

# 365ink



NOVEMBER 10-22, 2011 | FREE

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NOVEMBER 18-19

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- holiday events
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## the 365 inkwell



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Trixie Kitsch: Bad Advice For The Stupid

### special thanks to:

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Where's Wando

We've hidden Wando somewhere in this issue of 365ink. Can you find him?



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# Bryce's inkUbator

Notes from the Publisher... Fostering Ideas, conversations and arguments.

A couple weeks ago I made a follow-up video with my little friend Jack Hoeger, who has become a bit of an Iowa celebrity after our first video, "You Don't Know Jack" hit You Tube a four years ago. Since that video, I have lost my Father to cancer, as well as a grandmother and too many friends and acquaintances to even think about. But Jack is holding strong, or should I say, Livingstrong. You can see that video online at [youtube.com/livestrongjack](http://youtube.com/livestrongjack).

The new video will debut at Jack's annual fundraiser, held now not for his treatment, but for others fighting cancer. I look forward



to you being able to see the update, which I'm sure will be posted at a link from the original You Tube channel. You can also come to the event in person if you like on November 19th at Regis Middle School in Cedar Rapids. The Johnny Holm band from Minneapolis will tear up the stage just like they did last year.

But not everyone can get over there. So I'm going to give you the chance to make an impact a little closer to home. Mac McClimon is a long-time friend of 365 since our days as hard workin' Jaycees. Mac is Budweiser's festival organizer. He's the guy that makes sure All That Jazz is well-stocked with cold Budweiser products. See, you loved him already and didn't even know it. Now Mac too is fighting cancer just like Jack, and we're fighting with him. Here's how you can too...

**Budweiser**

**MARK "MAC" McClimon BENEFIT**

**HAMMERHEAD'S**

**SAT., NOV., 19TH, 2011**

**DOORS OPEN AT 2:00 PM**

### Mark "Mac" McClimon

**Saturday, Nov. 19th**  
**Hammerhead's**

Join the fun and fight that bastard cancer for a great guy and good friend of 365. The event kicks off at 1:00 p.m. with a live auction at 6 p.m. The event will also include a silent auction, 50/50 raffle, plus food, drinks and a bean bag tourney (weather permitting) with cash prizes, a flat screen TV and more!

Family and friends of Mark McClimon are asking for the community's support. Mark's wife Shelly, his two daughters Paige and Jade, his three grandchildren, and his many friends have been by his side since May 2010 when Mark was diagnosed with Malignant Melanoma. Since his diagnosis, Mark has undergone several surgeries and treatments and will continue to undergo treatments for the next several months. This has taken a heavy emotional and financial toll on Mark and his family.

Mark works for 7G Distributing (Budweiser) in Dubuque and has been forced to miss many days of work due to having to travel to University of Iowa Hospital for every treatment, check-up, and surgery.

The benefit will raise funds for Mark while he and his family face the challenge of their lives. You can also make direct donations via check, payable to "Mark McClimon Benefit". Any donation can also be dropped off to Paige McClimon (563-580-0160) or Brian Yoerger (583-213-1179). Thank you for your help.

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HAIRBALL **DEC 15**

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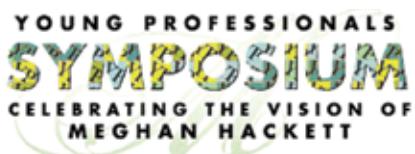
Acts subject to change without notice. Must be 21 or older.  
If you or someone you know needs gambling treatment, call 1-800-BETS OFF.



## Winter Farmers' Market

**Every Saturday, 9 a.m. to noon  
Colts Community Center**

Be a localvore to support your health, your region, and the environment. Shop for locally grown food from the Winter Farmers' Market every Saturday morning from 9 a.m. to noon in the Colts Building, 11th and Central. Thirty vendors sell their homemade or homegrown products in a warm and cozy setting.



## Young Professionals of Dubuque Symposium

**November 10, 8:30 a.m. - 4:30 p.m.  
Grand River Center**

The 5th annual Young Professionals of Dubuque (YPD) Symposium will be held on November 10, 2011 at the Grand River Center in Dubuque, Iowa from 8:30 a.m. – 4:30 p.m. The theme for the all day event is "Obsessed with Technology." Tana Goertz, finalist from season 3 of NBC's



"The Apprentice," will be the keynote speaker. Other speakers presenting on topics concerning technology will include



Versa Hatchback



Versa



Sentra



LEAF



Cube



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Z Coupe



GT-R

Lane Lebahn, Document Management Specialist at Advanced Systems; Shane Peterson, Solutions Engineer at Advanced Systems; Tom Rauen, owner of Envision Sports Designs and a Realtor with Ruhl & Ruhl Real Estate; Tom Yunt, President and CEO of Woodward Communications; Todd J. Link, Senior Vice President of Operations and Chief Risk Officer at Premier Bank; and Cori Burbach, Sustainable Community Coordinator for the City of Dubuque. YPD, an initiative of the Dubuque Area Chamber of Commerce, strives to make the Dubuque community a more vibrant and exciting place in which to work, live and play. To learn more or to become a member, contact the Dubuque Area Chamber of Commerce at (563) 557-9200 or email [ypdubuque@dubuquechamber.com](mailto:ypdubuque@dubuquechamber.com).



## Camp Albrecht Acres Gas-A-Thon November 11-13

**11-13 NOV** The weekend of November 11-13, you can easily support the wonderful programs of Camp Albrecht Acres by simply filling up the gas tank at one of the following participating stations: Beechers, Big 10 Marts, BP Stations, Hwy 20 Auto/Truck Plaza, Hy-Vee Gas, Kwik Stop, Oky Doky. Five cents for every gallon of gas sold from Friday at 8 a.m. until Monday at 8 a.m. will go to benefit the Camp, serving special needs kids from the Dubuque area.

## Envision T's Tom Rauen Seeks To Break T-Shirt World Record in Dubuque

**November 11, 7 p.m.**

### Mojo's Sports Bar, Diamond Jo

**11 NOV** Tom Rauen, owner of Envision Sports in Dubuque, Iowa will



attempt to beat the world record for most T-shirts worn by a person at one time on Friday, November 11, 2011 (11-11-11) at Mojo's Sports Bar, located on the 2nd floor at Diamond Jo Casino. The public is invited to watch Rauen's attempt. You must be 21 to enter Mojo's, but families can gather outside the venue which has large open air windows to easily watch the record-breaking attempt. Admission is free and open to people who are at least 21 years old. Rauen's attempt will begin at 7p.m. Visit [www.worldrecordtees.com](http://www.worldrecordtees.com) for more information!



## Native American Hoop Dancer Saturday, November 12th, 7 p.m.

**Five Flags Theater**

**12 NOV** The Multicultural Family Center will present Native Spirit Dancer Brian Hammill of the Ho-Chunk Nation on Saturday, November 12th from 7:00 to 8:00

p.m. at Five Flags Theater in Dubuque. This interactive, high energy, family-friendly performance and presentation will showcase two-time world champion native American hoop dancer Brian Hammill. Admission is free. A member of the Ho-Chunk nation from southern Wisconsin and a veteran of the United States Army with a 1st degree black belt in Tae Kwon Do, Brian Hammill is an accomplished hoop dancer whose performance includes intricate maneuvers creating various symbols significant in his life. He was born and raised in Benton, WI, and now resides in Phoenix, AZ.



## Arts and Crafts Show

**November 12, 9 a.m. - 4 p.m.**

**Grand River Center**

**12 NOV** The annual Callahan Promotions Arts and Crafts show returns to the Grand River Center in the Port of Dubuque on Saturday, November 12, 9 a.m. - 4 p..with over 125 exhibitors featuring thousands of unique handmade creations including jewelry, oak furniture, candles, ornaments, clothing, yard and garden art, baskets, quilts, clocks, bird houses, ceramics, pottery, soap, purses, toys, art prints, food and much more. Admission is just \$3.00.



## Film on Homeless High School Students

**November 12, 7:00 p.m.**

**Grand Opera House**

**12 NOV** The Julien International Film Festival will screen the documentary Sixteen Forty-Nine on Saturday November 12 at

**SHIFT** the way you move

7:00 p.m. at the Grand Opera House. The award-winning film from Director Ruben Burgos explores the plight of homeless high school kids. "The sixteen hours and forty-nine minutes between school ending one day and starting the next, for some kids, are the longest hours of their entire lives" says Producer Robin Stuht. "It's not political, it's not religious — it's simply, how do we love these kids?" The film follows 3 students, all having unique circumstances, yet connected by the shared cumulative outcome of homelessness. Sixteen Forty-Nine won two awards at the Beloit International Film Festival last February: the 2011 Josh Burton Award of Excellence and the Emerging Filmmaker Grant Award. The JIFFD Screening is a free event sponsored by a grant from Humanities Iowa and support from the Julien International Film Festival. The director, producer and featured students will attend a Q&A session with the audience, along with panel of local and regional professionals associated with the subject matter. The film screening is the 3rd in the JIFFD Screening. Executive Directors Christopher Kulovitz and Michael Coty of Evolver Productions created the series as a showcase of depth and themes of some of the movies they intend to screen at the inaugural Festival in Dubuque, scheduled for April 19-22, 2012. For more information and tickets, contact Michael Coty at (814) 281-0699 or visit JIFFD.com

## Ski Swap

**Sunday November 13, 9 a.m. to 4 p.m.**  
**Sundown Mountain Resort**

The Sundown Mountain Resort at 16991 Asbury Rd. will hold its annual open house and ski and snowboard swap on Sunday November 13 from 9 a.m. to 4 p.m. The Ski Patrol ski and snowboard swap will be in the South Lodge with great deals on used equipment. Vendors from around the area will also be there with specials on new equipment. Items to be swapped may be checked in starting at 8:00 a.m. The Ski Patrol charges a non-refundable \$5 processing fee and receives



a 15% commission on all items sold. Items that do not sell must be picked up by 5 p.m. the day of the swap. This is also the last day to purchase a season membership from Sundown Mountain Resort at the discounted rate of \$285 plus tax. Tentative opening day: November 25. Visit [www.sundownmtn.com](http://www.sundownmtn.com) for more information and see the sexy ad to the left!



## Food, Cheese, & Beer

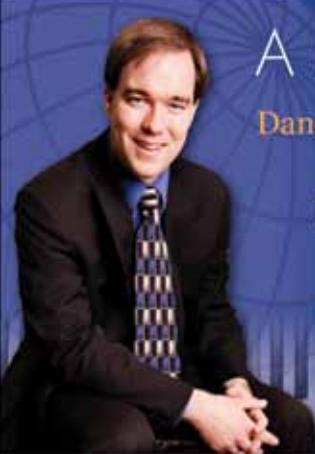
**November 18 & 19, December 1**  
**Asbury Plaza Hy-Vee, 2395 NW Arterial**  
**18 19 1 NOV NOV DEC** Upgrade Your Holiday Feast on Friday November 18 from 6 to 8 p.m. at the Asbury Hy-Vee Club Room, where chefs and a registered dietitian will team up to enhance your Thanksgiving creations. Be inspired by recipes that combine culinary flare and health. Menu includes turkey roulade with fresh cranberry sauce, potato-turnip mash with rosemary turkey gravy, roasted brussel sprouts, and for dessert, pumpkin cheesecake. \$15. Pre-Register at Customer Service or call 583-2199. Check



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FIVE FLAGS THEATER  
Featuring pianist Joshua Russell



Tickets (\$12 - \$46):  
Five Flags Box Office or  
through Ticketmaster

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Out the Cheeses on Saturday November 19 from 10 a.m. to 2 p.m. Stop by the Asbury Hy-Vee's gourmet cheese case and taste Chef Patrick's creations using a couple of the different cheeses from the case. Each week Chef Patrick will provide new ideas and recipes to use these cheeses. No pre-registration is required for this free event. Spiegelau Beer Glass Class on Thursday, December 1 from 6 to 7:30 p.m. in the Asbury Plaza Hy-Vee Club Room. Taste the difference between an everyday beer glass and a beer glass specifically designed to enhance the taste of the beer! During the class, you will sample beers with each glass and enjoy appetizer pairings. Each participant will receive a free set of 4 Spiegelau Glasses. To learn more, call 583-2199.



## JFK Experience

November 18 -27, 10 a.m. - 6 p.m.

### Diamond Jo Casino

**18 NOV** Diamond Jo Casino will host a special exhibit paying tribute to the 35th President of the United States, John F. Kennedy. The exhibit, known as JFK Experience, is a one-of-a-kind interactive exhibit, featuring memorabilia from John Kennedy's life and presidency, including the Presidential Podium, Air Force One Exhibit, an exact replica of the Lincoln Limousine, and 350 more items. The JFK Experience will be open to the public daily from 10 a.m. – 6 p.m., November 18 through November 27.

Admission to JFK Experience is \$10 for adults and \$5 for students. Tickets go on sale Saturday, October 22, at 10 am at [www.diamondjo.com](http://www.diamondjo.com) or at the Diamond Club. This event is open to all ages and advanced ticket purchase is recommended but not required.



## ARK Walk & Fun Day

November 19, 1-4 p.m.

### Loras College Gruber Center

**19 NOV** ARK Advocates will host their annual ARK Walk and Fun Day to raise money to support local children and adults with disabilities. Activities will include walking the indoor track, an inflatable bounce house, inflatable giant slide, play parachute, face painting, a music DJ, and snacks. The goal of the ARK Walk & Fun Day is to pair people with and without disabilities in order to have a fun day filled with walking, games, food, and music. Participants are encouraged to pair up prior to the walk, but if a "buddy" is needed you may also be paired up at the door. Entrance into the event and all activities are FREE. Pledges and donations are recommended, but not required for involvement in the Ark Walk & Fun Day. To learn more, visit [www.arkadvocates.org](http://www.arkadvocates.org).

## UWP Hockey Club Breast Cancer Benefit

November 19, 5:00 p.m.

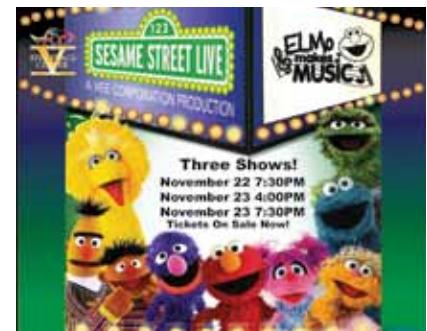
### Mystique Ice Center

**19 NOV** The UW-Platteville Hockey Club will host its first annual Breast Cancer Benefit game against Northern Illinois University



on November 19 at 5 p.m. at the Mystique Ice Center. All proceeds from this special event will be donated to Susan G. Comen. This event is to honor a mother of one of the players who was diagnosed with breast cancer and successfully completed therapy. Admission will be by donation with a minimum donation of \$1.00. To learn more about the UWP Hockey Club, visit [uwphockey.org](http://uwphockey.org).

or [lyons@netins.net](mailto:lyons@netins.net) All Proceeds benefit the construction of the Riverview Amphitheater in Cascade's Riverview Park.



**Sesame Street Live: Elmo Makes Music**  
November 22 and 23  
Five Flags Civic Center

**22 NOV** **23 NOV** Mark your calendar for a musical event like no other – monsters making music! Elmo, Abby Cadabby, Big Bird and all their Sesame Street friends take to the stage to share their love of music. For details, visit [fiveflagscenter.com](http://fiveflagscenter.com).

**Interfaith Thanksgiving Service**  
Wednesday, November 23, 7:30 p.m.  
Resurrection Catholic Church,  
4300 Asbury Rd.

**23 NOV** The 29th annual inter-faith community Thanksgiving worship service sponsored by Dubuque Area Congregations United (DACU) will be held at Resurrection Catholic Church, 4300 Asbury Rd. on November 23 at 7:30. DACU is a coalition of diverse faiths and beliefs, united by a concern for justice and helping others. This service provides a spiritual opportunity to celebrate Thanksgiving as a community. Donations will be taken to benefit those in greatest need as we prepare our Thanksgiving feast. The offering will go to the People In Need (PIN) program. Attendees are encouraged to bring nonperishable food items for the Dubuque Food Pantry. To learn more, visit [www.dacuonline.org](http://dacuonline.org).



**Guy Clark in Concert**  
Ellen Kennedy Fine Arts Center  
Cascade, Iowa

**Saturday, November 19th, 7 p.m.**

**19 NOV** "Rockin' On The River" Presents: Guy Clark with Verlon Thompson & Doug and Lisa Frey on Saturday, November 19th at the Ellen Kennedy Fine Arts Center in Cascade, Iowa. Guy Clark doesn't just write songs, he crafts them with the kind of hands-on care and respect that a master carpenter (a favorite image of his) would have when faced with a stack of rare hardwood. Doors Open at 6:30 PM, Concert at 7:00 PM \$35 Reserved Seating can be purchased by calling Lyons Service Center at 563-852-3432

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## Arts Events at UWP

Enjoy these upcoming performances and exhibits at the University of Wisconsin-Platteville. For more details or to purchase tickets to Performing Arts Series events, visit [tickets.uwplatt.edu](http://tickets.uwplatt.edu).

**14 NOV** Amstel Quartet will perform on November 14 at 7:30 p.m. The most colorful saxophone quartet in the world.



**-22 NOV** UW-Platteville Art Faculty Curated Exhibit, on display in Ullsvik Hall through November 22.

**30 NOV** Communication Technologies Photo III Exhibit, on display in Ullsvik Hall from November 28 to December 21. Gallery Night on November 29, 5-7 p.m.

**5 DEC** Macbeth by William Shakespeare, November 30 to December 3. Shakespeare's play takes us inside the lives and minds of the ultimate power couple.

**13 DEC** Isthmus Brass, December 5 at 7:30 p.m. Wisconsin's premiere large brass ensemble.

**-28 NOV** Kipperton String Quartet, December 13. UWP's first string quartet in residence.

## Outside the Lines New Exhibits Gallery Reception Friday, November 11, 7-9 p.m.

**11 NOV** Outside the Lines Art Gallery will host a free artist's reception to celebrate new works by gallery artists Jane Chukas and Kate and Jere Huffman on Friday, November 11. This show will be on display in the gallery's featured artist space through December, 2011. The reception is free open to the public.



Kate and Jere Huffman of What Cheer Pottery hail from the small southwest Iowa town of the same name. The function, beautiful pieces are created jointly; Jere throws most of the larger forms while much of Kate's time is spent drawing and mixing glazes used on the variety of pots they produce; platters, bowls, trivets, mugs and the like.



Galena, Illinois artist Jane Chukas' oil pastel on paper "paintings" are grounded in imagination and personal observation. Her regional landscape and floral designs are deceptively simple, even child-like. Music is a major influence in her compositions - tone, rhythm and melody all appear in her color saturated landscapes and floral designs.

They will be also featuring works by Dubuque nature photographer, Tony Moline at the NICC Downtown Center at 6th and Main Streets during regular building hours through December, 2011. Gallery hours are Monday through Saturday: 10 - 5, Sundays: 11 - 4. For more information please call: 563-583-9343, or visit their website: [www.otlag.com](http://www.otlag.com).

# NOUVEAU

WINE WEEKEND

## Galena, IL

**NOVEMBER 18-19, 2011**

Join us as we celebrate in the French-inspired tradition of Nouveau with wine dinners, wine tastings, lodging specials, spa packages, shopping and entertainment throughout the city. Don't miss our Grand Tasting on Saturday featuring over 200 wines! From Albarino to Zinfandel, sample the best wines the world has to offer. Value-priced Chardonnays to pedigreed Cabernets, this tasting has it all.

Grand Tasting ticket sales and more events online: [NouveauWeekend.com](http://NouveauWeekend.com)

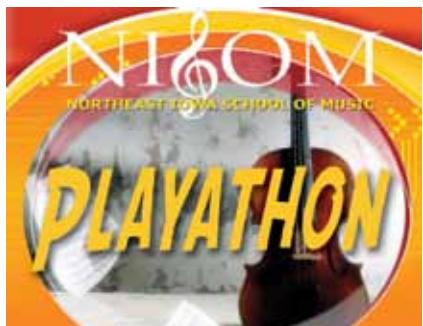
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**NISOM Playathon**

November 12, 10:00 a.m.

Kennedy Mall

**12 NOV** This holiday season the Northeast Iowa School of Music will once again entertain Kennedy Mall audiences and shoppers with its sixth annual Playathon on November 12 beginning at 10:00 a.m. and extending into the early afternoon. A playathon is a grand public recital for which students are collecting sponsorships in the weeks prior to the event. Students are working for prizes which have been donated by local businesses. The recital is free to public, but donations will be accepted. Students are also selling Younkers Community Day coupon booklets as a part of the fundraiser.

**Bell Tower Follies**

November 12 &amp; 13

Bell Tower Theater, 2728 Asbury Rd.

**12 NOV** **13 NOV** The Bell Tower Theater is holding its first fundraiser variety show, The Bell Tower Follies, directed by Teresa Slade and Scott Mattison. Two performances will take place Saturday, November 12, 8 p.m. and Sunday, November 13, 3 p.m.

This unique fundraising event will feature performances by more than 30 of the area's most talented artists performing pieces of their own choosing. Legends George Burns and Gracie Allen (portrayed by Vince Williams and Sue Riedel) will emcee the event, with live music, food and drink before the show at a pre-show reception in the Fountain Park Atrium Building. In addition, during each performance, there will be a 50/50 raffle where participants can win cash and wonderful prizes.

Performers scheduled to appear include: Singers: Brittany Bauerly; Megan Gloss; Jill Heitzman; Just Voices; Bruce Kotowich; Jen Logueflower; Scott, Zach and Lauren Mattison; Madison Mond; Tom Riley; Teresa, Steve and Jillian Slade; Emily Stender and

John Woodin. Actors: Ruth Daly, Chrissy Hogue, Sue Riedel, Jerry Trimble and Vince Williams. Dancers: Bethany, Emily and Brittany Smith, and Doug and Jaxin Mackie. Musicians: John Birner, Marcus Dejesus, Terry Dillon, Ann Duchow, Masa Iwasaki, Lou Sacchini and Jim Sherry.

Tickets are \$18 for the show, or \$30 for the show and the pre-show reception. Discounts are available for groups of 20 or more. The Bell Tower Theater is located at 2728 Asbury Rd. in Dubuque. For tickets, call (563) 588-3377 or visit [www.belltowertheater.net](http://www.belltowertheater.net).

**Free DCSO/NHB Concert**

Monday, November 14, 7:00 p.m.

St. Luke's United Methodist Church

**14 NOV**

On Monday November 14, the Dubuque Community String Orchestra (DCSO) and New Horizons Band (NHB) will present a joint concert at 7:00 p.m. at St. Luke's United Methodist Church. This concert is free and open to the public, and donations will be accepted.

The DCSO, directed by Tracey Rush, will perform "Royal Gems," featuring music by Vaughn Williams and Holst. Harpist Nanette Felix will join the orchestra for "Five Variants of Dives and Lazarus."

Both groups are non-auditioned adult ensembles sponsored by the Northeast Iowa School of Music (NISOM). DCSO was founded fourteen years ago to give non-professional adult string players an outlet for ensemble performance. The Dubuque NHB was introduced in fall of 2009 and is part of the international organization New Horizons Music for musicians age 50 and over. This year, Jim Sherry joins John Woodin as co-conductor. New members are welcome in both ensembles. For more information, call NISOM at (563) 690-0151 or visit [nisom.com](http://nisom.com).

**A Musical Journey Around the World**

November 19 &amp; 20

Five Flags Theater

**19 NOV** **20 NOV**

This Dubuque Symphony Orchestra concert features incredible dance rhythms from around the world. It begins with "The Bamboula," a rhapsodic dance inspired by composer Coleridge-Taylor's African heritage. Pianist Joshua Russell then takes the stage for two selections: Gottschalk's Grande Tarantelle, a brief and explosive showcase for piano, and Tropical Fantasy, a single-movement work by Haitian composer Justin Elie.

Tropical Fantasy was performed only once before at its original premiere in 1930. Russell, who assembled the score and parts for the piece after receiving the music from the composer's widow, describes it as "Gershwin meets Latin-America and the Caribbean." Also on the program is Dvorak's Seventh Symphony and Marquez's Danzon No. 2.

Performances are on November 19 at 7:30 p.m. and November 20 at 2:00 p.m. Tickets (\$12 - \$46) are available in person at the Five Flags Center box office (open Monday through Friday, 10 a.m. - 5 p.m.), at any Ticketmaster retail outlet (including the Hy-Vee on Dodge St. in Dubuque) or online at [www.DubuqueSymphony.org](http://www.DubuqueSymphony.org).

**Big Band Bash**

Sunday, November 27, 5-8 p.m.

Hotel Julien Dubuque, 200 Main St.

**27 NOV**

Ken Kilian and SaxtetPlus Big Band will once again host a Big Band Bash at the beautiful Hotel Julien in downtown Dubuque on Sunday November 27 from 5:00 to 8:00 p.m. Enjoy big band classics with plenty of room for listening and

dancing in the exquisite Grande Ballroom.

The 12th annual Big Band Bash has been moved to the evening in response to a request to work around the Grand Opera House production of "White Christmas" on the afternoon of November 27th. This is a perfect opportunity to conclude the Thanksgiving holiday weekend with an afternoon musical at the Grand, followed by an evening performance by the highly-touted Ken Kilian SaxtetPlus Big Band.

Admission to the Bash is \$10 for adults, \$5 for students, and tickets may be purchased at the door or by calling (608) 348-3748.

**That Time of the Year**

December 2 to 18

Bell Tower Theater

**2-18 NOV** The Bell Tower Theater presents the Iowa premiere of the holiday musical comedy, That Time of the Year by Laurence Holzman and Felicia Needelman.

This joyous musical revue includes more than twenty all-original Christmas, Hanukkah and New Year's songs that capture the warmth and humor of the holiday season. The variety of numbers runs the gamut from rock to jazz to blues and show tunes. So, have a "Calypso Christmas" and a "Rock-n-Roll Hanukkah" at the Bell Tower Theater.

Performances are Thursday evenings at 7:30 pm, Friday and Saturday evenings at 8 p.m., and Sunday afternoons at 3 p.m. from December 2 to 18, 2011. December 2 and 3 are the Early Bird Special performances, and tickets are just \$9. Tickets for all other performances are \$18. Thursdays are Girls' Night Out, and all audience members get a free glass of wine.

To order tickets or gift certificates, call (563) 588-3377, visit [www.belltowertheater.net](http://www.belltowertheater.net), or go to the Bell Tower Theater box office Monday through Friday from 11 a.m. to 6 p.m., or Saturday 12 noon to 5 p.m. The Bell Tower Theater is located in Fountain Park at 2728 Asbury Road in Dubuque.



## Dubuque Symphony Orchestra's Holiday Pops Celebration

December 3-4

Five Flags Theater

**3-4 Nov** Christmas music fans, mark your calendar for the weekend of December 3-4. The Dubuque Symphony Orchestra, in collaboration with the Dubuque Chorale and the Heartland Ballet performs the annual Holiday Pops Celebration concert Saturday, December 3 at 7:30 p.m. and Sunday, December 4 at 2:00 p.m. at the historic Five Flags Theater. Added to the symphony's

Holiday lineup is a new Family Concert on Saturday, December 3 at 1:00 p.m. Both concerts promise a delightful program of cherished carols and musical surprises.



Soprano Esther Heideman will grace the stage for both concerts performing "Rejoice Greatly" from Handel's Messiah. At the Celebration concerts she will also sing Christmas favorites Ave Maria and O Holy Night. Both concerts will also feature members of Dubuque's own Heartland Ballet who will dance to selections from Tchaikovsky's The Nutcracker. Returning to the Celebration

concerts will be The Dubuque Chorale singing carols such as We Need a Little Christmas, Silver Bells, White Christmas, A Holly Jolly Christmas and Handel's "Hallelujah Chorus."

The new Holiday Pops Family Concert's one-hour format is perfect for young children. In addition to Ms. Heideman and ballet dancers, an honor choir of local 5th grade students will perform. Families will enjoy music from the popular Christmas film The Polar Express, an audience sing-a-long, and following the concert everyone is invited to take pictures with Santa!



Pictures with Santa are free, and parents are asked to bring their own cameras.

Tickets to the Family Concert are \$10 for children 12 and under, \$20 for adults and \$30 for box seats. They are available in advance at the Five Flags Center box office and through Ticketmaster. They will also be available for purchase starting one hour before the concert at the ticket counter in the theater lobby. Tickets (\$11 - \$42, \$73 box seats) to the Holiday Pops Celebration concerts are also available at the Five Flags Center box office and through Ticketmaster. Student tickets will be available one hour prior to each performance at the ticket counter in the theater lobby. Cost is \$6 and a student I.D. is required. For more information, visit [www.DubuqueSymphony.org](http://www.DubuqueSymphony.org) or call the symphony office at (563) 557-1677.

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My ride was sketchy. So I went to Dupaco.com for a new car loan and got the green light on a hot rate with cool terms. When I rolled in to finalize the deal, Kurt suggested a Money Makeover. He showed me how I could pay Dupaco a lot less in interest by taking half my monthly payment and paying it biweekly. Then he showed me how I could pay off my credit card sooner and save a wad—without coughing up extra cash. Now I'm driving my new car and driving down the balance on my credit card—with money to spare. He even showed me how to save a couple hundred grand for retirement by taking a few extra bucks out of each paycheck! You can bank on a bank for some things. But give credit to a credit union like Dupaco for putting people before profits. I drove in for a loan. And drove out revved up.

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## Galena Cellars Nouveau Wine Weekend

November 18-19

By Mike Ironside

"Le Beaujolais nouveau est arrivé!"

Picture the scene: The third weekend of November, a horse-drawn wagon rolls down the narrow, winding street leading a procession of hearty revelers and delivering nouveau wine just made from



this year's harvest. A scene from the Beaujolais region of France? Well yeah, but for more than 25 years, Galena Cellars has been celebrating the release of nouveau wine and the French tradition right in downtown Galena. Now in its 27th year, Galena's Nouveau Wine Weekend has become a community-wide celebration of tradition, conviviality, and wine.

"The Nouveau tradition dates back quite some time," explained Rob Steger, Nouveau Weekend and Galena Cellars events and tour coordinator and tasting room manager (he wears a lot of hats). "Originally, it's a Roman tradition that the French kind of picked up. What it is, technically, is the celebration of the release of the first wine of that year's harvest. So it's a wine that goes through a very short fermentation or maceration where the skins are allowed to ferment with the grapes themselves, then the pressing takes place after the fermentation. They're crushed, they're fermented, then they're pressed. For a brief period of time (the wine undergoes) a little bit further fermentation and it's immediately bottled. So those grapes will actually go from the vine to the bottle in less than 30 days. So it's a very young wine. It's typically consumed young, very similar to a Beaujolais. It's light, it's fruity, and it's dry at the same time."

In the French tradition, Galena Cellars uses gamay noir grapes, a light, fruity grape in the style of Beaujolais Nouveau to produce the new harvest wine. Also in the French tradition, Galena Cellars Nouveau is released the weekend following the third Thursday of November. But beyond new harvest wine, Galena's Nouveau Wine Weekend has

become a broader celebration of wine and all things wine-related.

"Originally, when (Galena's) Nouveau started, it was pretty much a Friday event," explained Steger. "Now we have Nouveau-inspired dinners at a variety of restaurants in town on both Friday and Saturday, and there are overnight packages with the hotels and bed & breakfasts, and the inns. So it really has become a community event."



Nouveau Wine Weekend gets started Friday, November 18 with a special lunch hosted by Galena's winemaking family, the Lawlors, at Galena Cellars Winery. "It kicks off with the Lawlor Luncheon on the second floor at 12:00," explained Steger. "Scott and Chris (Lawlor) will unveil the Nouveau wine, joined by about 100 of their closest friends and enjoy the classic peasant stew, which is the typical accompaniment served with the release of Nouveau wine." Other downtown Galena restaurants will also be following the tradition by offering their own peasant stew.

It's that afternoon when the Nouveau celebration really begins to spread through downtown Galena. "Shortly after the lunch, around 2:30 p.m., a horse-drawn wagon parade travels up Main Street," continued Steger. "It's about three wagons now, with Nouveau revelers who pack the wagons and we have added a few trolleys to it as well, to officially release the Nouveau wine to the public." The parade takes its time, stopping along the way as bottles of the new wine are distributed to restaurants and shops along Galena's Main Street.

The celebration continues Friday afternoon and into the evening with wine-inspired

food and drink specials, live entertainment, and other Nouveau-themed events at local pubs and restaurants downtown and throughout Galena. "It has really kind of expanded into a great celebration for the town of Galena," notes Steger. Being a weekend celebration, the festivities continue in and around Galena right through Saturday, November 19.

Central to Saturday's celebration and emblematic of the broader celebration of wine culture, which Nouveau Wine Weekend has come to represent, is the Grand Tasting sponsored by Family Beer & Liquor. Held that Saturday, November 19 at Galena's Convention Center (on the hill just off Highway 20 at 900 Galena Square Drive) the Grand Tasting will run from 3:30 to 6 p.m.

"There will be over 200 wines open to sample, spread out among 25-plus stations, and you get a souvenir Nouveau Weekend tasting glass that you get to keep," noted Family Beer & Liquor owner Tim Althaus. "Really, this is more than just a Nouveau tasting. While there will be a couple of Nouveau wines there to taste – from Galena Cellars and also from France – we try to cover every grape known to man as well as every wine-producing region known to man. So in our advertising we've said, 'From albariño to zinfandel, this tasting has it all.' You're going to find great value-priced chardonnays; you're going to find some pedigree cabernets. You'll find wines that are selling from \$4.99 to \$79.99, and everything in between. So we really try to have something for every palate and it's a great way for people who maybe don't know what they like to go visit with winemakers, visit with the wholesalers who are pouring their own wines and really just learn a lot about what you are drinking."

The Grand Tasting will offer a range of wines, from local to international. "We're going to have 5 or 6 local wineries represented," said Althaus, "and then the 20-plus tables will feature wines from California, Washington, and Oregon, domestically; and then every wine-producing country on the globe, from Spain, Italy, France, Germany; from South America, we'll have Argentina and Chile; plus Australia, New Zealand, and South Africa. So we really cover them all. And we'll have some port there from Portugal, as well."

*...continued on page 12.*

# NOUVEAU EVENTS

## Galena Nouveau Weekend Dinners & Events

Galena celebrates Nouveau Wine Weekend with all kinds of wine-inspired lunch and dinner specials, wine tastings and live music. We start with a few Weekend Nouveau Specials offered on both Friday and Saturday and then break it down with special events on each day. Plan your itinerary in advance and get your Nouveau on!

## Weekend Nouveau Specials

### Black Hawk Wine Tour

Wine Tours, Inc.

Available Friday or Saturday of the weekend from 11 a.m. - 3 p.m.

Discover the breathtaking beauty of Jo Daviess County on this tour of three local wineries with rolling hills, scenic valleys, and steep limestone bluffs. Price per person is \$65. For reservations or info call 563-582-4076 or visit [www.iowawinetoursinc.com](http://www.iowawinetoursinc.com).

### Galena Brewing Company

Nouveau "Recession Special" for Two, 4 p.m.

227 N. Main Street

Enjoy a selection of five tapas and a flight of four homemade Sangrias for just \$25.

### Fritz and Frites

Nouveau Dinner Specials, 5 p.m.

317 N. Main Street

Featuring Pork Medallions drizzled with Wild Mushroom Demi and Beef Bourguignon Coq Au Vin. Reservations suggested.

### Green Street Tavern at the DeSoto HouseHotel

Nouveau-Inspired Dinner, 5 p.m.

230 South Main Street

Visit the DeSoto House Hotel's Green Street Tavern & Restaurant for a special Nouveau-inspired menu.

### Massbach Ridge Winery

Galena Tasting Room, 5 p.m.

117 S. Main Street

Enjoy Massbach wine while strolling

through downtown, or visit the vineyard and winery at 8837 S. Massbach Rd, Elizabeth. Grown and produced in Jo Daviess County, 2011's Massbach Nouveau and St. Pepin will be making their debut.

## Friday, November 18

### One Eleven Main

Nouveau Lunch Special, 11 a.m.  
111 N Main Street

A Nouveau-inspired lunch special includes Nouveau Vegetable and Beef Stew, Fried Chicken with Sausage Gravy, Homemade Coleslaw & Biscuit and Blackberry Cabernet Sorbet.

### Vinny Vanucchi's 'Little Italy'

Nouveau-inspired Lunch, 11 a.m.  
201 S Main Street

Celebrate Nouveau with Chef Roberto's Baked Sausage Ragu. Complete meal includes our classic salad and garlic bread and Limoncello Mascarpone Cake.

### Benjamin's Restaurant

Nouveau Bistro Luncheon, 11:30 a.m.  
103 North Main Street

Featuring Onion Gratinee Soup, Breast of Chicken with Carrots & Spiced Broth or Macaroni Gratin with Wild Mushrooms.

### Lawlor Family Nouveau

Toast & Luncheon  
Galena Cellars Winery, 2nd Floor, 12 p.m.

515 S. Main Street

Join the Lawlor Family above the winery (2nd floor) as they officially unveil their 2011 Nouveau wine. French peasant stew served in a bread bowl catered by Fried Green Tomatoes. Cost is just \$19.95. Reservations required, call 815-777-3330.

### DeSoto House Hotel

Traditional Nouveau Luncheon, 1:00 p.m.

230 South Main Street

Traditional Nouveau Luncheon serving Beef Stew in a French Bowl garnished with Brie Cheese & Grapes and a glass of Nouveau Wine for just \$11.95.

Continued on page 14

**GALENA ILLINOIS NOUVEAU WINE WEEKEND GRAND TASTING**

**SPONSORED BY FAMILY BEER & LIQUOR**

**Over 200 Wines Open to Sample!**

Albarino to Zinfandel, this tasting has it all. from value priced Chardonnays to pedigreed Cabernets you're sure to taste some great new wines, as well as some old favorites.

**Tickets:**  
\$30 in Advance / \$35 at the door.  
Available online at [www.NouveauWeekend.com](http://www.NouveauWeekend.com) or visit  
**Family Beer & Liquor**  
Hwy 20 W. East, Dubuque, IL 815.747.6335

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i hope she's not doing the driving!

*...continued from page 12.*

Because of the wide range wines represented, the Grand Tasting is a great place for wine lovers to try something new. "The nice thing is the wholesalers and distributors will be there, pouring their wine," explained Althaus. "They're very knowledgeable about the wine they're pouring so really it's a great way to learn about the wine that you're tasting and hopefully discover new wines. Everybody has their comfort zone – maybe that Riesling or chardonnay or cabernet that they always go to. Here's a great way to expand your horizons, maybe try some malbec, or some zinfandel, or a great red blend from Tuscany."

The Grand Tasting will also feature live music, some light hors d'oeuvres – cheeses, crackers and breads to clear the palate, as well as a selection of beverages for those who might not be wine lovers (gas!). "There will be a beer table filled with some nice micro- and specialty-beers and then a small spirits table with some nice holiday cordials and liqueurs like the new peppermint mocha or some pumpkin-flavored items," said Althaus. "So if you have a husband and wife, maybe the wife loves wine, the husband is

a beer drinker or a Scotch drinker, he'll have a few things that he can really enjoy while she's off trying many different wines."

The timing of the Grand Tasting on Saturday works well for couples or groups who want to make the most of a day or weekend in Galena. "After the tasting – it's over at 6:00 – there's a lot of time to go enjoy everything that is happening in Galena that evening. There are a lot of great restaurants, some nice shops, some nice wine bars, many Nouveau specials," noted Althaus. "It's definitely a complementary event. Friday has always been a wonderful celebration with Galena Cellars Nouveau kickoff and launch, and this is really just a wonderful event to make it a full weekend of festivities in Galena."

"The Grand tasting was developed and intentionally placed on Saturday as opposed to Friday," explained Steger. "Most people would have thought that Friday would be the perfect fit for the Grand Tasting because that's when the Nouveau is released but in order to create a weekend event and allow folks to stay the entire weekend as opposed

to just one night or one afternoon, we placed that on that Saturday afternoon. It gives folks not only a chance to try Galena Cellars Nouveau, but Nouveaus and Beaujolais and chardonnays, cabernets, pinots, malbecs, red zins, and pinot grigios as well."



Steger notes that like the Grand Tasting, Saturday evening's events in downtown Galena might be inspired by Nouveau but really celebrate wine in all its varieties. "The events will continue into that evening mostly with the restaurants that will have Nouveau-inspired dinners where they'll have a variety of different entrees and appetizers and desserts that pair well with Nouveau and with other wines," he said. "It's not just a Nouveau wine weekend anymore. The pairings are not just limited to Nouveau, they'll pair up with wines from California, Washington, Oregon, European, South American, Australian and New Zealand – wines from around the globe."

Steger also recognizes that the tasting, along with other Nouveau and complementary wine-related events around town work together to make Nouveau Weekend a destination draw for Galena. "When you can combine a Grand Tasting such as the one we have with Nouveau up at the Convention Center, with an overnight stay at one of the B&Bs, and maybe the Nouveau luncheon out at the vineyard on Saturday, amongst many other happenings in town, it's developed into the cornerstone weekend of November," he said. "The community itself has always recognized Nouveau as being a weekend to enjoy with the local store in town and Galena Cellars itself, but now it's become a community-wide celebration and we're also seeing more visitors in town for that weekend."

Yet another aspect of Galena's Nouveau Wine Weekend tradition is the release of the annual limited edition Galena Cellars Nouveau print. This year's poster, the 27th,

incorporates the 25th Nouveau poster as a label on a bottle of wine in the illustration. The artist, Jean McMullen of Missouri, will be in Galena Thursday, November 17 signing posters. The posters are available at the Galena Cellars Winery on Main Street or at Galena Cellars Vineyard just north-east of town.

Galena Cellars has, of course, become one of the Midwest's most celebrated wineries. One of Illinois' first wineries (one of three when they started, now there are about 80!) Galena Cellars now produces about 50,000 gallons annually of over 40 award-winning wine varietals, including new releases Mimosa, Vineyard Red and Pomegranate.

Winemaker for the family-operated business, Christine Lawlor White, was recognized as 2008 Illinois Winemaker of the Year, her second time to receive that honor. Like many area vineyards and wineries, Galena Cellars is also celebrating the international designation of the Upper Mississippi Valley American Viticulture Area, a geographic appellation like the Napa or Sonoma Valleys in California. A geographic region encompassing 29,914 square miles in the "Driftless" area along the upper Mississippi River valley, the area is now the largest designated wine appellation in the world.

The Galena Cellars Nouveau Wine Festival takes place at Galena Cellars Winery and Vineyard and all over Galena Friday and Saturday, November 18-19. The Grand Tasting will be held Saturday, November 19 from 3:30 to 6:00 p.m. at the Galena Convention Center, 900 Galena Square Drive. Tickets are \$30 per person in advance; \$35 at the door (subject to availability). As attendance is limited, organizers recommend buying tickets in advance (about 350 attended last year, and organizers expect 400 this year). Advanced tickets are available online at [www.nouveauweekend.com](http://www.nouveauweekend.com) or at Family Beer & Liquor in East Dubuque.

While enjoying the Nouveau Wine Festival makes for a great day trip to Galena, overnight visitors can take advantage of lodging specials at many Galena area B&Bs, guest inns, and hotels. Weekend lodging specials can be found at [www.nouveauweekend.com](http://www.nouveauweekend.com). For more information about Galena Cellars and the Nouveau Wine Festival, visit [www.galenacellars.com/nouveau](http://www.galenacellars.com/nouveau).

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This Fall, give you feet  
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## Stone Cliff Winery Nouveau Wine Festival Weekend November 11-12

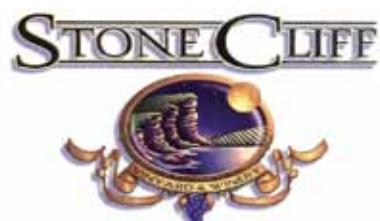
**11 NOV 12 NOV** Stone Cliff Winery gets a jump on the French, releasing its own nouveau wine a week before the traditional French release. The Stone Cliff Winery Nouveau Wine Festival Weekend, held the weekend of November 11-12, will be a fun, interactive celebration of the harvest, wine, and traditional food. This year is the fifth for the annual celebration.



The wine weekend gets started with a parade from Stone Cliff Winery at the Port of Dubuque down Main Street through downtown on Friday, November 11 at 11:30 a.m. Stone Cliff owners and wine



makers Bob and Nan Smith, along with a polka band, and a few distinguished guests, will deliver their Nouveau wine from this year's fall harvest to restaurants and pubs along Dubuque's Main Street from Lot 1 (at 1st Street) to Mario's (at 13th Street). The Dubuque Area Chamber of Commerce, on the corner of 3rd Street, will host a Nouveau tasting as the parade rolls by.



The parade follows the century-old French tradition celebrating the delivery of the season's first new red wine to the village. While the fruity, sweet wine might be young, wine lovers eager to try the new vintage can get an insight into how the rest of the winery's output might turn out in a particular year.

After the Main Street parade, the revelers return to Stone Cliff Winery at the historic Star Brewery to celebrate the harvest and new wine. Stone Cliff will have special prices on Nouveau Wine and the traditional peasant stew served in bread bowls, along with polka music in the afternoon and guitar music in the evening (beginning at 7 p.m.). Nouveau specials continue through Saturday's celebration. For more information, visit [www.stonecliffwinery.com](http://www.stonecliffwinery.com).

## Dubuque's CASINO plus entertainment

**BONKERS**  
Comedy Club

<p>Kathleen Dunbar</p>	<b>NOV 18-19 . 8pm</b>
<p>John DeBoer</p>	<b>NOV 25-26 . 8pm</b>

## CABARET

<p>Dirty Rice</p>	<b>NOV 18-19 . 9:30pm - 1am</b>
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**ENCORE**

<p>Tami &amp; the Bachelor</p>	<b>NOV 11-12 . 8pm - 12am</b>
<p>Bryan Popp</p>	<b>NOV 25-26 . 9:30pm - 1am</b>

**MYSTIQUE**  
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**HOLIDAY POPS FAMILY CONCERT**

**DEC 3 • 1:00 - 2:00PM**  
**FIVE FLAGS THEATER**

- Dubuque Symphony Orchestra
  - The Heartland Ballet
  - Music from The Nutcracker and The Polar Express
  - Christmas Carol Sing-a-long
  - Bring your camera! Santa will be available for free photos with the kids after the concert!

**TICKETS:** Kids \$10, Adults \$20, Box Seats \$30

## HOLIDAY POPS CELEBRATION

Dec 3, 7:30pm • Dec 4, 2:00pm  
Five Flags Theater

- Dubuque Symphony
- Heartland Ballet
- Dubuque Chorale
- Special guest soprano Esther Heideman

Tickets: \$11 - \$42  
Discounts for kids!

Concerts Proudly Sponsored By

**MEDICAL ASSOCIATES**  
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**SYMPHONY ORCHESTRA**

Tickets: Five Flags Box Office & Ticketmaster  
[www.DubuqueSymphony.org](http://www.DubuqueSymphony.org)

# NOUVEAU EVENTS

Continued from page 11

reservations 815-777-3938.

### Fried Green Tomatoes

#### Nouveau Lunch, 1 p.m.

#### 213 North Main Street

Start with cocktails & Nouveau Wine at Noon, with lunch at 1 p.m. Mixed greens with a sherry vinaigrette, bread bowl with peasant stew, & fruit and chocolates for dessert. Live music at lunch with Ralph Kluseman. \$34.99 per person plus tax and gratuity.

### Galena Cellars

#### Nouveau Parade, 2:30 p.m.

#### Main Street

A parade of horse-drawn wagons and revelers deliver Galena Cellars' 2011 Nouveau wine to Main Street businesses, launching the celebration of Nouveau Wine weekend!

### Benjamin's Restaurant

#### Wine Reception & Comp. Buffet, 3 p.m.

#### 103 North Main Street

Benjamin's celebrates Nouveau with the 19th Annual Benjamin's Wine & Cheese Party with a "20 Foot" complimentary imported cheese & bistro appetizer buffet and live music.

### Paradise Bar & Grill

#### Live Music w/ Hard Salami Band, 3 p.m.

#### 205 North Main Street

Hard Salami kicks off the Nouveau party in the afternoon with a set of sing-along songs and dance favorites. No cover!

### Frank O'Dowd's Irish Pub & Grill

#### Nouveau-Inspired Dinner, 4 p.m.

#### Irish Cottage, 9853 US HWY 20

Dinner special featuring New York Strip stuffed and finished in a Nouveau Demi Glaze served with Baby Yukon Potatoes, dinner salad and homemade Red Velvet Basil-infused Cupcake

### Fried Green Tomatoes

#### Nouveau BBQ Ribs, 4 p.m.

#### 213 North Main Street

Finish Nouveau Friday off with a bang! Enjoy Fried Green Tomatoes slowly baked BBQ ribs with cheesy mashed potatoes. Cost is just \$19.99. Call for

Sample from more than 200 varieties of wine and spirits. Admission includes tasting and keepsake wine glass. Sponsored by Family Beer and Liquor. Advanced Tickets: \$30; at the door: \$35.

### Benjamin's

#### Nouveau Bistro Dinner, 5 p.m.

#### 103 North Main Street

Featuring Sea Scallops with Shaved Fennel, Roasted Chicken Stuffed with Bread and Roasted Garlic, and Roast Pork Tenderloin with Apple Onion Marmalade.

### Galena Brewing Company

#### Nouveau Weekend Special, 5 p.m.

#### The Reckless Ones, 7:30 p.m.

#### 227 N. Main Street

1/2 Rack of Ribs, BBQ or Memphis-style dry rub, with side of sweet potatoes, beer bread & butter and choice of one of Galena Brewing Company's craft beers or a glass of wine for \$18. Stay for live music by Frankie Lee and Richard Wiegel. No cover.

### The Grape Escape

#### Okham's Razor, 9 p.m.

#### 242 N. Main Street

Acoustic guitar duo Okham's Razor perform your favorite hits and uniquely classic originals – a tri-state favorite. No cover.

### Saturday, November 19

### Fried Green Tomatoes

#### Lunch & Winery Tour, 11:30 a.m.

#### 213 North Main Street

Enjoy lunch and a winery tour of the three local wineries. Start off with a fabulous lunch at Fried Green Tomatoes paired with a glass of wine, afterward board the executive shuttle for your tour. Cost is just \$44.95.

### Galena Cellars Vineyard & Winery

#### Nouveau Luncheon at Galena Cellars

#### Vineyard, 12:00 p.m.

#### 4746 North Ford Road

Celebrate Nouveau at Galena Cellars Vineyard! Our artfully prepared lunch includes traditional French stew, brie & fruit, and of course a glass of our 2011 Galena Cellars Nouveau Wine! Reservations required: 815-777-3330. Cost is \$19.95 per person.

### Galena River Wine & Cheese

#### Free Wine Tasting, 12:00 p.m.

#### 420 South Main Street

Stop in at Galena River Wine & Cheese for a free wine tasting.

### Grand Tasting

#### Galena Conv. Center, 3:30-6:30 p.m.

#### 900 Galena Square Drive, Galena

### Vinny Vanucchi's 'Little Italy'

#### Nouveau Dinners, 5 p.m.

#### 201 S Main Street

Select from Bistecca Marsala or Chef Roberto's Baked Sausage Ragù. Dinner includes assorted Artisan Cheeses, Vinny's Salad & Garlic Bread, entree, and Limoncello Mascarpone Cake.

### Goldmoor Inn & Dining

#### Nouveau Progressive Dinner, 5:30 p.m.

#### 9001 Sand Hill Road

Enjoy three unique Galena properties while enjoying fabulous food, great wine and meeting new people. The cost of \$69.00 per person includes tax, gratuity and transportation.

### The Grape Escape

#### Lojo Russo, 9 p.m.

#### 242 N. Main Street

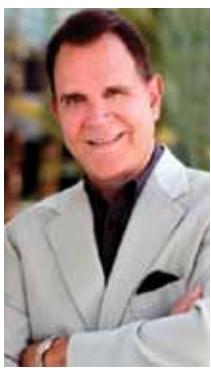
Lojo Russo comes to town from the Quad Cities and brings with her a fierce, firecracker style packed into Fun Sized rock-n-roll for a night of entertainment. No cover.

## NEW MOON BAR LIVE ENTERTAINMENT!

**Rich Little (2 shows)**

**Saturday November 12th, 4 & 8p.m.**

**12 NOV** Infamous for his skewing of political figures, Little has charmed, amused, annoyed and lampooned politicians from here to his native Canada. He entertained at both of Reagan's inaugurations and spent much of 2003 touring the United States with his show "The Presidents." A master



mimic of more than 200 voices, Little continues to impress throughout the world, with regular stops in Atlantic City, Las Vegas, Reno, New York and London. Some of his favorite current impressions are of stars Arnold

Schwarzenegger, Sylvester Stallone, Jack Nicholson and Clint Eastwood. "They're easy to do," he says. "They are larger than life."

Tickets \$15-\$25.

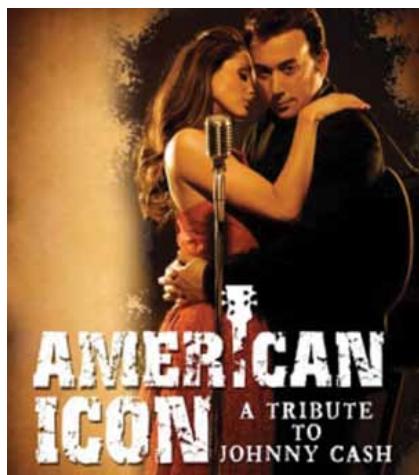


**Kenny Loggins**

**Thursday November 17th, 8 p.m.**

**17 NOV** Kenny got his start writing songs for the Nitty Gritty Dirt Band up until 1972 when he met up with Jim Messina and quickly established the duo Loggins and Messina. Together they produced the well-known hits "Danny's Song," "House at Pooh Corner," and "Your Mama Don't Dance." When Loggins and Messina split up in 1976, Loggins wasted no time in achieving solo stardom with such million-selling solo albums as "Celebrate Me Home, Nightwatch," "Keep The Fire," and 1982's "High Adventure." Loggins' reputation as one of music's outstanding vocalists was becoming well established, and in 1980 he won the Best Male Pop Vocal Grammy for "This Is It." In the

80s, Loggins became more famous than ever as the king of the movie theme songs, thanks to massive smashes like "I'm Alright" (from Caddyshack), "Footloose", and "Danger Zone" (from Top Gun). Tickets \$35-\$65.



**American Icon: (2 shows)  
A Tribute To Johnny Cash**

**Saturday November 19th, 4 & 8 p.m.**

**19 NOV** This production is a tribute to the late great Johnny Cash & June Carter Cash's musical legacy. Featuring Cash's classic songs as well as his later works, the characters of Johnny Cash and June Carter Cash are portrayed by international performers Doug Allen and Nicole Evans in this multimedia theatrical show. Tickets \$15-\$25.

**Little River Band**

**Thursday Dec. 8, 8 p.m.**

**8 DEC** The Little River Band 35th Anniversary Tour will feature all their hits and a few holiday favorites. In 1976, after their self-titled debut album was released in the USA, the long grind of 13 US tours in eight years had begun. By 1982 they became the only act – from anywhere – to have a top ten US single for six consecutive years. Record success ran alongside – total record sales around the world have eclipsed the 25 million mark. 16 hit singles by 1985, as well as gold, platinum, and multi-platinum album sales awards. All-told LRB have notched up eight top 10 singles in the US, where just two of their songs, Reminiscing and Lady, have more than 8 million radio plays between them. Tickets \$35-\$55.



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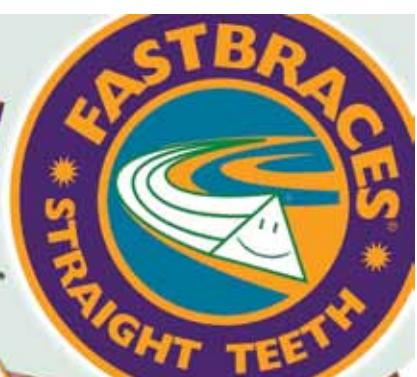


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**The Twilight Saga: Breaking Dawn - Part 1** (PG-13) No Passes Allowed Thu: 12:01 AM

**Ultimate Twilight Marathon** (PG-13) No Passes Allowed Thu: 4:55 PM

**Immortals** (R) No Passes Allowed Fri - Thu: 12:10, 2:30, 4:50, 7:35, 9:55

**Jack and Jill** (PG) No Passes Allowed Fri - Thu: 11:45 AM, 2:00, 4:05, 7:20, 9:25

**Tower Heist** (PG-13) No Passes Allowed Fri - Thu: 11:30 AM, 1:50, 4:15, 6:55, 9:15

**A Very Harold & Kumar 3D Christmas** (R) No Passes Allowed Fri - Thu: 12:20, 2:25, 4:30, 7:30, 9:30

**In Time** (PG-13) Fri, Tue, Thu: 11:50 AM, 2:15 Sat - Mon, Wed: 11:50 AM, 2:15, 7:10

**Puss in Boots 3D** (PG) Fri - Thu: 11 AM (1, 3, 5, 7, 9 PM) No 11 AM, Mon - Thu

**Paranormal Activity 3** (R) Fri: 9:40 PM, Sat - Wed: (4:40), 9:40

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 608-348-4296  
 1-877-280-0211



## coming to theaters :



**Immortals** (R) Theseus is a mortal man chosen by Zeus to lead the fight against the ruthless King Hyperion, who is on a rampage across Greece to obtain a weapon that can destroy humanity. **J. Edgar** (R) For almost 50 years, J. Edgar Hoover was feared and admired, reviled and revered. But behind closed doors, he held secrets that would have destroyed his image, his career and his life.

**The Twilight Saga: Breaking Dawn: Part 1** (PG-13) The Quileute and the Volturi close in on expecting parents Edward and Bella, whose unborn child poses different threats to the wolf pack and vampire coven. **Happy Feet Two** (PG) Mumble's son is struggling to realize his talents in

the Emperor Penguin world. Meanwhile, Mumble and friends discover a new threat their home -- one that will take everyone working together to save them. **Hugo** (PG) Set in 1930s Paris, an orphan who lives in the walls of a train station is wrapped up in a mystery involving his late father and an automaton. It's Martin Scorsese making a kids' movie. There's no way this could possibly be bad. **The Muppets** (PG) With the help of three fans (Jason Segel, Amy Adams and the newest Muppet, Walter), The Muppets must reunite to save the Muppet Theater from a greedy oil tycoon. It's the Muppets. There's no way this could possibly be bad.



## THE BUZZ...

Director Ridley Scott has essentially confirmed that Prometheus, his long-in-gestation, nearly completed offshoot from 1979's Alien, will have more than a tangential connection to his 1979 classic film. According to an interview he gave to the Wall Street Journal, the final sequence of the film will be "a pretty good DNA" of Alien. Whatever the hell that means.

From the "You seriously can't make this up" department, MGM has actually paid money to Classic Media for the purpose of securing the film rights to Where's Waldo. No, we aren't joking. Considering that MGM just emerged from a few years in bankruptcy court, is a Where's Waldo really the moneymaker the studio wants?

Benicio Del Toro has reportedly been offered the role of the lead villain of J.J. Abrams' Star Trek sequel. The film was originally scheduled for release in May 2012, but given that the script has yet to be finished and shooting isn't expected to begin in early 2012, a December 2012 or (more likely) Summer 2013 release is more likely. Is Del Toro the next Khan?

Mr. & Mrs Smith writer Simon Kinberg, who also penned X-Men: The Last Stand and was a producer on this summer's X-Men: First Class, has been hired to write the first draft of a sequel to First Class for FOX. While the return of director Matthew Vaughn is unknown, stars Michael Fassbender and James McAvoy are signed for the future installment.

After the first movie opened to surprisingly strong box office and word of mouth, Twentieth Century Fox has decided to move ahead on at least one sequel to Rise of the Planet of the Apes. Andy Serkis, who provided the motion capture for the lead ape, Caesar, has already signed for the sequel, while director Rupert Wyatt and screenwriters Rick Jaffa and Amanda Silver have had their options picked up. The movie is still in the early stages of planning, so it's unknown whether any other cast members will return. You can probably expect the film to release sometime in 2013.

Bill Paxton is in talks to direct the film version of the 1972 television series, Kung Fu, starring David Carradine, about a Shaolin monk wandering the American West. Paxton's only prior directing credits are Frailty and The Greatest Game Ever Played, but app the Shooting will kick off next summer in China.

# The TWISTED PICKLE



## The Twisted Pickle

**Grand Opening with Full Code  
Saturday, November 12**

**12 NOV** The Twisted Pickle, the new neighborhood tavern at the corner of Elm and 17th Streets, celebrates a grand opening with the band Full Code Saturday, November 12 from 8 p.m. So 365 stopped by recently to meet owner Chris Cappetto and learn a bit more about the new business.

"I've just been contemplating a bar for a long, long time and checked out other bars in the area and decided on this one," explained Cappetto on his motivation to open the tavern. "I knew the owner and I thought this was in the perfect spot because this was a bar since its inception and I thought it would be nice for people to have their neighborhood bar back."



The 17th and Elm location, most recently known as Bootleggers Pub, has gone by many names since the building was first built – The Dip Tap, Zerk's, Cat's, Jake's Bar, Bootleggers, and now the Twisted Pickle.

"According to record this building was built in 1898 and it's basically been a bar since the day it was built," Cappetto says of the historic venue. "It has the original mahogany bar top, the original back bar mirror, which was actually made across the street in what is now the Lamar Advertising building."

So, going back to the name ... why the Twisted Pickle? "I was trying to think of neat names for a bar and seemed like everybody

kind of had the same themes going on," explained Cappetto. "I said, 'I gotta have a name people are going to remember.' I woke up one morning and I said, 'The Twisted Pickle. That's a name that everybody's going to remember the next day.'



Inspired by the neighborhood tavern's history, Cappetto envisioned a place that recalled some of his own history. "When I was young, I remember sitting at a tavern with my dad and listening to people talk and it was just a calm atmosphere," Cappetto relates. "People were having fun but you collected a lot more of a mature crowd and I always wanted a tavern like that, not so much a bar, but a tavern where the neighborhood could come in, they could enjoy watching TV, having a few drinks, but yet a place where you could just go and have fun."



Toward that end, Cappetto has spent a great deal of time cleaning, painting, and fixing up the place so it has a warm, friendly atmosphere. "Even though it's a newer establishment in an older building people are just starting to realize now that it's a place you can go and you don't have to have the jukebox up so loud that you can't hear and you can actually sit and talk to the person that you came here with."

While the Twisted Pickle draws a variety of people from the neighborhood and around town for the tavern's relaxing atmosphere and reasonable drink prices (more about that in a bit) Cappetto has had a few customers that can recall some of the bar's early days.

*continued on page 19*



## United Powerlifting Association Power Weekend

**Friday, November 18 & 19**

### Grand River Center

The UPA (United Powerlifting Association) is bringing the biggest Strength extravaganza ever to the Tri-State area in Dubuque, IA – November 18 & 19. The UPA Kruse – Warthan & Top Shape Supplements Power Weekend at the Grand River Center, Exhibit Hall A & B. The UPA Power Weekend will have 6 events the Bench Press only, Ironman, Deadlift only, Powerlifting, N.A.S. Strongman, and Arm wrestling.



Nov. 18th Friday Night Exhibit B on the main stage we will have from 6 pm to 10 pm – Bench Press only, Ironman (Bench & Deadlift), and Deadlift only. We so far have 50 + competitors competing Friday night. You don't want to miss some of the strongest Bench Pressers in the world competing. Jake Prazak who is the 242 lb. class World record holder with 920 lbs. will be dropping a weight class to try and break the 220 lb. class World record. You will also see Ironmen who compete in both the Bench and Deadlift. The Ironman is the combination of the Bench press and Deadlift total. The Deadlift only is pulling the weight off the ground to a standing position. Friday night will be a night full of some big lifts.

Nov. 19th Saturday morning Exhibit B on the main stage we will kick things off early at 9 am with Powerlifting (Squat, Bench, & Deadlift). Powerlifters (Men and Women) from around the Nation will be competing on one stage to see who the UPA Power Weekend Best Lifter is. Powerlifting is the combination of the Squat, bench and

Deadlift. The Powerlifter with the highest total of all 3 lifts wins their weight class. The Lifter with the highest Schwart formula (Bodyweight x's coefficient) is the UPA Power Weekend Best lifter. We have 60 competitors in the Powerlifting event. Powerlifting will go on all day until around 6 pm. The squats go first, then bench press, and then we finish the day off with the deadlift. We have several top National and World class lifters competing. At 11 am in Exhibit A - N.A.S. (North American Strongman) Strongman and Arm wrestling will start. The strongman is a competition you must see. There will be strongmen pulling large trucks with a rope, deadlifting boats, pressing a log over their head, Barrel loading, and a carry/drag/flip medley. We will have a 2 level stage set up for the audience in Exhibit A to make it easier for the audience to see the strongman events. Also at 11 am we will have the arm wrestling competition.



During the events please stop at some of our sponsors booths and displays. Kruse-Warthan Dubuque Auto Plaza, Top Shape Supplements, Hawkeye Boats, Iron Beast Clothing, House of Pain Clothing, Ironville Clothing, Supplement City, Trigger Happy Tattoo, Anderson Powerlifting, Becky Hauder massage, Body by Vi, Slade & Becker Enterprises, and Back 2 Health Chiropractic.

Bracelets will be for sale at the door Friday - \$10, Saturday - \$10 or \$15 for both days. Plenty of seating and concession stand on site. For more information go to [www.UPAPower.com](http://www.UPAPower.com) or contact me at BCarpenter@UPAPower.com.





## TRI-STATE LIVE MUSIC

### Thursday, November 10

Statue of Liberty  
Monk's Kaffee Pub, 9 PM

Campfire Kings  
The Cornerstone, 9 PM

### Friday, November 11

Just Cuz  
Courtside, 7 PM

L.A. Suess  
Galena Brewing Co., 7 PM

Ian Gould  
Frank O'Dowd's Pub, 7:30 PM

Tony Walker  
Spirits, 8 PM

Tami & the Bachelor  
Mystique Casino, 8 PM

Free 4 the Haulin'  
Dubuque Driving Range, 8 PM

Okham's Razor  
Steve's Pizza, 8 PM

Statue of Liberty  
The Cornerstone, 8:30 PM

Miles Nielsen  
Monk's Kaffee Pub, 9 PM

The Shams Band, American Dust,  
The Damn Choir, The Lift, 9 PM

Midnight Crisis  
Northside Bar, 9 PM

Taste Like Chicken  
Jumpers, 9 PM

Positively 4th Street  
Grape Escape, 9 PM

Fran Felton  
Embe Eatery & Lounge, 9 PM

Five & Dimers  
Keil's Tavern, 9 PM

Enemies of Confusion  
Sandy Hook Tavern, 10 PM

### Saturday, November 12

Andrew Houy  
The Cornerstone, 1 PM

Laura McDonald & Jeff Weydert  
Grape Escape, 1 PM

Okham's Razor  
Stone Cliff Wine Bar, 7 PM

Broken Rubber Band  
Galena Brewing Co., 7 PM

Country Tradition  
Mooney Hollow Barn, 7 PM

Ian Gould  
Frank O'Dowd's Pub, 7:30 PM

98 in the Shade  
Spirits, 8 PM

Full Code  
Twisted Pickle, 8 PM

Tami & the Bachelor  
Mystique Casino, 8 PM

Heartbeat  
Dubuque Driving Range, 8 PM

Ethan Keller  
The Cornerstone, 9 PM

Item 9 and the Mad Hatters  
The Lift, 9 PM

Paper Mache, Logan Ford  
Off Minor, 9 PM

Reddoor  
Jumpers, 9 PM

Massey Road  
Northside Bar, 9 PM

Menace  
Denny's Lux Club, 9 PM

Half-Fast  
Budde's, 9 PM

Apple Dumplin's  
George's Skyline, 9 PM

The Dawn  
Embe Eatery & Lounge, 9 PM

The Stumble Brothers  
Eichman's, 9:30 PM

Taste Like Chicken  
Dagwood's, 9:30 PM

Eugene Smiles Project  
Sandy Hook Tavern, 10 PM

### Sunday, November 13

Ruby Blonde  
Embe Eatery & Lounge, 1 PM

Fever River String Band  
Council Hill Station, 1 PM

Sun Green Reunion  
The Cornerstone, 3 PM

Open Mic  
Galena Brewing Co., 3 PM

JJ Schmitz  
Keil's Tavern, 3 PM

New Diggings General Store,  
3:30 PM

Black Water Gin  
Sandy Hook Tavern, 5 PM

De Dannan  
Frank O'Dowd's Irish Pub, 7 PM

### Monday, November 14

Keir Neuringer  
Monk's Kaffee Pub, 9 PM

### Tuesday, November 15

New Voices: Open Mic  
Rendezvous Coffee & Tea, 6:30 PM

Positively 4th Street  
Riverboat Lounge, 7 PM

Tim Lowly  
Monk's Kaffee Pub, 9 PM

### Wednesday, November 16

Johnnie Walker  
Riverboat Lounge, 5 PM

Acoustic Jam  
Cornerstone, 6:30 PM

"Controlled Chaos" Open Mic  
Monk's Kaffee Pub, 9 PM

Open Mic with Jeff & Jimmy  
Bank Bar & Grille, 9 PM

### Thursday, November 17

Kenny Loggins  
Mississippi Moon Bar, 8 PM

The Skywalkers  
The Cornerstone, 9 PM

### Friday, November 18

Frankie Lee &  
Richard Weigel  
Galena Brewing Co., 7:30 PM

Katie Sullivan  
Frank O'Dowd's Pub, 7:30 PM

98 in the Shade  
Dubuque Driving Range, 8 PM

Groove Theory  
The Cornerstone, 8:30 PM

Okham's Razor  
Grape Escape, 9 PM

Big Foot's Brother  
Embe Eatery  
& Lounge, 9 PM

De Dannan  
Frank O'Dowd's Irish Pub, 7 PM

Dirty Ernie's, 9 PM  
The Bent Rim, 9 PM

Okham's Razor  
Grape Escape, 9 PM

De Dannan  
Frank O'Dowd's Irish Pub, 7 PM

### Saturday, November 19

Laura McDonald & Jeff Weydert  
Grape Escape, 1 PM

### American Icon: A Tribute to Johnny Cash

Mississippi Moon Bar, 4 & 8 PM

Blue Willow  
Stone Cliff Wine Bar, 7 PM

Dubuque Symphony Orchestra  
Five Flags Theater, 7:30 PM

Reckless Ones  
Galena Brewing Co., 7:30 PM

Katie Sullivan  
Frank O'Dowd's Pub, 7:30 PM

Pash N Brew  
Knicker's, 8 PM

Full Code  
Dubuque Driving Range, 8 PM

Andrew Houy  
The Cornerstone, 8 PM

Kenny Loggins  
Mississippi Moon Bar, 8 PM

Freestyle  
Embe Eatery & Lounge, 8:30 PM

Daylight Savings Account  
The Lift, 9 PM

Renegade  
Northside Bar, 9 PM

Massey Road  
Grand Tap, 8 PM

Brown Bottle Bandits  
Jumpers, 9 PM

Half-Fast  
Budde's, 9 PM

Menace  
Dirty Ernie's, 9 PM

Bad Habits  
The Bent Rim, 9 PM

Lojo Russo  
Grape Escape, 9 PM

The Midnight Ramble  
Bronco Inn, 9 PM

Tantrym  
Doolittle's, Cuba City, 9 PM

Derty Rice  
Mystique Casino, 9:30 PM

Sunday, November 20  
Fever River String Band  
Council Hill Station, 1 PM

Dubuque Symphony Orchestra  
Five Flags Theater, 2 PM

Open Mic  
Galena Brewing Co., 3 PM

Johnny Rockers  
New Diggings General Store,  
3:30 PM

The Lonely Goats  
Sandy Hook Tavern, 8 PM

Tuesday, November 22  
New Voices: Open Mic  
Rendezvous Coffee & Tea, 6:30 PM

Rosalie Morgan  
Riverboat Lounge, 7 PM

Wednesday, November 23  
Laura & The Longhairs  
Northside Bar, 3 PM

Acoustic Jam  
Cornerstone, 6:30 PM

Marty Koppes  
Spirits, 8 PM

Massey Road  
Grand Tap, 8 PM

JJ Schmitz Experience  
The Twisted Pickle, 8 PM

Crude But Effective  
Asbury Eagles Club, 8:30 PM

"Controlled Chaos" Open Mic  
Monk's Kaffee Pub, 9 PM

Open Mic with Dave, Cricket, & Tim  
The Lift, 9 PM

Taste Like Chicken  
Northside Bar, 9 PM

Bad Fished  
Budde's, 9 PM

Randy Rodgers  
Keil's Tavern, 9 PM

Buzz Berries  
Dagwood's, 9 PM

The Stumble Brothers  
Sandy Hook Tavern, 9 PM

Menace  
Mississippi Moon Bar, 9:30 PM

## Thursday, November 24

Thanksgiving Open Mic  
Embe Eatery & Lounge, 12-4 PM

Paul McHugh  
Frank O'Dowd's Pub, 6 PM

Open Mic with Jeff & Jimmy  
The Cornerstone, 8:30 PM

Menace  
Mississippi Moon Bar, 9 PM

Crystal Leather  
Sandy Hook Tavern, 9 PM

## Friday, November 25

Paul McHugh  
Frank O'Dowd's Pub, 7:30 PM

Spazmatics  
Mississippi Moon Bar, 8 PM

Laura McDonald & Jeff Weydert  
Spirits, 8 PM

Buzz Berries  
Offshore, 8 PM

Ken Wheaton  
The Cornerstone, 8:30 PM

David Zollo & the Body Electric  
The Lift, 9 PM

12 Car Pile Up  
Northside Bar, 9 PM

The Lonely Goats  
Grape Escape, 9 PM

Marty Raymond  
Embe Eatery & Lounge, 9 PM

Bryce Reeg  
Keil's, 9 PM

Bryan Popp  
Mystique Casino, 9:30 PM

Superfly Samurai  
Sandy Hook Tavern, 10 PM

## Saturday, November 26

Andrew Houy  
The Cornerstone, 1 PM

Laura McDonald & Jeff Weydert  
Grape Escape, 1 PM

Country Tradition  
Thanksgiving Dance  
Mooney Hollow Barn, 7 PM

Danika Holmes  
Galena Brewing Co., 7:30 PM

Paul McHugh  
Frank O'Dowd's Pub, 7:30 PM

Free Fallin' – Tom Petty Tribute  
Mississippi Moon Bar, 8 PM

Kevin Beck & Johnnie Walker  
Spirits, 8 PM

Zero 2 Sixty  
Dubuque Driving Range, 8 PM

Apple Dumplin's  
New Diggings General Store, 8 PM

Broom Street Drifters  
The Cornerstone, 8:30 PM

Continental  
(ex-Dropkick Murphys),  
Kerosene Circuit,  
Bucket House Hooligans  
Off Minor, 9 PM

Slip Silo  
The Lift, 9 PM

Face for Radio  
Cue Master Billiards, 9 PM

Fizgig  
Northside Bar, 9 PM

Jabberbox

Jumpers, 9 PM

Half-Fast

Courtside, 9 PM

Jason Brown

The Grape Escape, 9 PM

Andrew Houy

Embe Eatery & Lounge, 9 PM

Massey Road

Georgie's Skyline Inn, 9 PM

Boys Night Out

Bronco Inn, 9 PM

Bryan Popp

Mystique Casino, 9:30 PM

Mystique Casino, 9:30 PM

## Six Shots til Midnight

Sandy Hook Tavern, 10 PM

Bad Fished  
The Other Side, 10 PM

## Sunday, November 27

Fever River String Band  
Council Hill Station, 1 PM

Open Mic  
Galena Brewing Co., 3 PM

J.J. Schmitz Experience  
New Diggings  
General Store, 3:30 PM

## Tuesday, November 29

New Voices: Open Mic  
Rendezvous Coffee  
& Tea, 6:30 PM

## Wednesday, November 30

Acoustic Jam  
Cornerstone, 6:30 PM

## Controllable Chaos" Open Mic

Monk's Kaffee Pub, 9 PM

## Open Mic with

Jeff & Jimmy  
Bank Bar & Grille, 9 PM

## ENTERTAINMENT VENUE FINDER

### Ace's Place

107 Main St W • Epworth, IA • 563-876-9068

### Asbury Eagles Club

5900 Saratoga • Asbury, IA • 563-588-4458

### The Bank Bar & Grille

342 Main • 563-584-1729 • bankdbq.com

### Budde's

10638 Key West Dr • Key West, IA • 563-582-0069

### Champs Americana

3100 Dodge St. 563-690-2040

### Club Rendezvous

1850 Central

### Cornerstone

125 N. Main • Galena • 815-776-0700

### Catfish Charlie's River Club

1630 East 16th Street 563-582-8600

### Courtside

2095 Holliday Dr • 563-583-0574

### Dagwood's

231 First Ave. W • Cascade, IA • 563-852-3378

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### Galena Brewing Co.

227 N. Main Street, Galena 815-776-9917

### Gobblin's

219 N Main St • Galena, IL • 815-777-0243

### Grape Escape

233 S Main • Galena, IL • 815-776-WINE • grapeescapegalena.com

### Handle Bar

736 Burtons Furnace Rd., Durango, IA • 563-552-2291

### The Hub

253 Main • 563-556-5782

### Irish Cottage (Frank O'Dowd's Pub)

9853 Hwy 20 • Galena, IL • 815-776-0707 • theirishcottageaboutiquehotel.com

### Jumpers Bar & Grill

2600 Dodge • 563-556-6100

### Knicker's Saloon

2186 Central Ave • 563-583-5044

### The Lift

180 Main • 563-584-1702

### Eichman's Grenada Tap

11941 Route 52 N • 563-552-2494

### Embe Eatery & Lounge

233 S. Main St. • Galena, IL • embeagalena.com

### Five Flags Civic Center

405 Main • 563-589-4254 • Tix: 563-557-8497

### Mississippi Moon Bar (Diamond Jo Casino)

Port of Dubuque • 563-690-2100 • diamondjo.com

### Monk's Kaffee Pub

373 Bluff St • 563-585-0919

### Mooney Hollow Barn

12471 Hwy 52 • Green Island, IA • 563-580-9494

### Murphy's South End

55 Locust • 563-556-9896

### Mystique Casino

1855 Greyhound Park Rd • 563-582-3647

### New Diggings General Store

2944 County Rd W • New Diggings, WI • 608-965-3231 • newdiggs.com

sours, and gimlets to original cocktails and specialty shots, including the "Twisted Pickle," a mix of whiskey and pickle juice.



Customers are increasingly taking advantage of those offerings at the Twisted Pickle's daily "Twisted Hour" drink specials from 3 to 7 p.m. which includes \$2 bottle beers and \$2 rail drinks. Cappetto sometimes extends Twisted Hour later in the evening to allow guests who are having a good time to continue without a jump in prices.



The Twisted Pickle will also occasionally host live music. In addition to Full Code on Saturday, November 12, the bar will host the acoustic awesomeness of the J.J. Schmitz Experience on the night before Thanksgiving, Wednesday, November 23. If you're in the neighborhood, stop in for a drink. And try the fried pickles. Tasty!



## Irving Berlin's White Christmas

November 18 to 27

Grand Opera House

**18 NOV** The stage version of the popular 1954 musical features familiar songs like "Sisters," "Count Your Blessings," "Snow" and the title number "Let Yourself Go," "Blue Skies," "I Love A Piano" and other Berlin songs that weren't in the film. This is the perfect way to get into the holiday spirit. For more information or tickets, visit [www.thegrandoperahouse.com](http://www.thegrandoperahouse.com).



## Cable Car Square Christmas Candlewalk

**Friday, November 25, 6:00 p.m.**

**25 NOV** Make your way to Cable Car Square on 4th and Bluff Street in downtown Dubuque for the annual Christmas Candlewalk on Friday, November 25, the day after Thanksgiving. Santa and Mrs. Claus will make their appearance that evening at 6:00 p.m. by descending on the Fenelon Place Elevator. Cookie and ornament decorating will happen beforehand at All Things Sweet. Follow Santa and Mrs.



Claus to the porch of Shamrock Imports where they will listen to each child's special Christmas wish list. Bluff Street will be sparkling with luminaries, making the annual Candlewalk a beautiful beginning to the holiday season.

## A Bit of Yesteryear Christmas

**November 25-27**  
**Shullsburg, Wisconsin**

**25 NOV** Spend the weekend after Thanksgiving in Shullsburg, Wisconsin, when Historic Water Street is decorated for A Bit of Yesteryear Christmas: Home for the Holidays. During open house events on Friday, make your own Christmas cards, decorate holiday cookies and create your own Christmas ornament. The Annual Holiday Tour of Homes on Saturday will include both older and newer homes. Enjoy a pasty bake on Saturday, with a lighted Christmas parade at 7:30 p.m., followed by red and green fireworks lighting up the sky. For details visit [shullsburgwisconsin.org](http://shullsburgwisconsin.org).



## Reflections in the Park

Opens November 24

Louis Murphy Park

**24 NOV** The hills of Louis Murphy Park will be alive with glitter and glitz as the glow of thousands of Christmas bulbs and animated displays light up the Annual Reflections in the Park: A Hillcrest Lights Festival. The annual, drive-through light festival is open from November 24 until January 1, from 5 to 10 p.m. Cost: \$8.00 per car, to benefit Hillcrest Family Services.



## Bellevue Festival of Trees

**November 11 to 27**

**Great River Gallery**

**116 North Riverview, Bellevue**

**11 NOV** The Great River Gallery Christmas Festival of Trees in Bellevue will be open Wednesdays through Sundays from 10 a.m. to 8 p.m., November 11 to 27. Free admission.



## Maquoketa Festival of Trees

**November 12 to 22**

**Ohnward Fine Arts Center, Maquoketa**

**12 NOV** The 7th Annual Festival of Trees at Ohnward Fine Arts Center in Maquoketa will be held November 12-22. The festival is open Monday through Friday from 9 a.m. to 7 p.m. Enjoy live music on Saturday and Sunday, when the gallery is open from 1 p.m. to 7 p.m. Santa will visit from 1-4:00 p.m. on Saturday November 19. An assortment of beautifully decorated trees and wreaths is available for silent auction. Hand-crafted jewelry, pottery, and artwork is also on display. Free Admission.



## Dubuque Festival of Trees

**November 26 to December 3**

**Hotel Julien Dubuque, 200 Main St.**

**26 NOV** The annual Festival of Trees sponsored by the Dubuque Area Chamber of Commerce will begin on November 26 and continue through December 3 at the beautiful Hotel Julien Dubuque. Trees will be open to the public from 10 a.m. to 8 p.m. daily.

Attend opening night on Saturday, November 26 from 3 to 6 p.m. for an old fashioned winter carnival. Get into the holiday spirit with food, drinks, games and carolers. At 5:30 p.m. Master of Ceremony Mayor Roy D. Buol will begin the tree lighting ceremony which signals the official start of the 2011 Festival of Trees. At 6:30 p.m. put on your dancing shoes for \$25 per person to the sounds of Hunter Fuerste and his American Vintage Orchestra. On Sunday, November 27 from 1 to 4 p.m., children and families are invited to Santa's workshop. Get a picture taken with Santa, create a holiday art project, and hear a story from Mrs. Claus, for \$10 per child. A Fashion Show and Cake Auction will be held on Tuesday, November 29, and Senior Day is on Wednesday, November 30. A full calendar of events is available online at [www.dubuquechamber.com](http://www.dubuquechamber.com).



## Oak Ridge Boys Christmas Concert

**November 28 at 7:30 p.m.**

**Five Flags Arena**

**28 NOV** The Oak Ridge Boys kick off the show with their world famous 4-part harmonies and string of hits from 3 decades. Toes will tap to "Elvira" and "Bobbie Sue," plus many more. In the second half of the show, the Oak Ridge Boys will treat you to Christmas favorites. What says old-fashioned classic Christmas better than the one and only Oak Ridge Boys. Yeah, that's right. Nuthin'! For details, visit [fiveflagscenter.com](http://fiveflagscenter.com).

## Christmas on the Quad

Saturday, December 3, 7:30 p.m.

University of Dubuque

**3 DEC** The University of Dubuque will hold its annual Christmas on the Quad celebration on Saturday December 3 at 7:30 p.m. at McCormick Gymnasium. A tradition since 1997, Christmas on the Quad is a wondrous celebration where UD students, faculty, staff, trustees, neighbors, alumni, and friends are invited to come together to prepare for the coming of Christmas. The lighting of the Christmas tree makes a joyful beginning to the holiday season.

## Galena Territory Holiday Housewalk

Saturday, December 3, 10 a.m.-4 p.m.

**3 DEC** Five homeowners in The Galena Territory invite the public to tour their beautifully decorated private homes during this year's Galena Territory Holiday Housewalk on Saturday, December 3. Holiday Housewalk proceeds will be donated to several local non-profit organizations as designated by the homeowners, including Safe Haven, American Cancer Society, the Galena Food Pantry, Belden School, and The Conservation Foundation. Sponsored by The Galena Territory Association, the Holiday Housewalk features self-guided tours from 10 a.m. to 4 p.m. Tickets may be purchased for \$12 per person in advance or on the day of the tour at The Galena Territory Owners' Club, 2000 Territory Drive, Galena, Illinois, with ticket sales ending at 2:30 p.m. Light holiday refreshments will be served at the Owners' Club, along with a craft and quilt raffle.



## Christmas at Loras College

Sunday, December 4, 4 p.m.

**4 DEC** The public is invited to free holiday events at Loras College. The Mysteries of Christmas is scheduled for Sunday, December 4 at 4:00 p.m. in Christ the King Chapel. The Sounds of the Season will be held on Saturday December 10 from 3:00 to 4:30 p.m. in the Athletic and Wellness Center. Come celebrate the holiday season with the Loras College choirs and wind ensemble. Christmas just isn't Christmas without the music!

## Holiday Pops Family Concert

Saturday, December 3, 1:00 p.m.

Five Flags Theater

**3 DEC** New this season the Dubuque Symphony Orchestra presents a 45-minute Holiday Pops Family Concert. Designed for kids, parents and grandparents to enjoy, the program includes Leroy Anderson's Sleigh Ride, selections from The Nutcracker, featuring dancers from the Heartland Ballet, the concert suite from the popular Christmas film The Polar Express, an audience sing-a-long and more! Special guests include soprano Esther Heideman, a 5th grade honor choir, and of course, Santa Claus! Make sure to bring your camera—following the concert Santa will be available for free photos with the kids. To learn more, visit [www.DubuqueSymphony.org](http://www.DubuqueSymphony.org). See page 9 for details on the 2011 Dubuque symphony Orchestra Holiday Pops.

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Beginning September 23, 2011, receive 12 months at 0% APR interest on all balances you transfer to your DuTrac Community Credit Union Visa Platinum credit card. At the end of the 12 months, if you still have a balance on the account you transferred, any promotional balance will revert to the standard variable APR rate based upon the rate of the 13-week U.S. Government Treasury Bill as published in the Wall Street Journal on the 10th of Oct., Apr., July, and Oct. rounded to the highest 1/4%, plus a margin of 7.74%. The effective date will be on the cycle date in Feb., May, Aug., and Nov. As of 8/1/2011 the fully indexed rate is 7.99% APR.



### Salvation Army Christmas Campaign

**November 18 to December 24**

This year's Salvation Army Christmas Campaign will kickoff on November 18 and run through December 24, with a goal of raising \$237,000 for needy families. The Salvation Army needs your help in providing food assistance to the less fortunate families in the Dubuque community and toys for the children so that they may experience the magic of Christmas. Be sure to drop your donations in the red kettles, or mail them to The Salvation Army, P.O. Box 416 Dubuque, IA 52004-0416. If you would like become a bell ringer, contact the Salvation Army for more information.

If you need help, applications for Christmas assistance for food and toys will be taken from November 16 to November 20, from 9:30 a.m. to 11:30 a.m. and from 1:30 p.m. to 3:30 p.m. at The Salvation Army building at 1099 Iowa Street. The poverty guidelines are being used, and applicants must bring social security cards for all members in the household, food EBT cards or Medicare cards, or proof of income for all members of the family. For more information, contact The Salvation Army at (563) 556-1573.



### Kohl's Charity Facebook Contest

To celebrate the spirit of holiday giving, Kohl's will donate \$500,000 to charity in the company's "Love to Give, Happy to Save" Facebook contest running through December 23. Kohl's Facebook fans are encouraged to submit photos and

personal stories that demonstrate the positive things in their lives that inspire them to give during the holiday season. They then choose which charity, either Feeding America or Toys for Tots, they want to support if they are chosen as one of the program winners. Kohl's is kicking off the contest by donating \$75,000 to both Toys for Tots and Feeding America, and their Facebook fans will allocate the remaining \$350,000. Visit [www.facebook.com/kohls](http://www.facebook.com/kohls) for details or to enter.



### A Holiday Fight Against Childhood Cancer

**November 26th, 7 p.m.  
Courtside**

Join the fun at Courtside and give hope and a happy holiday season to special local families whose lives have been affected by childhood cancer. Your \$5 Cover Charge includes a silent auction, 50/50 raffle and live music by Half Fast from 8 p.m. to Midnight. All proceeds help make this holiday season unforgettable for both the child and their family and this is extra special since all proceeds will be matched 100% matched by Old Navy.

### Angels Program

**Return your Angel by Monday, December 5**

American Trust and Savings Bank along with the Rural Community Food Pantry are sponsoring an "Angels" program to brighten the holiday season for needy children in the Dyersville and Farley communities. To reach out to a less fortunate area child, just stop by the Dyersville or Farley American Trust office. Angels will arrive by November 17th. Pick an angel from the display, purchase at least one of the items on the angel, wrap your gift, return your gift with the angel attached by Monday, December 5, and your gift will be delivered in time for Christmas.

### Shoes That Fit

**New shoes for needy kids**

Children from five Dubuque elementary schools will benefit from this fall's "Shoes That Fit" campaign, locally in its 10th year. Shoes That Fit is a non-profit, volunteer run organization that helps build the self-esteem of needy children by providing them with new shoes and boots. Last year, local residents gave away footwear to over 100 kids. Liaisons at the elementary schools will help to identify children from high-need families. Participating local business makes available the "Shoes That Fit" donor cards that customers take for use in shopping for the specific shoes or boots. This year you can pick up a donor card at the following sponsor locations: DBQ Fashions, East Dubuque Savings Bank, Little Folks Trading Post & The Hanger, James Martin Jewelers, Miracle Car Wash, Mediacom, and Radio Dubuque.

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### Toys For Tot-portunities

Leave it to the Tri-State business community to find creative ways to help Toys For Tots reach their goals this year. Below are a bunch of great ways you can give to Toys For Tots while getting a little something in return.



### \$5 Haircut Anyone?

Donate a new non-wrapped toy at Capri College student salon this season and get your hair cut for just \$5! It's a great place to get your hair done anyway and the crew is feeling festive, so why not take advantage of it. A staff of well-trained student stylists, under the guidance of professional instructors will get you looking great for Thanksgiving and again for Christmas. It's like the gift that keeps on giving!

### Toys For Tots Trivia Night

Courtside Sports Bar

**Friday, November 25th,**

Courtside Sports Bar and Grill, Fun & Games Company and 365 present Toys For Tots Trivia night, Friday, November 25th from 6:30 - 9:30 PM. Get your team



of up to 8 players together for a night of Trivia mayhem. There will be prizes for 1st and 2nd place, plus attendance prizes and \$1 fundraiser games between rounds. \$10 Admission of the team brings one new unwrapped toy. Cash Bar and menu is available from Courtside as well. The 365 crew will be there and so will the Dubuque Jaycees. We're getting some sweet prizes for winners. This is going to be the best trivia night of the year!



In addition, a number of retailers will be doing special collections for Toys For Tots this Holiday season. So, when you shop at Hartig Drug, Steve's Ace Hardware and Home and Garden, Dollar General, Old Navy, Walgreen's, Theisen's and more places to come, you can really make an impact for less-fortunate kids across the tri-states. And check out the ad below for Toys For Tots' biggest event of the season.



Box Office Hours: M-F, 9 AM - 1 PM  
Tickets: 563.652.9815  
1215 E Platt St., Maquoketa, IA  
[www.ohnwardfineartscenter.com](http://www.ohnwardfineartscenter.com)

### 7th Annual Festival of Trees

**Nov. 12th through Nov. 22nd**

Open Monday-Friday 9 am - 7pm, 1pm - 7pm on Weekends  
Santa will be here 1- 4 on Saturday Nov. 19th . Live music in the gallery on Saturday and Sunday afternoons. A large assortment of beautifully decorated trees and wreaths available for silent auction. Raffles to be held and cash and carry Holiday craft items which make great holiday gifts will be available for sale. Hand-crafted jewelry, pottery, and artwork also available.



### It's A Wonderful Life - A Live Radio Play

**Friday & Saturday, November 18th-19 @ 7 p.m.,  
Sunday November 20th @ 2 p.m.**

Adapted by Joe Landry from the screenplay by Frances Goodrich, Albert Hackett, Frank Capra, and Jo Swerling, the Ohnward Fine Arts Center and Peace Pipe Players present this beloved American Holiday classic that comes to captivating life as a live 1940's radio broadcast. With the help of an ensemble that brings a few dozen characters to the stage, the story of idealistic George Bailey unfolds as he considers ending his life one fateful Christmas Eve. Tickets \$12(in advance) \$15(at the door) 18 & Under 18, \$8/\$12



### Carol Montag

**Saturday November 26th @ 7:00 PM**

Combine the musical styling's and star power of Judy Collins, Carole King, Joan Baez, and Joni Mitchell and you have the experience of an evening with Carol Montag. Carol accompanies herself on guitar and piano through a combination of originals, folk, jazz, blues, gospel, and tunes from The Great American Songbook with classics like "Over the Rainbow", "Summertime", and "Natural Woman". Tickets: \$17(in advance) \$20(at the door) 18 & Under \$10/\$13





## Galena River Wine & Cheese

by Rich Belmont

Now that the holidays are fast approaching you might be thinking of hosting parties and get-togethers for family and friends. One sure way to impress them is to serve imported, domestic and locally produced food and beverages that are unusual, yes, but also out of this world!

You don't have to go far away to stock up on an assortment of gustatory delights. Might I suggest you visit Galena River Wine & Cheese right here in Galena, IL?



This shop specializes in offering the area's finest collection of domestic and imported wines, cheeses, premium beers, vinegars, olive oils and everything else you need to throw a first-class party.



Galena River Wine & Cheese is located at the south end of Main Street just inside the floodgates. It's in the building built in 1845 by Charles Peck. The structure was originally a steamboat- provisioning warehouse and subsequently housed wine and liquor wholesalers and three creameries.

Ken and Sandy Winge, who are originally from the Chicago suburbs, visited Galena and quickly succumbed to Galena's



old-world charm. They visited friends often and eventually purchased a week-end retreat. Soon after, Ken and Sandy decided to become full time residents and open a business in downtown Galena. Since they both enjoyed hosting wine and cheese parties and shared a passion for artisan cheese and fine wine and premium beers, opening a wine and cheese shop just seemed the natural thing to do.



They purchased the Peck Building in 1982 and immediately went to work restoring it while at the same time lining up suppliers of domestic and imported cheeses, premium beers, select wines, sausages and pate's, gourmet coffees and teas and other specialty foods.

### Galena River Wine & Cheese

420 South Main Street, Galena, IL 61036  
815-777-9430 | [www.galenawinecheese.com](http://www.galenawinecheese.com)

**HOURS:** Sun – Fri 10 a.m – 5 p.m., Sat, 10 am–6 pm

**PAYMENT OPTIONS:** Cash, Check, Debit, All Credit Cards except Amex

**ACCESSIBILITY:** Front Door

**PARKING:** Free parking on Water Street behind building. Free parking on Main Street and Municipal Lot across street

For 30 years, now, Ken and Sandy have been searching the world to fulfill their mission to provide their customers with a knowledge and sophistication of fine food and drinks. Right now there are over 150 cheeses, 140 premium craft beers and a huge assortment of fine wines in stock.

Of course, cheese is the focal point of this cheese shop. Many of them are stored in large blocks or wheels to prevent them from drying out. There is a window in the cooler so you can see them waiting for their chance to be on display. There are too many varieties to list them all so here is a sampling: Wisconsin Hickory- Smoked Cheddar, French le Roule with Garlic and Herbs, California Humboldt Fog Chevre, French Camembert, French Explorateur Triple Crème, Tillamook Sharp Cheddar and even a Wisconsin Chocolate Cheese with Walnuts.

Ken and Sandy have carefully chosen several varieties from some of their cheese makers. For example from Country Connection there is Cheddar with Tomato and Basil, a Hot Chipotle Cheddar, Monterey Jack with Dill and Garlic and Monterey Jack with Basil and Garlic.

There are also several choices for some types of cheese. You might think you intensely dislike blue cheese. However, you may change your opinion when you try sampling a few of these: the Classic French Roquefort made from sheep's milk that only comes from France, the Spanish Cabrales Blue, Salemville Amish Blue handcrafted from hand-milked dairy cows by Pennsylvania Amish, Wisconsin Buttermilk Blue

from the Wisconsin cheese maker Roth Käse, Maytag Blue handmade in Newton, IA since 1941 or the Danish Triple-Cream Blue Castello made with 75% butterfat for a mild spicy flavor. Or how about a traditional English Stilton dessert blue cheese with blueberries, apricots, mango-ginger, or lemon?

Every one of these cheeses has a story. For example, the French Morbier has a small line of grape leaf ash separating the morning and afternoon cream layers. The French Raclette, which means "to scrape", is a strong cheese that is usually shaved off the block and melted on potatoes. Then there is the Belgium Chimay Classic made by Chimay monks, the same order of monks at the New Melleray Abbey near Dubuque. There is also Sandy's favorite cheese Manchego, a Spanish cheese aged 12 months and made from 100% Manchega sheep's milk. And my new favorite, Sartori Bella Vitano Raspberry, a Wisconsin cheese aged a minimum of 8 months with a texture of parmesan and a sweetness of creamy cheddar soaked in New Glarus Raspberry Tart Ale.



You need not worry about feeling overwhelmed from all these choices. First of all you can ask for a taste of any and all the cheeses you are interested in and secondly the entire staff is extremely knowledgeable and at your service. Three of the staff members, Fred Ortiz, the store manager, Chris Ludescher and Dan Thornton have a combined 35 years experience with all of the merchandise in the store.



If you are just learning about the pleasures of cheese the staff offers a few rules of thumb. Cheese should be served at room temperature. The flavor is vastly improved if it is allowed to warm up. A small piece of cheese should be taken out of the refrigerator a half hour before serving and a large block of a pound or more needs about an hour on the counter. Freezing does not change the flavor but does affect the texture. Most cheeses can be stored in the refrigerator for several months. You should always purchase at least a quarter pound of cheese and keep it in a block until ready to use. However, you can have it sliced when you order it. Thinly sliced cheese yields more flavor.

When you are having a party you should allow at least one eighth to one quarter of a pound of cheese per person. Vary the cheese assortment by picking a soft ripened cheese, a hard cheese, cheeses of different colors, a couple of popular cheeses like cheddar or gouda, an unusual or aged one and cheeses with something added like olives, mustard seed, herbs, garlic or vegetables.



The staff will help you to pair your cheese selections with wine or beer. For all intents and purposes, the wines are all part of Ken's personal collection. He seldom buys a wine he hasn't tasted. Ken and Sandy go to many Chicago wine tastings during the year. They look for ones that are exciting and really special and not very expensive. All wines are rated 85 points or higher by Wine Enthusiast, Wine Advocate, Robert Parker or the Wine Spectator. Just a couple of examples are the 2009 Protocolo Tempranillo, a Spanish wine ranked number 2 of the Top 100 Best Buys of 2011; the 2007 Brancaia Italia Sangiovese Cabernet/Merlot blend; and the 2008 Maryhill Riesling perfect for sipping. There are also dessert wines to think about like the Cranberry Snow or one of the store's best sellers, Choco Vine, a combination of Dutch chocolate with a French Cabernet that tastes like a Mud Slide!



There is also a rather extensive collection of interesting craft brewed beers. Ken and Sandy and some of the staff always attend the Great Taste of the Midwest beer tasting convention. They are continually seeking new beer tasting sensations.

The German Beer selection is awesome. There are beers from Franziskaner, Hacker-Pschorr, Einbecker, Erdinger, and Spaten-Bräu. There are numerous brews from domestic brewers as well, like Fat Tire Ale, Mothership Wit Wheat Beer, Ranger Indian Pale Ale and 1554 Black Ale all from New Belgium Brewery in Fort Collins, CO. There is also Gonzo Imperial Porter, In Heat Wheat, Snake Dog India Pale Ale and Doggie Style Pale Ale from Flying Dog Brewery, Frederick MD.

[www.Dubuque365.com](http://www.Dubuque365.com)

Galena River Wine & Cheese is also a depot for Olive Oils and Balsamic Vinegars. Each cold pressed, unfiltered small batch Extra Virgin Olive Oil is stored in an Italian stainless steel tank called a Fusti. The tank is designed to protect its contents from heat, light and air. Currently there are 4 regular oils: Greek Organic, Spanish Arbequina, Italian Leccino and California Ascalana. There are also 9 flavored oils: Basil, Roasted Chili Pepper, Garlic, Lemon, Orange, Rosemary, White Truffle, Roasted Walnut and Tuscan Herb Olive Oil. This last one is a blend of oregano, basil, rosemary and garlic and is one of the biggest sellers. The neat thing about purchasing these oils is you can taste each one before you buy. They are sold in protective colored bottles and when you return them for refills you receive a 10% discount.

The same is true with the Balsamic Vinegars. There are 9 of these: Blueberry, Fig, Pomegranate, Raspberry, Strawberry, White Peach, Cherry, 12 year White and 18 year Aged Traditional. By the way, did you know Balsamic Vinegar is widely believed to be wine vinegar but it's not at all. Balsamic is made from grape pressings that have not been allowed to ferment into wine. The pressings are aged causing moisture to evaporate thickening the vinegar and concentrating the flavor. The older the vinegar the higher the price.



You should plan on taking your time looking around this store. Check out the other products. For example, Little Ragghi's Crackers from Ocean City, Maryland are artisan flatbread cheese crackers you can't stop eating. Then there are the Stonewall Kitchen products from York, Maine; Every item in their award winning product line is spectacular. They have salsas, several butters, jams including Black Raspberry, Sour Cherry and Strawberry Brandied Apricot.



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They also have several Pestos like Basil, Artichoke, Roasted Garlic Bread Spread and Tomato Herb Bruschetta.

There is a fascinating collection of flavored pastas including Leek and Onion, Wild Mushroom, Whole Wheat, and Spinach-Basil-Garlic from Rossi Pasta.

Then there are the many sausages, pâtés and salamis, Italian Prosciutto and Spanish Serrano Ham.

Recently, Ken and Sandy have noticed a burgeoning interest in locally produced products. So you will find Gramps Gourmet Pickles, Hogback Haven Maple Syrup, Honey from Apple Creek Apiaries and beers from nearby breweries Potosi Brewing Company and Galena Brewing Company.

Now I must warn you. Once you enter this store it is almost impossible to leave empty handed. Stock up on all your holiday food supplies. By all means don't be afraid to sample some of the cheeses you have never had before. You might even hear Ken exclaim his favorite quote: "Cheese – Milk's Leap towards Immortality"! – Clifton Paul Fadiman.



Do you have a favorite restaurant you would like to see reviewed? Please send your requests, suggestions and comments to Argosy at [argomark@mchsi.com](mailto:argomark@mchsi.com).

ammerheads! That could be their team name!

# FRANKIE GAVIN & DE DANNAN

## Frankie Gavin & De Dannan

Sunday, November 13

Frank O'Dowd's Pub

The Irish Cottage

**12 NOV** Frank O'Dowd's Pub at The Irish Cottage in Galena hosts a special performance by legendary Irish fiddle player Frankie Gavin and his folk group De Dannan on their "Up Close & Personal Tour," Sunday, November 13 from 7 p.m. Sponsored by Family Beer & Liquor, the De Dannan performance is free so Irish music fans are encouraged to arrive early, as seating at Frank O'Dowd's Pub is limited.

Regarded by many as the world's greatest Irish fiddle player, Frankie Gavin holds the Guinness World Record as the "Fastest Fiddle Player in the World." Gavin and De Dannan have performed everywhere from

the Beijing Opera House to the White House, having performed for no less than three US Presidents. Gavin has released seven solo albums and has performed with such diverse musical greats as Earl Scruggs, Stephane Grapelli, Sir Yehudi Menuhin, and The Rolling Stones, not to mention the United Arab Emirates Philharmonic Orchestra in Dubai and the Dublin Philharmonic Orchestra during a ten-week tour of the United States.

In addition to his amazing technical ability and innovative approach to Irish music (incorporating everything from Handel to Klezmer to the Beatles) Frankie Gavin is known for his enthusiastic live performances, conveying his own joy in the act of making music. His online bio warns, "If you've never been lucky enough to see Frankie Gavin perform live, prepare to be ... shocked."



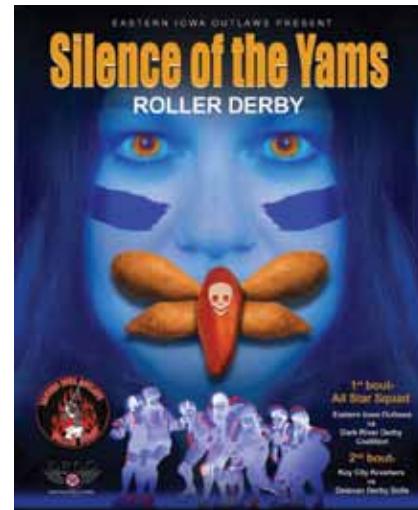
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**Eastern Iowa Outlaws  
Roller Derby  
"Silence of the Yams"**  
**Saturday, November 19**

**Five Flags Arena**

**12 NOV** After coming off a win against the River Bend Bombers in their season opener, the Eastern Iowa Outlaws Roller Derby team hosts another bout at their adopted hometown turf, Dubuque's Five Flags Arena. Just in time for the holidays on Saturday, November 19, the Outlaws present "Silence of the Yams," a mash up of the movie that made fictional madman Hannibal Lecter famous and a common Thanksgiving side dish. (Wonder if yams go with a nice Chianti?) The bout will be a double-header featuring the Outlaws and their new second team, the Key City Krushers.

Doors open at 5 p.m. for the double-header bout with the Eastern Iowa Outlaws all-star squad taking on Illinois' Dark River Derby Coalition at 6 p.m. The second bout will follow, pitting the group's

new second team, the Key City Krushers against Wisconsin's Delavan Derby Dolls. The Outlaws will be back at Five Flags December 10 with a double header featuring the Outlaws versus the Des Moines Derby Dames and the Key City Krushers versus the Crash Test Dolls.



The Outlaws will also be hosting tryouts Thursday, November 10 from 6 to 8 p.m. in Monticello at the team's practice space in the Berndes Center at 766 North Maple Street. The team will provide skates and all necessary safety gear. "You should know how to skate," suggests veteran skater GoGo Bangs, "meaning at least that you don't need to hang onto a wall or someone else to get around a track. Other than that, we teach you everything." Note that potential skaters must be 18 and older to tryout. Questions can be answered by emailing [easterniowoutlaws@gmail.com](mailto:easterniowoutlaws@gmail.com).

Tickets for the Silence of the Yams roller derby are \$10 in advance and are available at the Five Flags box office (or from your favorite roller girl), and \$13 the day of the event with kids five and under free. For more info about the Eastern Iowa Outlaws, see 365ink's last issue online at [Dubuque365.com](http://Dubuque365.com). For more info and to see photos of the team, visit [www.easterniowaoutlaws.com](http://www.easterniowaoutlaws.com) or find the team on Facebook.

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The Petal Project is a program of ECA, partially funded by the Iowa Department of Economic Development  
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## Streamlines' Literary Conference Clarke University November 12

The language and literature departments at Clarke University, Loras College and the University of Dubuque will host "Streamlines," an undergraduate conference celebrating language, literature and writing, on Saturday, Nov. 12, on the Clarke campus.

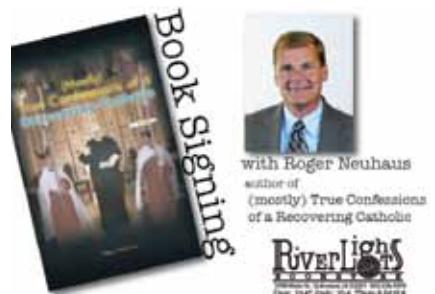
Now in its fourth year, this collaborative event is designed to give undergraduate students of language and literature the opportunity to share their scholarly and creative work. This year's conference features a variety of paper presentations and workshop sessions by 50 undergraduate students from 10 colleges and universities from six states.

The keynote speaker at this year's conference is Arturo Arias, professor of Latin American literature at the University of Texas (Austin) Teresa Lozano Long Institute of Latin American Studies. He is a well-known expert on Central American literature, with a special emphasis on indigenous literature, as well as critical theory, race, gender and sexuality in post-colonial studies. Prior to coming to Texas, he was Greenleaf Visiting Professor of Latin American Studies at Tulane University.

In conjunction with the conference, Mindframe Theaters in Dubuque will host a special showing of "El Norte," which Arias co-wrote, on Friday, November 11, at 7 p.m., which is open to the public. Arias will introduce the film and hold a question and answer session at its conclusion. A \$2 donation is suggested. For more information, visit [www.clarke.edu/streamlines](http://www.clarke.edu/streamlines).

## Book Signing . (Mostly) True Confessions Friday, November 18, 5:30 p.m. River Lights Bookstore

Dubuque native Roger Neuhaus will offer a reading from his new book,



(Mostly) True Confessions of a Recovering Catholic, on Friday, November 18 at 5:30 p.m. at River Lights Bookstore, 1098 Main St. in Dubuque. Neuhaus released the book across the nation in August 2011 and will offer the reading and book signing in his hometown as a tribute to the city and the neighborhood in which he grew up.

The (mostly) true memoir depicts life in Dubuque in the 1960s and 70s when color television was the newest technology, the hula-hoop was the latest fad, and the evening news typically began with coverage of the Vietnam War. Author Roger Neuhaus reminisces about growing up as one of eight children in a strict Catholic family, in a neighborhood filled with youthful adventures, in stories that include a colorful cast of mischievous characters.

"I laughed out loud at many of [the] stories, and would recommend the book to anyone who has grown up in Dubuque or during that time in history," said Gail Kutsch, who was Neuhaus' sixth grade teacher. In his book, Neuhaus narrates tales of a simpler time and place, one filled with the wonder, excitement, and playfulness of youth. The event is free and open to the public. All ages are encouraged to attend and meet the author.

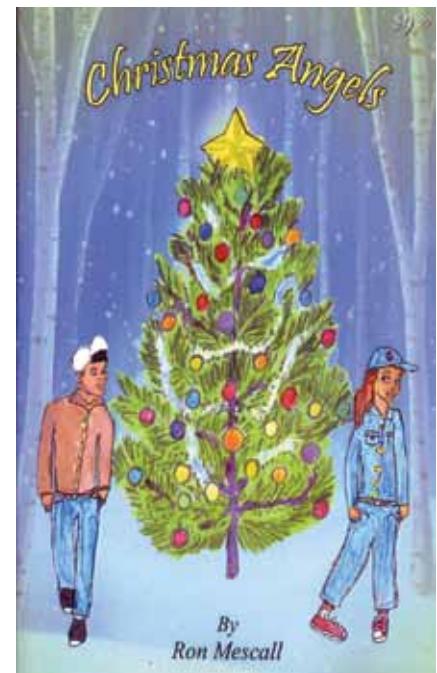


## Michele Bachmann Book Signing: "Core of Conviction: My Story" River Lights Bookstore Friday, November 25, 8 p.m. - 9 p.m.

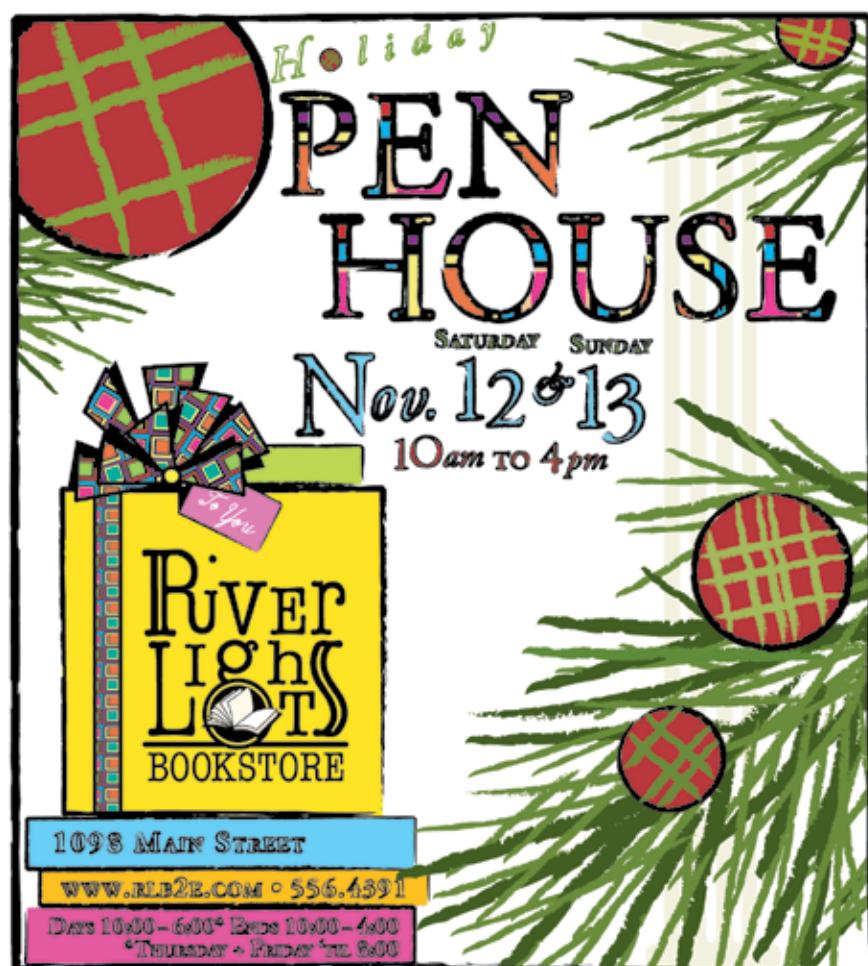
Michele will sign books on a first come – first served basis. Only copies of Core of Conviction that are purchased at River Lights may be signed.



This will be a "signature only" signing - no personalization, no messages, and no posed photos - a signature and a handshake only. (Okay, we get it... sheesh!) Photos may be taken while books are being signed. Michele Bachmann is one of the most compelling leaders in America. But despite all the magazine covers and cable television stories, most people don't know who she really is, where she comes from, or what she believes. So she decided to tell her own story and let the reader decide.



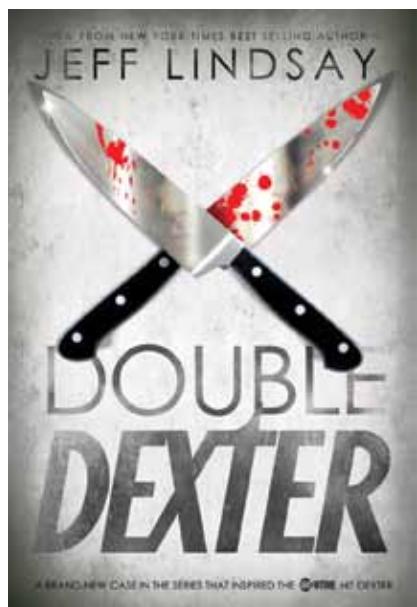
December 3rd at 1 p.m. at River Lights Bookstore on Main Street in downtown Dubuque. The book follows Ron's own early life as it also brings to light to importance of setting goals in your life. A perfect gift for Christmas, join this long-time Dubuque to celebrate his creation and check all the great gift ideas waiting for you at River Lights.



## Is Double Dexter Delightful? Definitely!

By Bob Gelms

Double Dexter by Jeff Lindsay is the latest installment in the life and times of everyone's favorite sociopathic serial killer. All of the usual things are there; Dexter's twisted view of the world; murder and mayhem; the Dark Passenger; Debs foul mouth; and Dexter's nighttime play dates with people who have committed dirty deeds done dirt cheap. AC/DC gets an exemption.



This is Lindsay's best Dexter novel to date and it is different than the other books in two ways. One, Dexter is seen during a play date with a nightmarish clown who molested children. Once more Dexter knows he has been seen and spends most of the book looking for his witness in addition trying to solve the gruesome murders of two cops, murders that sister Deborah is charged with solving. The other way this book is different is in the way Dexter relates to the world around himself. Dexter's big thing is that he isn't human, has no emotions and has learned to simulate the proper human emotion for the appropriate situation. Dexter thinks all of that is true but we see him get very anxious involving the person who has seen him in the middle of his hobby and this produces stress which in turn produces flashes of anger. Dexter might have to turn in his membership in the Psychotics of America. To cap this off we see all the positive emotions a human can have when dealing with a baby when Dexter is dealing with his daughter. He is turning into a loving father and starting to question his Dark Passenger.

At this point you have to make a decision, especially if you are a fan of the TV show in addition to the books. If you have just been watching the TV show and not read any of the books, don't start with this one. Choose one of the earlier books. This book will confuse the heck out of you and it won't be your fault. If you have been reading the books all along with watching the TV show you only need to keep the plot separated in your mind and, I'm telling that that will be no mean feat.

Dexter on TV and Dexter in the books exist in a parallel universe and we have access to both of them. Forthwith a primer; in the books Dexter has a cute relationship with Rita his wife, on TV she is dead; in the books Dexter has a daughter that brings out the soft side of his psychotic personality and on TV he has a son; on TV Deborah is the head of the unit and is a lieutenant, in the books she is just a detective and she has a son; on TV Lt Maria Laguerta is now a captain leaving her ex-husband, Angel Batista, no relation, in the unit as a sergeant, in the books she is still head of the unit and not married to Batista, no relation; in the books Sergeant Doakes is Dexter's nemesis but on TV he is dead; on TV Vince Masuka is the wildly inappropriate, sexually repressed, wack job head of Forensics who, in the books, hasn't changed one iota and who, in addition to Dexter, is my favorite character.

If you are going to follow both the TV show and read the books here is my suggestion. Read the books from the very beginning in order and watch the shows from the beginning. You must also give yourself over to the fact that they are both heading in the same direction with the TV show on the interstate and the books taking the side roads. Thematically Double Dexter is very close to one aspect of the current TV season and that is the humanization of Dexter because of his family but especially his son/daughter. The rest is just one of the most interesting series of thrillers out there. Jeff Lindsay is standing the murder mystery genre on its pointy little head. Double Dexter is definitely delightful. Go get it and have fun. It will be like throwing yourself a bone... non human if you don't mind.



other topics.

Dr. Zbigniew Brzezinski is counselor and trustee of the Center for Strategic & International Studies in Washington, D.C. He was national security advisor to President Carter from 1977 to 1981 and was awarded the Presidential Medal of Freedom in 1981 "for his role in the normalization of U.S.-Chinese relations and for his contributions to the human rights and national security policies of the United States."

For more information on the date and time of the program, please call the Carnegie-Stout Public Library at 563-589-4225, or visit the Library's website, [www.dubuque.lib.ia.us](http://www.dubuque.lib.ia.us).

### Dubuque Joins 50-City Live Program on China with Zbigniew Brzezinski

Wednesday, November 16, 6 p.m.  
Carnegie Stout Public Library,  
3rd floor Aigler Auditorium.

**16 NOV** The public is cordially invited to attend the live broadcast sponsored by the National Committee on United States-China Relations at Carnegie-Stout Public Library on Wednesday, November 16, 2011 at 6 p.m. CST in the 3rd floor Aigler Auditorium. The program is co-sponsored by the Dubuque Sister City Advisory Commission, the Confucius Institute at the University of Wisconsin-Platteville and the Dubuque Area Committee on Foreign Relations.

The U.S.-China relationship is in the news and at the center of foreign policy discussions across the United States. To help Americans understand this dynamic relationship and to answer their questions on the issues, the National Committee on U.S.-China Relations will conduct the fifth annual CHINA Town Hall, "National Reflections, Local Connections", featuring a live webcast and Q&A with former National Security Advisor Dr. Zbigniew Brzezinski.

Dr. Brzezinski's remarks will be broadcast live to town hall audiences in 50 cities and towns across the United States. He will then respond to questions from audience members nationwide in a discussion moderated by Stephen Orlins, president of the National Committee on U.S.-China Relations.

In conjunction with the national portion of the program, each venue will have a prominent China specialist on site to address topics of interest to the local community, including economic relations, media and the Internet, energy and the environment, security and trade, and

### DACFR welcome's Melvin Goodman: "America's Russian Problem"

**17 NOV** Thursday, November 17, 6 p.m.  
Dubuque Golf and Country Club

**17 NOV** Melvin Goodman is a Senior Fellow and Director of the National Security Program at the Center for International Policy. He is a former professor of International Security Studies and Chairman of the International Relations Department at the National War College. Mr. Goodman was Division Chief and Senior Analyst at the Office of Soviet Affairs, Central Intelligence Agency from 1966 to 1990. He was a Senior Analyst at the Bureau of Intelligence and Research, State Department from 1974 to 1976,



and an Intelligence Adviser to the Strategic Arms Limitations Talks in Vienna and Washington. Mr. Goodman is co-author of The Wars of Edward Shevardnadze, The Phantom Defense, America's Pursuit of the Star Wars Illusion and Bush League Diplomacy; How the Neoconservatives are Putting the World at Risk. His new book, The Decline and Fall of the CIA, is forthcoming.

Cocktails (cash bar) will begin at 6:00 p.m., followed by a Dutch-treat buffet dinner featuring a variety of entrées at 6:45 p.m. The cost for members is \$29.00 per person, tax and gratuity included. Dinner is \$34.00 for guests, and students' meals are specially priced at \$15.00. If you or a guest have any dietary preferences, please let me know as early as possible so that the Country Club can accommodate you. To RSVP e-mail [dick@dubuque365.com](mailto:dick@dubuque365.com) or call me at 556-4059.

[www.Dubuque365.com](http://www.Dubuque365.com)

## What a Pill

by pam kress-dunn

Every Friday, I sit down at my kitchen table and perform The Pill Ritual, filling five pill boxes for the coming week. Each box represents the five times each day I take my migraine cocktail. Each box has seven sections. Sounds like a nightmare story problem, doesn't it? Sometimes it goes quickly, dumping this capsule or pill into this box and that box but not this other box, and so on with the others. I sort them out, shut each compartment, put them away (but not too far away), basking in the applause of my invisible audience.

Other times, I get annoyed with all these drugs I have to take, and I either mutter in anger or sit there whimpering, surreptitiously reading a section of the New York Times. I'd rather see what's showing on Broadway, or happening in Syria, than deal with these not-so-magical potions.

I used to be the woman who prided herself on taking hardly any pills at all. I even gave up daily multivitamins when I realized my meals provided sufficient amounts of every vitamin and mineral on the label. Just an occasional pain pill for the occasional pain, or the migraine pills my son's pediatrician prescribed and I then begged my own doctor for. Once or twice a month, maybe, I downed one of those. And they weren't even migraines. Just "bad headaches."

The irony is that I've never been good at swallowing any kind of pill. If only everything was chewable, like those gummy bear multivitamins for adults. Yum. But not for me. Instead, I have the giant green magnesium bullet, the pink

anti-anxiety pill that has to be sliced in half, and the tiny baby aspirin, which at least has an enteric coating so it slides down my throat, once I summon the will to swallow. And there are more, many more, in all colors of the rainbow. One capsule has to be compounded by my pharmacy staff, summoning visions of barefoot techs stomping grapes in the back room.

Another comes as sprinkles, allowing me, should I desire, to empty the tiny little balls inside the capsule into a dish of applesauce, then swallow without actually chewing. This is why I have trouble with oysters. I love them, but I prefer masticating to just flinging them down my gullet. I mean, otherwise, what's the point? Where's the taste?

The sprinkles remind me of my two children, both cursed with asthma. They used to take a drug every morning that they never could have swallowed at so young an age. Instead of applesauce, I would squirt some pancake syrup into a spoon, then empty the capsule's contents into the stickiness and mix it with a toothpick. (Mothers learn to be creative, when it comes to their children's health.) They would then happily lick the spoon, after which I'd inspect their teeth for lurking, unswallowed sprinkles. This made the tune "A Spoonful of Sugar Makes the Medicine Go Down" my pretty much permanent earworm back then.

Eventually, they mastered the art of tablet and capsule swallowing, although at first they had to ask me – Do I put my head up, or down? Pills go down faster if you tilt your head

back, while doing that with a lightweight capsule will only let it float near the top of your palate, nowhere near your throat.

Some people hate the idea of Western medicine, especially its prescription (or over-the-counter) drugs. Me, I'm all for Indian Ayurvedic herbs and techniques



– I'd love to have someone pour warm oil onto my forehead for half an hour – and I'm not opposed to Chinese medicine or acupuncture. But I've learned the hard way that no matter how many massages I enjoy, no matter how often I fall asleep actively listening to guided imagery designed to prevent pain or banish insomnia, sometimes you just have to take the pills.

That said, I know all about Medication Overuse Headache. This phenomenon means that the more pain killers you toss down, the more your body likes it, and the more it creates the conditions that make you take them. In other words, feed a headache too much of the wrong thing, and you'll become, not addicted, but acclimated to the drugs' effects. So your headaches will occur more and more

often, and you'll need to take more and more drugs to fight them.

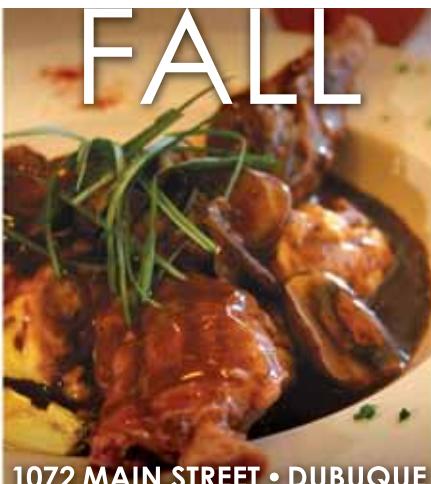
It's a fight you can't win. I know; I've been there. I believed that if a doctor prescribed something to ease my headaches, and it worked, but I got more and more headaches, I should take more pills. Foolish me. I also discovered that drugs you would least suspect – for instance, Sudafed – cause horrible rebound headaches. Remember, you read it here first!

So I depend upon a neurologist who specializes in head pain, and who knows an amazing amount of stuff about pills originally manufactured for other uses – soothing depression, or stopping epileptic seizures – that work, in small doses, to keep the Headache Monster away.

Don't even ask me about side effects. I get them all. Why must side effects be adverse? Why can't the warning say, instead, "Caution: May cause sudden happiness, the ability to fly, and/or heightened IQ"?

The other day, I saw an online ad for an intriguing Indian supplement. It contained three herbs, at least one of them promoted by integrative medicine proponent Andrew Weil, M.D. Even though the last thing I need in my life is another pill, I ordered a bottle. It's supposed to "uplift mood." And with a name like "Joy!" (exclamation point included), how could it not? My pill boxes are getting full, but I hope I can find room for a little joy.

[pam2617@yahoo.com](mailto:pam2617@yahoo.com)





# Carnegie-Stout PUBLIC LIBRARY

*Check out the possibilities!*

## Dubuque Joins 50-City Live Program on China with Zbigniew Brzezinski



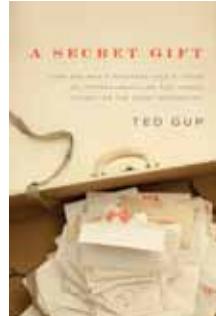
Please join us for a live webcast and Q&A with former National Security Advisor Dr. Zbigniew Brzezinski at Carnegie-Stout Public Library on Wednesday, November 16, 2011 at 7 p.m. in the 3rd floor Aigler Auditorium. See the feature story on page 28 for all the details.

### Book Discussion: A Secret Gift by Ted Gup

Tuesday, November 15

#### Carnegie-Stout Public Library

Carnegie-Stout Public Library's bi-monthly book discussion group for adults will meet at 7:00 p.m. in the 1st Floor Program Room on Tuesday, November 15, where the book *A Secret Gift* by Ted Gup will be discussed. This book tells the true story of how Gup's grandfather, Sam Stone, placed an ad in the Canton, OH, newspaper shortly before Christmas in 1933, offering cash gifts to seventy-five families in distress. Readers were asked to send letters describing their hardships to a benefactor calling himself Mr. B. Virdot. The author investigates a suitcase full of letters responding to these ads as he learns more about his grandfather's hidden past as well as the suffering and triumphs of strangers during the Great Depression. Copies of the book are available at the Circulation Desk.



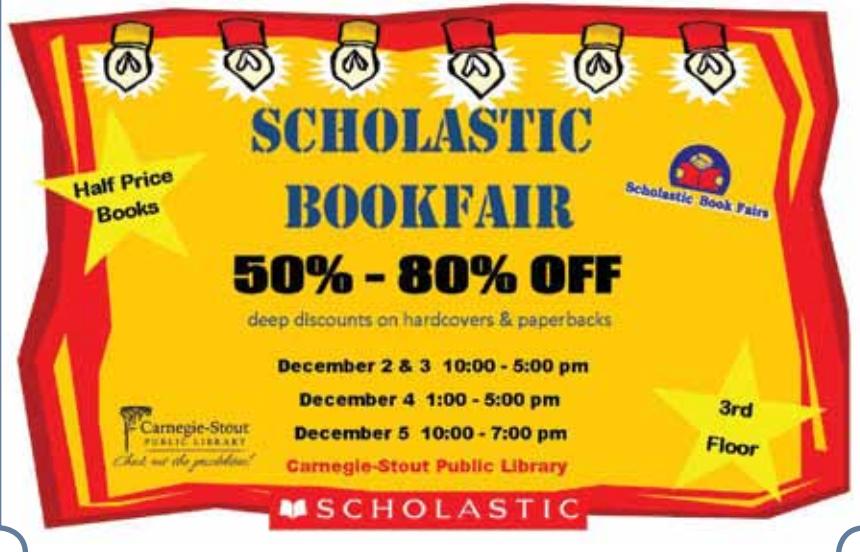
### Save the Date!

Friday, December 2 – 5:30 – 8 p.m.

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## ART @ YOUR LIBRARY



# mattitude

be yourself, improve yourself



### Protect Your Attitude

by matt booth

An important key to personal satisfaction and professional success is to protect your positive attitude. Nothing else has a greater effect on you than your attitude. It's your biggest asset. It's more crucial than ever to protect your attitude, especially during tough times (there will always be tough times). Protect your positive attitude at any and all cost.

a positive attitude it becomes difficult, if not impossible, to achieve personal satisfaction and professional success.

To protect your positive attitude, eliminate or reduce the negative influences in your life and replace them with positive ones. You are bombarded with messages throughout the

day and night. Some of them are good and some of them are just plain bad. You get messages from family, friends, coworkers, radio, newspaper, TV, music, the internet, billboards, books, magazines, and many other sources. Avoid or reduce anything that puts your positive attitude in jeopardy.



If the morning news gets you down, turn it off. If your co-worker likes to gossip and back stab, do not go to lunch with him. If you are not protecting your positive attitude, who is?

Discipline yourself to take action against all those who want to attack your positive attitude. Avoid or reduce anyone or anything that causes negativity in order to protect the most precious asset you control – your attitude. Protect your attitude like a mamma protecting her baby. Taking this position will only enhance your chances of satisfaction and success. If you don't protect your attitude, nobody else will.

### Mattitude Improvement Tip

#### Decision Making Process – U-STOP

**Understand** - Don't make a major decision on anything you don't understand.

**Sleep On It** - Wait overnight before making a major decision. If you feel like you're being rushed into something or need give them an answer right now, the answer should be no. It won't hurt to wait one more night. Make sure that your decision is based on logical thought and not the emotion of the moment.

**Think** - Think about what you're doing. Carefully consider the purpose and motive behind your decision. Before you make the final decision, review your motives one more time.

**Opportunity Cost** - What is the Opportunity Cost? Consider what else you could do if you didn't make this decision.

**Partner** - Finally, check with someone you trust and ask their opinion before making any major decisions.

*Matt Booth, attitude expert, works with organizations who want to improve people's attitudes so they can do what they do better. To find out if one of Matt's programs would make sense for your organization, call 563-590-9693 or email matt@mattbooth.com.*

**Move over, Steve!**

**Do it yourself advice from  
a new mom who knows how...**

by Sara Carpenter  
from Steve's Ace Home & Garden



## Kitchen Transformed...

It's only been a few weeks since I've spent time enjoying our yard and already I'm going a bit stir crazy. As the holidays get closer and the birth of our 2nd child is nearing, I am carefully planning which projects around the house need to be tackled. Our kitchen and bathrooms absolutely need the most attention.

Although our kitchen is functional, it is fair to say that it is really drab! White walls – dark, flat, brown cabinets, grey laminate countertops and grey ceramic tile. Ugly! Having a limited budget, here are a few things we have in the works to get us excited to be in our kitchen again:

\*Lighting – we added recessed lighting to create a brighter, more modern look. We also installed some under cabinet lights to create functional work spaces.

\*Wall Paint – Because the grey is so predominant and outdated, my friend, Anna Their helped me choose a deep charcoal color to help bring the cabinets and floor color together.

Remember – not all paint is created the same. Low VOC, no VOC, and paint and

primer in 1 are all the buzz these days. Each has its advantages and disadvantages. With a baby on the way, no VOC paint like Steve's Ace Naturescape line is the only way to go for me. I will let you know more about your other options in my next article.

\*Countertops – I'd love to have room in the budget for new countertops, but realistically it won't happen anytime soon. Rustoleum recently introduced Countertop Transformations which looks like a very promising solution. Basically it is a 3 part paint system which allows laminate to be painted and sealed. I will let you know how that works out.

\*Cabinets – The counterpart to countertop transformations is Cabinet Transformations. Same concept, only this 3 part system provides the ability to create a very modern change to outdated wood cabinets. Some paint, new hardware and in just 1 weekend, your kitchen can take on a totally new look!

I will share my progress with you as I begin to tackle these projects. Most interesting will be how they impact our homes value and function. Stay tuned.... Have ideas or comments? Email me at [Sara.selchert@Stevesace.com](mailto:Sara.selchert@Stevesace.com).

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## A Harvest of Root Vegetables

with nutritionists pat fisher & megan horstman

Root vegetables are underground parts of vegetables that are edible, namely the roots of plants. Many root vegetables are nutritionally rich and high in vitamin C, fiber and complex carbohydrates. As seen in the list of root vegetables below, many of them have very high NuVal scores indicating excellent nutrition. Root vegetable usage need not be limited to only the roots. Many plants such as turnips and celery are used for their roots as well as their stalks and greens. What root vegetables do you eat?

### Root Vegetables:

Carrots	- NuVal 99	Garlic	- NuVal 96
Kohlrabi	- NuVal 100	Onion	- NuVal 93
Parsnip	- NuVal 94	Potato	- NuVal 93
Radish	- NuVal 99	Turnip	- NuVal 100
Yam/sweet potato	- NuVal 96		

### 4 Ways to Use Root Vegetables

#### 1. Roasted Root Veggies

- Roasting brings out the essential sweetness in root vegetables and creates a crispy brown exterior. Leave the skin on for more fiber or peel instead. Cut into bite-sized pieces, toss with olive oil, sprinkle with salt, ground black pepper, chopped herbs or spices to taste. Roast in hot oven (375 to 425 degrees) until vegetables are tender and browned, about 30 minutes.

#### 2. Mashed Root Veggies

- Mashed potatoes are well-known. However, other root vegetables like parsnips, turnips and celery root are also delicious mashed - either on their own or with the more traditional potato.

#### 3. Root Veggie Chips

- Plain potato chips will seem boring when you try sweet potato chips, parsnip chips, taro chips or carrot chips.
- How-To: Cut root veggies into 1/4-inch slices. If you have the equipment, the fine-slicing blade of a food processor or a mandoline is a great tool for cutting thin slices. Toss with

olive oil and spices. Arrange in a single layer on a baking rack or greased baking sheet. Bake in preheated 375- to 400-degree oven for 40-60 minutes, turning two to three times, or until veggies are crisp and browned.

#### 4. Root Veggie Soup

Root vegetables add flavor, nutrition and bulk to soups and stews. When cut into bite-size pieces, most root vegetables take about 20 minutes to become tender when boiled, so add them toward the end of cooking time to avoid mushy vegetables - or shred them on a large-holed grater to have them blend in a bit. Root vegetables also make great bases for smooth soups. Just cook until tender, puree and add them to your favorite creamy soups.

## Maple-Roasted Sweet Potatoes

Serves 12 (about 1/2 cup each).

Active Time: 10 minutes | Total: 1 hour 10 minutes

Roasting sweet potatoes is even easier than boiling and mashing them. Maple syrup glaze transforms this ultra-simple dish into something sublime.

### All you need

- 2 1/2 pounds sweet potatoes, peeled and cut into 1 1/2-inch pieces (about 8 cups)
- 1/3 cup maple syrup
- 2 tablespoons Hy-Vee butter, melted
- 1 tablespoon Hy-Vee lemon juice
- 1/2 teaspoon salt
- Freshly ground pepper to taste

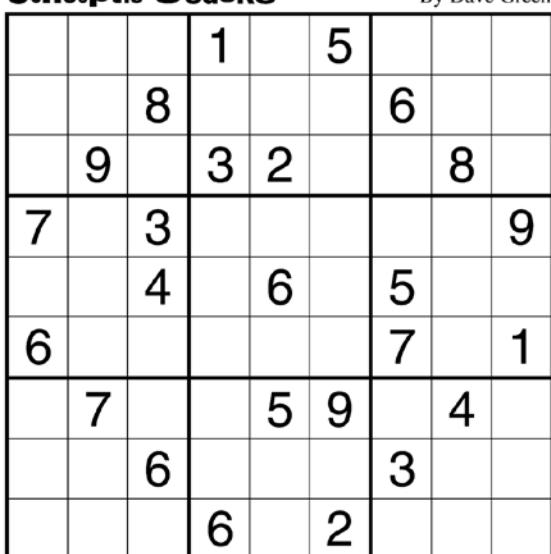
### All you do

- Preheat oven to 400°F.
- Arrange sweet potatoes in an even layer in a 9-by-13-inch glass baking dish. Combine maple syrup, butter, lemon juice, salt and pepper in small bowl. Pour the mixture over the sweet potatoes; toss to coat.
- Cover and bake for 15 minutes. Uncover, stir and cook, stirring every 15 minutes, until tender and starting to brown, 45 to 50 minutes more.

*Nutrition facts per serving: 92 calories; 2g fat (1g sat, 1g mono); 5mg cholesterol; 18g carbohydrate; 5g added sugars; 1g protein; 2g fiber; 119mg sodium; 294mg potassium.*

**Conceptis Sudoku**

By Dave Green



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Difficulty Level ★★★

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

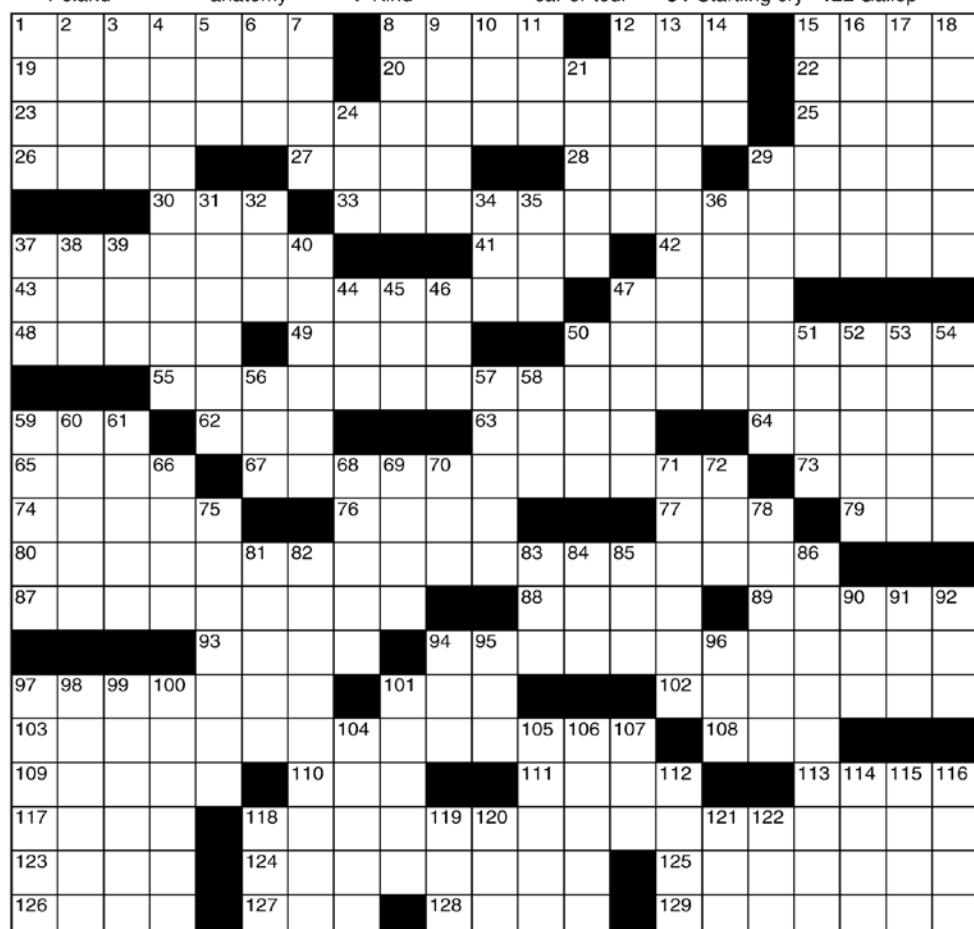
Answer on page 35.

**Spot the Difference**

Can you spot 10 differences between the two versions of this photo of the recent Dubuque Museum of Art Holiday Art Auction held at the Masonic Temple in downtown Dubuque? Answers on page 35.

**PREMIER CROSSWORD/ By Frank A. Longo****LETTER WRITING**

ACROSS	49 Facial outbreak	103 Waters off Italy, to a letter writer?	8 Religion in Iran	45 British rocker Brian	85 Fess (up)
1 Chubby quality	50 Pot covers, to Brits	108 "—, verily"	9 "That — I ask"	46 — Monte	86 Alabama county or its seat
8 A natural sci.	55 1956 hit song, to a letter writer?	109 Pleat producers	10 Make a pick	47 Gen. at Gettysburg	90 —-de-sac
12 "Greetings, Brutus!"	63 Having skill	110 Neither fish — fowl	11 Meadow	50 Speak	91 Mauna —
15 Himalayan monk	64 Palmer of golf, to pals	111 L- — (Parkinson's treatment)	12 Oodles	51 Some 35mm cameras	92 Breakfast drinks, briefly
19 Husband of Desdemona	65 "... three men in —"	113 Half-wit	13 Like a small, degenerate body part	52 Old Greek region	94 Pewter metal
20 Attacked with false charges	66 James Bond film, to a letter writer?	117 Great — (big dog)	14 Campus e-mail suffix	53 Bad deeds	95 With 100-Down, quick jokes
22 Self-esteem	73 Scarf fabric	118 Rouse	15 Kind of soup	54 Delves for	96 49-Across treatment brand
23 Like a remedy, to a letter writer?	74 Maintain	123 Salad green	16 Old Greek squares	55 The "O" of WHO: Abbr.	97 Surrounded by
25 Silent assets	76 Huge star	124 Salad green	17 Net access providers	56 Actor Eriq La —	98 Scold
26 Balkan native	77 Near-eternity	125 Angel on "Touched by an Angel"	18 Appraise	57 DOJ agcy.	99 Studly guy
27 Pond duck	79 Bible beast	126 Angel on "Touched by an Angel"	21 Fruit skins	58 Prolific 18th-century family of composers	100 See 95-Down
28 Bottom-line	80 Obsess on one idea, to a letter writer?	127 Utmost degree	24 Network	60 Attorney —	101 Destiny
29 Up — (trapped)	87 Farewell works	128 Dumbounds	29 Penn State campus site	61 Exotic fruit	104 House pest
30 Modern rock genre	88 Des Moines is its capital	129 Labels anew	31 Dr. Jekyll's antithesis	66 "Tres —!"	105 Perplex
33 "Return of the Jedi" actor, to a letter writer?	89 Loony	32 Keats poem	34 — "Abner" (old comic)	68 Door joint	106 Schnozzes
37 Rum brand	93 Sheep shed	35 "— haw!" (cowgirl cry)	35 "— haw!" (cowgirl cry)	69 Exchanged vows	107 "ER" skill
41 -y, pluralized	94 Certain major-leaguer, to a letter writer?	36 Emmy winner	70 Chaney of horror films	71 Soprano	112 Yonder
42 Cowardly	47 Puerto —	37 Susan	72 Cain, to Eve	72 Tebaldi or Scotto	114 Egg, in a lab
43 Threaded hole, to a letter writer?	48 Basic monetary unit of Poland	38 "That's show —!"	75 Team symbols	73 Cain, to Eve	115 Soccer star
97 Large mollusk	101 Uncles, e.g.	39 "You've got mail" co.	78 Beginner, in slang	74 Team symbols	116 Periods of note
102 Armpits, in anatomy	102 Armpits, in anatomy	40 Corp. money manager	81 Crooner Pat	75 Team symbols	118 Animal's lair
		41 Toymaker for Santa	82 Expert in body organs	76 Team symbols	119 "... boy — girl?"
		42 — mo replay	83 Tristan's title	77 Team symbols	120 This second
		43 Kind	84 Startling cry	78 Team symbols	121 Rich rock
				79 Team symbols	122 Gallop



#1,456

Average time of solution: 60 minutes.

Answer on page 39



## "Our Town"

by mayor roy d. buol

by Mayor Roy D. Buol

Over the past couple of years, I have had the unique opportunity to meet and visit with Dr. Rocco Landesman, chairman of the National Endowment for the Arts (NEA), about the progress underway in our Dubuque community. I am very excited that Dr. Landesman will visit Dubuque's Historic Millwork District on Monday, Nov. 14th, to conduct a site visit for the \$100,000 NEA Our Town Grant, which is a partnership between Dubuque Main Street and the City of Dubuque!



The National Endowment for the Arts was established by Congress in 1965 as an independent agency of the federal government. To date, the NEA has awarded more than \$4 billion to support artistic excellence, creativity, and innovation for the benefit of individuals and communities. The NEA extends its work through partnerships with state arts agencies, local leaders, other federal agencies, and the philanthropic sector. The NEA is the only federal agency to conduct long-term and detailed analyses of arts participation. For more than 30 years, the NEA Office of Research & Analysis has produced periodic research reports, brochures, and notes on significant topics affecting artists and arts organizations, often in partnership with other federal agencies such as the U.S. Census Bureau and the Bureau of Labor Statistics. Recently, the NEA announced a new research grant opportunity to foster more research on the value and impact of the arts on the nation. The NEA is committed to extending the conversation about arts participation by

making data available to both the research community and the public at large.

The Our Town grant program was designed to fund innovative projects in which communities, together with their arts and design organizations and artists, intend to create livable, sustainable neighborhoods with enhanced quality of life, increased creative activity, distinct identities, a sense of place, and revitalized local economies. Our Town grants support creative placemaking projects in communities across the United States.

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Dubuque is the only Iowa community among the 51 projects (from 547 grant requests) in 34 states to receive Our Town funding in this grant period. The Historic Millwork District project will work with several arts collaborating agencies to help to design not-for-profit art space, new or expanded arts events in the district, and management of the emerging art district.

Cultural industries are economic powerhouses and states have the data to prove it. Three cultural industries (1) performing arts, sports, and museums; (2) motion pictures and sound recording; and (3) publishing (including software) contribute over 300 billion annually to the U.S. economy. I hope you can join us at an arts community and media welcoming event at the Wilmac Properties, Historic Millwork District, on Monday, November 14th, 4:30 – 5:30 p.m. to hear from Dr. Landesman about the "value-added" component of arts and culture for our Sustainable Dubuque!

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Site Lead - Dubuque  
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**Balance with Rock Cairns on November 12.** Experience how the action of balancing is not only meditative but serves as a reminder to allow yourself patience while you create balance in your life.

**Healing with Seldar, November 18-20.** In this two-part Presentation on Higher Consciousness, Seldar shares the best ways we can prepare ourselves for this time of planetary transition and ride the

waves of evolution in a more calm and productive way.

Individual DNA Readings and Balancing Sessions, November 19. In 45 minute 1-to-1 sessions, Seldar will help you recreate a new experience that lifts you out of pain and suffering.

**Joy of Life / Kriya Yoga, December 2-4.** Poet, meditation master, and spiritual healer Kambiz Naficy will offer a two-day Joy of Life workshop. Joy of Life is based on three foundations: Kriya Yoga, Neuro Linguistic Programming, and Transpersonal Psychology. Sample a free introduction on December 2 from 6:30 to 9 p.m.

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**Dear Trixie**

My wife and I are invited to cocktail parties every weekend. I hate going to them because I have nothing in common with these people. They are all my wife's friends. I just want to stay home and watch TV. She says I have to go. How can I get out of these things? - Dave From East Dubuque

**Dear Dave**

If you follow these simple instructions you'll never find yourself at another party. 1) Drink all the liquor. 2) Grope the hostess. 3). Discuss controversial moral, religious or political issues that you know will offend someone. 4) Break something valuable.

**Dear Trixie**

What is the big deal about making the bed? My mom is always yelling at me to make my bed. Why is it so important to make your bed? It's a total waste of time because you're only going to unmake it again in 12 hours. How can I stop her from bugging me about it? - Junior On JFK

**Dear Junion**

Get a can of red spraypaint and write, "A Bed To Be Made And A Bed To Lie In" on the wall above your headboard. Now it's an art piece and keeping your bed unmade is part of the installation. Tell your mother you're just expressing yourself through an artistic medium.

**Dear Trixie**

I'm not a religious person. What should I do if I'm at someone's house and they say grace at the table? I know I shouldn't start eating but do I have to embarrass myself by faking a prayer? - Raised By People Who Believe In Science.

**Dear Athiest**

You don't have to respect their religion. You just have to 'appear' to respect it. Close your eyes, bow your head and quietly sing a Sex Pistols song.

**Dear Trixie**

My boyfriend loves basketball. He lives for the Bulls' games and the only time we have sex is when they win. We've only had sex 14 times this season. My friends think I should dump him. What do you think? - Genie F.

**Dear Genie**

You should count your blessings. He could be a Cubs fan and then you'd never have sex. Thank God for small favors.

**Dear Trixie**

I'm sure you think you are incredibly clever but you are wrong. You're one of those evil women that destroy men for fun. It's women like you that turn men into psychopaths. - T.D. in E.D.

**Dear T.D. in E.D.**

Wow, thanks!

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guy with violins should not look that cool.



## Aries 3/21-4/19

The next time you are in Target you will walk by a lady clicking through all the audio sample buttons on that display for CDs of mood-enhancing music and nature sounds. Resist the urge to explain to her that there is no such thing as a good choice in the whole display. After all, she's wearing a Il Divo T-shirt. You can't save everyone.



## Taurus 4/20-5/20

People often take Thanksgiving off from their diets, but come on, have some restraint!



## Gemini 5/21-6/21

The convenience of having Locust Street opened back up has cut time of your commute, which you love, and just in time for the winter potholing season, so we can fix it again next Summer.



## Cancer 6/22-7/22

Your fat jeans aren't fitting anymore. To disguise this from your spouse, suggest a painting job in the house or decide to change the oil at home instead of taking the car in. Then be sure to ruin the pants with paint or oil. Throw them out. Aw, shucks. You need new fat jeans. Perhaps with two ... four extra inches of growth room. Remove the size tags before they expose your duplicity while doing the wash.



## Leo 7/23-8/22

Some people have been saving up for "Black Friday" sales on the day after Thanksgiving, but not you. You've been working on learning subtle ways to incapacitate other shoppers who have their grubby paws on your stuff. It will pay off in the end, unless that third kind of shopper crosses your path. The saver who also invested in body armor. Steer clear of that one.



## Virgo 8/23-9/22

Make time for family this Thanksgiving. If you show up a

bit late to dinner and hit the couch immediately following and sleep right through the Lions and the Cowboys games, you will still get full credit in the eyes of Mom.



## Libra 9/23-10/22

Purposely not setting your clock back, has made waking up in the morning so much more enjoyable. Who wouldn't want to discover an extra unexpected hour to rest everyday? But when your spouse does you the favor of resetting the clock for you, be prepared to get written up at the office. Just explain what happened. They've been there too.



## Scorpio 10/23-11/21

Subtle hits are no good this year. If you want something for Christmas you need to be extremely blunt and upfront with the hints. For example, "I'll be so happy to see the old crappy TV go in the trash when someone who claims to love me gets me a new HDTV for Christmas if they don't want to sleep on the couch until next Christmas."



## Sagittarius 11/22-12/21

As it turns out, people haven't been giving you cologne for Christmas all these years because they don't know what else to get you. You actually just smell that bad naturally. So for God's sake, start using it. I suggest going back and starting with a nice vintage bottle, perhaps a '91 Drakaar Noir.



## Capricorn 12/22-1/19

Your need for daily comic relief from late night TV has waned substantially since you've discovered Fox News. But you're not sure what hurts more, the pain in your side from laughing or the pain in your head from listening. Neither, it the pain in your soul from realizing they're rated #1. I guess other people need a laugh too.



## Aquarius 1/20-2/18

Your chronic depression has been helped incredibly by the tremendous success of the Packers this season. Too bad your cable is about to cut-off.



## Pisces 2/19-3/20

Compulsive shoppers will be forgiven if their compulsive shopping is for toys to Donate to Toys For Tots. Seriously, everyone should be a little more compulsive this year.



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## PUZZLE ANSWERS

(From page 32)

### Spot the Difference



### Sudoku

4	6	2	1	8	5	9	7	3
1	3	8	7	9	4	6	5	2
5	9	7	3	2	6	1	8	4
7	5	3	2	1	8	4	6	9
2	1	4	9	6	7	5	3	8
6	8	9	5	4	3	7	2	1
3	7	1	8	5	9	2	4	6
8	2	6	4	7	1	3	9	5
9	4	5	6	3	2	8	1	7

### Crossword

FATNESS	BIO	LA	V	AMA
OTHELLO	ASPERSED	EGO	NODS	
GOODFORWHATAILSU				
SERB	TEAL	NET	ATREE	
	EMO	BILLYDWILLI	LIAMS	
BACARDI	IES	GUTLESS		
IOFTHENEEDLE	RICO			
ZLOTY	ACNE	TEAO	OSES	
YDOFOOLSFALLINL	LOVE			
BAG	ERE	ABLE	ARNIE	
ATUB	GWHILLIKERS	SILK		
CLAIM	IDOL	LEONASS		
HAVEABINONESBONNET				
SWANSONGS	IOWA	WACKO		
COTER	TORONTOB	BLUEJ		
ABALONE	KIN	AXILLAS		
MEDITERRANEAN	YEA			
IRONS	NOR	DOPA	DOPE	
DANE	DIAMONDSRFOREVER			
STIRR	ESCAROLE	ARUGULA		
TESS	INTHAWES	RENAMES		



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