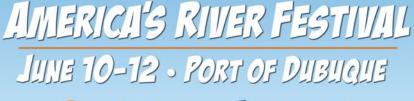


celebrate Gebrate Merican Trust

America's River FEST DUBUQUE



CHICAGO - FOGHAT KC & THE SUNSHINE BAND STURBUR STURRING MURREY THOMAS



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the 365 inkwell



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{ I.a. hammer }

Trixie Kitsch: Bad Advice For The Stupid

special thanks to:

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{ dubuque365 / 365ink }

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On The Cover:

7 • catfish festival 10 - america's river festival 13 • summer movies 26 • tantra thai bistro

issue #135 • may 26 - june 10, 2011

- community briefs
- town clock music
- catfush festival
- 8 arts briefs
- 9 art on the porch
- 10 america's river festival
- am, river headline music 12
- 14 more arts
- 15 maquoketa arts

- 16 movies
- galena events 17
- 18 bobfest
- 19 live music highlights
- 20 bud nightlife listings
- 22 summer movies
- argosy's food review 26
- 29 pet corner
- 31 pam kress-dunn

- 32 mattitude
- 32 dubuque smile makeover
- 33 home & health features
- 34 leisure services events
- 35 library events / riverview
- 36 puzzles
- mayor roy buol 37
- trixie kitsch 38
- 39 dr. skraps





Where's Wando?

We've hidden Wando somewhere in this issue of 365ink. Can you find the master of movies buried within these pages?

{ bryce's inkubator }



Bryce's bator

There is this ridiculous fad started earlier this year in Australia called Planking. Maybe you've already heard of it. Planking is the action of lying face down with arms to the sides of the body, in unusual public spaces and photographing it. Sounds odd, huh? Well it is. That's the idea. Such a simple innocuous action when put in strange context seems all the stranger. And the uniqueness, or is it stupidity, of the act has struck such a chord with people that it has quickly spread across the globe. Even to little old Dubuque.

It was just three days ago as I write this that Michael Garside created a group on Facebook called "Fill in the Plank Dubuque" on Facbook (If I have to also explain the Facebook fad too, you should really stop reading now). It has taken on a life of it's own in just three days. I gotta say, it's kind of like seeing a car accident or a Jeff Koons art exhibit or watching a Republican do Karaoke... a couple parts interesting, a couple parts disturbing and a few parts eerily familiar.

People from all over Dubuque are joining the group and posting photos of themselves "Planking" all over thr tri-states and beyond. One came in from Miller Park in Milwaukee. Another features a very pregnant girl planking on a jungle jim. People are planking in the yards, at restaurants, in nature, on landmarks and occasionally is somewhat precarious or dangerous places. But pretty much every tim, they are pretty darn funny.

So with your permission, I'm going to cut my writing short this issue and share with you some of the photos from the "Fill in the Plank Dubuque" Facebook group. To see the rest you'll have to search for the group on Facebook and join. If you are not on Facebook, uh, what the heck is your problem? Are you hoping to be the last one or something. My mom is on Facebook! What's your excuse? It's a great way to live vicariously through your much more interesting friends and also to spy on your kids.

Get Planking Dubuque! If you can't get to the Facebook page, e-mail your planking pics to me bryce@dubuque365.com and I'll put them up for you. I have not yet planked. I'm still looking for the right venue. But I'll get there.







DAVID ALLAN COE COUNTRY MUSIC SINGER/SONGWRITER Hits include *"Mona Lisa Lost Her Smile," "The Ride,"* and *"You Never Even Called Me By My Name."*



THE SWEET LEGENDARY ROCK GROUP Hits include *"Ballroom Blitz,"* and *"Fox On The Run."*

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community briefs }



Jammin' Below the Dam, Bellevue Cheapskates

Friday, May 27



Dubuque is not the only area city to host summer festivals. The beautiful river city of Bellevue, lowa hosts its own free live music festival, Jammin' Below the Dam

Friday, May 27 from 7-11 p.m. right next to the Mississippi. Featuring the music of Cheapskates, Jammin' Below the Dam is a great way to kick off the Memorial Day weekend.

Toast & Jam

Sunday, May 29 – Lisa & Doug Frey Sunday, June 5 – The Ace Bank



ddddddd Park Farm Winery Don't let the name fool you; this event has nothing to do with dry bread. It's about



toasting your good fortune to be drinking wine on a summer Sunday evening while listening to the musicians jam. Nevertheless, Park Farm Winery in Bankston hosts Toast & Jam on the spacious deck every Sunday evening from 5 to 8 p.m., from the last Sunday of May through first Sunday in September. The inaugural 2011 event will Sunday, May 29 featuring Lisa & Doug Frey. The following Sunday, June 5 will feature The Ace Band, with Finger Lickin' Good featuring Kevin Beck and Johnnie Walker on Sunday, June 12. For more information and upcoming dates and performers in the series, visit www.parkfarmwinery.com.

Memorial Day Parade Monday, May 30

DBQ parade route / Washington Park

dddddd Dubuque's annual Memorial Day Parade begins at 1:30 p.m. on Monday, May 30 and fol-MAY lows the Dubuque parade route from Jackson Park down Main Street and back



around 5th Street to Washington Park. This year's parade will have the theme of "Never Forgotten," and will feature guest speaker, retired United States Marine Corps Colonel Werner Hellmer.

Ladies Night Out Friday, June 3rd, 6:30 p.m. Mississippi River Museum & Aquarium

dididid The Dubuque Symphony

2nd Annual Ladies Night Out JUNE fundraising event on Friday, June 3rd. It's a ladies-only event down at the Mississippi River Museum & Aquarium that includes food, drinks, lots of shopping and

Orchestra League is hosting its

PRESENTED BY:

dance lessons from Ballroom by Jennifer. All the proceeds benefit the DSO. The reservation deadline is May 31! See the ad on page 11 for details!



Blues Band Cruise & Birthday Party Friday, June 3 Spirit of Dubuque



Iowa Rock-n-Roll Hall of Fame inductee Bob Dorr celebrates the Blue Band's 30th birthday on the Mighty Mississippi with

a special birthday party show on the Spirit of Dubuque Friday, June 3. The Blue Band's first ever gig was in Dubuque in June of 1981! Guests will be able to begin boarding at 7 p.m. at the Port of Dubuque Ice Harbor, with the Blues Cruise departing at 7:30 p.m. and returning at 10:30 p.m. Drinks and

JULY 16.2011 REGISTER AT WWW.TRAVELDUBUQUE.COM

> **OUESTIONS? CONTACT KATIE SIMMONS** 563.690.9208 / KSIMMONS@DUBUQUECHAMBER.COM



Duathlon RUN • BIKE • RUN

community briefs }

it's BACON!

concessions will be available on board. Tickets for the Blues Cruise are \$15 in advance or \$20 at the gate. For tickets or more info, contact The Spirit of Dubuque at (563) 583-8093 or visit www.dubuqueriverrides.com.

Manchester Rhubarb Fest Saturday, June 4 **Baum Park**

dddddd JUNE

Manchester celebrates that tart and flavorful spring stalk known as rhubarb with Rhubarb Fest, Saturday, June 4 from 9 a.m. to 1

p.m. in Baum Park (at Anderson and East Butler Streets). The second annual installment of the festival, Rhubarb Fest will feature food, crafts, music, and all kinds of rhubarb-related stuff like rhubarb brats, homemade rhubarb pie, rolls, and other desserts, along with a rhubarb wine tasting. Rhubarb Fest will host a contest with awards for best pie, bread, jam, cake, and beverage, as well as sweetest, tartest, and longest rhubarb stalk, and largest rhubarb leaf. There will be a demonstration on wine making and the Master Gardeners will host a presentation on the different types of Rhubarb. Rhubarb lovers can buy a variety of products for sale at the festival's rhubarb store. The event will also feature an arts and crafts display with handcrafted wood, jewelry, quilted and crocheted items, candles, purses, gourds, birdhouses, and more. For more information, contact the Manchester Area Chamber of Commerce at 563-927-4141.



Summer Farm Toy Show June 3-4 Dyersville, IA



Dyersville's annual two-day farm toy show returns Friday, June 3 and Saturday, June 4 at the National Farm Toy Museum and

Beckman High School, Collectors, buvers, sellers, and lovers of farm toys will gather to view thousands of farm toys for sale and on display. While in town for the event check out the 50 miles tractor ride, antique tractor show and a tractor parade scheduled for 6:30 p.m. on Saturday, June 4. General Admission is \$5 for Friday, June 3, 12 p.m. – 6 p.m. and Saturday, June 4, 9 a.m. – 4 p.m. For more information regarding the show contact the National Farm

Toy Museum at (563) 875-2727 or find show information online at www.nationalfarmtoymuseum.com.

NISOM Offers Spring Recital Saturday, June 4

Emmaus Bible College and Oak Park Place



International of The Northeast Iowa School of Music (NISOM) offers music lessons in voice and a variety of

instruments so it's only natural the school would host a recital to give students an opportunity to demonstrate their accomplishment. NISOM will host recitals Saturday, June 4 at 11 a.m. in the Marble Chapel of Emmaus Bible College on Asbury Road and 1 p.m. at Oak Park Place. The recitals will feature students of a variety of ages and skill levels on a range of instruments. Student recitals are free and the public is invited. Students and adults interested in taking lessons NISOM are in luck. The school is now taking registrations for the summer session in piano, voice, guitar, band and orchestra instruments, and composition, with flexible private lesson scheduling. Fun group lessons for kids, middle school and high school students are also available.

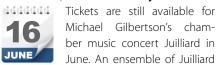
Music in the Vineyard Sunday, June 5 – The Bluebird Trio Sunday, June 19 – Joe & Vicki Price **Tabor Winery**



Tabor Home Vineyards and Winery in Baldwin, Iowa presents "Music in the Vineyard" a series of live music events scheduled

for the afternoons of either the first and third Sundays, or fourth Sundays of the summer months (unless it's different). The first event is Sunday, June 5 featuring The Bluebird Trio, with Joe and Vicki Price performing on Sunday, June 19. For performer dates and more information, visit www.taborwines.com.

Juilliard in June Thursday, June 16, 7 p.m. Jansen Hall, Clarke University



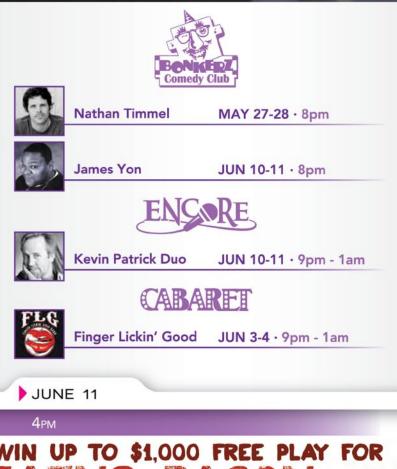
students and alumni, including Dubuque natives Bridget Pasker (cello) and Kate Hirstein Mayfske (dance), are coming to Dubuque for a special performance on Thursday, June 16 at 7 p.m. in Jansen Hall at Clarke University. The event also includes a workshop and masterclasses with the performers on Tuesday, June 14 at 5:30 p.m. at Loras College. For

more information call NISOM at (563) 690-

0151 or visit www.nisom.com.







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town clock music







Budweiser Kickoff to Summer Town Clock Plaza Friday, May 27



official... Budweiser says so! The Budweiser Kickoff to Summer runs 5 p.m. - 11 p.m., Friday, May 27th under the Town Clock. Admission is free with plenty of food and beverages available for purchase and all ages are welcome.

One of the biggest Town Clock concerts of the season, the kickoff is organized by Music and More Promotions and supports the Sertoma Club, Boy Scouts and Camp Albrecht Acres.

The first band starts right at 5 p.m. "Boomtangle" is Dubuque's newest rock band, born from the Rocket Surgeons, including 365ink Publisher Bryce Parks, with the lovely Joie Booth, former singer for Zero 2 Sixty.



Dubuque365 Presents: Lunchtime Jam Every Friday, 11:30 - 1 PM

Can you believe it's already that time again? The celebration of summer, food, and music known as Lunchtime Jam returns the Friday of DubuqueFest weekend, May 20. Hosted by your own 365 crew and local sponsors including Prudential, Cottingham & Butler and Carlos O'Kelly's, Lunchtime Jams feature laid-back lunchtime performances by local acoustic musicians in shady Town Clock Plaza every Friday around lunchtime (weather permitting).

Featuring acoustic performances by local musicians over the lunch hour, the Lunchtime Jam provides an opportunity for downtown



The roots-rock-country-soul sounds of Mighty Short Bus take over from 6 - 8 p.m. The pupular Madison-based group has made Dubuque a home away from home building a big fan base in the river city.

The Love Monkeys headline the festival from 8-11 p.m. Hailing from Milwaukee, they have a massive following and really bring the party. They have headlined the Kickoff every year since it started, nearly a decade ago. There's a very good reason why. Come find out for yourself.



workers to slip outside for some fresh air, lunch, and live music under the Town Clock. A variety of food vendors will be taking turns this year, including Carlos O'Kelly's who will kick off the first two Fridays, to offer you a quick lunch, making Lunchtime Jam a minifestival in the middle of your Friday workday a great primer for the weekend.



Lunchtime Jam gets started Friday, May 20, just in time for DubuqueFest with 365's own Ralph Kluseman, and continues every Friday (weather permitting) until it gets too cold to play guitar. Upcoming performers include the following:

May 27 – Frank Busch June 10 – Jon Schmitz June 17 – John Moran

catfish festival



20th Annual Catfish Festival May 27-29

A.Y. McDonald Park dddddd

27-29 MAY

Catfish Festival turns 20 this year and to celebrate, organizers have moved the event from its usual mid- to late-June timeframe to

Memorial Day weekend, May 27-29. Being a holiday weekend, the event can go a little longer into the evening on Sunday, May 29. Despite the new dates, the festival is still held at beauti-

ful A.Y. McDonald Park at the end of Hawthorne Street and as always celebrates all things "catfish."

Offering a wide variety of activities for the whole fam-

ily, Catfish Festival features an array of entertainment and attractions, including carnival rides by Calkins Midways, live music throughout the weekend, a craft fair, raffle, concessions, a pancake breakfast, and of course the ever-popular catfish dinner under the big tent. Admission to the festival grounds is free until 6 p.m. and afterwards, just \$3.00, with kids under 15 free.

Not only does admission provide access to all

the attractions and live music, but it also includes a chance at drawings and a variety of free coupons for fast food to those who arrive early at the gate. Admission enters festival-goers into a drawing for \$500 cash and a television.

Of course all attendees are winners with the great live music lineup Catfish Festival provides. The entertainment gets started with a bang on Friday afternoon with a performance by Betty & The Headlights at 4 p.m. This will be one of Betty's final local performances and promises to be one in which she pulls out all the stops. Headlining Friday night will be the party starting music of the Buzz Berries from 8:30 p.m. There's going to be a lot of talent on that stage Friday night!

Saturday has an equally full lineup with Massey Road kicking things off at 12 p.m., followed by the ever-popular and now Iowa Rock-n-Roll Hall of Fame band Mississippi Band taking the stage at 4 p.m. The evening belongs to the "Doctor"

with Catfish favorite Duke Tumatoe bringing the blues to the stage at 8:30 p.m.

As if that weren't enough, Sunday piles even more great music on, starting with Dwayne Fudge, one of the original Mississippi Band founding members performing at 12 p.m. "Fudgie" is followed by the return of bluesman James Kinds with an all new band at 3:30 p.m. Rounding out Sunday's lineup is Dubuque's favorite country band, Horsin' Around playing from 7:30 p.m.

Catfish Festival is always a family-friendly affair and kids will want to get a wristband to ride the carnival rides offered by Calkins Midways. With over 20 rides, 5 food stands, and 12 game concessions, Calkins brings plenty to see and do. Ride wristbands, good for the entire day are just \$20 (\$18 with a Catfish Fest coupon, available at the 365

> office and around town). An arts & craft fair, a commercial tent, and a flea market offers visitors an assortment of merchandize to browse

State and Of course one of the most popular aspects of the event is the one that give the festival its name: catfish. Catfish dinners will be available in the "big tent" through out the weekend. Available from 3 to 8 p.m. on Friday, 11 a.m. to 8 p.m. Saturday and 11 a.m. to 8 p.m. Sunday, a

catfish dinner is only \$10. If catfish is not what you are hungry for, a wide variety of food vendors will be on hand offering all of your festival favorites. The festival will also host a special Pancake and Sausage Breakfast from 8 to 11 a.m. on Sunday.



Traditionally held next to the Mississippi River, Catfish Festival is located on what was previously known as the Hawthorne Street Extension, remodeled two years ago into the beautiful A.Y. McDonald Park. While the new park added a number of

new amenities to the area, making it even more conducive to hosting the festival, parking is limited to the available handicap parking spaces. Other festival guests can park for free along Hawthorne Street.

One note not to be overlooked - especially in light of recent trends in weather - is that except for the carnival, nearly all entertainment and attractions are held under tents so Catfish Festival continues - rain or shine. Catfish Festival is a non-profit, tax-exempt organization that benefits Donna Ginter's annual Thanksgiving Dinner. For more information, look for Catfish Festival fliers available at locations around the Tri-State, or call Donna Ginter at (563) 583-8535.

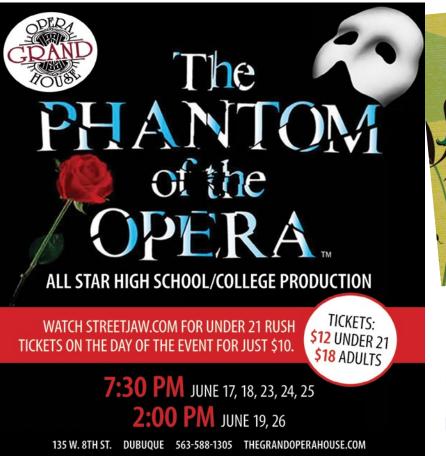


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Treasures of Dubuque: The Conlon Family Friday, June 17 **Hotel Julien Dubuque**



For their strong presence as part of Dubuque's history and unvielding support throughout the community, the Dubuque

County Historical Society will honor the Conlon Family as Treasures of Dubuque. The Treasures of Dubuque is presented by the Dubuque County Historical Society; it was created to bestow special honor and recognition upon an individual or family who has significantly contributed to both the community and the history of Dubuque.

"The Conlon family has a great legacy in Dubugue, and we want to recognize that; they truly are treasures to this community," said Historical Society Board President Tim Butler.

"It's very humbling to see the ways that our company has helped to create the character of many cornerstone organizations and businesses in the area—we know that everything we do will continue to affect our community," said Tim Conlon. "So we always take the longrange view in terms of relationships, quality, service and more. We want the Conlon Family to feel the very same sense of community pride in another 100 years," he added. The Dubuque County Historical Society will hold their Treasures of Dubuque evening event to celebrate and honor the Conlon family at the beautifully restored Julien Hotel on Friday, June 17, 2011. Tickets are \$100 each. For more information, please contact Development Director Ginger Sakas at 563-557-9545.



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Enchanted April by Fly-By-Night Productions June 3-12



ents Enchanted April, a romantic comedy by Matthew Barber, JUNE based on the novel by Elizabeth

Von Arnim. The play will be staged in Five Flags Theaters Bijou Room over two weekends, June 3-5 and June 10-12.

Fly-By-Night Productions pres-

Set in 1922, Enchanted April tells the story of four women from dissimilar backgrounds



The Dixie Swim Club **Bell Tower Theater** June 3-18



to announce its summer comedy, the Dubuque premiere of The Dixie Swim Club by Jessie Jones, Nicholas Hope & Jamie Wooten and directed by Bell

Tower Theater Artistic Director Sue Riedel.

The Bell Tower Theater, your

hometown theater, is pleased

Five Southern women, whose friendships began many years ago on their college swim team, set aside a long weekend every

who leave rainy London and their dreary, romance-deficient lives for a month-long holiday in a secluded castle on the Italian coast. Between an Italian maid who speaks no English, husbands who arrive unexpectedly, and the romantic beauty of their environs, "all are rejuvenated and rediscover hope and love."

Directed by Lenore Howard, the Fly-By-Night production features Michele McKinlay, Anna Wicks, Margarite Reynolds, Erin Marie Nebel, Kevin Firnstahl, Tom Boxleiter, Dan Fairchild, and Melissa McGuire.

Enchanted April will be presented at Five Flags Theater's Bijou Room Fridays and Saturdays, June 3, 4, 10, and 11 at 7:30 p.m. and Sundays, June 5 and 12 at 2:00 p.m. Tickets are \$15 and are available at the Five Flags Box Office (10 a.m. to 5 p.m., M-F), at www.ticketmaster.com, or at the door one hour prior to performance (cash only). Founded in 1982, Fly-By-Night Productions is a 501-C3 non-profit, volunteer-based community theatre company, dedicated to fostering diverse theatrical opportunities for artists and audiences alike. For more information, visit www.flybynightdubuque.com.

summer to recharge those relationships. Free from husbands, kids and jobs, they meet at the same beach cottage to catch up, laugh and meddle in each other's lives. Don't miss this hilarious and touching comedy about friendships that last forever. The production stars Bell Tower favorites Sue Flogel and Cindy Campton along with newcomers to the Bell Tower Theater stage Kimberly Feltes, Sarah Hayes and Jill Pecoraro.

The Bell Tower Theater is conveniently located in Fountain Park at 2728 Asbury Road in the city's vibrant West End just minutes from both Highway 20 and the Northwest Arterial. Performances are Thursday evenings at 7:30 pm, Friday and Saturday evenings at 8 pm, and Sunday afternoons at 3 pm from June 3 to 18, 2011. June 3 & 4 are the Early Bird Special performances, tickets are just \$9. Tickets for all other performances are \$18. Thursdays are Girls' Night Out; all audience members get a free glass of wine. For information and to purchase tickets call 563-588-3377 or visit us online at www.belltowertheater.net.

outdoor art

Outside the Lines Art Gallery

409 Bluff Street Cable Car Square 563-583-9343 www.otlag.com

Artists Take Over the Porch! 11 a.m. - 3 p.m. Saturdays All Summer! Accol, family-friendly of PREE thins to do this summer! Come watch!



Outside the Lines Art Gallery Artists on the Porch Peter Fraterdeus, June 4 Ron Hahlen, June 11

Artists take over the porch at Outside the Lines Art Gallery! Celebrating summer on Bluff Street, OTLAG will host a series of live demonstrations by a variety of artists every Saturday on the broad front porch of the Cable Car Square gallery. Kicking off the series will be calligrapher and letterpress artist Peter Fraterdeus, demonstrating calligraphy techniques Saturday, June 4. A different artist will be featured each Saturday through August, (from approximately 11 a.m. to 3 p.m.) giving guests an opportunity to meet the artist and learn more about their technique and process. Some will exhibit additional artwork to that carried by the gallery.



Potter Ron Hahlen (not pictured) will be featured the following Saturday, June 11. Other upcoming artists in the Saturday series include mixed media artist (and OTLAG co-owner) Stormy Mochal on June 18, broom and basket maker Jeanne Dudley on June 25, and watercolor painter Alda Kaufman on July 2.

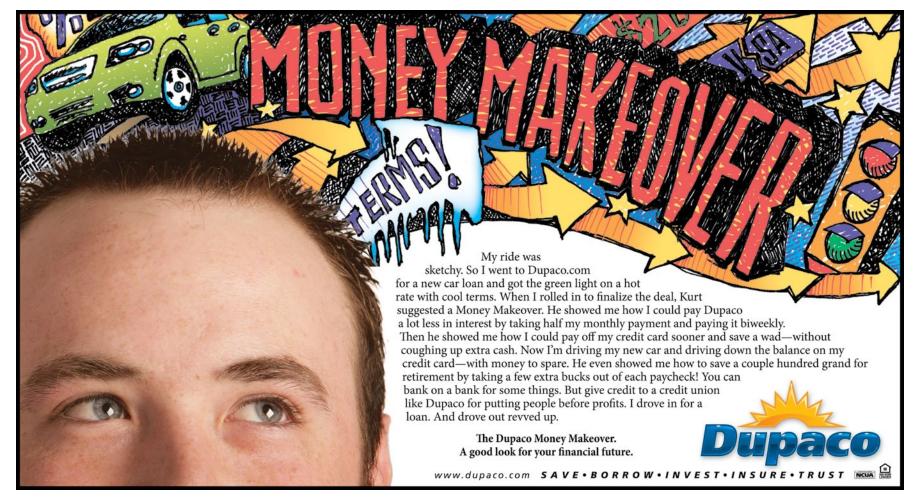
If original regional art is your thing and you are coming to the downtown area to check out the Art Market along the Riverwalk, do not miss the opportunity to stop by Dubuque's home for original artwork, Outside the Lines Art Gallery, located at 409 Bluff Street (the corner of 4th and Bluff Streets) in historic Cable Car Square. Featuring the art of local and regional artists, the gallery offers fine art, stained and blown glass, jewelry, ceramics, baskets, sculpture and more. New summer hours for the gallery are Monday through Saturday, from 10 a.m. to 5 p.m., and Sunday from 11 a.m. to 4 p.m. For more information, call (563) 583-9343, or visit: www.otlag.com.





Art Market Accepting Exhibitor Applications River's Edge Plaza, Port of Dubuque Begins June 4 & 18, 10 a.m. - 4 p.m.

Art Market, an outdoor creative market featuring fine art, modern crafts, and chic vintage items is now accepting exhibitor applications for the 2011 season. Art Market takes place from 10 a.m. to 4 p.m. on the first and third Saturday of each month in June, July, and August, and exhibitors are encouraged to apply for more than one weekend. Registration is just \$30 per Saturday. Located adjacent to the National River Center and Grand Harbor Resort, this high visibility location will give exhibitors the opportunity to sell their work to residents and tourists alike, and help build a network of regional clientele. Interested exhibitors can find the application online at www.dbgartcenter. org. (See the event ad on page 13)



america's river festival





out and book four really big acts for Friday and Saturday night. So I think that's extremely exciting. Because we expect pretty big crowds down there, especially Friday night, we're bringing in LED screens that are going to be stage left and stage right, so even if you're back in general admission it's going to be like you're right up front. We'll have three cameras down there and so that's going to be really cool."

"Dock Dogs is always very popular," said Rahe. "The competitors love coming back and the crowds just love seeing it. That's always a staple of our event and that will be back again this year. I think as long as we're doing America's River Festival, Dock Dogs will be here." Kelley Schiesl, vice president of marketing for the Dubugue Area Chamber of Commerce notes the popularity of local DockDogs competitors. "We've got local favorite Rudy," she points out. "The crowd starts chanting 'Rudy! Rudy! Rudy!'"



As Schrup noted, America's River Festival was created to promote the Port of Dubuque and by extension, the city's revitalized downtown. The event was originally modeled after the Grand Excursion event held in 2004 and has become a signature celebration for Dubuque. This year, support from American Trust and other sponsors like KWWL, Mystique Casino, and the Telegraph Herald have not only allowed the festival to invest in major national touring acts but also to advertise the event in a broader regional market to bring concertgoers and other visitors to Dubuque.

"One of the things we've done is we've marketed this to our outer markets - Madison, Rockford, Quad Cities, Cedar Rapids and lowa City - and a lot of our reserve seats (ticket sales) are people from those areas that are gong to come in for the whole weekend," explains Rahe. "That speaks to the quality of our bands."

Schiesl echoes the concept. "America's River Festival was really created to showcase the Port of Dubuque, bring tourists from around

> the Midwest to Dubuque. Keith spoke to the ticket sales - we're able to track all of that through Ticketmaster," she notes, "but lodging - the hotels are filling up extremely quickly."

> Rahe points out that while the festival is designed for Dubuque residents and families, the impact of drawing visitors to town extends beyond the event itself to area hotels, restaurants, and other attractions at the Port and

America's River Festival Port of Dubuque June 10-12

10-12 JUNE

As the photo on our cover and recent warm temperatures would indicate, the summer festival season has arrived.

And one of Dubuque's biggest and best is right around the corner. America's River Festival, the three-day "Party at the Port" returns to the Port of Dubuque the weekend of June 10-12. With a wide variety of music, attractions, kids' activities, and festival food, not to mention the always-popular Dock Dogs competition, America's River Festival is a full weekend of family fun.

While America's River Festival has become known for concerts by national touring acts like CCR, the Doobie Brothers, Lady Antebellum, and Styx, this year's musical lineup truly "ups the ante." Thanks to major sponsorship by American Trust & Savings Bank, celebrating 100 years in business this year, America's River Festival will offer four major national acts in concert over two nights of the festival. The Friday night concert will feature the classic horn-driven rock sound of Chicago, with special guests Foghat. Saturday night will follow with Starship sStarring Mickey Thomas opening for KC & The Sunshine Band. (Read more about the headline acts in the accompanying article. on page 12)



"The America's River Festival was created to promote the Port of Dubuque, showcase our wonderful riverfront, and promote the Greater Dubuque area. Over these eight years, America's River Festivals have been successful and we are pleased to once again to be part of this exciting event," said Nick Schrup, President and CEO of American Trust. "To celebrate our 100 years we invite the Greater Dubuque community to this year's America's River Festival and to what we believe will be the greatest line-up of music talent in Dubuque over a 24-hour period, ever.

This event, without question, will make history."

"I think the biggest thing this year is having two major nights of concerts," said event coordinator and Dubuque Area Convention & Visitors Bureau president Keith Rahe regarding this year's festival. "With American Trust's involvement with their 100th anniversary, it's allowed us to go



In addition to headline acts, America's River Festival will also feature a great line up of local and regional entertainers including the Buzz Berries, Horsin' Around Band and the Upper Main Street Jazz Band. Other annual favorites like the variety of food vendors, Kids Action Inflatables, and the Dubuque Idol Kids Vocal Talent Show return to the event, with new activities from last year like a NASCAR racing simulator, Euro Bungy, and a mechanical bull ride returning as well. Kids will want to meet costumed characters Shrek and Scooby Doo. Of course it wouldn't be America's River Festival with out the DockDogs competition.



america's river festival



downtown. "America's River Festival is about those three days, but it's about so much more and really the infiltration into the other area attractions, bringing people to the community," adds Schiesl. "It's one in Dubuque's fleet of festivals and bringing attention from around the Midwest of what we do have to offer."

Though it might be easy to see the value of hosting a signature event at the Port of Dubuque every summer, that does not mean it's an easy feat to pull off, despite multiple years of practice. Rahe admits it's a challenge to create a major festival site with a huge concert stage and all the other event attractions in a corporate parking lot in just a couple of days and then tear it down and clean it up to be used by employees on Monday morning. Still it's pretty clear that both he and Schiesl are looking forward to the event. America's River Festival opens Friday, June 10 at 5 p.m. On Saturday and Sunday, the festival site opens at noon. Admission is \$15 on Friday and \$10 on Saturday to the festival site and includes the standing concert area. Children 12 & under are free. Sunday admission to the festival is free.

Reserved seats for Chicago & Foghat, Friday, June 10 are \$45 Reserved seats for Starship Starring Mickey Thomas and KC & the Sunshine Band, Saturday, June 11 are \$35 Reserved seats include admission to the festival site. Reserved concert tickets are on sale now at the Five Flags Box Office, through Ticketmaster at www.ticketmaster.com, and at the festival site if they are still available.



"We do it for the sheer love of it," states Schiesl without reservation. "To see Dubuque come down to the Port and enjoy phenomenal music and each other's company – that's what it's all about."



www.Dubuque365.com



Free parking will be available in the grassy area adjacent to the festival grounds (provided it's dry enough). Regardless of the weather, a City of Dubuque trolley will be making stops at the festival gate and parking ramps downtown. In the event of severe weather, festival organizers would consider moving the main stage concerts to Five Flags Arena.

Dog owners wishing to enter their pooch in the DockDogs competition can register at www.dockdogs.com. Singers aged 12 to 18 who are interested in competing in the Dubuque Idol contest Sunday, June 12 can register by calling 563-557-9200 ext. 271. For more information and a complete schedule of events, visit www.americasriverfestival.com.

The Dubuque Symphony Orchestra League 2nd Annual

Ladies Night Out Martinis & More on the Mississippi

Friday, June 3, 2011 | 6:30 - 9:30pm National Mississippi River Museum & Aquarium

Food, Dancing, Shopping and More! No boys allowed!

Includes a plated dinner & dessert, an array of vendors for your shopping pleasure and dance lessons from Ballroom by Jennifer!

Reservations Required (Due May 31) \$25 Each | Call the Dubuque Symphony Office (563) 557-1677

Sponsored by: National Mississippi River Museum & Aquarium Vendor List @ www.DubuqueSymphony.org











Upcoming Events at Maquoketa Art Experience

June 6-10

Fred Cogelow: Sculpture in Wood Mezzo-Relief Workshop Explore mezzo-relief portrait sculpture in wood with Fred Cogelow, considered by many to be the greatest wood sculptor in the U.S. This five-day workshop is designed for an advanced carver/sculptor.

June 11

Painter Rose Frantzen: Portrait Painting Demo & Fundraiser Patrons win the chance to model for internationally acclaimed artist Rose Frantzen during a public painting demo. The portrait goes home with the winner at the end of the day! This is a ticketed event and fundraiser.

June 17-19

Writer Robert Wolf: Portrait Writing Workshop Create a written-portrait through visualization and storytelling, This is class is designed for everyone.

June 25

Creating-A-Painting: Sandra Principe Class Principe has created a painting event for anyone who is interested in exploring work with acrylic paints or who wants to try something new.

Beginning in June

Drawing Sessions every Thursday evening from 7-9 p.m.

Registration is required for all events.

Maquoketa Art Experience 124 S. Main St Maquoketa, IA 52060 563.652.9925 maquoketa-art.org

america's river: main stage performers





America's River Festival Main Stage Entertainment

As noted in this issue's cover story, this year's America's River Festival main stage entertainment lineup is one to be reckoned with. In case you've lived in a cave and have not been anywhere near a radio for the past 40 years or you're part of the Justin Bieber generation and have never hear of these bands, here's the lineup.

Foghat Friday, June 10, 7:30 p.m.

Formed in 1971 from 1960s British blues band Savoy Brown, Foghat first captured the attention of American blues-rock fans with an up-tempo rock version of the



Muddy Waters' blues classic "I Just Wanna Make Love To You" on their debut LP in 1972. But it was the arena rocking "monster boogie" sound of 1975 LP Fool for the City that established Foghat as a classic rock staple with the title song and the band's biggest hit "Slow Ride." Foghat will undoubtedly perform those hits and others like "Stone Blue," "Drivin' Wheel," and Eight Days on the Road." Younger fans might recognize Foghat due to the band's songs appearing in popular home video games as Guitar Hero III, numerous movies such as Dazed & Confused, Wild Hogs, Bottle Shock and Halloween II, and TV shows like American Idol. The power of Foghat is not to be underestimated. 365 writer Mike Ironside reports that in his sophomore year in high school, his Junior-Varsity basketball team listened to "Slow Ride" on a boombox in the locker room before every game. The team went undefeated that season.



Chicago Friday, June 10, 9:30 p.m.

Headlining Friday night is the original "rock band with horns," Chicago. The group that was first known as Chicago Transit Authority (until the actual CTA threatened legal action), Chicago formed in 1967 and incredibly still has six original members in the band. First charting with top-ten hits "Make me Smile" and "25 or 6 to 4," Chicago has amassed 21 top-ten singles, 5 consecutive numberone albums, 11 number-one singles, and 5 gold singles. Twenty-five of the Grammy and American Music Awardwinning band's 32 albums have been certified platinum, and the band has a total of 47 gold and platinum awards.



Friday, June 17 @ 6:30-9:00 pm Under the Big Tent at the Eagle Ridge North Course Driving Range - Galena Territory

Tickets are \$20 and are available at Family Beer and Liquor. All proceeds benefit JDRF.



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Miller Lite, MGD, MGD 64, Coors Light and Coors 24 pack No Deposit Cans

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best seller "Whipped" and new "Cake"! 750ml

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To date, Chicago is the first American band to chart Top 40 albums in five different decades with hits like "Beginnings," "Does Anybody Really Know What Time It Is," "Colour my World," "Saturday in the Park," "If You Leave Me Now," "Hard To Say I'm Sorry," "You're the Inspiration," "Wishing You Were Here," and many more.

Starship Starring Mickey Thomas Saturday, June 11, 7:30 p.m.

Saturday night's concert gets started with Starship starring Mickey Thomas. Thomas, known for his work as lead vocalist on the 1976 hit for the Elvin Bishop Band "Fooled Around and Fell in Love" joined Jefferson Starship in the late '70s as the band was evolving from its earlier incarnation as '60s San Francisco band Jefferson Airplane. The band scored a number one hit with the rocking "Jane" before renaming the group Starship. Though the name changed, the band continued to score hits with "We Built this City," "Nothing Gonna Stop us Now," "Sara," "Find Your Way Back," "Laying It On the Line," and "It's Not Over Till It's Over." Joined by female vocalist Stephanie Calvert, Thomas and a revamped band perform an expanded set list that includes the multi-platinum hits of Jefferson Airplane, Jefferson Starship and Starship.

KC & The Sunshine Band Saturday, June 11, 9:30 p.m.

Saturday night is sure to turn into a disco dance party when iconic '70s group KC & The Sunshine Band take the stage. Founded in 1973 in Miami, Florida by Harry Wayne Casey, KC & The Sunshine Band incorporated elements of funk, R&B, and Latin styles into a fun, upbeat sound that became part of the very definition of '70s dance music. The first band since the Beatles in 1964 to score four number-one pop singles in one 12-month period, KC & The Sunshine Band have been making people dance ever



since with hits like "Get Down Tonight," "That's the Way I Like It," "Shake your Booty," "Boogie Shoes," "I'm Your Boogie Man," and "Keep It Comin' Love." In addition to the band's many awards, KC earned a Grammy in 1978 for Producer of the Year for his work on the sound track for the monster-hit film "Saturday Night Fever." Having sold over 100 million records, KC & The Sunshine Band have been making audiences all around the world dance for over 37 years. Bring your "boogie shoes."

SATURDAYS Open 1<u>0AM-4PM</u>

JUNE **4 & 18** JULY **2 & 16** AUGUST **6 & 20**

PORT OF DUBUQUE Near American Trust River's Edge Plaza



You won't want to miss **ART MARKET**.

ART MARKET stands apart as one of Dubuque's finest outdoor markets and showcases local and regional fine art, modern crafts, and chic vintage items. Art Market will take place over the green field in the Port of Dubuque near the American Trust River's Edge Plaza on the first and third Saturdays in June, July, and August, and is a fun, family friendly event.

Art Market is all about fine art, modern crafts, and chic vintage items, brought to you by local and regional artisans. With more than 20 vendors each weekend, Art Market offers great variety and lots of value. Stop down, buy some great art, have a picnic, listen to live music, and enjoy delicious gourmet snacks with friends and family. Art Market allows you to purchase work directly from the artist and features prices to fit everyone's budget. Support local arts and culture – and have a blast doing it!

FOR MORE INFORMATION VISIT WWW.DBQARTCENTER.ORG COORDINATED BY THE DUBUQUE ART CENTER.



TSWS Seventeenth Season Thursday nights, June 2 - August 4 Band Shell, Eagle Point Park



Beginning June 2nd, the Tri-State Wind Symphony will provide free (with park admission) concerts every Thursday

evening at 7:30 p.m., at the Eagle Point Park Band Shell. The community is invited to bring their lawn chairs, their children and a picnic supper for a evening of classical music, light popular tunes and of course marches – something for everyone. The Tri-State Wind Symphony is a 90 member community band made up of professional musicians, instrumental teachers and their students, parents and their children and area residents who enjoy playing challenging pieces. TSWS is under the leadership of music director Brian Hughes. Rain site for the concerts is Westminster Presbyterian Church, corner or Loras and University. For more information see www.TSWS.org.

June 4, Tri-State Wind Symphony Kick Off. June 9, River Reeds Sax & Clarinet Quartet June 16, Tri-State Wind Symphony June 23, Maquoketa Timber City Band June 30, TSWS "Star Spangled Spectacular" July 7, Colt Cadets & Colts Summer Band July 14, Tri-State Wind Symphony July 21, The Dubuque Chorale July 28, Player's Favs –Last TSWS Concert Aug. 4, Americana Band



Individual Artist Call For Submissions New Guidelines for Quarterly Submissions

Art Gumbo, a quarterly soup dinner that supports local art projects with communitysupported micro-funding, is now accepting applications from individual artists for the summer funding cycle. Applications for Art Gumbo mini grants for the summer funding cycle are available now through Tuesday, June 23. Application questions are available at artgumbodubuque.blogspot.com

New submission guidelines include the separation of individual artists and organizations or groups during funding cycles. Arts organizations and groups are not eligible to apply during the summer funding cycle. The first eight eligible applications received by 11:59 p.m. on June 23 will qualify for funding.

According to the new guidelines individual artists will be eligible to apply during summer and winter cycles, and arts organizations or groups will be eligible during fall and spring cycles. Applications and current guidelines are available artgumbodubuque.blogspot.com.

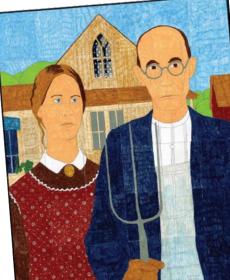
Art Gumbo is an independent communitybased initiative that funds local arts projects using money collected at guarterly soup dinners. During each Art Gumbo funding cycle, artists or arts organizations are invited to submit a brief project proposal that demonstrates an impact on the Dubuque community. The public is invited to attend and vote for their favorite proposal. A \$10 donation at the door entitles the attendee to a locally prepared soup dinner and the opportunity to review all submitted proposals and to vote for their favorite. The Art Gumbo fund's nightly proceeds will be awarded to the proposal that gets the most votes. Art Gumbo sessions will be hosted at new locations each guarter featuring soup by a regional food source. The next Art Gumbo Soup Dinner is scheduled for Thursday, June 30, 6-8 p.m. Location to be announced.



For more information visit artgumbodubuque. blogspot.com or contact Paula Neuhaus or Megan Starr at art.gumbo.dbg@gmail.com.



3392 Hillcrest Road Suite 38 Dubuque, IA 52002 563.556.3327 www.LaserSkinDBQ.com



The Dubuque Museum of Art

The Dubuque Museum of Art is pleased

to announce opportunities for area youth

to attend the Museum's Summer Youth

Art Academy. Continuing the Museum's

celebration of Grant Wood's 120th birth-

day, the Museum will host a series of

summer classes modeled after Wood's

Stone City Art Colony. Students will have

the opportunity to explore a variety of

art forms including plein air (outdoor)

sketching, figure drawing, printmaking,

sculpture, and, for the older students,

mural design. A student exhibition and

reception will be held at the end of the

sessions to celebrate the student's work.

Summer Youth Art Academy



Classes are open to all children and young adults, and no previous art experience is necessary.

All classes will be from 9:30am to 11:30 am, Monday through Friday, and classes will be \$55 per student, with discounts available for multiple children within a family. A limited number of scholarships are available for those children not able to afford the tuition payment. The session calendar and age groups are as follows:

June 20-24: Ages 6 to 8

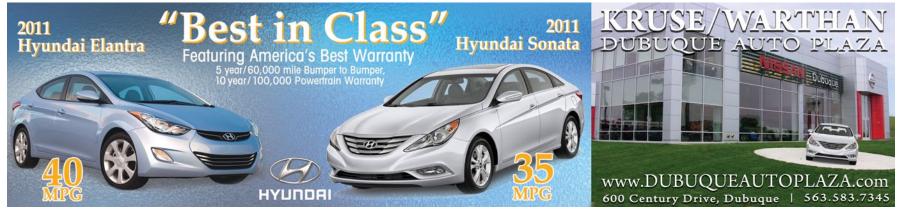
June 27- July 1: Ages 9-12

July 11-15: Ages 13-16

July 18-22: Ages 18-22

For registration and information, please contact Margaret Buhr at the Museum at 563-557-1851 or email mbuhr@dbqart.com.







Study in Portraits at Maguoketa Art Experience Maguoketa Art

Experience has created a Study in Portraits month scheduled for June 6-19 that offers something for everyone. June programming includes a mezzo-relief sculpture workshop with renowned wood sculptor Fred Cogelow, a public painting demonstration by internationally acclaimed painter Rose Frantzen, and a portrait writing workshop by Free River Press Executive Director, Robert Wolf. Registration information or tickets for all events is available at www.maquoketa-art.org or cal the MAE at I 563.652.9925.

Fred Cogelow: Mezzo Relief Sculpture Workshop

In conjunction with the International Woodcarvers Congress in Maquoketa, Iowa, award-winning wood sculptor Fred Cogelow will teach a five-day workshop June 6-10, exploring the creation of Profile Portraiture in Mezzo-Relief. Fred Cogelow is considered by many to be the greatest wood sculptor working in the United States. This workshop is designed for an advanced carver/sculptor. Students should possess a skill level of moderate to advanced, or at least an appreciation of anatomy, detail, and engineering. As a part of Cogelow's visit to Iowa, a 6-foot sculpture of Zona, a life-sized woman sculpture piece will be on display at the Dubuque Museum of Art, June 6-11, then entered into the sculpture competition at



2011 International Woodcarvers Congress June 13-19 in Maquoketa. The June workshop is the last one that Fred Cogleow will be teaching until 2014.

Rose Frantzen: Portrait Painting Demonstration

Internationally acclaimed Iowa artist Rose Frantzen will offer a portrait painting demonstration on Saturday, June 11. All ticket holders will enter into a drawing to serve as the model for the portrait and will take the finished portrait home with them at the end of the day. Doors will open at 10 a.m. with the drawing for the model at 11 a.m. You must be over 16 and present to win, but under 16 may attend at a discounted price. Frantzen is the creator of the Portrait of Maquoketa collection, a 180 piece community portrait series painted using volunteer models from her home town. Portrait of Maquoketa was on exhibit at the Smithsonian National Portrait Gallery in 2009-2010. The proceeds from this event serve as a fundraiser for Maquoketa Art Experience.



Robert Wolf: Portrait Writing Workshop

Free River Press executive director Robert Wolf has designed a three-day portrait writing workshop, scheduled for June 17-19. This workshop is created for people of all ages, and while the practiced writer will find it useful, the workshop was designed with the amateur in mind. Wolf is the author of Heartland Portrait, a collection of stories created from portrait writing that explores sense of place and captures the voice of America's heartland through storytelling. The aim of this portrait writing workshop is for each participant to complete at least one portrait of a person or place at the end of three days. Registration information is available at www.maquoketa-art.org or call 563.652.9925.

Maquoketa Art Experience programming is made possible in part by a grant from the Iowa Department of Cultural Affairs.





Now Showing @ MINDFRAME Friday, May 27 - Thursday, June 2 Check our website for next weeks showtimes!

The Hangover Part II (R) No Passes Allowed Fri - Thu: (12:15), (2:30), (4:45), 7:35, 9:50

Kung Fu Panda 2 3D (PG) No Passes Allowed Fri - Thu: (11:10 AM), (1:10), (3:10), (5:05), 7:05, 9:05

Pirates of the Caribbean: On Stranger Tides (PG-13) No Passes Allowed Fri - Thu: (1:00), (4:00), 6:50, 9:40

Bridesmaids (R) No Passes Allowed Fri - Thu: (11:25 AM), (2:00), (4:35), 7:15, 9:45 **POM Wonderful Presents: The Greatest Movie** Ever Sold (PG-13) Tri-States Exclusive Fri - Thu: (11:30 AM), (4:15), 9:10

Thor (PG-13)

Fri - Mon: (11:55 AM), (2:20), (4:55), 7:25, 9:55 Tue: (11:55 AM), (2:20), 7:25, 9:55 Wed & Thu: (11:55 AM), (2:20), (4:55), 7:25, 9:55

Of Gods and Men (Des hommes et des dieux) (PG-13) HELD OVER!; Caption-ENG Fri - Thu: (1:30), 6:40

MindframeTheaters.com Hotline: 563-582-4971 555 JFK Road, Behind Kennedy Mall

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coming to theaters :



The Hangover Part II (R) Phil (Bradley Cooper), Stu (Ed Helms), Alan (Zach Galifianakis) and Doug (Justin Bartha) travel to exotic Thailand for Stu's wedding. After the unforgettable bachelor party in Las Vegas, Stu is taking no chances and has opted for a safe, subdued pre-wedding brunch. However, things don't always go as planned. What happens in Vegas may stay in Vegas, but what happens in Bangkok can't be imagined.

Kung Fu Panda 2, (PG) Po is now living his dream as The Dragon Warrior, protecting the Valley of Peace alongside his friends and fellow kung fu masters, The Furious Five. But Po's new life of awesomeness is threatened by the emergence of a formidable villain, who plans



to use a secret, unstoppable weapon to conquer China and destroy kung fu.

X-Men: First Class (June 4) charts the epic beginning of the X-Men saga, and reveals a secret history of famous global events. Before mutants had revealed themselves to the world, and before Charles Xavier and Erik Lehnsherr took the names Professor X and Magneto, they were two young men discovering their powers for the first time.

Super 8 (Not Rated) (June10) Writer/director J.J. Abrams teams with producer Steven Spielberg for this period sci-fi thriller set in the late '70s, and centering on a mysterious train crash in a small Ohio town.



THE BUZZ...

First we learned Brothers Grimm: Snow White will be coming out a few months earlier, and now comes word from Disney that Sam Raimi's 3-D debut, Oz: The Great and Powerful, will hit theaters March 8, 2013. James Franco will star in the film, playing the title character, while Mila Kunis, Rachel Weisz, and Michelle Williams are expected to join as witches.

RT Features has signed Pulitzer Prizewinning playwright David Auburn to adapt Peter Ackroyd's The Casebook of Victor Frankenstein for screens, marking at least the fifth Frankenstein project in development.

The writers currently adapting Candy Land into a feature film told Entertainment Weekly they "envision it as Lord of The Rings, but set in a world of candy," which is a statement that is only acceptable if they were super high, and playing Candy Land.

WALL-E and Finding Nemo director Andrew Stanton's live-action debut John carter of Mars is now just John Carter. The Taylor

Kitsch-starring film, about a Civil War veteran's misadventures on the Red Planet looks very promising.

Matthew Modine has been cast in the latest chapter of Christopher Nolan's Batman franchise, and will be playing a character only described as "Nixon." So there's that.

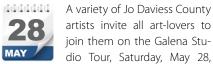
Arnold (assengrabbin boobinsqueezin') Schwarzenegger has put his plans on returing to the big screen on hold while he deals with the public revelations that he is indeed a huge ass.

Mushy-skulled parodists Jason Friedberg and Aaron Seltzer have made themselves a two-man factory dealing solely in the manufacture of lazy, slapdash spoof comedy. Together, they've haphazardly assembled references into no less than seven scripts including Meet the Spartans, Disaster Movie, and most recently the half-hearted Twilight parody Vampires Suck. They just announced plans for another called The Biggest Movie of All Time 3D to parody Avatar. Yawn!

{ galena events

Galena Studio Tour

Saturday, May 28



artists invite all art-lovers to join them on the Galena Studio Tour, Saturday, May 28, from 9 a.m. to 6 p.m.

The self-quided tour offers visitors an opportunity to tour the working studios of 19 artists at 14 different locations in Galena, Elizabeth, and Stockton. Visitors will be able to meet the artists working in a wide range of media, learn their processes, and view demonstrations. Artwork on display and for sale will include paintings, pottery, prints, note cards, jewelry, wood pens, sculpture, glass and hand made baskets.

A list of the artists and their studios as well as a map for the tour is available online at www.galenastudiotour.com. Maps for the event are also available in Galena at the Train Depot, CVB, Visit Galena, downtown businesses, guesthouses, and at each of the artists' studios. Here are a few samples of their works



Alice McMahon - Charcoal on mylar film, 308 S Bench St, Galena, IL



2. Paul Eshelman, Red stoneware pottery, 238 N Main St, Elizabeth, IL



3. JoAnne Warren- Watercolor painting, 11703 W Red Gates Rd, Galena



4. Ken Bichell, Anagama wood fired pottery, 4700 N Council Hill Rd, Galena

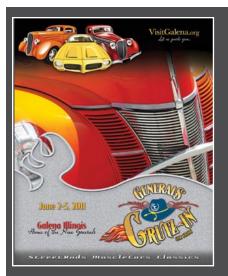


5. Joe Pinder, Stoneware pottery, 14 **Butternut Lane, Galena Territory**



6. Connie Holm, Pastel painting, 17 Talisman Trace, Galena Territory

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Generals' Cruiz-In Car Show June 2-5, Galena, Illinois

The Generals' Cruiz-In Classic Car Show will be held June 2-5, 2-5 2011. The weekend will include JUNE many activities and live entertainment throughout Galena. The first 150 registered cars receive parking on Galena's historic Main Street. Remaining cars will be at the Train Depot Lot near the Galena River.

3:00 pm at the Galena Train Depot Lot. From 6:00 pm - 9:00 pm that night, there will be a Welcome Reception at the DeSoto House Hotel, featuring Galena's Nine Generals, great food, a cash bar, and Tupelo, Mississippi's very own Bill Brooks as Elvis!

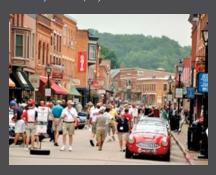
Registration will continue Friday and Saturday participate in a Cash Walk and be entered to win cash and prizes. Over \$4,000 in cash and prizes will be given away. Friday and Saturday will also include Generals' Noon-Time Parties and Generals' Cocktail Hour Parties with live entertainment at: Boone's Place Restaurant & Pub, Fried Green Tomatoes, Paradise Bar & Grill, Benjamin's, The Flying Horse, and The Galena Brewing Company. Other local establishments will also have live entertainment and specials over the weekend.

On June 3 and 4, registrants and spectators can meet the one and onlv Shifter" and "The First Lady of Drag Racing." Linda was featured on

sparkling personality has graced many racing

magazines, race tracks, parades and trade shows. She was the first to merge Hollywood and women into the ranks of NASCAR. There has been no one like her before or since. She is always ready to listen to or tell an old racing story. While visiting with Linda, you can also browse a unique display of rare Hurst Olds and other great muscle machines.

Each evening on Friday and Saturday, there will be a shuttle bus taking groups of registered car attendees to and from the ing at 8:00 pm. In addition, to round out the weekend, there will be a car parade through the beautiful countryside to the Mystique Casino. Car registrants can expect special parking at the Casino and complimentary match play dollars.



There will be plenty to do and see all weekend, book your stay at one of our (Headquarters Hotel), Avery Guest House, Belle Aire Mansion, Best Western Designer Inn & Suites, Chestnut Mountain Resort, Country Inn & Suites, Eagle Ridge Resort & Spa, and Ramada Hotel & Spa.

Additional sponsors include: Budweiser, O'Reilly Auto Parts, Mystique Casino and about this event at GeneralsCruizIn.com or

may be found at VisitGalena.org or by calling 888-942-5362. While in town, visit the Wel-Market House) in downtown Galena for onsite assistance and information.



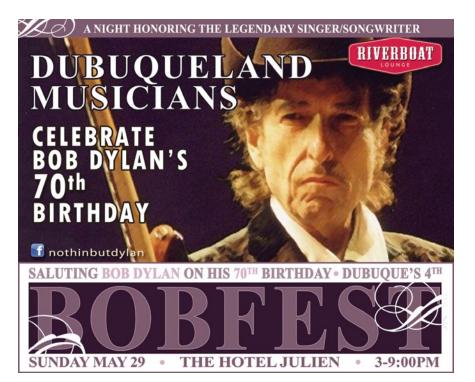


THE ULTIMATE 70'S AND 80'S DANCE CLUB IS COMING TO DUBUQUE!

Looking for DJ's, MC's, Roller Girls, Hula Girls, and Dancers. Earn up to \$20 an hour.

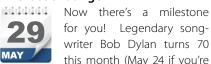
Send picture and resume to info@penaproductions.net Please Call 609-241-0319 with Questions. Must be 21 years old.





BOBFEST: Saluting Bob Dylan's 70th Birthday Sunday, May 29

Riverboat Lounge



for you! Legendary songwriter Bob Dylan turns 70 this month (May 24 if you're

curious) so once again local Dylan devotees will gather to celebrate his birthday and songwriting with Dubuque's fourth annual BobFest, Sunday, May 29 from 3 to 9 p.m.

Once again, the event will feature a wide range of performers in the Riverboat Lounge at the Hotel Julien. Here's a rundown of the talent on the bill; Nothin' But Dylan (naturally), Maureen Kilgore, Johnny Rocker, Bill Encke Group, the Breitbachs, Denny Garcia, John Moran, Jordan Danielsen, Marty Ramon, the Chick Band, Peter Fraterdeus, River Breitbach Group, Roy Schroedl and Val Voshell with you performances by Chiron and the Centaurs, Drew Maybusth, and the Teenage Group.

After the sprawling success of the first couple of years, BobFest moved to the Riverboat Lounge last year, allowing not only more people to attend (capacity will be 300) but also two stages making the transition between acts shorter and smoother. "We will have about 6,000 square feet of the lounge with doors open wide to the banquet room and access to the terrace," reported BobFest organizer Mary Mabusth.

Mabusth is of course a devout fan and member of the local Bob tribute band Nothin' But Dylan, which also features Ken Gratton on vocals, guitar, and harmonica; and Cheryl Gratton on drums; along with Ron Tigges on bass and others when the core trio expands to a full band. The band has built a loyal following in it's three year existence, performing regularly around the area at places like Miss Kitty's Grape Escape.

Mabusth reports that Nothin' But Dylan is often "discovered" by out-of-town visitors who share their love of Dylan, sometimes leading to repeat trips. At one Grape Escape performance, the band met a Cedar Rapids couple who planned their entire anniversary weekend around a Galena trip to include the show, with the woman even wearing a "leopard-skinned pillbox hat."

In addition to Nothin' But Dylan and their loyal crew of true believers, BobFest will undoubtedly boast an all-star lineup of area musicians, though interested performers can contact Mabusth through the Nothin' But Dylan Facebook page for an opportunity to perform.



365

Tri-State Nightlife Highlights



Summer Jam feat. GMS, LMC Friday, June 3 Grand River Center

Local hip-hop collectives GMS (Dan Brosnan, Jeremy Vallin, Matt Huseman, and Jimmer Lange) and LMC (Marcus and Demondre Washington) host Summer Jam, a showcase celebrating early summer and highlighting the two groups love of hiphop Friday, June 3, 8 p.m. at the Grand River Center. Having devoted three years to their craft, GMS and LMC have started hosting their own shows over the past year including a benefit for a friend lost to suicide last October and a New Year's Eve show at the Grand River Center that drew 300 guests. Marcus Washington reports that the group does it "because we love it ... we see music as an escape ... when something's not going right or we just need to express our feelings, we can joke around or make a song expressing how we feel. So that's why this means so much to us." Admission is just \$5.



The Lonely Goats Friday, June 3 Easy Street

Easy Street, the friendly neighborhood bar that reopened on South Main the first of April is adding another level to the party. Already known as a great place to meet friends for drinks with Easy Street's specialty shot menu, the bar will begin hosting live music on the second floor, starting with the Lonely Goats on Friday, June 3. Easy Street tested that option on the Monday following the bar's April Fools weekend opening, hosting New Jersey punks Hudson Falcons along with Bucket House Hooligans proving that live music not only works on the second floor but is a heck of a good time. A good time is what the Lonely Goats will bring on June 3 with their up-tempo and danceable mix of originals and select covers in styles including rock, blues, zydeco, Latin, reggae, ska, funk, hillbilly, and surf. The band is also known to take pop songs you might know and retool them into one of the above styles, often drafting audience members to join the band on washboard or tambourine. It's always a party. Look for more upcoming live music at Easy Street in the near future.

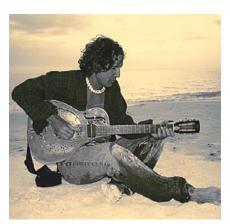


Boomtangle The Bank Bar & Grille Saturday, June 4, 9 PM

On Saturday, June 4, Boomtangle brings their set of high energy party rock and roll to the Bank Bar and Brille in downtown Dubuque. Formed from the combining of the Rocket Surgeons with former Zero 2 Sixty front-girl Joie Booth, the new band also features 365ink publisher, Bryce Parks on guitar and vocals. If you are an avid reader, you'll remember that Bryce also runs Toys For Tots in the Tri-States and this show will be extra special because of it. They will be drawing for the winner of the valuable Rock For Tots Prize package which includes Fender guitars, a Vox amplifier, concert tickets, budweisers, hundreds of dollars in gift certificates and much more. You can still get your cannce to win it all the night of the show. So come get your groove on with Dubuque's newest rock band and maybe you'll go home with the makings of your own rock band!

Kraig Kenning Sunday, June 5 Catfish Charlie's River Club

Catfish Charlie's rocks the "Bikini Deck" every Sunday this summer from 2 to



6 p.m. with a variety of great acts but one special one of note would be guitarist Kraig Kenning on Sunday, June 5. Returning for the third time to Catfish Charlie's Kenning is a National Slide Guitar Champion and is one of the best acoustic guitarist you're likely to ever see. Blending contemporary folk, blues, and roots rock into his fingerstyle guitar approach, Kenning performs his original music on over 200 dates a year. He's sold over 60,000 copies of his six self-produced CDs. This is a show that any fan of roots style acoustic guitar should not miss.



Downtown Friday Nights Dyersville, IA Buzz Berries Friday, June 10

10 The community of Dyersville celebrates summer with Downtown Friday Night, June 10 on 1st Avenue downtown. The admission-free festival includes a live music performance by the Buzz Berries from 6 to 9 p.m., kids games, train rides, and a bounce house. Area fire departments will compete in waterball fights beginning at 6:30 p.m. "It is a great opportunity for the community and the surrounding area to come together, enjoy the wonderful weather and the event with their family and friends," said Karla Thompson Executive Director of the Dyersville Area Chamber of Commerce, "It has really kept going because of the dedication and support that our community and chamber members have given to us." For more information, contact the Dyersville Area Chamber of Commerce at (563) 875-2311 or dyersvillechamber@dyersville.org



Omega Dog Friday, June 10 The Bank Bar & Grille

Jam band fans should make their calendars for Friday, June 10. The Bank Bar & Grille hosts Des Moines-based psychedelic jam band Omega Dog. Featuring former Big Muddy piano, flute, and djembe player Jen Wiater, Omega Dog performs a set of originals with a balance of strong vocals over solid song structures as well as instrumentals with melodic hooks and colorful improvising. In just over one year, Omega Dog has turned heads playing at such venues as Peoples Court, The Vaudville Mews, El Bait Shoppe, and Little Big Fest. A psychedelic, musical multi-sensory experience, Omega Dog is definitely not the last in the pack.



Music in Jackson Park The Fast Clydes Sunday, June 12, 6 p.m.

Music in Jackson Park, the free summertime concerts in downtown Dubuque's North-end neighborhood are held on the second Sundays of the summer months, from 6 to 8 p.m. and feature a different style of music for each concert. The June installment features rockabilly trio The Fast Clydes. The event will feature free refreshments and activities organized for the kids. The family-friendly events are sponsored by the Downtown Neighborhood Council, Orange Park Neighborhood improvement committee, the Multicultural Family Center, and City of Dubuque and celebrate the diversity of downtown Dubuque's North-end neighborhoods.

budweiser live music listings • may 26 - june 13



TRI-STATE LIVE MUSIC



BobFest

Open Mic

Crystal Leather

Larry Michael

Soulsa

Potosi Inn, 3:30 PM

Los Aztecas, Asbury, 5 PM

John Datisman & Mark

Keil's Tavern, 6 PM

Johnnie Walker

lan Gould

The Yardarm, 7 PM

Taste Like Chicken

Statue of Liberty

Cornerstone, 8 PM

Zero 2 Sixty

Frank O'Dowd's Pub, 8 PM

Sandy Hook Tavern, 8 PM

Simply Marty

Shark's Roadhouse, 2 PM

Riverboat Lounge, 3 PM

Galena Brewing Co., 3 PM

New Diggs General Store, 3:30 PM

THURSDAY, MAY 26 Just Cuz Tony Roma's, 6 PM

Jazz Jam with 'Round Midnight Bank Bar & Grille, 8 PM

Open Mic with Jeff & Jimmy Cornerstone, 8:30 PM

FRIDAY, MAY 27 **Denny & The Driftwood Blues** Catfish Charlie's River Club, 2 PM

Catfish Festival Betty & The Headlights, 4 PM Buzz Berries, 8:30 PM

Kickoff To Summer Boomtangle, 5 PM Mighty Short Bus, 6:30 PM LoveMonkeys, 8 PM

Boys Night Out Spirits, 6 PM

The Cheap Skates Jammin' Below The Dam, 7 PM

Ryan Getz Galena Brewing Co., 7 PM

Ian Gould Frank O'Dowd's Pub, 7:30 PM

Ralph Kluseman Mississippi Moon Bar, 8 PM The Dertones Grape Escape, 2 PM

Corey Jenny & Mojo Busted New Diggs General Store, 3:30 PM

Billy Croft & The 5 Alarm Galena Brewing Co., 7 PM

Ian Gould Frank O'Dowd's Pub, 7:30 PM

Misbehavin' Mississippi Moon Bar, 8 PM

Liberty Valance The Yardarm, 8 PM

Broom Street Drifters Cornerstone, 8 PM

Crystal Leather Whitetail Bluff Camp & Resort, 8 PM

Blue Willow Woodlands Lounge, Eagle Ridge, 8 PM

Johnny Rocker Shark's Roadhouse, 8:30 PM

Jordan Danielsen Monk's, 9 PM

The Icy Shores The Bank Bar & Grille, 9 PM

complete listings online @ dubuque365.com

TUESDAY, MAY 31

Denny Troy, Rick Hoffman, & Brian Marceau Tony Roma's, 6 PM

Rosalie Morgan Riverboat Lounge, 7 PM

Cal's Open Mic Sandy Hook Tavern, 8 PM

WEDNESDAY, JUNE 1

Zero 2 Sixty Champps Americana, 6 PM

Acoustic Jam Cornerstone, 6 PM

"Controlled Chaos" Open Mic Monk's Kaffee Pub, 9 PM

Open Mic with Jeff & Jimmy Bank Bar & Grille, 9 PM

THURSDAY, JUNE 2 Jazz Jam with 'Round Midnight Bank Bar & Grille, 8 PM

Frank Busch Sandy Hook Tavern, 8 PM

FRIDAY, JUNE 3 **Crude But Effective** Galena Brewing Co., 7 PM

Blue Willow Stone Cliff Wine Bar, 7 PM

Laura & Jeff Spirits, 8 PM

Gareth Woods Frank O'Dowd's Pub, 7:30 PM

Satisfaction: Rolling Stones Tribute Mississippi Moon Bar, 8 PM

Honey Shot The Yardarm, 8 PM

Sunshine Dubuque Driving Range, 8 PM

Joe & Vicki Price Keil's Tavern, 8 PM

Okham's Razor Woodlands Lounge, Eagle Ridge, 8 PM

Ken Wheaton Cornerstone, 8:30 PM

Brandon Hagen & Bob Bucko, Jr. Monk's, 9 PM

Memory Map, Screamin Cyn Cyn & The Pons, Little Brazil, Old Panther

Easy Street

Tuesday 5pm-10pm: \$2 Micros and \$10 Pizzas Vednesday 8pm-Close: \$1.50 Rail Vodka Mixers Thursday 8pm-Close: \$1 Tap Beer day 8pm-Close: \$2 Shot list Shots lan and Sunday: \$5 Pint Bloody Ma

Joe & Vicki Price Keil's Tavern, 9 PM

Christopher Sheridan

Liberty Valance

Swamp Cats

Pash N Brew

Farewell Show

Farley Days

Hard Salami, 4 PM

Zero 2 Sixty, 9 PM

Country Tradition

David Allan Coe

Spirits, 8 PM

Massey Road

Free 4 The Haulin'

Gareth Woods

Okham's Razor

BlackBloom

The Lift, 9 PM

Offshore Bar & Grill, 8 PM

Frank O'Dowd's Pub, 8 PM

Laura & The Longhairs

Galena Brewing Co., 7 PM

Mooney Hollow Barn, 7 PM

Mississippi Moon Bar, 8 PM

Bryan Popp & Corey Jenny

Dubuque Driving Range, 8 PM

Sandy Hook Tavern

SATURDAY, JUNE 4

Trackside Bar & Grill, 12 PM

Northside Bar, 3:30 PM

Betty & The Headlights

New Diggs General Store, 3:30 PM

<2 CD M:

Full Code Embe Eatery & Lounge, 9 PM

The Legends Embe Eatery & Lounge, 9 PM Leisure Lake, 9 PM

\$2 Domestic Bottles

Campfire Kings Scales Mound, 9 PM

Superfly Samurai Sandy Hook Tavern, 10 PM

SUNDAY, JUNE 5

Laura & The Longhairs Rocky Waters Winery, 1 PM

Kraig Kenning Catfish Charlie's River Club, 2 PM

Kevin Beck & Johnnie Walker The View, Mud Lake, 2 PM

Fever River String Band Council Hill Station, 3 PM

Chuck Bregman Anton's Saloon, 3 PM

Open Mic Galena Brewing Co., 3 PM

Eugene Smiles Project New Diggs General Store, 3:30 PM

Shake Rattle & Roll Off Shore Bar & Grill, 3:30 PM

TUESDAY, JUNE 7

Ken Wheaton Riverboat Lounge, 7 PM

Cal's Open Mic Sandy Hook Tavern, 8 PM

WEDNESDAY, JUNE 8

Laura & The Longhairs Champps Bike Night, 6 PM

Acoustic Jam Cornerstone, 6 PM

The Lift, 9 PM

"Controlled Chaos" Open Mic

Open Mic w/ Dave, Cricket, & Tim

Monk's Kaffee Pub, 9 PM

Broken Rubber Band

Bank Bar & Grille, 9 PM

Section 8 The Yardarm, 8 PM

Marshall Star Mystique Casino, 9:30 PM

Statue of Liberty The Bank Bar & Grille, 9 PM

Jay Glass Band Dubuque Driving Range, 8 PM

Okham's Razor Woodlands Lounge, Eagle Ridge, 8 PM

Slip Silo Cornerstone, 8:30 PM

Statue of Liberty CD Release The Bank Bar & Grille, 9 PM

Misbehavin' Northside Bar, 9 PM

Bad Fished Budde's, 9 PM

Ken Wheaton Embe Eatery & Lounge, 9 PM

Crude But Effective Whiskey River Pub, Monticello, 9 PM

Marshall Star Mystique Casino, 9:30 PM

Wicked Liz & the Belly Swirls The Lift, 10 PM

SATURDAY, MAY 28

Catfish Festival Massey Road, 12 PM Mississippi Band, 4 PM Duke Tomato, 8:30 PM

Kevin Beck & Johnnie Walker Spirits, 9 PM

Bad Habits Northside Bar, 9 PM

Crude But Effective The Pit Stop, 9 PM

The Rische Bros. Briar Patch Symphony Embe Eatery & Lounge, 9 PM

Jabberbox Dirty Ernie's, 9 PM

Bad Fished The Bronco Inn, 9 PM

The Midnight Ramble PerXactly, 9 PM

Randy Rogers Keil's Tavern, 9 PM

Marshall Star Mystique Casino, 9:30 PM

SUNDAY, MAY 29

Catfish Festival Dwayne Fudge, 12 PM James Kinds, 3:30 PM Horsin' Around, 7:30 PM

The Swing Crew Budde's deck, 12 PM

Broken Rubber Band Cornerstone, 12:30 PM

Ray Rose Rocky Waters Winery, 1 PM

The Dertones Catfish Charlie's River Club, 2 PM MONDAY, MAY 30 **Motley Blues Jam** Shark's Roadhouse, 2 PM

Scooters Bar & Grill, 9 PM

Pirate Over 50 The Yardarm, 8 PM

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Crude But Effective Off Shore Bar & Grill, 3:30 PM

Ace's Place Ц С 107 Main St W • Epworth, IA • 563-876-9068 Asbury Eagles Club

5900 Saratoga • Asbury, IA • 563-588-4458

The Bank Bar & Grille 342 Main • 563-584-1729 • bankdbq.com

Budde's 10638 Key West Dr • Key West, IA • 563-582-0069

Bulldog Billiards 1850 Central • 563-588-0116

Cornerstone 125 N. Main • Galena • 815-776-0700

Courtside 2095 Holliday Dr • 563-583-0574

Dagwood's 231 First Ave. W • Cascade, IA • 563-852-3378

Denny's Lux Club 3050 Asbury Rd • 563-557-0880

Dino's Backside (The Other Side) 68 Sinsinawa • East Dubuque • 815-747-9049

Dirty Ernie's 201 1st St NE • Farley, IA • 563-744-4653

Dog House Lounge 1646 Asbury • 563-556-7611

Doolittle's Cuba City 112 S Main • Cuba City, WI • 608-744-2404

Doolittle's Lancaster 135 S Jefferson St • Lancaster, WI • 608-723-7676

Dubuque Driving Range (Highway 52) John Deere Road • 563-556-5420

Eagles Club 1175 Century Drive • 563-582-6498

The Lift, 9 PM

Daniel & the Lion The Bank Bar & Grille, 9 PM

Kevin Beck & Johnnie Walker Mystique Casino, 9 PM

> Eichman's Grenada Tap 11941 Route 52 N • 563-552-2494

Embe Eatery & Lounge 233 S. Main St. • Galena, IL • embegalena.com

Five Flags Civic Center 405 Main • 563-589-4254 • Tix: 563-557-8497

Gin Rickeys 1447 Central • 563-583-0063

Gobbie's 219 N Main St • Galena, IL • 815-777-0243

Grape Escape 233 S Main • Galena, IL • 815-776-WINE • grapeescapegalena.com

Handle Bar 736 Burtons Furnace Rd., Durango, IA • 563- 552-2291

The Hub 253 Main • 563-556-5782

Irish Cottage (Frank O'Dowd's Pub) 9853 Hwy 20 • Galena, IL • 815-776-0707 • theirishcottageboutiquehotel.com

Jumpers Bar & Grill 2600 Dodge • 563-556-6100

Knicker's Saloon 2186 Central Ave • 563-583-5044

The Lift 180 Main • 563-584-1702

Mississippi Moon Bar (Diamond Jo Casino) Port of Dubuque • 563-690-2100 • diamondjo.com

Monk's Kaffee Pub 373 Bluff St • 563-585-0919

Mooney Hollow Barn 12471 Hwy 52 • Green Island, IA • 563-580-9494

Boomtangle The Bank Bar & Grille, 9 PM

Woodlands Lounge, Eagle Ridge, 8 PM

Kevin Beck & Johnnie Walker Mystique Casino, 9 PM

Taste Like Chicken Northside Bar, 9 PM

> **Murph's South End** 55 Locust • 563-556-9896

Mystique Casino 1855 Greyhound Park Rd • 563-582-3647 mystiquedbq.com

New Diggings General Store 2944 County Rd W • New Diggings, WI 608-965-3231 • newdiggs.com

Noonan's North 917 Main St • Holy Cross, IA • 563-870-2235

Northside Bar 2776 Jackson • 563-583-3039

Perfect Pint /Steve's Pizza 15 E Main St • Platteville, WI • 608-348-3136

Pit Stop 17522 S John Deere Rd • 563-582-0221

Sandy Hook Tavern 3868 Badger Rd • Hazel Green, WI • 608-748-4728

Spirits Bar & Grill (inside Days Inn) 1111 Dodge • 563-583-3297

Stone Cliff Winery Port of Dubuque • 563-583-6100 stonecliffwinery.com

Thums Up Pub & Grill 3670 County Road HHH • Kieler, WI • 608-568-3118

Tony Roma's (inside Grand Harbor Resort) Port of Dubuque • 563-690-4000 • grandharborresort.com

The Yardarm Dubuque Marina • Near Hawthorne • 563-582-3653

If you have live entertainment and would like to be included in our listing, contact us: info@dubuque365.com or 563-588-4365.

by Tim Brechlin

You may look forward to summer as a time for festival season, grilling, outdoor sports and boating on the Mississippi, but there's another great element of summer that has already kicked off and will continue for several months: The summer blockbuster movie season. While last summer was a little lackluster, this season has already kicked off with the strength of Mjolnir after Thor arrived in the first week of May, and it is showing no sign of slowing down as Pirates of the Carribbean: On Stranger Tides set an all-time worldwide opening box office record when it opened May 20th. Rest assured: If you're a fan of movies, you're going to be spending plenty of time at Mindframe Theaters and Star Cinema through the coming months.

However, not every movie is for everyone, and that's why we're here to give you a handy guide to all the movies coming out through the summer months. Since different movies have different audiences, we've broken the guide into two separate lists -- The Blockbusters and The Rest. (Let's face it: If you're looking forward to Winnie the Pooh, you're probably not counting the days until Captain America!)

THE BLOCKBUSTERS



THE HANGOVER: PART II

Director Todd Phillips and the entire cast have returned for the MAY 26 sequel, which revolves around

Stu's (Ed Helms) wedding in Thailand. Trailers suggest the plot is essentially the same

movie as the original, with Doug (Justin Bartha) being missing and the remaining crew trying to find him. More of the same isn't necessarily a bad thing, but this reeks of American Pie 2 -- same cast, same plot, different setting. It'll probably be fun -- Todd Phillips has yet to disappoint -- but did Ken Jeong's character need to be brought back?



KUNG-FU PANDA 2

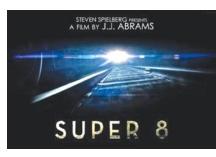
Po is now living his dream as The Dragon Warrior, protecting MAY 26 the Valley of Peace alongside his friends and fellow kung fu masters, The Furious Five - Tigress, Crane, Mantis, Viper and Monkey. But Po's new life of awesomeness is threatened by the emergence of a formidable villain, who plans to use a secret, unstoppable weapon to conquer China and destroy kung fu. We'll see if Jack Black's trademark vocal kung-foolery and Jackie Chanticks can carry the popular movie into franchise territory. Lots of big names are helping is casue: Angelina Jolie, Dustin Hoffman, Gary Oldman, Jackie Chan, Seth Rogen, Lucy Liu, David Cross, James Hong, Michelle Yeoh and Danny McBride.

X-MEN: FIRST CLASS

Matthew Vaughn, who was originally hand-picked by Bryan JUNE 3 Singer to direct X-Men: The Last Stand before leaving after script issues, was hand-picked by producer Bryan Singer (who produced the first two X-Men films) to helm this "origin story" take on the X-Men story.



James McAvoy seems bland as Professor X, but every commercial and trailer for the film has shown Michael Fassbender (Erik Lensherr / Magneto) to absolutely own his role. The movie may or may not be good -let's face it, after X2: X-Men United, FOX proceeded to completely and utterly botch the next two films in the franchise. With Vaughn on the project, though, the odds are good that the film will be, at the very least, visually entertaining. In any event, one thing is certain: Michael Fassbender will become a star.



SUPER 8

It was originally thought to be an indirect sequel to Cloverfield, JUNE 10 but this is an entirely different beast (and director). Steven Spielberg is a producer of this JJ Abrams written / directed

horror film, which tells the story of a group of teenagers who are making a Super 8mm (raise your hand if you remember Super 8 -- raise both hands if you remember reelto-reel editing) film when, upon witnessing an enormous train crash, they suspect there was no accident. Strange events follow this accident. According to director Abrams,

it bears very little similarity to Cloverfield; rather, it's traditionally shot like any other film. Abrams and crew have yet to disappoint, so this should be good. We hope.



GREEN LANTERN:

JUNE 17

Hal Jordan (Ryan Reynolds) finds himself selected by a crash-landing alien to assume the mantle

of the Green Lantern Ring. Yeah, it's a pretty silly premise. But after Thor proved, a few weeks ago, that you can go whole-hog with a fantasy premise and still have it be incredibly entertaining, this has promise. Director Martin Campbell successfully rebooted the James Bond franchise twice (GoldenEye, Casino Royale), and despite the misfire of the second Zorro film, he's earned the benefit of the doubt. The effects may be a bit over-thetop, but ... it's a movie about a guy who finds a ring that makes him part of an intergalactic police corps. Over-the-top is probably the order of the day, and Reynolds is the best possible guy to roll with the concept.



can man live on popcorn and beer? let's find out!

Hollywood, Cars moved an imaginable amount of merchandise. (Gee, thanks, Larry the Cable Guy.) A sequel has been spawned. Now that Lightning McQueen has taken his act overseas, he's faced with a bunch of other highly tuned cars in a chase that seems somewhat reminiscent of The Fast & Furious: Tokyo Drift.



TRANSFORMERS: DARK OF THE MOON



Transformers 2 was one of the worst movies in recent memory, but a huge cause of that was

because director Michael Bay storyboarded a few action sequences, sent those to the writers, and the writers had barely enough time to hand in a rough first draft before the Writers Guild of America went on strike. Dark of the Moon has Bay's trademark of a bangon eye for action sequences, and it's combined with a writing team that had enough time to actually develop a story and script before shooting began. Yes, Shia LaBeouf has returned, but Bay is on the record as saying that "Revenge of the Fallen" was a horribly misguided film hampered by the writers' strike. Early reviews say that Transformers 3 is by far the best of the series -- here's hoping.

HARRY POTTER AND THE DEATHLY HALLOWS: PART II



While the first installment of this film ended with an Empire Strikes

Back-esque epilogue, followers of the books know that the night is darkest before the dawn. David Yates may have botched The Order of the Phoenix, but he's done a pretty good job with the last two movies, matching the imagery with the text of J.K. Rowling. While originally awkward, his splitting of The Deathly Hallows will likely prove to



be a good move, as it allows expansion of the Final Battle of Hogwarts, the first of which felt sorely truncated in The Half-Blood Prince.



CAPTAIN AMERICA: THE FIRST AVENGER

ALLEY Steve Rogers (Chris Evans), a scrawny soldier who applies to **IULY 22** serve in World War II, is selected to be part of the Super Soldier Program. Referenced in 2008's The Incredible Hulk, the serum turns Rogers into a muscle-bound superman who destroys all enemies in sight. One might be cautious given that the film is directed by Joe Johnston, who helmed the execrable Jurassic Park III and The Wolfman, but the guy made The Rocketeer. It's a movie about a jingoistic character who punches Nazis -- there's probably no better director to make this film.

COWBOYS AND ALIENS

Jon Favreau (Iron Man 1 /2), Harrison Ford and Daniel Craig (you **JULY 29** may know him as James Bond) elected to make this film based on a 2006 graphic novel of the same name, so there must be at least SOMETHING good here. Craig plays the lead character, a loner named Jake, who finds himself in conflict with both



a ruthless colonel (Ford) as well as aliens who attack the town of Absolution. Jake and the Colonel ally in order to make a stand against the invaders. The premise sounds incredibly stupid, but all of the talent involved (Spielberg is a producer) means that it's, at the very least, worth a look.

THE SMURFS (3D/2D)



rick Wilson, with Jayma Mays (Glee's Emma Pillsbury) as his wife. Hank Azaria plays the villain Gargamel, and ... and ... oh, God, I can't even continue to type up this cast because there is no reason whatsoever for this film to exist.

Where the smurf are we?



THE "OTHERS" CONTINUE ON PAGE 24



WE'VE COVER THE BLOCKBUSTERS, NOW LETS LOOK AT...



JUDY MOODY AND THE NOT BUMMER SUMMER.

JUNE 10

Based on the book series by Megan McDonald. Suffice it to say, I haven't a clue what this one's about, so let's go to the official syn-

opsis: "When her best-laid plans for a summer full of fun go comically awry, an imaginative young girl creates her own vacation adventures in Judy Moody and the NOT Bummer



Summer." Fair enough. I took a look at the trailer, and it seems like a decent enough romp for the age group it's targeted at.

MR. POPPER'S PENGUINS



Okay, everyone has to know this classic story, right? The book's been out since the '30s! (Actually,

scratch that ... this one sounds like a pretty radical re-adaptation of the book.) Anyway: Jim Carrey plays Tom Popper, a dedicated businessman who focuses

on, well, his work, at the expense of everything else. Suddenly, he inherits some penguins, who start making his life a living hell. (Yeah, that's very different from the book.) MR. POPPER'S



Cool note about the movie: The crew actually refrigerated the soundstage and brought in real penguins, rather than relying on animatronics or CGI. The director also helmed Mean Girls, which is a guilty pleasure of mine, so this has the potential to actually be decent!

A BETTER LIFE



And here, we have our first Oscar bait of the summer. Chris Weitz (who, on the plus side, directed

American Pie and About a Boy ... but on the negative side, also directed The Golden Compass and Twilight: New Moon) directed this ethnic family drama about a gardener in east Los Angeles struggling to keep his son away from both gangs and agents from immigration, all the while traveling across town to

perform landscaping work for the city's wealthy. There are no recognizable names in the cast (not necessarily a bad thing), the trailer is amazing and after About a Boy, I'll

give Weitz the benefit of the doubt in anything he does. Besides, I'm a sucker for a story about a father who wants more for his son. This looks to be one of the highlights of the summer.

BAD TEACHER

So let me get this straight: Cameron Diaz plays a hard-drinking, **JUNE 24** hard-drugging, crappy teacher who abuses her students, yet she's somehow engaged to a wealthy man ... until he dumps her. So, she tries to woo a substitute teacher

(Justin Timberlake), who also happens to be wealthy ... while at the same time, the school's gym teacher (Jason Segel) is making a move on the psycho. And this sounded like a good idea in the

writing stages ... why? Also, the script was written by Lee Eisenberg and Gene Stupnitsky. They made Year One. Yeah, THAT Year One. This has disaster written all over it.

LARRY CROWNE

Tom Hanks stars (and also directs, in what is surprisingly his first film JULY 1 directing credit since That Thing

You Do in 1996) in this movie about a Navy veteran who loses his box-box retail store job and enrolls in community college to expand his horizons. He finds himself at home with a group

of social outcasts, and also falls in love with his speech professor, played by Julia Roberts. Oddly enough, this one is written by Nia Vardalos, who's best known for My Big Fat Greek Wedding.

Um ... okay, we guess. Could be decent, but when a script is in development hell for so long (this has been in the works since 2006), you start to wonder if everything's kosher.

MONTE CARLO

Three young girls (Selena Gomez, Katie Cassidy, Leighton Meester) JULY 1 use their savings for a dream trip

to Paris, which results in disaster ... complicated even more when they decide to take a break from their lousy tour and sneak into

the lobby of a 5-star hotel. One of them is mistaken for a spoiled British heiress by the name of Cordelia, so, naturally, she pretends to be the heiress so they can all enjoy a dream vaca-

tion. Of course, she then falls for a dude who thinks she's the rich and wealthy Cordelia. And then the real Cordelia shows up at the hotel. And ... yeah.

THE ZOOKEEPER

Oh. Oh, God no. It's not bad enough that Kevin James is still **JULY 8** somehow getting work, but now he gets a starring role in this ... this thing. James plays an overweight (no, really?) zookeeper, who's great at his job, but not so great

KEVIN JAM

at anything else, preferring the company of his animals to anyone else. After deciding that he needs to leave the zoo and get a life, the animals band together and reveal a deeply hidden secret: They can talk, and they're here to teach

this social misfit about the game of life. Let's put it this way: The movie's poster features Kevin James and a gorilla riding a rollercoaster together. You can't make this stuff up (much as we wish we could).

WINNIE THE POOH

Now, this one sounds like an absolute delight. Pixar genius **JULY 15**

John Lasseter, upon his return to Disney in 2006, had wanted to make a traditionally animated Winnie the Pooh film since Day One, and when he became Chief Cre-

ative Officer, he had his opportunity. Based directly upon two stories from A.A. Milne's books, this full-lenath film sees the crew at the Hundred-Acre Wood trying to find

Eeyore's tail, which has mysteriously gone missing. John Cleese narrates the film, and TV's Craig Ferguson is the voice of Owl! How could this NOT be good? (Also, it was released in the UK last month, and the reception was uniformly positive.)

FRIENDS WITH BENEFITS

This odd-sounding duck centers around two professionals who **JULY 22** meet but are too busy to find

a mate. They agree to have an intimate relationship with no strings attached. Things get complicated when the guy (Justin Timberlake) falls for the girl (Mila Kunis), who's begun

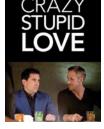


dating someone else. Sounds like a run-ofthe-mill sex comedy, though director / writer Will Gluck also made the entertaining Easy A from last year, so it might be worth a watch.

CRAZY, STUPID, LOVE

Cal Weaver (Steve Carell) is living the dream - he's got a good job, JULY 29 nice house, and great kids, but he gets the surprise of his life when he learns his wife (Julianne Moore) wants a divorce. Cal, who hasn't dated in decades, spends his

free evenings sulking at a local bar, Cal is taken on as a "wingman" to a handsome thirty-something player (Ryan Gosling), who, in an effort to help Cal start living his life again, opens



his eyes to the many options before him: Flirty women, manly drinks and a sense of style. It's hard to tell one way or the other on this one, since Carell's choices of live-action films have been ... questionable, at best, for the last few years.

THE CHANGE-UP

A married guy (Jason Bateman) switches bodies with his best AUG 5 friend (Ryan Reynolds) in order to

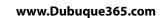
woo a co-worker. So, what, it's The Parent Trap with dudes? (or a dozen movies since, like Freaky Friday or ... well, I think Freaky Friday rests my case. That's honestly all can say about that.



DIRTY GIRL

Juno Temple plays a promiscuous, troubled high school AUG 5

student in 1980s Oklahoma, who frequently feuds with her conservative mother (Milla Jovovich). During this



TOM JULIA CROWNE



summer movies: the others

SOME GIRLS ARE BORN DIRTY

63

time, she befriends a shy, gay classmate, and together they embark on a road trip to Los Angeles. The movie features not one, but two country music stars (Tim Dwight McGraw,

Yoakam) in prominent roles, oddly enough.

RISE OF THE PLANET OF THE APES



Hoo boy. I understand that everyone is still looking to rinse the taste of Tim Burton's Planet of the

Apes out of their mouths, but I'm not entirely sure this was the best idea. For those unfamiliar with the project, James Franco plays a scientist who's using apes as his test subjects in a search for a cure for Alzheimer's. One test

subject begins to rapidly mutate, so the scientist naturally takes him home. (Huh?) And, as you might suspect from the title, the stuff hits the fan shortly thereafter and I'm sure the movie



ends with all sorts of open doors for a bunch of progressively worse sequels. Yes. I'm pessimistic. Because there's absolutely no reason to go back to this well. I don't mind remakes or reboots, but stop beating the horse until it bleeds money, for heaven's sake.

30 MINUTES OR LESS



Zombieland's director (Ruben Fleischer) and star (Jesse Eisenberg) reunite in this adventure / comedy story about a goon who hires an

assassin to murder his father for insurance money. Upon realizing that he can't pay

for the job, the guy (Danny McBride) kidnaps a pizza delivery driver (Eisenberg), straps a bomb to his chest and forces him to rob a bank. At first glance this sounds ridiculous, utterly



but after Zombieland ... I'm inclined to have some faith in Fleischer to make it just ridiculous enough to work.

FINAL DESTINATION 5 (3D/2D)



The series (mercifully) seemed like it was on life support after the third movie, but the truckloads of

money the fourth one made made it all but

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the well. Set twelve years after the events of the original film, a man has a premonition about a bridge collapsing while he's DIRTY GIRL walking on it, kill-

would go back to DESTINATION

ing him and several others. When the vision becomes reality, he manages to save himself, only to discover that Death is still pursuing him and the other survivors. Shocking!

THE HELP

certain that New Line

Based upon the book of the AUG 12 same name, The Help is set in 1960s Jackson, Mississippi, where Aibileen Clark (Viola Davis) is a middle-aged African-American maid who recently lost her only son, while Minny Jackson (Octavia Spencer) is another maid who talks back to employers and has a hard time finding work,

and Eugenia Phelan (Emma Stone) is a young white woman who has just graduated college, only to return home and discover that her beloved

childhood maid has disap-

peared. Ultimately, their stories intertwine. Not much to say on this movie one way or the other ... the story sounds interesting, but we'll iust have to wait and see if it's handled well!

CONAN THE BARBARIAN (3D/2D)

After spending years trying to make a second sequel to Arnold Schwarzenegger's Conan the Barbarian, and another several years of trying to get this remake off the ground, producers have now given us this remake / reboot of

the Conan mythos. After his father is murdered and village destroyed, **AUG 19** Conan ventures into a strange, violent world, where he lives as a thief, pirate and warrior, ultimately happening upon the war-

lord who destroyed his tribe. The movie is supposedly based much more closely upon Robert E. Howard's original writings than the 1980s films were, and it looks appropriately violent,

but let's be honest: Director Marcus Nispel (The Texas Chainsaw Massacre remake) is no John Milius, and star Jason Momoa (Stargate: Atlantis) is no Governator.

FRIGHT NIGHT

Another remake no one was asking for. Teenager Charley Brews-**AUG 19** ter (Anton Yelchin) guesses that

his new neighbor Jerry Dandrige (Colin Farrell) is a vampire responsible for a string of recent deaths. When no one he knows

believes him, he enlists Peter Vincent (David Tennant), the opportunistic host of his favorite TV show, to help him take down Jerry and his guardian. Director Craig Gillespie is an

odd choice coming off the comedy Lars and the Real Girl. Nevertheless, the cast is solid (particularly Yelchin and Tennant), but it's hard to imagine this as anything but a rental. The original wasn't very good either.

ONE DAY



Based upon the book of the same name by David Nicholls (who also adapted the book for the screenplay), One Day revisits the lives of

Emma (Anne Hathaway) and Dexter (Jim Sturgess), who first meet as they graduate from the University of Edinburgh, and their lives intertwine across the span of 20 years. The book is excellent.

so fingers crossed for the film to be equally as good, although Sturgess is a black hole of negative charisma.

SPY KIDS A: ALL THE TIME IN THE WORLD

Did the world need another one? Really? What happened to **AUG 19** your carreer Jessica Alba?

APOLLO 18



a post-Apollo 17 mission to the Moon that takes on a premise of why NASA discontinued the Apollo moon missions. The plot involves a government coverup of

APOLLO 18

the Apollo 18 mission after parasitic lifeforms on the Moon discovered the crew and began to attack them. Nothing else is really known about the movie, outside of



ne Dav

its trailer, which shows an American astronaut discovering a dead cosmonaut and a Soviet lander on the moon's surface. I'm a total sucker for these kinds of movies, so even if it's dreck, I'll still be in the theater.

DON'T BE AFRAID OF THE DARK



A young girl is sent to live with her father (Guy Pearce) and his new girlfriend (Katie Holmes), only to discover **AUG 26**

creatures in the home who seek to claim her as one of their own. This is one of those movies that seems to have everything

going for it -- written by Guillermo del Toro, solid cast and directed by a comic book artist. Who cares if it's a remake of a little-remembered '70s TV movie? This actually looks like they're



doing something original with it! Plus, with del Toro involved, you know that, at the very least, the script will be solid and scary.



OUR IDIOT BROTHER

AUG 26

Ned (Paul Rudd) is a well-meaning idealist who has just been released from prison for dealing cannabis.

In succession, he disrupts the lives and homes of his three sisters: Career-driven Miranda (Elizabeth Banks), who is about to get her big break in journalism; bisexual hipster Natalie (Zooey Deschanel), whose lies are preventing her from moving forward with her responsible girlfriend Cindy (Rashida Jones); and Liz (Emily Mortimer), who is too concerned with being the perfect mother to notice that her marriage is falling apart. Interesting concept, I suppose, but director Jesse Peretz's big claim to fame is 2007's The Ex, which was ... well, it was not good, let's put it that way.

And there you have it, ladies and gentlemen, boys and girls, children of all ages: An exhaustive list of the blockbuster, the not-so-blockbuster, the in-between and the "what on Earth were they thinking by greenlighting this?" films of summer! Just remember, though, that tempting though it may be, man cannot live on popcorn and soda alone. (Just imagine all the husks getting caught in your teeth!) Best to break things up with some Sour Patch Kids.





Tantra Thai Bistro

2055 Holliday Drive, Dubuque, IA, 563-588-2345 HOURS: Mon – Fri: Lunch: 11 am – 3 pm, Dinner: 5 pm – 10 pm Sat: 11 am – 10 pm, Sun: 11:30 am – 9:30 pm DINING STYLE: Casual Dining, NOISE LEVEL: Comfortable RECOMMENDATIONS: Tempura Green Beans, Thai Beef Jerky, Coconut Shrimp, Avocado Roll, Spicy Basil Noodles, Spicy Basil Wok Stir Fry, Asparagus Shiitake, Pineapple Fried Rice, Pad Thai, Ginger Tilapia, Teriyaki Salmon, Panang Curry, Sundown Mountain Roll, Shrimp Tempura Roll. LIQUOR SERVICE: Full Bar; Tantra Martinis, Mojitos, large assortment of imported beers, impressive wine list. PRICES: \$5.95-\$14.95 RESERVATIONS: Recommended for1 to 100 PAYMENT OPTIONS: Cash, Debit, NO Checks, All Major Credit Cards WHEELCHAIR ACCESS: Yes KIDS POLICY: High chairs & boosters available TAKE OUT: Yes DELIVERY: NO PARKING: Strip mall lot





Tantra Thai Bistro by Rich Belmont

It's hard to miss the Tantra Thai Bistro sign on the west side of Northwest Arterial in Dubuque. So you are probably aware a restaurant specializing in the cuisine of Thailand is now in our sophisticated city.



Now before you say "why do we need another Chinese restaurant, we already have six of them," you should know Thai food is very different. Thai cooking uses many herbs and spices that are uncommon in Chinese food. Some of these are fish sauce, galangal, lemongrass, curry powder, lime leaves, cilantro, fresh garlic, sweet Thai basil and red and green curries.

Thai food employs noodles as often as rice. Condiments and sauces always complement the meals. And Thai food is heavily influenced by flavors from the neighboring countries of Laos, Cambodia, Malaysia, Myanmar, and of course China.

Tantra Thai Bistro in Dubuque has only been open for a couple of weeks. It is already developing an enthusiastic crowd of regulars. That's because the owners, managers and cooks are all very experienced. The senior proprietor, Kevin Zhang, who is originally from mainland China, graduated from the Lüzlau Hotel and Restaurant Management School located near Lucerne, Switzerland. He traveled to Los Angeles to learn the English language and after training in several American and Chinese restaurants he relocated to Davenport, Iowa. There, in 2001, he created the Fuji Japanese Steak House and several other Asian restaurants in Muscatine and the Quad Cities. Today he still operates the Tantra Asian Bistro in Davenport. Kevin says that restaurant offers an assortment of cuisines: Thai, Indian, Korean and Chinese. It is an entirely different experience than the restaurant here in Dubuque which is focused only on the food of Thailand.

Kevin knew he could not open Tantra Thai Bistro without an experienced and dedicated staff. So he brought to Dubuque co-owners Dixon Fung and Gordon Gao who have been with him for several years and George Chao, a creative and expert Sushi Chef (pictured at right). He also transferred several of his cooks and servers from Davenport.



Pictured above from left to right are Dixon Fung, proprietor, originally from Hong Kong, Gigi Kaewkerd, a server from Thailand, Kevin Zhang, proprietor, and Gordon Gao, proprietor, from China.



It is true the Tantra Thai Bistro offers a complete menu of Thai cuisine. However, it would be more correct to state the menu is a collection of the most popular dishes from the four main regions of the country, Northern, Northeastern, Central and Southern and also Royal Thai as well as Thai versions of Indian, Chinese and Japanese favorites.



Kevin and his chefs have expertly crafted all of his specialties to cater to American tastes. For example, most Thai dishes are prepared with fish sauce. But here only about one third of the entrées contain fish oil and only in very mild form so there is no fishy taste at all. Likewise, Westerners perceive all Thai food to be spicy hot. At Tantra Thai, though, most dishes can be ordered either mild, hot or really hot. Only



some of the curry dishes are already hot and cannot be made in a cooler version. On the other hand all of the mild menu items can be prepared hotter to suit your taste.



When you go to Tantra Thai Bistro you will find the cuisine is prepared from a number of key ingredients. There are three kinds of rice: Jas-

mine, an aromatic rice, Sticky rice, the everyday street food variety and Japanese Sushi rice, which has more texture. There are six different noodles: The most popular are Rice, Wheat, Egg and Wheat, and Mung Bean. The bean one is transparent so it is called a Glass noodle and is sometimes known as a Cellophane noodle. Kevin's favorite is the home made fresh noodle served in the Thai specialty Pad See Ew.

The vegetables are tomatoes, cucumbers, sweet potatoes, squash, corn, mushrooms, Asian eggplant, Napa cabbage and broccoli which is used as a substitute for Gailan sometimes called Chinese broccoli. There are primarily three chilies used to spice things up. They are Thai Chile peppers, Jalapenos and Chile pepper powder or flakes.

The sauces are what makes Thai food so fascinating. They include Sweet Chili, Pepper, Sriracha, Hoisin, Ponzu, Nam Pla Fish Sauce and Spicy Brown Sauce.



365 dining: tantra thai bistro }

The menu is easy to understand because it is divided into sections. Each of the styles of food have a set price. Included in that price is your choice of beef, chicken, pork, tofu or shrimp.



The first section is on appetizers. You should not skip over these because you would be missing out on some exquisite tastes. For example, the Chicken Satay are white chicken strips marinated in Thai herbs, grilled on skewers and served with peanut sauce. The Tempura Green



Beans are dusted with rice flour, deep fried and served with a delightful plum sauce. The Spicy Basil Mussels offers fresh mussels seasoned with Spicy Basil. All the Spicy Basil dishes are wonderful. Thai Basil is different from the Basil we are used to. It has a sweet and slightly licorice taste. The fresh basil leaves are handpicked from the stems just before cooking. Then there is my favorite appetizer, the Thai Beef Jerky.



Marinated beef strips are conjoined with Thai Sriracha hot sauce. This sauce is so good and it's not really very hot. It is a paste of chili peppers, distilled vinegar, garlic, sugar and salt.

The next two sections are soups and salads. Try the Thai Hot and Sour Soup made with your choice of chicken or shrimp in Tom Yum broth. Tom Yum is a hot and sour soup made from a stock of ingredients including lemon grass, Kaffir lime leaves, galangal, lime juice, fish sauce and crushed Chile peppers.

Now we get to the noodle dishes. The most popular one is called Pad Thai. It is stir fried with egg in a Tamarind Sauce. This sauce is home made from scratch. Vinegar is mixed with plum sauce and the fruit of the Tamarind tree; pods with a sweet and sour pulp. My favorite is the Spicy Basil Noodles that are stir fried with bell peppers, onion, egg and those delicious basil leaves.



yogurt and Thai is prepared with coconut milk. The Panang Curry is very well known. Panang Curry is a special paste of fresh garlic, shallots, galangal, cilantro and dried chilies.



The Seafood entrées are all quite exquisite. The one most ordered is the Teriyaki Salmon. A generous Norwegian fillet is basted in a tangy teriyaki sauce and is served with fried rice and asparagus. The Lemongrass Prawns are amazing. Shrimp are sautéed in a lemongrass red hot chili puree. The Chef blends roasted garlic, sweet onion, fresh chopped lemongrass, chili peppers and Asian dried shrimp. In case you haven't tried it before Lemongrass is actually a tropical grass with inner stalks having a strong lemon flavor.



Eating Thai food is all about experiencing a myriad of flavors. So don't forget to try the sauces that are brought to your table. They impart complimentary flavors that will only add to your enjoyment. The red sauce is a freshly made chili paste and it's not that spicy. Be careful with the green one, though, it's a Thai fish sauce that is really hot!

Now if all of these exotic meals still haven't enticed you to visit Tantra Thai Bistro how about this: It's also a first class Sushi Bar.

Sushi Chef or Itamae George Chao is a very experienced and creative artist. For thirteen years he honed his skill in the family sushi restaurant in Dallas, Texas.

Chef Chao has created special Sushi Rolls called Sundown Mountain and Galena just for us Dubuque people. The Sundown is a mountain of tempura shrimp mixed with spicy crab meat and is sprinkled with crunchy tempura flakes.

The Galena roll is unusual because it is a tempura chicken tender with cream cheese, topped with grilled eel and thin cut avocado. The Elephant Roll has a white fish rolled with Masago which is the roe from the Capelin Smelt fish. This comes with Ponzu Sauce on the side. You will love this sauce. Tantra's version of this Japanese dipping sauce is made with lemon juice, fresh



Next on the list are the Wok Stir Fries. The Kung Pao has scallions, bell peppers, squash and roasted peanuts in a spicy brown sauce made from soy and oyster sauce.

If you like mushrooms you must try the Asparagus Shiitake Stir Fry (pictured atoo the next column). This dish combines shiitake mushrooms and asparagus in a spicy and delicious black pepper garlic sauce.

All the Curry dishes except for Pumpkin Curry are spicy hot. Curry dishes are usually of Indian origin and are meat and/or vegetable stew-like dishes. However, Thai Curry is very different from Indian because in addition to curry powder and other seasonings Indian is made with There are seven Fried Rice dishes on the menu. The most popular one is Pineapple which also has egg, cashews, raisins and green onions.



365 dining: tantra thai bistro





oranges, rice vinegar, soy sauce, Mirin (a Japanese sweet, golden rice wine) and Kumbu. The latter is sun dried sheets of kelp.



And while I am thinking of kelp there is another thing you should know. Many sushi rolls are made with Nori, a thin sheet of seaweed. I myself am not a big fan of Nori. So I discovered I can request any roll to be made with either soy or rice paper instead. Now I love Sushi!



So while we are talking about it perhaps we should review some of the rules of polite sushi eating:

1. The word Sushi actually means "with rice". Sushi generally refers to rolls made with cooked fish. Sashimi is made with slices of raw fish.

2. Sashimi should be eaten with chopsticks but it is perfectly OK to eat Sushi with your fingers.

3. If sitting at the Sushi bar it is polite to only order one roll at a time.

4. Order side items from a server and not the chef (Itamae).

5. Look at the Sushi before you eat it. It is an art form and the Itamae will be pleased!

6. Place Sushi in your mouth upside down so the fish is directly against your tongue.

7. Sushi is served with soy sauce (Shoyu), pickled ginger (Beni Shaga) and Japanese horseradish (Wasabi). 8. It is incorrect to mix Shoyu and Wasabi all together. Mix it a little at a time.

9. Leaving anything on your plate, even rice, is offensive to the Itamae.

10. Sit at the Sushi bar and watch your Itamae prepare your dinner. Offer him a sake or a beer. Don't tip with cash since Asian food preparers do not handle money.



Tantra has a delicious assortment of Martinis. On several recent visits my guests enjoyed Asian Pear with Pear vodka and pear juice, Mangotini made from Cruzan Mango Rum, Lemoncello and Mango Puree, and Raspberry Lemon Drop. There are several flavors of Mojitos, also exotic house special drinks and even flavored sakes like blueberry and raspberry. There are also 18 mostly imported beers from such far away places as Thailand, Viet Nam, Japan, China and India.

The wine list is quite impressive. Kevin has obviously done some research to identify wines that pair well with the various entrées on the menu. Just for fun ask to see the Meeker Merlot from the Winemakers Handprint Collection. Each colorful bottle is personally hand printed by the wine maker and no two bottles are alike. The Merlot is



excellent too with a superb blackberry bouquet and soft, ripe flavors of black cherries, cassis, truffle, pepper and spice.

Much to my surprise this Asian restaurant even has dessert! The Banana Split Maki is almost too pretty to eat and the Mango Sticky Rice is sweet and highly unusual. Chai-Yo, Chai-yo, Chai-yo!

Do you have a favorite restaurant you would like to see reviewed? Please send your requests, suggestions and comments to Argosy at argomark@mchsi.com.





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the pet corner

sit cujo, sit.





Pet or Threat: **Breed Specific Legislation (BSL)** by Mary Erschen

Do you own a "legal beagle" or is your family pet an almost outlawed "bully breed"? Breedspecific legislation (BSL) is a law or laws that outlaw or put restrictions on specific breeds of dog. While they most often target bully breeds, such as pit bulls, BSL that affects one breed could easily impact others at a later date.

Sport, immigration and culture produced six bully breeds from a single ancestor; American Staffordshire Terrier, American Pit Bull Terrier, Staffordshire Bull Terrier, Bull Terrier and the American Bull Dog. The original bull dogs (bully breeds) historically held the job of

keeping bulls at bay by pinning and holding for farmers in Europe. The evolution of these breeds into today's society ranges from a World War I poster dog to movie star. Remember the RCA dog, Buster Brown Shoe dog, Pete the Pup from Our Gang/Little Rascals series and Spuds McKenzie? All were bully breeds.

For more than a century, these breeds have been bred for rock solid temperaments. Some bully breeds are versatile show dogs, companion dogs, and work as therapy and police search and rescue dogs. These are the breeds most often targeted in BSL.

According to American Kennel Club (AKC) records, BSL has been prevented or overturned in many cities and states nationwide, and some states prohibit BSL calling it unconstitutional. In these cases, all dogs are judged by universal standards, not by breed. City council meetings and public education forums should review information from the AKC on the negative impact and hard-to-enforce nature of BSL due to the difficulty of identifying a breed without extensive training. Breed identification training is almost non-existent at local levels. Animal control officers can look at a breed or breed cross and mistake it for a restricted breed. Breed-specific ordinances can be challenged as unconstitutional, leaving cities open to lawsuits. The AKC website (www.AKC.org) hosts breed-specific legislation updates



from around the country (type "breed specific legislation" into your search engine). You can report canine legislation in your area by emailing the AKC at doglaw@akc. org or calling AKC canine registra-

Very sadly, the most visible segment of disreputable breeders, owners, and criminals cast a dark shadow with poorly bred, badly mistreated dogs. Responsible owners range from physicians, accountants, teachers, authors, entertainers and laborers, and far outweigh the irresponsible handful. These owners often have difficulty finding housing and affordable insurance, and in some cases are forced to give up their beloved family pet. Some famous Pit Bull owners include Rachel Ray, Michael J. Fox and Usher. Historically, Helen Keller, U.S. President Woodrow Wilson, General Patton and American novelist John Steinbeck owned bully breeds. Perhaps if they had been confronted with today's Breed Specific Legislation their response would have been Bully Bully.

Mary Erschen, Iowa-licensed pet care provider, Red Cross Pet CPR/First Aid Instructor and owner of FidoFit in Dubuque. She can be reached at 563-582-5160.



UPCs for Trees Earthborn is available at Theisens 2900 Dodge St, Dubuque Samples are available at **FidoFit** Dubuque earthbornholisticpetfood.com **Dubuque County Diamond Jaxx 13U Travel Baseball Team** Representing Dubuque Iowa with Pride





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trackside / sonshine day camp }



Trackside Bar & Grill Celebrates Five Years in Business Saturday, June 4

Trackside Bar & Grill in Peosta celebrates five years in business with a special anniversary event, Saturday, June 4 from noon to 10 p.m. The event will feature Charlie's famous barbecue including smoked wings, live music by the Swamp Cats, a beanbag tournament, karaoke, and a bounce house for kids.

Opening Trackside Bar and Grill fulfilled a longtime dream of owning and operating a small family restaurant for owners Charlie and Shannon Lundgren when they purchased the Peosta business formerly known at "Our Haus" in 2006.

"Peosta seemed like the right place for us," said Shannon. "It was a small, but growing community where we could become a part of every day life and Charlie's aging parents lived here, and we knew that they would probably need our help someday." That help was needed all too soon, when Charlie's dad lost his battle with cancer last June. "Don passed away the day before the Anniversary party," said Shannon about party that had always been plagued by rainy weather. "But the sun actually shined on us last year, and we know that his dad was proud of us and it was his way of showing us he was in a better place."

Known for their hearty homestyle food at reasonable prices, Trackside recently expanded their business to include catering. "We offer a unique menu; we call it Casual Catering. It's about home cooked, smoked food," says daughter Alexis, who enjoys cooking on the smoker with her dad. "Our pulled pork and smoked porkloin are the most popular, but we introduced a smoked meatloaf last year that is awesome and unlike anything you've ever had."



People outside Peosta are taking notice. Trackside won the "Silver Skillet" in both 2008 and 2009 from the Very Special Arts for winning the 100 Men Who Cook, and was recently been named a place for the "Best Area Burger" by the Telegraph Herald. "We work hard, we take care of people and our entire family makes sure we are serving the best food to our customers," said Charlie.

While Trackside celebrated the actual "birthday" of the restaurant on May 5 with a Cinco de Mayo taco eating contest, the big anniversary celebration is scheduled for the first weekend in June, Saturday, June 4. For more information about this event, call Shannon Lundgren at 563-556-3390.



Sonshine Summer Day Camp & Preschool Opens

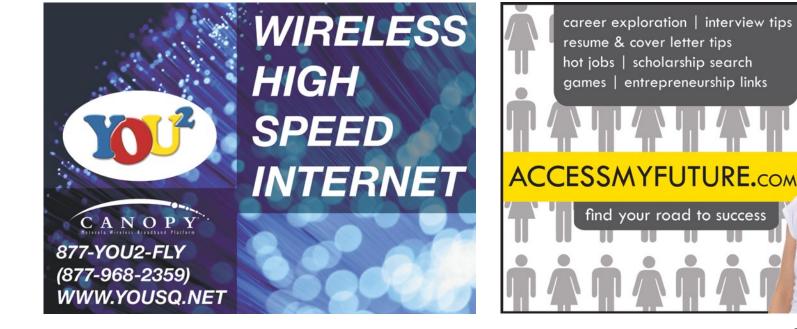
We covered a ton of great kids summer activities in out biggest-ever cover story a couple issue back, but we missed one unique opportunity we thought you'd like to hear about. So listen up moms and dads.

The Chamber of Commerce welcomed Sonshine Summer Day Camp & Pre School to the Galena Community on Wednesday, May 25 with a ribbon-cutting ceremony at the new home at 11420 W. Chetlain Lane, behind the Tri-State Christian School off of Hwy 20 in Galena, IL.

Sonshine DayCamp is a nonprofit organization that reaches out to the local area communities including, Galena, Elizabeth, Hanover, Scales Mound, East Dubuque, Hazel Green, & Cuba City. Sonshine Daycamp offers children a super fun structured educational environment as well as opportunities for learning and spiritual growth in an environment designed specifically for kids. With a ratio of one staff member for every seven campers, the goal is to get to know your child personally.

Their programs are designed for boys and girls ages 3 to 14 and they anticipate about 180 children will take part in their programs this summer. Sonshine DayCamp will operate 12 weeks in 2011, May 31 to August 19, mostly offering five day sessions. Two and three day programs are also available. Lunch and snacks are provided each day with extended care campers also having breakfast, and/or dinner. Transportation is available from all the surrounding areas. They great part is that scholarships are available to help families and even cooler, military families can send their kids to can absolutely free. Even multiple child families receive a discount.

Campers go swimming two days a week at the Galena City Pool and creative activities like Wacky Wednesdays see the kids enjoying water slides, bounce houses, slime time, crazy games, and a picnic lunch. But community service and that good midwestern work ethic are in play too. Each age group will do one community service related project a week, from washing windows to help stock the food pantry. Thursday is Family Night featuring a good old fashioned country picnic and tons of fun, according to the Camp's Chief Executive Officer and founder, Tanyalynette Palmo. The camp is also ministered by Executive Pastor Jennifer Meyer, and the Childhood Education Director is Cindy Reinke. For more information about Sonshine Summer Day Camp and Preschool,call 815-230-1919 or visit www. sonshinedaycamp.com.



Confessions of an English Major

by pam kress-dunn

I've got a confession to make. It's really shameful and embarrassing. Here it is: Even though I have both a bachelor's and a master's degree in English, I've never read Jane Eyre, nor anything else by the Bronte clan. Despite all those years of reading, and all those Great Books crowding my plywood and cement block bookcases, that must-read novel never graced my shelves or put me to sleep at night.

I sort of knew the story. Young woman falls for the Lord of the Manor, discovers he's got a wife stashed away – the madwoman in the attic – and, well, The End. In between there's something about the young woman – Jane Eyre, right – wandering the moors, whatever they were, calling his name. I even knew that another, more contemporary writer, Jean Rhys, wrote a sort of prequel or companion novel to the book, called The Wide Sargasso Sea. So the sea must figure in somehow. The sea and the moors. It sounded moody to me.

And I knew it was written by one of the Bronte sisters, who all seemed to be one-hit wonders. From Emily, Wuthering Heights. From Anne, The Tenant of Wildfield Hall or

perience

Agnes Grey, take your pick. And from Charlotte, the book at hand, our famous Jane Eyre. But I had no idea how this young woman came across. Was she a victim, evoking sympathy for her pitiful plight? Or a heroine, impressing readers with her admirable independence?

And what of Mr. Rochester, he with the secret wife, the ball and chain in the attic making all that noise in the night? How in the world was the reader to think of him? As a poor, beleaguered husband, doomed to a loveless life with a loony spouse for whom he provided all he could? Or as a cruel, conniving tyrant who thought he could have his crazy wife and, well, his sane wife, too? I believe that's called bigamy, and it's not exactly a quality most women on Match.com are seeking.

A quick check on the IMDb reveals that through the years, Jane has been played by at least eleven different actresses, among them



Merle Oberon, Joan Fontaine, Susannah York, Charlotte Gainsbourg, and Anna Pacquin. Some of the actors who've taken on the role of the brooding Mr. Rochester are quite a stretch. Lawrence Olivier, sure; Ralph Fiennes (He Who Must Not Be Named!), okay. But George C. Scott? Timothy Dalton? I don't know. Maybe they were in the comedy adaptations. There were Spanish versions, and Japanese, too. It seems to be a story for the ages.

Let's face it: Romance sells, especially thwarted romance. Girl meets boy, conflicts keep them apart, marriages are challenged at the last possible moment, tragedy ensues. (Am I the only one who noticed that, at the happy ending of "The Graduate," as Ben and Elaine ride off the city bus together, Elaine is actually, legally, married to that other guy? That Ben, pounding at the glass of the church windows shouting "ELAINE! ELAINE!" was, I'm sorry, Too Late? The bride and the Ken-doll groom had already said "I do," exchanged rings, kissed. So good luck with that bus ride, kids.)

But I digress. You may be wondering how I know so much about what transpires in Jane Eyre, since I (still) have not read it. Let me hasten to tell you that on my last trip to the headache clinic in Ann Arbor, marvelous city of not one but two very cool retro movie theaters, the 2011 version of Jane Eyre, The Movie, was playing. Starring Mia Wasikowska

as Jane and Michael Fassbender as Rochester, it was handsomely done. So now I know. I know about that first wife, and the not-so-subtle nuances of her husband's betrayal. I know how Jane came to work as governess at Thornfield Hall, and what a harrowing path she trod to aet there. I know how the wedding was called off, and where she fled to next. I noted how this filmmaker played down the heroine's wanderings on the moors, striking just the right balance of longing and consternation as she spurned the entreaties of her newest would-be suitor. And I know what happened to the madwoman, leaving Rochester finally free of her. A happy ending, sort of, but darkened by the circumstances that allowed him and Jane to be together again.

I still can't say I've read the book, or know precisely how Charlotte Bronte plotted it, way back when. Who knows what liberties this screenwriter and director took? Maybe Charlotte portrayed Jane mooning around the moors for years, crying out his name. "Mr. Rochester! Oh, Mr. Rochester!" Or, one would hope, "Edward!" Surely they were on a firstname basis by then.

She must have had some sort of change of heart, forgiving him his betrayal; why else go looking for him? Or maybe – ooh, I just thought of this – maybe he drove her mad, too! Maybe there was something about this guy that made women crazy, really mentally ill, and it had finally happened to our poor Jane!

Sorry. It's been a long time since I got my last English degree, and I never did study Victorian novels. My area was American lit, the more modern the better. I did take a few classes in modern British literature, but that was only because I ran out of American classes to take, and we had to show a little bit of variety in our studies. But hey. I'm a romantic at heart, and I'd much rather read something like this, with some history and substance, than today's chick lit any day. Give me desperation! Give me thwarted love! Give me moors to moan on! Whatever they are.

pam2617@yahoo.com





Fred Cogelow: Sculpture in Wood Mezzo-Relief Workshop Explore mezzo-relief portrait sculpture in wood with Fred Cogelow, considered by many to be the greatest wood sculptor in the U.S. This five-day workshop is designed for an advanced carver/sculptor.

Maquoketa Art Experience

Upcoming Events at

June 11

June 6-10

Painter Rose Frantzen: Portrait Painting Demo & Fundraiser Patrons win the chance to model for internationally acclaimed artist Rose Frantzen during a public painting demo. The portrait goes home with the winner at the end of the day! This is a ticketed event and fundraiser.

June 17-19

Writer Robert Wolf: Portrait Writing Workshop Create a written-portrait through visualization and storytelling, This is class is designed for everyone.

June 25

Creating-A-Painting: Sandra Principe Class Principe has created a painting event for anyone who is interested in exploring work with acrylic paints or who wants to try something new.

Beginning in June Drawing Sessions every Thursday evening from 7-9 p.m.

Registration is required for all events.

Aaquoketa Art Experience 124 S. Main St Maquoketa, IA 52060 563.652.9925 maquoketa-art.org

smile dubuque



What would a NEW SMILE do for you?

WEEK 5 UPDATE!

How much more confidence would you have with a new and bright smile? How would a smile makeover change your life? Smile makeovers are the most dramatic, most life changing, most amazing service that the team at Abbadent Dental can do for their patients. At Abbadent Dental, they believe that your "smile is a window to the soul." How you present yourself to others can be broadcast simply by the simple turn of a grin, the parting of one's lips and showing teeth. Your eyes light up, your face is illuminated, and you've made contact! That is why Abbadent Dental along with Grahams Style Store, C Miller's Hair and Tanning Lounge and JC Penney's created the Smile Dubuque Makeover Contest. This contest will give one deserving person the opportunity of a lifetime, a fresh start at life with a complete head to toe makeover!!! Abbadent Dental and their partners want to change your life!!!

Over the past month, the Smile Dubuque Makeover contest has drawn several nominees all of which have very compelling stories.

Tiffany from Livingston wrote in to the Abbadent team and said... "I would like to smile again, all I want to do is be able to kiss my children, smile at them and not have them worry about how mommy's teeth look."

Kay-Ann from Asbury wrote to the Abbadent team and said... "Being a mom and having a beautiful smile is extremely important. This opportunity would mean the world to me, to finally feel great about myself and have a beautiful smile just like my little girls."

Jolene from Cuba City wrote in to the Abbadent team and said... "The Smile Dubuque Makeover will give me back the expression I once wore on my face; that expression being my smile which is extremely important on so many levels in the quest to reach my students. She ended her story with a quote by Dale Carnegie "The expression one wears on one's face is far more important than the clothes one wears on one's back." Therefore, I want to shower my students in smiles and watch them blossom.

ha

FAMILY & COSMETIC

Richard D. Downs, D.D.S.

* *

*

Aaron J. Rauen, D.D.S.

DENTISTRY



Meet Brandon before and after his new smile!

Each story that has been submitted to the contest has been gripping and heartfelt, but yours could still be the clincher! Don't let this chance at a new start slip by you. The new first impression you'll be making, the increase in self-confidence and the desire to smile more frequently will be beautifully reflected from your magnificent new smile! This is why they want you to share your story with their team, tell them why you deserve to be the 1st winner of the Smile Dubuque Makeover Contest. If your smile is already beautiful, think of a friend who you would love to see get the boost they deserve in life and urge them to apply. Entries will be accepted until 5.31.11 at midnight, visit www. smiledubugue.com today and share your story.



be yourself, improve yourself

Fear or Falling by matt booth

Most of us learned early in life that succeeding is cool and failing sucks. If you're a failure, you're a loser and no one wants to be a loser so we've developed a debilitating fear of failure. We're afraid of failing in school, at work, in relationships and at life. It is not the actually failing that halts progress; it is the fear of failing. By acknowledging this fear, you are able to succeed. Those who submit or ignore the fear of failure will never reach their potential. out if you're going fast enough is to crash". Nothing is as inspiring as watching someone crash and then get back in the race.

Failure is not the enemy. The enemy is the fear of failure and it is entrenched much deeper in our minds. Unless we learn to accept the fear of failure, we'll never be able to get the most out of our lives. Everyone is afraid of failing. If you're doing something – anything worthwhile, the chance of failure will be part of the process. If there is a chance of failure,



We've all heard the saying, "Failure is not an option", what a bunch of bull. Failure is an option and a tool for success. It allows us to get a good look at what we're up against, the opportunity to gather more skills, increase our abilities and take another shot at it. The only way to know that you've reached your limit is to go beyond what you're capable of doing right now. When you go beyond what you're capable of doing, it is called failing. If you don't go far enough and fail, you'll never know your true potential. Race car drivers know this to the bone. They even have a saying for it: "The one sure way to find there will be a fear of failure. Succeeding is not about ignoring this fear of failure, but deciding that what you are attempting to do is more important than the fear of failing.

You lose when the fear of failure is so dominant that you no longer accept the inevitability of making mistakes. Expect that you will sometimes fail. If you don't fail, you're not driving fast enough. People succeed not because they're not afraid, but because they recognize the fear of failing and have decided to give the fear of failing half of the peace sign (go ahead and try it).

Mattitude Improvement Tip What's Your Learning Style?

The three most common learning styles are visual, auditory, and kinesthetic. A simple explanation is this: Some people remember best what they've seen, some remember things they've heard, while others remember things they've experienced. Most people have a preferred style. Knowing your preferred learning style will help you compensate for your weaknesses and capitalize on your strengths. Everybody's brain is different, and if you get to know your brain's "preferences," you can improve your ability to understand and remember. If you don't know your preferred style, figure it out today.

Matt Booth works with organizations who want to improve their people so they can be more successful at what they do. If you think one of Matt's programs would make sense for your business, contact him today at 563-590-9693 or email him at matt@mattbooth.com.

advice from sara, pat & megan

Move over, Steve! Do it yourself advice from a new mom who knows how...

home & garder

by Sara Carpenter from Steve's Ace Home & Garden

Spring is particularly exciting for me as a landscape designer. All winter long we hear about the latest and greatest of plants being introduced. When spring finally arrives, and the trucks pull in, it's like Christmas for me! Here are a few of my favorite new introductions that recently arrived....

Golden Zebra Variegated Daylily - This is not a boring old daylily! It has super cool foliage that is green and yellow variegated with a bright yellow bloom. This plant will grow 12" inches tall and will continue to rebloom throughout the summer.

Pretty Much Picasso Trailing Petunia - This petunia has an awesome color combination of purple with a lime green edge. Best of all, its self cleaning! Tip: Use a light dose of Miracle Bloom Booster every time you water to make sure this heavy feeder blooms all summer long.

Hot Wings Tartarian Maple - Sure, some people are annoyed by helicopter seeds given off by maples. This plant maximizes is weakness by growing super bright red samaras that are very showy in the late summer. And it stays nice and compact... only 25' tall by 20' wide at maturity. Tip: Use preen or corn gluten for a sprout free ground below this tree.

Scarlet Curls Japanese Lilac- The lilac tree blooms later than regular shrub type lilacs, with huge white fragrant blooms. What makes it extra special though is its papery peeling bark like that of a birch tree, giving it additional winter interest. Approximately 25' tall and 15' wide. **Bombshell Hydrangea** - This compact gorgeous plant will literally bloom all summer long till frost! It has tons of white blossoms covering its deep green leaves. Best of all, everyone can find a spot for it, it only grows 2-3' tall by 3-4' wide!

Strawberry Vanilla Hydrangea - Ok, so this one hasn't actually arrived yet, but I CAN'T WAIT! It is a white, pink and rose color blooming hydrangea that prefers the sun but will grow in the shade. It blooms late summer till fall and has HUGE blooms. Give it some room though, this beauty will grow to 6' tall and wide.

Things to do in the garden this week: Now that the threat of frost should finally

be past us, it's time to finish planting your garden with warm season veggies. Peppers, tomatoes, eggplant, and others prefer the temps to consistently be above 50 degrees. Some of my favorite tomato varieties include: Mortgage Lifter, an heirloom dating back to the 1930's, produces huge tomatoes that are perfect for slicing and putting on a sandwich. Low on space? Try the Fairy Tale Eggplant, at only 24" tall this bushy plant produces lots of eggplants with a small garden footprint.

Green Tip of the Week:

Try my cool new non-chemical method of weed control- the Red Dragon Weed Torch. Hook the wand up to a propane tank and you are ready to blast those weeds with a burst of hot air.





with nutritionists pat fisher

Did you know the inside of your eyes also

need protection? Sunlight and indoor

lighting over time may possibly cause

damage to the inside of your eyes, leading

to eye diseases such as age-related macular

degeneration (AMD) and cataracts. But you

can eat your way to healthier vision with

nutrients naturally designed to protect

Lutein and zeaxanthin are two powerful

antioxidants that act like internal sunglasses, protecting eyes from damage.

Around half of all Americans aren't

getting enough lutein and may be at

risk for developing AMD. AMD is the

leading cause of blindness among older

Americans. Newer research has shown

lutein and zeaxanthin may benefit healthy vision for all adults. These two nutrients

have been found to work together to help improve visual performance, improve night

Cross-section of human eye

vision and sharpness of images.

Retina

Lutein is present in the Macula

Sunglasses for

Inside Your Eyes

& megan horstman

eyes from damaging light.

Hyvee. HealthMarket

easier. healthier. happier.

2395 NW Arterial 563-583-2199 400 S. Locust 563-583-6148

Clinical research shows at least 10 mg of lutein are needed daily to help protect eyes from damage. But most Americans are only getting 1-2 mg of lutein, far below the recommendation.

Surprisingly, the best food source of lutein comes from spinach and kale, not from carrots. To increase the absorption of lutein and zeaxanthin, cook in a small amount of oil or serve with an oil-based salad dressing for salads. Because Americans fall short of meeting their need from diet alone, a supplement may need to be considered. The lutein supplement is the same form found naturally in foods and has comparable absorption. Talk to a Hy-Vee dietitian for more information on vision health.



Food sources of lutein:

| Food | Serving | Lutein |
|------------------|----------|---------|
| Kale (cooked) | 1 cup | 23.8 mg |
| Spinach (cooked) | 1 cup | 20.4 mg |
| Spinach (raw) | 1 cup | 3.8 mg |
| Romaine lettuce | 1 cup | 1.3 mg |
| Orange | 1 medium | .2 mg |

The information is not intended as medical advice. Please consult a medical professional for individual advice.

corporate games / leisure services }

as i recall, april wasn't that enchanted at all.

365



10th Annual Corporate & Community Games Thursday, June 9 A.Y. McDonald Park

On June 9 at A.Y. McDonald Park, teams from all over the tri-states will compete in Area Residential Care's tenth annual Corporate & Community Games. The Games are played annually in June and have raised over \$100,000 in support of the non-profit agency's mission of empowering people with disabilities to achieve their highest quality of life.

More than 40 teams comprised of coworkers, friends and family will compete in various low-impact "silly games for a serious mission" "As always, this year's Corporate and Community Games promises



to be a great community event," said Shelby Wartick, Games Coordinator. "You don't even have to be part of a team. These team-building games are just as fun to watch."

To register a team, call 563.556.7560 or go to www.arearesidentialcare.org. All proceeds from this event benefit Area Residential Care and the more than 300 individuals served by the agency annually.

Food and beverages will be available from Hy-Vee and the Rotary Club of Dubuque, both of whom will contribute 20% of all vendor sales to Area Residential Care.





City of Dubuque Park & Rec Summer Activities

Summer is here!! Don't forget to purchase your 2011 season swim pass(es) at the Leisure Services Department! If you are unable to come into the office during the hours of 8:00 a.m. to 5:00 p.m., please visit our website at www.cityofdubuque.org. Season swim pass forms may be found online!

The start of summer recreational activities begins the week of June 13th with several activities/classes available for all ages. The Leisure Services Summer 2011 brochures are available at the Leisure Services Department, Multicultural Family Center, City Hall, Carnegie-Stout Public Library and the Five Flags Center. Register online for summer 2011 activities listed in our brochure at http://activenet.active.com/dbqparkrec.



The Jule (formerly known as Keyline Transit) is now offering FREE bus transportation to students K-12 to any regular stop on the bus route including any Recreation Division and Carnegie-Stout Public Library activities this summer. Parents can pick up these bracelets at the Leisure Services Office, Multicultural Family Center or at the Transit Office located at 2401 Central Avenue. Students with a student school ID can also ride The Jule throughout the entire school year to any destination along the bus route. For additional information, contact the Leisure Services Department at 589-4263 or The Jule at 589-4196. If you're planning a summer vacation and want to save some money, don't forget to purchase your discounted amusement and/ or water park tickets at the Leisure Services Department. Payment accepted with cash, MasterCard or Visa; no checks.

City-wide Special Events

Events are free unless otherwise indicated. Call the Leisure Services at 589-4263 for details.

• June 12th: Middle school-age pool party at Sutton Pool from 7-9 p.m.

June 14th: Skate-dance at Skate Country from 7-11 p.m. An entry fee will be charged.
June 14th: Movie in Comiskey Park.

• June 15th: Family and Individual game night at Allison-Henderson Park.

• June 18th: Open House-City Disc Golf Course, Veterans' Memorial Park, 10-11 a.m.

June 19th: Juneteenth Celebration, 4-6 p.m.
June 22nd: Water carnival at Sutton Pool, ages 5-14. Events begin at 6:30 p.m.

• June 25th: The Recreation Division, along with the DNR, Dubuque County Conservation Society and Theisen's, will be co-sponsoring a kids' fishing clinic and derby at Miller Riverview Park for ages 5-14. Registration at 9:00 a.m., followed by clinic and derby.

June 29th: Sidewalk chart art at Allison-Henderson Park for ages 3-14, plus a new family division. Reg. at 6:00 p.m., with event following.
June 29th: Frisbee disc contest at Allison-Henderson Park, ages 8+. Registration at 6:30 p.m., with event following.

July 1st: Independence Day kids' parade at Comiskey Park playground. Preparations begin at 9:30 a.m. with parade following.
July 6th: City-wide dodge ball tourney at Allison-Henderson Park for ages 8-14. Tourney begins at 6:30 p.m.

• **July 6th:** Big Wheel 500 (big wheels and similar riding toys) at Allison-Henderson Park inline rink for ages 3-8. Races begin at 6:30 p.m.

Carnegie-Stout



FRIENDS OF CARNEGIE-STOUT PUBLIC LIBRARY

Aigler Auditorium, Carnegie-Stout Public Library FRIDAY, JUNE 3: 4:30 TO 8:00 P.M, *Members Only Preview Sale!*

(Memberships available at the preview sale) SATURDAY, JUNE 4: 9:30 A.M. TO 4:30 P.M.

MONDAY, JUNE 6: 3 - 7 P.M. TUESDAY, JUNE 7: 3 -7 P.M.

End of Sale Discounts Today!

Hard cover, soft cover, old and new. History, mystery, biography for you. Children's books, some for cooks. DVDs, CDs, and collectables too! Terrific Prices Special & collectable books and other items.

All proceeds from the book sale directly benefit the Library. For more information about the book sale call 589-4313 or dkellogg@dubuque.lib.ia.us



Novel Destinations Now - August 5, 2011

Please join us for our fifth Summer Reading Program for Adults at Carnegie-Stout Public Library. Just read or listen to

Sculpture

Gail Chavenelle

Origami

Dubuque Art Center & Local Students

five books of your choice during the summer, and you will be eligible to win prizes. And please enjoy our free summer events designed to promote armchair travel. Registration begins on Sunday, May 22, 2011. Sign up at the Library Recommendations or Reference Desks or online at http://www.dubuque.lib.ia.us/forms.aspx?fid=95

ART @ YOUR LIBRARY[®] JUNE 3 - JULY 22, 2011



OPENING RECEPTION Friday, June 3 5:30 - 7:30 PM Enter Library Historic Doors *Refreshments provided*



Do the right thing

Having Integrity means doing what it is right when no one else is around.

How Can We Help You?

The core philosophy of Riverview Center's intervention services is to improve the quality of life and safety of survivors of intimate violence and their non-offending significant others. We provide emergency shelter, safety planning, therapy, and medical, legal and social services advocacy.



When survivors of domestic or sexual violence contact us, we custom-tailor our services to meet their needs. They immediately have access to any and all of our free services. No specific course of action is required of anyone because survivors have the right to determine which services they receive. They don't have to forgive their abuser nor do they have to press charges. What is shared with a therapist and/or advocate is confidential. Survivors are never judged. Survivors are never at fault.

Typical first contact experiences:

24-Hour Hotline

when a survivor or significant other calls our hotline, s/he has immediate access to crisis counseling, medical advocates to meet her/ him at the hospital, arrangements for safe, temporary shelter, and information about our other services.

Therapy Intake

when therapy services are desired, the survivor meets with a counselor to learn about the types of therapy we offer, her/ his right to confidentiality, and our client-driven approach to the therapy sessions that focus on reducing trauma and enhancing self-care outlets.

Hospital

if a sexual assault survivor goes to the hospital after being assaulted, Riverview Center is called in to serve as a resource for the survivor. Our advocate will meet her/him at the hospital day or night to ensure her/ his rights and privacy are protected, to serve as a go-between with hospital staff and law enforcement, to provide information about medical options, and referrals for other services.

Police Station

if a survivor goes to the police station, we are called in to ensure her/his rights are protected. We can accompany the survivor to the police interview, and discuss available services, including no contact orders and other legal advocacy within the court system. If the survivor chooses to press charges and/or file a no contact order, a Riverview Center advocate will go with her/him to the courthouse to file the necessary paperwork, and attend all court proceedings with the survivor.

If you or someone you know is a survivor of intimate violence, we're here to help. Please give us a call to learn more about our free and confidential services.

Sexual Assault Hotline: 888-557-0310

Jo Daviess County Domestic Violence Hotline: 815-777-3680

Carroll County Domestic Violence Hotline: 815-244-1320

Free services for sexual and domestic assault survivors



- Legal Advocacy
- Medical Advocacy
- Counseling
- Violence Prevention Education
- Volunteer Opportunities

Serving Illinois, Iowa and Wisconsin

www.riverviewcenter.org • 24 Hour Hotline 888-707-8155



DREMIER CROSSWORD/ By Frank A Longo

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine. Answer on page 39.

Spot the Difference Can you spot 10 differences between the two versions of this photo from last year's Catfish Festival? Answers on page 39.





| PREMIER CROSSWORD/ By Frank A. Longo WORDS | | | | | | | | | | | | | | | | | | | | |
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Answer on page 39.

{ buol on dubuque / chamber annual dinner }



Sustainable Dubuque Partnerships, Programs and Progress... Five Years Later, Part II by mayor roy d. buol

Following is Part II of three articles focusing on the update provided to our Congressional delegation about our Sustainable Dubuque Partnerships, Programs and Progress! Part I covered Green Vision Schools; the Sustainable Dubuque Indicators Project, the Iowa Initiative for Sustainable Communities, and the City of Dubuque Green Team! Part II:

Sustainable Dubuque Watershed Network. The Sustainable Dubuque initiative has attracted significant national attention and the opportunity for multiple research collaborations. The University of Iowa College of Engineering and Environmental Science has contacted the community to propose collaboration on research and funding for a Sustainable Dubuque Watershed Network. The research would be intended to coordinate with existing University watershed research, but take it a step further by incorporating advanced measuring devices and analysis into an urban watershed (North Fork - Catfish Creek). It is intended that the outcome help inform and analyze future infrastructure design and renovation and low-impact development options for the community and its stakeholders. This proposed undertaking would apply modern observational sensing technologies, wireless communications, data assimilation techniques, and high-performance computing to investigate the physical, chemical and biological processes controlling the quantity and quality of urban waters. For the University of Iowa, the SDWN (Sustainable Dubuque Watershed Network) will provide a foundation for fundamental and applied research that will contribute to the preservation, protection, and wise use of natural waters, and to the public understanding of the Water Cycle and their role in it. For the City of Dubuque, the primary objective for the first two years of seed grant research is to initiate a watershed network and intelligent digital watershed for the North Fork of Catfish Creek with an eye towards understanding, modeling, and predicting the infiltration and inflow to the sanitary sewer system which creates unwanted by-pass flows. Additionally, watershed modeling should improve the City's ability to understand and plan for future challenges to its urban watershed ranging from local land use changes to impact of global climate changes and provide tools to assist in climate adaptation efforts. Simply put, handling watershed issues before they become water pollution control plant issues will be an economic and environmental benefit to the community.

Water Resource & Recovery Center. Dubuque is converting its Water Pollution Control Plant to anaerobic digestion. When completed in 2012, this \$65 million project will be the first public treatment plant in the U.S. to use wastewater effluent for geothermal heating and cooling. In addition to the cleaning of the wastewater so that it may be safely returned to the environment, the renovated plant will also be extracting energy and nutrients for the wastewater for beneficial reuse. Additional sustainable elements of the project include elimination of the use of chlorine gas for disinfection, incorporation of rain gardens and native plans for landscaping, and researching using available digestor space for high strength organics and food residuals for addition energy production. After reviewing the sustainability components of this project, it became evident that a new name was needed to embody the concept of viewing water not as a waste to be disposed of but rather a resource from which value can be recovered. The Water Pollution Control Plant has been re-named the Water Resource & Recovery Center to reflect these values.

Historic Millwork District. The revitalization of the Historic Millwork District includes projects that embody each of the 11 Sustainable Dubuque principles. The Historic Millwork Master Plan resurrects the forgotten strategy that connects people, planet, and profit in a mixed-use neighborhood. It offers a vision for a community reconnected with surrounding neighborhoods, reenergized with housing, retail, offices, galleries, entertainment, and employment, and re-imagined as a laboratory for sustainable practices and technologies. Currently, a \$5.6 million DOT TIGER grant is funding a Complete Streets project within the District. A site in the District is being reviewed as a potential location for a future intermodal facility. Private investment and development is also underway, with the CARADCO building receiving two awards of \$3 million and \$5.9 million in CDBG funds to develop income-restricted (80% of median income) apartments and the Iowa Finance Authority providing \$4.5 million in low-interest financing for Millwork District projects.

Part III will conclude this series with an update on Dubuque 2.0, the Sustainability Innovation Consortium, the Petal Project, 50% by 2030, Dubuque Smart Planning Consortium, NICC Green Jobs Program, and more!

IN 2010, DIAMOND JO CASINO DISTRIBUTED **\$3,078,511** TO DUBUQUE RACING ASSOCIATION



Did you know that DRA receives 100% of its funding from Dubuque's two casinos? Our partnership with the Dubuque Racing Association started more than 10 years ago, when Peninsula Gaming took over operation of the Diamond Jo Casino. Working together, Diamond Jo Casino and Mystique Casino have helped Dubuque Racing Association change the philanthropic landscape of our community with unparalleled local support of education, arts and cultural programs, safety and health services, and so much more.

TODD MOYER General Manager Diamond Jo Casino

GIVING BACK TO OUR COMMUNITY

Last year, Diamond Jo Casino distributed more than \$3,000,000 to Dubuque Racing Association. This funding supports the City of Dubuque and non-profits in our community. Our distributions relieve taxpayers' burden by funding economic development and other important city projects.

Charitable giving is among our highest corporate values. In addition to our partnership with the DRA, our Diamond Conservation Fund provides resources for conservation efforts and education in Dubuque and the surrounding counties, and our donation committee supports local nonprofits' fundraising efforts throughout the year. Our team members also share our values of community altruism. Last year they volunteered more than 5,000 hours for local non-profit organizations.

Diamond Jo Casino is dedicated to community progress year after year through our partnership with the Dubuque Racing Association, and staunch support of other philanthropic efforts. Together we can help to ensure that area residents, businesses and non-profits continue to thrive.

It's an honor to be your community partner. Warm regards,





PORT OF DUBUQUE | 563.690.4800 | WWW.DIAMONDJO.COM Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS OFF.

trixie kitsch

38

{ may 67 - june 8 }

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Dear Trixie:

My friend Jeannie has a little boy who is 6. She became a mother late in life and he is her only child. I think she over-praises him. The tiniest thing he does she feels the need to congratulate him. It's like she's his personal cheerleader. I have seen her go to rapturous lengths when he eats a bite of vegetables. She says things like, "I am SO proud of you for shutting the door! Good job! That's good work, Honey." I think he has lost the ability to recognize good behavior. Does positive reinforcement actually work? What do you think? **- Friend of Mommy Dearest**

Dear Friend:

Congratulating children for things like inhaling and exhaling air is detrimental to their malleable psyches. When parents praise a child for everything he does they are actually weakening the power of the words. When positive reinforcement is given sparingly and solely for a stand-out job such as, "Oh Timmy, I like the way you aren't stabbing your sister with that knife" or "Good job Timmy, for not feeding bullets to the baby" you are actually encouraging them to behave in an acceptable manner. I would recommend not praising a child at all. In the real world you are not verbally rewarded for anything. When was the last time a boss said, "Hooray Timmy! I really like it that you aren't embezzling funds from the company!"?. A child who is constantly being praised will be sorely disappointed when they move into the adult world.

Dear Trixie:

I am having a terrible time managing a low calorie diet. I will go about a week eating only fruit and vegetables and yogurt and then I blow it all by devouring a package of cupcakes and a half gallon tub of chocolate ice cream. I have heard about this bulimia thing--where you gorge on large amounts of food and then purge it with vomiting. How does that work? I have a terrible time puking up solid food.

HRIXIE KITSCH BAD ADVICE FOR THE STUPID

Are there special gag-relex exercises I can do to train my esophagus to void solids? - Fat and Freaked Out

Dear Fat:

Yes, there is a little known trick for mastering the art of vomiting. Simply drink 10 ounces of Root Beer flavored Schnapps before each meal. Repeat as needed. Good luck, dear.

Dear Trixie:

My boyfriend has cheated on me periodically throughout our relationship. I always catch him and then he admits it and apologizes profusely. He has asked me to marry him and says that marriage will keep him from cheating. I really want to believe him. Is it possible for a dishonest man to change after matrimony? - Lana on Loras Boulevard

Dear Lana:

There are many people who believe marriage breeds fidelity. These people are called idiots. They are always disappointed and broken-hearted.

Dear Trixie:

My wife of 7 years just announced our separation. She did it by changing her status on Facebook from "in a relationship" to "single". I got 143 responses of condolence from friends on my Facebook site. That's how I found out. She says she couldn't bring herself to say the words to my face. Now she has "defriended" me and won't return any of my calls. What should I do? - Clueless on Clarke Drive

Dear Clueless:

Facebook and other social networking sites are not only a great way to meet new people but it's also a terrific forum for bashing inconsiderate spouses. With a little creativity you will find new and effective ways to destroy her reputation and assuage your own pain. It's not the end, it's only the beginning of your campaign of hate.

dr. skrap's / puzzle answers

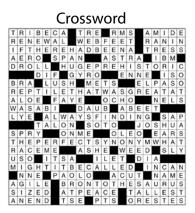




PUZZLE ANSWERS (From page 36)

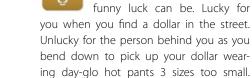
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Taurus 4/20-5/20

Today you will discover how

Before you wolf down that gas station burrito, you might want to question whether or not reconstituted meat substitute is part of the food pyramid. Your future predicts an activity that rhymes with diarrhea.

Gemini 5/21-6/21 That new housing deal sounds too good to be true, and it just might be. Focus your energy on something you can afford, instead of joining up with everyone else in debt up to their cowlick. Besides, you don't need a building permit to expand a couch fort!



Cancer 6/22-7/22

Today you will reach enlightenment after you taste the best coffee you've ever had. Unfortunately it will end prematurely when you spill said coffee

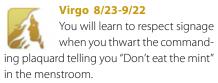


Leo 7/23-8/22

on your crotch. Easy come, easy go.

Your admiration for Magnum P.I. is evident with the new extralarge and fluffy mustache you're sporting. However, people might be more apt to

compliment you if your name wasn't Jill.



drive, it's a worthwhile invest-

ment of your time to ensure there aren't any Billy Ray Cyrus tapes permanently stuck in the tape player of the car you'll be drivina.

Before embarking on a 7 hour



Your continuous education about home shopping will teach you that the word "cozy" is just another word for cramped, tiny and small. "If you'll just follow me to the broom closet...err master-bedroom..."

Sagittarius 11/22-12/21

Don't let the jealousy of others get you down. Hold your head high and be proud that you got to the closeout rack before they did and found the Justin Bieber baby doll tee. He's just as cool as Motorhead any day, Jack. On second thought...

Capricorn 12/22-1/19

You will discover a great way to save money that is effective, eco-friendly, and makes you a horrific outcast who is shunned by modern society.



Never, no wait, always., er.... uh. Well, you know the thing I'm talking about. You know what you shoudl do, don't put this crap on me.

Pisces 2/19-3/20

Everyone in your neighborhood seems to be getting a free roof replacement after that last big hailstorm and you still have not checked into it. I'm not saying what to do, I'm just pointing out again how incredibly lazy you are for an educated adult.

JUNE 10-12 PORT OF DUBUQUE WWW.AMERICASRIVERFESTIVAL.COM



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Jears

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www.americasriverfestival.com Ticketmaster: ticketmaster.com - 800.745.3000 Five Flags Box Office: 405 Main Street, Dubuque IA At Festival (if available)

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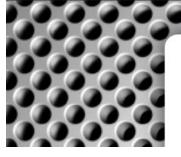
FESTIVAL ADMISSION FRI \$15 admission to festival & standing concert are

\$15 admission to festival & standing concert area [children 12 & under free] or \$45 Reserved Seats *

- SAT \$10 admission to festival & standing concert area [children 12 & under free] or \$35 Reserved Seats *
- SUN Free admission to the festival
 - * Reserved seats include admission to the festival site.

PARKING

Complimentary parking for 1,100 vehicles in the Port of Dubuque Parking Ramp adjacent to the festival.





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