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October 2 - 15 2008

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Bryce's inkUbator

Notes from the Publisher... **Fostering ideas, conversations and arguments.**

With this issue, we celebrate eight years of 365! Sometimes it feels like it's just been a few months and other times, it seems like a lifetime. But one thing is definitely different this year: We're making money!

That sounds like an obvious goal and something that, if after 7 years you are not doing, you'd hang it up. But 365 is an odd duck. It was never started with the idea of making money. We made it to change our community for the better. I think we have. But, of course, with years of affecting change comes a growing power to reach people. It also comes with a lot of relationships built on thousands of favors and continuously proving yourself. Those relationships have led to business and that business leads to more business and before you know it, you're looking at the possibility of a million-dollar year. You also come to realize that, with a staff closer to 20 than the staff of 2 that started the ball rolling and after the costs of building software, maintaining servers, printing papers, leasing office space and all the other things that come with being a "real" company, a million dollars in not what it used to be. But no complaints here. Money well spent!

Now, it's also important to point out that, as much as we love this paper and Dubuque365.com, they were never intended to and likely never will be a profit center. They are the passion behind our company, but now there is a company around them to create the revenue to re-invest in our community. In fact, the State of Iowa saw enough promise in the digital tools we have created to give 365 a $150,000 grant to expand those tools and start serving new and diverse kinds of communities, from non-profit associations to worldwide corporations. So we got that goin' for us ... which is nice.

A little financial padding is not the only thing that's new. In case you only get your 365 fix through this fine publication, you may not have noticed that what was once just Dubuque365.com has grown into a network of nearly 40 communities from Manchester, to Prairie du Chien to Savanna. The tools we are building for all of those private clients, by default, also come home to the local 365 network for free. So everyone who uses one of the many 365 community websites will be able to use and benefit from those tools everyday. We don't take a lot of opportunities in 365ink to talk about the Web site, but with a slower week in the community, we decided to take this one moment to give ourselves a shout out. But don't worry. We still have an issue chock-full of cool stuff and great ideas for entertainment.

For me, personally, it is a moment to look back at the 8 years. When you make a living by being knee-deep in civic activity or, as James Earl Jones says, "the Midwest distributor of involved," all the stuff you are a part of makes 8 years seem like 20. I sometimes go to look in our online archive of photos for an event that I thought was two years ago and find it in a gallery that is six years old. Times does indeed fly.

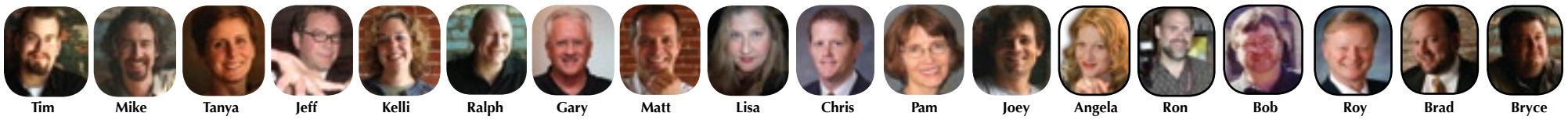
When I moved to my new Main Street house last month, one of the things I left behind in my old Bluff Street home was the original home of 365: Up there on the third floor, in a blue and peach floral wallpaper bedroom wired to the gills with internet and empty Mountain Dew cans. People driving by would see the lights on through the night and I think more people had keys to my house than most companies had to their building. They called it "the compound." Imagine a bunch of all-hours single guys challenging the status quo, challenging the powers that be, because we weren't willing to accept life in Dubuque as it was.

As we grew, we got a lot of those "How about a Fresca" moments. You know, Judge Smails from Caddyshack rubbing Danny Noonan's head as though he were giving him credit, but was actually disrespecting him. For a long time people would look at what we were doing and say, "Aw, isn't that nice?" We'd throw out ideas to people with more power than we had and they'd ignore us, but then two years later they'd miraculously have the same idea. We didn't care. We never did it for the credit -- we just wanted to see the change happen. Well, today people listen. Not all the time. I guess it's still hard to be a prophet in your own land. But there have been plenty of cities outside of Dubuque who have paid us to come to their community, look at the social issues they are facing and help them create plans to address their challenges. In Dubuque we continue to work outside the system, but now the system looks for our input, too, and we're glad to see they are also challenging themselves to change as well and that's great. We like it outside of the system. You don't have to follow the rules. And we've never been very patient with the "we've never done it that way" answer.

So thanks for reading and being part of the solution. If you want to help our efforts, tell people across the Tri-States about our online network, never take "because we said so" as an answer, and if you're in a position to do so, think of advertising with us. It is our advertising partners who get the credit for 365 continuing to grow and serve our community. We'd love to include you in that credit.

By the way, if you were hoping for a concluding episode to the saga of my weddings, well: She said yes, the weather was perfect, the food was incredible and I'm still married. Whew! Truly, the day was absolutely perfect and thank you to all of our friends who were able to join us. I'm a lucky man.

The 365ink crew... faces you already know!



Tim Mike Tanya Jeff Kelli Ralph Gary Matt Lisa Chris Pam Joey Angela Ron Bob Roy Brad Bryce

365ink

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OCTOBER 2 - 15

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The Inkwell

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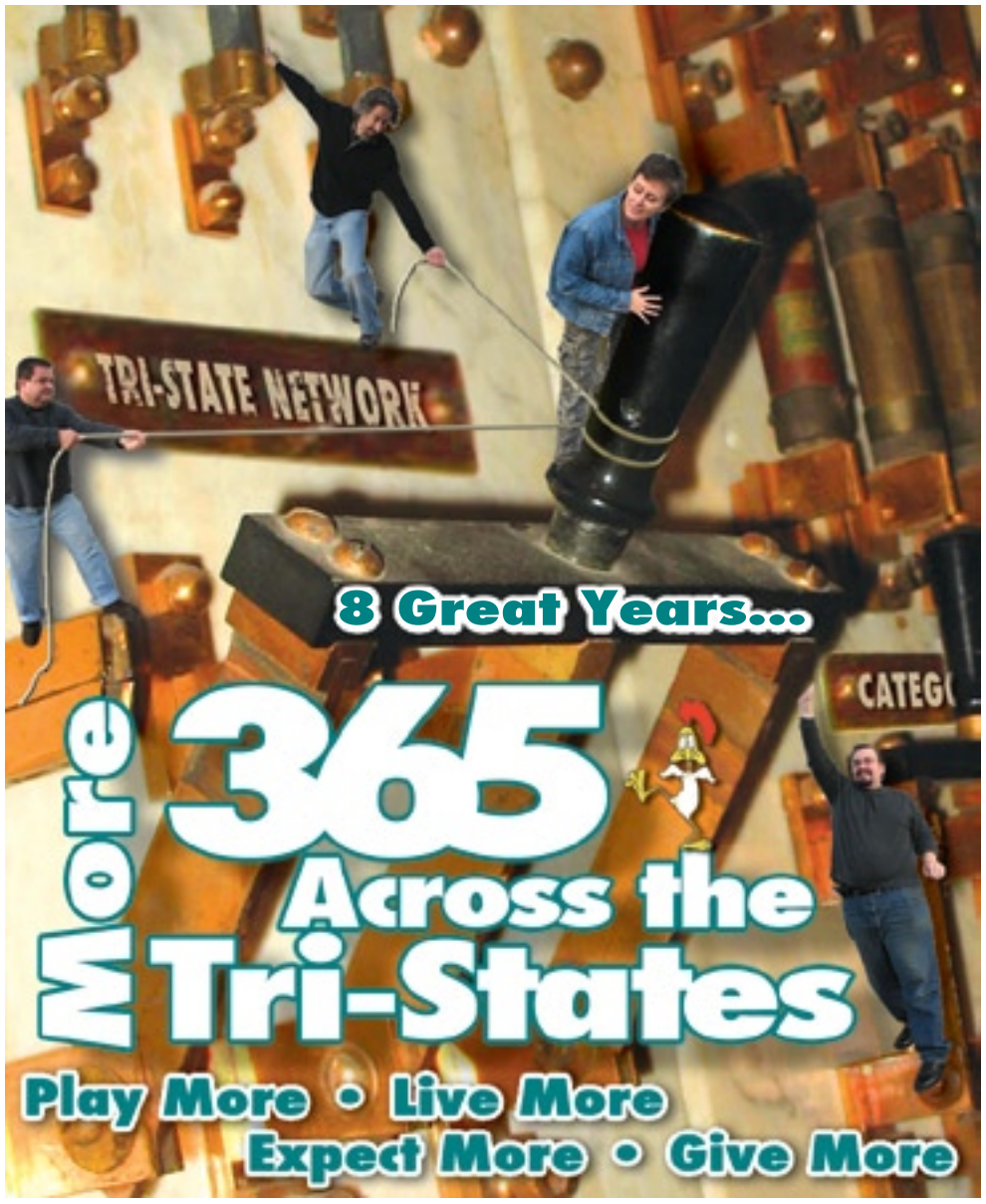
We've hidden 365's WANDO somewhere in this issue of Dubuque365ink. Can you find the master of movies buried within these pages? Hint: He's tiny and could be anywhere, In a story? In an ad? On the cover? Good Luck!



365 needs your help. We actually need it in a big way, because as of today, our 8th anniversary, we are launching the biggest community-building project in our history, a project that we think will change the Tri-States forever. That's right, after 8 years of struggling on a shoestring budget to promote our community, 365 now suddenly finds itself with three things we have never had before:

1. We have sixteen people on the full-time 365 crew instead of two, thanks to the growth of our software and consulting business. We even have four people dedicated just to growing content on the Tri-State 365 Regional Network.

2. Thanks to our sponsors, advertisers and a huge jaw-dropping grant from our friends at the Iowa Department of Economic Development, we have nearly $200,000 in matching grants and sponsorships to create some really cool technology that will make a real change in how we in the greater Dubuque area communicate with each other.

3. We have the new super-powered Dubque365.com/TriState365.com that is now 27 cities strong and growing. And to make that even better, we have our own internal software engineers, designers, writers and media experts so that this platform literally grows daily in its scope and capabilities.

So we have some serious work to do, and we need some serious (and not so serious) people to help.

Interested?

Alliant Energy, TRICOR Insurance and dozens of community leaders from the 27 cities around Dubuque are. So why are we all committing to a three-year project to expand 365 to a bigger 60-mile, 220,000 population market? More importantly, why are we asking you to commit to helping us by joining the site, publishing events, telling friends and promoting the 365 Regional Network?

Reason One

The first obvious answer is that a bigger market means more opportunities for everyone. Instead of 27 smaller markets talking to just ourselves, now we can all talk to each other which means we are one BIG market of both stuff to sell and, more importantly, fun stuff to do.

"TRICOR invests in communities across the

Tri-States because our customers and employees all call this amazing place home," explains David Fritz, President & CEO of TRICOR Insurance, of TRICOR's reason for sponsoring the Tri-State 365 Regional Network project. "As a company we want to help give them every opportunity to enhance their lives and businesses. With over 100 employees and thousands of clients, TRICOR has a big stake in our region's future. In order to continue our region's growth, we know it's critical that we all work together to promote our successes and share in overcoming our challenges -- which is why we are proud to sponsor 365's efforts to create a free region-wide resource for everyone to connect and share opportunities."

Reason Two

It's not a secret that Dubuque is on a roll. It's a bit less known that there are other local cities like Platteville, Dyersville, Farley and Guttenberg that are also doing some incredible and successful things. Did you know that Peosta is one of Iowa's top growth communities? Did you know that Potosi, WI just completed a $15 million National Brewery Museum and Convention Center? That Lancaster, WI just built a world-class specialty cheese plant that is the rave of France and receiving global recognition? Did you know you can drive to all of them in about 30 minutes?

So why then, with all of this excitement, are some local community leaders, including the founders of 365, optimistic but cautious about the future? It's simple: The hard work that got our local economy moving is only half the battle. Now we have to sustain it and grow that economy. There is no time to rest on our laurels now if we plan to be a competitive region in the future. So if we all don't get involved to grow our communities, who cares? Understandable that you may ask; a few other communities in our area, Quincy, Illinois, and Fort Dodge, Iowa, said the same thing when they were named All America Cities in the last 15 years. Despite that acclaim, today both of those communities are facing hard times. If we in the Greater Dubuque area wants to stay on top we are going to have to fight for it.

Dan McDonald, Vice President of Existing Business at Greater Dubuque Development, has been one of our go-to partners since 365 began.

"Dubuque 365 is a fantastic company with incredible talent and unlimited potential. Yet, that's not even the best part," says McDonald of 365's efforts to grow the community. "For Greater Dubuque Development, the best part is the way in which the 365 team has leveraged the region's greatest competitive advantage: People."

McDonald continues, "At a time when virtually every city in the U.S. talks about 'regionalism,' the 365 team walks the walk. In fact, they've been walking it for almost a decade. Without question, no other group has done more to promote relationships within this region."

Reason Three

The third reason we are doing this is because we always dreamed about it and now we can. We know it works and that 365 has helped people make a better life here along the river.

"As a recent transplant from Pennsylvania to Dubuque, I found the 365 publication to be extremely helpful and informative as I tried to acclimate to a new town," says Michelle Leinbach, workforce knowledge manager at Rentech Energy Midwest. "I remain astonished at all of the activities, culture and entertainment that this town has to offer. As a newcomer, when I suggested to 365 that they please include the addresses and phone numbers for the establishments that they write about – they were very receptive and now include the Venue Finder in each publication. 365 has now become a standard offering to our new hires that

Continued on page 29

NOW Dubuque Thunderbirds

Just a reminder that the Dubuque Thunderbirds, the 2008 Hurster Cup CSHL Champions, are back in action on home ice in the Five Flags Arena! Upcoming home games include a two-game set on October 3 - 4 against the Chicago Force, October 10 against the Motor City Chiefs, and October 17 against the Quad City Flames! Tickets are available at the Five Flags Box Office, at all Ticketmaster outlets and online at www.ticketmaster.com. Rembember, admission is only $7.50 for reserved seating, and $6.50 for bleachers! For more information, visit www.dubuquethunderbirds.com.

OCT 2 100 Men Who Cook

The Very Special Arts - Dubuque annual event, 100 Men Who Cook, is right around the corner! Drawing local politicians, businessmen, community leaders, restaurateurs and more, 100 Men Who Cook is a great fundraiser aimed at bringing the arts and art education to individuals in the Tri-State region with special needs. The event will be at the Grand River Center from 6 - 9 p.m., and tickets are still on sale at all Hy-Vee Food Stores, Hartig Drug and U.S. Bank locations.

OCT 4 Tri-State Chili Cook-Off

Don't forget about Chili Cook-Off! The first Saturday of October marks the date of Cable Car Square's annual celebration of all things chili-related – The Tri-State's Largest Chili Cook-Off. This year that date falls on Saturday, October 4. Scheduled from 10 a.m. to 5 p.m., this will be the 15th year for the annual event. For those new to the event, the Chili Cook-Off is not just for those diehards who are deadly serious about their chili (though they will be there too), but for anyone who thinks they make a pretty good batch of the spicy stuff or those who just like to eat it. Chili cooks compete in a variety of categories. This year's program also features performances by the Mayer School of Irish Dance from 10 to 11 a.m., the Dubuque Rhythm Cloggers from 11 to noon, and the "outlaw country" music of The Apple Dumplin's from noon until naptime (5 p.m.). Chili Cook-Off is sponsored by the Cable Car Square Association, Diamond Jo Casino and Prudential Financial, with contributing sponsorship by Radio Dubuque, Dubuque Jaycees, and Best Buy of Dubuque.

OCT 5 Animal Planet's Jeff Corwin

Clarke College's Mackin-Mailander Lecture Series will feature "Tales from the Field with Jeff Corwin" on Sunday, October 5. Animal Planet audiences best know Corwin as host of The Jeff Corwin Experience, one of the most popular shows on cable TV. Recently, Corwin hosted a series of CNN specials with Anderson Cooper, Planet in Peril, and continues to make appearances on CNN to discuss the problems facing our environment today.In a day and age of an uncertain future, don't miss this opportunity. The lecture will be held in conjunction with Clarke's Homecoming festivities. Tickets are on sale now. For more information, contact the Clarke College Marketing and Communication Office at 536-588-6318, or visit www.clarke.edu.

OCT 8 Writers Guild Reading

The Dubuque Area Writers Guild presents a reading of poet Dee Taylor's work by local actor Terry Hoefflin, on Wednesday, October 8, 8 p.m. at Isabella's.

Dee Taylor was a poet, astrologer, art historian and political activist working across the country on numerous political campaigns from as far reaching as Las Vegas to her hometown of Chicago. In Chicago during the 1980's, Taylor fought censorship in the arts by acting on the Steering Committee for the Chicago Arts Coalition, with a focus on protecting first amendment rights. Her work in the Arts found her participating in a multi-media show in both galleries and theatres, making television appearances, acting as poetry fundraiser and as a legislative liaison with both State Houses. Free and open to the public, Writers Guild takes the stage the second Wednesday of each month, at Isabella's, 1375 Locust in Dubuque. There's always an open reading to follow. Writers are encouraged to read their original work and fans of the written word are encouraged to read from their favorites.

OCT 12 Swiss Valley Chili Feed

Friends of the Dubuque County Conservation Board is sponsoring a Chili Feed on Sunday, October 12 at the Swiss Valley Nature Center. Serving from 11 AM to 6 PM. Adults - $5.00 and children 12 and under are $3.00. There will be rides on the nature trail trailer. Door prizes and raffles will be part of the event. Hot dogs will be on the menu, too. Proceeds will be used to construct a walking bridge over the trout stream in Swiss Valley Park and a walking trail in the wooded area will be planned for 2009 that will run the length of the park.

OCT 18 Grand View Holiday Fair

The Grand View United Methodist Church Holiday Fair is Saturday, October 18, from 8:30 a.m. - 2 p.m. at 3342 Wesley Drive just north of the soccer fields on JFK. Craft and gift items, homemade noodles and baked goods for sale. Fried bread and coffee served all day. Sandwiches and more!

UPCOMING EVENT SUMMARY

Dubuque Thunderbirds Hockey
Tickets now on sale (See this page)

Broad Strokes Art Show
Through October, Cafe Manna Java (See page 18)

100 Men Who Cook
October 2, Grand River Center (See this page)

3rd Annual Skydive Dubuque
Oct. 3 - 5, DBQ Regional Airport (See ad on page 14)

Tri-States' Largest Chili Cook-Off
October 4, Cable Car Square (See this page)

Chuck Isenhart Campaign Event
October 5, 180 Main (See ad on page 6)

Animal Planet's Jeff Corwin
October 5, Clarke College (See this page)

Sweeney Todd
October 5, UW-Platteville (See ad on page 10)

Writers Guild Reading
October 8, Isabella's (See this page)

Sin, Sex & the CIA
Oct. 10 - 18, Grand Opera House (See page 18)

Galena Country Fair
October 11 - 12, Grant Park

Chili Feed
October 12, Swiss Valley

Dubuque Symphony Orchestra Classics I
October 12 - 13, Five Flags (See page 9)

I Love a Piano: A Tribute to Irving Berlin
October 14, Five Flags (See ad on page 8)

Dubuque Jaycees Haunted Forest
October 16-30, Y Camp (See page 26)

Isabella's 3rd Anniversary
October 17, Isabella's (See page 14)

I. Michael Koontz Book Signing
October 17, River Lights Bookstore (See ad on page 19)

Oktoberfest
October 17 - 18, Black Horse Inn (See ad on page 24)

20 Dirty Hands Self-Guided Tour
October 17 - 19 (See page 10)

NISOM 10 Grand
October 18, NISOM (See ad on page 6)

Poetry Slam
October 18, Brick Oven Studios (See page 14)

Bob & Tom Comedy All-Stars
October 18, Five Flags (See ad on page 22)

Norm Macdonald
October 22, Bricktown (See page 15)

NISOM
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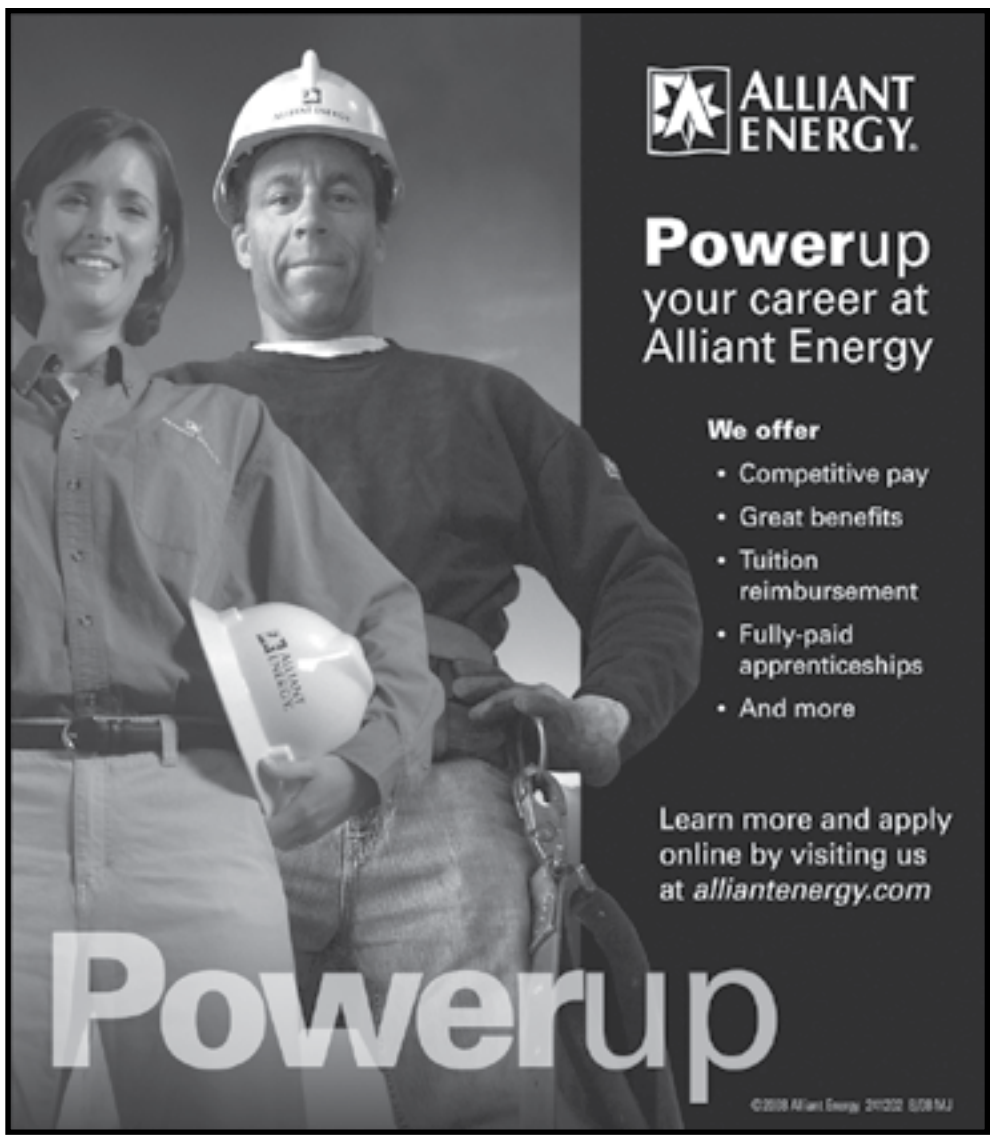

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Made in Dubuque

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365 POP QUIZ?

Answers on page 28

1. The musical Sweeney Todd was written by what composer?
A. Andrew Lloyd Webber
B. Stephen Sondheim
C. Tim Rice
D. Gilbert & Sullivan

2. Which of these celebrities has Norm Macdonald NOT portrayed?
A. David Letterman
B. Larry King
C. Tommy Lee Jones
D. Quentin Tarantino

3. The dream of 365 was conceived at a table in what Dubuque pub?
A. Lot One
B. Bricktown
C. Paul's Big Game Tap
D. 180 Main

4. This year marks what milestone for the Tri-States' Largest Chili Cook-Off?

5. What was the first band to play at Isabella's?
A. Rocket Surgeons B. Firewood Revival
C. Bruce D. Arp of the Covenant

6. Which of these Web sites was produced by 365?
A. DubuqueCounty.org
B. Dubuque Dental Associates
C. 180Main.com
D. SkydiveDubuque.com

7. What was on the very first cover of 365ink Magazine!

8. What kind of soda does 365's Bryce drink most often?
A. Diet Pepsi
B. DIet Sunkist Orange
C. Diet A&W Root Beer
D. Bryce doesn't drink soda

9. William Intriligator has been the Dubuque Symphony conductor for how long?
A. 9 years B. 15 years
C. 4 years D. 2 years

10. What was the very first ever Photo of the Day on Dubuque365.com?

180 Main
Upcoming Live Music

180 Main's got blues, rock, folk, jam, and stuff we don't even have names for yet on the bill for October. Get out and enjoy some live music already!

Jason Ricci & The New Blood
Saturday, October 4
New school blues, funk, rock, and jazz jam band Jason Ricci & The New Blood return to 180 Main to amaze with their jazz-worthy chops they rock with punk-like energy. Imagine Robert Randolph and the Family Band if you replaced the pedal steel with a harmonica and an even more flexible band hitting the changes and building from a slow burn to a frenzy sometimes in the span of just one song. Audiences apparently get it. Ricci's new CD Blood On The Road has sold over 12,000 copies in less than a year from the merch table and online without a record label, national distribution deal, or publicist. Seriously. These dudes can play.

Denny Garcia & the Folk Ups
Friday, October 10
The Voice of Midwest Music Makers and everybody's favorite folky is joined by fellow folk ups for a fun night of whatever Denny's got up his sleeve, which is usually a bunch of originals, some Dylan, some Dead, and whatever else Denny might think of. Improvisational arrangements built on the fly somehow come off sounding better than most bands who practice.

Frogs Gone Fishin'
Saturday, October 11
Denver-based Frogs Gone Fishin' bring their laid-back groove to Dubuque as they tour States in support of their first studio album, Tell Me True. Rock, funk, blues, and reggae are all part of the jam-tinged pond water in which these frog songs have gestated. Fans of Phish and the Grasshoppers should check these Frogs out.

BlackBloom, Ephraim Zehn, Chrash Flood
Friday, October 17
Dubuque's own BlackBloom joins forces with Iowa City psychedelic prog-rock trio Ephraim Zehn and Rock Island indie rock band Chrash Flood. If you're looking for something different, this night is your night. All three bands draw on influences so diverse they can't help but come up with something completely unique. For those who think they've heard it all, well, apparently you haven't.

James Kinds & The All Night Riders
Saturday, October 18
Newly inducted into the Iowa Blues Hall of Fame, Mr. James Kinds returns to 180 Main with his band The All Night Riders to deliver the straight up real and raw blues for which he is now justifiably recognized. It's about time. If you haven't yet seen the man, get your butt down there.

The Dubuque Arts Council

PRESENTS

I Love a Piano

A Tribute to Irving Berlin

FIVE FLAGS CENTER

Five Flags Theater

Tuesday, October 14

7:30pm

BOX SEATS $45.00 • MAIN FLOOR SEATING $40.00 • BALCONY $35

Tickets available at the Five Flags Box Office or Ticketmaster Outlet

By Phone: (563) 589-4254 or online @ Ticketmaster.com

OCT 12-13

DSO Performs Beethoven's 5th

The Dubuque Symphony Orchestra's 50th Anniversary season is now heading into full swing! As part of the early round of Symphony performances, the first installment of the Classics Series has a special treat in store: Nicholas Palmer, the former music director of the Dubuque Symphony Orchestra, will return to Dubuque to conduct in Five Flags Theater for the first time since he left in 1999.

Palmer will join Symphony Conductor and Music Director William Intriligator on stage on Saturday, October 11, and Sunday, October 12, at 2 p.m. The program includes two of the most exciting, dramatic and popular symphonies ever written. Intriligator will lead Beethoven's Fifth Symphony and then pass the baton to Palmer to conduct Tchaikovsky's Fifth Symphony. In between they will visit on stage together and share memories of their tenure at the DSO.

Beethoven's Fifth Symphony is undoubtedly one of the composer's most well-known compositions, up there with his Ninth and its "Ode to Joy." The opening four-note motif is unmistakable and has been used in cultural applications across the world, from pop music to radio jingles, while the rest of the symphony is a clear stalwart in the world of classical music, a symphony filled with emotions of pride, of strength, of driving determination and resilience. It's a staple of many symphonic repertoires, having been played in the inaugural concerts of the New York Philharmonic Orchestra and the National Symphony Orchestra ... as well as the inaugural concert of a symphony a little bit closer, geographically, to Tri-State residents.

"Both of these pieces are very special to us," says Intriligator. "Beethoven's Fifth Symphony was performed on the first concert of the orchestra 50 years ago, and was also on my first concert as Music Director eight years ago."

Tchaikovsky's Fifth Symphony, in a similar vein to Beethoven's Fifth, also carries with it similar themes of victory and strength through times of strife -- a theme made very clear during the Siege of Leningrad during World War II, during which city leaders ordered the Leningrad Radio Symphony Orchestra to continue its regular performances during the siege; on the night that Tchaikovsky's Fifth was performed and bombs were falling nearby, the orchestra played on and continued through the final note. If that isn't an example of music inspiring one to stand tall in the face of adversity, we don't really know what one is.

The return of Nicholas Palmer means the return of one of the most enduring figures in Dubuque Symphony Orchestra history. During his 13-year tenure, the orchestra grew steadily in size, ticket sales and public support. Palmer was named Conductor Emeritus of the Dubuque Symphony Orchestra in 1999 in recognition of his service to the orchestra. Since his transition to other endeavors, Palmer now serves as the music director of the Owensboro Symphony Orchestra in Kentucky, the Lafayette Symphony in Indiana and the Evening Under the Stars Music Festival in Massachusetts. He's a busy guy, that Nick Palmer.

"He formed many close friendships and ties with people throughout the Tri-State area when he was here," said Intriligator. "I am particularly excited to work with Nick and get to know him better."

Tickets for Classics I are available online at www.ticketmaster.com, at all Ticketmaster retail locations and at the Five Flags Box Office, open Monday – Friday from 10 a.m. to 5 p.m. $5 student tickets are available with a valid student I.D. at Five Flags Theater one hour before each performance for any seat available, except box seats. For more information, call 563-557-1677 or visit www.dubuquesymphony.org. And stay tuned to the pages of 365ink Magazine for all the information you'll ever need about other exciting 50th Anniversary Dubuque Symphony Orchestra performances throughout the season!

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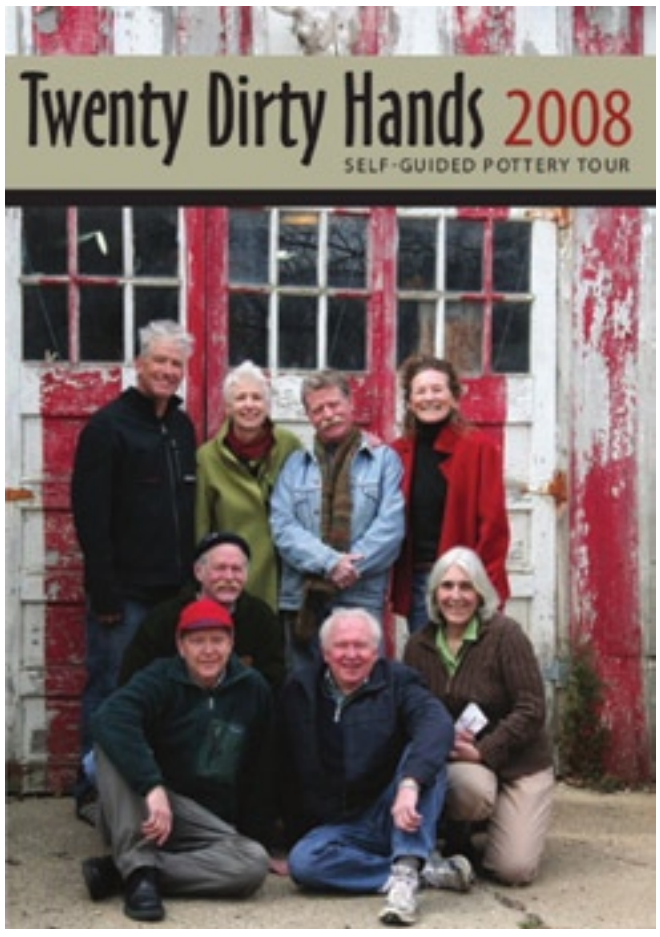

by Mike Ironside

What might at first seem like the bane of decorative hand towels everywhere, Twenty Dirty Hands is actually the name of an annual self-guided pottery tour that winds through the countryside of Northwest Illinois. Each autumn, a group of ceramic artists opens their studios and kiln sites to visitors and pottery enthusiasts over the course of a weekend. This year's tour, the eighth annual, falls on the weekend of October 17-19 with studios open to the public from 10 a.m. to 6 p.m. each day.

This year Mississippi Mud Studios, now located at Fountain Park, will be a partner in the Twenty Dirty Hands tour exhibiting work at the Menominee Kiln Site between Dubuque and Galena. We sat down with Gary Carstens, owner and instructor at Mississippi Mud Studios, to talk a little bit more about the studio and the tour (more later) but first, a bit more about some of the other stops on the tour.

Beginning in Elizabeth, Illinois, at the studios of Adrienne Seagraves and Paul Eshelman, the 2008 Twenty Dirty Hands tour works its way westward towards Dubuque with five stops along the route. In addition to the work of featured artists, some locations will also be exhibiting the artwork of a variety of guest artists.

The first stop on the tour, Adrienne Seagraves' studio located at 130 North Main Street in Elizabeth, is also home to a gallery where she exhibits her own unique work as well as the artwork of other area artists. Just up the street at 238 North Main is Paul Eshelman's studio, the second stop on the tour. Eshelman will host an open-house in the studio where he creates his deceptively simple yet highly functional ceramics.

Winding its way back west (by northwest), the third stop on the tour is the studio of ceramic artist Delores Fortuna at 7213 Buckhill Road, northeast of Galena. Dividing her time between the Galena studio and teaching at the Art Institute of Chicago, Fortuna's work ranges from inventively functional to purely decorative.

From north of Galena the tour finds its way south into the city for the fourth stop, Kent Henderson's studio at 704 Dewey Avenue, just north of Galena's Main Street. Henderson's studio and gallery, Galena Clay Works is built into the hillside and displays his functional pottery and often whimsical post-pop ceramic objects.

Traveling back from Galena towards Dubuque along Highway 20, the fifth stop on the tour is the Menominee Kiln Site, just off Imbus Road (to Rocky Road). Located along a small creek in a verdant pasture the potters share with the occasional cow or goat, the wood and salt kilns were constructed by master potter and Mississippi Mud Studios founder Ken Bichell. The kiln site will serve as the exhibit site for four potters who fire work in the kilns – Gary Carstens, Ron Hahlen, Stephanie O'Shaughnessy, and Doug Reynolds.

Carstens reports that he's "the new guy" on the pottery tour, having joined as a guest artist last year. Not that he's new to dirty hands. After discovering ceramics as an undergrad sculpture student, Carstens was hooked and has been playing with clay for over 30 years since. In fact, he was working toward opening a pottery studio of his own when Ken Bichell opened Mississippi Mud first on Main Street and later on Bluff Street. Instead, Carstens joined Bichell's studio as an associate potter. When Bichell went on hiatus to go back to school, he agreed to sell the business to Carstens to ensure area artists would continue working in clay. "I saw an opportunity to rekindle the fire to keep it going," he said.

The change also offered an opportunity to relocate and expand. The associates had outgrown the two-room basement studio on Bluff Street so Carstens went to Fountain Park developer Tom Kane to see if there might be room on the expansive arts campus. Not only did Fountain Park offer a location central to many surrounding neighborhoods with plenty of off-street parking, but there was a space more than suitable for a pottery studio. The only problem was that it was at the time crammed full of landscaping equipment and props and scenery from Fountain Park's Bell Tower Theater.

Carstens worked for six months renovating the space before reopening Mississippi Mud Studios at the Fountain Park campus last summer. With about 30 percent more room than the former studio and a drive up garage door for unloading supplies or loading pots to go to an off-site kiln, the space is highly functional. In a little over a year, the studio has attracted over 30 associate artists ranging from 7 to 80-years-of-age. Mississippi Mud now offers three tiers of associate status – full time associates, student associates and beginner associates.

Student associate status is available to any student from age 7 through college. Beginner status gives associates an opportunity to learn at their own pace with instructors' guidance. Tuesday and Wednesday nights beginner associates can join workshops on individual skill development – basic wheel techniques, handbuilding, firing and glazing.

Monday nights provide full associates an opportunity to work in the studio with the hands-on help of a Mississippi Mud instructor. Currently, in addition to Carstens, studio manager Chris Lemmon provides instruction with occasional

Continued on Page 13.

Try to Remember

Twenty five years ago, I spent the week of Christmas in California with my first extended family. Much of that vacation is only a blur, and some of it was a nightmare. But what's been driving me nuts lately is one little detail I thought I'd never forget – the name of a winery we visited. I know we went to two: Robert Mondavi, and – the other one. For years, I knew the name. Any time the subject of wineries or Napa Valley came up, I could easily summon both names and mention, either casually or smugly, "Oh yeah, I've been to Mondavi and" – the other one.

But now I've forgotten, and the harder I try, the more certain I am that I'll never remember. So, of course, it's driving me even crazier. I'm becoming convinced that I'm either 1) getting so old my new memories are shoving out the previous ones or 2) developing Alzheimer's. Getting Alzheimer's is no joke to me, since my own mother had it in her later years. Hers showed up after my father died, and I'm nowhere near as old as she was at the time. Besides, I can remember all kinds of other things. They say that Alzheimer's is not losing track of your keys, it's forgetting what your keys are for. And I still remember that sort of thing. I'm still a functioning, fully employed member of society. I know what keys are for, even when (especially when) I lock myself out of my office.

Yet it really bothers me that I can't remember. I'm a librarian, master of facts and databases, so I figured if I couldn't remember on my own, I could certainly track it down without much trouble. Sure enough, I quickly found a listing of all the wineries in California. I'm pretty sure the name of this one began with an R, but no matter how many times I look through that part of the list, nothing rings a bell. By now, I've gone through every single name, from A to Z, giving each a chance to nudge my old memories.

Was it Adelaida Cellars? No. But I remember pushing my son in his stroller, giving him drinks of apple juice from a blue plastic bottle while we grown-ups tasted a chardonnay. Was it Dancing Stallion Vineyards? Uh-uh. But I remember a photo we took of our blonde-haired daughter, peeking out from the enormous door at that nameless winery's entrance. Was it Hidden Oak Winery? Nope, but I remember eating at a delicious restaurant named The Chutney Kitchen after our trip to the vineyards.

Was it Chateau Mantelena, star of the current movie "Bottle Shock"? I know it wasn't, but peered closely when we went to see it, hoping for a glimpse of "my" winery. I even borrowed two winery videos from the public library, hoping against hope that these 1990's-era travelogues might just mention that destination from my distant past. But no.

Next I tried a different tack. I have every letter my mother and I ever sent to each other, and I figured I must surely have mentioned our tasting adventure to her in a letter from late 1982, when we were so far away from each other. But there's nothing from mid-December until mid-January. We must have talked on the phone instead of writing, something we rarely did. But oh, how I hoped for a postcard, something with a picture of that medieval looking door on the front and a name on the other side. Rothschild? Roberto? Rosebud?

Maybe that winery, as firmly planted in history as it seemed to be at the time, went out of business. I tried a search for "wineries California 1980" but got weird, useless links. Should I go to a wine store and browse for hours, causing consternation among the shop owners? If I begin studying wine lists with way more attention than usual, will I needlessly raise the hopes of the waiters?

Besides, it's not a wine I'm looking for. It's not even really a place. I could joke and say it's my mind I've lost, because I know that even if I do recall the name of that winery, next month I'll forget something else, and I'll be whining about another thing I absolutely must remember – the color of my first car (white), the name of my first pet (Patches), the lake at the resort where my family spent every summer (Ada). All those questions we're asked to answer to protect our privacy in our online accounts – what if we can't remember the name of our first school, the month our father was born, our mother's maiden name?

This is one place where being a poet comes in handy. I can write a poem about a moment in time that I would surely otherwise forget, tucking into one stanza the name of my first boyfriend or the fourth grade teacher who encouraged me to write. I can write about those little moments until I've got a whole treasure trove of them, stuck firmly into the otherwise dull cement of my memory like the jewels in the grotto in Dickeyville.

For the longest time, I couldn't remember the name for something that wasn't even important to me, but loomed large because I couldn't remember. The word? "Pallet." Finally, I got someone to remind me, and I wrote it down somewhere. Now I can stop worrying about that one. Then I forgot the name for something more important to me:

Exposition, which means the back story in a movie or novel. I wrote that one down on a notecard and stuck it on my bulletin board, complete with exclamation point, to make it seem like a joke: "Exposition!"

Taken singly, none of these is life-or-death. But as we get older, we miss that easy ability to recall seemingly everything. And like the pinot noir I tried at that unnamed winery, it's right on the tip of my tongue – a delicious tease, with somber notes of forgetfulness just waiting to recork the bottle.

Pam Kress-Dunn
pam2617@yahoo.com

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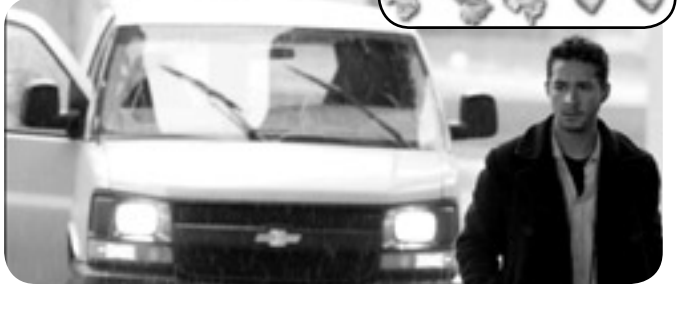
Eagle Eye - A Film by D.J. Caruso (Disturbia, Two for the Money, The Salton Sea)

Jerry Shaw (Shia LaBeouf) is an underachieving twenty-something, struggling to make ends meet while working at the Copy Cabana in Chicago. That is until his twin brother serving in the military dies suddenly in a car accident and Jerry begins receiving cryptic phone calls from a woman who seems to be able to control just about everything around him. This woman threatens his life and that of Rachel (Michelle Monaghan) and her son, a talented musician on his way to Washington, D.C. to perform at the Kennedy Center. As these two strangers are thrown together into ever increasingly dangerous situations, they find that they have only each other to turn to. Chased by the FBI and others, Jerry and Rachel must unravel the mystery before it is too late. Just who is this phantom woman, how is she able to manipulate the world around them and what is the connection between these two strangers.

Eagle Eye is the WarGames of the cell phone era. Like that classic 1983 movie about government reliance on computers, distrust of the general population and need to control every facet of our lives, Eagle Eye has many implausible scenarios and coincidences but still provides a fun, at times thrilling, joy ride where the audience is as confused about what is really happening as the main characters. LaBeouf has had a nice chain of successful movies and Eagle Eye is merely the next link. Hopefully, the problems in his personal life will not derail or slow down his rise in Hollywood. Monaghan is a solid performer and thankfully does not succumb to being simply the distraught Mom in Eagle Eye but portrays a strong single mother who can take charge of a situation when necessary. Place into the mix Billy Bob Thornton as FBI Agent Morgan, Rosario Dawson as Air Force Investigator Perez and Michael Chiklis as Defense Secretary Callister and you have a nice, yet small, primary cast. Eagle Eye is enjoyable as long as you can get over the impossible situations, occasionally cheesy dialogue and slower moments.



ROTTEN TOMATOES

Rotten Tomatoes collects the thoughts of dozens of movie reviewers across the country and averages their scores into a fresh or rotten rating. If a movie gets 60% or higher positive reviews, it is FRESH!

www.rottentomatoes.com

OPENING DURING THIS ISSUE

Bevesly Hills Chihuahua (10/3)
A pampered Beverly Hills Chihuahua named Chloe, accustomed to traveling anywhere in her owner's purse, finds herself accidentally lost during a spa trip in the mean streets of Mexico without a day spa or Rodeo Drive boutique anywhere in sight. Now alone for the first time in her spoiled life, she must rely on some unexpected new friends -- including a street-hardened German Shepherd named Delgado and an amorous pup named Papi -- to lend her a paw and help her to find her inner strength on their incredible journey back home.

Blindness (10/3)
A doctor's wife becomes the only person with the ability to see in a town where everyone is struck with a mysterious case of sudden blindness. She feigns illness in order to take care of her husband as her surrounding community breaks down into chaos and disorder.

Nick & Norah's Infinite Playlist (10/3)
Nick (Michael Cera) asks Norah (Kat Dennings) to pretend to be his girlfriend for 5 minutes so he won't have to feel as awkward around his ex-girlfriend, who just walked into the club where Nick's band is playing ... with a new guy. But when the fake couple decides to kiss, sparkage occurs, romanse blossoms and magic begins to fill the air leading to a first date which seems to span all of New York City.

The Express (10/3)
The true story of Ernie Davis, two-time All-American running back for Syracuse University who led his team to the national championship in 1960. In 1961, he became the first black man to win the Heisman Trophy. Later that year, he was the first pick in the NFL draft. But Davis never got the chance to play professional football; he was diagnosed with leukemia during the summer of 1962 and died nearly a year later.

Body of Lies (10/10)
A CIA operative uncovers a lead on a major terrorist leader suspected to be operating out of Jordan. When Ferris devises a plan to infiltrate his network, he must first win the backing of his superiors -- but can he trust them?

NOW PLAYING:

Dark Knight.	95% Fresh
Eagle Eye	27% Rotten
Nights/Rodanthe	26% Rotten
Burn After Reading	76% Fresh
Lakeview Terrace	34% Rotten
Righteous Kill . .	23% Rotten
Women	10% Rotten
Miracle/St Anna .	29% Rotten
Best Friend's Girl	11% Rotten

THE BUZZ

Holy smokes, this looks like it my actually happen. Bill Murray, who has long been the holdup in forward progress on any further Ghostbusters movies, has said that after hearing that Ghostbusters 3 is being written by two producers of The Office, he's interested in returning to the franchise. Murray says that recording voiceover dialogue this past summer for an upcoming Ghostbusters videogame rekindled his interest.

Thor, meet Shakespeare. In what may strike some as a mildly odd -- or very odd -- choice, actor / director Kenneth Branagh, famous for Shakespearean film adaptations such as As You Like It, Hamlet, Henry V and Love's Labour Lost, is in negotiations to direct Marvel's upcoming Thor film. And we thought hiring Jon Favreau to make Iron Man was thinking outside the box.

Apparently, you can never be too old for this $*#!. Plans are moving full speed ahead for a fifth installment in the Lethal Weapon franchise. Writer / director Shane Black, who penned the first movie in the series, has written a full-length story treatment for the film, and is set to take over the director's reins from Richard Donner. The film, which would "pass the torch" to two younger characters, now waits for Mel Gibson's signature.

In what may be dismaying news, creator James Cameron says that he has never seen the script for the upcoming Terminator Salvation: The Future Begins, nor has he given his "blessing" to the project. Oddly, this movie's director, McG, has said many times that Cameron gave enthusiastic approval.

Sylvester Stallone isn't done returning to the past just yet. He's currently scouting locations in Bulgaria as part of his pre-production work on ... you guessed it -- another entry in the Rambo series. This would be the fifth trip to the Rambo well.

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SHOWTIMES OCT. 3-9

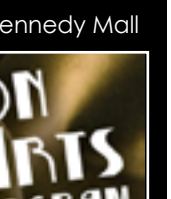
An American Carol (NEW)
(PG-13)
12:20, 2:20, 4:20, 7:20, 9:20

Transsiberian
(R)
11:45, 2:05, 4:25, 7:15, 9:30

Man on Wire
(PG-13)
1:45, 6:50, 9:05

Igor
(PG)
11:50, 4:10

Eagle Eye
(PG-13)
1:00, 4:00, 7:00, 9:45

Nights in Rodanthe
(PG-13)
12:00, 2:15, 4:35, 7:05, 9:10


Burn After Reading
(R)
12:30, 2:40, 4:50, 7:30, 9:40

All shows $5 matinees, $7 evenings
Coming Soon: Tell No One, Elegy, The Haunting of Molly Hartley

Twenty Dirty Hands

Continued from Page 10.

help or special classes by associates Bichell, Halen, and O'Shaunessey. Lemmon will be a guest artist on the Twenty Dirty Hands tour this year.

In addition to associate memberships, Mississippi Mud offers a variety of special classes including birthday parties and bride and groom showers where guests can create one-of-a-kind mementos of the special event while they enjoy pizza or lasagna fired in the studio kiln. Scout troops can earn merit while they learn how to work clay and later camp out at the Menominee Kiln Site while they fire their work in a wood-fired kiln. Carstens also works with area schools, from teaching special classes to providing supplies and troubleshooting problems with equipment.

The studio offers gift certificates for those who would like to give loved ones a chance to try working with clay and can tailor the experience to just about anything the giver can imagine – monthly memberships, a set of mugs, or a personal training session with one of the studio instructors. Married couples can even celebrate an anniversary with their own private "Ghost" party ala the movie starring Demi Moore. Not only will the studio show you how to use the wheel, they'll throw in the clay and set the right mood with music and candles. "The rest is up to you," as the studio's web site says.

Mississippi Mud is also a source for all of a potter's more practical needs. Supplying area ceramic artists for the past five years, the studio sells a wide range of clays from a variety of distributors, always working to get the best pricing on materials. In addition to pottery wheels, mixers, extruders, kilns, tables, carts, and all the other usual equipment, Carstens can find just about anything else you might need to turn clay into art. "If you want it, we can find it," he boasts on the web site. "If we can't find it, I know a guy who will make it."

That last point is a good one, as the studio does do commission work. Whether a set of matching plates, a special mug for friend, or a fountain for your garden, if you can imagine it, the potters at Mississippi Mud can probably build it. The resulting work is a one-of-a-kind work of art. "You can go anywhere and buy a mug," observes Carstens, "but what you're buying is the 10,000th mug that rolled off the assembly line … there's no communication with creator."

That connection between the artist and the person who appreciates a hand-made work of art is what makes Twenty Dirty Hands a special event. Guests get an opportunity to meet the artists, to see where they work and make the connection to the unique objects they create. "Why buy from an artist?" asks Carstens, setting the stage for the answer, "It's been touched by a hand. There's a communication between the artist and the buyer." In an age marked by mass consumerism and disposable merchandise, it's a concept that celebrates art and life on a more human scale.

Mississippi Mud Studios and Clay Supply is located on the east side of the Fountain Park arts campus at 2728 Asbury Road Dubuque Iowa. For more information on classes, programs, and associate members, visit the web site at http://mississippimud-studios.com. For a map of the Twenty Dirty Hands tour and information about each of the participating artists, visit www.twentydirtyhands.com.

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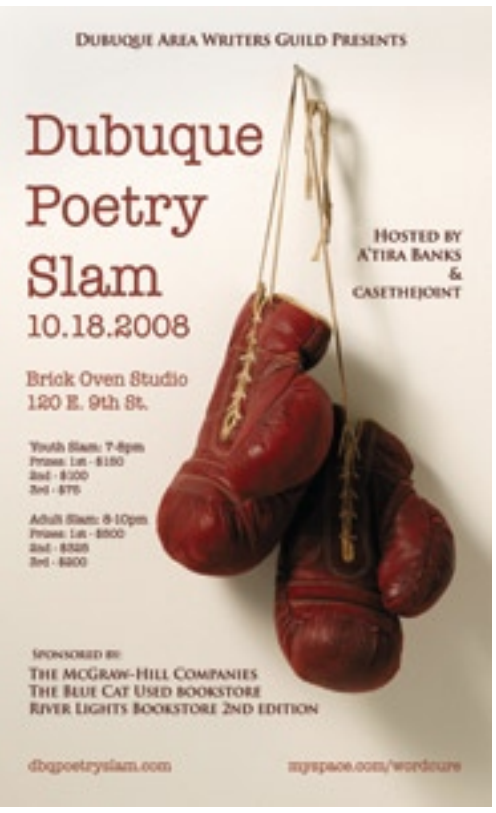
Poetry Slam
Saturday, October 18
Brick Oven Studio

Writers Guild will be hosting Dubuque's first ever Slam Poetry Competition this month. Scheduled for Saturday, October 18, from 7 to 10 p.m., the competition will be hosted by A'tira Banks and casethejoint at The Brick Oven Studio, 120 East 9th Street. Competition will be held in two categories, youth (age 17 and under) and adult (age 18 and over) with cash prizes awarded to first, second, and third place winners in each category. The youth competition will be conducted in one round from 7 to 8 p.m., with the adult competition going three rounds starting at (approximately) 8 p.m.

First, second and third prizes in the youth category will be $150, $100, and $75, respectively, with prizes in the adult division being $500, $325, and $200! Finally, an opportunity for area poets to make some serious bank. Let the slam begin!

Only 15 youth poets and 20 adult poets will be allowed to register to compete on a first come, first served basis. To learn more about the Poetry Slam and rules of the contest visit www.dbqpoetryslam.com. For more information or to register to compete, call Lauren (303-641-6276) or Ashley (563-581-2701) or e-mail DubuqueAreaWritersGuild@gmail.com.

The Dubuque Area Writers Guild Poetry Slam is sponsored by McGraw-Hill, Blue Cat Used Book Store and River Lights Bookstore Second Edition.



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Isabella's 3-Year Anniversary
DeWayn Brothers Bluegrass Band
Friday, October 17

Everybody's favorite insurgent bluegrass band, the DeWayn Brothers, travel from the front porch of the Flinthills in East Central Kansas to the Ryan House basement bar for a hootenanny in celebration of Isabella's third birthday on Friday, October 17.

Drawing on influences as diverse as old-timey bluegrass, punk rock, and speed metal, the DeWayn Brothers have been known to convert those who previously thought they were unmoved by music as traditional as bluegrass. But with Josh (Finley) shredding on the mandolin like he's auditioning for Slayer, and Jamie Lee (Briggeman) belting out the vocals like her man just done her wrong, it's not hard to get sucked into the rush of enthusiasm the band elicits from an audience. Especially when they're standing next to you at the bar. If you're still not there, just take a pull off that jug o' whiskey … you'll get it.

Norm Macdonald
Bricktown, Oct. 22

Don't forget that comedian Norm Macdonald, of Saturday Night Live fame, is coming to Live on Main Comedy at Bricktown on Wednesday, October 22!

Tri-State audiences will remember Macdonald as a fixture on Saturday Night Live from 1993 - 1998 (one of the last periods of time where the show was actually entertaining). The Canadian comic's most-notable role on the program was easily as the host of the Weekend Update segment, a role he performed so well that Chevy Chase, the originator of the segment, has said that Macdonald was the first anchor since himself to actually do the job correctly. Other memorable SNL performances include his famous impression of Bob Dole, playing Burt Reynolds on Celebrity Jeopardy!, Clint Eastwood, Marv Albert and more.

Macdonald left Saturday Night Live under circumstances that are still somewhat nebulous -- some say that his frequent jabs at O.J. Simpson incited the ire of NBC executive Don Ohlmeyer, a friend of Simpson, while others insist that Ohlmeyer was merely acting as the hired gun of SNL producer Lorne Michaels ... but, no matter the reasons, Macdonald landed squarely on his feet.

Since his departure in 1998, Macdonald has been doing frequent film work, including writing and starring in the cult hit comedy Dirty Work, an against-type turn in the horror flick 30 Days of Night and more, including a hilarious turn at the recent Comedy Central Roast of Bob Saget. And, of course, he's been keeping up with a steady stand-up comedy schedule, as well -- a schedule that at one point had Comedy Central name him one of the 100 greatest stand-up comedians of all time -- and, naturally, it's that stand-up which is what brings him to Bricktown.

Comedy audiences beware! Macdonald's show will not be merely the sharp-tongued, sarcastic, acidic wit that audiences might be familiar with -- there's adult content, and a lot of it!

Tickets are on sale now at Bricktown, Moondog Music and online at ETIX.com. Admission is just $28 for VIP seating, and $25 for general admission. Tickets are going fast, so don't delay and act now. The show is sponsored by Eagle 102 and Music N More Promotions.

TRI-STATE LIVE MUSIC

Thursday, October 2

Noel Cooney
Irish Cottage, 8 PM - 12 AM

Mighty Short Bus
Murph's, 9:30 PM - 1:30 AM

Friday, October 3

Chuck Bregman
Stone Cliff, 7 - 11 PM

Artie & the Pink Catillacs
Greyhound Park, 8 PM - 12 AM

Boys' Night Out
DBQ Driving Range, 8 PM - 12 AM

Noel Cooney
Irish Cottage, 8 PM - 12 AM

Denny Garcia
Cornerstone, 8:30 PM - 11:30 AM

Irene Schroeder
Isabella's, 9 PM - 1 AM

Laura / Robby / Shiz
The Hub, 9 PM - 1 AM

Falling Within
Sandy Hook, 9 PM - 1 AM

Uniphonics/Wild Animals
180 Main, 9 PM - 1 AM

Saturday, October 4

Chuck Bregman
180 Main, 5 - 9 PM

Rosalie Morgan
TAIKO, 7 - 11 PM

Mary Mabusth
Stone Cliff, 7 - 11 PM

Saturday, October 4

Mississippi Man
Days Inn, 7 - 11 PM

Country Tradition
Mooney Hollow, 8 PM - 12 AM

Noel Cooney
Irish Cottage, 8 PM - 12 AM

The Legends
DBQ Driving Range, 8 PM - 12 AM

Shaun Cavanaugh
Star Ultra Lounge, 8 - 11 PM

Apple Dumplin's
Softtails, 8:30 PM - 12:30 AM

Tafoya's Lost Boyzz
New Diggings, 9 PM - 1 AM

DRILL
Courtside, 9 PM - 1 AM

Okham's Razor
Grape Escape, 9 PM - 1 AM

Brother Trucker
Silver Dollar, 9 PM - 1 AM

Jabberbox
Denny's Lux Club, 9 PM - 1 AM

Boys' Night Out
Massey Wharf, 9 PM - 1 A

James Kinds & All-Night Riders
The Hub, 9 PM - 1 AM

Jason Ricci & New Blood
180 Main, 9 PM - 1 AM

Taste Like Chicken
Noonan's North, 9:30 PM - 1:30 AM

Cheap Skates
Jumpers, 9:30 PM - 1:30 AM

Sunday, October 5

Tafoya's Lost Boyzz
New Diggings, 3:30 - 7:30 PM

The Wundo Band
Park Farm Winery, 5 - 8 PM

Taste Like Chicken
Sandy Hook, 7 - 11 PM

Wednesday, October 8

The Wundo Band
Steve's Pizza, 7 - 11 PM

Roy Schroedl
UW-Platteville, 8 - 11 PM

Noel Cooney
Irish Cottage, 8 PM - 12 AM

Live on Main Comedy
Bricktown, 9 - 11 PM

Thursday, October 9

Noel Cooney
Irish Cottage, 8 PM - 12 AM

The Lonely Goats
Cornerstone, 8:30 PM - 12 AM

Friday, October 10

Artie & the Pink Catillacs
Albrecht Acres, 7 - 11 PM

Tom Nauman
Stone Cliff, 7 - 11 PM

Rosalie Morgan
TAIKO, 7 - 11 PM

Boys' Night Out
Red N Deb's, 8 PM - 12 AM

Noel Cooney
Irish Cottage, 8 PM - 12 AM

Denny & the Folk-Ups
180 Main, 9 PM - 1 AM

Rodney Parker/50 Peso Reward
Silver Dollar, 9 PM - 1 AM

Eddy Burke
Isabella's, 9 PM - 1 AM

12 Penny Band
Jumpers, 9 PM - 1 AM

BF Burt & the Instigators
Murph's, 9:30 PM - 1:30 AM

Saturday, October 11

Chuck Bregman
180 Main, 5 - 9 PM

Rosalie Morgan
One-Eleven Main, 8 - 10 PM

Saturday, October 11

Shaun Cavanaugh
L May Eatery, 8 - 10 PM

Noel Cooney
Irish Cottage, 8 PM - 12 AM

Pirate Over 50
Carlos O'Kelly's, 8 PM - 12 AM

BuzzBerries
Ace's Place, 9 PM - 1 AM

Richter Scale
Softtails, 9 PM - 1 AM

Horsin' Around
Mooney Hollow, 9 PM - 1 AM

ochOsol
Silver Dollar, 9 PM - 1 AM

Falling Within
Doolittle's (Cuba), 9 PM - 1 AM

Frogs Gone Fishin'
180 Main, 9 PM - 1 AM

Rocket Surgeons
The Hub, 9 PM - 1 AM

Scarring Party
Isabella's, 9 PM - 1 AM

Comfortably One
Murph's, 9:30 PM - 1:30 AM

Sunday, October 12

Taste Like Chicken
New Diggings, 3:30 - 7:30 PM

Laura & the Longhairs
Sandy Hook, 7 - 11 PM

Grass Menagerie
Irish Cottage, 8 PM - 12 AM

Wednesday, Oct. 15

The Wundo Band
Steve's Pizza, 7 - 11 PM

Noel Cooney
Irish Cottage, 8 PM - 12 AM

Live on Main Comedy
Bricktown, 9 - 11 PM

Thursday, October 16

Noel Cooney
Irish Cottage, 8 PM - 12 AM

The Lonely Goats
The Hub, 9 PM - 1 AM

Thursday, October 16

Denny Garcia
Murph's, 9:30 PM - 1:30 AM

Friday, October 17

Chuck Bregman
Stone Cliff, 7 - 11 PM

Rosalie Morgan
TAIKO, 7 - 11 PM

Okham's Razor
Perfect Pint, 8 PM - 12 AM

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Friday, October 17

Noel Cooney
Irish Cottage, 8 PM - 12 AM

BlackBloom/Ephraim Zenh
180 Main, 9 PM - 1 AM

Justin Morrissey
Murph's, 9 PM - 1 AM

DeWayn Brothers
Isabella's, 9 PM - 1 AM

Saturday, October 18

Rocktoberfest
Voices Warehouse, 12 - 9 PM

Chuck Bregman
180 Main, 5 - 9 PM

Tom Nauman
Stone Cliff, 7 - 11 PM

The Legends
Dagwood's, 8 PM - 12 AM

Noel Cooney
Irish Cottage, 8 PM - 12 AM

Mixed Emotions
DBQ Driving Range, 8 PM - 12 AM

Natty Nation
Silver Dollar, 9 PM - 1 AM

BadFish
Mooney Hollow, 9 PM - 1 AM

Boys' Night Out
Rumors II, 9 PM - 1 AM

Saturday, October 18

Horsin' Around
Jumpers, 9 PM - 1 AM

Stumble Bros.
The Hub, 9 PM - 1 AM

Taste Like Chicken
Doolittle's (Cuba), 9 PM - 1 AM

James Kinds/All Night Riders
180 Main, 9 PM - 1 AM

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Oct. 3 · Laura, Robby, Shiz
Oct. 4 · James Kinds
Oct. 11 · Rocket Surgeons
Oct. 16 · Lonely Goats
Oct. 18 · Stumble Brothers

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  (563) 556-7611
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- **Doolittle's Lancaster**
  135 S. Jefferson St., Lancaster, WI
  608-723-7676
- **Dubuque Driving Range**
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  (563) 582-6498
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  563-552-2494
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If you feature live entertainment and would like to be included in our Venue Finder, please drop us a line... info@dubuque365.com or 563-588-4365.

Sin, Sex & the CIA!

The Grand Opera House in Dubuque has been enjoying a fantastic 2008 season, and its newest show is right around the corner. Get ready for Sin, Sex & the CIA, an American farce written by Michael and Susan Parker.

The title is a a pretty apt description of an assemblage of zany characters that meet up in a CIA safehouse in the backwoods of Virginia. A high-level meeting of two governments is to take place when a storm knocks out any and all communication with the outside world. According to the Grand, nearly every element of comic farce is present in this show – for the audience, that means laughter from beginning to end! The cast includes a bumbling recent graduate from the CIA Academy, a very ... amorous female, a retired military man, a disguised OPEC negotiator, an incompetent non-chef, and an over the top bible-thumping preacher and his "pure" secretary. Sounds like they should get along swimmingly.

The show will be performed October 10, 11, 12, 15, 16, 17 and 18. All shows with the exception of Sunday will be at 7:30 p.m. (Sunday will be at 2 p.m.) Tickets for Sin, Sex & the CIA are on sale now for $15 at the Grand Opera House box office, located at 135 8th St., or by calling 563-588-1305.

Galena Country Fair

Don't forget about one of the Tri-State area's most memorable Columbus Day traditions: The annual Galena Country Fair, set for October 11 - 12!

Held every year in Galena's Grant Park, the Country Fair boasts more than 150 vendors, all of them offering original and handmade arts, crafts and fine arts. Arts and crafts include baskets, floral items, jewelry, metal work and more.

The Country Fair wouldn't be complete, of course, without the made-from-scratch goodies of the country bake shop, the locally grown foods of the Country Fair Farmers' Markets, all your favorite fair food offerings, and, of course, family fun. Activities include children's games, contests and face painting, as well as live music by the Legends of Rock & Roll and Bryan Popp, raffles and a silent auction. Included in the raffle will be a hand-quilted wall hanging as one of the signature items. Raffle proceeds go towards charitable causes throughout Jo Daviess County.

Though there is no admission fee to the Galena Country Fair, gate donations are accepted and a $2 donation is appreciated. For more information, including a full fair schedule, visit the Web site at www.galenacountryfair.org.

Broad Strokes Art Show

If you find yourself strolling down lower Main Street anytime soon, stop in at Café Manna Java and check out a new locally produced arts display!

The show is produced by the Broad Strokes Art Club, a group of local artists and friends who gather regularly to pursue their love of art while at the same time enjoying each other's companies. These ladies combine enthusiasm with artistic talent.

Through the month of October, the Broad Strokes Art Club is displaying a wide sampling of its artwork at Manna Java. Featured artists include Peggy Baldwin, Linda Claussen, Darlene Conzett, Cheryl Falb, Rickie Freihage, Joyce Mahnke, Donna McIntyre, Marilyn Nash, Diane Solberg, Karen Thomas, Merilyn Tommaro and MaDonna Traeger.

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Silver Dollar Cantina October Entertainment

The Silver Dollar is upping the ante for October 'cause they're holding a hand flush with face cards (or at least the musical equivalent). Here are some of the best bets:

Brother Trucker
Saturday, October 4
Roots rockers Brother Trucker roll into town in time for the colleges' Homecoming weekend. The boys will be playing tunes from their new CD The Flyover, their fourth release with even more great songs in their Americana by way of Crazy Horse meets the Rolling Stones vein. Just about as real as it gets.

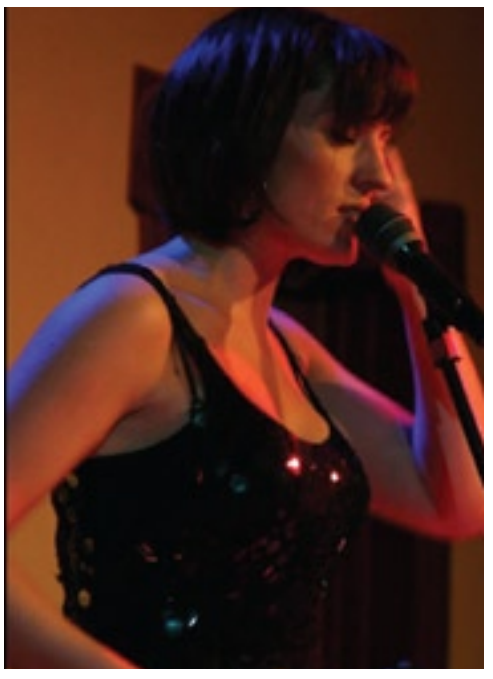
Rodney Parker and The 50 Peso Reward
Friday, October 10
With the critical acclaim Rodney Parker is

getting for new record The Lonesome Dirge, his reward might add up to a bit more than 50 pesos. Parker and Co. has been compared to fellow Texans Steve Earle and the Old 97s, as well as alt.country roots rockers Son Volt and with good reason. Not afraid to put a little rock into the roots rock, The 50 Peso Reward backs up Parker's slightly wounded songs with a foot-stomping drive that adds up to a whole lot more.

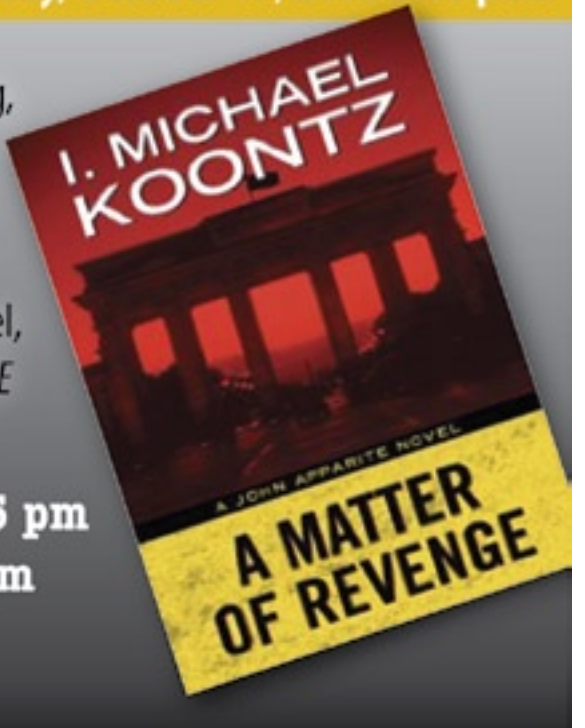
ochOsol
Saturday, October 11
It only makes sense that a Dubuque-based band that plays Latin rock by the likes of Los Lobos, Santana, Maná, and Elefante would eventually play at a place called the Silver Dollar Cantina. It's fate, really. It may be cooling off outside, but with three drummers on stage ochOsol will be heating things up inside. Bring your dancing shoes.

Natty Nation
Saturday, October 18
Madison's favorite roots reggae band, Natty Nation, makes the trip south to Dubuque to bring some deep grooves and positive vibrations to the Silver Dollar. Led by singer Jah Boogie, Natty Nation blends the best of rock, reggae, funk, dancehall, and dub into their own original mix of music. With four studio albums and a recently released compilation of live recordings, 2008 marks the band's 13th year together. Working with a new backing band over the past year, Jah Boogie has passed along the bass duties he formerly held down himself, allowing more time to rock the mic. Once again, dancing shoes are suggested.

Keri Noble
Thursday, October 23
Growing up in Detroit with a father who was a minister in a Hispanic church, Keri Noble was immersed in a multi-cultural life but only peripherally aware of the range of musical styles around her. As a teen she began to become familiar with some of the more urban styles of contemporary music but it was Joni Mitchell's 1971 album Blue that inspired Noble to consider songwriting. With journals full of writing and years of piano lessons, she began to put her own music together. Long story short, she put together a demo, got some opening gigs, moved to Minneapolis, signed with EMI/Manhattan, and released a



debut album, Fearless, to high critical praise. With worldwide interest in the record she toured Europe and Asia. Her latest, 2007's Let Go was released in Japan on the JVC label. As the cliché goes, she actually is big in Japan, with her music being used in a TV show, a feature film, and a TV commercial campaign for Shiseido cosmetics. Signed in the U.S. just this year to the Telarc label, Noble released an EP this summer and will release a full-length CD this winter. Noble is the kind of artist you might want to catch at the Cantina now, while you still can.

I. Michael Koontz Fans!!
River Lights 2nd Bookstore Edition
BOOK SIGNING
Friday, October 17, 2008 5:00 p.m.
Join us Friday evening, October 17th, as we welcome I. Michael Koontz. Mr. Koontz's new novel, A MATTER OF REVENGE will be for sale.


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BUOL ON DUBUQUE notes from the mayor

On September 14, I joined with many of our nation's government leaders at a retreat in Tarrytown, New York funded by the Rockefellers Brothers Fund for the purpose of developing a "Blueprint for Local Climate Action" for the nation's next President and administration.

As a founding member of Climate Communities, the City of Dubuque is proud to be a part of the growing national movement leading our nation to energy independence, a prosperous new economy based on clean energy and green jobs, and preservation of our planet for our children and grandchildren!

During the two-day session, I facilitated a discussion about growing green jobs and stimulating green businesses. In Dubuque we view sustainability as more than environmental responsibility. We understand that local sustainable development is essential for our community to be economically competitive, and that people are looking for jobs and careers that are located where they can experience a "sense of place" – a community that is viable, livable, and most importantly, equitable!

So, how does Dubuque define "green collar jobs?" Simply stated, green collar jobs reduce environmental impacts; and provide a livable wage and future opportunities. They don't just restore the natural environment or transform the built environment…they transform the human environment. Green collar jobs restore people, restore families, restore neighborhoods, and restore communities.

In Dubuque we have identified four key themes critical to an economy based upon green collar job development:

Preservation, Restoration, and Embodied Energy
Smart Energy and Energy Conservation
Waste to Wealth
Green Design

Historic preservation in a is at the heart of a green collar job base. Green collar jobs are created through such things as deconstruction of existing structures which allows for the salvage and reuse of materials, and diverts material from our landfill. Restoration involves the use of skilled trades that provide livable wages. Nearly 60-70% of the cost of restoration is LABOR. Note: In Dubuque, twelve recent restoration projects represented an investment of nearly $24 million!

We must increase the availability of smart energy systems and promote energy conservation in our built environment. Green collar jobs are created through such things as weatherization of existing structures; retrofitting of new technologies into existing homes and businesses; renewable energy projects. In Dubuque, we work on the weatherization of homes for citizens who can least afford increasing energy costs to stay warm or cool.

We also need to remember that waste is not waste, until it is wasted. We need to partner for resource recovery, NOT landfill management. Green collar jobs are created in construction, product repair and reuse, clean energy management and education. The City of Dubuque is in discussion about the creation of an energy park at our landfill that will feature renewable energy and methane recovery.

For the health and food security of the citizens of our community and our nation's economy, we need to have best management practices for the urban landscape and increase the quantity of local gardens and local food production.

All of the retreat participants embraced the obligation and opportunity to join together to offer direction to the most significant issue our societies will face – climate change. And we included in our solution a green economy where green collar jobs are in every facet of our business communities…from construction to manufacturing, from agriculture to technology. Green jobs are renewable systems that strengthen the capacity of cities, serving as a catalyst for a truly sustainable nation.

The "Blueprint for Local Climate Action" will be presented to the next President, his transitional team , and the 111th Congress. The clear message is this…Climate change is the challenge of our generation. What we do or do not do right now will impact America and the world for generations to come. And, important to America's leadership in the world's economy is the creation of new, green collar jobs and business opportunities that will allow our communities to prosper!

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AWAKENINGS BREATH WORK*
SUNDAY, OCTOBER 12
10AM-4PM Cost: $65
A Passion for Happiness: Creating Compassion and Self Acceptance.

THE KITCHEN APOTHECARY*
SATURDAY, OCTOBER 25
10AM-NOON COST: $25
Learn how to use the herbs and foods found in your kitchen to promote health and wellness.

ENERGY MEDICINE & NATURAL HEALING*
SUNDAY, OCTOBER 26
NOON-2PM Cost: $25
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*Preregistration for workshops is required online or by phone.

YOGA & PILATES SCHEDULE

Mon	Tues	Wed	Thurs	Sat
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Carlos Mencia
Allstate Arena Rosemont, IL • Fri., October 31

Joan Jett & the Blackhearts
Cedar Falls, IA Gallagher Bluedorn • October 31

Gwar
Eagles Ballroom, Milwaukee • Fri., October 31

Metallica
i Wireless Center, Moline • November 8

Avenged Sevenfold
Eagles Ballroom, Milwaukee • Wed., Nov. 12

Nine Inch Nails
US Cellular Center, Cedar Rapids • Thurs., Nov. 20

Puddle of Mudd
Five Flages Arena, Dubuque • November 28

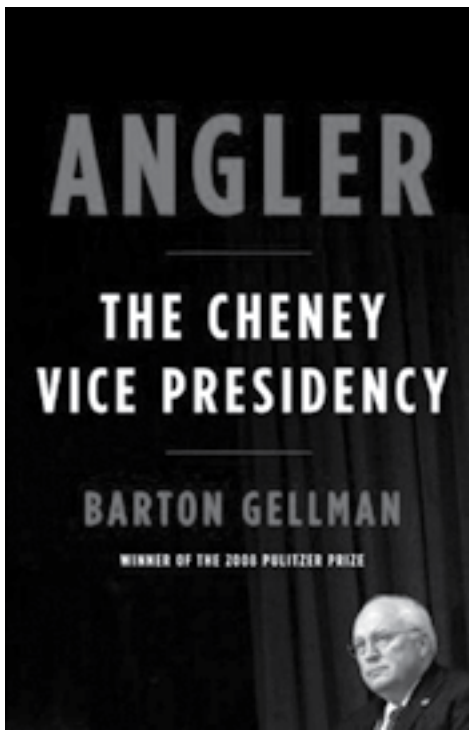
Neil Young
Allstate Arena Rosemont, IL • December 9

Bob's Book Reviews

Powered by River Lights 2nd BOOKSTORE EDITION

Fistfight, anyone?

by Bob Gelms



Angler: The Cheney Vice Presidency, by Barton Gellman, is almost guaranteed to start a fistfight. People who don't like Dick Cheney will find that their worst nightmares aren't as bad as they think and that the things we didn't know about Cheney's activities make their worst nightmares look like a Rainbow Brite movie. The people who like Dick Cheney, a quickly shrinking minority, will find that this book is so well-researched and the attestations so solid that they won't be able to explain it away as a pack of lies invented by the vast left wing, liberal, media elite, commie, un-American, hippie … well … you know.

So we start with Mr. Gellman to establish some bona fides. He is a special projects reporter for the Washington Post. He graduated from Princeton and received a post-graduate degree in politics from Oxford University, which he attended as a Rhodes scholar. Mr. Gellman has twice won or shared the Pulitzer Prize in addition to other honors too numerous to mention. I call attention to these things because his book isn't a puff piece, nor is it a hatchet job. There is very little commentary, pro or con. It reads more like a history book. There are 70 pages of notes and a complete index.

Dick Cheney is the most powerful Vice president in the history of the USA. There is a popular image of Mr. Cheney as a kind of puppet master, a Machiavellian behind-the-scenes manipulator. That image is largely true. That popular image also includes the picture of a man who slowly and steadily usurped the power of the presidency. That part of the image is largely untrue. Mr. Gellman traces how Cheney got to that point with the approval and permission of the president. President Bush comes out of this book as a president more interested in having the office of president and much less interested in doing the job of the president. Of course, that job still had to be done, and so Dick Cheney was charged by the president to manage the day-to-day operation of the vice president's office as well as the presidential office.

Cheney was content to do this in the background. He was very clear about not wanting to run for president when Bush's term was up and that, according to the president, made him the perfect guy to assume control of certain aspects of running the country normally left to the president. Cheney didn't intimidate Bush. However, Dick Cheney did intimidate nearly everyone else in this part of the galaxy. Certainly that was part of his personality, but it was also a technique. He used it to get his way. It made bluffing one's way through a rough patch much easier if your opponent thought you might eat his children. When Bush was elected he was surrounded with people whom Mr. Gellman describes as presidentialists. This is a political philosophy that holds that the president is something near to an elected monarch. Whatever he says is law is indeed law, no matter what the legislative or judicial branches of the government say. The president can decide to break any law and there would be no repercussions. He is, in a strict sense, above the law.

He's not the only president to feel this way. Some of you might remember Richard Nixon saying just about the same thing when he was in the middle of the Watergate scandal. Mr. Gellman methodically details how Cheney and the vice president's counsel, a man named David Addington, set about collecting as much government power as they could gather together and installing it in the executive branch. They did this by ordinary political means, they did this by destroying anyone who got in their way, and they did this by shredding large parts of the Constitution. They used every trick in the book including, but not limited to, lying directly to Congressmen, the Congress, and the American people.

Cheney and Addington were so good at covering up that most investigations ended with everyone in Washington knowing who was responsible for the Valerie Plame leak, the WMD lie, the illegal wiretapping of American citizens by their own government, the excising of habeas corpus from the Constitution, and the catastrophic deregulation of financial markets, but having no concrete proof that the VP or Addington were even in town when all of this went down. When Scooter Libby took the fall for the VP, apparently all roads to Cheney were blocked off. Of course, in return for taking the fall, Libby was pardoned by Bush before he served any time.

Angler: The Cheney Vice Presidency is a mesmerizing portrait of raw political power. It is also a cautionary tale of what can happen in the Land of Old Glory when the citizenry stop paying attention. According to Mr. Gellman, it isn't a political opinion -- but a legal one -- to say that we have now found ourselves with fewer rights than before the Bush / Cheney Administration. It must be said that Bush and Cheney aren't the first members of the Executive to try this sort of thing. The list is long and the reasons that Lincoln, Wilson, and FDR tried might be a little more understandable than the Bush / Cheney reasons but the fact is that if other presidents like Washington, Jefferson and Madison were to come back and take a look at what Cheney, Abbington, and Bush have done to the principles the founding fathers held so dear, they might be organizing another tea party in Boston.

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Ask *Good* Questions

Questions are powerful and guide you in your search for information. In order to coordinate your life, you need to know what other people are feeling and thinking. The answers to your questions open the door to knowledge and understanding. Asking good questions is the basis for effective communication.

Asking questions is very natural; asking good questions takes some work. Many times, poor questions will not help you find what you're looking for. Good question allow you to get a grip on what is going on. Good questions lead to good information and the ability to put the picture together. Most people are not aware of the quality of questions they ask.

The quality of a question can be compared to casting a fishing line into someone's mind. Some questions will bring in small fish; other questions will bring in big fish. Good questions are critical to effective communication and can help you discover solutions and take action. Use the following 4 steps and ask good questions:

1. Think about and identify what kind of information you want to collect.

2. Work on one subject at a time. If you try to gather information about several subjects in one question, you probably won't get useful responses to any of them.

3. Listen. The most important part of a good question is listening. Probably no other aspect of communication is more ignored.

4. Ask follow-up questions. The answer to the first question will give you the basis for follow up questions.

Good questions are indispensable tools in the search for information and understanding. The answers to your good questions help you figure out what others are feeling and thinking. Effective communicators ask good questions.

1% Mattitude Improvement Tip

Compared To What?

I was standing in line behind a man at the convenience store who was grumbling over the outrageous price of a gallon of gas. I'm sure if given the chance, he would have groaned about the economy, politics and who knows what else. As he went on and on, my tolerance grew thin. I interrupted him and asked, "Gas is expensive, compared to what?" In England, they pay at least twice what we pay and if the price of gas bothers you that much, you should walk or ride a bike. If you don't like something, do something to change it. If you're not willing to do something to change it, don't complain. He didn't say another word as he paid for his expensive gas, a bottle of water (isn't water almost free?), and a bag of beef jerky (pound for pound about the most expensive food product on earth). Gas is expensive, "Compared to what?"

CYA - Check Your Attitude! Like it or not, your ATTITUDE determines your success (or lack of). Check Your Attitude daily! To inquire about Mattitude, find Matt at the Chili Cook Off or call 563-773-MATT.

365

LifeStiles

Melanomas, Marriages ... and Manual Labor

I might have I sweated more on a job two weeks ago than I have since I helped bale hay three decades ago during my junior high school years. And on top of that exertion, I was left with a severely sunburned face.

This all happened after I recently began helping Bob Johnson and Sustainable Neighborhood Builders with a major renovation project in Dubuque's Warehouse District. The first phase of Bob's multi-use facility will feature loft condos with mezzanines and rooftop gardens, an Italian restaurant and microbrewery/winery, a salon/spa and courtyard pool, and indoor parking for residents on the basement level.

One of my main duties this past month has been to supervise the many salvage and relocation projects around the block-size structure as we prepare for re-construction to begin later this month.

When one particular project on the rooftop of a three-story section of our building needed oversight two weeks ago, I prepared to spend the day on top of the structure. We were to dismantle a rooftop shed, disconnect 130 feet of steel ductwork and move everything to the southern edge of the building, where we would have an industrial crane lower it to the ground.

Of course, when it came to preparations for a sunny day, I did forget one particular necessity, and that was sunscreen. You see, a pre-cancerous melanoma had been removed from my nose 14 years ago, and ever since then I've had to control the amount of ozone that strikes my face. But on this day I forgot.

That morning I began feeling the heat on my face as soon as "Smoke" and I started taking the shed apart, so I turned away from the sun and stood in the shade as much as possible. As the siding was taken off the shed—located at the edge of the building, directly above the parking lot 45 feet below—I would help carry items to a pile to be scrapped.

"Do you think I should call a crane company and have them be here this afternoon to lower everything?" I asked.

"Nah, this will probably take all week," I was told.

As Smoke (who said he got his nickname after once setting off smoke bombs in a local pool hall) used a socket to loosen the 24 rusty bolts that held 10-foot-long lengths of piping together, I would help by holding a wrench on the nut on the other side. It was tough work (at least for one of us), but everything eventually moved like clockwork. In fact, I told the guys I was working with that I now wanted to schedule a crane for later that afternoon.

"They'll just end up sitting around and waiting, because there's no way we'll have this done today," was the response.

We left a couple bolts between each section of ductwork so nothing would drop and puncture the rubber roofing membrane, and next strategized on how to move the eleven 350-pound sections of tubing across the roof to the edge, where the crane could lower them to the ground. Two other workmen—Jim and Tom—used sections of 2' x 6' lumber to create paths across the soft rubber roofing.

"I think I'll call the crane service now and schedule them to arrive at 3:30," I said around 1:30, but again was met with rolls of eyes.

My cell phone suddenly rang and—between unbolting bolts and wiping sweat off my face and balancing my body against sudden gusts of wind atop a tall building—I answered it.

"You say this is for a story?" asked Alethea's mom when I told her I was working on the 'fourth story' of a building.

We both chuckled.

The workmen used jacks to hold each section of ductwork in place once they were unbolted, and then each section was slowly lowered onto carts to be moved over to the edge of the building.

My wife Mindy called at this point, to see how my day was going, and the workers joked that, "One of your wives is going to get you killed, distracting you while we're doing this!"

Around 2:30 p.m. I finally got the nerve to call for a crane to be delivered in an hour, and—sure enough—exactly one hour later we had just finished moving the next-to-last pipe to the south end of the rooftop and someone from A-1 Crane Service had just arrived. Just in time.

It only took another 45 minutes longer to hook the sections of piping to the crane's ropes and lower them to the ground, and at last our rooftop job was completed. I washed up a little, and then went back downstairs to the office to check the emails that had been accumulating on my laptop all day.

That's when I found my wife had emailed me earlier that afternoon: "Did you realize that today was National-Go-To-Work-Nude Day?" she had asked.

Come to think of it, considering the intensity of the sunburn on my face after a day in the sun, I'm soooooo glad I chose NOT to celebrate THAT holiday!

And I think the guys working with me that day would all agree.

EATING HEALTHY

Four Foods for Lower Cholesterol

Would you like to reduce your cholesterol level with just a few simple diet changes? Not the type of changes where you avoid certain foods, just simple changes where you eat the right foods? Start now by eating more of the following four foods:

Barley: Oatmeal was the first food to be endorsed by the Food & Drug Administration as having the ability to reduce the risk of heart disease. Now another whole grain – barley – has achieved the same distinction. It's not magic – it's simply the soluble fiber in barley and oatmeal which helps lower cholesterol. Other good sources of soluble fiber are apples, oranges, bananas, broccoli, carrots, cabbage, beans and flaxseed.

Avocado: Sure, avocados are high in fat, but it's the right type of heart-healthy fat that boosts HDL (good) cholesterol and lowers LDL (bad) cholesterol. Avocados naturally contain beta-sitosterol, a type of plant sterol that inhibits the absorption of cholesterol and promotes lower blood cholesterol levels. Look for plant sterols added to other products such as Minute Maid® Premium Heart Wise™ orange juice and Nature Valley™ Healthy Heart chewy granola bars.

Walnuts: Nuts are so good for your heart. Almonds and walnuts in particular offer a heart-healthy blend of nutritious oils, cholesterol-removing plant sterols and soluble fiber, plus vitamin E, the combination of which helps reduce cholesterol.

Tuna: Both tuna and salmon are rich in heart-healthy omega-3 oils. This unique fat may help prevent hardening of the arteries as well as prevent blood platelets from clumping together and blocking arteries. Omega-3 fats from fish may also reduce triglycerides.

Need help eating heart-healthy? Many of our Hy-Vee stores offer cholesterol-removing food workshops, heart-healthy tours and cholesterol screenings. Find a calendar of events for your favorite Hy-Vee store by finding a dietitian near you at Hy-VeeHealth.com.

RECIPE

Nutty Granola

Begin your day with a heart-smart breakfast

All you need

5 cups Hy-Vee uncooked old-fashioned oatmeal
1 cup steel-cut oats
1 cup sliced almonds
1/2 cup walnut pieces
1 cup Hy-Vee shredded coconut
1 (6 oz) pkg Hy-Vee dried apricots, chopped
1/2 cup almond oil
1/2 cup Hy-Vee honey
3/4 tsp Hy-Vee cinnamon

All you do

In a large mixing bowl, stir together oatmeal, steel-cut oats, almonds, walnuts, coconut and apricots. Set aside. In a small bowl, stir together almond oil, honey and cinnamon; add to oat mixture and stir well. Place granola in a greased pan and bake at 300 degrees for 1 hour, stirring granola every 10 minutes. Cool and store in sealable sandwich bags. When ready to serve, top with yogurt, fresh fruit or skim milk. Serves 16 (1/2-cup servings).

Nutrition facts: 320 calories, 43g carbs, 14g fat, 7g protein, 5g fiber, 15mg sodium.

More Foods to Help Lower Cholesterol

One of the questions often asked is what foods can a person eat to help lower cholesterol. The good news for many Americans trying to lower their cholesterol is they can do that by simply eating foods they already enjoy eating. Foods like orange juice, chips, bread and yogurt are being fortified with a natural plant extract, called plant sterols, that may help lower cholesterol.

Plant sterols are found naturally in small quantities in many fruits, vegetables, nuts, seeds and some vegetable oils. Because plant sterols are found in small amounts, it is difficult to get enough plant sterols from eating foods to effectively lower cholesterol. Food manufacturers have made it easy for consumers to get the amount needed to lower cholesterol by fortifying a variety of foods and beverages with plant sterols. There are a number of new, delicious foods that contain added plant sterols including Minute Maid Heart Wise orange juice, Promise Activ SuperShots, Nature Valley Heart Health granola bars, Oroweat wholegrain and oat bread, VitaTops muffins, Corazonas chips, Centrum Cardio multi-vitamin, Hain Rice Dream milk and margarines such as Benecol, Take Control and Smart Balance.

More than one hundred and forty published clinical studies have shown plant sterols can lower LDL cholesterol. Plant sterols work by helping block the absorption of cholesterol from the digestive tract. Because plant sterols look like cholesterol, they compete with cholesterol to be absorbed by the intestines, resulting in less cholesterol actually being absorbed and lower blood levels of cholesterol.

The American Heart Association and National Cholesterol Education Program's Adult Treatment Panel III both suggest, for the maximum cholesterol-lowering effect, a daily intake of around two grams per day of plant sterols to help lower LDL cholesterol by six to fifteen percent. To get the maximum benefit, plant sterols should be consumed twice daily with meals or other foods. Individuals should consult their physician or health professional for specific medical advice.

Key Tips for Plant Sterols:

- Foods containing plant sterols should be eaten twice a day with other foods.

- Eat a total of around two grams of plant sterols every day.

- Be consistent and eat foods with plant sterols every day to get the maximum cholesterol-lowering effect.

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Ah, Halloween ... the time of year when it's time to stock up on candy for all the trick-or-treaters (and, of course, to have some leftovers for yourself), to listen to Michael Jackson's Thriller non-stop (I don't care how loony he is now, that's still one of the best albums ever), and, of course, to do whatever possible to freak out your friends and loved ones. Of course, to accomplish that last goal, one need only go to the YMCA Camp. You see, many moons ago, some Dubuque Jaycees had an idea: Embrace the spirit of Halloween ... and scare the everloving bejeezus out of anyone in sight. For more than 20 years, the Dubuque Jaycees have been staging their annual haunts, beginning first downtown, and later moving to the YMCA Camp at 15976 JFK Road in Dubuque ... and they indeed have been scaring the everloving bejeezus out of anyone in sight. They're set to do it again, on October 16 - 18, 23 - 25, 29 (a rain day) and 30.

It's a huge undertaking for the Jaycees, with early setup beginning in August and, once everything is said and done, tear-down and cleanup stretching into November. Every year, the Haunted Forest presents new and exciting surprises to visitors, a function of the Jaycees always having new blood -- no pun intended -- getting involved every year. Each year has unique twists, things changed, things remembered from days past ... and a bunch of veritable community-driven volunteers who, in this particular instance, are driven to do nothing less than scare the everloving daylights out of you.

The evenings at the Haunted Forest begin at 6:30 p.m. with Lite Fright, a tamer version of the tricks and treats planned by Jaycees ghouligans, with admission only $7 for both the child and an adult. It's a less-intense route, and one that's ideal if parents are concerned about how their children might handle the Haunted Forest and its frights. And then after the Lite Fright lines have emptied out ... oh, boy. Then the real fun begins. The Dubuque Jaycees are a collection of some ... interesting individuals. You'll understand after traveling through the Forest.

And don't forget about October 30, the final night of the Haunted Forest, also known as Super Freak Night, an evening where the Jaycees go all-out, go nuts and pull out all the stops in order to go out with a bang.

Admission to the Haunted Forest is $7 per person, and it all goes back into the community. After expenses are paid, proceeds go to the Y Camp as well as the Jaycees' Toys for Kids program. Additional funds go towards the annual Dubuque Jaycees / Radio Dubuque Fireworks & Air Show. So you can rest assured that when you're paying your Haunted Forest admission, it's going to a good cause.

In the event of rainouts or cancellations, all Radio Dubuque stations will carry the announcements. Haunted Forest runs until roughly 10 p.m., depending on crowd size. Arrive early, and even though you might get scared ... don't leave your shoes behind!

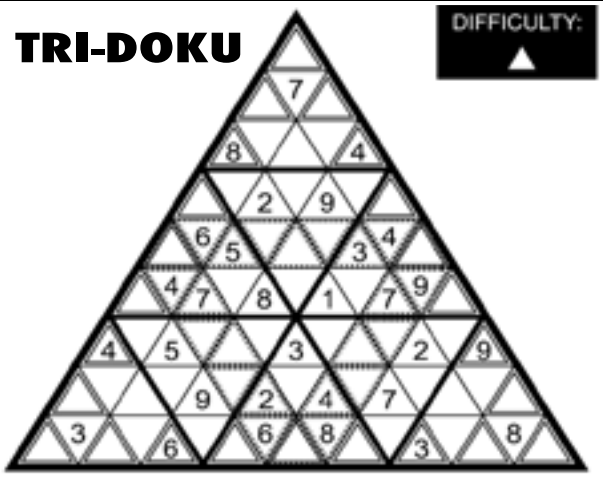
WELCOME TO OUR ALL NEW TIME-KILLING 365 PUZZLE PAGE

SUDOKU

5			9				6	
	9			1		8		
		3			5		4	1
	8			7			3	
9	6		4			5		
		7			8			2
		2		3			5	
3	7		1			2		
1				8	6			4

TRI-DOKU

DIFFICULTY: ▲



1. The numbers 1-9 must be placed in each of the NINE LARGE triangles.
2. The numbers 1-9 must be placed in the three legs of the OUTERMOST triangle.
3. The numbers 1-9 must be placed in the three legs of the INVERTED INNER triangle.
4. No two neighboring (touching) cells may contain the same number.

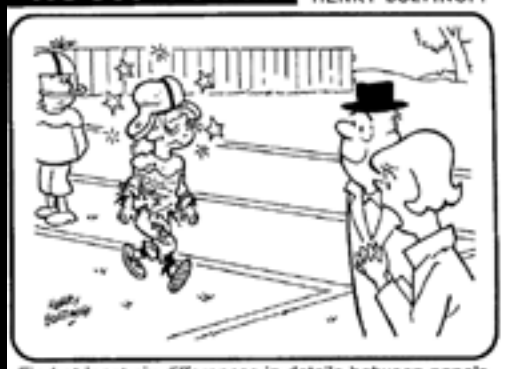
Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

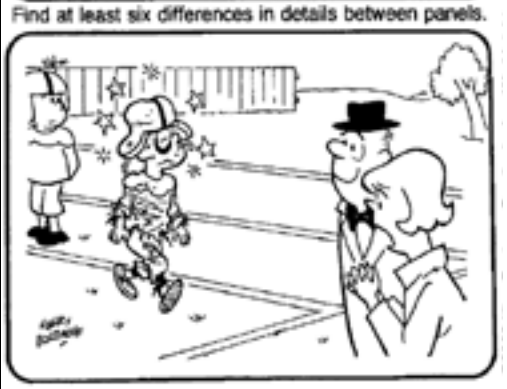
1. Loose coins	_	_	_	_	G	_	Take a risk	_	_	_	_	C	_
2. Flatten	C	_	_	_	_		Painter's tool	B	_	_	_	_	
3. Eye movement	_	_	I	_	_		Empty	_	_	A	_	_	
4. Youngster	_	_	_	_	D		Peru's neighbor	_	_	_	_	E	
5. Switch gears	_	_	I	_	_		Elevator column	_	_	A	_	_	
6. Mr. Munster	H	_	_	_	_	_	From Deutschland	G	_	_	_	_	_
7. Inexpensive	_	_	_	_	P		Deceive	_	_	_	_	T	
8. Well-dressed	_	A	_	_	_	_	Ladle	_	I	_	_	_	_
9. Confess	_	_	P	_	_	_	Take exception to	_	_	S	_	_	_
10. Crunchy	_	_	_	S	_		Crease	_	_	_	M	_	

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Shoes are black. 2. Man has a bowtie. 3. Tree is moved. 4. Face guard is missing. 5. Boy has black eye. 6. Fence is shorter.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: D equals R

L W R D M N R T D R G R D R R I
K R J S Q G M J W L M Q J
D X L W N R I I N Z K R Y S X I R
L W R Z W S T S I Y C D R
L C I R L L N R .

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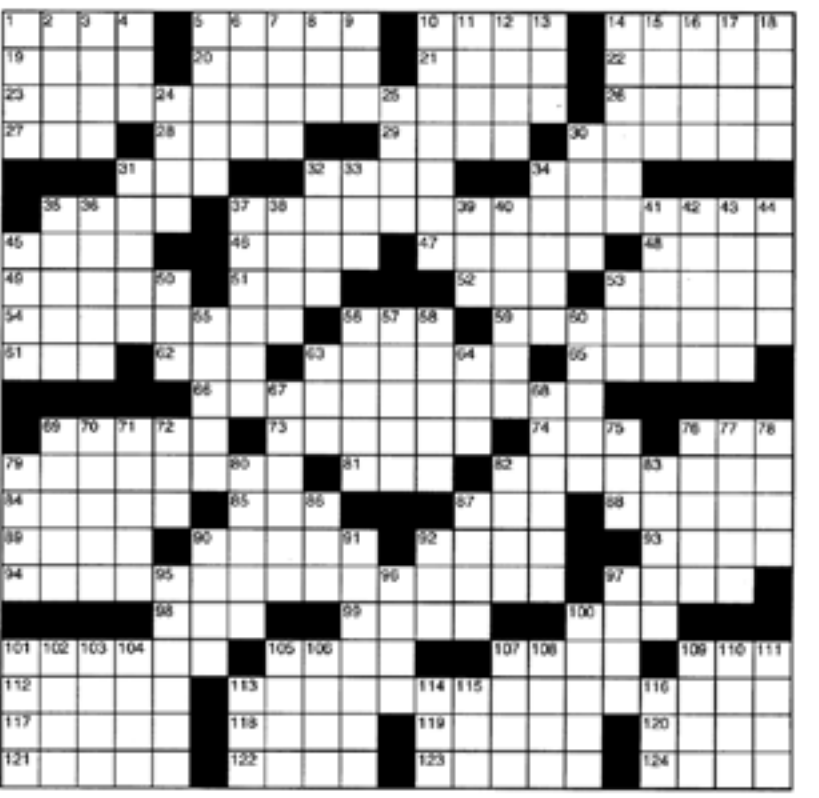
Super Crossword

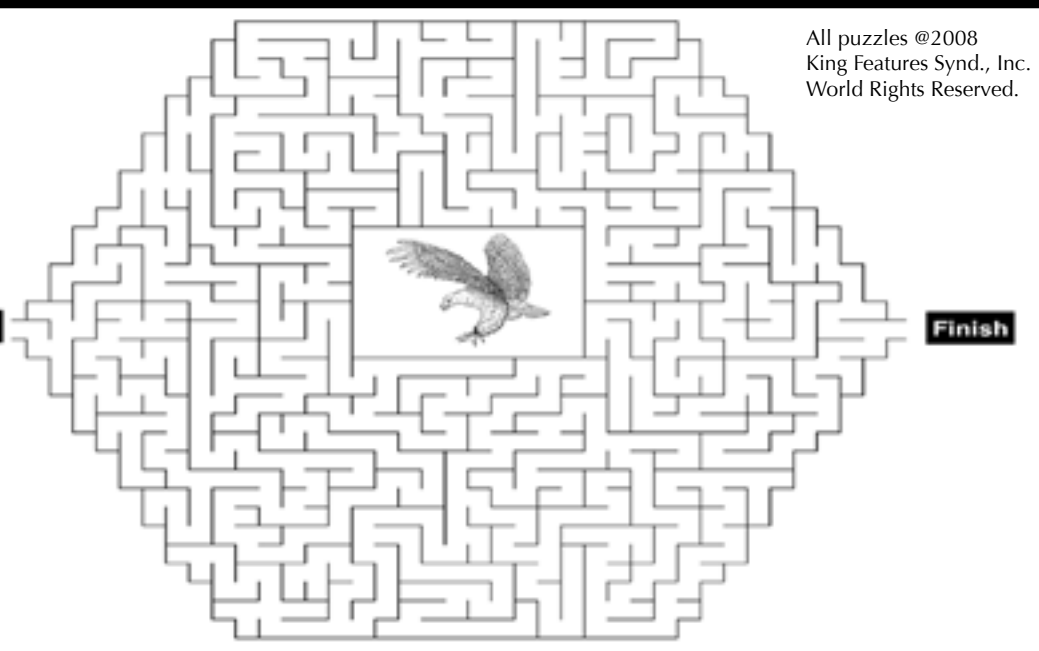
SELF-POSSESSED

ACROSS
1 Myron Floren's boss
5 Malcolm- — Warner
10 Priam's kingdom
14 Daddy duck
19 Adams or Sedgwick
20 Napoleon's fate
21 Something to skip?
22 De Valera of Ireland
23 Start of a remark by Dan Post
26 Rectify
27 Sprinted
28 Part of a suit
29 Pastoral poem
30 Sherbet flavor
31 Norm
32 Rib —
34 One of "Them!"
35 Dirty
37 Part 2 of remark
45 Colleague of Dolly and Loretta
46 Mature
47 Peachy-keen
48 Plumb crazy
49 "Maria —" ('41 song)
51 College growth
52 Before, to Byron
53 Mendicant monk
54 Utter
56 See 90 Across
59 Dispute
61 Pigment
62 Hibachi residue
63 Oaf
65 "Love — the Ruins" ('75 film)
66 Part 3 of remark
69 "I Got a Name" singer
73 Add info
74 Mil. group
76 Genesis vessel
79 "Little —" ('64 hit)
81 "Be my guest!"
82 God with a trident
84 Storms
85 — Dish Diem
87 Paw part
88 Jergens or Astaire
89 Field of knowledge
90 With 56 Across, common appetizer
92 Chimney part
93 Duel tool
94 Part 4 of remark
97 Domino or Waller
98 Herriot title start
99 "Excuse me"
100 Western st.
101 Mugabe of Zimbabwe
105 Whetstone
107 Out of control
109 She's a sheep date
112 Venerate
113 End of remark
117 "The Kiss" sculptor
118 One of the Waughs
119 "East of Eden" director
120 Imminent
121 Upright
122 Michael of "Cabaret"
123 Unkempt
124 "Vissi d'—" ("Tosca" aria)

DOWN
1 Sport
2 O'Brien or Skinner
3 Mortgage, e.g.
4 Beer barrel
5 Baseball's Derek
6 Shaft
7 Freshen a fuchsia
8 Cover girl Carol
9 Kapaa keepsake
10 Auto transaction
11 Actress Schneider
12 Fall birthstone
13 Craving
14 Lack
15 "— Lama Ding Dong" ('61 tune)
16 Prayer finale
17 Hong —
18 "The NeverEnding Story" author
24 — Office
25 Regret audibly
30 In the know
31 Nero's instrument
32 Duplicate
33 Savored the seitan
34 Fall flower
35 David of "Dark Shadows"
36 Too tubby
37 Twist and turn
38 Bee flat?
39 Born
40 You'll get a kick out of it
41 Texas landmark
42 Symbol
43 Buttercream, e.g.
44 Laramie or Sumter
45 Devour Dostoevsky
50 — carte
53 "Fee, Fi, Fo, — . . ."
55 Leading man?
56 Container
57 Arm bones
58 Annie of "Designing Women"
60 Jets and Sharks
63 Opening
64 UK honor
67 Delayed
68 Worn down
69 Cugat consort
70 Mississippi or Missouri
71 New York city
72 Bk. offerings
75 It's in the bag
76 Skilled
77 Romeo and Juliet
78 Banjo locale
79 Grouch
80 Register
82 Hogan or Hindemith
83 Perfect
86 Word with baby or snake
87 Homer's fruit
90 Sensed
91 New Jersey town
92 Adversary
95 One who no's best?
96 "What a relief!"
97 Charlatan
100 Uncool
101 Hard to find
102 Miasma
103 Portend
104 Rohmer or Carmen
105 Sign of sanctity
106 "Glad All —" ('64 hit)
107 Carpenter's tool
108 Knight's quaff
109 Kind of pitcher
110 "Huh?"
111 Bronte heroine
113 Horse hash
114 Endorses
115 Duncan's denial
116 "Jurassic Park" stuff



MEGA MAZE



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ANSWERS TO ALL PUZZLES ARE ON THE NEXT PAGE - THAT'S RIGHT, NO WAITING ... YOU BIG CHEATER!

TRIXIE KITSCH
BAD ADVICE FOR THE STUPID

Warning: Taking Trixie's advice seriously is a sure sign that you need some actual counseling. Find a real doctor for that. This is an entertainment magazine, folks.

Dear Trixie:
I am a 30-year-old-mother who has a 4-year-old son. My husband earns a good living so I can be a stay-at-home mother. I am going out of my mind. All day long that kid asks questions! Why is the sky up in the air? How long is it til tomorrow? Where is the sun at night? Why can't I have a cookie? I am going out of my mind! How did our mothers do it? My mom had 7 kids! Help!
--Crazy Mommy

Dear Crazy Mommy:
My mother pushed us out the door as soon as we could walk and told us not to come home until the street lights came on. Then she locked the door and ate a handful of Seconals.

Dear Trixie:
I live out in the country and have 100 acres of woodlands at the back of my home. Last year I spotted a small red fox limping. I looked closer and noticed that he was missing a back leg. I'm sure it's from a trap, so I posted "no trespassing" and "no hunting" signs at the edge of my property. But today I saw the same little fox missing part of his front leg! I know some man putthat trap there, and I guess I don't understand what makes a man want to wound
or maim innocent creatures. What should I do?
--Peaceful Animal Lover

Dear Animal Lover:
Do they make traps big enough for men? I'm not exactly sure why men are sostupid and cruel. I think it's some uncontrollable testosterone thing and there's nothing we can do about that. So try to look on the bright side: now the little fox's chances of not stepping in another trap are 50% better.

Dear Trixie:
My husband cheats on me and every time I go somewhere people start pointing and whispering. I just know it has to do with that two-timing pig! Is there some kind of hypnotism that can erase his behavior from my brain? Is there some way to make me forget about all this pain?
--I Still Love Him

Dear Love Him:
Have you tried drinking large amounts of alcohol? It won't make you forget what he's done but it will make you not care. I recommend Hawkeye vodka. It's strong and surprisingly inexpensive. Get a case.

Dear Trixie:
I'm on unemployment and no longer have cable TV. The day just drags by. I have nothing to do and nobody to do it with. If I had friends I'd go to their house and hang out but people just don't seem to like me. What can I do for fun that don't cost much? I'll do anything to keep from being bored. Got any ideas?
--Randy On Roosevelt

Dear Randy: When I'm bored I like to freak out the cashiers at Wal-Mart. I buy an absurd assortment of items say, a gerbil, a jar of mayonnaise and a potato masher. Smile wickedly and whisper, "Delicious."

Dr. Skrap's completely useless HOROSCOPES

ARIES Marital bliss may prove to be not so blissful after you realize that a ring will not stop your significant other from sleeping with three fans on in the dead of winter or working long hours. This is why the concept of withholding sex was invented.

TAURUS This week you'll see many people watching tv through the slits in the fingers covering their eyes. Some are nervously watching the Cubs play in the playoffs. A few are in Halloween mode and watching scary movies. But most are Republicans watching video of the Vice Presidential debate.

GEMINI Randomly walking into a restaurant clad only in a bedsheet, bellowing that Brutus was a harlot and a deceiver and that he must pay for his crimes, is not the best way to meet potential mates. Great way to make sure all eyes are on you, though.

CANCER The stock market meltdown would have you in tears had you not invested your life savings in Sham-Wow stock. Who's laughing now? Are you following me, camera guy?

LEO While a devotion to red meat may show all how awesome you are, there may be such a thing as too much red meat. If the steak actually moos when you cut into it, it's time to throw it back on the grill, or greet salmonella with open arms.

VIRGO Your tyrannical, megalomaniacal personality may wind up driving everyone away from you soon. It's time to stop emulating Bobby Knight, and instead model yourself after Grand Moff Tarkin. Everyone respected Peter Cushing, and they'll respect you.

LIBRA You lack a killer instinct. Start asserting yourself by banning random things in your workplace. For example, tell your co-worker that Chinese take-out for lunch 5 days a week is unacceptable. Just be prepared for combat.

SCORPIO Trying to meet new people? Admirable. Breaking the ice by telling those new people that you own several world records in Guitar Hero? Gutsy, yes, but that's not admiration, anymore. That's fear.

SAGITTARIUS Reading this issue of 365ink is going to cause you a fatal case of papercuts. Sorry. The Doctor didn't know. He swears.

CAPRICORN Your lifelong problem with long-term commitment may finally pay off. A position just opened up on the Oakland Raiders coaching staff. You should be out of there in less than two season. If not, go for a 75-yard field goal into the wind.

AQUARIUS Your spouse never lets you have the toys you've been hoping for. Try confusion. For example, it's not a espresso machine, it's a sterilizing potable water unit. Girls, say it's a health maintenance device. Guys, say it's part of the furnace.

PISCES You know it's October when sequestered Vice-Presidential candidate Sarah Palin is joined in a secret undisclosed location by Steve Bartman. With both safely put away, bet on the Cubs to go all the way. You can also bet on the McCain Palin ticket, but you might not want to bet anything of real value.

PUZZLE ANSWERS from page 27

Sudoku

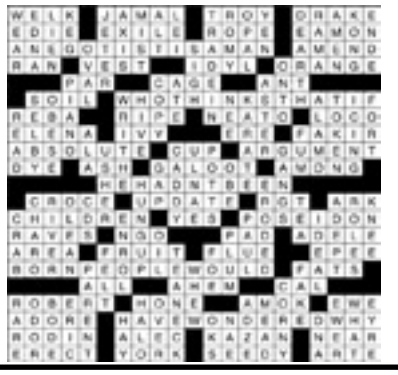
5	1	8	9	4	2	7	6	3
6	9	4	3	1	7	8	2	5
7	2	3	8	6	5	9	4	1
2	8	5	6	7	1	4	3	9
9	6	1	4	2	3	5	8	7
4	3	7	5	9	8	6	1	2
8	4	2	7	3	9	1	5	6
3	7	6	1	5	4	2	9	8
1	5	9	2	8	6	3	7	4

Tri-Doku

Cryptoquip

The riled referees began fighting ruthlessly because they had a score to settle.

Crossword



Even Exchange

1. Change, Chance
2. Crush, Brush
3. Blink, Blank
4. Child, Chile
5. Shift, Shaft
6. Herman, German
7. Cheap, Cheat
8. Dapper, Dipper
9. Repent, Resent
10. Crisp, Crimp

Mega Maze

365 POP QUIZ?

THE ANSWERS Questions on Page 6

1. B, Sweeney Todd was written by Stephen Sondheim.

2. C, Norm Macdonald has not done impressions of Tommy Lee Jones.

3. D, 365 was conceived during a roundtable discussion at 180 Main.

4. This is the 15th year of the Chili Cook-Off.

5. D, Arp of the Covenant was the first band to play down at Isabella's.

6. Tricksy us! 365 has produced all of those Web sites ... and a whole lot more!

7. The very first cover of 365ink featured the story "New Life on Old Main."

8. B, Bryce drinks Diet Sunkist Orange.

9. A, William Intriligator is in his 9thn year at the Symphony.

10. The dancing chicken (dotting the "i" on the cover of this issue) was our very first Photo of the Day.

8 Years of 365

Continued from Page 4.

have relocated from across the country or just across the bridge."

Diamond Jo Casino General Manager Todd Moyer also feels pretty strongly about 365's place in Dubuque. "365 is great for this community and businesses like ours," he says. "Our customers love the magazine and pick them up by the hundreds. Our employees love it and out-of-town recruits find the Web site a perfect window into all this area has to offer. It allows us to reach a demographic that are very much our kind of people: FUN. I came here from two big entertainment cities and they have nothing like this. We've very lucky."

What can you do to help?

Let's get right to the point.

First thing you can do: Join 365 and post your events and articles on the site for others to share and learn from.

365 is more than a magazine or website. 365 is a collective mission of hundreds of 365 partners, sponsors, writers, artists, community leaders and the 365 staff. A belief that creating a competitive advantage for our community takes everyday effort, 365 days a year. A promise that if you choose to grow here with us then we will be there for you.

"Our involvement with PlattevilleLife.com as the first connection of the 365 Regional Network, has now entered into its third year and we couldn't be more pleased," says Kathy Kopp, President of the Platteville Area Chamber of Commerce."We are more excited than ever to be part of the newly expanded regional website, TriState365.com. I also speak for Platteville's Convention and Visitors Bureau and I can definitely say that this regional Web site portal is invaluable in promoting what makes this area a great place to live, work and play. When you add the print publication of 365ink magazine to this mix, we have a great additional way to reach an even larger audience for our events."

Second thing you can do: Help us spread the word

As we have from day one, in return for the community helping us grow by printing and hanging posters form our site, emailing friends cool articles and events and just talking us up around town we promise to keep 365 free and fun and to share our resources with everyone who needs them. How will we keep that promise? One example is working with Nancy Van Milligen, the President and CEO of the Community Foundation of Greater Dubuque, on the creation of a 365 Donor Advised Fund at the Foundation. This fund will help 365 and our partners target and promote community development and promotion initiatives in each city. If you ever get the opportunity to work with Nancy and the CFGD you will learn quickly, as we at 365 did, that thinking big becomes a habit.

"Working with our neighboring communities, large and small, it is so clear how much we depend on each other and how we all share workers and volunteers, family and friends," says Van Milligen. "I see great things happening when we work together across city, county and state lines as we all strive to grow. The Community Foundation of Greater Dubuque currently works in four counties and is beginning to work with our friends in Illinois and Wisconsin. It's great that 365 shares Alliant's vision of connecting these regional communities. We are excited about setting up the 365 Regional Network Fund at the Foundation to provide future resources to every Tri-State community."

Van Milligen adds, "The Foundation and 365 are working on another big project for 2009 that will further the mission of our McCarthy Center for Non-Profits, but we'll save that story for later."

Third thing you can do: Sponsor 365.

We have matching grants but we need to put some emphasis on the "matching" part. We keep 365 free because we don't own 365 -- we just take care if it. You own it. Our software company makes money, but to be blunt: 365 and 365ink lose all kinds of money, but we do it anyway. Now we have a chance to not only make it break even, we can even make it sustainable and a permanent part of life in the Tri-States. Anyone in the Tri-States can log onto the Web site of their respective community, register an account, and share their story with the entire region -- and beyond. We've had people from places like the Quad Cities, Chicago and southeastern Iowa signing up for accounts and browsing the sites on the Tri-State365 network. Without even knowing it, it turns out, we're enabling people to tell stories to a wider audience than we originally thought!

Thankfully, in all of this ambitious planning, we're not alone. In addition to our many advertisers, Alliant Energy and TRICOR Insurance have both stepped up as backers of this new Tri-State Initiative. Both companies have invested $15,000 per year, each, to sponsor the Tri-State Regional Network. They too see the importance of expanding the reach of Tri-State residents' storytelling abilities.

"Alliant Energy has a mission of connecting and serving the communities of our region," says Diane Ramsey, Alliant's Director of Economic Development. "We needed to be part of the solution to enhancing the economic development growth in our region and TriState365.com along with 365ink Magazine provides us the storytelling tools we need to make that happen. As a primary sponsor of the 365 Regional Network we proudly support and share this mission."

At 365 we think this is all pretty cool but we want to do even more. By sponsoring a hobby or sports category on Tri-State 365, or even buying an ad on the 365 site or in 365ink Magazine, you are giving us even more tools to create growth in the region and beyond.

So while this issue marks 365's 8th year of promoting and investing in the Tri-States, we can do even more with your help. After 8 years, we are finally in a place to do something transformative. Something BIG. Come with us and join 365. It's easy, it's free and it's yours. Help us make a difference in your life and in ours.

Thanks for a great 8 years. Just think how big the next anniversaries are going to be.

And for a trip down Memory Lane, hit up the Wayback Machine at www.archive.org, and punch in Dubuque365.com. There, you can see all the previous design iterations of a Web site that began as the dream of a group of guys gathered around a table in the basement of 180 Main. If we've come this far in 8 years, there's no telling what 365 and the rest of the Tri-State region can pull off next.

Main Live On
At The Bricktown Brewery

John Fox
Wednesday, October 8, 9 p.m., Bricktown Entertainment Complex
John takes audiences to places they never thought they'd be. From a pornographic 3D movie to the perils of being a parent and then having a part time job at Disneyland portraying Goofy. Playboy Magazine said, "He gets more mileage out of his face than any comic we've ever seen!" Variety described his appeal as, "He's sort of like the wacked out, weirded, next door neighbor who drops by to borrow a beer and you can't get rid of him type. Everyone has a friend like this. You just can't help liking him."

Joel Lindley
Wednesday, October 15, 9 p.m., Bricktown Entertainment Complex
Joel Lindley has been making people laugh for over ten years. Across the country, audiences have roared at his combination of clever jokes and original characters. Famous as the voice of Trucker Clock, El Conquistador, and The Bouncer Guy. Joel has been a regular guest on The Bob and Tom Show. His CD Checklehead has been in stores since May 2000. You may have also seen him on Comedy Central and Conan O'Brien.

NORM MACDONALD ON OCT. 22!

Jaycees Event Calendar

October 3-5 State Convention
Our very own Mark Welbes will be running for 2009 Iowa Jaycees President! See Amanda Brewer for more details regarding the convention.

October 4 - Chili Trot 6 - 10 am
Help is needed for the first ever Chili-Trot race event. Mostly handing out water bottles, t-shirts, helping out with registration, and packing up. Join us at A.Y. McDonald Park at 6 a.m. and we'll be done by 10 a.m. to head over to the Chili Cook-Off.

October 4- Chili Cook-Off
This is our final beer pouring event of the season. Bring your friends and family down for a great time in Cable Car Square. This is a very relaxed event that the Jaycees look forward to every year! Mmmm Chili! see Beth McGorry for more info.

Every Saturday Morning in October!
Haunted Forest- Our biggest project (in terms of hours needed) is still the Haunted Forest. Believe it or not we are only 18 days away and have only two working weekends to get it built. We meet at 9:00 am and generally work until 1:00. Join us at the Y-Camp on JFK Road it you have time to pitch in. New and prospective members are welcome. Haunted Forest runs October 16-18, 23-25, 29 (rain day) and 30th (Super Freak Night).

www.DubuqueJaycees.org

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NOW
ENROLLING!

GARY OLSEN'S
HIGHER EDUCATION

"You are my daughter, I love you, and here's the irony: You are destroying all that I've fought for as a feminist."

FUNNYNESS WE FOUND ON THE INTERWEB

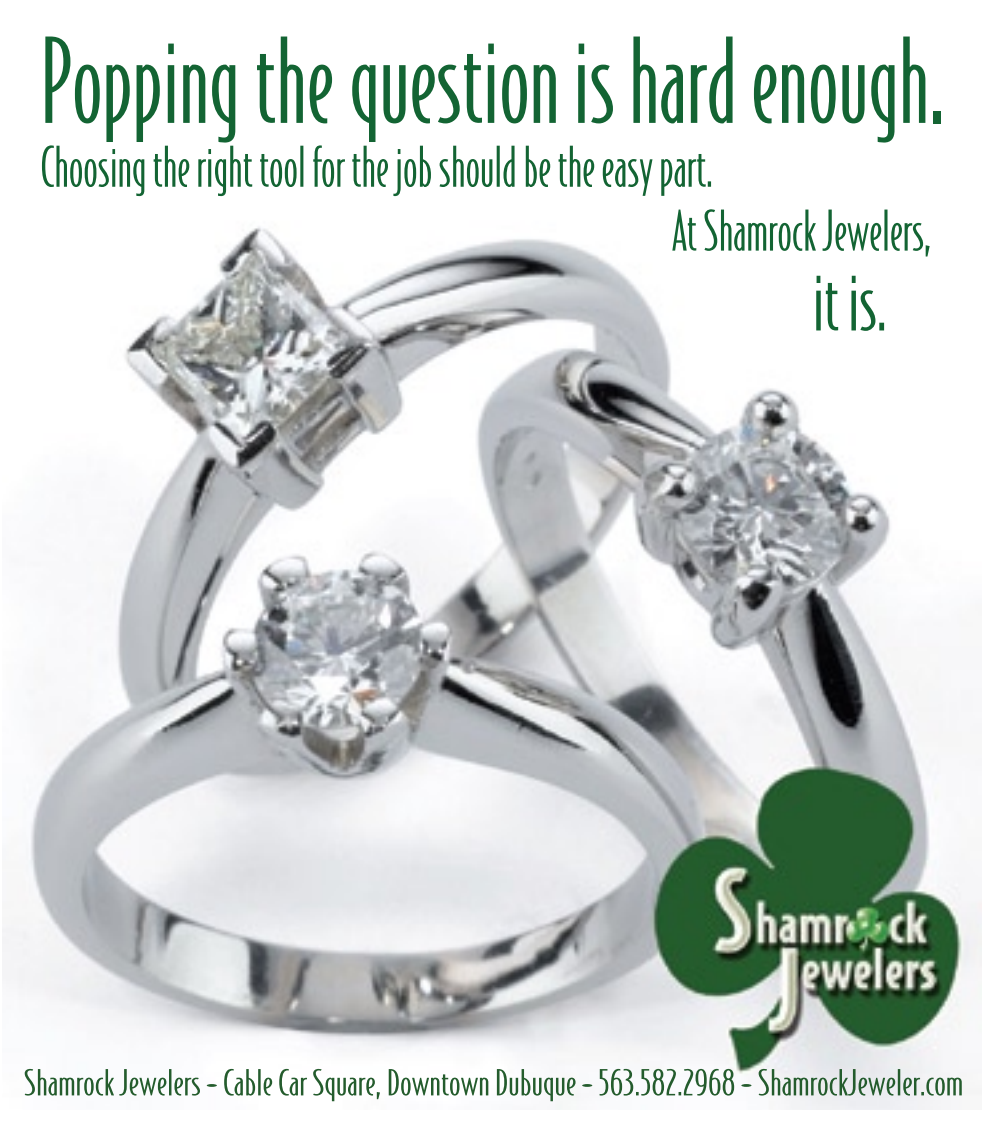
Festival season might be over, but that does not mean there are not great opportunities to hear live music in the Tri-States. In fact the guys at Road Crew Entertainment have put together a live music event with a line-up of bands that lives up to the name of the occasion: Rocktoberfest. Scheduled for Saturday, October 18, at the Voices Warehouse Gallery at 1000 Jackson Street, Rocktoberfest will feature six local bands throughout the day with guitar slinger Pistol Pete taking the stage in the evening. A portion of the proceeds from the event will go to the Autism Conference hosted at the Grand River Center in November by Mercy Medical Center and Medical Associates.

Rocktoberfest starts at noon on with Skyline Shock, an up-and-coming trio of sixteen-year-old musicians from Hempstead High School who have already recorded their first CD. Next up will be the newly reformed L.O.C. (Left Of Center) with a fresh lineup that includes a new vocalist, drummer, and second lead guitarist. 365 was lucky enough to catch an early rehearsal by the new L.O.C. and these guys are about to kick the local scene in the butt. Don't say we didn't warn you.

The afternoon continues with the blazing guitar of the Roger Cruise Band, followed by one of the area's busiest local indie rock bands, the psychedelic-tinged BlackBloom. Hard rockers Jabberbox and Johnny Trash round out the list, heating up the stage in anticipation of the headliner Pistol Pete who will play two sets beginning at approximately 9 p.m.

A champion guitar slinger, Pistol Pete has been described as a fusion of B.B. King and Jimi Hendrix. In fact, the Chicago-based musician won the Midwest division of a Jimi Hendrix Electric Guitar competition giving him the opportunity to meet Jimi's father, Al Hendrix. Pistol Pete has opened for a number of rock and blues legends including Cheap Trick, Foreigner, Foghat, Traffic, Slash, Buddy Miles, Otis Rush, Koko Tayler and Buddy Guy, just to name a few. Pete was a finalist in the Albert King International Blues Competition, and has also appeared on Show Time at the Apollo. He's performed all over the United States, as well as in Canada, Europe, and Japan.

Admission price for the entire day is just $5 before 5 p.m. or $10 afterward – definitely a deal worth showing up early. Food including bratwurst, hotdogs, popcorn, pop, and water will be available. For more information, call Road Crew Entertainment at 563-599-9083.



Thanks a Hooley!

The fourth Annual Irish Hooley was once again a rousing success thanks to our sponsors and the great lovers of Irish heritage across the tri-states who joined us in huge numbers to enjoy a great day of music and fun at the Star Brewery.

Proceeds of the event benefit Hospice of Dubuque, the Claddagh Irish Dancers and the Dubuqueland Irish Association.

This year a check was presented to Hospice of Dubuque in the amount of **$12,500!**

Now that's a reason to Hooley!

Thank You to our major sponsors:

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AN Irish Hooley

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