TO SMAGAZINE

FEBRUARY 26-MARCH 11, 2015 ISSUE #233 DUBUQUE365.COM FREE!



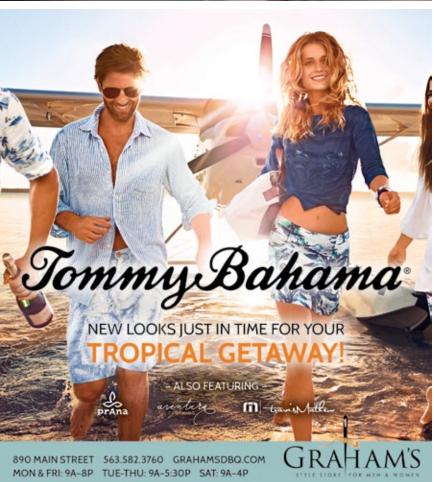
2015 LACT LACT LUESDAY, MARCH 3, 7 PM MISSISSIPPI MOON BAR

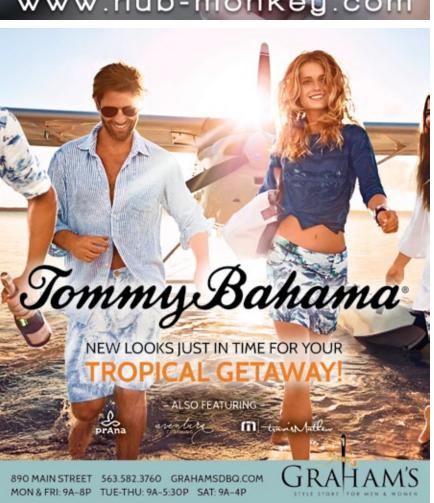


SALSA'S Mexican Restaurant ST. PATTY'S DAY Tent Party FIGHTING SAINTS Schedule SENIOR Tech

HUB MONKEY...
DUBUQUE AND GALENA'S
MOBILE APP! SEE PAGE 2!









365INK IMPACT AWARDS

Discover who's made the biggest impact in our community!

- **UPCOMING DUBUQUE FIGHTING SAINTS SCHEDULE**
- ST. PATTY'S DAY TENT PARTY
- SENIOR TECH
- **26 SALSA'S MEXICAN RESTAURANT**

ARTS

NIGHTLIFE

COLUMNISTS

365INK PRODUCTION STAFF



Bryce Parks Publisher, Everything Else bryce@dubuque365.com



Mike Ironside Feature Writer, Photographer mike@dubugue365.com



Kristina Nesteby Layout Ninja, Designer kristina@dubuque365.com

365INK ADVERTISING STAFF



Kelli Kerrigan kelli@dubuque365.com • 563-581-7014



Lisa Stevenson



lisa@dubuque365.com • 563-580-1691

365INK CONTRIBUTING WRITERS



Rich Belmont Argosy's Food For Thought argomark@mchsi.com



Matt Booth Mattitude matt@mattbooth.com



Sara Carpenter Do It Yourself Advice sara.selchert@stevesace.com



Bob Gelms Bob's Book Reviews rpjjg007@gmail.com



Pam Kress-Dunn Feature Writer pam2617@yahoo.com



Ryan Werner Dr. McCracken

SPECIAL THANKS

Christy Monk, Gina Siegert, Ryan Decker, Neil Stockel, Kay Kluseman, Ken Kline, Margie Blair, Fran Parks, Julie Steffen, Ron & Jennifer Tigges, Julie Griffin, bacon, Dave Haas, Steven Schleuning, Tim Brechlin, Roy & Deb Buol, Jeff Lenhart, Gen. Bob Felderman, all of our 365 friends and advertisers... and you for reading.

Dubuque365/365ink Magazine

432 Bluff St., Dubuque, IA 52001 • Dubuque365.com • 563-588-4365

All contents © 2015, Community, Incorporated. All rights reserved. All bacon served semi-crispy.

WHERE'S WANDO

We've hidden Wando somewhere in this issue of 365ink. Can you find him?



Man, the years just fly on by, It feels like we just celebrated the Impact Awards a couple of months ago, but apparently it's been a year. So here we go again.

As much work as it is scouring the community looking for who did want last year and then writing it all up, it's also quite an eye opener when the stories you hope are out there actually out there and start rolling. It almost gives you hope for the future.

As hard as it is picking winners for each category we honor each year, the hardest part is not honoring everyone who is nominated. Sometimes we will have more than a half dozen truly great nominees for a single category. Occasionally, we'll find ways to get a couple of the awards by charing the category under which they are honored, but it still leaves some out. I hope these people know that what they did was still important and at least one person out there noticed and wanted to see them get the credit they deserve.

I'm in a pretty good position to see so much of what goes on in the community each year. Without being the one nominating for the awards, it's always interesting how often things that end of getting awards each year were actually cover stories of 365ink earlier in the year. You can practically look at a year's worth of covers as see who was making great waves in the community and assume you're seeing a slate of future nominees.

I also sometimes feel like I'm being self-serving to make nominations of my own, especially if they are people who I know well or do things to help causes I'm close to like Toys For Tots. But hey... it is my show right? The good news is, I rarely have to be the one making those nominations. My Friend Jeff Lenhart, who I've written about where recently, was certainly deserving of an award for all he does day in and day out for so many people. But if I nominated him, he'd get all self-deprecating and not let me do it. Luckily, he got more nominations than anyone this year, so I didn't have do ti at all and he had no room for wiggling out of recognition.

There were no less than three different 5K runs nominated this year. How do you pick one to award? That's tough. As they were all very different events within the same structure of an event we found it impossible to pick one over the others and, as it often goes at the Academy Awards, when one person is nominated

twice in a category, they never win. Someone else sneaks up join the outside lane and takes home the prize. But they are all still great community efforts.

Serendipity plays a part more often that you'd think. Just earlier this month I met a young man online through Jeff Lenhart. I heard he buys soccer balls locally and ships them to kids in poor regions of the world. Because I have access to very low bulk buying prices on toys through my Marine Toys For Tots connections, I worked with him and have just received the first cases of balls I ordered on his behalf, allowing him to buy more that twice as many as he could have purchased through Wal-Mart locally for the same about. Two weeks later, he was nominated for an Impact Award. I had not even heard of him a month prior. Unfortunately for him, he was up against Jeff for the awards. But still, what a cool and generous spirit he shows with his work.

After seven years, we also see a LOT of nominations for people and groups who have already won Impact Awards in the past. While it's not impossible to win an Impact Award twice, we do try to spread the love around. Some awards go to people for a single effort they put forth while other reward years of dedication. So don't feel bad if your favorite nonprofit isn't being honored. Chances are decent that they may have already been in a previous year.

A also want to again voice my sincere thanks to both the Community Foundation of Greater Dubuque and Premier Bank who so closely share out vision for a better Dubuque community and support that vision by helping us make these awards possible through their sponsorship. A night of honoring great people is always a good thing, but when you can feed them tasty food too, give them great music and send them home with real solid cool-looking pieces of original artwork by metalmaster Gene Tully, it's all the better. Framed certificates are neat at all. But 365ink Impact Awards are just downright awesome looking awards. We're so proud to be able to share them with such amazing people.

Please join us for the FREE event on Tuesday, March 3, 7 p.m. at the Mississippi Moon Bar in the Diamond Jo Casino. Doors open at 6. Music at 6:30 and awards from 7 to about 8:30 p.m. Don't miss it! ■





We have a winner. Quite a few actually! And for the first time, we're going ahead and telling you who they are ahead of time. Why? Because if you know them, we want to make sure you have a chance to be there when they accept their awards to cheer them on!

The 365 Impact Awards, Sponsored by The Community Foundation of Greater Dubuque and Premier Bank, return for the seventh big year to the Mississippi Moon Bar at the Diamond Jo Casino on Tuesday, March 3 at 7 PM (doors open at 6 PM). The event is FREE and everyone is welcome to attend. Live music will kick off the night

from 6:30–7 PM by Dubuque's own Statue of Liberty Band, who will also be featured mid-show. There are complimentary hors d'oeuvres and a cash bar. Let's fill the place up and make them have to open the balcony! What else could you possibly have to do on a Tuesday night?

The mission at 365ink is to help connect people to relationships, opportunity and the best possible living experience in our community. The 365 Impact Award is for those who choose to make an effort to Impact the world around them 365 days a year. It's meant for those who believe in our community

and are willing to do something to make it better for everyone. It's not about being the biggest fish in the pond or touching the most lives with your efforts. From massive festivals to individuals changing the lives of handful of others, we are thrilled to celebrate the passions of those who choose to "do".

365 is once again appreciative of the support of The Community Foundation of Greater Dubuque, an organization so in-line with the concept of making a community impact that their own grant program awards are, in fact, called Community Impact Grants. They provide funding to people and organizations with the next big ideas to make positive change in Dubuque. By joining with 365, they share in the backend of that concept, awarding those who's impact was truly felt. And like 365ink, their staff is in touch on a daily basis with so many local impact-makers. They are a natural partner for identifying those people who deserve a spotlight for their efforts.

When it comes to partners who understand what 365ink is all about, Premier Bank is at the top of the list. Supporting the community initiatives of 365 for more than a decade, Premier Bank has joined the Impact Awards team to help

us create an event worthy of the great people, businesses and organizations it celebrates. We can't thank them enough for their years of support and for allowing us to keep the Impact Awards the amazing night that it has grown to be.

"At Premier Bank, we have been committed to supporting the arts and culture scene since our inception 16 years ago, donating 40% of our philanthropic budget to help fuel arts and cultural initiatives in the Dubuque area. We believe arts and culture not only improve our community's broader economic outlook, but create a welcoming sense of place and desirable quality of life." stated Jeffrey Mozena, President and CEO of Premier Bank.

"Premier Bank is proud to partner with 365ink on a number of arts and culture initiatives. 365ink's passion for the arts is highly recognized and appreciated. It is important to understand the essential role creativity has in growing businesses and spurring innovation in our community. Congratulations on another impactful year!"

Below are brief representations of the 2015 365ink Impact Awards honorees. We could never know everything they do to make Dubuque a better place, but hopefully we've covered it well enough that you get the idea.

THE AWARDS



ARTS EMERGENCE OF SPIRIT / ROGUE COLLECTIONS (SHARED AWARD)

Sharing the Impact Award for Arts are Emergence of Spirit, created by cosmetologist Michele Chillook and Roque Collections, created by cosmetologist Samantha Jones. Founded in the belief that art encompasses a wider set of skills and alternative modes of expression, both Emergence of Spirit and Rogue Collections have pushed the creativity of area hair, makeup, and clothing designers and their audiences with cutting edge runway shows and other live model events. Giving local stylists and designers the freedom to explore and celebrate their creativity in a format in which they can share that passion with the public, Emergence of Spirit and Rogue Collections recognizes those visionary individuals as the artists they truly are and has created a new and broad appreciation of hair, makeup and clothing design as the art it truly is.



NIGHTLIFE EDONEL

Having recently celebrated its second anniversary, Eronel, the 6400 square foot limestone-walled art and music space at 285 Main Street in the lower level of the historic Cooper Wagon Works building has firmly established itself as a leader in Dubuque's nightlife. With a professed "focus on cultivating a space for

working artists to have opportunities to exhibit and perform in a relaxed but lively space that truly breeds creativity," Eronel has hosted a range of art exhibits from individual artists to group shows, from photography to painted skateboard decks.

Eronel's stage has hosted a huge range of talent in music genres too varied to list, comedy, burlesque, and more. If you can't find something to drink at the full bar that boasts an incredible list of craft beers both on tap and in bottles, well, you're just not trying. Throw in a dedicated game room with pool, darts, foosball, pinball, and Nintendo and you've got not only a great place to meet your friends for drinks and have some fun but a clubhouse for art, culture, music, and nightlife.



DINING ADOBO'S MEXICAN GRILL

Sometimes food worth celebrating is not just coming from the newest restaurants in town. In this instance it's about taking notice of a good restaurant that got better by reinventing itself. With so many Mexican dining options in Dubuque, it's easy to get lost in the fray. Despite having a great menu and fresh handmade salsas and more, Adobo's was struggling. Owner Jaime Salazar, with support from the owners of the building he called home, sought to serve great fresh Mexican food in a way that better suited the downtown Dubuque

market, and with the introduction of his fresh, fast and tasty express burrito bar, he did just that. Now you'll find a line at lunchtime... and a fast moving line. And if you've not discovered Adobo's at Summer Farmers' Market for their amazing breakfast burritos, you're not doing Farmers' Market right, my friend.



DUBUQUE FOOD & WINE ON THE RIVER

Dubuque has a great culture of food and wine with a number of fine establishments for both residents and visitors to enjoy. Two years ago, Bob Smith of Stone Cliff

CONTINUED ON PAGE 14

ONGOING



"Buck-A-Book" Used Book Sale

Monday–Friday: Now through March 2 8 AM–4:30 PM @ Shalom Spirituality Center The sale includes a wide variety of titles on spirituality and a few other topics, all for just \$1. Treat yourself or pick up a few books for a friend.

Galena Winter Farmers Market

Second Wednesday: Now through April 8 4–6 PM @ Galena CFA (Galena, IL)

The Galena Winter Farmers Market and Craft Fair is entering its second year in the lower level of the Galena Center for the Arts (but is not affiliated with it) at 219 Summit St. the second Wednesday of each month. Find everything from produce, eggs, baked goods, lamb, hot meals to go, jams and jellies, crafts, jewelry, handmade greeting cards, knitted winter accessories, herbal teas, gourmet coffee mixes, wellness product, and a lot more.



Winter Farmers Market

Saturdays: Now through Saturday, April 25 9 AM-Noon @ Colts Center (1101 Main St.)
Entering its 8th year, the all-volunteer driven market (under the banner of Four Mounds) returns to the Colts Center focusing on supporting our regional food system, eating from our food shed year-round and providing annual funding to farmers through our grant program. Winter Farmers Market is truly a grass roots labor of love with little or no funding and no staff. We do it because we want our food

Read more at wintermarketdbq.com. THURSDAY, FEBRUARY 26

"School's Out" Activities: Frontier Living and Unsolved Mysteries

system and farmers to be viable & sustainable.

7:30 AM-5:30 PM

@ DBQ County Extension Office

Kids will stay all day and need to bring a sack lunch and drink. The \$15 fee includes a snack and a full day of fun filled activities for students. Discounts will be given to families with multiple children attending and when registering for more than one camp session. To register, please visit

extension.iastate.edu/dubuque or contact Brittany Clayton at 563-583-6496 or bclayton@iastate.edu.



Pete Lee

7:30 PM @ UD Heritage Center

Pete Lee might be the nicest person in New York City, but that's because it's impossible to sound aggressive with a Wisconsin accent. He was selected to perform at the Just for Laughs Comedy Festival in Montreal, made his network television debut performing on NBC's Last Comic Standing, owns a web show on MSN.com called New York Minute:30, was hired to be a writer and cast member on FUSE TV's Video on Trial and the NFL Network's Top 10's, and in 2013, Pete was hired as a cast member on VHI's Best Week Ever, which debuted in January.

The Amish Project

7:30 PM @ Clarke University

A fictional exploration of the Nickel Mines schoolhouse shooting in an Amish community and the path of forgiveness and compassion forged in its wake.

FRIDAY, FEBRUARY 27

"School's Out" Activities: Fun with Flight and The Pollinator

7:30 AM-5:30 PM

@ DBQ County Extension Office

Kids will stay all day and need to bring a sack lunch and drink. The \$15 fee includes a snack and a full day of fun filled activities for students. Discounts will be given to families with multiple children attending and when registering for more than one camp session. To register, please visit extension.iastate.edu/dubuque or contact Brittany Clayton at 563-583-6496 or bclayton@iastate.edu.

Kickin' The Blues

6:30 PM @ Sandsprings Community Center Enjoy music by The Janeys—Billy Lee and

Enjoy music by The Janeys—Billy Lee and Bryce Janey are Blues and Rock & Roll Hall of Fame members. Supported by renowned local musicians: Doug (Blue Green) and Crosscut—Denny Chapman and Sheree Doyle. Admission is \$10 or \$5 for veterans. Call Joe at **319-361-8163** or Doug at **563-543-3716** for more information. All proceeds go to Wounded Warriors Project.







DUBUQUE FIGHTING SAINTS VARIOUS DATES: NOW-APRIL 10

MYSTIQUE ICE CENTER

The Dubuque Fighting Saints is a Tier 1 junior ice hockey team playing in the United States Hockey League (USHL). Matt Shaw is the head coach and general manager. Join Bernie and the gang for a fun night with the Saints!

Saints vs. Bloomington

Friday, February 27 @ 7:35 PM The REAL Bachelor & College Night

Saints vs. Waterloo

Saturday, February 28 @ 7:05 PM **BLACK OUT Game**

Saints vs. Green Bay

Friday, March 6 @ 7:35 PM Season Ticket Holders Own the Night

Saints vs. Chicago

Sunday, March 8 @ 3:05 PM Superhero Sunday!/TH Media Family 4 Pack

Saints vs. Green Bay

Saturday, March 14 @ 7:05 PM Irish Night

Saints vs. Team USA-17

Friday, March 20 @ 7:35 PM Glow in the Dark Game

Saints vs. Madison

Friday, March 27 @ 7:35 PM Girls Night Out/College Night

Saints vs. Cedar Rapids

Saturday, March 28 @ 7:05 PM Game of Thrones Night

Saints vs. Tri-City

Friday, April 10 @ 7:35 PM Fan Appreciation Night



A CELEBRATION OF THE BEATLES

FRIDAY, MARCH 20 @ 7 PM **WESTERN DUBUQUE HIGH SCHOOL**

The Western Dubuque High School Fine Arts Booster Club is pleased to announce "A Celebration of the Beatles" will be held at the Western Dubuque High School Bobcats Performing Arts Center Artist Series on Friday, March 20 at 7 PM. Tickets are \$20 for adults and \$10 for those under 21. Proceeds from this show will be used as a fundraiser for the new WDHS Bobcats Performing

Arts Center. Featured artists include: Johnnie Walker, Mike Lieb, Denny Troy, Brian Marceau, Rick Hoffmann and Ralph Kluseman. Western Dubuque High School students will also be performing.

Tickets may be purchased online at hub-monkey.com/tickets. For more information, please contact Ralph Kluseman at **563-599-9436**.



Seven Brides for Seven Brothers 7 PM @ UW-P CFA

"Goin' courting" has never been as much fun as in this rip-roaring stage version of the popular MGM movie. Seven Brides for Seven Brothers tells the story of Millie, one young bride living in the 1850's Oregon wilderness. Her plan to civilize and marry off her six rowdy brothers-in-law to ensure the success of her own marriage backfires when the brothers, in their enthusiasm, kidnap six women from a neighboring town to be their brides.

Owl Prowl

7 PM @ Swiss Valley Nature Center

Hoot, hoot, who's there? Come out to the nature center for our annual Owl Prowl! We will learn about owl's amazing adaptations, their weaponry, and hike the trails calling for these beautiful birds of prey.

MFC's Black History Month

7-10 PM @ Inspire Café

The Multicultural Family Center's Black History Month features Gregory James, entertainment and emcee for the event. The evening will be a fun and informative presentation on African American Culture. In addition to Gregory's soulful singing, the entertainment will also include expert hip hop dancing to keep the fun atmosphere. All adult community members are invited to attend the soulful celebrations with complementary appetizers and other wine and beer options for purchase. Call 563-583-8338 for more information.

The Drowsy Chaperone

7:30 PM @ Grand Opera House

A parody of American musical comedy of the 1920s, the musical sets the stage with the houselights down. A man in a chair appears on stage and puts on his favorite record. Mix in two lovers on the eve of their wedding, a bumbling best man, a desperate theater producer, a not-so-bright hostess, two gangsters posing as pastry chefs, a misguided Don Juan and an intoxicated chaperone, and you've got a show dense with delicious delights. Tickets can be purchased through the Grand Opera House box office, 135 W. 8th St.; by calling **563-588-1305**; or by visiting thegrandoperahouse.com.

The Amish Project

7:30 PM @ Clarke University

50's Dance Party

8 PM @ Galena Brewing Company (Galena, IL) True to the era, The Old 57s play a mix of number 1 hits from the 50s using vintage amps

and guitars, upright bass, and classic Shure 55 microphones. Everything from wardrobe to stage performance comes together to recreate the first decade of rock-n-roll.

SATURDAY, FEBRUARY 28

50's Dancing Workshops

9 AM @ Turner Hall (Galena, IL)

Hosted by professional dance instructors Adam Kieffer, Jennifer Mulcahey and Ian Hathway, workshop classes start with swing and jitterbug styles for beginners, progress to intermediate/advanced jitterbug, step back to lindy hop for beginners, and continue to intermediate/advanced lindy hop. A salsa class will be in the late afternoon. Workshops are \$15 per class. Learn more and register online at GalenaSwingDance.com or register Friday night at Galena Brewing or Saturday before classes at Turner Hall.

Snowshoeing in the Vineyards

1:30 PM @ Park Farm Winery

Enjoy an afternoon of snowshoeing/hiking in the vineyards at Park Farm Winery, which includes private areas of the property not seen on a typical outing to the winery. After the hike, a wine tasting and pizza buffet are included. \$25 per person. Glasses and Bottles of wine available for purchase. Payment for the event will reserve your space. Contact Christie at 563-557-3727.

3rd Annual Dubuque WIN **Committee Trivia Night**

6-9:30 PM @ UAW 94 Hall

Gather your smartest and sassiest friends, colleagues and co-workers for a night of trivia fun! Teams up to 8 players, 8 rounds with 10 questions each, \$10 per player. Raffle items, 50/50, food and beer available, too! Working Iowa Neighbors (WIN) is a program of the Iowa Federation of Labor to help get labor friendly candidates elected to local office.



Galena Sock Hop

7 PM @ Turner Hall (Galena, IL)

The public is invited to put their dance moves to the test featuring live music by The Fast Clydes. The Fast Clydes specialize in classic rockabilly, a sharp-edged traditional style that combines driving, danceable rhythms. In addition to the dance party, the Sock Hop will feature a hula hoop contest, a limbo contest, a '50s costume contest, and a 50/50 raffle. No need to spike the punchbowl as the Galena Brewing Company will offer a full cash bar with their craft beer, wine and mixed drinks. For more information, visit GalenaSwingDance.com, or call Kathy Cameron at 815-275-5231.

The Drowsy Chaperone

7:30 PM @ Grand Opera House

The Amish Project

7:30 PM @ Clarke University

SUNDAY, MARCH 1

The Drowsy Chaperone

2 PM @ Grand Opera House

The Amish Project

2 PM @ Clarke University

Emmaus Tour Concert

7:30 PM @ Emmaus Bible College

The Emmaus Bible College Ensemble will present the concert they will be traveling with to the southeast during spring break. Admission is free. For more information, visit **emmaus.edu**.

MONDAY, MARCH 2

President of the Innocence Project: Brian Farrell

6 PM @ UD Blades Chapel

Since the late 1980s, the use of DNA technology has led to the exoneration of 325 innocent people convicted of crimes they did not commit across the United States. Farrell will explain the common contributing factors in wrongful conviction cases and discuss the reforms that could improve the integrity of the system and reduce the chances an innocent person will be sent to prison. For additional information, please contact Kristi Lynch at **563-589-3267**.

TUESDAY, MARCH 3

365 Impact Awards

7 PM @ Mississippi Moon Bar See page 4 for more information.

NAMI Care and Share Meeting

7 PM @ Caradco Building

NAMI (National Alliance on Mental Illness)
Dubuque invites you to participate in our Care
and Share Meetings the first Tuesday of every
month at 7 PM. This is group is open to anyone
with lived experience, their family members,
loved ones and anyone wanting to provide
support. All meetings are held in the lower level
Millwork Collective area at 900 Jackson Street.
This event is free and open to the public. Our
support groups are facilitated by NAMI Dubuque.



Ginny Luke

7:30 PM @ Clarke University

Ginny Luke is an accomplished electric violinist and singer. Her's artistic experiences have included over 20 musicals and plays, and four operas. Ginny is currently on tour with Cirque du Soleil inspired show, "Valitar." Ginny has held concertmaster positions (violin) in eight orchestras including Interlochen Symphony Orchestra, Colburn School of Music's Orchestra Da Camera, and the California Institute of the Arts Orchestra.

WEDNESDAY, MARCH 4

"Unmanned Systems & Agriculture: Realizing the Field of Dreams" Conference

9 AM-4:30 PM @ Grand River Center

The Association of Unmanned Systems International (AUVSI) Heartland Chapter in association with AUVSI Heartland Chapter member and host company Design Mill, Inc. is pleased to announce a conference focusing on the application of unmanned systems within agriculture. The event will emphasize the regulatory and legal issues impacting the use of unmanned systems in agriculture as well as leading research and applications for the use of unmanned systems to improve agriculture.

Registration is now open at the Heartland Chapter's website. Ample exhibiting and sponsorship opportunities are also available for organizations active in this market. Please contact Nathan Greiner of Design Mill, Inc for more information at **563-587-8778**.

Pruning Trees and Planting Seeds for Success

12:15–12:45 PM @ Multicultural Family Center March is a wonderful time to do annual pruning for many trees, giving them the shape and structure they need to continue producing healthy growth. Attendees will learn about tree pruning basics including what trees benefit from winter pruning. Gardeners will get the latest scoop on what is needed to begin growing seeds indoors for the upcoming garden season. No registration is required and walk-ins are welcome! There is no fee to attend. For more information, visit extension.iastate.edu/dubuque.

Green Drinks

6:30–8 PM @ Inspire Café

Green Dubuque is launching a new Green Drinks in 2015. Meet like-minded friends and discuss local green issues while enjoying a beverage. Carolyn Scherf, Local Food Coordinator at Dubuque County ISU Extension, will discuss what she's doing with the local food effort in Dubuque. Follow Carolyn on Twitter @LocalFoodDBQ.



LIVE AT THE HERITAGE CENTER PERFORMING ARTS SERIES HE LIGHTNING THEIF

SUNDAY, MARCH 8 @ 2 PM UNIVERSITY OF DUBUQUE HERITAGE CENTER JOHN AND ALICE BUTLER HALL

University of Dubuque's Heritage Center continues its second annual Live at Heritage Center Performing Arts Series with The Lightning Thief, performed by New York's Theatreworks USA. This one-hour Family Series presentation is based on the first installment of "Percy Jackson and The Olympians" book series by Rick Riordan.

The story of Percy Jackson begins with his being kicked out of school again which soon becomes the least of his troubles. Lately, mythological monsters and the gods of Mount Olympus seem to be walking straight out of the pages of Percy's mythology textbook and into his life, not to mention the fact that he has discovered he's the descendent of the Greek God. Poseidon. Zeus's master lightning bolt has been stolen and Percy is the prime suspect. Now Percy has ten days to find and return Zeus's stolen property and bring peace to a warring Mount Olympus. With the help of some friends, he begins a quest to settle an ongoing battle between the gods that could change life on earth forever.

Tickets are \$13-15 adults, \$7 students/child, \$4 lap seats for children 3 years and under. Tickets for The Lightning Thief can be purchased now at the Farber Box Office Monday through Friday from 10:00 a.m. to 5:00 p.m. at Heritage Center, University of Dubuque, 2255 Bennett Street; by phone at 563-585-SHOW; or online at dbq.edu/heritagecenter.

For further information, please contact Kristi Lynch, director of public information, at **563-589-3267**.



PATRICK'S DAY TENT PARTY

SATURDAY, MARCH 14 @ 3:30-10:30 PM

KNIGHTS OF COLUMBUS HALL (CORNER OF 8TH AND LOCUST)

The new-old-new tradition of having a big ol' Irish tent party in downtown Dubuque continues, this year in the lot next to the Knights of Columbus Hall at 8th and Locust St. hosted by The Ancient Order of Hibernians. Enjoy food and other liquors and beverages available inside the KC 510 Hall. Irish and American beverages will be available, if you know what I'm sayin'!

Entry ticket price is just \$5 at the door. Parking is available in the City of Dubuque Parking Ramp across the street from the venue and along the downtown streets. It's a wee-bit of traditional way to celebrate St. Patty's day just a couple days early and get your Irish on in the

river city. All ages are welcome but you do, of course, need to be 21 to partake of the barley pops!

Dance and sing to the music of Dubuque Fire Pipes & Drum, McNulty School of Irish Dance, Raspberry Lemonade, and Dubuque's own Irish band-The Lads

The Ancient Order of Hibernians (AOH) is the oldest and largest Irish Catholic organization in the United States. AOH is a place to meet likeminded Irish Americans who share the same values and beliefs of Friendship, Unity, and Christian Charity. The loyalty of the Irish are bound to the principles of their adopted land in America.

THURSDAY, MARCH 5



America's Funniest Muslim: Azhar Usman 7 PM @ Loras College Alumni Campus Center Azhar Usman, the Chicago-native named one of the 500 most influential Muslims alive by Georgetown University, delivers comedy centered on his experiences and observations as an American Muslim. The performance is free for the public to attend, childcare will be offered at no charge, and there will be a post-show discussion opportunity with refreshments. For more information, email Dr. John Eby at john.eby@loras.edu.

The Importance of Being Earnest

7:30 PM @ UD Heritage Center

This comedy is a rousing romantic escapade and absurd comedic masterpiece about class and etiquette. In a stylish send-up of Victorian courtship and manners, charming bachelors Jack and Algernon lead double lives to woo the two young ladies who have won their hearts. When they are caught in their lies, the stage is set for clever manipulations and hilarious confusion. Presented by UD's Department of Fine and Performing Arts and the UD Drama Club.

FRIDAY, MARCH 6

Tri-State Home & Builders Show

5-9 PM @ Grand River Center

Jackson Expo Group invites visitors to see the latest products and services displayed by exhibitors to assist them in building and improving their home and yard. For more information, visit jacksonexpogroup.com.

Chaos and Collapse Reception

5:30-8:30 PM @ Gallery C

See page 12 for more information.

2nd Annual Bowlin for Colon

7 PM @ Cherry Lanes (Diamond Jo Casino) Join Team Cancer Defeeters for the 2nd Annual Bowlin For Colon at Cherry Lanes. There will be a bake sale, raffle, 50/50, and silent auction. To reserve player/team space or lane sponsorship, please call or email Becky McCue at 563-663-3091 or mccuedubuque@yahoo.com by February 28.

OTLAG Reception: Gail Chavenelle and Jennifer Braig

7–9 PM @ Outside the Lines Art Gallery Outside the Lines Art Gallery will host a reception to kick off an exhibit featuring new work by Jennifer Braig and Gail Chavenelle. Braig will exhibit oil paintings of the Midwestern



region and Chavenelle, single sheet steel sculpture. A free and open reception will be held, and both artists will be in attendance. This show will be available in the Dubuque location through April. This exhibit is a dynamic pairing of mediums and styles. Both Braig and Chavenelle's works are visually interactive and full of bold, bright colors, lively textures and kinetic form.

Dubuque Area Writers Guild Fundraiser

7-9 PM @ Nash Gallery

To prepare for the publication of their 37th annual Gallery anthology, the Dubuque Area Writers Guild will sponsor a fundraising event. It will coincide with the closing of Nash Gallery's current exhibit and will feature live readings from several current Writers Guild members along with an "open mic" for members of the public and contributions from Rogue Collections and DubuqueFest. There is a suggested donation of \$5. Door prizes and raffle prizes will be awarded and refreshments will be served.

Way Off Broadway on Loras

7:30 PM @ Loras College Hoffmann Hall See the future of theatre through the eyes of students. A series of student-directed one-acts, some written by Loras students, offer a variety of subjects, styles, points of view, and emotions. Under the direction of Anne Spoden and Michael Okas, it is one of our most popular evenings of theatre. General admission is \$8.

The Drowsy Chaperone

7:30 PM @ Grand Opera House

The Importance of Being Earnest

7:30 PM @ UD Heritage Center

SATURDAY, MARCH 7

Spring Garden Seminar

8:30 AM-1:30 PM @ NICC Town Clock Center **Dubuque County Master Gardeners have** planned three focused tracks on Home Landscapes, Fruit and Vegetable Gardening, and Wildlife Gardens where garden enthusiasts can mix and match sessions. Keynote speaker Cynthia Haynes, Iowa State University Department of Horticulture, Assistant Professor will be sharing her expertise on sustainable gardening and new perennials for 2015. Seating is limited so pre-registration is recommended. For more information visit extension.iastate.edu/dubuque

Becoming an Outdoor Woman Winter Workshop

9 AM-1 PM @ Swiss Valley Nature Center Snowshoe, learn about handguns, shed hunt, learn about turkey hunting, and more! Get out and get together with other women who want to explore the outdoors. Call to reserve your spot today, **563-556-6745**. Sponsored by Pheasants Forever and Dubuque Fly Fishers.



Galena Chamber Business Expo

9 AM-2 PM

@ Galena Convention Center (Galena, IL)
This expo features over 35 Galena Area
Chamber of Commerce members, their services
and products, samples, food, drinks, and
entertainment. Prizes will be given away and
a 50/50 raffle will be held throughout the
expo. Admission is free and all are welcome.
For more information, contact the Chamber at
815-777-9050 or visit galenachamber.com.

"Kids Can Quilt" Workshop

10 AM-Noon @ Galena CFA (Galena, IL)
This quilting workshop for youth ages 8 to 12
will be led by Karen Galer and Maureen Bardusk.
The workshop accompanies the Center's For the
Love of Textiles exhibit. For more information,
visit GalenaCenterfortheArts.com.

Tri-State Home & Builders Show 10 AM-6 PM @ Grand River Center

The Importance of Being Earnest 2 & 7:30 PM @ UD Heritage Center

Pinot and Pottery

5:30–7:30 PM @ Matter Creative Center
Bring a bottle of wine and a group of friends
and enjoy a fun evening of creativity and
pottery painting! We have over 150 pieces of
pre fired pieces to choose from so there is
something for everyone! Sign up is required at
mattercreative.center before attending and
there is no registration fee.



Randy Sabien Ensemble

7 PM @ UW-P CFA (Platteville, WI)

Randy Sabien, strings educator, jazz master, music author, and record producer, is one of those rare talents to be hailed as both a violinist and a fiddler. Inspired by the 1930s western swing music of Bob Wills, Sabien plugs the concept of multiple fiddles into be-bop, bluesrock, and beyond. Fueled by a four-piece rhythm section, The Fiddlehead Band pays homage

to the American roots string playing while stretching beyond contemporary conventions.

A Bob and Tom Comedy Night: Mark Poolos and Mike Mercury

7 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

In his routines, Mark Poolos weaves the story of his life as a bumbling jolly giant in his fast engaging story telling style. He has been compared to Louie Anderson. Mark is a true road dog, performing in 40 states and all across Canada. Mike Mercury is a Wisconsin native who has appeared in concert with Jerry Seinfeld, Bob Saget, Tom Arnold and Ellen DeGeneres among others and has been heard nationally on public radio's A Prairie Home Companion with Garrison Keillor.

Way Off Broadway on Loras 7:30 PM @ Loras College Hoffmann Hall

7:30 PM @ Loras College Hoffmann H

The Drowsy Chaperone 7:30 PM @ Grand Opera House

Tracy Lawrence

8 PM @ Mississippi Moon Bar See page 23 for more information.

SUNDAY, MARCH 8

Tri-State Home & Builders Show

Noon-5 PM @ Grand River Center

Bird Banding Program

1 PM @ E. B. Lyons Interpretive Center
David Shealer from Loras College will identify,
weigh, measure, sex and determine the birds'
health. Assist in the capture of birds and get a
chance to hold and look at various birds found in
the area. Adults and children alike will enjoy this
program. Sponsored by lowa DNR, Friends of the
Mines of Spain. For more information about the
program or the Mines of Spain call the E. B. Lyons
Interpretive Center at 563-556-0620.

Live at the Heritage Center The Lightning Thief

2 PM @ **UD Heritage Center** See page 8 for more information.

Way Off Broadway on Loras

2 PM @ Loras College Hoffmann Hall

MONDAY, MARCH 9



Beginner's Needle Felting Workshop

7–9 PM @ Galena CFA (Galena, IL)
Larissa Distler will teach a beginner's needle felting workshop for teens and adults. The workshop accompanies the Center's For the Love of Textiles exhibit. For more information, visit GalenaCenterfortheArts.com.

CLARKE UNIVERSITY MACKIN-MAILANDER LECTURE SERIES PRESENTS



DEAN MANTERNACH, PH. D.

ASSOCIATE PROFESSOR OF RELIGIOUS STUDIES

SEARCHING FAITH: CATCHING FIRE

At midlife a teacher redefines who he is becoming. Experiencing a vision quest and a sacred pilgrimage, new action unfolds. Asking important and defining questions can be risky! Seeking adult maturity has costs, but we ultimately name who we are becoming and how we are influencing the shape of the communities to which we belong. Is it worth the effort?

Tuesday, March 17 | 7:30 p.m. Jansen Music Hall, Clarke University Campus

Free and open to the public



www.clarke.edu



WEDNESDAY, MARCH 11

Concerto Competition

3 PM @ Clarke University Jansen Music Hall The Dubuque Symphony Orchestra Concerto Competition is an excellent opportunity for students to develop their music performance skills, and enhance their performance portfolio! For more information please contact Madalyn Mackey at **563-557-1677** or **mmackey@dubuquesymphony.org**.

The Co-op Culinary Book Club: Provence, 1970

5:30-7 PM @ Inspire Café

For March the Co-op Culinary Book Club will read *Provence, 1970* by Luke Barr Hamilton. Books are available to purchase at the Dubuque Food Co-op and at River Lights Bookstore.

Open House at Toastmasters Speakeasy 3588

5:30–7:30 PM @ Carnegie-Stout Public Library Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career? Come be our guest to learn what we do, and how we can help you with your communication and leadership skills. Toastmasters International is a world leader in communication and leadership development. For more information, visit 3588.toastmastersclubs.org or facebook.com/ToastmastersSpeakeasyClub.

Fish Habitat Program

7 PM @ Swiss Valley Nature Center

Scott Gritters, Fisheries Biologist with the lowa DNR, will discuss the needs of Centrarchids during the winter months and how they are better designing habitats based on their observations. This program will be very informative; participants will get a chance to learn about their river and find some new places to throw the bobber! This program is free and all are welcome to attend.

THURSDAY, MARCH 12

BestFest

5–7:30 PM @ Grand River Center

BestFest, a benefit to support Hospice of Dubuque, is sponsored by Dupaco Community Credit Union. Tickets are sold out, but enjoy there's always next year!

Winter Webinar Series: Back to School

6:30–8:30 PM @ DBQ County Extension Office How can Master Gardeners and community volunteers support local food systems? In 2015, we will be exploring this question as part of the Winter Webinar Series. Learn how Master Gardeners are engaging in school gardens and supporting systems change for health. Hear examples from Master Gardener Coordinator Laurie Taylor in western lowa. For questions, contact: Laura Klavitter at klavitte@iastate.edu. To Register, call: 563-583-6496.

FRIDAY, MARCH 13



Spring Break Amazing Afternoons

1–4 PM @ Mississippi River Museum
Spring breakers ages 5–12 will experience
several hands-on activities including live
animal encounters, fun interactive games
and crafts, and explore all of the wildlife the
aquarium has to offer. Cost for each session is
\$20 for non-members and \$15 for members. To
register, call 563-557-9545 ext. 213. For more
information, visit rivermuseum.com.

Pruning Fruit Trees and Grape Vines Workshop

5:30-7:30 PM

@ Park Farm Winery (Bankston, IA)
Field Specialist/Commercial Horticulturist
Patrick O'Malley will help you understand the
different types of pruning cuts, practices, and
tools needed while they get some practice
pruning under skilled supervision. Register today
by calling 563-583-6496. For questions,
contact Laura Klavitter at klavitte@iastate.edu.



Frank O'Dowd's St. Patrick's Celebration Frank O'Dowd's Irish Pub & Grill (Galena, IL) A multi-day celebration filled with entertainment, music, specialty drinks, and Irish food will be held at Frank O'Dowd's Irish Pub & Grill. Live music, Irish dancers, bag pipers, and singer-storyteller Andreas Transo will be featured.

SATURDAY, MARCH 14

Tri-State Forest Stewardship Conference

8 AM @ Sinsinawa Mound Center (Sinsinawa, WI) More than 25 presentations will cover a wide range of topics focusing on private woodland owners. Online registration and more information is available and can be found at extension.iastate.edu/forestry. Participants will have the opportunity to interact with state and federal forest managers, as well as to see the most recent advances in forestry technology at the vendors fair.

Dyersville St. Patrick's Day Celebration 9:30 AM @ Dyersville, IA

Ancient Order of Hibernians—Dubuque County #1 presents Dyersville's Annual St. Patrick's Day

Parade and Mass. Church celebration at 10:30 at St. Francis Xavier Basilica and parade is sponsored by Big River United Energy, LLC. and starts at 1:30 with route through downtown! Dyersville Total Fitness will host the 34th Annual Gaelic Gallop: a 8K road race, 2 mile fun run, and a Kid's Leprechaun Leap. The events will take place at St. Francis Xavier School. Ride the Shamrock Bike Ride starting at The Pub and then join the St. Patty's Day Bash at the Dyersville Commercial Club Pavilion at 3 PM.



Lollipops and Music for Our Preschoolers

10–10:30 AM @ Carnegie-Stout Public Library
The Northeast Iowa School of Music (NISOM)
presents The Dubuque Chorale Children's
Choir as part of the Lollipops and Music for Our
Preschoolers (L&MOP) series. The performance
is free and all ages are welcome. For more
information, visit nisom.com.

The French Cafe

10–11 AM @ Multicultural Family Center
Join other Dubuque community members
fluent (or becoming fluent) in speaking French
for coffee and conversation. Participation is
free, registration required. Sign up at
cityofdubuque.org/recreation. Registration
forms can also be found at the MFC and the
MFC website. For more information, call
563-582-3681 or visit mfcdbq.org.



Paint & Pour

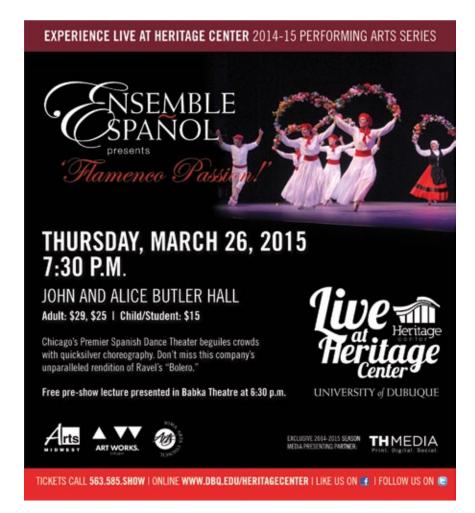
11 AM-2 PM @ Galena Cellars (Galena, IL)
Enjoy an afternoon of painting at Galena Cellars
with Galena artist Sandra Principe at Galena
Cellars Vineyard & Winery, 4746 N. Ford Rd.,
Galena, IL. No experience is required. The cost
is \$35 per person which includes lunch and a
glass of wine. There is an optional \$15 materials
fee. To RSVP, call Sandra at 815-541-0068. For
more information, visit galenacellars.com.

Frank O'Dowd's St. Patrick's Celebration 11:30 AM @ Frank O'Dowd's Irish Pub & Grill (Galena, IL)

Spring Break Amazing Afternoons 1–4 PM @ Mississippi River Museum

2nd Annual St. Patrick's Day Tent Party 3:30–10:30 PM @ Knights of Columbus Hall

See page 8 for more information.





Galena St. Patrick's Day Parade

4 PM @ Downtown Galena, IL

This parade honors the men and women who gave their lives and those still unaccounted for with marching bands, costumed clans, and floats providing fun for the whole family. The parade will start at the south end of Main St. and continue to north.

American English—Beatles Tribute Band

7 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

American English is simply the best Beatle tribute story of our time. They have won Illinois Entertainer of the Year and have been voted "Best Tribute Band" three of the last four years by their fans in the Chicagoland area.

Spring Wind Ensemble Concert

7:30 PM @ Loras College Fieldhouse

The Loras College Wind Ensemble, a group of 60+ members, performs a variety of high quality music, including "Ireland: Of Legend and Lore." For more information, email Wind Ensemble Director Glenn Pohland at glenn.pohland@loras.edu.

Magic at Bell Tower

7:30 PM @ Bell Tower Theater

You are invited to an intimate evening of sleight of hand, ghost stories and interactive mystery. Critically acclaimed magician P.T. Murphy is known for his personable style, mischievous sense of humor and sophisticated sleight of hand. This show is great for adults and kids 10 and up. For more information, call 563-588-3377.



DSO: Tcheers for Tchaikovsky

7:30 PM @ UD Heritage Center

Grammy-nominated, international star of the flute. Carol Wincenc performs Rouse's Flute Concerto. Its slow soaring melodies and spirited jigs conjure Irish folk music. The sheer emotion of this concert will stay with you long after the last notes are played.

The Spazmatics

8 PM @ Mississippi Moon Bar See page 23 for more information.

SUNDAY, MARCH 15

DSO: Tcheers for Tchaikovsky

2 PM @ UD Heritage Center

TUESDAY, MARCH 17

Everyday Heroes of the Tri-States Breakfast

7 AM @ Best Western Plus

The American Red Cross of the Tri-States, along with corporate sponsors Dupaco Community Credit Union, KWWL, and Radio Dubuque stations, invites you to this annual celebration and breakfast. For more information, contact the Red Cross at 563-564-4564 or visit redcross.org/ia/dubuque.

Toddler Tuesday

10-11 AM

@ Mississippi River Museum & Aquarium

The Museum & Aquarium offers a program for toddlers, children ages two to four years old. Fach month features a new theme and fun activities, including a story and craft project too. The theme for March is "K is for King Snake." Advanced sign-up is required; call the Museum & Aquarium to register at 563-557-9545. Cost is \$5 per child and one caregiver. For more information, visit rivermuseum.com.

Frank O'Dowd's St. Patrick's Celebration

Noon @ Frank O'Dowd's Irish Pub & Grill (Galena, IL)

St. Pat's Dance

5-8 PM @ Happy's Place

Join the Tri-State Ballroom Dancers for fun and dancing. For more information, call Ray at 563-557-2346 or email tristatedancers@gmail.com

The Irish Hooley's 2015 Saint Patrick's Day Celebration

5:30-8:30 PM @Knights of Columbus Hall The Irish Hooley is offering a free evening of music, film dance, travel information and general celebration for everyone of Irish heritage and anyone "Irish at heart." Admission is free. This is a family friendly event appropriate for all ages. Irish and American food and beverages will be available (alcohol is only for those 21 years of age and older) inside the KC 510 Hall. Parking is available in the KC Hall Parking lots, the City of Dubuque Parking Ramp across the street from the hall, and along the downtown streets. For more information, contact Bob Felderman at robertfelderman@yahoo.com or 563-213-0398 or Michael Lange at michaeldennislange@gmail.com or 563-590-1992.

Keep Dubuque County Clean & Green

6 PM @ Town Clock Inn

The meeting topics will include (but are not limited to) Swiss Valley Road cleanup, Port of Dubuque cleanup, and future projects and direction of the group. For more information, contact Bev at beverly.wagner@loras.edu or visit dmaswa.org.

Irish Film Festival

7 PM @ Loras College Alumni Campus Center Students in Loras College's "Ireland in Film" J-Term course have debated the selections for, and planned, an Irish film festival. Admission is free. For more information, email Professor Andrew Auge at andrew.auge@loras.edu.

"Searching Faith: Catching Fire" Lecture

7:30 PM @ Clarke University Jansen Music Hall Presented by Dean Manternach, Ph.D. At midlife a teacher redefines who he is becoming. Experiencing a vision guest and a sacred pilgrimage, new action unfolds. Asking important and defining questions can be risky! Seeking adult maturity has costs, but we ultimately name who we are becoming and how we are influencing the shape of the communities to which we belong. Is it worth the effort?

WEDNESDAY, MARCH 18

RSVP Coffee Connect

9-10:30 AM @ Kehl Diabetes Center

The Retired and Senior Volunteer Program will be hosting a coffee connect for individuals age 55 and older. Join RSVP to enjoy coffee, hear about our program, and learn about Palliative Care from Diane Asmussen of UnityPoint Health-Finley Hospital. Cost is free. Space is limited. For

more information or to reserve a space call Beth at 563-589-2622.

THURSDAY, MARCH 19

Spice: Cultural Cooking Night - Mexico

5:30-7 PM @ Multicultural Family Center Meet community members from Mexico and learn something about their culture. The program includes making and enjoying a favorite meal. Children must be accompanied by an adult. Participation is free. Register online at cityofdubuque.org/recreation. For more information, visit mfcdbq.org.



Julien Film Festival Kick-Off

6 PM @ Hotel Julien Dubuque

View trailers of the officially selected and nominated films that will be shown during the Film Festival in April. Hear who is coming and what is planned. Appetizers will be provided and a cash bar will be available. Admission is \$5. For more information, visit julienfilmfest.com.













FUN-A-DAY MARCH

COMMUNITY ART PROJECT AND SHOW

PROJECT WORKING TIME: ALL MONTH OF MARCH SHOW: FRIDAY, APRIL 24 @ 6–9 PM DAAC ART GALLERY

The Dubuque Area Arts Collective invites you to participate in Fun-A-Day Dubuque 2015, an artistic way to fight the winter doldrums. Fun-A-Day was introduced to Dubuque in 2013 by Julie Arensdorf. Now in it's third year locally, it is based on other Fun-A-Day projects, which have been taking place across the country since 2004.

This year, Fun-A-Day Dubuque is being held in the month of March. The premise of Fun-A-Day is simple - pick a creative project and work on it each day of the month. All participants are invited to show their work the following month as part of a group show.

Fun-A-Day Dubuque is open to all ages, and participation is free. All types of creative expression are encouraged, and experience as an artist is not necessary. Don't stress, and do as much or as little as you can. Use each, most or some days in March to be creative and have fun! Previous years' efforts have included cartoons, audio recordings, knitting, and photography and visual art projects, all created daily (or mostly daly) throughout the month.

Participants can send an email describing their project to funadaydubuque@gmail.com, or they submit it through our website: funadaydubuque.blogspot.com.
The DAAC will be updating the Fun-A-Day website and Facebook page, facebook.com/funadaydubuque, throughout the month with examples of previous projects and works-in-progress. A group art show will be held on Friday, April 24 at the DAAC gallery, 902 Main St. in Dubuque.



CHAOS AND COLLAPSE EXHIBIT

SHOW: FRIDAY, MARCH 6-SUNDAY, APRIL 26 RECEPTION: FRIDAY, MARCH 6 @ 5:30-8:30 PM GALLERY C

Clarke University Art Faculty members Jessica Teckemeyer and Louise Kames will present the exhibition, Chaos and Collapse, at Gallery C in the Schmid Innovation Center. An open and free reception for the artists will be held Friday, March 6. Refreshments will be served, and both artists will be present.

Teckemeyer will display sculptures from her Meeting Our Shadow

and Creation series. The series is a response to tragic events of Sandy Hook Elementary, the Colorado movie theatre shooting, and the Boston Marathon. Kames will exhibit pastel drawings of organic imagery, roots and leaves arranged in an iconic manner. The drawings present the viewer with timeless, meditative spaces.

ARTS

CALL FOR ARTISTS

BLURRING THE EDGES EXHIBIT

SUBMISSION DEADLINE: TUESDAY, MARCH 10

The Dubuque Area Arts Collective is looking for artists to submit to it's newest exhibit "Blurring the Edges." Art must be the artist's interpretation of one or both of the categories: Abstract and/ or Experimental. All media, including painting, drawing, sculpture, multimedia, photography, digital, performance, installation art, video, etc. are eligible.

Email salondbq@gmail.com with your name, email, city of residence, and phone number. If a student, include your school and grade level. Please state whether you will be hand delivering or

shipping your work. Artists must be at least 14 years of age. Both developing and established artists are encouraged

For each piece submitted, please include: title, media, size, and price. Attach digital images of each piece (images must be of good resolution), and include an artist statement or a small description of the process or the intent of your work.

For more information, email salondbq@gmail.com or visit DAartscollective.com.

NOW ACCEPTING SUBMISSIONS

DUBUQUE AREA WRITERS GUILD ANNUAL ANTHOLOGY

SUBMISSION DEADLINE: MONDAY. MARCH 30

In conjunction with the 38th annual DubuqueFest Fine Arts Festival (May 15-17, 2015), the Dubuque Area Writers Guild is excited to announce that it will be publishing the 37th edition of its Gallery book project. This year's publication, "Portraits: Writing & Art on the Body," will be an open-genre anthology showcasing the art and writing of Dubuquers and those with ties to the Dubuque area. While submissions about "the body" as a concept are encouraged, works of any theme will be considered.

Writers of all ages may submit fiction, non-fiction, creative non-fiction, poetry and memoir pieces. Writers should also include a short biographical paragraph about themselves along with their submission (not to exceed 50 words).

Electronic submissions are strongly preferred, and should be sent to dubuqueareawritersguild@gmail.com as attached .jpg or Word files. Please include the words "2015 Gallery submission" in the subject line of the email. The deadline for submissions to

Writers selected for publication may be invited to read at a reception to celebrate the launch of the anthology, which will be held during DubuqueFest. The public is invited to attend the reception/reading and encouraged to purchase copies of The Gallery.

Danielle Phillips or Heidi Zull at

the anthology is March 30.

For more information, contact dubuqueareawritersguild@gmail.com.

DUBUQUE SYMPHONY ORCHESTRA PURSUIT OF THE PODIUM

VOTING DEADLINE: MONDAY, APRIL 13

The Dubuque Symphony Orchestra (DSO) announced its third annual Pursuit of the Podium candidates: Tim Althaus President at Family Beer & Liquor; Robert Byrne, Author; Jim Jelinske, Owner of Creative Education Services; Otto Krueger, Retired Air Force Officer and Procurement Manager at Diamond Jo Casino; and Jan Powers, Director of Workforce Solutions at Greater Dubuque Development Corporation.

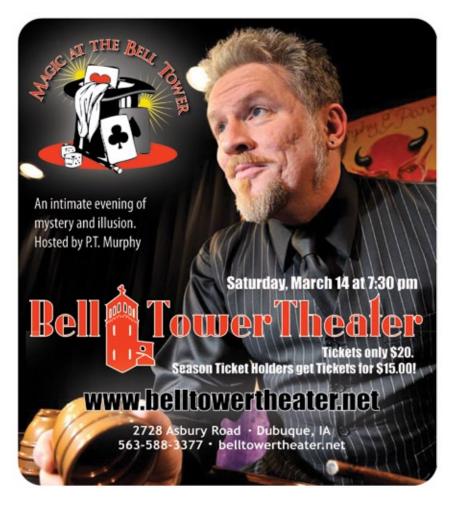
The contestant that raises the most money on behalf of the DSO between February 1 and April 13 will conduct one piece at the free Summer Melodies concert at the Dubuque Arboretum on Sunday, June 28, 2015.

To make a donation, please visit DubuqueSymphony.org or mail your gift to the Dubuque Symphony Orchestra at 2728 Asbury Road, Suite 900, Dubuque, ΙΔ 52001

The winner and total amount raised will be announced at the DSO concerts on April 18-19 at Five Flags Theater, the final classics concert of the season.

For more information, call the Dubuque Symphony Orchestra office at **563-557-1677.** ■





CONTINUED FROM PAGE 4



Winery and Jeff Jansen of Van's Wine & Liquor created the Dubuque Food and Wine on the River festival to celebrate that culture and call attention to some of the best dining and wine tasting experiences the area has to offer. With celebrity guests like Larry "The Soup Nazi" Thomas and Paul Gilmartin, live music, and a spirited soup-making competition, Smith and Jansen made a fancy food and wine weekend both fun and accessible, finding not only great support from local foodies but from regional visitors and culinary tourists from as far away as Kansas City and Milwaukee. Dubuque Food & Wine on the River gives travelers yet another reason to visit our city and enjoy all that we have to offer.



EDUCATION CITY LIFE

In 2009, City of Dubuque staff and residents formed the Safe Community Task Force, which resulted in a series of recommendations to further community safety. In addition to recommendations related to

traditional concerns, this group also noted the necessity of having residents who are knowledgeable about department programs, who have access to factual information, and who are engaged with each other in creating a sense of welcoming and connection to the community. Upon researching various best practices around the United States, the Human Rights Department developed a pilot "citizen academy." The vision is to create a thriving network of civically engaged community members sustaining regular connections with each other and city government, for the purpose of exploring government service delivery and accessibility through innovative partnerships, that meet community needs and celebrate differences.



GOVERNMENT MANISHA PAUDEL

Manisha Paudel is a Human Relations Specialist for the City of Dubuque's Human Rights Department. She goes above and beyond the expectations of her job with her time and dedication, focusing on underserved, marginalized or minority groups. She works closely with immigrant populations, LGBT groups, and anyone

who needs help. In September she was a appointed to serve on the White House's initiative on Asian Americans and Pacific Islanders ambassador program. She is definitely a difference maker in the lives of these community members.



SUSTAINIBILITY DRIFTLESS FARM CRAWL & FARM TO TABLE DINNER

Exploring and Supporting Dubuque's Local Food System, The free Driftless Farm Crawl invited community members to tour six local farms and meet the entrepreneurs working to meet Dubuque's growing demand for locally-produced food. Additionally, The Farm-to-Table Dinner, was, in 2014, a four-course meal prepared by the talented chefs at Life's A Feast Catering, Blaze Farm to Table Events, L. May, The Food Store, and Clarke University, featured locally produced items in each dish and was served familystyle outdoors at Four Mounds overlooking the Mississippi River and bluffs. Proceeds supported the growth of community food projects at The Dubuque Rescue Mission and Four Mounds Gardens. Organized by a coalition of community organizations including the Iowa State University Dubuque County Extension Office, Sustainable Dubuque, The Dubuque Food Co-op and a host of chefs and local food advocates,

these events are a fun and participatory way for area families and residents to indulge in local food and wine and support the ideas, practices, and people cultivating our community's food economy and culture.



HISTORIC PRESERVATION

The (mostly) white painted brick building at the corner of 1st and Main Streets has been home to a number of different businesses over the years, each bringing something to the mix of the Old Main district. But none has done as much to restore, rehab and breathe new life into the historic 1900 McKeown Bros. building as the bar and restaurant that takes its name from the iconic location, 1st & Main. Owners John and Sara Oglesby have invested a great deal of time and hard work renovating the first floor and lower level spaces, putting in an all new commercial kitchen, a new heating and cooling system, and two sleek, modern full-services bars, including the seemingly magical Bottoms Up Beer Tap System. With a varied menu of appetizers and sandwiches that takes "pub food" to the next level

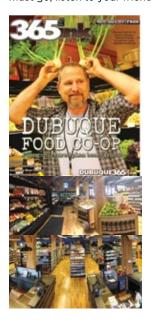
and a great selection of craft beers and top shelf liquors, 1st & Main has become a destination on Dubuque's Main Street.



MUSIC CODFISH HOLLOW

Out in the rolling countryside of Eastern Iowa, somewhere between Maquoketa and Andrew lies an old farm, more than a century old, called Codfish Hollow with an amazing barn made with curved rafters, like a series of peaked arches. Inside, the barn kind of looks like you're inside the belly of a whale but if you find yourself there, staring up at the rafters or peering over the heads and shoulders of the assembled audience toward the stage, what you're really in is one of the most incredible live music venues in the Midwest. In the summer of 2009, Daytrotter.com hosted the first of over 40 Codfish Hollow Barnstormer concerts that have featured far too many notable indie rock bands to list but include Counting Crows, Norah Jones, John C. Reilly, Pieta Brown, Justin Townes Earle, The Whigs, The Hold Steady, The Baseball Project, and Har Mar Superstar, just to name a few. To say the venue is unconventional is an understatement. Concertgoers

park in a pasture and ride a hay wagon pulled by a tractor driven by a friendly guy named Marvin down the winding gravel road to the farm. The decrepit house now functions as an art gallery during concerts. People spread out blankets on the grassy hillside. Codfish Hollow does not sell alcohol but welcomes coolers, lawn chairs, blankets, and anyone who loves music enough to make the journey. If you are one of the people who have not yet made the journey, despite having friends who insist you must go, listen to your friends. You will be glad you did.



SHOPPING DUBUQUE FOOD CO-OP

The Dubuque Food Co-op is the Dubuque area's first community-owned natural, organic, and local food store. Their mission is to provide high-quality products that are local, natural, organic, and otherwise enhance the health and well being of our members, community, and environment. They emphasize local, collaborative ownership that values the needs and input of our members and employees. In their first year of operation they've created relationships with almost 70 local vendors, and 20% of sales went to locally-sourced products. Additionally, they donated \$27,000 worth of food to local food-need organizations. And they're working to create their niche in the Dubuque food chain amidst an ongoing and continuous construction zone outside their front door, which cannot be easy. But if you'll forgive the less than perfect parking situation, you'll find it well worth your while to give the Dubuque Food Co-op a test taste!



SPORTS & REC GRAN FONDO

The first ever Dubuque Gran Fondo was a combination cycling race and ride that challenged cyclists at all ability levels on renowned climbs within the City of Dubuque as well as with gravel roads in Dubuque County. The Gran Fondo began with a free screening of the ESPN 30 for 30 documentary "Slaying the Badger" with special guest and three-time Tour De France Champion, Greg LeMond. The inaugural event is a testing of the waters in an effort to put cycling in Dubuque on the national map.



NON PROFIT EXCELLENCE DUBUQUE ARTS COUNCIL

Founded in 1969, it is the mission of the Dubuque Arts Council, Inc. to present multi-cultural and diverse artistic and educational opportunities that expand cultural horizons and improve the quality of life within our

community, with school and community-based performances including, but not limited to, the Artist in Residence programming and Music in the Gardens. The mission includes increasing the community's appreciation and knowledge related to music, performance art, the world and other cultures, and the differences between themselves and others in the greater Dubuque community. The program has expanded to include 30 schools in the greater tri-state area. Artists are scheduled for three performances per day for 10 days, reaching approximately 5,000 students per artist. Funded by private contributions with support from the Dubuque Arts & Cultural Affairs Advisory Commission and grants from groups like John Deere Foundation, Dubuque Racing Association-Mystique Casino, and the lowa Arts Council, more than 85% of money raised is used to pay for artists.



VOLUNTEERISM JEFF LENHART

For all of Jeff Lenhart's well documented volunteering in support of Toys For Tots, it's actually the homelessness issue that is nearest and dearest to him. From his travels to Washington D.C. to his travel on March 4 to Los Angeles to learn more about that very thing, Jeff's heart is as big as his goofy smile. Collecting goods and handing out blessing bags to homeless where he lives

and where he travels and a general eagerness to be of assistance to everyone he encounters who could use a helping hand, Jeff's real passion, to the outside observer is just giving back in general. He's also invited and was successful in attracting not one, but two great authors and public speakers to come to Dubuque, for free, and share their message with our community. How? He just asked. As Bryce thought it was self-serving to give his #1 helper an Impact Award on his word, it's a good thing that Jeff received more nominations this year than anyone else. Proving that he deserves every ounce of this heavy metal symbol of his kindness, even though he'll sure say that he doesn't.



SOCIAL SPACE JUBECK NEW WORLD BREWING

Having sampled Jay Jubeck's homebrewed beer even before he and partner Dan Caraway launched their Kickstarter campaign to open their community supported brewery (CSB), the 365 crew had no doubts that Jubeck New World Brewing could make the transition from home brewers to successful commercial micro-brewers. What surprised us was how that community of craft beer lovers could come together to celebrate that entrepreneurial spirit and some good conversation over a couple pints every Thursday, Friday, and now Saturday evening at the brewery and tasting room at 115 West 11th Street. Though open only three days a week (from late afternoon into the evening) and

selling only those craft brews Jay and Dan make by hand on site, the tasting room has become a unique and vibrant social space—part public house and part salon for lovers of craft beer. Exposed brick walls, tin ceilings and hardwood floors certainly help to create the setting for this relaxed, inviting space but it is the community of arts and music lovers, downtown workers and residents that give the space life.



YOUTH ADVOCACY CONCERT FOR REFUGEE CHILDREN

When local educators and human rights activists learned that there were refugee children from Guatemala living right here in the Tri-State area and that those same kids were in danger of being deported only to face the same issues of danger and poverty they had escaped, they realized they had to do something. Knowing that without legal representation, 90 percent of refugee children will be returned, organizers quickly pulled together a benefit event, the

Concert For Refugee Children. Hosted by the Mississippi Moon Bar on a Tuesday night in December with little advanced promotion, getting people to come out in support was far from a sure thing. But with a grassroots effort, social media, and a strong lineup of local performers (many of them educators), people did come out, gathering in support of a community that includes the most vulnerable among us.



ANTI-BULLYING CLARE CARES

Clare Vosberg started with a goal of providing Hoover elementary school with a Buddy Bench to help build friendships and to end bullying. To date, more than 30 Clare Cares Buddy Benches in the tri-state area. To further reinforce her mission of building friendships, monthly Buddy Play Dates were started, engaging additional youth throughout the community. At each Buddy Play Date they get together to build friendships

and complete a project that gives back to a specific nonprofit organization.

Additional projects include Sack Lunch Sunday-Since November 2014 Clare Cares has organized sack lunches to be provided every Sunday to every guest of Almost Home men's emergency homeless shelter. Every Sunday November-April has been organized and delivered. Also, the Birthday Wishes for Opening Doors was completed. A Clare Cares committee worked to provide more than 20 complete birthday packages to the guests of Opening Doors homeless shelter so that children get to celebrate their special day. Lastly, Clare Cares worked on "Filling the Shelves with LOVE"-in partnership with Hy-Vee Asbury Plaza. Clare Cares has provided 2,080 pounds of canned goods to St. Stephen's Food Bank.

Oh, and she's only 9 folks... and just getting started!



TEENS DARK CHAMBERS HAUNTED ATTRACTION

Providing a fun, safe entertainment option for area fright lovers, who just happen to skew heavily to the teen market, Dark Chambers Haunted Attraction is a fun way to spend a fall evening. It's also now the only major haunted attraction in the Dubuque area. The quality of the attraction and the enthusiasm of its staff is fueled by the drive and creativity of Trent Johnson, whose boundless energy in creating the haunt is rekindled each season he reinvents it.



MEDIA SCAN DUBUQUE

Scan Dubuque started off as a project by a local electronics enthusiast that made the scanner feed available to others online. Soon after, Scan Dubuque started blogs. At first, there was a lot of negativity on the blogs from misinformed complainers to people simply rubbernecking on the bad things happening in town. But as the creator of the site immersed himself in the workings of city services, law enforcement and government, he learned about the truths of many of the

topics du jour and has become a great activist for all things Dubuque, including on his Facebook pages. He went through the Citizen's Police Academy, the City Life program and is constantly working anonymously and behind the scenes to make Dubuque better.



BEST BUSINESS IMPACT FAMILY BEER & LIQUOR

Family owned and operated in the Tri-State area for three generations, Family Beer & Liquor Store is not only a great place to shop for all your beverage needs with over 6,000 varieties of wine, liquor and beer in stock in the 20,000 square foot store. Family Beer & Liquor is also a great community partner, acting as a sponsor for events like the

Irish Hooley and the Julien Dubuque International Film Festival, as well as organizing tasting events like the Grand Tastings at Galena's Wine Lovers Weekend in March, Ale Fest and Wine Flights at the Great Galena Balloon Race in June, with proceeds from events supporting local charities. Plus, they have a killer wine selection.



BEST ORGANIZATIONAL IMPACT DUBUQUE RESCUE MISSION

The Rescue Mission has been in Dubuque since 1932. More than a men's homeless shelter, they also manage two thrift stores in support of their efforts to get the men back on their feet by providing work for them. Whether it's working in their bicycle shop, the stores, the kitchen, and in warmer weather, their organic garden; they put the men to work and try to get them to move into transitional housing, so they can move into

an apartment and lead a (hopefully) normal life. The new sustainable garden initiative provides jobs for the men, but also supplies food their kitchen. In the past year they also started a chicken coop, and have plans to expand the garden to have aquaponics. All of this work is led by Rick Mihm, who's passion for work his shows in the dedication to the men he serves.



BEST INDIVIDUAL IMPACT AMY RESSLER

Storyteller, actor, director, playwright, artistic director, wizard, and Professor of Theatre Arts at University of Dubuque, Amy Ressler loves theater. Founder and artistic director of the Great Midwestern Educational Theatre Company, Amy has mounted several productions of socially-conscious plays and continues to host the free Imagination Celebration every year and Frogwarts, a summer camp for young wizards to celebrate and explore their own creative potential each summer. As a Professor of Theatre Arts at University of Dubuque, Amy "borrowed" a variety

of alternative spaces to host theater productions until the University of Dubuque built their new, state-of-theart Heritage Center. Taking advantage of the Heritage Center's new Babka Black Box Theater, Amy continues to grow the University of Dubuque's theater arts program, both in quality and the number of students participating. Her work with young people nurtures the next generation of actors, directors, playwrights and artists. The Dubuque community's theater scene is made much more vibrant with the active leadership and participation of Amy Ressler.



BEST IDEA AMERICA'S RIVER FESTIVAL/FIELD OF DREAMS 25TH ANNIVERSARY PARTNERSHIP

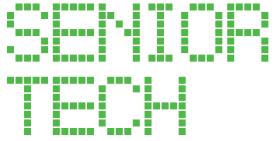
"Build it and they will come." Twenty-five years ago, a movie about a farmer hearing voices who told him to tear up his cornfield and build a baseball diamond captured the imaginations of people across the country and around the world. In the interim, they did come to visit that same field, that magic place from the movie that actually exists just outside of Dyersville, Iowa. To celebrate the 25th Anniversary of that film and its enduring impact, Keith Rahe of Convention & Visitors Bureau and director of America's River Festival took a swing for the cornfield and man, did he connect. Inviting Kevin Costner and

other cast members back to the Field of Dreams not only provided a great way for the cast and locals involved with the project to reconnect and relive the magic of that production, it brought the national spotlight to our little corner of "heaven" with people like Matt Lauer of the Today Show and sports broadcasting legend Bob Costas covering the reunion. Inviting Costner's band Modern West to perform at America's River Festival provided the perfect highlight to an amazing weekend celebrating our shared love of movies, music, and a story about second chances that has touched us all.



That's it folks! Thank you to all who submitted nominations this year. There were so many great suggestions that we couldn't include in the show and many who were already winners in past years that were nominated again, proving that their impact was no fluke. Congratulations to you all. Keep up the great work. We hope to see you on the Impact Awards stage in 2016. For now, don't forget to make your plans to join us very soon, for the 2015 Impact Awards at the Diamond Jo Casino's Mississippi Moon Bar on Tuesday, March 3 at 7 PM (doors at 6 PM, music at 6:30 PM). We'll see you there!





New and improved technology is giving seniors more autonomy, deeper social engagement, and greater access to stimulating activities that help them stay physically and mentally sharp. From the devices themselves to the array of activities and programs that those devices can run, a new door of connectivity is now open to the generation that has historically been one to lose touch with their modern world. More than half of America's seniors are now online and have smartphones. Welcome to the era of fully engaged senior citizen.

KEY WAYS TECHNOLOGY HELPS SENIORS:

- It keeps them connected with family, friends and community.
- 2. It keeps them fit and healthy, and helps them manage their personal health information.
- It gives them the experience they need to better use computers and mobile devices.
- 4. It helps them live independently so they can stay in their own homes longer as they age.

WHAT TECHNOLOGY SHOULD YOU BE USING?

TABLETS

You're never too old to buy your first tablet. With so many functions that make your daily life easier, faster and far more entertaining, you will find the investment paying off immediately. Not only can you browse the internet, you can watch movies and TV shows, do your mobile banking, get up to date news, communicate with your family with live video chat session and keep your mind sharp with games and apps to fill the free hours of your day.

Buying a tablet is not often an impulse decision. Before you decide to purchase a tablet, there are several things you might want to consider first.

Laptops and netbooks are portable computers, although a netbook is a smaller, much less powerful laptop (in terms of computing power).

Laptops (including netbooks) use computer operating systems; tablets typically use smartphone operating systems which are much less powerful. Unlike laptops/netbooks, tablets use touch-sensitive screens as their primary input device. There are some laptops however, that have a removable display that acts as a sort of tablet.



↑ Downton Abbey on an iPad? Don't mind if I do!



Tablets provide most of the bells and whistles of a laptop with usually less processing power and storage. They can connect to the Internet using Wi-Fi or (in some models) cellphone 3G networks. The most popular tablet today is the iPad with an array of Android-based models available.

Tablets differ from laptops in that they typically have smartphone operating systems and don't have a traditional keyboard, mouse or DVD drive but do have one or more cameras for both still photos and video.

The battery life on tablets is often longer than the average laptop, coming in at around 10 hours or so. A tablet has a touchscreen that you use to provide input to your computer. There is an on screen keyboard on a tablet you can use to enter text (though many models have wireless capability, which you can also use to connect to a wireless or Bluetooth-enabled physical keyboard).

Tablets are very light, weighing in at anywhere from slightly less than a pound to a couple of pounds. Tablets are also smaller than most laptops, anywhere from 7 inches to 10 inches or so in screen size.

Most tablets are available in both wireless only and wireless and 3G models. Depending on the device you choose, you can connect through a wireless network or a cellphone network on a model that supports both.

You can get free apps or purchase apps for your tablet that allow you to perform a wide range of functions, from video calling to playing games and playing digital musical instruments.

If you want a super lightweight device to browse the Internet, send and receive e-mail, and peruse content like ebooks, music, or movies, a tablet might be just right. If you need more of a workhorse to do a good deal of word processing or spreadsheets, for example, a laptop is probably a better bet.

Everyone has their preferences and you might have experience on traditional computers that drive your preferences once you enter the table world. Maybe people trust the waters of the tablet world with an e-reader. We think these are very limiting and if you are interested, you should skip it and go for the real deal with a tablet.

At 70 years of age, my own other is an iPad master using it for pretty much everything. Another friend currently at 85 years young, going on 30, is an Android fan and also uses her table as a go-to resource in her daily life. The learning curve is low and the rewards are great. A recent study that shows that seniors with e-readers spend more time reading and experience more brain activity than their younger counterparts.

WebMD reports that "Late-life depression affects about 6 million Americans aged 65 and older." Thanks to the way new technologies can foster regular connection with loved ones and provide intellectual stimulation, the latest gadgets and platforms hold huge potential for improving our quality of life as we age. And hey, how about WebMD itself. Now every aging hypochondriac can look up their aches and pains and self-diagnose. We suggest leaving some things to your doctor.



SMARTPHONES OR SIMPLIFIED MOBILE?

Smartphones may the in-thing for the young but it can be a nightmare for those that just finds them confusing. Although, they have smart features, seniors need basic and intuitive. Seniors dread being alone or isolated, and mobile phones can help them feel connected. Clearly marked buttons like "Call" and "End Call", and two buttons to navigate through the contacts list. Since most seniors aged 64 to 75 years old suffer from hearing loss, many of these phones have an

CONTINUED ON PAGE 24





BUDWEISER LOCAL LIVE MUSIC FEATURES

FRIDAY, FEBRUARY 27



The Tyme Machines, Group Therapy

9 PM @ The Lift

Chicagoan Bryan Adamick had a bunch of song topics inspired by his 4 years living in Green Bay, Wisconsin. He noticed the locals using terms such as "Tyme Machine" and "Bubbler." He recognized the locals wearing mustaches. It was a lot to handle and songs needed to be written! The band regularly plays their tunes (peppered with some of the most awkward 90's covers imaginable) live at bars and clubs in Illinois and Wisconsin. In Spring 2010, they recorded a 5 song EP entitled "Supper Club Serenades" featuring Wisconsin themed tunes and available for download on iTunes. Group Therapy, led by the 365 ad team, mine territory like 80's synth pop, 90's alternative, and modern country. Complete with keytar. Beat that on a Friday!



Rebecca Rego & The Trainmen, Sleep Study

10 PM @ Eronel Cover: FRFF

Not just another country singer talking about trains and railroads, Rego works Midwestern ideals, small town luxuries, and the importance of family into the patchwork Americana sound of The Trainmen. Opening will be Sleep Study, a Minnesota treasure by way of 70s Britain, with a sound like a T. Rex documentary where Marc Bolan doesn't die at the end.

SATURDAY, FEBRUARY 28



An evening with Ernie Hendrickson 9 PM @ The Lift

Shullsburg, Wisconsin native Ernie Hendrickson grew up on a steady diet of Willie Nelson, Bob Dylan, Neil Young and Jerry Garcia. These early heroes opened the gates to the deep well of American roots music which he continues to draw inspiration from. His 2007 solo record. Down the Road, pushed him onto the Midwest's radar as an emerging singer-songwriter. His second and third records found him working with industry veterans Bo Ramsey (Lucinda Williams, Greg Brown) and Chad Cromwell (Neil Young, Mark Knopfler) respectively. He has played stages from the Ryman Auditorium in Nashville to the Living Room in New York City and all points in between. His fans will attest to the energy and fun found at his live shows, which in the spirit of his heroes are never the same and always evolving.

THURSDAY, MARCH 5



John Statz 9 PM @ Eronel

Cover: FREE

A Wisconsinite who now resides in Colorado, John Statz's music is a beautiful blend of soft americana and smooth folk with echoes of The Jayhawks and Whiskeytown, especially on his new record, Tulsa. The record was produced by good friend and fellow Midwesterner Jeffrey

Foucault, critically acclaimed songwriter along with a backing band that consisted of Billy Conway (Morphine) on drums, Mark Spencer (Son Volt) on electric guitars and pedal steel, Jeremy Moses Curtis (Booker T Jones) on bass, Jeffrey Foucault on guitars and vocals, Caitlin Canty singing harmonies and Matt Lorenz on fiddle.

FRIDAY, MARCH 6



Casethejoint, Imperfekt, Ryan Nixon, **DBros**

9 PM @ The Lift

The Mic Hand Crew and friends will be taking over the Lift in downtown Dubuque for a night of area underground hip hop! A party atmosphere with hard hitting beats and technical lyricism will be in abundance. Solo and collaborative sets by hometown hero Casethe Joint, Imperfekt, D-Broz, and Ryan Nixon(MC Battle 2014 winner) The new album, Emoticon, with beats by Imperfekt and rhymes by Ryan Nixon of Cedar Rapids, IA will be highlighted. See Imperfekt craft live beats on stage before your eyes, with a few surprises along the way. This night will also be heavy on improv/ freestyle lyrics as all parties involved love spontaneous wordplay and feed off each other well.



Jack Grelle Band, John Till

10 PM @ Eronel Cover: FREE

Jack Grelle (pronounced Grell-ee) is a proud Missouri boy who sings his personal stories of

the road and the people he has met along the way. A country, folk and honky tonk songwriter and performer, Jack joins a new wave of young transient musicians who play America's music in bar rooms and living rooms across the globe. With a band made up of telecasters, pedal steel guitar, bass and drums, an authentic honky tonk performance is delivered every night that will captivate both the dancing and listening crowds. Opener John Till cultivates folk, blues and country from the farthest reaches of the Great Plains to the Appalachian foothills.

SATURDAY, MARCH 7



Jones + Enemies of Confusion

9 PM @ The Lift

Clay Hagen grew up in the Twin Cities. He's been a singer since he was a kid and took up the guitar in high school to start a band with friends. A Night in the Box burst on the Minneapolis music scene in 2005 showcasing Clay's powerful bluesy vocals and commanding stage presence. The soul and bluegrass band enjoyed a loyal following as a stage act and released two albums; "The Hustle, The Prayer, The Thief" (2006) and "Write a Letter" (2008). After a whirlwind five years, A Night in the Box split up to the disappointment of fans across the country. Clay went solo for a short time but missed band life. In 2011 he called on a few old friends - Nick Rush and Ian Tsan (Rambos, MPLS Henrys). The trio formed a new group called "JONES" and began a long distance collaboration between the Minneapolis and Chicago-based musicians. Clay would travel to Chicago for a weekend every few months and leave with a couple more songs. After 2 years of this, the band headed into Chicago's Minbal Studios to record a six song EP. JONES is a hard-driving, electric blues/rock band and a perfect vehicle for Clay's passionate performing style. The debut album will be released in late 2015. The Enemies of



Confusion mix their Midwestern rock with hints of blues (they are former bandmates of James Kinds), country, and sloppy drunk power pop that made so many folks in the Upper Midwest happy in the mid to late 80's.



Sleep Signals, Silent Redemption, Haliwel

10 PM @ Eronel

Sleep Signals is a 5-piece rock/post-hardcore band from Minneapolis, Minnesota that has covered a tremendous amount of ground in a relatively short period of time, while building a reputation of having an extremely high-energy live show and landing shows with national/regional bands like Saving Abel and Another Lost Year. Local dudes Silent Redemption bring a high energy, positive message laced with music that people can really dig into and connect in their daly lives, and hard rock openers Haliwel are a brand new addition to the Midwest music scene.

FRIDAY, MARCH 13



Marbin

10 PM @ Eronel Cover: FREE

Never ones for sitting still for very long, Marbin have spent a good chunk of the last decade establishing themselves as one of the most talented and potent new maelstorms to shake the worlds of jazz-rock fusion and progressive music in recent memory. Formed in Israel in 2007 by guitarist Dani Rabin and saxophonist Danny Markovitch (who then relocated to Chicago in 2009) from the very start, Marbin has possessed an energy and zeal perhaps only surpassed by

their work ethic, dedication and habit for not sitting still for long.

SATURDAY, MARCH 14



St. Patrick's Day w/ Ruby Blonde 9 PM @ The Lift

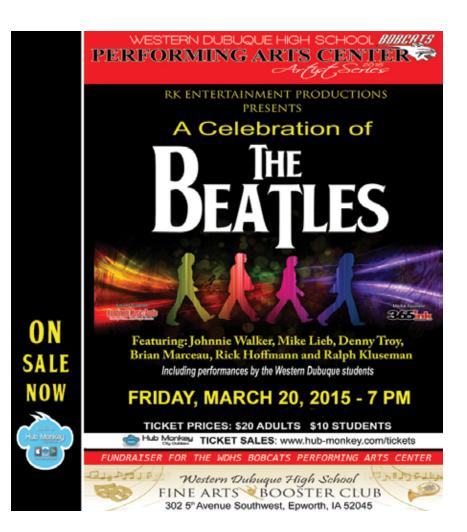
Celebrate St. Patrick's Day a little earlier with Rubyblonde! The band believes in having a great time! Rubyblonde has a busy performance schedule playing locally as well around the Illinois, Wisconsin and Iowa area. Featuring Lexi Parr aka Rubyblonde on vocals, Andrew Bockelman on Lead Guitar, Randy Peacock on Drums, Mark Mihkalakis on Bass, and Lauren Parr on violin and backing vocals. The band plays a big mix of classic rock, country, and original music. As usual, The Lift will have corned beef and cabbage early. Get there, let's party!



St. Patty's Day Partying w/ David Zollo & The Body Electric

10 PM @ Eronel

From the ashes of rollicking rock and roll band High and Lonesome to his tender barrel-house solo material, Dave Zollo has done it all. With his band The Body Electric, he's returning to Dubuque fresh off a run of shows across Italy to sing his tales of woe and redemption, to take the shoes of a nice Sunday morning and scuff them with the dancing of a weekend night. Zollo himself will be barefoot, seated, swaying to the music and keeping you partying.







Think Drink local. local.

facebook.com/HopHeadBeerBrigade

THURSDAY, FEBRUARY 26

Greg James 7 PM @ 1st & Main

7 Bridges Road 7 PM @ Riverboat Lounge

JJ Schmitz Duo 7 PM @ Mississippi Moon Bar

Open Mic with Jeff & Jimmy 8:30 PM @ The Cornerstone

FRIDAY, FEBRUARY 27

Fabulous Fridays: Ann Duchow & David Patterson Noon @ St. Luke's Methodist Church Scott Kerry Guthrie 7 PM @ Riverboat Lounge

TRI-STATE LIVE MUSIC

Gregory James Black History Month Celebration 7 PM @ Inspire Café

Garrett Hillary 7 PM @ Stone Cliff

The Wundos 7 PM @ DBQ Driving Range

Corey Jenny 7 PM @ Perfect Pint The Old '57s 7:30 PM @ Galena Brewing Co.

Meghan Davis 7:30 PM @ Frank O'Dowd's Pub

Unbreakable: A Tribute to the King of Pop 8 PM @ Mississippi Moon Bar

Laura McDonald & Jeff Weydert 8 PM @ Skinny Maginny's

Brown Bottle Bandits 8 PM @ Spirits Taste Like Chicken 8 PM @ Jumpers

Mississippi Band 8 PM @ Northside Bar

Duo Sol 8 PM @ Grape Escape

Kristina Castaneda & Shawn Healy 8 PM @ The Cornerstone

Rebecca Rego & The Trainmen, Sleep Study 9 PM @ Eronel

The Tyme Machines, Group Therapy 9 PM @ The Lift

Renegade 10 PM @ Sandy Hook Tavern

SATURDAY, FEBRUARY 28

Adam Keith 2 PM @ Sundown Mountain

7 Bridges Road 7 PM @ Riverboat Lounge

Johnnie Walker 7 PM @ Stone Cliff

The Fast Clydes Galena Goes '50s Sock Hop 7 PM @ Turner Hall

CC Rider 7:30 PM @ Galena Brewing Co.

Meghan Davis 7:30 PM @ Frank O'Dowd's Pub

Aaron Williams & The Hoodoo 8 PM @ The Blu Room, Breezers Pub

Sushi Roll 8 PM @ Mississippi Moon Bar

Fever River String Band 8 PM @ Fife's

Artie & The Catillacs 8 PM @ DBQ Driving Range Charlie Hayes & "Detroit" Larry Davison 8 PM @ Flatted Fifth Blues & BBQ, Potter's Mill, Bellevue

Zero 2 Sixty 8 PM @ Knickers

Point Five 8 PM @ The Cornerstone

The Lonely Goats 8 PM @ Grape Escape

Ernie Hendrickson 9 PM @ The Lift

Taste Like Chicken 9 PM @ Spirits

Shock Doctor 9 PM @ Northside Bar

Crude But Effective 9 PM @ Jimi B's

Dirty Laundry 9 PM @ The County Line

Black Water Gin 10 PM @ Sandy Hook Tavern

SUNDAY, MARCH 1

Open Mic with Scott Rische Noon @ Grape Escape

Open Jam with Fever River String Band 1 PM @ New Diggings General Store

Johnnie Walker 2 PM @ PromiseLand Winery

Open Mic with Jody McGill 2:30 PM @ The Cornerstone

Becky McMahon 3 PM @ Stone Cliff

Corey Jenny 3 PM @ Northside Bar

Nutsy Turtle & Lori 4 PM @ Dirty Ernie's

Statue of Liberty 4 PM @ Hawg Dogs, Savanna Better Than Good Enough 6 PM @ Sandy Hook Tavern

Miss Kitty's Quiz Show 8 PM @ Grape Escape

TUESDAY, MARCH 3

Statue of Liberty 365 IMPACT AWARDS 7 PM @ Mississippi Moon Bar

Andrew Houy 7 PM @ Riverboat Lounge

WEDNESDAY, MARCH 4

Live@5 Hosted by Ralph Kluseman 5 PM @ Tony Roma's

Acoustic Jam w/ Lenny Wayne 6:30 PM @ The Cornerstone

Rosalie Morgan 7 PM @ Riverboat Lounge

Laughing Moon Comedy Andy Kindler 8 PM @ Mississippi Moon Bar

THURSDAY, MARCH 5

Andy Wilberding 7 PM @ 1st & Main

Mississippi Duo 7 PM @ Riverboat Lounge

Jazz Night with 'Round Midnight Trio 8 PM @ Monk's Kaffee Pub

Campfire Kings 8:30 PM @ The Cornerstone

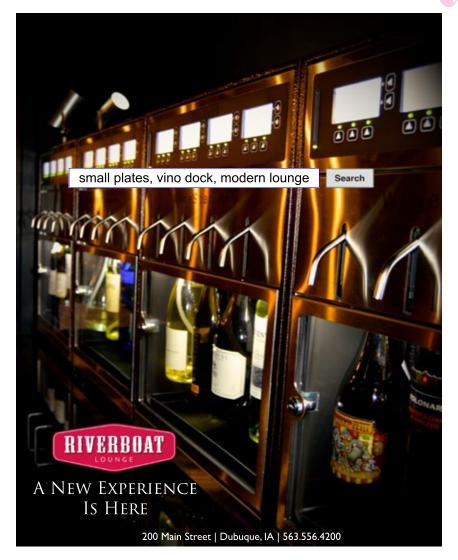
John Statz 9 PM @ Eronel

FRIDAY, MARCH 6

Fabulous Fridays Nancy Woodin, Helen Johnston, & Otto Krueger Noon @ St. Luke's Methodist Church

David Minnihan 6 PM @ Inspire Café

Steve McIntyre 7 PM @ Stone Cliff



Dirty Laundry 7 PM @ DBQ Driving Range

Garrett Hillary 7:30 PM @ Frank O'Dowd's Pub

Audiodrive 8 PM @ Mississippi Moon Bar

Massey Road 8 PM @ Spirits

Ruby Blonde 8 PM @ Jumpers

Zero 2 Sixty 8 PM @ Northside Bar

Annie Mack Band 8 PM @ Flatted Fifth Blues & BBQ, Potter's Mill, Bellevue

Hounds of Finn, feat. Lojo Russo 8 PM @ Grape Escape

John Moran 8 PM @ The Cornerstone

Ben Dunegan 9 PM @ Riverboat Lounge

Jack Grelle Band, John Till 9 PM @ Eronel

Casethejoint, Imperfekt, Ryan Nixon, DBros 9 PM @ The Lift

SATURDAY, MARCH 7

13 Year Anniversary **Customer Appreciation Party** Noon-Close @ Sandy Hook Tavern

Patchy Fog 2 PM @ Sundown Mountain Tony Walker 7 PM @ Stone Cliff

Randy Sabien & the Fiddlehead Band 7 PM @ UW-Platteville CFA

A Pirate Over 50 7:30 PM @ Fife's

Roy Schroedl 7:30 PM @ Galena Brewing Co.

Garrett Hillary 7:30 PM @ Frank O'Dowd's Pub

Tracy Lawrence 8 PM @ Mississippi Moon Bar

Sherrill Douglas: Tribute to Patsy Cline 8 PM @ Mystique Casino

Cluster Flux 8 PM @ DBQ Driving Range

Broom Street Drifters 8 PM @ The Cornerstone

The Lone Canary 8 PM @ Grape Escape

Sunshine Galena Fire Dept. Fundraiser 8:30 PM @ Turner Hall

Statue of Liberty 9 PM @ Riverboat Lounge

Sleep Signals, Silent Redemption, Haliwel 9 PM @ Eronel

Jones, Enemies of Confusion 9 PM @ The Lift

Broken Strings 9 PM @ Spirits

Renegade 9 PM @ Northside Bar

The 38s 9 PM @ The County Line

Crystal Leather 13 Year Anniversary Party 10 PM @ Sandy Hook Tavern

SUNDAY, MARCH 8

Open Mic with Scott Rische Noon @ Grape Escape

Bill Stock 2 PM @ PromiseLand Winery

Open Mic w/ Steve McIntyre 2:30 PM @ The Cornerstone

Danny Whitson 3 PM @ Northside Bar

Garrett Hillary 3:30 PM @ New Diggings **General Store**

Jason Ray Brown 4 PM @ Stone Cliff

Campfire Kings 6 PM @ Sandy Hook Tavern

Miss Kitty's Quiz Show 8 PM @ Grape Escape

TUESDAY, MARCH 10

7 Briges Road 7 PM @ Riverboat Lounge

WEDNESDAY, MARCH 11

Hosted by Ralph Kluseman 5 PM @ Tony Roma's

Acoustic Jam w/ Pearl Breitbach 6:30 PM @ The Cornerstone Scott Kerry Guthrie 7 PM @ Riverboat Lounge

Laughing Moon Comedy James Johann 8 PM @ Mississippi Moon Bar

Open Mic with Dave, Cricket, 9 PM @ The Lift

THURSDAY, MARCH 12

Kristina Castaneda & Shawn Healy 7 PM @ 1st & Main

Matt Valenti 7 PM @ Riverboat Lounge

D I Brian Reez 8 PM @ Mississippi Moon Bar

FRIDAY, MARCH 13

Garrett Hillary 7 PM @ Stone Cliff

Andreas Transo St. Patrick's Celebration 7:30 PM @ Frank O'Dowd's Pub

Midnight Special: The Classic Rock Experience 8 PM @ Mississippi Moon Bar

Steve Cavanaugh & Randy Droessler 8 PM @ Spirits

Jabberbox 8 PM @ DBQ Driving Range

Jordan Danielsen 8 PM @ Grape Escape

Statue of Liberty 9 PM @ Riverboat Lounge

Marbin 9 PM @ Eronel

Mighty Wheelhouse 10 PM @ Sandy Hook Tavern

SATURDAY, MARCH 14

Johnnie Walker 2 PM @ Sundown Mountain

Andreas Transo St. Patrick's Celebration 2 PM @ Frank O'Dowd's Pub

Laura McDonald & Meet the Press 3 PM @ Northside Bar

Killkenny 4 PM @ Riverboat Lounge

Ziegried Underground, 4 PM The Drama Kings, 8 PM Dyersville Commercial Club Park Pavilion

Massev Road 6:30 PM @ Eagles Club

Roy Schroedl 7 PM @ Stone Cliff

Derty Rice 7:30 PM @ Galena Brewing Co.

Andreas Transo St. Patrick's Celebration 7:30 PM @ Frank O'Dowd's Pub

The Spazmatics 8 PM @ Mississippi Moon Bar

Gladdy & The Tramps 8 PM @ The Blu Room, Breezers Pub

St. Patrick's Bash Jabberbox 8 PM @ Jumpers

Free 4 The Haulin' 8 PM @ DBQ Driving Range

7 Bridges Road 8 PM @ Asbury Eagles Club

Nathan Miller & Unstoppable Co. 8 PM @ Flatted Fifth Blues & BBQ, Potter's Mill, Bellevue

Jordan Danielsen Duo 8 PM @ Grape Escape

Nutsy Turtle & Lori 8 PM @ Coe's Bar & Grill, Benard

David Zollo & The Body Electric 9 PM @ Eronel

St. Patrick's Day Party Ruby Blonde 9 PM @ The Lift

Taste Like Chicken 9 PM @ Northside Bar

Menace 9 PM @ Hammerheads

Two Mile Crew 9 PM @ Shenanigan's Pub

Dirty Laundry 9 PM @ The County Line

Brown Bottle Bandits 9 PM @ Dagwood's

Eugene Smiles Project 10 PM @ Sandy Hook Tavern



Get more Rewards with ScoreCard



Simply better banking.

NO annual fee

• 0% APR* for 6 months (purchases & balance transfers)

• TRIPLE points on your first purchase (within 60 days)

. DOUBLE points when you use your credit card for gas, travel, and lodging January-March, 2015.

Apply at americantrust.com!



*Annual percentage rate. Subject to credit approval. Finance charges assessed on cash advances from the date they are posted. Variable rate is subject to charge quarterly and is determined by adding 5% to the NY Prime Rate as published in the Wall Street Journal. Method of computing is based on average daily balance for both purchases and cash advances. Up to \$15 charged for late payment. No annual fee, over limit fee, or cash advance fee. Triple points added to your ScoreCard points balance on first purchase made within 60 days of opening your credit card. See application or a Financial Services Representative for details. Double points on gas, travel, lodging January—March 2015 only. Personal cards only.

NIGHTLIFE



NOW SHOWING @ MINDFRAME THEATERS

FRIDAY, FEBRUARY 27-THURSDAY, MARCH 5

CHAPPIE (R)

Thu: 7:00, 9:30

FOCUS (R)

Fri-Thu: (11:45 AM), (2:15), (5:00), 7:30, 9:50

FIFTY SHADES OF GREY (R)

Fri-Thu: (11:30 AM), (2:05), (4:40), 7:20.10:00

KINGSMAN: THE SECRET SERVICE (R)

Fri-Thu: (11:00 AM), (1:40), (4:25),

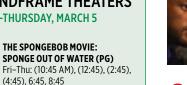
THE SPONGEBOB MOVIE: SPONGE OUT OF WATER (PG)

STILL ALICE (PG-13)

Fri-Thu: (12:15), (2:30), (4:55), 7:30,

AMERICAN SNIPER (R)

Fri-Wed: (12:00), (3:00), 7:00, 9:45



Thu: (12:00), (3:00)





555 JFK Road

Behind Kennedy Mall

Hotline: 563-582-4971

mindframetheaters.com

205 N. Iowa St, Dodgeville, WI • 608.935.5225 Grantland Theatre

218 S. Madison St, Lancaster, WI, 608.723.SHOW (7469)

statetheatres.com



151 Millennium Drive Platteville, WI 53818

> For showtimes: 608-348-4296 1-877-280-0211











COMING TO THEATERS

Focus (R)

Friday, February 27

Con artist (Will Smith) takes on an inexperienced apprentice in this crime comedy from the filmmaking duo behind Crazy Stupid Love.

The Lazarus Effect (PG-13)

Friday, February 27

A group of researchers led by Frank (Mark Duplass) and his fiancée Zoe (Olivia Wilde) have brought the dead back to life. After a successful, yet unsanctioned, trial on a deceased animal, the team is ready to unveil their breakthrough.

The Salvation (R)

Friday, February 27

The mighty Mads Mikkelsen unleashes a maelstrom of bloodshed in the Wild West in this white-knuckle tale of revenge. When he lays waste to the scoundrels who killed his family, a Danish ex-soldier incurs the wrath of a sadistic gang leader hell-bent on hunting him down.

Unfinished Business (R)

Friday, March 6

A hard-working small business owner (Vince Vaughn) and his two associates (Tom Wilkinson, Dave Franco) travel to Europe to close the most important deal of their lives. But what began as a routine business trip goes off the rails.

Chappie (R)

Friday, March 6

In the near future, crime is patrolled by an oppressive mechanized police force. But now, the people are fighting back. When one police droid, Chappie, is stolen and given new programming, he becomes the first robot with the ability to think and feel for himself.

The Second Best Exotic Marigold Hotel (PG)

Friday, March 6

Sonny has his eye on a now that his first venture, The Best Exotic Marigold Hotel for the Elderly and Beautiful, has only a single remaining vacancy. As the demands of a traditional Indian wedding threaten to engulf them all, an unexpected way forward presents itself.













MOVIE BUZZ

Justified star Timothy Olyphant will next be on the hunt for Joseph Gordon-Levitt's Edward Snowden in Oliver Stone's upcoming film about the controversial whistleblower. Shailene Woodley, Melissa Leo, Tom Wilkinson, and Zachary Quinto are also attached to star in the film.

Steven Spielberg wants Chris Pratt to anchor the rebirth of Indiana Jones that is being developed at Disney and says he wants to direct it, too! Pratt was handpicked by Speilberg to star in Jurassic World, which comes out this June.

Paramount Pictures and Bad Robot are going to give us a look at the rugged side of Thomas Edison. As is the natural way for these things, already at The Weinstein Company there's another film about Edison in development—one about the inventor's AC/DC battle with George Westinghouse—while NBC has developed a procedural about Edison fighting crime with the NYPD. Seriously.

Dan Aykroyd reportedly once again expressed his continuing, misguided thought that all his ideas for Ghostbusters 3 will yet be put into production--despite over a decade of that never happening no matter how hard he tried. "There's three drafts of the old concept that exists," Aykroyd said. "And we're going to be able to salvage some of it and use it. Yeah, we're gonna be able to use it some day." Let it ao. let it ao.....

District 9 and Elysium director Neill Blomkamp is officially making an Alien sequel--assumedly the first to focus entirely on how the class divides among the xenomorph forms mirror man's own socioeconomic inequalities. Sigourney Weaver, who just worked with Blomkamp is interested to return. ■

Initial donation must be completed by 3.31.15 and subsequent donations within 30 days. Coupon redeemable only upon completing

participating locations

22

successful donations. May not be combined with any other offer. Only at

\$150 NEW DONORS OR DONORS WHO HAVEN'T DONATED IN SIX MONTHS OR MORE, PRESENT THIS COUPON AND RECEIVE \$150 IN JUST THREE DONATIONS.

Must present this coupon prior to the initial donation to receive a total of \$50 on your first, a total of \$50 on your second and a total of \$50 on your third successful donation.

MISSISSIPPI MOON BAR EVENTS

All shows at the Mississippi Moon Bar are 21+ only and tickets for all performances are available at the Diamond Club inside the Diamond Jo Casino or online at **DiamondJoDubuque.com**.



UNBREAKABLE: A TRIBUTE TO THE KING OF POP FRIDAY, FEBRUARY 27 @ 8 PM

Direct from Las Vegas, Michael Knight captures the essence of a Michael Jackson concert complete with professional choreographed dancers and band. Knight has the looks, sounds and talents to pay tribute to the one and only "King of Pop!"



TRACY LAWRENCE SATURDAY, MARCH 7 @ 8 PM

Tracy Lawrence is one of the most recognizable voices in country music with songs such as "Paint Me a Birmingham," "Alibis," and "Find Out Who Your Friends Are." Lawrence has enjoyed twenty-two songs on the Billboard Top 10 charts with eighteen #1 singles, and selling over thirteen million albums.



THE SPAZMATICS SATURDAY, MARCH 14 @ 8 PM

The Spazmatics lend their geeky charm to the tune of theme songs and hits that shaped the 80's. Their spastic show is complete with style and dance moves. They add a unique dimension to their performance, demonstrating the common ties between 80's new wave and today's popular music.



END OF WINTER BLUES FEST FRIDAY, MARCH 20 @ 7 PM

Corey Stevens is a blues-based rock singer, songwriter and guitarist. Stevens has recorded numerous songs including "One More Time," which landed him in the Top Ten. Stevens has toured with the likes of Paul Rodgers, Lynyrd Skynyrd, and ZZ Top.

Sena Ehrhardt has been invited to open concerts for B.B. King, ZZ Top, Robert Cray, Dickey Betts, Johnny Winter and Gregg Allman. With her newest release, Live My Life, Ehrhardt continues to forge her own personal and intelligent take on the blues.

Shannon Curfman is a singer, songwriter and guitarist who has been Kid Rock's duet partner, background singer and guitarist since 2010. As an opener she has toured with Mellencamp, Buddy Guy, The Indigo Girls, ZZ Top, Carlos Santana, and more. Curfman is an electric and commanding performer who rips solos on the guitar like one of the guys.



SATURDAY, I From Jan and

THE JAN & DEAN BEACH PARTY
SATURDAY, MARCH 28 @ 4 AND 7 PM

From Jan and Dean, the legendary top-selling artists of the 60's, comes a Beach Party like no other! Along with their chart topping hits "Dead Man's Curve," "The Little Old Lady from Pasadena," "Surf City," and "Surfin' Safari," Dean Torrence brings to the stage all of the music that made the California beach scene famous. This outstanding show will have you singing along to all of your favorites in a fun-filled, high-energy performance taking you back to the 60's.



DAVID ALLAN COE SATURDAY, APRIL 11 @ 8 PM

David Allan Coe is a singer and songwriter, and is one of the most colorful and unpredictable characters in country music history. Coe's biggest hits include "Mona Lisa Lost Her Smile," his 1975 cover of Steve Goodman's "You Never Even Called Me by My Name," which cracked the Top Ten, and "The Ride."



THE TUBES FRIDAY, APRIL 17 @ 8 PM

The Tubes will go down in the rock history books as one of the most exciting, in-your-face group of musicians who epitomized the hilarity of popular American culture by making it into the ultimate rock 'n' roll extravaganza. The single, "She's a Beauty" reached the Top 10 and pushed The Tubes' album Outside/ Inside into the U.S. Top 20. ■



COUNT'S 77 SATURDAY, APRIL 25 @ 7 PM

Count's 77 is hard rock band from Las Vegas, led by Danny "Count" Koker, star of HISTORY'S hit television series Counting Cars. These powerhouse musicians attribute their 70's rock to the musical roots of Thin Lizzy, Foghat, The Allman Brothers and Led Zeppelin. Count's 77 stands to be one of the leaders in the classic rock revival, bring back the vibe of one of the best musical eras of all time.

ADDITIONAL UPCOMING EVENTS

JJ Schmitz Duo

Thursday, February 26 @ 7 PM

Sushi Roll

Saturday, February 28 @ 8 PM

Laughing Moon Comedy: Andy Kindler Wednesday, March 4 @ 8 PM

Dueling Pianos: Eben & Marquardt Thursday, March 5 @ 8 PM Audiodrive

Saturday, March 6 @ 8 PM

Laughing Moon Comedy: James Johann

Wednesday, March 11 @ 8 PM

50's & 60's Sock Hop

Thursday, March 12 @ 7 PM

The Classic Rock Experience

Friday, March 13 @ 8 PM

Laughing Moon Comedy: Doug Thompson

Wednesday, March 18 @ 8 PM

Dueling Pianos

Thursday, March 19 @ 8 PM

Club 84: 90's-Now Sham-Rock Party

Saturday, March 21 @ 8 PM

Laughing Moon Comedy: Greg Warren

Wednesday, March 25 @ 8 PM

WJOD Country Line Dance

Thursday, March 26 @ 8 PM

Jim Wand

Saturday, April 4 @ 8 PM

4th Annual Comedy 10K Competition April 29–May 2

Laughing Moon Comedy: Pauly Shore

Wednesday, May 6 @ 8 PM

CONTINUED FROM PAGE 17

amplifier, making it louder than regular mobile phones. These types of mobile phones can help seniors live independently, while giving loved ones peace of mind.

75% of U.S. adults age 65 and older now own mobile phones and many of those are smartphones. For the most part, smartphones these days are every bit as powerful and feature filled as tablets, if not more. The problem is, they dared screen is just so small. You might choose to double up and have both, but if you're looking to do one or the other, You might go with the tablet and just keep a simplified mobile phone option. But once you are hooked on 24/7 connectivity, you might find that that's just not good enough.



SKYPE AND FACETIME

Seniors can use Skype for video chats to communicate face-to-face with distant friends and family members. If their friends don't have a computer or a Skype account, seniors can use Skype to call a telephone from their computer for a traditional voice

conversation. Skype also has an online chat feature that lets seniors see when people they care about are online and exchange messages in real time. Skype-to-Skype audio and 1:1 video calls are free. Calls to landlines and mobile lines are available through a subscription or pay as you go, including international calls, which are usually less costly than standard long-distance rates. iPad's FaceTime technology works much the same way with other Apple devices.

NETFLIX AND HULU+

We share our Netflix and Hulu+ streaming account with my mother. She's smart as a tack and though tech can get her frustrated, as long as the tech is working, she'd good to go. But I quickly saw hoe convenient it would be to assist her or anyone who you've hooked-up to your account to have an easier experience. On Netflix, you can set-up user accounts and pick movies and TV series specifically suited to their likes. Netflix remembers where you left off in a TV series and even in an episode. You can move shows in and our of their queue for them and see their activity to know that they are indeed engaging in the technology. Netflix focuses on movies and TV series who's seasons have concluded while Hulu+ is the go-to place for keep up with episodes of your favorite shows are originally aired as early and as the day before. Each service only costs about \$8 a month if you had to buy it for mom and or dad and like I said, you can have a lot of devices on the service at time, so maybe a whole family can share an account (until they change the rules).

FACEBOOK

The kids are leaving Facebook for Instagram and other apps because too many old people, like their moms and dads are on there. Good. Let the go. Take over this Technology and network, network, network. Live vicariously through your friends and family. Keep up with current events. Argue for hours and hours with your our of touch snot-nosed liberal kids. Facebook is an incredible took for connecting with those you care about, re-connecting with people you lost connection with and meeting a whole new group of people. And you can literally blow hours a day looking at nothing important at all and not mind a bit. It's sort of like a tech drug. But if you're over 65, you're used to taking drubs by now.:)



VIDEO GAME SYSTEMS

Teenagers aren't the only ones who get a kick out of video games these days. **Gizmag.com** reports on a study from the University of Iowa stating "that by playing a specific video game, test subjects aged 50 and



Make Your Own Memories

The freedom to live without the worries of everyday life. Freedom to pursue your passions. Stay. Go. Do as you please. We'll take care of the details to make sure that you're free to make new memories. And our assisted living and memory care services provide peace of mind should the need arise.

Call **(563) 585-4900** today to learn more about senior living options at Oak Park Place, or to schedule a personal tour. This isn't a place to retire – it's a place to live. *Welcome home*.

DUBUQUE:

1381 Oak Park Place Independent Living • Assisted Living • Memory Care • Respite Care

www.OakParkPlace.com

Find us on Facebook





DUBUQUE Live Life. Live Well. over were able to stop and even reverse the trend" of cognitive decline.

Video games use problem-solving skills, encourage socialization, and are just plain fun for seniors. The Nintendo Wii was the first major console to use motion-sensor controls. The gameplay is surprisingly intuitive and requires just enough effort to keep senior users active without putting them at major risk of injury. Wii Bowling has emerged as a favorite of seniors across the country.



MOBILE ALERT SYSTEMS

Commonly known as Personal Emergency Response Systems (PERS) help seniors live independently. Some of these systems are tethered or attached to a phone line, and the range is limited to a person's home. Thanks to technology, these systems are getting smaller and mobile. From pendants to wrist-worn devices, seniors can now move freely outside the home and remain in contact with emergency services.

ELECTRONIC PILL DISPENSERS

Helping seniors live independently can be challenging, especially when it comes to medications. Most seniors are required to take at least four medications per day. To help organize their daily dose of medicines, electronic pill dispensers are a huge luxury. Aside from dispensing pills, these devices can also remind them when they need to take their medicines. According to research conducted by the National Institute for Aging, using electronic medication reminders help seniors take their daily doses on time. Also, these assistive devices prevent mixing drugs that can result in adverse effects that may lead to death. Do your research on the best pill dispenser and find out what's best for you or someone you love.

One thing to keep in mind is protection. Data protection. It's okay to ask questions and be sure of things before you give any information away. Online banking, Christmas shopping on the internet, checking medical information and setting appointments is all at your fingertips. Just make sure it's only at your fingertips, at least as best you can. If you don't feel right about something, ask somehow trust to do it with you first time and also decide if you want your devices to remember your passwords automatically. Open your world to faster easier living, but don't open your personal information up to people who try to get you give them information you don't think you should have to be giving.



Aging in place is the overwhelming preference of boomers and older Americans today. An AARP surveys says 86 percent of people over 50 say they want to stay in their own homes as they age. Technology is helping that happen. Another reason for seniors and their families to consider aging in place is financial. The Genworth 2012 Cost of Care Survey reports that the average cost of assisted living care for seniors in the United States is \$3,300 a month and a private room in a nursing home costs more than \$6,700 a month. Along with the emotional benefits of aging in place, seniors can save thousands and thousands of dollars if they are able to remain at home.

So some investments in senior friendly tech might actually save you thousands on the other end, while helping you live longer healthier lives with sharper minds and closer families. Aging at home is part of the modern American Dream. The earlier you embrace the technology that helps you do that, the happier you'll be.



Your lifestyle doesn't have to be limited.

Bruno Stairlift provides ease in managing stairs with straight or curved rails. We will measure, install and service.

Rio Bath Lifts aid in the safety and freedom of bathing in your own bath. Modern, easy assembly and cost-effective.

Call or visit us today for more information.



2282 University Ave. | Dubuque, Iowa | 563.588.8707

"We put the CARE in Homecare"



SALSA'S MEXICAN RESTAURANT

Salsa's opened at the corner of 11th and Main Streets in Dubuque on February 27, 2004. If you haven't been there before you might think it's just another typical Mexican chain eatery. But no, this one is different. It is an independent, family owned, restaurant serving authentic made- from- scratch Mexican food. It's different because the cuisine is especially prepared to appeal to the expectations of American diners.

Salsa's is in a building over 100 years old. It was previously a bar called the Shangri-La affectionately known as "Old Shang" by its patrons. After the building was renovated by Gronen Restoration John Gronen gave Salsa's owners the opportunity to move in.



Salsa's was opened by Emiliano and Maria Ramirez. Emiliano is from Escuintla, a city with a current population of approximately 103,000 in south central Guatemala. His family moved to Los Angeles when he was six.

Emiliano relocated to Dubuque 15 years ago in order to be near his brother Pablo Ramirez who was studying at the University of Dubuque. Pablo was the football kicker while at UD. After graduating from the Aviation Management Program a twist of fate landed him in the City of Dubuque Police Department where over the last 21 years he has climbed through the ranks and is now a Lieutenant.

Emiliano started as a waiter at La Mesa (now Los Aztecas) on Dodge Street. When La Mesa's owner went to open more restaurants in Wisconsin he took Emiliano with him. Soon thereafter Emiliano was cooking at Cancun Mexican Grill in Eau Claire, WI. When he came back to Dubuque he opened his own restaurant called Salsa's which means sauce in Spanish. He chose the name because his restaurant uses many different sauces and he makes all of them himself. There is Mild Sauce for tortilla chips; Salsa Ranchera for eggs; De Burro Sauce for burritos; Enchilada Sauce; Tomatillo Sauce; Mole; Chipotle Sauce made from dried jalapeño peppers; Cheese Sauce; Adobo, a mild sauce made from dried peppers, garlic and vinegar for pork and chicken; and of course the hot sauce—Salsa Picante.

Salsa's was open for about 28 months when it closed in June, 2006 for an 8 month remodeling project. Four inches of concrete was poured over the dirt floor in the basement. A new maple wood floor was installed and a 90 year old mahogany bar was brought in. There is a bit of a story that goes with the bar: patrons used to snuff out their cigarettes on it and the burn marks are still visible.

Emiliano's restaurant is a family business. He and his wife Maria are the owners. But he also considers his long-time employees, Chef Jose Rodriguez, Christian Hernandez, Fidadelfio Muxtay, and Nely Ribas members of his family.

Salsa's menu is the same for lunch and dinner. There are many lunch specials available every day, except Sunday, from 11 am to 2:30 pm. Happy Hour is from 4 pm to 6 pm when there are drink specials. You can decide for yourself what these specials are (within limits!).



Fajitas are a delicious specialty. Beef Fajitas are beef strips cut from Ball Tip Steak which is also known as sirloin or sandwich steak. The Chicken Fajitas are strips of center cut chicken breast. The term "center cut" means the thinner tips of the breasts have been removed so they don't overcook and become dry.



The Salsa's Fajita is an excellent choice. This is a combination of steak, chicken, shrimp and chorizo sausage. It is served with sautéed onions, bell peppers, rice, beans, guacamole, lettuce, pico de gallo, sour cream and corn or flour tortillas. A cheese quesadilla is included just for fun.



The Chimichanga is very popular here. Your choice of steak or chicken is wrapped in a tortilla with bell peppers, onions and spices. Then it is fried and topped with a cheese sauce. The sauce adds a tasty flavor: Mexican cheese is blended with warm milk and jalapeños.



The Burrito Grande is impressive. Two twelve inch flour tortillas are stuffed with your choice of beef or chicken, then fried, then topped with a combination of Tomatillo and Enchilada sauce. This is 2.5 pounds of good eating!

The Chilaquiles Mexicanos (Tchee-lah-KEE-lehs May-e-CAN-os)) is an interesting and unusual dish not typically found on Mexican menus in this country. Fried tortilla chips are topped with chicken, red sauce and melted cheese. The sauce is mild but in Mexico this would have a very hot salsa picante because Chilaquiles is believed to be a cure for hangovers!

The Burrito Salsa is also a good dinner selection. This is different from the other burritos because ground beef is used instead of steak strips and shredded chicken instead of sliced is used to stuff the flour tortilla.

There are many ways to enjoy Pollo (chicken) at Salsa's. Pollo en Adobo is chicken marinated in Adobo Sauce. Chicken Popeye is a grilled chicken breast topped with spinach, mushrooms, onions and cream cheese. And Pollo a la Dubuque is a marinated breast topped with Cheese Sauce. Both the Popeye and Dubuque entrées contain a whole pound of chicken.



↑ Chicken Popeye

Seafood specialties are always in great demand. The Tacos de Pescado (Fish Tacos) is two white fish fillets marinated in a chile lime juice. The Seafood Enchiladas are made with crabmeat and shrimp and topped with a spinach sauce.

Salsa's also gives you many ways to feast on Camarones (cam-ar-own-ees) (Shrimp). These include:



Coctel de Camarones (Shrimp Cocktail)—in a dish with avocados, onions, tomatoes and peppers.



Camarones al Mojo de Ajo (al Moho Day Eyeyo)—literally garlic-soaked shrimp. The Mexican version of Scampi.

Camarones al Chipotle (Chee-poat-lay)—grilled shrimp in a chipotle sauce.

Camarones Rancheros (Ran-chair-ohz)—grilled shrimp smothered in sauce.

Camarones a la Diabla (Dee-ab-la)—shrimp sautéed in a red hot sauce and my favorite! Hint: anytime you see El Diablo or La Diabla on a menu it refers to the Devil and means you can expect the dish to be spicy hot.

Salsa's has a reputation as the place to go for outstanding Margaritas. Emiliano is an expert in mixing Margaritas and he uses his own proprietary recipe. You all know what a Margarita is, right? Well, just in case you forgot it is a cocktail consisting of tequila, triple sec and lime or lemon juice usually served with kosher



↑ Top: Camarones a la Diabla

or sea salt on the rim of the glass. The International Bartenders Association specifies an official ratio of 7 parts tequila, 4 parts triple sec and 3 parts lime juice. According to Mexican law all tequilas must be made with over 50 percent juice of the blue agave plant. The most expensive tequilas are 100% agave or pure blue agave. Triple sec is an orange flavored liqueur made from the dried peels of bitter and sweet oranges. You can request this concoction served straight up (no ice), on the rocks (ice) or blended with ice (frozen). Today the Margarita is the most common tequila-based cocktail.

Nobody knows for sure where and when the Margarita was invented. The first time it appeared in print was when it was the drink of the month in the December 1953 issue of Esquire Magazine. It became popular after Jimmy Buffett recorded Margaritaville in 1976. It really took off after he opened his first Jimmy Buffett's Margaritaville Restaurant in Key West in 1985 where it was, and still is, the signature drink. Fun Fact: there are now over 30 Margaritaville Restaurants and the closest one is at Navy Pier in Chicago.

Most people would agree: the more expensive the tequila the more flavorful the Margarita. This is why Salsa's stocks 17 of them. They include Don Julio, Patrón, Jose Cuervo, El Jimador, Corralejo, Herradura, Cazadores, 1800 Silver, 1800 Gold, Tres Generaciones and El Tesoro de Don Felipe.

I am still experimenting to see which ones I like the best so every time I order Margaritas I ask for different tequilas and I check them off my list. If you are going to play this game you should know some of the terms used on tequila labels:

Blanco (white) or Plata (silver) - are young tequilas and are completely clear liquid.

Ora (gold)—these are the same as clear tequilas only they have artificial coloring added. There is no taste difference between Blanco and Ora.

Reposado (rested)—these are aged between two months and one year in oak or some other wooden barrels.

Añejo (aged)—tequila aged in oak for a minimum of one year and a maximum of three. Aging mellows the harshness of the alcohol and adds more complex flavors.

The next time you visit Salsa's Mexican Restaurant notice the Frozen Margarita Machine on the bar. It's an expensive piece of equipment and it's really necessary if you expect to have a magnificent frozen margarita. With



↑ Top: Frozen margaritas; Bottom: Margarita straight up

this machine Salsa's is able to make fresh margaritas for every order and each one is smooth and consistent and never watered down. Fun Fact: the first Frozen Margarita Machine was made from a modified soft-serve ice cream dispenser and is now on display at the Smithsonian Institution. If you like your Margarita frozen you have a choice of lime, strawberry, raspberry, peach or mango.

Do you have a favorite restaurant you would like to see reviewed? Please send your requests, suggestions and comments to Argosy at **argomark@mchsi.com**.

SALSA'S MEXICAN RESTAURANT

1091 Main Street, Dubuque, IA 52001

563-588-2880 · SalsasMexicanRestaurantDQU.com

Hours: Sun-Thu: 11 AM-9 PM; Fri-Sat: 11 AM-10 PM

Dining Style: Come as you are **Noise Level:** Conversational

Recommendations: Taquitos Mexicanos, Speedy Gonzales, Chicken Popeye, Carne Asada, Salsa's Fajita, Burrito Grande, Chicken Chimichanga, Camarones al Mojo de Ajo, Camarones a La Diabla,

Tacos de Pescado

Liquor Service: Full Bar, Margaritas, Daiquiris **Prices:** Lunch: \$5.99-\$8.99; Dinner: \$7.99-\$14.99 **Pay Options:** Cash, Debit, All Credit Cards except

AMEX, No Checks

Accessibility: Front Door and Restrooms

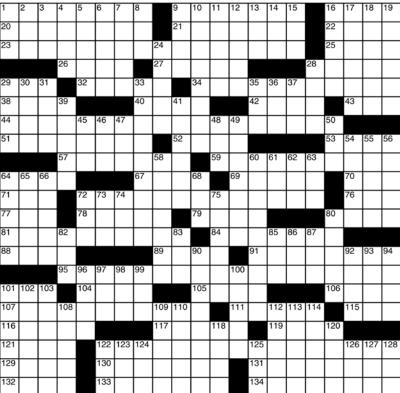
Kids Policy: Menu-Yes, High Chair-Yes, Booster-Yes **Reservations:** Yes • **Catering:** Yes, Both on and off-premises • **Take Out:** Yes • **Delivery:** No

Parking: On Main Street and 11th Street

PREMIER CROSSWORD/ By Frank A. Longo

REORDERING PARTS

PF	REN	ИE	R	CR	<u>os</u>	SV	<u>vo</u>	RD	/ в _у	y F	ra	nk	A. I	_on	go			P	AR'	TS_	
ACR			4	4 Sal				Bistro		3 1	134		deavo	ring		Yule t				n Lui:	s —
	Displa				ns ha			beauti				ane	w			Outdo		ear	90 Sp		
	shimm				uintet			and a								retaile				lumes	
	nilky o				nangir			great				WN				Suffix				a sigl	าร
	Reinfo	rcing			orativ			"I see			1		fix wi	tn		20-Ac			93 —		
	eyelet				ads?			"It's —			•	hill				— be				ssible	
	Shape		-		ds-fille	ea		words						poet		good!				nks' f	
	parent	neses	S 5	2 Bib		. la		They	count	er			's bre			Yell a				utzy o	nes
	₋ike a Villian				ore Jo			nays III-fate				Sav	ende	u		distar Three			97 A 98 Ho		
		ns-			sta, e			III-tate whale			_		/or ack ta	atia		Come		IIX		ney Ider	
	ourg		5		atest									CUC		Startle				iaer ise tyj	
	district		,		ortan			What		a		No				Startii Violer				dian n	
22 0	Eyegla	ISS	٥		e-sixtl oot?	n or		to tak				Wa		onto							
								get w					vt. ag in tra			Molly Least				ake fiz imbug	
	Sharp-				cums	ect		prehis times'			10					comfo			02 Ht 03 Us		gea
	espor			7 Hul									porte			comic U.K.	паы	e i		eo a ok an	
	rom a creep?				en, as ted do			8-poir Scrab					II-time itz lis			o.k. chanr	a l		lin		a
			-		iea ac h Gre			They					AT&			cnanr "— -d		ı» 4	08 Sc	-	
	Eye pa Energy			lett		eĸ		rds.	cross		13	riva				Hosp.				ib awa	21/
	Provid				ette p	ort		Fiery	fito		11		u /ilight	**		As lor			10 Tip		ay
	with)	е		1 Fai		arı		Steer			14		niigni. k gp.			As ioi Ear-re				oes Des	
	Hiatus		,		rs de	ar?		Nautil		31	15		mpic	idoal		Statio				m fes	tival
	Gut-pu		-		rk uni			VIP	us				colo			store				k, ofte	
	espor		-		ic per			Hot-ro	d rod			Exp		1		Marita			13 Sp		511
	Mello -		,		rshwir			Lame				Wri				begin				ring fir	o hit
	drink		7		ls dov			somel					ally w	ot.		Artist			18 Tr		e bit
	orand)				ge's "			who w					p. sh			— Bo				port r	noar
34 L					ye s wkish			one o					husk			Comi		•	Pa		leai
	someo	ne			e telli			sons t					n- —	`		Charl	-	1		anhatt	an
	doing				unes			name		r	23		prova	le\		Age	one	'		aser?	
	oil cha				ing in			direct			30		hmas			Flee f	rom	1	23 W		
	ınder				ficial I			Palma					peans			Huma				d Ro	of —
	ar?	а			rces?			Mad,					ped c			of the				isv mo	
	Plane	nart	9		ually b			"off"	*****			Tol		, ut		Fence				IRS	J. 101
	Gaelic		•		dline			Indian	over	1	00	villa				Slowi		1	26 VI		
	angua		8		ernativ			Oil co		•	36		ek to	win		down				gged	v
	Colum			9 "—		Ciy		Water					debe			mus.	,			(doll)	
	Barrett			1 Wo				Novel					ergy-f			Blast	caus	e 1		e sor	
	Fook o				perly			Sábat				"Cia		mou		Craft	oudo	•	no		
1	2	3	4	5	6	7	8		9	10	T	11	12	13	14	15		16	17	18	19
20	\vdash	\vdash		\vdash		\vdash	\vdash		21	\vdash	+							22	\vdash		
23	\vdash	_	_	-	_	_	\vdash	24	_	\vdash	+	_						25	-	_	
I_0	1	l	l		l	l	I	- 1		l	-			l	l				İ	l	



#1,713

Average time of solution: 65 minutes

Crossword answers on page 35



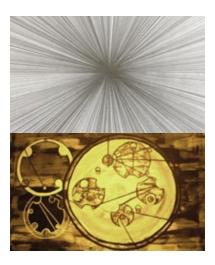
CARNEGIE-STOUT PUBLIC LIBRARY EVENTS





SWEET MEDIA AT CARNEGIE-STOUT!

Download and keep five songs per week—no returns! Visit your library at: **dubuque.lib.ia.us** and go to the "E-Branch Library" and click on "digital collections" to find over 7 million songs via Freegal! All you need is your library card. Also check out streaming video through the library's website. Again, click on Digital Collections to find OverDrive and over 700 streaming videos!



Art @ your library

Now through Wednesday, March 25

The unique and successful Art @ your library® exhibit for February and March will fill the Carnegie-Stout Public Library's historic second floor Rotunda beginning Friday, February 6, 2015 featuring local artists Ali Levasseur and Matthew Mikulice.

Levasseur's new series Circular explores two ideas; Nerd Pop Art and the Elements and Principles of Design. Levasseur uses the written language from the television program Doctor Who called Gallifreyan, using circles and lines to create words which Levassuer has used to express her ideas and concepts visually into her artworks. The Dubuque TARDIS will make an appearance at the opening.

Mikulice considers his artwork tidy and organized focusing on simplicty and repetition. All of his drawings are on paper and he follows the traditions of post minimalism, geometric abstraction, noting that the process is the most important part of his work.

Art @ your library® continues the relationship between the Library and art throughout its 114 year history by bringing unique, local exhibits to the Library. A variety of artists' works are featured during the year with a bi-monthly reception for selected artists to highlight their work for the public to enjoy.



Teen Tech Club & Contest

Tuesdays: March 10 and April 14 @ 4 -5 PM
Contest Deadline: Thursday, April 23 @ 8 PM
Since early 2014, the Carnegie-Stout Public
Library and Loras College Honors group
have collaborated on the implementation of
a portable digital media lab program in the
Dubuque Community, known as the Teen
Tech Club. Teen Tech Club offers lessons once
a month at three locations: the Multicultural
Family Center (March 23 and April 30) at
4-5 PM), the Boys and Girls Club (March 25 and
April 22 at 4-5 PM), and the Carnegie-Stout
Public Library (March 10 and April 14 at 4-5 PM).

Teen Tech Club is now offering a contest to Dubuque Area Teens. Using technology such as MacBook Pros, iPads, Makey-Makey, and a variety of software teens are invited to create an advertisement that pertains to their favorite hobby or their favorite location in Dubuque. Projects may be worked on during Teen Tech Club and all technology is available at the Library when the Club is not meeting.

Final projects are due by 8 PM on Thursday, April 23. Entries will be judged by technology experts associated with the Teen Tech Club. The first place winner earns a display of their work in the Loras College Legacy Symposium and a new pair of premium Beats Headphones!

Participation in Teen Tech Club is not required to enter the contest. For more information about Teen Tech Club and/ or the contest, contact Danielle Day at dday@dubuque.lib.ia.us or 563-589-4138.

COMMUNITY EQUITY PROFILE TO FOCUS ON HOUSING IN MARCH

Inclusive Dubuque's Community Equity Profile kicked off in February with a focus on economic wellbeing. The network hosted seven community dialogue sessions in which community members engaged in conversations about equity and inclusion in Dubuque on topics including employment and income, among others.

In March, the focus of the profile will shift to housing. Inclusive Dubuque will host five public community dialogues to share data in areas such as affordability, access to quality housing and residential segregation.

"All things that matter in the areas of human development start at home," said Alvin Nash, housing and community development director for the City of Dubuque and Inclusive Dubuque network member.

Housing is critical to the emotional intelligence of a family, the economic prosperity of that family and the economic success for a majority of the community."

Housing also plays a key role in economic development, job creation, quality of life and an increase in population. Communities that have experienced substantial growth and economic prosperity have offered a balance of safe, affordable housing to all segments of the community.

"There cannot be community growth without an advanced understanding of housing needs, and those needs accommodate everyone in the community," said Nash.

Community members can participate in this process by attending community dialogues to share their perspectives, opinions and possible solutions for each focus area. The dialogues will provide an opportunity to learn about data, to discuss how the numbers compare to their experiences, and to share stories of opportunity and practices already taking place in our community.

For each focus area, Inclusive Dubuque will also distribute a short survey to capture responses from community members who are unable to attend the in-person discussions, as well as from dialogue participants. It will include questions specific to each focus area, along with general questions about equity and inclusion in our community.

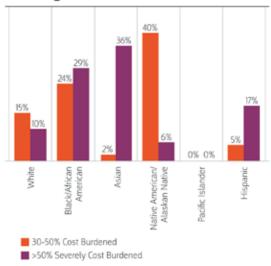
HOUSING DATA PREVIEW

Housing Affordability by Income Group



There are 610 housing units affordable to households earning less than 30% HAMFI (HUD Area Median Family Income). There are 2,585 households in Dubuque earning less than 30% HAMFI. 1,664 of these households are cost burdened. Over 75% of these are severely cost burdened*.

Housing Cost Burden



*A household is cost burdened when it pays over 30% of its income for housing. Severe cost burden occurs when housing costs exceed 50% of the household income.

ABOUT INCLUSIVE DUBUQUE

Inclusive Dubuque is a local network of leaders from faith, labor, education and government dedicated to advancing justice and social equity in our community. The growing network list includes 37 organizations and businesses all committed to a common cause: a community where all people feel respected, valued and engaged.

Network partners gather monthly to share their

INCLUSIVE dubuque

Connecting People • Strengthening Community

perspectives on diversity, equity and inclusion in our community. They support and learn from each other, working together to discover best practices to help their employees, customers, supporters and volunteers feel welcome in Dubuque.

JOIN THE DIALOGUE: HOUSING



Do you feel passionate about housing in Dubuque?

Here's how you can get involved:

1. ATTEND A DIALOGUE

Make your voice heard and discuss issues with other community members. Call 588-2700 if childcare, transportation or translation services are needed.

- ► March 3, 5:30-8 p.m. Circles, Prescott Elementary Meal and childcare provided
- ► March 4, 6–8 p.m. Mount St. Francis
- March 10, 4–6 p.m. Carnegie-Stout Library
- March 12, 3–5 p.m. Multicultural Family Center
- ▶ March 14, 9–11 a.m. Dubuque Community YMCA-West Childcare provided

2. RESPOND TO THE SURVEY



Can't attend a dialogue? Share your thoughts in this survey.

3. SPREAD THE WORD

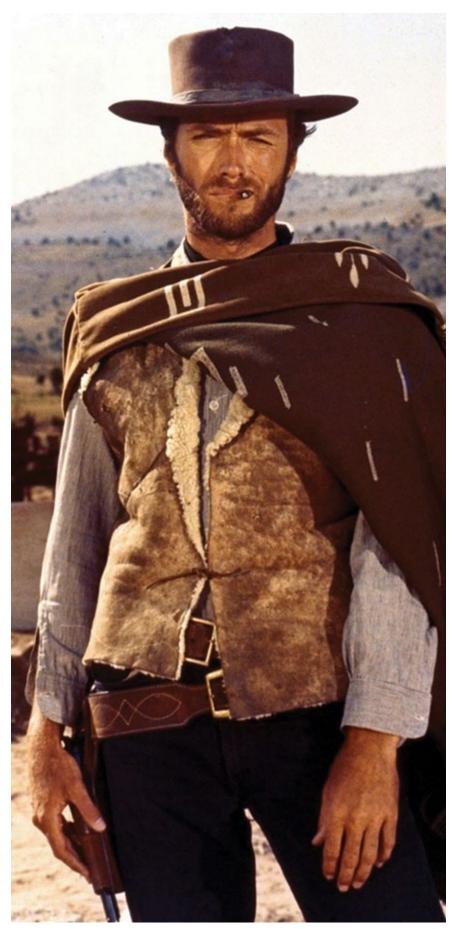
Bring a friend to the dialogue. Share the survey link. Follow InclusiveDBQ on Facebook.

TO LEARN MORE:

visit www.inclusiveDBQ.org

call 563.588.2700

follow f /InclusiveDBQ







CHANNEL YOUR INNER CLINT EASTWOOD

BY MATT BOOTH

Getting pissed off is natural and unavoidable. You are human, after all. You will continue to feel and experience anger throughout your life. Anger is one of your strongest emotions and one of your strongest motivators. Anger is often an indicator that you would like something in your life to change. What you do when you are angry is completely under your control. If you want something to change for you, few things are more powerful than anger.

Anger is an untapped well of emotion and vital energy that can help you change behavior. Researcher, Jennifer Lerner and her team at the Harvard Decision Science Laboratory found that anger both encourages people to believe they can control their future and then motivates them to make changes. Even Aristotle thought that anger was good for you. He once wrote, "The man who is angry at the right things and with the right people, is praised."

Think of anger as your very own personal Clint Eastwood. He rides into town when injustice has been done or something needs to change. Clint Eastwood would say something to the effect of, "Hey, that's not right. I don't like that. That's not how we do business around here." When your personal Clint Eastwood shows up and you deal with the situation in the right way, then getting angry can be good for you.

We are not designed to be angry all of the time. Sustained anger is destructive physically and mentally. Anger triggers the brain to release adrenaline and cortisol which will over time wear you out by causing high blood pressure, heart disease, and ulcers to name a few. You should use short burst of anger to destroy problems in your life, not to destroy the relationships in your life. When something needs to dramatically change, anger not only lets you know but it gives you the motivation to do something about it.

Last week, I got angry at myself, so angry with my laziness and lack of productivity that I just wanted to scream. I even fired myself. Then my personal Josey Wales showed up and spit in my face. He said "Now remember, when things look bad and it looks like you're not gonna make it, then you gotta get mean. I mean plumb, mad-dog mean. 'Cause if you lose your head and you give up then you neither live nor win. That's just the way it is." Getting angry and plumb, mad-dog mean was just the response that I needed. It motivated me to take action. I get angry about things that I'm passionate about and it directs me to my purpose in life. When it is time to modify my behavior or change something in my life, nothing is as effective as channeling my inner pissed off to a productive end.

It is sometimes difficult for people to believe that anger can be helpful. Most people have been brought up to believe that anger is bad. The issue isn't the anger; it is how that anger is expressed. The trick is to shift the focus of your anger away from external circumstances and instead focus on what you strongly desire to change within yourself. Use your anger to initiate the positive shifts you need to change your life. Leverage your anger into motivation. Go ahead, make my day.

MATTITUDE QUOTE

"Your positive attitude can get beat down but not beaten." —Matt Booth

Engaging keynote speaker, Matt Booth, is the attitude expert. He is an Award-winning speaker and author. Through his keynote speeches and programs, he entertains and educates audiences with his unique abilities and talents. To find out how Matt can help your group improve their attitudes, call **563-590-9693** or email **matt@mattbooth.com**.



HEALTHY SNACKS FOR WEIGHT LOSS BY HY-VEE NUTRITIONISTS MEGAN HORSTMAN (ASBURY),

AMY CORDINGLEY (LOCUST), AND BRIAN SCHEIL (DODGÉ)

Need some snack ideas that will help you lose weight in the new year? Finding simple, tasty food options that won't break the calorie bank doesn't have to be hard with the help of Hy-Vee. Let Hy-Vee show you how to put together easy recipes that will give you the nutrition you need while keeping you and your family on the go.

Healthy snacking is actually good for you. Snacking is a great pick-me-up, and it provides an opportunity to include all the important food groups in your diet. Snacking also can keep you from overeating at your next meal, according to the Academy of Nutrition and Dietetics. And if you're an athlete, healthy snacks can help meet the increased calorie and nutrient needs of maintaining/gaining lean body mass.

The key? Snacks full of quality nutrients, not added sugars and processed foods. Keep your snacks under 200 calories each for an average adult, or between 200-300 calories for athletes, and limit snacks to one or two a day. Think of snacks as mini-meals that contribute nutrient-rich foods.

The information is not intended as medical advice. Please consult a medical professional for individual advice.



WELLNESS WEDNESDAYS Shop Hy-Vee HealthMarket every Wednesday

your HealthMarket items, organic produce and organic meat.



5 must register for all events or they will cancel.

Family Story Time

(18 months-early elementary) Epworth Branch, Mondays, March 2&16, 6:30-7:15 PM

Preschool Story Time (ages 3-5) Peosta/NICC Branch, Thursdays March 5,12,19, 9:30-10:15 AM Asbury Branch, Thursdays, March 5,12,19, 11-11:45 AM

Join us for silly stories and rhymes then sing along to some catchy songs, and more.

The Untitled: Creative Writing & the Writing Process

(Young adults & older)

Peosta/NICC Branch, Tuesday, March 3, 6:30-7:30PM

Learn about structuring your story, developing characters, the process of publishing, and more. RSVP to Terrie 582-0008 or NICC Lib 556-5110 Ext 224

Lego Challenge & Book Swap (1st grade and older)

Holy Cross Branch, Thursday, March 5, 3:30-5PM



Make an awesome creation. Snack available for all participants.

Teen Tech Week March 8-14 "Libraries are for making..." (6th Grade and older)

Wed., March 11, 3:30-4:45PM Asbury Eagles Club, 5900 Saratoga Plaza Suite#10



TAB Workshop. Help plan events for spring/sum-

mer like Money Smart Week. Make a project & enjoy a snack!

Craft Night (young adult. +) Epworth Branch, Thursday, March 12, 6-7:30PM



Bring a project, discover a new activity, or join a class focused on

seasonal crafts. Pre-register!

Five Convenient County Locations...

Asbury Branch

5900 Saratoga Plaza, Suite 5, 563-582-0008 Farley/Drexler Middle School

405 3rd Ave. N.E., 563-744-3371 ext. 5160 Epworth

110 Bierman Road S.E., 563-876-3388

Holy Cross 895 Main Street, 563-870-2082 NICC / Peosta

8342 NICC Drive, 563-556-5110 ext. 224

PINEAPPLE GREEN SMOOTHIE

Makes 1 - 11/2 cup servings Active: 5 minutes Total: 5 minutes

All vou need:

- ½ cup Hy-Vee unsweetened almond milk
- 1/3 cup Hy-Vee nonfat plain Greek yogurt
- 1 cup baby spinach
- 1 cup frozen banana slices (about 1 medium banana)
- ½ cup Hy-Vee frozen pineapple chunks
- 1 tbsp Hy-Vee HealthMarket chia seeds
- 1-2 tsp pure maple syrup or honey (optional)

All you do:

Add almond milk and yogurt to a blender. Add spinach, banana, pineapple, chia and sweetener (if using). Blend until smooth.

Nutrition per serving: Calories 297; Fat 6 g (sat 1 g); Cholesterol 4 mg; Carbohydrate 54 g; Total sugars 29 g (added sugar 0); Protein 13 g; Fiber 10 g; Sodium 145 mg; Potassium 1038 mg.

Nutrition bonus: Vitamin C (102% daily value), Vitamin A (64% DV), Magnesium (31% DV), Calcium & Potassium (30% DV), Folate (28% DV).

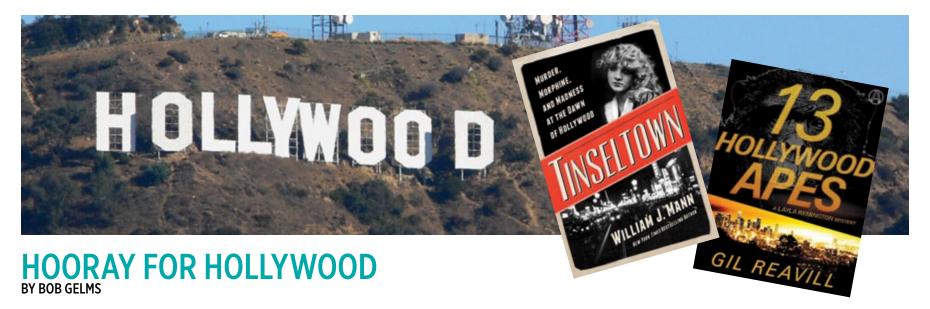
Source: Adapted from Eating Well, Inc.

HEALTHY SNACK OPTIONS

Here are some healthy snack options, which include a protein, fat and /or fiber food with a carbohydrate food:

- ¼ cup nuts, such as pistachios, and a piece of fruit
- 2 sheets of graham crackers with natural peanut butter or almond butter
- 4-5 whole grain crackers with peanut butter
- 1 slice whole grain bread with peanut butter
- Carrots, cherry tomatoes, cucumber or celery sticks with an oil-based salad dressing or vinaigrette
- Popcorn trail mix: 1 cup light popcorn mixed with ¼ cup nuts and 2 tablespoons raisins
- Cereal Mix: ¼ cup nuts, 2 tablespoons dried fruit, 1 tablespoon chocolate pieces and $\frac{1}{4}$ cup whole grain cereal
- Low-fat yogurt with 2-3 tablespoons chopped nuts
- Hummus with cut vegetables or whole wheat pita bread
- Sliced apple or banana with peanut butter
- Peanut butter smoothie: Blend 1 cup low-fat vanilla yogurt, one banana and 1 tablespoon peanut butter
- Fruit smoothie: Blend 6 ounces low-fat vanilla yogurt, ½ cup skim milk, 1 cup fresh or frozen berries
- Fresh fruit or vegetables with ½ cup low-fat cottage cheese
- 13 baked corn chips with fresh salsa
- A hard-boiled egg with a piece of whole grain toast topped with light, non-trans-fat margarine
- Spread celery sticks with peanut butter or low-fat cream cheese. Top with raisins or dried cranberries.
- Toast an English muffin, drizzle with pizza sauce and sprinkle with low-fat mozzarella cheese.
- Banana with low-fat vanilla and strawberry frozen yogurt. Sprinkle with your favorite whole-grain cereal or granola.
- Put cubes of low-fat cheese and grapes on pretzel sticks.
- Vanilla Greek yogurt over a graham cracker and cut fruit.

Adapted from the Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics



In this issue there are two books about Hollywood. One is fiction about murder and mayhem and the other is a true story about murder, mayhem, morphine, megalomania, matinee idols, more murder, mad mothers and many recreational chemicals.

13 HOLLYWOOD APES

13 Hollywood Apes by Gil Reavill is a novel about murder most foul. It asks a very big philosophical question for a murder mystery, especially surprising for one that is so entertaining. It sneaks something serious in on you when you least expect it. To put it succinctly: Can you commit murder by killing our nearest and dearest relative on Earth? Or, is it only murder if you kill a human being?

Both types of killings happen in this book. In fact 13 apes (chimpanzees) are killed in cold blood by what looks to be an assassin. There are animal rights people who claim that since chimps bear such close similarities to homo sapiens they deserve to share some of the rights and privileges that humans enjoy. (Remember they are apes not monkeys, our DNA is similar and our internal organs are indistinguishable from one another.)

These are the kinds of thoughts running through Layla Remington's head when she comes upon the slaughter at the Odalon Animal Sanctuary where all the retired Hollywood apes are, in a manner of speaking, put out to pasture. Ms Remington is the investigator charged with figuring it out.

Very soon there is a human murder to complicate things and then another and another. There is some conflicting evidence that makes it look like an escaped chimp might have committed two of the killings. So, is that murder? What if the chimp was under the control of a human? Is the human guilty of murder? My head was swimming.

This is a very unusual murder mystery with twists and turns galore. I have not read anything like it. It reminds me a lot of the writing of Michael Connelly with, of course, the plot being vastly different than anything Harry Bosch has ever encountered. I highly recommend 13 Hollywood Apes. It looks as though this is the first in the Layla Remington series and I can't wait for number two.

TINSELTOWN

It's the dawn of the Hollywood era. People had started to go nuts for the picture shows in their neighborhood theatres. Then, just when things started going reel (pun) well, scandal hits Tinseltown. In fact two massive scandals right in a row. One is still vaguely remembered and the other lost in the mists of time.

You might not remember, but your parents or grandparents likely will, the Fatty Arbuckle case from the 1920's in Hollywood. He threw a weekend orgy (I guess there is no other word for it), and one of the young, lovely actresses at the party turned up dead. Arbuckle was charged with her murder and dragged through three trials....all hung juries. The public revolted. They thought he had done it and got away with it. His movies were boycotted and then pulled from all the screens in the USA. He, more than likely, was innocent of the charges but he was being used for the unscrupulous purpose of the powers that be in Hollywood.

The other scandal you will not have heard of is the murder of William Desmond Taylor. He was a silent film star and sought after director. His murder has remained unsolved for almost 100 years now and no one has come close to solving it except William J. Mann, a noted writer about all things Hollywood.

Tinseltown is exhaustively researched. It is the intertwining story of three Hollywood starlets, a crazy stage door Mom, Mr. Taylor, a group of powerful Hollywood executives, and a group of bunko extortion artists.

The book is written like a novel with enough suspense to satisfy Alfred Hitchcock. Mr. Mann can do this because you likely don't know this story so know nothing about it except that Taylor is dead, shot in the back. Suspects start coming out of the woodwork and a colorful lot they are. In point of fact they all seem to have a motive to kill Taylor and the man behind the curtain, Adolph Zukor, is pulling some kind of invisible strings.

Zukor is kind of a villain in this story and he might or might not be an accessory after the fact. Zukor is head of the biggest studio in Hollywood and is wealthy beyond imagination, even by modern standards. He is trying to set up a monopoly in the film business: studio, production, distribution, and exhibition. He is thoroughly unlikeable. This is a 5 star story and will hold your interest till the very end when you find out the particulars of the murder and the likely murderer.

This could very well be a blockbuster movie in its own right. Sit in a slightly darkened room when you read it and pretend you can hear the faint sound of a projector casting its light on what dreams are made of.





ABOUT FACE(BOOK)

BY PAM KRESS-DUNN

According to Facebook—the We Never Sleep! social extravaganza that has so many of us entangled in its sticky clutches—I have been a mostly willing participant since 2009. In that time, I have been glad I joined, happy to connect with old friends, LOL-ing over funny, cute, amazing, heart-stopping, concerning, worrying, frustrating, horrific—where was I? That's the thing. I'm finding it both fun and troubling.

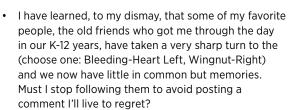
WHAT'S GOOD:

- Reconnecting with old friends. Were it not for Facebook, I would not be back in touch with women who were my best friends in grade school, junior high, and high school. I would not have known that Sharon had turned into a maker of amazing quilts, nor that Cindy was riding horses in Oregon, not to mention that Deb had become a mender of sailboats and a hostess at teas for her friends in Virginia. (Names changed—I don't want to be unfriended for oversharing.) What surprising paths we've taken.
- Finding out about my graduating class in Davenport. Plans for our 40th reunion took place in a private FB group, just a handful of our huge class of '71, which numbered somewhere around 900. I didn't make it to the party, but our online reunion helped immensely when some of us gathered to mourn a classmate who died too soon.
- Hearing confessions from at least one super nice guy who, completely unbeknownst to me, harbored an actual crush on me, sometime in high school. Good grief, Steven. If only I'd known. Maybe if I'd gone out with him, instead of the guy I ended up marrying and then divorcing, my life could have been better all around. I'm glad to know he found someone, and that they're still happily married. With six kids, yet exactly the number I'd dreamed about.
- Learning more about people I know right here in Dubuque. Only through Facebook can I see what they cook for dinner, how they deal with Christmas, or just how much they love cats, or online games, or opera, or crocheting, or gin. (Your identity is safe with me!)
- Keeping up with the news. I have "liked" both the New York Times and the Washington Post, and they broadcast all sorts of news and weirdness happening all over the world, in real time. Now I sound like such a know-it-all. Every time I go downstairs, I announce something new. "Brian Williams is suspended without pay for six months!" "Tiger Woods is throwing in the towel!" "Gordon Lightfoot is going on tour!"

WHAT'S NOT SO GREAT:

- Keeping up with the news means never being able to get away from the worst of it. Like any good global citizen, I want to be aware of everything going on, but sometimes I'm not up to hearing the gruesome details. What do I do with this information? How can one woman stop ISIS?
- Some of my FB friends post things that make me cringe. How do I keep myself from telling one young mother I'm concerned about all the photos and details she posts about her children? Can I resist lecturing the guy who posts pictures of every deliciously unhealthy meal he consumes? I need a new acronym: SOMH—Sitting on My Hands!





- Speaking of my dear old friend with the horrific diet, it appears that some of the children in my extended family—we're talking toddlers here!—are subsisting on a diet of donuts and beef jerky. Ack! How can I not comment? But no: I continue SOMH.
- I learned that Facebook allows people to follow other people even if they are not Facebook friends. Does anyone but me find that creepy?
- Here's something that drives me nuts. People whose status reads: "What the hell?" or "This is sooo ridiculous." They seem to be inviting the rest of us to post concerned messages in response: "R U OK?" "Whut happened?" But not me. No ma'am. I'm just going to keep scrolling. I can't help you if you don't give me a little more information.
- Bored Panda. I swear, BoredPanda.com has the BEST, the FUNNIEST, the MOST TOUCHING posts and pictures, and it's going to be my undoing. I find myself staying up way past my bedtime on work nights just looking at Bored Panda posts of adorable cats sleeping on equally adorable dogs. Please! Stop it! I need to go to bed!
- Finally—regrettably—there is the unassailable fact that looking at a computer monitor brings me headaches Every. Single. Day. <sigh>

When I first ventured onto Facebook, a friend commented, "Welcome to the black hole that is Facebook." Then Dylan got married, and he and his wife had a son, a darling boy whose every day was captured in pictures and words and logged on Facebook by his

loving dad. Until one day, Dylan told his Facebook friends he couldn't do it anymore. And he got off. He got off! Completely gone!

I have no idea what he and his wife and son are doing now. Working, maybe welcoming another child into the family. But not posting about it to his 687 closest friends. Imagine that. Having a private life, only semi-documented in snail mail and photos shared with family and real-world friends. But can I go back? It could happen. Just as soon as I check my news feed one . . . last . . . time. ■

-pam2617@yahoo.com

Find more of what you're looking for with Graph Search.

Conceptis SudoKu By Dave Green												
8			3		7			2				
		1				8			Jac			
		6				3			andlosta			
1	5			9			4	3	PARTS Conceasible Baselon Diet has View Basiness Conditions Inc.			
									Wine C			
9	2			1			7	6	Pales h.			
	3 7											
		5				1			alternoon's			
7			1		6			5	Property			
Difficu	lty Lev	el ★★	***	,				3/08				

Sudoku answers on page 35





HELLO MS. ERMA,

My name is Kimmy, and I am in third grade. My teacher said we should write to someone we admire and see if they write back. Therefore, Mrs. Erma, I am writing to see if you could give some advice to a girl who would like to become a journalist one day.

—Thank you! Kimmy at Kennedy

sex. Please r

DEAR COE.

I was totally unprepared for it. My legs were as hairy as a 40-year-old virgin was, my toes desperately needed a pedicure, and I cannot recall the last time I showered, yet my partner in crime kept telling me how tragic and beautiful I looked. Now, I cannot decide if it was pity sex or actual I love, you sex. Please help me!

-Coe

HELLO KIMMY!

Welcome to the world of journalism and thank you for the admiration! As a woman of many words, I believe it is important to hone in on your passions, so here is my advice: As a young girl, try to expand your vocabulary with new appropriately inappropriate words each day. That way when you first start a "blog" no one will be shocked at your educated drop of the F Bomb. You can also learn a lot from dating. So do your best to be in as many relationships as possible. Another way to have a top-notch career in journalism is to develop a new form of grammar and spelling. It most certainly can be a spinoff from the English language but make sure to neglect the proper use of commas and periods, never capitalize anything and forget the notebook- a true journalist works the best under pressure and always, by memory!

-Reach for the stars, Erma

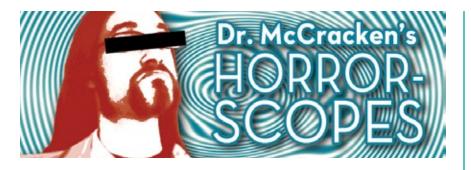
DEAR ERMA,

I just have to share this with someone. I had my first one night stand. And I must admit,

Congratulations darling on a moment you shall never forget! Are you two getting married yet? Better yet, have you spoken with your mysterious magic maker? I do have to say, I have not ever heard of a one night stand being considered tragic and beautiful, but in hindsight, aren't they all? Oh Coe, you wonderful earthling. Let me share a story about my "best friend" from growing up. The one and only time I ever gave her a high five was the Sunday after her birthday when she told me she upped her average three times that week. To this day, I still do not know details of the trifecta of faces that ended up in her bosoms but I always wondered what it was like to be a closet man magnet. I think you should be able to view your one night stand as you wish, knowing that women, at their core, are incredibly emotional. So if makes you feel more secure, keep telling your hairy self that you rocked it ... and to hell with being tragic and beautiful, you are FANTASTIC and officially my new favorite person. Pedicures soon?

-Wrap it up buttercup, Erma





Aries (March 21–April 19)

You may not be your usual cheery self, but you are mostly likely still your sad, underachieving husk of a human self.



Taurus

(April 20-May 20)

Gloom may have come over you, but it will all get better once you start having your groceries delivered and only leave the house to yell at clouds.



Gemini

(May 21-June 20)

You may doubt your potential, but the world will always need someone to break big rocks into slightly less big rocks and then put them in front of someone's house.



Cancer

(June 21–July 22)
Your lucky number is 33.



Leo

(July 23-August 22)

No matter how much romance or money seem to matter, you can't replicate true, honest brain surgery at a cheap price.



Virgo

(August 23-September 22)

Treat yourself to a massage, a relaxing bath, or a new Titter handle that is an inside joke about butts.



Libra

(September 23-October 22)

Soak out those doubting spirits with old yearbooks featuring pictures of you

where you're pretty much exactly the same except you have no idea what it's like to be crippled by debt and your jeans weren't the right size.



Scorpio

(October 23-November 21)

Happy memories of a beloved friend may float to the surface along with the reminder that they owed you money.



Sagittarius

(November 22–December 21) Something or someone you've

encountered in the past few days may remind you that your job probably isn't as good as someone pretending to have a good job in an infomercial.



Capricorn

(December 22–January 19)

A psycho-emotional issue associated with being insecure about inevitably dying might hinder your ability to interact with anyone except the stranger who runs the cel phone case pagoda in the mall you won't go to.



Aquarius

(January 20-February 18)

You should have an Etsy store where you sell napkin-drawings of David Bowie outfits to guys who live above a Coldstone Creamery.



Pisces

(February 19-March 20)

It could be long and boring, but you should still make the effort to listen to pleather things.





1109 Iowa Street, Dubuque, IA 563-557-1777

Open: Mon-Fri 9-7, Sat 9-5, Sun 11-5

facebook.com/thefoodstore

OUR FISH FRY IS BACK!



We're serving it two ways: Battered and fried or

Lemon-Pepper pan seared in olive oil



Both are served on your choice of sprouted-grain bun or spring greens, with Grandma Rose's coleslaw, horseradish tarter, and sea salt fries \$12.99



Served Fridays through March
CALL AHEAD FOR CARRYOUT (563) 557-1777



Kuttler Dental Team

Your smile. Your health. Our passion.

Our preventive approach delivers:

- Improved dental health
- Reduced dental costs
- Healthier, happier smiles

kuttlerdental.com 563.583.6424

PUZZLE ANSWERS

	8	4	9	3	5	7	6	1	2
	2	3	1	9	6	4	8	5	7
	5	7	6	8	2	1	3	9	4
	1	5	7	6	9	8	2	4	3
	3	6	4	2	7	5	9	8	1
	9	2	8	4	1	3	5	7	6
	6	1	3	5	4	9	7	2	8
	4	8	5	7	3	2	1	6	9
	7	9	2	1	8	6	4	3	5
- 1	Difficul	lec Lau							3108

0	P	Α	L	Ε	s	С	Ε		G	R	0	М	М	Ε	Т		Α	R	С	S
С	0	L	0	N	Τ	Α	L		М	0	N	0	Ç	L	Ε		Z	E	R	0
×	ш	ш	N	J	Ε	R	Κ	R	Ε	Α	О	Т	-	0	N		Ų	٧	Ε	Α
			Ġ	0	G	0		Ε	N	D	U	Ε				В	R	E	Α	κ
0	0	F		Υ	Ε	┙	L	0		В	Ε	L	0	W	G	Я	Ε	Α	s	Е
F	L	Α	Р				Ε	R	S	Ε			R	0	Ν	Α		L	E	D
F	1	٧	Ε	F	R	Ι	Ν	G	Ε	D	1	s	С	0	U	Ν	Т			
S	0	Α	Ρ	1	Ε	S	Τ		Ε	S	Т	Н			_	_	R	E	S	T
			Ρ	R	$\overline{}$	Μ	Α	С	Υ		۵	0	\supset	В	L	Е	Τ	N	С	Н
W	Α	R	Y				Τ	0	0	Ρ		٦	Z	В	Α	R		Т	Α	U
Η	כ	ш		Т	R	ш	Α	S	U	R	Е	Т	Е	C	Н	S		ш	R	G
\perp	R	Α		Ε	Α	R	Ν	s		Е	S	Т	Α				Α	R	Ε	S
L	Α	М	Ρ	R	Ε	Α	D	Ε	R		С	0	s	T	Α	R	S			
Е	L	s	Ε		_	_		T	1	S	Α		_	N	R	Ε	Р	Α	1	R
	_	_	N	0	Т	J	U	S	Т	Α	Р	R	Е	T	T	Υ	С	Α	F	E
Α	Н	Α		Α	W	Α	R			Υ	Ε	Α	S				Α	Н	Α	В.
E	0	Ν	s	F	0	R	Ν	E	W	S		J	T	1	L	E		s	T	S
R	Α	G	Ε	s		_		R	L	Α	T	Α		Ν	E	M	0			
Α	Х	L	Ε		1	F	1	0	Ν	L	Υ	Τ	Α	D	Α	В	R	1	Α	N
Т	Ε	Ε	D		T	Α	Ν	D	0	0	R		Ρ	L	Р	Е	L		N	E
Е	D	D	Y		Ε	R	Ν	Ε	s	Т	0		R	E	Т	R	Υ		N	G



D B Q E E "U" make Dubuque.

Connected and informed residents are critical to local government.

City Life is a free, six-week program where residents can tour six City facilities, interact with staff from 17 City departments, and discover department services, grant opportunities, and ways to stay engaged with the City. Food is provided at each gathering and assistance with transportation, translation, and childcare may be arranged. Will you join us?









For video, pictures, and registration form, visit www.cityofdubuque.org/citylife or contact Nikola at 563-589-4182 or npavelic@cityofdubuque.org