



365ink

MAGAZINE

{ August 2-15, 2012 | **FREE**

Dubuque Rock Veterans



Rock n' Roll Rewind

Courtside
August 10-11

- Wingfest & Summerfest
- Taste of Dubuque
- Slash at the Moon Bar
- Neighbor's Tap

Find us online...

DUBUQUE365.com



Join Us!

Benefit Concert

**Friday, August 3
7:00 p.m.**

Historic Millwork District
(955 Washington—future home of
Dubuque Food Co-op)

Free and open to the public

Please join us for the Dubuque Food Co-op benefit concert featuring Sister Sadie, a musical sister duo from Decorah, IA. Learn more about becoming a member or investor and help the Dubuque Food Co-op come to life!

www.dubuquefoodcoop.com

Own **this** 1640 sq ft. home for...

\$79,900

We finance!
approvals apply

AlpinePARK
COMMUNITY

www.alpinepark.net
563-585-0592

On the Cover:

- 8 • Rock n' Roll Rewind
- 12 • Taste of Dubuque
- 15 • Slash at the Moon Bar
- 22 • Neighbor's Tap



issue #166 • august 2 - 15, 2012

4 community briefs	20 neighbor's tap
5 wingfest	22 leisure services / library events
6 recurring events	23 sara from steve's ace
7 summerfest	23 eating healthy with hy-vee
8 rock n' roll rewind	24 bobs book reviews
10 taste of dubuque	25 pam kress-dunn
12 movies	26 365 wellness
14 moon bar entertainment	28 puzzles
15 budweiser nightlife	29 mattitude
16 local live music	30 trixie kitsch
18 budweiser nightlife cont.	31 dr. skraps
19 new diggings music festival	

365ink production staff



{ bryce parks }
bryce@dubuque365.com
Publisher, Everything Else



{ mike ironside }
mike@dubuque365.com
Feature Writer, Photography



{ kristina nesteby }
kristina@dubuque365.com
Ad Designer

365ink advertising staff



{ lisa stevenson }
563-580-1691
lisa@dubuque365.com



{ kelli kerrigan }
563-581-7014
kelli@dubuque365.com

365ink contributing writers



{ matt booth }
Mattitude
matt@mattbooth.com



{ pam kress-dunn }
Feature Writer
pam2617@yahoo.com



{ bob gelms }
Bob's Book Reviews
rpjg007@gmail.com



{ mayor roy buol }
Buol on Dubuque
rdbuol@cityofdubuque.org



{ rich belmont }
Argosy's Food For Thought
argomark@mchsi.com



{ i.a. hammer }
Trixie Kitsch:
Bad Advice For The Stupid



Sara Carpenter
Do it Yourself Advice
sara.selchert@stevesace.com



Aaron Hefel
Live Music Features
dasbelt@gmail.com

special thanks to:

Brad Parks, Jenni Welsh, Dick Landis, Margie Blair, Chris Wand, Neil Stockel, Ron Kirchhoff, Fran Parks, Christy Monk, Julie Steffen, Kay Kluseman, Ralph Kluseman, Ron & Jennifer Tigges, bacon, Steven Schleuning, Julie Griffin, Dave Haas, Tim Brechlin, Gen. Bob Felderman and all the 365 friends and advertisers.

{ dubuque365 / 365ink }

432 Bluff Street, Dubuque, IA, 52001
dubuque365.com | 563-588-4365
All contents © 2012, Community, Incorporated.
All rights reserved.



Where's Wando
We've hidden Wando somewhere in this issue of 365ink. Can you find him?

www.Dubuque365.com

Bryce's inkubator

Notes from the Publisher... Fostering ideas, conversations and arguments.

For starters, let me update you on the life and times of Super Jack, my young friend who beat cancer, but still fights the lingering effects of his victory or a very rare form of brain cancer. Two weeks ago, in a effort to stop persistent seizures that would keep Jack from have a full and normal as possible life, he underwent a right frontal lobectomy surgery where the seizures were generating. Among the many concerns about his left brain taking over, was taking into consideration the about of damage that may have already been done to the left frontal lobe from the cancer and radiation in his younger years (like he's old now?) Even in a perfectly healthy brain, left side paralysis and personality issues can persist for months as the brain re-trains itself to compensate, if ever.

As if I should be at all surprised, Jack came out of surgery already showing full control of his left leg. Within a few days he was moving is arm, too. Before you know it, Jack's wishes for Bacon and Sausage came true, and amazingly, his third wish, to play tee ball came true, too. Yes, he was outside just over a week after the procedure that held his life, certainly his quality of life, in the balance, and with bat in hand was testing out those reflexes.

You're my hero, Jack, and an inspiration to, well, everyone. I think you've had quite enough my little man and now you should get to begin a life free of cancer, free of seizures and free of pain ever again. Here's wishing a much earned vacation for the whole Hoeger clan. You've all earned it many times over.

On the home front, a vacation is exactly what we didn't have around the office last week. Instead, we moved into the new Bluff Street digs. It's not easy to say it like that, in one sentence, like that's all the effort it took. I was tired on Tuesday. By Sunday, I was thoroughly sick and tired of everything I owned.

It's amazing how much crap you can accumulate in a few short years, especially when you have an overly large space in which to collect it. So much of it I didn't

even recognize. Where did all of this crap come from? And how did like two tons of papers find their way into the basement. Not newspapers. All the other papers that fill up life. Letters and bills and reports and yuck, yuck, yuck.


And why do we hang onto the heaviest furniture in the world from move to move? From now on, I'm going fully inflatable with all of my furniture purchases. I have a storage garage for the first time in my life. I'm sure it's just a matter of months before the value of whatever is stored in there is overcome by the rent paid on the space. I need to build me some mini-hold garages. That's where the money is my friends.

So 365 and Julien's Journal, who have been cohabitating out of wedlock for a while now, have moved together into a nice Cable Car Square space. And what an interesting move it was.

Let me sum it up this way. Spontaneous combustion is a real thing. So is dumb luck. How many oily rags does it take to start a fire? Well, I can vouch for the answer being as little as two. I can also tell you that it is humanly possible to run into a smoking building and physically pick up a fire and run out of the building with it. I don't even want to think about what would have happened if I had come in just a few minutes later that morning. I'd say we can laugh about it now, but I have yet to laugh about it. Needless to say, we've actually gone almost five days since then without another fire, so we're really on a roll. And the smoke smell is dissipating quickly.

If I don't have to lift a file cabinet for ten years it'll be too soon. Now all we have to do is rearrange our ten pounds of stuff into our five pound office and we're good to go. I'm already enjoying the breeze that comes in my window. We didn't have that in the old office. Then again, it's going to be a lot harder to fly a remote control helicopter in the new space, but I guess some things you just have to learn to deal with. I've got my water bubbler and a toaster over. As soon as the internet works, we're cookin'... just not with fire.


MISSISSIPPI MOON BAR



aug. 22

RODNEY CARRINGTON

TWO SHOWS - 7pm & 9:30pm



aug. 23

THE MAILERS

REGGAE

UPCOMING EVENTS

DIVAS OF ROCK 'N' SOUL AUGUST 10
Tribute to Cher & Tina Turner

EXILE AND JUICE NEWTON AUGUST 11

TOMMMY ROE AUGUST 31

DIAMOND JO

C A S I N O

563.690.4800 | WWW.DIAMONDJO.COM

Tickets available at www.diamondjo.com & at the Diamond Club.

Acts subject to change without notice. Must be 21 or older.
If you or someone you know needs gambling treatment, call 1-800-BETS OFF.



Sweeney Todd The Demon Barber of Fleet Street August 2-5

The Grand Opera House

The Grand Opera House presents the final weekend of Sweeney Todd: The Demon Barber of Fleet Street August 2-5. A dark story of revenge, Sweeney Todd is a Tony Award-winning musical by Stephen Sondheim. Performances wrap up August 2-4 at 7:30 p.m. and Sunday, August 5 at 2 p.m. Tickets for Sweeney Todd are \$20 for adults and \$12 for those under 21, and are available online, at the Grand box office or by calling 563-588-1305.



Colts Music on the March 2 Friday, August 3 Oskaloosa, Iowa

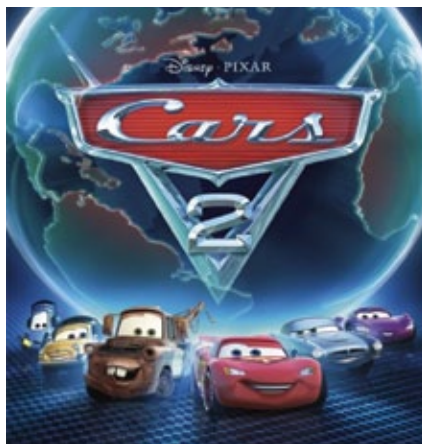
Like the earlier Music on the March, the Colts Music on the March 2 will be held elsewhere as major renovations take place at Senior High School's Dalzell Field. Music on the March 2 will be held in Oskaloosa, Iowa on Friday, August 3. The competition will serve as a seeding event for Drum Corps International's Open Class as teams head toward championships in Michigan City, Indiana. Tickets are on sale now. Both events will return to the new Senior High stadium in 2013. For more information, call 563-582-4872 or visit www.colts.org.

Easy Street Luau and Bikini Contest Saturday, August 4

Easy Street will also host a Luau and Bikini Contest the evening of Saturday, August 4. The bar will feature special island



drinks and shot specials all evening, with a big bonfire in the Easy Street backyard patio fire pit that night. While details are still pending, the bikini contest is scheduled for midnight with a big cash prize for first place. Regulars will also want to mark their calendars for the Easy Street Toga Party, Saturday, August 18. Check the Easy Street Facebook page for details.



Movies in the Park: Cars 2 Thursday, August 9 Asbury Park

The City of Asbury and Premier Bank are teaming up again this summer to present the fourth season of "Movies In The Park" at Asbury Park. The Thursday, August 9 installment in the summer series will be the animated feature Cars 2, scheduled to begin about 8:20 p.m. Premier Bank, the sponsor of "Movies In The Park," will be at all the movies this year with their fun booth where the kids can play games and get prizes before the movie starts. Mindframe Theaters, a partner of the event, will again be providing a limited amount of free popcorn for all the movies this year. For more info, visit www.cityofasbury.com.

Downtown Friday Night, Dyersville Face for Radio Friday, August 10

The community of Dyersville celebrates summer with Downtown Friday Night, August 10 on 1st Avenue downtown. The admission-free festival includes a live music performance by the good-lookin' guys of Face for Radio from 6 to 9 p.m.,

kids games, train rides, and a bounce house. Area fire departments will compete in waterball fights beginning at 6:30 p.m.



Potosi Firemen's Catfish Festival August 11-12

Potosi, "the Catfish Capital of Wisconsin," and home of the National Brewery Museum and Library and Potosi Brewery along with neighboring village Tennyson host the annual Catfish Festival and Firemen's Fish Fry over the weekend of August 11-12. The event includes a truck and tractor pull, parade, games, live music, arts & crafts, garage sales, and of course the fish fry. Sounds like reason enough to make the scenic drive to Potosi from Dubuque. For more info, call (608) 732-0465 or visit www.potosibrewery.com.



Simon & Garfunkel Tribute Grand Opera House Saturday, August 11, 7:30 p.m.

AJ Swearingen and Jonathan Beedle bring their remarkable tribute to the music of Simon & Garfunkel to the Grand Saturday August 11 at 7:30 p.m. For more than a decade they've been playing to sold out audiences nationwide. AJ's warm baritone and Jonathan's soaring tenor combine flawlessly to capture the essence and magic of Simon & Garfunkel's sound of the early years in Greenwich Village. With a quiet stage and an acoustic guitar, A.J. and Jonathan recreate the memories of the classic of this memorable duo. Reserved seat tickets are \$25 for adults and \$15 for under 21. This performance is sponsored in part by Superhits106.



Music in Jackson Park Boomtangle Sunday, August 12

Music in Jackson Park, the free summertime concerts in downtown Dubuque's North-end neighborhood are held on the second Sundays of the summer months, from 6 to 8 p.m. and feature a different style of music for each concert. The August installment features the fun party rock of Boomtangle, featuring Dubuque365's own Bryce Parks on guitar! The family-friendly event celebrating the diversity of downtown Dubuque's North-end neighborhoods will feature free refreshments and activities organized for the kids. The August event is sponsored by the Valley View Neighborhood and City of Dubuque.



Riverview Barbecue Thursday, August 16, 5:30-9 p.m. Alliant Amphitheater

Join your smoked meat loving neighbors for Dubuque's only BBQ event of the year as the 2012 Riverview Barbecue on Thursday, August 16th from 5:30 - 9 p.m. at the Alliant Energy Amphitheater at the Port of Dubuque. Enjoy delicious BBQ picnic fare, live music and the chance to bid on unique silent auction packages to raise funds and support local life-saving programs and services from the American Red Cross of the Tri-States Chapter. Tickets are \$25 per person (\$30 after August 9th). Reserved tables of 8 are \$240. Make reservations online at www.arcdubq.org by August 9th. Come on, it's barbeque on a Thursday night by the river, what else could you possibly be doing that's better than that?



Wingfest VI

**Saturday, August 13, 11 a.m. - 9 p.m.
Sinsinawa Ave., East Dubuque**

The East Dubuque Warrior Booster Club presents Wingfest VI, the Tri-State's 8th Annual Chicken Wing Cook-Off, the third largest outdoor in even in JoDaviess County all year. Held on Sinsinawa Avenue in downtown East Dubuque



(you know, the main drag) on Saturday, August 11, Wingfest will feature live music, cold beer, inflatable rides, and best of all, a huge variety of area "wing masters" cooking up their best recipes for chicken wings.

The whole thing gets started at noon



with somewhere in the neighborhood of two-dozen or more area restaurants and backyard grill enthusiasts getting down to the business of concocting some seriously tasty chicken wings. The public tasting begins at 2 p.m. This is where ordinary wing lovers like you (or certain members of the 365 staff) can invest a mere \$5 in an opportunity worth far more – the chance to sample from the



various wing recipes in the competition. **DO NOT MISS OUT!**


There will be cold beer and other food on hand from vendors to complement your wing eating experience. With free inflatable rides from 12 to 5 p.m. featuring the Fighting Saints Inflatable Slap Shot Game.

What more could you want? What's that ... free entertainment? Well, Wingfest has got that too. Boomtangle rocks Sinsinawa Ave. 12:30 to 4:30 p.m., followed by Full Code, performing from 5 to 9 p.m. All in all, it adds up to a great afternoon, filled with live music, family fun and if you weren't yet sure, chicken wings. On top of all of that, Wingfest is a fundraiser for the East Dubuque Warrior Booster Club, so it's all for a great cause.



THE JIMMYS

WITH THE FAMILY BUSINESS, DENNY GARCIA AND RIVER GLEN



August 12 • Courtside • 2pm - 6pm

Tickets \$7 at Courtside, Moondog Music, and Breitbach Food Store & Deli



COURTSIDE



12 STONES

Sept 14 • 7pm • Adv tix \$12 @ Courtside, Moondog Music and Etix.com or \$14 @ Door



ROCKTOBERFEST V

Sept 28 • 6pm • All Local bands



BOBAFLEX, PISTOL PETE AND JOHNNY TRASH

Sept 29 • 6pm • Adv tix \$10 @ Courtside, Moondog Music and Etix.com or \$12 @ Door



KID INK

Oct 5 • 8pm • Adv tix \$25 @ Courtside, Moondog Music and Etix.com or \$30 @ Door



Downtown Farmers' Market Saturdays, 8 a.m. - Noon, Around City Hall, Downtown Dubuque

A variety of activities available to the public, including free musical entertainment, ready to eat food vendors on site, and more, all in the area around City Hall in historic downtown Dubuque. Early produce such as asparagus, lettuce, water cress, rhubarb, morels, and peas will be available. Plus bedding plants, hanging baskets, house plants, freshly baked goods, and a great selection of arts and crafts.



Tri-State Wind Symphony Thursdays, 7:30 p.m., Eagle Point park Pavilion

The Tri-State Wind Symphony celebrates its 18th season of free concerts every Thursday evening from 7:30 p.m. at the Eagle Point Park Band Shell. The community is invited to bring their lawn chairs, their children and a picnic supper for an evening of classical music, light popular tunes and of course marches – something for everyone. The Tri-State Wind Symphony, under the leadership of music director Brian Hughes, is a 90-member community band made up of professional musicians, instrumental teachers and their students, parents and their children

and area residents who enjoy playing challenging pieces. Rain site for the concerts is Westminster Presbyterian Church on corner of University and Loras Blvd. For more information see www.TSWS.org.



Sunday, August 5 Blue Willow Duo Sunday, August 12 – Kevin Beck & Johnnie Walker Park Farm Winery

Don't let the name fool you; this event has nothing to do with dry bread. It's about toasting your good fortune to be drinking wine on a summer Sunday evening while listening to the musicians jam. Nevertheless, Park Farm Winery in Bankston hosts Toast & Jam on the spacious deck every Sunday evening from 5 to 8 p.m., through the first Sunday in September. It's a great excuse to drink some wine on the patio. Bring a picnic of your own or try Park Farm's wood-fired pizzas! The next installment will feature the acoustic music of the Blue Willow Duo. For more information and upcoming dates and performers in the series, visit www.park-farmwinery.com.



Grafitti Nights Thursday's, 6 p.m., George and Dale's, Sinsinawa Ave., East Dubuque

Classic cars gather at George and Dale's in Downtown East Dubuque, IL every Thursday Night through Sept 13. The event is free to spectators and George and Dales outdoor garden is open serving great food including some killer homemade brats. For those who wish to participate, Registration is at 6 p.m. for cars and trucks from 1972 and before. For more information contact Gary at 563-557-9440.



Artists on the Porch Outside the Lines Art Gallery

Darcy Horn, Aug 4, Regina Riley, Aug 11 Celebrating summer on Bluff Street, OTLAG hosts a series of demonstrations by a variety of artists every Saturday on the broad front porch of the Cable Car Square gallery. A different artist will be featured each Saturday through August, (from approximately 11 a.m. to 3 p.m.) giving guests an opportunity to meet the artist and learn more about their technique and process. Some will exhibit additional artwork to that carried by the gallery. Beaded jewelry artist Darcy Horn will be featured on Saturday, August 4 with basketmaker Regina Riley on Saturday, August 11. OTLAG is currently hosting an exhibit of paintings by Jessie Rebik and ceramics by Delores Fortuna. For more information, call (563) 583-9343, or visit: www.otlag.com.

Music in the Gardens,

Sundays at 6:30, Dubuque Arboretum

Sunday, August 5: Brewz Brothers

Sunday, August 12: Dukes of Dubuque Dixieland Band

Music in the Gardens, the free "Sundays at 6:30" summer concert series continues through August, offering a wide variety of family-friendly music in the beautiful surroundings of Dubuque's Arboretum. The free concert series is sponsored by a variety of area businesses and organizations including the Dubuque Arts Council and NISOM. Bring lawn chairs or blankets and your own picnic and refreshments!



Music in the Vineyard Sunday, August 5 – David Zollo Sunday, August 19: Scott & Michelle Dalziel Tabor Winery

Tabor Home Vineyards and Winery in Baldwin, Iowa presents "Music in the Vineyard" a series of live music events scheduled for the afternoons of either the first and third Sundays, or second and fourth Sundays of the summer months (unless it's different). Tabor Winery will host the slide guitar blues of Joe & Vicki Price on July 29 with the honkytonk piano blues of David Zollo on August 5. Food is available or bring your own picnic. For performer dates and more information, visit www.taborwines.com.



Versa Hatchback Versa Sentra LEAF Cube Altima Maxima Z Coupe GT-R

SHIFT the way you move



Summerfest

The R Factor with Hard Salami
Friday, August 10
Town Clock Plaza

We all know that summer in Dubuque means festivals and as we move into the third (and busiest) month, the calendar brings an event which recognizes that connection in its actual name! Summer + festival = Summerfest! Arriving the second Friday of the month – August 10 – Summerfest celebrates the season and at the same time manages to raise funds for a very worthwhile program, the Dubuque Area Labor-Management Council's Education-to-Employment Grant Program. This year's Summerfest presents an evening concert under the Town Clock with two bands, along with a variety of festival foods and beverages.



Kicking off the festivities at 5 p.m. will be local party band Hard Salami, opening for Summerfest regulars, the ever-popular Minneapolis-based show band The R Factor, scheduled to perform from 7 to 10 p.m. An acoustic rock quartet, Hard Salami performs a wide variety of fun music with a focus on what the band calls "songs you know and love." A Hard Salami performance is all about getting

the audience involved in the party and having fun.

The R Factor has become something of a Summerfest tradition, having performed nearly every year since the band's first show in 2002. Boasting a repertoire of 700 popular songs delivered by a talented team of male and female vocalists, the group covers a range of styles and artists. From classic R&B to contemporary country, with rock, funk and all types of radio pop tunes on their list, The R Factor always surprises their audiences with the scope of their abilities. The band is always backed by a highly skilled group of musicians, typically including a horn and rhythm section, and sometimes even strings.



Summerfest is organized by the Dubuque Area Labor-Management Council in coordination with a variety of local employers and unions. Proceeds from the festival are invested in the Council's "Education-to-Employment Grant Program" – a scholarship program for students training for skilled occupations in the Tri-State area. Each year the Council helps a number of students prepare for work in variety of fields like welding, nursing, teaching, engineering, accounting, carpentry, and medical technology.

While there is no admission fee to Summerfest, donations to the grant fund will be accepted at the gates by volunteers. For more information on Summerfest or the Dubuque Area Labor-Management Council's Education-to-Employment Grant Program visit www.dalmc.com.

THE AREA'S LARGEST WALK-IN BEER COOLER WITH ICE COLD BEER!

Captain Morgan Spiced Rum 1.75L\$19.99 sale	\$15.82*
Chateau Ste Michelle Riesling 750ml	\$5.99
Salvador's Margarita 1.75L	\$0.99†

Prices valid through Aug 16, 2012
ALL NO DEPOSIT CANS!
JUST 5 SECONDS OFF THE BRIDGE IN EAST DUBUQUE
470 Sinsinawa Ave., East Dubuque, IL • www.vansliquor.com • 815-747-3631

* after \$25 mail-in rebate on (6) bottle mix or match purchase!
† after \$7 main-in rebate

CELEBRATE SUMMER!

WITH CHEF ANDREW

Executive Chef Andrew's creative and sophisticated style separates Caroline's from the "typical" hotel restaurant and offers, instead, a unique culinary "experience". New features include:

LUNCH
Caribbean Jerk Fajitas
Blackened Chicken Melt
Chicken Mac & Cheese
Portabella and Parmesan Spaghetti Squash

DINNER
Hearty Seafood Bouillabaisse
Creamy Cheese Stuffed Peppadews
Stuffed Quail
Roasted Pork Tenderloin
Chipotle Cider Roasted Chicken

CAROLINE'S RESTAURANT

200 Main Street | Dubuque, IA
563.556.4200 | www.hoteljuliendubuque.com

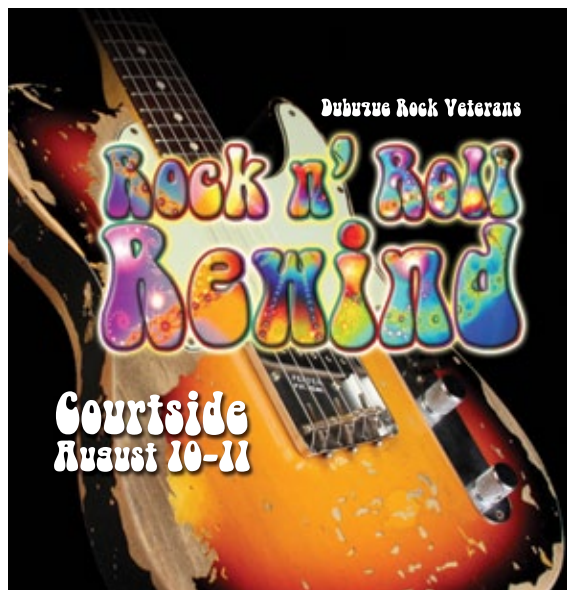
CERTIFICATE OF EXCELLENCE 2012

KRUSE-WARTHAN DUBUQUE AUTO PLAZA

Nobody Beats a Doug Warthan Experience

600 Century Drive • 800-373-CARS
dubuqueautoplaza.com

JUKE Rogue Murano Xterra Pathfinder Armada Quest Frontier Titan



Rock n' Roll Rewind

A Benefit for Albrecht Acres
August 10-11
Courtside Sports Bar & Grill

By Mike Ironside

There's nothing like hearing a song from your youth to instantly transport you back to that time, reliving those memories in surprisingly vivid detail. Maybe that is part of what accounts for the popularity of the Dubuque Rock Veterans annual Rock n Roll Rewind. Not only do fans of music of the sixties and seventies get to hear those classic songs, but they get to see them performed by many of the Tri-States' most popular bands from that era.



Rock n Roll Rewind, the weekend showcase of classic sixties and seventies bands returns August 10-11. The Friday, August 10 Rewind installment is scheduled to run from 7:00 p.m. until 11:30 p.m. with Saturday, August 11 offering a full day of rock-n-roll starting at 2:00 p.m. and continuing to midnight. Extending the upper limit of the era, Rewind 2012 will feature bands up to 1985. Again this year, Rock n Roll Rewind is a fundraiser for Camp Albrecht Acres.

The two-day concert will also return to the format and venue of the first "official" Rock n Roll Rewind, transforming the back gym room of Courtside Sports Bar & Grill

into a space which is part concert hall, part sock hop, and part class reunion. Ted Rolling, stage manager and schedule enforcer for the Dubuque Rock Veterans (DRV) recognizes that the Courtside gym has a certain nostalgic feel. "It was like paying in the girls' gym at Senior High back in 1968," he said of the first Rewind at Courtside. "We didn't have monitors. Back then, if you could afford a mic you could be a lead singer."

While DRV members and music fans alike recognized the benefits a world-class venue like the Mississippi Moon Bar provided last year's Rewind, the casual atmosphere of Courtside's gym was part of the charm of the first event. "All of people told me that they like the ambience at Courtside. It reminded them of how after every ball game there was an after-game dance, so it had that after-game ambience," noted Rolling. "I think it was (DRV member and current board president of Camp Albrecht Acres) Dick McGrain that said, 'This is like the best class reunion ever ... and the music is even better!'" Maybe more importantly, Courtside is an all-ages venue – an important consideration for musicians who have grandchildren with whom they would like to share their music and history.



And there will be plenty of history, live on stage that weekend. With a record 18 bands scheduled over the weekend concert, Rolling will have his hands full getting each group on and off stage according to the schedule. Every band gets 45 minutes to set up and perform, including a sound check. "Sound check?" laughs Rolling. "That's not part of the program." George Rondinelli of Rondinelli Music / Audio and himself a contemporary of some of the Dubuque Rock Veterans will reprise his role mixing sound for Rewind.

Within that full schedule, DRV organizers Greg Pekas and Julie Griffin hint at some surprises for Rewind fans but insist they are "sworn to secrecy." We at 365 can't divulge any more except that it is probably a complete coincidence that Iowa Rock-n-Roll Hall of Fame inductees the Mississippi Band celebrates their 40th year in 2012 ... let's just say if you're a fan of the band in any of its many configurations over those four decades, you should probably be at Rewind that Saturday night.

This year's lineup will also include two bands performing in tribute to DRV members who are sadly no longer with us. A Pandemonium tribute will perform in memory

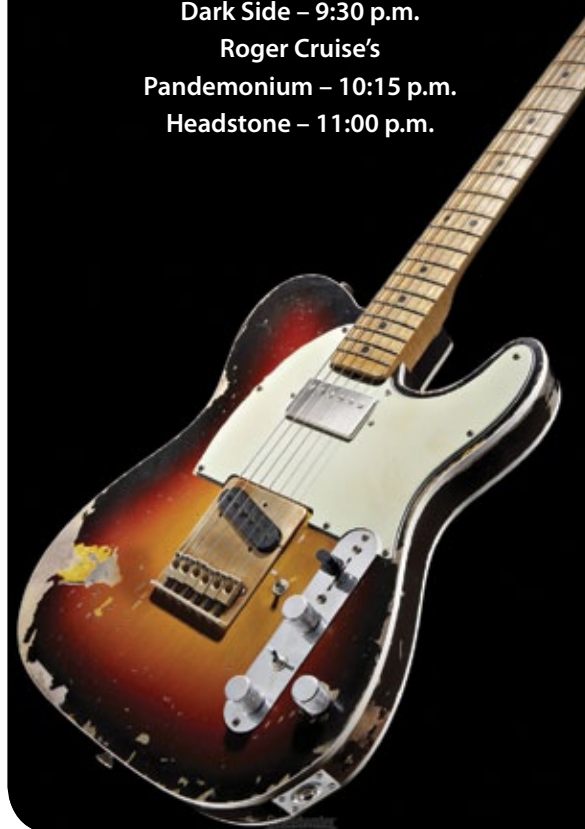
Rock n Roll Rewind 2012 SCHEDULE

Friday, August 10
7 p.m. – 11:30 p.m.

Melport Museum / Gayle Grether – 7:00 p.m.
Hampton Road – 7:45 p.m.
Harry Steve Maule – 8:30 p.m.
Misbehavin' – 9:15 p.m.
Janet Lieb – 10:00 p.m.
Petty Theft – Tribute to Roger Cruise
and Pat Scott – 10:45 p.m.

Saturday, August 11
2 p.m. – 12 a.m.

Heartbeat – 2:00 p.m.
Eon of Time – 2:45 p.m.
Brat – 3:30 p.m.
Wheeler – 4:15 p.m.
5th Column – 5:00 p.m.
Harry Steve Maule – 5:45 p.m.
Mississippi – 6:30 p.m.
Melport Museum / Gayle Grether – 7:15 p.m.
Hampton Road – 8:00 p.m.
Blissfield Blues Band – 8:45 p.m.
Dark Side – 9:30 p.m.
Roger Cruise's
Pandemonium – 10:15 p.m.
Headstone – 11:00 p.m.





of that band's talented guitarist Roger Cruise. Julie Griffin notes that Pandemonium was the only local band that covered songs by Fuse, a popular Midwest band from the "Rewind" era that included two members that went on to form Cheap Trick. Petty Theft will also perform in tribute to Roger Cruise and Pat Scott.

Scott was also once a member of Hampton Road, one of the many bands in which Ted Rolling played. "Hampton Road has lost three of the original members – Pat Scott, Jim Newman, and David Higgs," noted Rolling, "so its kind of like if we don't do this now, we're never going to be able to do it." (For a more complete list of fallen Dubuque Rock Veterans, visit the DRV Facebook page and click on the "Files" tab.)



In addition to Hampton Road, Rolling played in The Savages, Onomatopoeia and Yesterday's Children, a group that toured extensively in the seventies, among others. Rolling became involved with the DRV through the Facebook page

created by Greg Pekas, after chatting with Pekas and his bandmate in Dutch Uncle, Luis (aka "Louie") Moscoso. "I think at the onset of this, Louie's expectations were that if we could get a few guys together for a jam, like after the reunion (that inspired the first Rewind), that would be enough," recalls Rolling of plans for the first event. "I thought that if we could get at least four quality bands back together, that would be pretty cool ... but I don't think they had a clue that we could get some performance level bands together, and why not encourage that?"

Though he currently does not live in Dubuque, Rolling joined the effort, conducting research to track down many of the Rewind musicians who now live all over the country. "When this started I was probably spending an hour to three hours every night trying to track down these people," he reports.

But the memories of the music and the belief that together the DRV could mount a respectable showcase concert for a good cause provided motivation. "Sociologically, back then the music was something that really brought a lot of people together. So the fact that we could bring all these people back together again was a good thing," said Rolling. "Being a former president of the musicians union I was in a position to get in contact with some of the people. It was right out of the Blues Brothers movie when I would call and say, 'Hey, were getting the band back together.'"

While the concept of a tribute band is already an established Rewind tradition starting with the Clichés tribute to Dick Buscher at the first year's event, Rolling appreciates the efforts many bands have made to reunite for the show. "I think the neatest thing is that some of these bands have been able to get all of the original members back together," he said. "Now 35-40 years later we don't have those high school and early college emotions and egos getting in the way. Let's just get together and make some good music."

That spirit seems to be intrinsic to the event itself. As we said in last year's 365 article about the first Rewind, "Not only were people surprised by the number of

...continued on page 13

SIMON & GARFUNKEL RETROSPECTIVE

PERFORMED BY: AJ SWEARINGEN & JONATHAN BEEDLE

AJ Swearingen and Jonathan Beedle have been performing this remarkable tribute to the music of "Simon & Garfunkel" for more than a decade. With a quiet stage and an acoustic guitar, A.J. and Jonathan recreate memories of the classic hits and obscure songs of "Simon & Garfunkel." Discover why audiences are cheering for this duo as they capture the magic of "Simon and Garfunkel."

SAT, AUG 11 @ 7:30 PM \$25 RESERVED SEATS \$15 UNDER 21

OPERA GRAND HOUSE

NOW THAT'S ENTERTAINMENT!

135 W. 8th St., Dubuque • 563-588-1305 • TheGrandOperaHouse.com

"The third largest outdoor event in Jo Davies County"

Jo Davies County Convention and Visitors Bureau

WING 8 FEST

12PM-9PM, SATURDAY, AUGUST 11, EAST DUBUQUE, IL

• Public Wing Tasting 2-4pm - Just \$5!

• Free Inflatable Rides & Fighting Saints Inflatable Slap Shot Game 12-5pm

• Food Vendors All Day

Proceeds benefit East Dubuque Booster Club.

LIVE MUSIC ALL DAY

BOOMTANGLE 12:30 - 4:30 PM

FULL CODE 5:00-9:00 PM

RUNDE **365ink**

STEVENS RESTAURANT & BAR **RENTECH**



Now Featuring Our Summer Menu

Pepper Sprout
MIDWEST CUISINE

Tuesday - Thursday, 5-9 p.m.
Friday & Saturday, 5-10 p.m.

378 Main Street, Dubuque • 563-556-2167 • peppersprout.com



BACK TO SCHOOL SPECIALS
FOR KIDS, FAMILIES AND TEACHERS!

SPECIAL PACKAGE FOR CHILDREN 12 & UNDER

\$40 EYE EXAMS

50% OFF FRAMES

HARTIG
HEARING CARE AND OPTICAL

Monday-Friday 9-5 | Saturday 9-12
1620 JFK Road, Suite C, Dubuque, IA
563.582.1120 | hartighac@aol.com



Taste of Dubuque

Saturday, August 4
Port of Dubuque

by Mike Ironside
photos by Ron Tigges



One of the best parts of summer in Dubuque is the many great festivals and one of the best parts of any good festival is a variety of tasty festival food. Well, there is one festival each summer for which food is the focus and that is, of course, Taste of Dubuque. Taste comes around the first Saturday of August and that happens to be Saturday, August 4 this year. Hosted by the Dubuque County Historical Society in the McGraw-Hill parking lot at the Port of Dubuque, Taste offers family fun, live music, and lots of things to ... well, taste. Taste 2012 is the 17th year for the annual festival.



The whole enchilada gets started at 3 p.m. (Mmm ... enchiladas...) Families with kids might want to get there early to take advantage of the Kids Corner area, which will feature a bounce house, various games and family-fun activities. For hockey fans or the "hockey-curious," the Dubuque Fighting Saints will host a "Slap Shot Booth" from 3-6 p.m. Dubuque Dance Studio will stage a dance recital from 3:30 p.m. in the KAT-FM performance area.



Ambitious foodies will want to get to the festival by 4 p.m. for "Lil' Taste," an hour in which sample-sized portions of a variety of foods will be available for purchase from each vendor. With over 15 vendors there will be plenty to taste from the likes of Athenian Grill, Carlos O' Kelly's, Cold Stone Creamery, Falbo Brothers Pizza, Freddie's Popcorn Company, Hot & Spicy Grill, Ice Harbor Galley, Kalmes (both "Breaktime" and Restaurant), Main Street Cheesecakes, Sugar Ray's BBQ, The Farmers Market Food Store, and Tony Roma's.



just to name a few. Looking for some new ideas for the kitchen? At 5:15 p.m. Life's A Feast Private Chef & Catering will demonstrate some great summer-time recipes.

Live music is integral to the festival experience and Taste does not disappoint. The south stage will feature the appropriately named Finger Lickin' Good from 5:30 to 8 p.m. Finger Lickin' Good features the vocal talents of Kevin Beck and Johnnie Walker backed by a full band. Headlining



on the south stage (from 8:15 to 11 p.m.) will be Nashville recording artist Doug Allen. Part of the Chicago Mob Band that played at Taste last year, Doug Allen returns with a different act, "Legends of the Sun" – a tribute to the great recording artists of the legendary Sun Studios who launched the careers of Elvis Presley and Johnny Cash. A supporter of the USO, Allen has performed in over 85 countries.



For those who want to be a part of the entertainment, Becky McMahon will host karaoke on the north stage from 6:30 to 10:30 p.m. Other attractions on the festival grounds (from 5-7 p.m.) include a "Mascot Parade," an appearance by the Eastern Iowa Roller Derby Team, and a booth for the Veteran's Freedom Center.



As always, parking at the event is limited, even with the City of Dubuque parking ramp next to the Diamond Jo Casino. Taste organizers recommend parking downtown and riding the trolley to and from the event site. The trolley will be making regular stops between 4 and 11 p.m. at the Taste site and downtown at 3rd and Main, 5th and Iowa, and 7th and Iowa Streets. Here's a tip: Find a parking place near one of downtown's nightspots so you can extend your post-Taste evening in Dubuque's downtown entertainment district! Rock star parking!



While an admission-free event, Taste of Dubuque is a fundraiser for the non-profit Dubuque County Historical Society and its properties including the National Mississippi River Museum & Aquarium, the Mathias Ham House Historic Site, and the Old Jail Museum, so please consider a donation at the admission gate. For more information, visit www.rivermuseum.com.



MILLIONS OF DOLLARS TO LEND

Dupaco lends money for cars, homes, small businesses and more. But we also help members review their finances, cut costs and free up money for daily living and long-term systematic saving. A free Money Makeover will show you creative ways to repay less and save even more. There's no credit crunch at Dupaco. Apply in person, over the phone or online.

dupaco.com/MoneyAhead

For a limited time, you're more money ahead with member appreciation specials:

- UP TO \$150 CASH BACK** to bring an existing **AUTO LOAN** home to Dupaco!
- 2% CASH BACK** up to **\$50** for **BALANCE TRANSFERS** on new and existing VISA's²
- 4.99%¹ with FREE PHOTO CARD UPGRADE** on a **NEW VISA** for six months! After that, the APR will be a low **9.00%⁴**
- 2.99%¹ on a NEW HOME EQUITY LOAN** for six months! After that, the APR will be a low **4.49%⁶**

Dupaco

Member is responsible for requesting special at time of account opening in order to be eligible.

¹Cash bonus varies based on consumer loan amount: \$50 for loan amounts from \$7,000 to \$12,000; \$100 for loan amounts from \$12,001 to \$22,000; and \$150 for loan amounts over \$22,000. Requires active Dupaco checking account and Direct Deposit. Subject to credit qualification. Not valid on existing Dupaco loans or loans refinanced in the last 60 days. Offer expires 9/30/12. To be eligible, member must make request at time of application. Funds deposited into member's savings account when loan is funded.

²To be eligible, member must contact Dupaco to conduct balance transfer. Cash back deposited into member's savings account when transfer is approved. Offer subject to credit qualification and balance availability. Not valid on balance transfers from any account issued by Dupaco. Interest on balance transfers starts to accrue when the transfer posts. Offer is valid on existing or new VISA[®] accounts to a maximum of \$50. Offer expires 9/30/12.

³Subject to credit qualification. Introductory Annual Percentage Rate (APR) is accurate as of 5/30/12, and is valid on new Dupaco VISA[®] accounts.

⁴The 9.00% variable APR is based on qualifying for 4.99% introductory APR; credit score must be 675 or above. The annual percentage rate may vary after the account is opened. 4.99% introductory APR expires 182 days after the date the account is opened, at which time your APR will convert to the Prime Interest Rate as published in The Wall Street Journal on the last business day of each calendar quarter, plus margin. The fully indexed rate as of 5/30/12 is 9.00%. If consumer does not qualify for the introductory APR, then the applicable APR is a variable rate from 12.00% to 16.00%, based on creditworthiness, and may vary after the account is opened. There is a grace period on purchases. There is no annual fee. Other fees include: Cash advance fee—\$3 or 1.50% of the amount of each cash advance, whichever is greater (maximum of \$15); foreign transaction fee—1.00% of each transaction in U.S. dollars; late payment fee—up to \$15; returned payment fee—up to \$25. All new VISA accounts are eligible for one free photocard upgrade, a \$10 value. The photocard production cost will be billed to the member's VISA account when photocard order is placed. Once purchase is verified, the member will receive a \$10 credit on their VISA account. Offer expires 9/30/12.

⁵Subject to credit qualification. Introductory Annual Percentage Rate (APR) is accurate as of 5/30/12, and is valid on new loans to Dupaco. Minimum \$10,000 line of credit required on loan-to-value less than 85%. Closing costs paid by the credit union to a maximum of \$350. There are no application, annual, maintenance, or transaction fees associated with this account; however, there may be an early termination charge applied if line is closed within 30 months of opening. Property insurance required.

⁶The 4.49% variable APR is based on qualifying for the 2.99% introductory APR; credit score must be 675 or above. 2.99% introductory APR expires 180 days after the date the account is opened, at which time your APR will convert to the Prime Interest Rate as published in The Wall Street Journal on the last business day of each calendar quarter, with a floor of 4.49% APR and a maximum of 21.00%. Offer expires 9/30/12.



555 JFK Road, Behind Kennedy Mall
www.mindframetheaters.com
Movie Hotline: 563-582-4971

Now Showing @ MINDFRAME

Friday, August 3 - Thursday, August 9

Hope Springs (PG-13) No Passes Allowed

Wed & Thu: (11:10 AM), (1:10), (3:10), (5:10), 7:20, 9:25

Diary of a Wimpy Kid: Dog Days (PG) No Passes Allowed

Fri - Thu: (11:00 AM), (1:00), (3:00), (5:00), 7:00, 9:00

Total Recall (PG-13) No Passes Allowed

Fri - Thu: (12:10), (2:25), (4:45), 7:10, 9:30

The Watch (R) No Passes Allowed

Fri - Thu: (11:20 AM), (1:20), (3:20), (5:20), 7:35, 9:40

The Dark Knight Rises (PG-13)

Fri - Thu: (12:00), (3:15), 6:55, 10:00

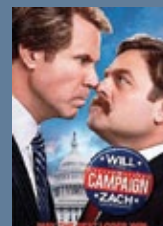
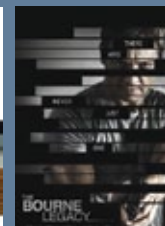
Ice Age: Continental Drift (PG)

Fri - Tue: (11:45 AM), (1:45), (4:00), 6:45, 8:45

Safety Not Guaranteed (R) TRI-STATES EXCLUSIVE

Fri - Thu: (11:25 AM), (1:10), (3:00), (4:50), 7:25, 9:15

coming to theaters :



Total Recall (PG-13) August 3rd Colin Farrell stars in a remake of the Governorator classic. It's actually a story by Phillip K. Dick. I think we've seen this one before. We'll see. **Diary of a Wimpy Kid: Dog Days (PG) August 3rd** Another one of these movies. **Celeste and Jesse Forever (R) Aug. 3** Rashida Jones and Andy Samberg met in high school, married young and are growing apart. **Soldiers of Fortune (R) August 3rd** Captain Craig McKenzie (Christian Slater), a former US special forces soldier, is hired to protect a group of millionaires who want to experience firsthand the kicks and thrills of war. However, the mission goes horribly wrong, and the men get a lot more than they bargained for. **The Bourne Legacy (PG-13) August 10** Robert Ludlum's series returns with an original story that

introduces us to a new hero (Jeremy Renner) whose life-or-death stakes have been triggered by the events of the first three films. **The Campaign (R) August 10th** When long-term congressman Cam Brady (Will Ferrell) commits a major public gaffe before an upcoming election, a pair of ultra-wealthy CEOs plot to put up a rival candidate and gain influence over their North Carolina district. Their man: naïve Marty Huggins (Zach Galifianakis). **Hope Springs (PG-13) August 10th** Meryl Streep and Tommy Lee Jones are a devoted couple but Kay, wanting to spice things up, takes then to relationship specialist Steve Carell. **Freelancers (R) August 10th** The son of a slain NYPD officer joins the force, where he falls in with his father's former partner and a team of rogue "Gotham cops." It's got DeNiro in it!

FRI-SAT • AUGUST 24-25
TOWN CLOCK PLAZA
5PM-MIDNIGHT • ALL AGES WELCOME!

SUMMER'S LAST 13 BLAST!
DUBUQUE, IOWA

more information @ musicandmoredubq.com
Presented by

FREE! DIAMOND JO CASINO FREE!

FRIDAY
Jabber Box
Crystal Leather
Snidley Whiplash
The Lovemonkeys

SATURDAY
Menace
Johnny Trash
The Spazmatics



THE BUZZ.

Robert Rodriguez's Machete sequel, Machete Kills, is currently in production starring Danny Trejo, Jessica Alba, Michelle Rodriguez, Charlie Sheen, Sofia Vergara, Amber Heard, and Mel Gibson is also featuring an all-grown up Alexa Vega, who starred in Rodriguez's Spy Kids series.

Not learning from Battleship, Hasbro plans to develop Tonka truck toys into "a family friendly motion picture" planning an animated venture with Sony Pictures Animation and Adam Sandler's Happy Madison. Happy Madison and Columbia Pictures have also begun development on feature-length remake of Bad Toys II, a cool Frech short film where a make-believe chase with toy cars and blows it up to blockbuster proportions. Look for the original online.

Tom Tykwer and the Wachowski Bros. vast, time-spanning epic Cloud Atlas has an equally time-spanning international trailer running almost 6 minutes. The very visual

thinker delves into theme, making clear the film's definite perspective on topics like time, destiny, reincarnation, interconnectedness.

Peter Jackson wants to extend his two-part Hobbit adaptation into a full trilogy, turning his full Tolkien epic into a six-part series. Note that the book is like 50 pages long.

Sam Worthington is in talks to join Arnold Schwarzenegger on David Ayer's Ten, an action-thriller about a group of ten elite DEA agents who conspire to rob a cartel under the guise of a legitimate drug raid.

Edgar Wright has signed on to direct Collider, a sci-fi film J.J. Abrams is producing under his Bad Robot banner.

Russell Crowe is going to make his feature directorial debut with a movie about the tragically-short life of comedian Bill Hicks.

Post John Carter depressions, Andrew Stanton is returning to Disney-Pixar animation to make Finding Nemo 2.

MILLENNIUM CINEMA

We're Not Just a Theater!

Private Screenings • Business Meetings • Special Events • Fundraisers ...and much more



Avalon Cinema
95 E. Main Street
Downtown Platteville
plattevillemovies.com

plattevillemovies.com

151 Millennium Drive
Platteville, WI 53818



Dodge Theatre
205 N. Iowa St, Dodgeville, WI • 608.935.5225
Grantland Theatre
218 S. Madison St, Lancaster, WI, 608.723.SHOW (7469)



For showtimes:
608-348-4296
1-877-280-0211



Sister Sadie Dubuque Food Co-op Friday, August 3 CARADCO Building

The new Dubuque Food Co-op will host a special concert by folk duo Sister Sadie, Friday, August 3 from 7 to 9 p.m. in what will be the Co-op's new space in the CARADCO Building on the corner of 9th and Washington Streets in the Historic Millwork District. Attendance at the concert is free and open to the public, though donations, which will support the Co-op, will be accepted.

Sisters Sophie Rog and Ida Rotto of Decorah, Iowa grew up around music. Growing from yodeling sprouts to tightly-harmonizing women in a valley on the outskirts of the Driftless region, they are taking the family tradition of music out on the road for an adventure through the Midwest countryside and bringing their new duo to the stage for the first time.

Renewing old folk songs, they bring to the stage a musical variety ranging from songs by Neutral Milk Hotel to the Wailin' Jennies to Greg Brown, incorporating body percussion, original songs, love songs, sing-alongs and activist songs old and new into a unique blend of music all of their own. With Ida on banjo and

Sophie on guitar and ukulele their voices raise in songs that hold their values true.

Previously performing with the women's quartet Damsel Fly and Ooolitic choir directed by Malcolm Dalglish, Ida is delighted to be performing with her sister who has been dancing both on and off the stage for 10 years.

After a year of travel and activity – with Ida volunteering as a midwife's assistant in Kenya and Northern Uganda, and Sophie attending Luther College, teaching and traveling – the sisters are back together this summer bringing the goodness they've received back into the world through music.

The Dubuque Food Co-op, which expects to open in early 2013, is currently seeking new member-owners and investors. It will provide fairly-priced, high-quality products, emphasizing those that are local, natural and organic, and which enhance the health and wellbeing of member-owners, community and the environment. It emphasizes local, collaborative ownership that values the needs and input of member-owners and employees. For more information, visit [HYPERLINK "http://www.dubuquefoodcoop.com"](http://www.dubuquefoodcoop.com) www.dubuquefoodcoop.com.



Rock n' Roll Rewind

...continued from page 9

people in attendance or how smoothly the event played out, but also by how good the singers and musicians still sounded and how much fun it was to hear those bands play again." "Every band had members that came up to me and thanked us for giving them the opportunity to get together and play again," reports Rolling.

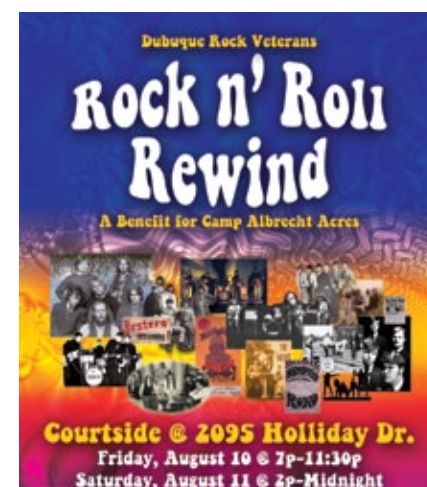


That's pretty incredible, especially for an event that is entirely volunteer organized and implemented. Add the fact that all proceeds benefit Camp Albrecht Acres and you have one very special event. "We're doing it for a charity that deserves us going the extra effort," explained Rolling. "We do it for the kids. My good friend (and Mississippi band guitarist and vocalist) Dave Hummel said, 'I don't care if we get up there and make some mistakes. Let's just get up there and do it like we used to.'"

So there you have it – Rock n Roll Rewind 2012 – 18 classic rock bands reuniting and performing for a great cause. "It's all about bringing the bands back together again and playing and having a good time," states Rolling. "And the fact that it benefits the kids at Albrecht Acres is great. When you can do something that you love and it creates opportunity for other people, that's a blessing."



Those interested in helping with the volunteer effort, becoming a Rewind sponsor or contributing directly to the cause can contact the Dubuque Rock Veterans through their page on Facebook. Tickets for Rock n Roll Rewind 2012 are \$7 for Friday night, \$10 for Saturday, or \$15 for both days and are available in advance at Courtside, at any Hartig Drug Store. Single night tickets will also be available for purchase at the door the day of the show.



1,600 Vehicles In Stock! No DOC or Processing Fees!

• East Dubuque, IL • Cuba City, WI
• Hazel Green, WI • Manchester, IA

815-747-3011

SUZUKI Jeep CHRYSLER

DIFFERENCE

"Working with the Petal Project has given DuTrac the opportunity to continually promote the value of green and our desire to help build and sustain a stronger and healthier financial future for everyone. DuTrac's continued commitment has grown to provide members with a robust suite of green electronic products and services designed to make a positive difference in the lives of our members and the communities in which we live." — Andy Hawkinson, President & CEO.

WWW.PETAL-PROJECT.COM



All show at the Mississippi Moon Bar are 21+ only and tickets for all performances are available at the Diamond Club inside the Diamond Jo Casino or online at DiamondJo.com.

- Live Comedy every Wednesday
- Dueling Pianos every Thursday
- Club 84 Now every Saturday



Slash feat. Myles Kennedy and the Conspirators Tuesday, August 7

Slash achieved worldwide success with hard rock band Guns N' Roses. During his later years with Guns N' Roses, Slash formed the side project, Slash's Snakepit, and then formed the group Velvet Revolver, for which their single "Slither" won a Grammy for Best Hard Rock performance. In 2011, Slash was honored by the Hollywood Chamber of Commerce who named him as an official selection to receive a star in 2012 on Hollywood's iconic Walk of Fame. The recently released album Apocalyptic Love features the genuine chemistry between Slash and lead singer, Myles Kennedy. With songs like the debut single, "You're a Lie," "Standing in the Sun," "No More Heroes," "Bad Rain," and the riveting ballad, "Not for Me," the album forms a trinity of extraordinary passion, power and authenticity. Slash and Myles have fused dynamic forces like two elements creating a natural compound of unique rock energy. Ticket prices range from \$27-\$57.



The Divas of Rock N Soul Friday, August 10th, 6 & 8:30 p.m. The Diva's of Rock and Soul with Lisa as Cher and Connie as Tina Turner.



Exile & Juice Newton Saturday, August 11th,, 8 p.m.

In 1963, the year before the Beatles scored their first American hit, a group of kids calling themselves The Exiles climbed onto an outdoor stage in the small mid-state town of Richmond, Kentucky and proceeded to make musical history—not just with their songs but with their longevity as well. Forty-six years later, that same band—Exile—is still rockin' with a mix of original and seminal members. Nations have had shorter life spans. Their 17 top ten hits include the #1 smash "Kiss You All Over". Juice Newton sold ten million records and has had fifteen Top 10 hits under her belt including "Angel of the Morning," "Queen of Hearts" and the #1 country smash "The Sweetest Thing", "Love's Been a Little Bit Hard on Me" and "Break It to Me Gently."



Rodney Carrington Wednesday, August 22, 7 p.m. & 9:30 p.m.

Rodney Carrington is a multitalented comedian, actor, and country music artist.

Rodney has recorded eight major record label comedy albums selling over three million copies and has also starred in his own TV sitcom Rodney, which ran for two seasons on ABC. He co-wrote and co-starred with Toby Keith in the feature film Beer for My Horses. Rodney's comedy act typically combines stand-up comedy and some of his original songs.



The Wailers - NEW SHOW! Thursday, August 23rd, 8 p.m.

Reggae music has never stopped evolving but for millions of people from around the world it's still defined by the songs of Bob Marley and the Wailers. Together with Bob Marley, the Wailers have sold in excess of 250 million albums worldwide. Outside of their groundbreaking work with Marley, the Wailers have also played or performed with international acts like Sting, the Fugees, Stevie Wonder, Carlos Santana, and more. The anchor of the band is Aston "Family Man" Barrett, who played on countless other reggae hits. Talented Jamaican musician Koolant joined The Wailers in 2006 as the new lead vocalist. As enthusiastic audiences have already discovered, Koolant brings his own personal expression to Marley's songs, revitalizing them for young and old alike. \$20-\$37.

Tommy Roe Friday, August 31 (2 Shows!)

Tommy Roe recorded, six top ten hits between 1962 and 1969, including "Sheila" and "Dizzy," which topped the Billboard chart at #1. Tommy has had a total of eleven records reach the Billboard top forty, and twenty-three Billboard top 100 chart records and is inducted into the Georgia Music Hall of Fame and the Rockabilly Hall of Fame. Show times are at 4pm & 8pm with ticket prices ranging from \$25-\$35.



Chris Young Saturday, September 1, 8 p.m. With the release of his third studio album, NEON, Chris Young leaves no doubt that



this is his time. NEON's first single, "Tomorrow," is the fastest-rising hit of his career. The last four singles Young has released have all hit #1 on the charts, including "Tomorrow" and the smash hit "Gettin' You Home," a song that earned him his first-ever Grammy nomination. Ticket prices range from \$30-\$60.

Jake Owen September, 27th, 8 p.m.

Presented by Kendall Hunt Publishing Company, Singer-songwriter Jake Owen hit the charts with his first two singles, "Yee Haw" and "Startin' with Me." Owen's revival of "Life in a Northern Town" with Sugarland and Little Big Town earned him Grammy and CMA Award nominations. In 2009, Owen was named Top New Male Vocalist by the Academy of Country Music. "Barefoot Blue Jean Night" is exploding as the biggest hit of Owen's career.



Rick Springfield Friday, October 5, 8 p.m.

Australian singer-songwriter, musician, and actor, Rick Springfield is coming back to the Moon Bar! Rick received the Grammy Award for Best Male Rock Vocal Performance for "Jessie's Girl." He followed with four more Top 10 US hits, "I've Done Everything for You," "Don't Talk to Strangers," "Affair of the Heart," and "Love Somebody." Ticket prices range from \$35-\$75.



Joe Diffie Friday, October 12

Since he first topped the charts with "Home," Joe Diffie has delivered hit after hit totaling twelve #1 country hits, twenty top 10's and four gold and platinum albums. Some of his most popular hits include "Pickup Man," "Third Rock from the Sun," "John Deere Green," and "Bigger than the Beatles." Ticket prices range from \$20-\$35.



Budweiser

TRI-STATE LIVE MUSIC

Thursday, August 2

98 in the Shade
Tony Roma's, 6 PM

Dueling Pianos
Mississippi Moon Bar, 8 PM

'Round Midnight Trio
The Bank Gastropub, 9 PM

TJ Borden
Monk's Kaffee Pub, 9 PM

Friday, August 3

Ruby Blonde
Hut 8 Grand Opening, 11 AM

River Breitbach
Lunchtime Jam, Town Clock, 12 PM

Sister Sadie
Dubuque Food Co-op
Caradco Bldg., 7 PM

Rosalie Morgan
Timmerman's Supper Club, 7 PM

Johnny Rocker Band
Galena Brewing Co., 7:30 PM

Hard Salami
Mississippi Moon Bar, 8 PM

Steve Cavanaugh &
Randy Droessler
Spirits, 8 PM

Kevin Beck & Johnnie Walker
The Yardarm, 8 PM

Nixon
Dubuque Driving Range, 8 PM

Denny Garcia
The Cornerstone, 8 PM

Andrew Houy
Grape Escape, 8 PM

Seamus O'Kane
Frank O'Dowd's Pub, 8 PM

Counterproductions
13th Anniversary
Slim Cessna's Auto Club,
Kerosene Circuit, Actual Wolf,
The Tanks
Monk's Kaffee Pub, 9 PM

Randy Rogers
Keil's Tavern, 9 PM

Better Than Good Enough
The Bank Gastropub, 9:30 PM

Magnetos
Sandy Hook Tavern, 10 PM

Saturday, August 4

Andrew Houy
The Cornerstone, 12:30 PM

Okham's Razor
Grape Escape, 2 PM

Fever River String Band
Council Hill Station, 5 PM

Finger Lickin' Good, 5:30 PM
Doug Allen, 8 PM
Taste of Dubuque, Port of Dbq.

Metro-gnomes
(Denny Garcia & Jimmy Berg)
Catfish Charlie's, 6 PM

Velkroe Sneker, 6 PM
Buzz Berries, 8 PM
Epworth Town & Country Days

Danika Holmes
Stone Cliff Wine Bar, 7:30 PM

Misbehavin'
Galena Brewing Co., 7:30 PM

Club 84 – Grease is the Word
Mississippi Moon Bar, 8 PM

Crystal Leather
The Yardarm, 8 PM

Full Code
Mystique Casino, 8 PM

Broom Street Drifters
The Cornerstone, 8 PM

Seamus O'Kane
Frank O'Dowd's Pub, 8 PM

Justin Morrissey & Friends
Grape Escape, 8 PM

J Dot Mane CD Release
The Lift, 9 PM

JJ Schmitz, Spirits, 9 PM

Johnnie Walker, Dog House, 9 PM

Awesome Sauce
Northside Bar, 9 PM

Crude But Effective
Embe, 9 PM

Boys Night Out
The Bronco Inn, 9 PM

Taste Like Chicken
The Bank Gastropub, 9:30 PM

Chug Monkey
Sandy Hook Tavern, 10 PM

Sunday, August 5

Open Mic
Galena Brewing Co., 12 PM

Matriarchs
Council Hill Station, 1 PM

Open Mic with Matt Meyer
The Cornerstone, 1:30 PM

Larry Michael
Shark's Roadhouse, 2 PM

Jason Ray Brown
The Yardarm, 3 PM

David Zollo, Tabor Winery, 3 PM

Crude But Effective
George & Dale's 3 PM

Johnnie Walker
Offshore, 3:30 PM

The Wundoes
New Diggings Gen. Store, 3:30 PM

Blue Willow
Park Farm Winery, 5 PM

Okham's Razor
Benton Park, 6 PM

Brewz Brothers
Dubuque Arboretum, 6:30 PM

Miss Kitty Quiz Show
Grape Escape, 8 PM

Tuesday, August 7

Boots Hefel Band
Tony Roma's, 6 PM

Slash Featuring Myles Kennedy
& The Conspirators
Mississippi Moon Bar, 8 PM

Wednesday, August 8

Johnnie Walker
Riverboat Lounge, 6 PM

Acoustic Jam
Cornerstone, 6 PM

Laughing Moon Comedy
Nick Vatterott
Mississippi Moon Bar, 8 PM

Open Mic with Mike Lambert
The Bank Gastropub, 9 PM

Thollem's Everywhere Quintet,
BBJR
Monk's Kaffee Pub, 9 PM

Thursday, August 9

Tapestry
Tony Roma's, 6 PM

Okham's Razor
Platteville City Park, 6 PM

Dueling Pianos
Mississippi Moon Bar, 8 PM

Proudfeet
The Cornerstone, 8:30 PM

'Round Midnight Trio
The Bank Gastropub, 9 PM

Friday, August 10

Andy Wilberding
Lunchtime Jam, Town Clock, 12 PM

Hemlock, The Tapeworm Trend, Boar
Off Minor, 5 PM, All-Ages

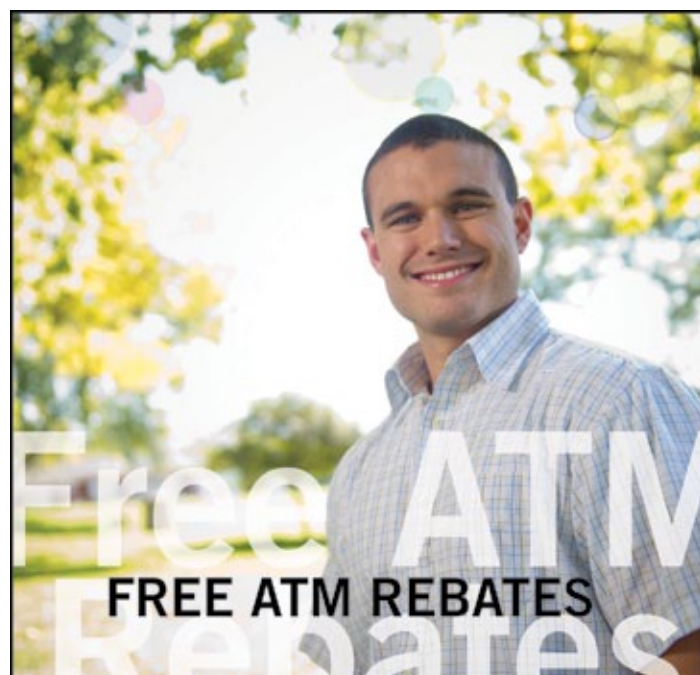
Hard Salmami, 5 PM
The R Factor, 7 PM
Summerfest Dubuque
Town Clock Plaza

Divas of Rock-n-Soul
Mississippi Moon Bar, 6 & 8:30 PM

Boots Hefel Band
Offshore, 6 PM

Nutsy Turtle
Cascade River View Park, 6 PM

Continued on page 18...



With **CASHback Checking®** from American Trust you can relax, have fun, and make more money this summer!

Get nationwide **ATM fee refunds and 3%** cash back on debit card purchases! No minimum balance requirement and no monthly fees.

All you need to do each statement cycle:

- Have 12 debit card transactions post and clear (signature or pin)
- Access online banking
- Enroll and receive monthly e-statements

americantrust.com
563.589.7145



LESSONS

Guitar
Steel Guitar
Keyboard
Bass
Drums
Banjo
Ukulele

Uncle IKE'S MUSIC & SOUND

GIANT NEW LOCATION!
4989 Radford Ct.
uncleikes.com
563-556-6052

LIVE MUSIC CALENDAR

Saturday August 4
J Dot Mane (CD RELEASE PARTY)

Friday August 10
Slip Silo

Saturday August 11
Paleo

Fri August 17
David Zollo and the Body Electric

Sat August 18
Venice Gashouse Trolley, Wook

Fri August 24
Adobanga

\$5 Live Music cover includes your first domestic draft FREE!
180 Main Street - Lower Level | facebook.com/theliftdubuque

LIVE MUSIC

THE SANDY HOOK TAVERN

Customer Appreciation Night
Saturday, August 4

The Sandy Hook Tavern, in participation with Dubuque Harley-Davidson and Darlington's Lafayette County Speedway hosts a special Customer Appreciation Night Saturday, August 4. The party starts with a ride leaving the Hook at 6 p.m. and returning to party with live music by Chug Monkey at 10 p.m.

GERRY JOE WEISE
the Blues 21QUINO Experience

Jerry Joe Weise
Sunday, August 12, 6 p.m.

The Hook hosts Australian blues guitar legend Gerry Joe Weise Sunday, August 12, from 6 p.m. Originally from Sydney, Weise first learned guitar at four years of age. By his late teens he played guest support for bands like AC/DC, Rose Tattoo, The Angels, Dragon, and Midnight Oil. In 1980, Weise moved to Europe where he lived and performed for nearly 20 years before moving back to his native Australia. He has since recorded a number of critically acclaimed and award-winning solo albums earning him the number one position on Australia's "Top Electric Blues" charts for a total of 25 months over two and half years. Throughout his years of touring, Weise has jammed with and/or shared the stage with a number of legendary blues and rock performers including B.B. King, John Lee Hooker, Albert Collins, Noel Redding (of Jimi Hendrix Experience), Eric Clapton, Ray Charles, Iggy Pop & The Stooges, Buddy Guy, The Yardbirds, The Scorpions, and Pat Metheny, just to name a few. This guy is a must-see for any fan of Hendrix-style blues guitar.

Rick Huckaby, with the "Almost Full" Brown Bottle Bandits
Thursday, August 23, 8 p.m.

Rick Huckaby, or "Huck" as he is referred to, is a Nashville, TN singer, songwriter, and guitar player. His sound is like none other heard in country music today combining influences as varied as Robert Cray, Bonnie Raitt, Merle Haggard, Ronnie Milsap, and Keith Whitley. With a rare lyrical honesty and vocal integrity, Huckaby blends his wide musical influences into a unique style. Serving as acoustic guitar player for country star Tracy Lawrence, Huckaby wrote 10 songs for Lawrence over a 5-year period before signing his own recording contract. Now touring to promote his own music, he still found time to write the top 20 single released by Trace Adkins in 2008, "Muddy Water."

Nathan Dean & The Damn Band
Friday, August 24

Nate and The Damn Band make another swing through SW Wisconsin in late August with a stop at the Hook on Friday the 24th. While the up-and-coming Austin, Texas-based artist is considered "country," Dean draws on influences as diverse as Prince, Queen, Guns n Roses, and Willie Nelson to create his signature sound. Originally from northern Illinois, Dean has a voice that has been compared to Vince Gill, Kenny Chesney, and even Steve Perry but is building a following all his own.

LIVE MUSIC

MONK'S KAFFE PUB

COUNTERPRODUCTIONS 13th Anniversary
+ Aaron Hefel's 31st Birthday Party
Friday August 3, 4pm-10pm
Monk's Kaffee Pub (outdoor stage)
Slim Cessna's Auto Club (Denver, Co), The Tanks
Kerosene Circuit, Actual Wolf (Minneapolis)
\$10 admission w/ free food while it lasts

Thirteen years ago on August 8, 1999, Aaron Hefel put on his first show at One Flite Up in Dubuque, Iowa. Since then a revolving cast of miscreants and music makers have passed through Dubuque, dropping a little knowledge off to whomever decided to show up. Counterproductions, the booking/promotions/productions agency that Hefel formed so many years ago is now hitting its adolescence. It's gone from precocious and wide eyed to cautious and thoughtful, all the while maintaining hope for the future of music in Dubuque. This year Counterproductions brings you a show of epic proportions to celebrate its entrance into Jr High with some of the best music to hit town and some great local and regional talent who have helped make the town what it is today.

Gothic romance and backwoods justice play a huge part in Slim Cessna's Auto Club's songs. The Denver, Colorado group, celebrating twenty years of spreading the word in 2012, use plenty of old timey imagery to describe their outlook on the world we live in. The songs are odes to vices and how they break us. Church sized choruses for the damned and those seeking redemption. The music isn't country, and it isn't rock. It's not folk or bluegrass. A hybrid of all of those things, filtered through the apocalyptic lens of punk rock, gets created when SCAC make a record or perform one of their incendiary live shows. The concerts become a full on revival for the willfully wayward. They earn the title of being the only country act on Jello Biafra's Alternative Tentacles record label.

Actual Wolf, starring members of Low, Tapes and Tapes, and Alaska, could be considered a Minneapolis super group. They take cues from the best parts of Neil Young and Crazy Horse, smoothing out some of the rougher edges churning out some of the best Twin Cities country rock since The Jayhawks.

Kerosene Circuit wants you to know they know. They throw back shots at the bar and dare you to drink with them. The music is a full triple guitar and triple harmony attack on your senses. A cross between 70's riff rock, hillbilly twang, and the ghoulish elements embedded in the noisier annals of punk rock.

Drums, bass, and a speak sing vocal attack are all The Tanks need to set the crowd into a frenzy. Kevin Koppes songs are wordy nudge nudge wink winks to scene politics, social observation, sports, and wrestling. They hit hard, taking cues from bands like Lightning Bolt or Shellac while still creating giant singalong choruses and catchy riffs. Though the band is Iowa City based, both Koppes and Adam Luksetich are Dubuquers who have helped keep music thrive in their hometown and across the United States.

LIVE MUSIC

OFF MINOR (NEW LOCATION)

Hemlock, The Tapeworm Trend
Friday August 10
OFF MINOR 1689 Elm St Dubuque Iowa
All AGES/5pm/\$7

Hemlock, the self-proclaimed hardest working metal band in the United States, would be hard to argue with regarding that subject. The band has been on a non-stop tour the last few years, joining ranks with Ministry, Hatebreed, Slayer, and ton of other acts, sharing their kind of sunshine across the country. The band takes dark themes and turns them into anthems, giant sing along choruses that makes fans chant and mosh. It's a metal tinged catharsis that Chad Smith, Hemlock lead singer, has mastered in the ten plus years of the band. It's as if they have found the trick to maintaining the thrash of real metal while applying hooks better than most pop groups. Dubuque's The Tapeworm Trend is also getting loud that night. Trying to blend death metal and thrash with a slightly hardcore punk approach is a sound they have been working on since becoming a band last year. After a slight break and some lineup changes, the trend is here to stay. Boar, Alex Nowacki's tabletop noise threat, will open the show. Boar has toured extensively throughout the US, finding clubs, basements, and warehouse spaces that are willing to brave the harsh tones and full contact assault of his live show.

LIVE MUSIC

MONK'S KAFFE PUB

Thollem McDonas
Monk's Kaffee Pub
Wednesday, August 8

Constantly traveling pianist, composer, and improviser Thollem McDonas returns to Monk's on Wednesday, August 8. Fresh from a tour with Arrington de Dionyso (Malaikat dan Singa, Old Time Relijun), and having recently collaborated with punk legend Mike Watt, John Dietrich, and Tim Barnes in the Hand to Man Band, McDonas is back on tour and bringing his Everywhere Quintet to Dubuque.

Everywhere, because everywhere he goes, Thollem is interested in meeting and performing with area musicians. To this end, McDonas is going to engage in structured improvisation with local players as part of his Monk's performance. An ongoing project, the Everywhere Quintet "represents an ad hoc ensemble of individual regional musicians whose unique group identity is developed over the course of several days leading up to the concert."

As a soloist, McDonas's critically-lauded piano "comprovisations" are colored by his varied interests in everything from classical to jazz to world music. Boasting credits on more than two dozen recordings, Thollem also regularly contributes music to modern dance and film scores.

Join Thollem McDonas in his musical journey. Come down to Monk's basement and help blur the lines between artist and audience, performer and observer. The show is free, as always, and the booze promises to flow freely.



TRI-STATE LIVE MUSIC

...continued from page 15

Friday, August 10

Jason Ray Brown
The View, 6 PM

Hot Mess
Dyersville Downtown Friday Night

Rock n Roll Rewind
Courtside, 7-11:30 PM
(See full schedule inside this issue)

R&R Boogie Band
Galena Brewing Co., 7:30 PM

James Yon, 8 PM
Sunshine, 9:30 PM
Mystique Casino

Taste Like Chicken, Spirits, 8 PM

Street Talk: Journey Tribute
feat. Adam Beck
The Yardarm, 8 PM

BlackWater Gin
Georgie's Skyline, 8 PM

Dave Pingle & Campfire Kings
Diggs Music Fest
New Diggings General Store, 8 PM

Ricardo Coen & Cassius Goens
Latin Jazz Quartet
The Cornerstone, 8 PM

Nick Stika, Grape Escape, 8 PM

Jon Conover
Frank O'Dowd's Pub, 8 PM

Slip Silo, The Lift, 9 PM

Chug Monkey
Northside Bar, 9 PM

Awesome Sauce
Potosi Truck Pull, 9 PM

Aaron Williams & The Hoodoo
The Bank Gastropub, 9:30 PM

Crude But Effective
Sandy Hook Tavern, 10 PM

Saturday, August 11

Nutsy Turtle, The View, 1 PM

Boomtangle, 1 PM
Full Code, 5 PM
Wingfest, East Dubuque

Rock n Roll Rewind
Courtside, 2 PM – 12 AM
(See full schedule inside this issue)

Eugene Smiles Project, 2 PM
Aaron Williams & The Hoodoo, 8 PM
Diggs Music Fest
New Diggings General Store

Okham's Razor
Grape Escape, 2 PM

Enemies of Confusion
MDA Hope Ride, Mystique, 4 PM

Fever River String Band
Potosi Brewery, 5 PM

Larry Michael, Kalmes', 6 PM

Johnnie Walker
Annex, Platteville, 6 PM

Massey Road
Dubuque Eagles Club, 7 PM

Country Tradition
Mooney Hollow Barn, 7 PM

Roy Schroedl
Stone Cliff Wine Bar, 7:30 PM

Velkroe Sneker
Galena Brewing Co., 7:30 PM

Exile & Juice Newton
Mississippi Moon Bar, 8 PM

James Yon, 8 PM
Sunshine, 9:30 PM
Mystique Casino

Misbehavin', The Yardarm, 8 PM

The Lonely Goats
Grape Escape, 8 PM

Jon Conover
Frank O'Dowd's Pub, 8 PM

Lenny Wayne
The Cornerstone, 8 PM

Popp & Jenny, Spirits, 9 PM

Paleo, The Lift, 9 PM

Friction Addiction
Northside Bar, 9 PM

Johnny Trash
Cuba City Firemen's Dance, 9 PM

Mixed Emotions, Perxactly, 9 PM

Zero 2 Sixty
Dirty Ernie's, 9:30 PM

Steady At The Wheel
Dagwood's, 9:30 PM

Sunday, August 12

Open Mic
Galena Brewing Co., 12 PM

Cascade Pickers' Picnic, 1 PM
Broom Street Drifters, 4 PM
Free 4 the Haulin', 5 PM
Cascade Amphitheater, River-
view Park

Fever River String Band
Council Hill Station, 1 PM

Open Mic with J.T.'s Jewels
The Cornerstone, 1:30 PM

The Jimmy's
With Denny Garcia, River Glen
Courtside, 2 PM

Blackwater Gin, 2 PM
Diggs Music Fest
New Diggings General Store

Laura & The Longhairs
George & Dales, 3 PM

The Lonely Goats
Iron Horse Social Club, 4 PM

Kevin Beck & Johnnie Walker
Park Farm Winery, 5 PM

Jerry Joe Weise
Sandy Hook Tavern, 6 PM

Denny Garcia, Courtside, 6 PM

Dukes of Dubuque Dixieland Band
Dubuque Arboretum, 6:30 PM

Tuesday, August 14

LeBarge Duo, Tony Roma's, 6 PM

The Odd Couple
Riverboat Lounge, 6 PM

Wednesday, August 15

Acoustic Jam with Marty Raymon
Cornerstone, 6 PM

Laughing Moon Comedy
Doug Thompson
Mississippi Moon Bar, 8 PM

Open Mic with Dave, Cricket, & Tim
The Lift, 9 PM

Thursday, August 16

Jake & Eric, Tony Roma's, 6 PM

Fever River String Band
Platteville Music in the Park, 6 PM

Dueling Pianos
Mississippi Moon Bar, 8 PM

Dave Pingle Band
The Cornerstone, 8:30 PM

'Round Midnight Trio
The Bank Gastropub, 9 PM

Friday, August 17

Ralph Kluseman
Lunchtime Jam, Town Clock, 12 PM

Johnnie Walker, Offshore, 3:30 PM

The Business @ All That Jazz
Town Clock Plaza, 6 PM

The Stellanovas
Galena Brewing Co., 7:30 PM

Young Turks
Mississippi Moon Bar, 8 PM

Taste Like Chicken
The Yardarm, 8 PM

Massey Road, Grand Tap, 8 PM

Crude But Effective
Georgie's Skyline, 8 PM

Ken Wheaton
The Cornerstone, 8 PM

Jordan Danielsen
Grape Escape, 8 PM

Katie & Brownie
Frank O'Dowd's Pub, 8 PM

Okham's Razor @ Woodlands
Lounge, Eagle Ridge, 8 PM

Country Tradition
Grant County Fair, Lancaster, 8 PM

David Zollo & The Body Electric
The Lift, 9 PM

Boys Night Out, Spirits, 8 PM

Hot Mess, Northside Bar, 9 PM

Broken Rubber Band
The Bank Gastropub, 9:30 PM

Renegade
Sandy Hook Tavern, 10 PM

Saturday, August 18

Tailstock:
Ruby Blonde, Electric Hawg
Wobblers, 98 in the Shade
Al's Speede Shoppe
Whitetail Bluff Camp & Resort,
11 AM – 1 AM

Ryan Getz
The Cornerstone, 12:30 PM

Massey Road, The View, 1 PM

Crude But Effective
Offshore, 3:30 PM

Awesome Sauce
Kalmes Hilltop, 7 PM

Blue Willow
Stone Cliff Wine Bar, 7:30 PM

Club 84 – Down Under Night
Mississippi Moon Bar, 8 PM

The Lower 5th, Mystique Casino, 8 PM

Johnny Trash, The Yardarm, 8 PM

Buzz Berries
Andrew Firemen's Dance, 8 PM

Steve Grismore Jazz Trio
The Cornerstone, 8 PM

Soulsa, Grape Escape, 8 PM

Katie & Brownie
Frank O'Dowd's Pub, 8 PM

Okham's Razor @ Woodlands
Lounge, Eagle Ridge, 8 PM

Venice Gashouse Trolley, Wook
The Lift, 9 PM

Pah N Brew
Northside Bar, 9 PM

Massey Road
Jimmy B's, Leisure Lake, 9 PM

Brown Bottle Bandits
Dagwood's, 9 PM



New Diggings Music Festival August 10-12

New Diggings General Store

Dubuque is not the only Tri-State town with summer festivals! The New Diggings General Store, located "miles away from the real world" in the rolling hills of southwest Wisconsin, hosts the New Diggings General Store Music Festival August 10-12. A full weekend of great food, fun, and free live music is the focus of the festival, which celebrates its seventh year in 2012.

Of course, central to the Music Festival is music and this year's event has a great weekend schedule in place. "For me it's about the music," said Lou Uran, co-owner of the New Diggings General Store with his wife Kelli Kerrigan. "That's what it's about."

The weekend gets started on Friday evening (August 10) at 8 p.m. with a performance by

Dave Pingle & The Campfire Kings inside the New Diggings General Store. Dave will be leading a full band version of The Campfire Kings through a great collection of sing-along favorites and a few songs you might not have heard in years.



Saturday (August 11) will be a full day at the Diggs with Madison rockers the Eugene Smiles Project getting the party started in the outdoor beer garden from 2 to 6 p.m. That leaves you just enough time to grab a bite (more about that in a bit) before the evening show featuring Aaron Williams & The Hoodoo digging into some seriously good blues inside the General Store from 8 p.m. to midnight. Grammy nominated and WAMI winning, Aaron Williams has the rhythmic groove and blistering leads of some of the best blues guitarists around.

Providing a suitable finish to a great weekend of live music, BlackWater Gin will

unleash their original take on Southern rock "Texas rock with a bite" in the outdoor beer garden from 2 to 6 p.m. In addition to the music lineup, the festival will feature artists booths including the wildlife art of Native Bones Nature Art and a tattoo bus by Empire Tattoo of Platteville, Wisconsin.

In addition to the New Diggings General Store's new expanded menu, with great stuff like cheeseburgers, fried chicken, pizza, fish & chips, and Kelli's famous barbeque pulled pork sandwiches, Lou and Kelli have added a steak sandwich and a tasty Cuban. (I've tried it and it is amazing!)



Founded by lead miners as "Natchez" in 1824, New Diggings was an early outpost of our nation's westward expansion and a settlement for miners even before Dubuque

was opened for settlement in 1833. In fact, the University of Wisconsin Badgers can reportedly trace the name of their mascot to the nickname given to New Diggings area miners from Europe who dug "burrows" into the hillsides in which to survive the winter.

Lou reports that the first structure to exist on the foundation on which the General Store now sits was built in 1844. The current building was built in 1890. Since Lou and Kelli have begun operating the establishment, the couple has refurbished the upstairs into guest rooms. Whether you stop for the afternoon or stay the night, the New Diggings General Store & Inn is a destination worthy of the drive.

Live music and parking for the New Diggings General Store Music Festival is free all weekend. As of press time, a limited number of rooms in the New Diggings General Store & Inn were still available. For more info call (608) 965-3231.



JOIN THE CAST OF CLUB 84 FOR A TOTALLY AWESOME DANCE PARTY!

EVERY SATURDAY NIGHT

8PM

WWW.CLUB84DBQ.COM

DIAMOND JO CASINO

PORT OF DUBUQUE | 563.690.4800

Acts subject to change without notice. Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS-OFF.



Neighbor's Tap

by Rich Belmont



Don't worry! This article is not a thesis on the subtle differences between a bar, tavern, lounge, pub, brewpub, gastropub and tap. However, I must admit I was a little surprised when I first visited Neighbor's Tap and noticed there was not a single draft beer on tap. After all, the name of the place is Neighbor's Tap!

Then again, this spot has been defying expectations for generations. The building has been a general store, gas station and post office. Then it was turned in to Moe's Bar and later Obie's Bar. Jerry and Gayle James purchased it and renamed it Neighbor's Tap. They removed the juke box and pool tables and transformed it from a rowdy neighborhood bar into a respectable restaurant. After operating it for 14 years they turned it over to Barb and Jerry Hawbaker, the current owner's sister and brother-in-law. They subsequently sold it to Bill Skinner who has now been the owner and chef for 18 years.



Bill was previously the banquet chef at the Dubuque Greyhound Park and Casino (now Mystique). He is an expert in making plain, simple food taste great. He is also highly skilled in keeping costs down so he can maintain his low prices. Of course Bill credits his experienced and loyal staff for his success. Ann Volkert (call her Annie) is

the floor manager, Jane Scarlino is the bartender, Julie Walter, Barb Johns and Abby Scarlino are waitresses, Michael Walter is the pizza maker and Bill's daughter, Trish Skinner, is the assistant cook and pizza dough maker.



Neighbor's is a good place to go when you just want a light dinner. There are several sandwiches on the menu and they are all priced between 2 and 4 dollars. Choose from hamburgers, codfish fillet, chicken fillet, pork tenderloin and hot dogs just to name a few. If you would like to try something a little different order the Neighborburger. This is a home-made, specially seasoned meat loaf style 1/3 pound burger. Then, of course, there is the famous

Neighbor's Tap

1899 Rockdale Road, Dubuque, IA 52003

563-556-9633

HOURS: Bar: 3 pm – 9 pm, Kitchen: 4 pm – 8:30 pm

Closed: Sun & Mon

DINING STYLE: Come as you are

NOISE LEVEL: Conversational

RECOMMENDATIONS: Neighborburger, Deep Fried Taco, Coleslaw, Homemade Pizzas, Top Sirloin, Pork Steak, Fried Chicken, Friday night fish special.

LIQUOR SERVICE: Basic Bar PRICES: \$2.00 - \$21.00

PAYMENT OPTIONS: Cash, Local Checks with ID

ACCESSIBILITY: Front Door – Yes; Restrooms - No

KIDS POLICY: No Menu; High Chair & Boosters available

RESERVATIONS: Requested for 10 or more with week's notice & deposit

CATERING: No TAKE OUT: Yes DELIVERY: No

PARKING: Private Lot

Deep Fried Taco (below). Neighbor's Tap is the only place in Dubuque County where you can get these. Seasoned beef is wrapped in pizza dough and deep fried. When it's done it is slit open and topped with shredded cheddar cheese, lettuce and tomato.



Neighbor's is also the place to take the family for dinner when you are on a tight budget. A large 14 inch cheese pizza in only \$14.00 and the chicken baskets range in price from \$5.25 for 2 pieces of dark meat to only \$10.00 for 4 pieces of white meat.

The pizza dough is made in house and there are 10 pizza toppings to choose from. When you don't feel like choosing the toppings you can order the Deluxe. It will come with all of them except sauerkraut. The Taco



Pizza (above) has taco meat, taco chips, cheddar cheese, lettuce and tomato. The Super Taco Pizza includes the entire above list plus onion, black olives, green peppers and sour cream.

The Fried Chicken (facing page) is definitely the most popular dinner. It is hand battered with seasoned flour and cooked at low temperature, under controlled low pressure in a Henny Penny fryer.

On a recent visit our really cute and friendly waitress, Abby Scarlino, helped us choose some fabulous entrées. My guests and I feasted on a 3 topping pizza, fried chicken dinners and Top Sirloin Steak. The steaks are broiled on



a slotted gas grill and are particularly scrumptious when accompanied by buttered mushrooms. Abby offered us a choice of homemade hand-cut French fries, baked potato or crinkle cut fries. She also asked us to choose fresh lettuce tossed salads, cottage cheese or coleslaw. She highly recommended the coleslaw because it is made from fresh cabbage in accordance with an old Skinner family recipe. I now know to trust Abby's suggestions!

Speaking of old family recipes I recently returned to Neighbor's for a house specialty that isn't on the menu.



You have to call in advance and order it but it is well worth the extra effort. It's simply called the Tenderized Pork Steak (right). It is coated with special seasonings and either grilled or breaded and fried and served with BBQ sauce on the side. It is so delicious I was disappointed when I finished my last bite!



The Fish Basket contains 3 pieces of cod and is served with fries and coleslaw. It's available every night. However, on Fridays the Fish Fry is a real treat. This is especially true during Lent when Lemon Pepper Cod is available. It's hard to believe the Cod Dinner is only \$10.75. That's because Bill only purchases the more expensive Icelandic Cod. This fish has a dense white flesh with a low fat content and a mild, sweet flavor. Icelandic Cod is caught in the cold water of the North Atlantic Ocean surrounding Iceland. Cod weighing 10 to 15 pounds each are specially packed in gel-pack boxes and shipped overnight to distributors.

Oh, and by the way, the food at Neighbor's Tap will definitely exceed your expectations. The beers are national domestic brands and only cost \$2.50. Just don't expect to order them on tap – they are all served in bottles!

Do you have a favorite restaurant you would like to see reviewed? Please send your requests, suggestions and comments to Argosy at argomark@mchsi.com.



Read more of Argosy's reviews online at www.restaurantmarketingdbq.com, dubuque365.com or use the QR code here to go there on you mobile device now.





2012 Fall Softball Leagues

Men's and women's leagues at McAleece Park and Recreation Complex run Tuesday and Thursday evenings with mixed leagues Monday and Wednesday evenings beginning late August or early Sept. All leagues are 7 games with 2 home run limit. \$250 entry fee. All nonresident fees paid for summer 2012 will carry over for fall league, if not \$13 player fee. Registration deadline is Friday, August 3rd. Register at the Leisure Services office.

Doggie Dip

Following the final day of public swimming, the family dog is invited to take a dip in Sutton Pool on Monday evening, August 13th, and Flora Pool on Monday evening, August 20th from 5:30-7:30 p.m. The \$5 admission fee per dog includes access for immediate family members.

Concerts in Jackson Park

The Downtown Neighborhood, Washington Street/Orange Park neighbors, Valley View Neighborhood, Multicultural Family Center, along with St. Mark Community Center and the City of Dubuque, are sponsoring a free concert in Jackson Park from 6-8 p.m. on August 12th. Hot dogs and beverages will be provided free of charge.

Iron Kids Triathlon

The IronKids Triathlon will be held on Saturday, August 4th at Sutton Pool. The triathlon is sponsored by Hy-Vee and is for children ages 6-15. Demonstrate your fitness by swimming, biking and running. To register and learn more about the Hy-Vee IronKids triathlon, please visit www.IronKids.com. A fee will be charged.



National Night Out

August 7, Comiskey Park

The Dubuque Police Department is joining forces with Target, the Dubuque Multicultural Family Center, Dubuque Leisure Services and area Neighborhood Associations to bring National Night Out (NNO) to the Dubuque community for the third consecutive year.

NNO is a nationwide crime prevention event held each year to promote police-community partnership, safety and neighborhood unity. NNO has been in existence for 29 years with an estimated 37 million people in over 15,000 communities nationwide participating each year.

This entirely free event will be held at Comiskey Park (24th / 25th & Jackson / Washington St.) on Tuesday, August 7, from 6-8 p.m. and includes food, snow cones, beverages, games, a bounce-house/slide and gifts for the kids. Police and Fire Department vehicles will also be on display. At dusk, the Multicultural Family Center will show the movie "Rango" outside at the community building.

Amusement Park Tix

If you're planning a summer vacation and want to save some money, don't forget to purchase your discounted amusement and/or water park tickets at the Leisure Services Department. Payment accepted with cash, MasterCard or Visa; no checks.



Carnegie-Stout PUBLIC LIBRARY

Check out the possibilities!

"Attention Artists! The Library is accepting applications for participation in the 2013 Art @your library exhibits. Visit the library's web site to apply"



CARNEGIE-STOUT PUBLIC LIBRARY

GRAPHIC NOVEL Discussion For Adults



THE UNWRITTEN

TOMMY TAYLOR AND THE BOGUS IDENTITY

By Mike Carey

Tuesday,
August 14

7:00 PM

2nd Floor Mezzanine



Scan me with your phone
for more information!

Pick up a copy of the book at the Circulation Desk!



at Carnegie-Stout

SOME LIKE IT HOT

THURSDAY, AUGUST 23

6:00 PM Aigler Auditorium



Comedy, 1959

Starring
Marilyn Monroe,
Tony Curtis, and
Jack Lemmon

Free admission.
Seating first-come,
first served.





Growing up, I was fortunate to visit the Dubuque Arboretum on a regular, almost weekly basis. My mom's passion for gardening and her desire to teach us a lesson in responsibility meant that we each had a plot we were responsible for weeding. I hate to admit that now that I am grown, I don't get there as often as I would like. Fortunately, my involvement with the Junior Master Gardener's Program, The Garden Organic, has ensured that I get there at least a couple times each year. Recently I had the privilege of touring the herb garden with local herb expert Fran Hedeman. She was enthusiastic about showing the kids ways to use herbs in everyday life. Herbs are quite simple to grow in your own garden. Here are a few must have herbs and their uses...

Thyme: "When in doubt, use thyme" when cooking is an old phrase used by many chefs. Thyme enhances meat and vegetable dishes. Use it fresh or dry. It is a pretty plant that looks decorative in the vegetable garden or mixed with flowers. Plant in full sun, this is a perennial that will return next year

Mint: (pictured at right with Lemon Verbena) Be sure to plant your mint in a container as it will spread rapidly and can overtake your garden space. Fresh mint is the key ingredient to homemade mojitos, a favorite summer drink, they are so easy to make and your friends and family will be impressed. Add chocolate mint with mixed berries for a little added flavor. Mint makes a very nice garnish for most any dessert. Mint likes the sun and will need to be planted each year.

Oregano: I recently sprinkled this fresh on homemade pizza. Oregano is a great

addition to most Italian & Greek recipes. This herb can be used fresh or dry. Plant in a sunny location and it will return next year.

Basil: This herb is great to use fresh in Italian dishes, on chicken sandwiches, or use Thai Basil to add some zing to Asian dishes. There is nothing better than basil with fresh garden tomatoes and mozzarella cheese. Basil needs to be planted each year in a sunny spot.

Cilantro or Coriander: This herb is famous for its use in Mexican dishes. Add some to your next batch of salsa or include in a salad. Cilantro looks identical to flat leaf parsley, so be careful not to confuse the two. Plant this in a part sun location. Annual.

Dill: Dill is a mild flavored herb and is great in omelets, seafood and in dips. It can be used fresh or dried. Full sun, moist soils. Annual.

Parsley: I recommend trying Italian Flat Leaf Parsley. Chop it up and serve it fresh on top of meat, pasta or vegetable dishes. It adds a bright, fresh flavor and looks great too. Parsley is great in homemade salad dressings.

It likes full sun and regular water. If you are growing in a container, make it a deep one, as parsley has a tap root

Lemon Verbena: This herb is great fresh or dried. You will be surprised how much flavor this herb has. Add to drinks instead of a slice of lemon. Dry it and made homemade tea. Work well in most desserts, baked goods or fruit. Plant in full sun. Annual.

Looking to add some new herbs to an existing garden? Try Stevia, which is 300 times sweeter than sugar, or Tansy which keeps away the bugs.



FALL LANDSCAPING

Plan now for fall plantings. Call our landscape design experts for a personal landscape planning session. Visit us online for more information and online forms.

3350 JFK Rd • (563) 690-1500 • StevesAce.com

Steve's ACE home & garden



Garden Bounty All Year Long

with nutritionists
Megan Horstman & Amber Jaeger

Summertime is the best time to find the freshest vegetables around as it is the natural harvesting season. Preserving fresh vegetables is not only a money-saving option, but a great way to make those summer flavors last for months to come. An easy way to preserve those flavors and nutrients is to use the freezer.

Before you begin, here are a few tips:

- **Fresh Is Best:** Use produce from home gardens, buy locally or select vegetables in season from supermarkets for the best quality.
- **Keep It Clean:** Prevent bacterial contamination by cleaning all equipment, surfaces, hands and vegetables thoroughly before starting.
- **Leave Room to Grow:** Freezing causes expansion. Follow the recipe and leave proper head space to allow growth.
- **Label, Label:** Always label frozen or canned foods with the date processed and content of container. Properly frozen and stored products should be used within one year.

There are three vegetables that are always bountiful this time of year: tomatoes, onions and bell peppers. Here is how to freeze them:

Tomatoes: To freeze whole tomatoes (no need to peel), wash thoroughly and cut away the stem scar. Place the tomatoes on cookie sheets and freeze. Tomatoes do not need to be blanched before freezing. Once frozen, transfer the tomatoes from the cookie sheets into freezer bags or other containers. Seal tightly. To use frozen tomatoes, remove them from the freezer a few at a time or all at once. To peel, just run a frozen tomato under warm water in the kitchen sink. Its skin will slip off easily. Use frozen tomatoes in any cooked-tomato recipe.

Onions: Wash, peel and chop raw, fully mature onions into about 1/2-inch pieces. Bag and freeze in freezer bags for best quality and odor protection (no need to blanch). Squeeze out the air and place bags flat on cookie sheets or metal pans until onions are frozen. Then remove from sheets or pans and restack as flat bags will take up less room. Use in cooked products, such as soups and stews, ground meat mixtures, casseroles, etc. For most dishes, frozen onions may be used with little or no thawing. Frozen onions will maintain good

quality in the freezer for three to six months.

Bell Peppers: Select crisp, tender peppers. Wash and cut out stems and cut peppers in half. Remove seeds and membrane. Cut peppers into strips, dice or slice, depending on how you plan to use them. Freeze peppers in a single layer on a cookie sheet with sides, about an hour or longer until frozen. Transfer to a freezer bag when frozen, squeezing out as much air as possible. The peppers will remain separated while frozen this way. Hot peppers can be washed and stemmed, then subsequently frozen. It is not necessary to chop hot peppers prior to freezing.

Sweet Thai Chicken Pizza

Serves 4 (2 slices each).

Source: Jen Haugen, RD, LD, Hy-Vee Dietitian

All you need:

- 1 pre-made whole-wheat pizza crust
- 3/4 cup Robert Rothschild Farm Thai Sweet Chili Dipping Sauce, divided
- 1 cup chopped rotisserie chicken
- 1 cup thinly sliced red pepper
- 1/2 cup finely diced fresh pineapple
- 1-1/2 cups shredded mozzarella cheese
- 1/2 cup shredded carrots
- 1/2 cup shredded zucchini
- 2 tablespoons chopped cilantro
- 2 tablespoons diced green onions

All you do:

- Preheat oven to 425 degrees.
- Brush the crust with 1/2 cup Thai Sweet Chili Dipping Sauce.
- Top evenly with chicken, pepper strips and pineapple and finish with the mozzarella.
- Bake 6-8 minutes. Let the pizza rest 5 minutes.
- Sprinkle evenly with carrots, zucchini, cilantro and green onions. Drizzle remaining sauce over the pizza. Slice and serve.

Nutrition Facts per serving: 460 calories, 12 g fat, 7 g saturated fat, 0 g trans fat, 50mg cholesterol, 720 mg sodium, 60 g carbohydrates, 8 g fiber, 30 g protein.



WELLNESS WEDNESDAYS
Shop Hy-Vee HealthMarket every Wednesday
SAVE 10% off
your HealthMarket items, organic produce and organic meat.



GETTIN' DOWN IN THE DISTRICT – BLOCK PARTY SCREENING EVENT!

Thursday, August 9th | 4-9 pm
The Millwork District – 10th street

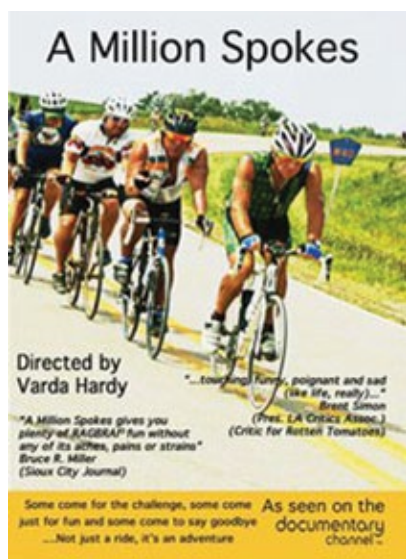
The Julien Dubuque International Film Festival in conjunction with The Millwork District and Voices from the Warehouse will host Gettin' Down in the District – Block Party Screening Event on Thursday, August 9th with a collaborative block party.

The FREE Block Party will start at 4 pm and feature artists from the upcoming Voices from the Warehouse event, The Dubuque Food CO-OP, Dubuque Art Center, Dubuque Main Street, Fly By Night Productions and tours of the newly renovated lofts in the Caradco Building with Gronen Properties and live music from Boomtangle. This event will coincide with the Iowa Legislature visit.

The block party will culminate with a film screening of the award-winning film A Million Spokes – which won Best of Iowa at the Julien Dubuque Int'l Film Festival in April. A Million Spokes Producer Susan Gorrell will be a guest at the event. The film screening will kickoff with the announcement of the winner from the Dupaco Credit Union 'Shift Into Thrift' Video contest. Visit www.dupaco.com/videocontest for more information. Submission deadline July 31st.

FREE TO ATTEND | Visit julienfilmfest.com for more information.

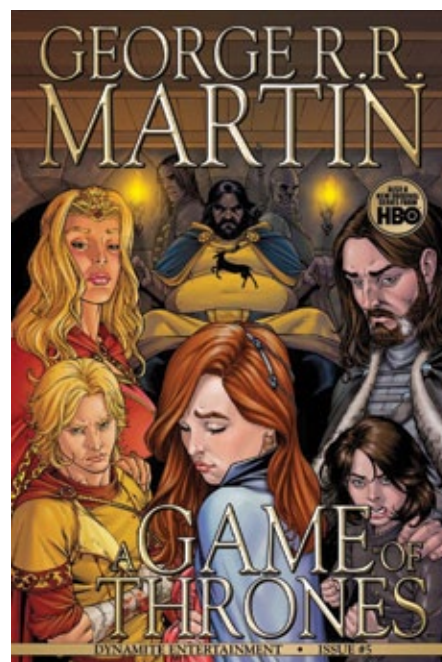
This event was made possible by a grant from the National Endowment for the Arts.



A Game of Graphics

by bob gelms

George R. R. Martin's A Game of Thrones has been adapted as a Graphic novel by Daniel Abraham with splendid art work by Tommy Patterson. Mr. Martin, in the introduction, has some interesting things to say about Graphic novels, "Graphic Novel is what they call these things now. What they actually are, of course, are big fancy comic books published on glossy paper in hardcover or trade paper format, and sold through bookshops rather than comic shops, newsstands and candy-store spinner racks. Has a nice ring to it, "Graphic Novel." A nice dignified, respectable name for an artistic medium that has traditionally gotten less respect than Rodney Dangerfield."



If you have never read a Graphic Novel A Game of Thrones might be a good place to start, especially if you have read the book or seen the first season of the television show. If you have done both and liked them then the Graphic Novel will be a third and most enjoyable way to experience Mr. Martin's classic, the Lord of the Rings for the modern generation.

The art work is the thing you know. It is, in part, breathtaking. Tommy Patterson has outdone himself. Some of the full page illustrations could be used as paintings to hang on your wall. The artwork gives a third and most beautiful interpretation to the book. The first version happened in your mind as you conjured up images to go with what you read in the text. The second was the images

added to the text when you watched the television program which, might or might not have been sympathetic to the images your mind created when you read the book. The Graphic Novel, I think, is arguably the most interesting of all the images. It is much easier to create some of the more supernatural aspect of the book in your own head or illustrated in the GN as opposed to trying to create them on television. It is much easier to, for example, drain the Great Lakes of water on radio with sound effects that it would be to try and do the same thing on TV or in a movie. The special effects would be very, very expensive.

Graphic Novels take their cue from the old artwork done in the comic books from the 40's, 50's and 60's. In my view, that's a pun, the look is much more interesting in the modern day GN. The colors are more vibrant, the figures are drawn more fully as a human body would look even given how buff everybody seems to be. The backgrounds with the interesting vanishing points, angle of view, and how the characters are placed in them are all a treat for the eye. The Game of Thrones GN does all of this in spades. In short it is fabulous to look at.

What the GN does not do is to mess with the plot. The story follows the book very closely. They leave it alone because, frankly, I'm not sure how they could have improved on it. If Mr. Martin is anything, he is a genius with plot otherwise so many people would not have slugged through the nearly 5000 pages of the first five books with plans to read the last two books in the series that haven't been written yet, bringing the grand total to an estimated 7000 pages.

One exceptionally rare treat included in the GN of A Game of Thrones is a special section called The Making Of A Game Of Thrones The Graphic Novel Volume 1. There is commentary by Patterson and Abraham along with especially fascinating remarks by the series editor, Anne Groell. I understand subsequent volumes with also have similar bonus content. Volume two is expected in December of this year. No definite word, yet, on when Mr. Martin will have books six and seven finished.

In short A Game Of Thrones GN is a multimedia treat for your head. I know this is years away in its execution but won't it be enormous when they are able to add sound.

No Column This Week by pam kress-dunn

I'm sorry, dear reader, but I can't write my column this week. Here's why:

- I'm tired. Dead tired. Beyond exhausted. Is it because I rode in RAGBRAI? Tried out for the Olympics? Hardly. It's the new drug regimen my neurologist put me on after another stay in the hospital. All of these medications seem to have the same two side effects: 1) drowsiness, and 2) difficulty sleeping. It's a very special combination that has me drifting around the house at 3 a.m. and longing for a nap under my desk at 3 p.m. (If George Costanza could do it, why can't I?)

- I have to care for the wildlife. Birds seem to be twice as hungry when it's really hot, and the bird bath has to be hosed out and replenished with cold water at least once a day. The last thing they need is a hot tub when it's 95 in the shade.

- While I'm all for TGIF, I find that my summer weekends are jam-packed with things to do that are 1) fun (plays at Spring Green, backyard dinners with friends), and 2) work (pulling drought-resistant weeds, folding laundry in the basement, where at least it's cooler).

- I work. Full time. While I am grateful to be among the fully employed with benefits, it does take up a pretty big chunk of my day.

- During this headache-free honeymoon, as long as it lasts (and believe me, I'm not taking it for granted), I want to read every book I've been stockpiling for the past six years. Why, I even read "The Help," and it was every bit as good as everybody said, when it came out three years ago. I might even see the movie!

- I need to worry about my daughter finding a full-time job worthy of her talents.

- I need to worry about my son graduating from college in December and finding a job worthy of his talents.

- While I don't need to worry so much about my sister, who is finally in a wonderful institution designed for the

elderly with psychiatric diagnoses, I do need to visit her now and then – a six-hour round-trip which I can't do alone.

- It is absolutely necessary that I travel to either Iowa City or Davenport on a regular basis, since Whitey's seems to be the only ice cream shop around that still knows how to make a proper strawberry soda.

- Because of all these trips, the car needs washing more often. All those bugs embedded in the windshield have a way of taking the joy out of sightseeing, you know?

- As much as you might expect me to say something silly like "I need to alphabetize my spices," I actually did that a while back, mainly because we were going to Madison and I wanted to know what we really needed at Penzey's, the best spice store on earth. I learned that we had three containers of cardamom, and only a dusting of paprika. It pays to alphabetize. Hey, a new motto!

- I need to keep up with Facebook. Good Lord, that social network is a siren call. There I'll be, writing a poem or reading a book, when, suddenly, I will think, "I wonder what's going on with Facebook? Did Dan finish his class? How is Kathy handling this heat? Has anybody posted a new, heartwarming animal rescue story?" (Did you see the one about the banker catching the ducklings that hatched on the overhang above the sidewalk? How about the one with the three bear cubs stranded in the dumpster? I could watch them over and over. But not, ahem, at work.)

- I have to update my headache diary. I do this four times a day, and it's really no excuse for not writing a column, but I thought it might impress you. Every day, four times a day – breakfast, lunch, dinner, and bedtime – I have to record a number for my head pain level and write it on a calendar. Since I started this around summer 2009, I've got dozens in a 3-ring binder, and what a tale they tell.

- I should paint my toenails. I used to do this every summer, when I knew I'd be wearing sandals. It seems less important now, but still, it's pretty.



try. And ever since my dermatologist removed a black mole that might have turned into a melanoma, the deadliest of skin cancers, I no longer try. I'm sorry, but if you are still tanning, you are abusing yourself.

- There is a big collection of letters I should be reading. They were a Christmas present from my oldest friend last year, over 100 scans of the long letters I sent to her in the mid-70s, when I was in and out of grad school and marrying my high school sweetheart because I couldn't find a job. (Boy, what a dumb idea.) I'm finding it hard to read them, but I do want to. I need to understand – and forgive – the young woman who made those bad choices.

- I need to call the Indian restaurant and ask them to make me some naan and a mango lassi, to which I am addicted. Everybody knows you can't eat and type at the same time.

- So, sorry. No column from me this time week. Feel free to color in this big blank space!

- One thing I don't need to do is work on my tan. [Warning: This is my annual screed against tanning. If you've heard it before, that does not excuse you from hearing it again.] I used to be so tan, it's as if my skin now refuses to tan even if I

MYSTIQUE CASINO PRESENTS

DUBUQUE BLUEGRASS FESTIVAL

From the pickers who brought you the Mud Lake Bluegrass Festival!

LABOR DAY WEEKEND
Sunday, September 2nd
 Noon - 7 p.m. / Music @ 2 p.m.
 A.Y. McDonald Park on the Mississippi

- Picker's Picnic @ Noon
- Bad Nicholas, featuring Amber Dawn (of the Carter Family Band)
- Bill Monroe's Bluegrass Boys Reunion
- More to be announced!

Admission \$5
 KIDS IN FREE!

Proceeds benefit Marine Corps Toys For Tots

Food and beverages including beer and wine will be available. Bring your lawn chair. No carry-ins, please.

Details @ JuliensJournal.com

JULIEN'S JOURNAL
THE DUBUQUE AREA'S ONLY MAGAZINE

JAYCEES
The Dubuque Area's Junior Chamber (JCI)

365ink
Dubuque365.com

**Eat your veggies.
See Dr. Jack.**

Dr. Jack can evaluate your health in a new way you never thought possible. Call today for a complete wellness exam for only \$40. (reg. \$210)

Family First Chiropractic
Wellness Center

998 Fremont Ave, L1 • 563-556-6921
www.FFCWC.com • www.Facebook.com/FamilyFirstChiro



CAPRI college hair skin massage nails

do what you love
Fashion, Beauty, Makeup & FUN!

Fall classes starting soon...
Text Capri365 to 72727 to be inspired

395 Main St., Dubuque 563.588.2379 capricollege.edu

For more information about our graduation rates, the median debt of our graduates & other important information, please visit our website at http://capricollege.edu/sjg_userfiles/ConsumerInformation.pdf.



BOGO SANGRIA
EVERY MONDAY AND THURSDAY EVENING
4:30-6:30PM

OUTDOOR DINING
ALL SUMMER LONG!

FRESH FEATURES
EVERY EVENING,
A NEW SUMMER MENU
FULL OF LOCAL INGREDIENTS

EXTENSIVE WINE LIST

MAKE RESERVATIONS ONLINE
OR CALL 563.556.0505

OPEN 4:30 DAILY
CLOSED TUESDAYS AND WEDNESDAYS

FRESH SQUEEZED SUMMER
at L.MAY EATERY

L.MAY EATERY

1072 MAIN STREET | DUBUQUE, IOWA 52001 | WWW.LMAYEATERY.COM



365 Wellness

Dr. Jack Hinderman,
Chiropractor
Family First Chiropractic

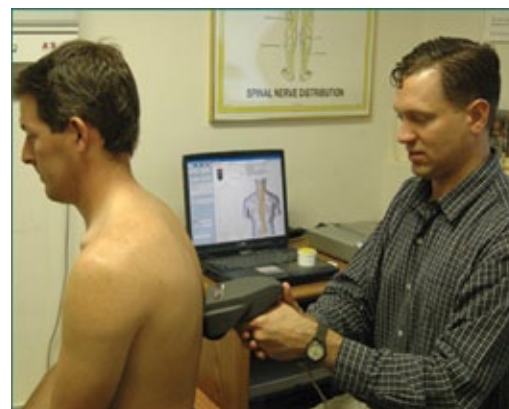
Let Me Blow Your Mind

What if I told you that there is a different way to get a complete health evaluation without invasive lab work? And what if I told you that this evaluation would give you totally different information than your general practice physician will give you, and that this information could help you prevent future health problems?

Would you write me off as a crazy person? Or would you take a minute to open your mind to something new?

For those who want to learn about a new way to get an inside, non-invasive look at their health, listen up.

There is new, high-tech equipment called the "Insight Millenium," which the United States space program has been using. It has also received certification as Space Technology by the Space Foundation, a non-profit organization that works in cooperation with NASA.

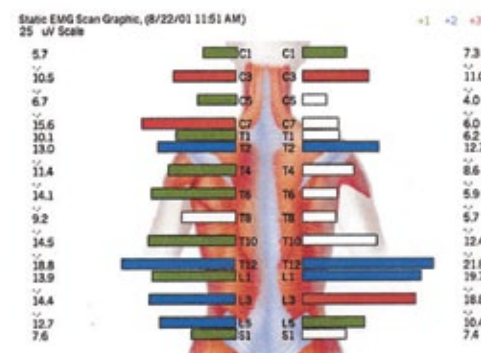


NASA uses this equipment to measure the EMG activity of astronauts pre and immediately post shuttle flight to quantify the changes in muscle activity due to the weightlessness of space.

It is the only device of its kind to be registered with the FDA and Health-Canada as a Class II Medical Device. It uses five outcome assessment

tests to get a complete look at a person's health: EMG, Thermal Scanning, Pulse Wave Profiler, Algometry and Digital Inclination.

The "Insight Millenium" is now being used in many chiropractors' offices world-wide to help get more accurate views of people's health. They use it to find out if there is any dysfunction in the nervous system, which typically is the cause of illness and other healthcare issues.



There are a couple chiropractors in Dubuque who use this technology, and each office uses it in its own way. Some offices use it more for initial diagnosis, while others use it as an ongoing assessment tool to measure tangible results from chiropractic care.

With the "Insight Millenium," chiropractors are able to do several scans that tell us what nerves are being disrupted. When the spine is aligned, the body is free to send and receive signals freely from the brain, which means the body can work efficiently. The end result is better health and a reduction of pain.

For more information on how we use this technology in our office, Family First Chiropractic Wellness Center, please call (563) 556-6921. You can also reach us via email at: Kimberley_ffcwc@gmail.com.

365 Wellness

Kelly McMahon,
ARNP,
Women's Wellness Center



What's in a school physical?

It's that time of year again already.... Crunch time for school and sports physicals to be scheduled. Often parents ask themselves, why does my child really need a school physical every year?

During a school/sports physical, this is an ideal time to evaluate many physical as well as emotional, social, cognitive and developmental concerns. Your health care provider assesses each individual child and provides education and information that is age and gender specific.



What do I need to bring to the school physical?

Be sure to obtain your child's specific school or sports physical form. Each organization has their own requirements for your child's assessment and required immunizations. Be sure to fill out your portion of the form prior to getting to the health care office. Bring a copy of your child's immunization record or sign a release of information to have a copy forwarded to the health care provider performing the physical exam. In order to avoid having to return for a second appointment, be sure to be organized and prepared. (Many medical offices charge for paper work required to be completed outside of normal appointments.)

What is examined during the physical?

During the exam, the patient will be assessed for their height, weight, vision screening, ear, nose and throat evaluation, nutrition and skin assessment, auscultation of heart and lung sounds, bowel and sleep habits, stress levels, depression screening, exercise habits, social acceptance, study habits, immunization status. Additional assessments are based upon age appropriateness.

What are some of the questions to be expected?

Other additional information reviewed includes safety questioning such as seat belt use, sunscreen use, advising on stress reduction measures, peer pressure, and age appropriate questions regarding sexuality and avoidance of sexually transmitted diseases, abusive relationships, bullying. This is also an ideal time to discuss goal setting and future hopes and expectations to help in planning to achieve their individual goals.

Attention or learning issues?

This is also a perfect time to discuss with the health care provider if your child is having any difficulties with learning, focusing, following through on tasks and homework, struggling to sit in a seat for extend lengths of time or any other concerns.

College exams

If your child is packing to head to college, be sure they receive a physical exam as well. Many of the colleges require a complete physical examination and updated immunizations signed off by a health care provider. This is also a time for them to be evaluated for any psychological concerns such as anxieties, and assisted with any additional needs including contraception education and STD protection.

Try not to run to the closest quick physical shop to simply have your child's physical form completed. Be sure to take the time to assure your child is being examined by a reputable care provider, who is addressing the necessary issues and performing a thorough examination.

Take this end of summer, school registration time as a time to celebrate a new school year ahead and focus on the many individual opportunities available for your children. Don't wait until the last minute to schedule school/sports physicals as time slots are filling up fast.

Make an appointment **today**
for your **school or sports physical**



Women's
Wellness Center

4170 Pennsylvania Avenue | Dubuque, Iowa 52002

563.588.0011

www.womenswellnessdbq.com

Healthcare for Women – By Women
it only makes sense.

dubuque
family chiropractic

FIND OUT NOW if chiropractic care can help!

Mention this ad and receive a **FREE** Consultation!

CALL TODAY: 563-582-1531
dubuefamilychiropractic.com

2055 Holliday Dr., Suite 420, Dubuque
(Just off the N.W. Arterial)



Dr. Tim Kronlage
Chiropractor

the food store
IS UP IN YOUR GRILL

Dubuque's **ORGANIC** Grocery & Deli

Join us every Saturday morning,
8 a.m. - Noon at the
Farmer's Market Cafe
for a Local & Organic Breakfast...
and great, free live music!

...with **GRASSFED BURGERS, STEAKS,
LAMB/GOAT CHOPS AND KABOB MEAT,
FREE RANGE CHICKEN,
SUSTAINABLY RAISED SALMON
and ORGANIC BRATS AND HOTDOGS**

Get a free side of
our pepper relish with
purchase of meat!

**Buy American this grilling season...
Support your LOCAL farmers!**

1109 Iowa Street, Dubuque | 563-557-1777 | [facebook.com/thefoodstore](https://www.facebook.com/thefoodstore)

Conceptis Sudoku

By Dave Green

							1	
	8		4	3				7
5		1		9				
					8			
3	6						5	1
			7					
				6		4		8
9			5	2			6	
	4							

Difficulty Level ★★★★★

8/05

©2012 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.
Answer on page 31.



Spot the Difference

Can you spot 10 differences between the two versions of this photo from a previous Rock and Roll Rewind event by photographer Mark Dierker?. - Answers on page 31.



PREMIER CROSSWORD/ By Frank A. Longo

SWEET SQUAD

- ACROSS**
- 1 A little wet
 - 5 Dice throw
 - 9 Bureau of Indian —
 - 16 USMC rank
 - 19 Downtown, say
 - 21 High chest of drawers
 - 22 Jackie's husband #2
 - 23 Start of a riddle
 - 25 Chaney of old horror
 - 26 Eden mother
 - 27 Lexus, e.g.
 - 28 "La-la" lead-in
 - 29 Bouncers' demands
 - 30 Riddle, part 2
 - 39 Lav, in Soho
 - 40 Prankster in "The Tempest"
 - 41 Train stop: Abbr.
 - 42 Column inches sold to sponsors
 - 43 Crumb-toting colonists
 - 45 Reno fixture
 - 47 — lacto vegetarian
 - 49 Sleepy
 - 50 Riddle, part 3
 - 56 Narrow road
 - 57 Slugger's stat
 - 58 Wide shoe specification
 - 59 Sharp quarrels
 - 62 Riddle, part 4
 - 69 Of a pelvic bone
 - 70 Cole Porter's "Hitchy- —"
 - 72 Lawyer Cohn
 - 73 Army unit
 - 74 Riddle, part 5
 - 79 Songs of praise
 - 80 Fifth sign of the zodiac
 - 81 Zeta follower
 - 82 Best guests
 - 84 Riddle, part 6
 - 93 Brit's fencing blade
 - 94 Pentagon's govt. division
 - 95 Macramé creation
 - 96 — around (circa)
 - 97 Chemical cousins
 - 100 Available with no Rx
 - 102 Trample (on)
 - 105 Trellis plant
 - 106 End of the riddle
 - 110 Med. country
 - 111 Guevara in "Evita"
 - 112 Ending for press
 - 113 CIA figure
 - 114 No, to a kilt wearer
 - 115 Riddle's answer
 - 123 "Go, torero!"
 - 124 It's fact-filled
 - 125 Very same
 - 126 "The Simpsons" neighbor
 - 127 Ocular cleansing cup
 - 128 Bit of a dollar
 - 129 Old French president René
 - 11 Travel by jet
 - 12 For — see (in plain view)
 - 13 "Stones for —" (1988 Glenn Close movie)
 - 14 President Reagan
 - 15 Barrett of Pink Floyd
 - 16 "The Cabinet of Dr. —" (classic horror film)
 - 17 Maker
 - 18 — oil (flax product)
 - 20 Skin care brand
 - 24 Gaping mouth
 - 30 Body fat
 - 31 One of Chaplin's wives
 - 32 Goes rancid
 - 33 Jet walkway
 - 34 Nervous —
 - 35 Kind of bomb
 - 36 Joe
 - 37 O.T. book read on Purim
 - 38 "... blackbirds baked in —"
 - 44 WA airport
 - 46 Prefix with bytes
 - 48 "And — grow on"
 - 51 Lego piece
 - 52 Two Unsers of Indy
 - 53 Stomach "six-pack"
 - 54 Like a wet lawn at dawn
 - 55 Caddy drink
 - 59 Bro, for one
 - 60 Pipe joint
 - 61 Carrere of Hollywood
 - 62 Trim a field
 - 63 Mine matter
 - 64 Hide away
 - 65 "Am not!" comeback
 - 66 Flashy scarf
 - 67 Charged bit
 - 68 Motorist's navig. aid
 - 70 Capped joint
 - 71 George —, a.k.a. Boy George
 - 75 Ring great Muhammad
 - 76 Travel in the direction of
 - 77 Morticia's hairy cousin
 - 78 War vehicle
 - 79 Magnum of TV et al.
 - 82 91-Down, Italian-style
 - 83 "— Eat Cake" (Gershwin musical)
 - 84 Transaction requiring no credit
 - 85 Certain woodwind insert
 - 86 "Stop! — Mom Will Shoot"
 - 87 Part of KISS
 - 88 Donkey foot
 - 89 Like national theme songs
 - 90 Ph.D. offerer
 - 91 Sweetheart's emotion
 - 92 Prohibition advocates
 - 93 Audit, as a class
 - 98 In a lavish way
 - 99 Sinister plan
 - 101 Thing relied on for help
 - 103 Go-ahead
 - 104 Train stop
 - 107 Shish —
 - 108 Half of hexa-
 - 109 Song line
 - 115 — kwon do
 - 116 Santa —
 - 117 Back muscle, for short
 - 118 Lofty verse
 - 119 Stimp's bud
 - 120 — -conscious
 - 121 Stable grain
 - 122 Sneaky

1	2	3	4		5	6	7	8		9	10	11	12	13	14	15		16	17	18	
19				20						21									22		
23									24										25		
				26					27					28					29		
30	31	32					33	34				35	36				37	38			
39					40						41				42						
43				44			45				46		47		48			49			
50					51	52					53				54	55					
				56						57					58						
59	60	61						62					63				64	65	66	67	68
69							70	71					72				73				
74						75				76	77	78				79					
					80					81					82	83					
	84	85	86	87					88				89					90	91	92	
93								94				95					96				
97						98	99		100	101		102				103	104		105		
106								107				108						109			
110						111				112					113						
114					115					116	117				118	119			120	121	122
123					124								125								
126					127								128					129			

#1,580

Average time of solution: 60 minutes

Answer on page 35

mattitude

be yourself, improve yourself



Monkey Management

by matt booth

There is an old tale of an overburdened manager who allows his employees to delegate upward. When this overburdened manager takes an unsolved problem from his employee, he is allowing a figurative monkey to leap from the employee's back to his back. When you have too many monkeys, you increase your own work load and fail to teach others how to solve problems effectively.

Think about leadership with monkeys in mind. When someone comes to you with a problem, visualize them with a monkey on their back. That monkey is the problem. Many people, rather than doing the work to solve the problem, are just trying to dump their monkey off on you. Can you see that monkey jumping from their back onto your back?

As a leader, it is your responsibility to make sure when that person leaves they take their monkey with them. When someone brings you a problem, decide whether it is yours or their responsibility. The more you take responsibility from others, the more dependent people become.

Sure you should help them and give them some ideas for options and a suggested course of action but the whole idea is to

teach them to come to your office with a problem only after they have found possible solutions and a suggested course of action. You can talk about the monkey but make sure they know that it is theirs and they must solve the problem.

If you don't practice the art of monkey management, you will be persistently overwhelmed by the agendas and urgent demands of monkeys that are not your responsibility. A mismanaged monkey will multiply and suddenly you'll have two monkeys on your back. The person who brought you the monkey usually has the best knowledge and skill to solve the problem, if you empower them to do so. When they are empowered to take care of their own monkeys, he or she learns important skills that make them more valuable to the organization.

If you continually allow monkeys to jump onto your back, you will eventually be overloaded and overwhelmed. It initially takes a little more time to teach others how to solve their own problems but it will be worth it in the end. If you don't, you may find yourself covered in monkey droppings.



Mattitude Improvement Tip

Why?

My two-year-old son's favorite question is "Why?" Why do birds fly? Why does Jimmy Berg have whiskers on his face? Why do we have to go to bed? Why do we have to get up? Asking "Why" is something that many of us have forgotten. Asking "Why?" can bring about new ideas and solutions and breaks normal routines. Do what a kid would do and ask your clients and prospects, "Why?" Ask your boss and most importantly, ask yourself "Why". And if you see Jimmy Berg, ask him "Why".

There are hundreds of thousands of simple ways to improve. What improvement tips do you have? Is there something you've done that has made a difference in the way you live? Send your improvement tip to matt@mattbooth.com. If I use it to help others, I'll send you a copy of my new book - Be Yourself, Improve Yourself.

TAX FREE SIDEWALK SALE*

9-8 FRIDAY AUGUST 3rd **9-5 SATURDAY AUGUST 4th**

- Large group of suits starting at \$100.00
- Group of sport coats starting at \$50.00
- Group of sport shirts \$10.00.
- Huge assortment of women's tops and bottoms from \$10.00 to \$20.00

Two days only... Be there early while selection is great!

Graham's
Style Store For Men and Women

*Iowa Sales Tax Holiday on qualifying apparel only. Sale is on rain or shine! Alterations not included.

890 Main Street, Dubuque | 563.582.3760

3rd Annual Mighty Mississippi H.O.G. Chapter Hope Ride for MDA®

Live Entertainment DJ / Karaoke
1:00 PM - 3:00 PM

Enemies of Confusion
4:00 PM - 7:00 PM

EIGHT SECONDS
8:00 PM - 11:00 PM

Fun & Games for the entire family!

Live & Silent Auction
of Harley-Davidson Items and More!

Bike Raffle
to be held between 7:00 PM - 7:30 PM

Win this 2012 Heritage Softail!
\$10.00 raffle tickets sold at Dubuque Harley-Davidson and participating restaurants and pubs.

Get Ready to Ride August 11, 2012

Start: Dubuque Harley-Davidson - Kickstands up 12:00 SHARP!
Registration 9:00 AM - 12:00 AM • \$20.00 per person includes COMMEMORATIVE PIN

First Stop: Offshore Bar & Grill in Bellevue - Kickstands up 3:00

Final Destination: Mystique Casino - Arrive at 4:00

Public Invited to Join the Fun at Mystique Parking lot from 1:00 till 11:00 PM
Adults \$10 Child 10 & under Free

THE HOPE RIDE FOR MDA IS PROUDLY SPONSORED BY:



Dear Trixie:

My friend was always moaning that no man would ever love her so I suggested she get a pet. When I divorced my husband I found that kittens were great therapy for me. Having them allowed me to give love and cuddles to something that deserved it. My girlfriend bought a tarantula, and Trixie, am I wrong here? Wouldn't some sort of mammal be a better pet? - **Good Pal**

Dear Good Pal:

I think a tarantula is a pretty good substitute for a man. My second choice would be a mayonnaise jar full of leeches.

Dear Trixie:

I had my nose pierced way back in 1999. Since then, I've done both my ears, nipples and eyebrows and had my tongue pierced. I also had the upper ears and beneath my

lower lip pierced. Now, all of a sudden, high school kids are putting holes in themselves and acting like they invented it! What am I supposed to do now? - **Not Into Tattoos**

Dear Not Into:

You should be the first person on your block to insert a cranial shunt. I'm thinking stainless steel or possibly platinum. Or what about removing 3 or 4 digits from a hand? You could really impress the chicks with a pierced uvula. Be creative!

Dear Trixie:

I've been stealing from my job for the past two years. I feel horrible about myself for doing it but I just can't seem to stop. I'm always short of cash and need things like gas or a burger or cigarettes. I've never taken more than \$20 at a time but that adds up to roughly \$8,000! I think the only way to stop is to tell my boss. He's a really nice guy and he has always treated me well. Can you give me any advice? - **Cashier Girl**

Dear Cashier Girl:

When you get to prison don't join the first gang you meet. Be selective. You don't want to get caught up with the wrong crowd.

Dear Trixie:

My kitchen has become infested with huge roaches. They used to invade each night when the lights went out but now they are so brave they hang around all afternoon. My

new hobby is stalking and swatting them with an old shoe. I'm reluctant to hire an exterminator because the use of toxic chemicals scares me more than the roaches. Isn't there some guaranteed way to kill them without using harmful poisons? - **Environmentally Concerned**

Dear E.C:

.22 caliber hollow points are up to 100-percent effective depending on your aim. You may want to start with something large like a .357 and work your way down as you get more accurate. I don't recommend this method for people who rent or have ongoing marital issues.

Dear Trixie:

I am turning 21 next weekend. Some of my sorority sisters are throwing a huge birthday party for me. They have bought all kinds of liquor—Amaretto, Baileys, Godiva Chocolate Liqueur and Stoli vodka. There is some drink called a "slurpee" that uses all these ingredients and everyone is supposed to chug 3 or four of them. I have only ever had one wine cooler which I split with my dorm mate. I'm worried about how many slurpees I can drink before I get too drunk and pass out. Also there might be a little pot smoking. - **Don't Want To Be Embarrassed**

Dear Embarrassed:

What is wrong with you? you need to make good choices with your life. College is not the place to experiment with drugs and alcohol—you're supposed to do that in high school.

Levi's®

more Selection!
more Savings!

more For you!

THEISEN'S
HOME • FARM • AUTO

AMES • ANAMOSA • CEDAR RAPIDS NE & SW • CHARLES CITY • CORALVILLE
DEWITT • DUBUQUE • DYERSVILLE • GRINNELL • INDIANOLA • IOWA FALLS
MAQUOKETA • MARSHALLTOWN • MONTICELLO • NEW HAMPTON • NEWTON
PELLA • TIPTON • VINTON

www.theisens.com

DR. SKRAP'S COMPLETELY WORTHLESS HOROSCOPES



Aries 3/21-4/19

You will soon learn that eating canned tuna on a blob of Minute Rice is not the way to satisfy your sushi craving.



Taurus 4/20-5/20

While celebrating your birthday at Taiko for the third year in a row, you realize it's about time to learn how to use chopsticks. That fire dragon roll is not finger food.



Gemini 5/21-6/21

Your doctor will try to convince you a diet of chocolate chip cookies and arnold palmers is not a diet at all. I say keep gorging; he's just jealous.



Cancer 6/22-7/22

You may not win the battle against the wasps, but you sure can have a fun time spraying them with RAID. Nothing says "Good Homeowner" quite like you drunkenly yelling "GIT SOME!"



Leo 7/23-8/22

It's a good thing you realize Dubuque's too awesome to have a Chick-fil-A.



Virgo 8/23-9/22

You finally find a bar like Cheers - where everybody knows your name. What you don't realize is they know your name because you're also the town drunk. Congrats.



Libra 9/23-10/22

Just when you were about to give up on your procrastinations, you discover that they've just added

another season of Breaking Bad to the free Netflix choices. So that's at least a good 15 hours of slacking before real life has to kick in.



Scorpio 10/23-11/21

You keep thinking you need to try something different at your favorite restaurant. Don't do it. While it may be a lovely lunch, you will surely finish eating telling yourself the other thing was better. So why even risk it?



Sagittarius 11/22-12/21

When fighting fire, it's always best to extinguish the fire where it burns rather than picking it up and running through the building carrying it somewhere else. This seems obvious, but you'd be surprised what some people will do.



Capricorn 12/22-1/19

Don't fret. After weeks of trying to get in shape for "bikini weather," there is always a perfectly acceptable fallback. Just start referring to it as "motorcycle weather" and no one will be any the wiser. Snack away my friend.



Aquarius 1/20-2/18

Man cannot live eating bacon for breakfast everyday. You'll want to shake things up and have it for lunch and/or dinner some days.



Pisces 2/19-3/20

After much deliberation, you are thoroughly convinced that the FDA should deem cookies as a food group unto themselves. That way perhaps they could start subsidizing them like they do meat and gasoline. Fantastic idea, I know.

Prudential
Bring Your Challenges

WE MEET THE CHALLENGE OF BUILDING A STRONG COMMUNITY EVERY DAY.

"We recognize our employees' volunteer efforts in meeting community challenges, and support and celebrate their volunteer activities." Dawn Colby, Site Lead-Dubuque Vice President of Client Services

We are dedicated to helping Americans build better, stronger communities and increase human potential and self-sufficiency. Our employees' philanthropic works prove that "Prudential Cares" is more than a slogan—it's a way of doing business.

TO LEARN MORE, VISIT WWW.PRUDENTIAL.COM

Prudential, the Prudential logo, the Rock symbol and Bring Your Challenges are service marks of Prudential Financial Inc. and its related entities, registered in many jurisdictions worldwide. The Prudential Insurance Company of America and its affiliates are Equal Opportunity/Affirmative Action Employers.

0225090-00001-00

PUZZLE ANSWERS (From page 28)

Spot the Difference



Sudoku

7	9	4	6	8	5	3	1	2
2	8	6	4	1	3	5	9	7
5	3	1	2	9	7	6	8	4
4	2	9	1	5	8	7	3	6
3	6	7	9	2	4	8	5	1
8	1	5	7	3	6	2	4	9
1	5	2	3	6	9	4	7	8
9	7	8	5	4	2	1	6	3
6	4	3	8	7	1	9	2	5

Crossword

DAMP	ROLL	AFFAIRS	CPL
URBAN	AREA	TALL	BOY
IF	CITY	IN	MARYLAND
EVE	CAR	TRA	IDS
FORMED	AN	EW	MAJOR
LOO	ART	EL	STA
ANTS	SLOT	OVO	TIERED
BASEBALL	TEAM	AND	THEIR
ALLEY	RB	LEE	
SETTOS	MASCOT	WAS	SABIG
ILLIAC	KOO	ROY	TROOP
BLACK	AND	WHITE	PAE
LEO	ETA	ALIST	
COOKIE	WHA	TNAME	SHOULD
SABRE	DOD	KNOT	HONOR
ISOMERS	OTC	TREAD	IVY
THE	WICK	FOR	THEMSELVES
ISR	CHE	URE	SPY
NAE	THE	BALT	MORE
OLE	ALMANAC	IDENTICAL	
NED	EYEBATH	CENT	COTY

ALL YOU
CAN EAT

SHRIMP

\$12.95

WEDNESDAYS
5:00-9:00 p.m.

AND

Surf & TURF

\$14.95

FRIDAYS
5:00-10:00 p.m.

ONLY AT

MYSTIQUE CASINO
DUBUQUE, IA

MYSTIQUECASINO.COM
GAMBLING PROBLEM? CALL 1-800-BETS-OFF. Must be 21.

MYSTIQUE
CASINO