

# 365ink

MAGAZINE



DECEMBER 27, 2018–JANUARY 9, 2019 ISSUE #333 DUBUQUE365.COM FREE!



## SATURDAY, JANUARY 5 FIVE FLAGS CENTER

### IN THIS ISSUE...

365INK IMPACT AWARDS

STYLE ME  
TRANSFORMATION

PICTURE YOURSELF  
IN THE TRI-STATES

THE TRI-STATE'S FREE ENTERTAINMENT GUIDE





# “We can help stop HIV stigma one story at a time.”

I wasn't sure what to expect when I shared my story about living with HIV on social media. The outpouring of support has been amazing.

**LET'S STOP HIV TOGETHER**

Let's stop HIV stigma together. Learn how at [cdc.gov/together](http://cdc.gov/together)

 /ActAgainstAIDS
  /ActAgainstAIDS
  @TalkHIV

365INK MAGAZINE  
432 BLUFF ST, DUBUQUE, IA 52001 • DUBUQUE365.COM • 563-588-4365

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ALL BACON SERVED SEMI-CRISPY.



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## RETRO REWIND

CHECK OUT VINTAGE CYCLES, CARS, AND GUITARS ON JANUARY 5 AT THE FIVE FLAGS CENTER

PHOTO: SCHLEUNING PHOTOGRAPHY

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### WHERE'S WANDO?



WE'VE HIDDEN WANDO SOMEWHERE IN THIS ISSUE OF 365INK. CAN YOU FIND HIM?

I will never again disparage the glorious, magical gift to life, the bountiful resonance, the joy-bringing, earth-moving triumph... that is a fart.

Maybe I should contextualize this?

So, if you've been following along from the last issue of *365ink*, you know that I was told I have a large cancerous tumor on my right kidney and I would need to have it removed. So last week, I went to the Mayo Clinic in Rochester, MN, and I did just that.

They called it a Radical Open Nephrectomy. It's called this, I assume, because it was the scariest name they could find in the medical book. A nephrectomy is the removal of a kidney. Open, well, that's because they open you up down the middle from sternum to belly button (past it actually). And Radical, apparently, because they named it in the early '80s and Bitchin' Open Nephrectomy was already taken as a song title by the Dead Milkmen.

The surgery took place on a Tuesday afternoon and after them putting a big anesthesia seal over my face, the next thing I remember was waking up in my room with a doctor talking to me and shortly after that, the smile of my beautiful wife looking down at me. (I'm sure I was a pasty-white awful-looking mess.) It was an extra beautiful smile, because the last time I saw her face it was as they were rolling me away for surgery. And, despite the fact that the look on her face at that moment told me everything I'll ever need to know about how much she loves me, it's a look I never need to see again. And my mom was crying behind her, so yeah, I cried a bit for the first time. I would cry a little three times during this adventure.

My first two days in recovery were a painful, uncomfortable, tortured existence. I had great care and wonderful support all around me. Not only were my awesome wife, Christy, and Mom, Fran, by my side all the time, but Christy's parents came down from Minneapolis and stayed much of the time with us as well. I thank them for being here for Christy and Mom and making the time pass more easily and even making my worst times go faster by giving my mind things to focus on when sleep was not an option.

I had woken up, but I also had bowels that went to sleep and had not woken up yet. This is by design. The nasty stuff that puts you to sleep for surgery keeps parts of you asleep long after the rest of you wakes up. It can take hours or days for all of you to come around. Naturally, my body took its sweet time. They make you get up and walk around and sit in a chair the morning after surgery. There is nothing natural about making your body do this. But it's the very thing that gets your body working again to wake it up. So you do it... six times a day. Ugh.

You can't eat food. If your intestines are blocked and you put more food in, you could vomit and I promise you, that would NOT feel good right now. But by Friday morning at 5:15 a.m., without a moment of sleep that night, I thought maybe I would just prefer to die than endure another minute of the gas pains. It builds up and goes nowhere. The surgical pain was nothing compared to the gas pain. And the two together were off the charts. My night nurse, at my very lowest moment of pain and misery, got my ass out of bed and took me for a walk. Tough love wins out. I came back from the walk and sat on the toilet like I had so many times before and,



at 5:30 a.m., I farted. I farted like three times in a row. And it was absolutely, life-alteringly glorious. It was the second time I cried a little.

From 5:30 to 10 a.m., I went from death's doorstep to a human sitting in a chair eating a scrambled egg. It was amazing the change it made. And it's not just me. It would seem that poops and farts are relished and celebrated up and down the halls of hospital surgical recovery units. The super fun lady who cleaned my room each day had special bells she rang for just such occasions. Having never spoken to her before, I passed by her on a hall walk and she smiled and said, "You're doing great." And I offered, "Yeah, I had an amazing fart." And she said, "I have bells for that!" Sure enough she did.

A nurse named Mary was the daytime nurse the first two awful days in recovery and was great to us. I wish she could have seen me come around to myself, but I know she's probably happy, if a bit shocked, to come in and see I was good enough to leave before she had another shift. No wise person would have ever taken a bet at 5 a.m. Friday that I would be in my own bed by 8 p.m. Friday, but it happened, against all odds.

The car ride home was no peach, I assure you. Half out-of-sorts in my head and in plenty of surgical and recurring gas pain, we took the twists and turns of Highway 52 for over 3 hours, reclined back in the passenger seat of my wife's car. I could recognize where we were in the trip by the feel of turns and stops along the way. If only those people at the KwikStar in Decorah, IA could have known what had just happened to the pasty guy who ghosted past them into the bathroom halfway home for another magical movement. But I made it home.

I laid down in my own bed, with my own pillows. I had returned to my nest and the simply massive overriding sense of relief that washed over my body was indescribable. I had kept a pretty brave face through all of this in front of other people, including my wife. But at this moment it was hard to conceive that it was over, such as it was. My wife leaned over me to tuck me in and saw that I was crying a bit, the third time, and got concerned, asking what was wrong. I couldn't talk for a few seconds, and finally just whispered, "We did it." She said, "You did it." But no, this was all us.

And now, I heal. Oh, and by the way, I don't have cancer any more. So a very Happy New Year to you all! May it be full of joy, prosperity, and life-affirming farts! ■

## MISSISSIPPI MOON BAR

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**WHEELHOUSE  
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DECEMBER 29  
**ONE**

Tribute to Metallica,  
with special guest Ratchet Jaw

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DECEMBER 30  
**ROLLING THUNDER**

The music of AC/DC with Hack Sabbath,  
an Ozzy Osbourne Experience

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JANUARY 4  
**LIVE BAND KARAOKE**

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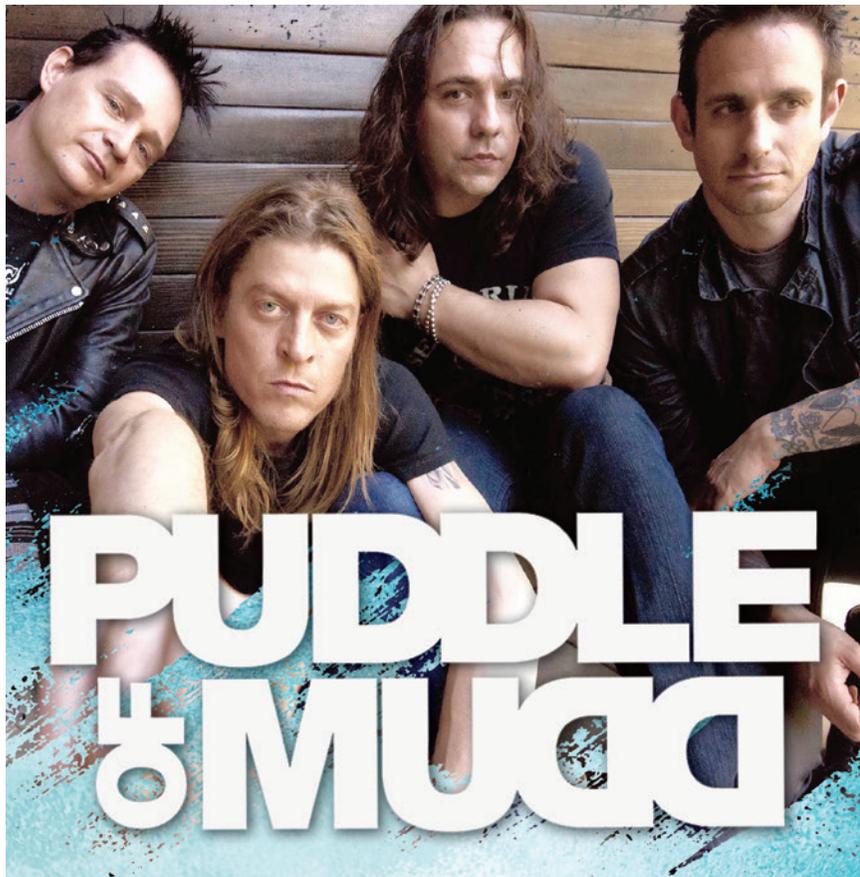
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Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS OFF.

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**SATURDAY, FEBRUARY 16 :: 8PM**  
 STANDING ROOM ONLY | TICKETS \$19  
**10 TOP 10 HITS INCLUDING: "BLURRY," "PSYCHO" & "SHE HATES ME"**

Tickets can be purchased online at [QCasinoAndHotel.com](http://QCasinoAndHotel.com) or at Guest Services.



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 GAMBLING PROBLEM? CALL 1-800-BETS-OFF. MUST BE 21.

## DUBUQUE FIGHTING SAINTS HOCKEY

VS GREEN BAY: SATURDAY, DECEMBER 29 @ 7:05 PM  
 VS YOUNGSTOWN: SUNDAY, DECEMBER 30 @ 3:05 PM  
 VS OMAHA: SATURDAY, JANUARY 5, 2019 @ 7:05 PM  
 VS LINCOLN: SATURDAY, JANUARY 12, 2019 @ 7:05 PM  
 VS MADISON: SUNDAY, JANUARY 13, 2019 @ 3:05 PM  
 MYSTIQUE COMMUNITY ICE CENTER (1800 ADMIRAL SHEEHY DR)

The 2018–2019 Dubuque Fighting Saints season is underway! Celebrate at Our House with fun for the whole family. All home games take place at Mystique Community Ice Center on Chaplain Schmitt Island in Dubuque.

The Saints take on the Green Bay Gamblers on Dec. 29. Then they hit the ice on Dec. 30 with the Youngstown Phantoms and it's Faith and Family Day. Local churches are invited to bring their youth groups and congregations to Our House and take in an afternoon Fighting Saints game! Everyone is invited to stick around after the game to skate with the Saints!

Welcome the Saints to 2019 on Jan. 5 when they go head-to-head with the Omaha Lancers and Jan. 13 when they take on the Madison Capitols.



Mothers are invited to join the game on Jan. 12 against the Lincoln Stars. It's exactly four months away from Mother's Day, so why not get a head start in celebrating mom?

Call the Fighting Saints at **563-583-6880**, or visit [DubuqueFightingSaints.com](http://DubuqueFightingSaints.com) for tickets and more information. ■



## HEARTACHE TONIGHT

A TRIBUTE TO THE EAGLES

MONDAY, DECEMBER 31

7 PM @ OHNWARD FINE ARTS CENTER (1215 E PLATT ST, MAQUOKETA, IA)

From the powerful guitar duel in "Hotel California" to the shimmering harmonies of "Peaceful Easy Feeling," Heartache Tonight brings a true Eagles concert experience to Ohnward Fine Arts Center this New Year's Eve at 7 p.m.

Heartache Tonight brings together music from all eras and incarnations of this huge rock powerhouse that produced hits over our decades. There are no pre-recorded backing tracks in the Heartache Tonight show; all vocal harmonies and guitar parts are faithful to the originals and performed live. There is no choreography, no leather pants, no cowboy hats! Just hit song after hit song from one of the greatest rock bands of all time.

The six multi-talented members of Heartache Tonight have shared stages with some of the biggest names in

rock including Jimmy Buffett, Joe Cocker and the Doobie Brothers and have played festivals and performing arts centers across the country.

Heartache Tonight is designed to thrill classic rock fans: the soaring a cappella harmonies of "Seven Bridges Road," the snarling guitars of "Life In The Fast Lane," the anthemic country rock of "Take It Easy," and the beautifully evocative "Heart Or The Matter."

Sloppy joes and chips will be served from 5–7 p.m. Beer, wine, and additional concessions will also be available.

Tickets are \$30 in advance for \$35 at the door at The Ohnward Fine Arts Center **563-652-9815** (Monday–Friday, 9 a.m.–1 p.m.). For online sales and full details, visit [OnwardFineArtsCenter.com](http://OnwardFineArtsCenter.com). ■

**SAT 12/29**



**119th Christmas Bird Count**

**8 AM @ EB LYONS**  
Experienced birders will lead anyone who would like to help count all the birds in a 15-mile diameter, centered in Dubuque. Bring binoculars and warm clothing. Enjoy a chili supper at 4:30 p.m. while compiling results. In case of inclement weather, the count will be Jan. 5. 8991 Bellevue Hts. [AudubonDubuque.org](http://AudubonDubuque.org).



**Home for the Holidays**

**NOON-4 PM @ MATHIAS HAM HISTORIC SITE**  
Dec. 29-30. Celebrate an old-fashioned holiday. The Ham House will be decorated in period style,

and costumed interpreters will share holiday traditions of the Victorian era. \$7.50 Adults; \$4 ages 3-17. Members of the National Mississippi River Museum & Aquarium are free. **563-590-5542**. [rivermuseum.com/hamsite](http://rivermuseum.com/hamsite).

**MON 12/31**



**Rockabilly in the New Year**

**MIDNIGHT-11:59 PM @ HOTEL JULIEN**  
Looking for somewhere to bid a fond farewell to 2018 and experience a rockin' New Year's Eve? Hotel Julien Dubuque is hosting an amazing party with food, drinks, accommodations, party favors, and high energy rockabilly music from Dirty Fishnet Stockings who will be performing from 9 p.m. to 1 a.m. in

Riverboat Lounge. Book your exclusive Rockabilly package today! **563-556-4200**. [HotelJulienDubuque.com](http://HotelJulienDubuque.com).

**New Year's Eve Dance**

**7:30 PM @ JOLIET CENTER**  
Ring in the new year with music by Ts n Js DJ. Bring a snack to share if you like! Dressy casual attire. Cash bar. Sponsored by Social Connections for Singles & Tri-State Singles. \$6. 781 Locust St. **815-297-3308**.



**New Years Eve Bash**

**9 PM-1 AM @ DBQ CO FAIRGROUNDS**  
The Larry Busch Band will help you bring in the new year at this NYE Bash! Enjoy music and dance the night away. Includes champagne toast at midnight. Doors open at 8 p.m. \$35. 14569 Old Highway Rd. **563-588-1406**. [DBQfair.com](http://DBQfair.com).

**TUE 1/1**

**Outback Bowl**

**11 AM @ AMERICAN LEGION CLUBHOUSE**  
Put on your Hawkeyes gear, and cheer the Hawks to victory in the Outback Bowl! Get your photo taken with Post Commander Bob Felderman and Manager Chuck Duggan! Donations will be accepted for a new chairlift. Open to the public. 1306 Delhi St. [DubPost6.org](http://DubPost6.org).



**First Day Hike**

**1-2 PM @ EB LYONS**  
Cocoa, coffee and refreshments will be available after the hike. The centers exhibits and displays will be open for viewing. Arrive by 12:45 p.m. to register. 8991 Bellevue Hts. [AudubonDubuque.org](http://AudubonDubuque.org).

**THU 1/3**



**Theisen's Learn to Skate Registration Deadline**

**MYSTIQUE ICE CENTER**  
Ice skating builds confidence, discipline and courage... and it's fun! Build lasting memories on ice for years to come. Lessons begin Jan. 5 and 8. Ages 3 and up. Register by Jan. 3. \$80. [DBQskating.org](http://DBQskating.org).

**SAT 1/5**



**Paint Your Pet's Portrait**

**9 AM-NOON @ UPCYCLE DUBUQUE**  
This 12x12 painting makes a great gift for yourself, a loved

one, or a wonderful way to memorialize your beloved pet. Your pet's photo will be stamped on the canvas and ready for you to paint. RSVP by Jan 2. Space limited. Cost is \$50 and a donation of cat or dog food to go to the Dubuque Humane Society. 1838 Central Ave.

[facebook.com/upcycledbq](http://facebook.com/upcycledbq).



**Winter Carnival/ Kids Day**

**9 AM-9 PM @ SUNDOWN**  
Enjoy snow sculptures, a treasure hunt, snow making demonstration, food and drink specials, and more! Plus 50% off lift, rents, and lessons for kids 11 and under. Fun for the whole family! **563-556-6676**. [SundownMTN.com](http://SundownMTN.com)

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**FRIDAY, JANUARY 18, 2019**  
**7:30 P.M.**  
 JOHN AND ALICE BUTLER HALL

Free CyberCafé Knapp Stage pre-show live music with Ken Kilian Jazz Quartet, 6:00 – 7:00 p.m.



UNIVERSITY of DUBUQUE



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DUBUQUE ARTS COUNCIL PRESENTS  
**BRYAN ANTHONY'S CELEBRATING SINATRA**

WITH THE HUNTER FUERSTE ORCHESTRA  
 MONDAY, DECEMBER 31  
 8-10 PM @ GRAND OPERA HOUSE  
 (135 W 8<sup>TH</sup> ST)

The Dubuque Arts Council kicks off its 50<sup>th</sup> anniversary celebration with famed big band vocalist Bryan Anthony's Celebrating Sinatra—His Life in Music at the Grand Opera House on New Year's Eve from 8 to 10 p.m. Bryan will perform in concert with the Hunter Fuerste Orchestra.

Bryan Anthony and Hunter Fuerste bring the legacy of the one and only Frank Sinatra alive with this immensely satisfying and sweetly nostalgic performance. Bryan is a veteran vocalist of ensembles like the Glenn Miller, Tommy Dorsey, and Nelson Riddle Orchestras, with Hunter Fuerste having played with Guy Lombardo—Mr. New Year's Eve, himself—while watching the ball drop in Times Square. This collective homage to Old Blue Eyes takes contemporary audiences back to the Swing Era in style.

After launching his career as a vocalist with extensive touring across the globe with various big band orchestras, Bryan was featured in the off-Broadway production of *Our Sinatra*, a celebration of the legendary Frank Sinatra. Bryan's fondness and respect for the



Great Gentlemen of Song has led to this development of extensive repertoire that provides stunning homages without resorting to impressions.

The Celebrating Sinatra concert is the first of several special events planned to celebrate the Dubuque Arts Council's 50<sup>th</sup> Anniversary in 2019. The Dubuque Arts Council's "Educating and Entertaining" mission is to provide diverse, multi-disciplinary, artistic and educational opportunities to expand cultural horizons and improve the quality of life.

Tickets are \$35 and can be purchased at the Box Office (Monday-Friday from noon-4 p.m.) or by calling **563-588-1305**. Tickets can also be purchased at **TheGrandOperaHouse.com**. ■

*New Year's Eve Dinner*

JOIN US AT THE FOUNDRY ON NEW YEARS EVE!

**4 COURSE NYE MENU**  
 Dinner includes Soup/Salad, Appetizer, Entree, and Dessert

**\$34.99 PER PERSON**

MONDAY, DECEMBER 31, 2018

Seating is limited  
 Call to make your reservations today

Reservations accepted between 4:30-9:30PM  
 Complimentary parking in our private lot



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**SESAME STREET LIVE! MAKE YOUR MAGIC**

THURSDAY, JANUARY 10  
 10:30 AM, 2:30 PM, AND 6 PM @ FIVE FLAGS ARENA (405 MAIN ST)

The Five Flags Arena morphs into Sesame Street on Jan. 10 at 10:30 a.m., 2:30 p.m., and 6 p.m. Bring the family to visit their favorite Sesame Street friends at Sesame Street Live! Make Your Magic!

When magician extraordinaire Justin visits the neighborhood to put on a magic show, Elmo wants to join in. But there's one problem: Elmo doesn't know how to do magic, so he teams

up with Justin, Abby, and friends to practice his trick while discovering the magical moments in everyday life!

Tickets are \$17-\$67 and can be purchased at **Ticketmaster.com** and Five Flags Center box office, or charge by phone at **800-745-3000**. Five Flags Center Box office hours are Monday through Friday, 10 a.m.-5 p.m. For more information, visit **FiveFlagsCenter.com**. ■

## SUN 1/6



### Steeple Square Bridal Show

NOON-2 PM @  
STEEPLE SQUARE

Steeple Square welcomes all those who are planning their big day to attend the Steeple Square Bridal Show! Meet a wide variety of vendors who are ready to make your big day perfect. Free to attend, but be sure to pre-register with Eventbrite to qualify for prize giveaways during the event, find the link on our Facebook event page. 105 E 15<sup>th</sup> St. **563-235-3584**. [SteepleSquare.com](http://SteepleSquare.com).

### Human Trafficking Informational Workshop

2 PM @ CARNEGIE-STOUT PUBLIC LIBRARY

Kevin Schwendinger and Lisa Schmidt will touch on several aspects of human trafficking, including historical perspectives of trafficking, how traffickers function, and who are the victims of trafficking. Additionally, they will discuss local resources and initiatives that are dedicated to combat human trafficking. There will be a question and answer session after the presentation. 18+. Free. **563-589-4225**. [dubuque.lib.ia.us](http://dubuque.lib.ia.us).

### Clean Eating Meal Prep

3-6 PM @ CONVIVIUM

Jan. 6, 13, and 20. Whatever your health goals are for the upcoming months (or weeks!), join Convivium for three weeks of assembling healthy meals that can be catered to any dietary preference. They provide the recipes, do all of the food shopping, prep and clean up. You assemble a variety of healthy meals in a fun environment and avoid the mess in your kitchen and line at the grocery store! RSVP. **563-557-2900**. [convivium-dbq.com](http://convivium-dbq.com).

### Women's Christmas Mini-Retreat

5:30-7:30 PM @ SHALOM SPIRITUALITY CENTER

Women's Christmas is a day when women celebrated Jan. 6 as a day to enjoy a bit of respite at the end of the holidays. The evening of prayer, discussion, and light snacks with tea will end with a present for each attendee. Facilitated by Mary Potter Kenyon. RSVP by Jan. 4. \$15. 1001 Davis St. **563-582-3592**. [shalomretreats.org](http://shalomretreats.org).

## TUE 1/8

### Acting At Any Age

4 PM @ EAST DUBUQUE LIBRARY (EAST DBQ, IL)

Special guest Ms. Melissa will be working with people of all ages to have fun while learning acting skills. Free. 122 Wisconsin Ave. **815-747-3052**. [EDLibrary.org](http://EDLibrary.org).



### Book Discussion: Educated

6:30 PM @ CARNEGIE-STOUT PUBLIC LIBRARY

Discuss *Educated* by Tara Westover. Born to survivalists in the mountains of Idaho, Tara Westover was 17 the first time she set foot in a classroom. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home. **563-589-4225**. [Dubuque.lib.ia.us](http://Dubuque.lib.ia.us).

## WED 1/9

### Books N' Brew: Little Culinary Triumphs

5:15 PM @ JUBECK BREWERY

Book discussions over beer! Discuss *Little Culinary Triumphs* by Pascale Pujol. 115 W 11<sup>th</sup> St. **563-556-4391**. [RiverLights.com](http://RiverLights.com).



### Winter Writers Series Readings: Matthew Guenette

7 PM @ LIND PAVILION  
Matthew Guenette, 2017 Council for Wisconsin Writers Edna Meudt Poetry Book Award Winner, will read from his award-winning book *Vasectomania*. Refreshments provided. Free. 411 Commerce St. **608-987-3292**. [ShakeRagAlley.com](http://ShakeRagAlley.com).

## THU 1/10

### CoolSculpting Open House

4:30-6 PM @ MEDICAL ASSOCIATES CLINIC

Discover CoolSculpting during their live demo with special event pricing and a chance to win a free treatment! Refreshments provided. RSVP to [coolsculpting@mahealthcare.com](mailto:coolsculpting@mahealthcare.com). Free. 1000 Langworthy Dr. **563-584-3444**. [MAHealthcare.com](http://MAHealthcare.com).

### Wild Bird Photography

6 PM @ E.B. LYONS

Join Dubuque Audubon Society for an exciting presentation by the Dubuque Camera Club. Members Ron Tigges, Kevin McTague, and Ken Kiss will share some of their favorite bird photographs and talk about the techniques they apply. Free.



### Page & Palette Book Group: Stories of Art and Artists

6 PM @ RIVER LIGHTS

Page & Palette is a book group for art lovers. Discuss *Stories of Art and Artists* by Diana Secker Tesdell. 1098 Main St. **563-556-4391**. [RiverLights.com](http://RiverLights.com).

HOTEL JULIEN  
DUBUQUE

# Rockabilly IN THE New Year

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\*Must call hotel and mention "Home for the Holidays" Rate to book your stay. Rate not advertised online and is offered to local residents, their families, and friends. Subject to availability. Blackout dates may apply. Not valid with any other offers or discounts. Taxes not included.

## CHRIS LANE

THURSDAY, JANUARY 10  
7 PM @ FIVE FLAGS THEATER  
(405 MAIN ST)

Music N' More Promotions welcomes country star Chris Lane to the Five Flags Theater on Jan. 10 at 7 p.m. Opening for Chris is Jake Dodds.

Chris Lane is an American country music singer and songwriter. Lane got his start in 2007 when he auditioned for *American Idol*. He has charted five singles on the billboard's Top 40 country charts including the No. 1 smash "Fix" along with "Broken Windshield," "For Her," "Take Back Home Girl," and his current single, "I Don't Know About You."

Indiana native Jake Dodds has opened for several national acts and



has performed more than 400 shows in the last five years of touring.

Tickets for this all ages show start at \$27.75 and can be purchased at **Ticketmaster.com** and Five Flags Center box office, or charge by phone at **800-745-3000**. Five Flags Center Box office hours are Monday through Friday, 10 a.m.-5 p.m. For more information, visit **FiveFlagsCenter.com**. ■



## BEATLES VS. STONES

A MUSICAL SHOWDOWN

MONDAY, JANUARY 21

7:30 PM @ FIVE FLAGS CENTER (405 MAIN ST)

The debate between the Beatles and the Rolling Stones has been going on ever since they first crossed paths on the charts 54 years ago. The argument at the time, and one that still persists, was that the Beatles were a pop group and the Stones were a rock band: the boys next door vs. the bad boys of rock. So who's better? These two legendary bands will engage in an on-stage musical showdown at the Five Flags Theater on Jan. 21 at 7:30 p.m.

Taking the side of the Fab Four is Abbey Road, one of the county's top Beatles tribute bands. With brilliant musicianship and authentic costumes and gear, Abbey Road plays beloved songs spanning the Beatles' career.

They face off against renowned Stones tribute band Satisfaction—The International Rolling Stones Show, who offer a faithful rendition of the music and style of Mick Jagger, Keith Richards and the bad boys of the British Invasion.

The Dubuque Senior High School String Quartet will lend some local talent to this homage to the British Invasion. The quartet includes DSHS senior Holli Farnum, juniors Olivia Young and Corinne Scheidecker and

sophomore Cecelia Brown. Quartet members belong to prestigious area ensembles including the Dubuque Youth Symphony Orchestra, the Honor Orchestra Festival at the University of Iowa and the Iowa All-State Orchestra.

During the two-hour show, the bands perform three sets each, trading places in quick set changes and ending the night with an all-out encore involving both bands. The band members have their outfits custom-made, since avid fans know exactly what the Beatles and Stones wore onstage during different time periods in their careers. There's a lot of good-natured jabbing between the bands as well.

"Music fans never had a chance to see the Beatles and the Rolling Stones perform on the same marquee," said Chris Legrand, who plays Mick Jagger. "Now, music aficionados can watch this debate play out on stage."

Tickets are \$35-\$65 and can be purchased at **Ticketmaster.com** and Five Flags Center box office, or by phone at **800-745-3000**. Five Flags Center Box office hours are Monday through Friday, 10 a.m.-5 p.m. For more information, visit **FiveFlagsCenter.com**. ■

**FRI 1/11**

**Fabulous Fridays**

12:05-12:35 PM @ ST. LUKE'S UMC  
Join Fabulous Fridays for their first show of 2019. Bring your lunch and enjoy music from St. Luke's Artists: Dr. Charles Barland, organ; Ann Duchow, violin; Sue Hattel, clarinet. The program is free, but contributions will be accepted for People In Need and the church's Jesus Fund. 1199 Main St.

**SAT 1/12**

**Seasons in the Prairie: Winter**

9-11:30 AM @ CANTICLE OF CREATION CENTER  
The Tallgrass Prairie is constantly changing. You may think there is not much happening in winter in this unique ecosystem. Come explore and contemplate the beauty of the Prairie in winter. Led by Sr. Meg Gemar, OSF. Suggested

offering: \$15. 3390 Windsor Ave. **563-583-9786**. [osfdbq.org/canticleofcreation](http://osfdbq.org/canticleofcreation).



**Dubuque Sports & Recreation Festival**

9 AM-3 PM @ KENNEDY MALL  
This festival is a unique expo-style event that promotes different sports and recreation venues in the area. The event is also a great outlet for local vendors to showcase their products and services. [DBQSportsFestival.org](http://DBQSportsFestival.org).

**L&MOP Concert Series: StringQ**

10 AM @ CARNEGIE-STOUT PUBLIC LIBRARY  
The Northeast Iowa School of Music presents Lollipops and Music for Our Preschoolers (L&MOP), a free and fun monthly

concert series that exposes children and their families to a variety of musical styles and instruments. January features StringQ, faculty from the Northeast Iowa School of Music. Free.



**Boomerang Bag Group**

10 AM-NOON @ UPCYCLE DUBUQUE  
Jan. 12 and 22. Reducing plastic bag waste one bag at a time. Learn how to upcycle old T shirts into reusable shopping bags. No sewing skills necessary. These bags will be offered to the Upcycle Dubuque shoppers at no cost. If you can, bring a friend, portable sewing machine, scissors, or ironing board! 1838 Central Ave. [facebook.com/upcycledbq](https://facebook.com/upcycledbq).

**Second Saturdays: Fever River Puppeteers**

1-2 PM @ DUBUQUE MUSEUM OF ART  
Join DuMA for free and family-oriented programming with culturally-diverse performing arts acts and hands-on art activities. This month's features Fever River Puppeteers: Bremen Town Musicians

**Poetry Workshop**

2 PM @ SHAKE RAG ALLEY CAFE (MINERAL POINT, WI)  
Shake Rag Alley Center for the Arts announces a new monthly workshop group for local poets or aspiring poets. The purpose of the new yet-to-be-named group will be to provide support and encouragement for serious poets or aspiring poets seeking honest feedback on their work. Nancy Schmalz, will lead the first meeting, which will be dedicated to establishing the workshop format, finalizing

2019 meeting dates, and reading participants' poetry. 18 Shake Rag St, Mineral Point, WI. **608-987-3292**. [ShakeRagAlley.com](http://ShakeRagAlley.com).

**Meet Author Kevin Koch**

2:30-4 PM @ SINSINAWA MOUND (SINSINAWA, WI)  
Local author Kevin Koch will read from his newest book. *The Thin Places* connects places in Ireland with places in the American Midwest's Driftless Area along themes of Celtic spirituality. It is a work of creative nonfiction, offering narratives of solo and guided hikes through the mountains and bogs of Ireland and among the river bluffs and steep hills of the Driftless Area alongside conversations with spiritual leaders, conservationists, and geologists. Koch has written two other books and teaches creative writing at Loras College, Dubuque, Iowa. Freewill offering. **608-748-4411**. [sinsinawa.org/moundcenter](http://sinsinawa.org/moundcenter).

**SUN 1/13**



**Vision for 2019 Workshop**

1:30-4:30 PM @ PRAIRIE RIDGE OF GALENA (GALENA, IL)  
The New Year is an opportune time for reflection, releasing, visioning and setting intentions. Utilize burning bowl ritual; guided contemplation meditation; creative expression through journaling, vision boards, intention cards, etc; and interactive visualization practice of future pulling. Facilitated by Kate Miller, Holistic Life Coach. Cost includes materials though participants are welcome to bring their own. \$30. 1 Prairie Ridge Dr, Galena, IL. **847-204-9350**. [MakeAMindfulMark.com](http://MakeAMindfulMark.com).

WWW.FIVEFLAGSCENTER.COM

# RETRO REWIND

Vintage Cycles Cars & Guitars

DUBUQUE, IOWA  
Jan 5<sup>th</sup> 2019

**SCHEDULE**

10:00 AM - OPEN TO PUBLIC	2:30 PM - EASY RIDER - THEATER
10:30 AM - DIXIE DANCE KINGS - THEATER	2:45 PM - BAILEY DEE MAIN STAGE
11:00 AM - MINI AUCTION MAIN STAGE	4:15 PM - SABULA MOONLIGHTERS
12:00 PM - JAKE'O MAIN STAGE	4:30 PM - VINTAGE DRAG RACING - THEATER
12:30 PM - TWO LANE BLACKTOP - THEATER	6:00 PM - PIN UP CONTEST
1:30 PM - ART AUCTION MAIN STAGE	7:00 PM - RETRO REWIND ENDS

#ROCKTHEBLOCK IN 2019 @FIVEFLAGSCENTER

**SESAME STREET LIVE  
MAKE YOUR MAGIC  
JANUARY 10**

**COUNTRY SINGER  
CHRIS LANE  
JANUARY 10  
FIVE FLAGS THEATER**

**DWIGHT YOAKAM  
COUNTRY ICON  
JANUARY 17**

**BEATLES V. STONES  
SHOW  
JANUARY 21**

**COUNTRY STAR  
GARY ALLAN  
JANUARY 24**

**GALLAGHER &  
ARTIE FLETCHER  
FEBRUARY 1**

**RING IN THE NEW YEAR WITH TICKETS TO AN UPCOMING EVENT!  
PURCHASE TICKETS: TICKETMASTER.COM & FIVE FLAGS BOX OFFICE  
THEISEN'S WAGS AT THE FLAGS DATES: 1/2, 1/30, 2/6, 2/13, 2/27 & 3/6**



1215 E. Platt St., Maquoketa, IA  
 Box Office Hours: M-F, 9AM - 1PM  
 Tickets: 563.652.9815  
 Tickets also available online...  
[www.ohnwardfineartscenter.com](http://www.ohnwardfineartscenter.com)

## HEARTACHE TONIGHT

### The Music of the Eagles

New Years Eve - Monday December 31, 7 PM



From the powerful guitar duel in "Hotel California" to the shimmering harmonies of "Peaceful Easy Feeling," Heartache Tonight delivers a true Eagles concert experience, with meticulous attention to every detail.

**Tickets: \$30 / Door: \$35**

**SLOPPY JOE'S AND CHIPS WILL BE SERVED FROM 5-7 PM!**



### The Neverly Brothers

A Rock 'n' Roll Tribute From Elvis to the Beatles!  
**Saturday, January 19 @ 7 PM**

The Neverly Brothers concerts are a tribute to one of the most exciting chapters in music history: the birth, near death and resurrection of rock n' roll.

**Adult Tickets: \$22 adv / \$25 door**  
**Student Tickets: \$13 adv / \$15 door**

### Holiday Gift Passes Now Available

**FOUR TICKETS TO ANY 2019 OHNWARD FINE ARTS CENTER PRODUCTION FOR JUST \$80**  
 Purchase your Holiday Family Gift Pass today! It's easy to use, and you save money too!



# ICE FEST

NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM  
**Jan. 19-21**  
[rivermuseum.com/events](http://rivermuseum.com/events)

**Included with admission FREE for members**

- Alaskan Malamutes
- Curling Demos
- Sledding hill
- Snow sculpting
- Ice skating
- Weather Lab w/ KCRG's Joe Winters
- IPTV's Dan Wardell and Daniel Tiger

Some activities depend on day and weather



## DUBUQUE WINTER FARMERS MARKET

**SATURDAYS NOW THROUGH APRIL 27**  
**9 AM-NOON @ FORMER COLTS CENTER (1101 CENTRAL AVE)**

Dubuque Winter Farmers Market continues their 12<sup>th</sup> season on Saturdays now through April 27, from 9 a.m. to noon in the former Colts Center, the same location as in previous years. There will be no market on Dec. 29.

Approximately 35 regional vendors offer seasonal produce, eggs, meats, cheeses, honey, maple syrup, starter plants, herbs, baked goods,

and more. Dubuque Winter Farmers Market also features hot breakfast options by Holliberri Icelandics and coffee by Verena Street Roasters.

Free parking is available in the parking lot on Central Ave. at 11<sup>th</sup> St. Metered street parking is available on Iowa St, Central Ave, and other downtown streets.

Visit [WinterMarketDbq.com](http://WinterMarketDbq.com) for more information. ■

### ONGOING

#### Reflections in the Park

**NOW THROUGH JANUARY 1**  
**5-10 PM @ LOUIS MURPHY PARK**  
 Join Hillcrest Family Services for the 24<sup>th</sup> annual Reflections in the Park, Festival of Lights! Drive through the park and enjoy the beauty of the twinkling lights this holiday. You can pick up advanced tickets at any Hillcrest or DB&T location. \$8/car adv; \$10/car gate. 1700 S Grandview Ave. **563-845-0378. hillcrest-fs.org.**

#### Theisen's Wags at the Flags

**MOST WEDNESDAYS NOW THROUGH MARCH 6**  
**4:30-8 PM @ FIVE FLAGS ARENA**  
 This indoor dog park that accommodates both large and small dogs. The Barka Lounge offers refreshments, food and adult beverages for purchase. Rules closely resemble the City of Dubuque's dog park rules. Cleaning supplies will be available. Dogs that do not reside in Dubuque's city limits need to be up-to-date on all immunizations, de-wormed and wear their rabies tags. \$2 of every admission will be donated to the Dubuque Regional Humane Society. \$5 per dog; free for humans. **563-589-4254. FiveFlagsCenter.com.**

#### What's Bugging Belva?

**NOW THROUGH APRIL 14**  
**NATIONAL MISSISSIPPI RIVER MUSEUM & AQUARIUM**  
 Explore Belva's world as her grandfather shows her the wonders of being an insect through a children's story format and an interactive garden setting. Each Saturday features a bug-related Creature Feature and story time at 1:30 p.m. Pre-K through 4<sup>th</sup> grade.  
**RiverMuseum.com.**



#### Salsa Dance Night—Baile Connigo

**LAST WEDNESDAY OF EVERY MONTH**  
**6 PM @ SMOKESTACK**  
 Salsa dance lesson with Katie Koeperich. Bring a partner or come solo, all are welcome. Free. 62 E 7<sup>th</sup> St. **SmokestackDBQ.com.**

#### SUBMIT YOUR EVENTS!

DO YOU HAVE A TRI-STATE EVENT THAT YOU'D LIKE TO SHARE WITH OUR READERS? LET US KNOW WHAT'S GOING ON BY SENDING US YOUR INFORMATION!

EMAIL: [EVENTS@DUBUQUE365.COM](mailto:EVENTS@DUBUQUE365.COM)

ONLINE SUBMISSION: [DUBUQUE365.COM/SUBMIT-EVENT](http://DUBUQUE365.COM/SUBMIT-EVENT)

# P MOVIE NEWS

## NOW PLAYING & COMING SOON

### MARY POPPINS RETURNS (PG)

WEDNESDAY, DECEMBER 19

Emily Blunt, Lin-Manuel Miranda, Ben Whishaw, Emily Mortimer and Julie Walters, Colin Firth and Meryl Streep star in this sequel which introduces three new Banks children, also features Dick Van Dyke and Angela Lansbury. The film is set in 1930s depression-era London (the time period of the original novels) and is drawn from the wealth of material in PL Travers' additional seven books. After Michael suffers a personal loss, the enigmatic nanny Mary Poppins re-enters the lives of the Banks family, and, along with the optimistic street lamplighter Jack, uses her unique magical skills to help the family rediscover the joy and wonder missing in their lives.



town where he can heal and be heroic. As he builds an astonishing art installation—a testament to the most powerful women he knows—through his fantasy world, he draws strength to triumph in the real one.

### SECOND ACT

FRIDAY, DECEMBER 21

*Second Act* is a comedy in the vein of *Working Girl* and *Maid In Manhattan*. Jennifer Lopez stars as Maya, a 40-year-old woman struggling with frustrations from unfulfilled dreams. Until, that is, she gets the chance to prove to Madison Avenue that street smarts are as valuable as book smarts, and that it is never too late for a *Second Act*.



### VICE (R)

TUESDAY, DECEMBER 25

*Vice* explores the epic story about how a bureaucratic Washington insider quietly became the most powerful man in the world as Vice President to George W. Bush, reshaping the country and the globe in ways that we still feel today.



### AQUAMAN (PG-13)

FRIDAY, DECEMBER 21

Jason Momoa stars as Aquaman in this Warner Bros. production based on the long-running DC Comics series.



### BUMBLEBEE

FRIDAY, DECEMBER 21

On the run in the year 1987, the Transformer Bumblebee finds refuge in a junkyard in a small Californian beach town. Charlie (Hailee Steinfeld), on the cusp of turning 18 and trying to find her place in the world, discovers Bumblebee, battle-scarred and broken. When Charlie revives him, she quickly learns this is no ordinary, yellow VW bug.



### HOLMES & WATSON (PG-13)

TUESDAY, DECEMBER 25

Legendary detective Sherlock Holmes and his partner Doctor Watson return for a comedic take on their classic literary partnership, as they use their incredible deductive minds to solve a mystery.



### WELCOME TO MARWEN (PG-13)

FRIDAY, DECEMBER 21

When a devastating attack shatters Mark Hogancamp (Steve Carell) and wipes away all memories, no one expected recovery. Putting together pieces from his old and new life, Mark meticulously creates a wondrous



### ESCAPE ROOM (PG-13)

FRIDAY, JANUARY 4

*Escape Room* is a psychological thriller about six strangers who find themselves in circumstances beyond their control and must use their wits to find the clues or die.



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## FIRST FRIDAYS

FRIDAY, JANUARY 4

5-8 PM @ OUTSIDE THE LINES ART GALLERY (1101 MAIN ST)

6-7 PM @ CARNEGIE-STOUT PUBLIC LIBRARY (360 W 11<sup>TH</sup> ST)

First Fridays is monthly, citywide gallery hop celebrating our creative community. Make sure to hop, hop, hop to all First Friday locations!

Outside the Lines features Dubuque artist Tim Olson. Olson will be on hand to discuss his unusual style of painting that he describes as being possibly "Cartoon Expressionism, Naïve-Academic, Picturesque-Messiness" or perhaps all of the above. What we do know is that his work speaks to his ever-broadening following of appreciators and it will be an evening of great conversation and dry wit! Light refreshments will be available.

The Carnegie-Stout Public Library hosts Music @ Your Library® featuring Plattville's Spare the Pig. Spare the Pig play upbeat folk music in the classic story-telling tradition. Henderson's gravelly tuneful voice is backed by Ranney's smooth harmonies. This coupled with their thoughtful lyrics make Spare the Pig a distinctive Midwestern outfit. Light refreshments will be provided. Doors open at 5:30 p.m. Music @ your library® is a First Fridays program occurring every other month that showcases original local music acts. Free.

For more information, visit

[Facebook.com/DubuqueFirstFridays](https://www.facebook.com/DubuqueFirstFridays). ■

## SINSINAWA FAMILY ARTS AND CRAFTS

JANUARY 4-FEBRUARY 1

SINSINAWA ART GALLERY (585 COUNTY RD Z, SINSINAWA, WI)

Sinsinawa Art Gallery presents Sinsinawa Family Arts and Crafts Show from Jan. 4 through Feb. 1. This is an opportunity for Sinsinawa Dominican Sisters and Associates, Academy Apartment residents, and Sinsinawa Mound and St. Dominic Villa coworkers to display their talents. Also this year some student artwork from Mound classes and from Dominican University, River Forest, IL, will be included.

For more information, contact Sister Priscilla Wood, OP, at **608-748-4411** or visit [Sinsinawa.org/moundcenter](http://Sinsinawa.org/moundcenter). ■



## GALENA LITFEST

JANUARY 5-19

VARIOUS LOCATIONS IN GALENA, IL

Galena LitFest is back for a fifth year with even more great activities this January. Brush up on your skills at four free writers' workshops. Have brunch with Elizabeth Barrett Browning (portrayed by Debra Miller). And enjoy dinner with award winning indie author Heather Bentley and New York Times bestselling author and humorist Micheal Perry!

Galena LitFest is sponsored by the Friends of the Galena Public Library,



Inc. the Galena Public Library, Illinois Bank and Trust, Galena Community Bank, and the Desoto House. For more information, visit [GalenaLibrary.org](http://GalenaLibrary.org) or call **815-777-0200**. ■

## DUBUQUE HIGH SCHOOL JURIED ART SHOW

SHOW: JANUARY 7-31

RECEPTION: THURSDAY, JANUARY 24 @ 6-7:15 PM

UNIVERSITY OF DUBUQUE HERITAGE CENTER  
BISIGNANO ART GALLERY (2255 BENNETT ST)

This unique show highlights works by Dubuque high school students.

The show runs from Jan. 7 through Jan. 31, and a reception will be held on Thursday, Jan. 24 at 6 p.m.

The art is juried by the students' art teachers at Dubuque Senior High School, Hempstead High School, Wahlert High School, the Alternative Learning Center. Stop out and see these students shine! ■



## SNOW WHITE & THE SEVEN DWARFS

AUDITIONS: MONDAY, JANUARY 21 @ 4:15-6:15 PM

PERFORMANCES: SATURDAY, JANUARY 26 @ 10 AM AND 2 PM

UNIVERSITY OF DUBUQUE HERITAGE CENTER

JOHN AND ALICE BUTLER HALL (2255 BENNETT ST)

Local students (K-12) are invited to audition for the Missoula Children's Theatre (MCT) production of *Snow White & The Seven Dwarfs* on Monday, Jan. 21, from 4:15 to 6:15 p.m. at University of Dubuque Heritage Center's John and Alice Butler Hall.

Arrive between 3:30 p.m. and 4 p.m. and plan to stay for the full two hours. Some cast members will be asked to stay and rehearse immediately following the audition. This is a group audition, and no advance preparation is necessary.

Approximately 50 local students will be cast to appear in the show, and

assistant directors may also be cast to aid in rehearsals and to take on essential backstage responsibilities.

Rehearsals last through the week from 4:15 p.m. to 8:45 p.m. daily. The experience culminates with two final performances Saturday, Jan. 26, at 10 a.m. and 2 p.m.

Those cast in the production will be subject to a \$25 participation fee (includes one free show ticket). Children of UD alumni are subject to a reduced \$15 participation fee.

For more information, visit [DBQ.edu/heritagecenter](http://DBQ.edu/heritagecenter) or call the box office at **563-585-SHOW**. ■

## CALL FOR ARTISTS

BROAD IDEAS

SHOW: MARCH 1-31

SUBMISSION DEADLINE:

FRIDAY, FEBRUARY 8

GALENA CENTER FOR THE ARTS  
(219 SUMMIT ST, GALENA, IL)

Broad Ideas is an inclusive arts show that is dedicated to providing a space for women and women supportive artists to tell their stories. It's a show about empowerment and solidarity and about women being able to control the narrative of their stories.

For full submission guidelines and more information, visit [BroadIdeas.org](http://BroadIdeas.org). ■

DUBUQUE MUSEUM  
OF ART BIENNIAL

SHOW: MAY 18-SEPTEMBER 8

SUBMISSION DEADLINE:

THURSDAY, MARCH 14  
DUBUQUE MUSEUM OF ART  
(701 LOCUST ST)

Founded in 2003 and presented once every two years, the DuMA (Dubuque Museum of Art) Biennial is a highly-competitive, juried exhibition highlighting leading contemporary artists.

For submission instructions and more information, visit [DBQart.com](http://DBQart.com). ■



# 365INK IMPACT AWARDS

**NOMINATION DEADLINE: FRIDAY, FEBRUARY 8 @ 5 PM**  
**AWARDS CEREMONY: TUESDAY, FEBRUARY 26 @ 7 PM**  
**DIAMOND JO CASINO MISSISSIPPI MOON BAR (301 BELL ST)**

The 365ink Impact Awards, sponsored by The Community Foundation of Greater Dubuque and Premier Bank, return for the 11<sup>th</sup> year to the Mississippi Moon Bar at the Diamond Jo Casino on Tuesday, Feb. 26 at 7 p.m. Doors open at 6 p.m. The event is FREE and everyone (21 and older) is welcome to attend. There will be hors d'oeuvres and a cash bar with live music accenting the evening's awards.

The mission at *365ink Magazine* is to help connect people to relationships, opportunities and the best possible living experiences in our community. And the 365 Impact Awards are designed to honor those who choose to make the effort to impact the community in the spirit of our mission.

Who wins is not a secret. After all, we want you to be able to come down and celebrate your friends when they take the stage. But picking the winners is always a painful process. Naturally, everyone who gets nominated is worthy of an award, but only a select few will win.

But before we make some tough decisions about who deserves a little piece of the spotlight this year, we need to hear about those worthy of recognition for their impact on the Tri-States in 2018. That's where you come in.

Do you know a person, an organization, or a business who did something particularly special in 2018 and deserves a little credit for their efforts? Maybe someone who's been knocking it out of the park year in and year out and deserves a shout-out just for keeping the bar set high all of these years. Nominate them now for a 365ink Impact Award. It doesn't matter the category—they change every year! Think art and music. Think community pride and inclusion. Think great spaces and generous spirits. These are the people we want to know about. Just tell us who did what and why it was great.

Fill out the nomination form at [dubuque365.com/impact-awards](http://dubuque365.com/impact-awards) or email



PHOTOS: RON TIGGES—DIGITALDUBUQUE.COM

[info@dubuque365.com](mailto:info@dubuque365.com). Please include one descriptive paragraph about why the nominee is worthy. If they don't get nominated, they can't win, so get on it! Nominations are due by Friday, Feb. 8 at 5 p.m.

The 365 Impact Awards are generously sponsored by Premier Bank and the Community Foundation of Greater Dubuque. Impact Awards started with artist Gene Tully and have always been handmade by great local artists ever since.

The event is free to attend. You must be 21 to attend. It's a lot of fun and you will discover amazing things you never knew about your community. And if you are one of those special people who make the extra effort to improve the community around you, thank you, thank you, thank you!

For a list of previous recipients, the nomination form, or more information, visit [dubuque365.com/impact-awards](http://dubuque365.com/impact-awards) or call 563-588-4365. ■

# STYLE ME TRANSFORMATION

BY JESSICA PFOHL PAISLEY, OWNER AND SENIOR FASHION STYLIST, P.S. STYLING

We've all heard the old adage... you are what you eat. Well, the same can be said for... you are what you wear.

In our daily lives, our personal style and how we dress comes at different degrees of importance. Whether we don't have the time, the focus, or the funds, putting energy into dressing well can seem overwhelming. Day in and day out, there are so many of us that are responsible for caring for others. At home, at work, from parents, to caregivers, to volunteers, and more, showcasing our fashionable side is not first priority. Although personal image is part of self care, and is usually one of the first things to be set aside when putting others first.

What is important for us to remember is that, simply stated, when we look good, we feel good. There are many factors that contribute to that worthwhile feeling, but when we try to do it all at the same time and on our own, from the clothes, the hair, and so on, it seems like such a huge undertaking and unnecessary expense.

What if you had someone to help you with that process? To take the work, the thought, and the cost out of streamlining your wardrobe. To assist in putting together

the look that YOU want and how YOU want to represent yourself to others. Knowing the importance of taking time for self care, a few of us have banded together and to share the love and offer a deserving person the complete package: the Style Me Transformation!

Presented by P.S. Styling, The Style Me Transformation package is valued at over \$1,000 and includes:

- Before and after photo shoot with Mae Photography
- Closet curation and P.S. Styled: Virtual Style Box by P.S. Styling
- One complete look (female) with Trendsetters Boutique
- Cut, color, style, and makeup application by Gymkana Blue Salon
- Kate Spade non-prescription sunglasses from Vision Health Center, P.C.

Would you like to nominate someone deserving for this style transformation? Visit [PSstyling.com](http://PSstyling.com) to enter your nomination by Tuesday, Jan. 1, 2019. Winner to be announced on Tuesday, Jan. 7, 2019. Find full entry details and more at [PSstyling.com](http://PSstyling.com). ■



# RETRO REWIND

**Saturday, January 5  
Five Flags Center**

BY MIKE IRONSIDE

If you're reading this anywhere near the release of this issue—between Christmas and New Year's Eve—you're probably caught up in the rush of holiday activities. But a week from now it will all be memories and Facebook photos and you might find yourself staring down a bleak and unforgiving January. Fear not! Retro Rewind returns to the Five Flags Center on Saturday, Jan. 5, with a full day of Kustom Kulture and entertainment to break up the winter doldrums. Now in its sixth year, Retro Rewind offers an arena full of vintage hot rods and motorcycles, live music and more from 10 a.m. to 7 p.m. It's preceded by a pre party and concert at Smokestack on Friday, Jan. 4 at 8 p.m. and followed by a grooving after party and concert also at Smokestack on Saturday, Jan. 5 at 8 p.m. Best of all, the event is a fundraiser for kids with congenital heart defects.

A creation of Vintage Torque Fest promoter John Wells, Retro Rewind is sort of an early pre-party for that sprawling spring weekend event and in a sense, a single-day slice of the same. Being limited by the available indoor space, Retro Rewind features a hand-picked selection of vintage hot rods and custom cars and equally choice choppers, bobbers, and vintage motorcycles. Being only a day long, Retro Rewind crams in as much as possible, with an arena full of vintage customs, classic guitars, live music, a pinup contest, an art show, vintage vendors, a swap meet, and a film festival in the adjacent Five Flags Theater. Way more than just a car show, Retro Rewind is a Kustom Kulture lifestyle event.

That broader Kustom Kulture developed from the tradition of customization and modification of cars into speed machines or unique works of art that began in the postwar hot rod culture of the 1950s and '60s that celebrates not only that creative approach to auto mechanics but also a DIY spirit that encompasses art, style, fashion, music and more. Alongside one-of-a-kind



cars and motorcycles, Retro Rewind will feature a variety of booths featuring artwork by Kustom Kulture artists, including masters of freehand pinstriping, retro and hot rod clothing and other accessories to the lifestyle, a swap meet with everything from vintage vinyl records to antique auto parts and accessories, select vintage guitars, and vintage stereo equipment.

Even with all there is to see (and browse, for those with the instinct towards bargain shopping), the hot rods and bikes are the stars of the show, and Dubuque's Five Flags Arena will be filled with some of the best of the best.

As always, Retro Rewind will include a few notable vehicles for exhibition. "We will have three SEMA cars in attendance," notes Wells. "SEMA is a worldwide event that takes place in Las Vegas every year and people from all over the world show their skills." While one of the biggest shows in the country, the SEMA (Specialty Equipment Market Association) show is also one of the best so any vehicles that made the grade should be of great interest.

Retro Rewind will also include a variety of hot rods and customs from around the Midwest with regional car clubs bringing their finest work. It should be noted that because of the limited available space, Retro Rewind endeavors to show different cars every year, making each show a unique experience. And while Vintage Torque Fest—the sprawling outdoor show held in the spring hosts hundreds of cars ranging from beaters in progress to a dozen or so finished showroom cars typically featured inside the Dubuque County Fairgrounds Ballroom at that event—Retro Rewind narrows the focus to only those prime examples of the craft and brings in even more of those sparkling examples.

For those not familiar with the aesthetic celebrated at both Retro Rewind and Vintage Torque Fest, it should

be noted that both shows are not typical of many of the hot rod shows with which some car enthusiasts might be familiar. Both Torque Fest and Retro Rewind celebrate the pre-1965 vintage-style hot rods, pre-1975 motorcycles, and one-of-a-kind customs—the original hot rod culture that sprang up after World War II, when returning soldiers began using the technical skills they learned in the military to customize stock vehicles for fun and for racing. When the Ford Mustang was introduced in 1965, it began the era of the muscle car, essentially taking the hot rod out of the garage and into the factory. This show celebrates the original do-it-yourself aesthetic of that pre-'65 era and those continuing in that tradition today.

That said, Retro Rewind often includes a limited selection of vintage customs from the late '60s and early '70s, including the occasional muscle car. "The focus will still be the vintage cars," explains Wells, "but we will be allowing some 'newer' rides as well."

In a similar vein, motorcycles exhibited at Retro Rewind will focus on vintage pre-1975 custom motorcycles, bobbers and choppers. Like the hot rod show, the focus is on the classic era of stripped down racing bikes up through the choppers and custom mods of the early '70s.

While Five Flags Arena will be filled with vintage hot rods and motorcycles, Five Flags Theater will be the location of the Fuel Injected Film Fest, a daylong screening of films and documentaries highlighting various aspects of hot rod and Kustom Kulture lifestyle and history. An opportunity for those with interest but maybe less experience to learn more, the Fuel Injected Film Fest offers an overview that shines a light on a variety of aspects of the broader culture. Admission is free with the purchase of a Retro Rewind day pass. Notable films included this year include *Two-Lane Blacktop* and the classic motorcycle flick, *Easy Rider*.



PHOTO: SCHLEUNING PHOTOGRAPHY



Yet another popular feature of Retro Rewind is the pinup contest. While the available spots in the pinup contest were full as of press time, any women who enjoy dressing in traditional pinup attire are encouraged to wear the look to the show. There will be a photographer's booth on site doing vintage style photo shoots. The pinup contest will be held at the Retro Rewind main stage at 6 p.m.

Those looking for clothing and accessories to complete their own pinup or rockabilly style can browse the wares of a range of vendors selling vintage and retro clothing and accessories. Chuck the Barber will be on hand doing classic rockabilly-style cuts throughout the day. Retro Rewind will host displays from HEAVY, Flying Weasel Garage, Hop Up Magazine, Mini Bike Weirdo, and the National Motorcycle Museum, among others.

Of course the soundtrack for Retro Rewind must match the style and energy of the "cars and guitars" celebration itself. Retro Rewind will feature live music throughout the day, with a special after party hosted by The Smokestack at 8 p.m. that evening, following the arena show. Featured music honors that same DIY spirit with bands performing original music inspired by the rock-n-roll, rockabilly, and country roots of that classic hot rod era.

The party starts the night before, Friday, Jan. 4 at Smokestack, 62 E 7<sup>th</sup> St. Join Jake'O and locals Bluegrass Alumantics at 8 p.m. to celebrate vintage cars, cycles and guitars—and it's free!

Madison, WI's Jake'O is a 24-year-old-soul with the spirit of an aged blues man and talent of a seasoned rocker. He brings retro originals and eclectic arrangements of blues, rockabilly, R&B, and rock 'n roll to the stage. Bluegrass Alumantics kicks things off with originals, traditionals, and updated covers like Pink Floyd's "Wish You Were Here."

Saturday afternoon's program features performances by Jake'O, the Sabula Moonlighters, and a set by after party headliner, Baily Dee. Described as having "the ferocity of a young Etta James, the sweetness of Lorrie Collins, and the soulful swagger of Sister Rosetta Tharpe," Chicago's Baily Dee was recently awarded Rockabilly Female of The Year by the Ameripolitan Music Association in Memphis, TN.

Baily Dee's performance at Smokestack's Retro Rewind after party will be preceded by rockabilly trio 3 On The Tree, who will be recording a live album for

later release. The after party does have a \$10 cover but is only \$5 with a Retro Rewind wristband or ticket.

It should be noted that Retro Rewind is a family-friendly event. In fact, thanks to Toys For Tots, the first 20 kids through the gate will get a '69 Dodge Charger model kit just for showing up!

Admission to Retro Rewind is just \$10, which includes entry into the daylong hot rod and motorcycle show (and all the other cool stuff) in Five Flags Arena AND the Fuel Injected Film Fest in Five Flags Theater. Tickets are available at the Five Flags Box Office or at the gate the day of the event.

Perhaps the best part is that the net proceeds from the gate go to help kids with congenital heart defects. Wells and his wife, Kim, have set up a nonprofit foundation, Helping Hannah's Heart, to raise funds for families who are dealing with the financial burden that comes from having a child with congenital heart defects. Proceeds from gate receipts at both Retro Rewind and Vintage Torque Fest go toward the foundation.

Proceeds from the art auction go toward a medical trust to help with expenses for the Wells' own daughter Hannah who is growing up with her own challenging heart issues. Wells splits the proceeds with the participating artists. While the money might not even cover their paint and other materials, it might cover some of their gas money to attend the show.

Each year, the foundation picks out a family that needs help with medical expenses of a child born with a congenital heart defect, presenting the family with a check at Torque Fest. "These are real lives of people we know," notes Wells. "This is the way we can help out by financially giving back to some of these people that need it. That's what caused me and my wife to come up with this foundation. That's where our heart lies—trying to help out these people who have gone through the same thing because we know exactly where they're coming from. That's what we're trying to do is bring some support to those people that need it."

All-day admission to Retro Rewind is just \$10 and gets you into the Five Flags Arena hot rod and motorcycle show AND the Fuel Injected Film Fest in Five Flags Theater. Tickets are good for re-entry throughout the day. The Retro Rewind show will open at 10 a.m. and will run until 7 p.m. For more information, visit [RetroRewindDubuque.com](http://RetroRewindDubuque.com) or follow Retro Rewind on Facebook. ■



BAILEY DEE

## RETRO REWIND SCHEDULE

### FRIDAY, JANUARY 4

#### SMOKESTACK

8 PM	Bluegrass Alumantics
9:30 PM	Jake'O

### SATURDAY, JANUARY 5

#### FIVE FLAGS CENTER

10 AM	Open to Public
10:30 AM	Dixie Dance Kings (Theater)
11 AM	Mini Auction (Main Stage)
Noon	Jake'O (Main Stage)
12:30 PM	Two Lane Blacktop (Theater)
1:30 PM	Art Auction (Main Stage)
2:30 PM	Easy Rider (Theater)
2:45 PM	Baily Dee (Main Stage)
4:15 PM	Sabula Moonlighters (Main Stage)
4:30 PM	Vintage Drag Racing (Theater)
6 PM	Pin Up Contest (Main Stage)
7 PM	Retro Rewind Close

#### SMOKESTACK

8 PM	3 On The Tree Special Live Recording
9:30 PM	Baily Dee



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## TRI-STATE LIVE MUSIC

### THU 12/27

Elizabeth Mary  
5:30 PM @ Filament,  
Diamond Jo

Thursday Acoustic Jam  
6 PM @ The Food Store

Meghan Davis  
6 PM @ Frank O'Dowd's Pub

Lewis Knudson  
7 PM @ Galena Brewing Co.

Open Mic w/ Jeff & Jimmy  
7:30 PM @ The Cornerstone

Ardy Michaels  
7:30 PM @ Grape Escape

### FRI 12/28

Casey Klein  
6 PM @ Sundown

Ron Lubbers  
6 PM @ Timmerman's

Bally Heigue  
7 PM @ The Lift

Steve Cavanaugh & Randy  
Droessler  
7 PM @ Stone Cliff

Mixed Emotions  
7 PM @ Riggs' Bar

Meghan Davis  
7:30 PM @ Frank O'Dowd's Pub

Marty Raymon  
7:30 PM @ The Cornerstone

Josh Yeltman  
8 PM @ Riverboat Lounge

Denny Garcia  
8 PM @ The Blu Room

Wheelhouse w/ Whiskey Revival  
8 PM @ Mississippi Moon Bar

T.O.M.B.  
8 PM @ Q Casino

Laura McDonald & Jeff Weydret  
8 PM @ Spirits

Rock Steady  
8 PM @ DBQ Driving Range

Todd McDonough  
8 PM @ Galena Brewing Co.

The Lone Canary  
8:30 PM @ Grape Escape

Live Dead: Grateful Dead Tribute  
9 PM @ Smokestack

### SAT 12/29

Jam & Eggs Acoustic Open Mic  
9 AM @ Convivium

Acoustic Jam  
1 PM @ Council Hill Station

Steve McIntyre  
2 PM @ The Cornerstone

Sam & The Others  
6 PM @ Inspire Café

The Milk Man's Kids  
6 PM @ Sundown

Theresa Rosetta  
6 PM @ Farmers Creek  
Antiques & Mac's Wine  
Cellar, Maquoketa

Just The Tips  
7 PM @ Dimensional Brewing

John Moran  
7 PM @ Stone Cliff

Andreas Transo  
7:30 PM @ Frank O'Dowd's Pub

Lenny Wayne  
7:30 PM @ The Cornerstone

Statue of Liberty  
8 PM @ Riverboat Lounge

One: Metallica Tribute w/  
Ratchet Jaw  
8 PM @ Mississippi Moon Bar

Party After Dark:  
Wedding Banned  
8 PM @ Q Casino

The Blue Dogs  
8 PM @ The Blu Room

American Dust  
8 PM @ Smokestack

Rock Steady  
8 PM @ Spirits

Hotel Blue Band  
Flatted Fifth Blues & BBQ  
8 PM @ Potter's Mill, Bellevue

The Wundos  
8 PM @ Galena Brewing Co.

Aaron Williams & The Hoodoo  
8:30 PM @ Grape Escape

Ted Oliver Dueling Pianos  
9 PM @ 7 Hills

Tony Walker  
9 PM @ Dog House Lounge

Left Lane Cruiser, Space Burial  
10 PM @ The Lift

### SUN 12/30

Open Mic w/ Scott Rische  
Noon @ Grape Escape

Acoustic Jam  
1 PM @ Council Hill Station

Adam Beck  
2 PM @ Sundown

Becky McMahon  
3 PM @ Stone Cliff

Open Mic w/ Ted & Robyn  
3 PM @ The Cornerstone

Ron Tegeler Jazz FOURtet  
Flatted Fifth Blues & BBQ  
5 PM @ Potter's Mill, Bellevue

Miles Nielsen & The Rusted  
Hearts w/ The Lonely Goats &  
Amanda Joy  
5 PM @ Sandy Hook Tavern

Katie Sullivan  
6 PM @ Frank O'Dowd's Pub

Rolling Thunder w/ Hack Sabbath  
8 PM @ Mississippi Moon Bar

### MON 12/31

Meghan Davis @ 2 PM  
Katie Sullivan @ 5:45 PM  
Frank O'Dowd's Pub

The Lonely Goats  
"Noon Year's Eve" Party  
2 PM @ Trackside

Pat Reidy & The Lads  
3 PM @ The Lift

Rick Tittle Band  
3 PM @ The Otherside

Steve Cavanaugh &  
Randy Droessler  
7 PM @ Midtown Marina

New Year's Eve Dance  
7:30 PM @ Joliet Event Center

Ron Lubbers  
7:30 PM @ Timmerman's

Comedy Open Mic  
8 PM @ Monk's Kaffee Pub

Gladdy & Friends  
8 PM @ The Blu Room

Celebrating Sinatra  
8 PM @ Grand Opera House

New Year's Eve Dueling Pianos  
8 PM @ Mississippi Moon Bar

Miles Nielsen & The Rusted  
Hearts w/ Bees  
8 PM @ Codfish Hollow Barn

Dave Weld &  
The Imperial Flames  
Flatted Fifth Blues & BBQ  
8 PM @ Potter's Mill, Bellevue

Fever River String Band  
8 PM @ Anton's, New Diggings

Roy Schroedl  
8 PM @ Woodlands Lounge,  
Eagle Ridge

Ethan Keller  
8:30 PM @ The Cornerstone

The Lonely Goats  
8:30 PM @ The Goldmoor

Dirty Fishnet Stockings  
9 PM @ Riverboat Lounge

A Few Blind Mice, Psycho  
Killers (Talking Heads Tribute)  
9 PM @ Smokestack

Boy Band Review  
9 PM @ Q Casino

Hoffman, Troy, Marceau &  
Flowers  
9 PM @ Spirits

Gypsy Pistols  
9 PM @ Bronco Club, Bellevue

Mixed Emotions  
9 PM @ Jimi B's Bar & Grill

5<sup>th</sup> Fret  
9 PM @ Galena Brewing Co.

Jordan Danielsen & Jef w/ 1F  
9 PM @ Grape Escape

Titanium  
10 PM @ Sandy Hook Tavern

### TUE 1/1

Trivia Night  
7 PM @ Riverboat Lounge

### WED 1/2

Gladdy's Open Mic Experience  
6:30 PM @ The Blu Room

Comedian Liz Russo  
8 PM @ Mississippi Moon Bar

### THU 1/3

Mississippi Duo  
5:30 PM @ Filament,  
Diamond Jo

Thursday Acoustic Jam  
6 PM @ The Food Store

Blu Flame  
6 PM @ Stone Cliff

Marty Raymon  
7:30 PM @ The Cornerstone

### FRI 1/4

Spare The Pig  
Music @ your library  
6 PM @ Carnegie-Stout Library

Ratchet Jaw  
6 PM @ Sundown

Nate Jenkins  
7 PM @ Dimensional Brewing

Roy Schroedl  
7 PM @ Stone Cliff

Andrew Houy  
7:30 PM @ Frank O'Dowd's Pub

Scott Guthrie & Friends  
7:30 PM @ The Cornerstone

Josh Yeltman  
8 PM @ Riverboat Lounge

Live Band Karaoke  
8 PM @ Mississippi Moon Bar

Mississippi Band  
8 PM @ Q Casino

Retro Rewind Official Pre-  
Party: Jake'O, Bluegrass  
Alumatics  
8 PM @ Smokestack

Mississippi Jake (Acoustic)  
8:30 PM @ 7 Hills

### SAT 1/5

Jam & Eggs Acoustic Open Mic  
9 AM @ Convivium

Retro Rewind:  
Jake'O @ Noon  
Bailey Dee @ 2:45 PM  
Sabula Moonlighters @ 4:15 PM  
Pinup Contest @ 6 PM  
Five Flags Arena

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- STARS vs BLACKHAWKS 2/24/19 UNITED CENTER, CHICAGO
- DIERKS BENTLEY WITH JOHN PARDI 3/7/19 TAXSLAYER CENTER, MOLINE
- KISS - END OF THE ROAD TOUR 3/10/19 TAXSLAYER CENTER, MOLINE
- LAKEERS vs BULLS 3/12/19 UNITED CENTER, CHICAGO
- BLAKE SHELTON 3/14/19 WELLS FARGO, DES MOINES
- SHINEDOWN, PAPA ROACH, & ASKING ALEXANDRIA 3/18/19 US CELLULAR CENTER, CEDAR RAPIDS
- NEW KIDS ON THE BLOCK 6/9/19 WELLS FARGO, DES MOINES
- OZZY AND MEBADETH 6/30/19 WELLS FARGO, DES MOINES
- TIM MCCRRAW & TRACE ADKINS 7/18/19 JONES COUNTY FAIR, MONTICELLO
- HOOTIE & THE BLOWFISH WITH BARENAKED LADIES 7/18/19 JONES COUNTY FAIR, MONTICELLO
- CHRIS STAPLETON 7/20/19 JONES COUNTY FAIR, MONTICELLO
- CARRIE UNDERWOOD 10/28/19 WELLS FARGO, DES MOINES

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Acoustic Jam  
1 PM @ Council Hill Station

Tete de Morte  
2 PM @ Sundown

L.A. Suess  
2 PM @ The Cornerstone

Steve & Randy  
7 PM @ Stone Cliff

Andrew Houy  
7:30 PM @ Frank O'Dowd's Pub

Broom Street Drifters  
7:30 PM @ The Cornerstone

Statue of Liberty  
8 PM @ Riverboat Lounge

Rosie & The Rivets  
8 PM @ Mississippi Moon Bar

Tricky Mission  
8 PM @ Q Casino

Retro Rewind Official After  
Party: Baily Dee, 3 on the Tree  
8 PM @ Smokestack

Mississippi Trio  
8 PM @ Spirits

Campfire Kings  
8 PM @ Galena Brewing Co.

Tete de Morte (Acoustic)  
9:30 PM @ 7 Hills

**SUN 1/6**

Open Mic w/ Scott Rische  
Noon @ Grape Escape

Acoustic Jam  
1 PM @ Council Hill Station

Theresa Rosetta  
2 PM @ Sundown

Jimmy Welty Band  
2 PM @ Massey  
Fisherman's Wharf

Melanie Devaney  
3 PM @ Stone Cliff

Open Mic w/ Lenny Wayne  
3 PM @ The Cornerstone

**MON 1/7**

Comedy Open Mic  
8 PM @ Monk's Kaffee Pub

**TUE 1/8**

Trivia Night  
7 PM @ Riverboat Lounge

**WED 1/9**

Acoustic Jam  
6:30 PM @ The Cornerstone

Gladdy's Open Mic Experience  
6:30 PM @ The Blu Room

Comedian Michael Joiner  
8 PM @ Mississippi Moon Bar

**THU 1/10**

Jimmy Welty Band  
5:30 PM @ Filament, Diamond Jo

Thursday Acoustic Jam  
6 PM @ The Food Store

Blue Flame  
6 PM @ Stone Cliff

The peOple  
8 PM @ Smokestack

**FRI 1/11**

Statue of Liberty  
6 PM @ Sundown

David Minnihan Trio  
7 PM @ Dimensional Brewing

Elizabeth Mary  
7 PM @ Stone Cliff

Roy Schroedl  
7 PM @ The Perfect Pint

Meghan Davis  
7:30 PM @ Frank O'Dowd's Pub

JJ Schmitz  
8 PM @ Riverboat Lounge

This Side Up  
8 PM @ Mississippi Moon Bar

The Heavies  
8 PM @ Q Casino

Steve Cavanaugh &  
Randy Droessler  
8 PM @ Spirits

Comedy Showcase  
9 PM @ Smokestack

Jason Walsmith Acoustic  
9 PM @ 7 Hills

Ryan Joseph Anderson Trio  
10 PM @ The Lift

**SAT 1/12**

Jam & Eggs Acoustic Open Mic  
9 AM @ Convivium

Acoustic Jam  
1 PM @ Council Hill Station

Brown Bottle Bandits  
2 PM @ Sundown

Theresa Rosetta  
7 PM @ Stone Cliff

The Lonely Goats  
7 PM @ DBQ Driving Range

Meghan Davis  
7:30 PM @ Frank O'Dowd's Pub

A Few Blind Mice  
8 PM @ Riverboat Lounge

Comedian Donnie Baker  
8 PM @ Mississippi Moon Bar

Southern Drawl  
8 PM @ Q Casino

Mama Bird  
8 PM @ The Blu Room

Missbehavin'  
8 PM @ Spirits

Mixed Emotions  
8 PM @ Weber's, Epworth

Mahan  
Flatted Fifth Blues & BBQ  
8 PM @ Potter's Mill, Bellevue

Tony Walker  
8 PM @ Galena Brewing Co.

Joie Wails Band  
9 PM @ Smokestack

Broken Rubber Band  
9 PM @ 7 Hills

South City Revival,  
Colossalraptors  
10 PM @ The Lift

**SUN 1/13**

Open Mic w/ Scott Rische  
Noon @ Grape Escape

Acoustic Jam  
1 PM @ Council Hill Station

Joie Wails Band  
2 PM @ Sundown

Tony Walker  
3 PM @ Stone Cliff

Open Mic  
3 PM @ The Cornerstone

**MON 1/14**

Comedy Open Mic  
8 PM @ Monk's Kaffee Pub

**TUE 1/15**

Trivia Night  
7 PM @ Riverboat Lounge

**WED 1/16**

Acoustic Jam w/ Roy Schroedl  
6:30 PM @ The Cornerstone

Gladdy's Open Mic Experience  
6:30 PM @ The Blu Room

Comedian Auggie Smith  
8 PM @ Mississippi Moon Bar

**THU 1/17**

Kristina Castaneda &  
Shawn Healy  
5:30 PM @ Filament,  
Diamond Jo

Thursday Acoustic Jam  
6 PM @ The Food Store

Blue Flame  
6 PM @ Stone Cliff

Jazz & Blues Jam w/  
Round Midnight  
8 PM @ Smokestack

**FRI 1/18**

Jason Ray Brown  
6 PM @ Sundown

Hoffmann, Troy, & Marceau  
7 PM @ Stone Cliff

Massey Road  
7 PM @ DBQ Driving Range

Joe McShane  
7:30 PM @ Frank O'Dowd's Pub

Todd McDonough  
8 PM @ Riverboat Lounge

DSO: Ultimate Rock Hits  
8 PM @ Mississippi Moon Bar

GIB  
8 PM @ Spirits

Meghan Davis  
8 PM @ Galena Brewing Co.

Deltaphonic  
10 PM @ The Lift

**SAT 1/19**

Jam & Eggs Acoustic Open Mic  
9 AM @ Convivium

Acoustic Jam  
1 PM @ Council Hill Station

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FRI 12/28 • 7 PM  
**BALLYHEIGUE**

SAT 12/29 • 10 PM  
**LEFT LANE CRUISER, SPACE BURIAL**

MON 12/31 • 3 PM  
**PAT REIDY AND THE LADS**

FRI 1/11 • 10 PM  
**RYAN JOSEPH ANDERSON TRIO**

SAT 1/12 • 10 PM  
**SOUTH CITY REVIVAL, COLOSSAL RAPTORS**

FRI 1/18 • 10 PM  
**DELTA PHONIC**

SAT 1/19 • 10 PM  
**CASKET ROBBERY**

TUE 1/22 • 10 PM  
**THE ZETA**

THU 1/24  
**SAM TALLENT**

DAILY: \$2 WHISKEY MIXERS +  
\$3 HAPPY MEALS (PBR/OLD CROW)  
HAPPY HOUR 3-7 PM: \$1 OFF TAP BEER



# LIVE MUSIC FEATURES

**FRI 12/28**



**Ballyheigue**

7 PM @ THE LIFT (180 MAIN ST)  
Irish traditionals from Dubuque's newest Celtic-inspired act!



**Live Dead - Grateful Dead Tribute**

9 PM @ SMOKESTACK (62 EAST 7TH ST)  
Party all night with Dubuque's only Grateful Dead Tribute Band, Live Dead featuring Leon Campos on keys, Gretchen Banowetz-Mattoon, Scott Cornwell, Dean Mattoon, and BJ Kilburg.

**SAT 12/29**



**Hotel Blue**

8 PM @ FLATTED FIFTH BLUES & BBQ (300 POTTER DR, BELLEVUE, IA)  
Get your New Year's weekend started with Hotel Blue from Minneapolis, MN. Few other bands can seamlessly jump from Sam Cooke to Stevie Ray Vaughn, then go from Joan Osborne to Etta James, all the while keeping your entire party on the dance floor.



**American Dust**

8 PM @ SMOKESTACK (62 EAST 7TH ST)  
Indie rock and blues originals and covers, straight outta Dubuque featuring Casey Kane, Chad Walker, Kyle Grant, and Brad Cavanagh.



**Left Lane Cruiser, Space Burial**

10 PM @ THE LIFT (180 MAIN ST)  
This whiskey-fueled, two-man frenzy of blues-driven rock'n'roll noise straight from Fort Wayne, IN promises to hit you like a shock wave and show you a foot-stompin' good time. With Joe Evans (Freddy J IV) on slide guitar and vocals and Pete Dio on the drums, the raw power of LLC has practiced through thick and thin to hone a sound unlike any other. They have been together long enough to have previously released a couple of self-produced EPs. Psychedelic miners of the third eye Space Burial will open the show.

**SUN 12/30**



**Ron Tegeler Jazz FOURtet**

5 PM @ FLATTED FIFTH BLUES & BBQ (300 POTTER DR, BELLEVUE, IA)  
Guitarist Ron Tegeler returns to Flatted Fifth with accomplished group members

Glenda Currence on keys, Mickey Wilner on bass and Kirk Prebyl on drums. Ron's style has been influenced by guitar greats such as Larry Carlton, Robben Ford, Kenny Burrell, Joe Pass and Wes Montgomery.

**MON 12/31**



**Irish New Year's Eve Party with Pat Reidy and the Lads!**

3 PM @ THE LIFT (180 MAIN ST)  
Celebrate Irish New Year at 6 p.m. with Pat and the boys! The Lift will provide corned beef and cabbage and other snacks! Plus plenty of Irish drinks and BUSCH LIGHT!



**Dave Weld & The Imperial Flames**

8 PM @ FLATTED FIFTH BLUES & BBQ (300 POTTER DR, BELLEVUE, IA)  
Enjoy a very special New Year's Eve with Dave Weld & The Imperial Flames. Weld and his band are veterans of the Chicago blues scene, have won numerous awards and deliver the blues in a manner that is both timeless and original at the same time. Don't miss this Chicago treasure!



**Smokestack's New Year's Eve Bash ft. A Few Blind Mice & Psychokillers Talking Heads Tribute**

9 PM @ SMOKESTACK (62 EAST 7TH ST)  
COVER: \$5  
Ring in the New Year with a bang! Join Dubuque's blues and rock collective A Few Blind Mice and Psychokillers Talking Heads Tribute for great tunes, great food, great cocktails, and great fun at Smokestack! With Smokestack's traditional free champagne toast at midnight, of course.

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## DONNIE BAKER

SATURDAY, JANUARY 12 @ 8 PM

Comedian Donnie Baker is best known for his prank call jokes on the nationally-syndicated "Bob and Tom Show." Baker, a comedy character played by actor Ron Sexton, is a trash-talking, self-proclaimed "badass" who is best described as a mix between film characters Joe Dirt and Uncle Rico of *Napoleon Dynamite*. Baker claims he was a former MLB prospect before having to undergo Tommy John surgery on both knees. Four of Baker's comedy albums have been released through "The Bob and Tom Show" official store, including *My Job Sucks*, *Shut Up*, *Randy* and more.

Opening for Donnie is NYC stand-up comedian Alli Breen. You've heard her on Sirius XM and nationally-syndicated "Bob and Tom Show." Alli has also appeared on Kate Flannery's "Stand Up in Stilettos," ASX's "Gotham Live," Fox's "Laughs," Fox's "RedEye" and "Comics Unleashed," with Byron Allen. In 2011 she won the Laughing Stock Comedy Festival in Salt Lake City, UT, was one of the "New Faces" in the Just For Laughs Comedy Festival in Montreal in 2013, and just returned from her third overseas tour entertaining the troops.

MISSISSIPPI  
MOON BAR

## MISSISSIPPI MOON BAR ENTERTAINMENT

All shows at the Mississippi Moon Bar are 21+ only and tickets for all performances are available at the Diamond Club inside the Diamond Jo Casino or online at [MoonBarRocks.com](http://MoonBarRocks.com).



### NEW YEAR'S EVE DUELING PIANOS

MONDAY, DECEMBER 31 @ 8 PM

Featuring Chicago-based Elisa Carlson and Alan Bukowiecki. End the year with groovy tunes and swing the night away. Includes a balloon drop, party favors, champagne toast, and more.



### DSO: ULTIMATE ROCK HITS

JANUARY 18 & 19 @ 8 PM

The seventh-annual concert features hits from the 1970s-2000s. Members from local bands join the Dubuque Symphony Orchestra for a rocking good time.



### GAELIC STORM

FRIDAY, MARCH 8 @ 8 PM

Combining traditional Celtic music with modern rock, country and folk influences, Gaelic Storm is one of the most celebrated performance groups of Celtic music.

### Wheelhouse w/ Whiskey Revival

FRIDAY, DECEMBER 28 @ 8 PM

### One: The Only Tribute to Metallica

SATURDAY, DECEMBER 29 @ 8 PM

### Rolling Thunder w/ Hack Sabbath

SUNDAY, DECEMBER 30 @ 8 PM

### Laughing Moon Comedy: Liz Russo

WEDNESDAY, JANUARY 2 @ 8 PM

### Live Band Karaoke

FRIDAY, JANUARY 4 @ 8 PM

### Rosie & The Rivets

SATURDAY, JANUARY 5 @ 8 PM

### Laughing Moon Comedy: Michael Joiner

WEDNESDAY, JANUARY 9 @ 8 PM

### This Side Up

FRIDAY, JANUARY 11 @ 8 PM

### Donnie Baker

SATURDAY, JANUARY 12 @ 8 PM

### Laughing Moon Comedy: Auggie Smith

WEDNESDAY, JANUARY 16 @ 8 PM

### Laughing Moon Comedy: Mike Armstrong

WEDNESDAY, JANUARY 23 @ 8 PM

### Jabber Box

FRIDAY, JANUARY 25 @ 7 PM

### Drink 182

SATURDAY, JANUARY 26 @ 8 PM

### Laughing Moon Comedy: Rocky LaPorte

WEDNESDAY, JANUARY 30 @ 8 PM

### Kashmir:

### The Led Zeppelin Show

FRIDAY, FEBRUARY 1 @ 8 PM

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**Celebrate the New Year**  
AT FLATTED FIFTH

Hotel Blue Band | Saturday, December 29 | 8 P.M.  
Ron Tegeler Jazz | Sunday, December 30 | 5 p.m.  
Dave Weld & The Imperial Flames | Monday, December 31 | 8 p.m.  
• Smoked Prime Rib + Champagne •

Tuesday, January 1  
• Hoppin' John + Fresh Beignets •

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**LIVE MUSIC FEATURES**

**THU 1/10**



**Blu Flame**

7 PM @ STONE CLIFF WINERY  
(600 STAR BREWERY DR)  
So what happens when a fiery redhead teams up with a hot Brazillion? Add some jazz and a healthy sprinkling of bossa nova, and you've got Blu Flame. Catch them every Thursday in January at Stone Cliff.



**The peOple**

8 PM @ SMOKESTACK (62 EAST 7TH ST)  
The peOple are a band of adventurous souls who have been drawn together by one muse to form a higher and ever-expanding expression of the music within them, leaping faithfully into their chosen destiny. Brooke Byam, Bo Coleman and Marques Morel are based out of Clinton, IA. They have been described as rough and raw Americana, western gypsy folk-rock, country-soul, ethereal translation, and many other strange combinations of words. Their new single, "Undeniable," was just released in October 2018.

**FRI 1/11**



**Ryan Joseph Anderson Trio, TBA**

10 PM @ THE LIFT (180 MAIN ST)  
Ryan Joseph Anderson's solo career began in April 2014 with the release of his debut album, *The Weaver's Broom*. His influences range from country blues to psychedelic rock and are on prominent display in his masterful guitar playing and songwriting. Anderson's sophomore release, *City of Vines*, was released in the summer of 2017 to critical acclaim. He toured extensively in support of the record and has shared the stage with such acts as Robert Earl Keene, Honey Honey, Robbie Fulks, Charlie Parr, and Amy Helm.

**SAT 1/12**



**Joie Wails Band**

8 PM @ SMOKESTACK (62 EAST 7TH ST)  
The Joie Wails Band blends classic rock and blues with excellent musicianship and truly dynamic vocals straight outta Dubuque. Featuring Joie Booth on vocals, Gary Gassman on guitar, Mark Whitaker on bass, and Kyle Koltes on drums.



**South City Revival, Colossalraptors**

10 PM @ THE LIFT (180 MAIN ST)  
Minneapolis-based rock band Colossalraptors rocks The Lift. Plus roots rock/country outfit South City Revival make the trip from Chicago! Come see some rock!

**FRI 1/25**



**Dubuque Main Street Music Crawl: Charles Walker Band**

8:30 PM @ SMOKESTACK (62 EAST 7TH ST)  
COVER: \$5 DOOR/FREE FOR DUBUQUE MAIN STREET MUSIC CRAWLERS  
Grounded in soul, the Charles Walker Band has been compared to Prince, Bruno Mars, Chaka Khan, and James Brown. The Milwaukee-based band has refined their sound into neo-funk, a fusion of funk infused rhythms with pop melodies. At show time, surprisingly, there are no fans. There is only family. The question posed at the beginning of the show is, "Are we family or not?" The Charles Walker Band is deliciously stanky. Dynamically funky. Recklessly hopeful.

What is Dubuque Main Street Music Crawl? Unlock the full trolley experience and get into all the shows at eight fabulous Downtown venues by getting your Music Crawl tickets at [DowntownDubuque.org/event/live-music-crawl](http://DowntownDubuque.org/event/live-music-crawl).



UPCOMING ENTERTAINMENT



**T.O.M.B.**  
FRIDAY, DECEMBER 28 :: 8PM :: FREE SHOW



**WEDDING BANNED**  
SATURDAY, DECEMBER 29 :: 8PM :: FREE SHOW



**NEW YEAR'S BASH**  
FEATURING BOY BAND REVIEW  
MONDAY, DECEMBER 31 :: 9PM :: \$10 TICKETS



**MISSISSIPPI BAND**  
FRIDAY, JANUARY 4 :: 8PM :: FREE SHOW



**TRICKY MISSION**  
SATURDAY, JANUARY 5 :: 8PM :: FREE SHOW



**THE HEAVIES**  
FRIDAY, JANUARY 11 :: 8PM :: FREE SHOW



**SOUTHERN DRAWL BAND**  
SATURDAY, JANUARY 12 :: 8PM :: FREE SHOW



**SHAGADELICS**  
FRIDAY, JANUARY 18 :: 8PM :: FREE SHOW



**BADFISH**  
SATURDAY, JANUARY 19 :: 8PM :: FREE SHOW



**PUDDLE OF MUDD**  
WITH SPECIAL GUEST MICK BLANKENSHIP  
SATURDAY, FEBRUARY 16 :: 8PM :: TICKETS START AT \$19



**DYLAN SCOTT**  
WITH SPECIAL GUEST CASH CAMPBELL  
SATURDAY, MARCH 9 :: 8PM :: TICKETS START AT \$19

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# BEATLES VS STONES

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Two of the greatest bands of all time face off in a high-energy, adrenaline-pumping musical showdown. **THE BEATLES**, represented by tribute band **ABBEY ROAD** will engage in a barrage of hits against premier **ROLLING STONES** tribute band **SATISFACTION**. It's a face-off you won't want to miss!

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AIN'T YOUR MAMA'S SANDWICH



CONDUCTOR HATS



MARTINIS

# THE JITNEY WINE BAR

BY DANNY FAIRCHILD

Q. What do you do when you live in a small town and you're looking for a place to go for a nice glass of wine?

A. You open one.

At least that's what you do if you live in Monticello, IA and your names are Erin Cox and Katie Farrowe.

Named for the Milwaukee Railroad line that united Eastern lowans, along with their cargo and mail, from Calmar all the way up to Cedar Rapids, The Jitney Wine Bar resurrects the old train's tradition of bringing people together. And there is no better way to do that than with great wine and dining.

Cox and Farrowe are Monticello natives who moved back after getting their wanderlust out of their system (both Cox and Farrowe attended college in Missouri. Cox has lived in New York and Chicago, Farrowe met her husband and head chef Angus in Los Angeles), and they bring the big city feel and expectation of quality with them to their establishment.

Stepping into The Jitney is like stepping into a large bar car of an old train. I assume. I've never traveled by train so I have no frame of reference beyond what I've seen on TV and movies. But this place is filled with so much Jitney train history, I feel safe making that assumption.

The entire span of the bar has a to-scale map of all the stops along the Jitney line embedded in it and forever preserved in a glossy finish. The bar also features purse hooks fashioned from old Jitney railroad spikes. Behind the bar are genuine Jitney train conductor hats (it turns out that the owners had relatives who worked as Jitney conductors).

The tables are interesting. They are constructed with large crosscuttings of trees marking each place setting. I tried to count the rings to see how old my place setting is, but by then I'd already had a beer and a few of their signature martinis, so I couldn't count on much at that point. The tables mean that it's nigh impossible to squeeze another friend in on the party, but there's no lack of seating.

There's a small stage for live music, comedy, and karaoke. As a karaoke junky, I long to shake it up on that stage with a mic in one hand and a glass of wine in the other.

To stage left (house right) there's a huge chalkboard handy for listing any specials for both food and

drink, but on the night of my visit, it was decorated in a chalk mural of the TARDIS, the USS Enterprise, the Millenium Falcon and, if my memory serves me, Serenity, doing battle against some big interdimensional space being. If that space being was a reference to some other bit of pop culture, it was lost on my nerdy self. In any case, it was proof I had found my people.

To stage right (house left) there's a cozy little couch and coffee table set up to optimize your chill. The whole vibe is chill, capped off with some warm lighting and walls adorned with local artists.

My visit to The Jitney doubled as a date destination. Because everyone knows that food columnists got mad game. I got there a bit early because my mad game does not preclude my nervousness and it offered me a chance to interview co-owner Erin Cox who looks a lot like June Diane Raphael. I enjoyed a beer to steady my nerves and I gots to tell you. If you or YOUR date aren't really wine people, the beer selection at The Jitney is tops. They take great pride in their beer selection and didn't have any of your standard domestic beer selections until quite recently. And they added them begrudgingly. Again...MY people. Their selection is capital enough that you can order flights. And friends...I've ordered beer flights all over the United States. And don't get me wrong...I love those paddles that look like they're just as good for spanking as they are for carrying beers to your table...but don't they always seem precarious? Like any second the whole mess will spill? The Jitney seems to think so, too. Their beer flights come in a rack. A beer rack. A rack of beer holding your beers firmly in place. No threat of spillage. It seems so obvious, but I rarely see flights presented this way.

Once my date arrived we took part in one of the partnering events that takes place at The Jitney, in this case Christmas tree ornament decorating. I told you, I got game. It was the perfect place to don an apron, have a drink, chat with your date and other patrons, and suck at painting.

Once we'd embarrassed ourselves with our lack of talent, we grabbed a table and got down to the sipping and nomming. And I tell you...you wouldn't think that a wine bar in Monticello, IA would be jumping on a Tuesday night, but holy crap! We're lucky we grabbed a table because they filled up FAST. On a Tuesday night! It wasn't even a

live music night. It's a testament and proof to how inviting and, well, cool this place is. Don't worry. It's not painfully cool. It's not total hipster cool. You are cool enough to be there—EVERYBODY is cool enough to be there.

I'm afraid to admit that while at The Jitney Wine Bar, I did not order any wine. Oh, they have wine. They have wine in spades. It's not a curated collection with a sommelier wearing one of those weird tasting cups around their neck bothering you about the notes of teak and a ambergris finish. Their wine selection is small but carefully selected. White, rosé, or red—sweet or dry. With all the major varietals well represented, you WILL find the wine for you.

What's that? You say you're not in to beer OR wine? Well that's quite a sad existence you lead, but The Jitney STILL has you covered with signature cocktails. In fact, and this might explain why it was so jumping on a Tuesday night, it was 'Tini Tuesday when I visited. You could get a flight of signature martinis...so you bet I did. I was careful to consume them slowly over the course of the evening so as to not get too sloppy on my date (again... game) but I really wanted to house those cocktails. They were great each and every one. At some point in your life you need to be at The Jitney for 'Tini Tuesday.

The only downside of 'Tini Tuesday is the full menu is not available. When you think wine bar, do you think barbecue? Neither did I until that fateful night. The Jitney always has great food to offer, but the weekends are for smoking meats, yo. I did not get to partake of their ribs or smoked half chicken, but I did not leave unbarbecued. Several of their delectable sandwiches (and probably flatbreads if you ask nicely) feature their pulled pork and smoked chicken. But I'll get to that.

First the apps. The starters. Whatever you want to call them. The Jitney calls them "On the Spot Plates," and they feature choice selections of La Quercia meats. Charcuterie is something that has always been around but has only recently been called charcuterie around these parts the past few years. A plate of high quality cured meats, sausages, and cheeses. My date and I ordered the wonder that The Jitney calls Little Bit of Everything and it lives up to its name. We were treated to La Quercia's Berkshire prosciutto, lomo (cured pork tenderloin), coppa (a traditional Italian salume), a wonderful blue cheese, an aged cheddar, hummus with pita,

and various olives and nuts. It wasn't a cheap appetizer at \$29, but La Quercia is worth it, and we're lucky to live in or around a state where La Quercia makes some of the best charcuterie meats in the world.

Then our entrées arrived. My date stole my order and got the smoked chicken sandwich, leaving me with my second choice, the Ain't Your Mama's Sandwich. I was not disappointed. The smoked chicken sandwich is pulled smoked chicken sautéed with gravy, plus smoked gouda and caramelized onions on a Chicago style French roll. They had me at caramelized onions. Luckily, I did not repulse my date so much that she did not allow me to try her sandwich. It was perfect. No slouching on a Tuesday night for The Jitney. No way. I look forward to going back and trying that smoked chicken all by itself. I was warned that the Ain't Your Mama's Sandwich was kind of rich and I wouldn't be able to finish it. Friends, they were right. I was not able to finish it. But I wanted to. It's smoked pulled pork, prosciutto, pepper jack cheese, hummus, sun-dried tomato spread and rémoulade all on the same Chicago style French roll. It's like they compiled a list of all the best things in life and put them on a sandwich.

I've made a habit of scouting out the restrooms at the places I write about. I sent my date on a recon mission of the women's restroom. She has reported back that they are clean and had a lovely peacock decor motif. I did not see the restrooms first hand, but the important part is that they are clean.

I know what you may be thinking. You've been hurt before. You've found cool bars before and they didn't last or they changed so much that it's not even close to being the same bar you fell in love with. But friends, it will surprise and delight you to know that The Jitney has already been around for six years—six years! And judging by the traffic I saw on a Tuesday of all nights, The Jitney should be your regular hang out (or date meet up) for years to come. ■



### THE JITNEY WINE BAR

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# HOW TO CHOOSE THE RIGHT YOGURT

## LEARN THE DIFFERENT TYPES AND MAKE AN INFORMED CHOICE THAT WORKS FOR YOU



BY HY-VEE NUTRITIONISTS MEGAN HORSTMAN (ASBURY) AND AMY CORDINGLEY (LOCUST)

Remember when shopping for yogurt was as simple as choosing a flavor you like? Now there's Greek, Icelandic, full-fat, organic, low-sugar and all sorts of combinations to choose from. Here, we'll share the major differences and a few pointers for selecting one that works for you.

### GREEK

Greek yogurt is perhaps the most popular, known for its high amount of protein and thick, rich texture. It's made by straining extra whey liquid from regular yogurt, which condenses the amount of protein in a serving, as well as lowers the sugar.

### ICELANDIC

Also called skyr, Icelandic yogurt is strained even more than Greek yogurt, giving it an almost cheese-like thickness that holds its shape on a spoon—and yet, it's still creamy. Traditionally, skyr is made with low-fat milk, but you can find whole-milk varieties as well.

### FRENCH

Often sold in a fancy glass jar, French-style yogurt is not prepared like the others. Rather than being made in one big vat and then poured into individual containers, the ingredients are placed in individual glass jars and left to set. This technique is called "pot-set," and it yields a thinner yet still very smooth texture.

### AUSTRALIAN

Unlike Greek and Icelandic yogurt, Australian yogurt is not strained. This gives it a slightly looser consistency. However, in order to make sure it's still creamy, it's either made with whole milk or cooked slower and longer. This style of yogurt is often sweetened with honey or other flavors that give it a dessert-like quality.

### WHICH SHOULD I CHOOSE?

Of course, that depends on your overall preferences and health goals, but there are still a few things to consider. The good news is that mostly all yogurts contain the good-for-your-gut probiotics. But if you're looking for a low-sugar snack, always check the label. You'd be surprised how many yogurts have 25-plus grams of sugar in a single serving. Under 10 grams of sugar is a good start; bonus points for no added sugar.

Danone recently came out with a Two Good Greek Yogurt line that contains only 2 grams of sugar and doesn't contain the sugar substitutes aspartame, sucralose or acesulfame K. This is achieved by using a slow-straining process that removes some of the sugar from the milk. Because it's still high in protein and calcium and low in sugar and sodium, it's a good choice for anyone with diabetes or high blood pressure.

If you're trying to lower your cholesterol, pair a low-sugar yogurt with something that's high in fiber, like raspberries or ground flaxseeds. Not only will it be more filling, the extra fiber is what helps remove cholesterol from your blood.

The jury's still out on whether full-fat or nonfat yogurt is better for your health. Some research shows that full-fat dairy may be more satisfying and lead to less snacking throughout the day. Other research shows a lower risk of central obesity with full-fat dairy. However, full-fat dairy also contains more calories, which should be factored into your daily consumption, especially if your goal is weight loss. You might find that somewhere in the middle—a.k.a. lowfat—is what works for you.

To learn more about how yogurt can help you reach your health goals, join one of the free Hy-Vee dietitian store tours, every Monday, Wednesday or Friday from noon to 1 p.m. Mondays are focused on diabetes, Wednesdays are focused on blood pressure, and Fridays are focused on cholesterol. Just meet at the customer service desk before the tour begins. ■

*The information is not intended as medical advice. Please consult a medical professional for individual advice.*

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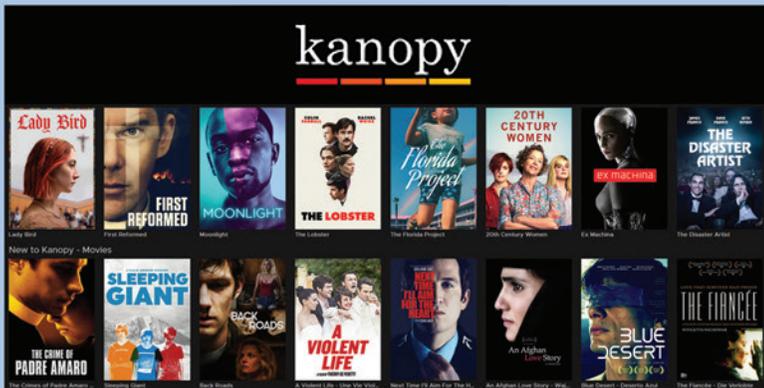
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**ALL BRANCHES CLOSED for Holidays**

Monday, December 31, 2018  
& Tuesday, January 1, 2019  
Check web page for adjusted hours at Farley & Peosta Branches.

**HAPPY NEW YEAR!  
January Programs & Events**



**Family Movie (Rated PG)**

Farley/Drexler: Thursday, January 3, 3:30-5:30PM  
Peosta/NICC: Saturday, January 5, 10:00AM-12:00PM  
Asbury: Friday, January 18, 4:00-6:00PM  
This new release animated adventure turns the Bigfoot legend upside down when a bright young Yeti finds something he thought didn't exist—a human. Check website for movie title.

**Chair Yoga - Gentle adapted style (Adults)**

Farley/Drexler: Thursday, January 3, 7-8PM  
Asbury: Monday, January 7, 6:30-7:30PM



**Level Up! Family Game Day (All ages)**

Epworth: Saturday, January 5, 1:00-3:00PM  
Asbury: Thursday, January 24, 4:00-6:00PM



Board games, puzzles, and a Wii-U, along with snacks, will be set out for the family to enjoy. You are welcome to bring your own E or E10+ rated Wii games.

**Lego Explorers (Kindergarten+)**

Asbury: Monday, January 7, 4:00-5:00PM  
Farley/Drexler: Thursday, January 17, 3:30-4:30PM  
Holy Cross: Monday, January 21, 5:30-6:30PM



Legos and Duplo Blocks, a monthly story, and building challenges to complete each month. January's theme is "Amusement Park".



**Page to Stage: Fairy Tale Ball (All ages)**

Holy Cross: Thursday, January 10, 5:30-7:00PM  
Asbury: Friday, January 11, 4:00-5:30PM  
Peosta/NICC: Saturday, January 12, 10:30AM-12:00PM (Community Rms. 203-204)  
Come dressed as your favorite fairy tale character or creature and dance the night away. We'll have crafts, food, and a fairy tale runway for those in costume. All children will receive a free book and a ticket to the Heritage Center's play "Snow White" on January 26. Pre-registration required!

**Mat Yoga (Young adults+)**



Epworth: Saturday, January 12, 8:00-9:00AM  
A traditional gentle moving yoga class. Students should be able to get up & down off the floor.



**imagination center**

**Imagination Center (1st grade+)**

Holy Cross: Tuesday, January 15, 5:30-6:30PM  
Epworth: Saturday, January 19, 10:30-11:30AM  
Peosta/NICC: Tuesday, January 22, 6:15-7:15PM  
Fire up your imagination and grow creativity! We will have three different art and building stations, with a short story read aloud and informal discussion.

**MISSOULA CHILDREN'S THEATRE**

**Drama Quest (K-5th grade)**

Asbury, Monday, January 21, 10:30-11:15AM (No School day)  
A grand adventure awaits! Actors from the Missoula Children's Theater will lead children through a quest full of acting and problem-solving. Pre-registration required! Space is limited.



Events may be cancelled due to weather. Call or visit [www.dubcolib.lib.ia.us](http://www.dubcolib.lib.ia.us)

**Five Convenient County Locations...**

- Asbury 5290 Grand Meadow Dr., 563-582-0008
- Epworth - 110 Bierman Road S.E., 563-876-3388
- Farley/Drexler Middle School. 405 3rd Ave. N.E., 563-744-3371 ext. 5160
- Holy Cross - 895 Main Street, 563-870-2082
- NICC/Peosta - 8342 NICC Dr., 563-556-5110 ext. 224

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# BREAKFAST WITH BARRY

BY MATT BOOTH

I'll never forget the morning I had breakfast with Barry. When Barry started talking, I couldn't believe what was coming out of his mouth. It was the most horrible smell ever—ever. I could almost see the particles of stink coming across the table! His breath was so disgusting, my eyes watered and I gagged.

This was getting ugly and I had to take action. I jumped up and went back to the counter and ordered one of those everything bagels, the kind with lots of onions and garlic. I then strategically placed the bagel between us on the table hoping it would act as a force field warding off the attack of stink from Barry's mouth. It didn't work.

To this day, I can't remember one thing Barry said to me that morning. All I remember is his stinky breath and thinking that he must have left his house that morning without brushing his teeth. Have you ever left your house without brushing your teeth? I'll admit it, I have. Do you know what happens when you don't brush your teeth? Your breath gets stinky and people will avoid you.

Do you know what happens if you go for two or three days without brushing your teeth? It gets pretty stinky and gross in your mouth. You get those little teeth sweaters; you know the white stuff you can scrape off of your teeth with your fingernail. What happens if you go for two or three weeks without brushing? How about two or three months? You don't have to ask Dr. Joe Zucarro to figure out what happens if you go for long periods of time without brushing. Let me tell you that a lot more goes wrong than just smelly breath. Your teeth begin to rot. Besides brushing, there are many other ways to keep your mouth in tip-top shape. You can use mouthwash, floss, whiten, straighten, go to the dentist, and even chew special gum to name some. We do all of this for a great smile and good overall health.

How did you learn to brush your teeth? I'm pretty sure nobody was born with a toothbrush in their hand. Your family probably taught you. As a parent, I know we are obsessed with getting our boys to brush their teeth. Not only did I learn to brush my teeth from my family, I learned from TV and even at school. Remember when those people would come into our classroom and show us how to brush our teeth? Remember those chew tablets that showed where all the gunk was?

We do all of this because we know that dental health is important. To form good habits, you must be taught over and over and over again. It must be pounded into your head until it becomes second nature. It is important and worth doing for not only your dental health, but your overall health. Many of you reading this brush your teeth several times throughout the day. Some of you are even thinking about brushing your teeth right now.

I wonder, how many people think about their attitude as often as they brush their teeth? Wouldn't



you say that mental health is at least as important as dental health? Isn't your attitude almost as important as your breath? Would you rather work next to someone with bad breath or a bad attitude? Wouldn't it be great if everyone checked their attitude as often as they brushed their teeth?

Why don't we do it check our attitudes as often as we brush our teeth? I seriously doubt that you were you taught over and over again to check your attitude. In 20 some years of formal education, I don't remember a class on attitude. I don't remember one hour of a class on attitude. Attitude 101 was not an elective. I think you should be able to get a degree in attitude. In my life, I remember only a handful of people who talked to me about attitude. To form a lifelong habit (like brushing your teeth), a handful is not enough. What would your mouth look like of only a handful of people talked to you about brushing your teeth?

We should be taught about attitude at least as much as we are taught about brushing our teeth. Why don't those special attitude people come into our schools—you chew little attitude pills and it shows where the gunk is. Shouldn't our family and friends be at least as concerned about our attitudes as they are our teeth? Should they be responsible to teach us? To learn to do something every day of your life, you must be taught over and over and over again. It must be pounded into you until it becomes second nature.

Brushing your teeth every day is important not only for your dental health, but your overall health. If you miss a day, your breath stinks. If you miss a bunch of days, your teeth start to rot. When your teeth start to rot, everything connected to your teeth will start to rot. Checking your attitude is important for your mental health and your overall health. If you miss a day, your attitude stinks. If you miss a bunch of days, your attitude starts to rot and everything connected to your attitude will start to rot.

To this day, I don't remember one thing Barry said to me at breakfast. All I could think about was getting away from his stink. If you don't check your attitude at least as often as you brush your teeth, all people will think about is getting away from your stink! ■

## CYA—CHECK YOUR ATTITUDE

Check Your Attitude by encouraging others. Encouraging others is one of the best ways to push negativity out of your life. If you are encouraging someone else, there is no way you'll have time to backstab or gossip about them. Think about your spouse, kids, parents, friends, co-workers, clients and customers... do you encourage them enough? My experience tells me that you probably complain, criticize or condemn them more than you encourage them. As you turn the calendar to 2019, make it one of your goals to encourage others more often and push negativity out of their lives and yours. If you CYA each day, you won't have to worry about Covering Your A#%.

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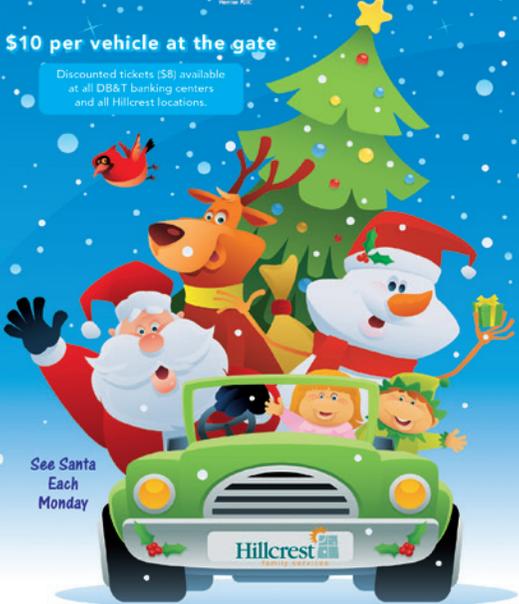
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# THE BEST OF 2018

BY BOB GELMS

I have reviewed 26 books this past year here in the pages of *365ink*. Every year I do a best of list from the 26 reviews published here. They are listed in no particular order except the first one which is my personal fav of the year.

## MICHAEL COLLINS

One of Ireland's finest journalists and a preeminent Irish historian, Tim Pat Coogan, has written a superlative biography of Michael Collins, the Irish revolutionary and the central figure in the War of Irish Independence. Michael Collins' importance in this effort cannot be overstated. In the spirit of complete disclosure, I probably should say that I consider Michael Collins an Irish hero of unparalleled stature. I consider him a personal hero of mine and I have been very privileged to have known men who fought with him in the successful attempt to gain Ireland's independence from England.

A good case can be made that during the Middle Ages, Irish monks rescued tens of thousands of books and effectively saved western civilization. There isn't a scintilla of doubt in my mind that Michael Collins saved Ireland. After reading Tim Pat Coogan's Biography of Michael Collins you might come to the same conclusion.

## BOND JAMES BOND

*Forever and a Day* by Anthony Horowitz is a 007 adventure that, dare I commit blasphemy, is as good as the best of Ian Fleming. Horowitz has caught Bond's character and Fleming's élan right down to the tiniest detail.

This is a prequel to *Casino Royale*. In it we find out secrets that all of us have been wondering about since the 1960's. Let me whet your appetite.

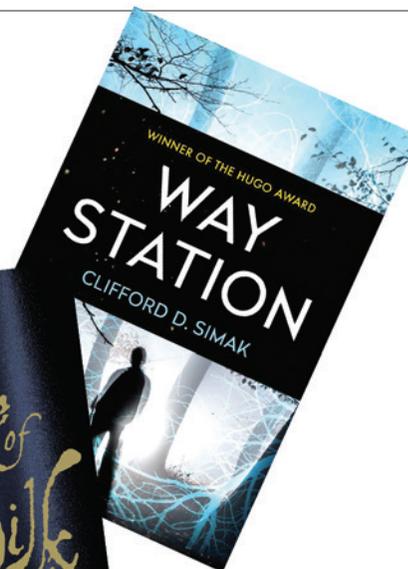
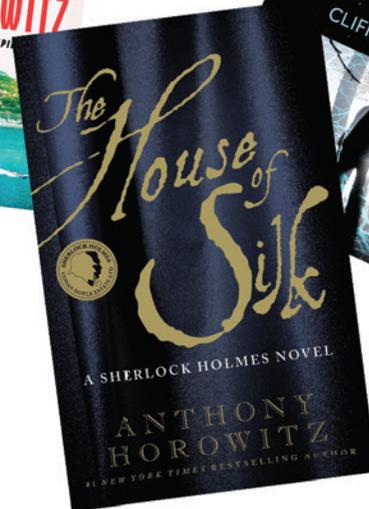
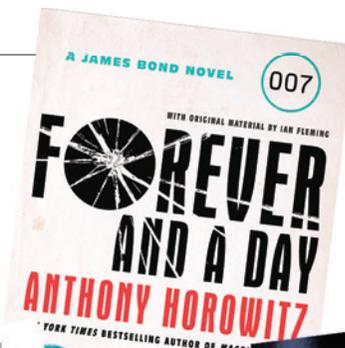
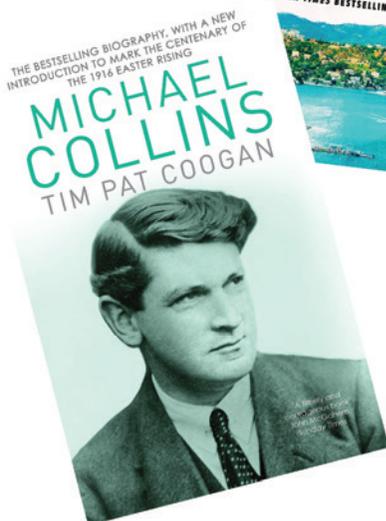
First and foremost, why 007? We find out how he got that number.

Why he introduces himself as Bond, James Bond. It wasn't his idea.

Where he got the gunmetal cigarette case that he always carries.

How he got on to Morland's, the London tobacconist who made his special cigarettes with gold rings around the filters.

We find out that Chief of Staff, Bill Tanner, was far more responsible for bringing Bond into the Double O section than M or anyone else in the Secret service.



And the really big one: we find out, definitively, why Bond drinks his martini's shaken not stirred.

If that alone isn't worth the price of admission you are probably not going to find the rest of the book all that remarkable.

I sincerely hope that at some time in your life you meet a book that turns you into a fanatic. It happens to me frequently. Maybe that book could be *Forever and a Day*. As they say, the games a McGuffin.

## DOCTOR WATSON, "THE NEEDLE."

It's time to celebrate! It's a new Sherlock Holmes book written by Mr. Anthony Horowitz, *The House Of Silk*. Once again, he has come up with a highly original adventure cloaked in all the elements that make crazy SH fans happy. I should know, I'm one of them.

The literary estate of Mr. Conon-Doyle has not allowed anyone to write an authorized SH novel since 1887. In the present day 125 years later, the executors of the literary estate ran into and authorized best-selling British author and SH fanatic, Anthony Horowitz, who proceeded to write *The House Of Silk*.

Although no Scotland Yard inspector would think to say it, the case was a slam dunk. The fat lady was about to sing and Holmes could be dead in a week. Watson had to work fast. The game was not just afoot, the game was both feet.

I can tell you that there is an appearance by Holmes' brother, Mycroft Holmes. Then Dr. Watson has dinner with a very mysterious fellow who wants to help Holmes escape prison. You will not believe his identity

which we don't find out till the end of the book. I won't reveal any more of the "holy c\*\*p" moments I was having throughout the entire story. There are dozens.

Anthony Horowitz has done the impossible. He has made it seem as though we got a SH mystery written by Sir Dr. Arthur Conon-Doyle. In fact, the best Sherlock Holmes mystery EVER. Horowitz is a zealous fan of Sherlock Holmes and what a fitting tribute to the genius of Conon-Doyle.

WARNING: You will be skipping meals and forgetting to eat. Your sleep will certainly be interrupted so start reading early in the day. Lock the door and turn off your phone. Try not to be too grumpy when people interfere with your reading. Stockpile snacks. Don't say I didn't warn you.

## WAY STATION

Like most of the soldiers of the Civil War, Enoch Wallace found no honor, pride in America, or soldier's sense of remorseless duty. Instead he found horror, death, mutilation, and a tortured value system that was anything but moral.

*Way Station* by Clifford D. Simak tells the rest of Enoch's story. The tale switches to the present where Enoch finds himself to be over 100 years old but looking like he is 30. His best friend has an unpronounceable name so Enoch names him Ulysses.

Oh yeah, Ulysses is an alien from a distant star system in the Milky Way galaxy. He has been sent to Earth to set up a way station for interstellar, sometimes intergalactic travelers.

*Way Station* by Clifford D. Simak is considered a classic. It won the prestigious Hugo Award. Simak would go on to win two more Hugo's and a Nebula Award. He was anointed with the title Grand Master by the Science Fiction Writers of America. Arthur C. Clarke once said of Mr. Simak, "to read science fiction is to read Simak." I'd be putting that on my resume.

Do yourself a favor and read anything by Clifford D. Simak. Just start with *Way Station*. If I did star ratings...on a scale from 1 to 10....probably a 20. ■



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# NEW YEAR...NEW “INSURANCE”

BY DR. WILLIAM KUTTLER, D.D.S., KUTTLER DENTAL TEAM

While daily news continues the debate regarding health care and medical insurance options, for a variety of reasons, as the calendar is ready to turn to a new page, our office gets more calls pertaining to dental benefit plan selection, i.e. what some people call “dental insurance”.

When an employer has purchased a plan that provides dental coverage for you and/or your entire family, it is usually a great deal for you! You are gaining a benefit that is usually tax free and that helps pay for dental services at a reduced cost for you. In most cases, that qualifies as a “no brainer”—take it!

However, when you either are asked to pay for the company plan yourself or you decide to shop for coverage on your own, that may be a very different situation. I would suggest that you then need to be asking a series of focused questions before making a purchase.

What’s the difference? Company plans are based on a large number of individuals, many of whom either won’t use the plan or have minimal needs. In that case, those premium dollars help cover the people who have significant issues that involve much more expense. As long as your premium costs are low, you win!

If, however, you are looking to purchase an individual plan, the company can probably assume a few things: You’ll use the plan by having regular visits to your dentist, and that you probably have a history of significant dental expenses (otherwise why would you be looking to purchase the coverage?)

Therefore, your premium will probably be significant and your benefits may well be fairly limited. That’s why you need to ask the following questions:

- How much is the monthly premium?
- Does it just cover you or does it also cover your entire family—and how is the term “family” defined?
- What is the annual maximum benefit—either for each person that is covered or for the entire covered “family” if that’s who the plan is for?
- What is the annual deductible and again, is it for each person covered or for the “family”?
- Is it a graduated plan? By that I mean will it provide more benefits and/or higher payments in the second year than the first, etc.?
- Is there a waiting period before you receive any coverage other than preventive or basic services and, if so, how long is it?
- Can you continue to see your current dentist without incurring any financial penalties?
- Is the coverage different for IN network dentists versus OUT of network dentists? (This question is very similar to the previous one, but the answers may be different.) If the coverage IS different, which category does your current dentist fit into?
- What percentages are paid for the following different types of treatment:
- Diagnostic services such as examinations and x-rays?
- Preventive services such as cleanings?

- Minor restorative services such as tooth-colored fillings?
- Major restorative services such as crowns and replacing missing teeth with either fixed bridges, partial dentures, or implants?

Once you have the answers to those questions, you can begin to make an informed decision about whether or not you want to purchase the plan. Some of the variables may be how great is your risk of needing significant treatment and will that type of treatment be covered? You could ask your dentist for some approximate fees and compare them to the coverage you would receive. If you have generally gone to your dentist every six months, and you’ve had very few problems, then compare the cost of those two visits to what your premium would be and how much the deductible is. Your decision might suddenly be very obvious!

In general I’ve advised most people to investigate a health savings account (HSA) if they qualify for it. Most of the time if they deposit the amount of the premiums in it, over the years they are likely to come out way ahead. Even if they don’t qualify for an HSA, most people could probably open a “dental savings account” and still be ahead.

Of course every situation is different, but asking the right questions may save you a large amount of money and hassle. Good luck with the process. HAPPY 2019! ■

Move over, Steve!  
Do it yourself advice from  
a new mom who knows how...

by Sara Carpenter  
from Steve’s Ace Home & Garden



## LET’S TALK CAR SEATS!

Hi! This is Tricia, Sara’s sister filling in this month. Sara and I are both Certified Child Passenger Safety Technicians. We have taken a detailed week-long course in Des Moines on all aspects of safety in vehicles and are even required to re-certify every two years to keep up to date. We’re in great company with several other members of the community including some police officers, fire fighters, EMTs, and social workers. We all have one common goal: to do everything in our power to make sure your children are as safe as possible when they leave our store, or check-up events.

Car seat safety is a hot topic amongst parents and caregivers. With several states changing their laws on

child restraints, it can be confusing to know what information is correct.

I often hear from parents that they’re concerned their toddler is uncomfortable because their legs are too long to rear-face. Another concern we hear is they are worried their legs would break or get more damaged in an accident since they are “scrunched” up. It’s AMAZING how flexible our kids are. When my son turned two, he was

in the 95% for height and weight and had no trouble rear-facing in my tiny little sedan. He either sat cross legged or propped his feet up on the back of the seat.

And what about their legs in an accident? While we always hope they don’t get injured, broken legs can be fixed. They are much more likely to suffer major spinal and neck injuries when they are forward-facing too

soon. Their little bodies and bones are not developed enough to withstand the energy from a crash. Still on the fence? Google “Joel’s Journey.”

Have you been hearing a lot of news reports warning about winter coats and car seats? In most cases, it’s not safe for your children to wear thick

coats in their car seats. Unfortunately, most coats do not compress enough to properly restrain your child in the event of a crash. We recommend layering a long sleeve shirt, and a thin fleece jacket/pullover and then buckling your kiddo in. Lay a blanket over their lap for extra warmth if necessary.

Not sure if your child’s coat is appropriate for the car seat? No problem. Put the coat on your child, buckle them in the seat like normal. Then without loosening the straps, remove your child from the seat. Remove their coat, and place them back in their seat. Notice how loose the harness straps are? That’s how much room they have to move around in the event of a crash. Don’t see any difference? Then their coat compresses enough to wear during travel.

Want to be sure your child’s car seat is installed correctly or just have a question? Feel free to email me at [tricia@stevesace.com](mailto:tricia@stevesace.com) to set up an appointment. ■

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## PUZZLE PAGE

### WHERE'S GENERAL BOB?

General Bob is out and about. Do you know where he's at?



### Conceptis Sudoku

By Dave Green

5	9						3	8
6			7		1			2
	4		9		5		2	
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	2		6		3		7	
3			1		8			9
7	6						5	4

Difficulty Level ★★★★★

12/30

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PUZZLE ANSWERS ON PAGE 30

## PREMIER Crossword

By Frank A. Longo

### AUTO SUGGESTION ACROSS

- 1 Halo sporter
- 6 Nest nuggets
- 10 Had no being
- 15 "Vamoose!"
- 19 "I wanna try!"
- 20 Cameo, e.g.
- 21 Lend — (pay attention)
- 22 Poi source
- 23 Participants in a guided discussion
- 25 Longtime kids' nature magazine
- 27 Spanish for "bear"
- 28 McDonnell Douglas jet
- 30 Refuge
- 31 Thelma's cohort, in film
- 34 Use an entryway
- 35 Velvet or Hallowender
- 36 — hop (jitterbug)
- 37 14- to 18-year-old in a British youth association
- 40 Source copy: Abbr.
- 42 "BTW" part
- 43 You, in Berlin
- 44 Road given a no.
- 46 Pop-rock singer Simpson
- 50 Kind of sheet metal
- 54 Border illumination on some smartphones
- 57 Mini-whirlpools
- 58 What bran provides, to Brits
- 60 Grads.-to-be
- 61 Basso Pinza
- 62 Outfits anew
- 64 "No" voter
- 65 "— culpa!"
- 66 Slender nails
- 67 Large cosmological aggregate
- 71 Imams' God
- 75 U.S. tax org.
- 76 Berlin article
- 77 Ejected lava
- 82 Waste time
- 83 Party game
- 84 "— not lost"
- 86 1980s TV's Remington
- 87 1966 Wilson Pickett hit
- 90 The "I" of 75-Across
- 92 Show up for
- 93 Farm female
- 94 Abbr. for those with only one given name
- 95 Mil. unit
- 96 Tooth anchor
- 98 First extended stay on the International Space Station
- 104 Spiny plants
- 107 With 103-Down, didn't know at all
- 109 Radio knob
- 110 Loin steaks
- 111 Put in order

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- 113 Writer Franz
- 114 "Y" athlete
- 115 Annual Arizona football game
- 117 New York City fashion-industry agency whose name is apt for this puzzle
- 122 Shoe fillers
- 123 Conical tent
- 124 Comics' Kett
- 125 "Peachy!"
- 126 Sommer of Hollywood
- 127 Lauder of fragrances
- 128 Asian nation
- 129 Garish
- 14 Nonkosher
- 15 More direct
- 16 — terrier
- 17 Curved
- 18 Sweet white wine
- 24 Word after film or play
- 26 Frank topper
- 29 Musician Brian
- 31 Vowel, e.g.
- 32 Bull leather
- 33 Capsizes
- 35 Ending for major
- 38 Conn. hours
- 39 Compulsion
- 41 Inferior mags
- 45 Someone — problem
- 47 Tony winner Minnelli
- 48 Writer Blyton
- 49 Huge heads
- 51 More, in music
- 52 "Psycho" co-star Janet
- 53 Dog in "The Thin Man"
- 54 Bidding site
- 55 Common battery type
- 56 Infuriated
- 59 "What You Need" rock band
- 63 Injured-arm supporter
- 65 Actor Paul
- 66 Yahoo
- 68 Left the bed
- 69 Kin of a tulip
- 70 Once, once
- 71 Mater lead-in
- 72 Yahoo
- 73 Rearmost
- 74 It lingers in the mouth
- 78 — annum
- 79 Bodily band
- 80 Benes on "Seinfeld"
- 81 Investigates
- 83 Annul
- 84 Author Haley
- 85 A lot like
- 88 Rub oil on
- 89 Wowed
- 91 Future louse
- 94 Bismarck is its cap.
- 97 Realm of Oedipus
- 99 PalmPilot, e.g., in brief
- 100 — Tower (Paris sight)
- 101 Agenda part
- 102 Like an oval or rectangle
- 103 See 107-Across
- 104 — latte
- 105 Disney's "Little Mermaid"
- 106 Streamlet
- 108 Become a parent to
- 112 Fence "door"
- 113 Swiss painter Paul
- 116 Really small
- 118 Berlin article
- 119 Water, to Somme folks
- 120 "Inc." cousin
- 121 — latte

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# PICTURE YOURSELF IN THE TRI-STATES!



Country music legends Mickey Gilley and Johnny Lee perform at the Diamond Jo Casino's Mississippi Moon Bar. Photo by Bob Felderman.



Above and below, kids pose with Frozen characters and the jolly fat man himself during the Toys For Tots Kids' Christmas Party at Five Flags Arena. Photos by DigitalDubuque.com



Dubuque Police Department members help to distribute new winter coats and more to great kids served through the programs at St. Mark Youth Enrichment.



Demolition, so far, of the decommissioned Alliant Energy power generating station near the Port of Dubuque along the Mississippi River. Photo by David Klavitter.



Does a KISS-mas party count as a Christmas Party? It does when the KISS tribute band Strutter rolls into the Q Showroom @ Q Casino. Photo by Joshua Brokus.



A wonderful tribute to Nat King Cole wows the crowd at the Five Flags Theater in downtown Dubuque. Photo by Bob Felderman.



Check out these awesome renderings of a proposed new Five Flags Arena in Dubuque!



The employees of Cottingham & Butler Financial Services in Dubuque not only filled a truck with toys for Toys For Tots, they topped it off with a whopping \$7000+ in cash donations. Wow!



The annual Live Nativity Scene returns to the lawn in front of St. Peter Lutheran Church on Asbury Road. Photo by Lisa Maiers.

*Tommy Bahama*

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**DEAR GWEN,**

My wife and I have been together for 12 years. We usually run our household errands together because we genuinely have a good time. She and I goof around and crack jokes through whatever mundane tasks we have to do. But lately, something has been irking me when we go to the grocery store: she has started pulling things back out of the cart, things I've chosen to buy, and she tells me to put them back. I'm a grown man! Our money is in a joint account and I have just as much of a right to buy frozen Eggos than she has to buy those expensive kale chips she likes. I guess initially I should've just refused and put the items back in the cart, but she caught me off-guard, and I've been putting things back for the past few months. What do I do now? How can I keep from having to take a whole separate trip to the grocery store without her, just so I can get the good baked beans, you know? What should I do?  
—Sincerely, Hangry on Hillcrest

**DEAR HANGRY ON HILLCREST,**

A few thoughts: Invest in those kale chips. They charge idiots (like your wife) \$12 for two dried leaves covered in nutritional yeast and those CEOs probably live in the same neighborhood as Mariah Effing Carey. Investing in the kale chips doesn't necessarily solve the problem at hand, but free money from middle aged ladies in Lulu Lemon pants, homegirls who chug essential oils or whatever, sounds pretty okay to me.

I wonder why she's making you put things back. Have you investigated? If it's for health reasons, put a whole pack of cigarettes in your mouth at once. Show her how little your life matters to you. Eggos and those good baked beans are the medicinal salve for the disease of existence, my dude. Some people drink, some people do drugs, and other people eat gelato until they have to stretch out to make more room for gelato. To each

his own, my man. Tell her to heckin write a blog about it. Or do some hot power yoga about it.

Get that good good while the good's good, you know?  
—xoxo Gwen

**DEAR GWEN,**

I'm in my late 60s and I want to be a writer. I've had a smattering of publications over the years, but I haven't had any stories or poems published in major print publications. Is it too late to follow my dreams?  
—Yours Truly, Father Fantasist

**DEAREST, DARLINGEST FATHER FANTASIST,**

If Glenn Jacobs (Kane) can decide he's gonna hop out of the WWE ring and be a Libertarian or a Republican or whatever in Tennessee at 50, you can do whatever the heck you want. Nobody's qualified for anything anymore.

Honestly, the lit market is so saturated at this point, you should do what the other writers do: make a magazine, hide the masthead, and publish your damn self. Or, I mean, maybe I'm just saying that no one will read or care about anything you do because nothing is good and the internet makes things too accessible and it's ultimately a waste of time and energy. Maybe after you pour yourself into two chapbooks, you can make more money than you've ever made as a writer (even when you were in that anthology with Joyce Carol Oates) writing garbage advice for garbage people.  
—xoxo Gwen

**GWEN WERNER**

GWEN WERNER IS A SORORITY DROPOUT AND CRYBABY, READY AND WILLING TO BOSS YOU AROUND. IF YOU WANT TO TELL HER SHE'S PRETTY, EMAIL [GWEN.S.WERNER@GMAIL.COM](mailto:GWEN.S.WERNER@GMAIL.COM).

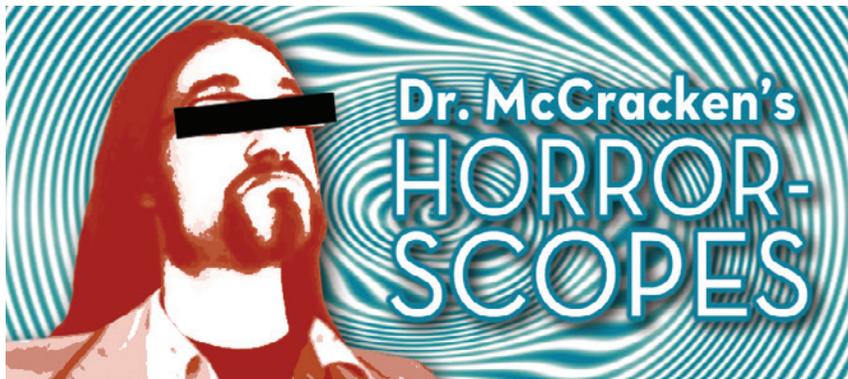
**PUZZLE ANSWERS**

A	N	G	E	L	E	G	G	S	W	A	S	N	T	S	C	A	T			
L	E	M	M	E	R	O	L	E	A	N	E	A	R	T	A	R	O			
F	O	C	I	S	G	R	O	U	P	R	A	N	G	E	R	R	I	C	K	
O	S	O	D	C	T	E	N	S	A	F	E	A	R	E	A					
L	O	U	I	S	E	G	O	I	N	E	E	N	L	I	N	D				
E	X	P	L	O	R	E	R	S	C	O	U	T	O	R	I	G				
T	H	E	S	I	E	R	T	E	A	S	H	L	E	E						
T	I	N	P	L	A	T	E	E	D	G	E	L	I	G	H	T	I	N	G	
E	D	D	I	E	S	F	I	B	R	E	S	R	S	E	Z	I	O			
R	E	S	U	I	T	S	N	A	Y	M	E	A	B	R	A	D	S			
A	L	L	A	H	I	R	S	E	I	N	E	R	U	P	T	E	D			
L	O	A	F	U	N	O	A	L	L	I	S	S	T	E	E	L	E			
M	U	S	T	A	N	G	S	A	L	L	I		I	N	T	E	R	N	A	L
A	T	T	E	N	D	E	W	E				N	M	I						
R	O	O	T	E	X	P	E	D	I	T	I	O	N	E						
C	A	C	T	I	H	A	D	D	I	A	L	T	B	O	N	E	S			
A	R	R	A	N	G	E	D	K	A	F	K	A	E	L	I					
F	I	E	S	T	A	B	O	W	L	F	O	R	D	M	O	D	E	L	S	
F	E	E	T	T	E	P	E	E	E	T	T	A	N	E	A	T	O			
E	L	K	E																	

5	9	1	4	2	6	7	3	8
6	8	3	7	5	1	9	4	2
4	7	2	8	3	9	5	1	6
8	4	7	9	1	5	6	2	3
1	3	6	2	4	7	8	9	5
9	2	5	6	8	3	4	7	1
2	1	9	5	6	4	3	8	7
3	5	4	1	7	8	2	6	9
7	6	8	3	9	2	1	5	4

Difficulty Level ★★★★★ 12/30

GENERAL BOB IS AT THE PLATINUM BUILDING



**ARIES**  
(MAR 21-APR 19)  
Be careful about the way your words come across to others because you never know when you'll be talking to the leader of a dystopian society that came into power while you slept the night before. Take time to be kind to avoid being decapitated by confusing bylaws.

**TAURUS**  
(APR 20-MAY 20)  
Today could be the day you've been waiting for or it could just be another day where you go to your job and come home, too exhausted to do anything except be advertised to between whatever it is you're watching that will help you forget that you have to live in the same exact hell-scape tomorrow and the day after that until you get a vacation and get to look at sand for a week or whatever.

**GEMINI**  
(MAY 21-JUNE 20)  
Something is urging you to take action, and that something is the pack of dogs chasing you from the municipal waste site you're trying to break into because you think rolling around in toxic stuff will give you superpowers, superpowers that would come in handy when running from a pack of dogs.

**CANCER**  
(JUNE 21-JULY 22)  
You will find that your emotions are much more under control when you don't butt chug a gallon of store-brand NyQuil and try to pick a fight with a coat rack in a fancy restaurant between the time you start arguing and the time the cops show up to taze you into a blissful sleep.

**LEO**  
(JULY 23-AUG 22)  
Things may seem a little cloudy today, but there's always someone looking out for you, or at least looking at you and watching your every move through a series of panopticon-like surveillance techniques put in place by the previous owners of your residence.

**VIRGO**  
(AUG 23-SEP 22)  
Things have been quiet for awhile from The Federation of Vaporous Government Entities that may or may not actually exist, but there have been a shocking number of Virgo star-sign people turning into piles of dust and then back into people lately. Expect a letter soon that will reassure you that this is nothing to consider.

**LIBRA**  
(SEP 23-OCT 22)  
Try to curb your tongue and you will find that the more sensitive you approach someone's feeling, the more likely you are to be taken advantage of by them and have to give them your Social Security Number, attend their Scentsy parties, mow their lawn, raise their children, give them your internal organs, and rewind television shows you're watching with them because they were trying to tweet a picture of a Cheez-It they were eating and missed a crucial plot point.

**SCORPIO**  
(OCT 23-NOV 21)  
Your lucky number is 36.

**SAGITTARIUS**  
(NOV 22-DEC 21)  
Your thinking is clear and you'll find that things are running relatively smooth despite the fact that America is ran by a guy under a dozen federal investigations who opened up a special messenger service he's urging everyone to call in and thank him for the wonderful job he's been doing.

**CAPRICORN**  
(DEC 22-JAN 19)  
Your emotions may be more in tune with the world around you, but they may just be charging up to freak out on someone at a falafel cart.

**AQUARIUS**  
(JAN 20-FEB 18)  
Seriously, your cats are like an Onion article about cats.

**PISCES**  
(FEB 19-MAR 20)  
You might second-guess yourself, but that's only because you've been raised by a society that tells you that you can be anything and then shames you if that thing doesn't have any monetary value.

**RYAN WERNER**  
RYAN WERNER IS A PROFESSIONAL SPEAKER, ATTITUDE EXPERT AND PROBLEM SOLVER. HE ENGAGES, ENTERTAINS AND EDUCATES AUDIENCES AROUND THE WORLD.

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**BOY BAND REVIEW**

**MONDAY, DECEMBER 31 :: 9PM**

STANDING ROOM ONLY | \$10 TICKETS

## NEW YEAR'S EVE **BUFFETS**

**\$22 LUNCH** | **\$25 DINNER**  
11AM-3PM | 5PM-10PM

Menu items include Broasted Chicken, House-Made Pot Roast, Smoked Beef Brisket, Cajun Catfish, Loaded Mashed Potatoes, Seasonal Vegetables and more!



## NEW YEAR'S DAY **BUFFET**

**\$20** | 11AM – 7PM

Featuring Carved Ham, Roast Sliced Turkey, Broasted Chicken, Sweet Potato Casserole with Ginger Snap Crumble, Roasted Butternut Squash with Maple Bacon Glaze, Green Bean Casserole and more.



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