



| we believe |

It takes guts to schedule your colon screening.

Regular colorectal cancer screening is one of the most powerful weapons against colorectal cancer. Screening can often find colorectal cancer early, when it's small, hasn't spread, and might be easier to treat. Regular screening can even prevent colorectal cancer.

The American Cancer Society recommends that people at average risk of colorectal cancer start regular screening at age 45. If you're at increased or high risk of colorectal cancer (or think you might be), you may need a screening even before 45. The most important thing is to discuss screening options with your healthcare provider.

Now, we know what you're probably thinking: *yuck.* Well, it's time to get over the embarrassment! Get off your behind and call your doctor to discuss your best screening options. It could *save your life.*



563.584.3000 | www.mahealthcare.com



Last week there was an updated article in the *Telegraph Herald* about the associated tax costs of new Five Flags. The article got it right and laid out the details, but especially in the first paragraph, though accurate, many people were quickly confused by what they read. Perhaps skimming the paper, the didn't read closely enough. But whatever the reason, some people freaked out a bit and were posting the story to Facebook with anger. So, being on the Five Flags commission and knowing the actual facts of the issue to some degree, I did my best to answer their questions and correct misconceptions. I should have just punched myself in the face and beat my head against the wall.

Before I continue with my "people want their opinions, not the facts" rant, let me just quickly point out that a new Five Flags is not going to cost you \$450 a year. So relax and breathe... very good. If your house is worth \$150,000, it'll cost you about \$6 per month in year one and \$10.50 per month in year four. That's a TOTAL of \$450 over four years. We'll get back to the later, but now, back to me beating my head against that wall.

Did you ever get into an argument with someone about something that's not hard to comprehend, like the fact that humans are affecting the change in climate? There's a boatload of science on the issue on one side, and like a coal lobbyist on the other side. So you start to explain it, but you quickly realize that you can't start from even ground and work up from there. You find out that you need to start your argument from much farther back because before you can get to the climate, you first have to get this person to agree that Earth is indeed, not flat. After five minutes of arguing that, you find yourself in a heated defense that 9/11 was not an inside job by the CIA. At this point you realize you just need to run... to a bar... and get a stiff drink.

So in this case, I post some details regarding the proposed tax situation with Five Flags, and I was surprised at just how much people did not give a crap what the facts were. They were just against it. I will interject that I agree that everyone has the right to be against any project or tax increase, of course. Some people are against any new taxes. I think they call them Republicans. :) But really, when asked to support arts and culture, they use the excuse, "I'm not paying for anything until we take care of the police and the firemen first." It's kind of a knee jerk response. But then when asked to pony up money for police and fire, they still say no, with the great idea of taking money away from existing arts and culture funding first. But still, if you don't want a tax increase of any kind simply because you don't want to give up one dime of your money to invest in the future of your community, that is absolutely your prerogative, and I'll give you that. But if you then want to use something other than simple self-interest, or you think you are working in others interest, to justify you position, especially when it's something that's simply



false, I feel inclined to correct you. I know I'm not going to change your mind—I know that. But I don't want other people reading what I just read on your page to be swayed by false information and angry assumptions.

I call them assumptions because people really seem disinterested in checking the facts before forming their unswayable opinions. I must have written the phrase "READ THE REPORT" about 50 times this week. So many of the argumentative comments in the comment strings of these posts were incorrect assumptions that were easily dispelled by simply reading the CSL study. CSL is Convention Sports and Leisure, a consulting firm that specializes in researching the viability of buildings like this. Their data is not from opinions, and they're not paid to be "pro-building." They're paid to compile the facts and present options. It is a comprehensive review of all local data, comparative data from other cities, and years of experience in active involvement in these issues. If they were paid to lie, they would not have the track-record of accuracy to earn them business in the future. It's their ability to accurately forecast the viability of a project that makes them the best and most-trusted at what they do in the industry.

I read a comment like, "You know that once they pass this tax they're never going to take it away." And then 50 people "liked" the comment. Nevermind that it's literally impossible and illegal to continue a bond tax after the bond is paid. People just form a negative opinion and share it as almighty truth and all the other angry people point at it and say "yeah, that!"

So, I think in the next issue, I'm going to address the biggest questions or misconceptions that keep arising in these online rants and answer them to the best of my ability. Things like "why don't they just sell it and let a private company run it for profit," or "there's no parking," or "this is going to raise rent on poor people," or "It's still not going to big enough to get good concerts." All of these have smart answers, but it's really hard to answer them in a Facebook comment. So please come back next time and check it out.

Of course I want you to support a new Five Flags. But if you still don't, I just don't want you using false information to try to tear it down. Just vote no because you don't want us to pay to have nice things. That's a legitimate excuse. An unfortunate and nearsighted excuse, but a true excuse. Thank you.



FEBRUARY 20-MARCH 4, 2020 **ISSUE #363**



FEATURES

- THE CHOIR OF MAN 8
- **PICTURE YOURSELF IN THE TRI-STATES** 13
- **TRI-STATE FISH FRYS** 24

PRODUCTION STAFF



BRYCE PARKS PUBLISHER, EVERYTHING ELSE BRYCE@DUBUQUE365.COM

KRISTINA NESTEBY LAYOUT NINJA, DESIGNER KRISTINA@DUBUQUE365.COM



MIKE IRONSIDE FEATURE WRITER, PHOTOGRAPHER MIKE@DUBUQUE365.COM

ADVERTISING STAFF



KELLIKERRIGAN KELLI@DUBUQUE365.COM 563-581-7014



LISA STEVENSON LISA@DUBUQUE365.COM 563-580-1691

SPECIAL THANKS

CHRISTY MONK, GINA SIEGERT, NEIL STOCKEL, KAY SCHROEDER, RICH BELMONT, MARGIE BLAIR, FRAN PARKS, JULIE STEFFEN, RON & JENNIFER TIGGES, JULIE GRIFFIN, MARK DIERKER, BACON, STEVEN SCHLEUNING, TIM BRECHLIN, ROY & DEB BUOL, JEFF LENHART, GEN. BOB FELDERMAN, DAVE HAAS, LISA OLSON, MIKE DAMASO, PAUL GILLIGAN, PAUL & SANDY MEYER, ALL OF OUR 365 FRIENDS AND ADVERTISERS... AND YOU FOR READING.

CONTRIBUTING WRITERS

SECTIONS

EVENTS

NIGHTLIFE **COLUMNISTS**

ARTS

4

14

18

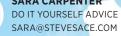
24



GWEN BEATTY GOOD ADVICE GWENSARAHBEATTY@GMAIL.COM



MATT@MATTBOOTH.COM SARA CARPENTER





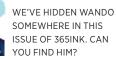








WHERE'S WANDO?



MISSISSIPPI MOON BAR.

UPCOMING ENTERTAINMENT TICKETS ON SALE NOW!



FEBRUARY 28 PUDDLE OF MUDD

Premier Pink Floyd Tribute Band

Alternative Rock

FEBRUARY 22

PROJECT PINK





MARCH 5 HOWARD JONES Acoustic Trio Tour



MARCH 6 **GAELIC STORM** Multi-National & Chart-Topping Celtic Band

Visit MoonBarRocks.com for our complete concert lineup. Join our online community and stay in the know!





365INK MAGAZINE

432 BLUFF ST, DUBUQUE, IA 52001 • DUBUQUE365.COM • 563-588-4365

ALL CONTENTS © 2006-2019, COMMUNITY INCORPORATED. ALL RIGHTS RESERVED. ALL BACON SERVED SEMI-CRISPY.

EVENTS



TOP "DEJA VOODOO" "SHAME, SHAME, SHAME" HITS "BORN WITH A BROKEN HEART"

The state of the second st



TOP "WHAT HURTS THE MOST" "BLESS THE BROKEN ROAD" HITS "I LIKE THE SOUND OF THAT"



GALENA MARDI GRAS WEEKEND CELEBRATION

FRIDAY, FEBRUARY 21 @ 6 PM SATURDAY, FEBRUARY 22 @ 5 PM DOWNTOWN GALENA, IL Head to Galena for a Mardi Gras weekend celebration! Feb. 21 and 22

weekend celebration: Feb. 21 and 22 will be loaded with adult fun including a pub crawl, throwing of beads ceremony, and masquerade ball. Pub crawlers gather at the Green

Street Tavern/DeSoto House and work their way up Galena's Main Street Friday night ending up at The Grape Escape with live music. Registration starts at 2 p.m. at the Grape Escape, and the pub crawl starts at 6 p.m. Bring your Cajun spirits and Sugar Skull passions for lots of fun, great friends, drinks and plenty of beads! Pub crawl is \$15 per person.

On Saturday at 5 p.m., collect beads, beads, and more beads down Main Street—rain or shine! The masquerade ball at Galena Brewing Co. begins at 8 p.m. and features live music by The Wundo Band, food, drinks and shot specials, as well as Glitter Beer (while supplies last). Masks will be for sale. Both Saturday events are free. For more information, call

815-776-9200 or visit VisitGalena.org.

BATTLE FOR THE BLUFF RODEO

FEBRUARY 21 AND 22 @ 7:30 PM 7 PM @ FIVE FLAGS ARENA (405 MAIN ST)

The Battle for the Bluff returns to Five Flags Center on Feb. 21 and 22, showcasing three premiere rodeo events: bull riding, bareback bronc riding, and saddle bronc riding. Rodeo events will begin at 7:30 p.m. both days.

Saturday is Kids Day, which offers youngsters a chance to meet the cowboys and rodeo clowns. Kids will have the chance to learn how to throw a lasso and can participate in stick horse races on the same dirt where the rodeo professionals compete.



The Battle for the Bluff Rodeo is organized by Sandburr Rodeo Productions and Wildhorse Productions, who promise two nights of heart-pounding, dirt in your face rodeo action for the whole family to enjoy.

Tickets start at \$18 for adults, are \$8 for children 3–15, and free for children 2 and under. Prices increase \$5 the day of the event. Purchase tickets at **Ticketmaster.com** or Five Flags Center box office. For more information, call **563-589-4254** or visit **FiveFlagsCenter.com**.

DUBUQUE FIGHTING SAINTS HOCKEY

VS SIOUX CITY: FRIDAY, FEBRUARY 28 VS SIOUX FALLS: SATURDAY, FEBRUARY 29 VS CHICAGO: FRIDAY, MARCH 6 7:05 PM @ MYSTIQUE COMMUNITY ICE CENTER (1800 ADMIRAL SHEEHY DR)

The Dubuque Fighting Saints celebrate their 10th season since they returned to the USHL. Join the Saints at Our House for a fun night of hockey for the family.

Feb. 28 brings the Sioux City Musketeers and it's Health Care Appreciation Night. The Saints go head-to-head with Sioux Falls Stampede on Feb. 29 and it's Hockey



for All Night. Chicago Steel heads to Our House on March 6, and it's Hawkeye Night. Season tickets, mini plans,

group tickets, and single tickets are available now! Call the Fighting Saints at **563-583-6880** or visit **DubuqueFightingSaints.com** for more information. "If you see one tribute show, see this one - smart and loads of fun." - OC Register



A MUSICAL THEATRE TRIBUTE TO THE BEATLES



FIVE FLAGS THEATER 405 Main Street, Dubuque, IA



GI YOUR TICKER Now ticketmaster.com 1.800.745.3000

TUESDAY MARCH 3, 2020 7 P.M. JANSEN MUSIC HALL DOORS OPEN AT 6:30 P.M.



DAVID LEE NELSON S G A G G G S D I R E C T E D BY A D A M K N I G H T

David Lee Nelson was diagnosed with Stage 4 colon cancer at the age of 38. He kept a blog of his time in chemotherapy, a heartbreakingly funny chronicle of his experience with the disease, and this material is his newest solo play: *STAGES*.

STAGES is not simply a play about sickness: it's a story of life's setbacks and surprises and about searching for hope in the most unlikely of places. *STAGES* is a 70-minute one-man show starring Nelson.

\$10/GENERAL ADMISSION • FOR TICKETS, CALL (563)588-6300

Clarke UNIVERSITY

MARY MURPHY, BVM, ENDOWED LECTURE IN BIOLOGY



HOW DOES OUR **DNA** TALK TO THE ENVIRONMENT?

DR. MOSHE SZYF, JAMES McGILL PROFESSORSHIP AND GLAXOSMITHKLINE-CIHR CHAIR IN PHARMACOLOGY AND THERAPEUTICS, McGILL UNIVERSITY, MONTREAL, QUEBEC

3-31-20 | 7:30 P.M. | JANSEN MUSIC HALL | FREE



6

Dr. Szyf's lab proposed that DNA methylation is a prime therapeutic target in cancer and other diseases. He has postulated and provided the first set of evidence that "social environment" early in life can alter DNA methylation — launching the emerging field of "social epigenetics."

LIVE AT HERITAGE CENTER PERFORMING ARTS SERIES GOLDEN DRAGON ACROBATS SATURDAY, FEBRUARY 29

7:30 PM @ UNIVERSITY OF DUBUQUE HERITAGE CENTER JOHN AND ALICE BUTLER HALL (2255 BENNETT ST)

The spellbinding artistry, amazing athletics, and cirque spectacular of the Golden Dragon Acrobats (GDA) thrills audiences of all ages and represents the best of a timehonored tradition that began more than 25 centuries ago. Experience the show at the University of Dubuque Heritage Center on Saturday, Feb. 29 at 7:30 p.m.

Combining award-winning acrobatics, traditional dance, breathtaking costumes, music, and theater, the 25-member troupe has traveled to all 50 states and more than 65 countries on five continents. Directed by founder



Danny Chang, GDA has received two prestigious New York Drama Desk Award nominations for its Broadway run.

A free CyberCafé Knapp Stage Pre-Show Concert features the UD Jazz Ensemble from 6 to 7 p.m.

Tickets are \$25-\$39 for adults, \$19-\$34 for UD alumni and military, and \$15 for children and students. All tickets increase by \$5 for purchases on the day of the performance. Tickets can be purchased at the Heritage Center Farber Box Office; by phone at **563-585-SHOW**; or online at **DBQ.edu/heritagecenter**.

MICHAEL LESTER WENDT CHARACTER LECTURE JUSTIN SKEESUCK AND PATRICK GRAY: I'LL PUSH YOU

SATURDAY, FEBRUARY 29 7:30 PM @ UNIVERSITY OF DUBUQUE HERITAGE CENTER JOHN AND ALICE BUTLER HALL (2255 BENNETT ST)

Two friends who took on what seemed like an impossible journey will present the Michael Lester Wendt Character Lecture on Monday, March 2 at 7 p.m. at University of Dubuque Heritage Center.

For over 42 years, best-selling authors Justin Skeesuck and Patrick Gray have sought to live without reservation despite the challenges of a progressive neuromuscular disease that robbed Skeesuck the use of his arms and legs.

Their book and award-winning documentary, *I'll Push You*, tells the story of their powerful friendship as

they undertake the Camino de Santiago, a 500-mile pilgrimage, with Gray pushing Skeesuck in his wheelchair across the expansive terrain of northern Spain. Their journey brings to light the strength of humanity as friends and strangers help Skeesuck and Gray accomplish a feat that many thought could not be done.

The lecture is free and open to the public. For more information, call the Heritage Center Farber Box Office at **563-585-SHOW** or visit **DBQ.edu/wendt**.

POTTED POTTER WEDNESDAY, MARCH 4

7:30 PM @ FIVE FLAGS THEATER (405 MAIN ST) Harry Potter fans of all ages are in for a A Critic's Pick

Harry Potter fans of all ages are in for a treat when *Potted Potter* comes direct from Las Vegas to the Five Flags Theater on Wednesday, March 4 at 7:30 p.m.

The show is a hilarious parody of the *Harry Potter* book series, in which two actors condense all seven books into a 70-minute show, complete with a live game of Quidditch! Admission also includes access to a pre show costume contest and *Harry Potter* themed reception.



by The New York Times, New York Magazine, Time Out London, Washington Post, and Boston Globe, Potted Potter won the prestigious 2012 Olivier Award nomination for Best Entertainment & Family Show. Tickets are \$27-\$75 and can be

purchased at **Ticketmaster.com** and Five Flags Center box office. For more information, call **563-589-4254** or visit **FiveFlagsCenter.com**.

EVENTS

THU 2/20

Dubuque Boat & RV Show 4-8 PM @ GRAND RIVER CENTER Feb. 21 at 4-8 p.m., Feb. 22 at 10 a.m.-8 p.m., and Feb. 23 at 11 a.m.-4 p.m. Over 20 different RV and Boat makes and models will be on display—sport boats, fishing boats, pontoons, travel trailers and motor homes. \$5 Adults, Free for kids 12 and under. 500 Bell St. dubuqueboatandrvshow.com.

Dyersville Pop-Up Art Gallery

5-8 PM @ RE-MAX/OLD SCHUSTER HARDWARE BUILDING (DYERSVILLE, IA) Feb. 20-21 and 27-28 at 5-8 p.m. and Feb. 22-23 and 29 and March 1 at 10 a.m.-4 p.m. Local artists will have art for display and sale in a gallery setting. Coupons and local business vouchers will be available. Free. 248 Ist Ave E, Dyersville, IA. **563-599-0649**.



Country Unplugged 7:30 PM @ FIVE

FLAGS ARENA Country music icons Joe Diffie, Mark Chesnutt, and David Lee Murphy will take the stage together for one unforgettable night of classic '90s country hits. All three hit-makers will play their timeless classics, tell stories, and more. \$39–\$59. 405 Main St. **563-589-4254**. **FiveFlagsCenter.com**.

SAT **2/22**

Celebrating History, Archaeology, and Independent Cinema 11 AM @ GALENA CFA (GALENA, IL) 150th Anniversary of Southern Illinois University celebration of work produced by university faculty and staff: Mark St. George, Deborah Tudor,

GET MOVING!

H.D. Motyl, Mark Stoffel, and Dr. Mark Wagner. Admission donated to the SIU Scholarship Fund. \$5, free for high school and college students. 219 Summit St, Galena, IL. **815-858-5598**.

Sid the Science Kid Discovers the Chemistry of Candy 11 AM-1 PM @ MISSISSIPPI

RIVER MUSEUM & AQUARIUM Stop by *Sid the Science Kid* exhibit for a super-duper specially themed activity and visit from Sid himself! 350 E 3rd St. **563-557-9545**. **rivermuseum.com**.

Rod and Custom Car Show

11 AM-10 PM @ BERNDES CENTER (MONTICELLO, IA) Feb. 22 at 11 a.m.-10 p.m. and Feb. 23 at 8 a.m.-7 p.m. Family entertainment with custom cars, race cars, street rods, pickups, motorcycles, caricature and balloon artists, and a model car contest. This year's special guest is "Daisy Duke," Catherine Bach (Saturday noon-4 p.m. and 6–9 p.m. and Sunday 10 a.m.-2 p.m.) \$10 Adults, \$5 children 12 and under or free with a paid adult, donate a canned food item and get \$1 off admission. 766 N Maple St, Monticello, IA. **319-465-5119**. **RodAndCustomCarShow.com**.

SUN 2/23



Exploring the Web of Life

1 PM @ EB LYONS Learn about soil health and amendments with Stone Hollow Gardens & Shroomery. Discuss seed, soil, mycelium and the role that mycoremediation plays in healing our earth. Free. 8991 Bellevue Heights Rd. 563-556-0620. minesofspain.org.

3rd Annual Wedding Show

1-3 PM @ STEEPLE SQUARE Featuring vendors from every industry, a fashion show by Vintage Chic Bridal Boutique and a chance to win three grand prizes! Must be pre-registered to win. VIP includes reserved front row table seating at the fashion show, an exclusive tasting, and a pitcher of mimosas. Free for GA, \$20 for two VIP. 101 E 15th St. **563-235-3584**. **steeplesquare.com**.



Slavery, Freedom and the Kansas-Nebraska Act 3 PM @ GALENA METHODIST CHURCH (GALENA, IL) In mid-October 1854, Frederick Douglass arrived in Galena to deliver a political speech concerning the Nebraska Question. Historical reenactor, Steven Cole, will share through Douglass' eyes the events and his speech in Galena. Hosted by The Galena-Jo Daviess County Historical Society. Light refreshments provided. Free. 125 S. Bench St, Galena, IL. **815-777-9129. galenahistorymuseum.org.**

Dubuque County Historical Society 70th Anniversary

NATIONAL MISSISSIPPI **RIVER MUSEUM** & AQUARIUM In celebration of the 70^{th} anniversary, the National Mississippi River Museum & Aquarium-home to the **Dubuque County Historical** Society collections—will be displaying a new exhibit case entitled Collecting Then and Now. The case will look back at some of the organization's earliest collections. then introduce the present and future of the DCHS's efforts to preserve and interpret our shared history.

<text><text>

Schedule an appointment at 800-373-7600, ext 204

From application to loan closing and making payments,

borrow right here and pay right here. Because with a homemade mortgage from Dupaco, payments and service remain local. You can count on it.

EQUAL HOLSIN

FEATURE STORY

STATERA

EMBRACING HEALTHY LIFESTYLES

stateraintegrated.com

10-Week Wellness Programs Empowered Wellness & Aging Well

Break The Diet Cycle

Fearless in the Kitchen: Monthly Cooking Series

Statera Lunch and Learns

Personal Training/Nutrition/ Private TRX, Pilates, Yoga and Open Cardio

Life and Health Coaching

Wellness Retreats





Peter and the Wolf comes alive onstage at Five Flags Theater as the DSO pairs with the Heartland Ballet in this beloved symphonic fairy tale!

The 3rd in our Classics Series also features Beethoven's youthful Second Symphony. And in honor of the 50th anniversary of the DSYO, the Youth Orchestra will join the DSO in a side-by-side performance of Beethoven's Egmont overture.

These "Beethoven bookends" are a thrilling way to begin our year-long celebration of the composer's 250th!



CLASSICS 3

7:30 PM SAT. FEB. 22

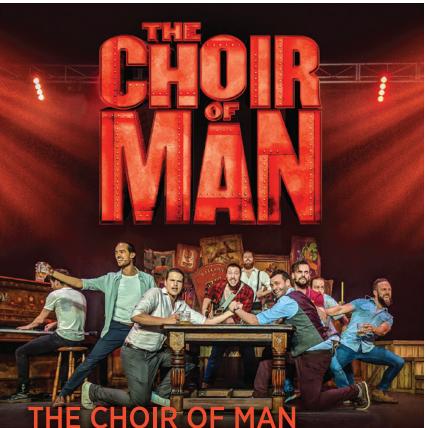
2 PM SUN. FEB. 23

FAMILY CONCERT 1PM SAT. FEB. 22

Shorter kid-friendly program which also includes a fun piece for typewriter & orchestra, and movie favorites from *The Wizard of Oz*, *Beauty and the Beast* and *Frozen*. Dress in costume and stick around for post-concert activities including West Music's instrument petting zoo, activity tables, photos with the ballet, and Peter & the Wolf marionettes from Fever River Puppeteers!

Sponsored by The Chad & Laura Chandlee Family Media Sponsor: Telegraph Herald

Tickets available at dubuquesymphony.org or SAVE TICKETMASTER FEE and purchase direct at Five Flags box office (4th & Locust, M-F 10am-5pm) or in theater lobby one hour before concert, based on availability.



THURSDAY, MARCH 5 7 PM @ FIVE FLAGS CENTER (405 MAIN ST)

When Five Flags General Manager H.R. Cook booked this show, he told us, "I'm not sure how I'm going to explain this show to people, but people gotta see it!" H.R. saw The Choir of Man himself and confirmed that it is everything they promise it to be. "Bring your mom, because she's going to love it, but here's the thing... you're going to love it too. You're just going to have a blast smiling and singing along. This is what all shows should strive to be."

So the bottom line is, if you like high energy singing and dancing and possibly handsome dudes, get your tickets. No, it is NOT a night of Irish pub songs, but it is in a pub. The music is all songs you know and love and the show will force the grumpiest of husbands to tap their toe. And that husband can go up on stage and get a free beer too!

So let's talk about the show a bit. Known across the globe as "the ultimate-feel good show," The Choir of Man offers up 90 minutes of indisputable joy. It's a party. It's a concert. It's a pint-filled good time set in a real, working pub that combines hair-raising harmonies, high-energy dance, and live percussion with foot-stomping choreography. The multi-talented cast of nine handsome blokes sings everything—pub tunes, folk, Broadway, classic rock—all to roof-raising heights. It's the best singing, dancing, stomping, pub crawl of a show you'll ever attend!

Imagine the greatest pub gig you've ever been to, multiply it by 10, and you'll still be nowhere near the fun that this show exudes. The show celebrates music that has wide appeal including songs by Adele, Queen, Paul Simon, Katy Perry, Red Hot Chili Peppers and more. The cast features world-class tap dancers, singers, and instrumentalists, ensuring that there is something for everyone in this joyous and uplifting show for all ages.

FREE BEER: The stage features a working bar, and audience members (21 and over, of course) are invited to come on stage prior to the performance and have a free beer poured by one of the cast members.

Don't find out after the show that you missed the best show in years. Just get your tickets and thank us later! Tickets are \$39-\$79 (and worth every penny) and can be purchased at **Ticketmaster.com** and Five Flags Center box office. For more information, call **563-589-4254** or visit **FiveFlagsCenter.com**.

MON 2/24

El Kahir Shrine Circus 6:30 PM @ FIVE FLAGS ARENA Amazing feats of athleticism with aerial acrobats, magnificent elephants, and more. \$20 Adults, \$10 for kids 12 and under. 405 Main St. 563-589-4254. FiveFlagsCenter.com.

WED 2/26

Exploring Iowa's Black History

6-7 PM @ CARNEGIE-STOUT PUBLIC LIBRARY Teens can learn about lowa's black history and how to explore their own history. Multicultural Family Center Director Jacqueline Hunter shares lowa connections to black history, and library staff will show attendees how to use the **Ancestry.com** database to research their family roots. RSVP required. **563-589-4225 x228.** dubuque.lib.ia.us.

THU **2/27**



Youth Art Class: Water is Life 4-4:50 PM @ DBQ MUSEUM OF ART Inspired by the museum's *Flow* exhibit, students will have a chance to play with watercolors, watercolor pencils, and blowing, misting, and splatter-painting techniques. Ages 10-14. RSVP. \$10 Mem-

bers; \$15 guests. DBQArt.org.

Wedding Venue Showcase

6-8 PM @ NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM Tours of spaces within the River Museum will be provided, as will food samples from J & D Catering. Couples may also speak with additional vendors who will be on site that evening. RSVP. 563-581-4986. rivermuseum.com/weddings.

Cooking Class: Scones 6-8:30 PM @ CONVIVIUM URBAN FARMSTEAD Chef Saralyn will teach you everything you need to know to make a variety of sweet and savory from scratch. \$30. 2811 Jackson St. 563-557-2900. convivium-dbg.com.



JDIFF Winter Film Series: Decoding The Driftless

6:30 PM @ HOTEL JULIEN DUBUQUE BALLROOM Decoding The Driftless explores the origins, diversity, and resources of the Driftless Region. Uncover ancient hidden mysteries, endangered Ice-Age throwbacks, and globally rare ecosystems. Producer Greg Howe will be in attendance for a Q&A following the film. Free. 200 Main St. JulienFilmFest.com.

First-Time Home Buyers 6:30-7:30 PM @

CARNEGIE-STOUT LIBRARY Join local realtor Jack Addington for an informational session for first-time home buyers. Free. 563-589-4225. dubuque.lib.ia.us.

FRI **2/28**

Tri-State Home and Builders Show

4-8 PM @ GRAND RIVER CENTER Feb. 28 at 4-8 p.m., Feb. 29 at 10 a.m.-6 p.m., and March 1 at noon-5 p.m. Find the latest products and services to assist in building and improving your home and yard. The Tri-State Home & Builders Show has thousands of ideas to help make your house a home! \$5 adults; free for kids 12 and under. **515-537-2094**. **jacksonexpogroup.com**.

SAT **2/29**



OtherSide Wing Sauce Challenge NOON @ THE OTHERSIDE (EAST DUBUQUE, IL) Who has the best chicken wing sauce? OtherSide will cook all the wings for you (smoked or fried)-iust add your sauce! Each sauce contestant gets 15 pounds of wings (about 135 wings) per sauce. First place will include bragging rights, a trophy, and \$100 in cash! All proceeds will go to the VOTE NO campaign to help offset the costs of yard signs shirts and billboards. Free to enter. Customers will be the judges, \$10 will get 10 wings. RSVP to enter the contest by Feb. 24. 68 Sinsinawa Ave, East Dubuque, IL. 815-747-9049. facebook.com/OSINEAST.

Broad Ideas: Opening Reception

5-7 PM @ GALENA CFA (GALENA, IL) Celebrate the artists and artwork that makeup Broad Ideas. View the work and party with live music from Robyn Davis and Ted Williams. Refreshments provided. Mental health professionals from Riverview Center will have resources and services as needed. Voter registration provided by the League of Women Voters of Jo Daviess County. Free on-site childcare. Free. 219 Summit St, Galena, IL. BroadIdeas.org.

Afro Renaissance 8 PM-MIDNIGHT @ SMOKESTACK

Celebration of Black (African American) Culture with spoken word poetry performances, live jazz band, open mic, and hip hop performances by Will Hustle, Lyric, Tortch and LMR. Hosted by Tri-Phoenix Group, LLC. 62 E 7th St. \$5. **563-663-3342**.

%



Use your tax return to open a CD or invest in an IRA CD!

NCUA

Tax savings *today,* financial security for the *future*.

MONTH CD SPECIAL

If you would like to open a CD or an IRA CD please contact a DuTrac financial services consultant at **members@DuTrac.org**, **(563) 582.1331** or **(800) 475.1331**, **DuTrac.org** or stop into any of DuTrac's 13 convenient office locations.

*APY is Annual Percentage Yield, APY listed above is accurate as of February 6, 2020. The interest rate and annual percentage yield may change. Interest will be compounded quarterly and will be credited to the account quarterly, Interest on your account will be credited by adding the interest to the principle. The annual percentage yield assumes interest will renain on deposit until indumly. A withdrawal will reduce earnings. Minimum amount required to open is 51,000. These could reduce earnings on the account. A penalty will be imposed for early withdrawal end and may include: a reduction of principle. The second subject to change without notice. Not valid for bokered deposits, institutional investors, business accounts or Public Funds. Federally Insued by NCUA. For additional details visit Duita.com,

Community Credit Union



March 16 - March 20 — Adventure awaits —

Spring Break Day Camp at the River Museum provides meaningful experiences to K-5th grade campers through engaging, educational programming. It's time away from home and school that inspires memories.

RECEIVE UP TO 15% OFF BY BEING A MEMBER

NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM

rivermuseum.com/camps

TRILOGY FEATURING THE MUSIC OF LED ZEPPELIN, PINK FLOYD, AND THE DOORS SATURDAY, MARCH 7

7:30 PM @ FIVE FLAGS THEATER (405 MAIN ST)

Experience the sights and sounds of Led Zeppelin, Pink Floyd, and The Doors all in one memorable night! The trilogy tribute with its full laser light show is headed to the Five Flags Theater on Saturday, March 7 at 7:30 p.m.

Trilogy is made up of professional musicians from all over the nation which each member of each band looking and sounding like the person they are portraying. From Jim Morrison to Jimmy Page to Roger Waters, the soulful vocals and timeless guitar solos will leave you breathless. Head back in time and relive the past.

Tickets are \$15-\$40 and can be purchased at **Ticketmaster.com** and Five Flags Center box office. For more information, call **563-589-4254** or visit **FiveFlagsCenter.com**.

TUE **3/3**

Theisen's Learn To Skate 6:30-7 PM @ MYSTIQUE COMMUNITY ICE CENTER March 3-April 14 at 6:30-7 p.m. or March 7-April 25 at 8:30-9:15 a.m. Have some winter festival fun by learning how to skate! All new, returning, and even adult skaters are welcome. RSVP by March 1. \$80-\$95. 1800 Admiral Sheehy Dr. dbgskating.com.

THU 3/5



Women's Giving **Circle Open House** 5:30-7:30 PM @ DBQ MUSEUM OF ART Learn about the Community Foundation of Greater Dubuque's WGC and how you can be part of their work to improve lives in our community. Includes hors d'oeuvres and refreshments. RSVP by March 1. Free for WGC non-members; \$10 for WGC members. 563-588-2700. dbgfoundation.org/ OpenHouseWGC.

Fiddler on the Roof

7 PM @ HEMPSTEAD HIGH SCHOOL AUDITORIUM March 5-7 at 7 p.m. and March 8 at 2 p.m. Set in 1905, in the little village of Anatevka, the story centers on Tevye, a poor milkman, his wife and five daughters. With the help of a tightknit Jewish community, Tevye tries to protect his daughters and instill them with tradition in the face of changing social and the growing anti-Semitism of Czarist Russia. Presented by Hempstead High School's Theatre Department. \$15. 3715 Pennsylvania Ave. **563-552-5200**.

FRI **3/6**

Galena Goes 50's Sock Hop

7 PM @ GALENA BREWING COMPANY (GALENA, IL) March 6 at 7 p.m. and March 7 at 10 a.m. Enjoy a fun filled 50s weekend in Galena. Sock hop, dance workshops, professional dance instructors, contests, prizes, and more. Saturday's Sock Hop is from 6-10 p.m. at Turner Hall with The Tailfins playing 50's and 60's music all night. Fundraiser to benefit the Galena Food Pantry. \$15 Workshop includes entry to sock hop; \$10 sock hop only. 563-845-9729. galenaswingdance.com.

SUN 3/8

RARE Raptor Program

1 PM @ EB LYONS INTERPRETIVE CENTER Live Birds of Prey from the RARE Group. Free. 8991 Bellevue Heights Rd. 563-556-0620. minesofspain.org.

TUE **3/10**

The Price is Right Live

7 PM @ FIVE FLAGS ARENA "Come On Down" and win cash, appliances, vacations and possibly even a new car by playing favorites like Plinko™, Cliffhangers™, The Big WheeI™, and the fabulous Showcase! RSVP to be a contestant. \$31.50-\$71.50. 563-589-4254. FiveFlagsCenter.com.

FRI **3/13**

Antique Spectacular Vintage Market 4-8 PM @ GRAND **RIVER CENTER** March 13 at 4–8 p.m., March 14 at 10 a.m.-6 p.m., and March 15 at 10 a.m.-4 p.m. The 2nd annual show will be overflowing with a wonderful variety of fine antiques and vintage collectibles for sale. Featured will be select antique dealers with unique merchandise from around the world. \$8 Adults; free for kids 14 and under with adult; save \$1 at antiquespectacular.com.

Baby Shark Live!

6 PM @ FIVE FLAGS ARENA The live show is based on Pinkfong's viral earworm and global dance phenomenon, Baby Shark. Fans of all ages will delight as Baby Shark joins up with his friend Pinkfong to take an adventure into the sea. \$29.50-\$59.50. 563-589-4258. fiveflagscenter.com.

DUBUQUE WINTER FARMERS' MARKET

SATURDAYS: NOW THROUGH APRIL 25 @ 9 AM-NOON KENNEDY MALL FORMER YOUNKERS MEN'S STORE (555 JFK RD)

The Dubuque Winter Farmers' Market has moved to the Kennedy Mall in the entrance of the former Younkers Men's store. The entrance is located on the west side near Planet Fitness. It is held Saturdays now through April 25. from 9 a.m. to noon.

Approximately 40 regional vendors will be offering seasonal produce, eggs, meats, cheeses, honey, maple syrup, starter plants, herbs, baked goods, and more. Dubuque Winter Farmers Market also features hot breakfast options by Holliberri Icelandics and coffee by Verena Street Roasters.

You can use your credit or debit card to purchase market tokens if you

ONGOING

Dubuque Area Writers Guild 2ND AND 4TH TUESDAYS 6:30-8 PM @ MONK'S Come with 5-10 copies of one poem or a prose piece for critique. Observers welcome. 373 Bluff St.

Theisen's Wags at the Flags

WEDNESDAYS: MAR. 4 AND 11 4:30-8 PM @ FIVE FLAGS ARENA This indoor dog park that accommodates both large and small dogs. The Barka Lounge offers refreshments, food and adult beverages for purchase. Rules closely resemble the City of Dubuque's dog park rules. Cleaning supplies will be available. Dogs that do not reside in Dubuque's city limits need to be up-todate on all immunizations, de-wormed and wear their

rabies tags. \$4 per dog; free for humans. **563-589-4254**. **FiveFlagsCenter.com**.

Salsa Dance Night

LAST WEDNESDAYS 6 PM @ SMOKESTACK Salsa dance lesson with Adam's Dance Connection. Bring a partner or come solo. Free. 62 E 7th St. SmokestackDBQ.com.

Boomerang Bags

2ND SATURDAYS 11 AM-1 PM @ UPCYCLE DBQ Make reusable shopping bags and prevent the use of single use plastic bags. Facebook.com/UpcycleDBQ.

Illusions Midwest

Drag Show 3RD SATURDAYS 10 PM @ SMOKESTACK Featuring the Illusions cast and special guest drag queens and kings. \$10. 62 E 7th St. SmokestackDBQ.com.

don't have cash on you or the Roshek Building has an ATM. Users of the SNAP/EBT network in Iowa can also shop at the market for fresh, affordable local alternatives. Visit the info booth to purchase your tokens.

You can become part of the energy, and not just by shopping regularly. To volunteer, contact Paula Neuhaus at **neuhaus.paula@gmail.com**. For more information about Dubuque Winter Farmers' Market, visit **WinterMarketDbg.com**.

Know Your Community Storytime

CONVIVIUM URBAN FARMSTEAD: FEB. 21 @ 10 AM DUBUQUE MUSEUM OF ART: MARCH 6 @ 10 AM MATHIAS HAM HOUSE: MARCH 20 @ 10 AM GRAND OPERA HOUSE: APRIL 3 @ 10 AM SWISS VALLEY NATURE CENTER: APRIL 17 @ 10 AM The Carnegie-Stout Public Library is excited to take storytime into the community to bring new and different families together while also introducing them to new and different places in the community. Each storytime will include sing-alongs. movement activities, and of course, fun and engaging stories! Ages 6 and younger. Free. dubuque.lib.ia.us.

Empower your money

Earn more with Power Checking

No minimum balance. Only \$100 to open.



Adam and Shannon enjoy higher interest and up to \$15 in ATM refunds when they qualify each cycle.

2.25% Balances \$0.00 to \$25,000.00

2.25 to **0.10**[%]_{APY*} Balances \$25,000.01 and above

0.05% If requirements aren't met (entire balance)

It's easy to qualify.

- Enroll in and receive electronic statements
- Have at least 15 debit card purchases post and clear (signature or PIN)
- Have at least one direct deposit, auto debit from a third party, or online bill payment transaction post and clear

Open a Power Checking today!



Member FDIC | MidWestOne.bank

*Annual Percentage Yield (APY). Power Checking qualification cycles end on the fourth Wednesday of each month. On this day, transaction counts are finalized and interest is paid. Transactions that have posted and cleared are no longer in pending status. Any transactions pending when the Power Checking qualification cycle ends will not be included in the current cycle. Domestic ATM fees are refunded to the account once the Power Checking qualifications are met; if you have a linked Power Savings your ATM refunds will post directly to the Power Savings account. Daily Balance Method used to calculate interest on account. This method applies a daily periodic rate to the principal balance in the account each day. Interest rates are variable and subject to change at the bank's discretion at any time. The Annual Percentage Yield may vary due to the interest are designated balance tiers. Fees may reduce earnings. When linked to Power Savings, the interest earned within Power Checking does not compound since it is automatically transferred to Power Savings. Rates are accurate as of January 31, 2020.

SUBMIT YOUR EVENTS!

DO YOU HAVE A TRI-STATE EVENT THAT YOU'D LIKE TO SHARE WITH OUR READERS? LET US KNOW WHAT'S GOING ON BY SENDING US YOUR INFORMATION! EMAIL: EVENTS@DUBUQUE365.COM ONLINE SUBMISSION: DUBUQUE365.COM/SUBMIT-EVENT

DUBUQUE365.COM



DUBUQUE365.com



FATHOM C

I Am Patrick March 17 & 18 Steven Universe The Movie Sing-A-Long March 23 Rachel & Dave Holli's Variety Show March 24 Digimon Adventure: Last Evolution Kizuna March 25 Apollo 13 25th Anniversary April 6 & 8

Jesus **April 7, 9, & 11** A League Of Their Own (1992) **April 27 & 28**

Clueless 25th Anniversary May 4 & 6

Patterns of Evidence: The Red Sea Miracle II May 5

My Neighbor Totoro - studio Ghibli Fest 2020 May 10 & 13(dub) & 11(sub)

FOR MORE INFORMATION ON UPCOMING FATHOM EVENTS REASEVISIT WWW.PHOENIXMOVIES.NET/FATHOMEVENTS

100% HEATED RECLINING SEATS 7.1 DOLBY DIGITAL SURROUND SOUND & SERVING BEER & WINE

www.PHOENIXMOVIES.net



COMING TO THEATERS

BLOODSHOT

FRIDAY, FEBRUARY 21 Based on the comic-book character of the same name, Bloodshot (a soldier recently killed in action and brought back to life as the superhero)

seeks revenge on the people who killed his wife. This is not a MCU or DCCU film. Starring Vin Diesel, Elza Gonzalez, and Guy Pearce.

THE CALL OF THE WILD FRIDAY, FEBRUARY 21

Jack London's classic story of Buck, a big-hearted dog whose blissful domestic life is turned upside down when he is

suddenly uprooted from his California home and transplanted to the exotic wilds of the Alaskan Yukon during the Gold Rush of the 1890s. As the newest rookie on a mail delivery dog sled team—and later its leader—Buck experiences the adventure of a lifetime, ultimately finding his true place in the world and becoming his own master. Starring Harrison Ford.

ONWARD

FRIDAY, MARCH 6 Set in a suburban fantasy world, two teenage elf brothers embark on an extraordinary quest to discover if there is still a little magic left out there. The

first of a surprising two Disney/Pixar movies of 2020. *Soul* follows on June. Starring Chris Pratt, Julia Louis-Dreyfull, Octavia Spencer, and Tom Holland.

THE WAY BACK

FRIDAY, MARCH 6 A former HS basketball phenom, struggling with alcoholism, is offered a coaching job at his alma mater. As the team starts to win he may have a reason fr

win, he may have a reason to confront his old demons. But will it be enough to set him on the road to redemption? Starring Ben Afleck.

MOVIE BUZZ

Ben Schwartz, who voices the lead role in *Sonic The Hedgehog*, recently revealed he wrote a script for an



adult version of *The Goonies* for Seth Rogen and Adam McKay. In an interview with HeyUGuys, Schwartz mentions he had previously written a script that would've seen a group, similar to *The Goonies* gang, back on an adventure as adults after they failed as children. The sequel would have seen the gang's earlier misfortune spiral them into less-than-successful adults who are given a second chance at the adventure years later. I'd see it!

Guillermo del Toro and Netflix's stop-motion animated *Pinocchio* movie adaptation adds Ewan McGregor,



Tilda Swinton, and more to its voice cast joining Christoph Waltz, Ron Perlman and David Bradley (Filch from *Harry Potter*) as Geppetto. The Oscar-winning *Pan's Labyrinth* and *The Shape of Water* director spent more than a decade trying to get his retelling of Carlo Collodi's *The Adventures of Pinocchio* off the ground before the project landed at Netflix in 2018. Story-wise, del Toro's *Pinocchio* will retell the famous tale of the wooden puppet who comes to life, albeit this time against the backdrop of Benito Mussolini's fascist reign over Italy during the 1930s.

Awkwafina reteams with the producers of *Crazy Rich Asians*, nabbing the lead in the upcoming



gambling movie *The Baccarat Machine*, inspired by the true story of Cheung Yin "Kelly" Sun. Sun is regarded as the most successful female gambler in modern history. Based on an article by Michael Kaplan published in *Cigar Aficionado*, the film will follow Sun as she painstakingly develops a talent for beating the casino system at their own game. Through a mix of subterfuge and ingenuity, and with the help of poker legend Phil Ivey, Sun aims to take down the same casinos which seek to bar her from their properties. What results ranks among the most ingenious legal gambling sagas ever to be documented.

new perfume new jewelry new arrivals

> DUBUQUE IA 563-588-3160

is fig leaf







Just one of the great displays that were part of the 2020 Winter Arts Snow Sculpting Festival in Washington Park in downtown Dubuque.

LOCATIONS

OUR CONVENIENT

ŭ



What a crowd at Textile Brewing Company in Dyersville, IA, who all came out for a hop-growing presentation. Sounds tasty. Hoppiness Matters!



On National Donor Day, Unity-Point Health - Finley Hospital team members gathered to recognize a recent organ donor with an Honor Walk. Donors give hope for those who are waiting for a second chance at life.



Girl Scoul Addisyn Rainey and friends were on duly hustlin cookies by the case at Hy-Vee in Dubuque... because we dont have a dispensary.



The's '60s loving-ladies are enjoying a ride on a yellow submarine (or maybe they live there) at the Julien Dubuque International Film Festival's 2020 Gala: Peace, Love, & JDIFF.



Young cowboys and cowgirls in training were able to get a taste of the rodeo life, riding minature horses at Theisen's in Dubuque, leading up the Battle for the Bluff Rodeo at Five Flags the weekend of February 21.



Fans pose for selfies with the Ying-Yang Twins following their high-energy performance at the Q Showroom @ Q Casino.



Congratulations to the Loras Wrestling Team who handed returing champions, Wartburg, their first conference loss in 28 years! Yeah, you read that right.





365ink's Bryce Parks bought a cool piece of wood art from Mike Reiss, the man who taught Bryce to play the guitar, at Carnegie-Stout's Art & Your Library event.





hand at Dubuque On Ice Brewfest to host their stein-holding competition.



Cant you tell by the smiles? This is a team of Ice Golfers in the Ice Harbor, braving the elements to raise money for St. Mark's Youth Enrichment.



ARTS_____

LOVE HAPPENS

FEBRUARY 20-22 @ 7:30 PM FEBRUARY 23 @ 2 PM BELL TOWER THEATER (2728 ASBURY RD)

Head to the Bell Tower Theater to see *Love Happens*, a comedy by Rich Orloff on Feb. 20–23.

Love blossoms when Donna and Tom meet at the local gym. But navigating a new relationship is never easy. Luckily they have Phil and Rose (who will soon be celebrating 50 years together) to help them through the rough patches. Funny and sweet, this is the perfect show for Valentine's Day. Tickets are \$21. Thursdays are Girls'

Night Out; all audience members get a free glass of wine. For more information and to purchase tickets, call **563-588-3377** or visit **BellTowerTheater.net**.

ROCK OF AGES

FEBRUARY 21, 22, 27, AND 28 @ 7:30 PMFEBRUARY 23 AND MARCH 1 @ 2 PMGRAND OPERA HOUSE (135 W 8TH ST)Rock out with the Grand Opera House onFeb. 21, 22, 27, and 28 at 7:30 p.m. andFeb. 23 and March 1 at 2 p.m. Pull out yourday-glo spandex pants and tease yourbair as high as it will go for Rock of Ages.

Head to the Sunset strip where a developer is about to tear down the Rock and Roll Mecca. Can love, fishnets and rock and roll save the beloved Bourbon Room, or will this bastion of all things '80s fall to the idea of "clean living?"

Rock of Ages takes you back to the times of big bands with big egos playing



SATURDAY, FEBRUARY 22 @ 7:30 PM SUNDAY, FEBRUARY 23 @ 2 PM SPRING FAMILY CONCERT: SATURDAY, FEBRUARY 22 @ 1 PM FIVE FLAGS THEATER (405 MAIN ST) The Dubuque Symphony Orchestra's 61st season celebrates the 50th anniversary of

season celebrates the 50th anniversary of its Dubuque Symphony Youth Ensembles program with an entire season devoted to the theme of youth. *Classics 3: Peter and the Wolf* will be performed on Feb. 22 and 23 at the Five Flags Theater.

The tale of *Peter and the Wolf* comes alive onstage in this beloved symphonic fairy tale. Join this not-to-be missed performance featuring orchestra, guest narrator and the Heartland Ballet! Wagner's *Siegfried Idyll*, named for his first child and written as a surprise birthday present to his wife, was first played in their home as she woke up on her birthday. As such, it reflects a rarely heard, more intimate side of the composer.

In honor of 50th anniversary of the DSYO, the Youth Orchestra will join the professional musicians in a side-by-side

big guitar solos and sporting even bigger hair! This Tony Award-nominated Broadway musical features the hits of Styx, Journey, Bon Jovi, REO Speedwagon, Pat Benatar, Twisted Sister, and others.

Tickets are \$23 for adults and \$15 for children under 18. Tickets can be purchased in person at the box office, by calling **563-588-1305**, or at **TheGrandOperaHouse.com**.



ends with Beethoven's youthful Second Symphony, these "Beethoven bookends" are a thrilling way to begin our year-long celebration of Beethoven's 250th. Tickets start at \$18.

The Spring Family Concert on Saturday, Feb. 22 at 1 p.m., features *Peter and the Wolf* and other favorites, followed by themed postconcert events. Tickets start at \$12.

Tickets for both concerts are available at the Five Flags Center Box Office, through the DSO app, or online at **Ticketmaster.com**. Student tickets are \$8 and are available 1 hour before the performance. For more information, call **563-557-1677** or visit **DubuqueSymphony.org**.

LIVE AT HERITAGE CENTER PERFORMING ARTS SERIES SIBERIAN STATE SYMPHONY ORCHESTRA THURSDAY, FEBRUARY 27

7:30 PM @ UNIVERSITY OF DUBUQUE HERITAGE CENTER JOHN AND ALICE BUTLER HALL (2255 BENNETT ST)

Direct from Krasnoyarsk, Russia, the 80-member Siberian State Symphony Orchestra has embark on an eight-week US tour starting in January 2020. They make a stop at the University of Dubuque Heritage Center on Thursday, Feb. 27 at 7:30 p.m.

Founded in 1977, the orchestra earned a reputation as one of the best Russian orchestras. Performing throughout Russia and the world with the finest Russian soloists. Artistic Director and Conductor Vladimir Lande leads the orchestra. The program will include Tango from The Bolt ballet by Shostakovich, Piano Concerto No. 3 by Rachmaninov with featured solo pianist Yury Favorin, and Symphony No. 5 by Tchaikovsky.



A free 30-minute special lecture precedes performance at 6:30 p.m. in Babka Theatre. Alan Huckleberry, pianist and professor at the University of lowa, will speak on the composers and repertoire for the evening's concert.

Tickets are \$25-\$49 for adults, \$19-\$39 for UD alumni and military, and \$10 for children and students. All tickets increase by \$5 for purchases on the day of the performance. Tickets can be purchased at the Heritage Center Farber Box Office; by phone at **563-585-SHOW**; or online at **DBQ.edu/heritagecenter.** V

CLARKE UNIVERSITY MACKIN-MAILANDER LECTURE SERIES DAVID LEE NELSON: STAGES TUESDAY, MARCH 3

7 PM @ CLARKE UNIVERSITY JANSEN MUSIC HALL (1550 CLARKE DR)

The Clarke University Mackin-Mailander Lecture Series will host David Lee Nelson and his solo play, *Stages*, on Tuesday, March 3, at 7 p.m. in Clarke University Jansen Music Hall.

In 2017, award winning performer David Lee Nelson was diagnosed with Stage 4 colon cancer at the age of 38. Nelson kept a blog of his time in chemotherapy—a heartbreakingly funny chronicle of his experience with the disease. This material became the basis for his newest solo play, *Stages*.

Stages is not simply a play about sickness: it's a story of life's setbacks and surprises and about searching for hope in the most unlikely of places. Stages is a 70-minute one-man show starring Nelson. Adam Knight is Nelson's writing partner and the show's director.

"I like to find serious things and find the humor in them. Cancer is such a tense topic. It's just asking for release. It's just asking for comedy. Comedy also is about human beings facing things they are unequipped to handle. This is something we are unequipped to handle. As humans, the best we can do is laugh about it," said Nelson.



Charleston and a Master of Fine Arts from the Alabama Shakespeare Festival through a joint program with the University of Alabama. Nelson is a recipient of a Young Alumnus Award from the College of Charleston School of the Arts.

Nelson has

a Bachelor of

Arts from the

College of

"Art and theater are how we understand the world around us. To try and make sense of this (colon cancer diagnosis) has been such an important part of my healing. I decided early on I would make this an artistic endeavor. So when I'd get sick, I'd think, 'Oh great, more stuff to write about tomorrow.' It was great being able to write through this experience," explained Nelson.

Nelson spent a decade living and working in New York City and now resides in Greenville, South Carolina. He teaches at Furman University and is on the faculty of the Fine Arts Center in Greenville. Tickets are \$10 and can be purchased by calling **563-588-6393**.

TOPDOG/ UNDERDOG MARCH 5-7 @ 7:30 PM

MARCH 8 @ 2 PM 7:30 PM @ CLARKE UNIVERSITY JANSEN MUSIC HALL (1550 CLARKE DR)

The Clarke University Drama and Musical Theatre program will present Suzan-Lori Parks' *Topdog/Underdog*. The performance runs March 5–7 at 7:30 p.m. and March 8 at 2 p.m. at Clarke University Terence Donaghoe Hall.

A darkly comic and contemporary fable of brotherly love and family identity, *Topdog/Underdog* tells the story of two brothers, Lincoln and Booth. Their names, given to them as a joke, foretell a lifetime of sibling rivalry

FIRST FRIDAYS

FRIDAY, MARCH 6

3-7 PM @ POP-UP BOUTIQUE (2230 CENTRAL AVE) 4-8 PM @ STONED ART STUDIO & GALLERY (1800 CENTRAL AVE) 5-7 PM @ DUBUQUE MUSEUM OF ART (701 LOCUST ST) 5-8 PM @ KEY CITY CREATIVE CENTER (1781 WHITE ST) 5-8 PM @ OUTSIDE THE LINES ART GALLERY (1101 MAIN ST) 5-8 PM @ UPCYCLE DUBUQUE & GALLERY A (1838 CENTRAL AVE) 5:30-7:30 PM @ CARNEGIE-STOUT PUBLIC LIBRARY (360 W 11TH ST) 6-8 PM @ SMOKESTACK (62 E 7TH ST) 6-9 PM @ DUBUQUE AREA ARTS COLLECTIVE (375 BLUFF ST)

First Fridays is Downtown Dubuque's monthly visual art series, hosted by galleries, museums, and venues, celebrating Dubuque's great visual arts scene. Visit all of the locations and celebrate our creative community. All stops are free unless otherwise noted.

The Pop-Up Boutique features Bear Dancer Studios Gallery, the photography of internationally recognized photographer Mark Dierker as well as Sara Ide Mess, Heather Houzenga, Nick Meyer of Nic-Nax, and Dan Aldeman of Pound Town Twisted Arts. Live music by Paula Wolfe. Snacks and refreshments will be provided.

Stoned Art Studio features the soft opening of a Bombfire Pizza Memorial photography show. Plus see Mississippi Valley and Driftless photography and stone oil lamps by Henry Matthiessen III. Refreshments provided.

DuMA will feature three existing exhibitions: Flow: Journey Through the Mississippi River Watershed, A City at Work: Dubuque Portraits from 1912, and The Merrymakers: Paintings by Carrie Pearce. Plus a Cellocentric performance, an innovative instrumental fusion of classical, new age, jazz, pop and rock styles.

Key City Creative Center hosts Jeff DiCicco with a focus on motorcycles.



and resentment. Haunted by their past, the brothers are forced to confront

the shattering reality of their future. Because of adult language and themes, the production is intended for mature audiences only.

Tickets are \$10 for general admission, \$7 seniors, \$5 non-Clarke students, and free for alumni. For more information, call the Clarke University Drama Department at **563-588-6550.**

Outside the Lines is hosting Lisbeth

Quebe, an oil painter from Soldier's Grove, WI. She will be working on

throughout the evening. Light snacks

Upcycle Dubuque and Gallery

(BeYOUtiful You Creations) and a spin-

The Carnegie-Stout Public Library

ning demonstration by Susan Hellert.

Smokestack previews Soulscape

(opens March 7). Celebrate a sacred

journey of inner wonder, connection,

Chris Woodruff, Dalton Leisen, Eric

and soul. Artists include Allison Barnett,

Martens, Erica Leigh Wilson, Erin Smith

and Matthew Mikulice, Jay Foust, Jes-

sica Burn, Kyle Regan, Mark Weiland,

Taylor Trost, and Tim Togstad. Music

with the Alumatics begins at 8 p.m.

Dubuque Area Art Collective

Cram host Coaster Art Show featur-

ing explorations of 2D work on 4x4

inch paper canvases by creatives

of all ages and backgrounds. Hors d'oeuvres and drinks will be provided.

For more information, visit

Facebook.com/DubuqueFirstFridays.

and local illustrator Emily Cotton

Miles Turner, Morgan Hazer, Shelby Fry,

A feature intuitive artist Sara Mess

hosts Music @ your library® with

Dubuque hip-hop artist, Lyric.

a new woodland flower painting

and beverages will be offered.

LUCKY YOU PACKAGE \$100 Enjoy two 60 minute float therapy sessions



PACKAGE \$25 Enjoy a 20 minute zero gravity massage chair and a 45 minute full spectrum infrared sauna

NON SHARABLE OR TRANSFERABLE. PACKAGES EXPIRE APRIL 1, 2020.

GET LUCKY AT

Aerial Yoga - Float Therapy - Infrared Sauna - Massage

DAT AND FLY

ELLNESS STUDIO

floatandflywellnessstudio.com 563-585-1227

1344 Locust St, Dubuque, IA Open Tuesday through Sunday

MICHAEL LESTER WENDT CHARACTER LECTURE: I'LL PUSH YOU

JUSTIN SKEESUCK AND PATRICK GRAY

Best-selling authors of 1'll Push You: A Journey of 500 Miles, Two Best Friends, and One Wheelchair



MARCH 2, 2020 7:00 P.M.

JOHN AND ALICE BUTLER HALL, HERITAGE CENTER

This event is free and open to the public. For more information, call 563.585.SHOW.



15

WENDT CHARACTER INITIATIVE | WENDT@DBQ.EDU | WWW.DBQ.EDU/WENDT

UNIVERSITY of DUBUQUE

DUBUQUE365.COM

COVER STORY

365INK IMPACT AWARDS TUESDAY, FEBRUARY 25 @ 6 PM



DIAMOND JO CASINO MISSISSIPPI MOON BAR (301 BELL ST)

We invite EVERYONE to join us on Tuesday, Feb. 25 at the Mississippi Moon Bar at the Diamond Jo Casino for the 12th Annual 365ink Impact Awards event sponsored by the Community Foundation of Greater Dubuque and Premier Bank and hosted by The Diamond Jo Casino. Doors open at 6 p.m. with heavy hors d'oeuvres and a cash bar. Live music by Joie Wails starts at 6:30 p.m., and the program begins at 7 p.m. and lasts about 90 minutes. You must be 21 to attend. The event is totally FREE! Come and cheer on your friends and other awesome Dubuque champions of progress!

It's always hard to pick just 10 amazing people, organizations, and efforts from such a huge list of nominees each year. We are forced to leave so many completely wonderful and worthy people unrecognized. But the great thing is, we've found that great people are great people year in and year out, and usually, if they keep up their good works, they're gonna get recognized eventually. We don't do as many awards each year as we used to for the sake of time and our sanity, but looking back, more than 250 Impact Awards have been presented in 11 years. That's amazing. And still we have no problem at all finding whole new batches of great nominees again each year. And naturally, people who have won in years past keep getting nominated again and

ALL

COMMUNITY

HENRICKS

READS: SUSAN

The goal of the first-

time All Community

Reads program is

people as possible

and connect through their shared experience.

Furthermore, the subject matter of the book is

discussion of racial and social inequities,

intended to engage the community in thoughtful

restorative justice, and the aftermath of trauma.

took place throughout the month of October,

including book discussions, movie screenings,

and a panel discussion on restorative justice.

The book selected for this first-time,

by Jennifer Thompson-Cannino and Ronald

Cotton with Erin Torneo. Picking Cotton is a

New York Times best-seller that tells the true

story of an unlikely friendship forged between

a woman and the man she misidentified as her

attacker and sent to prison for 11 years. Jennifer

Thompson-Cannino and Ronald Cotton recount

our ideas about memory and judgment while

the harrowing details of their tragedy, challenging

community-wide reading program was Picking

Cotton: Our Memoir of Injustice and Redemption

The authors visited Dubuque on

Nov. 5, presenting at a free event at

Five Flags Theater, made possible by

the Dubuque Racing Association.

Events for the All Community Reads program

to have as many

read the book

again. So we've decided that those who have already won will likely be fine watching with the rest of us as new, worthy recipients are selected each year.

We think the most special part of the Impact Awards is that for 11 years, the awards themselves have always been fully original works of art by local artisans including Gail Chavenelle, Kyle Regan, Ken Bichelle, and Gene Tully who created them for a number of years and helped us begin the practice. This year's awards were made by Brian Graham, one of the talented and creative craftsmen who apply their skills at the Key City Create Center in Dubuque, an organization that itself won an Impact Award in 2018. A great collaboration brought about this year's substantial natural wood piece, repurposed from very solid barn columns. Like the winners of the awards themselves, the award makes it look simple but is complex in its manystepped creation, with a nod to the original steel designs of Gene Tully. The finished product is a unique and special tribute to the people they honor. Thank you, Brian, for your hard work and talent.

And with all that in mind, we are thrilled to present the following 10 winners of the 2020 365ink Impact Awards. For more information, visit dubuque365.com/ impact-awards or call 563-588-4365.

demonstrating the profound nature of human grace and healing power of forgiveness.

On the day of the Impact Awards, Feb. 25, Susan will be in Nashville, TN for the Public Library Association Conference celebrating her 18th anniversary with Carnegie-Stout Public Library. When she was selected for the Impact Award, we did not know that she considered All Community Reads as the highlight of her career. So I guess we chose wisely. Highlight so, far Susan. So far...

DIMENSIONAL **BREWING CO.**

Co-founded by Tom Rauen and Jeff Burds with brewers Shane Knipper, Joe Specht, and Grant Wulf, Dimensional Brewing Co. seems to be the result of the stars aligning.

Tom and Jeff both had an idea for starting a brewery. Jeff met Grant and tasted some of his home brew and introduced him to Joe. Tom already knew Joe for a long time and, well, let's just say it all started with a beer...or two

The vision for a community-based destination craft brewery was going to happen elsewhere until Tom learned the Atlas Power Fluid building was about to come on the market in the perfect part of town for a brewer-Old Main St. Following a huge undertaking to turn an old, run down building into a vibrant brewery and taproom, the first year of business exceeded

all expectations with more big things to come in 2020 including completing the beer garden, partnering with Flatted Fifth BBQ in Bellevue, IA to have a restaurant in the taproom, adding a canning line to introducing 16 oz. cans, and releasing the first of many barrel aged stouts.

We skipped over the fact that the venue itself is beautifully restored with great garage door-style openings to the street making for an amazing warm-weather extension into the outdoor vibrancy of Main Street. It's a wonderful addition to Dubuque both for local beer and entertainment lovers as well as for tourism. One more example of those amenities you only expect to see in big cities coming to Dubuque.

K.I.D.S. (KIDS IN DUBUQUE SKATE)

Perseverance is when you start fighting for something you are passionate about as a kid, and by the time you see it to fruition, you are almost old enough to have your

own kids. That is the root of the success of the K.I.D.S. organization, Kids in Dubuque Skate. With the help and guidance of some likewise impassioned adults, this group of youngsters were the driving force that made the new, nearly million dollar skate part at Flora Park in Dubuque a reality.

The story began more than a decade ago. A long time ago, the K.I.D.S. group formed, wanting to improve skateboarding opportunities for kids. They were active year in and year out, working directly with city staff and city council members to advocate for the venue until it finally became an officially noted City County propriety. Even then, getting onto the city's list of Capital Improvement Projects was not the end of the road as it got bombed from the list more than once. But they were tenacious and kept trying, even as members were growing up and leaving for college. A new generation got involved.

When presented with a financial plan where they were tasked with raising \$200,000 of an \$800,000+ proposed budget for the park, they were not deterred. These were kids mind you. With the help of their adult mentors, they did fundraising and grantwriting to fulfill their \$200,000. In the end, they ended up raising \$241,000.

Once the funding was in place, they placed an active role in choosing a location and developing the design of the park. Always present at all community meetings to talk with potential neighbors, the kids were engaged into a process to discover what it takes to make a dream a reality.

They were, of course, also heavily involved in choosing the elements and amenities they wanted to see in the park. simple things such as water, restrooms, and shade that they did not have before.

The kids always said this would not be just great for Dubuque community, but that it would become something that brings people to the community, and they were right. As highquality skate park amenities are in short supply in the region, license plates from all over the Midwest have been showing up in the parking lot, which also brings additional economic benefit to the community from visitors.

The park also allows for the growth of grass-roots programs like SheSkates, created by Isabella Mejia, which gets young girls involved in this exciting sport and bolsters self-confidence while creating new bonds of friendship.

"The big part of the project," says Marie Ware, City of Dubuque Leisure Services Manager, "is that they persevered over the long-haul. They got there and created something really special for our community."

MIKE MEYER

When you look at the civic success in Fast Dubuque, II through groups like the East Dubuque Greater Events Foundation, the Lions Club, East Dubuque **Business and Tourism** and the Tavern



League, and events like the fireworks, Wingfest, Cruisin' Thursdays, and more, there is a common thread that seems to run through all of these things, and his name is Mike Meyer.

Owner of The Otherside in East Dubuque and part of a family legacy of downtown East Dubuque entertainment, Mike is involved in EVERYTHING East Dubuque. "I'm for everything local," he says. "I just want people to be FOR this town."

In every organization there are lots of members who do their part to make things happen, but there's always a person or two who seem to carry the torch and do the heavy lifting. For so many community-service initiatives in East Dubuque, Mike Meyer is that guy. He walks the walk. And, of course, in talking with him. he never says "I," he only says "We." As in, we did this or we did that, when so often we is he. Though he is guick to share credit with his contemporaries in groups like the EDGE (the foundation) or the Lions Club, especially John "Digger" Digman, who should probably get to put this award in his house for a couple weeks a year.

Though many share the load, Mike leads the way in so many ways to create great events that promote East Dubuque and bring visitors to the community while also providing family-friendly activities for its citizens. And then they take all of the money that those events generate and give it all back to the community. The EDGE foundation has donated back \$40,000 in three years. Events like Wingfest, East Dubuque Cruisin' Thiursdays, East Dubuque Fun Days, golf outings, mini-golf outings, trivia nights, corn boils and whiffle ball tournaments have Mike at the epicenter of their success. The funds raised support local schools, the fire department training center, holiday lights, Boy Scouts, and more. The same could be said for funds from local Lions Club fundraisers that make things like the fireworks possible.

And that's without getting into the great things The Otherside does to support downtown businesses, from great customer appreciation nights every week, to providing live entertainment for Crusin' Thursday, to organizing bar owners to fight for their fair right to do business to the benefit of East Dubuque's bottom line.

"It's all about supporting local, and I'll always take a team award over a personal award," says Mike. Too bad buddy, you're not ducking this one.



16 COVER STORY 365INK MAGAZINE FEBRUARY 20-MARCH 4, 2020 ISSUE #363

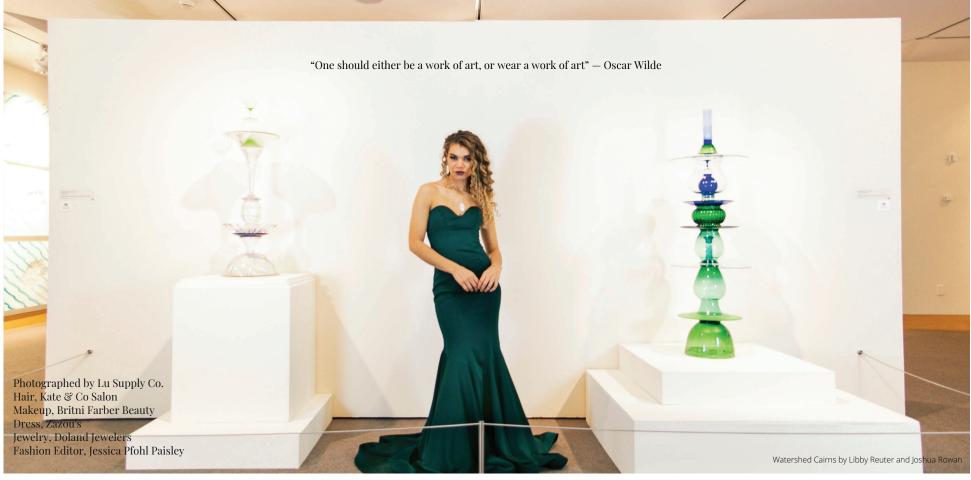
PS STYLED

ISSUE NO. 2 // VOLUME NO. 1 // FEBRUARY 2020

IN THIS ISSUE

ART AFTER DARK MY CHIC OBSESSION A STYLISH SPACE THE ART OF FASHION PHOTOGRAPHY COLOR & INTENTION: THE MESSAGE BEHIND MAKEUP ARTISTRY EMBRACING YOUR NATURAL HAIR

FEATURED ART Bill Farrell, He Said, She Said, 1981, Gift of the artist Paul T. Granlund, Continuum (maquette), 1976, Gift of the artist Nikolaus Miesing, Round Face Series: 2012, 2014, On long-term loan from the artist





ART AFTER DARK

As Iowa's oldest cultural institution, The Dubuque Museum of Art (DuMA) was honored to participate in this issue of PS STYLED, Art After Dark. DuMA's mission is to excite, engage and serve diverse communities within the Tri-State area through our collections, exhibitions and educational programs. We connect generations of people to their cultural heritage and exceptional art. This issue of PS STYLED has uniquely combined the art of fashion with the natural beauty of the museum, along with works from three of our current exhibitions, FLOW: Journey through the Mississippi Watershed, The Merry Makers: Paintings by Carrie Pearce, and pieces from our permanent collection. The FLOW exhibition focuses on the themes of water, specifically the Mississippi River, and our personal connection to it. In her beautiful flowing evening gown, Carolyn highlights the Watershed Cairns, by Libby Reuter and Joshua Rowan. These fragile glass cairns are created to mark little known waterscapes where one can see the watershed at work or where the natural streams have been harmed or buried. The objective of this exhibition is to celebrate the Mississippi's River basin's water wealth. In the background, Jennifer Lynn Bates presents Clean Water, which is a site-specific installation representing the Dubuque Region of the Mississippi, from North of Lock and Dam #11 to south of Catfish Creek. In Hidden Magic, Susan Knight takes inspiration from the role rain gardens play in the hydrology of water. The extensive deep root systems of the native and adapted plants thrive in rain gardens as a naturally effective way to manage rainwater runoff. The metallic train on the model's gown beautifully enhances the concept of the rainwater runoff. Pearce's collection of her fantastic figures in a style that has been described as imaginary realism. Although dedicated to the rigorous 16th century painting techniques of the Old Masters, she paints curious scenes of children interwoven with their toys and pets. The model wonderfully compliments this collection with a vintage, but youthful style gown, from the PS Styling closet. The DuMA invites you to visit our beautiful and charming museum. Curiosity is all you need to walk through our front doors. No education is necessary. Whether it's an interest in an exhibition, photography, or you're looking for a field trip with your children, we have a little something for everyone.

The Dubuque Museum of Art (DuMA) was founded in 1874 and reaccredited by the American Alliance of Museums in 2019 and named a national affiliate of the Smithsonian Institution in 2016. DuMA is located across from Washington Park in historic downtown Dubuque at 7th and Locust Streets. The Museum is free on Thursdays, and those 18 and younger receive free admission every day. www.dbqart.org.



MY CHIC OBESSION Meet Carolyn, the creative mind behind the inspirational lifestyle blog, My Chic Obsession, and our model for the February issue of PS STYLED. Carolyn brings together her passion and background in modeling, styling, and photography to create an online destination for women to uncover chic inspiration for their style and life. Whether it's attainable outfit ideas you can incorporate into your style routine, beauty tips. DIY home decor, or travel photography and guides, her blog is a place of inspiration. Visit mychicobsession.com to feel inspired by Carolyn's look and stay for the budget-friendly home decor tips, beautiful travel photographs, and a heavy dose of Parisian influence.

A STYLISH SPACE

Here we are on the second issue of PS STYLED! Thank you all for the amazing support, the response to our little capsule magazine has been inspiring to say the least. Now that we have one issue under our belt, it might be helpful to explain exactly WHAT a capsule magazine is. Simply put, this glossy 11x17 insert in 365ink is the "cover" and the rest of our content is actually online. For those of you familiar with the term capsule wardrobe, it is defined as a collection of clothes and accessories that includes only items considered essential. The capsule magazine is modeled that same way, a select collection of articles and photography considered essential... essential to the overall vision of PS STYLED.

The Art After Dark issue was extremely special to me... 1) because of how well everyone and everything came together to create it and 2) it has been a dream to have a fashion photo shoot at the Dubuque Museum of Art for quite awhile. The creativity and collaboration that went into this issue was EXACTLY the reason the capsule magazine came to life. The location was UNBELIEVABLE (thank you again to the DuMA for hosting us!), our model an inspiration, the hair stylist and makeup artist are second to none, and our very own fashion photographer that is growing right along with us. We were truly able to create a visual way to express fashion, art, style, all while highlighting experts we have right here in our city. The articles featured this month are not to be missed, from the art of fashion photography to the fascinating world of makeup artistry and embracing your natural hair.

So now what? You've read our cover and our featured article, now you want to access the rest of the capsule magazine, the online content. You can sign up to be part of the PS STYLED community at psstyling.com and your subscription will help support the capsule magazine, the models, photographers, hair stylists, makeup artists, and others that contribute their talents. We still have a lot to learn as we go, but are more than excited to have the opportunity!

Yours in style.

Jessica

 $\{\, PS\,\} As \ a \ thank \ you \ for \ your \ support, \ you \ will \ receive \ access \ to \ your \ own \ Virtual \ Closet$ when you sign up for PS STYLED online content at psstyling.com!

{ Jessica Pfohl Paislev is a style professional & founder of PS Styling, a fashion based business in Dubuque, IA, focused on creating opportunities for empowerment through image & style. If you are interested in being involved in PS STYLED, please contact us at j@psstyling.com. }



PS STYLED WAS SPONSORED BY | BRITNI FARBER BEAUTY | FIG LEAF | KATE & CO SALON | LU SUPPLY CO. | PS STYLING | DOLAND JEWELERS | ZAZOU'S | 365INK

COVER STORY

OVER THE EDGE: UNITED WAY AT THE HOTEL JULIEN When you know your organization needs a

fresh way to build community awareness AND raise money, taking things Over the



POTENTIAL **ON CENTRAL:** DUBUQUE MAIN STREET

The Potential on Central initiative expanded upon the Build-A-Better Block event held September 2018



This initiative is led by Dubuque Main Street to encourage economic revitalization of the Central Avenue Corridor through business micro-recruitment, support of historic property renovation, and neighborhood promotion.

The mission of Potential on Central was and is to create a distinctive, diverse, and sustainable destination to live, work, and play with a goal of permanently filling vacant storefronts, renovating façades, creating upper level living units, and targeting potential projects for Main Street Loan Pool funds.

As part of the initiative, a seasonal series of special events and shopping opportunities called the "Central Express" was held on Fridays and Saturdays for two months leading up to Christmas. The focus was on filling vacant

storefronts with tenants, offer family-friendly activities, engage the local arts community, and line the streets with holiday decorations to illustrate the Potential on Central.

Potential on Central Initiative Partners include: Black Hills Energy, the City of Dubugue, Dubugue Area Chamber of Commerce, Heritage Works, Travel Dubuque, Northeast Iowa Community College Small Business Development Center, Dubuque's True North, Dubuque Bank & Trust, Fidelity Bank, MidWestOne Bank, Premier Bank, and U.S. Bank.

PROJECT LIFESTYLE: **JESSICA PFOHL PAISLEY & KATE** MCINTOSH

Jessica Pfohl Paisley is a style professional and the founder of PS Styling, creating opportunities

for empowerment through image and style. Kate McIntosh is a beauty and wellness professional and the founder of Kate & Co., building confidence through beauty. wellness and the art of living simply.

Project lifeSTYLE is a collaborative effort between PS Styling and Kate & Co. to provide styling, beauty, and wellness services to women in need. By using their skills and experience, Project lifeSTYLE encourages women to overcome challenges and understand their own self worth. Image and confidence can be a barrier for those that are trying to grow in their professional and personal lives. Project lifeSTYLE's goal is to create an empowering environment and wellness focus for women in need, specifically those in shelters, that are utilizing community resources, and are unemployed/underemployed.

Project LifeSTYLE provides an environment and "retail" space where the women can benefit from their services and be able to shop with a style professional in their store FREE OF CHARGE, be professionally styled, and receive hair and make up services prior to a job interview or major event.

They have raised funds by hosting multiple fashion shows, with the most recent in December with a collaboration of PS Styling, Fig Leaf, Wardrobe Social, and The Midwest Girl. 100 percent of ticket sales went back to support their mission and the women they are working with at Project lifeSTYLE.

It will be inspirational to watch the impact these women will make on other women now and in the future.

RACE IN THE HEARTLAND: MIQUEL **JACKSON**

Race in the Heartland originated from a group of organizations who responded to a letter that was posted on a local

rental agency's property. The letter contained racial slurs and was made to appear as if the management had wrote it, but in fact was written by a disgruntled white resident. The Human Rights Commission along with various community organizations met to discuss the matter and to determine a course of action moving forward. From this meeting it was decided that we would have a Race Conference, which would include a community forum.

A first-of-its-kind conference in Dubuque, the goal was to create a lasting impact on all who attend. The mission was to host a conference in Dubuque that centered on race and equity, focusing on key topics: housing, education, criminal justice, and the work place. They sought to create an environment for positive dialogue that will equip those who attend the conference with the skills to feel comfortable being involved in discourse about racial inequality.

Miquel Jackson, the Coordinator for Race in The Heartland, is a Dubuque Human Rights Commissioner, the Vice President of the Dubuque NAACP, Chair of the Dubuque Community Police Relations Committee, and works as a Home/School Liaison at Lincoln Elementary for the Dubuque Community School District. He coordinates BBQ IN DBQ and the Annual NAACP Turkey Give Away, both meant to bring community resources to the "people" and foster community togetherness. Miquel has facilitated conversations on race relations and created a plan of action in the Cedar Rapids School District. This Race in the Heartland Conference is one more example of how Miguel is living an impactful life, to the benefit of us all.

"Race In the Heartland: The Past In the Present, is important because race and equity matter," explains Jackson. "We are in a time where people are wanting to understand what it means to be equitable and what it means to be inclusive. These same people either do not know how or are looking for ways to improve upon knowledge they already have. This conference is beneficial because no matter whether you are the CEO or the janitor, Race in The Heartland provides you with skills and best practices that can be utilized at all levels of any business/organization."

ROBERT WOODSTOCK BADER

Don't let the tattoos. the beard and dreadlocks fool you. There's noting to dread from working with Robert Woodstock Bader.

owner of Crow's Nest Tattoo and Retrospect Tattoo Removal in downtown Dubuque. Based on his actions, it appears the man is all heart.

"If you are in need of help, and it is within his means to do so, he will help," decrees one of the nominations for Woodstock for a 2020 365ink Impact Award. He's got his generous fingers in so many worthy efforts, the only way to cover them all (or those we know of) is to just list them out.

Every year towards the holidays he does a coat and food drive to get food into the hands of people who may not have been able to eat otherwise, this year to the tune of over 4,000 pounds of food. That's in addition to years of supporting the Marine Corps Toys For Tots with either boxes full of toys or big generous checks. He has helped collect money to build a playground for a daycare. He created a motorcycle ride where they used all the money made to buy school supplies for parents who could not afford them.

He drove supplies to environmental protesters of the Dakota Access Pipeline in Standing Rock, ND.

Mr. Bader uses his business to organize awesome events where he also helps with things like raising over \$4,000 for the Autistic Children's Department of Hills & Dales, Crow's Nest's Be Kind event raised over \$1,000 to donate to The Dubugue Resuce Mission. He also has donated and helped to work with suicide prevention through Hills & Dales through the The American Suicide Center. He regularly takes entire days worth of the shop's income-not iust profits—and donates to great causes like Opening Doors and Compass to Care.

Through the Crow's Nest, Robert has tracked over \$10,000 in gift cards given to hundreds of normal everyday folks trying to raise money for their loved ones for multitudes of reasons, usually medical. It's not "marketing" when a guy quietly donates \$1,000 to a tattooer in Platteville who lost everything to a house fire; it's compassion. "Woodstock" as most people call him, sponsors a stage at Vintage Torquefest and donates a check to one family whose child is dealing with a rare heart disease, the cause funded by the event.

Perhaps, most indelible (pun intended) is his promise to use his Retrospect Tattoo Removal business to remove tattoos that deal with racist or gang related themes and brands on those kidnapped and forced into the sex trade—free of charge. Each removal could be worth thousands of dollars.

"Then the most immeasurable and most important thing I get to do, the one that gets me and my client into tears, is being lucky enough to help change some of our clients lives," explains Bader. "By giving them something that most of them have yet to experience—a second chance."

This man could have a better life for himself but chooses to donate so much of his time and money to better the lives of those around him.

URBAN **BICYCLE FOOD** MISSION DUBUQUE: **MELINDA VIZE** Urban Bicycle Food

Mission Dubuque is a community outreach organization created by Melinda Vize which

delivers food to those who are food insecure in downtown Dubuque every Sunday, year round. UBFM Dubuque meets at the Dubuque Area Labor Harvest to prep and then serve those in need in Dubuque via bicycles. During the winter months, they still deliver, just in vehicles!

The group offers food like burritos. sandwiches, and fruit, as well as personal care items. They also use the opportunity to make connections with the people they help. Teams of at least four roll out with deliveries on designated routes. Since the program began in August 2018, they have served nearly 10,000 meals!

The program was inspired by UBFM Des Moines. They are 100 percent volunteer based, so anyone interested in participating is welcome! Learn more at facebook.com/ubfmdbg.

The is motto is "Here to H.E.L.P."

- H Have you had dinner tonight?
- E Everyone matters
- L Leave things better than you found them P - Participate safely





TRI-STATE LIVE MUSIC

THU 2/20 Lexi Parr Trio 5 PM @ Skinny Maginny's

Ballyheigue 7 PM @ The Lift

Jacob Mahon & The Salty Dogs 7 PM @ The Blu Room

Country Unplugged: Joe Diffie, Mark Chesnutt, & David Lee Murphy 7:30 PM @ Five Flags Arena

Jazz & Blues Jam feat. Round Midnight 8 PM @ The Smokestack

Comedy Open Mic 8 PM @ The Comedy Bar, Novelty Iron Works

FRI **2/21**

Fabulous Fridays: Clarke University Jazz & Melos 12:05 PM @ St. Luke's United Methodist Church

Casey Klein 5 PM @ Sundown Mountain

Galena Mardi Gras Pub Crawl

6 PM @ Downtown Galena

Bryce Reeg 7 PM @ Wicked Dame

A Pirate Over 50 7 PM @ Dimensional Brewing Co.

Secrets 7 PM @ Stone Cliff

New & Used Gear

Rentals Lessons

4989 Radford Ct, Dubuque, IA

Unclelkes.com (| 563-556-6052

Becky McMahon 7 PM @ DBQ Driving Range

Garrett Hillary 7:30 PM @ Frank O'Dowd's Pub

udweise

8 PM @ Riverboat Lounge Ratchet Jaw w/ Searchlight Soul

8 PM @ Mississippi Moon Bar

Casey Donahew 8 PM @ Q Casino

A Few Blind Mice

The Danny Parker Project 8 PM @ The Blu Room

Comedian Derick Lengwenus 8 PM @ The Comedy Bar, Novelty Iron Works

GIB 8 PM @ Spirits, Days Inn

Jordan & Jef 8:30 PM @ Grape Escape

Beats By Byrnes Karaoke 9 PM @ Southend Tap

SAT 2/22 DSO: Spring Family Concert 1 PM @ Five Flags Theater

Scott Rische 1 PM @ The Pop-Up Boutique

Hoffman, Troy, & Marceau 1:30 PM @ Sundown Mountain

Turned The Page 2 PM @ Galena Cellars Brown Bottle Bandits One Year Celebration 6 PM @ Millennium Marina

John Moran 7 PM @ Wicked Dame

Al Ronek 7 PM @ Stone Cliff

Travis Hosette 7 PM @ Mac's Wine Cellar, Maquoketa

Jimmy Welty Band 7 PM @ Jimmy's Bar & Grill, East Dubuque

Rock Steady 7 PM @ Sandy Hook Tavern

DSO: Peter & the Wolf 7:30 PM @ Five Flags Theater

Garrett Hillary 7:30 PM @ Frank O'Dowd's Pub

Project Pink 8 PM @ Mississippi Moon Bar

Party After Dark: UltraBeat 8 PM @ Q Casino

Pure Service, Dick Hubert, Dairy Dreams 8 PM @ The Blu Room

Comedian Derick Lengwenus 8 PM @ The Comedy Bar, Novelty Iron Works

Elizabeth Mary 8 PM @ Spirits, Days Inn

GREISCH Ibanez

600DTIME Ovation

MUSICMAN.

OVER 600 GUITARS IN STOCK! ... WE BUY USED GEAR!

WINTER LESSONS ON MANY INSTRUMENTS

FOR ALL AGES AND ALL SKILL LEVELS

MAKE 2020 THE YEAR YOU LEARN TO PLAY OR PLAY BETTER!

Taulor

RainSong

Joe & Vicki Price Flatted Fifth Blues & BBQ 8 PM @ Potter's Mill, Bellevue

local

Jimmy Welty Band 8 PM @ Jimmy's, East Dubuque

The Wundos 8 PM @ Galena Brewing Co.

The Lonely Goats Mardi Gras Party 8:30 PM @ Grape Escape

Tony Walker 9 PM @ Dog House Lounge

Frank Martin Busch & The Names 10 PM @ The Lift

SUN 2/23 Open Mic w/ Scott Rische Noon @ Grape Escape

David Minnihan Trio 1:30 PM @ Sundown Mountain

DSO: Peter & the Wolf 2 PM @ Five Flags Theater

Roy Schroedl 3 PM @ Stone Cliff

Big Mojo 3 PM @ Northside Bar

Kampfire Kings 3 PM @ New Diggings General Store

Open Mic 3 PM @ The Cornerstone Ron Tegeler Jazz Trio Flatted Fifth Blues & BBQ 5 PM @ Potter's Mill, Bellevue

MON 2/24 Comedy Open Mic 8 PM @ Monk's Kaffee Pub

Think Drink Listen

local

facebook.com/HopHeadBeerBrigade

TUE 2/25 Gypsy & Resident @ 6 PM Derty Rice @ 7:30 PM Mardi Gras Party The Smokestack

Americana Band Mardi Gras Party 6 PM @ 7 Hills Brewing Co.

365 Impact Awards: Joie Wails Acoustic 7 PM @ Mississippi Moon Bar

Trivia Night 7 PM @ Riverboat Lounge

Trivingo 7 PM @ DBQ Driving Range

WED **2/26** Salsa Night 6 PM @ The Smokestack

Acoustic Jam 6:30 PM @ The Cornerstone

Gladdy & Bob's Open Mic 6:30 PM @ The Blu Room

Comedian Darren Carter 8 PM @ Mississippi Moon Bar

THU **2/27** Music for Charity: Tapestry 6 PM @ 7 Hills Brewing Co. Siberian State Symphony Orchestra 7:30 PM @ UD Heritage Center

A Few Blind Mice 8 PM @ The Smokestack

Comedy Open Mic 8 PM @ The Comedy Bar, Novelty Iron Works

FRI **2/28**

Fabulous Fridays: University of Dubuque Chamber Singers 12:05 PM @ St. Luke's United Methodist Church

5thFret 5 PM @ Sundown Mountain

Yellow Brick Road 7 PM @ Wicked Dame

John Moran 7 PM @ Stone Cliff

Boots Hefel & Wayne Cook 7 PM @ DBQ Driving Range

Jacquie Miller 7 PM @ Timmerman's

Chuck Murphy 7:30 PM @ Midtown Marina

Joe McShane 7:30 PM @ Frank O'Dowd's Pub

Winterlong: A Tribute to Neil Young 7:30 PM @ The Cornerstone

Elizabeth Mary 8 PM @ Riverboat Lounge



Martin & C.

MESA/BOOGIE Washburn

Guitars • Basses • Drums • Amps • P.A. • Lighting • Keyboards • Band & Orchestra

Fender • Martin • Taylor • Musicman • Ibanez • Gretsch • Washburn • Rainsong • Goodtime • Peavey • Mesa Boogie • Ovation • Kala & More!

NIGHTLIFE

Puddle of Mudd 8 PM @ Mississippi Moon Bar

Hard Salami 8 PM @ Q Casino

Comedian Abi Sanchez 8 PM @ The Comedy Bar, Novelty Iron Works

Rock Steady 8 PM @ Spirits, Days Inn

Garrett Hillary 8:30 PM @ Grape Escape

Joie Wails Acoustic 9:30 PM @ 1st & Main

SAT 2/29 L.A. Suess

1 PM @ The Pop-Up Boutique

Joie Wails Acoustic 1:30 PM @ Sundown Mountain

Jake Bender 7 PM @ Wicked Dame

Hangin' Around 7 PM @ Dimensional Brew Co.

David Minnihan Trio 7 PM @ Stone Cliff

Mark Joseph 7 PM @ Mac's Wine Cellar, Maguoketa

Comedians Mike Marvell & Mike Mercury 7:30 PM @ Milestone Event Center

Joe McShane 7:30 PM @ Frank O'Dowd's Pub

Fresh Fighters, Faux Doubt, Pleezer 8 PM @ Mississippi Moon Bar

Southern Drawl Band 8 PM @ Q Casino

Barely Losing, Feast of Mutton, Arc Numbers 8 PM @ The Blu Room

Comedian Abi Sanchez 8 PM @ The Comedy Bar, Novelty Iron Works

HTMF 8 PM @ Spirits, Days Inn

Hal Reed & Mississippi Journey Flatted Fifth Blues & BBQ 8 PM @ Potter's Mill, Bellevue

Garrett Hillary 8 PM @ Incognito Bar, East DBQ

Medicinal Purposes 8 PM @ Galena Brewing Co.

Kara Gordon 8:30 PM @ Grape Escape

SUN 3/1 Open Mic w/ Scott Rische Noon @ Grape Escape

John Sendt 2 PM @ Knickers

Country Tradition 2 PM @ DBQ Co Fairgrounds

Jordan Danielsen 3 PM @ Stone Cliff

Elizabeth Mary 3 PM @ Northside Bar

Michael Breitbach 3 PM @ The Glass Tap, Monticello

Bluegrass Jam w/ Fever River String Band 3 PM @ New Diggings General Store

Open Mic 3 PM @ The Cornerstone

Winterlong: A Tribute to Neil Young 3 PM @ Hawg Dogs

The Lonely Goats 5 PM @ Sandy Hook Tavern

MON 3/2 Comedy Open Mic 8 PM @ Monk's Kaffee Pub

TUE **3/3** Trivia Night 7 PM @ Riverboat Lounge

Trivingo 7 PM @ DBQ Driving Range

WED 3/4 Acoustic Jam 6:30 PM @ The Cornerstone

Gladdy & Bob's Open Mic 6:30 PM @ The Blu Room

Comedian Greg Hahn 8 PM @ Mississippi Moon Bar

THU **3/5** The Choir of Man 7 PM @ Five Flags Theater

SUBMIT YOUR LIVE MUSIC EVENTS!

LOOKING FOR A FREE AND EASY WAY TO PROMOTE YOUR LIVE MUSIC EVENTS? JUST SEND YOUR ENTERTAINMENT CALENDAR OUR WAY EMAIL: MUSIC@DUBUQUE365.COM

DUBUQUE365.COM

Howard Jones Acoustic Trio Tour 7 PM @ Mississippi Moon Bar Jef Spradley

> 7:30 PM @ Grape Escape Comedy Open Mic

8 PM @ The Comedy Bar,

Novelty Iron Works Pathology, Mutilated By Zombies, Tu'mera Divine

10 PM @ The Lift

FRI **3/6** Fabulous Fridays: Rebecca Christian 12:05 PM @ St. Luke's United Methodist Church

MC Chris 6 PM @ The Smokestack

Jeff Theisen 5 PM @ Sundown Mountain

Scott Waterhouse 7 PM @ Wicked Dame

John Moran 7 PM @ Stone Cliff

Garrett Hillary 7:30 PM @ Frank O'Dowd's Pub

Kyle Miller 8 PM @ Riverboat Lounge

Gaelic Storm w/ Ballyheighue 8 PM @ Mississippi Moon Bar

Madd Co. - Bad Company Tribute 8 PM @ Q Casino

Earth Eraser, Woodcreeper, Split Pricks 8 PM @ The Blu Room

Acoustic Jam w/ The Alumatics 8 PM @ The Smokestack

Comedian Kellye Howard 8 PM @ The Comedy Bar. Novelty Iron Works

Steve Kalmes 8 PM @ Spirits, Days Inn

Jef Spradley 8:30 PM @ Grape Escape

SAT 3/7 Tete de Morte 1:30 PM @ Sundown Mountain

Renegade 2 PM @ Burkev's

TELL FL FIVEFLAGSCENTER.COM

The Choir of Man

Thursday, March 5, 7 PM

"The ultimate-feel good show!"

Adele, Queen, Paul Simon,

Katy Perry & more!

Handsome chaps singing & dancing

in a real pub, featuring songs by

"All Out of Love," "Lost in Love,"

"Making Love Out of Nothing At All."

and "Even the Nights are Better."

Five Flags Center Box Office

or TICKETMASTER.COM

Battle for the Bluff Rodeo February 21-22, 7:30 PM Bull riding, bareback bronc and

saddle bronc riding, all together! The 22nd is "Kids Day," meet the cowboys, clowns and throw a lasso!



Get a FREE BEER on stage!

Midwest Spring Jam with Bone Thugs-N-Harmony, Twista, and Do or Die Saturday, March 14, 8 PM "1st of tha Month," Slow Jamz," "Tha Crossroads" & More Hits!



ticketmaster

ISSUE #363 FEBRUARY 20-MARCH 4, 2020 365INK MAGAZINE NIGHTLIFE 19



180 MAIN ST, DBQ

THU 2/20 • 7 PM • FREE BALLYHEIGUE

SAT 2/22 • 10 PM • FREE FRANK MARTIN BUSCH AND THE NAMES

THU 3/5 • 10 PM • FREE PATHOLOGY, MUTILATED BY ZOMBIES, TU'MERA DIVINE

SAT 3/7 • 10 PM • FREE EARTHLINGS

WED 3/11 • 9 PM • \$10 MAC LETHAL

FRI 3/13 • 9 PM • FREE JOSEPH HUBER

SAT 3/14 • 10 PM • FREE ST. PADDY'S PARTY

TUE 3/17 • 10 PM • FREE ST PADDY'S PROPER WITH BALLYHEIGUE

FRI 3/27 • 10 PM • \$10 SUPER HAPPY FUNTIME BURLESQUE

DAILY: \$2 WHISKEY MIXERS + \$3 HAPPY MEALS(PBR/OLD CROW) HAPPY HOUR 3-7 PM: \$1 OFF TAP BEER

THU **2/20**



Ballyheigue 7 PM @ THE LIFT (180 MAIN ST) COVER: FREE Dubuque's favorite Celtic folk band back for their Thursday residency!

Jazz & Blues Jam ft. Round Midnight

8 PM @ SMOKESTACK (62 EAST 7TH ST) COVER: FREE Join us for drinks at our open jazz session, third

Thursday of the month, with Round Midnight featuring locals Josh Engler, Bill Encke, Daron Nelson, and Chuck Bregman. New players area always welcome, both singers and musicians.



Frank Busch and The Names 10 PM @ THE LIFT (180 MAIN ST) COVER: FREE Frontman of the Madison, WI band Wheelhouse

out on his own. Doing whatever feels right at that moment. Red dirty soul alt countryish.

Budweise

LIVE MUSIC FEATURES

SAT 2/22

Joe & Vicki Price

8 PM @ FLATTED FIFTH BLUES & BBQ

Joe & Vicki Price have been making their own

brand of blues for decades. Hailing from Iowa,

this husband and wife duo spend more time

unique and authentic at the same time. Their

Mississippi over 100 years ago, where there

was no air conditioning, the beer was warm

on the road then some musicians half their

age. Their take on the traditional blues is

sounds takes you down to a juke joint in

and the songs are bathed in mud.

(300 POTTER DR, BELLEVUE, IA)

SUN 2/23



Ron Tegeler Jazz Trio 5 PM @ FLATTED FIFTH BLUES & BBQ (300 POTTER DR, BELLEVUE, IA) Guitarrist Ron Tegeler returns to Flatted Fifth with his Jazz Trio members, Mickey Wilner on bass and Kirk Prebyl on drums. Ron's style has been influenced by guitar greats such as Larry Carlton, Robben Ford, Kenny Burrell, Joe Pass and Wes Montgomery. Enjoy dinner and the show!



Susto, Molly Parden 8 PM @ CODFISH HOLLOW BASEMENT (3437 288TH AVE, MAQUOKETA, IA) TICKETS: \$35 Susto is an American indie rock band from

Charleston, SC. With a rock-rooted sound that doesn't shy away from radio-ready hooks, Susto keeps listeners engaged by refusing to occupy an easily defined space.

TUE 2/25



Mardi Gras Bash with Derty Rice and Gypsy&Resident! 6 PM @ SMOKESTACK (62 EAST 7THST) COVER: \$5

Let the good times roll with Derty Rice and Gypsy&Resident! Dress up, wear a little green, gold and purple, have a little free jambalaya, and party on the dance floor. Derty Rice is Dubuque's premier Zydeco band. Gypsy&Resident is a new duo playing classic tunes. Smokestack opens special on a Tuesday just to celebrate Mardi Gras New Orleans style! Laissez les bons temps rouler, mes amis!

THU 2/27



A Few Blind Mice 8 PM @ SMOKESTACK (62 EAST 7TH ST) COVER: FREE A Few Blind Mice performs killer covers and great indie and psych rock originals featuring local musicians Ty Bailey, Shaina Ruiz, William J. Brown, Ray Oatis, Ted Tenney, and Stone Von Dayne.

 $\begin{array}{c} \overset{\mathsf{S}^{\mathsf{U}}\mathsf{G}\mathcal{A}_{\mathcal{P}}}{\mathsf{O}\mathsf{g}}\\ \overset{\mathsf{O}}{\overset{\mathsf{G}}_{\mathcal{F}_{\mathcal{R}}}}\subset \overset{\mathsf{O}}{\overset{\mathsf{N}}_{\mathcal{F}_{\mathcal{R}}}} & \overset{\mathsf{O}^{\mathsf{N}\mathcal{L}_{\mathcal{F}}}}{\overset{\mathsf{O}}{\overset{\mathsf{G}}_{\mathcal{A}_{\mathcal{L}}}}} \\ \mathbf{THE} \ \mathbf{MYTH} \ \overset{\mathsf{O}}{\mathsf{IS}} \ \mathbf{REAL} \end{array}$

TASTE IT FOR YOURSELF





GREG HAHN WEDNESDAY, MARCH 4 @ 8 PM

A favorite on the nationally syndicated Bob and Tom Radio Show, Greg has also appeared on Late Night with Conan O'Brien, Comedy Central, CBS, ABC, FOX, MTV and CMT. Greg Hahn has parlayed his absurdly energetic, all out style of physical humor, one liners and crowd work into a performance of immediate pandemonium and continuous laughs. His unique stylings have led to numerous television, corporate and theater appearances throughout the US and Canada. Comedian Mike Hover opens.



GAELIC STORM WITH SPECIAL GUEST BALLYHEIGUE

FRIDAY, MARCH 6 @ 8 PM

After nearly two decades and more than 3,000 live shows, Gaelic Storm-the chart-topping, multi-national Celtic band—is looking sharper than ever with their latest release, Matching Sweaters. From bluegrass fans and country cowboys to Deadheads, rock & rollers and Celtic fanatics, Gaelic Storm has built one of the most diverse fan bases in modern music. They kicked off their career as a pub band in Santa Monica, CA in the mid-1990s. By the end of the decade, the musicians had appeared in the blockbuster film Titanic (where they performed "Irish Party in Third Class") and laid the groundwork for a career that would eventually find them topping the Billboard World Chart five times.



MISSISSIPPI MOON BAR ENTERTAINMENT

All shows at the Mississippi Moon Bar are 21+ only, and tickets are available at the Diamond Club or the Mississippi Moon Bar Box Office inside the Diamond Jo Casino or online at MoonBarRocks.com.



PROJECT PINK SATURDAY, FEBRUARY 22 @ 8 PM

Project Pink faithfully recreates the complete Floyd experience—the sights, the sounds, and

the intangible vibe. Hear your favorite Floyd tunes from *The Dark* Side of the Moon, The Wall, Wish You Were Here, and Meddle.



PUDDLE OF MUDD FRIDAY, FEBRUARY 28 @ 8 PM

Formed in 1991, Puddle of Mudd has sold over seven million albums and has had a string of No. 1 singles, including the hits "Blurry," "She Hates Me," and "Famous."



HOWARD JONES ACOUSTIC TRIO THURSDAY, MARCH 5 @ 8 PM

An intimate stripped-down trip through Howard's 30-year music career. This shows delivers a fresh take on Howard's best-known hits and more: "New Song," "Things Can Only Get Better," and "Like To Get To Know You Well." Rachel Sage opens.

Ratchet Jaw w/ Searchlight Soul FRIDAY, FEBRUARY 21 @ 8 PM

Laughing Moon Comedy: en Ca WEDNESDAY, FEBRUARY 26 @ 8 PM

Fresh Fighters w/ **Faux Doubt & Pleezer**

SATURDAY, FEBRUARY 29 @ 8 PM

Club 84 SATURDAY, MARCH 7 @ 8 PM

Laughing Moon Comedy: **Mark Sweeney** WEDNESDAY, MARCH 11 @ 8 PM

Totally Neon FRIDAY, MARCH 13 @ 8 PM

PopRocks! SATURDAY, MARCH 14 @ 8 PM

Psychic Medium Mindie Adamos SUNDAY, MARCH 15 @ 3 PM

Laughing Moon Comedy: Michael Winslow WEDNESDAY, MARCH 18 @ 8 PM

Ashley McBryde FRIDAY, MARCH 20 @ 8 PM

John Mueller's Winter **Dance Party** SATURDAY, MARCH 21 @ 3 & 7 PM

Laughing Moon Comedy: Jordan Rock WEDNESDAY, MARCH 25 @ 8 PM

L.A.V.A. Rock FRIDAY, MARCH 27 @ 8 PM

David Victor: The Hits of Boston & Sty SATURDAY, APRIL 4 @ 8 PM



1215 E. Platt St., Maquoketa, IA Box Office Hours: M-F, 9AM - 1PM Tickets: 563.652.9815 Tickets also available online...

www.ohnwardfineartscenter.com





The Clausen Family Show Saturday, March 14, 7 PM

The Clausen Family Music Show features a spectacular production featuring a variety of music including 1950's & 60's rock 'n' roll, country & western, jazz, blues, swing, bluegrass, ragtime and gospel. With an action packed show filled with great live music, exciting routines, hilarious comedy and fabulous costuming, the show features something for everyone.

The Clauson Family Music Show is from Coloma, Wisconsin where they entertain at Clauson's Barn Theatre.

Tickets: \$22(advance)/\$25 (door, Students: \$13/\$15



22 NIGHTLIFE **365INK MAGAZINE** FEBRUARY 20-MARCH 4, 2020 ISSUE #363

Budweiser LIVE MUSIC FEATURES

SAT **2/29**



Hal Reed and Mississippi Journey 8 PM @ FLATTED FIFTH BLUES & BBQ (300 POTTER DR, BELLEVUE, IA) Though blues harpist, singer, and educator, Hal Reed is currently living in Bettendorf, IA, he was born just a few miles from the Mississippi Delta and grew up surrounded by legends of blues music. His playing brims with the stamp of authenticity, having a triple-fisted influence of Mississippi, gospel and Chicago-style blues pumping through his heart. Hal was a semi finalist in the solo/duo category at the International Blues Challenge in Memphis this year.

THU 3/5



MC Chris

6 PM @ SMOKESTACK (62 EAST 7THST) TICKETS: \$20 ADV/\$25 DOOR

MC Chris is from Libertyville, IL, a suburb of Chicago and raps about nerd life: Star Wars, Harry Potter, ninjas and unrequited love. He has released 18 albums and toured across America as a headliner as well as opening for bands like Pinback, Reggie and the Full Effect and Ninja Sex Party. He's collaborated with Talib Kweli, Andrew WK, Cee-Lo and Childish Gambino. MC was one of the pioneers of Adult Swim as a writer, actor, songwriter and animator for shows like *Sealab 2021, The Brak Show, Space Ghost Coast to Coast* and *Aqua Teen Hunger Force.* MC raises money to fight Cystic Fibrosis. All ages. **eventbrite.com**.



Pathology, Mutilated By Zombies, Tu'Mera Divine 10 PM @ THE LIFT (180 MAIN ST) COVER: FREE Pathology is epitomized as the ultimate death metal assault to the ears. Since their formation in 2006, the San Diego-based band has managed to release a new album almost every single year. The band's hunger to churn out bludgeoning metal coupled with meaningful themes instantly separates them from the rest. Rounding out the bill: Mutilated By Zombies and Tu'Mera Divine.

SAT **3/7**

Soulscape: A Music, Art, and Dance Experience 7 PM @ SMOKESTACK (62 EAST 7THST) COVER: \$10

Soulscape is an evening of art, music, and dancing to celebrate a sacred journey of inner wonder, connection, and soul. All the artists have been asked to create work with their own idea of consciousness, introspection, spirit, tranquility, and unity. The opening exhibit will include music by Audeka, Matt Rissi, Emple, and Hoax. Ranging from ambient, experimental, dubstep, house, techno, and more. 21+ after 9 p.m.



The Earthlings 10 PM @ THE LIFT (180 MAIN ST) COVER: FREE

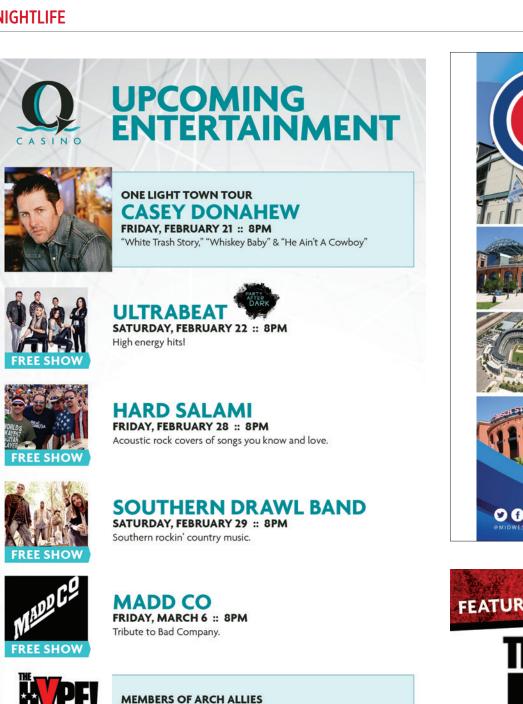
The formation of Madison-based The Earthlings itself is reflective of their sound: malleable, multi-polar, and evolutionary. With a base rooted in groove and dynamism, the music traverses the genres of the '50s to the present era, exploring early rock n' roll drive and folk swing with a neo-reggae and electronic elements.

WED MAR 11



Mac Lethal, crypt, Feral the Earthworm, taiyamo denku, casethejoint, mic smiths 9 PM @ THE LIFT (180 MAIN ST) COVER: \$10

Mac Lethal, the Kansas City-based rapper known for his viral videos, wry humor, and faster than lightspeed rapping is bringing his King of Hearts tour to The Lift in Dubuque.



ТНЕ НҮРЕ

SATURDAY, MARCH 7 :: 8PM The ultimate arena rock experience!

RICK MONROE FRIDAY, MARCH 13 :: 8PM

FIREHOUSE

SATURDAY, MARCH 14 :: 8PM

"Don't Treat Me Bad" "Love of a Lifetime"

TICKETS AT QCASINOANDHOTEL.COM

Must be 21.

4TH ANNUAL SAINT PATRICK'S DAY BASH

Outlaw country.







SATURDAY, MARCH 7 ★ 8 PM TICKETS START AT \$7 Tickets can be purchased online at

QCasinoAndHotel.com or at Guest Services.

schmitt island | dubuQue, ia | QCasinoAndHotel.com | f 🎔

STANDING ROOM ONLY. TICKETS ARE NOT REFUNDABLE. TICKET PRICES INCREASE DAY OF SHOW. MANAGEMENT RESERVES ALL RIGHTS. GAMBLING PROBLEM? CALL 1-800-BETS-OFF. MUST BE 21.

DUBUQUE365.COM

REE SHOW

COLUMNISTS







DISCOVER OUR LENTEN OPTIONS!

So much more than a fish fry...

Featuring a wide variety of seafood entrees... seafood platter, catfish, cod, walleye, scallops, seafood pasta, crab legs, grilled salmon. South African lobster tails. wild gulf shrimp & more!

COLUMNISTS 365INK MAGAZINE FEBRUARY 20-MARCH 4, 2020 ISSUE #363

370 State Road 35, Hazel Green, Wisconsin 608.748.4455 • www.3milehouse.com HOURS: Sunday, 4-9 PM • Closed Monday Tuesday – Thursday 4–9 PM • Friday & Saturday 4–10 PM

24

563-582-8600 Fridays during Lent @ 11 AM-10 PM

FRI-STATE FISH FR The 2020 Lenten fish fry season is February 28–April 10, but many locations offer

fish frys year-round! View our full list at dubuque365.com/events/2020-fish-frys.

3 MILE HOUSE

370 US 35, Hazel Green, WI 608-748-4455 Every Friday @ 4:30-10 PM

7 HILLS BREWING COMPANY

1085 Washington St, DBQ, IA 563-587-8306 Fridays through Lent @ 11 AM-Midnight

ASBURY EAGLES CLUB

5900 Saratoga Rd #10, Asbury, IA 563-588-4458 April 10 @ 5-8 PM

THE BARN

5090 Sherrill Rd, Sherrill, IA 563-552-2353 Every Friday @ 5 PM

BLUFF LAKE

CATFISH FARM 9301 95th Ave, Maquoketa, IA 563-652-3272 Every Friday @ 4-10 PM

BREITBACH'S COUNTRY DINING

563 Balltown Rd, Sherrill, IA 563-552-2220 Every Friday @ 4-9:30 PM

BURKEY'S BAR

AND GRILL 10638 Key West Dr, DBQ, IA 563-231-3253 Fridays during Lent @ 4-10 PM

CAJUN JACK'S

BAR & GRILL 1336 US HWY 20 W, Elizabeth, IL 815-858-3535 Every Friday @ 11 AM-10 PM

CASCADE SPORTSMEN'S CLUB

301 Jackson St NE, Cascade, IA 319-213-0736 March 6 @ 5:30-8:30 PM

CATFISH CHARLIE'S

1630 E 16th St, DBQ, IA

COUNTRY HEIGHTS SUPPER CLUB

1152 Badger Rd, Hazel Green, WI 608-748-4687 Every Friday @ 4:30 PM-9:30 PM

COUNTRY JUNCTION RESTAURANT

913 15th Ave SE, Dyersville, IA 563-875-7055 Fridays during Lent @ 4–9 PM

DIAMOND JO CASINO KITCHEN BUFFET

301 Bell St, DBQ, IA 563-690-4800 Fridays during Lent @ 5-9 PM Prime rib and crab leg buffet

DIAMOND JO CASINO WOODFIRE GRILLE

301 Bell St. DBQ. IA 563-690-4800 Fridays during Lent @ 5–10 PM

THE DRIFTLESS 168 E 10th St. DBQ. IA 828-768-0435 Feb 28 and March 6, 13, and 27 @ 5:30-9:30 PM

DUBUQUE **EAGLES CLUB**

1175 Century Dr, DBQ, IA 563-582-6498 Every Friday @ 11:30 AM-2 PM Fridays during Lent @ 5-7:30 PM

DUBUQUE **ELKS LODGE**

9018 Military Rd, DBQ, IA 563-583-5708 Fridays during Lent @ 5-8:30 PM

EICHMAN'S

BAR & FAMILY RESTAURANT 11941 Hwy 52 N, Sageville, IA 563-552-2494 Fridays during Lent @ 4–9 PM

FARLEY MEMORIAL HALL

204 1st St NW, Farley, IA March 20 @ 4-8 PM

GANGSTER'S

BAR & GRILL 2020 N Main St, Hazel Green, WI 608-854-2724 Fridays @ 4:30-9 PM

GOOCH'S GREEN HOUSE TAVERN

3544 County Rd HHH, Kieler, WI 608-568-3040 Fridays during Lent @ 4–9 PM

GREEN STREET

TAVERN 230 S Main St, Galena, IL 815-777-0090 Fridays @ 11 AM-9 PM

GULER'S CORNER

1895 Hwy 80, Cuba City, WI 608-744-8498 Every Friday @ 4 PM

HAPPY'S PLACE

2323 Rockdale Rd, DBQ, IA 563-556-9734 March 13 @ 4:30-8:30 PM

HG-IC SCHOOL

410 S Main St, Dickeyville, WI 608-568-7999 April 10 @ 4:30-8:30 PM

HOTEL JULIEN DUBUQUE **CAROLINE'S** RESTAURANT

200 Main St, DBQ, IA 563-588-5595 Fridays during Lent @ 11 AM-2 PM & 5-10 PM Lunch: Fish and chips; Dinner: Fish and chips, lobster boil

J.M.'S TAP

7625 N Menominee Rd, East DBQ, IL 815-747-7730 Fridays Jan-Apr 17 @ 4:30-9:30 PM

JOLIET EVENT **CENTER**

781 Locust St, DBQ, IA 563-588-2011 Fridays during Lent @ 5-7:30 PM



COLUMNISTS

JUG'S MAIN STREET TAP

200 N Main St, Elizabeth, IL 815-858-3333 Every Friday @ 5–9 PM

KALMES RESTAURANT

100 Main St, St Donatus, IA 563-773-2480 Every Friday @ 4:30–9:30 PM

KIELER PARISH

3685 County HHH, Kieler, WI 608-568-7220 March 6 @ 4:30-8:30 PM

THE MARKET HOUSE RESTAURANT

204 Perry St, Galena, IL 815-777-0690 Every Friday @ 4 PM

MID-TOWN MARINA

285 5th St, East DBQ, IL 815-747-3310 Fridays during Lent @ 5 PM

MILLENNIUM BAR & MARINA 780 Harbor Dr, East DBQ, IL 815-554-6196

Fridays during Lent @ 5–9 PM

MORACCO SUPPER CLUB

1413 Rockdale Rd, DBQ, IA 563-582-2947 Every Friday @ 4 PM

MULGREW'S TAVERN

240 Sinsinawa Ave, East DBQ, IL 815-747-3845 Fridays during Lent @ 11 AM-9 PM

NEIGHBORS TAP

1899 Rockdale Rd, DBQ, IA 563-556-9633 Every Friday @ 4-8 PM

THE ORIGINAL POTOSI SALOON

192 S Main St, Potosi, WI 608-763-2230 Fridays during Lent and 2nd Friday of every month @ 11 AM

THE OTHERSIDE

68 Sinsinawa Ave, East DBQ, IL 815-747-9049 Fridays during Lent @ 11 AM-4 PM

OXUS GROTTO 3011 Autumn Dr, Asbury, IA Fridays: March 6, 13, and 20 and April 3 @ 5–7:30 PM

PARADISE BAR

& GRILL 205 N Main St, Galena, IL 815-777-3245 Every Friday @ 4–10 PM

Q CASINO FARMHOUSE

KITCHEN (21+) 1855 Greyhound Park Rd, DBQ, IA 563-582-3647 Fridays during Lent @ 5–9 PM Seafood Buffet

Q CASINO Q SPORTS BAR (21+)

1855 Greyhound Park Rd, DBQ, IA 563-582-3647 Fridays during Lent @ 11 AM-1 AM Fried shrimp basket, breaded catfish basket, Big Bob's fish sandwich, grilled cheese with cream of tomato soup

RHODY'S

14167 Old HWY Rd, DBQ, IA 563-585-1500 Every Friday @ 5–9 PM

ST. ANDREW THOMAS PARISH 100 HWY 61 North, Potosi, WI March 13 @ 5-7:30 PM

ST. CLEMENT 24287 New Vienna Rd, Epworth, IA 563-876-5540

March 6 @ 4–8 PM ST. FRANCIS XAVIER PARISH

203 2nd St SW, Dyersville, IA 563-875-7325 March 27 @ 4:30-8 PM

ST. JOHN THE BAPTIST

235 Peosta St, Peosta, IA March 13 @ 4–8 PM

ST. JOHN THE EVANGELIST

22453 East Pleasant Grove Rd, Epworth, IA Feb 28 @ 4–9 PM

ST. JOSEPH (EARLVILLE) 307 Mary St, Earlville, IA 563-923-3135

563-923-3135 March 27 @ 4:30-8 PM

ST. JOSEPH (GARNAVILLO) 206 W Oak St, Garnavillo, IA Fridays during Lent @ 5-8 PM

ST. JOSEPH

(SINSINAWA) 780 County Rd Z, Sinsinawa, WI 608-748-4442 Feb 28 and April 3 @ 4–8 PM

ST. PETER & PAUL

1625 300th Ave, Petersburg, IA 563-875-7992 Feb 28 @ 4:30-8:30 PM

SUNSET LANES

410 S Main St, Dickeyville, WI 608-568-7999 Every Friday @ 4:30 PM

TASTE COUNTRY

ROADHOUSE 14877 US HWY 20, East DBQ, IL 815-747-6656 Every Friday @ 11 AM-9 PM

TIMMERMAN'S

7777 Timmerman Dr, East DBQ, IL 815-747-3316 Fridays during Lent @ 4:30-9:30 PM

VILLAGE BAR

3410 County HWY HHH, Kieler, WI 608-568-3004 Every Friday @ 4–10 PM

WEST DUBUQUE

1701 Asbury Rd, DBQ, IA 563-556-9647 Every Friday @ 4–9 PM

ALL YOU CAN EAT PIKE! Fridays during Lent... and all year long!



1152 N. Badger Rd., Hazel Green, WI 608-748-4687 • www.countryheightssupperclubandmotel.com

LENT FEATURE

Fish and Chips | \$9 Lunch/ \$12 Dinner Lager Battered Cod | House-made Tater Tots Coleslaw | Lemon | Tartar Sauce

Lobster Boil | Half \$35 / Full \$45

Fresh Maine Lobster | Kielbasa | Sweet Corn | Littleneck Clam | Potato Medley

Dinner Onl

RESERVATIONS ARE ENCOURAGED 200 Main Street | Dubuque, Iowa | 563.588.5595

SUBMIT YOUR FISHY FRY!

DID WE MISS YOUR FISH FRY? CONTACT US TO BE ADDED TO OUR LIST! EMAIL: **DINING@DUBUQUE365.COM**

DUBUQUE365.COM

ISSUE #363 FEBRUARY 20-MARCH 4, 2020 **365INK MAGAZINE** COLUMNISTS 25





LEARN TO USE ADOBE AUDITION

SUNDAY, FEBRUARY 23 @ 2 PM Learn to use Adobe Audition in the WhisperRoom. Registration is open. Call or visit dubuque.lib.ia.us.

PROFESSIONAL TIPS FOR A FIRST-TIME **HOME BUYER WITH LOCAL REALTOR JACK ADDINGTON THURSDAY, FEBRUARY** 27 @ 6:30-7:30 PM

If you're thinking about buying your first home, and you've never done it before, there are many things you should do to prepare and educate yourself. Come check out a quick presentation on things to consider, with lots of time for Q&A. No registration is required.





MUSIC @ YOUR LIBRARY® LYRIC

FRIDAY, MARCH 6 @ 5:30-7 PM

Music @ your library® features local hip-hop performer Lyric. Music starts at 6 p.m. Snacks and refreshments provided. Guests 21 years of age and older may bring their own wine or beer. All ages. Children must be accompanied by an adult. For more information, call 563-589-4225, ext. 2225.

dubuque.lib.ia.us 360 W 11th St, Dubuque • 563-589-4225

NEW YEAR'S RESOLUTIONS 80% FAIL BY FEBRUARY BY MATT BOOTH

Remember your New Year's resolutions? Resolutions are an attempt to make a positive change in your life, whether it's getting in shape, getting your degree, or saving your money. Change is hard ,and it's rare for people to keep resolutions for the whole year. According to U.S. News, approximately 80 percent of resolutions fail by the second week of February, so the odds are against you.

Change, by its nature, entails some degree of emotional friction, which is stressful. Whether you're feeling anxious, depressed, frustrated, fatigued, weak and out of control, stress can be the fuel for failure. When it comes to handling the stress involved in change, many well-adjusted. happy, overweight, out-of-shape people share the fundamental problem of self-sabotage. You are failing because you expect to fail. You live up to your expectations. When you fail, you can pull out all your familiar excuses of being too busy. tired, or overwhelmed to tackle the challenge.

If you've been struggling, don't lose hope. Grab a copy of your resolutions and a pen and paper. Now is the perfect time to reflect on the changes you want or need to make and resolve to follow through on those changes. Many resolutions fail because of misunderstood willpower. Just like a muscle, willpower is a limited resource and because people misunderstand this, millions of Americans are frustrated and all but giving up on their goals right now.

Everybody knows that the bicep has limitations: If we ask the muscle to hold too much, it will give out and drop everything on the floor. The implications of this muscle metaphor are vast. If willpower is limited, making lots of New Year's resolutions is exactly the wrong way to

go about changing your habits. Human routines are stubborn. Creating new behavior is difficult because bad habits are hard to break—and they're almost impossible to break if you try to break them all at once. It is silly to try to guit smoking, lose weight, exercise, spend more time with friends and get organized at the same time. When you ask yourself to do all of that at the same time you are most definitely asking for too much. Instead, you should respect that fact that willpower is limited and concentrate on the success of one resolution over the entire year.

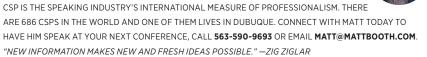
Like a fuel tank that runs out, using your willpower exhausts it. Rather than trying to accomplish every resolution on your list, try picking just one. Circle it, star it, underline it and highlight it. Start backwards and think about what would make 2020 a success for you. What would you like to be telling everyone at the Christmas this year when they ask you how was your 2020? Fill in the blank: 2020 was a great year because I

CHECK YOUR ATTITUDE

If you check your attitude, you don't have to worry about covering your butt! To improve your attitude, improve your information. Continue to challenge your current judgements of people and events. Doing that requires you to seek out alternative information that will favorably influence your judgment. Information gathering may involve talking to others, reflecting on what you already know or doing some research. A great way to Check Your Attitude and navigate the negativity of this worlds is to improve the information. Check Your Attitude enough and you won't have to worry about Covering Your Butt!



ARE YOU ACTIVE IN A STATE OR NATIONAL ASSOCIATION THAT HIRES SPEAKERS? MATT REGULARLY DOES KEYNOTE SPEECHES AND BREAKOUT SEMINARS FOR ASSOCIATIONS THROUGHOUT NORTH AMERICA. MATT IS A CSP (CERTIFIED SPEAKING PROFESSIONAL). THE CSP IS THE SPEAKING INDUSTRY'S INTERNATIONAL MEASURE OF PROFESSIONALISM. THERE





Doolin Chiropractic

Dr. George Doolin

WHAT SEAFOOD IS HIGHEST IN OMEGA-3S?

SOURCE: SEAFOOD NUTRITION PARTNERSHIP (SEAFOODNUTRITION.ORG)

Studies show omega-3s can reduce risk of heart disease, depression, dementia and arthritis, and improve overall happiness.

The American Heart Association and several other prominent health organizations suggest an intake of at least 250 to 500 milligrams of omega-3 EPA+DHA per day, that's equivalent to about two meals of oily fish per week.

The recommendations call for a variety of fish or to select "fatty" or "oily" fish—but what does that mean? And why? These fish are the ones with the highest omega-3 fatty acids.

WHAT'S A FATTY FISH?

- Fattier fish have more than 5 percent fat.
- Seafood with the highest omega-3s have a firmer texture, a richer flavor and deeper color (usually).
- They are perfect for broiling, grilling, poaching, baking, or even microwaving.

WHICH FISH HAVE THE MOST HEALTH BENEFITS?

While all fish are excellent high-quality protein options, those with the highest amounts of omega-3

fatty acids are packed with the most heart, brain, eye and overall health benefits. Some shellfish also are rich in omega-3s. Check out this list:

> 1,000 MG OMEGA-3S 500-1,000 MG

- AnchoviesHerring
- Mackerel
- Oysters (Pacific)
- Sablefish / Black Cod
- Salmon (Atlantic,
- Chinook, Coho)
- Sardines
- Swordfish
- Trout
- Walleye

The American Heart Association recommends 1,000 milligrams of EPA+DHA per day for patients with coronary heart disease. If you are not able to meet the omega-3 recommendation from seafood, then consider supplementing with omega-3 EPA+DHA capsules.

HyVee.



The information is not intended as medical advice. Please consult a medical professional for individual advice.

SOOTHE THE SAVAGE BEAST BY BOB GELMS

Picture this...

It's an ordinary meeting room apparently well used but not well loved. There are seven people in wooden folding chairs arranged in a circle. Most are men of wide ranging ages. There is one woman. They have their hands folded in their laps and they all are staring at the floor. There is no conversation.

The leader of the group gets up. His name is Mac. Mac says, "We will start the meeting as we always do. The three rules which, for our group, are sacred. They must never be violated. Rule number one: nobody can talk about the group. Not to anyone—not to family, not to friends, not to strangers. Rule number two is this: that whatever is said in these meetings, whatever revelations come to light, they are to remain confidential. Rule number three: try to tell the truth."

Mac looked at each member individually. No one said a word. Mac said, "All right then. Who wants to start us off tonight and share something with the group? He looked around the circle once. Anna raised her hand. "Very good, very good, Anna starts us off."

"Hi, my name is Anna and I'm a serial killer."

I nearly fell out of my recliner . A support group for serial killers. And that's in the first chapter. What a creative idea to juice up what has become a lackluster genre. JG Alva has done a wonderful job in his latest novel *The Bristol Savages*.

The group informally calls itself The Bristol Savages, so, a short explanation is called for. The Bristol Savages

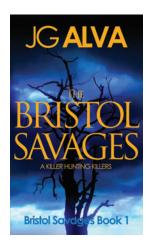
was a real arts organization in the late 19th century and, in fact, I believe it is still going strong. The serial killer support group took the name because the arts group used to gather in a meeting room in the back of the inn across the road. The word "savages" meant something completely different as used by both groups.

One day the group hears that one of their own has died. A short time later another death in the group piques Anna's curiosity. When Anna was hunting and killing she mutilated the bodies in the same way and this became her calling card. The two deaths in the group were mutilated identically to Anna's handiwork. It has irony dripping all over it. A serial killer was killing serial killers and pointing death's finger at Anna Lewis.

Anna was not amused and neither was the Detective Inspector who headed the Bristol police department. He appointed a task force whose sole job was to find and apprehend this serial killer. Here is the wild, wonderful twist that makes Mr. Alva's novel so much fun to read. Anna is married to the Detective who is put in charge of the task force.

Anna has to find this killer before her husband does and we all know what she intends to do. If the killer is captured alive, the Bristol Savages will be on the front page of every newspaper in the U.K. As they say, a mutilated corpse can't talk, especially if the corpse is never found.

This, my friends, is a ripping good yarn. It is the first book in a series and I believe there are two more out this month. I will say that *The Bristol Savages* is a standalone, no cliff hangers. Anna has a great family and they know nothing of her hobby. Anna herself seems to be, in fact, a nice person right up until she uses a screwdriver to stab you in the eyes. In 1981 I came across



an interesting novel in the book store. I bought it and spent the weekend reading it. It was Thomas Harris' *The Red Dragon*. Seven years later he wrote a sequel that made a huge noise in the publishing business becoming a best seller the day it was published. It was the further adventures of the main character in *The Red Dragon*. The character was Dr. Hannibal Lector, more affectionately known as Hannibal the Cannibal.

The book, of course was *The Silence of the Lambs*. For 30 years it has been the gold standard for serial killer books. Everyone else's books seemed washed out and boring, that is until JG Alva happened along and managed to supply us all with a unique take on serial killers in a superbly written, ingeniously plotted novel filled with great characters. *The Bristol Savages* deserves a place on your bookshelf. I'm now on the hunt for the two sequels. ■

- Alaskan Pollock
 - Crab

Sea Bass

Squid

Tilefish

Pink & Sockeye)

Tuna (Albacore/White)

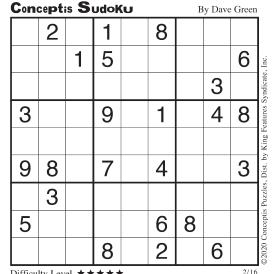
MusselsSalmon (Chum,



WHERE'S GENERAL BOB?

General Bob is out and about. Do you know where he's at?





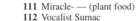
Difficulty Level ★★★★

PUZZLE ANSWERS ON PAGE 30

PREMIER Crossword

DOWNSIZING

- ACROSS 1 Unicellular swimmer 7 Fold in a skirt 12 Jolie of film 20 The "R" of 33-Down
- 21 Actor Cox 22 Prepared for storage,
- as a hose 23 Endlessly repeating
- programming problem
- 25 Fashion designer in
- 'The Incredibles" 26 Hwy. felony
- 27 Man-mouse middle
- 28 What iPads run on 30 "Boston Legal" actor
- James
- 31 Higher, spiritual level of awareness
- 38 Get a whiff of 40 Lift to check the
- weight of
- 41 Gig hookup 42 PC key abbr.
- 43 Elicitor of a major
- "Whew!"
- 46 Zodiac ram 48 Truckload
- 51 Basso solo, e.g.
- 52 Eligible for Soc. Sec.
- 53 Head honcho
- 57 Some hole menders
- 59 Force unit 60 Bouffant, e.g.
- 61 Pipe joint
- 62 Yello (Coca-Cola brand)
- 64 China's Zhou -
- 68 Sharon of "Cagney &
- 69 M114 howitzer, e.g.
- 72 Prickly shrub
- 75 Occurrence
- 76 d'Or (Cannes award)
- 77 G-man, e.g. 80 Cousin's mommy
- 82 Actresses Carrere and
- Mowry 84 "Look here as well," in a
- reference book
- 86 1931 crime film starring Edward G. Robinson
- 90 Juan
- 91 Late hours, in ads
- 92 Minneapolis-Montreal dir.
- 93 King of CNN
- 94 1971 Elton John song
- 97 CD- drive 100 Comical Costello
- 101 Just OK
- 102 Microwaves
- 103 Bacterium, e.g.
- 109 Blissful
- 110 "General" of Chinese
- cuisine



115 Not together



- 65 They may be glossed over
- 66 Carte lead-in
- 67 "You got that right!"69 "Joey" star LeBlanc
- 70 Anxious 71 Make revisions to

73 Lay waste to

- 72 Farm bundle
- 120 Sun.-Tue. link 121 Article in Argentina 122 1,051, in old Rome

113 Fit together

116 Pipe joint

117 Mag staff

119 Western tribe

114 Beginner's painting class

© 2020 by King Features Syndicate



Across: 3. Family dealership established in 1927 4. Chevrolet's newest SUV 6. Ford's horse

15 Pass, as time

18 "David" and

19 Imitating sorts

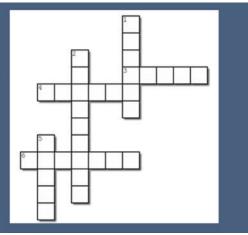
24 Prefix with state

16 French racing city

17 "Upon my word!"

"The Thinker"

Down 1. Spanish for mountain range; GMC's pickup 2. Jeep + Truck = ___ 5. #ThatsA



By Frank A. Longo

48 49

85

50

112 113 114

18 19

15 16 17

COLUMNISTS



SEED STARTING AND MORE CURES FOR SPRING FEVER

Punxsutawney Phil, Seer of Seers, Sage of Sages, Prognosticator of Prognosticators and Weather-Prophet Extraordinary predicted an early fall this year. Whatever you call this "tried and true" weatherman, it certainly doesn't feel like spring to me, Mr. Phil. In fact, at the time of writing this, my thermostat shows a balmy -10.

But no fear! Here are a few things you can do to cure your spring fever.

START PLANTING (INDOORS ANYWAYS)

VEGETABLES

While some seeds like carrots, beans and salad greens, can be directly planted into the garden, many require a head start indoors. Depending on the germination time requirement, we are quickly approaching the right time to start veggies indoors such as tomatoes, peppers, eggplant and broccoli.

ANNUALS

Plants that need to be replanted annually can also get a head start by planting them indoors now so that they are far enough along when it is time to be replanted in your outdoor garden. I would suggest trying Marigolds, Cosmos, Celosia, Snapdragons and Sunflowers, just to name a few.

PERENNIALS

Some beautiful plants that come back every year can also be started indoors. Yarrow, Shasta Daisy, Coneflowers and Black-Eyed Susan's are all easily started from seed and can save you some significant dollars in the long run.

Simply purchase a seed starting blend of potting soil, which is light weight, and put it in some sort of tray, ideally one with individual portions and a clear lid to act as a greenhouse. If you're a DIYer you can make one using some old egg cartons, egg shells with a small

DUBUQUE365.COM

Do it yourself advice from a new mom who knows how ... y Sara Carpenter Greves

drainage hole, or by folding old newspaper into a square pot. We also sell a wide variety of starter trays in store.

Read the package instructions carefully and plant to the correct depth according to the package instructions. Water them well and place in a bright, warm and indirect well-lit space and watch them grow. Grow lights can also be used if you don't have access to a well-lit space. We carry a few of those too.

CLEAN OUT WINTER POTS AND REFRESH

Pansies are great cold weather tolerant annuals that add a pop of color to your porch pots and should be available for purchase very soon. Team them up with some festive Pussy Willow Branches and you have a charming spring look.

BRING THE OUTDOORS IN

The Flower Shoppe at Steve's Ace has a wide selection of houseplants and tropicals that anyone can care for. House plants are a sure-fire way to bring a piece of spring inside.

GET ORGANIZED

Who said you have to wait till spring to start your spring cleaning? Channel your inner Marie Kondo and get your toy room, storage room or even classroom organized!

FIRE UP THE GRILL!

Who said you have to wait till spring to fire up the grill? Bundle up, give that grill a little more warm-up time and throw on some kabobs. Check out our complete outdoor grilling area that features popular brands like Weber, Big Green Egg, and Traeger.

II - travis Mathew

HIT REFRESH

rew year, new style

890 MAIN ST 563-582-3760 GRAHAMSDBQ.COM MON & FRI: 9A-8P TUE-THU: 9A-5:30P SAT: 9A-4P

BOGO FREE Buy 1 tropical plant for \$14.99 or more, get 1 of equal or lesser value FREE!

Offer valid through 2/29/20. Cannot be combined with other promotions or offers. In store only.





EVERY WEDNESDAY!

FREE ENTERTAINMENT IN THE BEST CONCERT VENUE!



FEBRUARY 21 RATCHET JAW with Searchlight Soul



FEBRUARY 29 FRESH FIGHTERS with Faux Doubt & Pleezer



MARCH 14 **POP ROCKS**

Visit MoonBarRocks.com for our complete concert lineup. Join our online community and stay in the know!



*Excludes special events. Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS OFF. © 2020 BOYD GAMING CORPORATION®





DEAR GWEN.

I finally asked that girl from my yoga class on a date. She's so smart and interesting and I'm so scared it will be boring. I want to plan something unique, something she'll be surprised by. Where should I take her?

-Yours, Heartsick on Hillcrest

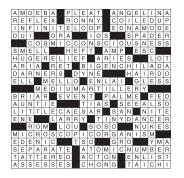
DEAR HEARTSICK ON HILLCREST,

I want you to get her in the car and take her on a nice drive. Play something vaguely nostalgic on the stereo, a band she might have been attached to in high school, on a winding road, just you and her in the dark. It gives her space to open up and talk. There's something safe that also feels reckless about night driving to the music you loved when you were young. Then maybe mosey on down toward five points because there is a VERY big icicle on my garage and (hopefully you read this before it's too late), but it's becoming more and more difficult to keep myself from standing directly underneath it to see what it looks like from below. I understand that these glasses were \$18 from the internet, but I've already had to buy a new pair on account of the fact that they were \$18 from the internet and one time they fell apart into 5 pieces when I looked at somebody the wrong way. I am not independently wealthy and I do not want to take an icicle to the eye.

I also have a number of curiosities that maybe you can deal with for me. You know those electrical towers? There's one up by the Soccer Complex, there's another one by Finley. Very curious about those. I'm gonna need you and your girl to get on top of one and 1) call me and tell me what you can see from up there, and 2) figure out what's inside exactly.

How many breadsticks until bottomless is no longer bottomless? I know for a fact that bottomless mimosas are not bottomless, based upon an interaction I had in 2016 with a server who, upon serving me another mimosa, said, "You know this has to end, right?" (Fun fact, take a look at the picture of me at the top of this article. That was the day bottomless mimosas became rock bottom mimosas.)

PUZZLE ANSWERS



GENERAL BOB IS AT FRANK O'DOWD'S IRISH PUB

I've also got some errands you could run if you have time. I mean I'm 28-years-old and I've never figured out where or how to buy stamps. I need you to do some science for me on that. I need stamp locations and also a step-by-step guide on how to ask for stamps so you don't sound like a 28-year-old idiot who has never done it before.

You could sit down and MAKE something together! Maybe start with a comprehensive list of all the words for "butt." Here, I'll get you going: Booty, cake. donk. back... -xoxo Gwen

DEAR GWEN,

I feel like I have so much to share with the world, but I don't know how to do it. I have all these ideas taking space in my head and I truly think I could change the world. Should I write a book? Should I try to do a Ted Talk? -Best, Good Vibes All The Time

DEAR GOOD VIBES ALL THE TIME, I sure wish you'd been Good Vines All The Time, because everybody deserves a good Vine compilation in the morning.

Dude, just start a podcast. That's what people do when they think they know things. No one will listen to it, it's an oversaturated market, but maybe you'll get one fan, like the kid who turns into the bad guy in The Incredibles, and your family and friends will be relieved to see you've gotten all your Big Ideas out prior to family gatherings, rendering you a far more tolerable person to have over for birthday cake. -xoxo Gwen

GWEN BEATTY

GWEN BEATTY IS A SORORITY DROPOUT AND CRYBABY, READY AND WILLING TO BOSS YOU AROUND. IF YOU WANT TO TELL HER SHE'S PRETTY EMAIL GWENSARAHBEATTY@GMAIL.COM

7	2	3	1	6	8	4	5	9	
4	9	1	5	3	7	2	8	6	. Inc.
8	6	5	2	4	9	7	3	1	yndicate
3	5	7	9	2	1	6	4	8	©2020 Conceptis Puzzles, Dist, by King Features Syndicate, Inc.
2	1	4	6	8	3	5	9	7	King Fe
9	8	6	7	5	4	1	2	3	, Dist. by
6	3	8	4	1	5	9	7	2	Puzzles
5	7	2	3	9	6	8	1	4	Conceptis
1	4	9	8	7	2	3	6	5	©2020 C
Difficulty Level ★★★★★									

Manga Club (6-12 Grades) This brand new, teen-led

program will focus on various

genres in Manga, along with the art styles, and related

Japanese culture. Bring an

share, if you'd like.

open mind and some ideas to

Asbury, Wed, March 18, 4-5 PM

DIY Bath Bombs (Ages

12 & Up, including adults)

Pre-registration Required!

scent, color, & sparkle!

Join us to make a fizzy bath

treat! You'll be able to choose

Asbury, Wed, March 18, 5-6 PM

Peosta, Tues, March 24, 5-6 PM

Farley, Wed, March 25, 3:30-4:30 PM

Epworth, Sat, March 28, 12-1 PM





ARIES (MAR 21-APR 19)

Someone who is a student of natural healing may come to visit you and be really annoving. Remember to remind them that if rubbing steel cut oats mixed with valerian root all over your bare chest was a cure-all for depression, flu-like symptoms, and vertigo, it would probably have been revealed in a medical journal before an Instagram post.



You tend to be interested in matters concerning health, which is odd considering you were thinking just the other day about how convenient it would be to have a giant shaker full of ramen noodle seasoning for when you needed to spice up the ramen you had already used the packet of seasoning on and needed another 1328 percent of your daily recommended sodium.



GEMINI

(MAY 21-JUNE 20)

This is a good time to train your own focusing abilities to stop working so you can get back to the important things in life, like wishing you were in an iron lung and trying to mentally waterboard yourself with the blood inside your skull.



(JUNE 21-JULY 22) You might want to stroll through an art

gallery or museum and try to get away with stealing something that looks expensive. There was a movie based around a similar plot and it turned out fine.



(JULY 23-AUG 22)

You could be feeling a bit flush or you could just be feeling how you always feel when you remember that you spend the majority of your life boiling pots of water and bleach down to nothing and then adding more and more bleach to the mixture so that you can be prepared to inhale bleach in this weird dystopian future you've imagined ever since you hit your head really hard at the pool.



VIRGO (AUG 23-SEP 22)

Your aesthetic sense is verv high, as inspired by a four-year-old who gets dressed in the shark at Claire's.

RYAN WERNER

RYAN WERNER IS A PROFESSIONAL SPEAKER, ATTITUDE EXPERT AND PROBLEM SOLVER. HE ENGAGES, ENTERTAINS AND EDUCATES AUDIENCES AROUND THE WORLD.





(SEP 23-OCT 22) You're feeling especially psychically

and mystically inclined to crawl inside the hollowed-out carcass of a 1986 Dodge Dart with SLAYER spray painted on the side. Don't give in to your inhibitions too much, and keep trying to get people to call you Doctor even though you look like someone who tries to make milk out of old socks and water.



Your lucky number is the way 99 sounds and 173 looks but is something else entirely that only makes sense on a different plane of existence where you

SAGITTARIUS (NOV 22-DEC 21)

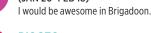
also probably won't win the lottery.

during the course of the week you and another person link up astrologically and both end up rabidly eating the same Twizzler stuck between the cracks in the sidewalk like some sort of Lady and the Tramp remake where everyone's cold and there aren't any dogs and some guy from a reality show who used to sell mail order steaks is the president and most people are totally cool with it.



You're usually a very practical and down-to-Earth person, but lately you've been thinking about trying.







stars are trying to tell you something, you need to slow down, take a few deeps breaths, and then write several hundred similarly-worded emails to the manager of the Rhomberg Dairy Queen about how you really want fried bread even though it's February.

MARCH



LIBRARY DISTRICT

Spring Break iPad Jr

(1st Grade & Up) Drop in between 10am and 11:30am and learn about the cool maker apps on our Makerspace iPads at Asbury during Spring Break. Monday, March 16: Foldify Tuesday, March 17: Lego Movie Maker Thursday, March 19: Scratch Jr.

Makerspace Jr

(Recommended 1st Grade & Up) Drop in for an open Makerspace time for kids. 3D Pens, craft supplies, Bloxels, iPad maker apps, and more. During the Makerspace Jr times, adults 16

MAYER SPACE

and up can get certified as a Safe Maker (which would allow them ,and children with them, to use Makerspace supplies during any open cabinet days. Asbury, Mon, March 16, 1-3 PM Asbury, Tues, March 17, 1-3 PM Asbury, Wed, March 18, 1-3 PM Asbury, Thur, March 19, 1-3 PM

Safe Maker (Ages 16 & Up) While your kiddos are trying out Makerspace items, you can earn part or all of your Safe Maker certification, which would allow you to use the Makerspaces at all 5 branches on any Open Cabinet Days. Held during Makerspace Jr. dates.

Holy Cross, Tues, March 31, 5:30-6:30 PM Five Convenient County Locations... Asbury 5290 Grand Meadow Dr., 563-582-0008 Farley/Drexler Middle School. 405 3rd Ave. N.E., 563-744-3371 ext. 5160 Epworth - 110 Bierman Road S.E., 563-876-3388 Holy Cross - 895 Main Street, 563-870-2082 NICC/Peosta - 8342 NICC Dr., 563-556-5110 ext. 224



BONUS FREE VIRTUAL CLOSET WITH SUBSCRIPTION

STYLE. FASHION. ART.

CREATING A SPACE FOR STYLE, FASHION AND ARTISTIC EXPRESSION THROUGH MODELS. PHOTOGRAPHERS. HAIR STYLISTS, MAKEUP ARTISTS AND FASHION LOVERS OF ALL KINDS.

FASHION IS ART AND YOU ARE THE CANVAS.

PS STYLED CAPSULE MAGAZINE | PRINT + DIGITAL



THE FASHIONISTA | \$9 MONTHLY SUBSCRIPTION | PSSTYLING.COM

Don't be surprised if more than once

DECHECKING HEADER HEADE

A powerful combo for enriching life.



2.5% APY on Life Savings account.*



Ready for life.

FDIC Time to switch? Get the combo. Visit premierbanking.bank/life | 563.588.1000

*All consumer checking accounts have a minimum opening deposit of \$25. LIFE CHECKING: Daily balances up to \$5,000.00 earn an interest rate of 4.90% with an Annual Percentage Yield (APY) of 5.00%. The initial rate on your account for this tier will not drop below the floor rate of 5.00%. Balances \$5,000.01 or greater earn a interest rate and APY of 0.25%. Must make 20 debit card purchases per statement cycle; signature or PIN based transactions qualify. Debits are determined on the date it is posted to your account and not the date of the transaction/purchase. Debit purchases at or near the end of the month may post in the next month's statement cycle. ATM transactions do not count as debit transactions to qualify for the preferred rate. If requirements are not met the account earns a base interest rate and APY of 0.01% on all balances. No minimum balance required. This is a variable rate account. For consumer deposits only. LIFE SAVINGS: Must have a Life Checking account in order to pen a Life Savings account. To greater earn an interest rate earn an interest rate and APY of 0.01% on all balances. Limit one Life Checking, one Life Savings per household. Electronic statements are fee and available upon successful set up with Online Banking. Paper statements are \$3 per statement cycle. ATM refunds up to \$20 per month. Does not include foreign currency charge.