red-haired Midge, Barbie's best friend, and Allen, her beau, as well as Skipper, Barbie's little sister, made our play much more interesting, if not diverse. All were slim, and all were white.

Did Black girls have Barbies? I suppose so; their mothers were probably resigned to making do with white dolls. The first Black doll came along in 1968, but she was Christie, a friend. Not until 1980 did the first Black and Hispanic Barbies debut. All were too late for me, though I'd have loved the Twiggy lookalike that came out in 1967. (eBay has one for \$307.02, or \$80 naked.)

Back in the olden days, if you wanted to change your Barbie's clothes, you bought a new outfit. I was appalled when I noticed, at some point, that was no longer an option. If you wanted Astronaut Barbie, you didn't buy a spacesuit for your beloved doll, you bought a whole new doll

wearing appropriate clothes. The same went for Doctor Barbie, and Chef, Ballerina, Game Show Host (good grief), News Anchor, Jazz Singer (I am not making this up), and Rapper. You want your Barbie to be a Photojournalist, you buy a new doll.

My parents were frugal, and I know the family budget did not have a line item for "Barbie Clothing." So, while I have a few trademarked aprons and ball gowns, most were made by my Aunt Dorothy.

My Aunt Dorothy was something else. She and her husband, Uncle Mahlon, who for some reason went by "Doc," opened Doc & Dot's Doll Hospital in Akron, OH, in the 1960s. You could take the doll your brother broke, or the one you shampooed too vigorously, and she would come back like new. Dorothy showered me with a stupendous Barbie wardrobe—dresses, coats, fur stoles, you name it, all one-of-a-kind. I've saved them all.

My own daughter played with my Barbies for a while, but the toys of her generation—Pound Puppies, My Little Pony, Cabbage Patch Kids—soon supplanted my admittedly dated dolls. Who wants to play with teenage dolls when you're five? Not her. It's kind of weird if you think about it too hard, but Mattel intended these dolls to be aspirational, a way to imagine "what your future will be."

If my future was to wear tight skirts and achingly high heels, well, no thanks. I still have my mom's gorgeous jacquard shoes with their 4-inch heels but never could walk in them, to my dismay. (The expression "Ginger Rogers did the same dances as Fred Astaire, only backward and in heels" comes to mind.) After Allison graduated from college, I gave Skipper to her, whom she promptly dressed in grunge, complete with Ken's flannel shirt and ballcap. She looks much more comfortable that way.

My Barbie and company had a Fashion Shoppe, not a Dreamhouse, but I did buy Allison the McDonald's setup. Neither did they have a car. I picked one up at Goodwill after my grandtwins were born, a pink convertible with enough room for their unjointed legs to stretch out. The seven-year-olds are more interested in running and playing outdoors. There's probably a Barbie for that, but they don't need one.

#### **PAM KRESS-DUNN**

PAM RESS-DUNN

PAM BELIEVES THAT IF SHE

DOESN'T WRITE ABOUT IT,

IT DIDN'T HAPPEN. YOU CAN

READ ALL 300+ OF HER

PAST COLUMNS, PLUS OTHER RANDOM POSTS,

ON HER BLOG AT SIEGEOFWORDS.COM.



Friends Only Night\*

# WEDNESDAY: July 19 5-8 p.m.

 $\hbox{*Join Friends of Galena Public Library and shop on Wednesday night.}$ 



THURSDAY & FRIDAY: July 20-21

9 a.m. to 7 p.m.

**SATURDAY: July 22** 9 a.m. to 1 p.m.

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900 Galena Square Drive

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All profits benefit



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#### **BAKE SALE**

Bake sale starts on Wednesday night and continues until all the baked goods are sold.





#### DEAR ANGELA,

I've been married for several years, so long I've lost track. I need some help with gift suggestions for my wife. Her birthday is right after Christmas, and since we usually do a big gift for each other during the holiday, why give her another one right away? I heard about this thing called "Love Languages," and I tried "Gifts of Service" instead. She complained about how disgusting the litter box is, so I re-homed our cat, and now she has less vacuuming too! My lady was feeling overwhelmed by the laundry pile, so I cleaned out her closet while she was at work and only kept the things I know she looks good in. It just seems like no matter how hard I try, she isn't appreciative. What should I do? -Romancing a Stone

#### DEAR STONE,

Well first I have to say, I'm sorry that I'm just now opening your letter, because your question was CLEARLY time sensitive. Whoops! Unless you celebrate Christmas in July? Well, I'm hoping that even without my stellar advice you managed to do at least the bare minimum. Perhaps you got her a bouquet of flowers or a pretty necklace? Or maybe you went with another Gift of Service, one she might actually like, and cleaned the toilet? I have the sinking feeling that you didn't do any of those. If she manages to put up with you another year, feel free to write to me again, and make sure to indicate the time sensitive nature of your request.

#### DEAR ANGELA,

I think I might need a hobby for a creative outlet, but I don't even know where to begin. I don't feel like I'm especially good at anything, and there are so many options. Should I try creative writing, or sewing, or maybe building model cars?

—Bored on Burden

#### DEAR BORED,

Well you may want to focus on this question first: How much money are you willing to devote to this hobby? Because as a serial hobbyist, I can tell you, it adds up! Even choosing one hobby and sticking to it is expensive, like model train enthusiasts for instance. Heck, many have a whole room in their home dedicated to tiny people living in a magical land with easy access to public transportation. Those tiny cute little trees? They aren't cheap! And even creative writing can cost an arm and a leg if you get roped into a writing seminar or two. Honestly, I would recommend avoiding hobbies altogether, your bank account will thank you.

#### **DEAR ANGELA,**

My husband is terrible at gift giving. He thinks he knows what I want, but he misses the mark every time. At some point, he got it in his head that because we do a big gift for each other at Christmas that I wouldn't want another gift for my January birthday. Lately, he has tried doing things that are really dumb. I told him I was tired of having to cook dinner every night after my long shifts. He bought me a meal prep book and suggested I spend my Sunday making a bunch of meals instead. How do I get it through his head that I would just like a piece of jewelry or an evening out? —Wishing for Romance

#### **DEAR WISHING.**

Oh boy, this is awkward. It seems that this column is read by everyone in your household. Well, first off, I think you need more than an evening out. How about a permanent out? Here is some sage advice I recently heard on a TV show (so you know it's good): "Keep your expects in checks." If your husband has been giving bad gifts for this long, I think you already know there isn't much you can do to change him. Time to give up on that and buy yourself gifts. Two options that come to mind would be hiring a divorce lawyer or buying a pretty gold necklace, but you know what you like best!

#### ANGELA VENTRIS

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## ARIES (APR 19-MAY 13)

Sometimes it seems

like you're the only real person in the world and everybody else is a robot. But that's just because of your programming and wires.



#### **TAURUS**

(MAY 14-JUNE 19)

With a compatible sign sextiling Uranus (tee hee), it's a good time to tend to family matters. Don't have a family? Then perhaps you can tend to Family Matters. It's currently streaming on Hulu, and Urkel is just as hilarious as you remember.



#### **GEMINI**

(JUNE 20-JULY 20)

Get ready for more of the same during this full moon. And by full moon, I mean your pervy next door neighbor just-a-doing what they do.



#### **CANCER**

(JULY 21-AUG 9)

You're in for a revelation as Pallas enters Virgo. Yup! Turns out Pallas is totally a part of astrology for some silly reason. Hopefully that's not the revelation you have coming.



#### **LEO**

(AUG 10-SEP 15)

The next fortnight will be a great time to stand up for the cause you believe in. Unless that cause harms trans people. In that case, sit the hell down until you're no longer a terrible person.



#### VIRGO

(SEP 16-OCT 30)

With Mercury currently in Cancer, the right word can help you get ahead in your career. That word is "password1" because your boss is a fool.



#### **LIBRA**

(OCT 31-NOV 22)

For any and all problems that arise, it's a good time to seek advice online. Ha, ha. Just kidding. Asking people with ZERO skin in the game but a THOUSAND knee-jerk reactions is never a good idea. It's about as bad as asking the stars for advice.



#### **SCORPIO**

(NOV 23-NOV 29)

Use this holiday week to work on your domestic affairs. And no, cheating on your sidepiece with your partner does NOT count as a "domestic affair."



#### **OPHIUCHUS**

(NOV 30-DEC 17)

Over the next few weeks, you will feel like you are better at communicating than others. I said it will FEEL that way. In actuality, going around correcting people's spelling and grammar only communicates what a jerk you are.



#### **SAGITTARIUS**

(DEC 18-JAN 8)

The answer is yes, they're totally using you. It's still a step up, though. At least you finally have a use.



#### CAPRICORN

(JAN 9-FEB 15)

Your long search for a life-long partner-in-crime will finally end when you remember that doing crime is against your alignment.



#### **AQUARIUS**

(FEB 16-MAR 11)

This July, please remember that just because rom-coms have sold you on the notion of "feeling fireworks," you should never put lit Roman candles in or around your anus.



#### **PISCES**

(MAR 12-APR 18)

It's obviously a great time for barbecues, but for you, it's more than just a great time for barbecues. For you, barbecues are imperative. Accept every invite you get. Crash a few barbecues if necessary. Host a barbecue if you must. But the universe depends on you eating food that's been cooked outside. It's that important. If anybody asks if you want more, you say YES! Got it? Good. We're all counting on you, Major.



DANNY FAIRCHILD IS THE ONLY THING
STANDING BETWEEN US AND THE CELESTIAL
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KIND OF LIKE THE MOVIE ARMAGEDDON.
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# **WAGER & WATCH**

SATURDAY, JULY 8 | 9:00pm

# VOLKANOVSKI vs RODRIGUEZ

**WORLD FEATHERWEIGHT CHAMPIONSHIP** 

# MORENO vs PANTOJA 2

**WORLD FLYWEIGHT CHAMPIONSHIP** 





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