

# 365ink

M A G A Z I N E

{ SEPT 29 - OCT 12, 2011 | **FREE**



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- tri-states' largest chili cook-off
- dark chambers haunted house
- art gumbo

**DUBUQUE365.com**



the 365 inkwell



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Trixie Kitsch: Bad Advice For The Stupid

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**Where's Sam and Wendy?**  
We've hidden Sam & Wený somewhere in this issue of 365ink. Can you find them? Note: Their real photo on page 8 does not count!



- 10 • fighting saints hockey
- 14 • chili cook-off
- 19 • driftless film festival
- 24 • art gumbo

issue #144 • september 29 - october 12, 2011

4	community briefs	20	bud nightlife listings	32	bob's book reviews
7	galena oktoberfest	22	moon bar music	33	pam kress-dunn
8	final voices events	23	game watson	34	library / mattitude
9	dubuque symphony	24	art gumbo	35	sara @ steve's ace
14	chili cook-off	26	argosy's food review	35	eating healthy with hy-vee
16	arts	28	area arts	36	puzzles
17	dark chambers	29	grand opera house	37	mayor roy buol
18	movies	30	meditation & sustainability	38	trixie kitsch / smile dbq
19	driftless film festival	31	dubuque rugby	39	dr. skraps

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# Bryce's inkUbator

Notes from the Publisher... **Fostering ideas, conversations and arguments.**

I was going to do another installment on the trials and tribulations of remodeling my kitchen, but, as so often happens, I had one of those little life experiences that happens and makes you want to stop for a minute and tell everyone about. My best friends reading this right now are probably thinking I'm talking about my flight from Chicago to Dubuque being cancelled (for what decent reason I have no idea) and me riding a bus to Rockford. But I'm not. Except to say sorry to the nice young woman and her daughter, whom I unknowingly drug into what can only be described as a Scottish Hooters while waiting for my wife to come get us in Rockford. Oops.

What I instead want to tell you about was the time I spent with employees and residents of Area Residential Care last week. I am helping the organization with a capital campaign video showing the public exactly what they do there. The first thing I discovered is that ARC is not just one place. Area Residential Care did just combine services and facilities into the massive former Econo Foods Building on JFK. But they also operate a number of residential housing facilities across the community and also help persons with intellectual disabilities to find engaging work outside of the facility in area businesses.

My first stop, jumping right into things, was at one of those residential homes. Five adults live together in a home that looks pretty much just like yours and mine. I apologize for not getting titles and jobs accurate here, but there were two ARC staff people also at the home assisting the residents with the chores and activities of everyday life. The caring and personal interaction that they had with the residents was really great to see, especially as they were able to bounce back and forth between being a friend and also being the guiding hand to keep the residents on track, safe and engaged with their activity at hand. To say it, is does not sound that complex, but you just have to be there to understand. It is a constant and never-ending juggling game for the staff, always knowing what each resident is up to, and helping each with all of their needs.

A visit to the main facility the next day brought much of the same experience. I don't think I have to go much into the benefits of ARC to people with Intellectual Disabilities (there's another new term I learned last week). So I guess "special needs" or "mentally handicapped," etc. and such are not the vernacular anymore. Shows what I know. What I do know now is that wonderful people with big personalities who might otherwise find themselves ignored or even worse, shunned by their community, were actively working together and with staff

mentors in doing real jobs for real employers.

I used to work in administration at Dubuque Schools years ago and occasionally I would accompany classrooms of special needs kids out for special events, like lunch at Happy Joe's. After an hour, I was completely exhausted, mostly mentally. I cannot fathom the kind of patience and energy it takes the ARC staff to keep it up all day every day. I can't even go fishing because I feel like I'm wasting so much time just sitting there. These people are certainly not wasting their time, however, for many people they train, there has got to be a tedious amount of repetition and frustration in the training process. I simply don't have it in me.

That reminds me of a similar comment that Trixie Kitsch once made to me. In a politically incorrect Christmas Card she put a check to Toys For Tots, which I run in the Tri-States. The card said, "I hate kids, but thank God someone doesn't." Now, of course I don't hate people with intellectual disabilities. But I can empathize with her sentiment. I bow down to these staff people. They possess a fortitude of patience and compassion that I don't think I could muster for a full week. Thank goodness they are in our community and thank goodness there is a place like ARC to give them the resources to practice their compassionate teaching, caring and companionship.

I got to go bowling with the group home residents I visited and it was a neat experience. I don't have anyone with an intellectual disability in my life on a regular basis (so many arguments to the contrary are swimming in my head right now). What I saw were people like you and me, with smiles and joy and excitement; people making jokes and doing funny things after they had a good throw. And with them I saw fully-abled people bowling, not with clients, patients or residents, but with friends. It made me feel pretty good about the video I was making. I hope you get to see it and I hope it, or this article, inspires you to support the work of ARC with your charitable donations. It really is money well spent.

There is a public Open House to celebrate the move to 3355 Kennedy Circle (EconoFoods) where the business offices, vocational services, day habilitation programs, and the new Life Choices Adult Day Center are all housed. The Dubuque Chamber of Commerce will do a ribbon cutting at 4:30 p.m. followed by a short presentation by Area Residential Care staff and supporters. Tours will also be available. Everyone is welcome. Be there. P.S. If my under-educated observations above made anyone at ARC cringe, I apologize. I meant well. :)

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## Cookin' Something Up Classes

**16 SEPT** Cake decorating for beginners. Students will learn the basics of frosting, creating borders, simple flowers and other decorations. The use of fondant will be saved for a more advanced class. Students should bring a container to take home some goodies! The class is scheduled for Saturday, October 1 from 9 a.m. to 12 p.m. Cost for the class is just \$35.00. Cake decorating enthusiasts might also be interested in the cupcake decorating class on Saturday, October 22. Also, Cookin' Something Up will host a class on the mysteries of pressure cooking. The class is scheduled for Thursday, October 13 from 6-9 p.m. Cost for the class is just \$35.00.



## The Juggler

**Book Release & Illustration Exhibit Opening – Friday, September 30**  
**Visitation Gallery, Loras College**  
**Book Signing – Sunday, October 2**

**30 SEPT** River Lights Bookstore, 2nd Edition Loras College's Visitation Gallery will host an illustration exhibit and book

release by author Jeanette Hopkins and artist/illustrator Stormy Mochal. The exhibit opening, scheduled for Friday, September 30 from 5:30 to 8 p.m. will also serve as a book release for Hopkins' book *The Juggler*, for which Mochal created all the illustrations. Hopkins will also be in attendance at a book signing for *The Juggler*, hosted by River Lights Bookstore, 2nd Edition on Sunday, October 2 from 1 to 3 p.m.



## TRASH OR Treasure

### Trash or Treasure?

**Antique Appraisal with Mark F. Moran**  
**Saturday, October 1**  
**Carnegie-Stout Public Library**

**1 OCT** Ever wondered if that vase you inherited from your aunt is worth anything? Carnegie-Stout Public Library presents *Trash or Treasure?*, an antique and collectibles appraisal event featuring author and antiques expert Mark F. Moran on Saturday, October 1 from 9 a.m. to 4 p.m. in the 3rd floor Aigler Auditorium. Formerly senior editor of *Antiques and Collectibles Books* for Krause Publications in Iola, Wisconsin, Mr. Moran has also been a contributing editor for *Antique Trader* magazine. He has served as editor of *Antique Review East* magazine; as producer of *Atlantique City*, an antique show held in Atlantic City, N.J.; and as editorial director of F+W Media's *Antiques Group*. He has also been a guest expert on the PBS series *Antiques Roadshow*. The event will be broken up into two sessions, the first from 9 a.m. to 12 p.m. and the second from 1 p.m. to 4 p.m. There will be a \$5 charge per item with a 2 item per person limit. The public is invited to come and observe the event free of

charge. No advance sign-up is required and the appraisals will be done on a first-come, first-serve basis. For more information please call the Carnegie-Stout Public Library at 563-589-4225 or visit the Library's website, [www.dubuque.lib.ia.us](http://www.dubuque.lib.ia.us).



**Tabor Home Winery**  
**15th Anniversary**  
**with Bob Dorr & The Blue Band**  
**Saturday, October 1, 1 p.m.**  
**Tabor Winery**

**1 OCT** Tabor Home Vineyards and Winery in Baldwin, Iowa celebrates the winery's 15th anniversary Saturday, October 1 from 1 to 5 p.m. The celebration will feature a selection of Iowa cheeses, and barbecued pork sandwiches, free lemonade, plenty of Tabor wine and live music by the Iowa Rock-n-Roll Hall of Fame inductees Bob Dorr & the Blue Band. Cover is just \$5. Guests are welcome to bring their own picnic lunch (no alcohol carry-ins please). For more information, visit [www.taborwines.com](http://www.taborwines.com)

## Biketoberfest

**Saturday, October 1**  
**George & Dale's, East Dubuque, IL**  
**23 SEPT** George & Dale's, near the north end of Sinsinawa Avenue in downtown East Dubuque hosts "Biketoberfest" Saturday, October 1 from 1 to 8 p.m. A motorcycle rally and celebration of October and all things bike-related, Biketoberfest will block off the street to all parking EXCEPT for motorcycles. George & Dale's will get

things started at noon by busting out the grill for a massive cookout. The party really gets going at 3 p.m. when hard rockers The Stumble Brothers take the outdoor stage rocking the bike rally and George & Dale's beer garden until 7 p.m.

## Four-Hour Fall Color Lunch Cruise

Autumn is a great time to take in the beauty of the fall colors along the river. Dubuque River Rides provides a great way to do that with a series of Four-Hour Fall Color Lunch Cruises. Scheduled on various dates in October from 10 a.m. to 2 p.m. the Mississippi River cruise will give guests an opportunity to view some of the most breathtaking autumn scenery in the Tri-State area while enjoying a baked ham and chicken lunch. Four-Hour Fall Color Lunch Cruise dates include Friday and Saturday, October 7-8; Monday, October 10; Wednesday October 12; Saturday and Sunday, October 15-16; and Wednesday, October 19. Tickets for the lunch and cruise are \$57.99 for adults and \$43.24 for youth. Reservations are required. For more information or to make reservations call 563-583-8093 or visit <http://www.dubuqueriverrides.com>.

## Hotel Julien Presents: West Coast Wine Dinner

**Wednesday, Oct. 5, Nov. 9**  
**Caroline's, Hotel Julien**  
**5 OCT 9 NOV** Wine lovers, "foodies," and the "wine curious" take note. The Hotel Julien will host a monthly series of wine dinners this autumn at Caroline's, each featuring wines of a specific geographic region paired with what promises to be some amazing food. Join the fun on Wednesday, October 5

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for Caroline's Latin Wine Dinner (roasted sirloin with chimichuri!) and Wednesday, November 9 for the European Wine Dinner (duck confit with orange sauce!). Cost for Caroline's West Coast Wine Dinner is just \$45.00 per person (plus tax and gratuity). You can make reservations by calling (563) 588-5595.



## Nana's Naughty Knickers

Bell Tower Theater

**7-23 OCT** Bell Tower Theater at Fountain Park presents Nana's Naughty Knickers, a fun play about the secret lives of senior citizens, October 7-23. Bridget and her grandmother are about to become roommates. But what Bridget saw as a unique opportunity to stay with her favorite Nana in New York quickly turns into an experience she'll never forget. It seems her sweet Grandma is running an illegal lingerie boutique from her apartment, selling hand-made "naughty knickers" to every senior citizen in the city. Will her Nana get arrested, or worse, evicted? Shows are performed Thursdays at 7:30 p.m. (Girl's Night Out / Free Wine Night), Fridays at 8:00 p.m., Saturdays at 8:00 p.m., and Sundays at 3:00 p.m. Tickets for Nana's Naughty Knickers are just \$18 and can be purchased by phone at 563-588-3377, online at [www.belltowertheater.net](http://www.belltowertheater.net) or in person at the Bell Tower Theater box office, Monday through Friday 11 am to 6 pm or Saturday 12 noon to 5 pm. Early Bird Special performances – the first two performances of the show – are just \$9.

## OctoberFest

Saturday, October 8  
Stone Cliff Winery

**8 OCT** Stone Cliff Winery hosts its own OctoberFest event Saturday,

October 8 at the winery located in the historic Star Brewery at the Port of Dubuque. Stone Cliff will hold the event just outside the winery live polka music and a variety of local vendors offering homemade soaps, locally grown produce, sauces and dips, baked goods, pumpkins and gourds. Barbeque fans will want to try "Big Bob's Hog Roast" served with all the trimmings. Of course there will be plenty of Stone Cliff wines available, including the autumn-appropriate Spiced Apple Wine. Admission is free. For more information, visit [www.stonecliffwinery.com](http://www.stonecliffwinery.com) or call 563-583-6100 ext. 204.



## Dia de las Americas

Saturday, October 8, 4:30-11 p.m.  
Colt's Building, 1101 Central Ave.

**8 OCT** Traditionally celebrated in Central & South America, Dia de las Americas or "The Day of the Americas" celebrates the rich culture of indigenous people and today's multicultural society. The free event will include Hispanic and Latin American musical performances, dance performance and lessons, food, and displays. Cultural exhibits from various countries in North, Central and South America will be on display from 4:30 to 6 p.m. followed by an authentic dinner and music by Mariachi de Colores. From 7-8 p.m. guests will be able to watch dance demonstrations and even get a dance lesson before a live salsa music performance from 8 to 11 p.m. "This event is a great opportunity to learn more about the cultures represented in Dubuque," says Tara Velez, Director at the Multicultural Family Center. This year's event is sponsored by the Multicultural Family Center, the City of Dubuque's Art Council, and the Iowa Arts Council. For more information, visit [www.mfcdqbq.org](http://www.mfcdqbq.org) or call 563-582-3681.

## Galena Country Fair

October 8-9

**8-9 OCT** Galena celebrates autumn with the Galena Country Fair October 8-9. Galena Country Fair boasts more than 150 vendors offering original,

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## Book Signing

With author Jeanette Hopkins  
& artist Stormy Mochal

Join Jeanette Hopkins and Stormy Mochal  
as they sign their new book **The Juggler**.

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**COUNTRY FAIR**  
Galena

handmade arts, crafts and fine arts. Held in picturesque Grant Park overlooking historic Galena, Illinois, the fair is a Columbus Day weekend tradition. Arts & Crafts vendors are hand-selected and invited to show (and sell) at the fair ensuring high quality products year after year. The Farmers' Market offers a variety of autumn produce like maple syrup, honey, and locally-grown apples, pumpkins, squash, gourds, and more. The "Country Bake Shop" will tempt your taste buds with homemade breads, cakes, pies, cookies and pastries, as well as a variety of fair food including caramel apples, homemade French fries, funnel cakes, fudge, baked potatoes and ice cream. Live music, kids' games and family fun – all at the Galena Country Fair. For more information, visit [www.galena-countryfair.org](http://www.galena-countryfair.org).



### Dubuque Flea Market Sunday, October 9

#### Dubuque County Fairgrounds

Antique lovers and collectors should make plans to attend the Dubuque Flea Market scheduled for Sunday, October 9 from 8:00 a.m. at the Dubuque County Fairgrounds. Antiques, retro art, old school mementos, collectibles, and plenty of new merchandise for that perfect gift ... it's all there at the Dubuque Flea Market & Antique Show. A tradition started in the 1960s, the Dubuque Flea Market features a range of exhibitors, collectors and dealers showing a variety of antiques and hard-to-find collectibles. This is a great place to learn more about your favorite kind of antiques or make contacts with other collectors who share your passion for finding that special item. For

more information or to make reservations for exhibitor space, contact JFK Promotions at [jfkpromo@mchsi.com](mailto:jfkpromo@mchsi.com) or 815-747-7745.

### St. Mark Community Center Gala for the Children Thursday, October 13

St. Mark Community Center hosts the inaugural "Gala for the Children" the evening of Thursday, October 13 at the Grand River Center. A new fundraising event to replace St. Mark Community Center's annual fundraising luncheon, the Gala for the Children is designed to support students in the organization's Dubuque Community Schools Before and After School programs. The event will begin with cocktails at 6:00 p.m., with the program and dinner beginning at 7:00 p.m. The program will consist of children in St. Mark's program putting on a performance, original artwork displayed and auctioned, and a dessert auction. A community event, St. Mark community Center encourages everyone to get tickets early. The cost is \$50.00 per person. St. Mark is also accepting sponsorships and/or donations. For more information, visit [www.smccdbq.org](http://www.smccdbq.org).

### Oktoberfest

October 15-16

#### Black Horse Inn, Sherrill

While Dubuque recently celebrated both Oktoberfest and Rocktoberfest, sensibly in the fine autumn weather of September, the Black Horse Inn in Sherrill is sticking to tradition in celebrating the time-honored German Oktoberfest in the month for which the party is named. Scheduled for Saturday and Sunday, the weekend of October 15-16, the Black Horse Inn's annual Oktoberfest will feature all the traditional elements of a good German fall festival, including schnitzel, bratwurst, and beer. There will be live polka music both nights of the event by one of the best bands in the Midwest, the Jim Busta Band from Spring Grove Minnesota. The Black Horse Inn will be serving their award-winning cuisine including brats, schnitzel, warm German potato salad and sauerkraut. Beer, soda and wine will be available and keep an eye out for the popular "Schnapps Lady." German or not, everyone is invited. For more information, visit [www.black-horse-inn.com](http://www.black-horse-inn.com) or call the Black Horse Inn at 563-552-1800. Prost!

[www.Dubuque365.com](http://www.Dubuque365.com)





# Galena Oktoberfest

## Saturday, October 1

### Galena Depot Park

**1** Hey there Tri-State area Germans! Don't put your lederhosen and dirndl dresses away yet. Galena celebrates Oktoberfest Saturday, October 1, noon to 10 p.m. This will be the fifth year for the annual event.

The grassy area by the eastside of the Galena River, recently named Depot Park, will be transformed into a German-themed festival with big white tents and plenty of seating for all. People of all ages enjoy Galena Okto-

as this event has a dance floor and back-to-back music by the Jim Busta Band from Spring Grove, Minnesota, The Goodtime Dutchmen from Kewaskum, Wisconsin, and local rock favorite Mighty Short Bus from Madison, Wisconsin. Plus, two sessions of polka dancing will be led by Jennifer Mulcahey, of Ballroom by Jennifer, open to everyone who wants to learn.

Depot Park is located near the intersection of US Highway 20 and Park Avenue, by Galena's Old Train Depot. Plenty of parking will be available and trolley rides will be pro-



berfest, as it features non-stop live music, a bounce house and games, German-style food and beer, wiener dog races, parade, and events, bean bag toss, polka dancing and lessons, pumpkin decorating, a raffle for cash and prizes, and much more.

The day begins at noon with a cannon blast and the ceremonial tapping of the keg, followed by check-in for all wiener dog events. Online pre-registration is encouraged for both the beanbag tournament and the wiener dog activities. Bring your dancing shoes,

vided to go back and forth to Main Street for your shopping enjoyment. Admission to Galena Oktoberfest is just \$5 for adults and teens, free for children 12 and under.

Galena Oktoberfest is hosted by the Galena Lions Club and all proceeds will go to people's sight and sound needs and various community projects. For more information about Galena Oktoberfest and the Galena Lions Club, please call 815-331-0180 and leave a message, find the Galena Lions' Facebook page, or visit [www.galenaoktoberfest.com](http://www.galenaoktoberfest.com).



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**Snow White and the Seven Dwarfs**

Saturday, October 1st, 2 p.m.

Based on the classic fairy tale by the Brothers Grimm, The OFAC Children's Theatre Production, told with help from the young audience members, is wicked fun for the whole family.

TICKETS: \$12 (ADV.) \$15 (DOOR)

STUDENTS: (18 & UNDER): \$8 (ADV.) / \$10 (DOOR)

**AMERICAN ENGLISH**

SATURDAY, OCTOBER 15TH 7 PM

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STUDENTS: (18 & UNDER): \$25 (ADV.) / \$30 (DOOR)







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## FAMILY BEER & LIQUOR

SAVE THE DATE:  
**FALL WINE TASTING**  
Thursday, October 20 @ 5:30-8:00 pm

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Voices from the Warehouse District VII:  
ReVolt: ReEnergize Art in America

## Calendar of Events-

Many special events are still to come in final days of the acclaimed Voices from the Warehouse District VII art exhibition at 10th and Jackson St. in Dubuque's Historic Millwork District. The free gallery is open on Saturday and Sunday, noon to 5 p.m. Visit [www.voicesgallery.org](http://www.voicesgallery.org) or [facebook.com/voicesgallery](http://facebook.com/voicesgallery).

**Thursday, September 29**  
**Art Gumbo | 6:00 p.m. | \$10**

A quarterly dinner that provides Dubuque artists with micro-funding, Art Gumbo is an innovative way for local artists to fund their projects and for art patrons to affordably invest in our arts community. The evening will feature a farmers market soup created and donated by members of Green Dubuque, cold beverages by Dubuque County Fine Arts Society and Voices from the Warehouse, with



a special musical guest and a birthday cake to celebrate the Art Gumbo project's first year. \$10 at the door includes dinner and a chance to vote for your favorite project proposal. Entry fees go directly to the artist(s) with the most votes at the end of the night.

**Friday, September 30**  
**You Remember, 7:30 p.m. (Free)**

Fly-By-Night productions will collect personal memories of 9/11. These memories will be compiled into an engaging piece of reader's theatre performance. Sponsored by Geri and Roger Shafer.

**Saturday, October 1**  
**Dubuque Museum of Art**  
**Family Matinee at Voices**  
| 1:00 p.m. (Free)

Prescott Steel Drum Band performs followed by Children's Walkaround to discuss art on display.

**Saturday, October 1**  
**Swing Dance & The Fast Clydes**  
**7:30 p.m. (\$5)**

Swing Dance lessons from Ballroom by Jennifer, followed by 50s rockabilly from The Fast Clydes: Fast, fun and furious!

**Wednesday, October 5**  
**Dubuque Area Society of Brewers**  
**Throwdown, 7 p.m (Free)**

A homebrew beer throwdown competition with tasting and education on homebrewing.

**Friday, October 7**  
**Fall Into Art Gallery Tour**  
**5-10p.m. (Free)**

Sponsored by Dubuque Main Street, the annual Fall Into Art Gallery Tour is a one-night gallery tour through Dubuque's cultural corridor. Voices, in its closing night, is one of six gallery stops in the Tour. Hop the trolley to see the others! FREE.







## Dubuque Symphony Opens 2011-2012 Season with Dubuque-Native and Cellist Bridget Pasker

September 30, Open Rehearsal, 6:50 p.m. (free)

Saturday, October 1, 7:30 p.m.

Sunday, October 2, 2 p.m.

Five Flags Theater

**30** **1** **2**  
SEPT OCT OCT  
The Dubuque Symphony Orchestra opens its 2011-2012 season on October 1 and 2 at the historic Five Flags Theater. These concerts highlight Russian music featuring composers Glinka, Tchaikovsky and Rachmaninoff. Dubuque-native and cellist Bridget Pasker is the featured soloist.

After Glinka's quick and exuberant Overture to Russian and Ludmilla, soloist Bridget Pasker performs Tchaikovsky's Variations on a Roco Theme. Bridget began studying cello at age 4. She was part of the Dubuque Youth Symphony for many years, serving as principal from 2003-2005. She also participated in the Quad City



Youth Symphony and Cedar Rapids Opera Orchestra. While still in high school at Hempstead, Bridget played cello in the Dubuque Symphony Orchestra, serving as assistant principal during the 2008-2009 season. She is now studying music at the world-famous Juilliard School of Music in New York City.



The second half will feature the popular, yet not often performed, Symphony No. 2 by Rachmaninoff. The Dubuque Symphony musicians chose this piece as the symphony they would most like to perform, with Maestro William Intrilligator calling it "Romanticism to its extremes. It has mystery, tragedy, beautiful melodies, fierce power, and wild exaltation."

Performances are Saturday at 7:30 p.m. and Sunday at 2:00 p.m. Single tickets range from \$12 to \$46 and can be purchased in person at the Five Flags Center box office or online at [DubuqueSymphony.org](http://DubuqueSymphony.org). Discounted \$6 student tickets will be available in the Five Flags Theater lobby one hour prior to each performance.

Open Rehearsal is scheduled for Friday, September 30. This event is free and open to the public. The symphony asks that everyone be in Five Flags Theater by 6:50 p.m. so that rehearsal can start promptly at 7:00 p.m. Maestro Intrilligator will be wearing a microphone so you can hear his comments to the orchestra, and program notes will be provided. Maestro Intrilligator will also present a free pre-concert lecture at 1:15 p.m. on Sunday.



## Dubuque's CASINO plus entertainment

### CABARET



Mighty Short Bus

SEPT 30 . 9pm - 1am



Mississippi Band

OCT 7-8 . 9:30pm - 1am

### ENCORE



Bryan Popp

OCT 1 . 8pm - 12am



Dobie "Mr. Lucky" Maxwell

OCT 7-8 . 8pm

### ► NOVEMBER 4-5

SHOWS AT 8PM EACH NIGHT

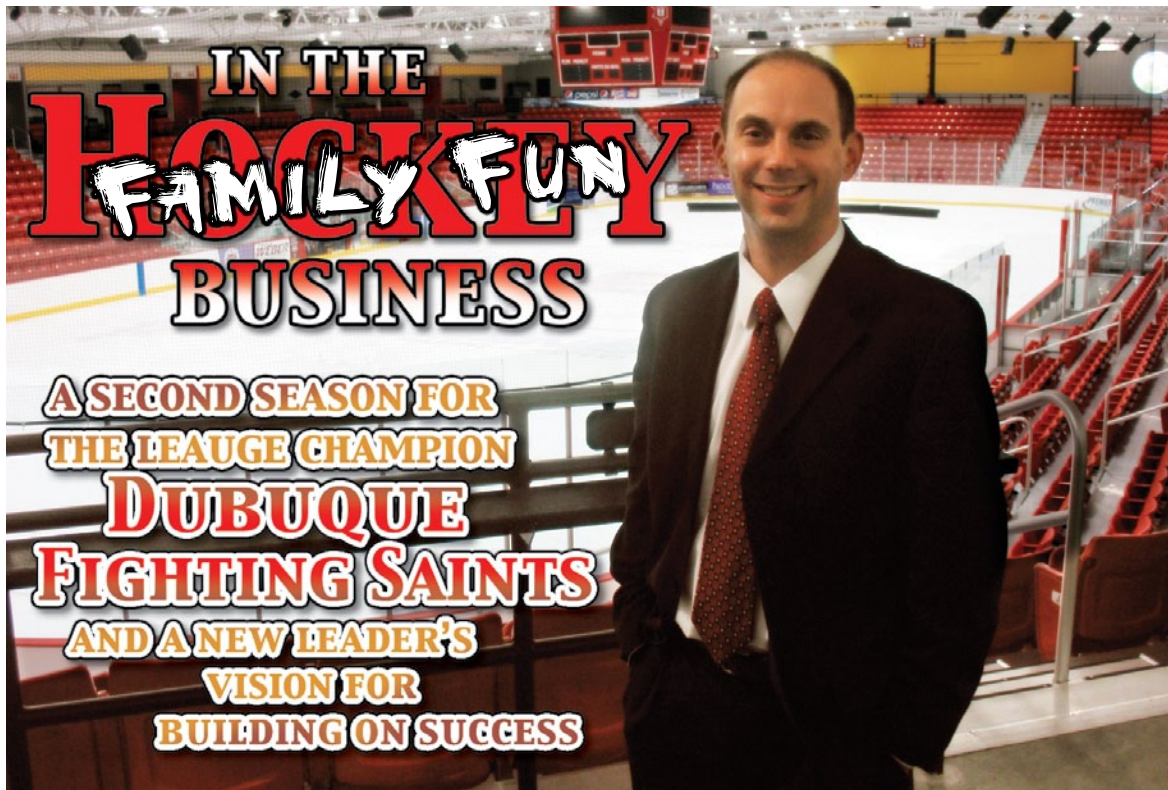


### MYSTIQUE CASINO

[mystiquedbq.com](http://mystiquedbq.com)







by Bryce Parks  
Photos courtesy of Jim Naprstek,  
Dubuque Fighting Saints

When you think of "80s Night" at the game, do you think 1880s?

When you think "Collector Cup Night," do you think free logo athletic supporters for everyone? (Yeah, we're talkin' jock-straps people!)

When you plan a fan giveaway in support of the Humane Society, is the first thing that comes to mind to give away dog chew toys in the shape of Michael Vick?

If you answered yes to all three of these questions, you are probably Dan Lehv, the new President of the Dubuque Fighting Saints hockey team.

Creative marketing and fan involvement are the ways that Lehv has made a name for himself in the world of sports management. Those ideas are what put him on the radar of Fighting Saints owners as they began the search for a new leader.

"The first Fighting Saints games I saw were last year's Clark Cup Finals. After they won the cup I said, 'I'd hate to be the guy who has to follow that!'" laughs Lehv.

Three months later, he was that guy.

Just 12 short weeks ago he inherited the title, and a USHL hockey team that pulled-off a unique feat of its own, worthy of Dan's own penchant for turning heads. They won the whole ball of wax, or as the call it in the USHL the Clark Cup, in their very first year of existence (or re-existence as the case may be).

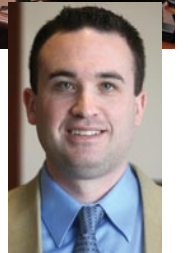


"There's a deep dark secret in the world of expansion teams," says Lehv. "No one ever plans on winning anything in their first year. You just hope to make things run smoothly and plan on year two." "The organization has so much talent on and off the ice including coaching and ownership. There are great hockey minds behind this club. They were so well organized and ready to play."

Head Coach / General Manager Jim Montgomery and Associate Head Coach Joe Coombs (pictured atop the next column) enjoyed successful careers playing professional hockey before coming to lead this group of youngsters beyond anyone's expectations. Head Coach Montgomery's career included an NCAA championship at the University of Maine



and six years playing in the National Hockey League. Assistant Coach Bobby Kinsella (right) has had great success in the USHL during his time with the Sioux City Musketeers working with legendary coach Dave Siciliano.



Great hockey minds extend to an extremely impressive ownership roster featuring three Harvard hockey team-



mates; Wall Street billionaire and part-owner of the NHL's Minnesota Wild Phil Falcone, who also played professional hockey in Europe before injury cut his career short (so he had to fall back on becoming a billionaire instead); Peter Chiarelli, who's only the General Manager of the NHL's Boston Bruins; and Brad Kwong, a managing partner of both Northern Light's Hockey, LLC and Falcone's Harbinger Capital Partners. Along with another Falcone, Mark, who brings his own hockey resume to the game, the owner group includes two local investors, Mark Falb and Dr. David Field who not only owned the Dubuque Thunderbirds CSHL team, but was also an owner of the original Dubuque Fighting Saints from 1980-2001.

I asked Lehv if he worried about the quick success of the team bringing in the poachers looking to steal the magic away from Dubuque, and he didn't seem phased by the possibility.

"They raised eyebrows, no doubt, with their success right out of the gate. But that's part of why we are here. We develop players for the next level, Collegiate hockey and then, hopefully the NHL. The coaches, assistants and event people in my office are no different. Hopefully I am creating future managers and team presidents in my staff to go on to their own teams and make their way to the top. So you can't be upset about losing them. You just develop the next wave of future talent."

It's seems like Dan Lehv has a clear understanding of the realities of the business side of running a successful team. And I say "team" and not "hockey team," because as a business it's not so much about the particular sport, per se, as it is about managing the process and operations within the sport. As in any business, a great leader can switch from a software company to a car company, and if he or she has got a strong management style and a clear vision, their skills will



work in both situations.

The Fighting Saints owners are betting the same will hold true with Dan carrying his achievements forward as he comes to Dubuque because this is Dan's first hockey team. Die-hard hockey fans, you can keep breathing; it's going to be okay. Though he wasn't a hockey guy last year, he was at least a Saint.

A St. Paul Saint to be exact. Lehv spent seven years with the minor league baseball franchise in the Twin Cities as Assistant General Manager and Director of Marketing, and also spent time with the Charleston (SC) RiverDogs, also a baseball club, though Dan will claim hockey roots as he did broadcast University of Michigan hockey games on the radio back in his college days.

So what's so special about this baseball guy from White Plains, NY that made the Fighting Saints go after him for their top slot? The answer in a single word is growth. Dan has made a name for himself by growing the fan base and attendance for teams he helped run by understanding some very important fundamentals about the job.



"Say we have 1000 hardcore hockey fans that are coming to our games no matter what. To these people, it matters who we're playing, who's hurt and what the stats are. But we have 2000 other seats to fill every night. How do we do that?"

Dan is not short in ideas.

Hockey is different than baseball, not just in the way sport is played, but in terms of energy and atmosphere too. Baseball lends itself to conversations. Hockey is more exciting. The music they play is different. The promotions are different. Baseball has many planned pauses during innings and between innings. Hockey has 2 intermissions breaking up three very continually active periods on the ice. So you have to plan your entertainment and activities during the game around these more limited breaks.



In his short time in Dubuque, Dan has already made some sweeping changes to the entertainment experience you will have when you come to Fighting Saints games in 2011 and has some fun and interesting promotions planned for fans. After all, it's the legendary promotions that have put him, and more importantly, his teams, on the national map again and again.

You heard me mention a couple of those quirky promotions at the very beginning of this article. You get the idea right away that Dan is always looking to surprise. He does not want to run the same old promotion as everyone else. At the very least, he's going to take that time-tested promotion and, to use his previous vernacular, throw it a curve ball.



Mike Veeck, son of baseball Hall of Famer, Bill Veeck, who owns both the St. Paul Saints and the Charleston RiverDogs, instilled in Dan the three things that make promotions a success: 1. Will it bring people to the game? 2. Will it sell us a sponsorship? 3. Could it get us local and/or national media attention? Many of the best promotions have all three elements.

"Think opposites," says Dan. "When I was in Charleston, instead of asking what the highest attendance of all time was, I asked what the lowest was. It turns out that in the early 1900s there was a game where only one fan showed up. We decided we were going to break that record. So we held 'Nobody Night.' We locked the gates and let no one in. We had the announcer announcing and had beer men walking around. Well over 2,000 people showed up for a game they couldn't get into. We had ladders around the outside of the ballpark so people could climb up and look over the walls to see what they were missing. There was a public park adjacent to the stadium where we held a big listening party for the game. It was a major success and got us wonderful press nationwide.

"In Baseball there's a moment in a night game when the

ump turns to the booth and signals for the lights to be turned on. I wondered 'has an ump ever had to signal for the lights to be turned off? When would that happen?' At dawn of course. So we broke another record in Minnesota by holding the earliest baseball game ever at 5 a.m. on Mother's Day in 2004. We played early to allow the players to get home to spend time with mom. Kids sleep over on the infield. Over 1,000 people tailgated overnight in our parking lot. We had roosters on top of the dugout and served cereal and milk instead of beer and hot dogs and worked with charity called Darkness to Light that dealt with spousal abuse (are you listening Riverview Center?). It got us #1 on ESPN Countdown that night.

And on the more provocative side, remember the Vikings boat scandal a few years back? "We held a 30th Anniversary of 'Love Boat' night, handing out toy boats that just happened to be purple and gold. No mention of the Vikings, but ... you know."



"We held Bobblelection. It was an election straw-poll where fans voted for their candidate by choosing a free bobble head of George Bush or John Kerry when they entered the game. It was covered by the news as a real straw poll."

"We even had a promotion where we hung a fan from an outfield billboard in a harness and if they caught a homerun they could win \$10,000."



"Sight gags, irreverent humor, that's what we're going for. Sometimes fans might not know what's going on but it will click later. Any opportunities to make fans laugh or play off timely things in the news, we love. We need to create new hockey fans and grow the base of support in Dubuque. We need to grow the interest in youth hockey and get people across the community claiming this team as their own. We got a great start last year with the 'Our House - Our Cup' rally at the end of the season."





"Hockey is not easy to watch on TV. It's an unbelievable sport live. Hockey is really about being there live, hearing the passes slap off the stick and the sound of the skates as they cut into the ice. We need build upon the success we have and sustain it for the long term. We need to introduce the sport to non-hockey fans through creative promotions and entertainment. That means bringing things, entertainment options, into the rink that are not at all related to hockey.



We want all families to come and see that this is a fun night of affordable entertainment whether you like hockey or not. And those people will, in time, come to appreciate the sport. We need people to know that every time they come here they're going to have a great time. Everything comes down to customer service. We're a customer service business. The first ten steps will set the tone for whether or not you are going to have a good time, and last ten steps leave lasting impression to make you want to come back."



Some of the immediate changes you will find are highlighted by the new Kids Zone, created in a formerly sparsely utilized area inside of the arena which will now feature a giant inflatable bounce house. Kids can play slap shot to test the speed and accuracy of their hockey skills. There's a new doghouse for Bernie the St. Bernard mascot, a jungle gym designed for littler tykes, and it's all here every night. Spectators can also walk the Hall



of Champions, which honor past teams and to start, will salute the six former Saints players who made it to the NHL.

Another change is a big visual piece. "I walked in here last May and said, 'nothing really says you are in Dubuque,'" Lehv shared. "You could pick this arena up and plant in anywhere else in the country and it would fit right in. So we went to Telegraph Herald and the Loras College Center for Dubuque History and selected 18 black and white photos that show a great piece of what Dubuque is to feature inside of our space. We are a community gathering place and want to showcase the rich history of this City."



Promotions a-plenty are on the way, like Pink the Rink, pictured above. Check out the sidebar to this story for a list of cool reasons not to miss a home game all year.

With a big new arena to fill and the constant pressure of paying the bills, it is of keen interest to the four big stakeholders in the Mystique Community Ice Center (The Fighting Saints, The City of Dubuque, DICE – the non-profit Dubuque Community Ice and Recreation Center, Inc., and Mystique Casino) to have the Saints games bursting with fans, and all of the growth that surrounds that, from full open-skating sessions to a renewed interest and growth in Youth Hockey. Youth hockey is the center's biggest renter of ice time and also the proving ground for great Saints of tomorrow. Lehv sees the success of youth hockey as a direct reflection of the successful transformation of Dubuque into a community that considers itself a "hockey town."



**Local hero, Marine Lance Corporal Christopher Billmyer drops the ceremonial puck.**

With a great plan in place for marketing and promotions, it has got to be a big relief for Dan, the owners and the Ice Center partners that they don't have to worry about building a fan base for an abysmal hockey team too. It's one whole focus

area of management that is humming pretty well right now. But make no mistake, that's does not happening by accident.



"Success is all about scouting and drafting." (Go see Moneyball starring Brad Pitt.) "We're the smallest market in the USHL convincing un-drafted players to come to Dubuque. But the size of the community and geographic location are not necessarily the deciding factors for these young players. They're concerned with coaching and opportunities to grow as a player. They all want to play in the NHL. But beyond that, they want to play for great college teams and get an education that will help them no matter where their hockey career ends up. That starts here and they know that. We have great coaches and great fans that make this a very appealing place to play."

Getting drafted in hockey is very different than football and basketball. Often, these players are drafted right out of high school (the USHL is a high-school-aged amateur level league). So these players can get picked by an NHL team fresh from their time with the Saints, as happened last year by John Gaudreau, with players like Zemgus Girgensons and Michael Matheson getting early attention on the NHL radar this season. They then typically go on to full college careers while rights to them are retained by NHL teams following those extra years of development. New to the Saints this season is Max Gardiner who left the Minnesota Gophers squad in order to get more ice time in Dubuque. The Forward has already been drafted by the St. Louis Blues.



For parents, the school systems are very important, so Dubuque looks very attractive on that front, and the organization works with the players on many fronts to not just make them feel at home here, but prepare them for the next steps in their careers.

All players live with billet (host) families in Dubuque, so they spend a great deal of time away from home. Many of these long-time host hockey families have been billeting players for many years are an integral part of the success of amateur hockey in any community. Feeling at home and comfortable with your



surroundings is a key to being successful in any pursuit.

Additionally, strength coach Jim Romagna (right) helps players make a significant jump in their conditioning between August and May. If you don't know Jim, he's a noted bodybuilder and fitness model who has graced the cover of Muscle and Fitness Magazine and now teaches at the University of Dubuque on top of running his own fitness company. You just can't get better. The organization is even training young players in media relations, so they can represent themselves and their team with poise and professionalism.



That dedication to player and staff development is paying off. Players like Mike Matheson has turned down opportunities to get paid to play in places like Canada in order to come here to play as an amateur and hone their skills before going on to play for top-ranked universities. Once you get paid, you can never play at the amateur level again. So not giving up this vital opportunity to learn and grow is a smart choice for players who are serious about taking their game to the highest levels.



Dedication to your team translates to success on the ice, which leads to people in the seats. That's where you come in.

There are a few new ticket packages available this season to allow you to the best amateur hockey in America right here in Dubuque. The new 10-game pack allows you to choose your own games this year rather than buying a pre-determined schedule of games. This is a great new option, especially for busy fans or new fans to spread their games out over a season. That package starts as low as \$99 and a 10-pack with center ice seats are still just \$208. A great 5-game package that allows you to choose from a set of pre-selected games starts at just \$49 per seat. Add to that the options of buying group discounted tickets, special Party zone and party suite packages, and the DB&T Club (which includes front row tickets to the game, access to the Club before, during and after the game, two beverages, a game program, complimentary heavy hors d'oeuvres, a fully-stocked bar with beer, wine, and liquor, and four flat screen TVs) and you've got a great time, ready-made for every occasion. This could be a very cool idea for a birthday or bachelor party.

Of course, you die-hards can get your guaranteed seat for every game all year long between

\$256 and \$384. That's about \$8.50 a game for the cheap seat, but still not even \$13 a game for the premium seat, every game. It's hard to find a great night of entertainment for that price these days. And if you just want to give a game a try for the first time, you're not going to pay a premium price just because it's just one game. \$10 to \$15 will get you any seat around the ice.



"We have no preconceived notions of who we are and what our fans want," Says Lehv. "They say you can't sell tickets on weeknights. I don't believe that. If you offer great, diverse entertainment, if you build new rivalries, if you get local fans to take ownership of this team, we can fill this arena any night of the week."



If Dubuquers have half the confidence of Dan Lehv in the potential of Dubuque to become the "hockey town" he hopes to see, then it will happen, if only by sheer force of Dan's will. Just don't expect it to happen by any traditional means, and definitely don't plan to be able to drink out of your collector cup.

The Fighting Saints will open the regular season on October 1 at home against Green Bay. It will be a rematch of the Clark Cup Final from a year ago, which the Fighting Saints won in



four games. Two more home games happen in October, the 7th at 7:05 vs. the Tri-City Storm, and the 14th vs. intra-state rival the Waterloo Blackhawks. For tickets, packages, promotions and all things Fighting Saints, visit [www.dubuquefightingsaints.com](http://www.dubuquefightingsaints.com).

Make 2011 the year that "Our House" becomes your house.

## Dubuque Fighting Saints 2011 HOME GAMES & PROMOTIONS CALENDAR

- Saturday, Oct. 1, 7:05 p.m. vs. Green Bay Gamblers**  
Opening Night. Championship Celebration sponsored by American Trust / **Magnetic Schedule Giveaway** (first 3,500 fans)
- Friday, Oct. 7, 7:05 p.m. vs. Tri-City Storm**  
Shoot for a Camry Night presented by Anderson-Weber Toyota.
- Friday, Oct. 14, 7:05 p.m. vs. Waterloo Blackhawks**  
Pink the Rink presented by Finley Hospital with a Pink Jersey auction to benefit the Finley Health Foundation
- Friday, Nov. 4, 7:05 p.m. vs. Chicago Steel**  
Military Appreciation Night with a jersey auction
- Wednesday, Nov. 23, 7:05 p.m. vs. C.R. Rough Riders**
- Friday, Nov. 25, 7:05 p.m. vs. Omaha Lancers**  
Black Friday: Iowa vs. Nebraska
- Saturday, Dec. 3, 7:05 p.m. vs. C.R. Rough Riders**  
Old School with an **Earmuffs Giveaway** (first 1,000 fans)
- Friday, Dec. 16, 7:05 p.m. vs. Lincoln Stars**  
Sherlock Impossible Night
- Saturday, Dec. 17, 7:05 p.m. vs. Waterloo Blackhawks**  
Here Comes Santa Claus presented by Queen B Radio and the 2nd Annual Marine Corps Toys For Tots Teddy Bear Toss!
- Wednesday, Dec. 28, 7:05 p.m. vs. G.B. Gamblers**  
Unwanted Christmas Gift Exchange.
- Friday, Dec. 30, 7:05 p.m. vs. Sioux Falls Stampede**  
Family Christmas Party w/ post-game skate and autographs/
- Saturday, Dec. 31, 6:05 p.m. vs. Fargo Force**  
New Year's Eve with a **2012 Glasses giveaway** (first 1,000 fans)
- Friday, Jan. 6, 7:05 p.m. vs. C.R. Rough Riders**  
Broken New Year's Resolutions
- Thursday, Jan. 19, 7:05 p.m. vs. USA Hockey (U18)**  
Zombieland: A Night for the Undead
- Saturday, January 21, 7:05 p.m. vs. Indiana Ice**  
Januaryfest: German Night
- Friday, Feb. 3, 7:05 p.m. vs. Youngstown Phantoms**  
Mascot Mania
- Saturday, Feb. 4, 7:05 p.m. vs. Indiana Ice**
- Wednesday, Feb. 8, 7:05 p.m. vs. Des Moines Buccaneers**  
**Bernie Bobblehead Doll Giveaway** (first 1,000 fans)
- Saturday, Feb. 11, 7:05 p.m. vs. C.R. Rough Riders**  
Jimmy Buffet Night
- Friday, Feb. 17, 7:05 p.m. vs. Muskegon Lumberjacks**  
Hockey Weekend Across America presented by Truck Country
- Friday, Feb. 24, 7:05 p.m. vs. Waterloo Blackhawks**
- Saturday, Feb. 25, 7:05 p.m. vs. Youngstown Phantoms**  
Second Chance Prom
- Friday, March 9, 7:05 p.m. vs. Green Bay Gamblers**
- Saturday, March 10, 7:05 p.m. vs. Sioux City Musketeers**  
Super Mario Night
- Thursday, March 15, 7:05 p.m. vs. USA Hockey (U18)**  
Irish Night
- Friday, March 30, 7:05 p.m. vs. Muskegon Lumberjacks**  
Ladies Night
- Saturday, March 31, 7:05 p.m. vs. USA Hockey (U18)**
- Friday, April 6, 7:05 p.m. vs. Waterloo Blackhawks**
- Friday, April 13, 7:05 p.m. vs. Chicago Steel**  
Friday the 13th with **Hockey Mask Giveaway** (first 1,000 fans)
- Saturday, April 14, 7:05 p.m. vs. Muskegon Lumberjacks**  
Fan Appreciation Night presented by American Trust





## Tri-States' Largest Chili Cook-Off Saturday, October 1 Cable Car Square

Well, we kind of have mixed feelings about telling you this because after a full summer of festivals from DubuqueFest through All That Jazz, and most recently, the Irish Hooley, Riverfest, and Oktoberfest, the coming of this event pretty much signals the end of the glorious festival season for the year. Yes, the time is nearly upon us. The Tri-State's Largest Chili Cook-Off returns the first Saturday of October, which happens to be October 1 this year.



On the other hand, we love Chili Cook-Off so hey, chins up party people! Chili Cook-Off returns with all kinds of great food, beer, live music, kids games and family fun right in the heart of Cable Car Square at the intersection of 4th and Bluff Streets. This year Chili turns 18 – old enough to vote. They grow up so fast.

Of course the centerpiece of Chili Cook-Off is in the name of the event itself. For those new to the event, the Chili Cook-Off is not just for those diehards you've seen on those Food Network competitions – the ones who are deadly serious about their chili (though they will be there too), but for anyone who thinks they make a pretty good batch of the spicy stuff or those who just like to eat it.

Chili cooks who do compete do so in a variety of divisions. The Chili Association

Society International (CASI) competition follows a strict set of rules which delineate what ingredients are necessary and which are prohibited, along with guidelines for tasting and judging. The CASI competition can be nearly as heated as the chili. "They do this like a cult," said event coordinator and Bluff Street business owner Teri Connely, "a crazy cult." While a win would be the ultimate goal, CASI competitors vie for a place in the top ten, earning points toward moving on to a regional competition.



For those who think they make a pretty good chili but are not yet ordained in the religion there are other categories. For teams made up of coworkers who want to represent the company with a special recipe there is a Business Division, and an Open Division for anyone who has been practicing their chili making skills at home. There is also a Junior Division for chili cooks under 18 years of age.



Not only do cooks compete in the various chili divisions, but also for Showmanship prizes as well. Recent years have witnessed an "arms race" of sorts in showmanship as teams adopt a variety of themes and have a lot of fun with it. In recent years we've seen teams of pirates,



basketball players, cowboys, weightlifters, and German's in lederhosen. "It's entertaining," notes Connely of the competitors. "They just outdo themselves and we love to just stick them together because then it just gets everybody riled up."

For those who just can't get enough hot stuff, there is also a Salsa competition – the jalapeno and tomato variety, not the Latin dancing, though there will be live music, so by all means, get your dance on. Cooks can sign up in advance (stop in at Connely's Calico Bean at 352 Bluff Street for registration forms) or even at the event the morning of the Cook-Off.



If you happen to be more of what we call the "eating" type than the "cooking" type, our advice is to get there early. The public tasting begins at 1 p.m. and there is usually a fairly substantial line forming by then. It's probably best to get a beer from the Dubuque Jaycees first, then get in line for the all-important "sampling spoon."

The spoon is just \$5 and entitles the person who wields it to taste as many varieties of chili as he or she can bear, or until the chili runs out, which is usually around 3 p.m. If (when) that happens, or if you're just not into chili (what is wrong with you?), there will be other food vendors serving a variety of other foods. Just remember, the competition is between the chili makers – there are no prizes for eating.

But Chili Cook-Off is not only an excuse to gobble chili and drink beer outdoors in

October (though it is a pretty good one) the event is, after all, a festival with entertainment and all sorts of family-friendly activities. The program typically features a performance by the Dubuque Rhythm Cloggers (time TBA, but probably from about 11 to noon) and live music provided this year by classic rock band 98 in the Shade (again, time TBA, but probably from noon until about 5 p.m.).



As we noted earlier, Chili Cook-Off is a family-friendly event and kids will have plenty to do to keep occupied with a variety of activities in the Kids Corner, including face painting, the "Dino Jump" bounce house, a fishpond, and pumpkin painting, organized by volunteers from Prudential Financial. The bigger boys can stay occupied watching football on a big-screen TV.

Football, chili and cold beer, all set in the picturesque Bluff Street neighborhood. "It's great down here, because (Chili Cook-Off) brings people who might not normally shop the downtown area," said Connely. "They realize the cool shops that are down here and the fun of the event itself. It's just a fun event! I've always loved Chili Cook-Off."



*Team 365's chili spokesmodels!*

Chili Cook-Off is sponsored by the Cable Car Square Association, Mystique Casino, Prudential Financial, KAT-FM, and the Dubuque Jaycees. Proceeds from this year's Cook-Off benefit Hills and Dales. For more information or cooks applications call Teri Connely at the Calico Bean on Bluff Street, at 563-557-8159.

[www.Dubuque365.com](http://www.Dubuque365.com)





**March of Dimes  
Tailgating for Babies**  
**Saturday, October 8, 12:30 - 5:30 p.m.**  
**Buffalo Wild Wings**

Join the football fun on the patio for Iowa versus Penn State game. Ticket Donation is only \$30 per person.

Game time is 1:30pm with the party starting at 12:30pm. The party features 4 flat screens covering all the action with food and beer provided (so the



key points are covered!). Take part in the bean bag toss challenge and game time raffle with door prizes and auction items available. All Proceeds go to support the March of Dimes, dedicated to improving the health of babies by preventing birth defects, premature birth and infant mortality. Since space is limited, you might want to call one of the two Robs for advance tickets! Rob Anglin, 563-581-1269 or Rob Coutchie @ 563-663-3300. Go Hawks! Go Babies!



**Chamber Grub Crawl**  
**Thursday, October 13**

Ever wish you could try some of Dubuque's best restaurants and get a feel for the dining in Dubuque, but don't know where to begin? Experience a little taste of the city with one of the Chamber's newest adventures, Chamber Grub Crawl, Thursday, October 13 from 5 to 10 p.m.

Here's how it works: Chamber friends, new and old leave their cars behind as they are shuttled to a variety of restaurant destinations. Participants will enjoy exclusive VIP service, socializing and a sampling of specially prepared food and drink, plus meet

local renowned chefs and restaurant owners.

When time is up, the party strolls to the next nearby spot for a fresh array of tastes and a chance to add another hotspot to your list of favorites. At the end of the adventure the group will all meet for a nightcap and share stories of the evening.

Participants will meet at the Chamber office, 200 Main Street, for cocktails between 5 and 5:30 p.m. From 5:30, participants will be shuttled to different area restaurants for specialty food and drink samples, returning after the tour at 10 p.m. For more information contact Damian Waid at 563.557.9200.



**East Dubuque Octoberfest**  
**Saturday, October 15th, 11 am - 6 p.m.**  
**Downtown East Dubuque**

The festivities supporting the Warriors Booster Club include a chili cook-off with a public tasting at 2 p.m., live music featuring the Lonely Goats from noon to 5 p.m., free Inflatable Rides (noon-5 p.m.) for the kids



as well as hay rides and fun and games (1-4 p.m.). Of course, there will be great bratwurst and more food available with college football plays on the outdoor big screen.

And the event is capped off by East Dubuque's Chili Dog Eating Contest sponsored by Mulgrew's and George & Dale's. Bring it on, Schmitt!



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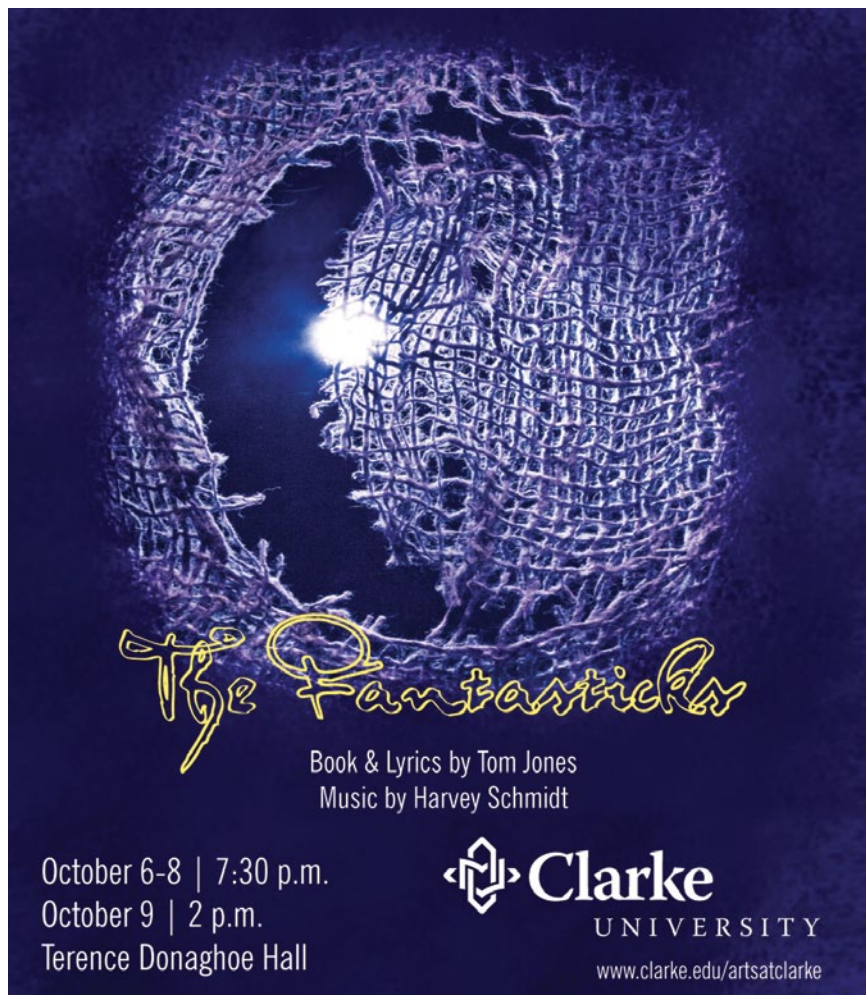
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**The Fantasticks**  
Book & Lyrics by Tom Jones  
Music by Harvey Schmidt

October 6-8 | 7:30 p.m.  
October 9 | 2 p.m.  
Terence Donaghoe Hall

**Clarke**  
UNIVERSITY  
www.clarke.edu/artsatclarke

## Clarke University Opens Drama Season with Legendary Musical 'The Fantasticks'

October 6-8, 2 p.m., 9th @ 2 p.m.

**6-9**  
OCT

The Clarke University Drama Department will present "The Fantasticks," with music by Tom Jones and the book and lyrics by Harvey Schmidt, from Thursday, October 6, through Sunday, October 9, in Terence Donaghoe Hall on the Clarke campus. Performances will begin at 7:30 p.m. on October 6-8 and 2 p.m. on October 9. Tickets are \$10 for adults, \$7 for seniors and \$5 for students.

The Fantasticks is the story of two fathers scheming to get their children to fall in love. Using reverse psychology, the fathers fabricate a family feud and build a wall between their houses, forbidding the children to speak. What follows is a story of love with twists and turns along the way. As the world's longest running musical, this timeless tale of love is known for enchanting audiences with

unforgettable musical numbers like "Try to Remember" and "Soon It's Gonna Rain."

Cast members for the show include Clarke students: Brian Eiffes, of Mount Prospect, Ill.; Traci Johnson, of Dubuque, Iowa; Tim Gelhaus, of Owen, Wis.; Luke Van Meveren, of Monticello, Minn.; Max McNett, of Evansville, Wis.; Rebecca Brosnan, of Algona, Iowa; Austin Rea, of Lodi, Wis.; and Adam O'Dell, of Dubuque, Iowa.

The show is directed by Clarke Associate Professor of Drama Joseph Klinebriel, MFA, and the pit orchestra will include the show's music director Jill Klinebriel on piano, Kim Lyon on piano and Masahiro Iwasaki, percussion. Allison Ott of Dubuque, Iowa, is the production's stage manager and Gage Steenhagen, of Roland, Iowa, is the scenic designer. Ellen Gabriellieschi, MFA, chair and associate professor of drama, is the technical director for the show and Robert Neumann, adjunct instructor of drama, is the costume designer.



## Twenty Dirty Hands 2011 Self-Guided Pottery Tour October 14-16

**14-16**  
OCT

Not the result of finger-painting at daycare, Twenty Dirty Hands is actually the name of an annual self-guided pottery tour that winds through the countryside of Northwest Illinois. Each autumn, a group of ceramic artists opens their studios and kiln sites to visitors and pottery enthusiasts over the course of a weekend. This year's tour, the 11th annual, falls on the weekend of October 14-16 with studios open to the public from 10 a.m. to 6 p.m. each day.

This year's tour will highlight the work of nine area potters spread across five locations from Elizabeth, Illinois to Galena. In addition to the work of featured artists, some locations will also be exhibiting the artwork of a variety of guest artists.

The first stop on the tour is Paul Eshelman's studio at 238 North Main Street in Elizabeth. Eshelman will host an openhouse in the studio where he creates his deceptively simple yet highly functional ceramics. Eshelman will also host Waverly potter Doug Reynolds (currently a featured artist at Outside the Lines Art Gallery) and guest artist Mia Ishiguro.

Winding its way back west (by northwest), the the tour makes its second stop at the studio of Joe Pinder at 14 Butternut Lane on Galena's east side. Once a student of Eshelman, Pinder's work draws from the strong shapes of early American pottery with unique decorative embellishment.

Heading slightly north, the third stop on the tour is the studio of ceramic artist Delores Fortuna at 7213 Buckhill Road northeast of Galena. A repeat exhibitor at Voices From the Warehouse, Fortuna divides her time between the Galena studio and teaching at the Art Institute of Chicago. Her work ranges from inventively functional to purely decorative. Fortuna will also be hosting guest artists Roberta Polfus and Patrice Murtha.

From north of Galena the tour finds its way south into the city for the fourth stop, Pine Hollow Pottery at 4700 North Council Hill Road in Galena. The studio will feature the work of new tour member Larry Priske along with three Twenty Dirty Hands veterans, Stephanie O'Shaughnessy, Ron Hahlen, Gary Carstens.

Finally, the tour meanders back south toward downtown Galena for the fifth and final stop, Kent Henderson's studio at 704 Dewey Avenue, just north of Galena's Main Street. Henderson's studio and gallery, Galena Clay Works is built into the hillside and displays his functional pottery and often whimsical post-pop ceramic objects.

For more information and a map of the Twenty Dirty Hands tour and information about each of the participating artists, visit [www.twentydirtyhands.com](http://www.twentydirtyhands.com).

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## Dark Chambers Opens October 7 Port of Dubuque

If you've driven along Highway 151 past the Port of Dubuque, maybe you've noticed a building not far from the Mississippi River Museum and Aquarium with a sign that reads "Dark Chambers." You might have wondered what that is all about. If you were one of curious thousands who have visited darkchambers.com, you would know that Dark Chambers is Dubuque's newest haunted experience.



While 365ink plans to do a full feature article on Dark Chambers in our next "Halloween" issue (October 13), we wanted to give local fright fans the heads up as Dark Chambers opens for the season Friday, October 7. The haunt will be open every Thursday - Sunday through the rest of the month, ending with a special Halloween scare the night of Monday, October 31. Dark Chambers will offer a "Lite Fright" for younger kids from 6-7 p.m. with a bit milder form of the experience, before the "Full Scare" is unleashed from 7-11 p.m.

While we can't divulge some of the secrets Dark Chambers holds, after a quick tour with haunt creator Trent Johnson, we can assure you this experience will scare you. As the Dark Chambers web site says, "Your fears are here..."

Johnson moved to Dubuque three years ago. A haunted house fan since his days volunteering as a high school student, he started making plans for his own haunt after experiencing the Jaycees Terror at the Fair. "When I came here I couldn't believe they only had one haunt in a city this size," he said. Thinking the market was big enough to support two local haunts, Johnson was surprised to learn

the Jaycees were not planning to continue Terror at the Fair this year.

"They called me and said, 'We're not doing a haunt. Do you want our stuff?'" relates Johnson. The timing proved perfect as he was able to use much of the Jaycees panels, props, and equipment in creating Dark Chambers and has even found a few Jaycees to volunteer with the construction of the attraction.

Fans of the Jaycees Terror at the Fair or their prior endeavor, the Haunted Forest, will not be disappointed in Dark Chambers. Johnson has solicited ideas from fright fans for features to be included in the haunt, so you might expect some of your favorites, but there will definitely be some things that are unexpected.



Though Johnson has gathered ideas from years of visiting haunts in other cities, he and his volunteer partners have come up with some truly twisted ideas brainstorming after long nights of working on the various rooms and passages through the haunt. "I really think it's going to be intense," said Doug Tilton, a Dark Chambers volunteer.

"Hopefully, everyone that comes through will know that this is the best, most intense haunt that has come to the Tri-State area," said Johnson. "Everybody, come down and check it out."

Dark Chambers will be open every Thursday through Sunday from October 7 through the end of the month with a special scare on Halloween, Monday, October 31. Lite Fright from 6-7 p.m. is just \$5 for little kids, with the Full Scare from 7-11 p.m. just \$10 for those brave enough to enter.

WEDNESDAYS | 8PM



OCT 5 NICK GRIFFIN

OCT 12 TAMMY PESCATELLI

OCT 19 GABRIEL RUTLEDGE

THURSDAYS | 8PM | NO COVER

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Fri - Thu: (12:15), (2:30), (4:50), 7:35, 9:45

**What's Your Number? (R)** No Passes Allowed  
Fri - Thu: (12:00), (2:20), (4:40), 7:20, 9:35

555 JFK Road, Behind Kennedy Mall  
[www.mindframetheaters.com](http://www.mindframetheaters.com)  
Movie Hotline: 563-582-4971

**Dolphin Tale 3D (PG)** No Passes Allowed  
Fri - Thu: (11:30 AM), (2:00), (4:25), 6:55, 9:20

**Killer Elite (R)** No Passes Allowed  
Fri - Wed: (12:05), (2:35), (5:00), 7:30, 9:55  
Thu: (12:05), (2:35), 9:55

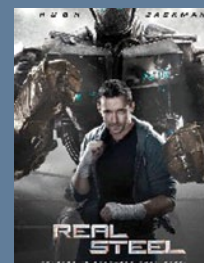
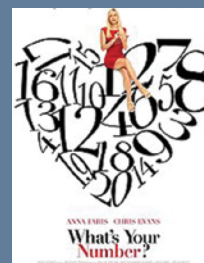
**Moneyball (PG-13)** No Passes Allowed  
Fri - Thu: (11:10 AM), (1:50), (4:30), 7:10, 9:50

**Sarah's Key (Elle s'appelait Sarah) (PG-13)**  
Tri-States Exclusive; Caption-ENG  
Fri - Thu: (11:25 AM), (1:40), (4:00), 6:45, 9:00

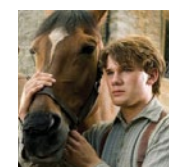
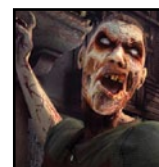
## coming to theaters :



**50/50 (R)** (Sept. 30) A true-ish story about friendship, love, survival and finding humor in unlikely places. Joseph Gordon-Levitt and Seth Rogen are friends whose lives are changed by a cancer diagnosis. • **What's Your Number (R)** (Sept. 30) Anna Faris reads a magazine article that leads her to believe she's going to be forever alone and begins a wild search for the best "ex" of her life. • **Dream House (PG-13)** (Sept. 30) Daniel Craig quit a job in New York City to relocate his wife, Rachel Weisz, and two girls to a quaint New England town. But they discover their perfect



home was the murder scene of a mother and her children. • **Real Steel (PG-13)** (Oct. 7) A gritty action ride set in the near-future where the sport of boxing has gone high-tech... Hugh Jackman is a washed-up fighter who lost his chance at a title when 2000-pound robots took over the ring. **The Ides of March (R)** (Oct. 7) During the frantic last days before a heavily contested Ohio presidential primary, when an up-and-coming campaign press secretary (Ryan Gosling) finds himself involved in a political scandal that threatens to upend his candidate's shot at the presidency.



## THE BUZZ...

The cinematic qualities of a withered old giant with ridiculous ears have at last proven themselves too tempting to resist, and DreamWorks has purchased the movie rights to The BFG, Roald Dahl's classic children's book about a big, friendly giant's efforts to rid the world of nightmares. Kathleen Kennedy and Frank Marshall are producing, while screenwriter Melissa Mathison (The Indian in the Cupboard, E.T.) screenplay. The last Dahl book to reach screens was the commercially under-appreciated Fantastic Mr. Fox, which managed only \$21 million domestic, and the similarly-charming 1996 adaptation of James and the Giant Peach didn't fare much better. Tim Burton's 2005 adaptation of Charlie and the Chocolate Factory made almost half a billion, though.

Susan Sarandon is in talks to join Dwayne Johnson on Snitch, in which she would play an ambitious U.S. attorney hoping to make a big case off of The Rock's undercover work.

Animal Kingdom's Jacki Weaver is likely to join Bradley Cooper and Jennifer Lawrence in David O. Russell's adaptation of The Silver Linings Playbook. Weaver would play Cooper's mother, who's caring for him since his release from a depression clinic.

Dead Island, that zombie game that got a lot of buzz for its atmospheric trailer featuring a little girl getting zombied and thrown out a window, is now going to be a movie, thanks to Lionsgate.

Hey, would you like to see a young man with an intense love for a horse? Well, if your desire doesn't put you in prison before Christmas, Steven Spielberg will give you just such a scene with War Horse, his adaptation of the book-turned-stageplay about a young soldier's attempt to find his drafted pet horse and bring him back home.

And in May, Sony is going to start making you pay for your own 3-D Glasses. Thank you Sony.

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## Driftless Film Festival

Film Screenings on October 6th-9th

Tickets are now on sale for the second annual Driftless Film Festival, which will run from from October 6-9th, 2011. Films will be shown at venues in Baraboo, Mineral Point, Platteville, Spring Green, Viroqua and Richland Center. Film showings will be held every night of the festival at every venue, with films ranging in genre from horror to documentary. Tickets can be purchased online at [brownpapertickets.com](http://brownpapertickets.com), at festival venues and select local outlets.

The venues for this year's festival are: the Mineral Point Opera House in Mineral Point; the Avalon in Platteville; the Al Ringling Theatre in Baraboo; the Gard in Spring Green; the Temple Theatre in Viroqua; and the City Auditorium in Richland Center. Actors and filmmakers will be present at many of the showings. Each venue's box office is now selling

tickets for the films showing at that particular theatre only.

Two of the films to be shown at the festival are Ballhawks and Fordson, both of which examine stories based in the Midwest. Ballhawks is the story of those diehard baseball fans who patrol the streets outside Wrigley Field in Chicago, tracking down batting practice or home run balls that clear the grandstand in a tradition that has been alive for nearly a century. Then, in 2004 (according to [www.ballhawksmovie.com](http://www.ballhawksmovie.com)), "after decades of disappointment the Cubs are relevant again." However, "the looming bleacher expansion threatens to change Ballhawking outside Wrigley forever—making each ball that leaves the yard even more precious."

Fordson is a feature length documentary about a nearly all Arab-American high school football team in Michigan preparing for a much anticipated game they are playing during the Ramadan fast in post 9/11 America. According to [www.fordsonthemovie.com](http://www.fordsonthemovie.com), this film "documents not only the players' outer struggle to overcome the hunger and thirst of fasting as they prepare for the big game, but also their inner struggle to reconcile their Arab heritage with their American birthright."

In addition to these films, there will be a significant number of short films produced by Wisconsin directors.

The Driftless Film Festival was founded by independent film producer Nick Langholff and actor Darren Burrows. It's mission is "not only to bring unique cinema to Driftless residents but to encourage people from outside the Driftless area to come discover it's many historic theaters and venues while experiencing one of the most unique and beautiful regions in the Midwest." State Theatres, LLC of Platteville's will be hosting DFF film events at their historic Avalon Cinema located on Main Street in downtown Platteville. Jeremy Patnaude, General Manager of State Theatres is also one of the founding members of the Driftless Film Festival.

For more on this year's event including film listings, locations and showtimes, visit [www.driftlessfilmfestival.org](http://www.driftlessfilmfestival.org).



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## TRI-STATE LIVE MUSIC

### Thursday, September 29

Jake & Eric  
Tony Roma's, 6 PM

Andreas Tranos  
Frank O'Dowd's Pub, 7 PM

Open Mic with Jeff & Jimmy  
The Cornerstone, 8:30 PM

The Horde, Wisconsin Death  
Squad, Dredge, Off Minor, 9 PM

Ida Jo & the Show  
Monk's Kaffee Pub, 9 PM

Jazz Jam with 'Round Midnight  
Bank Bar & Grille, 9 PM

### Friday, September 30

Soulsa  
Los Aztecas (Asbury), 6 PM

Laura McDonald & Jeff Weydert  
Riverboat Lounge, 6 PM

Pearls  
Stone Cliff Wine Bar, 7 PM

Corey Jenny & Mojo Busted  
Steve's Pizza, 7 PM

Rosalie Morgan  
Galena Brewing Co., 7:30 PM

Tony Walker & Jon Sendt  
Spirits, 8 PM

Renegade  
Dubuque Driving Range, 8 PM

Ian Gould  
Frank O'Dowd's Pub, 8 PM

John Moran  
The Cornerstone, 8:30 PM

Dead Larry  
The Lift, 9 PM

The Lo Pact / Flatline Production  
Reunion Show  
Casethejoint, Trife Mack, Flip,  
Emerg McVay  
Off Minor, 9 PM

Mighty Short Bus  
Mystique Casino, 9 PM

Stumble Brothers  
Northside Bar, 9 PM

Blackwater Gin  
Sandy Hook Tavern, 10 PM

### Saturday, October 1

98 in the Shade  
Chili Cook-Off, Cable Car Square 12 PM

Gene Watson, Country Tradition  
Mooney Hollow Barn, 7 PM

Dubuque Symphony Orchestra  
Five Flags Theater, 7:30 PM

The Fast Clydes  
Voices Warehouse Gallery, 7:30 PM

Lakeside City  
Galena Brewing Co., 7:30 PM

Brews Brothers  
Hazel Green Street Dance, 7:30 PM

Bryan Popp  
Mystique Casino, 8 PM

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Dubuque Driving Range, 8 PM

Johnny Rocker  
The Cornerstone, 8 PM

Ian Gould  
Frank O'Dowd's Pub, 8 PM

Dick Prall, Aaron Hefel  
Monk's Kaffee Pub, 9 PM

Reddoor  
Jumpers, 9 PM

Free 4 the Hauling  
Dubuque Driving Range, 8 PM

Bad Fished or Taste Like Chicken?  
Budde's, 9 PM

Boys Night Out  
Ace's Place, 9 PM

Full Code  
Jimmy B's, Leisure Lake, 9 PM

Robbie Bever  
Embe Eatery & Lounge, 9 PM

Rukus  
Dagwood's, 9:30 PM

Liberty Valance  
Sandy Hook Tavern, 10 PM

**Sunday, October 2**  
Fever River String Band  
Council Hill Station, 1 PM

Dubuque Symphony Orchestra  
Five Flags Theater, 2 PM

Open Mic  
Galena Brewing Co., 3 PM

Blackwater Gin  
New Diggings Gen. Store, 3:30 PM

The Midnight Ramble  
Offshore, 3:30 PM

Witch Hat, Inside the Rose  
Off Minor, 9 PM

Johnny Rockers  
Sandy Hook Tavern, 8 PM

**Tuesday, October 4**  
New Voices: Open Mic  
Rendezvous Coffee & Tea, 6:30 PM

Cal's Open Mic  
Sandy Hook Tavern, 8 PM

Daniel and the Lion, Anna Vogel-  
zang, Logan Ford  
Off Minor, 9 PM

**Wednesday, October 5**  
Acoustic Jam  
Cornerstone, 6:30 PM

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Noel Cooney  
Frank O'Dowd's Pub, 7 PM

The Pack A.D.  
Off Minor, 9 PM

"Controlled Chaos" Open Mic  
Monk's Kaffee Pub, 9 PM

Open Mic with Jeff & Jimmy  
Bank Bar & Grille, 9 PM

**Thursday, October 6**  
Noel Cooney  
Frank O'Dowd's Pub, 7 PM

The Sky Walkers  
The Cornerstone, 9 PM

**Friday, October 7**  
Noel Cooney  
Frank O'Dowd's Pub, 7 PM

Massey Road  
Dubuque Driving Range, 8 PM

Broken Rubber Band  
The Cornerstone, 8:30 PM

Joe & Vicki Price  
The Lift, 9 PM

Sid V & the Human Resources  
Ground Round, 9 PM

Misbehavin'  
Northside Bar, 9 PM

Mississippi Band  
Mystique Casino, 9:30 PM

Down 24  
Sandy Hook Tavern, 10 PM

**Saturday, October 8**  
Sunshine, 10 AM  
The Legends, 1 PM  
Galena Country Fair

Positively 4th Street  
Grape Escape, 2 PM

Massey Road  
Happy's Place, 7 PM

The Wundo Band  
Council Hill Station, 7 PM

Country Tradition  
Mooney Hollow Barn, 7 PM

Monsters of Mock  
Mississippi Moon Bar, 8 PM

Full Code  
Dubuque Driving Range, 8 PM

Andrew Houy  
The Cornerstone, 8 PM

Noel Cooney  
Frank O'Dowd's Pub, 8 PM

Valentine Trio  
Monk's Kaffee Pub, 9 PM

Black the Sun  
Jumpers, 9 PM

Taste Like Chicken  
Northside Bar, 9 PM

Impulse  
The Pit Stop, 9 PM

Half-Fast  
Budde's, 9 PM

Face For Radio  
Denny's Lux Club, 9 PM

Magnetos  
Grape Escape, 9 PM

Tantrym  
Doolittle's, Cuba City, 9 PM

Mississippi Band  
Mystique Casino, 9:30 PM

Crystal Leather  
Sandy Hook Tavern, 10 PM

**Sunday, October 9**  
Sandy Hook Scavenger Hunt  
Wild-n-Stupid, 12 PM  
Jason Brown, 6 PM  
The Magnetos, 8 PM

Fever River String Band  
Council Hill Station, 1 PM

The Legends, 1 PM  
Galena Country Fair

Open Mic  
Galena Brewing Co., 3 PM

Mighty Short Bus  
New Diggings General Store,  
3:30 PM

Noel Cooney  
Frank O'Dowd's Pub, 7 PM

**Tuesday, October 11**  
New Voices: Open Mic  
Rendezvous Coffee & Tea, 6:30 PM

Cal's Open Mic  
Sandy Hook Tavern, 8 PM

**Wednesday, October 12**  
Acoustic Jam  
Cornerstone, 6:30 PM

Noel Cooney  
Frank O'Dowd's Pub, 7 PM

"Controlled Chaos" Open Mic  
Monk's Kaffee Pub, 9 PM

Open Mic with Dave,  
Cricket, & Tim  
The Lift, 9 PM

**Thursday, October 13**  
Beatlemania Now  
Mississippi Moon Bar, 7 PM

Noel Cooney  
Frank O'Dowd's Pub, 7 PM

Leon Vines  
The Cornerstone, 9 PM

**Friday, October 14**  
Beatlemania Now  
Mississippi Moon Bar, 4 & 7 PM

Josey Wails  
Mystique Casino, 8 PM

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5900 Saratoga • Asbury, IA • 563-588-4458

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Budde's  
10638 Key West Dr • Key West, IA • 563-582-0069

Champps Americana  
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Club Rendezvous  
1850 Central

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Dagwood's  
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Denny's Lux Club  
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Diamond Jo Casino  
400 E. 3rd St. 563-690-2100

Dino's Backside (The Other Side)  
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Misbehavin'  
Dubuque Driving Range, 8 PM

Noel Cooney  
Frank O'Dowd's Pub, 8 PM

Andrew Houy  
The Cornerstone, 8:30 PM

Andy Frasco  
The Lift, 9 PM

Lonely Goats  
Jumpers, 9 PM

Pash n Brew  
Northside Bar, 9 PM

JJ Schmitz  
Embe Eatery & Lounge, 9 PM

Justin Morrissey & Friends  
Grape Escape, 9 PM

Taste Like Chicken  
Sandy Hook Tavern, 10 PM

**Saturday, October 15**  
Lonely Goats  
East Dubuque Oktoberfest, 12 PM

Andrew Houy  
The Cornerstone, 12:30 PM

Beatlemania Now  
Mississippi Moon Bar, 4 & 7 PM

Lonely Goats  
Dubuque Driving Range, 8 PM

Dirty Ernie's  
201 1st St NE • Farley, IA • 563-744-4653

Doolittle's Cuba City  
112 S Main • Cuba City, WI • 608-744-2404

Doolittle's Lancaster  
135 S Jefferson St • Lancaster, WI • 608-723-7676

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Eichman's Grenada Tap  
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Five Flags Civic Center  
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Galena Brewing Co.  
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Gobbie's  
219 N Main St • Galena, IL • 815-777-0243

Grape Escape  
233 S Main • Galena, IL • 815-776-WINE • grapeescapegalena.com

Noel Cooney  
Frank O'Dowd's Pub, 8 PM

The People's Brothers Band  
The Lift, 9 PM

Ifihadahifi, Grainbelt  
Off Minor, 9 PM

Six Shots til Midnight  
Jumpers, 9 PM

Bad Fished  
Mystique Casino, 9 PM

Renegade  
Northside Bar, 9 PM

Johnny Rocker  
Grape Escape, 9 PM

Daylight Savings Account  
Embe Eatery & Lounge, 9 PM

SuckerPunch  
Sandy Hook Tavern, 10 PM

**Sunday, October 16**  
Beatlemania Now  
Mississippi Moon Bar, 2 PM

Open Mic  
Galena Brewing Co., 3 PM

Zero 2 Sixty  
New Diggings General Store,  
3:30 PM

Leon Vines (Texas blues)  
Sandy Hook Tavern, 8 PM

Handle Bar  
736 Burtons Furnace Rd., Durango, IA • 563-552-2291

The Hub  
253 Main • 563-556-5782

Irish Cottage (Frank O'Dowd's Pub)  
9853 Hwy 20 • Galena, IL • 815-776-0707 • theirishcottageboutiquehotel.com

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2600 Dodge • 563-556-6100

Knicker's Saloon  
2186 Central Ave • 563-583-5044

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180 Main • 563-584-1702

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Port of Dubuque • 563-690-2100 • diamondjo.com

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373 Bluff St • 563-585-0919

Mooney Hollow Barn  
12471 Hwy 52 • Green Island, IA • 563-580-9494

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55 Locust • 563-556-9896

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**Tuesday, October 18**  
New Voices: Open Mic  
Rendezvous Coffee & Tea, 6:30 PM

Cal's Open Mic  
Sandy Hook Tavern, 8 PM

**Wednesday, October 19**  
Acoustic Jam  
Cornerstone, 6:30 PM

Noel Cooney  
Frank O'Dowd's Pub, 7 PM

"Controlled Chaos" Open Mic  
Monk's Kaffee Pub, 9 PM

Open Mic with Jeff & Jimmy  
Bank Bar & Grille, 9 PM

Mason Reed  
Sandy Hook Tavern, 10 PM

**Thursday, October 20**  
Noel Cooney  
Frank O'Dowd's Pub, 8 PM

The Good Stuff  
The Cornerstone, 9 PM

**Friday, October 21**  
Mississippi Band  
Northside Bar, 9 PM

Corey Jenny & Mojo Busted  
Sandy Hook Tavern, 10 PM

Mississippi Man  
Dubuque Driving Range, 8 PM



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7pm, October 6th, 2011

**6 OCT** With a showman's flair, a comedian's wit, and the capacities of a bona fide Mentalist or thought reader, The Amazing Kreskin has, for six decades, dramatized the unique facets of the human mind, his own. Kreskin's signature piece is requesting that his check be hidden somewhere within the venue he is appearing. If he fails to find it, he will forfeit his fee. Kreskin continues to offer \$50,000 to anybody that can prove that he employs paid secret assistants or confederates in any phase of his program. The 2 hour halloween show will ends with a live seance on stage! 16 people sit at 4 card tables as those tables are moving all over the stage like they're possessed. The audience can't believe their eyes! The inspiration for the 2008 movie "The Great Buck Howard," starring John Malcovich and Tom and Colin Hanks, come see why the legendary performer continues to command audiences at 76 years young.



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Also see page 15 for details on great Laughing Moon Comedy every Wednesday night and the much-talked-about Boogie Nights 70's and 80's dance club that sweeps guests away and drops them on the dance floor 35 years ago.



### The Lo Pact / Flatline Production Reunion Show

Casethejoint, Trife Mack, Flip, and Ringmaster Emerg McVay  
Friday, September 30, Off Minor

Local rhyme-slinger Casethejoint will celebrate a family reunion of sorts with The Lo Pact / Flatline Production Reunion Show scheduled for Friday, September 30 at Off Minor. The show will reunite four MCs - Casethejoint, Trife Mack, Flip, and Ringmaster Emerg McVay - who will not only celebrate their early days as The Lo Pact, but also the life of label-mate David Tate (aka Snake) who passed away in Dubuque in the summer of '09.

"A lot of my old school buddies have demanded I bring us together for a show," says Case. "But with Emerg in Phoenix, Trife in Sioux Falls, Flip in Milwaukee, and Snake gone, I really didn't think I could pull it off."

As legend has it, it all began 18 years ago when some kids who could freestyle found

a studio outlet with two aspiring producers who attended the University of Dubuque—the birth of Flatline Productions. They began generating new songs and projects every month, their song "Locksmith" becoming an infamous anthem to the crew and its followers.

Emerg, a UD student originally from Chicago, was the first to take his musical efforts to extreme heights. He would end up in Phoenix, Arizona as the front man for the hard rock/rap band Bionic Jive. Similar to Rage Against the Machine, they have a very heavy, lyrically driven sound with a political backbone. The band put out two albums on Interscope records. Emerg has since focused on his solo efforts and toured with the likes of Eminem, Ludacris, Nas, Public Enemy, and many more.

The finesse of the crew comes from Chicago native Trife Mack. Trife embodies the "handsome boy in modeling school" persona with a lyrical core of catchy metaphors and unparalleled braggadocios swagger. Most recently he's opened for Bone Thugs n Harmony and Young Buck in Sioux Falls. Trife's new LP, Rest on the Sabbath, is scheduled for an October release.

Dubuque's resident professor of the rhyme, Casethejoint has taught Dubuquers just about everything they know about hip-hop music and has no plans to retire anytime soon. Case will perform at the reunion show with DJ Biz-e One of Rockford, Illinois, with plans for some never before heard antics and new sounds that reach beyond the realm of just underground hip-hop. Add to this a special guest collaboration between Casethejoint and the "Evil KanEagle" of drums, Jon Eagle. Showtime is 9:00 p.m. and all ages! Come early, as DJ Biz-e One will be spinning the best old school rap records in his collection.



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# GENE WATSON & THE FAREWELL PARTY BAND

**Saturday, October 1  
Mooney Hollow Barn**

Traditional country music fans take note. The Mooney Hollow Barn Music Center & Saloon in Green Island, Iowa hosts a special concert by country music legend Gene Watson with his group, The Farewell Party Band, Saturday, October 1. The concert will begin with opening band Country Tradition starting at 7 p.m. Doors open at 5 p.m.

Considered by many traditional country fans to be one of country music's best ballad singers of all time, Gene Watson is still recording and performing past age 65. Of his more than 70 charting songs, Watson has had 23 Top Ten Country Hits, 6 of which went to number one. USA Today says, "Gene Watson is one of country's finest singers." Associated Press states, "He's never sounded better, which is saying something." Citadel Media's Real Country Radio Network awarded Gene Watson the title of 2010 Legend of the Year from their annual national fan voted contest.



Most recently, Watson partnered with "The Queen of Bluegrass" (as declared by the Wall Street Journal) Rhonda Vincent this summer, releasing an album of duets "Your Money and My Good Looks." The album has been praised by country music legend George Jones as "the real deal"

who said, "I haven't heard country music like this in years." Bill Anderson said, "It doesn't get any better than this!"



Watson's country classics include "Love In The Hot Afternoon," "Paper Rosie," "Fourteen Carat Mind," "Should I Come Home (Or Should I Go Crazy)," "Nothing Sure Looked Good On You," "Any Which Way," "You're Out Doing What I'm Here Doing Without," "Sometimes I Get Lucky," and "Drinkin' My Way Back Home," to name but a few. Watson is one of the rare singers who still sings in the same key as he did 30 years ago and his audiences respond with standing ovations night after night when he nails the octave jumping last note on his most requested song, the country classic "Farewell Party."

Though Watson has been recording and performing for decades, he remains appreciative of true country music fans. "I have been on top and I've been just as low as you can go," he relates. "There's a tremendous number of people around the world who continue to come out to hear some fiddle and steel and songs about heartbreak and real life. Those folks are there to support real country music and make it possible for singers like me to continue to sing it."

Tickets for the Gene Watson & The Farewell Party Band concert are \$50 (VIP), \$40 (Reserved tables) and \$30 (General Admission) and are available by calling 563-580-9497 or online at [www.mooney-hollowbarn.com](http://www.mooney-hollowbarn.com). While doors to the show open at 5 p.m. with the show starting at 7 p.m., those who arrive early can purchase a barbecue dinner from 4:30 to 6:30 p.m. Mooney Hollow Barn Music Center & Saloon is located 35 miles south of Dubuque on Hwy 52, Green Island, Iowa.

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## Art Gumbo: Empowering the Community

An interview with Paula Neuhaus and Megan Starr

by Pamela Brandt

"It was Megan's birth child, and I got shanghaied," said Paula Neuhaus about Art Gumbo Dubuque, an innovative grassroots art fundraising project that she co-founded with Megan Starr. One year ago, Art Gumbo sprang to life at Voices from the Warehouse Gallery, and on Thursday, September 29 from 6:00 to 8:00 p.m., the event will return to Voices for its first birthday celebration.



### Grassroots art fundraising

The idea took shape after Megan heard an NPR story about St. Louis' "Sloup," a meal-based fundraiser where people pay \$10 to vote on local art projects. She learned that under the unofficial umbrella of the Sunday Soup Network, similar initiatives are sprinkled across the country. "Each dinner is totally autonomous and can do it separately and how they want to," explained Megan.

The concept of community-driven grassroots fundraising was attractive to both women. "We're non-profit warriors. That's what we do for a living," said Paula. Compared to the complexity and bureaucracy of non-profit grant writing and fundraising, "How freeing to have the opportunity for an alternative funding source."

"We can do this," Megan recalled thinking at the time. "We don't have to be a non-profit. We can give away money at the end of the night and not ask for permission to do so. It was refreshing. Everybody brings 5 bucks, or 10 bucks, we get our friends to make soup, and we make a night of it." They were also motivated by their frustrations with bar-based nightlife. "It was an opportunity to create another social space in Dubuque, outside of the bars."

### Empowering the community to support art

The Art Gumbo vision is simple: "What I really want to see is people sitting down at a place setting, sitting at tables and discussing a project, eating and talking to each other and having it be a little more intimate," said Megan. And rustic simplicity carries advantages: "Not having a board, really only having to answer to ourselves and the community."

The broader goal of Art Gumbo Dubuque is to empower the community. "As Dubuque is moving toward this explosion of destination in the Midwest, those of us who choose to attend that dinner can make the choice what comes next," said Paula. "As a consumer, your money is power. When you're coming in with your money to that soup dinner, you're getting to choose what's going to enhance our art community next. Which comes next? Which awesome idea? We get to choose which one gets funded."

The collaborative nature of the project transforms ordinary people into art patrons. "I don't have \$500 to walk into an art gallery and invest in a painting, but I do have \$10 to say, 'I can help this person make this painting.' So to me it's a cool idea of community empowerment."

"I consider myself a non-artist," admitted Megan, "but I've always been very socially invested in the community art world, so it's an opportunity for reciprocity between

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patrons and artists or creatives.” For \$10, dinner attendees “get to be part of this cool project,” with one vote to cast for the proposal of their choice.

## Winning proposals

The September 29 dinner at Voices from the Warehouse will be the fifth meeting of this quarterly event. During the first ever Art Gumbo Dubuque, the prize winner was Gene Tully, director of Voices. His winnings allowed him to rent the equipment to hoist his metalwork sculpture of “Warehouse Grotesques” to the roof of his studio on East 9th St. The four raptor-like birds rise over Dubuque’s Historic Millwork District, guardians against hate, greed, violence, and addiction.



“It was great that Gene Tully won the first Gumbo since the piece is so public,” said Megan. “The 50 or so people who were there that night funded the cranes to put it up.”

“It’s a public, flagship piece,” agreed Paula. “The power of that being there in 5 years when the Millwork District is a thriving cultural district ... that’ll still be there.”

At the second Art Gumbo Dubuque, the winning concept was a then-and-now photography project by Tim Olson. He proposed to revisit the same Dubuque locations that had been visited by an unknown photographer in 1912. Using the same angles, with about the same technology, he would re-create the same images through a lens 100 years distant.

The following quarter, Tim presented a slide show of his work to date. “That’s part of that very loose responsibility,” said Paula. “The patrons are holding artists responsible. There’s no official final report, but what we ask the winners is to provide volunteer support at a subsequent event.”

In the third installment of Art Gumbo, the winning proposal was “The Great Draw,” a sidewalk chalk art competition held on Saturday, September 17 at Cable Car Square. Its mission was to seed a scholarship for a local graduating high school senior. “I really liked their project,” said Megan, “because it was in the spirit of Art Gumbo. They did the pay-it-forward thing. They took that money and grew it again.”

Since the beginning of Art Gumbo Dubuque, the grassroots funding project has grown and changed. “At the original Art Gumbo, the first one we did, my goal was to get 30 people in the room, or 30 voters. Our first two Art Gumbos were in the \$500 range, and then it doubled.”

“It exploded,” clarified Paula.

“It started feeling too big. It felt like the prize money was too big. And we want to keep it approachable and small enough that people feel like ‘Yeah, a couple hundred bucks to help me get my project going.’” So the two founders decided to put a cap on the winnings. At the September incarnation of the event, the creative group with the winning proposal will be awarded a maximum of \$750, with extra funds being rolled over to the runner(s) up.

They are steering Art Gumbo back toward its rustic roots, hoping that dinner attendees will “sit together and break bread, have soup, and discuss what’s in front of them ... really explore art and choose together what the community might want. We never want it to be a popularity contest where you’re buying votes.”



Even those who don’t win funding for their proposal can benefit by competing at Art Gumbo. “If you don’t win, you still have the opportunity to get your face, your name, and your project in front of art investors in the community, and many are heavy hitters,” said Paula. She recalled one proposal that did not win, but found private funding from one of the art patrons at dinner. “That’s what we were hoping for. Get ‘em in a room, shake it up, and talk about it.”

The successful runway hairshow, “Emergence of Spirit,” organized by Michele Chillook and presented at Voices Gallery on September 18, was initially conceptualized for the summer Art Gumbo although it failed to receive funding. Chillook took the idea and ran with it anyway, gathering volunteer support and giving Art Gumbo credit for inspiring her.

## Artist responsibility

What obligation do winners have toward Art Gumbo? “We’re asking artists to acknowledge us like they would any other granting body,” said Paula. For instance, Dubuque artist Katie Duffy, winner of the summer Art Gumbo grant for her Voices installation proposal, is scheduled to present an informal follow-up report at this quarter’s event. “Because we’re in the same venue that her installation is in, she has the best opportunity to offer a gallery talk,” said Paula.

The Art Gumbo application process has evolved as the co-founders evaluate what works and what needs improvement. For this event many of the rules have been changed: Visual artists may now bring a piece that they’ve created, proposals are limited in number so that the attendees aren’t overwhelmed by reading, and the verbal portion of the evening will receive more emphasis.

The first seven groups that apply will be eligible to compete for a mini-grant of up to \$750. Each competing group will be given about five minutes to verbally promote their project to Art Gumbo dinner attendees.

## Happy Birthday, Art Gumbo!

When asked about how they feel about the first anniversary of their innovative grassroots funding idea, both women were optimistic. “This will be the fifth, and it’s certainly not the final,” said Paula. “It’s important that we’re turning one, but to me, what’s most important is the work that we’ve achieved in one year.”

This quarter’s dinner will produce the fifth art proposal to benefit the Dubuque community under the Art Gumbo spotlight. “The response to this on a local level has tripled, almost. It’s starting to be more visible than ever, and that’s exciting for me.”

“I’m glad that we’re going to be able to keep it going,” agreed Megan. “It’s exciting to be able to return to Voices, back where we started, for our one-year anniversary.”



Megan Starr and Paula Neuhaus

For complete information about Art Gumbo Dubuque, including rules and the application process, visit their blog at [artgumbodubuque.blogspot.com](http://artgumbodubuque.blogspot.com). To read Pamela’s full article (this version has been edited for print), visit [www.voicesgallery.org/news/](http://www.voicesgallery.org/news/).

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**LIQUOR SERVICE:** Full Bar, Twelve Bloody Marys, Handcrafted Beers

**PRICE RANGE:** Lunch: \$8.99 - \$14.99, Dinner: \$9.99 - \$42.99

**RESERVATIONS:** Oct. 1st - Mar. 31 only. Call ahead list for Spring & Summer

**PAYMENT OPTIONS:** Cash, Debit, All Major Credit Cards, No Checks

**WHEELCHAIR ACCESS:** Ramp to Front Door & Ramp to Deck

**KIDS POLICY:** Children's Menu, High Chairs & Boosters

**CATERING:** Yes, **TAKE OUT:** Yes, **DELIVERY:** No

**PARKING:** Large Private Lot & Private Boat Docks



## Catfish Charlie's on the River

by Rich Belmont

Charlie Cretsinger, Proprietor of Catfish Charlie's On the River, had a goal in mind when in 2005 he built his restaurant and developed his dockage in the Dubuque Yacht Basin. He knew the city needed a good seafood restaurant and boaters needed a place where they could park their watercraft and go have a nice lunch or dinner.



So Charlie created a beautiful environment where people have a view of the Mississippi River and boat docks from every table.



He installed seafood experts in the kitchen and found suppliers that would allow him to serve fresh fish, shellfish, steaks and ribs at reasonable prices.

There was never any doubt Charlie would establish a marina fine dining restaurant. After all, he has been involved in the hospitality business for the last 32 years. He grew up on a farm in Coon Rapids, IA and began tending bar at a young age. He moved to Scottsdale and became a cook at Stooges Sports Pub. Then he cooked at



Jobbers Canyon in Omaha, finally moving to Dubuque in 1991. He then became a Managing Partner in a restaurant development company. It is now several years later and Charlie has built seven restaurants from the ground up.



First and foremost Catfish Charlie's is a place to have fun. There is a full bar in its own room where you can try twelve different Bloody Mary drinks. There is also a collection of handcrafted beers. The Bikini Deck is a good place to enjoy the sunny autumn days. And now would be a good time to book a cruise on their American Lady yacht to see the autumn colors. The boat will run through October and possibly part of November, weather permitting. (563-557-9700 or [www.AmericanLadyCruises.com](http://www.AmericanLadyCruises.com))



Now before I describe the wonderful cuisine I must tell you an interesting story about Executive Chef Steve Neece. Steve started his culinary career as a dishwasher working in one of Charlie's previous restaurants. He was so inspired by Charlie he enrolled at the Cooking and Hospitality Institute of Chicago, an affiliate of Le Cordon Blue. After graduating in 2002 he returned to Dubuque and worked his way up to become Charlie's Head Chef!



Steve and Charlie are always collaborating to produce exciting and memorable lunches and dinners. For example, many of the appetizers are as tasty as they are unusual. The Alligator



Nuggets (pictured left) are tossed in a seasoned tempura batter and fried. They are served with a sweet red pepper aioli. They are surprisingly good and taste a lot like turtle. Calamari is pictured above.

For those not so adventurous the Onion Rings are very popular. They are cut by hand and then dipped in beer batter before frying. My favorite appetizers are the Crab Cakes. All natural handpicked lump crab meat is mixed with fresh chopped vegetables and mayo. They are grill fried so they have the consistency of potato pancakes. You also can't go wrong with the baked crab and shrimp dip pictured below.



Be sure to have some Clam Chowder. This soup is made in house. It is a thick, consistent, traditional chowder overflowing with large clams and chunks of potatoes, celery and onions. You will not find better chowder anywhere, not even in New England.

The lunch menu includes four different hamburgers plus the Buffalo Burger

[www.Dubuque365.com](http://www.Dubuque365.com)





supplied by the Iowa Bison Company. However, the lunch specialty is the Fish Sandwich. This is a Filet of Ponga, also known as a Yellowtail Catfish. The white



meat is lightly breaded with seasoned flour. It is accompanied by a homemade sweet chili tartar sauce. Other very popular specialties are the Ponga Fish and Chips (below) and the Fried Shrimp.



All of these wonderful lunches are served with Charlie's famous homemade French fries. Freshly cut potatoes are fried in a dedicated fryer and sprinkled with sea salt.

This restaurant prides itself on serving meals that are slightly unusual and their Reuben (at right) is a prime example. Shaved and chopped corned beef is mixed with sauerkraut and Thousand Island dressing and served on grilled rye bread with Swiss cheese.

One of the signature dinner entrées is Charlie's Catfish. Farm raised filets are lightly dusted in a Cajun cornmeal, fried and served with a sweet



red pepper tartar sauce. Mayonnaise, chopped onion, pickle relish and lemon juice are combined to make this perfect complimentary sauce.

The Bourbon Salmon (pictured top left of the facing page) is another one of those unusual but scrumptious dinners. Wild Alaskan Keta Salmon is marinated for 36 hours in brown sugar and bourbon marinade. The Walleye is a Canadian filet drizzled with an amazing butter, lemon caper sauce.



People visit Catfish Charlie's from all over the Midwest. Many of them have a craving for the King Crab or Twin Lobster Tails.

The restaurant is currently using 10-12 Alaskan king crab legs. This means there



are on average 10 legs to 12 lbs. of crab. The Lobster dish is two cold water wild caught Canadian tails.

Fresh seafood is flown in once per week. The Chef buys small quantities so it is only available until sold out. On week-ends there are frequent special discounts of 4 to 5 dollars off to help diners enjoy fresh fish at very affordable prices.

Of course, the cooks are all seafood experts. They are also quite talented with meats as well.



Charlie's Special Ribs are dry rubbed with in-house blend of seasonings. Then they are smoked in hickory for 7 hours and then slow roasted for another 15 hours at a carefully controlled temperature. The



*Roasted chicken, try it with ribs!*

steaks are aged, choice grade and hand cut. The Steak Eater's Steak is a baseball cut top sirloin, center cut personally selected by Charlie. The Ribeye is a pound of steak char- broiled just the way you like it.

You know I always say save room for dessert. I recommend you select one of Chef Neece's home baked delights available Friday, Saturday and Sunday.

And speaking of Sunday: it's a good day to visit for Brunch. Omelets are made to order. You can have them along with chicken, ham, beef, catfish, bacon, sausage, biscuits and gravy, French toast and salads.



There are always special events going on at Charlie's too. Be sure to check their website for upcoming events. Beer and wine dinners will be starting in mid October. There are also many catered and fund raising events as well.

With so many things to do and meals to try it is not surprising a 2010 issue of Plain Outdoors Magazine gave Catfish Charlie's its highest rating. Outdoor Life Magazine ranked it number 2 in the US for restaurants by the water and Midwest Living listed it as one of its 60 restaurants worth taking a trip to visit.





**Friday, October 7 – November 4**  
**Opening Reception, Friday, October 7**  
**Maquoketa Art Experience**

**7 OCT** Maquoketa Art Experience welcomes Iowa artists Mary Zeran and Dena Tollefson this October for their group exhibit "Drips + Daubs: Painters Mary Zeran and Dena Tollefson Explore Nature." Through their work, the two Cedar Rapids artists explore various acts of exploration including scientific, observation, deconstruction, and creation. Each artist employs differing methods and materials in their paintings, but the common link is the innovative approaches to leaving a mark on a surface.



Dena Tollefson's body of work is a unique process she developed called "Daubism." A true colorist, Tollefson individually mixes oil paint and applies "daubs" to the canvas with a palette knife. The largest daubs are applied with a serving spoon, allowing ridges of paint to catch the light and appear to dance as the viewer moves past the painting. Tollefson has exhibited nationally in Texas, New York, California, and Georgia and in galleries throughout eastern Iowa. Her work is part of permanent collections in The Cedar Rapids Museum of Art, St. Luke's Hospital, and The Marion Arts Council.

Mary Zeran's work is seeped with juicy color, organic forms and lots of movement. She uses drips as an expression of rhythm, and motion, translating feelings and sensations into visual form. Pushing the limits of collage, Zeran layers multiple pieces of acetate to create imaginary abstract worlds. Zeran has exhibited nationally at galleries in New York, Seattle, and Los Angeles and in galleries throughout eastern Iowa. Critics from Artweek, The New Art Examiner, and The Seattle Post-Intelligencer have reviewed her work. Her paintings are part of permanent collections with The Metropolitan Museum of Art, The University of Iowa, and The University of Iowa Hospitals. She is a recipient of the Len Everet Scholarship and a graduate of The University of Iowa.



Maquoketa Art Experience will host an opening reception for Mary Zeran and Dena Tollefson on Friday, October 7 from 6-9 p.m. at 124 S. Main Street in Maquoketa. The exhibit will run through November 4, 2011.



**Outside the Lines Art Gallery**  
**Call to Artists**

**Entries due by November 1**

**1 NOV** Calling all artists! Outside the Lines Art Gallery is seeking artist submissions for a Mississippi River themed group show to be held in January and February at the Bluff Street gallery. This is the first time OTLAG has conducted a general call to artists for a themed group exhibit. The show is open to both two- and three-dimensional original work in any media, reflecting the artist's vision of the Mississippi River. OTLAG will award a "Best of Show" prize to be determined.



Interested artists can submit up to two pieces for inclusion in the show. Digital images are preferred, but hard-copy images may be submitted (include SASE if you want them returned). Two-dimensional work should include an image which indicates framing style and should not exceed 30" x 30". Three-dimensional images should be manageable in size. All artwork or images must be less than two years old and should be clearly marked with artist's name, title, medium, and retail price. Artwork cannot have been shown at Outside the Lines Art Gallery prior to submission, and all artists are responsible for deliver and pick up of their work. Each submission should include a non-refundable \$10 jury fee.

Entries for the January/February exhibit are due by November 1. Artists will be notified by November 15. OTLAG requests delivery of accepted artwork on Tuesday, December 29, 2011, between 10:30 a.m. and 4:30 p.m. Any artwork sold during the show will be subject to a 50 percent gallery commission. OTLAG will host an artists' reception for the show, Friday, January 6, 2012. For more information, call 563-583-9343, email otlag@aol.com, or visit [www.otlag.com](http://www.otlag.com).

**Dubuque Fine Arts Players Presents:**  
**One Act Play Winners**

**Performances October 7-8**

**Grand Opera House**

**7-8 OCT** The Dubuque Fine Arts Players present the winners of this year's One Act Play Contest, the 34th year for the competition that is the oldest one act play contest in the nation. Again this year, the debut performances of the winning plays will be staged at the Grand Opera House. Scheduled for the weekend of October 7-8, all three winning plays will be performed both nights starting at 7:30 p.m.

Each year the Fine Arts Players, an affiliate of the Dubuque County Fine Arts Society conducts the One Act Play Contest, receiving dozens of plays from all over the United States, as well as Canada, England, and even Russia. Plays must survive multiple readings to make it to the top ten, with the top three earning the honor of being performed. This year, one of the top three winning plays was written by Dubuque's own Daniel Fairchild. The winning plays for this year's contest are:

**First Prize**

First Prize goes to "No One's Home," written by Daniel Fairchild of Dubuque, and directed by Melissa McGuire. "No One's Home" is an absurdist comedy in which a man and a woman, waiting at their friend's door, imagine a number of scenarios to explain his absence.



**Second Prize**

Second Prize goes to "Flintrock Pie," written by Gary Jones of Sister Bay, Wisconsin, and directed by Colin Muenster. "Flintrock Pie" is a drama, a man's reflection on life, loss, and family.

**Third Prize**

Third Prize goes to "Life is Sweet," written by Judy Klass of Nashville TN. "Life is Sweet" is a nostalgic slice of life in which a family perseveres in depression era New York.

The three winning playwrights are awarded \$600, \$300, and \$200 respectively, and the winning plays are produced and performed by the group each year in the fall. Productions feature the talents of local actors and directors in the world premiere performances of winning plays. As always there will be a post-show discussion for the audience to interact with the actors, directors and any attending writers.

Performances of the three winning plays will occur at the Grand Opera House at 7:30 p.m., Friday, October 7 and Saturday, October 8. Tickets are \$15 and can be purchased at the door on the night of performance. For more information, visit [dbqoneacts.org](http://dbqoneacts.org) or [thegrandoperahouse.com](http://thegrandoperahouse.com).



## Grand Opera House October Events



### One Flew Over The Cuckoo's Nest September 29 – October 2 Grand Opera House

**29-30 SEPT 1-2 OCT** "One flew east and one flew west and one flew over the cuckoo's nest." The Grand Opera House presents "One Flew Over the Cuckoo's Nest" a play based on Ken Kesey's 1962 novel adapted for stage by Dale Wasserman. Most people are familiar with the 1975 film version starring Jack Nicholson but the stage version is considerably different. In this classic story of rebellion and deliverance, a psychiatric ward becomes a metaphor for what the author believes is the oppressive nature of American society.



Based on Ken Kesey's 1962 novel of the same name, "One Flew Over The Cuckoo's Nest" first premiered on Broadway in 1963 starring Kirk Douglas in the lead role of antiauthoritarian Randle P. McMurphy. The role was most famously played by Jack Nicholson in the 1975 film version for which Nicholson won the Academy Award for Best Actor, one of five the film won that year. Interestingly, Douglas originally bought the film rights to the story but could get no studio to finance the project. By the time Hollywood came around to the idea, Douglas was considered too old to play McMurphy.



In the Grand production, the iconic role will be played by Dan Fairchild with Andrea Bednar playing his nemesis, Nurse Ratched.

An impressive cast of Tri-State actors will perform this classic, which will be directed by John & Janet Burrow. "The Grand hasn't presented a serious drama for several years," noted Grand Executive Director, Paul Hemmer. "We have several more planned in the next two years and hope Tri-State audiences will welcome them with the same enthusiasm they've shown for our musicals."

"One Flew Over The Cuckoo's Nest" plays its final weekend, September 29 through October 2, 2011 with Thursday through Saturday evening performances at 7:30 p.m. and a Sunday matinee at 2 p.m. Tickets are \$18 for adults and \$12 for students and are available at the Grand box office or by calling 563-588-1305.



### Comedian and Folk Humorist Mary Mack Friday, October 14

**14 OCT** Comedian and folk humorist Mary Mack will perform her unique brand of comedy and music Friday, October 14 from 8 p.m. at the Grand. Mack and her mandolin sing-alongs, have been featured on the nationally syndicated Bob and Tom Radio Show, XM's National Lampoon's Comedy Network, and Minnesota's Polka Spotlight. After winning the 2005 California's Funniest Female Contest, she went on to appear in the Vancouver Comedy Fest (2007), HBO's Andy Kaufman Awards (2007), and Montreal's Just For Laughs Festival (2009). Mack had her national TV debut on Comedy Central's Live at Gotham and NBC's Last Comic Standing.

Mack's endearing stage presence and off-kilter, musical surprises, stemming from her background as former music teacher and polka bandleader make her popular with a wide array of people, including the deep fry cook at the Minnesota State Fair Mini Donut Booth who purchased a total of twelve Mary Mack CDs. Tickets are just \$15 for adults and \$10 for students.

COMEDIAN AND FOLK HUMORIST  
**MARY MACK**  
TICKETS: \$10 STUDENTS \$15 ADULTS  
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563-588-1305 THEGRANDOPERAHOUSE.COM  
OPERA GRAND HOUSE  
THE BOB & TOM SHOW  
COMEDY CENTRAL  
LAST COMIC STANDING



### An Evening of Gershwin Saturday, October 15

**15 OCT** The Dubuque Arts Council hosts a special concert by young American pianist Thomas Pandolfi at the Grand. Considered a leading interpreter of the works of George Gershwin, Pandolfi will perform "An Evening of Gershwin" Saturday, October 15 from 7:30 p.m. Reserved seats are just \$20.

In the Gershwin-themed concert, Pandolfi will perform a range of Gershwin favorites including his "Concerto in F" and "Rhapsody in Blue." Recognized not only for his flawless technique but also for his passionate interpretation, Pandolfi is gathering rave reviews from critics and audiences alike.

"Pandolfi commenced his all Gershwin recital with a solo version of the Concerto in F ... as he threw himself into the first

movement, it was easy to see why Pandolfi had been invited to perform, since his showmanship and emphasis on the dramatic aspects of the work were in full force. So much so, in fact, that as he brought the first movement to a thundering close, the audience forgot there were two more movements and reacted with a vigorous round of applause. ... The dramatic performance of Rhapsody in Blue brought the audience to their feet in a rousing ovation," said The Observer.



### Country School: One Room, One Nation Sunday, October 16

**16 OCT** From the producers of the award-winning films "Villisca: Living with a Mystery" and "Lost Nation: The Ioway" comes Country School: One Room, One Nation, a documentary of the life, death and rebirth of an American Icon. The special screening of the film at 2 p.m. will be followed by a discussion with the filmmakers at 4 p.m. General admission seating is just \$5.

Tickets for all shows are available at the Grand box office or by calling 563-588-1305.



## Riverview Center Presents: Guided Meditation

Tuesday, October 4

River Room, Grand River Center

**4** Have stress in your life? Of course you do. Looking for strategies to deal with it? Riverview Center will host a free, guided meditation session Tuesday, October 4 from noon to 1 p.m. in the River Room of the Grand River Center. The program will provide simple techniques to reduce stress and increase focus to start, end, or take a step back from your day. Meditation Instructor and Stress Management Coach, Patrick Sterenchuk will guide you through these empowering exercises that anyone can learn and use right away.



This event, recognizing the beginning of Domestic Violence Awareness Month, is a free event to share strategies with the community as we learn how we can foster peace and well-being within ourselves, our families, our work environments and our community.

The peace and wellbeing of any community lies within each of its members. A community that comes together to celebrate peace and wellbeing helps ensure that for everyone.

"Peace must come from within," explains Sterenchuk. "You cannot mandate peace. You can mandate social order, to a certain extent, but real peace is a choice. It is a personal choice, to live from peace, and it starts with an awareness of our own inner state of being ... making a practice of 'checking in.' Asking simple questions, like, 'Am I holding stress, and if so, where am I holding it?' or the ever important, 'Am I breathing or holding my breath? Are my breaths quick and shallow, or am I taking deep, slow breaths?'"

During the guided meditation session, Sterenchuk will build on some of those simple, foundational understandings, and share some other tools and techniques like guided meditation, guided imagery, and visualization, for helping people create a daily practice that can help them cultivate real peace, within themselves – peace that ultimately resonates out into the community. Participants need not subscribe to any particular mystical orientation; the guided meditation session is non-religious, non-political, and is based on sound science and medicine.

Riverview Center is a nonprofit agency committed to providing compassionate, client-centered care for individuals affected by sexual assault in Iowa, and for individuals affected by sexual and domestic violence in Illinois. The organization's free services include a 24-hour crisis hotline, legal and medical advocacy, long and short-term counseling, emergency shelter and transition assistance for domestic violence survivors, and violence prevention education programs. For more information, visit [www.riverviewcenter.org](http://www.riverviewcenter.org).

If you or someone you know is a survivor of sexual assault or domestic violence, please call Riverview Center's offices to learn about their free services. The Riverview Center Sexual Assault Hotline is 888-557-0310. Illinois residents can call 815-777-3680.

**Free services for sexual and domestic assault survivors**

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## Growing Sustainable Communities Conference

October 11-12

Grand River Center

**11-12** The City of Dubuque hosts the fourth annual Growing Sustainable Communities Conference, October 11-12, at the Grand River Center. The conference will feature four tracks of educational sessions for municipal government professionals as well as business and community leaders of all stripes.

Presented by the City of Dubuque and Sustainable City Network, Inc., the conference will teach leaders and staff how to create a balance between environmental, economic and social sustainability in resource management, transportation, and energy efficiency. Additional sessions will focus on project management, financing options, and community engagement.

The conference, held at the Grand River Center in the Port of Dubuque, 500 Bell St., will address such topics as green infrastructure, complete streets, fleet management, lighting retrofits, green building metrics, power purchase agreements, materials management, renewable energy, and much more. See [www.GSCDubuque.com](http://www.GSCDubuque.com) for details.

Three pre-conference workshops and a networking reception at the National Mississippi River Museum & Aquarium will be held Tuesday afternoon and evening on October 11, with the main conference convening from 8:30 a.m. to 5 p.m. Wednesday, October 12. Special discounted rates at three local hotels are available for a limited time, with rates starting at \$89. The Grand Harbor Resort, the Hotel Julien and the Holiday Inn are all within walking distance of the conference.

The City of Dubuque is nationally recognized as one of the most progressive, successful and sustainable cities in the Midwest. Its picturesque river bluffs, colorful autumn leaves and clean city streets make it truly a "Masterpiece on the Mississippi." The "Sustainable Dubuque" initiative integrates 11 sustainability principles which provide a framework for its strategic planning process and serve as a programming guide for the annual Growing Sustainable Communities Conference.

Sitting at the convergence of Iowa, Illinois and Wisconsin, Dubuque is home to five institutions of higher education, two casino complexes, a greyhound race track, the National Mississippi River Museum & Aquarium, and hundreds of shops and restaurants that make it a popular tourist destination. This year, Dubuque's job growth was ranked 18th in Moody's analysis of the top 392 metropolitan areas in the U.S. In 2010, Forbes named Dubuque "America's best small city in which to raise a family," and Fast Company magazine called Dubuque "one of the 10 smartest cities on the planet!"

Sustainable City Network's online magazine, [sCityNetwork.com](http://sCityNetwork.com), and e-mail newsletters provide municipalities with vetted information on topics ranging from sustainable building practices and energy conservation to the latest technologies in waste management, public transportation, watershed maintenance and pollution control.

Attendees may register online now at [www.GSCDubuque.com](http://www.GSCDubuque.com). Special "early bird" pricing is available for a limited time. Students may also attend, and the first 100 to register will be admitted free.







## 40 years of Dubuque Rugby Celebration

The Gentlemen of Dubuque Rugby Football Club vs. Gopher College of Algona  
Saturday, October 1, Rite-Hite Field

**1** The Gentlemen of Dubuque Rugby Football Club hosts a Saturday match on their home turf at the Rite-Hite Field on 4343 Chavenelle Road on Saturday, October 1. The Gentlemen square off with the team from Gopher College of Algona, Iowa at 1:30 p.m.



The game is also serving as a "Homecoming" of sorts as the Gentlemen are inviting back all the "old boys of Dubuque rugby" – a history of players stretching back 40 years. The event will begin with a pre-match social for the "old boys" at 12:30 p.m. The afternoon match will also be followed by a social and awards ceremony at Lot 1 at the corner of 1st and Main Streets.

The Gentlemen opened the fall season with a stunning victory over the Grinnell Grif-fins from Grinnell, Iowa, scoring 128 to 0. Always strong contenders, the Gentlemen of Dubuque have not lost a league match since 2009, to Cedar Rapids, who finished third in the nation that year. Dubuque's only loss last season came in the second round of the playoffs, to the Metropolis Rugby Club out of the Twin Cities, who continued on to be national champions.

The Gentlemen will also host a home game at Rite-Hite Field on Saturday, October 8 with a match against the Iowa City Ducks. The team goes on the road the following two weekends, playing the Quad Cities Irish on October 15 in Davenport and the Pearl City Bears on October 22 in Muscatine.

The rugby club is always looking for new players due to some turnover each new season. Practices are Tuesday and Thursday evenings at Holy Trinity School starting at 6 p.m. For more information, visit [www.gentlemenofdubuque.com](http://www.gentlemenofdubuque.com).



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## What U R Reading

By Bob Gelms

In the last issue I wrote about some books that had a particular influence on me as I grew up into the kid I am today. At the end of that piece I asked you, the reader, to share with me any books that changed you in some way. I got a response and I would like to share with you what you are reading,

"J" from Bellevue wrote a nice letter delivered by snail mail. The books that effected him the most are, and I have to say that this was the most interesting list I got, The King James Bible, the works of Flannery O'Connor (pictured below, sort of), the works of Charles Bukowski, the works of R. Crum, and the works of Ahaaron Applefeld. Any guy who includes Flannery O'Connor and R. Crum on the same list is a guy I'd like to know...very cool!



I got three responses from people who don't live here in Dubuque but read 365ink online. "C R" from out of town writes that the two most significant books in her life were The Hitchhikers Guide to the Galaxy (the series), Old Yeller and The Man Who Wouldn't Wash His Dishes, which doubles as my (Bob's) autobiography.

"B C's" list is as long as that of a varied and eclectic reader. Here are the highlights. The Raw Shark Texts by Steven Hall; BC cautions that you need to read an actual hard copy of this book to get the full effect that you won't get as an e-reader. BC compares Back Roads by Tawney O'Dell favorably to Cather in the Rye. BC says every time she opens a closet door she thinks of House of Leaves by Mark Danielewski. A short interjection by me on that one; there are, shall we say, very interesting and, yes, I'd say especially interesting things in closets in The House of Leaves. BC's list continues with the most interesting children's book I've ever read. BC says The Giver by Lois Lowery is one of the few books

I've gone to multiple times, dystopian science fiction in the form of a children's book. Awesome! Next BC describes Dangerous Laughter by Steven Millhauser as hauntingly beautiful. BC casts another vote for the works of Flannery O'Connor and she lists To Kill a Mockingbird for, she says, obvious reasons. BC mentions The Virgin Suicides by Jeffery Eugenides, Fun Home by Alison Bechdel, and The Passage by Justin Cronin. Lastly BC writes about Helter Skelter by Vincent Bugliosi. She says, "Much like

what House of Leaves did to closets, I think of this book almost every time I wake up in the middle of the night - I now have to look at the floor to make sure none of the Manson clan is crawling around down there; intensively researched.

VE, from way out of town, seems to have her head in the upper atmosphere and a directed look toward the future. This is VE's list; Stranger in a Strange Land (Heinlein)

The Awakening (Chopin) The Company She Keeps (McCarthy) The Dispossessed (Le Guin)

The Dragons of Eden (Sagan) The Omnivore's Dilemma (Pollan). VE makes no comments on these seminal works in their

recluse and the subject of a new biography just out. For years I thought Salinger had looked into his crystal ball and saw a goodly chunk of my psychological life. I finally realized that Holden's sense of alienation and his recurring opinion that most people are phonies are endemic to all teenagers everywhere. For some reason I wound up collecting 6 or 7 copies of The Catcher in the Rye. Mostly because I thought I'd lost them so I'd buy another one. One day I found them all and put them on my book shelf. My whole family commented on it. At the time I was a Martin Scorsese freak and Taxi Driver was my favorite movie. Then, John Hinckley shot President Reagan. My family looked at me strangely for months after that.



Childhood's End by Arthur C Clarke was one of the huge books of my childhood which was filled with science fiction books crammed with aliens trying to take over the Earth. CE was about image as much as anything because the aliens looked like "you know who." These aliens were here to help. You call that help. That book taught me that sometimes people who don't look like me are not what they seem but, however, occasionally, they are.

The Lord of the Rings by JRR Tolkien; these 3 books were another collectively looming presence in my childhood. Take that Ms. J K Rowling and stuff it up your magic wand.

respectful disciplines. I am certain that anyone reading any of these books will have a rewarding experience for the effort.

Lastly, a few more from me; The Catcher in the Rye by J. D. Salinger (pictured above, sort of), the world's most famous

I really like hearing from you so keep it up. e-mail me: robertpgelms@yahoo.com

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## Dishwashing as a Spiritual Quest

by pam kress-dunn

This summer, I had grand plans for my medical leave following what my doctor called "major surgery." I stocked up on DVDs, magazines, and, especially, books. I bought new artwork for the bedroom walls, and readied the cherry wood lap desk my daughter gave me for Mother's Day. For good measure, I persuaded my husband to paint the ugly bedroom ceiling a creamy color named "December Stars." I figured I'd be spending a lot of time looking up at that ceiling while my body healed.

I did spend more time than usual in bed, or on the sofa, but most of the time, it wasn't the surgery, but my old friend the migraine that sent me there. Eventually, I learned from my Michigan neurologist that Sudafed, which I was taking for a sinus problem, causes major rebound headaches. Who knew? Not me.

So there I was, surrounded by a library of entertainment, unable to enjoy any of it. Sure, I read four books, but I can read through a tornado, as long as you chain me to something sturdy. But I had to put them down much sooner than I wanted to; it's kind of hard to read when you can't open your eyes. So I sat on the sofa, doing absolutely nothing. Going home and sitting on the sofa may sound like heaven in the midst of a hectic workday. Trust me – it's not.

So there I was, bored to tears, wishing I knew how to do some kind of creative thing with my eyes closed. I never learned to knit, crochet, or needlepoint. Using a sewing machine blindfolded is not advisable, what with that needle going up and down right next to your fingers. As it turned out, the only thing I could do that was pain-free and even soothing was – are you ready? – washing the dishes.

At our house the man does the cooking. Oh, sure, if company is coming I rally to the cause, pulling out my library of cookbooks and my semi-organized file of recipes clipped from magazines, the best of them well-spattered with various foodstuffs. But the everyday cooking, the tyranny of the daily dinner, I leave, gratefully, to my husband.

In turn, I do the dishes. We own a dishwasher, a new one added during 2009's Great

Kitchen Renovation Ordeal. I'm grateful to have it, mainly after company comes, since we not only dirty a lot more plates and forks, but also an astonishing array of bowls, beaters, zesters, and other rarely used implements in the spirit of grand entertainment.

Loading and unloading a dishwasher is not so much fun. You have to bend over, and line things up, and squeeze that last plastic container between the mixer bowl and the butter dish, hoping nothing bounces around too much as the hot water goes berserk. I always feel a tiny cringe when I open it back up. Did anything break? Is it really clean? And what happened to the cherry pitter?

My mother never had a dishwasher, though with all the cooking and baking she did, she certainly could have used one. She was an accomplished washer of dishes, and my sister and I learned to dry and put them away without too much complaint. She looked askance at those newfangled dish-washing machines. She told me that once, after dinner at my Aunt Louise's house, she observed Louise painstakingly rinsing and scraping each dish with a wet sponge before carefully setting it into the dishwasher. "You know," said my mom, "If you added just a little soap to that sponge, you could wash those dishes in the time it takes to get them ready for the machine." I have no idea what my aunt's response, if any, was. Mom was just trying to help.

So there I was, last July and August, buffeted by two kinds of pain, dragging myself out to the kitchen if there was even one meal's assorted dishes to wash. First I rinsed them, then put them on the counter in an order that probably made sense only to me. Then I filled the left side of the sink with hot water, accompanied by lemon-scented detergent. ("Concentrated Joy"!) Armed with yellow rubber gloves, I took my washing sponge in hand, scrubbing everything in the order that made sense to me: plates, from small to large; glasses; oddball stuff like custard cups and pot lids; pots and pans; and finally the utensils – first



the large cooking tools like whisks and ladles, finally the knives, forks, and spoons.

There is something very comforting about doing the dishes. You bring order to the panoply of well-used kitchenware even before it's washed. Your hands are sunk into the warmth of the soapy water. You remove all the food and rinse it away. You stack it all up to dry, then wipe the now-empty counter with a flourish.

Catholic writer Kathleen Norris has called household chores like dishwashing and laundry "The Quotidian Mysteries." She wisely notes that "our greatest spiritual blessings are likely to reveal themselves not in exotic settings but in everyday tasks and trials" pointing out that "The activities I find most compatible with contemplation and writing are walking, baking bread, and washing dishes. . . . And in dishwashing, I approach the moral realm; there are days when it seems a miracle to be able to make dirty things clean."

She's right, especially on those days when the rest of the world, or at least the body you live in, seems intent on getting in the way of anything approaching spirituality. You can still wash the dishes. You can still make the world, and yourself, a little better.

pam2617@yahoo.com

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# Carnegie-Stout PUBLIC LIBRARY

*Check out the possibilities!*

## Trash or Treasure?

Antique Appraisal Event  
with Mark F. Moran

Carnegie-Stout Public Library presents Trash or Treasure?, an antique and collectibles appraisal event featuring author and antiques expert Mark F. Moran on Saturday, October 1 from 9 a.m. to 4 p.m. in the 3rd floor Aigler Auditorium. Formerly senior editor of Antiques and Collectibles Books for Krause Publications in Iola, Wis., Mr. Moran has also been a contributing editor for Antique Trader magazine. He has served as editor of Antique Review East magazine; as producer of Atlantic City, an antique show held in Atlantic City, N.J.; and as editorial director of F+W Media's Antiques Group. He has also been a guest expert on the PBS series Antiques Roadshow. The event



will be broken up into two sessions, the first from 9 a.m. to 12 p.m. and the second from 1 p.m. to 4 p.m. There will be a \$5 charge per item with a 2 item per person limit. The public is invited to come and observe the event free of charge. No advance sign-up is required and the appraisals will be done on a first-come, first-serve basis. For more information please call the Carnegie-Stout Public Library at 563-589-4225 or visit the Library's website, [www.dubuque.lib.ia.us](http://www.dubuque.lib.ia.us). A biography of Mr. Moran and as a list of items he is able to appraise will be available for pick-up at the Reference desk.

# TRASH or Treasure

# mattitude

be yourself, improve yourself



## Un-Discipline

by matt booth

*I'm un-discipline when:*

I eat fast food. I wait too long to write an article. I don't get up at 5:16am every morning. I drink too much Bud Light. I text and drive. I wait until the last minute to buy my wife's birthday gift. I swear. I don't exercise. I don't call my grandma. I screw up the laundry. I don't change my oil every 3,000 miles. I don't brush my dog. I spend money. I don't save. I don't go to the doctor. I don't read. I don't listen. I talk. I watch TV. I listen to gossip. I spread gossip. I procrastinate. My car is dirty. I don't put the dishes away.

Everyone has behaviors they wish they could overcome. We are not naturally disciplined or naturally un-disciplined. Patterns have been established over time that lead to behavior. To change, it's a matter of altering your behavior consistently. Un-discipline is comfortable laziness. Discipline requires effort.



However, there is a misconception regarding discipline. It is often thought of as a dirty word that is very strenuous and difficult. Discipline is not about punishment or a restrictive lifestyle. It is your ability to behave

according to what you have decided is best, rather than instant gratification. Un-discipline is the main reason for the failures we experience and the underlying reason for our problems. Discipline is actually freeing.

If your doctor told you that you need to lift weights, you would start with light weights, gradually working your way up to the heavy ones, thereby increasing your power. So it is with discipline. Anyone can start from where they are and become more disciplined. If you are working out at the gym for the first time, you should start slowly. If you try to lift the 100 lb. weights, you will feel overwhelmed and might quickly give up. But if you start with 10 lb. weights, your workouts will be easier and your successes will motivate you to move on to bigger challenges. Therefore, when setting out to change your behavior, don't decide to work on the toughest task first, but choose an easier one and work your way up.

As you begin to build discipline, you will catch yourself being un-disciplined – e.g. swearing, skipping your exercise, eating fast food, or gossiping. Developing discipline takes time, and you will become aware of your un-disciplined behavior which gives you the opportunity to change it. When you feel too weak, lazy or shy to do something you want to do, do it anyway. When you start something, finish it.

Whether it is your health, relationships, or finances, un-discipline behavior eventually leads to disaster. When I'm un-discipline, I'm un-successful. The ability to self-manage your actions is proportional to the level of success and happiness you will experience. Discipline unleashes a great power and you begin to realize that your life is not controlled by whims of fate, but by your actions.

## Mattitude Improvement Tip

### The Justification Virus

A common and very destructive virus found in society today is the Justification Virus. As humans, we tend to justify our bad decisions. We use the power of excuses to rationalize poor performances, crappy attitudes, and ultimately our lack of happiness. Excuses such as; "I don't have time to eat right!" "They don't pay me enough!" "He/she is just too demanding!" are symptoms of the justification virus. Once you begin to consciously recognize the symptoms, you can focus your efforts towards resolving the real issues.

### Want to see Matt Booth Live?

Join the Dubuque Jaycees on Thursday, October 13th at the Diamond Jo Casino for this nationally recognized program titled "What's In Your Wallet?". After attending this program and following the simple steps, you will accomplish more, learn more, and earn more – GUARANTEED! Limited seating. 6 - 7 p.m.: What's In Your Wallet, 7 - 8 p.m.: Cocktails with Matt Booth & the Dubuque Jaycees. Jaycees members no charge - Non-members \$15. Please contact Megan Stralow with questions at 563-581-9464 or [mstralow@lamar.com](mailto:mstralow@lamar.com).

October 2011 is Make a Will Month



Make a Will Committee, A Tri-State Initiative

Attend a **FREE**, one-hour informational session on preparing your will.

All sessions are open to the public.



Participate in the prize drawing - we'll tell you how!

You could win a dinner package for two at the Woodfire Grill at the Diamond Jo Casino, Dubuque

"If you do not Make a Will, then your will is to allow the state laws to decide who gets your assets & personal property."

Tuesday, October 4 - 7:00 pm

NICC Peosta Campus - in the NECAS building-- (the National Education Center for Agricultural Safety) building at the rear of the campus, Peosta

Thursday, October 6 - 7:00 pm

East Dubuque District Library, 122 Wisconsin Ave., East Dubuque

Thursday, October 13 - 5:00 pm

Community Foundation of Greater Dubuque, Roshek Bldg., 700 Locust St., Suite 195 (mezzanine level), Dubuque

Sunday, October 16 - 1:00 pm

Colts Drum Corps - 1101 Central Ave., Dubuque

Wednesday, October 26 - 2:00 pm

Carnegie-Stout Public Library, 3rd Floor, Aigler Auditorium, 360 W. 11th St., Dubuque

Sunday, October 30 - 2:00 pm

Carnegie-Stout Library, 3rd Floor, Aigler Auditorium, 360 W. 11th St., Dubuque

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Move over, Steve!

Do it yourself advice from  
a new mom who knows how...

by Sara Carpenter  
from Steve's Ace Home & Garden



Last weekend my husband and I reached a milestone, we celebrated our 2nd wedding anniversary. Just like two years ago, the weather was beautiful on Saturday and we decided to go for a road trip, just the two of us. Ultimately, our destination was Warrens Wisconsin, home of the World's largest Cranberry Festival. On our way we stopped by Gays Mills, to enjoy some delicious apple fare and see some of the beautiful Fall colors. It certainly got us in the fall mood...pumpkins, gourds, mums, corn shocks, galore! Sometimes all you need is a little inspiration to go home and plan your very own fall makeover.

After we arrived back home, I was super excited to see some of the new pumpkin styles that just arrived at Steve's Ace. Giant White, Warty Green and Orange and even Snake Gourds came just in time for our annual fall Harvest Day Festival, which takes place this Saturday from 10am to 3pm.

Need a little inspiration yourself? Dress up your Fall container by placing a cool pumpkin in the center of your pot. Next, add your "thriller" plant, something with height like an ornamental grass, for example. New this season is a corn plant called "Field of Dreams" which is a cool blend of pink, greens and white striped foliage, which would also work as a non-traditional "thriller."

I love all the textures of fall plants. Use chard, mums, asters or kale for your "filler", on either side of the pumpkin. Finally, for the "spiller", try our new trailing pansies!

Instant fall color that will last until the snow begins to fly, if not longer.

Things to do in the October garden:

Wait until we get a hard killing frost before cutting back your perennials for the season. Let them photosynthesize as long as possible to strengthen their root systems for Winter. Consider leaving perennials with seed heads for the birds to enjoy over the Winter such as: Echinacea (Purple Coneflower), Rudbeckia (Black Eyed Susan), Eupatorium (Joe Pye Weed), and Liatris (Spike Gayfeather). Personally, I like to wait until spring to cut back my perennials because the foliage over the winter helps protect the crown of the plants.

As long as the ground is not frozen, keep watering your landscape plants whenever the ground is dry to prepare them for winter. Water deeply and thoroughly. Lack of water stresses plants going into winter, specifically evergreens which are prone to winterburn from desiccation, or moisture loss during the winter.

If you haven't already gotten your bulbs planted, what are you waiting for? A little effort now will help that Spring fever next March and April. Now is the time to plant daffodils, tulips and other fun bulbs like alliums and crocus.

One final tip, be sure to take advantage of this time of year for fertilizing your lawn. The grass benefits most in the fall and it will ensure success next spring.



## Frequent Family Meals Make a Difference

with nutritionists pat fisher  
& megan horstman

The average family's day-to-day activities are increasingly hectic, leaving time for family meals a separate challenge of their own. However, there is value in eating together, and research is proving this value to stretch far beyond the food on the table and into the conversations around it. Many studies are showing increased academic performance, decrease in drug use and healthier eating patterns in teens who have frequent family dinners (five to seven per week) versus those who have infrequent family dinners (fewer than three per week).

Results are in: Compared to teens who have frequent family dinners, teens who have infrequent family dinners are:

- Twice as likely to have used tobacco
- Nearly twice as likely to have used alcohol
- 1.5 times as likely to have used marijuana.

A study done at Harvard Medical School found that families who dine together frequently:

- Lower their children's odds of being overweight by 15 percent
- Eat less fried foods and drink less soda
- Are twice as likely to eat five servings of fruits and vegetables per day.

University of Michigan research showed family meal time was the single strongest predictor of better achievement scores and fewer behavioral problems.

**Take the Challenge to Make a Change**  
Research results inspired the National Center on Addiction and Substance Abuse at Columbia University to create a national "Family Day - A Day to Eat Dinner with Your Children" in 2001, which is celebrated annually on the fourth Monday of September. Be a part of the 2011 Family Day on September

26th, and from then on, make this challenge a regular priority in your household. The evidence is clear; you can change your child's future one family meal at a time.

## Crispy Cheddar-Ranch Chicken

(Serves 4.)

### All you need:

- 4 (3 oz.) boneless skinless chicken breasts
- 1/2 cup Hy-Vee light ranch dressing
- 4 cups Hy-Vee cheddar harvest chips, crushed

### All you do:

1. Place chicken and dressing in a resealable bag; shake to coat. Chill 1-2 hours.
2. Preheat oven to 375 degrees. Spray a baking sheet with non-stick cooking spray.
3. Remove chicken breasts from marinade and discard marinade. Coat chicken with crushed chips. Place on prepared baking sheet and bake 20-25 minutes or until internal temperature reaches 160 degrees.

*Nutrition Facts: 220 calories, 8g fat, 1g saturated fat, 0g trans fat, 60mg cholesterol, 330mg sodium, 15g carbohydrate, 2g fiber, 3g sugar, 22g protein.*

## Peanut Butter Apple Salad

Serves 6 (2/3 cup each).

### All you need:

- 1 (6 oz.) container fat-free vanilla yogurt
- 1/2 cup Hy-Vee peanut butter
- 1 cup Hy-Vee fat-free whipped topping, thawed
- 1/8 tsp apple pie spice
- 3 Fuji apples, cored and cut into bite-size pieces

### All you do:

1. In a medium bowl, whisk together yogurt and peanut butter until smooth.
2. Fold in cool whip and apple pie spice.
3. Add apples and stir to coat.

*Nutrition Facts: 150 calories, 5g fat, 0.5g saturated fat, 0g trans fat, 0mg cholesterol, 75mg sodium, 24g carbohydrate, 3g fiber, 17g sugar, 4g protein.*

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## Conceptis Sudoku

By Dave Green

	6	5	3	7	1	9	8	
			4	6				
1								2
8							2	3
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	8	4	6	1	9	2	3	

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Difficulty Level ★

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

Answer on page 39.

## Spot the Difference

Can you spot 10 differences between the two versions of this winning shot from the Saints 2011 Clake Cup victory? - Answers on page 39.



## PREMIER CROSSWORD/ By Frank A. Longo

### ACROSS

- 1 Bookstore sect.
- 5 Not up to snuff
- 11 "The Greatest" boxer
- 14 Fat-avoiding Jack
- 19 — additional cost
- 20 On fire
- 21 Christmas mo.
- 22 "Kids — days!"
- 23 Start of a riddle
- 27 French auto-racing city
- 28 Slangy ending for buck
- 29 Facility with a jacuzzi
- 30 SAT taker, usually
- 31 Corp. division
- 34 Raise aloft
- 36 Spanish cheers
- 37 Riddle, part 2
- 42 Notice
- 43 Siouan speaker
- 44 Tighten, as muscles
- 45 Beds for vampires

- 47 Mexican poet — Paz
- 51 Small iPods
- 53 Author Asimov
- 57 Riddle, part 3
- 62 Band blaster
- 63 Citi Field ball team
- 64 Only OK
- 65 In-favor votes
- 66 Of old
- 69 Panther
- 71 Moo — shrimp
- 73 Dog's sound
- 75 Rubble-making stuff
- 76 Actress surrounds Wood
- 78 Spew
- 80 Years back
- 82 Carp in ornamental ponds
- 84 Riddle, part 4
- 91 Make straight
- 92 Panorama
- 93 Sicilian port
- 94 Moniker
- 98 Celtic language
- 100 L followers
- 101 "Desperate Housewives" role
- 104 End of the riddle
- 109 Descartes of philosophy

- 110 Collect \$200 in Monopoly
- 111 "— hooks" (shipping box warning)
- 112 Ending for margin or Saturn
- 113 "— longa ..."
- 114 Future atty.'s exam
- 117 Certain golf club
- 121 Riddle's answer
- 126 Lawn diggers
- 127 Inflated self
- 128 Pupil
- 129 Gold-medal skater Kulik
- 130 Hagar the Horrible's dog
- 131 — up shop
- 132 Pitcher Ryan and others
- 133 Movie-house suffix

### DOWN

- 1 Cry loudly
- 2 "— Jury" (1953 or 1982 film)
- 3 Suffix meaning "word"
- 4 Filmmaker Jean-Luc —
- 5 Declines

- 6 Sci-fi craft
- 7 Sky's color, in Italy
- 8 "Qué — ?" ("What's happening?")
- 9 2,700-mile-long Asian river
- 10 Serve again, as tea
- 11 Rowdydow
- 12 Diminishes
- 13 Cold injury application
- 14 — Foy, Quebec
- 15 Life magazine feature
- 16 Beats back
- 17 Dozing
- 18 Minuscule
- 24 Go — some length
- 25 Movie star, e.g.
- 26 French capital, in song
- 32 Creator of Crusoe
- 33 Livy's 540
- 35 Ogres
- 37 Horn sound
- 38 — A Sketch
- 39 B flat, e.g.
- 40 Pasta option
- 41 Forces to endure, as revenge

- 46 "— There Was You" (1997 film)
- 48 Sick — dog
- 49 Seductress
- 50 Challenge as false
- 52 Absentees
- 54 Assist in evil
- 55 Alda or Hale
- 56 "— magnifique!"
- 58 Bay State coll.
- 59 Paddled
- 60 Bear, in Spanish
- 61 "No hands!" lead-in
- 66 Code word for "A"
- 67 Scottish Celt
- 68 "Dedicated to the — Love"
- 70 Tankard
- 72 Part of USA
- 74 Dunce
- 77 Helpful aquarium fish
- 79 Hangs in the air
- 81 Mild cigar
- 83 Ending for Israel
- 85 Suffix of participles
- 86 Get via trickery
- 87 Duel tools
- 88 "My Friend —"

## PANIC PATTERN

- 89 Potent beginning?
- 90 When p.m. begins
- 95 Lacking face value, as stock
- 96 Egg producers
- 97 Communique
- 99 "Law & Order: —"
- 101 Famous lullaby composer
- 102 Put trust in
- 103 Isolate like Gilligan
- 105 Bill O'Reilly's "The — Zone"
- 106 Negligent
- 107 Med. course
- 108 Tabloid dirt
- 115 Sleek, in car lingo
- 116 Dog feature
- 118 Hades
- 119 "Would — to you?"
- 120 Page sent by PC
- 122 Mich. hours
- 123 Decay
- 124 Airport screeners' org.
- 125 D.C. pol

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
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121				122					123			124	125				
126						127				128						129	
130							131			132						133	

#1,464

Average time of solution: 62 minutes.

Answer on page 39





## The Issue: Prescription Drug Abuse

by mayor roy d. buol

Every day, more than 2,500 teenagers abuse prescription medication for the first time. Sadly, teens often experiment with medications they find right at home. These medications have a legitimate medical use when used properly under the doctor's supervision, but misuse of these medications can lead to addiction, overdose and even death. Many young people mistakenly think that it is safer to misuse prescription medications than illegal street drugs. But that is simply not true. Unfortunately, parents often are unaware that their children are abusing prescription medications. Even when they do know, they don't know how to talk to their children about the dangers.



In addition to the risks to people who take medications for non-medical purposes, the abuse of prescription medications can interfere with the care of people suffering from serious illnesses and injuries by making it difficult for them to get the medications they need.

### The Response: A Prescription Drug Abuse Awareness Campaign.

The United States Conference of Mayors (USCM) and pharmaceutical company Purdue Pharma LP are joining forces for the third consecutive year to launch the "Safeguard My Meds: 2011 Prescription Drug Abuse Awareness Campaign" - a national awareness initiative to help curb the illegal trafficking and abuse of prescription medications.

The campaign provides a comprehensive approach to awareness, education, and a 'call to action' about prescription drug abuse. The 'call to action' will encourage parents and other adults to learn more about the problem of prescription drug abuse, safeguard medications in their homes and talk to their children about the real dangers of misusing prescription medications.

### Campaign Toolkit

The Campaign "toolkit" includes a wealth of materials to assist in achieving local awareness and educational efforts. The materials include resources such as fact sheets, sample op-eds, examples of community engagement activities, media and public relations tools, and other information.

**Tool Kit** - The following documents have been assembled in a virtual "toolkit" to assist in planning local educational, public awareness and outreach activities.



### General Resources

- *Safeguard My Meds: 2011 Campaign Overview*
- *Rx Medication Abuse Fact Sheet*
- *Rx Medication Abuse Talking Points/Message Platform*
- *Rx Medication Abuse Resource List*

### Other Resources

**TIME TO ACT Fact Sheet** - Created by the Partnership for a Drug-Free America, TIME TO ACT is a first-of-its kind online help resource for parents and caregivers who suspect or know their child is experimenting with, using or has a problem with alcohol or drugs.

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## Christmas Show!

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365 has been following the progress of the Smile Dubuque Makeover with Abbadent for a few weeks now and we're thrilled to say that we've come to that part where amazing changes are happening.

Have you ever thought that a two hour dental visit could change the way you smile forever?



Contest winner Tiffany told us that she wanted to get hugs and kisses from her kids without them telling her that her teeth are "yucky"... In two hours Dr. Aaron Rauhen has made that happen.

The team started with a very intense cleaning a few weeks ago, then last week they removed the cavities and filled them with resin fillings. These are temporary until Dr. Rauhen can renew her smile with a complete smile makeover, but the transformation that happened in one sitting floored us all. No one was happier than Tiffany.

"When I walked into the house my four year old gave me a big hug and he wanted to know where I had been. I told him I had my teeth appointment today. He said, "can I see mommy?" So I showed him and I got another hug and alot of sweet kisses. I have been waiting for that to happen for a long time. I just want to say thank you from the bottom of my heart." - Tiffany

Due to the decay along the gum line, Tiffany has been experiencing extreme tooth sensitivity.

You may be asking yourself, why is this a temporary fix? What did you do and why? When Tiffany had her very first appointment with Jodi a few weeks ago, she was experiencing extreme tooth sensitivity. The sensitivity was caused due to the large areas of decay. Because of the sensitivity she could not move forward with the smile transformation. For Tiffany to continue with treatment, Dr. Rauhen had to remove all of decay/ cavities along her gum line. After the removal of

the decay, Dr. Rauhen and his team were able to reconstruct the shape of her teeth using resin/ white filling material. Now she will be able to begin her journey of the Smile Dubuque Makeover and not have to worry about her teeth being sensitive during treatment. Look how great her teeth already look...and this is just the very beginning!!!



Moving forward they are going to be utilizing Neuromuscular Dentistry to find a comfortable position for Tiffany's jaw/teeth. Neuromuscular Dentistry focuses on dental pain related to a misaligned bite. When a misaligned bite causes your jaw muscles to work too hard to align your teeth, jaw and muscle tension are the result. With this technology they will not only restore Tiffany's mouth with fabulous beautiful teeth, they will also be helping her with her chronic headaches and neck pain.

If pain is dictating the quality of your life, this information can change your life forever.

TMJ (Temporomandibular joint disorder... say that fast three times) is just one of the symptoms of a Neuromuscular disorder. Others are Migraines, frequent headaches, facial pain, neck, shoulder and back pain, unexplained loose, sensitive or painful teeth, worn or cracked teeth and/or crowns, jaw pain, clicking or popping of the jaw joints, numbness in fingers or arms, depression, vertigo, and ringing in the ears... Geepers! Most people who are needlessly suffering have no idea that these symptoms can be stemming from their mouth! Through miraculous advances in detecting Neuromuscular disorders, patients who thought they were doomed to live like this forever, are being cured everyday.

Tiffany, the Abbadent team and we at 365 are excited for what her future holds. For now, I think I'm feeling inspired to go brush my teeth again!



## TRIXIE KITSCH

BAD ADVICE FOR THE STUPID

### Dear Trixie:

Two days after my 14th birthday, I shoplifted. I stole from two stores before I was caught. I felt awful, especially after my parents had to pick me up at the police station. I hate myself! Help!

- Rikki on Rhomberg

### Dear Rikki:

Stop hating yourself and take a good honest look at where you went wrong. Did you look for store security personnel? What about video surveillance? You need to make sure this never happens again. In the future use the Buddy System. Get a friend to create a diversion — fainting into a stack of merchandise or projectile vomiting would work really well. Like anything else in life, the more you do it the better you'll get.

### Dear Trixie:

I am 10 and live in Epworth. I think my parents are being really mean to me. If I don't do what they say I get locked in the closet for an hour. If I turn on the light or kick the door it's another hour. None of my friends' parents lock them in closets. They have Time Out in a corner or in their bedrooms. Could this be considered child abuse? What's wrong with my parents?

- Jason J.

### Dear Jason:

Isolation from others for long periods of time is a good way for children to learn to be more creative. Imagination is a necessary part of human development and your parents are just trying to make you a better person. My parents locked me in the basement for days at a time and I turned out fine. Why not use this time to develop new coping

mechanisms? You can never have too many imaginary friends.

### Dear Trixie:

I am a red-blooded man who has had two marriages and two divorces. All I want is a woman who will clean the house and wash the dishes and clothes and keep her fat mouth shut. It is a lot harder to find one than I thought. Trixie, where can I find a good old gal like that?

- Rusty on Rhomberg

### Dear Rusty:

I'd try the Internet. Maybe the Taliban have some for sale.

### Dear Trixie:

I have a knack for picking the wrong men. They all seem good at the beginning but turn out to be really awful. Where are all the nice guys?

- Still Looking

### Dear Still Looking:

You can tell a real gentleman because he always says something nice about your butt, no matter how big it is. A gentleman buys the whole bucket of chicken and lets the lady pick out which porn movie they'll watch. And he'll wipe the grease off his mouth with his sleeve before he sticks his tongue in your mouth.

### Dear Trixie:

I am 52 and would like to meet a man my age with a good job, tight buns and no bad habits.

- Denise From Dubuque

### Dear Denise:

So would I.



# DR. SKRAP'S COMPLETELY WORTHLESS HOROSCOPES



## Aries 3/21-4/19

If today is your birthday ... happy birthday, because you've just gotten that much closer to AARP membership and eventually death, you old fart. Of course, you're also that much closer to the seniors menu at Perkins if they ever get the roof fixed.



## Taurus 4/20-5/20

Most people will think that you are annoying but you already knew that. As a matter of fact you are starting to annoy me now!



## Gemini 5/21-6/21

Your reputation for working long hours at the office, being the first to arrive and the last to leave, will soon backfire, as your co-workers have started to catch up on the fact that you absolutely suck at your job.



## Cancer 6/22-7/22

As summer gives way to autumn and the time for air conditioning becomes the time for heating in your home, please remember that no, you can not, in fact, get high from that funky smell that comes out of the vents when the furnace is turned on for the first time. Guess you picked the wrong week to quit sniffing glue.



## Leo 7/23-8/22

Rumors will fly around the office that you are a Ho! If it isn't true then don't worry about it. If it is true then give me your number!



## Virgo 8/23-9/22

You like to boast about your refined tastes and your love of

enjoying the good things in life, but your beloved diet of gas station sandwiches and off-brand macaroni and cheese says otherwise, you poseur.



## Libra 9/23-10/22

After freaking out for days about the changes Facebook made to the layout you realize it's really not such a big deal. After all, you once thought Myspace was cool. The moral? Sometimes change can be a good thing. Plus it's free, jerk.



## Scorpio 10/23-11/21

Plan on being a virgin for another year.



## Sagittarius 11/22-12/21

The festival season is pretty much over and you're angry because you still have unused beer tickets. Keep in mind that in most cases, the money goes to a good cause and in your case, the beer goes straight to your love handles.



## Capricorn 12/22-1/19

You're starting to realize that in the current field of Republican presidential candidates, Ron Paul might be the least crazy of the bunch. Wait ... what?



## Aquarius 1/20-2/18

A bus could hit you today. If it doesn't happen today then keep an eye out for the bus tomorrow, or the next day, or the day after that.



## Pisces 2/19-3/20

There's something fishy about you today... hmmmm

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## PUZZLE ANSWERS (From page 36)

Spot the Difference



Crossword

B	I	O	G	S	U	B	P	A	R	A	L	I	S	P	R	A	T
A	T	N	O	A	F	L	A	M	E	D	E	C	T	H	E	S	E
W	H	Y	D	O	Y	O	U	S	U	P	P	O	S	E	P	O	E
L	E	M	A	N	S	A	R	O	O	S	P	A	T	E	E	N	
T	E	R	A	N	D	O	O	U	P	B	E	A	R	O	L	E	S
T	E	N	D	O	E	X	P	E	R	I	E	N	C	E	S	P	
O	T	O	E	F	E	X	C	A	S	K	E	T	S				
O	C	T	A	V	I	O	N	A	N	O	S	I	S	A	A	C	
T	H	E	S	A	M	E	U	N	C	O	N	T	R	O	L	L	A
A	M	P	M	E	T	S	S	O	S	O	Y	E	A	S			
A	G	O	P	U	M	A	S	H	U	W	O	O	F	T	N	T	
L	A	N	A	G	U	S	H	O	N	C	E	K	O	I			
F	E	E	L	I	N	G	S	O	F	W	I	L	D	E	M	O	T
A	L	I	G	N			V	I	S	T	A	P	A	L	E	R	M
B	R	E	E		A	G	N	O	M	E	N	E	R	S	E		
B	R	E	E		O	V	E	R	A	N	D	O	V	E	R	A	G
R	E	N	E		P	A	S	S	G	O	U	S	E	N	O		
A	L	I	A		A	R	S	E	L	S	A	T		M	A	S	H
H	Y	S	T	E	R	T	A	R	E	P	E	A	T	S	I	T	S
M	O	L	E	S		E	G	O		I	R	I	S	E	S		
S	N	E	R	T		S	E	T		N	O	L	A	N	S		

Sudoku

2	6	5	3	7	1	9	8	4
9	3	8	4	6	2	5	7	1
1	4	7	5	9	8	3	6	2
8	5	1	9	4	6	7	2	3
4	9	3	2	5	7	8	1	6
7	2	6	1	8	3	4	9	5
3	1	9	7	2	4	6	5	8
6	7	2	8	3	5	1	4	9
5	8	4	6	1	9	2	3	7





# House hunting?

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