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Where's Wando
We've hidden Wando some-
where in this issue of 365ink.
Can you find him?

www.Dubuque365.com

Bryce's inkUbator

Notes from the Publisher... Fostering ideas, conversations and arguments.

I don't like shopping. I don't mind going to buy things, but I hate looking at the options for an hour and trying to figure out which one I want. It's not so bad when it's guitars or Apple computer accessories. Okay, actually it's not so bad when it's for me. But I hate to have to go along with someone else who's buying things that do not affect my life in any significant way, whether it's friends or family. Maybe it stems from going to J.C. Penny with mom as a kid and always being bored out of my gourd.

Usually this poor person is my wife Christy. She's very patient with me and she's usually kind in that she leaves me home when going shopping for clothes and such. But occasionally, I'm along for the ride. I do my best to look interested and I give my honest input when asked. But in the end, my opinion usually has nothing to do with her final choice. So generally said, it's best for everyone involved if I just join that old guy on the bench in the store or outside the store and wait with him there for her to finish.

Here's the thing I think may be the true difference between all men and all women when shopping. Yes, I am generalizing on a sexist observation. Direct your mail to someone else who also lacks a sense of humor. Ok, so say a man and a woman go into a store to buy, well anything. Let's say shoes. Each is given an hour to find themselves a perfect pair of shoes. The woman is given two hours, actually. After they find their perfect pair of shoes, they are taken outside the store and the last hour (or two as the case may be) of their memory is wiped. They have no memory of shopping. (Stay with me here... suspend your disbelief). Then you show them both the pair of shoes they just bought and tell them they picked those shoes after an exhaustive search in the store. You say to the man (and I believe this would even be true of my gay friends, I'll check) "Would you like to buy these shoes?" and he says "Sure." You ask the same question of the woman and she says... "Well, let me just look around a little bit..."

Of course, Christy would point out at this point, that I should not be allowed out on my own to shop at all. This winter, after ripping the ass out of two pairs of jeans while working in the Toy For Tots warehouse, I bought some

new jeans during our Stuff the Truck event at Theisen's. They have a wall of jeans that could wrap around the earth three times. I got a pair of Levis that look like all the other Levis I ever bought, or so I thought. Apparently they were the wrong color, the wrong cut, the wrong everything. So she went back to Theisen's and got me some more. Something she can be with in public. Thanks honey for looking out for me. You and Ben Graham.

I admit that this Christmas I did a lot of online shopping. I looked for the specific items I was looking for locally because I greatly prefer to support local stores, but alas the very specific things I wanted were not available. The problem with shopping for your wife online for Christmas is that the stupid computers and that pesky inter-web is too smart now. So if I go looking for something to buy, whether or not I buy it, every ad that pops up every page I visit after that is for that product. If your wife ever uses your computer to go online, this is a very dangerous proposition. Not only can you not put the charges on your joint bank account, but now you have to go fake shop for stuff that you have no intention of buying in order for the web ads to get replaced. But somehow, the internet overlords seem to know when you're giving them the head fake, because the ads eventually revert back to the thing you bought. This is hugely annoying. I suppose there is a cookie thing I can turn off somewhere that would end this, but that sounds like it would take more than 30 seconds to find, so forget that.

I guess it's kind of like when I hear girls say they know which of their friends are pregnant based on their Pinterest searches which are apparently public. I wouldn't know. Men don't use Pinterest. I feel bad for all of the pregnant girls "outed" by Pinterest. How embarrassing would it be for your mom to find out that way? Almost as embarrassing as congratulating that pregnant girl who, it turns out, is not actually pregnant at all.

What am I trying to say? Well, girls. Please forgive us for our completely blank stares and lack of skills in shopping. Guys, if she doesn't mind doing it, just let her do the shopping. She's better at it and she likely won't mind that you stayed home, as long as you mowed the yard while she's gone.

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Dubuque Winter Farmers' Market Every Saturday - 9 a.m. - noon November - April

The Colts Center, 1101 Central Ave.

Now in its sixth year, the Winter Market is open every Saturday morning from 9am to noon, November through April. 30 vendors provide a wide variety of produce, meats, eggs, cheese and baked goods throughout the winter. The variety and quality of food keeps the shoppers coming back. About 400 customers visit Winter Market each weekend. The Dubuque Winter Farmers' Market is a volunteer-run project sponsored by The Four Mounds Foundation, Colts Drum & Bugle Corps, and Premier Bank. Stay up to date of market activities at facebook.com/DubuqueWinterFarmersMarket.



Eastern Iowa Outlaws Roller Derby

Saturday, Jan 19, 6 p.m.

Five Flags Center Arena

Tickets are on sale now for the January Roller Derby Double Header! Eastern Iowa Outlaws vs. Confluence Crush and Key City Krushers vs. Med City Mafia. Advance Sales \$10, Day of \$13, Groups of 25 or more \$7.50. Children 10 and under are free with a paying adult. Prices do not include facility fees.



Dubuque Sports & Recreation Festival Saturday, January 19, 9 a.m. - 3 p.m. Grand River Center

From 9 a.m.-3 p.m. at the Grand River Center, Port of Dubuque, enjoy festival activities for all ages, including a rock wall, bounce house, obstacle course and more at the Dubuque Sports and Recreation Festival returns to Dubuque. Performances by local dance groups, music groups and others highlight some of the scores of opportunities featured at the festival. The festival includes registration for Little League, The Asbury Baseball and Softball Leagues, Dubuque Soccer Club, AYSO soccer and others. If you have kids, you simply must come down and check this event out. Everything you ever wanted to know about getting your children active and involved locally in Dubuque is here. Admission is free. For more information, including exhibit opportunities, call (563) 557-7571 or visit www.TeamDubuque.com.



Bald Eagle Watch Saturday, January 19

From 9:00 a.m.-4:30 p.m. at the Grand River Center, this free family event celebrates the American Bald Eagle with live bird programs and children's activities. Enjoy presentations in the Grand Ballroom by the Illinois Raptor Center and David Stokes. Nature related activities for children of all ages will be provided by E.B. Lyons Interpretive Center, Swiss Valley Nature Center, National Mississippi

River Museum & Aquarium, and the Hurstville Interpretive Center. Free trolley rides, complimentary of the Jule, will circulate every 30 minutes from the Grand River Center to Lock and Dam #11 for live eagle viewing, to the Multicultural Family Center, to the Mississippi River Museum & Aquarium, and back to the Grand River Center. For more information, please visit www.audubondubuque.org.



Guys in Ties Improv Saturday, January 19, 8 p.m. Bell Tower Theater

On Saturday, January 19, ComedySportz professional improvisational comedians know as Guys in Ties bring their own unique twist on improv to Dubuque. Watch as a brand new show comes to life right before your eyes using suggestions from you and your fellow audience members. The show is great for all ages. Their motto is "No off-color humor—don't need it, don't want it. You can stand on the street and hear people cuss for free." Tickets are just \$19. Discounts are available for groups of 20 or more. There is just one performance: Saturday, January 19, 2012 at 8 pm. For tickets and information call 563-588-3377 or visit www.belltowertheater.net.



A History of Deer in Iowa Sunday, January 20

At 1:00 p.m. at Swiss Valley Nature Center, join Larry Stone, author of Whitetails: Treasure, Trophy, or Trouble, for this program tracing Iowa's original deer herd. Once vanished in the face of white settlement then rebounded to over-population, the history has broad appeal to farmers, hunters, motorists, and wildlife watchers. For more information, visit www.larrystonesiowa.com.



20th Annual Dr. Martin Luther King Jr. Birthday Breakfast Monday, January 21, 7:30 a.m. Grand River Center

You are cordially invited to the 20th Annual Dr. Martin Luther King Jr. Birthday Breakfast featuring keynote speaker Cammie Dean, presenting on "Coming Home to the 'Beloved Community,'" One (Black) woman's perspective on race, diversity and making a home in Dubuque. Check-in at 7:00 and proceed through buffet. Registration after Jan 11 is \$20.00 if space is available. To register, e-mail office@dbqfoundation.org. Sponsored by Faces & Voices and the Community Foundation of Greater Dubuque.



Page To Screen: The Great Gatsby Screening: January 23, 6 p.m.

Discussion: January 24, 5:30 p.m.

Dubuque County Library @ Peosta/NICC Read the book | Watch the Movie | Discuss them Both. Stop by any Dubuque County Library branch in advance to check out a copy of the book or movie. Join them on January 23rd, 6 p.m. for a screening of the film, The Great Gatsby. And then the next evening, January 24th, at 5:30 p.m. for a discussion with film clips led by NICC instructor Jim Brimeyer. Both will take place at Peosta/ NICC Library, 8342 NICC Drive 563-556-5110 ext. 224. The event is free and open to the public.

"An Evening of Theatre"

January 24-26

Wahlert High School

The Wahlert Catholic drama department will present three short plays in the R.C. & Celeste Wahlert Theater at 7:30 p.m. each evening. Roll Over Beethoven by David Ives is directed by junior Patrick Manning, Action News, Now with 10% More Action by

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Deer Camp – The Musical
Grand Opera House
Saturday, Jan 26, 7:30 p.m.

Tony Pappenfuss and John Voldstad, best known as “my brother Darryl and my other brother Darryl” from the Newhart TV show (at right), come to the Grand Opera House Saturday January 26 at 7:30 pm to star in the national tour of Deer Camp, The Musical.



point big buck. Who are they kidding? In all the years of ‘hunting’ they have never fired a shot. After all, between the beer and the bull, who had time to hunt? But this year things have to change. Under a threat from their wives to get a deer or no more hunting trips, they find themselves in panic mode on the last day of camp with no deer in sight.

With great songs about wives, grunt horns, coupon clippers, relationships, beer, bingo players and even male dancers this is a show you’ll smile about for months. This production is a fund raiser for Rotary Club of Dubuque. Tickets are \$30 main floor and \$25 balcony.

The Rotary Club of Dubuque presents



DEER CAMP

THE MUSICAL

YOU’LL LAUGH YOUR ANTLERS OFF!

Between the beer and the bull, who had time to hunt? But under a threat from their wives to get a deer or no more hunting trips, these four hunters find themselves in a panic on the last day of camp with no deer in sight. Prepare yourself for great songs about wives, beer, even male dancers.



SAT, JAN 26 @ 7:30 PM
\$30 MAIN FLOOR \$25 BALCONY

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Jonathan Rand is directed by senior Noah Mulgrew, and Hard Candy by Jonathan Rand is directed by senior Tim Miller. Tickets are be available from the Wahlert Catholic High School Activities Office. For more information, visit www.holyfamilydbq.org.



Pinnacle Combat MMA
Friday January 25, 7 p.m.
Five Flags Arena

Mixed martial arts returns to Five Flags Arena featuring the Featherweight Championship bout from Pinnacle Combat. Tickets range from \$15 - \$50. Military discount also available. Visit pinnaclecombat.com for Fight Card and more information.



The Iowa Games
Fridays, Saturdays, & Sunday,
January 25-26 & February 1-2

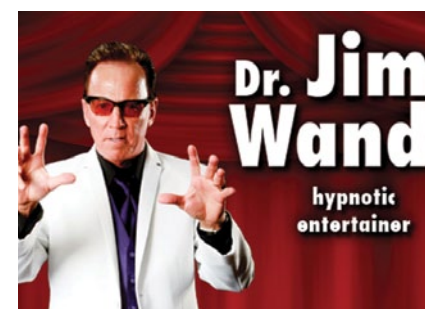
The mission of the Iowa Games is to provide sports and recreation opportunities for all Iowans through Olympic-style festivals, events and programs. Events for January 25-27 held in Dubuque include: Youth Basketball; Cross Country Skiing; Fitness Walk; Youth Ice Hockey; Indoor Soccer; Martial Arts; Road Race (5K with new location/route); Swimming; Table Tennis; Volleyball; Wrestling; and new for 2013, Zumba®. Events for February 1-2 include Alpine Ski Racing and Slopestyle (skiing/snowboarding), both at Sundown Mountain. For a complete listing of Iowa Games sports and online registration, visit www.iowagames.org.

Tri-State Big Boy Toy Show
Sat& Sun, January 26 & 27
Grand River Center

The Telegraph Herald presents this tenth



annual event, from 10:00 a.m.-6:00 p.m. on Saturday and 11:00 a.m.-5:00 p.m. on Sunday, at the Grand River Center, Port of Dubuque. Some headlining events include Stephanie Hayden of Red Jacket Firearms, as seen on Discovery Channel’s Son of Guns (part of the Gun Hut Gun Show, now a part of the Big Boy Toy Show), a wing eating contest, a consignment auction and a new, weekend-long gun show. Tickets can be purchased at the door. For more information or to purchase tickets online, visit www.bigboystoyshow.com.



Jim Wand - Hypnotist
Saturday January 26th, 7 p.m.
Ohnward Fine Arts Center,
Maquoketa, Iowa

(Adult Show) Must be 18 to attend!!
Join us for a fun evening! Dr. Jim Wand is considered to be one of the top hypnotic entertainers in the world today. He has done over 5000 engagements throughout the United States and eight foreign countries. During each performance, the volunteers are never asked personal questions or put into compromising situations, where they would be embarrassed in any way. The volunteers, as well as the audience, will long remember the fun and laughter of this unique entertainment experience. The performance begins with an introductory talk about hypnosis, what it is, how it works, and why someone would volunteer to be hypnotized. The volunteers are then hypnotized as a group and engage in a number of “audience friendly skits” that the volunteers enjoy as much as the audience members. Tickets are \$22 in advance and \$25 at the door.



Non-Profit Community Block Party

Friday, February 1, 2013, 4-7 p.m.
Roshek Building Lobby

On Friday, February 1, the Community Foundation will kick off the weekend with a Community Block Party from 4-7 p.m. in the Roshek Building lobby. This free evening of fun is an opportunity for the community to meet and learn all about Dubuque's many dedicated nonprofits while enjoying food, drinks and great entertainment from Bell Tower Theater, the Northeast Iowa School of Music and the Dubuque Choral.

In addition, attendees have the opportunity to vote for their favorite nonprofits. The top five nonprofits will receive \$2,000 grants for their Community Foundation endowments. To reserve a booth for your nonprofit, contact Marianne Yunt at 563.588.2700.



Marvin Stamm,
February 1, 2013, 7:30 p.m.

U.W. Platteville Center For the Arts
Marvin Stamm is an accomplished jazz trumpet player who has gained considerable recognition throughout his career for

playing with the Thad Jones/Mel Lewis Jazz Orchestra (Vanguard Jazz Orch.), the Duke Pearson Big Band and the Benny Goodman Sextet.



Championship Bull Riding February 8 & 9, 7:30 p.m.

Five Flags Civic Center

Championship Bull Riding returns once again to the Five Flags Center for two big days, Friday February 8 and Saturday, February 9 at 7:30 p.m. Tickets are on sale now. Reserved seating \$30.50 & \$22.50, with General Admission \$19.00, Child discount is half price adult (Children 12 and under) and \$5 discount coupons can be found at WJOD, Longhorn Saddlery Area O'Reilly Auto Parts, Lot One, Dupaco and Theisens.



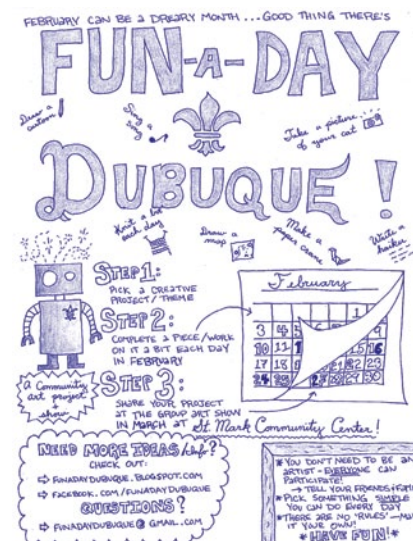
Things My Mother Taught Me
Bell Tower Theater
February 8 - 23

This February, fall in love all over again. Olivia and Gabe are moving into their first apartment together, halfway across the country from their parents; so,

imagine their surprise when both sets of parents show up to "help" them. The parents' words of wisdom come back to haunt them when the talk turns to love and life's big decisions. Don't miss the Iowa premiere of the new comedy Things My Mother Taught Me, running February 8 to 23. Performances are Thursdays at 7:30 pm, Fridays and Saturdays at 8 pm and Sundays at 3 pm. Tickets are just \$19. Call the Bell Tower Theater at 588-3377 or visit www.belltowertheater.net.

Fun-A-Day Dubuque Every Day in February

The premise is simple: pick a creative project, do it every day in February, then show your work the following month in a big group art show! Started in 2004 by a group of friends in Philadelphia, Fun-A-Day began as a way to stay creative and motivate each other to make things through the winter. Now in its ninth year, Fun-A-Day has grown from its Philadelphia roots--in 2012 there were 25 Fun-A-Day shows, organized by different art collectives and groups of friends across the country. This year, in a more widely-publicized iteration, Dubuque joins in the fun! This community art project is



open to ALL AGES and is FREE for anyone to participate. Let the group know what you're planning to do by posting a comment to the group's Facebook wall or the Fun-A-Day Dubuque blog (or keep it to yourself), and stay tuned for info about the big group art show in March at St. Mark Community Center. Got questions? E-mail: funadaydubuque@gmail.com, visit www.facebook.com/funadadubuque, or the blog, funadaydubuque.blogspot.com.

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Photo by Kylie Renee Clark

CARADCO Apartments

By Mike Ironside

Anyone who has requested guests to RSVP for a party or tried to sell advanced tickets to an event has learned that Dubuque residents have issues with commitment. "It's funny, Dubuque is kind of a 'wait and see' kind of town," observed Mary Gronen of Gronen Restoration, the group behind the redevelopment of the CARADCO building. In a conversation in Kathy Kessler's beautiful new two-bedroom loft apartment in the building complex, Gronen was actually talking about the challenge for future first floor tenant the Dubuque Food Co-op in building membership, but the comment could just have easily been about drawing other new business to the development.

Fortunately, attracting residents to the new apartments in the historic building in the heart of the Millwork District has not proved near as difficult. Of the CARADCO complex's 72 apartments (28 one-bedroom and 44 two-bedroom apartments), 42 apartments have been leased since they became available September 1.

"We're really excited about that response because we were being very conservative," notes Gronen. "It's the first building out of the chute. We really didn't know how receptive people were going to be so we gave ourselves an 18-month lease estimate and here we are way more than half full in only four months. So we're really excited. It's gone really well."

In fact, the CARADCO development was

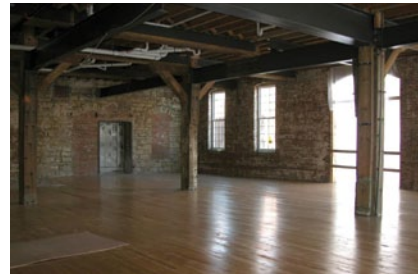
recently highlighted in an online article in the real estate section of MSN.com, "From industrial wasteland to hip hangout: 10 choice neighborhoods." The article compared the continuing Millwork District development to neighborhoods established in formerly rundown industrial neighborhoods in cities like Cleveland, Brooklyn, San Diego, San Francisco, Atlanta, and Seattle.



Once a person has a chance to tour the complex and see the apartments, it's not hard to understand the interest. Located on the second and third floors of the former CARADCO millwork factory and warehouse, the loft-style apartments offer contemporary living that honors the history of the building and the Millwork District in which it is located. Exposed brick walls, massive wood columns and beams and open spaces stretching up to the original wood joists contrast beautifully the sleek, modern style of the kitchens, bathrooms, and built in closets. Polished concrete floors are warmed by in-floor radiant heating. Shared spaces like the community room, fitness room, and outdoor deck that overlooks the interior courtyard extend

the living experience beyond the apartments themselves.

In comparison to other downtown rental housing, Gronen Restoration did have some advantages in developing apartments in the CARADCO complex. Regarding issues like square-footage, room size, layout, and even placement of utilities, most existing apartment remodel projects are forced to work



with an apartment designed and built a hundred or more years ago. In developing the CARADCO complex, the Gronens had two full floors of open factory/warehouse space in the 186,000 square foot complex of buildings to work with in planning the apartments.

remove all of it, especially on the interior brick walls. "If we would have kept trying to clean that brick, we would have been destroying the mortar and brick surface," she explained. Unsure of how to proceed the team looked for options until Mary Gronen's cousin Sam Mulgrew urged them to leave it as it was. "My cousin Sam said, 'Americans are dying for things that are authentic.' So we started thinking, 'Well, people like that raw look so they'll get it.'"

The decision to leave some of that paint and other remnants of the building's history behind truly does create a unique sense of place. Mary's husband John Gronen explained that it was as much a design decision as a practical one.

"We were heading down this road (of leaving historic elements) but Mary's brother lives in Toronto and so she made a trip to visit," John recalls. "They visited the Toronto distillery district and they brought back a book. One of the things that just jumped out to me throughout the whole book is that the district was left very authentic and very raw. They didn't over-clean it. They didn't try to erase and pretty everything up. It just kind of reconfirmed the path we were on. We just immediately talked to (project architect) Jeff Morton and he agreed. We said we have to be very careful not to over-clean this place. There's a little bit of rust here and there, paint left on the walls, old iron beams (pictured on page 10) that are left in place. Even if it looks a little bit out of place, let's leave the history."



Still, the historic structure, actually six different buildings built between 1870 and 1909 on an area that covers a full city block, had its own challenges. All interior brick, wood beams, and steel girders were once painted white. To remove the paint, crews "cob-blasted" the surfaces, like sandblasting but using both renewable and reusable corncob particles. "We used crushed corncobs in true Iowa fashion," said Gronen laughing, "and it was a really sustainable material because we could harvest (reuse) it two or three times and continue to blast the ceilings and walls and so on."

While the process worked great for removing the majority of the paint, it could not

The example of Toronto's distillery district and Sam's comment about authenticity clearly resonated with the Gronens and became a guiding philosophy for the entire development team. "For example, those two huge iron beams that you see out in the courtyard that were left in place, those rusty iron beams – those were scheduled to come out but based on those thoughts and Sam's comments, we just left them in place," said John. "If you go into what we call 'stair B,' which is the stairway – it's the old hoist-way or freight-way in the courtyard – you'll notice all the freight elevator components are left in place and the stair was built around it. So you have these rusty rails and old iron gates that were left or reinstalled – that was all part of that decision." \



Photo by Nicole Brinck

John reports that many of those aesthetic decisions were arrived at through the collaboration of the entire team, from architect Jeff Morton's team to construction management and even John and Mary themselves. "We really have looked and sought out inspiration from other projects that have been done, even if they weren't loft apartment projects," he said. "We meet Wednesdays with our entire team and a lot of these things are discussed."

The project also offered opportunities to try newer, more sustainable technologies like the apartments' in-floor radiant heat. Not having used an in-floor heating radiant system before, the Gronens were not sure what monthly heating costs for tenants might be but so far, reports are in the range of just 10 to 25 dollars a month. While the entire complex is heated using just three boilers, each apartment has its own closed loop system and thermostat, which controls the amount of heat for the individual unit. With a sub-metering system, tenants are billed accordingly.

"There are three boilers and each boiler is about the size of this kitchen island," Mary explains gesturing toward the apartment's built in island separating the kitchen space from the living room, "for two whole floors, 80,000 square feet. It's amazing ... very, very efficient."

Both a restoration and a redevelopment, the CARADCO project has taken what was a crumbling relic of an earlier age and repurposed it for contemporary use while still maintaining that sense of historic authenticity – undoubtedly part of the appeal of the Voices art exhibits that first drew attention to the Millwork District. That historic character, coupled with the modern and efficient design, has proven to be a natural draw for residents of the complex. "We've got a really great group of tenants; that's what's so fun," noted Mary Gronen, "young, single people, middle aged, people who have retired and downsized, sold their home. It's such a great mix."

One of the younger residents is young attorney Zeke McCartney who recently moved to Dubuque to take a position at Reynolds &



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Kenline, whose offices are just around the corner in the Millwork District. McCartney accepted an offer from the firm in the spring but needed the summer to pass the Bar, giving him time to look for an apartment in town. Being right around the corner, it was suggested he check out the CARADCO Apartments, which were still under construction. McCartney toured the building while under construction and was even shown blueprints for the project. "I thought it would be a great place to start out." As it turned out, he was one of the first new tenants, moving in September 1. "It's awesome. I really like it," said McCartney. "It's a cool place to be. There's a lot of stuff going on around the area and the apartments are really cool. It's a different look so I really like it."

Another young tenant is Jon Takosky hired last summer to work as a hydraulic engineer at John Deere. As he was moving in from out of the area, John Deere gave him local contacts to help with his search for an apartment. "I looked online and I came here with my mom for three days looking at apartments. This was the first place that I toured and that was pretty much it," Takosky admitted. "Everywhere else I looked really didn't measure up so I chose to live here and moved in October 20. (I'm) pretty pleased with it so far."



Photo by Kylie Renee Clark

Takosky's mother is a real estate agent and was rather impressed with the CARADCO Apartments. "Jon moved here from just outside of Pittsburgh and when he and his mom came and we toured the building, I gave them names of other places (apartments) to visit," Mary Gronen explained, "but they came back here and his mom had said to me that the biggest thing that she liked was that sense of community. She said, 'I feel like Jon will get to meet people faster and become part of a mix of the community.' As a mom, I totally got that, because I know how I would have felt. I said to her,

'Don't worry, I will take good care of him!' I feel like a surrogate mom to a lot of the kids in this building."

"She was pretty impressed, especially since it's new," Takosky said of his mother's opinion of the apartments. "Like I said, this is the first one we looked at and then we looked at a couple other apartments and you couldn't really compare (to CARADCO) so she's happy with the decision. That's kind of what I was looking for too because I looked at some places that were houses converted to apartments but I didn't know anyone so I wondered, 'How am I going to meet anyone living in a house?' I wanted to move into an area where I had a chance to meet people. So it worked out."

Having not seen the loft-style apartments, Jon's father had some initial difficulty understanding the appeal of polished concrete floors and exposed beams and wood joists. "We called my dad the day that I called Mary and told her I wanted the place and when I told him there wasn't any carpets he was



like, "What do you mean?" Then we told him there wasn't any ceilings and he was like, "What are you talking about? What kind of place are you living?" Takosky's father finally got a chance to see the apartment when he helped John move in. "He liked it a lot too. He couldn't have been happier."

That sense of community that Takosky was looking for is being created by the CARADCO residents themselves. In fact, various tenants have hosted social events in their apartments or the CARADCO community room to get to know their neighbors in the development. "It's a really great group of people," said Mary Gronen.

Two of those great people are Sue and Dave Simon, both

retired who have downsized from a house in the Barony Woods area to a CARADCO apartment. Dave, who now deals with Parkinson's Disease, was having trouble keeping up with maintenance of a large house and yard in the suburban estate but now appreciates the maintenance-free lifestyle and accessibility the apartment offers. "We just don't even go out in that section of town anymore because we've got everything that we need down here, which is good for us," said Dave. "Sue gets to walk a lot."

In addition to walking to keep fit, Sue enjoys the convenience of living in the walkable downtown neighborhood. "Really, there are so many services close by," she explained. "You can get your jacket tailored within two blocks. Certainly, the bank, the market, the library, the bookstore, the coffee shops ... and now that I'm walking more down by the river and all that, I see there's a car detailing place - I'm increasingly aware of all the small businesses that are down there. I'm walking now down toward the Bee Branch down by Sycamore Street, and there're a lot of little businesses down there and little pubs that I thought, 'come summer a cold drink could be just great.'"

Sue Simon continues, mentioning downtown's Main Street and other districts and all the shops, restaurants and services available within walking distance of the Millwork District. "Almost every service you need," she states. "It's rare now that we find ourselves running out to the West End. Plus, all of our kids have lived in big cities so we're kind of used to urban living. ... So the idea of things within walking distance became hugely attractive."



Having not lived through a spring in the apartments, Sue is concerned she might miss her time in the garden but even that need can be fulfilled in community gardening projects. "It makes traveling to see our kids easier because all we have to do is empty the refrigerator and shut the door. And you don't have to worry about someone plowing your driveway and all of that sort of stuff."

Lizzy Peterson, a social worker at Finley Hospital moved to Dubuque from Dewitt to live in the CARADCO Apartments. "One of my coworkers found this article and she said, 'You should go check this out,'" explained Peterson. "I was going to move from Dewitt, Iowa where I lived and was commuting back and forth. I saw the place and it was amazing. I told Mary, you can only show me ten places because it's just too overwhelming. I'd walk in a place and say, 'I want this one,' and then, 'No, I want that one, I love that one.' Then I forgot



what it looked like so when I walked in I was even happier than I thought I'd be."

While Peterson was considering a move to avoid her commute, John Gronen notes that there are others for whom a move was in part inspired by the CARADCO project. "We've had some people that were here in the building for whom this was the deciding factor for them moving to Dubuque," he shared. "My brother has been kind of toying with the idea – he grew up in Boulder, Colorado and has a house out there and he says, 'Dubuque would be kind of a neat place to go to the next stage in my life.' So last year, he visited the building and then he decided that he would rent an apartment here. He's back packing up his house in Boulder right now."

The influx of new residents is bringing an excitement to the CARADCO complex and the Historic Millwork District neighborhood. "It's only going to get more exciting as we have more people moving in," said Kathy Kessler who hosted our informal gathering in her apartment. Her corner unit on the second floor has hosted its share of curious visitors. During the reception for the recent John Badger retrospective exhibit, Kessler led a number of tours of friends and visitors through her apartment.

"I toured, in total, 24 people through. I don't remember how many tours through but it was probably six different groups," she recalls. "Everybody's so curious, which is great. In fact I got a call a week later saying, 'If you decide to move out, can you let us know before you move out so we can get dibs on your apartment?' People are thinking about downsizing, getting rid of things and they really liked it. They were all very positive. People come in and they just stand there (looking)... The attention to detail is so great. People are just wowed."

Takosky shares the reaction of coworkers who have visited to play his foosball table. "Every time, the first time they walk in they're like, 'This place is awesome!' I'm happy to show off my place."

"I have run into people that I know who come down on a periodic basis to check out what's going on and check out the process and are just so thrilled," Kessler said of the overall CARADCO development. "Not that they are necessarily ready to move, but they kind of want to be in on what's going on."

Even those who are not ready to move to the CARADCO building are interested in spending time in the district. In fact, events like the John Badger retrospective exhibit have inspired many to inquire about rental space, giving the Gronens cause to reconsider plans. "Our original plan was to have that be leased tenant space," explained Mary Gronen, "and then so many people have said, 'You know, that is the perfect event space.'" With inquiries about the availability of the space for wedding receptions or other events, the developers are reconsidering the plan. "So we're looking at creating a gallery of some sort where we could host art events, very small receptions, meetings and that kind of thing," Mary continues. "We think that might be kind of fun use for the space."



To make it work, they have to come up with a model to replace the income that would be provided by a regular leaseholder. Toward that end, the development team is reviewing numbers to consider rental fees in comparison to a lease agreement for the space.

Despite the challenge of getting potential leaseholders to

commit to the project, the excitement generated by having a community of residents in the complex is creating more interest among businesses considering a move to CARADCO's first floor. "We've had a lot of activity recently," said John Gronen. "There's always been a lot of interest but with everything we've done like this, no one wants to be the first. It seems like that's turned a corner."

While it's too soon to talk specifics, Mary shares that in addition to the Dubuque Food Co-op, they are talking with possible first floor leaseholders about a bar/restaurant, a bridal boutique, office space, and a fitness studio – all part of the development's overall plan for mixed use businesses that would both serve neighborhood residents but also draw visitors to the Millwork District.



In fact, Gronen Restoration passed on working with a number of potential development partners from other markets because all wanted to do primarily residential, including the first floor, which would have eliminated any of those businesses that would make the neighborhood a destination. "Then you don't have any Food Co-op and you don't have the John Badger art show going on downstairs, you don't have non-profits going on in the lower level," explains John. "It's going to bring vitality to the area and make it vibrant. That's been very important to us."

John admits that they have had some difficulty getting outside realtors to understand that they aren't simply going to accept just any business lease, but that any business must be a part of the desired mix to support the growth and vitality of the CARADCO complex and the Historic Millwork District neighborhood.

"It's kind of tricky thing because you need rent, you need to make your mortgage payment but you also want to have the right mix," he explained. "The tenants that have expressed interest over the last couple of weeks are tenants that would be bringing a lot of vitality to the building and they are counting on other people bringing vitality in order to help feed off what they are doing."

Like current CARADCO residents, new businesses have the potential to be part of a new downtown neighborhood, reclaiming the vibrancy of the Historic Millwork District. "I feel like a pioneer, in some ways," said Kessler. "In a way, we all are but it's a nice place to be a pioneer."



WINTER WEDDINGS

By Kristina Nesteby

There is nothing more magical than a winter wedding. With a snowy backdrop and soft candlelight, it's hard to deny the unique and romantic atmosphere the season can provide.

The Snow

Winter weddings are generally November through the end of March. It's that time of the year when we all wonder, "How much snow are we going to get this time?"

"It's impossible to predict the weather," commented JoAnn Giese, Wedding Director for Grand River Center. "However, it's a good sign that in 10 years we've only had one setback due to the weather conditions."

If you plan to have snow in your photos, Sherrie Keating of Cheryl-Ann Bridals suggests to do pre-bridals. "If there's a snowy day before the wedding, grab your photographer and get your pictures out of the way. It alleviates the stress of trying to do everything on the day of." She

Photo of Jenna (Specht) Andrews by J.Castañeda Photography

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also suggests making it even easier by taking your photos afterward the big day. "That way you're not risking the chance ruining your dress."

Jonathan McCoy, designer for McCoy Jewelers, and Jennifer got married on March 17, 2012 and were expecting a snowy, wintery backdrop for the photos. Surprisingly, it was 81° on their wedding day. "Iowa," joked McCoy. "Plan for a white background but don't freak out if it isn't so white. It is a day to celebrate with friends and family, so in the refined words of Douglas Adams, 'Don't Panic.'"

Besides the snow, you have to consider the cold weather. Keating noted fur stoles are the most popular ways to stay warm and fashionable in the wintertime. "Oftentimes we see the bride have a longer stole or a cape."

Closed toe shoes are popular for the winter months due to cold weather and snow though platforms and peep toes are popular year round. Another big trend Keating has been seeing is the 'country chic' wedding. The wedding party wears cowboy boots and the decor consists of mason jars, burlap and rustic touches.

Giese cut the groom and groomsmen some slack by having a wedding in November. "The guys are wearing tuxedos so if it's hot outside, they're on fire. It's nice when it's cooler out."

Take Advantage of the Season

Winter allows colors like silver, gold and ice blue to stand out. They are traditional colors and pair well to Christmas and winter decorations.

"Vintage is really big right now," mentioned Keating. "The lace dresses lend themselves well to the winter theme while sticking to the vintage era. Also, red is really making a comeback year round. It's always been magical for winter with Christmas theme weddings and Valentine's Day. We are also seeing hunter greens and emeralds making a comeback."

If you're looking for something different, try a color that is typical of a different season.

"Recently one of our brides used pink in her wedding," commented Giese. "It's generally thought of as a spring color, but it was beautiful with a silver background." She also noted that black is an extremely elegant color all year round. "It's formal and goes with pretty much everything."

"This past year we did a lot of specifically Christmas weddings opposed to just winter weddings," commented Mark Czesinski, Director of Sales for Hotel Julien Dubuque. "It's fun when guests receive little favors like keepsake ornaments from the bride and groom."

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Cheryl-Ann Bridals and Tuxedos

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One way to tie in a Christmas theme with your wedding is to have artificial trees with ornaments on them at the entrance of the reception venue. The guests can look through the ornaments to find their place cards. You could also have ice sculptures with candles inside to incorporate the look of winter when you're inside.

Giese suggests taking advantage of the post-Christmas sales. "I had a wedding after Christmas that used poinsettias to decorate. You can get big poinsettias that are gorgeous for half the price compared to before the holiday."

Make it Memorable

With a winter wedding, you will have a better chance of booking your favorite venues and vendors. Nothing is more frustrating than finding that your ideal venue and vendors are booked on your special date.

If you decide a Saturday wedding isn't working for you or if you'd like to try something different,

consider a Friday wedding. Venues are seeing this trend become more popular though it's still a new idea to the area.

"In Iowa, Friday night weddings are uncommon though in Wisconsin and Minnesota, Fridays and Saturdays pretty much blend," stated Czeshinski.

You may also consider a trend popular for bridesmaid dresses: pick a fabric, length and color then let the bridesmaids select a style that is most flattering to them. This allows the bridesmaids to be a bigger part of your wedding experience.

"We also have seen the bridal industry rise up to meet the request for a varied bridesmaid look from the brides," noted Keating. "Dessy has a convertible dress called the Twist Wrap. You can get multiple looks with one dress by wrapping the long straps in different ways. The jersey knit is great because it doesn't wrinkle."

Making the day memorable for guests is simple, but why not make it a memorable vacation for them? Czeshinski suggests presenting out of

town guests with things to do in the area. I just so happen to know the perfect publication you can hand out. And it's free. In fact, you're reading it right now. Surprise!

"If there is something like Ice Fest at the National Mississippi River Museum & Aquarium going on, we make sure our guests know. This turns a trip for a wedding into a special family vacation."

If you're making the day memorable, why not make the rings memorable, too? McCoy suggests searching Pinterest and Google Images for great wedding ring ideas. "Don't just search for rings," suggested McCoy. Look for styles and designs that appeal to you. The scroll work on a vintage chair or Greek architecture may catch your eye or maybe you'd prefer to have your fingerprint on his band and a part of his tattoo on yours.

"Inspiration can come from many things, commented McCoy. "You will have your wedding rings forever. Give them the same amount of

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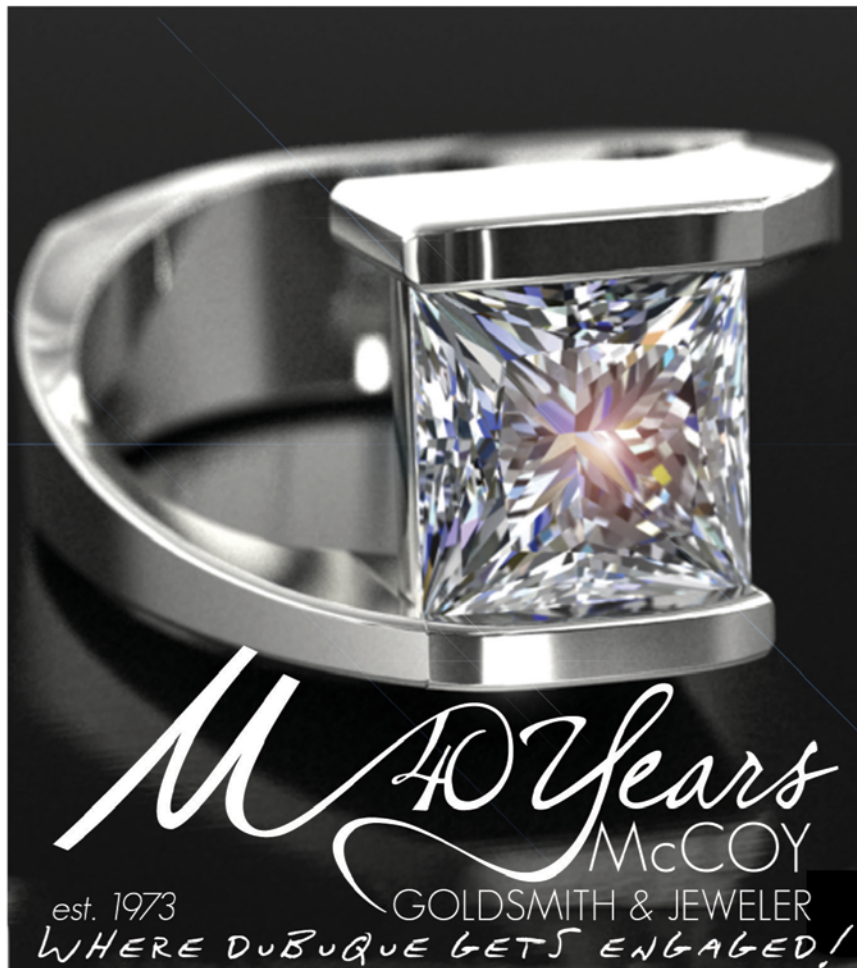
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Wedding Flowers Advice

By Tricia Kerth
from the Flower Shoppe
Steve's Ace Home & Garden

The Flower Shoppe
at Steve's Ace Home & Garden

Winter weddings are making a comeback! The winter bride tends to be a modern woman looking for an intimate, personal, and unique way to share her special day with family and friends. As a fresh flower designer, I've had the privilege to work with many of these brides and have noticed particular new trends that compliment this unique time of year.

Monochromatic color schemes are popular this season especially deep scarlet, plums, and midnight blues. For scarlet I love to use Black Baccara Roses, Red Ranunculus, Red Anemones and Red hypericum berries. For plum tones I enjoy purple hydrangea, Schwarzwald (black) mini calla lilies, phlanopsis orchids, lisianthus, and ranunculus. Very few flowers naturally bloom "blue" and stem-dyed don't often do the flowers any justice and can compromise their quality. Instead, I suggest a contrasting tone of white or ivory flowers with a touch of gray.

Anything Pewter... dresses, accessories, linens, and more! I love incorporating vintage brooches, ribbon handle treatments, and using silver brunia berries and dusty miller for a natural pewter touch in bouquets and boutonnieres/corsages.

Nature Inspired touches... pinecones, pods, and fresh evergreen are a great way to add texture, fragrance, and to mimic the natural feel of the season. Dried lotus pods, scabiosa pods, ivory hypericum berries and fresh flowing cedar are a few of my favorite accents for winter weddings. They pair well with white, ivory, and midnight blue. Incorporating birch branches and other natural twigs in your reception pieces can create a warm, rustic feel.

Sparkle! For the bride who loves her bling, consider adding rhinestone accents or brooches into your bouquet. Using glass can be a simple, yet elegant way to show

off winter accents. A recent wedding we designed incorporated various glass vessels filled with clear gems, crystal ornaments, and flowers iced with a touch of sparkle. To really add a winter effect to your reception, consider using SnowReal in your vases to mimic the look of fresh fallen snow.



↑ Bouquet inspiration photo by
The Studio B Photography

Other things to consider...

- Flowers do not hold up well in temperatures below 35°. We suggest scheduling outdoor photos after the ceremony to ensure the bouquets look their best.
- When traveling between locations, protect your flowers with plastic floral bags (usually provided by your florist).
- Dark flowers do not show cold damage as easily as light.
- Use post-Christmas clearances to your advantage. It's a great time to stock up on things that glitter.

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thought as your wedding day. And if you get stumped, just ask your jeweler for help."

Enjoy the day

"You plan the wedding for so long and the single day goes by so fast," mentioned Giese. "You just wish you could go back and do it over four different times! It's easier than it sounds, but try to enjoy the wedding week especially and all the

people that come in town for you. The wedding day is the first time you realize that you're in a room where every person there really cares for you. It's a really cool feeling."

Your wedding party is there to support you and to make your day a success. Rely on them to help you keep things in order and to make sure things are where they need to be. They understand how important

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NEWLYWED Q&A

KRISTIN & PAUL SCHROEDER | DEC 29, 2012

Q: WHAT ARE SOME WINTER WEDDING BENEFITS?

A: Venues and churches usually have their Christmas decorations up, providing the wedding with free decorations. If the wedding date is closer to Christmas, more guests may be able to attend since they will be already in town for the holidays. Being that it is the wintertime and the holidays you can tap into cute ideas for the reception like a hot chocolate or eggnog bar. Finally, it makes the all-inclusive honeymoon in the Caribbean that much sweeter.

Q: WHAT WAS MEMORABLE ABOUT YOUR WEDDING?

A: Something memorable for me was when the whole wedding party took pictures outside. We did the picture where everyone had to jump into the air at the same time. The photographer had the bridesmaids take off their shoes and jump on the cold pavement. Hearing them squeal and freak out was hilarious.



© Fairy Tale Photography

Q: WHY DID YOU CHOOSE TO HAVE A WINTER WEDDING?

A: I wanted to be unique from other weddings and stand out. Winter weddings are rare but they provide the ultimate white wedding setting. I love the wintertime, the look of wintry nights with candle light atmosphere. I find it to create that romantic atmosphere needed for a wedding.

Q: ANY GENERAL ADVICE?

A: Some general advice that I have for brides is that you only have one special big day. It is about the love two people have for each other so make it about the two of you.





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the day is for you and will do what they can to make it go smoothly. Know that your bridesmaids will be prepared with tissues and the groomsmen are only joking when they "lose" the ring.

You should enjoy every moment you share together especially your wedding day. Let go of your fears and prepare yourself for a new stage in your life. Know that the one you're with is the one who knows you best and is also the one who will be with you forever.

If something doesn't happen as planned, it's okay. Nothing will be perfect in life, but that's just how it is. This is your big day and you have to learn to laugh at the little things in life.

All of your hard work will pay off on the big day. Take time to relax and bask in the result of your meticulous planning. Book a couples' massage to help release the tension of planning a wedding. Know that the only thing that matters is you are there with the one you love.


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Fri - Thu: (12:20), (2:40), (5:00), 7:30, 9:50

555 JFK Road, Behind Kennedy Mall
www.mindframetheaters.com
Movie Hotline: 563-582-4971

Les Miserables (PG-13)
Fri - Thu: (11:00 AM), (2:00), (5:00), 8:00

Parental Guidance (PG)
Fri & Sat: (11:30 AM), (1:50), (4:20), 6:50, 9:05
Sun: (11:30 AM), (1:50), (4:20), 9:05
Mon - Thu: (11:30 AM), (1:50), (4:20), 6:50, 9:05

Zero Dark Thirty (R) No Passes Allowed
Fri - Thu: (12:00), (3:15), 7:00, 9:55

Silver Linings Playbook (R) No Passes Allowed
Fri - Thu: (11:45 AM), (2:10), (4:40), 7:10, 9:35



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Mama (PG-13) Jan 18

A supernatural thriller that tells the haunting tale of two little girls who disappeared into the woods the day that their mother was murdered.

Broken City (R) Jan 18

Mayor (Russell Crowe) hire P.I. (Mark Wahlberg) to look into his cheating wife.

The Last Stand (R) Jan 18

The Governor and his misfit crew are the last line of defense between a drug kingpin and Mexico.

Hansel & Gretel: Witch Hunters (PG-13) Jan 25

After getting a taste for blood as children, Hansel (Jeremy Renner) and Gretel (Gemma Arterton) have become the ultimate vigilantes, hell bent on retribution.



Movie 43 (R) Jan 25

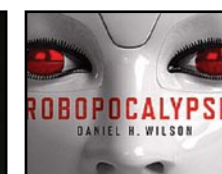
Somehow, Peter Farrelly gets everyone in Hollywood to cameo in this very offensive comedy that no one knows anything about. Starring Johnny Knoxville, Gerard Butler, Hugh Jackman, Richard Gere, Uma Thurman, Halle Berry, Emma Stone, Kate Winslet, Elizabeth Banks, and many more.

Parker (R) Jan 25

Donald Westlake's pulp hero Parker is once again brought to the big screen where Jason Statham picks up the mantle from Lee Marvin and Mel Gibson.

John Dies at the End (R) Jan 25

It's a drug that promises an out-of-body experience with each hit. But some who come back are no longer human. Can losers John and David save humanity? No. No, they can't.



THE BUZZ

Disney's acquisition of Marvel quickly led to a S.H.I.E.L.D. television show and now their more recent takeover of Lucasfilm may also lead to the development of a live-action Star Wars series thought impossible until Disney enlightened us through buying everything. Great news if Rick McCallum's "Deadwood in Space" adults only Star Wars idea, which has 50 hours of scripts already written, is the show they make.

With Joseph Gordon-Levitt reportedly rejecting their offer, Legendary Pictures has moved on to Kick-Ass and Anna Karenina star Aaron Johnson the lead in their Godzilla reboot contingent on his liking of Frank Darabont's coming script.

Christopher Nolan has reportedly chosen his first post-Batman project, Interstellar, a film said to involve time travel and worm holes and alternate dimensions and other devices to make this into a real twisted

knot of Nolan. Spielberg has long been attached to the project but seems to have abandoned it--plus, the script comes from Nolan's brother Jonathan, so, dibs.

Speaking of Soñor Spielbergo, he has indefinitely postponed his adaptation of Robopocalypse, a film that was to be exactly what it sounds like it would be. Though Anne Hathaway and Chris Hemsworth were already attached to star, a spokesman for Spielberg claims Drew Goddard's script "is not ready," and that the project is "too important" to just rush out there.

Bill Pullman assured the public that should Will Smith not return to kill aliens in ID4Ever, a sequel to Independence Day, there is a backup strategy in place that may still allow the plan to go through. But he added, "Nobody's holding their breath because it's been continually plagued."



All shows at the Mississippi Moon Bar are 21+ only and tickets for all performances are available at the Diamond Club inside the Diamond Jo Casino or online at DiamondJo.com.

Hard Salami

Friday, January 18, 8 p.m.

Club 84:

Vintage Game Show Night

Friday, January 18, 8 p.m.

Drew Hastings Comedy

Friday, January 23, 8 p.m.

Trash Martini

Thursday, January 25, 8 p.m.

Little River Band

presented by American Trust
Saturday, January 26, 2013.

Little River Band is one of the great vocal bands of the '70s and the '80s. They had 16 hit singles by 1985, as well as gold, platinum, and multi-platinum album sales awards. Between 1976 and 1983, chart success in America included the following singles: "It's a Long Way There," "Help is on its Way," "Happy Anniversary," "Reminiscing," "Lady," "Cool Change," "Lonesome Loser," "The Night Owls," "Take it Easy on Me," "Man on Your Mind," "We Two," and "The Other Guy." Tickets range from \$30-\$40.

Club 84: Late Night Edition

Saturday, January 26, 10 p.m.

Midnight Swinger Comedy

Wednesday, January 30, 8 p.m.

Dubuque Symphony Orchestra's 80's Movie Night @ Club 84 February 1, 2013

Put on your legwarmers and get out the hairspray because the Dubuque Symphony Orchestra is taking over Club 84. They'll take you back to the decade of MTV, Pac-Man and Rubik's Cubes, as well as unforgettable movies you can't help but love. Music director and conductor William Intriligator leads the symphony, joined by guest vocalists and a rock band, for a night of movie hits from the '80s including "Eye of the Tiger" from Rocky III, "Old Time Rock and Roll" from Risky Business, "Take My Breath Away" from Top Gun, and various songs from the movies Footloose and The Blues Brothers. Ticket prices range from \$15-\$35.



Winter Dance Party

February 2, 2013

The official live and authentic re-creation of Buddy Holly, Ritchie Valens and the Big Bopper's final tour and the only show endorsed by their estates. Take it from 365, this is an excellent show!



Tom Arnold

Friday, February 15, 7 & 9:30 p.m.

Tom Arnold began his career in comedy at the University of Iowa before moving to Minneapolis, where he won the Minneapolis Comedy Competition in 1988. He then moved to Los Angeles to write on the high successful television series, Roseanne, before eventually serving as executive producer for the sitcom. As a writer, producer, and actor, Arnold has established himself to both television and film audiences worldwide, having won a Golden Globe Award and helping put Fox Sports Network on the map with his hosting duties on Best Damn Sports Show Period. Arnold cornered the market on playing the resident comic relief in films like Nine Months, True Lies, Hero, and Austin Powers: International Man of Mystery.



Queensrÿche - Just Announced! Tuesday, March 5

Already one of the most respected and creative bands of the 80's, in 1988 the band released Operation: Mindcrime, which would go on to become one of the Top 10 best-selling concept records of all time. With the release of Empire, the band earned multiple Grammy Award nominations and won the MTV Viewer's Choice Award for the #1 chart topping hit "Silent Lucidity." Queensrÿche has sold over 30 million albums worldwide and have continued to break new



B.B. King

Presented by the Telegraph Herald
Tuesday, May 28

There is only one King of the blues and that's Riley B. King. B.B. King has released over 60 albums, many of them considered blues classics, like live blues album Live at the Regal and Together for the First Time. Soon after his number one hit, "Three O'clock Blues," B.B. began touring nationally, and he has never stopped, performing an average of 125 concerts a year. His classic songs such as "Prayin' the Cost to be the Boss,"

"Caldonia," "How Blue Can You Get," "Everyday I Have the Blues," and "Why I Sing the Blues," are concert and fan staples. B.B. King has received many awards including the Songwriter's Hall of Fame Lifetime Achievement Award and the Orville H. Gibson Lifetime Achievement Award. B.B. King's imprint was added to the Hollywood Walk of Fame in 1991 and he was inducted into the Blues Foundation Hall of Fame in 1984 and into the Rock and Roll Hall of Fame in 1987. B.B. has also been presented with fifteen Grammy Awards over the years. Ticket prices range from \$45-\$85.

ground and push their creative process. Ticket prices range from \$25-\$50.

Hairball

Friday, March 8, 8 p.m.



The Australian Bee Gees Show Thursday, March 21, 8 p.m.

The Australian Bee Gees Show is world's leading Bee Gees tribute show with an unbelievable resemblance and sound of the legendary originals. The show is presented from a contemporary perspective featuring state-of-the-art sound, superb lighting and giant screens featuring video clips, live camera images and stunning graphics. Enjoy hits like "Stayin' Alive," "Night Fever," "How Can You Mend a Broken Heart," "To Love Somebody," and "How Deep is Your Love." Tix from \$20-\$30.

Yakov Smirnoff

Saturday, March 23, 4 & 7 p.m.



Lita Ford - Just Announced! Saturday, March 30, 8 p.m.

Lita Ford is a British-born, American-raised rock guitarist, vocalist, and songwriter, who was the lead guitarist for The Runaways, one of the first girl groups who unexpectedly broke down the barriers in the punk era as well as the male-dominated world of rock music. Following the breakup of The Runaways, Ford set out to launch a solo career. In 1988, Ford released her most commercially successful album, the self-produced Lita. The album featured hits including "Kiss Me Deadly," and "Close My Eyes Forever." Menace opens.

**CLUB 84 - EVERY SATURDAY!
DUELING PIANOS - THURSDAYS!**



TRI-STATE LIVE MUSIC

Thursday, January 17

Tapestry
Manna Java World Café, 6 PM

Dueling Pianos
Mississippi Moon Bar, 8 PM

Jazz Night with
'Round Midnight Trio
Monk's Kaffee Pub, 8 PM

Dave Pingle Band
The Cornerstone, 8:30 PM

Friday, January 18

Upper Main Street Jazz Band
Fabulous Friday
St. Luke's United Methodist, 12 PM

Bryce Reeg
Stone Cliff Wine Bar, 7 PM

Denny Garcia
Sundown, 7 PM

JJ Schmitz Experience
Offshore, 7 PM

Max Kowalske
Timmerman's, 7 PM

Meghan Davis
Frank O'Dowd's Pub, 7:30 PM

Hard Salami
Mississippi Moon Bar, 8 PM

Moriah the Medium
Mystique Casino, 8 PM

Boys Night Out, Spirits, 8 PM

Lojo Russo
Grape Escape, 8 PM

Okham's Razor
Woodlands Lounge,
Eagle Ridge, 8 PM

Laura McDonald & Jeff Weydert
The Depot, Cuba City, 8 PM

Steve Grismore Jazz
The Cornerstone, 8:30 PM

Gone South, Item 9 & The Mad Hat-
ters, The Lift, 9 PM

Brown Bottle Bandits
Budde's, 9 PM

Saturday, January 19

Mississippi Duo
Sundown Mountain, 2 PM

Gregory James
Stone Cliff Wine Bar, 7 PM

The Magnetos
Galena Brewing Co., 7:30 PM

Meghan Davis
Frank O'Dowd's Pub, 7:30 PM

Club 84: Vintage Game Show Night
Mississippi Moon Bar, 8 PM

Moriah the Medium
Mystique Casino, 8 PM

Andrew Houy
The Cornerstone, 8 PM

Okham's Razor
Woodlands Lounge,
Eagle Ridge, 8 PM

The Compass Rose
Grape Escape, 8 PM

Randy Rogers
Keil's Tavern, 8:30 PM

Taste Like Chicken
Denny's Lux Club, 9 PM

Red Shield, Solid Giant, I Like You Go
Home, Sect of the Arcane Fog
Off Minor, 9 PM

Zero 2 Sixty, Jumpers, 9 PM

Hot Mess, Northside Bar, 9 PM

Jabberbox, Dirty Ernie's, 9 PM

Against All Odds
Night Owl, Shullsburg, 9 PM

Cereboca, Dredge
Sandy Hook Tavern, 10 PM

Sunday, January 20

Open Mic
Galena Brewing Co., 12 PM

Fever River String Band
Council Hill Station, 1 PM

Open Mic
The Cornerstone, 1 PM

Joe & Vicki Price
Sundown Mountain, 2 PM

Country Tradition
Mooney Hollow Barn, 2 PM

Larry Michael, Wheel Inn, 3 PM

Johnny Rockers
Sandy Hook Tavern, 6 PM

Miss Kitty Quiz Show
Grape Escape, 8 PM

Tuesday, January 22

Denny Garcia
Riverboat Lounge, 4 PM

Wednesday, January 23

Ken Killian Jazz Quartet
Riverboat Lounge, 5 PM

Acoustic Jam with Andrew Houy
Cornerstone, 6 PM

Laughing Moon Comedy
Drew Hastings
Mississippi Moon Bar, 8 PM

Thursday, January 24

Dueling Pianos
Mississippi Moon Bar, 8 PM

Jazz Night with
'Round Midnight Trio
Monk's Kaffee Pub, 8 PM

The Skywalkers
The Cornerstone, 8:30 PM

Friday, January 25

Jason Ray Brown
Offshore, 7 PM

Calvin Coohy
Timmerman's, 7 PM

Comedian Mike Mercury
with Bobby Ray Bunch
Galena Brewing Co., 7:30 PM

Andreas Tranco
Frank O'Dowd's Pub, 7:30 PM

Trash Martini
Mississippi Moon Bar, 8 PM

Laura McDonald & Jeff Weydert
Spirits, 8 PM

Ken Wheaton
The Cornerstone, 8 PM

Okham's Razor
Steve's Pizza, 8 PM

Thriftones
Monk's Kaffee Pub, 9 PM

Zeta June, Fire Sale
The Lift, 9 PM

Brown Bottle Bandits
Dirty Ernie's, 9 PM

Crude But Effective
Perxactly's, 9 PM

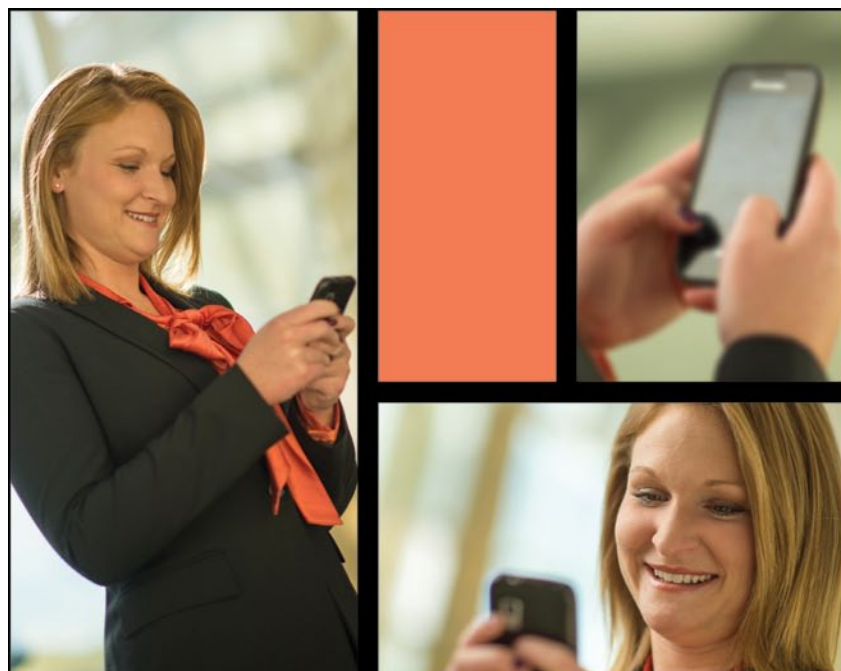
Lipstick Slick
Sandy Hook Tavern, 10 PM

Saturday, January 26

Ryan Getz
The Cornerstone, 12:30 PM

Doug & Lisa Fry
Sundown Mountain, 2 PM

...continued on page 24



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 Saturday, 2/2 • Taste Like Chicken
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 Saturday, 2/9 • Blackwater Gin
 Sunday, 2/10 • The Skywalkers

Friday, January 25

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Thelonius Monk Inspires Again

eronel opens on Historic Old Main

by Paula Neuhaus

After nearly three years of standing empty, the lower level of the historic Cooper Wagon Works building on Third and Main Streets is experiencing new life. eronel, 285 Main Street, opens its doors on February 1 bringing with it a little arts and culture from Cable Car Square. Artist/musician Drew Bissell and musician/business owner Rick Eagle have joined forces to create eronel, a new home for the arts including exhibition space, theatre and performance space, and a serious home for original live music. Based on the art incubator model that Eagle created at Monk’s Kaffee Pub in Cable Car Square, eronel will focus on cultivating a space for working artists to have opportunities to exhibit and perform at no cost to them. While the venue will offer a nightclub atmosphere, too, the owners are focusing on an all-arts space. “We’re coming at this from the standpoint of musicians and artists, we want to offer a place where creativity is supported,” Eagle says, “We can make a place in Dubuque where bands are supported and have the freedom to influence the music culture here by bringing in musicians that they like too. We just want a positive reception for artists here.”



With 6400 square feet of limestone and brick with a sprawling layout, winding tunnels, and open rafters, the space inspires creativity at every turn. “The natural beauty of the space is amazing,” Bissell says, “It calls out to have original art work on the walls.” The four-story brick building is on the National Register of Historic Places and was originally constructed in 1895 as the Cooper Wagon Works manufacturing company. Developers spent two million dollars on the historic renovation and preservation of the building in 2001 creating Bricktown Brewery and restaurant. In 2010, new owners completed the upper floor rehabilitation creating loft-style apartments. Later in 2010. Crust Italian Kitchen + Bar opened on the street level. With the addition of eronel in the lower level, the mixed-use vision of the entire property will be fully realized again after laying dormant for a few years.



With an eclectic mix of new and long-time businesses thriving in the Historic Old Main Street District, the timing seems perfect for eronel to open. “We’re bringing something new to Old Main,” Bissell says, “In developing the idea for eronel we know that it’s part of an arts community. We want to facilitate opportunities for arts groups to hold fundraisers, use the performance space, and cultivate the growth of the art in Dubuque.”

Eagle and Bissell are no strangers to the local music and art scene. Rick Eagle opened Monks Kaffee Pub in 2008 and it quickly built a reputation as an arts incubator. During the last four years Monks has hosted spoken word, jazz, theatre, art exhibitions, film a variety of live music performances, and has served as an arts think-tank and meeting space for several creative groups. Last fall, Monks launched the Salon Des Refuses (French for Salon of The Refused) art exhibit in homage to a famous art exhibition held in 1863 in Paris by command of Napoleon III for those artists whose works had been refused by the jury of the official Salon. Bissell and local artist painter Ivonne Simmonds-Fals worked with the Monks crew to launch the exhibition. Simmonds-Fals and Bissell both exhibited in the show. Bissell serves on the board of Dubuque County Fine Arts Society, the DubuqueFest Fine Arts Festival committee, and is active with Nash Gallery. Together Eagle and Bissell have been exploring music through their own musical projects and through booking live music, along with Counterproductions’ Aaron Hefel, at Eagle’s live music venue OFF Minor.

With OFF Minor closing it’s doors in the Washington Neighborhood later this month, the partners are turning their focus to eronel and what they can do to both enhance, and stand out, on Historic Old Main. “We’re putting it all together,” Eagle says, “We’re making it a venue for art and music, even though in my mind they’re both an art. We are a full bar, but we’ll offer more than that,” Eagle smiles, “Basically we’re recreating a 6400 square feet version of Monks.”

Bissell agrees, “Cable Car Square has some great things going. The arts and culture and small business efforts of that neighborhood are cool and we’d like to spread that energy around the corner a little bit. Bring some of Cable Car Square to Old Main.”

They’ve got a some exciting things planned for eronel’s opening weekend. Friday, February 1 kicks off with a live musical performance by Midwestern musician Miles Nielsen & The Rusted Hearts. Painter Michael Garside’s solo exhibit opens on Saturday, February 2 with a reception from 7-10 p.m. [See article on page 34 for more information on these two events.] The spring calendar includes a musical performance by Charlie Parr, a hair and style show, a group art exhibit, and a cabaret performance. So stop in to eronel to ingest some art, some rotating specialty tap beers, made-from-scratch bloody marys, and the “best Irish coffee” in town.

eronel welcomes inquiries from visual artists who are interested in exhibiting and from creative groups who are searching for performance space. Artists interested in exhibition or to arrange for partnership performance space should contact Drew Bissell via email: drewbissell@gmail.com. eronel ART+MUSIC VENUE, 285 Main Street (below Crust), will be open Wednesday through Saturday, 7 p.m. until close. The venue is 21+. Their website eroneldubuque.com should go live in March so be sure to stay tuned.



Miles Nielsen & The Rusted Hearts

Grand Opening Night Performance

eronel ART+MUSIC VENUE
285 Main Street
Friday, February 1, 10 p.m., \$5 / 21+
by Ryan Werner

Miles Nielsen and his band The Rusted Hearts rest comfortably between AM radio stations, taking their power from one side of the dial and their movements from another. Their harmonies are tight and focused, often floating over a 60’s jangle or big 70’s chords. The band itself is truly regional. There’s a rust belt sense of isolation and hope to their sound, the big pleasant rush of familiarity and new, eternal possibilities. Having developed from a solo act in years past, Miles has learned to work with the musicians he’s surrounded himself with, and, in turn, the songs have progressed into the sort of solid work that has felt the touch of many hands. Hear the roots of this rock at eronel, 285 Main Street’s newest art + music venue. Doors at 7 p.m. for the grand opening of the venue. Miles takes the stage at 10 p.m. \$5 cover and, as always, the show is 21+.



Nate Jenkins Band + Firewood Revival

Saturday Feb 2, 9pm/\$5 (comes with free domestic) The Lift

Rootsy, indie rock and folk get their due at The Lift on Groundhog’s Day. Firewood Revival makes a rare appearance after a long absence. The band melds thoughtful, literate storytelling to lives spent seeking truths and drinking heavily. Band members have seen many trials and tribulations during their nearly 20 year existence and it shows in the weary, dirty rock country they produce. Firewood Revival is a who’s who of the Iowa City roots scene, and they will be in full force on February 2. Nate Jenkins takes a slightly softer approach to the folk rock genre. Adding some of the loop pop and orchestral leanings some of the more recent acts like Andrew Bird or Sufjan Stevens, Jenkins makes the sound his own. The filter of his band and Nate’s personal lyrics give the songs a sentimental touch that brings the audience closer in, shedding a little light on the songwriters’ life and personality all in a 3 or 4 minute pop song.



Tight Phantomz!, Legal Fingers, The Bradshaws

Sunday Feb 3, 9 p.m., \$5 The Lift

Tight Phantomz mastermind Mike Lust, formerly of Chicago cult-band Lustre King, originally started Tight Phantomz as a means of serving up aggressive boogie riffs, fat and dripping onto the engine block of one Reverend Billy F. Gibbons, serviced every 3000 parties by one David L. Roth. As they’ve developed, one will hear the first two Motley Crue LPs, Guided By Voices singles collections, the more genius moments of mid-period Replacements, everything KISS put out until 1978. There are bits of noise and psychedelia and programmed drums that can only be written off as belonging to records most have never heard, lives they’ve never lived. This is a thing of wonderment, and these influences add up to more than a throwback, though that’s there, too: the album as a singular statement made up of constituent parts, a music culture where listening is the primary focus. There’s still the sort of white-knuckled ZZ Top worship that anyone with a desire for slick speed can fall in love with, but there’s also a sweet yearning that speaks directly to the girls and the music and the general sadness of our youth, regardless of how much we have left of it or how far from it we may be.



...continued from page 21

Saturday, January 26

Tim Wilson, Mystique Casino, 7 & 9 PM

Okham's Razor
Stone Cliff Wine Bar, 7 PM

Missbehavin'
Galena Brewing Co., 7:30 PM

Sam Wyatt
Frank O'Dowd's Pub, 7:30 PM

Jeremy Arling & Jeff Weydert
R Place, 8 PM

The Lonely Goats
The Cornerstone, 8 PM

Denny Garcia & Driftwood Blues
(Knautz & Connelly)
Scales Mound, 8 PM

Little River Band, 8:30 PM
Club 84: Special Late Night Edition
Mississippi Moon Bar

Earthrise, Dredge, Young Indian
Off Minor, 9 PM

Kevin Beck & Kerry Erickson
Spirits, 9 PM

Mighty Short Bus, Jumpers, 9 PM

Taste Like Chicken, Dirty Ernie's, 9 PM

Brown Bottle Bandits
Dagwood's, 9 PM

Full Code, Embe, 9 PM

Crude But Effective
The Depot, Cuba City, 9 PM

The Family Business (Fedora)
Sandy Hook Tavern, 10 PM

Sunday, January 27

Open Mic, Galena Brewing Co., 12 PM

Open Mic with Cal Cooley
The Cornerstone, 1 PM

Denny Garcia
New Diggings General Store, 3:30 PM

Wretches, Mutilated By Zombies,
Shadows of Indira
Off Minor, 5 PM (All Ages)

The Lonely Goats
Sandy Hook Tavern, 6 PM

Wednesday, January 30

Ken Killian Jazz Quartet
Riverboat Lounge, 5 PM

Acoustic Jam with Roy Schroedl
Cornerstone, 6 PM

Laughing Moon Comedy
Midnight Swinger
Mississippi Moon Bar, 8 PM

Open Mic with Dave,
Cricket, & Tim
The Lift, 9 PM

Thursday, January 31

Dueling Pianos
Mississippi Moon Bar, 8 PM

Jazz Night with
'Round Midnight Trio
Monk's Kaffee Pub, 8 PM

Open Mic with Jeff & Jimmy
The Cornerstone, 8:30 PM

Friday, February 1

Two Ugly People
Stone Cliff Wine Bar, 7 PM

Marvin Stamm
With UWP Jazz Band
CFA, UW-Platteville, 7:30 PM

Meghan Davis
Frank O'Dowd's Pub, 7:30 PM

DSO's '80s Movie Night
Mississippi Moon Bar, 8 PM

Snek Peek, Spirits, 8 PM

Corey Jenny & Mojo Busted
Steve's Pizza, 8 PM

Miles Nielsen &
The Rusted Hearts
Eronel, 10 PM

Saturday, February 2

Terry McCullagh
Sundown Mountain, 2 PM

Danika Holmes
Stone Cliff Wine Bar, 7 PM

Country Tradition
Mooney Hollow Barn, 7 PM

The Resistors
Galena Brewing Co., 7:30 PM

Meghan Davis
Frank O'Dowd's Pub, 7:30 PM

Winter Dance Party
Tribute to Buddy Holly, Richie
Valens, Big Bopper
Mississippi Moon Bar, 8 PM

Jordan Danielson, Grape Escape, 8 PM

Firewood Revival, Nate Jenkins Band
The Lift, 9 PM

Odd Couple, Spirits, 9 PM

Jabberbox
Denny's Lux Club, 9 PM

Half-Fast, Jumpers, 9 PM

Chug Monkey
Northside Bar, 9 PM

Crude But Effective, Embe, 9 PM

Crystal Leather
Dirty Ernie's, 9 PM

Jason Ray Brown
Timber Lanes, Maquoketa, 9 PM

Taste Like Chicken
Sandy Hook Tavern, 10 PM

Sunday, February 3

Open Mic, Galena Brewing Co., 12 PM

Fever River String Band
Council Hill Station, 1 PM

Open Mic, The Cornerstone, 1:30 PM

Miss Kitty Quiz Show
Grape Escape, 8 PM

Tight Phantomz, Legal Fingers, The
Bradshaws, The Lift, 9 PM

Larry Michael, Wheel Inn, 3 PM

Johnny Rockers
Sandy Hook Tavern, 6 PM



HOGS Gone Wild Fan Fest

February 23, 9 a.m. - 10 p.m.
Five Flags Civic Center

Shake off your winter blues by joining the full-throttle fun the Hogs Gone Wild FanFest in Dubuque, Iowa on February 23, 2013 at the Five Flags center. Start your day off with a trade show, enjoy a morning of laughter with, Wild Willy Parsons "The Original Biker Comic", classic motorcycles displayed by the National Motorcycle Museum, Harley fashion show, the Transportable High-End Rider Education Facility Mible Semi, and finish off your day with live music from Dubuque favorites, the Spazmatics! You can also meet Kim Coates and Theo Rossi from the smash hit T.V. series, Sons of Anarchy. Plus, there will be shops, restaurants, tattoo shops, pubs, and much more from communities and businesses along the Great River Road!

Schedule of Events:

- 9 a.m. Doors Open
- 9 a.m. - 6 p.m., Trade Show
- 9 a.m. - 6 p.m., REF
- 10:45 - 11:45 a.m., Wild Willy Parsons
- 12 - 6 p.m., Harley-Davidson Race Team
- 12 - 2 p.m., Sons of Anarchy Cast
- 2:30 p.m. - 3:30 p.m., Fashion Show by Dubuque Harley Davidson
- 4 p.m. - 6 p.m., Spazmatics
- 7 p.m. - 10 p.m., VIP After Party

Admission is \$10 for the Spazmatics show only and \$15 for the full day's events. There is also a great VIP package for \$45 that includes celebrity Meet & Greet and VIP after party at the Diamond Jo Casino's Mississippi Moon Bar with free food and live music from Menace. (Must be 21).

Learn much more online at traveldubuque.com.





Ice Fest 2013

January 19-21, 10 a.m. - 5 p.m.
National Mississippi River
Museum & Aquarium

Ice Fest continues at The National Mississippi River Museum & Aquarium in the Port of Dubuque, January 19-21. The Museum & Aquarium will present special winter-related programs daily throughout Ice Fest including historic ice harvesting on the river, winter crafts and eagle watching.

Feature activities take place each weekend during Ice Fest and will include professional snow and ice sculpting, traditional Native American outdoor winter games, live animal programs, winter safety demonstrations, and more! Special guests include Dan Wardell, host of Kids Club on Iowa Public Television with his friend Curious George, members of the USHL Dubuque Fighting Saints team, and Polar explorer Troy Henkels.



Daily events include:

- Ice Harvesting Demonstrations
- Eagle Watching
- Ice/winter Safety Programs
- Children's Winter Crafts
- Indoor/Outdoor Activities / Sledding Hill
- Native American Snow Snake Game
- Ice Tongs Carrying Experience

Saturday, January 19

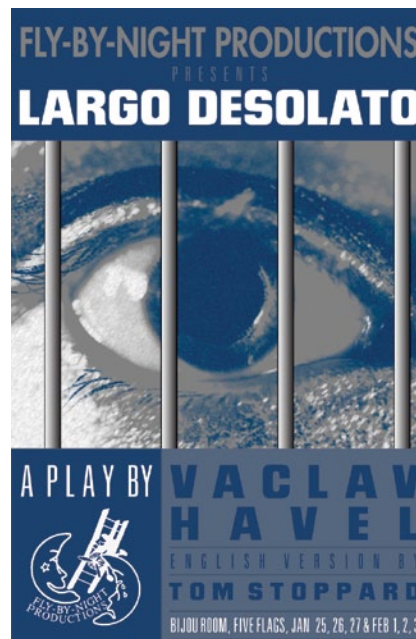
- Open-Water Rescue Demonstrations - The Dubuque Fire & Rescue Department
- "North Pole Presentation" from Polar Explorer and Author Troy Henkels at 11 a.m., 1 p.m., and 3 p.m.; & book signing.

Sunday, January 20

- Family Story Time with Dan Wardell and "Curious George", 1 a.m., 1 p.m., & 3 p.m.

Monday, January 21

- Ice Harvesting Demonstrations
- Eagle Watching
- Ice/Winter Safety Programs



**Fly-By-Night Productions
presents Largo Desolato**
Jan 25-26, Feb. 1-2, 7:30 p.m.
Jan 27, Feb 3, 2 p.m.

Five Flags Bijou Room

Vaclav Havel wrote this semi-autobiographical, biting drama in 1984, within a year after his release from prison. At once ridiculously

funny and deeply unnerving, the absurdity of Largo Desolato reveals the dilemma of a political dissident and his struggle with paranoia, paralysis, and responsibility.

Professor Leopold Nettes is a revered but reluctant revolutionary whose most recent book has irked the totalitarian government in power. The authorities demand a retraction; his friends and fans clamor for heroic defiance. Besieged by onslaught of internal demons, whining lovers, suffocating followers, and ineffectual government thugs, the professor sinks nearer and nearer to crisis. A surreal tragic-comedy, it's an interesting, odd, moving, and disconcerting piece that both intrigues and delights. Featuring Robert Armstrong, Dan Haggerty, Jr., Whitney Arnold, Julie Arensdorf, Jonathan R. Brown, Andrew Fuerste-Henry, Art Roche, & Katherine Kluseman. Directed by Lenore Howard.

Tickets are \$15 online at ticketmaster.com, call 1-800-745-3000, or visit the Five Flags box office. Tickets also available at the door 1 hour prior to performance (cash only). Visit flybynightdubuque.com.

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HYPNOTIST JIM WAND

(Adult Show) Must be 18 to attend!

Saturday, January 26, 2013

Cocktails, 6 P.M. / Show, 7 P.M.

Tickets \$22 (Adv.) / \$25 (Door)

Dr. Jim Wand is considered to be one of the top hypnotic entertainers in the world today. The volunteers, as well as the audience, will long remember the fun and laughter of this unique entertainment experience.



Godspell
February 15, 16, 17
Tickets: \$15 / \$18

Enjoy all the good gifts of one of the most enduring shows of all time. Based on the Gospel According to St. Matthew, GODSPELL boasts a string of well-loved songs, led by the international hit, "Day By Day."



**Dubuque Symphony Orchestra's
80's Movie Night**
presented by Club 84
November 1, 8 p.m.

Diamond Jo Casino

The Dubuque Symphony Orchestra's 80's Movie Night presented by Club 84 will appear on February 1, at the Mississippi Moon Bar. Concert begins at 8 p.m., doors open at 7 p.m.

Put on your legwarmers and get out the hairspray because the Dubuque Symphony Orchestra is taking over Club 84. They'll take you back to the decade of MTV, Pac-Man and Rubik's Cubes, as well as unforgettable movies you can't help but love.

A rock band of local musicians joins the Dubuque Symphony Orchestra for a night of movie hits from the '80s including "Eye of the Tiger" from Rocky III, "Old Time Rock and Roll" from Risky Business, "Take My Breath Away" from Top Gun, and various songs from the movies Footloose, The Blues Brothers, Dirty Dancing, Ferris Bueller's Day Off, Ghostbusters, Pretty In Pink and more!



The symphony welcomes Joie Booth from BoomTangle and Joe Blanchard from Half Fast as the lead singers, as well as guitarist Tony Brown from Menace, bass player Jeff Weydert from Crystal Leather, and guitarist JJ Schmitz. Adding to the fun will be dancers from the cast of Club 84 and celebrity impersonators.

Tickets range from \$15-\$35 and are on sale at www.diamondjo.com; the Diamond Club or by calling 563-690-4800. Must be 21 years or older.



Watershed Café

by Rich Belmont



You can't judge a book by its cover. You can't judge a restaurant by how it looks either. Some friends of mine recently took a ride over to the Watershed Café located in the old A & W near the corner of 32nd Street and Central Avenue in Dubuque. They said it still looked like a hot dog place so they didn't go in. Boy, what a mistake! Because this restaurant is now a tremendous burger, pizza and sandwich shop!

It is so named because the Bee Branch Watershed is right behind it. The interior has been remodeled and the new operator is passionate about his menu. In fact, you might already know him. Chef Mike Bries is a native Dubuquer who started cooking when he was 13 years old. As soon as he was old enough he opened Breezer's Pub in Dubuque. He sold it in order to attend Scott Community College Culinary School in Bettendorf, Iowa. He returned to Dubuque to intern at the Grand Harbor Resort and Waterpark where he was promoted 3 times in one year to Prep Cook, Supervisor and Kitchen Manager. He then became the Culinary Manager at the Dubuque Olive Garden. Now after acquiring several years of cooking experience he was ready to run his own restaurant. Mike purchased the Athenian Grill and operated it for 4 years. During that time he also started Michael Paul's, a fine dining establishment on Asbury Road.



So as you might imagine Chef Mike is an accomplished and experienced restaurateur. Now he has opened Watershed Café, an unpretentious counter- service restaurant dedicated to an honest uncomplicated philosophy: To serve simply prepared foods that are delicious because only fresh and premium ingredients are used.

Some examples of this philosophy: Choice grade fresh, never frozen, ground beef is used in the burgers. Hash browns are made from fresh shredded potatoes. The Reuben contains fresh sauerkraut. Only fresh portabella mushrooms are used in the Mushroom and Swiss Burgers and on the

pizzas. Hollandaise sauce, sausage gravy and BBQ sauce are prepared in the kitchen. The pizza dough and sauce are made from scratch as well.



You will discover the quality straight away when you start off with the appetizers. When you order the Jumbo Wings you get a full pound of large deep fried-to-crispy chicken wings with your choice of Buffalo, Honey BBQ or Asian Sesame sauce.

Watershed Café

51 W. 32nd Street, Dubuque, IA 52001

563-690-2080 | facebook.com/WatershedCafe

HOURS: Mon-Thu, 11 a.m. - 7 p.m., Fri-Sat, 11 a.m. - 9 p.m.,

Sun, 12 p.m. - 7 p.m., Sun Breakfast, 7:30 a.m. - Noon

DINING STYLE: Counter service, Come as you are

NOISE LEVEL: Conversational

RECOMMENDATIONS: Pizza Nuggets, Pizza, Bacon Cheeseburger, Olive Burger, Fried Chicken, Pork Tenderloin, Eggs Benedict

PRICES: \$5.95 - \$24.95 LIQUOR SERVICE: None

PAYMENT OPTIONS: Cash, Major Credit, No Checks

KIDS POLICY: Welcome, Menu items, High chairs

RESERVATIONS: Call ahead for large group seating

ACCESSIBILITY: Front door and restrooms

CATERING: Yes

TAKE OUT: Yes

DELIVERY: Businesses with 1 day notice

PARKING: Lot in front

Try some Pizza Nuggets, too (pictured below). Homemade pizza dough is cut up and deep fried then sprinkled with Parmesan Cheese and Kosher Salt.



The Burgers are all one-third pound fresh ground beef. You can do a custom burger with your choice of pickles, lettuce, tomatoes and onions or choose one of the specialty burgers. The Bacon Cheeseburger comes topped with Velveeta and three serious strips of bacon (at right). My favorite is the Green Olive Burger. A generous helping of sliced green olives are placed on the burger with cheese. The menu states the cheese

is fresh grated mozzarella but I like to order it with Swiss cheese. All of the burgers come with fries. Here is one of the ways Chef Bries demonstrates his expertise. He knows French Fries must have a crispy outer coating and the interior must remain intact, fluffy, and still have a real potato flavor. To accomplish this he cuts fresh Idaho russet potatoes and then deep fries them twice. They are served with a special seasoning. However, I prefer to order them without the seasoning in order to get more of that pure crispy fresh potato flavor.

The sandwiches are all made with fresh ingredients. There are several to choose from so I will just mention the ones I like the best. The Philly Cheese Steak is made with in-house shaved and grilled Ribeye steak cooked when ordered and covered with onions and cheese wiz. The Reuben (below) is crafted from slow



roasted Certified Angus Brisket. It is layered with homemade sauerkraut and topped with Swiss cheese and Thousand Island dressing and grilled on marble rye bread. Fresh Pork Tenderloin is hand cut and trimmed, pounded out and breaded only when you order the Pork Tenderloin sandwich (pictured below, with the chicken bacon sandwich to the right). I do believe this tender, juicy and flavorful Pork T is the best I have ever had!



There are also a couple of dinner entrees on the menu. The chicken is hand battered and coated with a special blend of seasoning (see facing page). It's really good but you should know it's a little spicy. There are also St. Louis BBQ Ribs slow roasted and slathered with a traditional BBQ sauce made from a proprietary recipe.





Now I have some good news for all of you Foodies who miss the Athenian Grill's Super Colossal Sunday Breakfast! Watershed Café has brought back the entire breakfast menu for your Sunday morning enjoyment! The expertly prepared 3 egg omelets served with fresh shredded hash browns are there. So are the pancakes, French toast and waffles just like you remembered. The Watershed Scramble (above) with ham, cream cheese and green onions is a delight. I particularly like the Biscuits smothered with homemade sausage gravy (below).



My favorite breakfast, though, is definitely the Eggs Benedict. Two English muffin slices are each topped with really thick slices of Canadian bacon, perfectly poached eggs and an absolutely delicious homemade Hollandaise Sauce (below).



have visited Watershed Café several times and I am impressed with the large number of regular customers this little restaurant has developed already. After all it's only been open about 4 months! I think I know why this is happening too. It's because of the Pizza! Chef Mike knows you can get a pie in a lot of different places around Dubuque, so he knew he needed something a little different. He started with a New York Style pizza and added his own creative touch to produce a new sensation. These pizzas are like New York pies in several ways. The crust is homemade and stretched thin. Then it is covered with a made-from-scratch thin pizza sauce containing in-house crushed Roma tomatoes. Then a copious portion of fresh mozzarella cheese is added. Only fresh toppings including Portabella mushrooms, sausage, spinach, green peppers, etc. are used. Mike adds a braided crust painted with garlic butter which sort of gives you a pizza with built in garlic sticks. And like the New York pie the dinner version is a whopping 20 inches in diameter. (365'er Kristina is in the photo below to provide scale, even though she's kind of tiny).

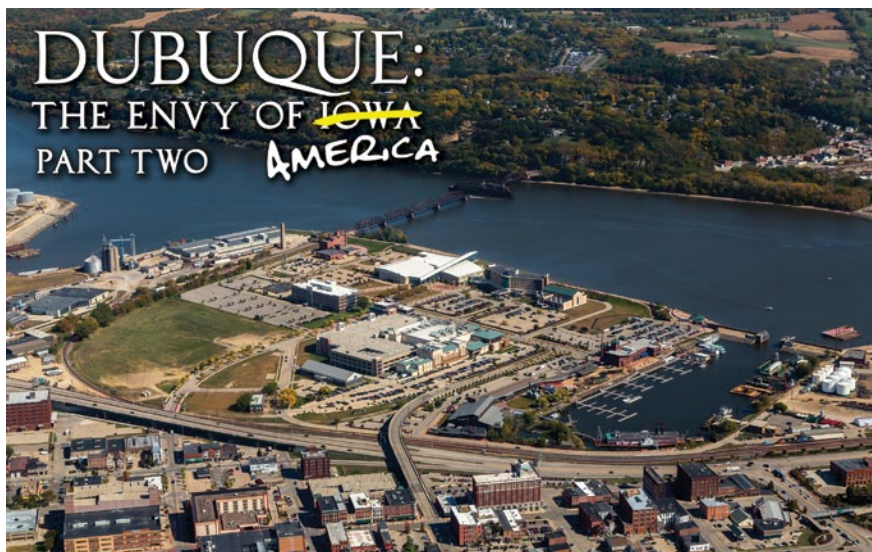


Reminds me of my mom's favorite song: When the moon hits your eye like a big pizza pie, that's amore!



When you visit Watershed Café do take the time to check out the photographs on all the walls. They are all scenes from Dubuque's North End taken between the 1900's and the 1960's. Mike wishes to thank Mike Gibson of the Loras College Archive Department for all his help with procuring the pictures. Mike also wants to express his gratitude to his partners, the Roger Kunde Family, for all their encouragement and support.





By Bryce Parks

Challenges

In the previous issue of 365, we began the series with a look at where we've come from, most notably, recovering from 23% unemployment in the 1980s and a serious image issue to today, at sub 4% unemployment and a role model for cities across America and indeed the globe. That success was greatly attributed to the implementation and ongoing practice of strong public-private partnerships as well as the diversification of Dubuque's employer base. With elected officials working closely with city and county government staff, private business and education leaders, as well as non-profits, not only did Dubuque's employment outlook turn around but that success led to a strong economy for tourism, arts and culture. As we head into 2013, Dubuque is indeed the envy of many communities across the country. But everyone involved in that success is acutely aware that they cannot rest on their laurels. Intense competition for an ever-shrinking workforce means that the winners of the future will be those who can attract the talent of tomorrow.

So no gilding the lily. What are the hurdles Dubuque faces as we move forward?

"It's about creating an environment people want to come to," Dubuque Mayor Roy Buol puts it simply. "That's the secret of the future and one of the biggest challenges moving forward. We're competing globally. If we can't attract the skilled workforce we have a real problem."

Greater Dubuque Development Corporation President Rick Dickinson elaborates. "This issue is the biggest challenge facing all of America. Where do you go to find talent to replace the baby boomers who are retiring? We are in a better position than most because of the tools we have created. It's already a challenge but it's a challenge for every business in every market in the country and right now it's less of a challenge in Dubuque than it is in any other cities in which they have operations."

That's impressive, considering Iowa is the 4th oldest state by median age in the nation and Dubuque is the oldest city in the 4th oldest state.

Rick continues, "We can credit Access-DubuqueJobs.com and our relationship with

higher education. There are over 300,000 college students within 100 miles of Dubuque and we're trying to touch every one of those institutions of higher learning and their graduates. All of the little things we do to cater to our workforce and potential workforce are unique to Dubuque and I hope others don't catch on to that because it's a competitive advantage."



Molly Grover, President of the Dubuque Area Chamber of Commerce agrees, "We do have a tremendous college community. For our businesses, this is a college town. Our higher ed community is an unsung hero for Dubuque. Without them, I don't think IBM would be here. With that base of talent here, the amount of talent we can reach out to is tremendous."

Dubuque City Manager Mike Van Milligen sees what's coming on the horizon. "A Gallup poll asked where people will want to live in 2032, broken down by seven regions. The region that includes Iowa was the number one place. We want to be the number one community in that number one region. Workforce development is just critical. I just saw another statistic that said in the next ten years there is going to be a demand for 30-million college graduates in the U.S. but universities are only going to turn out 23-million graduates. So there's going to be an intense competition for those graduates, and 7-million more not coming from US colleges. That means international employees. We have to be a welcoming and inclusive community. We're going to become a much more diverse community and we need to be prepared for that."

I'd say the diversity issue is the 1000-pound

gorilla in the room, but the truth is, no one is avoiding it. They're addressing it, embracing it and looking to the people of Dubuque to take an active role making Dubuque a truly welcoming community. Many communities face the same issue, but because of some very negative, yet undeserved national media attention in the 1980s, the diversity issue is always at the back of people's minds with regards to Dubuque. Not so much people in Dubuque, who have, in great part moved well past those days. But to the nation, many of whom may not have had Dubuque on the radar since those days, it's the last memory they have of our community.

"Adjusting to our success and realizing that things never stay the same," this is a major challenge according to Rick Dickinson. "We have to embrace diversity in this town and our failure to do that by a very small segment of our population has been very damaging to us at times. When someone who is afraid or ignorant or prejudiced acts out on that prejudice, it affects every one of us. The notion of being an inclusive and diverse community is as crucial to our success as transportation, quality schools and public/private partnerships. In addition to welcoming all races, religions and ethnicities – even young white professionals coming to Dubuque, these people expect to live and work in a diverse community, they do not want to raise their children in an all white world. We need to be the right community for everyone."

The issue remains important to Mayor Buol, "If there is one area where we need to see greater strides, it is in our community's understanding of the value of diversity. Community leaders and many citizens see diversity as important to our stability and vitality long-term. Sadly, there still are folks among us who hold on to outdated attitudes. While that is not unique to the city of Dubuque, we need to be intentional about creating an environment where all citizens, of all cultures and ethnicities, can feel welcome and



Mike Van Milligen
City Manager



Rick Dickinson
Greater Dubuque Dev.



Roy Buol
Mayor of Dubuque



Molly Grover
DBQ Chamber of Commerce



Keith Rahe
Convention & Visitors Bureau

at home. Important to our success so far has been the young professional generation where cultural diversity is a “non issue. It’s part of working in a global society. It is very important for our citizens to recognize and speak out when we see folks being chided, or worse, simply for being different. We need to stand together against unacceptable behaviors that otherwise will end up reflecting poorly on us all.”

While Rick Dickinson said pretty much the same thing, it’s worth repeating, because this is the part you, after reading this article, can do something about. “The first step is to make it socially unacceptable for anyone in Dubuque to act out on their prejudice. It’s not about making everyone love everyone cause that’s not going to happen, that’s a generational change. But something that’s not generational is, ‘You know what, not around me. Don’t tell that joke when I can hear it and how about you just don’t tell it at all.’ We have to stand up at the bar, at the golf course, or over coffee and when you hear people prejudging, stereotyping and discriminating and vocalizing their prejudice, we need to stop it, ‘I hope you change but if you don’t, not in front of me.’”

While that issue is actually very, very limited, and exists in every Midwest community, the problem is that it only takes one ignoramus opening their mouth to do massive damage to a community’s progress. If we can all be part of the army stamping out those stupid remarks, we can focus on the challenges that should be at the top of our list.

What are those other challenges? Further, if we are successful, we will grow, which brings challenges of its own.

“Change is inevitable, growth is optional,” says Molly Grover. We’re going to change whether we want to or not. When you increase your population, there’re things you have to consider. Do you have infrastructure and goods and services you need to support that? Growing our population is imperative to our success as a community. New and growing business needs workers. It’s about the right planning and the right partnerships getting together to make it happen. Growing our population is absolutely a positive thing. When you start losing people, even when you just stop growing, communities start to die. We certainly have seen that in Dubuque in the 1980s.”



Van Milligen explains, “We’re trying to address potential growth challenges right now. We’re spending 64-million dollars to replace our water pollution control plant with the water resource and recovery center. We changed the process from incineration of our waste to anaerobic digestion that will create all the energy we need to operate the plant and will save us \$300,000 a year and is a much more environmentally-friendly process, but also creates a tremendous capacity for growth. Our water plant operates at just over 50% capacity. Since the comprehensive plan was adopted in 1995, we’ve extended utilities throughout our community to create 950 acres of industrial parks. We had over 4000 acres voluntarily annexed to the city to run utilities to those areas through private property.”

Another huge challenge, which has been on everyone’s radar for more than a decade, is alleviating traffic in Dubuque with the completion of the Southwest Arterial. We will address that project more in the “Future” section below.

Van Milligen continues. “There is a demand for more workforce housing in Dubuque. Before IBM, the Iowa finance authority did a study that said we need another 500 living units, then IBM comes in with 1300 more jobs. Guess what, that sure kicks up the equation of 500. We’re looking at a 200 million dollar investment in the Millwork District in the next 5 to 7 years. They are talking about creating over 700 units in the Historic Millwork District with tens of thousands of square feet of retail and commercial and office space.

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It's going to increase our tax base and help employers with recruitment and retention."

Rick Dickinson adds, "We need to address the Washington Neighborhood in a meaningful way and do the doable steps to transform that neighborhood."

"None of those things are cheap," says Mayor Buol. "We've been successful at toeing the line on taxes. Some things are beyond our control like the whole pension issue that's been in the news. We look at those things on a yearly basis and make the best judgments to keep things moving forward. There's only so much you can do with limited resources that any community has."



Being realistic, Buol concedes, "I think there is a place in Dubuque for everyone who wants to work and make a life for themselves but Dubuque isn't right for everybody. If you don't like winters, that's one thing we can't really do anything about. But I love the seasons. People who hate the heat and humidity of the south come to the Midwest. So it goes both ways."

Maintaining the momentum and avoiding complacency with success are Chamber President Molly Grover's top perceived challenges. "There is going to be a worker

shortage and we need to make Dubuque an attractive choice for that valued workforce. People want these new amenities we have, the Port, the Millwork District, downtown urban loft living, sustainable living in their community. We don't let thoughts like 'how are we ever going to pay for that?' stop us. We look for ways to make it happen and 99 times out of 100 it happens."

So ... what's happening?



The Future

"You do the doable," says Rick Dickinson. "You don't set out some grand plan overnight and think it's going to happen. You do this thing in incremental steps and look in the rear view mirror it looks like a great accomplishment but in day-to-day operations, it's just doing the doable things one at a time. I don't see Dubuque being a 500,000 metro in 20 or 30 years. I think Dubuque will continue to be recognized as a rural community, that our growth will be modest from 5-10 percent from census to census but will far exceed rural America. So we'll be growing faster than our sister cities around the Midwest. It will be sustainable growth. It will be smart growth. It will focus on higher education,

the Mississippi River and the environment around us. It will leave no neighborhood behind. It will see that everyone in this community has the opportunity to reach their full potential. It will understand the significance and the imperative that K-12 and higher education has as the thing that really separates us from the pack, given the treasures we have here. All those things combined will make us a healthy community, healthy both in wealth and in quality of life. But we're not going to



sustainability offers Buol, "It will be successful not only because we're improving the water quality of the water we're putting into the Mississippi, but we're creating an amenity for that part of the community that will serve its residents and draw others for enjoyment of the linear park all while addressing the critical flooding issues of the city of Dubuque. So, although it was expensive, it has gotten great support from the people of Dubuque because they see just how important it is."

And the beauty of the Bee Branch Project will have its own impact on economic development on the North End.

"The developer who owns the old Dubuque Packing Company site sees an Asbury Plaza style mall setting and I'm 100% supportive of that vision, says Mike Van Milligen. "I think it will happen there and it will provide jobs in that neighborhood and more diverse shopping for the area and the region and being off the highway coming from Wisconsin will bring a lot of new dollars to our city."

Rick Dickinson feels the city's focus on sustainability will give us a brand in the next five years. "It's about doing things right in the right way and realizing that viable, livable and equitable is more than just a slogan but can be an ethos that brings quality to your community and helps you recruit employers, retain employers and most especially helps you recruit talent because this needs to be a cool place to live or people

be Chicago. It's close and we have improved access to Chicago when we want to be there, and Chicago will also have improved access to us. I don't want us to be a huge metro area. This is our niche. It's family, it's beauty, it's safety, it's a wonderful place to raise a family."

A focus on sustainability is something that could help any of these communities that are struggling, says Mayor Buol. "Across all sectors, our people in Dubuque know it's about getting the information they need so we can save money and save resources and in effect, you are saving the environment by doing that."

The Bee Branch Creek Restoration Project is a great example of that dedication to



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aren't going to live here. As long as you have the jobs and the housing, people will gauge where they want to live on other things."

While activity has already started in Dubuque's Millwork District, it's really just coming together in 2013 as commercial and residential spaces become available for the first time, as discussed in the cover story for this issue.



"I look at the Millwork project as connector for bringing citizens together," says Roy Buol, "connecting an at-risk neighborhood and our very successful downtown. It's going to create housing for those young people working downtown to live within walking distance to work, but it's also going to create a gathering space, like another town clock area for arts and cultural activity. I think that's a great way for older communities to be successful is to recreate their downtown and make social spaces that you'll never find out in suburbia."

"I'm extremely excited about the Millwork District and it's potential for the arts and culture," shares Convention and Visitors Bureau Director Keith Rahe. "Maybe an artists colony that will draw so much attention." He then looks elsewhere, "Dubuque is on the cusp with our trail system for hiking and biking. Our topography is one of the unique things, with the river and the rolling hills, that makes us different. If we can somehow grow this trail system, the 26 miles from Dyersville to Dubuque, the first rail to trail system, we can market that as a destination. I see the High Trestle trail in Des Moines where they're drawing 3000 people a day to utilize that resource. We need to be a part of that. I want to see you be able to get on a bike in Dyersville and end up down



at the Mines of Spain. Then all the communities like Farley and Graf along that run can benefit as stops along the way."

Great county-wide cultural experiences are very much on the radar for the Chamber and the Convention and Visitors Bureau. The chamber advocated heavily for the tax rebates last year to make the Ball Park Heaven project in Dyersville a reality. "That is going to transform our county and the Dyersville area in terms of being a sports mecca in the US if not internationally," says Molly Grover. "Looking at our assets as a community is something we really do well. You've seen America's River Phase 1 and 2, the transformation of Main Street. What the Port of Dubuque did for the city of Dubuque, Ball Park Heaven has that same potential for the county and makes us an international destination. It would be significant for Dubuque and the whole county."

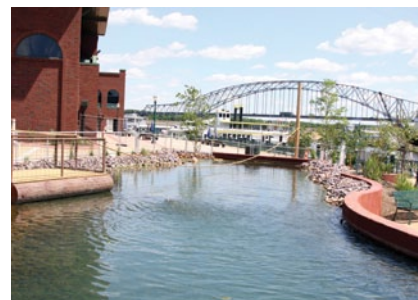


"I would imagine the River Museum is going to continue to grow as they did in 2012," says Keith Rahe. The award winning National Mississippi River Museum & Aquarium, the crown jewel of the \$188 million America's River



Rahe continues, "And look at Schmitt Island. Is that our next destination? There's been a lot of talk. What can we put in down there in conjunction with Mystique and the Ice Center. I'd love to see a water taxi run between the Ice Harbor and Schmitt Island. You could see a gondola in the Bee Branch waterway (like you find in San Antonio). A lot of communities have the same vision but they can never get on the same page to make it happen."

project, doubled its offerings in 2010 as part of the \$200 million America's River Phase II. The museum expansion includes a 3D/4D theater, Rivers to the Sea salt water aquariums, RiverWorks splash zone play area, River's Edge Café and gift shop, research center, and the Mississippi Plaza which features live eagles.



Mike Van Milligen confirms that that vision is indeed on the table. "The Dubuque Racing Association and the City of Dubuque are financing a master plan for Schmitt Island in 2013. I have no idea what great things will be identified in that plan but I do believe Schmitt Island is in store for big things."

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Transportation is not a sexy topic of conversation but is so critical to the vitality of a community. Those who have discovered Highway 20 at 5 p.m. is not the Highway 20 at 5 p.m. of ten years ago know that something needs to be done sooner than later. The Southwest Arterial will take 200 semis off of Highway 20 every day to alleviate traffic for all of us driving to and from work.

Molly Grover confirms that too. "The Southwest Arterial is going to be a reality. It's the number one surface transportation priority of everyone in Dubuque forever and will make a big impact when it happens."

Roy Buol explains, "As Dubuque is expanding, we're being limited by our geographic location and the structures to our west and to our north, so south is where the city will expand. That arterial, in addition to being a regional connector, is going to open up a lot of property for smart development. It will be built, it's a function of dollars."

"We have the design done and 70% of

the land acquisition done," says City Manager Van Milligen. "We've got 66 of the 99-million dollars needed in the bank. I personally believe you will be driving on the SW arterial by 2015-2016. That's going to open up the whole southwest part of our community for growth, thousands of jobs, hundreds of millions of dollars of commercial and residential investment. We are poised and prepared for the growth but we need to take deliberate action to encourage the growth and without growth, you die. Stagnation has a much greater price than growth. Just ask these communities that are losing all of their people."

Some Dubuque residents are always looking for that growth in the shopping and dining opportunities that they don't think they're finding in Dubuque. The Chamber's Molly Grover addresses that, "Retail looks (at communities) solely based on numbers and demographics. We might know the details that make our situation different than other communities, but retail doesn't care. And that makes it different than commercial or industry who are looking at transportation and



workforce issues. It's a different animal. Attracting retail is important for growth, but at the same time, growth is important for attracting retail."

Rick Dickinson adds, "If you don't grow by 5% but grow your hospitality by more than that, you're just robbing Peter to pay Paul."

So, if you want more shopping and dining opportunities, growth is imperative.

There's a lot of private development targeted to serve our aging population, which would seem an obvious necessity in the oldest city in one of the oldest states. "Stonehill just finished some of that development," says Mayor Buol. "They have a wellness facility there with an exercise pool with a treadmill bottom and fitness facility and anyone 65 or older can use this for free. So we're creating those opportunities to keep your health and mobility as a senior. I think we're doing a good job today of looking to that future need and getting those facilities constructed and that population served. For the most part it's a private expansion, but we're partners with these projects as they come."

With all of the outside funding that Dubuque regular generates, I wanted to know if there was backlash coming from the rest of the state: "Why Does Dubuque get everything?" Molly Grover summed it up well, "You hear it but I don't think in reality it's what happens. We are fortunate to get the grants and support and funding because we can show results and demonstrate that we are successful. I think if we didn't have the tangible success to point to and show that we bring in revenue to Dubuque and the state, we would not have that support."

So what are we missing?

Rick Dickinson thinks supporting our "big idea people" is something we need to do, "One of the things we do not have in the community that we must develop if we're going to hit on all cylinders is entrepreneurial support, being a nurturing community to people with an idea that need help in advice, venture capital and angel investors. And our current avenues of support are spread all over town. We need to bring those together. We really don't have anyone in charge of any of that. In the



next five years, that's the loose end that needs to be tied up so this is a place entrepreneurs come to get their start instead of leave to get their start."

Roy Buol says, "Industrial park space is going to become an issue again. We've been successful with business expansion. We're now grading on the south Siebert farm. As fast as we can get them graded, they're getting filled up. So we're going to have to find some land suitable for redevelopment for that business and industrial growth."

Rick Dickinson explains, "Were quickly approaching consumption of the industrial property acquired in 1999 to serve us for 20 years. Well, it's not going to last 20 years thanks to the success we've experienced. So in 2013 we'll begin evaluating the potential for other properties for development for both industrial and commercial development and continued work on the Southwest Arterial is a critical component of the infrastructure."

Roy Buol also sees growth near the airport, "Our airport expansion is taking place and will provide opportunities, perhaps a business park in that area centered around air freight and these things, possibly encouraging another carrier or more flights from American Airlines."

Continued riverfront development is on everyone's list. "The Mississippi River is the best economic development engine we have," says Molly Grover, "and it's right in our own back yard. Every opportunity to take advantage of that needs to be done."

"We need something for that 10-18 year old," shares Keith Rahe, "An amusement park maybe, a combination of things. Think of Navy Pier. How cool would it be to have something like that overlooking the river? We're strong with younger kids and as a couples destination, but for families with 10-18 years olds, we need more for them. Maybe Schmitt Island is the answer.



Maybe an outlet mall. Not to take away from Kennedy Mall, they do a great job, but more shopping opportunities because that's the one thing we hear a lot of."

Molly interjects, reminding us, "Increasing our population helps with that!"

It seems like Schmitt Island is a name you might be hearing a lot in the next ten years.

Mayor Buol adds his excitement, "The redevelopment of the Bee Branch area and the Dubuque Pack site gives us momentum for the redevelopment of Schmitt Island. It really behooves us to make it an attractive destination for a variety of facilities in addition what is already there to attract a diverse group of people to the area and the community.

Keith Rahe imagines further development at the Port, "We need a permanent band shell in the Port of Dubuque. A per-



manent concert site would be tremendous, America's River (Festival), Taste (of Dubuque) ... when Dubuque does it, they make it look right and it would be a

success."

Now we're getting into the fun stuff.

Roy Buol says, "A quality indoor aquatic facility is something that's been discussed, something used for recreation and competitions year round, as well as baseball and softball facilities. They have the Field of Drums project, but we still need more for recreation purposes in Dubuque with multiple fields to get people active. Health and wellness is something we're looking at closely in the coming years."

Molly Grover compares Dubuque to Pittsburgh, "It's a river town with bluffs, even an incline railway just like Dubuque, but on a larger scale. They've taken advantage of their bluffs with restaurants. We've not done that. Not that I want to ruin the beautiful homes on our bluffs, but that's a natural opportunity."

One person who didn't give us a wish list was City Manager Mike Van Milligen, "One of the talents I have at home or at work, I do what I'm told and get things done. So I depend on other people to come up with

the vision and we laid it out pretty well in the 2012 City Focus. There's going to be a lot of investment in our city not by the City of Dubuque tax dollars. I think every vision has to be flexible. If it's too restrictive ... what you dream of might not be possible, but what is possible might just come close enough to the dream."

One thing we have not addressed here is Dubuque's incredibly strong philanthropy base. The truth is, we did cover it. But it was such a large and interesting part of this discussion that we decided to wait and give it its own day in the sun. Look for a 365ink feature on the Community Foundation of Greater Dubuque and the many people and organizations doing great things on their own to improve the quality of life in our community.

Rick Dickinson wraps it up nicely, "People will change, times will change, circumstances change, We will have obstacles thrown in front of us that we can't even fathom right now, and we'll have opportunities fall at our doorstep that we can't foresee. The test is, how do people react to those things?"

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Artist Michael Garside Exhibit Opening eronel

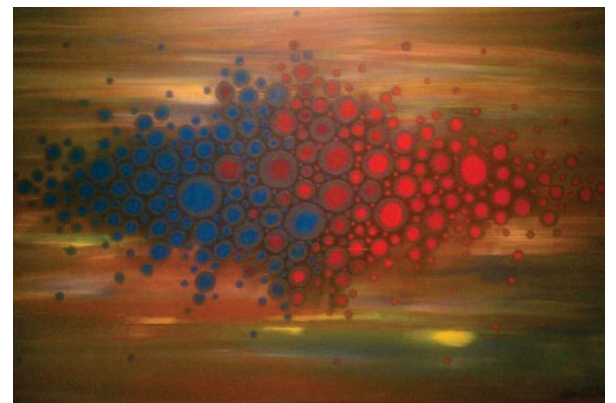
285 Main Street, Lower Level

Dubuque's newest art space, eronel, will

host an opening reception for artist Michael Garside's solo exhibition on Friday, February 2 from 7-10 p.m. in the lower level of the Cooper Wagon Works building, 285 Main Street in downtown Dubuque. The exhibit features abstract acrylic works and explorations in color and circular cellular construction. "I'm attracted to circles, they represent the universal, like the circle of life. When you break things down to their most basic form they become cells," Garside says about his work. "There is a perceived randomness about circles, there are no right angles, circles suggest a certain chaos and fragility, yet, they purposefully fit together."



Michael Garside's paintings will be on exhibition through March 2, 2013 with evening gallery hours Wednesday through Saturday, 7 - 11 p.m. and by appointment. Learn more about Garside's work by visiting theartfeed.com.



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mattitude

be yourself, improve yourself



Angry At Life

by matt booth

Do you know someone who is angry at life? They're always annoyed, blowing up, shouting, or reacting to everyone and everything in a volatile manner. They are always having one of those days. We've all had one of those days and it is OK. It, however, is not OK to live most of your life angry at life. Spending time with an angry person will eventually cause you to become angry too. Nobody really likes or cares for the angry person, and certainly, most people don't want to be around someone who is angry at life.

You probably know someone who is angry at life. You may wonder why they are so angry. Maybe they don't know how to stop being that way, or maybe they appear more negative than they are. People who are angry at life probably have many issues going on that leave them feeling powerless, frustrated and distort their perspective and relationship with the rest of the world.

Anger changes the way you perceive people and situations. Anger keeps you from enjoying many things that can bring you joy. Anger takes control of your life and you begin to see events in the worst possible way. Anger leads to sadness, depression, stress, and giving up. Anger takes away your energy and motivation. An angry at life person is a hopeless victim.

If you are angry at life, here is a list that would be convenient for me to say and that sound nice. It will take more than nice sayings to help you. These suggestion/ideas will NOT help you:

- Make a list of the things you are thankful for.
- Meditate at least once per day.
- Listen to positive music.
- Focus on things to be appreciated.
- Try very hard to find something positive in every situation.
- Every problem is an opportunity.
- You can always learn something.
- Difficult times build character.
- Think positive.



If you are angry at life, go get some help. If you live with or are related to someone who is angry at life, help them go get some help. If you work with someone who is angry at life, look for a new job. If you meet someone who is angry at life, introduce them to another angry person and run like hell.

Most of your world and your experience in it is a direct result of the attitude you choose to have. Yes, it is OK to have "one of those days" because bad things happen to good people all of the time. That is life! However, much of the world is not by happenstance, but determined by the attitude you take. You do not have to be angry or negative. You can choose at any moment what to believe and how to interact with the world. Your experience is a direct result of your attitude.

A Compendium of Riotous Laughter

by bob gelms

Every once in a while I call up my brother-in-law, Dave "Blues Man" Cargill and ask him interesting questions. Last week the question was, "What it is?" He, then says, "I know what it is. I have all the answers right here." He then proceeds to tell me that the Aapanthera is a breed of previously unknown African big cat that, by 2012, had eaten all of the world's aardvarks and taken their place at the top of every alphabetically organized list.

I swear on the head of my recently departed golden retriever Clare that this conversation happened as if it was completely normal that two people should be talking about this.

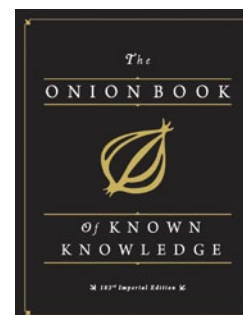
The Blues Man continues.

"What it is, is all contained in the book The Onion Book Of Known Knowledge." I immediately hop into my trusty Jeep and, after searching hither and yon procure a copy. I am overtly sensitive to the beginnings of books and I tell you that I am completely incapable of NOT reading something that starts thusly:

"Since the very dawn of the human age, knowledge has been the essential building block of civilization and the foundation for all that is... (this is the What it is part)...and can be known of the physical universe. It is the most precious resource in existence, a binding force that separates man from beast, and also from the Very Dumb Man such as yourself. Without knowledge one cannot know the total certainty that the Earth orbits the sun; that one race it objectively superior to another; that the male cayjyx will only molt at the precise apogee of

the winter quonstant Without Knowledge, life would have no Onion Book of Know Knowl-edge, and thus no meaning."

This gang is the heir to and carrying on the tradition of Monty Python's Flying Circus in the same sense that Monty Python's first record was called Another Monty Python Record. The entries are arranged alphabetically as if an encyclopedia. The listings range from the aforementioned Aapanthera all the way to that



shack near that dusty little town out by La Grange where there lives that lil ole band from Texas ZZ TOPP.

The Onion Book of Known Knowledge has come along at exactly

the right time. I can laugh till my side hurts and my eyes water.

No longer do I have to rely on watching that train wreck called Congress mess in its collective pants for my daily dose of satire without watching the Daily Show.

They have conveniently provided essays on How to Read the Book with all of the companion degrees necessary to comprehend the entries in the book: Understanding the Page Numbers: and a Note to Our Pilipino Readers. They go out of their way to draw as many of us in as possible...kind of like a Venus Flytrap.

All seriousness aside, The Onion Book of Known Knowledge is terrifically funny and we all need a good laugh. Go buy it and chuckle or belly laugh if you like but don't leave it on your coffee table or even an end table...someone is sure to steal it. Like me.

What it is!

Mattitude Improvement Tip

I Can Do It!

"I can." This is the most basic of all positive attitudes. You simply must choose to believe that you can do it. In our house, with our boys (which by default of example means my wife and I) we are not allowed to say, "I can't." We can say, "I'll try," or "I tried my best and failed," or "I need help," but not "I can't." Telling yourself that you can't will in effect make it so you can't. But telling yourself that you can will in effect enable you to achieve much more. Even if you actually only achieve half of what you tell yourself you can achieve, you will achieve at much more than if you said "I can't".

Matt Booth works with people who work in challenging environments to become Attitude Warriors, so they can defend their positive outlook, get through the day, and achieve more success. To work with Matt, contact him at matt@mattbooth.com or call 563-590-9693.

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All Classes are held at the Allison-Henderson Park Community Building unless noted.

Winter Painting Masterpieces

Winter is the theme for these beautiful creations. A variety of painting materials will be used. **Class# 0610.100, Ages 4-10 years, Saturday, January 19, 9:30-11a.m., \$14**



The Passion Test

You are a person with a purposeful and powerful identity... bring it out! The session will help you discover your passion by: releasing the struggle, developing inner authority, manifesting your passions, and creating your True Life each day. From the presentation and activities, you will leave the session with a better understanding of goal setting and how to live your life to meet your own needs. Materials and handouts included in cost. PRESENTED BY: DIANNE GRANGER, a former Dallas Cowboys Cheerleader from 1986-87. She is a professional dancer, model, actress and mom of three. Dianne is also a certified "Passion Test" Facilitator helping people find their dreams and their true place of happy in a healthy and fun way.

Class # 0100.125, Age 8-12 years, Saturday, January 26, 9 a.m. - Noon, \$27
Class # 0100.126, Age 13 - 17 years, Saturday, January 26, 1 - 4 p.m., \$27

Trikke Carving Vehicle (CV) Training Classes.

For the Young or young at heart adults 18 years of age or older now is the perfect time to take that New Year Resolution and make it fun and achievable. Learning how to ride the Trikke CV is a fun low impact full body workout. Whether your goal is to lose weight or tone up learning to ride a Trikke is a fun rhythmic and addicting way to reach your goal. If you have a competitive or artistic spirit we will introduce to a way to use the Trikke CV to have fun while competing or expressing your artistic side physically. **Class# 5752.110, Age 18+, Mon/Wed, Jan 21 - Feb 18, 11:30-12:30 p.m., Five Flags Center, \$30**
Class# 5752.111, Age 18+ Mon/Wed, Feb 25 - Mar 21, 11:30-12:30 p.m. Five Flags Center, \$30

Visit Leisure Services online for details on these great additional childrens fun and learning opportunities. www.cityofdubuque.org/leisureservices

WINTER ANIMAL FRIENDS

Jan 22, 29

TINY TUMBLERS

January 22 - 31

ZUMBATIC. (Little Stars)

January 26 - March 2

RAZZLE DAZZLE NEW YEAR'S PARTY

January 26th

THIS ONE'S FOR THE BIRDS

January 27th

ZUMBA

January 28th - March 4th

MESSY SCIENCE

January 29th

CABIN FEVER

January 30th - February 13th

LITTLE BOOK WORMS

January 30th

Carnegie-Stout PUBLIC LIBRARY

Check out the possibilities!

Join local schools and child care providers in the first Bridge to Reading Dubuque Picture Book Award. The Campaign for Grade-Level Reading and the Carnegie-Stout Public Library have created the Bridge to Reading Dubuque Picture Book Award to encourage reading aloud for kids through kindergarten age. **Beginning February 1st through April 30** if you have read the 10 nominated books listed below you can vote for your favorite book. Pick up your ballots at the Carnegie-Stout Public Library. The winner will be announced in May. More information coming soon to www.bridgetoreading.com.

NEW YA Fiction Addiction!

Are you an adult who loves YA Fiction? Join CSPL's new book discussion group YA Fiction Addiction. The group will meet on the 4th Monday of every month at 6:30 p.m. in the 1st floor Program Room. Just bring your favorite YA book or the one you are currently reading to discuss with other adults just like you. The first meeting will be January 28, 2013. Call the Reference Desk at 589-4225 for more information. This book discussion group is free and open to adults 18 and over.

Bridge to Reading Picture Book Nominees 2013

 Christelow, Eileen <i>Five Little Monkeys Reading in Bed</i>	 Litwin, Eric <i>Pete the Cat and His Four Groovy Buttons</i>
 Dewdney, Anna <i>Llama Llama Home with Mama</i>	 Sayre, April Pulley <i>If You're Happy</i>
 Ehler, Lois <i>Rrralph</i>	 Trapani, Iza <i>The Bear Went Over the Mountain</i>
 Gibbs, Edward <i>I Spy With My Little Eye</i>	 Haughton, Chris <i>Oh No, George!</i>
 Hall, Michael <i>Perfect Square</i>	 Thomas, Jan <i>Is Everyone Ready For Fun?</i>

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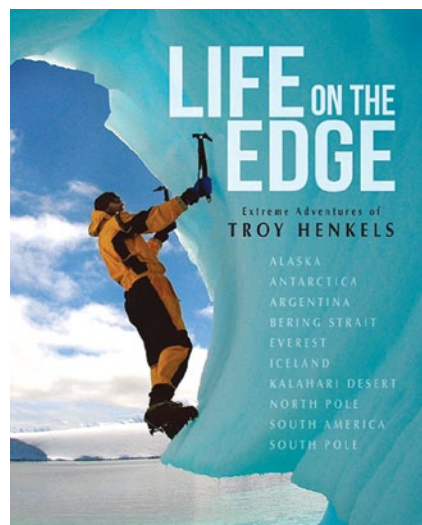
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River Lights BOOKSTORE EVENTS

Wapsipinicon Almanac Number Nineteen Release Party January 18, 5:30 - 8 p.m.

Join River Lights on Friday, January 18th after 5:30 p.m. for the release party of the Wapsipinicon Almanac Number Nineteen. Festivities begin at 5:30 with a social hour (bring your own beverage of choice), and feature music and readings from 6:30 - 8:00 at night. For only \$8.00, you can secure your very own copy of the Wapsipinicon Almanac. The Wapsi is edited and printed by Timothy Fay; Eldon Meeks is the Linotype operator extraordinaire. The Wapsi is published by Route 3 Press. Visit februarysky.com.



Adventurer Troy Henkels January 25, 5:30 - 7 p.m.

Come and see the adventures of Troy Henkels and get your copy of his book "Life on the Edge" signed at the same time! The event starts at 5:30 p.m. on Friday, January 25, with a presentation from 6:00-7:00 at your friendly neighborhood bookstore, River Lights! Learn more about troy at troyhenkels.com.



New Foodies Book Group Thursday, January 24, 6-9 p.m. @ Cookin' Something Up

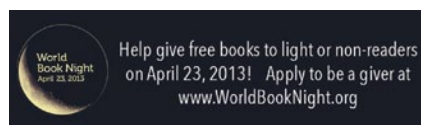
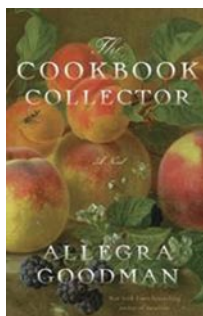
Introducing CHOW BELLA, a book group for



foodies, taking their first taste of tasty literature on Thursday, January 24, from 6 - 9 p.m. at Cookin' Something Up, 1640 JFK Road.

National Book Award finalist and "New York Times" bestselling author Allegra Goodman has written a delicious novel about appetite, temptation, and holding on to what is real in a virtual world: love that stays. People Magazine gave it four stars and call it "'A modern take on 'Sense and Sensibility'... a beautifully textured tale of two sisters that hits all the Jane Austen high notes... [Allegra] Goodman delicately navigates her characters' complex emotions."

The group will be discussing The Cookbook Collector by Allegra Goodman (\$13.65, available at River Lights Bookstore. Call: 556-4391 or email: rlb2e@mchsi.com to reserve a copy.) And, of course, they will be cooking (and eating!) the delectable meal that George dreams of making for Jessamine. The class costs \$30. and reservations are required - call: 583-3761 to sign up.



World Book Night

River Lights will be a host Bookstore for the 2nd Annual World Book Night. River Lights invites everyone to apply NOW to be a World Book Night book giver! Givers can be a part of this great campaign to give free books to light or non-readers on April 23, 2013, Shakespeare's birthday. Participants must apply by January 23 at www.WorldBookNight.org. There is an amazing list of books to choose from this year. It helps to be ready with your thoughts about where you'd go in your community to personally hand out books. Apply online at www.WorldBookNight.org.



Weigh-In with Breakfast!

with nutritionists
Megan Horstman & Amber Jaeger

Resolving to lose weight is among the most common New Year's resolutions. Your Hy-Vee dietitian recommends a balanced breakfast as an important ingredient in successful weight loss. Greek yogurt can be a useful tool in achieving and maintaining a healthy weight and it's a delicious way to start your day.

Delightfully Different

"Greek" refers to a style of yogurt production, not necessarily a place. Simply made from milk and active yogurt cultures, authentic Greek-style yogurt is strained, an added step in production that removes some of the water and whey. This results in a thicker, creamier yogurt - even the fat-free varieties - with a protein concentration that is double that of traditional yogurt.

The Power of Protein

Enjoying a protein-rich breakfast promotes success with weight loss. Protein takes longer to digest than carbohydrate and it boosts satiety throughout the morning. People who eat a protein-rich breakfast tend to consume fewer calories than non-breakfast eaters throughout the day, as well. Greek yogurt makes an ideal breakfast protein source because it requires no cooking.

Plan to Succeed

Quick and easy is an integral part in a successful morning routine. Save time in the morning by assembling breakfast the night before with the following recipe. Breakfast-in-a-Jar combines the weight-loss power of protein and fiber into a satisfying grab & go morning meal.

RECIPE

Breakfast-In-A-Jar

Packed with satisfying protein and fill-you-up fiber, this make-ahead breakfast is a smart way to begin the day with a balanced breakfast.

All you need:

1 (5.3 oz) container Dannon Oikos Greek non-fat vanilla yogurt
1/3 cup Hy-Vee steel-cut oats
1/2 cup Hy-Vee skim milk
1-2 tsp Dole milled chia seed
1/3 cup frozen Hy-Vee Cherry Berry Blend fruit
Hy-Vee cinnamon, as desired

All you do:

Combine yogurt, oats, milk and chia in a small bowl.

Alternately layer yogurt/oatmeal mixture with frozen fruit in a pint canning jar. Sprinkle cinnamon on top as desired. Cover with lid.

Refrigerate overnight or up to 2 days. Enjoy chilled.

Serves: 1



Nutrition per serving: 380 calories, 5 g fat, 1 g saturated fat, 0 mg cholesterol, 90 mg sodium, 57 g carbohydrates, 9 g fiber, 16 g sugar, 24 g protein. Daily values: Vitamin A 6%, Vitamin C 15%, Calcium 25%, Iron 15%



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Ear Infections and Antibiotics: The Truth Every Parent Should Know

Ask most any parent about ear infections, and you will most likely hear one horror story after another. Ear infection, or Otitis Media, is the most common reason for visits to the pediatrician's office. It is estimated that over 30 million visits are made every year in an attempt to deal with this problem.

Otitis Media is the general name for several conditions affecting the middle ear. The most common symptoms are earache, a feeling of pressure, and perhaps difficulty hearing due to increased amounts of fluid. Teething often produces similar symptoms, therefore one must carefully observe before jumping to any conclusions.

Historically, the treatment for ear infections has been antibiotics. This method of treatment has come under severe attack over the past several years for many reasons.

The first reason is that the overuse and over prescription of these antibiotics has led to what is termed "antibiotic resistant bacteria". These bacteria have 'evolved' and changed so that the antibiotics no longer effect them. Because of this phenomena, stronger and stronger antibiotics are being used, which is leading to more and more resistance.

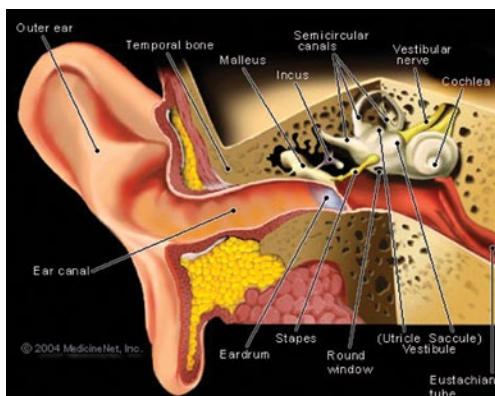
Another reason use of antibiotics has come under fire is because study after study has demonstrated that they are not effective. In other words, they don't work! This is why so many children are on one antibiotic after another, stronger and stronger each time. Sure, many times the infection will go away, but it quickly returns with a vengeance, and so begins the antibiotic roller coaster.

The reasons they continually reoccur are twofold:

First, antibiotics kill off most bacteria in the body including the helpful 'good' bacteria our bodies need. This depletes our children's natural immune systems, making them vulnerable to many more infections of varying types.

Second, antibiotics merely attempt to treat the symptom of ear infections. They do not address the actual cause in the least bit, and therefore the infections return.

The real question then is what is the cause of ear infections? The reality is that ear infections themselves are merely a symptom of a greater problem. The vast majority of them are secondary to a cold or other infection, which may be due to a depressed immune system.



The other more physical reason children suffer from ear infections is because of the actual anatomy of the young ear.

In children, the eustachian tube is nearly horizontal, gradually acquiring a near 45 degree angle. This often slows draining of these tubes, allowing fluid to build.

Like most any stagnant fluid, infection may appear.

The obvious question from most parents now is: what can we do? The answer lies in a new level of thinking.

As a chiropractor, my primary objective is to address the root cause of health problems. Treating symptoms, as mentioned earlier, has been proven unsuccessful at best. When dealing with your children and their ear infections, my goal is to correct the actual cause, and to allow the body to function at it's optimal potential.

There is a direct link between the nerves in the neck (the superior cervical ganglion), the muscles of the eustachian tubes (tensor veli palatini) and the middle ear.

Let me explain: The middle ear drains any fluid through the eustachian tubes. These tubes open and close through the action of a muscle, which is controlled by a nerve. This nerve originates in the neck. When this nerve is not functioning normally, the tensor veli palatini muscle may go into spasm, which constricts the eustachian tube, restricting drainage and causing fluid build up in the middle ear. This fluid, combined with a stressed immune system, can re-

sult in an ear infection.

Ultimately then, this "nerve disturbance" can cause your children to be susceptible and to suffer as they do. My job as a chiropractor is to detect this nerve disturbance (called subluxation), and correct it. A subluxation is a misalignment of a bone in the spine that pinches, stretches or twists a nerve resulting in disturbance.

By correcting this disturbance, your child's body is given the potential to heal, be well and to function as it was intended to. With proper chiropractic care, your child will be able to live a life free from nerve disturbance and free from drugs. Through advances in technology such as Surface EMG and Thermal Scans, a chiropractor can easily detect if subluxations are present and monitor their correction as well. This enables the doctor of chiropractic to be accurate and objective, allowing you the best care possible.

Treating the symptoms of ear infections with antibiotics has proven to be ineffective.

Correcting the cause through chiropractic has been shown to help over 80% of all children suffering with ear infections.

Give your children a fighting chance with chiropractic. It could change your lives!

Ear Infections and Antibiotics: The truth every parent should know

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365 Wellness

by Dr. William Kuttler, DDS
Kuttler Dental Team



The Daily Grind - Stress and Your Dental Health

STRESS! You see it, you feel it, everyone seems to have it – some days more than others, right? That tension you experience finds its way to so many parts of your body, sometimes without your awareness, and sometimes it's screaming at you. The tightness! The aches! The pains! For many, the discomfort lands in the head, neck, shoulders, jaws, -- and a place that is often overlooked -- the teeth.

Dr. Matthew Messina, a consumer adviser for the American Dental Association, says, "Stress, whether it's real or perceived, causes fight-or-flight hormones to release in the body. Those released stress hormones mobilize energy, causing isometric activity, which is muscle movement, because that built-up energy has to be released in some way." That energy may be exhibited in tooth clenching or grinding.

We often see the results of tension and stress as wear on teeth due to clenching and grinding. When we suggest that to people almost everyone tells us they don't do it, or aren't aware that they do it. So we suggest that they might notice how their mouth feels when they wake up in the morning; do they feel any tightness or soreness around their temples, jaws, or muscles in their face? Or when they are concentrating at the computer do they notice holding their teeth tightly together? What about the next time they are feeling angry? What's happening with their jaw? Are they athletes? What about when they are weight lifting for strength training, or on that uphill climb on their bikes? Yep! The next time those folks are reporting, "you know, I catch myself holding a lot tension in my mouth; I find that my teeth are clenched tightly together." Or "when I wake up in the morning, before I open my eyes, I checked and my jaws were feeling tight and sore – I must be doing that in my sleep!"

So then we need to consider the damage that this stress causes in the mouth, on the teeth, jaws, and muscles of the head

and neck. We see this leading to major tooth wear and damage, or causing very sore muscles. Over time it can even lead to wear and damage to the temporomandibular joints (the TMJs), the jaw joints that are located in front of your ears.

Consider this: Dr. Robert Rawdin, a Manhattan prosthodontist, notes that when we chew we "normally exert about 20 to 30 pounds per square inch on our back molars." As if that isn't enough force on our teeth, he adds, "teeth grinders, especially at night without restraint, can exert up to as much as 200 pounds per square inch on their teeth." Just think about how much damage that amount of force can create! For some people the damage is localized to extensive wear or broken or chipped teeth. For others, the muscles or jaw joints take the damage.

While the damage and wear that grinding creates can often be repaired, a far better approach is to prevent it from occurring in the first place. Most grinding and clenching creates some warning signs before the damage is extensive. Regular dental check-ups allow your dentist to monitor those signs to determine if problems are occurring before major damage is the result. And if your dentist determines that there may be a concern, it's time for you to take steps to prevent further problems.

The first step is often to listen to your body. By choosing to integrate and practice things such as mindfulness, meditation, relaxation and yoga, people can first realize where the tension in their bodies is building up and then learn techniques to eliminate it. Some signs that you may be clenching or grinding your teeth are headaches, over-sensitive teeth, sore facial muscles, jaw pain, flat or sharp teeth, and/or damage or soreness on the inside of your cheeks.

By becoming aware of your patterns and learning to relax your jaw and those muscles, you can prevent problems before they become severe enough to require extensive dental treatment. It's true: prevention, like honesty, IS the best policy!

RELAX YOUR JAW - RELAX YOUR LIFE Practices to Reduce Stress & Improve Dental Health

Relieve Stress for Dental Health



Learn valuable techniques and practices to reduce stress, improve relaxation, and help prevent dental wear and jaw joint pain. An audio CD will be available to help participants continue practices at home.

Presenters are **Bill Kuttler, DDS**, **Sharon Kuttler, RDH**, and **Deb May, Certified Yoga Instructor**

Thursday, Feb 7, 7-9 p.m.
Body & Soul, Fountain Park
\$15, To register, call 563-556-9642

Thursday, March 21, 6:30 - 8:30 p.m.
Shalom Retreat Center (shalomretreats.org)
\$10, To register, call 563-582-3592

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Historic District Coffeehouse
Saturday, January 19
Unitarian Universalist
Fellowship of Dubuque

The Unitarian Universalist Fellowship of Dubuque at the corner of 17th and Iowa Streets in the Jackson Park Historic District hosts the Historic District Coffeehouse Saturday, January 19 from 7:30 p.m. to 10:00 p.m. A free bimonthly gathering, the Historic District Coffeehouse provides an opportunity for musicians to play or poets to read poetry in a relaxed atmosphere and for listeners to appreciate a cup of coffee, snacks and some

“coffeehouse-style” entertainment. Sponsored by the Unitarian Universalist Fellowship of Dubuque (UUFd) and produced and hosted by Linda Niemann and Bruce Schmidt, snacks and coffee is complimentary, though donations for coffee or canned goods for the Dubuque Food Pantry are appreciated. The January 19 event will feature performances by the Fever River String Band and the Schumacher Family Band. Upcoming gatherings are scheduled for March 23, May 11, July 27, September 21 and November 16. All are welcome. Those interested in performing can contact Bruce at 608-348-5099.



Art @ your library Opening
Friday, February 1, 5:30 - 7:30 p.m.
Carnegie Stout Public Library

The unique and successful Art @ your library® exhibits for February through March will fill the Carnegie-Stout Public Library's historic second floor Rotunda beginning Friday, February 1, 2013.

You will get the opportunity to meet ten talented local artists in cooperation with the Bellevue Arts Council in this special show: Susan Becker, Gail Chavenelle, David Eischeid, Barb Hansen, Ronald Hansen, Tom Henning, Joey Kikke, Laura Larabee, Mary Nevans-Pederson, and Rick Weinschenk.



The Art @ your library® opening reception is from 5:30 p.m. to 7:30 p.m. on Friday, February 1, 2013 in the Library's historic Rotunda. During the reception the artists will be on hand to meet people and discuss their works. The event is open to the public, and admission is free.

Art @ your library® continues the relationship between the Library and art throughout its 110 year history by bringing unique, local exhibits to the Library. There will be a variety of artists over the next year. An artist reception for each show highlights artists' current work to friends, library patrons, and collectors where the art will be for sale.

PREMIER CROSSWORD/ By Frank A. Longo

SINGER ON THE CIRCUIT

ACROSS	50 Citizens' rights org.	100 Poseidon's realm	8 "Raggedy" playmate	39 Not engaged	82 Madrid locale
1 Western resort lake	51 Letters before omegas	101 Ready-fire linkup	9 Frequent fly-ball catcher	44 — Lederer, a.k.a. Ann Landers	84 Caesar's last reproach
6 Wear away by rubbing	52 No longer in the mil., say	102 Total flip-flop	10 Biblical witch's home	45 "Girlfriend" boy band	85 Within reach
11 Cottony	53 Perpetually	103 End of the riddle	11 Bummed	46 Pupil of Plato	86 Actress Laura
15 See 42-Across	54 Treatment regimen	110 Stood in for	12 "— Lips Are Sealed"	47 Suffix with phenyl	88 Feigns
19 Splendor	56 "— ... quit!" (threat ending)	111 Secret agent	13 Swiss coin	48 Hopping Aussie critter	90 Pre-Ayatollah rulers
20 Carted off to jail	60 "— a Grecian Urn"	112 Baby docs	14 Thin out	49 Bed-and-breakfast	92 Bombcock of home humor
21 Luminous radiation	62 It often follows "Co."	113 In the manner of	15 Bank offerings for autos	54 Blood type, for short	95 Broadband inits.
22 Et — (plus others)	63 Skater Slutskaya	116 Outer onion features	16 1989-90 futuristic cop show on Fox	55 Machines with CPUs	96 No-brainer
23 Start of a riddle	65 "Ditto"	119 Riddle's answer	17 — together (assembled)	57 Rainbow, e.g.	97 Recede
25 Window dressings	67 Achieves	123 Part of many a sweatshirt	18 Pie or tart	59 Finn's floater	98 Strips cut by scythes
27 Send over a phone line	68 Riddle, part 4	124 A party to	24 Peacock TV network	61 Prima donna	99 Sneeze sound
28 "Game of Thrones" airer	74 Reiner of film	125 Singer Baker	26 Self-importance	64 Elvis — Presley	104 LP replacers
29 — Alamos, New Mexico	75 — a limb	126 Jefferson, religionwise	30 Decipher	66 Italian river	105 Jack of "The Great Dictator"
31 Disregard	76 Admits	127 Male offspring	32 Subsequent interment	67 Aversion	106 Drawing on ideas, e.g.
32 Riddle, part 2	77 Close male rel.	128 Kellogg's waffle brand	33 Trendy antioxidant berry	68 Actress Rue	107 "— the Lord my soul to keep"
37 "The Core" director Jon	81 How — (handy books)	129 Streisand film of 1983	34 "That's false"	69 Spread of ideas, e.g.	108 Principled
40 English miler Sebastian	83 London section	130 Thrill	35 2009-11 crime drama on Fox	70 Reviewed, as the books	109 Recede
41 Number of cards in Livy's deck?	87 Metropolis on Hokkaido	DOWN	36 "Diamond —" (Mae West play)	71 Plainly visible	113 Brunei locale
42 With 15-Across, comic strip since 1957	89 Hokkaido, e.g.: Abbr.	1 End-of-week cry	37 At the drop of —	72 Unwilling	114 A deadly sin
43 Riddle, part 3	91 Cheeky	2 — Romeo	38 Ratio of fast flight	73 Jettas and Golfs, briefly	115 Required bet
	93 Suit to —	3 Bamboozle		74 Breakers' radios	117 Holiday drink
	94 Riddle, part 5	4 Hockey hero Bobby		78 Jack of "Barney Miller"	118 — -Cat
	98 Judicious	5 Mask opening		79 Aetna rival, informally	120 Yang partner
		6 Thief		80 Vast stretch	121 Mel — the Giant
		7 Half a bray			122 — Aviv

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#1.604

Average time of solution: 66 minutes

Answer on page 42 (end of Trixie's column)

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On the Street Where You Live

by pam kress-dunn

Confession time: I don't know the names of most of my neighbors. First names, a few, the people next door and some across the street. A couple of them work where my husband or I work, so we know them. A few, we call by observed behaviors, like Lady With Perfectly Kept Yard, or Patriotic Guy. There are dozens of little kids, plus a handful of elderly folks, most living alone. But I've seen them outside, talking with the people next door, and that makes me feel better. We wave at all of them, the way lowans do.

My parents knew their neighbors so much better. On our stretch of Cedar Street in Davenport, they could have named every person in the house, as well as where they worked, their pets' names, their hobbies and, well, other things they probably didn't share with us kids.

Part of this familiarity, I'm embarrassed to say, was the direct result of the kind of dwelling my parents decided to inhabit. A ranch house, it had great big windows

– does anybody call them “picture windows” anymore? – in the living and dining rooms, providing a vast vista along the west side of the house. We could see all the way from the top of the street to the bottom, or close enough. We knew when the Ludwigs went out dancing, and when the Sturdevents returned from Mass. (Names changed to protect the spied-upon.) We watched the teenage boys race their sleds down the snowy street, and the little girl next door ride her first bike up that same hill.

I thought it was intrusive, the way my parents gawked, but then again, they could have been captains of the Neighborhood Watch, not a bad thing at all. I can still see Dad, sitting in his chair one early summer day, cold drink in hand, suddenly springing to attention as he noticed the (not bad-looking) woman across from us struggling with a window air conditioner. You can be sure that AC unit got installed just minutes later, and all she had to do was watch.



My mom had a running deal with the younger woman living kitty-corner from us. Cheryl had two little kids and a house without a basement (a “slab,” as my parents called it), so any time the radio announced a severe storm watch or warning, she and the kids high-tailed it over to join Mom in our basement. Mom even stocked toys and soap bubbles to keep them occupied.

Some of the things my folks said about the neighbors became so entrenched, I knew what they were thinking just by seeing who they were looking at. That house down the street whose siding was stained, not painted – what an eyesore. That boy across the alley, what a shame. (The youngest of twelve, he had Down syndrome, and all of us worried about his future.) The girl next door with the terrible asthma. None of us had central air, so in the summer, we heard everything from their windows, including poor Kathy, gasping for air. (No wonder I was terrified when my own two kids received that diagnosis. But medicine had improved by then.)

Just as we heard them, I knew they heard us. And with a sister like mine – developmentally disabled, angry and argumentative much of the time – I felt a lot of shame and guilt over what the neighbors were hearing. Yet they were our friends, as nice as you could ask for, and if they thought anything of us after hearing her rages, I am sure it was mostly a feeling of helplessness mixed with a benevolent dose of compassion. No need to explain. They knew, and they cared.

All of which brings me to thinking about disasters, large and small, and how people ride them out. I've been seeing photos of the fires and dust storms currently raging in Australia, a world away and yet peopled


with, well, people. I've been reading about the aftermath of Sandy, and how some people lived and other people died, and how it seems to have helped a great deal if those people knew their neighbors.

An article in the January 7th New Yorker titled “Adaptation” asks the question, “After Sandy, how can cities best survive?” The author, Eric Klinenberg, describes wonderfully inventive and protective structures in places as far-flung as Rotterdam, in the Netherlands, and the island nation of Singapore. But along with buried utility cables and floating city centers, he focuses on the ways in which ordinary people can take care of each other.

He reminds us that in July 1995, 739 people died in a Chicago heat wave. He notes this fact: in one neighborhood, composed of mostly poor African-Americans, many died. In another, not far away and similar both economically and racially, almost everyone lived. The difference? Those in the latter neighborhood knew each other, shopped in the same neighborhood stores. They may not have been best friends, but they knew where the elderly, the frail, the very young lived. And their magic remedy to this killer heat wave? Knocking on doors. Asking, “Are you all right? How can I help?”

During Sandy's devastation, I heard an NPR reporter climbing a dark staircase to interview an old woman she'd been told lived alone on a floor high up. As she knocked and the door opened, we got to hear something wonderful – the conversion of a reporter to a human, one who called that old woman's son and waited until he carried his mother out of that death trap.

These days, I'm not so embarrassed about my parents' gawking. They were just looking out, and ready to help in a heartbeat.




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LEGO My Library & Games too!

Join us at the Dubuque County Library to build, build, build! The program allows children to come and explore the wonderful world of Lego's with other interested children. After your Lego creation is completed, enjoy playing some a favorite new or classic game. The program is open to everyone currently in first grade and older. Feel free to bring a friend! Please call to register so we are sure to have enough Legos for everyone.

Epworth Lib.: Saturday, Jan. 26th 9-10 a.m.
Holy Cross Lib.: Tuesday, Feb. 5th, 4-5 p.m.
Peosta/NICC Lib.: Sat., Feb. 16th 9-10 a.m.

American Girl Book Club



Explore the world of one American Girl each month at the Dubuque County Library. Read the books to learn about the life and time period in which she lived, then join us to learn more through discussion, fun activities, and more. In January we will be reading *Meet Kit*. February's American Girl will be announced at the January meetings. Please call to register and pick up your book copy. All children in first grade and older are invited.

Epworth Library
Saturday, Jan 26, 10:30am-noon

Asbury Library
Thursday, Jan 31, 6-7:30 p.m.

Peosta/NICC Library
Saturday, Feb. 16, 10:30a.m. - noon

Farley/Drexler Library
Thursday, Feb. 28, 6-7:30 p.m.

<p>Five Convenient County Locations... Same Great Service!</p> <p>Asbury Branch 5900 Saratoga Plaza, Suite 5 563-582-0008</p>	<p>Farley/Drexler Middle School 405 3rd Ave. N.E. 563-744-3371 ext. 5160</p> <p>Epworth 110 Bierman Road S.E. 563-876-3388</p>	<p>Holy Cross 938 Church St. 563-870-2082</p> <p>NICC / Peosta 8342 NICC Drive 563-556-5110 ext. 224</p>
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TRIXIE KITSCH

BAD ADVICE FOR THE STUPID

Dear Trixie,

I am 15 and really cute. I am amazed at how many boys at my new school are interested in me. I think I am ready to go all the way with one of them but my mother told me if I flirt with boys and have sex with them that I'll be called awful names like slut, tramp and whore. Is that true?

- Britnee M.

Dear Britnee,

She should have told you the name you'd be called which is far worse than any you mentioned: Mommy.

Dear Trixie,

I live in the midwest and it is so boring here during the winter. All summer long there are festivals and live music venues but in January there is absolutely NOTHING going on. I cannot sit and watch another movie or I will go insane. Can you suggest any fun things to do in Iowa during the winter?

- Rachel X on South Grandview

Dear Rachael,

Being bored is proof that you lack creativity. After decades of honing my skills I have come up with three simple ways to amuse oneself during the cold and dark months in Iowa:

- Buy a large man size Rubber Maid container at Target. Return it the next day saying you are sorry but you miscalculated and your husband won't fit in it after all. Then ask if they carry powdered lime.

- Call any fraternity and ask for Ryan.

- Drink.

Dear Trixie,

I often find myself in a situation where I am stunned by the behavior of others toward me but I stand speechless. Later I am angry that I had no available response. How do you handle this problem in your life?

- Rex on Roosevelt

Dear Rex,

Most days I find myself appalled at the stupid choices people around me make. Many times I too find myself speechless at the stupidity or cruelty I see in others. This is how I respond. I ask myself, "What would Keith Richards do?" And then I laugh derisively, mumble incoherently and abuse substances.

Dear Trixie,

My husband is always accusing me of cheating on him-- which I don't do. I have never cheated on him. He continually

checks up on me and I often see him driving past my office, stalking the parking lot to make sure I am where I am supposed to be. I thought I saw him at the airport last week while I was getting ready to board a business flight to Wichita. He was hiding behind the turnstile at baggage claim. I think he assumed I was taking a boyfriend with me. So I waved and blew him a kiss. I have caught him going through my cell phone and checking the calls and text messages. I love him and I give him no reason to doubt me in any way. I will hand him my phone and let him go through it if he wants to. But when I do that he refuses and insists he trusts me. Today I discovered a device attached to my car that can be traced on a computer program. I assumed after a few years that he'd see there is no reason to doubt me and he'd relax and we could continue with our new marriage. Why is he doing this?

- New Wife

Dear New Wife,

There are a number of reasons for him to be doing this. A basic insecurity inherent in all men, the common male need to dominate his environment, or perhaps he is just madly in love with you and fearful of any competition. But mostly because he is a total psychopath and he is the one doing the cheating. Run away. Run far, far away.

Crossword Answers

TAHOE	CHAFE	SOFT	CAPP
GLORY	RANIN	AURA	ALIA
IFARE	NOWNED	DRAPERIES	
FAX	HBO	LOS	NEGLECT
ROCK	ANDROLL	CROONER	
AMIE	COE	LIT	ANDY
HAD	BEEN	TRAVELER	INA
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THERAPY	GRI	ODEON	INC
IRINA	ASAMI	DOES	
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CARL	OUTON	AVOWS	
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WHAT	COULD	HIS	NAMEBE
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THINKING	ROY	ORBIT	SUN
HOOD	INON	ANITA	DEIST
SONS	EGGO	YENTL	ELATE

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Aries 3/21-4/19

Well, you thought you were going to have the biggest baddest Super Bowl party ever this year, but apparently that's once again going to be at Aaron Rodger's house. SNAP!



Taurus 4/20-5/20

When they said you have a unique mastery of your instrument unlike any they've seen before, they were taking about music, dude. You need to get off the internet for a while, you're going to pull a muscle or something.



Gemini 5/21-6/21

As you sit around coughing, wheezing and generally being miserable, you think back to the better days a few weeks ago when you decided to get that flu shot. That was an awesome idea!



Cancer 6/22-7/22

The foot of snow around your garage is now an inch of standing water in your garage. And you wanted warmer weather. Moral of the story, be careful what you ask for, you might just get soggy lawn chairs.



Leo 7/23-8/22

You'd better be nice to that punk kid next door who has no respect for his parents or your lawn. While fairly sure he's on the fast track to making great friends in prison someday, it's far more likely that he'll impregnate eight girls in a single month and they'll give him a reality show for his effort from which he'll become very rich and never learn his lesson.



Virgo 8/23-9/22

January is the traditional time for self-reflection and for making resolutions to improve yourself in the new year. Many people will join the gym, stop drinking soda pop, stop smoking or cursing so much. Unfortunately, you were nose deep in hour 37 of a World of Warcraft session and completely missed the whole thing. Maybe next year. Beside, smoking and cursing are very important components to the game.



Libra 9/23-10/22

If you make the terrible mistake of having an affair with your boss, you can only blame yourself if you get spanked extra hard and told that's your Christmas bonus. Though paybacks are fun, too.



Scorpio 10/23-11/21

Despite many failed attempts, you can't seem to come up with a realistically sensible reason that you need to be able to own a gun that shoots 1000 rounds per minute. That's because you're generally an idiot. There isn't one.



Sagittarius 11/22-12/21

Though highly unlikely, you patiently await the day when we all find out that kale doesn't just taste terrible, it's also bad for you. Get a box of Slim Jim's, I think you're going to be waiting a while



Capricorn 12/22-1/19

Your boss is a pretty gullible sort, but it's just possible you may have lost him when you brought up the whole Russian mafia part of your tardiness excuse. You should have stuck with the diarrhea defense. No one ever asks you to elaborate on that one.



Aquarius 1/20-2/18

You always enjoy witnessing how many people's well intentioned New Year's fitness resolutions go to pot simultaneously on Super Bowl Sunday.

Pisces 2/19-3/20



Are you kidding me, they guy's wearing a Rush Limbaugh t-shirt and you're really going to try to win an argument with him? You're way out gunned, as your key points all remain in the realm of reality. He's not so limited.

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