

365ink

MAGAZINE

JANUARY 12-JANUARY 25, 2017 ISSUE #282 DUBUQUE365.COM FREE!

SYMPHONY ORCHESTRA

ULTIMATE ROCK HITS

FRIDAY, JANUARY 20 & SATURDAY, JANUARY 21
DIAMOND JO CASINO'S MISSISSIPPI MOON BAR

IN THIS ISSUE...

IMPACT AWARD
Nominations

YOU INSPIRE ME:
Author Orly Wahba

AMERICA'S
RIVER FESTIVAL

PICTURE YOURSELF
IN THE TRI-STATES

THE TRI-STATE'S FREE ENTERTAINMENT GUIDE

PHOTO: STEVEN SCHLEUNING

You're invited to the

COMMUNITY SHOWCASE

presented by the
Community Foundation of Greater Dubuque

LEARN ABOUT LOCAL NONPROFITS AND VOTE FOR
YOUR FAVORITES TO HELP THEM WIN PRIZES!

MYSTIQUE ICE CENTER • 1800 ADMIRAL SHEEHY DR., DUBUQUE

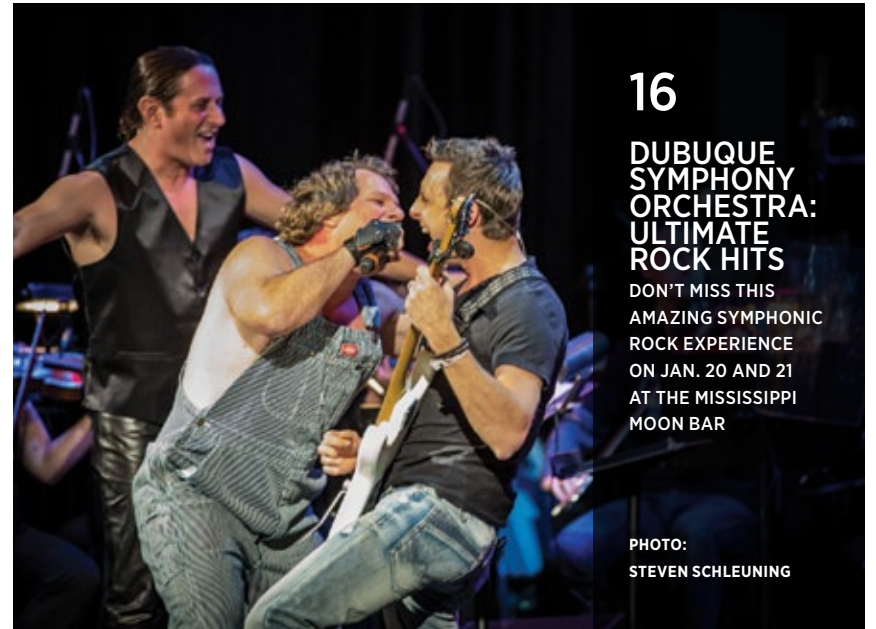
FREE!

- ADMISSION
- ENTERTAINMENT
- ICE SKATING AND SKATE RENTAL FROM 4-5:45 P.M.

FOR MORE INFORMATION, VISIT
WWW.DBQFOUNDATION.ORG/SHOWCASE

**FRIDAY
FEB
3**

4-6:30 P.M.



16

DUBUQUE SYMPHONY ORCHESTRA: ULTIMATE ROCK HITS

DON'T MISS THIS AMAZING SYMPHONIC ROCK EXPERIENCE ON JAN. 20 AND 21 AT THE MISSISSIPPI MOON BAR

PHOTO:
STEVEN SCHLEUNING

FEATURES

- 6 365INK IMPACT AWARDS
- 14 PICTURE YOURSELF IN THE TRI-STATES
- 15 AMERICA'S RIVER FESTIVAL
- 17 YOU INSPIRE ME: AUTHOR ORLY WAHBA

SECTIONS

- 4 **EVENTS**
- 11 **ARTS**
- 18 **NIGHTLIFE**
- 24 **COLUMNISTS**

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GWEN WERNER
GOOD ADVICE

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WHERE'S WANDO?



WE'VE HIDDEN WANDO SOMEWHERE IN THIS ISSUE OF 365INK. CAN YOU FIND HIM?

I found myself this week, thinking about the Meryl Streep speech incident and how it polarized people online. I don't so much want to argue whether or not it was right of her to use that platform to speak her mind, but as the award was for a lifetime of commitment to the craft, I think there was a lot more credence for her words than to do it after any other award. And really, would it have been so much better had she just thanked a list of agents and sat down?

What put me off about the whole thing is some people desire to label her as an elitist and discredit anything that comes out of her mouth. When did cultured and intelligent become elitists? We're really going to dismiss her because she's "Hollywood?" Like we dismiss people because they are "Washington?" There are a LOT of creeps in both cities but also a lot of passionate and smart people driving change. Not all of Hollywood is *Fast and Furious* movies. There are people on both ends of the political spectrum making thought-provoking, smart movies. Guys like Clint Eastwood and Oliver Stone for example.

Of all the Hollywood "out of touch elitists," I really could not think of a better example of a well-rounded, experienced and thoughtful spokesperson than Meryl Streep. It's also pretty funny for Mr. Trump to try to once again write off someone who does not like him as a marginal person. Sir, you can't tell the world that the woman who is literally the picture you find in the dictionary next to the word "Actress" is overrated.

I saw my brother Brad posted something on the topic on Facebook. He's now one of those elitist jerks in Hollywood who clearly think they know everything because, you know, it doesn't matter where you come from. As long as you're in Hollywood now, you are out of touch, and your opinion no longer has credence. Anyway, here are his thoughts...

"You know, I work in Hollywood every day. As a result, in the last few weeks I've met with the former President of South Korea, Ambassadors from 3 nations, Wall Street Journal senior editors, Presidents of 7 foreign corporations, a NFL Alumni Assoc guy and a dozen business and cultural leaders from China, India, Russia and Brazil. To be blunt Hollywood grants access to a world of thought-leaders from all political leanings and Meryl Streep has 50 years of those very conversations... not to mention she has traveled the globe for work probably more than most people could ever dream of. Maybe people should take a minute to realize that she might have actually learned something along the way."

Never mind that Republicans' own version of a fake idol, Ronald Reagan, was pure Hollywood once upon a time. And of course, our next president is a cult of personality crafted by reality television. So if you want to write off the input of those whose cultural opportunities and experiences are 10, 100 or 1000 times more expensive than ours might be in Iowa, you do that. But I'm going to hear them out.

Changing course, I'd like to also take a moment here at the end to recognize and thank the group of passionate and dedicated people who worked so very hard for two years to make the Dubuque Food Co-op a reality in Dubuque.

If you didn't hear, the Co-op will be closing, and while that is indeed sad and unfortunate, I want us all to see the silver lining as we could all use some silver linings right now. Although long-time outdoor construction issues and probably having a less than mainstream location didn't help things, I think there are other factors that manifested this fate, and it's not all that terrible if you stop and think about it.

Since the opening the Co-op, local Hy-Vee stores have made massive expansions and additions to their Health Market sections within their stores, offering far more options than ever before and at lower prices as the volume increased on these products. Likewise, two years ago when the Co-op opened, you simply did not find organic options at super discount stores like Aldi. Well, now you do. In fact, Aldi is really pushing their organic selections. Those are wins for all of us.

So while I hate to see them go, at least it is for the best possible reason. Our community's mainstream food retailers have caught up to the times and now offer those things we had to go to specialty stores to find just a couple years ago. It's all about rolling with the changes. The Food Store, Dubuque's original home for local and organic food also saw the writing on the wall, and instead of fighting the future, changed with it, becoming an organic catering company, focusing on what they do best which is cook very tasty organic food for big groups of people.

Thank you again to the change makers. I hate when the important change you lead one day leaves you in its wake once the masses have taken up your flag. But at least now they are carrying the flag for better food, which was the whole point in the first place, wasn't it? I believe it's what they call losing the battle but winning the war, or something like that. Congratulations. You've changed your world for the better. Now go do it again. ■

MISSISSIPPI MOON BAR

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FEBRUARY 4
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ARCH ALLIES
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FEBRUARY 25
BROTHERS OSBORNE
CMA's 2016 Vocal Duo of the Year



MARCH 8
TIM MEADOWS
Comedian & Actor



MARCH 10
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ICE FEST

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JANUARY 14-16

10 AM-5 PM @ NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM (350 E 3RD ST)

The National Mississippi River Museum & Aquarium in the Port of Dubuque will present special winter-related programs daily throughout Ice Fest.

Featured activities include professional snow and ice sculpting, traditional Native American outdoor winter games, live animal programs, winter safety demonstrations, appearances by the Dubuque Fighting Saints, and more!

Special guests include Dan Wardell, host of *Kids Club* on Iowa Public Television, with his friend Curious

George. There will also be a meet and greet and author signing with Bret Terrell "B.J. Schwartz" and Maxx the Malamute from Plumery Tails.

Ice Fest is sponsored by Casey's General Stores, UnityPoint Health Finley Hospital, Radio Dubuque, Grand Harbor Resort and Waterpark and Diamond Jo Casino.

General admission to the Museum & Aquarium gets you into Ice Fest. For ticket pricing and more information, visit RiverMuseum.com or call **563-557-9545**. ■



DUBUQUE FIGHTING SAINTS HOCKEY

SATURDAY, JANUARY 14 @ 7:05 PM

FRIDAY, JANUARY 20 @ 7:35 PM

SATURDAY, JANUARY 21 @ 7:05 PM

MYSTIQUE COMMUNITY ICE CENTER (1800 ADMIRAL SHEEHY DR)

The Dubuque Fighting Saints head back to the ice for another exciting season of USHL Hockey at the Mystique Ice Center in Dubuque.

The Saints take on the Waterloo Black Hawks on Jan. 14, and it's college night. Then the Saints take on the Youngstown Phantoms on Jan. 21 and 27. Jan. 20 is Telegraph Herald Family Four Pack night, and Jan. 21 is Johnny Gaudreau Night. The first 1,000 fans will receive a Johnny Gaudreau bobblehead doll, thanks to Dubuque Fire Equipment!

It's a big lineup for fun for the whole family with the Fighting Saints!

Individual tickets start at \$10 in advance or an additional \$1.95 at the door. For tickets, call the box office at **563-583-6880** or visit DubuqueFightingSaints.com.

Saints games are a great night out with the buddies and fellow hockey lovers, but it's also a fantastic fun night out for the family. Every game features fun for kids on the ice as well as watching the game, so your little ones are sure to get an experience to remember. ■

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Galena Convention Center

WineLoversWeekend.com

Friday, March 24, 2017

5:30 to 8:00 pm

Saturday, March 25, 2017

3:30 to 6:00 pm

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THURSDAY, JANUARY 12

**Inspiring People Series: Anthony Allen**

7 PM @ INSPIRE CAFÉ

Anthony Allen serves as Chair of the Dubuque Human Rights Commission, President of the Dubuque NAACP and is a member of Brothers Doing Something Positive and The Black Men Coalition Of Dubuque. These monthly presentations are offered as informal and intimate exchanges for the open-hearted and curious. Free. 955 Washington St. **563-583-8338. inspire-cafe.com.**

FRIDAY, JANUARY 13

Wapsipinicon Almanac

5 PM @ RIVER LIGHTS BOOKSTORE

Tim Fay's Almanac grew from the idea that the abundance of talented Iowa writers, artists and small business proprietors living and creating here in the mid-1980s needed a new forum for publishing and advertising. He produced his first volume in May of 1988. The new 160-page collection of essays, fiction, reviews and various tidbits is the 23rd edition. Readings, music, and good company! 1098 Main St. **563-556-4391. RiverLights.com.**

**Half-Masted Improv Night**

9 PM @ THE SMOKESTACK

Half-Masted is Cedar Falls #1 Improvisational Comedy Group, housed on the UNI Campus. They perform various forms of Improv, including games you've seen on *Whose Line Is It Anyway?* or Drew Carey's *Improv-a-Ganza*. Every show is made up live right before your eyes, and it's different every time. Come on out for a night of made-up scenes and plenty of laughs. \$5. 62 E 7th St. **Half-Masted.com.**

SATURDAY, JANUARY 14

Lollipops and Music for Our Preschoolers

10-10:30 @ CARNEGIE-STOUT PUBLIC LIBRARY

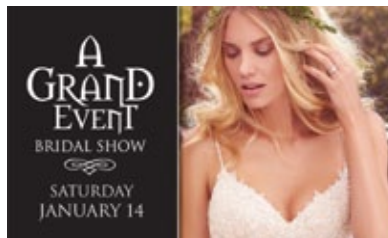
Lollipops and Music for Our Preschoolers (L&MOP) is a free and fun monthly concert series that exposes children and their families to a variety of musical styles and instruments. Children leave with a greater appreciation of music and a lollipop. All ages are welcome to attend these concerts. The 2016-17 season of L&MOP is sponsored by the Northeast Iowa School of Music and Drs. Mark Niemer and Yasyn Lee, in honor of their children and their teachers.

**Summer in January Luau Party**

10 AM-4 PM @ MCGRATH DUBUQUE

HARLEY-DAVIDSON MOTORCYCLES

Head over to McGrath Dubuque Harley-Davidson Motorcycles for a luau to celebrate "Summer in January" with free food, drinks and games all day long! Learn everything about the 2017 touring models at the New Model Seminar. 145 N Crescent Rdg. **563-557-3735.**

**A Grand Event Bridal Show**

11 AM-3 PM @ GRAND RIVER CENTER

If you're a bride to be, or know someone who is, this is an event you won't want to miss! Come chat with some of the area's top wedding professionals about your upcoming big day! Cheryl-Ann Bridals Runway Fashion show at 1 p.m. Register in advance. Free. 500 Bell St. **563-582-6930. katfm.radiodubuque.com.**

**Galena LitFest**

11 AM-9 PM @ DESOTO HOUSE HOTEL (GALENA, IL)

The third annual Galena LitFest begins with a free author talk with Stacey Kade. Other events include a Q&A panel and online marketing workshop. The day concludes with a "Dining with the Authors" event with a buffet dinner, two presentations, and book signings in the Ballroom at 6 p.m. The opening speaker, Geralyn Hesslau Magrady, is 2016's Soon-to-Be Famous Illinois Author, an honor given by the Illinois Library Association. The keynote speaker will be New York Times and USA Today Bestselling Author Mary Kubica. The "Dining with the Authors" event is \$22. **815-777-0200. GalenaLitFest2017.eventbrite.com.**

"Beach Bash" Trivia Night

6:30 PM @ TASTE COUNTRY ROADHOUSE (MENOMINEE, IL)

Registration starts at 6:30 p.m., and trivia starts at 7:30 p.m. Prizes will be awarded for the best beach/tropical themed tables! There will also be a raffle, 50/50, and silent auction. Up to 8 people per team. Sponsored by EDGE. Register in advance. \$15 per person. **563-580-5222.**

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MAKER SPACE GRAND OPENING

HOW-TO FESTIVAL

SATURDAY, JANUARY 21

**10 AM-2 PM @ CARNEGIE-STOUT PUBLIC LIBRARY
(360 W 11TH ST)**

Join Carnegie-Stout Public Library for a free How-To Festival highlighting their new Charles J. and Marjorie Schrup Maker Space. A Maker Space is place where people gather to create, invent, and learn.

The How-To Festival will not only highlight the equipment and services from the Maker Space but will also overflow to all three floors of the Library! You can attend a session on everything from how to use a 3D printer and green screen to how to make jewelry and freezer meals. So many new things to learn at the Library!

Tom Hamilton from Radio Dubuque's KDTH will be broadcasting live. The ribbon cutting is at 10:15 a.m., and refreshments will be available from 10:30 a.m. to 2:30 p.m.

ADDITIONAL ACTIVITIES:

BUTTON MAKING

Jan. 12 at 2 p.m.

DIGITAL CONVERSION

Jan. 17 at 6 p.m.

3D PRINTING AND MODEL DESIGN BASICS

Jan. 18, 24, and 31 at 6 p.m.

JIG JEWELRY

Jan. 23 at 4 p.m.

RASPBERRY PI

Jan. 25 at 6 p.m.

YOUTH SEWING 101: BANDANA BAG

Jan. 26 at 4 p.m. For ages 10 through high school. Please register at the Children's Help Desk or by calling **563-589-4138** ext. 2228.

BASIC SEWING FOR ADULTS

Jan. 30 at 5:30 p.m.

Find the full schedule of events and activities for the How-To Festival at dubuque.lib.ia.us or call the library at **563-589-4225**. ■

365 IMPACT AWARDS

NOMINATIONS DEADLINE: FRIDAY, JANUARY 27

AWARDS: TUESDAY, FEBRUARY 28

7 PM @ DIAMOND JO CASINO MISSISSIPPI MOON BAR (301 BELL ST)

The 365 Impact Awards, sponsored by The Community Foundation of Greater Dubuque and Premier Bank, return for the eighth big year to the Mississippi Moon Bar at the Diamond Jo Casino on Tuesday, Feb. 28, at 7 p.m. Doors open at 6 p.m. The event is FREE, and everyone (21 and older) is welcome to attend. Live music will kick off the night from 6:30 to 7 p.m. There will be complimentary hors d'oeuvres and a cash bar.

The 365 Impact Awards are designed to honor those who choose to make an effort to impact the world around them 365 days a year. It's meant for those who believe in our community and are willing to do something to make it better for everyone.

Who wins is not a secret. After all, we want you to be able to come down and celebrate your friends when they take the stage. But picking the winners is always a painful process. Naturally, everyone who gets nominated is worthy of an award, but, alas, we have but 20 original fine art statues to give out, created for this year's event by renown Dubuque metal artist Gail Chavenelle. So we have to hunker down and select great representatives for 20 different categories. Categories we make up each year as they fit the nominees. Hey, it's our show, we make the rules.

But before we make some tough decisions about who deserves a little piece of the spotlight this year, we need

to hear about those worthy of recognition for their impact on the Tri-States in 2016! That's where you come in. The mission at 365ink is to help connect people to relationships, opportunities and the best possible living experiences in our community. And the 365 Impact Awards are designed to honor those who choose to make the effort to impact the community in the spirit of our mission.

Do you know someone, an organization or a business who ROCKED IT in 2016 and deserves a little credit for their efforts? Nominate them now for a 2017 365 Impact Award sponsored by the Community Foundation of Greater Dubuque and Premier Bank. It doesn't matter the category. Think art and music. Think community pride and inclusion. Think great spaces and generous spirits. These are the people we want to know about. Just tell us who did what and why it was great, and we'll add them to the list of potential honorees for the Tuesday, Feb. 28 event.

Send nominations to info@dubuque365.com or in a Facebook message at facebook.com/dubuque365. If you don't nominate them, they can't win, so get on it! ■



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*Drs. Alexia Oetken, Kristen Berning and Ted Murray are members of the AACD. Dr. Ted Murray is AACD accredited.



SEDATION DENTISTRY

CABIN FEVER MINI-CON

SATURDAY, JANUARY 28

3-7 PM @ CARNEGIE-STOUT PUBLIC LIBRARY
(360 W 11TH ST)

Don't let the winter weather get you down. Bring the whole family to celebrate your love of comics, gaming, science fiction, and fantasy!

This free, all-ages event will feature a range of activities for all interests—including a costume contest! Stop by the board games room to play an old favorite or try something new. Have your photo taken with the Stormtroopers of the 501st



Legion or the Dubuque TARDIS. Don't miss your chance to meet Phil Hester, an Iowa-native comic artist and writer who has done work for Marvel, DC, and more. Light refreshments will be served.

For more information, call the library at **563-589-4225**, or visit dubuque.lib.ia.us. ■

SUNDAY, JANUARY 15

4th Annual Dubuque Bass Club Ice Fishing Tournament

6:30 AM-3:30 PM @ THE BAIT SHACK

The 4th annual tournament is for two-man teams with a 25 panfish limit weighed in. Mandatory pre-tournament meeting at 6:30 a.m. Payout and prizes will be awarded at Hammerheads following the weigh in. Flyers with official rules will be available at the Bait Shack. \$50. 2095 Kerper Blvd. **563-663-1011**.



Platteville Bridal Expo

NOON-3 PM @ UW-P ULLSVIK HALL
(PLATTEVILLE, WI)

Meet local wedding experts and enjoy a fashion show at 1:30 p.m. showcasing on-trend styles that brides are looking for! Bridal gowns, bridesmaids, mothers of the wedding and prom styles. 30 N Hickory St, Platteville, WI. **608-348-8790**.



Piano Duet Recital: Heidi Riepe and Joel Brown

2 PM @ CLARKE JANSEN MUSIC HALL

The Clarke University Music Department presents Heidi Riepe and Joel Brown as they perform a piano duet recital. The program includes *Slavonic Dance* by Dvořák, *4 Fantasies on American Folksongs* by Townsend, *Sonatina* by Kuhlau and *Fantasy* by Schubert. Free. 1550 Clarke Dr. **563-588-6318**. clarke.edu.

MONDAY, JANUARY 16

Cabin Fever Day

10 AM-NOON @ HURSTVILLE INTERPRETIVE CENTER (MAQUOKETA, IA)

Get out of the house for an afternoon of critters, snow creations (weather depending), crafts, and cocoa! Parents can stay and play or drop off children (2nd grade and up) for an afternoon of new friends and adventures. Free. 18670 63rd St. Maquoketa, IA. **563-652-3783**.



Teju the Storyteller

7 PM @ PLATTEVILLE CITY AUDITORIUM
(PLATTEVILLE, WI)

Teju comes from a long family tradition of storytellers. His stories are drawn from African traditions and African American history and folklore. His high-energy, fast paced and witty performances are spellbinding. These riveting performances always hint at wry humor, revolutionary teachings, and lessons in love. Free. **608-348-3301**. Mining.Jamison.Museum.

TUESDAY, JANUARY 17



Real Boy Documentary

7-9 PM @ MINDFRAME THEATERS

Real Boy is a LGBT Documentary from filmmaker Shaleece Haas. *Real Boy* is an intimate story of a family in transition. As 19 year old Bennett Wallace navigates early sobriety, late adolescence, and the evolution of his gender identity, his mother makes her own transition from resistance to acceptance of her trans son. Along the way, both mother and son find support in their communities, reminding us that families are not only given, but chosen. 555 JFK Rd.

200 MAIN ST.

RIVERBOAT

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AT HOTEL JULIEN DUBUQUE

Live Music | Craft Cocktails | Appetizers
| Winestation | Outdoor Terrace

WINTER CRAFT COCKTAIL MENU

featuring

"Wintry Gimlet"
"Boulevardier"
"Riverboat Old Fashioned"

TRIVIA NIGHT

EVERY TUESDAY
AT 7 PM

#RIVERBOATLOUNGE

MARRIED IN A MONTH

SUBMISSION DEADLINE: TUESDAY, JANUARY 31

EVENT: FEBRUARY 24-25

HOTEL JULIEN DUBUQUE (200 MAIN ST)

Hotel Julien Dubuque and its partner sponsors are awarding a lucky couple an all-expenses paid dream wedding valued at over \$18,000 with just one teeny-tiny, itty-bitty catch—they have to get married in just one month! They have put together a team of the best wedding experts in the area to award an amazing wedding prize package encompassing all of the special details for the big day.

Couples will vie for participation in the contest by entering video submissions introducing themselves and explaining why they would be ideal candidates to win the grand prize. A panel will then select 25 couples to attend the Married In A Month week-end event at Hotel Julien Dubuque.

The event itself will kick off with a cocktail reception and fashion show hosted by Cheryl Ann Bridals. The following day marks the start of the elimination rounds and will conclude with the awarding of the grand prize to the winning couple. By the time the day



is over, the winning couple will already have planned their entire wedding and they will then enjoy one month (free of stress!) before tying the knot.

All proceeds from Married in a Month will be given to Dancing with the Stars Dubuque Style, an event that targets a community-wide audience to highlight the importance of Dubuque area nonprofits which has raised over \$990,999 for more than 50 local nonprofits since its inception in 2010.

Visit MarriedInAMonthDBQ.com for full contest rules, details, sponsors and to see what that \$18,000 Grand Prize Package includes! ■



COMMUNITY FOUNDATION OF GREATER DUBUQUE PRESENTS

COMMUNITY SHOWCASE

FRIDAY, FEBRUARY 3

4-6:30 PM @ MYSTIQUE COMMUNITY ICE CENTER (1800 ADMIRAL SHEEHY DR)

In honor of its 15-year anniversary, the Community Foundation invites the public to a free Community Showcase. Learn about and win prizes from more than 60 local nonprofits—and vote for your favorites to help win prizes for their organizations.

Enjoy free entertainment from local organizations including the Dubuque Chorale Cadenza, the Grand Opera House, and the Ignite Mazzuchelli Catholic Middle School Show Choir and free ice skating and skate rental from 4 to 5:45 p.m. A Kids' Corner with special activities will be available. The YAPPERS (Youth Area Philanthropists) "Sweet Treats" cake and cookie auction supports 2017 YAPPERS grants to youth-serving nonprofits. Concessions will be available for purchase including food, soft drinks and alcoholic beverages.

After the Showcase, community members can stay and enjoy a free Dubuque Devils hockey game.

"For our 15-year anniversary, we're reinventing the former Community Block Party in a new venue. There will be more space to interact with nonprofits, more entertainment and activities for kids, including free ice skating," said Wendy Sweeney, Community Foundation nonprofit partnerships coordinator. "It's going to be a great opportunity to support your favorite nonprofits and enjoy entertainment from talented local performers."

For more information, like the Community Foundation of Greater Dubuque on Facebook, visit dbqfoundation.org/showcase or call 563-588-2700. ■

THURSDAY, JANUARY 19

Join CRUSH for Burger Night!

5-8 PM @ ASBURY EAGLES CLUB

The Dubuque Chapter of CRUSH (Community Resources United to Stop Heroin) is hosting a Burger Night. CRUSH is a grassroots group formed in 2016; CRUSH members are working to expand the resources available to people with opioid use disorder. Stop by any Dubuque Hy-Vee location on Saturday, Jan. 14 between 10 a.m. and 2 p.m. to purchase tickets for Burger Night and/or CRUSH T-shirts! See the "CRUSH of Eastern Iowa" Facebook page for more info.

FRIDAY, JANUARY 20

Big Bore Enterprise Gun Show

5-9 PM @ DBQ CO FAIRGROUNDS

Jan. 20 at 5-9 p.m., Jan. 21 at 9 a.m.-5 p.m., and Jan. 22 at 9 a.m.-3 p.m. This gun show will have a limited concessions menu. \$8 adults; \$1 under 19; \$10 weekend pass; free for veterans, civil and military servants. 563-590-4248. DBQFair.com.

Citizen's Police Academy Application Deadline

The Dubuque Police Department is accepting applications for the 21st annual session of the Citizen's Police Academy (CPA) which begins on Feb. 9. The purpose of this 10 week program is to build a better understanding between citizens and police through education on arrest procedures, search and seizure, use of force, laws and policies, police procedures, domestic abuse cases, sexual abuse cases, drug enforcement, OWIs, officer safety, and prevention programs. Sessions will be held at the law center on Thursday evenings from 6 to 9 p.m. Must be a resident of the City of Dubuque, at least 18 years of age, no felony convictions, and no significant arrest history. Applications can be obtained at the Police Department or cityofdubuque.org/cpa.

SATURDAY, JANUARY 21

Bald Eagle Watch

9 AM-4:30 PM @ GRAND RIVER CENTER

The Dubuque Audubon Society will host the annual Bald Eagle Watch at the Grand River Center in the Port of Dubuque.



Denny and the D.C. Drifters: Remembering the Fabulous '50s

7 PM @ ONWARD FINE ARTS CENTER (MAQUOKETA, IA)

For those of you who miss the great music from the '50s, Denny & the D.C. Drifters have a surprise for you! Denny will take you back to your 1950s prom. Heck he will even chose a King and Queen from the audience. This show has been rated one of the top tribute shows in the Midwest. Hear great music from bands such as Buddy Holly, Ritchie Valens, Big Bopper, Elvis Presley, Pat Boone, Chuck Berry, Connie Francis, Patsy Cline and more! \$22 adv/\$25 door Adults; \$13 adv/\$15 door 18 and under.

563-652-9815. ohnwardfineartscenter.com.



Guys in Ties

7:30 PM @ BELL TOWER THEATER

The Bell Tower Theater is excited to announce the return of the actors from Comedy Sportz, the Quad cities award-winning improv comedy troupe. After eleven years of sold-out shows, this audience favorite is back! Watch as a brand new show comes to life right before your eyes using suggestions from you and your fellow audience members. 2728 Asbury Rd. \$20. 563-588-3377. belltowertheater.net.

January Thaw

Illusions Midwest Drag Show

10 PM @ THE SMOKESTACK

Your drag favorites return to the Dubuque stage! Scylla Kone, Elektra SN, Marsha Mallow, Ginger Snaps, and your host, Theresa Addams! Plus special guests Dominique Cass, B Bianca Lynn Breeze Rounds, Cynthia Mooseknuckle, and introducing Elijah Nation! 21+. \$10. 62 E 7th St.



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WEDNESDAY, JANUARY 25

**Lunch & Learn: Community Building Through Architecture**

12:15 PM @ DUBUQUE MUSEUM OF ART
Kristin Anderson-Bricker, professor of history at Loras College, will present a lunch-and-learn talk held in conjunction with the Alfred Caldwell: Eagle Point Park Drawings and Blueprints exhibition. Bring and enjoy a sack lunch during the program. 701 Locust St. DBQart.com.

THURSDAY, JANUARY 26

PechaKucha Night Dubuque, Volume 7

7 PM @ STEEPLE SQUARE
Come hear local stories from passionate people. Every story is unique; no event is the same. Each speaker has 20 slides and presents 20 seconds per slide. Free. 1584 White St.

FRIDAY, JANUARY 27

Meet Author Bettye Kronstad

5:30 PM @ RIVER LIGHTS BOOKSTORE
Bettye Kronstad, author of *Perfect Day: An Intimate Portrait of Life with Lou Reed*, will do a reading at 6 p.m. 1098 Main St. 563-556-4391. RiverLights.com.

ONGOING

Toddler Tuesday

FIRST TUESDAY OF EVERY MONTH
10:30-11:30 AM @ NATIONAL RIVER MUSEUM
\$5 per child and one caregiver.
563-557-9545. RiverMuseum.com.

Galena Winter Marketplace

SECOND WEDNESDAY OF EVERY MONTH
THROUGH APRIL 12
4-6 PM @ TURNER HALL (GALENA, IL)
215 S Main St, Galena, IL.
galenamarketplace.org.

Wags at the Flags

MOST WEDNESDAYS THROUGH MARCH 1
4:30-8 PM @ FIVE FLAGS ARENA
This indoor dog park as well as the Barka Lounge with food, drinks and adult refreshments. Four vendors are featured at every event. \$1 of every admission will be donated to Whispurring Hope. \$3 per dog. 405 Main St. 563-589-4375. FiveFlagsCenter.com.

SATURDAY, JANUARY 28

**Dubuque Sports & Recreation Festival**

9 AM-3 PM @ GRAND RIVER CENTER
The Dubuque Sports & Recreation Festival returns for its 10 year with a section featuring the Madison Herpetological Society. In addition to a reptile display and outreach, they will be giving an educational presentation about these amazing animals. As always, there will be inflatables, exhibit booths, stage performances, educational and athletic activities, and silent auction. Free.

SUNDAY, FEBRUARY 5

Dubuque Flea Market & Antique Show

8 AM-3 PM @ DBQ CO FAIRGROUNDS
Feb. 5, April 9, and Oct. 8. The Dubuque Flea Market & Antique Show has been a main stay for more than 50 years! Featuring vendors with an array of the most unusual items. From antiques, arts and crafts, as well as new and used merchandise, this market is sure to offer a unique shopping experience. \$1 Adults; Free 11 and under. 14569 Old Highway Rd. 815-747-7745. facebook.com/dubuquefleamarket.

Dubuque Winter Farmers' Market

SATURDAYS THROUGH APRIL 29
9 AM-NOON @ FORMER COLTS CENTER
Every Saturday morning at the break of dawn, a dedicated band of volunteers sets up tables and chairs for the Dubuque Winter Farmers' Market. Vendors roll up and unload their wares. Fresh eggs and sausage sizzle on the griddle, and the smell of locally roasted, fresh-brewed coffee greets the first visitors. Since 2007, they've been providing this service, making Dubuque one of first communities in the state with a year-round Farmers' Market. The Dubuque Winter Farmers' Market is a place where people come to meet their farmers, but it's also a place to meet your neighbors, make new acquaintances and reconnect with old friends. It's filled with healthy, locally-grown foods, fresh-baked goods, and hot breakfast items. You'll always find friendly farmers and welcoming smiles. Parking is available in the lot along Central Ave and street parking is available on Iowa St, Central Ave, as well as other downtown streets. 1101 Central Ave. WinterMarketDBQ.com.

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TICKETS STARTING AT \$19



COUNTRY RAPPER

COLT FORD



SATURDAY, MARCH 25 • 8 PM

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"Drivin' Around Song" &
"Dirt Road Anthem"

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MystiqueDBQ.com or at Guest Services.

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FRIDAY, JANUARY 13-THURSDAY, JANUARY 19

LIVE BY NIGHT (R)

Fri-Thu: (1:00), (3:45), 7:00, 9:45

PATRIOTS DAY (R)

Fri-Thu: (11:45 AM), (2:40), 7:10, 10:00

SILENCE (R)

Fri-Thu: (12:00), (3:20), 7:25

HIDDEN FIGURES (PG)

Fri-Thu: (11:10 AM), (1:50), (4:30), 7:15, 9:55

SING (PG)

Fri-Thu: (11:15 AM), (1:40), (4:10), 6:40, 9:05

ROGUE ONE: A STAR WARS STORY (PG-13)

Fri-Thu: (12:30), (3:30), 6:50, 9:40

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COMING TO THEATERS

Patriot's Day (R)

FRIDAY, JANUARY 13

An account of the Boston Marathon bombing. In the aftermath of an unspeakable attack, Police Sergeant Tommy Saunders (Mark Wahlberg) joins courageous survivors, first responders and investigators to hunt down the bombers before they strike again.

Sleepless (R)

FRIDAY, JANUARY 13

Undercover Las Vegas police officer Vincent Downs (Jamie Foxx) is caught in a high stakes web of corrupt cops and the mob-controlled casino underground. When a heist goes wrong, a crew of homicidal gangsters kidnap his son.

The Bye-Bye Man (PG-13)

FRIDAY, JANUARY 13

What if the cause of all evil is not a matter of what but who? When three

college friends stumble upon the horrific origins of the Bye Bye Man, they discover that there is only one way to avoid his curse: don't think it, don't say it in this chilling horror-thriller.

Monster Trucks (PG)

FRIDAY, JANUARY 13

A high school senior builds a monster truck from scrapped cars. After an accident at an oil-drilling site displaces a strange and subterranean creature with a taste and a talent for speed, Tripp may have found the key to getting out of town and an unlikely friend.

The Founder (PG-13)

FRIDAY, JANUARY 20

The true story of how Ray Kroc (Michael Keaton), a struggling salesman from Illinois, met Mac and Dick McDonald, who were running a burger operation in 1950s Southern California.



MOVIE BUZZ

Director Shane Black is filling the cast of *The Predator* reboot with a load of current hot talent including *Moonlight* star Trevante Rhodes and Keegan-Michael Key, Boyd Holbrook and Olivia Munn. Little is known about the sequel, which Black will direct from a screenplay he co-wrote with Fred Dekker (*The Monster Squad*).

It's January 2017, the start of a new year full of promising movies and movie news, not the least of which is the announcement that Tom Hardy and Channing Tatum are both circling a project from Paramount titled *Triple Frontier*. It was supposed to be Kathryn Bigelow and writer Mark Boal's follow-up before she turned her attention to *Zero Dark Thirty* and later bowed out of the movie altogether. The title is taken from the border zone between Paraguay, Argentina, and Brazil where the Iguazu and Parana Rivers come together, a hotbed of organized crime that's difficult to police.

In *Star Wars Episode VIII*, Kylo Ren's character will be explored even further, as Adam Driver revealed in an interview on *Larry King Now*. Far from keeping him as the Han Solo-murdering bad-die we know him to be, it sounds like director Rian Johnson wants to delve deeper. When asked what aspect of the series Driver most looked forward to exploring, he answered his humanity.

Any Taylor-Joy has long been rumored for a role in Josh Boone's *New Mutants*, one of Fox's intriguing new additions to the X-Men franchise. Taylor-Joy has confirmed James McAvoy, her co-star in M. Night Shyamalan's new psychological thriller, *Split*, will be returning to the next X-Men film as Professor Charles Xavier. Also rumored for the film are *Game of Thrones* favorite Maisie Williams and *The Fault in Our Stars*'s Nat Wolff. Fox has yet to set a release date for the project, which will begin filming this year and is rumored for a spring 2018 release. ■



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KIDS TAKE THE STAGE YOUTH THEATER CLASSES

ENROLLMENT DEADLINE: MONDAY, JANUARY 16
BELL TOWER THEATER (2728 ASBURY RD)

The Bell Tower Theater is excited to announce the continuance of their award-winning program Kids Take the Stage Youth Theater Classes this winter. Kids from kindergarten through 6th grade can get into the act with all new activities. Artistic Director Sue Riedel will be joined by music teacher and director Sue Flogel and teacher Margaret Buhr from

the Dubuque Museum of Art to teach four different six-week-long classes.

Unless otherwise noted, classes are held at Bell Tower Theater. Financial assistance scholarships are available for qualified families. ■

BellTowerTheater.net
563-588-3377

AVAILABLE CLASSES

Let's Pretend

MONDAYS: JAN 23-FEB 27
@ 4-5 PM OR 5:15-6:15 PM
Kindergarten & 1st Grade

Creative Theatrics

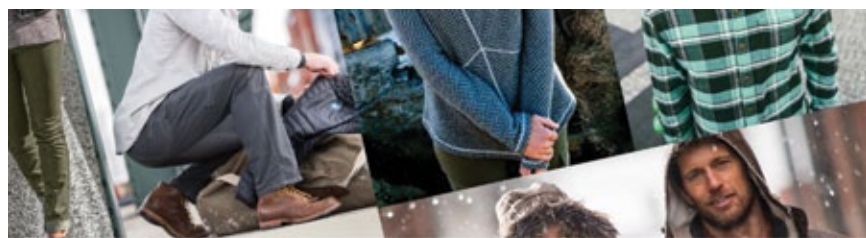
WEDNESDAYS: JAN 25-MARCH 1
@ 4-5 PM OR 5:15-6:15 PM
2nd & 3rd Grades

Create & Perform: Art Comes Alive!

THURSDAYS: JAN 26-MARCH 2 @ 4-5:30 PM
4th, 5th & 6th Grades. Odd weeks at the Dubuque Museum of Art, and even at the Bell Tower Theater.

Musical Theater 101

FRIDAYS: JAN 27-MARCH 3 @ 4:30-6 PM
4th, 5th & 6th Grades.



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"TIDY" BY MATTHEW MIKULICE

SHOW: JANUARY 20-MARCH 19

RECEPTION: FRIDAY, JANUARY 20 @ 5:30-8:30 PM

GALLERY TALK: FRIDAY, FEBRUARY 3 @ 6:30 PM

LIVE ART INSTALLATION: FRIDAY, MARCH 3 @ 6:30 PM

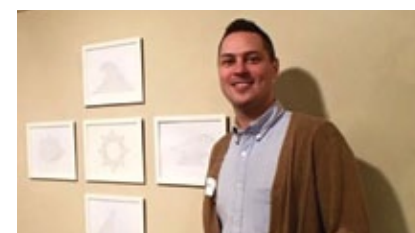
GALLERY C (900 JACKSON ST)

Gallery C is proud to announce the opening of *TIDY*, new works by Iowa artist Matthew Mikulice. *TIDY* is an exploration of order and organization through a systematic approach. The result: calm, tidy, detail and design. Mikulice is widely known for his graphite geometric drawings. This new exhibit explores the aesthetic of order and organization through, drawing, painting, installation, and deconstruction.

Gallery C hosts an Opening Reception on Friday, Jan. 20 from 5:30 to 8:30 p.m. The reception features inspired catering by The Food Store with special musical curation by Aaron Hefel.

Special events in conjunction with *TIDY* include a First Fridays gallery talk with Matthew Mikulice on Feb. 3 and a special Live Art Installation on March 3. ■

galleryCM.com



REMEMBERING OLD GALENA

SATURDAY, JANUARY 21

2 AND 7 PM @ GALENA CENTER FOR THE ARTS (219 SUMMIT ST, GALENA, IL)

The boom days of lead mining, the golden era of steamboating, the turmoil of the Civil War...all are part of the historic fabric of Old Galena. *Remembering Old Galena* offers a fascinating portrait of the town's colorful history in an original musical production written by Gale-nians Carole Sullivan and Ronn Toebaas.

Performing in period costumes, the actors introduce "the town that time forgot" with amusing anecdotes, intriguing nuggets of history and vivacious song and dance. This show has charmed local audiences and thousands of visitors in the Tri-State area.



Tickets may be purchased at the Center for the Arts or online at GalenaCenterForTheArts.com. ■

GalenaCenterForTheArts.com
779-214-0261



OLE & LENA'S ICE FISHING FANDANGO

SUNDAY JANUARY 22

2 PM @ GRAND OPERA HOUSE (135 W 8TH ST)

Ole and Sven are gearing up for the Lodge's annual 72 Hour Pairs Ice Fishing Marathon contest. Aside from making sure the water pressure is strong enough to hose Ole down when he gets home from the contest, Lena is far more interested in attending the "Spruce Up Your Farm House" class being held at the senior center while the contest is going on. She and Margaret are excited to learning some new interior decorating tips and updating their houses while Ole and Sven are gone. But, like the fish Ole is hoping to catch, the best laid

plans can go belly up when nasty winter colds make their way through Potsdam. Will Ole and Sven win the contest this year? Will Lena finally get to make over the farm house? Find out and enjoy the laughs in this hilarious story of love, family, and growing old together.

Tickets are \$20 and can be purchased at the Grand Opera House box office, by calling **563-588-1305**, or by visiting thegrandoperahouse.com. ■

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DINNER À LA MORTE

MURDER MYSTERY DINNER THEATRE

SATURDAY, JANUARY 28 @ 6 PM

SUNDAY, JANUARY 29 @ NOON

UNIVERSITY OF DUBUQUE HERITAGE CENTER (2255 BENNETT ST)

University of Dubuque theatre students present *Dinner à la Morte* directed by adjunct professor Molly Hoefflin of Die Laughing Players.

Set in prohibition-era 1929, the story begins at Katherine Ryan's dinner party, held in honor of her late husband Francis Ryan. Audience members will be "guests" of Mrs. Ryan's and enjoy a catered meal as the mystery unfolds. *Dinner à la Morte*

is a scholarship fundraising event sponsored by the Alpha Psi Omega National Theatre Honor Society.

Reservations are \$30 and must be made before 5 p.m. on Monday, Jan. 23 at Heritage Center's Farber Box Office; by phone at **563-585-SHOW**; or online at dbq.edu/heritagecenter. ■

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Arts Calendar

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THURSDAY, JANUARY 12

Page & Palette Book Group:
The Improbability of Love
6 PM @ River Lights Bookstore
Inspiring People Series: Anthony Allen
7 PM @ Inspire Café

FRIDAY, JANUARY 13

WAPSI Almanac Release
5 PM @ River Lights Bookstore
Galena 2nd Friday Gallery Stroll
5–8 PM @ Downtown Galena, IL
Finding Exposure (Intermediate)
7–9 PM @ Everything Photography

SATURDAY, JANUARY 14

Galena LitFest
11 AM–9 PM @ Desoto House Hotel (Galena, IL)
Second Saturdays at DuMA
1–4 PM @ Dubuque Museum of Art
Artist in Residence Workshop:
Caroline Goldsmith
1–4 PM @ Goldmoor Inn (Galena, IL)

SUNDAY, JANUARY 15

Twelve Angry Jurors Auditions
1 & 6 PM @ Peace Pipe Players Building
(Maquoketa, IA)
Piano Duet Recital: Heidi Riepe and Joel Brown
2 PM @ Clarke Jansen Music Hall

TUESDAY, JANUARY 17

Twelve Angry Jurors Auditions
7 PM @ Peace Pipe Players Building
(Maquoketa, IA)

FRIDAY, JANUARY 20

“Tidy” by Matthew Mikulice Reception
5:30–8:30 PM @ Gallery C
DSO: Ultimate Rock Hits
8 PM @ Mississippi Moon Bar

SATURDAY, JANUARY 21

Beyond Exposure (Intermediate)
10 AM–Noon @ Everything Photography
City of Lost Children Screening
1:30 PM @ Dubuque Museum of Art
Artist in Residence Workshop:
Catherine Whitehead
1:30–4 PM @ Goldmoor Inn (Galena, IL)
Remembering Old Galena
2 and 7 PM @ Galena CFA (Galena, IL)
Astro Photography (Beginner)
7–10 PM @ Everything Photography
DSO: Ultimate Rock Hits
8 PM @ Mississippi Moon Bar

SUNDAY, JANUARY 22

Phillip Roeder & Kurt Ullrich Exhibit Reception
1–4 PM @ Maquoketa Art Experience
(Maquoketa, IA)
Ole & Lena’s Ice Fishing Fandango
2 PM @ Grand Opera House

MONDAY, JANUARY 23

Kids Take the Stage Youth Theater Class:
Let’s Pretend
4–5 PM or 5:15–6:15 PM @ Bell Tower Theater

TUESDAY, JANUARY 24

Baby & Me Tour
9 AM @ Dubuque Museum of Art
Young At Art
2 PM @ Dubuque Museum of Art

WEDNESDAY, JANUARY 25

Lunch & Learn:
Community Building Through Architecture
12:15 PM @ Dubuque Museum of Art
Kids Take the Stage Youth Theater Class:
Creative Theatrics
4–5 PM or 5:15–6:15 PM @ Bell Tower Theater

THURSDAY, JANUARY 26

Kids Take the Stage Youth Theater Class:
Create & Perform: Art Comes Alive!
4–5:30 PM @ Bell Tower Theater &
DBQ Museum of Art
PechaKucha Night Dubuque, Volume 7
7 PM @ Steeple Square

FRIDAY, JANUARY 27

Kids Take the Stage Youth Theater Class:
Musical Theater 101
4:30–6 PM @ Bell Tower Theater
Meet Author Bettye Kronstad
5:30 PM @ River Lights Bookstore

SATURDAY, JANUARY 28

Canvas Painting Workshop
1 PM @ Sinsinawa Mound (Sinsinawa, WI)
Artist in Residence Workshop:
Nina Menduni-Kelson
3:30–5:30 PM @ Goldmoor Inn (Galena, IL)
Dinner à la Morte
6 PM @ UD Heritage Center Babka Theater

SUNDAY, JANUARY 29

Dinner à la Morte
Noon @ UD Heritage Center Babka Theater

TUESDAY, JANUARY 31

Reading That Matters Book Discussion:
Tattoos on the Heart
7 PM @ Shalom Spirituality Center
DBQ One Acts Submissions Deadline
DbqOneActs.org

THURSDAY, FEBRUARY 2

iLuminate
7:30 PM @ UD Heritage Center

FRIDAY, FEBRUARY 3

First Fridays
5–8 PM @ Dubuque Museum of Art
5:30–8:30 PM @ Gallery C & Studio Works
The Realistic Joneses
7:30 PM @ Five Flags Center Bijou Room

SATURDAY, FEBRUARY 4

The Realistic Joneses
7:30 PM @ Five Flags Center Bijou Room

SUNDAY, FEBRUARY 5

The Realistic Joneses
2:30 PM @ Five Flags Center Bijou Room

Ongoing ARTS Events

THROUGH JANUARY 15

Collective Chemistry
Gallery C

THROUGH JANUARY 22

Small is Beautiful
Galena Center for the Arts (Galena, IL)

THROUGH JANUARY 23

Art @ your library® Holiday Show
Carnegie-Stout Public Library

THROUGH JANUARY 27

Juried Dubuque High School Art Exhibit
UD Heritage Center

THROUGH JANUARY 29

Clarke Sophomore/Junior Exhibition
Clarke Quigley Art Gallery

THROUGH JANUARY 31

DarRen Morris Exhibit: Four Season, Four Doors
Sinsinawa Art Gallery (Sinsinawa, WI)

THROUGH FEBRUARY 5

Alfred Caldwell Exhibit
Dubuque Museum of Art
Dialog Human:
Priscilla Steele and Thomas Jackson
Dubuque Museum of Art
Mauricio Lasansky Exhibit
Dubuque Museum of Art

Zane York: Drawings
Dubuque Museum of Art

THROUGH FEBRUARY 23

Phillip Roeder Exhibit:
Selected Works: 2010–2016
Maquoketa Art Experience (Maquoketa, IA)

MONDAY, FEBRUARY 6

Music & Movement Improvisation
“Incite/Insight”
7:30 PM @ UD Heritage Center

THURSDAY, FEBRUARY 9

You Inspire Me Speaker Series:
“Kindness Boomerang” Author Orly Wahba
6 PM @ Hotel Julien Dubuque

FRIDAY, FEBRUARY 10

Galena 2nd Friday Gallery Stroll
5–8 PM @ Downtown Galena, IL
Love, Lies & the Doctor’s Dilemma
7:30 PM @ Bell Tower Theater
The Realistic Joneses
7:30 PM @ Five Flags Center Bijou Room
Scratch Play: A New Adventure in Theatre
7:30 PM @ Loras St. Joseph Auditorium

THROUGH MARCH 6

Kurt Ullrich Exhibit: I Am Everyday People
Maquoketa Art Experience (Maquoketa, IA)

THROUGH AUGUST 31

The Arthur Geisert Collection:

The Etching Process

Dubuque Museum of Art

JANUARY 20–MARCH 19

“Tidy” by Matthew Mikulice
Gallery C

JANUARY 30–FEBRUARY 18

Douglas Schlesier Retrospective

Clarke Quigley Art Gallery

FEBRUARY 1–MARCH 30

Linda Panetta Exhibit: International

Photography

Sinsinawa Art Gallery (Sinsinawa, WI)

FEBRUARY 6–17

Quilts of Valor

UD Heritage Center

FEBRUARY 13–MARCH 4

Clarke Bachelor Of Arts Exhibition:

Hope Greenwood, Morgan Hazer, Erik Brolin
Quigley Art Gallery



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PICTURE YOURSELF IN THE TRI-STATES!



No one is gonna tell this guy to get his feet off the furniture! Dubuque County Sheriff, Don Vrotsos, celebrates his last day on the job. Congratulations on your retirement, Don!



The Glab brothers go to battle, as brothers do, only this time they're safely padded at the new Vertical Jump Park at Kennedy Mall.



A few photos from the recent Retro Rewind show at Five Flags which celebrated classic cars, bikes, guitars, music and fashion.



Hempstead and Senior High boys basketball teams go head to head while fans get into the rivalry, one side going white-out and the other sporting camouflage. Photo by Crystal Abitz.



Barrel House Restaurant opened for business to big crowds and rave reviews at 3rd & Main Street in downtown Dubuque. We've been there about five times now. It's great!



NATIONAL
MISSISSIPPI RIVER MUSEUM
& AQUARIUM

rivermuseum.com/event/valentine

Valentine's Day Dinner

\$50 per person includes
five-course meal with
complimentary glass of
champagne and coffee.

Call 563-557-9545 ext. 201
to RSVP

Tuesday, Feb. 14, 6-9 p.m.

On-site child care available with Museum
education staff for \$5/child, including activities.



New Dubuque County Supervisor, Dave Baker, is sworn into office to begin his term.



The Dubuque Police Protective Association and Chief Mark Dalsing sponsor two new "chairs" for Ainsley's Angels to race in for the Make a Difference 5K for Autism in April.



Still crazy after all these years. Wicked Liz and the Bellyswirls get a little goofy during a recent show at Mystique Casino in Dubuque.



Ta Da! Magician Craig Steven (Beytein) performs a little magic with Optimist Dennis Rima at the group's recent holiday luncheon.



Well, hello there! Photo by Bob Felderman.



**JUNE 8-10
MCGRAW HILL PARKING
LOT (501 BELL ST)**

America's River Corporation is excited to announce the 2017 entertainment for America's River Festival presented by American Trust & Savings Bank.

Kicking off the festival will be Thank You Thursday (June 8) sponsored by Runde Auto Group. This night will be FREE for all attendees and will feature country favorite, Nitty Gritty Dirt Band ("Fishin' in the Dark," "Mr. Bojangles," and "Will The Circle Be Unbroken"). The band was originally set to perform at the 2016 event but inclement weather delayed and prevented their performance.

"We were as disappointed as attendees that Nitty Gritty Dirt Band didn't have a chance to perform in 2016 due to weather conditions," stated Keith Rahe, Event Coordinator for America's River Festival. "However, we are so thrilled that they will be able to perform in 2017 and that Runde Auto Group is supporting this night so that we are able to provide the entertainment for no cost for our attendees."

Special guest and up-and-coming country artist, Brandon Lay, will also perform Thursday, June 8.

Friday night (June 9) features Old Dominion ("Break Up With Him," "Snapback" and "Song For Another Time") with special up-and-coming guests Tucker Beathard ("Rock On"), and William Michael Morgan ("I Met A Girl").

Also on tap for the 2017 festival is the Tappening, A Beer Event. This event draws over 700 attendees to take in an afternoon of craft beer and music. This year's event will take place from noon to 4 p.m. at the America's River Festival event site on Saturday, June 10.

Saturday night features classic rock favorites. Headlining the evening will be Styx ("Come Sail Away," "Renegade," "Blue Collar Man," and "Lorelei") with special guests Guess



THURSDAY, JUNE 8: NITTY GRITTY DIRT BAND



FRIDAY, JUNE 9: OLD DOMINION



SATURDAY, JUNE 10: STYX

Who ("American Woman," "No Sugar Tonight," and "Share the Land") and Little River Band ("Cool Change," "Reminiscing," and "Lonesome Loser").

Regional Stage entertainment throughout the festival will include Ryan McGrath Band, Zero 2 Sixty, and Main Street Jazz Band.

America's River Festival was created after the success of the Grand Excursion in 2004 and today is known as the kickoff event to the summer.

Since 2005, the board of directors has been committed to bringing in top notch national entertainment for our residents and guests that travel to Dubuque from throughout the Midwest and around

the country. America's River Festival had nearly 12,000 attendees in 2016. Advanced tickets sales spanned across 548 cities, 24 states and 2 countries.

Tickets go on sale Feb. 1. For more information and advanced ticket sales, visit AmericasRiverFestival.com or call **563-845-7698**.



1215 E. Platt St., Maquoketa, IA
Box Office Hours: M-F, 9AM - 1PM
Tickets: 563.652.9815
Tickets also available online...

www.ohnwardfineartscenter.com

Denny and the D.C. Drifters
Remembering the Fabulous 50's

Saturday, January 21, 7PM

Denny will take you back to your 1950's prom. Heck he will even chose a King and Queen from the audience. This show has been rated one of the top tribute shows in the Midwest, featuring tunes from Buddy Holly, Ritchie Valens, Elvis Presley, Pat Boone, Chuck Berry, Patsy Cline and MORE!

TICKETS: \$22/\$25, Students \$13./\$15



Moriah the Medium

Saturday, February 11, 7 PM

Moriah wrote the book "How to be a Happy Medium," and appeared on A&E's "Paranormal Cops," as well as guest appearance on "Hoarders Buried Alive" on TLC. She also teaches workshops, motivational classes. You won't want to miss this spine-tingling live event. This show is a benefit for the Veterans Freedom Center in Dubuque. Must be 16 to attend. Tickets: \$25



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Dubuque SYMPHONY ORCHESTRA

ULTIMATE ROCK HITS

JANUARY 20 AND 21
8 PM @ MISSISSIPPI MOON BAR (301 BELL ST)
STORY BY MIKE IRONSIDE
PHOTOS BY STEVEN SCHLEUNING

In an amazing convergence of area talent, the Dubuque Symphony Orchestra and a group of local rock musicians and singers are joining forces once again to present Ultimate Rock Hits, a concert featuring a range of classic and contemporary rock songs backed by a symphonic orchestra. Now in its fifth year, the popular concert will be spread over two nights, Friday, Jan. 20 and Saturday, Jan. 21, at 8 p.m. at the Diamond Jo Casino's Mississippi Moon Bar.

In years past, the DSO's Ultimate Rock Hits has sold out seated tickets, offering standing room only as the combined orchestra and rock band performed classic songs from legendary groups like Aerosmith, Van Halen, The Rolling Stones and Led Zeppelin. Once again, the symphony will share the stage with an all-star lineup of local musicians from bands like Menace, Joie Wails, Half Fast, and Ruby Blonde.

"Altogether there will be 43 musicians," reports Maestro William Intriligator of the Dubuque Symphony Orchestra. "That includes 17 rock band musicians and singers, 25 Dubuque Symphony Orchestra musicians, and me. We honestly couldn't fit a larger orchestra on the stage."

Not that they haven't tried. Earlier installments of the show included a larger orchestra section to match the amplified intensity of the rock band but for this kind of show, the various instruments of the orchestra are acoustically amplified through the PA system, improving the balance with the band with fewer musicians.

"Over the years we keep making improvements," observes Intriligator, "including the variety of songs, the stage layout, the balance between orchestra and band, the variety of lead singers, the instrumentation of the orchestra, etc."

One thing that hasn't changed is the popularity of this once-a-year concert as the demand for tickets continues to increase. "For the last few years, this concert has sold out almost as soon as the tickets become available," notes Intriligator. "In past years, the Symphony received dozens and dozens of phone calls, emails, and personal requests from people who were disappointed that they didn't have an opportunity to attend, and since one of the main goals for this Symphony concert is to introduce new people to just how incredible our musicians are, we wanted to try and accommodate the overwhelming requests for more tickets. As this year's sales show, the demand continues to grow as we now have two nearly-sold out shows."

Hold on now. That doesn't mean you can no longer get a ticket to this show. While it's true that most (possibly all, by the time you're reading this) of the reserved seated tickets are already sold, there are still General Admission

standing tickets available, starting at just \$20. And if you've been to the Mississippi Moon Bar, you realize there's nowhere in the theater all that far from the stage.

Also returning are many of the stunning vocalists from past performances. "There are many singers involved," Intriligator explained. "Several of them sing lead in some songs and back up in others. Plus we have three singers from the Dubuque Chorale who also will sing back up vocals. Among the vocalists singing lead vocals are Joie Booth, Joe Blanchard (both Joie and Joe have participated as lead vocalists since these concerts started five years ago), Maureen Kilgore, Adam Beck, Patty Poggemiller, and Lexi Parr."

"The songs each lead singer performs are sometimes chosen specifically for their voice, and other times the song is picked because we really want to do a particular song and we have to decide whose voice is best suited for it," Intriligator continues. "Sometimes the right voice for a particular song comes from the instrumentalists in the band, and this year one of the guitarists, JJ Schmitz, and our bassist, Jeff Weydert, each will get to sing lead on one song. Even I get to sing lead sometimes, such fun!"

Inspired by the first year's performance, everyone from symphony season ticket holders to bar band fans began suggesting material for the next year's performance, so we wondered how the songs are picked for the show.

"The band suggests songs, the audience suggests songs, and the DSO staff and I suggest songs," Intriligator explains. "From all these suggestions, we determine which of these songs we can get the rights to arrange for orchestra, and which we can afford to get the rights to arrange. This takes a lot of time. Then I meet several times with Joie Booth, the band manager and liaison with the DSO, and we try to finalize the list and come up with a good blend of variety, styles, genres, time periods, etc."

"It's quite the process," Joie Booth confirms. "The band all pools their suggestions and we vote and choose our list to present to the DSO. The DSO creates their own list. Then William and I go down into a bunker and duke it out."

Apparently, that part about securing the rights to arrange certain songs is a greater challenge than one might imagine. "The audience might be surprised to learn that there are some songs that we can't perform because we can't get the rights to arrange them," notes Intriligator. "We tried to program some Prince, for example, as a tribute, yet all of his music is off limits. Too bad. Speaking of programming songs as a memorial, we will have a song as tribute to Leonard Cohen this year."

Once the material is identified and rights to arrange and perform are secured, the rock band musicians and singers assemble in Sept. to begin practicing in rock drummer Adam Arling's garage.

"Every week, once a week," states Intriligator. "I really have to applaud them for all the countless hours of rehearsal they have put in. I usually join them for the last month of rehearsals. Then the orchestra rehearses with them on the day of the first performance. Just one orchestra rehearsal, the day of. Crazy, right?"

That is, admittedly, kind of crazy. But understanding the difficulty in arranging a four-piece band practice



YOU INSPIRE ME SPEAKER SERIES KINDNESS BOOMERANG AUTHOR ORLY WAHBA



THURSDAY, FEBRUARY 9
6 PM @ HOTEL JULIEN DUBUQUE (200 MAIN ST)

The You Inspire Me Speaker Series announces the next exciting author visit to Dubuque. Orly Wahba is an educator, entrepreneur, and community activist who is passionate about inspiring and motivating people to be the best that they can be. Her new book is called *Kindness Boomerang: How to Save the World (and Yourself) Through 365 Daily Acts*.

Inspired by series organizer Jeff Lenhart's invite to visit our community, Orly has made Dubuque the first stop on a nationwide book tour. Orly will give a free presentation at Hotel Julien Dubuque on Thursday, Feb. 9 at 6 p.m. The public is invited and encouraged to attend. Her book can be purchased in advance through Jeff Lenhart or online at most major book retailers. Contact Jeff through Facebook, by email (lenhartjeff@gmail.com) or call **563-880-1042**. The series is sponsored by The Community Foundation of Greater Dubuque, Hotel Julien Dubuque and *365ink Magazine*. In addition to the free public event, Orly will also be speaking to middle school students at Washington Middle School earlier in the day. More details to come on the event in the next issue of *365ink*. You can also follow the event at facebook.com/youinspiremedbq.

ABOUT ORLY WAHBA

For over the past 10 years, Orly has worked extensively with tweens and teens as well as local charities in her community providing a helping hand for those who need it most. She has worked in conjunction with a vast array of organizations such as Chai Lifeline, Sephardic Bikur Holim, and Kids Kicking Cancer and is also an executive member of the World Kindness Movement.

Orly began her career in kindness as a middle school educator at the Yeshivah of Flatbush in Brooklyn, NY, teaching children to embrace unity, build their self-esteem, and use the power they have to influence the world for good. Orly is well known for incorporating and integrating ideas of kindness, love and respect in the hearts and minds of her students both in and out of the classroom setting. She is often quoted as saying, "Kindness, don't just do it...LIVE IT!"

Yearning to make a larger impact with her philanthropic work and after having been inspired by a sign on a plane labeled "Life Vest Inside," Orly founded Life Vest Inside (LVI) in 2011, a non-profit organization with a mission to encourage people to embrace the incredible power of giving and recognize that in times of hardship, kindness, like a life vest, keeps the world afloat.

LVI shot to national attention when Orly's music video *Kindness Boomerang* went viral, receiving more than 25 million YouTube views and coverage in media outlets such as *Ad Week*, *IBTimes*, and *CBS News*. It's set to "One Day" by Matisyahu. Search for "Life Vest Inside - Kindness Boomerang - One Day" on YouTube. She has since gone on to be a featured TED presenter.

The magic that Orly spreads is undeniable. Through LVI, kind happenings are becoming more frequent. There is a spectacular energy about Orly, and if you are lucky enough to encounter the spunky, (usually) orange-clad



brunette herself, she will most likely be making a chalk walk of inspiration in Times Square or giving out her famed Acts of Kindness Cards on the subway. And as Orly's kindness mob grows by the thousands, more people are experiencing the addictiveness in the giving of kindness.

Her new book, *Kindness Boomerang: How to Save the World (and Yourself) Through 365 Daily Acts*, is accompanied by inspirational quotes, personal stories on the power of paying it forward, and tangible steps to change your outlook on life. This book empowers you to bring positivity into your everyday life and the lives of those around you. Wahba invites you to practice kindness in relationships, kindness with yourself, kindness with nature and kindness in many more forms. This book is a call to action for anyone who wants to live a more connected and fulfilling life.

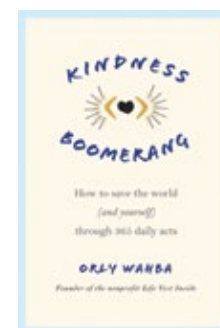
And we have to say, we're really digging on the whole "365" theme!

ABOUT THE YOU INSPIRE ME SPEAKER SERIES

The You Inspire Me Speaker Series was started by Dubuquer Jeff Lenhart when he decided to invite authors that inspired him to visit our community and speak. Believe it not, each author that has done so has done so without any fees! They were simply moved by Jeff's passion and enthusiasm.

Past speakers include traveler, inspirational author and television personality Leon Logothetis as well as Garth Callaghan, author of *Napkin Notes*, whose story is currently in production to become a major motion picture. Also inspired by Jeff's drive were the Community Foundation of Greater Dubuque and Hotel Julien Dubuque who joined Lenhart to make the series possible by covering non-fee-related expenses.

We at *365ink* are happy to partner with our friend Jeff to host and promote each event in the You Inspire Me Speaker Series, and we hope you'll join us and let a little Jeff and Orly's dream to spread kindness rub off on you. Discover more about the You Inspire Me Speaker Series at facebook.com/youinspiremedbq.



(okay Wednesday's out, Thursday's out ... Tuesday?), aligning the schedules of 43 professional orchestral and working band musicians would understandably approach the impossible. But theoretically, if the rock band knows the song and the orchestra has their charted arrangement ... what could go wrong?

"Bringing an orchestra and a rock band together can be tricky, especially since the rock musicians play entirely from memory and are used to last minute or spur-the-moment changes in performance," Intriligator admits. "This is very different than the orchestra musicians who are used to reading their music and trying as hard as possible to perform it exactly as it is printed. The band practices for months to 'lock in' their version of the song so that there won't be last minute changes, and then our arranger creates the orchestra parts based on that 'locked in' version."

"It's a pleasure seeing all the hard work come together," adds rock bass player Jeff Weydert. "We have one run through the day of the show and the DSO sits down and nails what's on the scores and fits what the rock band has put together through learning songs by ear and repetition. I'm glad we have two shows this year because it goes by fast!"

Eager to get a hint of what some of this year's material might be, we asked if there were any particular songs to which our interviewees were looking forward. "So many," answered Intriligator, "'Enter Sandman,' 'Shake it Out,' 'Pride,' 'What's Up,' 'Crazy Train,' 'Message in a Bottle,' 'Train in Vain.'"

Weydert remains noncommittal: "It's tough to say, sometimes you practice a song that in the back of your mind you think is a snoozer but when you add the orchestra element it comes to life in a way you never expected."

"Something very cool and worth mentioning is we are playing an original song written by our very own Lexi Parr," adds Booth. "This is a really important statement about supporting local live music."

And that's really what this concert is all about. Yes, it's a tribute to a range of great classic rock songs, arranged and performed in a unique manner but it's also a celebration of the range of incredible musical talent our community has to offer—from the barroom band to the symphony stage and everything in between.

"We are very grateful for everyone's support and enthusiasm for these concerts," shares Intriligator. "We have wonderful musicians here in the Tri-States, both in the DSO and in the many bands in our community. By coming to this event, you are showing your support of all of us."

"And," he adds, "I especially like being able to show audiences that the Dubuque Symphony Orchestra and its musicians can rock!"

The Dubuque Symphony Orchestra's Fifth Annual Ultimate Rock Hits returns to the Mississippi Moon Bar at the Diamond Jo Casino at 8 p.m. Friday, Jan. 20 and Saturday, Jan. 21. Tickets start at \$20, plus taxes and convenience fees, and are available at moonbarrocks.com, or by calling the Moon Bar box office at **563-690-4758** or **800-582-5956** (open Wednesdays 5-9 p.m. and Friday and Saturday open 3 hours prior to show). The Mississippi Moon Bar is age restricted, attendees must be 21 years or older. Ultimate Rock Hits is made possible by the generous support Runde Auto Group. ■





Think local. Drink local. Listen local.

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TRI-STATE LIVE MUSIC

THURSDAY, JANUARY 12

MMB Live: Barflies
7 PM @ Mississippi Moon Bar

Leon's Jazz Night
7 PM @ The Smokestack

Duo Sol
8 PM @ The Cornerstone

FRIDAY, JANUARY 13

Dave Minnihan & Rod Weise
6 PM @ Inspire Café

Jim Wand
Blue Ribbon Banquet
6 PM @ DBQ Co Fairgrounds

Chuck Murphy
7 PM @ Stone Cliff

Missbehavin'
7 PM @ DBQ Driving Range

Adam Keith
7 PM @ Sundown Mountain

Jon Conover
7:30 PM @ Frank O'Dowd's Pub

Joie Walls Band,
Playground of Sound
8 PM @ Mississippi Moon Bar

Doug Church: Tribute to Elvis
8 PM @ Mystique Casino

Half-Masted Improv Comedy
Night
8 PM @ The Smokestack

Jay Vonn
8 PM @ The Cornerstone

Garrett Hillary
8 PM @ Galena Brewing Co.

Aaron Kelly Duo
8 PM @ Grape Escape

The Lonely Goats
9 PM @ Skinny Maginny's

Steve Cavanaugh &
Randy Droessler
9 PM @ Spirits

Aaron Williams & The Hoodoo
10 PM @ Sandy Hook Tavern

SATURDAY, JANUARY 14

Acoustic Jam
1 PM @ Council Hill Station

Brown Bottle Bandits
2 PM @ Sundown Mountain

Sandy Hook Bar Olympics
4 PM @ Sandy Hook Tavern

Roy Schroedl
7 PM @ Stone Cliff

BackRoads
7 PM @ DBQ Driving Range

Jon Conover
7:30 PM @ Frank O'Dowd's Pub

Spindrift
8 PM @ Mississippi Moon Bar

Lil Ed & The Blues Imperials
8 PM @ Mystique Casino

The Phat Kaz Fusion Jazz Band
8 PM @ The Blu Room,
Breezer's Pub

Buzz Berries
8 PM @ Knickers

Dave Weld &
the Imperial Flames
Flatted Fifth Blues & BBQ
8 PM @ Potter's Mill, Bellevue

Renegade
8 PM @ Riggs

Michael Breitbach
8 PM @ The Cornerstone

Crook County Band
8 PM @ Galena Brewing Co.

The Mods
8 PM @ Grape Escape

Taste Like Chicken
9 PM @ Spirits

Brickyard Road Band
9 PM @ Jimi B's Bar & Grill

Swamp Donkey
9 PM @ Wigwam, Hazel Green

SUNDAY, JANUARY 15

Open Mic w/ Scott Rische
Noon @ Grape Escape

Hoffman, Troy, & Marceau
1 PM @ Sundown Mountain

Acoustic Jam
1 PM @ Council Hill Station

Open Mic
2:30 PM @ The Cornerstone

Jordan Daniels
3 PM @ Stone Cliff

Jon Conover
6 PM @ Frank O'Dowd's Pub

Miss Kitty's Quiz Show
8 PM @ Grape Escape

TUESDAY, JANUARY 17

Brandon Stoney
George's 70th Birthday Party
& Grand Reopening
5 PM @ George's Bar &
Grill, East Dubuque

7 Bridges Road
5:30 PM @ Benvenuto's,
Platteville

WEDNESDAY, JANUARY 18

Acoustic Jam w/ Jay Vonn
6:30 PM @ The Cornerstone

Gladly's Open Mic Experience
6:30 PM @ The Blu
Room, Breezer's Pub

7 Bridges Road
7 PM @ Riverboat Lounge

Kidwok
8 PM @ Mississippi Moon Bar

Open Mic w/ Mississippi Trio
9 PM @ The Lift

CasetheJoint & DJ Jevity
present: DBQ Battle Rap League
9 PM @ The Venue

THURSDAY, JANUARY 19
MMB Live: Wheelhouse
7 PM @ Mississippi Moon Bar

Leon's Jazz Night
7 PM @ The Smokestack

Roy Schroedl
7 PM @ Galena CFA

Andy Steil
8 PM @ The Cornerstone

Sires, Ben Dunegan
10 PM @ The Lift

FRIDAY, JANUARY 20

Hoffman, Troy, Marceau
7 PM @ Stone Cliff

Andy Wilberding
7 PM @ Sundown Mountain

Meghan Davis
7:30 PM @ Frank O'Dowd's Pub

DSO: Ultimate Rock Hits
8 PM @ Mississippi Moon Bar

Missbehavin'
8 PM @ Mystique Casino

Mamabird
8 PM @ The Blu Room,
Breezer's Pub

Steve McIntyre
8 PM @ The Cornerstone

Andrew Houy
8 PM @ Grape Escape

Brown Bottle Bandits
9 PM @ Murph's South End Tap

Laura McDonald & Jeff Weydert
9 PM @ Spirits

Ancient Elm, Snuff Queen
10 PM @ The Lift

SATURDAY, JANUARY 21

Acoustic Jam
1 PM @ Council Hill Station

Tony Walker
2 PM @ Sundown Mountain

Boys Night Out
2 PM @ Barnstormers Bar & Grill

Natasha Myers
7 PM @ Stone Cliff

Meghan Davis
7:30 PM @ Frank O'Dowd's Pub

DSO: Ultimate Rock Hits
8 PM @ Mississippi Moon Bar

Party After Dark: The Cougars
8 PM @ Mystique Casino

The Nick Bell Band
8 PM @ The Blu Room,
Breezer's Pub

Zero 2 Sixty
8 PM @ Knickers

Hot Mess
8 PM @ The Bent Rim, Cascade

Roy Schroedl
8 PM @ The Cornerstone

Concrete Slim & The Sidewalks
8 PM @ Galena Brewing Co.

Mojo Busted
8 PM @ Grape Escape

Sunshine
8 PM @ Pecatonica Beer
Tap House, Warren

Parking Lot Party
9 PM @ Spirits

Better Than Good Enough
9 PM @ Dog House Lounge

Alabaster
10 PM @ The Lift

January Thaw Illusions
Midwest Drag Show
10 PM @ The Smokestack

Renegade
9 PM @ Shenanigans Pub

Your Mom
10 PM @ Sandy Hook Tavern

SUNDAY, JANUARY 22

Open Mic w/ Scott Rische
Noon @ Grape Escape

Jeff Theisen
1 PM @ Sundown Mountain

Midwest BUS TRIPS
UPCOMING BUS TRIPS

2 PACKAGES AVAILABLE CANUCKS vs BLACKHAWKS 1/22 UNITED CENTER, CHICAGO
\$89 JEFF DUNHAM 2/8 INWIRELESS, MOBILE

*109 DIERKS BENTLEY 2/18 US CELLULAR CENTER, CEDAR RAPIDS
*140 WWE FASTLANE 3/5 BMO HARRIS BRADLEY CENTER, MILWAUKEE

*125 JOURNEY W/ SPECIAL GUESTS ASIA 4/3 INWIRELESS, MOBILE
*79 CHRIS TOMLIN 4/11 INWIRELESS, MOBILE

*125 THE BOOK OF MORMON 5/14 OVERTURE CENTER, MADISON

2 PACKAGES AVAILABLE NICKELBACK 7/20 JONES COUNTY FAIR, MONTICELLO
2 PACKAGES AVAILABLE THOMAS RHETT 7/21 JONES COUNTY FAIR, MONTICELLO

2 PACKAGES AVAILABLE KEITH URBAN & FRANKIE BALLARD 7/22 JONES COUNTY FAIR, MONTICELLO

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Acoustic Jam w/ Cal Cooley
1 PM @ Council Hill Station

Open Mic
2:30 PM @ The Cornerstone

Tony Walker
3 PM @ Stone Cliff

Miss Kitty's Quiz Show
8 PM @ Grape Escape

WEDNESDAY, JANUARY 25
West Music Showcase
6 PM @ Tony Roma's

Acoustic Jam
w/ Andy Wilberding
6:30 PM @ The Cornerstone

Gladdy's Open Mic Experience
6:30 PM @ The Blu
Room, Breezer's Pub

Willie Farrell
8 PM @ Mississippi Moon Bar

THURSDAY, JANUARY 26
MMB Live: Zero 2 Sixty
7 PM @ Mississippi Moon Bar

Leon's Jazz Night
7 PM @ The Smokestack

Open Mic w/ Jeff & Jimmy
8 PM @ The Cornerstone

Super Bob
9 PM @ The Venue

Me Like Bees
10 PM @ The Lift

FRIDAY, JANUARY 27
Joie Wails Band
6 PM @ Inspire Café

Andy Wilberding
6 PM @ Timmerman's

D&R
7 PM @ Stone Cliff

The Wundo Band
7 PM @ DBQ Driving Range

Casey Klein
7 PM @ Sundown Mountain

Sam Wyatt
7:30 PM @ Frank O'Dowd's Pub

Dueling Pianos
8 PM @ Mississippi Moon Bar

Adam Bartels Band
8 PM @ Mystique Casino

Lenny Wayne
8 PM @ The Cornerstone

Johnny Rocker Duo
8 PM @ Grape Escape

MissBehavin'
9 PM @ Spirits

Charles Walker Band
10 PM @ The Lift

SATURDAY, JANUARY 28
Acoustic Jam
1 PM @ Council Hill Station

Hot Mess
2 PM @ Barnstormers

Broken Strings
2 PM @ Sundown Mountain

Tapestry
6 PM @ Inspire Café

Meghan Davis
7 PM @ Stone Cliff

Sam Wyatt
7:30 PM @ Frank O'Dowd's Pub

Molly Hatchet
8 PM @ Mississippi Moon Bar

Darren Jay Fallas &
The Delta Souls
8 PM @ The Blu Room,
Breezer's Pub

Smokin' Mirrors
8 PM @ Knickers

Frankie Fontagne &
The Ramblers
Flatted Fifth Blues & BBQ
8 PM @ Potter's Mill, Bellevue

Boys Night Out
8 PM @ Weber's Bar & Grill,
Epworth

Marty Raymon
8 PM @ The Cornerstone

The Wundo Band
8 PM @ Galena Brewing Co.

The Lonely Goats
8 PM @ Grape Escape

Adam Splinter & Adam Brown
9 PM @ Dog House Lounge

Brown Bottle Bandits
9 PM @ Lock 12, Bellevue

Marty Koppes
9 PM @ Jimi B's Bar & Grill

Tete de Mort, Sins of Seven
9 PM @ Doolittle's, Cuba City

2nd Generation
9 PM @ BD's Eagles' Nest,
Fennimore

Boogie Monster
10 PM @ Sandy Hook Tavern

Co DBQ Dance Party
Midnight @ The Smokestack

SUNDAY, JANUARY 29
Open Mic w/ Scott Rische
Noon @ Grape Escape

Massey Road Duo
1 PM @ Sundown Mountain

Acoustic Jam
1 PM @ Council Hill Station

Becky McMahon
3 PM @ Stone Cliff

Honeywise
3:30 PM @ The Cornerstone

The Lonely Goats
6 PM @ Sandy Hook Tavern

Miss Kitty's Quiz Show
8 PM @ Grape Escape

TUESDAY, JANUARY 31
Music & Dinner w/ Laurie
6:30 PM @ The Cornerstone

WEDNESDAY, FEBRUARY 1
West Music Showcase
6 PM @ Tony Roma's

Acoustic Jam
6:30 PM @ The Cornerstone

Gladdy's Open Mic Experience
6:30 PM @ The Blu
Room, Breezer's Pub

Mike Armstrong
8 PM @ Mississippi Moon Bar

Open Mic w/ Mississippi Trio
9 PM @ The Lift

GROUNDHOG DAY
THURSDAY, FEBRUARY 2
MMB Live: JJ Schmitz Band
7 PM @ Mississippi Moon Bar

Them Coulee Boys
10 PM @ The Lift

FRIDAY, FEBRUARY 3
Adam Beck
7 PM @ Stone Cliff

Broken Strings
7 PM @ Sundown Mountain

Meghan Davis
7:30 PM @ Frank O'Dowd's Pub

Club 84
8 PM @ Mississippi Moon Bar

Johnny Rogers: Buddy & Beyond
8 PM @ Mystique Casino

April Fools Band
8 PM @ The Cornerstone

Aaron Kelly (solo)
8 PM @ Grape Escape

Coyote
10 PM @ The Lift

SATURDAY, FEBRUARY 4
Acoustic Jam
1 PM @ Council Hill Station

Cadillac Style
2 PM @ Barnstormers

Hoffman, Troy, & Marceau
2 PM @ Sundown Mountain

John Mueller's Winter Dance
Party: Tribute to Buddy Holly,
Richie Valens, Big Bopper
3 & 7 PM @ Mississippi Moon Bar

Tony Walker
7 PM @ Stone Cliff

Meghan Davis
7:30 PM @ Frank O'Dowd's Pub

Chris Lane
8 PM @ Mystique Casino

Avey, Davison & West
Flatted Fifth Blues & BBQ
8 PM @ Potter's Mill, Bellevue

Neil Rose Band
8 PM @ Galena Brewing Co.

The Johnny Rocker Band
8 PM @ Grape Escape

Pine Travelers
10 PM @ The Lift

Black Water Gin
10 PM @ Sandy Hook Tavern

SUNDAY, FEBRUARY 5
Open Mic w/ Scott Rische
Noon @ Grape Escape

Statue of Liberty
1 PM @ Sundown Mountain

Acoustic Jam
1 PM @ Council Hill Station

Open Mic
2:30 PM @ The Cornerstone



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The Lift
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THU 1/19 • 10 PM • FREE
SIRES, BEN DUNEGAN

FRI 1/20 • 10 PM
ANCIENT ELM, SNUFF QUEEN

SAT 1/21 • 10 PM
ALABASTER

THU 1/26 • 10 PM • FREE
ME LIKE BEES

FRI 1/27 • 10 PM
CHARLES WALKER BAND

THU 2/2 • 10 PM • FREE
THEM COULEE BOYS

FRI 2/3 • 10 PM
COYOTE

SAT 2/4 • 10 PM
PINE TRAVELERS

FRI 2/10 • 10 PM
JOSEPH HUBER, DANA SIPOS

SAT 2/11 • 10 PM
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MISSISSIPPI DUO
FRIDAY, JAN 13, 7 PM

BROWN BOTTLE BAND
FRIDAY, JAN 20, 9 PM

GUY GREEN
SATURDAY, JAN 28, 7 PM

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BUDWEISER LIVE MUSIC FEATURES

THURSDAY, JANUARY 12



Leon's Jazz Night

7 PM @ THE SMOKESTACK (62 EAST 7TH ST)
COVER: FREE

Come by for dinner and drinks on Thursday night and enjoy live music by pianist Leon Campos and friends. Expect a variety of classic standards, unique improvisations and a few beer drinking, barrel-house boogies. All ages until 9 p.m. Every Thursday in January.

SATURDAY, JANUARY 14



Dave Weld and the Imperial Flame

8 PM @ FLATTED FIFTH BLUES & BBQ
(300 POTTER DR, BELLEVUE, IA)

"With a slide guitar that cries out like a rooster at dawn and a drum beat that pulsates like a neon light flashing on 43rd St., Dave Weld and the Imperial Flames resurrect the kind of raw, slide electric blues in the genre of Elmore James, JB Hutto, and Hound Dog Taylor."
—Dave Whiteis, Chicago Blues Festival.

THURSDAY, JANUARY 19



Songwriters Showcase: Roy Schroedl

7-9 PM @ GALENA CENTER FOR THE ARTS
(219 SUMMIT ST, GALENA, IL)

The Galena Center for the Arts will feature Roy Schroedl at the first Songwriters Showcase of the year. Roy Schroedl, who specializes in 12-string acoustic guitar, has delighted Showcase audiences with his songs in the past, and we're so happy that he will return in January to warm us up with his great sound. His genre is acoustic rock, the vocals are a cross

between Tom Waits, Jimmy Buffett and Cat Stevens. Roy has written the vast majority of the music on four CDs with the acoustic band Okham's Razor. Roy loves to travel, and has performed in New Zealand and other countries including Canada, Australia, Japan and Europe.

The evening will be hosted by blues player Bruce Kort. Bruce is best known for his lifelong career in the blues field, in addition to his repertoire of old jazz and tin pan alley, hard country and bluegrass and anything else that is native to North America.



Sires, Ben Dunegan

10 PM @ THE LIFT (180 MAIN ST)
COVER: FREE

SIRES is a three-piece power pop group from the heartland. Drenched in nostalgia, they reinvent the sounds of the 50's, 60's and 70's in a contemporary fashion. Known for their high-energy shows, they will make you believe in rock and roll again! Their sound is a refreshing reminder that rock n' roll can be both brash and heartbreakingly seductive.

"I explored my seven deadly sins and turned them into pop songs." Says singer/guitarist Dylan Sires. "Each track was made with the intent of creating my own version of a hit song; hence *Soul for Sale* because it's absolutely true. This album was made to be heard and if I had a soul to sell, it'd be on Amazon!"

Local singer-songwriter Ben Dunegan opens the show.

FRIDAY, JANUARY 20



Ancient Elm, Snuff Queen

10 PM @ THE LIFT (180 MAIN ST)

Get riffed as Snuff Queen and Ancient Elm bring their distinctive styles of heavy music to The Lift. Do you like your metal diverse? Prog, doom, stoner...both bands mix their sounds to bring a fresh perspective to loud, heavy rock.

MOLLY HATCHET



MOLLY HATCHET PRESENTED BY AMERICAN TRUST

SATURDAY, JANUARY 28 @ 8 PM

Formed in Jacksonville, Fla. in 1971, Molly Hatchet emerged with their own brand of gritty southern rock that took the world by storm in the late '70s. Since 1978, Molly Hatchet has released 14 studio albums. Their first and third albums earned Platinum designation, and their 1979 album, *Flirtin' with Disaster*, went on to earn Triple-Platinum status as it peaked at #19 on the U.S. charts. The title track remained on the Billboard Hot 100 chart for 10 weeks.

Molly Hatchet is comprised of Phil McCormack on lead vocals; Dave Hlubek on guitar and backup vocals; Bobby Ingram on guitar; Tim Lindsey on bass; John Galvin on keyboards; and Shawn Beamer on drums.

MISSISSIPPI
MOON BAR

MISSISSIPPI MOON BAR ENTERTAINMENT

All shows at the Mississippi Moon Bar are 21+ only and tickets for all performances are available at the Diamond Club inside the Diamond Jo Casino or online at MoonBarRocks.com.



DUBUQUE SYMPHONY ORCHESTRA: ULTIMATE ROCK HITS JANUARY 20 & 21 @ 8 PM

The Dubuque Symphony Orchestra joins with local rock bands to present an amazing symphonic rock experience! These concerts feature chart topping hits from the 1970's to the present.



JOHN MUELLER'S WINTER DANCE PARTY SATURDAY, FEBRUARY 4 @ 3 & 7 PM

The "Winter Dance Party" re-creates the final tour of Buddy Holly (John Mueller, critically acclaimed former star of the U.S. touring version of the London/Broadway hit musical "Buddy—the Buddy Holly Story"), Ritchie Valens (Ray Anthony) and the Big Bopper (Linwood Sasser).



BROTHERS OSBORNE SATURDAY, FEBRUARY 25 @ 8 PM

Maryland-born Brothers Osborne stormed onto the music scene with the release of their 2016 debut album *Pawn Shop*, featuring the smash hit "Stay a Little Longer." They recently won the 2016 CMA Award for Vocal Duo of the Year and hold a 2017 Grammy nomination for Country Duo/Group Performance.

MMB Live: Barflys

THURSDAY, JANUARY 12 @ 7 PM

Joie Wails Band

FRIDAY, JANUARY 13 @ 8 PM

Spindrift

SATURDAY, JANUARY 14 @ 8 PM

Laughing Moon Comedy: KiDWoK

WEDNESDAY, JANUARY 18 @ 8 PM

MMB Live: Wheelhouse

THURSDAY, JANUARY 19 @ 7 PM

Laughing Moon Comedy: Willie Farrell

WEDNESDAY, JANUARY 25 @ 8 PM

MMB Live: Zero 2 Sixty

THURSDAY, JANUARY 26 @ 7 PM

Dueling Pianos

FRIDAY, JANUARY 27 @ 8 PM

Molly Hatchet: Presented by American Trust SATURDAY, JANUARY 28 @ 8 PM

Laughing Moon Comedy: Mike Armstrong

WEDNESDAY, FEBRUARY 1 @ 8 PM

MMB Live: JJ Schmitz Band THURSDAY, FEBRUARY 2 @ 7 PM

Club 84

FRIDAY, FEBRUARY 3 @ 7 PM

Laughing Moon Comedy: James Johann

WEDNESDAY, FEBRUARY 8 @ 8 PM

MMB Live: A Few Blind Mice THURSDAY, FEBRUARY 9 @ 7 PM

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Sat., Jan. 14 - The Phat Katz Fusion Jazz Band
Friday, Jan. 20 - Mama Bird (soft landing benefit)
Sat., Jan. 21 - The Nick Bell Band
Sat., Jan. 28 - Darren J. & the Delta Souls

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BUDWEISER LIVE MUSIC FEATURES

SATURDAY, JANUARY 21



Alabaster

10 PM @ THE LIFT (180 MAIN ST)

Alabaster is a psychedelic blues Rock jam band from McHenry IL. We write our own material and throw in the occasional cover song with our own twist.

THURSDAY, JANUARY 26



Me Like Bees

10 PM @ THE LIFT (180 MAIN ST)

COVER: FREE

Four narcissistic friends run an indie rock band where their juvenile behavior brings situations from uncomfortable to hysterically horrible. For fans of: Modest Mouse, Arcade Fire, The White Stripes. Me Like Bees hails from the heart of Joplin, Missouri. Formed in 2009 the band has traveled thousands of miles and played hundreds of shows across the nation. By 2013, they released their first full length record *The Ides* (LoveWay Records) produced by Jeff Smith (Never Shout Never, Trust Company, Carter Hulsey). The album received rave reviews by many internet media outlets. Me Like Bees is always touring and making new fans wherever there's a venue to take them. They have a passion for writing witty songs with complex but catchy melodies.

FRIDAY, JANUARY 27



Charles Walker Band

10 PM @ THE LIFT (180 MAIN ST)

Deliciously Stanky. Dynamically Funky. Recklessly Hopeful. Grounded in soul, the Charles Walker Band has been compared to Prince, Bruno Mars, The Brand New Heavys, and James Brown. The Milwaukee based band has refined their sound into Neo-Funk, a fusion of funk infused rhythms with pop melodies.

SATURDAY, JANUARY 28



Frankie Fontagne & The Ramblers

8 PM @ FLATTED FIFTH BLUES & BBQ

(300 POTTER DR, BELLEVUE, IA)

Born in Monmouth, IL, Frankie Fontagne started her singing career in the church choir. Eventually she packed her bags and headed to California to ride the "circuit" throughout the '90s. In 2015, Frankie Fontagne & The Ramblers formed with Shawn "Skoy" Harris on guitar, Andrew Durham on harmonica and tenor sax, Bob Rosenstiel on bass, Bryan West on drums, and, of course, the powerful voice of Frankie Fontagne.

THURSDAY, FEBRUARY 2



Them Coulee Boys

10 PM @ THE LIFT (180 MAIN ST)

COVER: FREE

Them Coulee Boys are a folk/bluegrass band from the northwoods of Western Wisconsin. Drawing their sound from The Avett Brothers, Bob Dylan, and whatever other records they find in their garage, TCB has a unique sound that is one part melodic, one part aggressive, with a healthy serving of energy. They call it punkgrass, we call it rowdy. Come see Them Coulee Boys, and get a little rowdy with some new friends.

TUESDAY, FEBRUARY 14



Leopold and His Fiction, High Up, TBD

8 PM @ CODFISH HOLLOW BASEMENT

(3437 288TH AVE, MAQUOKETA, IA)

TICKETS: \$15 ADV/\$20 DOOR

We tend to remember artists that walk that fine line between chaos and control. Austin based, Leopold and his Fiction is one of those groups. The band is a stripped-down outfit that spices its folk-inflected rock 'n' roll with heavy doses of garage and bits of psych. Doors open at 7 p.m., and the show starts at 8 p.m. Free popcorn is available and BYOB! codfishhollowbarstormers.com.

ELVIS LIVES AGAIN AT MYSTIQUE

BY CLETE CAMPBELL

Elvis Presley lives in the 21st century under the alias Doug Church.

This is no Weekly World News headline or the claim of someone limited to three calls a day on the UFO Hot Line, but the straight truth offered up by everyone who's witnessed Doug Church bring the King of Rock 'N' Roll back to impeccable life in concert. Dubbed the "True Voice of Elvis," the world's best Elvis Impersonator will shake, rattle and roll Mystique Casino & Resort's Cabaret Stage for 6 and 8 o'clock shows on Friday, Jan. 13.

Church was a U.S. Air Force veteran searching for life after the service when he entered a Worldwide Elvis Impersonators contest at Bad Bob Vapor's in Memphis. Judges immediately loved Church tender and he walked away with the championship and the title of "The World's Best Elvis Tribute Artist."

Church has brought the King to life for enthusiastic crowds in the Bahamas, Puerto Rico, Jamaica, The Virgin Islands, Aruba, Bangkok, Hong Kong, Spain, England, Germany, Ireland and throughout the USA and Canada.

"(Elvis') popularity is pretty much the same everywhere you go," Church told **ClassicBands.com**. "I haven't been to the (Australian) Outback, nor have I been in the Aboriginal Jungles, but I have a feeling there's probably a tribe or two running around there with big sideburns."

But believe it or not, Doug Church wasn't always the second coming of Tupelo, Mississippi's favorite son.

"I was starting to toy with (impersonating Elvis) in high school," Church said. "I wasn't very good

at all. I wasn't much of a singer either. I knew it was great music. Trying to sound like Elvis was attention getting. It sure made the girls scream. I figured, 'Hey, there's something to this.'

These days, Doug Church is the next best thing to the King. Church's stunning, uncanny resemblance to Elvis goes beyond his stage presence and voice to stretch to even when he steps out of his gold sequined jumpsuit. People tell Church he looks like the King "even when I'm trying not to look like him."

The King still lives today in Doug Church.

Ring in 2017 in style and beat the work blues by enjoying Mystique's fun-filled January entertainment calendar:

LIL' ED AND THE BLUES IMPERIALS SATURDAY, JAN. 14, 8 P.M.-MIDNIGHT (FREE SHOW)

Nobody leaves without signing and loving the blues of this vivacious Chicago blues crew.

"Electrifying, raucous, pure Chicago Blues," The Chicago Tribune raved of Lil' Ed and the Blues Imperials. "Lil' Ed is a guitarist extraordinaire ... slashing slide and flamboyant stage persona."

MISBEHAVIN' FRIDAY, JANUARY 20, 8 P.M.-MIDNIGHT (FREE SHOW)

Dance and rock the night away with one of the Tri-State's favorite bands!

PARTY AFTER DARK: THE COUGARS SATURDAY, JAN. 21, 8 P.M.

Eat your heart out, Joan Jett, Pat Benatar and Fiona Apple! No female artist rock with a heartier party heart than The Cougars Band. The Green



Bay, Wis., music machine is fronted by the triple threat of vocalists Anna Snyder, Stephanie Reinl and Heather Tanhaken. From Journey to Lady Gaga to Prince to Miranda Lambert, fun is the name of the Cougars' rock game. Don't dare call them old, just experienced rockers!

January's entertainment lineup also features Platteville's popular Adam Bartels Band rocking a free show on Friday, Jan. 27.

For more information on the Tri-State's premier location for fun and gaming, visit **www.mystiquedbq.com**. ■

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PHILLY STEAKS & FRIES JEAN'S JAPANESE

BY RICH BELMONT

This may come as a surprise to some of you but the Kennedy Mall in Dubuque really does have a Food Court. And what's more surprising is the food is really good!

Philly Steaks & Fries and Jean's Japanese are both owned by Cesar Hernandez. He has made it his business to ensure mall workers and mall shoppers have access to quality, fresh, made to order food. So lunch or dinner at the Mall is not fast food. You do have to wait a few minutes while your order is prepared fresh on the griddle. In the case of Jean's Japanese you can watch the cook prepare your teriyaki while you are waiting.

Cesar is a first generation Mexican American. His father is from Mexico City and his mother is from Michoacán, Mexico. He was born and raised in Elgin, IL. He started working in restaurants when he was 17. He worked in several including Frullati Café & Bakery in the Spring Hill Mall, West Dundee, IL. After a few years Cesar decided to get involved in Auntie Anne's Hand-Rolled Soft Pretzels. He learned every aspect of Food Court restaurants and operations at Auntie Anne's in Janesville, WI where he worked for 5 years. He did so well there he was given the opportunity to open his own Auntie Anne's franchise in the Kennedy Mall. He has owned the Dubuque location since Nov. 2015.

Many of his customers kept asking him when he was going to serve lunches and dinners so he opened Jean's Japanese in May 2016 and Philly Steaks & Fries in Nov. 2016.

Cesar has two passions, the first is to offer his customers quality, freshly prepared food. Just like Auntie Anne's prepares fresh dough daily for hand-rolled pretzels his cheese steaks and teriyaki are prepared only after an order is placed. Cesar is shown at Auntie Anne's with his son, Cesar Javier (Ha-vee-air) Hernandez.

Cesar's second passion is to provide jobs to talented and hard-working people. He currently has eight employees and is in the process of hiring two more. Sarah Pelletier is the Area Manager. She has been with Cesar for six years and oversees the operations of all three stores in the Kennedy Mall and a fourth Philly Steaks & Fries location in Cedar Rapids.

The Manager of Philly Steaks & Fries is Carmen Carrette. She gained food service experience at Wendy's Restaurant, Mrs. Field's Cookies and Auntie Anne's Pretzels.

Roman Perry is the Manager of Jean's Japanese. He was previously a cook in Little Caesars Pizza and also at HuHot Mongolian Grill.

There are several Philly Cheese Steaks to choose from. The beefsteak is high quality Angus Choice Grade beef and you can order your steak in the following combinations:

- Original Cheddar Philly – grilled onions and cheddar cheese
- Philly Cheesesteak – grilled onions and white American cheese
- Bacon Cheesesteak – bacon, provolone cheese and white American cheese
- Pepperoni Cheesesteak – pepperoni, onions, green peppers and provolone
- Mushroom Cheesesteak – mushrooms and white American cheese
- BBQ Cheddar Steak – onions, cheddar cheese and BBQ sauce
- Philly Deluxe – onions, green peppers, mushrooms and white American cheese

For the record an authentic Philadelphia Cheesesteak is made with chopped steak topped with Cheez



PHILLY DELUXE

Whiz cheese spread. American or provolone cheese are common substitutions. Many sandwich shops in Philadelphia also sell Cheesesteak Hoagies containing other ingredients such as lettuce, tomatoes, grilled onions, mushrooms and even ketchup or mayonnaise.

Since all the steaks are made to order you can customize your sandwich to be just the way you want it. For example the Original Cheddar Philly contains cheddar cheese but many customers order Cheez Whiz instead so it conforms to the authentic Philly version. The Philly Cheesesteak is supplied with White American Cheese but I prefer mine with provolone instead.

There are also several Philadelphia Style Chicken sandwiches prepared with high quality chicken breast meat in the following combinations:

- Philly Chicken – grilled onion, white American cheese
- Philly Chicken Deluxe – onions, green peppers, mushrooms, white American cheese
- Chicken Buffalo – onions, provolone, buffalo sauce and ranch dressing
- Chicken Teriyaki – onions, provolone and teriyaki sauce
- Chicken Cordon Blue – ham and white American cheese





DELUXE FRIES

(Fun Fact: American cheese can be orange, yellow or white. Originally it was only a white cheese but later versions became yellow due to the addition of annatto, a sweet and slightly nutty seasoning. American white does not contain the annatto but it is more expensive...go figure).

The restaurant’s name notwithstanding there are a variety of other sandwiches to choose from at Philly Steaks & Fries.

The Italian Deluxe is made with turkey, ham, pepperoni and provolone. There is a sandwich called Ultimate Club made with turkey, ham, bacon and cheddar cheese. And the Veggie Delight made with grilled onions, green peppers, mushrooms, provolone and American cheese is perfect for those desiring a meatless lunch or dinner.

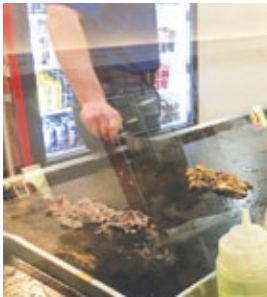


There are surprisingly tasty Hamburgers, Hot Dogs and even Gyros sliced from a vertical rotisserie. I also recommend the Chicken Strips and Chicken Wings served with your choice of BBQ, ranch or Hot Sauce for dipping.



BEEF AND SHRIMP TERIYAKI WITH FRIED RICE

Jean’s Japanese is all about Teriyaki (teh-ree-yah-kee). This Japanese term actually describes a cooking technique but over time has become a reference to meat that has been marinated in teriyaki sauce then broiled or grilled.



Teriyaki sauce has four main ingredients: soy sauce, sake, sugar and ginger. It is a very basic Asian seasoning and marinade. It is often customized with other ingredients and this is why Jean’s Japanese offers exceptional Teriyaki. Other secret

seasonings have been added to the four main ingredients in order to provide a unique flavor.

Choose your Teriyaki with either, beef, chicken or shrimp or any combination thereof. They are stir-fried with vegetables and served with either steamed or fried rice. The fried rice is simply cooked with soy sauce and the vegetables are a mix of carrots, broccoli and cabbage.



The Shrimp Teriyaki is not only scrumptious but is also a great bargain. A nice size medium shrimp averaging 45 per pound are used in this dish.

There are side dishes of noodles, egg rolls and crab rangoons that are so tasty they should not be overlooked.

So now may I suggest the next time you go shopping at the Kennedy Mall you make sure you go there hungry. Because Philly Cheese Steak and Jean’s Japanese are serving up some great meals not usually found in ordinary Food Courts! ■

PHILLY STEAKS & FRIES JEAN’S JAPANESE

KENNEDY MALL, 555 JFK RD, DUBUQUE, IA 52002
779-537-8480

Hours: Mon–Sat: 10 AM–9 PM; Sun: 11 AM–6 PM
Dining Style: Food Court, Come as you are
Recommendations: Philly Steaks & Fries: Original Cheddar Philly, Philly Cheesesteak, Bacon Cheesesteak Philly Deluxe, Philly Chicken, Gyros, Double Cheeseburger and Fries, Veggie Deluxe, Chicken Strips, Chicken Wings
Jean’s Japanese: Chicken or Beef or Shrimp Teriyaki with Steamed or Fried Rice, Noodles, Crab Rangoons
Liquor Service: None
Prices: \$2.79 to \$10.49
Pay Options: Cash, Debit, All Credit Cards, Kennedy Mall Gift Cards, NO Checks
Accessibility: All Mall Entrances and Rest Rooms
Kids Policy: No Specific Menu, Hot Dogs, Chicken Strips and French Fries are big hits with kids, Booster Seat Available
Reservations: No • **Catering:** No
Take Out: Yes • **Delivery:** No
Parking: Kennedy Mall Parking Lot



CESAR JAVIER HERNANDEZ (LEFT) AND OWNER CESAR HERNANDEZ (RIGHT)



PHILLY STEAKS & FRIES
MANAGER, CARMEN CARRETTE



AREA MANAGER,
SARAH PELLETIER



JEAN’S JAPANESE MANAGER,
ROMAN PERRY

RICH BELMONT
DO YOU HAVE A FAVORITE RESTAURANT YOU WOULD LIKE TO SEE REVIEWED? PLEASE SEND YOUR REQUESTS, SUGGESTIONS AND COMMENTS TO ARGOSY AT **ARGOMARK@MCHSI.COM**.



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10:30 - 11:00	11:00 - 11:30	11:30 - 12:00	12:00 - 12:30
How to Use Library's Digital Resources	How to Make Freezer Meals	How to Use Tutor.com	How to Search the TH Digital Archive
12:30 - 1:00	1:00 - 1:30	1:30 - 2:00	2:00 - 2:30
How to Build a Computer	How to Use Heritage Quest	How to Make Oatmeal Overnight	How to Use Ancestry.com

Schrup Maker Space Lab (2nd Floor)

10:30 to 2:30

How to Use a 3-D Printer	How to Use a Green Screen
--------------------------	---------------------------

Aigler Auditorium (3rd Floor)

10:30 to 12:30	12:30 to 2:30
<ul style="list-style-type: none">How to Convert Slides & Negatives to DVDHow to Use NoveListHow to Use Consumer Reports OnlineHow to Use a Button MakerHow to Use Comic PlusHow to Help Kids Be Creative Through EngineeringHow to Use a Jewelry JigHow to Sew a Drawstring BagHow to Search Ebsco Auto Repair DatabaseHow to Make a Present TopperHow to Checkout an Ebook	<ul style="list-style-type: none">How to Download Magazines to Your DeviceHow to Use a Raspberry PiHow to Help Kids Become Creative through ElectronicsHow to CrochetHow to Make Beaded JewelryHow to Craft Using a Die-Cut MachineHow to Sew a Fabric BookmarkHow to Convert VHS to DVDHow to Use a Silhouette CurioHow to Download Free MusicHow to Use OverDrive to Download an Audio Book

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OPTIMISTICALLY CHALLENGED

BY MATT BOOTH

Are you optimistically challenged? Do you always see the down side of situations? Do you judge people unfairly? Do you have a bitter taste in your mouth from past events? Are you prematurely disappointed in the future? If you answered yes to any of these questions, you could be optimistically challenged.

Optimistically challenged people believe that negative events are caused by them and that one mistake or event is just another in a string of problems in their life. When something positive happens, the optimistically challenged people see the event as a fluke. An optimistically challenged person sees a promotion as a lucky event that won't happen again and may even worry that he will now be under more scrutiny.

When we fail at something, we all become, at least temporarily, down in the dumps. Optimists have the strength to pick themselves up and bounce back quickly. When faced with a problem, the optimist tends to find the up side to the situation and starts figuring out ways to solve that problem. The optimistically challenged focus on the problem not the solution making life harder than it has to be.

Optimists are very resilient, but just being more optimistic does not mean you won't encounter difficult times, losses or failures. What it does mean is that negative events are more likely to roll off of your back and you'll bounce back quicker from difficult times. If you're not optimistic about the future, you can remain stuck in a rut that could last for days, months or years.

People are generally not born either optimistic or pessimistic. It is learned behavior. Because this behavior is learned, it can be unlearned. You can choose to look at the world any way you want to. You can choose to look at the world and think the worst, or you can find the good in each situation. If you're an optimist or a pessimist, both are self-fulfilling. If you are an optimist, you will in general find that good things happen to you. If you're not optimistic, you'll generally find that not so good things happen to you. Become an optimist and see the world as good as it can be. ■

“Your attitude doesn't happen to you, you happen to it!” —Matt Booth

MATT BOOTH

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NEW YEAR, NEW YOU, NEW SNACKS!

BY HY-VEE NUTRITIONISTS MEGAN HORSTMAN (ASBURY), AMY CORDINGLEY (LOCUST), AND KELLY GUDENKAUF RD, LD (DODGE)

Each new year brings a sense of new beginnings and the opportunity for a fresh start. Many people take this opportunity to set health and wellness goals. Studies show that snacking the right way may help you avoid overeating later on. Snacks are a great pick-me-up that provide an opportunity to include all the important food groups into your diet to fill your body full of quality nutrients.

Try to keep your snacks under 200 calories each for an average adult, or between 200 and 300 calories for athletes. Think of snacks as mini-meals that contribute nutrient-rich foods.

The key to healthy snacking is moderation and being aware of appropriate portion sizes. Here are five delicious snacks that have carbs, protein and/or healthy fats to keep you full and energized until your next meal!

Citrus: Snacks such as Cuties® clementines and Mighties™ kiwis contain fiber, potassium and vitamin C, along with many other nutrients. Grapefruit is also a delicious and healthy citrus option. Tip: Don't have a knife to cut and segment? Simply peel like an orange and eat!

Baked Chickpeas: Looking to satisfy that salty, crunchy craving? Chickpeas are a well-balanced snack that have protein and fiber to help keep you full and energized. Tip: Make your own! Simply

drain and rinse a can of chickpeas, pat dry, and toss with olive oil, salt and pepper. Spread the chickpeas in an even layer on a rimmed baking sheet and bake at 400°F until crisp, about 30 minutes.

String Cheese Quesadilla (to-go style!): This snack is incredibly easy and filling. Place 1 unwrapped string cheese stick in the middle of a whole-grain tortilla. Microwave for 30 seconds, or until cheese is soft. Fold the tortilla over, top with salsa, if desired, and enjoy!

Homemade Chia "Pod": These seeds are a powerhouse of nutrition. Four grams of fiber are found in every tablespoon of chia seeds. But the common question seems to be what to do with them? Try chia pudding! Simply combine chia seeds, some sort of liquid, such as your favorite milk, and fruit.

Healthier Sweet Treat: Sometimes the craving for something sweet strikes! Instead of denying the craving, try a healthier option. For example, puppy chow is known for its chocolatey, powdered sugar coating. Try using part vanilla protein powder along with powdered sugar for a protein boost. Switch out your usual cereal for shredded wheat to increase the fiber. You can also cut back on the amount of chocolate by adding a little natural peanut butter to increase the protein. Yum! ■

HyVee®



The information is not intended as medical advice. Please consult a medical professional for individual advice.

BILLIONS AND BILLIONS

BY BOB GELMS

I haven't thought about Robert Silverberg for quite a while. He is a sci-fi writer extraordinaire. In 1969 he wrote this week's book, *Across A Billion Years*. It was out of print for a while but re-released last year in paperback. A few months ago, the e-book was released and that's when I became aware of it. It has been a long time since I'd read anything by Mr. Silverberg. He is a very prolific writer and I read a lot of his stuff when I was a boy. He started publishing in the mid 50's and is still publishing these days.

If you are a fan of sci-fi you undoubtedly have heard his name and quite likely read some of his stuff. To those of you who don't read sci-fi I'd be willing to bet you have never heard of him. That never ceases to amaze me, how he is not a household name. Silverberg wrote during the golden age of sci-fi. He is in the Science Fiction Hall of Fame. He was voted into a very small, very exclusive group of writers when he was given the title of Grand Master by the Science Fiction Writers of America in 2005. There are only 33 writers who have that distinction. He is in the company of Arthur C. Clarke, Isaac Asimov, Robert A. Heinlein, Ray Bradbury, Ursula K Le Guin, and others.

In the world of science fiction, the Nebula Award and the Hugo Award are like the Pulitzer Prize and the National Book Award. Mr. Silverberg has won the Nebula five times. That's FIVE times. Not to be left in

the shadow of the Nebula Award he has also won the Hugo Award five times and he has been nominated for each award a few more times that he didn't win. His influence on the genre is incalculable. Isaac Asimov once said of Robert Silverberg, "Where Silverberg goes today, the rest of science fiction will follow tomorrow."

Across A Billion Years is a story that's about 30 years ahead of it time. It has no villain, no Martians taking over Earth, no space battles, no phasers, little or no violence, and it doesn't have a conflict like virtually every other sci-fi story from the 60's and 70's. What it does have is a mystery surrounding the most momentous discovery in the history of Earth. It takes place 300 years in the future but concerns itself with the ancient past on Earth. A group of space archeologists make a dazzling discovery about an alien race that lived on Earth and apparently ruled the galaxy a billion years ago. They left beguiling artifacts on Earth and elsewhere in the galaxy.

Tagging along on his first off-world expedition is graduate student, Tom Rice. The team members are a rag tag bunch of different species, some with very strange characteristics, none more so than an artificial intelligence android. They come upon a cube that Tom figures out is some kind of recording device. When he finally is able to decipher parts of the message, it turns out the High Ones might not be extinct after all. They then embark on a mission many light years away



in search of the High Ones. The five humans, the five other alien crew members and the android have some trouble getting along. Bigotry rears its ugly head but they get it under control for the sake of the mission.

The story is told in the first person by Tom who is recording letters for his sister back on Earth. It is, in a way, Tom's coming of age story. He wouldn't set too well with a present-day woman but in the course of the story he changes and learns. While there are no blazing skrooch guns and it isn't what I'd call a western-in-space, Mr. Silverberg does create interesting elements attached to the High Ones that will keep your attention all the way till the last page. This is more of a heady piece but never gets boring. Some of the archeological techniques are dated and so is some of the science when reading it today but back in 1969 this was state of the art. It's a quick read and a very enjoyable one at that....highly recommended. ■

WHERE'S GENERAL BOB?

General Bob is out and about. Do you know where he's at?



Conceptis Sudoku

By Dave Green

	3			5			9	
	9		1		3		5	
7								1
	6			2			1	
8								2
	7			3			6	
2								6
	4		6		7		2	
	5			9			3	

Difficulty Level ★★★★★

1/08

PREMIER Crossword

By Frank A. Longo

SUPER-MARKET OPENINGS

ACROSS

- 1 Really hurt
- 5 Sauce brand
- 9 A Nixon daughter
- 15 Hacking it
- 19 Alan of film
- 20 "... hear — drop"
- 21 Showing on television
- 22 Move heavily
- 23 Krispy Kreme treats
- 25 Campbell's product
- 27 "... vincit amor"
- 28 Left dreamland
- 30 Ireland's — Lingus
- 31 China's Mao — -tung
- 32 Aficionado
- 33 Sorrow
- 36 Longtime "Family Circus" cartoonist Keane
- 38 Entertainer Merman
- 40 Kellogg's cereal
- 42 "Pep O Mint" brand
- 44 Whoop
- 45 Tall buildings
- 47 Bowl stats
- 48 Times to remember
- 51 HP or Acer products
- 53 With 72-Down, purring pet that doesn't go outside
- 55 River of Aragon
- 59 Stadium snacks
- 63 Attach, as a sequin
- 65 Bull battler
- 66 Objectivist Ayn
- 67 Back of a 45
- 69 Course: Abbr.
- 70 "Ran" director Kurosawa
- 71 It's baked in a tube pan
- 73 Marine milieu
- 75 Advent mo.
- 76 Hoity- —
- 78 Mata — (Garbo role)
- 79 Run, as an art exhibit
- 80 New Jersey borough east of Paramus
- 82 They're often pimiento-stuffed
- 84 End of a 1/1 song
- 85 Strip, in a way, as shrimp
- 88 Some drops on crops
- 89 Untidy state
- 90 Extra charge
- 92 Generational disparity
- 95 Church part
- 97 Deep-fried side
- 101 Trattoria entree
- 106 "You got it!"
- 107 Orthodox beginning?
- 108 19-season Yankee Rivera
- 109 Succor
- 110 TGIF's "I"
- 111 Fond du —, Wisconsin
- 113 Big name in drug indexes
- 114 Chose (to)

1	2	3	4		5	6	7	8		9	10	11	12	13	14		15	16	17	18
19					20					21							22			
23				24						25						26				
27							28		29					30				31		
32					33	34	35					36	37			38	39			
40			41								42				43					
			44					45		46					47					
48	49	50			51		52		53					54			55	56	57	58
59				60				61	62					63		64				
65							66					67	68					69		
70							71					72					73	74		
75					76	77				78						79				
80			81						82					83						
84					85		86	87					88				89			
				90	91			92			93	94		95		96				
97	98	99					100				101		102					103	104	105
106							107				108							109		
110					111	112				113						114	115			
116				117				118	119						120	121	122			
123														125				126		
127						128								129				130		

- 116 Ingredient in a Cuban sandwich
- 120 Supermarket chain only selling items like the 10 featured in this puzzle?
- 123 Leaning Tower locale
- 124 Banish
- 125 Liveliness
- 126 Ballet wear
- 127 Director Preminger
- 128 Potato chips, in London
- 129 Cuts, as logs
- 130 "Hold it!"

DOWN

- 1 Fraud figure Bernard
- 2 Slugger Roberto
- 3 "Search me"
- 4 Wise trio
- 5 Oversaw
- 6 Kwik-E-Mart operator
- 7 1980s brand of jeans
- 8 Like dirty floors
- 9 To-do list
- 10 Fully mature
- 11 Writer Levin
- 12 Camel, e.g., for short
- 13 Gulp down quickly
- 14 "Permit Me Voyage" author
- 15 Relevant

- 16 Joyous
- 17 Less binding
- 18 Ford flops
- 24 Hurry
- 26 Walk along
- 29 — buco (Italian dish)
- 34 NFL luminary
- 35 "La — Vita"
- 36 Emu or owl
- 37 In the event that it's true
- 39 RCA product
- 41 Pearl producer
- 42 SLR's "L"
- 43 Treasured violin, in brief
- 46 #1 hit for the Troggs
- 48 Spanish political units
- 49 Breeding colony of penguins
- 50 Eritrean, e.g.
- 52 Proud walk
- 54 Sheriff Taylor's son
- 56 Rob (of)
- 57 Spins
- 58 Fusing result
- 60 Ramble on
- 61 Madcap
- 62 Get finished
- 64 Capital of South Korea
- 67 NFL's Starr
- 68 Did slaloms, say
- 71 Digestion aid

- 72 See 53-Across
- 74 Yalta's peninsula
- 77 Less young
- 79 It may hold Holsteins
- 81 Clear up, as a mirror
- 82 Slapstick fight missiles
- 83 "Strawberry Wine" singer Carter
- 86 Windmill part
- 87 Kellogg's cereal
- 91 Hydroxyl compounds
- 93 On — with
- 94 Settles (on)
- 96 Parody
- 97 San Luis —
- 98 Dodo
- 99 Demand
- 100 Six- — (sub shop sandwich)
- 102 Inventor Tesla
- 103 Didn't play in the game
- 104 Linked with
- 105 Tallies
- 108 Bumps into
- 112 "T.N.T." rock band
- 113 No. on a new car's sticker
- 115 Paunches
- 117 — Tomé and Príncipe
- 118 Commercial start for Pen
- 119 Series of Canon cameras
- 121 Trial concern
- 122 Jr. officer

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PUZZLE ANSWERS ON PAGE 35

Puzzled by the Process?
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DODGE



Jeep



THE PERKS OF BEING FIRED BY MY DOCTOR

BY PAM KRESS-DUNN

Have you ever been fired by a doctor? When it happened to me, six years ago, I was devastated. Not only would Dr. Doe (name changed, pronouns scrambled) no longer see me after three years of treating my headaches, he would not allow any of his colleagues to see me, either. Now I know that he did me a favor. How? Read on.

My dismissal helped me realize that my pain was not ordinary. When a doctor tells you not to come back, it could be a sign your condition is something special. This may not be the kind of specialness I would have asked for, but confirmed I had the headache from hell, and the pain was not—ha, ha—all in my head.

This forced me to look not for the most convenient care, but for the best care. Granted, I'd rather see a doctor just across town, but that can be limiting. It's a shame the health insurance we depend on is more intent on "insuring" the livelihood of certain practitioners than on ensuring optimal patient care.

Being fired moved my rose-tinted perception of doctors down a notch or two. Back when I applied for a job as hospital librarian, I laughed when asked if doctors intimidated me. "I've been working with college faculty for decades," I explained. Higher degrees are impressive, but I knew those people were no better, smarter, or more perceptive than me. Professors tend to confide in librarians (in me, anyway), so I knew their weird hobbies, troubled kids, lousy fashion sense, technical blind spots, and so much more. Doctors, it turns out, are a lot like them. Worthy of respect? You bet. Commanding fearful worship? No way.

Losing local care introduced me to some great cities, adding Ann Arbor, Sioux Falls, and Madison to my favorite places to hang out and eat dinner. Medical tourism has its perks.

That ouster by Dr. Doe's office forced me to find a world-class headache center within driving distance. The Michigan Head Pain and Neurological Institute hospitalized me three times in a unique Head and Neck Pain unit at a small hospital in Chelsea. There I received the around-the-clock attention my pain warranted. I also made a lifetime friend there, one who really gets the misery of chronic migraines.

Being banished from Doe's practice made clear that chronic headaches require not just one specialist, but many, working together. Dr. Doe offered me

drugs to prevent headaches, drugs to abort a headache in progress, and nothing else. At MHN and St. Joseph Chelsea hospital, they threw everything in their arsenal at my pain—physical therapy, surgical nerve blocks, chronic-pain counseling, lifestyle education, Botox injections, referrals for special eyeglasses—enough interventions to let me say I've tried them all. They taught me how to conserve my energy for the things I'm most passionate about, how to keep my pill regimen organized, and how to ask for help without feeling like a loser.

In the end, being excommunicated by Dr. Doe was a great boost to my medical care. After years of frustration and anger—driving me first to report her to the Iowa Medical Board, and later to a healthcare attorney, all to no avail—my anger turned to sympathy. I understand now that when Dr. Doe fired me for being a difficult patient, the problem wasn't my failure to respond to her treatment, but her discomfort over not being able to cure me.

I know where Dr. Doe earned his medical degree, and I know that med students at that school take the modernized Hippocratic Oath as part of their "white coat" ceremony. Among other things, they vow that "into whatever house I shall enter, it shall be for the good of the sick to the utmost of my power." I'm probably kidding myself when I imagine that Dr. Doe recognized he had reached the limits of his ability and was directed by his conscience to free me from his (and his colleagues') care because they could go no further. Or maybe he blamed me for his shortcomings, and wanted me to suffer. Whatever his reasons, I forgive him, and, headaches or not, I'm no longer miserable.

That doctor gave me one more gift by cutting me off, and it has served me well. She taught me that I need a *nice* doctor. Choosing only doctors who are kind, compassionate, humble, and receptive, no matter what health crisis brings me to them, has not only made me feel better about our relationships, but also has genuinely helped my healing. We all know about the Placebo Effect, which finds measurable improvements in patients taking sugar pills they believe are the real thing. I'd like to propose another: the Kind Doctor Effect.

This is not just pie-in-the-sky thinking. A comprehensive study published



in the medical journal *PLOS One* in 2014 concluded that a positive doctor-patient relationship can have statistically significant effects on "hard health outcomes," including obesity, diabetes, hypertension, asthma, pulmonary infections, and osteoarthritis pain. The research looked at 13 clinical studies where doctors were randomly assigned either to provide their normal methods of care, or to take additional steps to provide more empathetic and patient-focused care. And that additional care made a measurable difference.

As my quest for relief continues, my standards have grown higher. Recently, I established care with an M.D. in Madison. Although an internist, he has a deep understanding of chronic headache, and a gratifying dedication to helping those in its clutches. Near the end of our first appointment, he looked me in the eye and told me, "I want you to know, I won't give up on you." My aching head felt better already. ■

PAM KRESS-DUNN

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Gwen Werner's Good Advice



DEAR GWEN,

My neighbor refuses to shovel his half of our shared driveway. With all the freezing rain lately, I'm getting pretty irked. It's not my responsibility to buy enough salt for us both, but here I am, doing just that. Even worse, we live right by Irving Elementary and I don't want a slip and fall lawsuit involving a minor on my hands. Imagine if the kid were a basketball star or something. I'd never pay off this house with that kind of debt. How do I make my neighbor do his share of the work?
—Yours, Disgruntled

DEAR DISGRUNTLED,

Have you ever thought about picking up something to distract you from uppity, boring garbage like worrying about your neighbor's driveway? Might I suggest a little recreational drug use or some light crafting? You don't have to master basket weaving or anything—think along the lines of coloring. Your bougie booty needs a hobby. If you're dead set on getting this guy's butt in gear, you might as well go big or go home. Maybe hire actors to slow motion slip and fall over and over in the driveway. Ooh, maybe ask one of the high school improv troupes—Dubuque Senior's got a great one—tell them it's an acting exercise and they'll do all sorts of ridiculous things.

Hm...the opposite of ice is fire. Maybe get your bonfire pit out and set it up in the early morning behind their car. Or just play Earth Wind & Fire? Is Earth Wind & Fire still together? Are they dead? If they're not dead, you could hire them to play a show in the driveway. I bet their guarantee is like four dollars at this point, and if you could get one of them to pretend to fall down,

that might really drive the point home. How many people are in Earth Wind & Fire? Like 11? That's totally enough to get your neighbor's attention.

Maybe that's all too much. You could pull a Martin Luther: take the receipts for salt and pound a nail through them into his front door. Too much?
—xoxo, Gwen

DEAR GWEN,

I'm lactose intolerant. My mother-in-law keeps sending food home with me, insisting it's dairy-free, but then I always get sick. How do I get her to pay attention? Or at the very least, stop forcing me to eat her food?
—Sincerely, Belly-ache

DEAREST BELLY-ACHE,

Okay, I don't know what you know about Mithridates, but this dude knew what was up. Mithridates fed himself a drop of poison a day and gradually increased the number of drops until he was immune. DUH. Be like Mithridates. Forget communicating with your mother-in-law about your health and dietary needs. Eat a cheese cube every day for a week. Then two cheese cubes. Then three. Eventually your belly won't ache so much, Belly-ache. Mithridates disappeared into the wild, so for all we know, that dawg could STILL be alive and immune to all kinds of stuff. All food allergies are lies and you're not lactose intolerant. I know this because I read it on the internet. Ugh, get over yourself and your silly disease. Shouldn't you have been stamped out by natural selection by now?
—Xoxo, Gwen (who is allergic to nothing and has zero dietary requirements, is immortal and muscley like Thor)

COMPLETELY ACCURATE AND IN NO WAY TOTALLY FABRICATED
HOROSCOPES



ARIES
(MAR 21–APR 19)
I hope you had as much fun as I did taking back every present you received. If my relatives would ONLY listen and stop getting me everything just ONE size off!



TAURUS
(APR 20–MAY 20)
I'd make a Trump inauguration joke, but Big & Rich are already slated to play, so my job's been done for me.



GEMINI
(MAY 21–JUNE 20)
If you think you got only one set of train tracks for you kid for Christmas—surprise! They've spawned and now there's eight times as many as you previously thought.



CANCER
(JUNE 21–JULY 22)
If you've resolved to break your resolutions, or to not set any to begin with, then you've already won this year!



LEO
(JULY 23–AUG 22)
If you like stressed-out holidays, you'll love ennui-filled winter doldrums!



VIRGO
(AUG 23–SEP 22)
If you do have a resolution based around reading a lot of books this year, it's best not to start with James Joyce or Dostoevsky. You can't leap tall buildings if you haven't yet learned to jump hurdles.



LIBRA
(SEP 23–OCT 22)
Best resolution I can think of for kids: stop putting stickers on car windows. For the love of God. Please.



SCORPIO
(OCT 23–NOV 21)
If I have to reconstruct the 350,000-piece LEGO Batcave for my kids one more time, I'm going to weep all throughout *The LEGO Batman Movie* next month.



SAGITTARIUS
(NOV 22–DEC 21)
I've lived on this planet for decades, and I've yet to anticipate being hungry enough to not go crazy between the window of ordering food and getting it delivered.



CAPRICORN
(DEC 22–JAN 19)
I can be your hero, baby. But neither of us would be happy about it.



AQUARIUS
(JAN 20–FEB 18)
What's in a name? Letters. Letters are in a name.



PISCES
(FEB 19–MAR 20)
The rain in Spain falls mainly on the plain. It does that in Iowa too, but you don't hear us writing songs about it, do ya?

PUZZLE ANSWERS

4	3	1	8	5	2	6	9	7
6	9	8	1	7	3	2	5	4
7	2	5	9	4	6	3	8	1
9	6	4	7	2	8	5	1	3
8	1	3	5	6	9	4	7	2
5	7	2	4	3	1	8	6	9
2	8	7	3	1	5	9	4	6
3	4	9	6	8	7	1	2	5
1	5	6	2	9	4	7	3	8

Difficulty Level ★★★★★ 1/108

M	A	I	M	R	A	G	U	T	R	I	C	I	A	A	B	L	E						
A	L	D	A	A	P	I	N	A	I	R	I	N	G	P	L	O	D						
D	O	U	G	H	N	U	T	S	S	P	A	G	H	E	T	T	I	O	S				
O	M	N	I	A	A	W	O	K	E	A	E	R	T	S	E								
F	A	N	S	A	D	N	E	S	S	B	I	L	E	T	H	E	L						
F	R	O	O	T	L	O	O	P	S	L	I	F	E	S	A	V	E	R	S				
Y	E	L	L	T	O	W	E	R	S	T	D	S											
E	R	A	S	P	C	S	I	N	D	O	O	R	E	B	R	O							
S	O	F	T	P	R	E	T	Z	E	L	S	P	A	S	T	E	O	N					
T	O	R	E	R	O	R	A	N	D	B	S	I	D	E	R	T	E						
A	K	I	R	A	B	U	N	D	T	C	A	K	E	O	C	E	A	N					
D	E	C	T	O	I	T	H	A	R	I	C	U	R	A	T	E							
O	R	A	D	E	L	L	P	I	T	T	E	D	O	L	I	V	E	S					
S	Y	N	E	D	E	V	E	I	N	D	E	W	M	E	S	S							
				F	E	E	A	G	E	G	A	P	A	P	S	E							
				O	N	I	O	N	R	I	N	G	S	P	E	N	N	E	P	A	S	T	A
				B	I	N	G	O	N	E	O	M	A	R	I	A	N	O	A	I	D		
				I	T	S	L	A	C	M	E	R	C	K	O	P	T	E	D				
				S	W	I	S	S	C	H	E	E	S	E	H	O	L	E	F	O	O	D	S
				P	I	S	A	D	E	P	O	R	T	E	L	A	N	T	U	T			
				O	T	T	O	C	R	I	S	P	S	A	W	S	S	T	O	P			

Make Her
"Ooh" and "Ahh!"



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