

# 365ink

MAGAZINE

AUGUST 24-SEPTEMBER 6, 2017 ISSUE #298 DUBUQUE365.COM FREE!

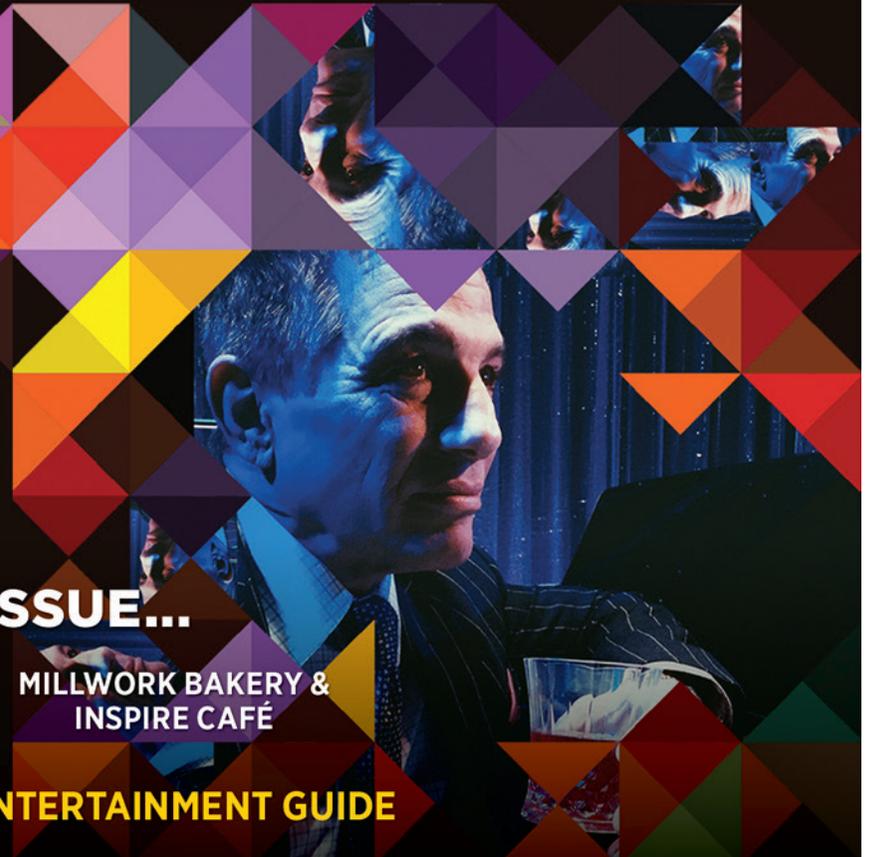


UNIVERSITY of  
**DUBUQUE**  
THE DIAMOND UNIVERSITY

2017-2018

*Celebrating 5 years!*

# Kaleidoscope TO THE ARTS



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TEAM OF DREAMS

MILLWORK BAKERY &  
INSPIRE CAFÉ

**THE TRI-STATE'S FREE ENTERTAINMENT GUIDE**

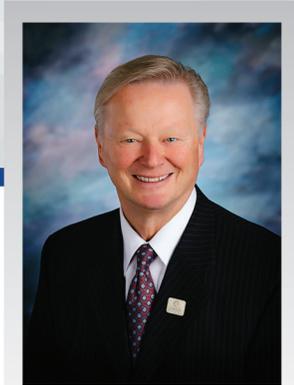
**“Combining Real Results and Transformative Vision”**

Mayor Roy D. Buol's 11th Annual  
**State of the City Address**

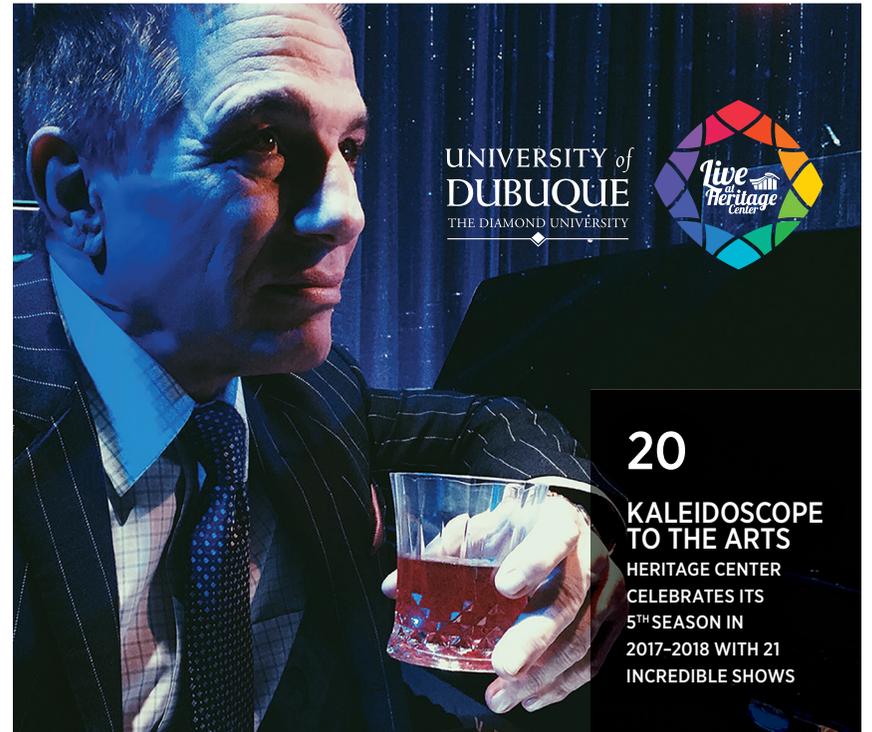
Monday, September 11, 2017

7:00 p.m.

City Council Chambers  
Historic Federal Building  
350 W. Sixth St.



*If you are unable to attend, the address will be aired live on CityChannel Dubuque (cable channel 8 or digital 117.2) and streamed and archived at [www.cityofdubuque.org/media](http://www.cityofdubuque.org/media).*



**20**  
**KALEIDOSCOPE TO THE ARTS**  
HERITAGE CENTER CELEBRATES ITS 5<sup>TH</sup> SEASON IN 2017-2018 WITH 21 INCREDIBLE SHOWS

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**WHERE'S WANDO?**



WE'VE HIDDEN WANDO SOMEWHERE IN THIS ISSUE OF 365INK. CAN YOU FIND HIM?

**DUBUQUE365/365INK MAGAZINE**

432 BLUFF ST, DUBUQUE, IA 52001 • [DUBUQUE365.COM](http://DUBUQUE365.COM) • 563-588-4365

So, anything interesting happen in the news since last issue? Sigh... I thought about talking about it, but why? If you seriously can't decipher the difference between George Washington and Robert E. Lee or the Confederate Flag and the Statue of Liberty, I don't think anything I can write here will ever be able to impress upon you the concept of white privilege. #sad #makeamericanotcrazyagain

But since we're sort of on the topic, let's come a little closer to home and talk about something that might be making people who are uncomfortable with leaving their "safe place" squirm in their tighty whiteys. It's not statues, but it is art.

If you've driven through the Old Main portion of downtown Dubuque in the last month you have to be blind or have a very big problem with the whole driving and looking at your phone at the same time issue to miss the new murals going up all over the area. Where once stood brick or cinder block walls in varying states of aesthetic quality, now manifests bold and colorful feasts for the eyes.

The first ones went up last fall with rave reviews. Now that they are springing up all over, some people seem to be a little uncomfortable with all the change. I get it. Change is hard for some people.

I should have know when I found out Gene Tully and Sam Mulgrew, two of the creative minds behind the now legendary Voices From the Warehouse District, were going to be doing murals downtown, that they weren't going to half-ass it. Go big or go home. Make a lasting impact. You certainly cannot drive down lower Main Street and not be impacted. It's art. It should impact you.

Some letters to the editor and Facebook comments—not the tons that adore the new artwork but the few that don't seem to like it so much—have a variety of gripes about it. Some want the paintings to feature local landmarks and scenes. I understand the desire to localize the imagery. But I also know that you can see a bluff or a paddle-wheeler just about anytime you want in this town. Do you really need a painting of those things? I see that at least one of the works features notable Iowans in the work. But again, this is art. Knowing the Voices crew, if the projects were going to be super safe art, the kind of pictures you see hanging on the wall in a Perkins, they would not be interested in doing that. I suppose someone might be able to recreate a Grant Wood piece on a wall, but we've seen that. It's just tracing something that's already out there. It's not original work. The mission behind Voices is it's all about originality.

The other beef was about not using local artists. You might not know this, but you don't just crawl up on a ladder for the first time and paint a wall and have it turn out right. The artists that the Voices crew has commissioned to create these new artworks are well known in their field, the very specialized field of mural painting. At least one has recently been recognized as the best in America at what she does. These are professional artists. This is their craft. This is their livelihood. We're fortunate to have to agree to come to Dubuque and share their work. And lucky for us, Dubuque-native Andonia Giannakouros was selected to create a mural at Monk's on Bluff St.

I guess I can't help it if you don't like one or some of the works. Again, I don't believe art is intended to be loved and appreciated by all. I think art that's meant to make everyone happy is called "marketing." Art should challenge and inspire. It should not answer questions but ask them. I agree that public murals should not be offensive or off-putting, but I don't think any of these are like that in any way. I think some people are just really shocked to see so much color on those walls and in some cases, in a very avant garde or abstract way. It's hard to wrap their head around it.

I've not heard much about what the city officials think of them yet, but I'm sure that as soon as they get awards, you'll see them happily added to the roster of community accolades.

I think, when completed, the works will make for a great walking tour of Downtown Dubuque. People will come here to see our murals, not just because they're great but because there are so many. For the next decade, we will become know as the city of murals. And yeah, if the paint wears in 10 years, we can decide then if we cover them with new murals or remove them. Either is an option. Knowing they will not last forever is no reason to not do them. I know my 9-year-old rescue dog won't live forever either, but I'm thrilled he's mine for as long as I have him.

I hope you come downtown soon to check them out. We'll cover this in much more depth soon in *365ink*. They're scheduled to be completed by Labor Day. And they're not all big, nor in highly visible places. That's one of favorite parts. There will be some hidden gems that you'll have to seek out. I hope you seek them with an open mind and a creative spirit and see that these new works of art will bring vitality and energy to an already historic part of our community. Kudos to Gene, Sam, the Voices crew and all of the talented artists for you bold visions and actions. ■

## MISSISSIPPI MOON BAR

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SEPTEMBER 16  
**JOE NICHOLS**  
Country



SEPTEMBER 22  
AUSTRALIA'S  
**THUNDER DOWN UNDER**  
Aussie Adventure 2017 Tour



SEPTEMBER 23  
**RETURN TO SEATTLE**  
Tribute to Pearl Jam, Alice in Chains, Mad Season and Nirvana



SEPTEMBER 24  
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#2 HIT "THINK A LITTLE LESS"

**FRIDAY, OCTOBER 20 :: 8PM**

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## THE LACS

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## SUMMER'S LAST BLAST 18

KICKING OFF WITH CHASE BRYANT

AUGUST 24-26

Q CASINO BACK WATERS STAGE (1855 GREYHOUND PARK RD)

In its 18<sup>th</sup> big year, Summer's Last Blast moves to the convenient and cool new outdoor summer Back Waters Stage at Q Casino. The long-running live music, food and cold beverage festival has come to make the close of the festival season in Dubuque. No, it's not the last one technically, but the kids are in school again so why not get together and say bon voyage to another summer?

This year the great music spreads across three big days, starting with a very special Thursday night concert featuring rising country music star Chase Bryant featuring his two top 10 hits, "Little Bit Of You" and "Take It On Back." He's joined by special guest Jake McVey. Tickets for this

show are \$25 for general admission or \$35 for V.I.P. seats and are available online at [QCasinoAndHotel.com](http://QCasinoAndHotel.com).

The totally free music starts on Friday with a quartet of great acts including local favorites Menace and MissBehavin', sing along summertime fun acoustic trio the Swing Crew, and Chicago's best cover band sensation Sushi Roll!

Saturday night brings four hard rockers to the Back Waters Stage as Zero 2 Sixty, Half Fast, Johnny trash and Electric Shock the AC/DC Tribute bring the party.

All three nights are open to all ages. What a great way to rock out your weekend for next to nothing! You'll have plenty of extra money for the great food and drinks available on site. ■

## IRISH HOOLEY MUSIC FESTIVAL

SATURDAY, AUGUST 26

NOON-10 PM @ ALLIANT

AMPHITHEATER, PORT OF DUBUQUE

The Dubuque Irish Hooley hosts its 13<sup>th</sup> Annual Dubuque Irish Hooley Music Festival with world-class Irish music, Irish Dance, cultural events, food and gift vendors, and beverages from Ireland and America, on Saturday, Aug. 26, at the Dubuque Star Brewery and Alliant Amphitheater, in the Port of Dubuque.

Cost to enter is \$12 on the day of the event, with advance discount tickets now on sale for \$10 at Family Beer & Liquor, Shamrock Imports, Premier Bank, Happy's Place, and Butt's Florist.

The newest Irish music group from Dubuque, Ballyheigue, is an up-and-coming band that has new selections worked up just for the Hooley. The Lads of Dubuque follow to energize the crowd, and they have some new selections along with many old standards. The band Connla is new to the U.S. and is very talented. They make their debut in our country with this event. The Led Farmers return to Dubuque as the headliner this year after taking the stage at last year's Hooley.

The Irish Hooley Music Festival offers an annual cultural event by collaborating with like-minded non-profit organizations and a host of volunteers and sponsor companies. According to board member Bob Felderman, "In the past 12 years, over \$471,000 has been contributed in the Tri-States area. We've been seeking a good cause to support and have found a good fit in terms of participating and helping



with our volunteer efforts with Research for the Kids (RFTK). The Irish Hooley sees this as the beginning of a lasting and mutually beneficial association."

Irish Hooley is sponsored by Premier Bank, Family Beer & Liquor, Ancient Order of Hibernians (AOH) Dubuque County Division #2 and Town Square Media.

Beverages are provided by Matthews Distributing, 7G, Stone Cliff Winery, Potosi Beer, and Pepsi of Dubuque. Food vendors include the Dubuque County Fairgrounds, L. May Pizza, Freddie's Popcorn, Mi Ranchito Tacos, Catfish Charlie's and Firehouse Chefs. There will also be a silent auction.

For more information, visit [IrishHooley.org](http://IrishHooley.org). ■

### IRISH HOOLEY SCHEDULE

8:15 AM	4 <sup>th</sup> Annual Hooley Hustle
Noon	Gates open
12:30 PM	Opening Ceremony with Ancient Order of Hibernian's Dubuque County Divisions
12:45 PM	Dubuque Fire Pipes & Drums
1:15 PM	Veterans Salute by Brigadier General, Bob Felderman, US Army, Retired
1:30 PM	McNulty School of Irish Dance
2:30 PM	Ballyheigue
4:00 PM	The Lads
6:00 PM	Connla
8:30 PM	Led Farmers

FRIDAY, AUGUST 25



**Middle Eastern Night**

6-9 PM @ CONVIVIUM URBAN FARMSTEAD  
Convivium Urban Farmstead will be serving Middle Eastern “mezze,” which is a traditional celebratory meal that consists of wave after wave of small plates served family style. Beer and wine is included in the ticket price. End the evening with some sweet treats, Turkish coffee and mint tea. Festive clothing is encouraged! Register in advance. \$60. 2811 Jackson St. **563-557-2900. convivium-dbq.com.**

**Library Spelling Bee**

7 PM @ PLATTEVILLE PUBLIC LIBRARY (PLATTEVILLE, WI)  
Are you smarter than auto-correct? Are you the household Scrabble champ? Show off your spelling skills at the library’s first ever spelling bee, or come cheer on your friends and family as they compete for spelling glory. There will be snacks, prizes, and a guest announcer. Eligible spellers must be adults or teens entering 9<sup>th</sup> grade or above. Register in advance. 225 W Main St, Platteville, WI. **608-348-7441. PlattevillePublicLibrary.org.**

SATURDAY, AUGUST 26



**Gridiron Grilling with Chef Jason**

10-11:30 AM  
@ CARNEGIE-STOUT PUBLIC LIBRARY  
Local area Chef Jason Neuhaus will be sharing his recipes and grilling expertise by preparing tailgating favorites on a portable grill: hamburgers, chicken wings, brats and black bean burgers. Attendees will get to sample his recipes. Adults 18+. Rain or shine. Register in advance. **563-589-4225**, or visit the Library’s website, **dubuque.lib.ia.us.**

**Composition Workshop**

10 AM-NOON @ EVERYTHING PHOTOGRAPHY  
Don’t just take a picture. Slow down, and make a photograph. Learn how to intentionally arrange the elements in a scene, make your subjects stand out against chaotic backgrounds, and harness perspective to create scenes with impact. You do not need a fancy camera with manual controls for this class. In fact, your phone camera will be just fine. Free. 90 Main St. **563-845-7207. EveryPhotoStore.com.**



**Wellness at the Galena Public Library**

11:30 AM @ GALENA PUBLIC LIBRARY (GALENA, IL)  
The Galena Public Library hosts a series of programs that will focus on wellness and health. The programs are presented by “JAM Envision: Wellness for Everyone” founders MC Loeffelholz and Jolene Roling. Lunch is included. Register in advance. **815-777-0200. distler@galenalibrary.org. GalenaLibrary.org**



**8<sup>th</sup> Annual Potosi Brewfest**

1-4:30 PM (NOON FOR VIPS)  
@ HOLIDAY GARDENS (POTOSI, WI)  
Admission includes an opportunity to sample the work of 35 craft brewers, home brewers, wineries, and Wisconsin cheeses, plus live music, a tour of the National Brewery Museum and a commemorative tasting glass. **PotosiBrewery.com.**



**2<sup>nd</sup> Annual Dubuque International Overdose Awareness Day**

3-9:30 PM @ WASHINGTON PARK  
International Overdose Awareness Day is a global tribute that raises awareness of overdose, reduce the stigma of a drug-related death, and acknowledges the grief felt by those left behind. Bring a photo or memento to add to the memorial board display. Wear purple to show your support. Face painting/temp tattoos, Narcan training, CPR training, yoga, free HIV and HEP C testing, ambulance tours, live music, informational presentations, soak-a-volunteer, raffle prizes, resource tables and poster making. A candle light vigil will be held at 7 PM with a memorial board display, testimonials, luminary bag lighting and music. Free.

**National Toy Truck’n Construction Show**  
NATIONAL FARM TOY MUSEUM

(DYERSVILLE, IA)  
Aug. 26-27. Toy Trucker & Construction Magazine hosts this 27<sup>th</sup> annual toy truck and construction toy show. An auction will be held on Saturday. **1-800-533-8293. ToyTrucker.com.**

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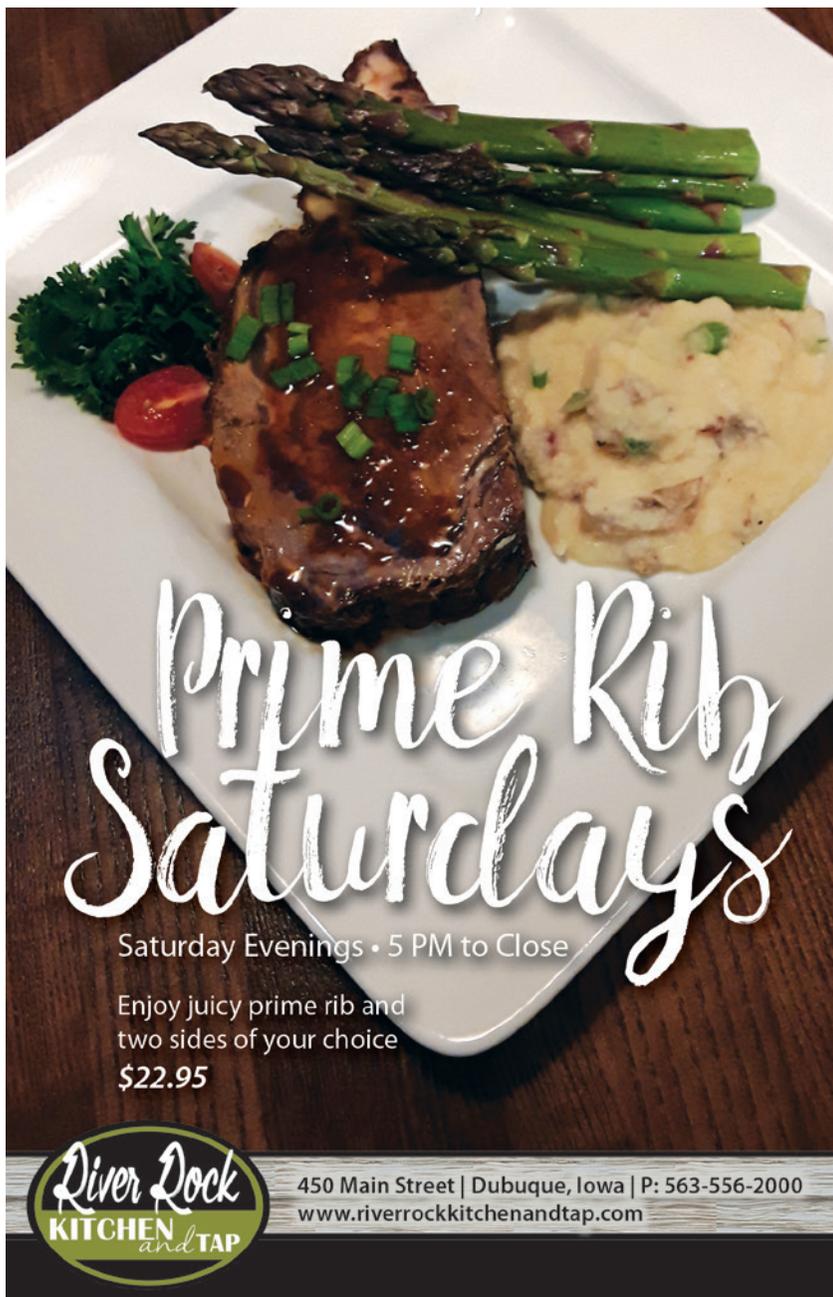


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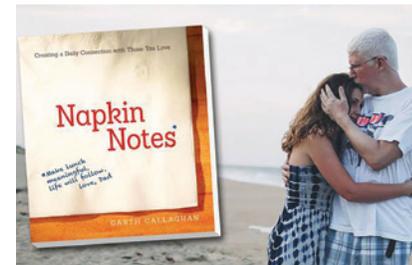
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## “NAPKIN NOTES” AUTHOR GARTH CALLAGHAN RETURNS

**THURSDAY, AUGUST 31**  
**6:30 PM @ HOTEL JULIEN DUBUQUE**  
**BALLROOM (200 MAIN ST)**

The “You Inspire Me Series” welcomes back the celebrated author of *Napkin Notes: Make Lunch Meaningful, Life Will Follow*, Garth Callaghan, to Dubuque on Thursday, Aug. 31 with a FREE public presentation at Hotel Julien Dubuque Ballroom at 6:30 p.m. featuring a very special surprise guest! He will visit schools earlier in the day.

Garth has been diagnosed with cancer four times in the past five years, once with prostate cancer, the other three times with kidney cancer. He is currently under treatment and battling metastatic kidney cancer. When his daughter Emma was in kindergarten, Garth started to write an inspirational note on a napkin and tuck it away in her lunch box. When he was diagnosed with cancer a third time, he was worried he may not live to see Emma graduate from high school. But he wanted to continue the napkin note tradition. So he set out to write all of the notes Emma would need to see her through to graduation, just in case. He wrote 826 napkin notes in all. Not long after, his book has been featured on been optioned to be a Major Motion Picture by Reese Witherspoon’s production company through New Line Cinema.



Garth had such a profoundly positive experience in Dubuque the first time, he wanted to come back and talk to kids again, especially now that he’s even better with the speaking than he was when fame was thrust upon him unexpectedly two years ago. That, and he really wants to see the Field of Dreams in the summertime instead of February. That’s a good enough excuse for us!

The series is made possible thanks to the very generous support of Paramount Ambulance, Premier Bank, The Community Foundation of Greater Dubuque, Hotel Julien Dubuque, and *365ink Magazine*. Proceeds from book sales will benefit the Dream Center in Dubuque.

For more information or to order a copy of *Napkin Notes*, visit [facebook.com/YouInspireMeDBQ](https://www.facebook.com/YouInspireMeDBQ) or contact Jeff Lenhart at **563-880-1042** or [LenhartJeff@gmail.com](mailto:LenhartJeff@gmail.com). ■

## DUBUQUE... AND ALL THAT JAZZ!

**FEATURING THE FINAL MIX**  
**FRIDAY, SEPTEMBER 1**  
**3-9 PM @ TOWN CLOCK PLAZA**

The beloved free summer concert series, Dubuque... and All That Jazz!, wraps up the season on Sept. 1. The Final Mix serves up the latest in R&B, Jazz Fusion, Blues, Hip Hop, Rock & Roll and original material. They have entertained the sophisticated crowds to rocking the houses and casinos. Del “Saxman” Jones, the founder of The Final Mix, even received the honor of being inducted into the Iowa Blues Hall of Fame! Bringing down the house before our opening act will be the George Washington Middle School Jazz Band led by Deb Stevens. Meet us at the Town Clock to welcome Del and the Final Mix to Dubuque, the Jazz! way!

September’s Dubuque... and All That Jazz! will also feature a bean bag tournament starting at 3 p.m. The opening band starts at 3:45 p.m. with the Dubuque Jaycees serving cold beverages starting at 3:30 p.m., The Final Mix



takes the stage at 5 p.m. September’s Jazz is sponsored by Fidelity Bank, Riley Subaru, and Envision Tees.

Jazz also means the chance to connect with fellow Dubuquers over delicious dinner options from local food vendors, in addition to ice-cold beer and Pepsi products served by the Dubuque Jaycees. This year’s selection of food vendors includes: American Bombshell, Town Clock Inn, 1<sup>st</sup> and Main, Watershed, Freddie’s Popcorn, Adobos, Chocolate Hog, Catfish Charlie’s, Court Jester and Chocolaterie Stam.

For more information visit [DowntownDubuque.org](http://DowntownDubuque.org) or contact Dubuque Main Street at **563-588-4400**. ■

## SUNDAY, AUGUST 27



### 21<sup>st</sup> Annual Mopars on the Mississippi Car Show and Swap Meet

8 AM-3 PM @ DBQ CO FAIRGROUNDS  
Browse the large swap area including Mega Parts. Music by GT Express with a Senior High Jazz Band performance. Food and beverage by the Dubuque County Fairgrounds. No carry-ins. Join the Saturday Night Cruise-In on Aug. 26 from 6 to 10 p.m. at the fairgrounds. Donations taken at the gate. All car makes welcome. Presented by The Mighty Mississippi Mopars Willows Chapter of the Chicagoland Mopar Connection. \$10 Car show entry; \$15 swap space; \$10 car corral; \$3 spectators; free under 16 years old. [MightyMississippiMopars.com](http://MightyMississippiMopars.com).

### 25<sup>th</sup> Annual Dodgeville Lion's Club Flea Market and Antique Sale

8:30 AM-3:30 PM @ HARRIS PARK LEY PAVILION (DODGEVILLE, WI)  
Dodgeville, WI Lion's Club Flea Market and Antique Sale returns for the 25<sup>th</sup> big year. 65 dealer spaces will be filled with quality items for purchase and food will be available. Rain or shine. \$3. **608-935-3926**.

### Scientific Illustration Program

2-4:30 PM @ E.B. LYONS INTERPRETIVE CENTER  
Come learn about the field of scientific illustration. We will teach different styles and techniques used throughout the ages before you get your own chance to draw some of our specimens (including live animals)! No prior artistic ability required, all skill levels welcome. Ages 15 and up. Free. 8991 Bellevue Heights.

### Music in the Gardens: Dog on Skis

6:30 PM @ DUBUQUE ARBORETUM  
Thousands of Tri-State area residents gather on the lawn with family and friends to enjoy a wide variety of popular musical attractions that range from swing to country, jazz to blues, classical to show choirs on steroids, and more. Local, regional and national acts have played the Arboretum. Closing the season is Dog on Skis. Dog on Skis features tight musicianship and layered vocal harmonies covering classic rock dance music from the 1950s to the present. **563-556-2100**. [DubuqueArboretum.net](http://DubuqueArboretum.net).

## WEDNESDAY, AUGUST 30



### Salsa Dance Night—Baile Conmigo

6 PM @ THE SMOKESTACK  
Enjoy a free salsa dance lesson with the incredible Katie Koeperich from 6 to 7 p.m., then dance into the evening. Delicious food and beverages available for purchase. Bring a partner or come solo, all are welcome. We love moving to Latin beats—It's fun, freeing, sensual and social. It's free, last Wednesday every month. Free. 62 E 7<sup>th</sup> St. [SmokestackDBQ.com](http://SmokestackDBQ.com).

## THURSDAY, AUGUST 31

### Movie Trivia Memory Café

1-2:30 PM @ SINSINAWA MOUND (SINSINAWA, WI)  
Have fun recollecting and reminiscing about your favorite big screen moments. People who are experiencing memory loss, mild cognitive impairment, early Alzheimer's or other dementia, along with a caregiver, come together to visit, share common interests, and enjoy refreshments and activities. Participants will find common understanding and a safe environment for those living with memory loss. Music, movement, and poetry are all part of the afternoon. Please have a caregiver present. Free. 585 County Rd Z, Sinsinawa, WI. **608-748-4411, ext. 188**. [Sinsinawa.org](http://Sinsinawa.org).



### Feminist Book Group

6:30 PM @ THE SMOKESTACK  
Read and be empowered. The Feminist Book Group will discuss *Homegoing* by Yaa Gyasi. The unforgettable *New York Times* best seller begins with the story of two half-sisters, separated by forces beyond their control: one sold into slavery, the other married to a British slaver. Written with tremendous sweep and power, *Homegoing* traces the generations of family who follow, as their destinies lead them through two continents and three hundred years of history, each life indelibly drawn, as the legacy of slavery is fully revealed in light of the present day. 62 E 7<sup>th</sup> St. **563-556-4391**. [RiverLights.com](http://RiverLights.com).

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As busy summer weeks continue to fly by, remember to take some time to relax over great cuisine and conversation in an inviting and comfortable atmosphere.

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# 2017 TEAM OF DREAMS

SUNDAY, SEPTEMBER 3  
HOTEL JULIEN / FIELD OF DREAMS

More fantastic Major League Baseball greats are joining an already stellar lineup to decorate the famed Field of Dreams Movie Site on Sunday, Sept 3.

New this year are visiting legends Tim "Rock" Raines, Frank Thomas (HOF '14), Fergie Jenkins (HOF '91), Steve Carlton (HOF '94), Rod Carew (HOF '91), Jack Morris, Hope Solo, two-time Olympic gold medalist soccer player), Wade Boggs (HOF '05), Andre Dawson (HOF '10), Reggie Jackson (HOF '93), Ozzie Smith (HOF '02), Mark Grace, and Vince Coleman.

Just added, in addition to the real Major League stars are now the Hollywood *Major League* stars. Yes, "Wild Thing" Ricky Vaughn, AKA Charlie Sheen, is coming to the Field of Dreams as are his co-stars Corbin Bernsen and Tom Berenger from the cult classic 1989 comedy *Major League*.

This year's event marks the fourth Team of Dreams celebration of baseball's most accomplished and celebrated stars of all time. Now, all in one day, the event begins with a Celebrity Breakfast on Sunday, Sept. 3 at 9 a.m. at Hotel Julien Dubuque. Hear the rare, first-hand tales of eight of the ball players' upbringing and their glory years, while enjoying a lush buffet breakfast.

At noon, the action moves to the Field of Dreams Movie Site in Dyersville, which will be closed for the ticketed festivities all afternoon and evening. Increased on-site parking for everyone will be available this year. This means no waiting in line for shuttles for satellite parking. Ticket holders must choose either a general or VIP (closer to the Field) on-site parking for their vehicle. Arriving early at the Field after 12 p.m. will ensure greater parking choice and more time to soak up the fun!

Tickets for entry to and parking at the events are available for purchase now at [TeamOfDreamsIowa.com](http://TeamOfDreamsIowa.com). Only general admission tickets will be available for purchase on-site. From 1 to 6 p.m., the



younger set can enjoy a bounce house while others play in the corn or work on their game of catch. Beginning at 3 p.m., visitors can be a part of the Home Plate Q&A with three MLB Hall of Famers. On-site only, fans can participate in a silent auction showcasing incredibly unique sports memorabilia.

Also at 3 p.m., autograph and collectibles lovers will enjoy the MAB Celebrity Services show under the tents where fans can get up close and personal with their favorite players while scoring some rare items personalized for the fans on-site. Players will be available for autographs and photos on a rotating schedule available on the MAB site. Tickets for MAB's show are available at [mab-celebrity.com/team-of-dreams-2017](http://mab-celebrity.com/team-of-dreams-2017). Purchasing tickets online ahead of time is highly recommended as doing so will save time waiting in line on that day.

At 4:30 p.m. participants will be treated to the first of two movies that evening on a large LED screen on center field. The first movie will be *A League of Their Own* as a tribute to the 25<sup>th</sup> anniversary of that film's release. And, at 7 p.m. the star players come out! Watch as the all-star line-up is introduced as the players appear from the corn and play some ball. Along with the historic Field of Dreams Ghost Players, the celebrity game will feature 15 Fantasy Players who have already purchased their spot to play on the Field with the celebrities.

To cap off the star-studded day with a surreal memory, participants will enjoy watching the *Field of Dreams* on the exact ball field featured in the famous movie! ■

## FRIDAY, SEPTEMBER 1



### Music @ your library: Wood Chickens

6-7 PM @ CARNEGIE-STOUT PUBLIC LIBRARY

This Madison, WI trio is the absolute fastest, brightest and tightest no-SB-punk-band-with-country-leanings you will ever hear. Children must be accompanied by an adult. Adults 21 years of age and older are welcome to bring their own wine or beer. Light refreshments will be provided. Free. [dubuque.lib.ia.us](http://dubuque.lib.ia.us).

## SATURDAY, SEPTEMBER 2

### Finding Exposure Workshop (Any Level)

10 AM-NOON @ EVERYTHING PHOTOGRAPHY

The "Finding Exposure" workshop will cover the basics of using a DSLR in manual mode. This will cover settings such as shutter speed, aperture and ISO. Find out what these settings actually are, why they matter, and how to use them in photography. \$30. 90 Main St. **563-845-7207. EveryPhotoStore.com.**



### 3 Bears, 3 Pigs, 3 Billy Goats Gruff!

11 AM & 2 PM @ HAZEL GREEN OPERA HOUSE (HAZEL GREEN, WI)

Sept. 2, 4 and 9 at 11 a.m. and 2 p.m. In *Fever River Puppeteers' "3 Bears, 3 Pigs, 3 Billy Goats Gruff,"* our silly but cute little Goldilocks skips her way through three time-worn fairy tales. Along the way, she is mistaken for the host of a cable TV home improvement show and blithely plays along. \$5 adults; \$4 children 12 and younger. 2130 Main St, Hazel Green, WI. [HazelGreenOperaHouse.blogspot.com](http://HazelGreenOperaHouse.blogspot.com)

## REMNANTS OF THE WEST: EDWARD CURTIS AND MARK JAMES

SEPTEMBER 2, 2017 - JANUARY 7, 2018



### Gallery Talk: Mark James

1:30-3:30 PM @ DUBUQUE MUSEUM OF ART  
Join photographer Mark James for a gallery talk titled "What is a Photography... Really?" which coincides with the new exhibit: *Remnants of the West: Photographs by Edward S. Curtis and Mark James*. Attendees are invited to tour the museum after the talk for no additional charge. Free. **563-557-1851. DBQart.com.**

## SUNDAY, SEPTEMBER 3

### Benton's 121<sup>st</sup> Annual Labor Day Celebration

9 AM @ BENTON, WI

Celebrate Labor Day with a wide variety of events for the family including a parade, midway games and rides, battle of the bands, Ridge Rangers, Aircare 3 Helicopter, duck races, Tom Black, street dance with Buzz Berries, and more.

## WEDNESDAY, SEPTEMBER 6



### Lunch 'n Learn: Dividing and Transplanting Perennials

12:15 PM @ CARNEGIE-STOUT PUBLIC LIBRARY

Join Master Gardeners and Dubuque area growers to discover what is happening in the garden each month over your lunch break. This month focuses on dividing and transplanting perennials. Free. [Extension.IAState.edu/dubuque/lunch](http://Extension.IAState.edu/dubuque/lunch).



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**VITALY: *An Evening of Wonders***

**TUESDAY, SEPTEMBER 12, 2017**  
**8:00 P.M.**  
 JOHN AND ALICE BUTLER HALL

Jaw-Dropping Magic featuring Vancouver's  
 Premiere Illusionist

DAN AYKROYD, JUDITH BELUSHI & Musical Director PAUL SHAFFER  
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**BLUES BROTHERS™ REVUE**



WAYNE CATANIA  
 AS JAKE

KIERON LAFFERTY  
 AS ELWOOD

**SATURDAY, SEPTEMBER 16, 2017**  
**7:30 P.M.**  
 JOHN AND ALICE BUTLER HALL

Free live pre-show music on CyberCafé Knapp Stage,  
 6:00-7:00 p.m. featuring "One Man Band" Tony Walker

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## YESTERDAY & TODAY: THE INTERACTIVE BEATLES EXPERIENCE

**SATURDAY, SEPTEMBER 9**  
 7 PM @ ONWARD FINE ARTS CENTER  
 (1215 E PLATT ST, MAQUOKETA, IA)

Rock to the music of the Beatles in an all new interactive concert experience where the audience creates the playlist for the night, EVERY NIGHT! There's no denying that everyone has a Beatles song attached to an event in their life.

Through laughter and personal stories, Yesterday and Today: The Interactive Beatles Experience, connects you and performers in a way like none other. With dead-on musical precision and stunning set designs, Ohnward Fine Arts Center will be immersed in the sights, sounds and memories of the 1960s. This show takes the incredible music of The Beatles and personalizes it with the stories and perspectives of audience members. The show becomes a therapeutic musical session with laughter and tears



and personal stories that connect the audience, band and performers in a way that no other show can.

Tickets are \$22 in advance and \$25 at the door. Student tickets are \$13 in advance or \$15 at the door. For tickets and more information, visit [OhnwardFineArtscenter.com](http://OhnwardFineArtscenter.com) or call the box office at **563-652-9815**. ■

## SEPTEMBER LOCAL FOODS MONTH

**DRIFTLESS FARM & FOOD FEST AND MORE**

Since 2013 Dubuque Rescue Mission, Four Mounds Foundation, and Dubuque County ISU Extension & Outreach have been partnering to support local foods education and expand access to fresh, healthy foods in the Dubuque area, together with the help of many partners, sponsors and friends.

For tickets and more information, visit [DriftlessFarmCrawl.com](http://DriftlessFarmCrawl.com). ■



PHOTO: RON TIGGES—DIGITALDUBUQUE.COM

### SATURDAY, SEPTEMBER 9

#### Harvest Fest

1-4 PM @ SINSINAWA COLLABORATIVE FARM  
 Come to the opening celebration of the Collaborative Farm at Sinsinawa Mound! Meet the eight beginning farmers growing organic vegetables. Ribbon-cutting and blessing of the land at 1 p.m. followed by activities for kids and farm tours.

### SUNDAY SEPTEMBER 17

#### Driftless Farm To Table Dinner

5 PM @ CONVIVIUM URBAN FARMSTEAD  
 A celebration of local farms, food and community, this four-course family-style meal showcases the season's best ingredients sourced from local farms, artfully prepared by local chefs, and served with local beer and wine. Life's A Feast, Convivium Urban Farmstead, Brazen, and Millwork Bakery will each prepare one of four courses. Tickets are \$65 with limited seating available.

### SATURDAY, SEPTEMBER 23

#### Farm Tour Weekend

1-4 PM @ DUBUQUE RESCUE MISSION  
 Tour this thriving urban garden right in the heart of Dubuque.

### SUNDAY, SEPTEMBER 24

#### Farm Tour Weekend

1-4 PM @ O'CONNELL ORGANIC ACRES  
 Enjoy a slice of tranquility at this organic livestock farm overlooking the bluffs of Dubuque County.

### TUESDAY, SEPTEMBER 26

#### Look & See: A Portrait Of Wendell Berry Film Screening

6:30 PM @ SINSINAWA MOUND  
*Look & See*, is a powerful cinematic portrait of Wendell Berry—farmer, activist, and undoubtedly one of America's most significant living agricultural writers. Over the past 50 years, Berry has movingly engaged issues of land place, agriculture and economy, and war and peace. A panel of local farmers and rural activists follows the screening.

### SUNDAY SEPTEMBER 17

#### Farm To Institution Workshop

10 AM-3 PM @ SINSINAWA MOUND  
 An educational workshop for farmers and businesses passionate about producing and purchasing local food

## THURSDAY, SEPTEMBER 7

**Millwork Night Market**

5-10 PM @ 7<sup>TH</sup>-9<sup>TH</sup> ON JACKSON ST  
Artists. Craft Beer. Eateries. Music. Produce.  
Can't get up early enough to make it to Saturday morning market, but still want to get your produce...and see live music? And drink beer? Join us for Dubuque's first ever night time Farmers' Market in the Historic Millwork District! [Facebook.com/MillworkNightMarket](https://www.facebook.com/MillworkNightMarket).

**Savor Iowa's Rich Culinary Heritage with Darcy Maulsby**

5:30 PM @ CARNEGIE-STOUT PUBLIC LIBRARY  
Enjoy a potluck meal featuring recipes from historic Dubuque cookbooks. Potluck dishes will be prepared by local volunteers. To learn more about the potluck menu or to register to prepare and bring a dish for the potluck, please visit the Reference Desk on the library's second floor. A presentation follows at 6:30 p.m.  
Iowa's delectable cuisine is quintessentially Midwestern, grounded in its rich farming heritage and spiced with diverse ethnic influences. Dig in as author and lifelong Iowan Darcy Dougherty Maulsby serves up Iowa's tastiest traditions. **563-589-4225. [dubuque.lib.ia.us](http://dubuque.lib.ia.us)**.

**Summer Webinar Series**

5:30 PM @ DBQ CO. EXTENSION OFFICE  
Sept. 7, 14, and 21. The Dubuque County Extension Office's three gardening webinars are open to the public. They can last up to 1 hour and 45 minutes. Sept. 7 focuses on Gardening with Youth, Sept. 14 covers Landscaping for Wildlife, and Sept. 21 features Urban Tree Selection. Register in advance. Free. 14858 West Ridge Ln, Ste 2. **563-583-6496. [Extension.IAState.edu/dubuque](http://Extension.IAState.edu/dubuque)**.

**"Your Money, Your Future" Classes**

6-7:30 PM @ PRESCOTT RESOURCE COMMUNITY CENTER  
Sept. 7, 14, and 21. Learn strategies to improve financial management skills. Sept. 7 covers Spending Plans, Goal Setting, Tracking Spending; Sept. 14 focuses on Types of Financial Institutions, Selecting Financial Institutions to Meet Your Needs, Types of Services, Managing Accounts; and Sept. 21 features What is Credit? Forms of Credit, Building Credit History & Understanding Credit Reports, Tips for Using Credit Wisely, Solutions to Credit Issues. Register by Sept. 1. \$5 per class. Scholarships available. 1151 White St. **563-583-6496. [Extension.IAState.edu/dubuque](http://Extension.IAState.edu/dubuque)**.

**#Millennials Book Group**

7 PM @ RIVER LIGHTS BOOKSTORE  
#Millennials Book Group will be discussing *Blackout: Remembering the Things I Drank to*

*Forget* by Sarah Hepola. A memoir of unblinking honesty and poignant, laugh-out-loud humor, *BLACKOUT* is the story of a woman stumbling into a new kind of adventure--the sober life she never wanted. Shining a light into her blackouts, she discovers the person she buried, as well as the confidence, intimacy, and creativity she once believed came only from a bottle. Her tale will resonate with anyone who has been forced to reinvent or struggled in the face of necessary change. It's about giving up the thing you cherish most—but getting yourself back in return. 1098 Main St. **563-556-4391. [RiverLights.com](http://RiverLights.com)**.

## FRIDAY, SEPTEMBER 8

**Galena Ladies Getaway Weekend**

GALENA, IL  
Sept. 8-10. The fun kicks off at the Galena Cellars Main St. location on Friday night with a special on their Wine Flights through Sunday noon. Also on Friday, the Vineyard location will hold their "Old Bags & Wine" event. This White Elephant pre-owned purse exchange gives this fun activity a completely unique and fun twist. As a grand finale, the Galena Cellars downtown location will be holding a Sunday Morning Mimosa and Bloody Mary Bar from 9 a.m.-noon. **815-777-3330. [GalenaCellars.com](http://GalenaCellars.com)**.

**Dubuque Dragon Boat Festival**

MILLER RIVERVIEW PARK

(BEHIND Q CASINO)

Sept. 8-10. The Dragon Boat Festival provides the Dubuque Dragon Boat Association an opportunity to bring to Dubuque visitors from all over the world. Through dragon boating the DDBA promotes cultural exchanges between foreign and local teams and the education of the public on the Asian culture associated with the dragon boat festival. A goal of this festival is to give our guests a chance to learn about Dubuque and give the people of Dubuque a chance to be exposed to a diverse group of people and cultures. Following their motto, "Friendship through Paddling", the festival features head-to-head competition among dragon boat teams from around the world, right here in Dubuque. After a Friday night dinner, completion begins Saturday after the "Awakening the Dragon" ceremony and runs all day. Teams also compete all day Sunday featuring a Breast Cancer Support Ceremony and finished with the weekend's awards ceremony. The public is welcome to attend and cheer on the teams.

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Tickets: 563.652.9815  
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the interactive beatles experience  
**YESTERDAY AND TODAY**  
SATURDAY, SEPTEMBER 9, 7 PM

the interactive beatles experience  
**YESTERDAY AND TODAY**  
SATURDAY, SEPTEMBER 9, 7 PM

Advance Tickets:  
Adults \$22 / Students \$13  
At the Door: \$25 / \$15

Rock to the music of the Beatles in an all new interactive concert experience where the audience creates the playlist for the night, EVERY NIGHT! There's no denying that everyone has a Beatles song attached to an event in their life. Through laughter and personal stories, Yesterday and Today: The Interactive Beatles Experience, connects the audience and performers in a way like none other. This show takes the music of The Beatles and personalizes it with the stories and perspectives of audience members, becoming a therapeutic musical session with laughter and tears and personal stories that connect the audience and band in a way that no other show can.

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## MAYOR BUOL'S 11<sup>TH</sup> STATE OF THE CITY ADDRESS

MONDAY, SEPTEMBER 11

7 PM @ HISTORIC FEDERAL  
BUILDING CITY COUNCIL CHAMBERS,  
2<sup>ND</sup> FLOOR (350 W 6<sup>TH</sup> ST)

Dubuque Mayor Roy D. Buol will present his 11<sup>th</sup> annual State of the City address at 7 p.m. on Monday, Sept. 11. The public is encouraged to attend the free event, which will be hosted by the Dubuque chapter of the League of Women Voters. The address will be held in the City Council Chambers on second floor of the Historic Federal Building at 350 W. 6<sup>th</sup> St. "Combining Real Results and Transformative Vision" will be the theme for Buol's address.

"Community leaders across America are working on behalf citizens to provide safer, stronger, healthier, and more inclusive communities—and Dubuque is showing real results," said Buol. "Transformative vision occurs when we balance short-term needs and long-term



plans; where we mesh innovation and entrepreneurship; where we build strong consensus, and establish mutual trust." He said Dubuque's journey is guided by four pillars: the safety and security of our neighborhoods; fixing crumbling infrastructure; modernizing and expanding our workforce; and creating an equitable community for our citizens.

The event will be broadcast live on CityChannel Dubuque (channels 8 and 117.2 on the Mediacom cable system) and streamed live and archived on the City website at [CityOfDubuque.org/media](http://CityOfDubuque.org/media). ■

## DUBUQUE'S CITY EXPO

THURSDAY, SEPTEMBER 14

4-7 PM @ FIVE FLAGS CENTER  
405 MAIN ST)

The City of Dubuque's City Expo event returns for 2017 on Thursday, Sept. 14, from 4-7 p.m. at the Five Flags Center, 405 Main St. This event is free and open to the public.

Dubuque residents are invited to attend the expo to learn about City services and programs. The event will feature booths and displays from all City departments and divisions in the arena as well as large equipment displays on Fifth Street, between Locust and Main streets, weather permitting. City partner organizations will also participate in the event. Informational materials and complimentary refreshments will be available. This year's Expo will also offer several presentations on City services, projects and programs.

A complete list and schedule will be announced at a later date. Expo attendees will have the opportunity to



win door prizes if they participate in an "Expo Passport" activity. Passport forms will be provided at the event and must be submitted before exiting the Expo. Participants need not be present to win.

For more information, visit [CityOfDubuque.org/expo](http://CityOfDubuque.org/expo) or call 563-589-4151. ■

**DUBUQUE365.com**

## SATURDAY, SEPTEMBER 9

**Walk to End Alzheimer's**

**8 AM @ BERGFELD RECREATION AREA**  
Fight to end Alzheimer's by participating in a 1 or 2.5-mile walk. Learn about Alzheimer's disease, advocacy opportunities, clinical studies enrollment, and support programs and services from the Alzheimer's Association. Registration is at 8 a.m. with a ceremony at 9 a.m. and the walk at 9:30 a.m. **Alz.org/Walk**.

**Heroes for History Stair Challenge 5K Race**

**8:15 AM @ GREEN ST STEPS (GALENA, IL)**  
This competitive 5K race is a challenging course of more than 950 steps (7 laps). A Fun Run/Walk (1 lap) also takes place this morning. Dress as your favorite hero. This race commemorates the 16<sup>th</sup> anniversary of 9/11. Proceeds benefit Galena area first-responders and the Galena Jo-Davies County Historical Society. \$25-\$35. **GalenaHistory.org**.

**Intro to Lightroom Workshop**

**10 AM-NOON @ EVERYTHING PHOTOGRAPHY**  
Learn how to import, process, and organize your photos with Adobe Lightroom. Discover how to import photos from your camera, use folders and tags for cataloging, basic RAW and JPEG development, and the export process. \$30. 90 Main St. **563-845-7207. EveryPhotoStore.com**.

**Disaster with Jim Cobb**

**1 PM @ CARNEGIE-STOUT PUBLIC LIBRARY**  
Jim Cobb has been a student of survivalism and emergency preparedness for almost 30 years and will instruct attendees on how to be better prepared for life's little (and not so little) curve balls. He will cover how to shelter in place at home during a crisis as well as what should be on hand in your vehicle for emergencies when traveling. Cobb is a freelance writer whose work has been published in national magazines such as *American Survival Guide*, *Boy's Life*, *Countryside*, and *Survivor's Edge*. He is also the Content Director for **SurvivalWeekly.com** and has written several books. Adults 18+. Free. **563-589-4225. dubuque.lib.ia.us**.

**Jukebox Hits with The Paul Hemmer Swing Band**

**2 PM & 7:30 PM @ BELL TOWER THEATER**  
Enjoy a unique concert featuring music from the '50s, '60s, and '70s performed in the style of The Dorsey's, Glenn Miller, and other great bands of the Big Band era. The concert features hits by The Beatles, Hank Williams, Frank Sinatra, and many more. \$25. **BellTowerTheater.net**.

**Scandalous Grandmothers**

**3 PM @ DESOTO HOUSE HOTEL (GALENA, IL)**  
Find out whose grandmother lost her arm in a bus accident, who escaped from the dirt of East London to be chased out of an apartment in Brooklyn by a haunt, whose grandmother drove herself and her children across British Columbia's terrifying rough roads in a 1937 Chrysler. Meet these ladies as they share their stories. Their own granddaughters, The Women of Courage and Commitment, will interpret these grandmothers. \$15. **815-777-0090**.

**Avery Foundation Founder's Ball**

**6 PM @ CONVIVIUM URBAN FARMSTEAD**  
In honor of James and Julie Avery, The Avery Foundation launches in Dubuque at the Founder's Ball on Sept. 9 at 6 p.m. taking place at Convivium Urban Farmstead. With care and concern for families and patients dealing with treatments for cancer, the Avery Foundation aims to help with the stress of those struggling with the added costs of travel, meals, and lodging. Events for the night include a silent auction, live music and socializing followed by a few words from the organizers and then guest speaker, author and cancer survivor, David Welter. A live art auction featuring works from Paco Rosic, Gene Tully, Tim Olson, Catherine A. St. Jean, Charles W. Avery II, JoAnn Vaida, Colten Schwake, Collin Kane, Bill Farrell, Delores Fortuna, Al Brimeyer and Rick Kelley. Music and dancing rounds out the night. There will be great hors d'oeuvres and cash bar. \$25. **averyfndtn.ron@gmail.com**.

**Confederate Railroad**

**8 PM @ FIVE FLAGS CENTER**  
Confederate Railroad is an American country rock-Southern rock band founded in 1987 in Marietta, GA. They have released six studio albums. In addition, more than 20 of their singles have entered the Billboard Hot Country Songs charts. The band's most recent studio album, *Lucky to Be Alive*, was issued on the D&B Masterworks label on July 15, 2016. \$34-\$54. **563-589-4254. FiveFlagsCenter.com**.



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## PAINT THE PORT WEEKEND

SEPTEMBER 15-17  
FREEPORT, IL

Freeport, IL becomes a destination weekend Sept. 15-17 with many wonderful things to do and fun for the whole family. For more details on all of the following events, visit [PaintThePort.com](http://PaintThePort.com). ■

### Paint-The-Port

FRIDAY, SEPTEMBER 15

3-8 PM @ CHICAGO AVE.

Join the Freeport Art Museum to transform downtown streets into over 800 squares measuring 4x4 as a canvas for hundreds of amateur artists of all ages using washable, tempera paints. \$15 for each square, which includes all supplies and a Paint-the-Port T-Shirt.

### Tour De Freeport

SATURDAY, SEPTEMBER 16

9 AM-NOON @ TUTTY'S CROSSING TRAILHEAD, (250 E STEPHENSON ST)

An artistic bike tour of Freeport for all ages, including a seven-mile bike ride with art installations along the route.

### Pretzel City Brewfest

SATURDAY, SEPTEMBER 16

1-5:30 PM @ CHICAGO AVE.

A craft beer tasting event hosted by Freeport Downtown Development Foundation, featuring the best of local and regional brews. A \$25 General Admission ticket includes entry, 20 tasting tickets and a souvenir glass. Limited \$50 VIP passes available.

### Paddle the Pecatonica

SEPTEMBER 16 AND 17

10:30 AM @ TUTTY'S CROSSING TRAILHEAD, (250 E STEPHENSON ST)

Explore the beauty with the Friends of the Pecatonica River. There will be two 3 mile kayak tours. No experience needed.

## SUNDAY, SEPTEMBER 10

### DBQ Airport Open House/EAA Breakfast

8 AM-NOON @ DUBUQUE REGIONAL AIRPORT

The Experimental Aircraft Association (EAA) Chapter 327 will host their annual EAA Pancake Fly-In/Drive-in Breakfast. Multiple airport businesses and aircraft will be on display. Weather pending, airplane rides and helicopter rides will be available on first come-first serve basis. Airplane rides cost \$25 per person; Helicopter rides cost \$40 per person. Breakfast cost is \$7 for adults, \$4 for kids, and free for children under 5. Call **563-589-4128**.

## WEDNESDAY, SEPTEMBER 13



### Beards Beer & BBQ

6-8:30 PM @ 7 HILL BREWING COMPANY

Hosted by Fig Leaf and 7 Hills Brewing Company, Beards Beer & BBQ is a chance to sample and shop the extensive line of men's products from Fig Leaf, catch company sponsored demos with Fig Leaf products and get tips from the pros on how to keep your style looking fresh. Plus, experience the NEW 7 Hills Brewing Company! Try the beer, have BBQ for dinner from their special event menu, and see the incredible new space that is sure to be your new favorite hang out! Register to win a bucket full of manly accoutrements from Fig Leaf & 7 Hills Brewing Company. Register to win straight razor shaves from Fred Hentges who will be there with his old barber chair! Show off your facial hair and enter our beard growing contest! All proceeds will go to benefit the Veterans Freedom Center here in Dubuque! 1085 Washington St.

## WEDNESDAY, SEPTEMBER 17



### Wine & Vines Backyard Garden Feast Galena Farm to Fork

5-8:30 PM @ GALENA CELLARS WINERY & VINEYARD (GALENA, IL)

Galena Cellars Vineyard is doing a backyard garden feast. All guests will enjoy dining on a long, candlelit table directly in the vineyard. Each guest will be asked to bring a dish to pass that has been made with some ingredients from their own backyard gardens. Tickets include the main course of roasted turkey and slow roasted roast beef, along with fresh dinner rolls, butter and some delicious sides. They are including a Galena Cellars wine tasting featuring 3 kinds of wine to taste. Full glasses or bottles of wine will be available for purchase from Galena Cellars. (21+ is required). Tickets are \$15 if you are bringing a backyard garden dish to pass, and \$18 if you are not. Only 100 tickets available. Last year sold out! [GalenaGuide.com](http://GalenaGuide.com).

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**NAOMI GROSSMAN**

## 9<sup>TH</sup> ANNUAL DUBUQUE OKTOBERFEST

SATURDAY, SEPTEMBER 16

11 AM-7 PM @ A.Y. MCDONALD PARK

At 11 a.m. the Dubuque Oktoberfest gates open for music, food, beverages, entertainment and games. The traditional games of Hammerschlagen and Masskrugstemmen (a.k.a. the stein holding contest) will be held as usual, in addition to Tug of War and Bier Pong. This year will be the first year for the Düber Bier Mile Run/Walk at 2:30 p.m. and the return of wiener dog races at 3 p.m.

Throughout the day, music will be provided by the Guttenberg German Band, Americana Band and the Loras College German Band. The University of Northern Iowa International Dance Theatre will also be performing traditional German and Slavic Dances.

Ticket prices are only \$5 for adults and free for children 10 and under. All proceeds stay locally, benefiting Camp Albrecht Acres.

For the beer lovers, Oktoberfest also offers a special Bier Tasting event from



3 to 6 p.m., where attendees can sample over 25 breweries offering samples of their beverages. Attendance is limited to 600 people, and a special ticket purchase of \$25 in advance or \$30 at the door is required for the Bier Tasting.

Tickets to Oktoberfest may be purchased at the gate or in advance at all Premier Bank locations. Bier Tasting tickets may be purchased in advance online at [DBQoktoberfest.org/tickets.html](http://DBQoktoberfest.org/tickets.html) for \$25 or at the event for \$30.

For more information about Dubuque Oktoberfest visit [DBQoktoberfest.org](http://DBQoktoberfest.org). More details in the Sept. 7 issue of 365ink. ■

## ONGOING

### 365ink Lunchtime Jam

FRIDAYS THROUGH SUMMER

NOON-1 PM @ TOWN CLOCK PLAZA

Sponsored by Prudential Financial, the 365ink Lunchtime Jam is a series of lunch hour concerts featuring the area's finest acoustic musicians and singer/songwriters.

August 25: Tony Walker

### East Dubuque Market

WEDNESDAYS THROUGH MID-SEPTEMBER

3-6 PM @ VAN'S LIQUOR STORE  
PARKING LOT (EAST DUBUQUE, IL)  
Fresh produce, baked goods, art, and more. **815-747-3631**.

### Gary's Graffiti Nights

THURSDAYS THROUGH SEPTEMBER 28

5-9:30 PM @ PLAZA 20

For 35 years Gary's Graffiti Nights has gathered hundreds of classic cars and is now at Plaza 20 in Dubuque and hosted by Mike Kahle.

### East Dubuque's Cruisin' Thursdays

THURSDAYS THROUGH SEPTEMBER 28

4:30-9:30 PM @ SINSINAWA AVE,  
EAST DUBUQUE, IL

Enjoy classic cars (1985 and older), great food, and cold beverages.

### Dubuque Farmers' Market

SATURDAYS THROUGH OCTOBER 28

7 AM-NOON @ NEAR IOWA & 12<sup>TH</sup> ST

Find produce, hanging baskets, freshly baked goods, wines, arts and crafts, and more. **563-588-4400. [DubuqueFarmersMarket.org](http://DubuqueFarmersMarket.org).**

### Monday Night Market

MONDAYS THROUGH OCTOBER 31

3:30-6:30 PM @ EAST MILL

Pick up your favorite goodies from farm fresh produce, cut flowers, ready-to-eat treats, and more! 620 S. Grandview Ave. **563-580-1175**.

### Family Game Night

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DO YOU HAVE A TRI-STATE EVENT THAT YOU'D LIKE TO SHARE WITH OUR READERS? LET US KNOW WHAT'S GOING ON BY SENDING US YOUR INFORMATION!

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ONLINE SUBMISSION FORM: [DUBUQUE365.COM/SUBMIT-EVENT](http://DUBUQUE365.COM/SUBMIT-EVENT)



## COMING TO THEATERS

### Logan Lucky (PG-13)

FRIDAY, AUGUST 18

Trying to reverse a family curse, brothers Jimmy (Channing Tatum) and Clyde Logan (Adam Driver) set out to execute an elaborate robbery during the legendary Coca-Cola 600 race at the Charlotte Motor Speedway. Directed by Steven Soderbergh.

### Birth of the Dragon (PG-13)

FRIDAY, AUGUST 25

A modern take on the classic movies that Bruce Lee was known for. It takes its inspiration from the epic and still controversial showdown between an up-and-coming Bruce Lee and kung fu master Wong Jack Man—a battle that gave birth to a legend.

### Leap (PG)

FRIDAY, AUGUST 25

An 11-year-old orphan has one dream: to go to Paris and become a dancer. Her best friend has a dream of his own, to become a famous inventor. In a leap of faith, they leave their orphanage in pursuit of their passions.

### Polaroid (NR)

FRIDAY, AUGUST 25

High school loner Bird Fitcher has no idea what dark secrets are tied to the mysterious Polaroid vintage camera she stumbles upon, but it doesn't take long to discover that those who have their picture taken meet a tragic end.

### IT (R)

FRIDAY, SEPTEMBER 8

Based on the hugely popular Stephen King novel of the same name, which has been terrifying readers for decades. When children begin to disappear in the town of Derry, Maine, a group of young kids are faced with their biggest fears when they square off against Pennywise.

### Home Again (PG-13)

FRIDAY, SEPTEMBER 8

Reese Witherspoon is separated and moves back to Los Angeles with her two young daughters. She lets three aspiring filmmakers stay in her guest house and arrangement ends up unfolding in unexpected ways. And then her ex shows up.



## MOVIE BUZZ

Debate over which character deserved their own standalone movie next in the *Star Wars* Universe has been answered. According to *The Hollywood Reporter*, Lucasfilm has just started work on an Obi-Wan Kenobi spinoff. Oscar-nominated director Stephen Daldry is currently in talks to helm the film with the studio hoping to have the filmmaker oversee the writing and development of the project. There's also no confirmation whether the *Star Wars* prequel trilogy star Ewan McGregor will reprise his role though he has expressed interest. Other spinoffs under consideration include Boba Fett, Darth Vader, Yoda and even Jabba the Hutt.

Production on the upcoming *Fantastic Voyage* movie may begin in earnest come Jan. 2018. Following word that has celebrated genre auteur Guillermo del Toro in talks to direct, the road towards an

updated version of the 1966 sci-fi classic for 21<sup>st</sup> century audiences is well on its way to becoming a thing of reality. It started as a James Cameron passion project.

The writer of *American Sniper*, Jason Hall, is now working on a George Washington movie biopic called *The Virginian*. The film set up at New Line, will adapt a previous screenplay by Michael Gunn, and is described as "*Last of the Mohicans* meets *There Will Be Blood*."

Tim Story is doing a new *Shaft* movie called *Son of Shaft* to star *Independence Day: Resurgence*'s Jessie T. Usher. *Deadline* also reports that Samuel L. Jackson and Richard Roundtree are in negotiations to come back as well.

Despite past comments to the contrary, actor Daniel Craig confirmed on the *Steven Colbert Show* that he will indeed be returning to star in the 25<sup>th</sup> James Bond film. ■



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### NOW SHOWING @ MINDFRAME THEATERS FRIDAY, AUGUST 25-THURSDAY, AUGUST 31

#### LEAP! (BALLERINA) (PG)

Fri-Thu: (11:00 AM), (1:10), (3:20),  
6:45, 8:50

#### THE HITMAN'S BODYGUARD (R)

Fri-Thu: (11:50 AM), (2:15), (4:45),  
7:30, 9:55

#### ANNABELLE: CREATION (R)

Fri-Thu: (11:30 AM), (2:00), (4:30),  
7:25, 9:50

#### THE NUT JOB 2: NUTTY BY NATURE (PG)

Fri-Thu: (11:30 AM), (1:45), (4:00)

#### WIND RIVER (R)

Fri-Thu: (11:00 AM), (1:25), (3:50),  
7:10, 9:35

#### THE BIG SICK (R)

Fri-Tue: 7:15, 9:50  
Wed: 9:50 PM  
Thu: 7:15, 9:50

#### WONDER WOMAN (PG-13)

Fri-Thu: (1:00), (4:00), 7:00, 9:55

#### HOME (2015/1) (PG)

FREE SUMMER KIDS MOVIE  
Fri: (10:00 AM)

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## FISH ON FRIDAY

AUGUST 24-26 @ 7:30 PM

AUGUST 27 @ 2 PM

BELL TOWER THEATER (2728 ASBURY RD)

Dubuque composer and playwright David Resnick brings us a sparkling revival of his popular musical *Memories of a Non-Jewish Childhood*. This re-imagined version of Robert Byrne's book on growing up Catholic in Dubuque in the 1940s was written for the Bell Tower Theater. Follow the antics of Tommy Shannon and

his friends from church to class to confession to the school dance.

Performances are Aug. 11 to 27. Tickets are \$20. For Girls Night Out on Thursdays, all audience members receive a free glass of wine before the show. For more information and to purchase tickets, call **563-588-3377** or visit **BellTowerTheater.net**. ■

## THE GRAND EXTRAVAGANZA!

SATURDAY, AUGUST 26 @ 7:30 PM

SUNDAY, AUGUST 27 @ 2 PM

GRAND OPERA HOUSE (135 W 8<sup>TH</sup> ST)

The Grand Opera House ends the 2016/2017 Season with a variety program featuring a multitude of the area's most talented performers presenting show stopping numbers from Broadway classics and special sneak peek performances of musical numbers from the 2017/2018 season are sure to heighten anticipation for what's to come!

This annual must-see musical celebration is a fundraiser for the ongoing restoration and technical improvements for the historic theater.

Tickets are \$20 for adults and \$12 for children under 18 and can be purchased at the Box Office Monday through Friday from noon until 4 p.m., by phone (**563-588-1305**), or online at **TheGrandOperaHouse.com**. ■

## FIRST FRIDAYS

FRIDAY, SEPTEMBER 1

5-8 PM @ DUBUQUE MUSEUM OF ART (701 LOCUST ST)

5:30-7:30 PM @ OUTSIDE THE LINES ART GALLERY (1101 MAIN ST)

6-8 PM @ INSPIRE CAFÉ (900 JACKSON ST)

Friday Fridays is a monthly gallery hop on the first Friday of each month at participating venues throughout downtown. Experience the creative spirit of our community along with great friends, stylish appetizers and drinks, and great art.

This month, join the Dubuque Museum of Art for a reception celebrating the opening of their four new exhibits: *Remnants of the West: Photographs* by Edward S. Curtis and Mark James, *Curious Constructions: Photography* by Les Allen, and *Dimensions of Photography: Dubuque*

*Camera Club 5<sup>th</sup> Annual Exhibition*. \$10 non-members; free for members.

Outside the Lines Art Gallery hosts a grand re-opening celebration at their new location on the corner of 11<sup>th</sup> and Main Sts. Light desserts and beverages will be offered. Free.

Ruth Mataya Garcia's exhibit, *Moments*, will be on display. The night will feature a talk back from the artist herself as well as her beautiful paintings on display. Free.

For more information, visit **Facebook.com/DubuqueFirstFridays**. ■

# MANNA JAVA “RISES” AGAIN AS THE MILLWORK BAKERY: FINDING FRIENDS AT INSPIRE CAFÉ

BY BRYCE PARKS

If you were disappointed when you heard that Manna Java World Café was closing its doors in the Roshek Building, we're going to take a bit of the sting away. No, you can't have them make you a panini anymore, but you can still get that amazing bread they were known for and make your own. In fact, you actually might be able to have them make the sandwich for you, except from now on, the “they” will be the Inspire Café in Dubuque's Millwork District.

“My lease is coming to an end, and I lost my parents in the last couple of years,” explains the woman behind the business and the amazing bread at Manna Java, Georgia Mihalakis. “I thought a lot about my life and what I want to do with it, and I don't want to work like that anymore. It's really a lot of stress, and I wanted to do something different. It got to be a real grind. You go home tired everyday and don't have a lot of enjoyment. Just work and sleep and work and sleep.”

It wasn't that Georgia didn't love parts of her work, but it's the part that shifts to her when you find yourself in charge. After 15 years, she now gets to do what she likes most again. Thus is born the Millwork Bakery.

“I get to bake. I get to create. I always wanted to try new things in the bakery but never really had the time or the energy after I'm through with everything else. And the chance for some solitude now after working with so many people so much is good. It's healthy—cathartic.”

Finding a new home was part going back to what you know and part making great new friends. That friend is Sara Post, owner of Inspire Café in the Schmid Innovation Center.

“We were talking as we were already involved in a couple of different things together,” explains Georgia. “I helped her, and she helped me, and it got to be a mutually beneficial relationship. We like each other and work well together. So this is a good place for me to start again. I already have some wholesale clients in place from before I did this. It wasn't about finding a place to work from. We were just friends, and it just kind of happened.”

“We're part of the women's collective group, too, and that really helped,” adds Sara Post. “Mary Parkin brought that together. It was really an eye opener to see how many strong women business owners were actually in the downtown area. And Georgia just has so much experience in the business world. I started complaining to her about stuff, and she was there to have a shoulder, and that was a big help. And we just started talking about different business opportunities, and it's been a really fun relationship.”

When you're in this business, no one else really understands what goes into it unless they're in it too.

“I started my bakery in Tim McNamara's building in the warehouse district when I opened at the Roshek Building, and now I'm back here again,” says Georgia with a smile. “The rent is cheap, and it's a nice, quiet place to work. I'd eventually look at getting a retail outlet for my stuff, but right now I'm just going to do this and see how it goes, and if it goes well, maybe I never have to have a retail outlet. Maybe I can take advantage of existing outlets. I don't want to get back into the whole thing all over again. Right now I have low rent, limited payroll and very limited expenses, so it's good.”

“I'd love to see her expand things,” adds Sara, “and have a bigger display rack and sell more bread and more different things from the Millwork Bakery. I think it's really, really needed down here. A lot of the tenants across this whole Millwork area are starting to come in and buy bread, and now with the co-op gone, there's a need there.”

One of those new things she wanted to try was donuts. And man, she's got game.

“The donuts were something new that I wanted to do, and I get immediate gratification. I just bring them over [to Inspire Café], and everybody eats them, and I make more. We'll have all of our breads here, too. We've got a deli rye, whole wheat sourdough, white sourdough, cranberry walnut, crusty French, multigrain, and we're going to keep adding new breads to our line. In October, we're going to add a new line of gluten-free breads that are made with real grains, not all that other stuff like xanthin gum and this and that. They look good



but don't taste good. These will actually taste good. Twenty-five percent of our population is gluten intolerant, so there's a big market for it. A lot of people will go out of their way looking for that kind of bread.”

“They're going over great,” Sara Post shares. “It's like a love-filled donut. I'm probably going to gain 20 pounds because of it but... you know when you get a filled donut and you take a bite and there's nothing there, there's just stuff in one corner of the donut. You take a bite of these and the whole thing is complete jam packed with goodness. It's just really exciting, they're so good. And I had customers yesterday that bought bread and then wanted us to make their sandwiches on the bread they bought. So we talked about putting her breads on our menu. So I'm going to be upping our menu, adding new ingredients and then using her bread for our sandwiches.”

Speaking of new things, Inspire Café has some great changes on the way, too.

“There's so much that changes after you open. Our menu has grown quite a bit already. In the fall we're going to be switching up things, too. We're going to be adding vegan and vegetarian options as well as tofu and doing Buddha bowls (heartly, filling dishes made of various greens,

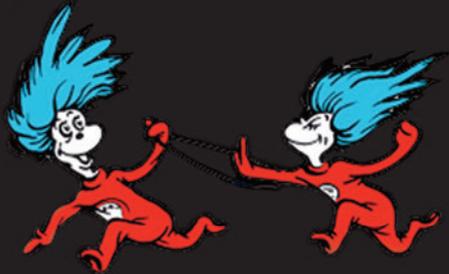
raw or roasted veggies, beans and a healthy grain) which are going to be unique. And we've got a lot of local events like hosting local art and speaker series. We're going to be partnering with the colleges to have theater performance coming down soon as well.”

Maybe it's time you discovered Inspire Café and the Millwork Bakery, all in one convenient stop. Inspire Café is located at 955 Washington St., Suite 105, Schmid Innovation Center. They're open 7 a.m.-5 p.m. daily and until 7 p.m. Thursday-Saturday. Visit them at [Inspire-Cafe.com](http://Inspire-Cafe.com) or call 563-583-8338. Find the Millwork Bakery at [facebook.com/MillworkBakery](http://facebook.com/MillworkBakery). ■



# HERITAGE CENTER IS YOUR

# Kaleidoscope



## It feels like we were just

writing about the inaugural season of the University of Dubuque's amazing new Heritage Center just the other day, but apparently it's been four years already, as the stunning performing arts facility has announced its fifth season. However, back then it was a nine event season we were touting. This season, there are 21 incredible shows taking the stages—yes more than one—to the delight of Tri-State area residents and students of all ages. Prepare to be wowed!

As you'll discover in the following interview, like a duck on water, much of the work and impact of Heritage Center is happening where you can't see it, with on-campus students and thousands of Tri-State K-12 students who take in many performances and educational partnerships with the venue and its staff throughout the school year. Add in the amazing slate of high profile public performances, and the impact on the arts in the Dubuque community from the University of Dubuque is impressive. But as

you might imagine with a successful organization, at least one person still thinks they can do more.

"A lot of it is a work in progress," said Thomas Robbins, special assistant to the president and executive director of Heritage Center. "I've always had the philosophy, with any program, if you don't continue to evolve it, it's going to die off. So every year we try to change things up and try new things, with the idea being that we want our core programming to reach out to younger folks, from little kids to college students who are our primary audience. With that said, we'd be foolish not to also appeal to the community, because Heritage Center is a wonderful facility and it allows us a great opportunity to do outreach."

"It's a delicate balance, and we're still trying to find what that balance is while also finding ways to compliment other performing arts venues in the area. We are finding our niches, and I think one of those niches is multicultural programming, which I think this year is a major feature on our season. The professional level family programming is another niche we're filling very well, where grandparents and grandchildren can come together and enjoy an intergenerational style of programming together."

The campus vision of Heritage Center is "Arts by Osmosis." There are many first generation college students without extensive exposure to the arts coming into the university setting. Anything Robbins and his staff can do to lure them in to the arts, even through subconscious exposure, is a win.

"We do things in the building where you don't have to come into the theater. We've got the Cyber-Café's Knapp Stage where we'll do a noon concert to



**6 GUITARS**



# TO THE ARTS IN 2017–2018!

by Bryce Parks

pique interest. We do meet-and-greets after most of our shows, trying to make the experience as interactive as possible. So it's not just people sitting in their seats having a passive experience. Though there's certainly something to be said for the live entertainment experience," Robbins said. "We do a lot with outreach in terms of workshops and master classes, lecture demonstrations, taking artists into the classroom and not just on our campus. We've been out to a number of area K-12 schools and will continue to do that this year because our primary mission is to inspire an interest in the arts among young people."

By simply having Heritage Center existing, the university has increased the probability of a UD student interacting with the arts substantially. There are places in the building that lend themselves to a happenstance experience with arts. If you walk by the choir room where the doors are often open, you will see and hear students performing. It's a main corridor that students pass through going from the residential to the classroom side of the campus.

"They're hearing the choir singing and looking down through the scene shop windows at sets being built," Robbins said. "The band room is viewable from the outside as it's completely glass enclosed. You can sit in the cafe and still enjoy the Bisignano Art Gallery."

Student engagement directly with the arts has increased exponentially, and it's showing in the numbers.

"For our CenterStage Series, we're pushing close to 25 percent of our audience being UD students. I think you would find that's almost unheard of on most college campuses. Overall, on average, we fill to about 2/3 capacity with most events," Robbins said.

With the theme of finding their niche, it's important to Robbins that there's not a lot of duplication with the kinds of things going on out in the community. So another niche they've carved out is with their schools series. The SchoolBus Performance Series is generally not open to the public, so you don't know it's happening all school-year-long, but they bus kids in from an hour radius of Dubuque for performances. Some shows have public performances and school showings, but some are actually for schools only.

That practice has grown tremendously to the point where the first year's 3,000 participating students grew to 12,500 students attending last year.

Naturally, the growth of participation in the "Live at Heritage Center" SchoolBus Performance Series is in great part because the series went from three events in 2013-2014 to 10 events for 2017-2018. Sometimes an event receives multiple performances. For example, doubling as Family Series performance and SchoolBus performance.

"It's a great side benefit that these are local school kids being exposed to our campus and one of the nicest facilities on campus, and they'll remember that as the grow up," Robbins said.

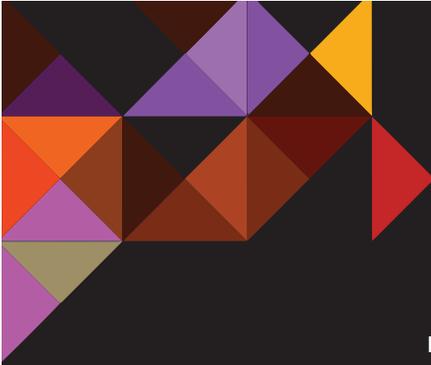
With the fifth season, Robbins has been able to reach into a genre that's long been on his bucket list for the venue—Broadway!

"We have not done Broadway to date, but with this year's *Amazing Grace* performance we're dipping our toe in those waters," Robbins said. "It's a show that played on Broadway for 170 performances. We actually have an alumni connection to the show. B.J. Weber went through the University of Dubuque Theological Seminary in the '70s. He then went to New York in 1979 and met Carolyn Rossi Copeland, who was the creator and producer of this musical. Some of what went into this musical was a direct result of his experience here at the seminary. This will be the biggest touring production we've ever presented, with three or four trucks worth of set pieces and a labor call of 50 people to load it in. Hopefully it's a start of more like it."

That performance is strategically placed in the season on Fat Tuesday, the day before Ash Wednesday.

Heritage Center will be reaching out to area churches to fill the seats, possibly adding a second performance if necessary. The performance is the story of the lyrics behind "Amazing Grace," perhaps the most iconic Christian song in all of history. With a lot of local interest in faith-based entertainment in Dubuque, Robbins is excited about the possibilities for that show and is already in talks with other touring companies to continue the Broadway theme in following seasons. He's confident that John and Alice Butler Hall is the right venue for productions of this size and scope.

"One of the wisest decisions made in regard to the design of Butler Hall was limiting the venue to 950 seats in a large space. Bigger seats, wider aisles, more comfort, great sight lines. We're very fortunate with the acoustics. Obviously there was an acoustical engineer involved in the process and science behind it, but acoustics are an art and a science and there's some luck involved and we hit the jackpot. Whether you're attending an acoustic event or an amped event, the acoustics are excellent for any event," Robbins said.



From the beginning, Heritage Center has been eager to partner with other community arts organizations including The Northeast Iowa School of Music (NISOM) on their annual ChamberFest Orchestra Concert. The Irish Hooley's presentation of The Celtic Tenors and the Heartland Ballet/Academy of Ballet on a production of *Giselle*." They have also made accommodations to work with the Dubuque Symphony Orchestra and the Dubuque Chorale. In addition, they have hosted presentations by Hempstead and Senior High Schools in Butler Hall as well as hosted high school band and choral festivals and served as site for annual DAYLC (Dubuque Area Youth Leadership Council) Ceremony.

This season, Heritage Center is fortunate to partner with the Dubuque Arts Council to participate in a program called the Arts Midwest World Fest where four amazing world music groups will visit the campus and community over the next two years.

"We're the only site in Iowa where these groups will appear," Robbins said. "We're one of nine communities in nine states participating. These groups will be out in the schools all week and will culminate in a big performance here on our stage at the end of the week. This year it's this Israeli group, Sofi and the Baladis, and in the winter we have the Taiko drummers Ondekoza. Next year, Manchu, a group from China, and the Unni Boksp Ensemble from Norway will perform."

The Dubuque Arts Council already had a giant crowd for the Texas Tenors this year, and now they're bringing in the Vienna Boys Choir on Nov. 17 at 7:30 p.m. in partnership with the University of Dubuque.

Another new idea for the upcoming season is including the innovative Babka Black Box Theater in the featured touring performance schedule. The B.I.T.E. Size Theatre (Babka Intimate Theatre Experiences) will be general admission with stadium seating to the balcony level. Robbins said the new series has motivated Heritage Center staff to find programs that connect with curriculum.

"The first show, *The Kite Runner*, all of our sociology classes read *The Kite Runner*, and it just so happened that was a touring show we could bring in from the touring Literature to Life group," Robbins said. "*The Accidental Hero* has a link with our Sergeant Jeffrey B. Dodge Veterans Center through a World War II story and we have a ROTC program on campus as well. And then with aviation, we present *Charles Lindbergh: The Lone Eagle*."

"The last one is just for fun. *6 Guitars* is one guy playing six characters: a blues guitarist, a jazz guitarist, a rock and roll guitarist, a country guitarist. The personalities are quite amazing. I've seen him do the show," Robbins said. "It's big on the fringe festival circuit. I thought Babka wasn't getting enough exposure as a performance venue. We do some of our student productions there, but we haven't done anything on a touring level in there until now."

The Family Series and SchoolBus Series have continued to be popular, proving to bring some of the fullest

crowds each year. We mentioned these professional level theater companies performing children's theater earlier, as of the niche's Robbins is aiming to fill.

"STEM is a huge concept in the schools. I like to change it to STEAM, including the arts in the curriculum equation," Robbins said. "So our SchoolBus Series this year has three science based shows. The first is a tour through the solar system, which includes a live Skyped conversation with an astronaut through students' schools before they come to the show here. Another one is a story on the Wright Brothers, again with the aviation tie-in. But none of that is public, all behind the scenes with area schools. You can infuse arts in your teaching even if you're not an art teacher, and we're proving that here. Infusing creativity makes the subject matter less dry and maybe drives the point home a little bit better."

"One other niche we've tried to establish is being the only venue in the Tri-State area to regularly present professional touring dance companies and ensembles. For example, we have brought in Ensemble Español, Jump Rhythm Jazz Project, Step Afrika! and Pilobolus Dance Theater. These are world class dance companies. This year we continue the tradition by presenting FLY Dance Company. We intend to continue presenting at least one professional dance company each season in order to continue to build an appreciation for the often underrepresented art form."

From big time touring Broadway in Butler Hall to one-person shows on the Babka Stage, the breadth and diversity of programming in a season is impressive. We assumed that sifting through everything that is out there to most effectively match programming with their mission can be daunting. Fortunately, this is where experience comes in handy.

"It's a lot of networking," Robbins said. "I've been booking for close to 25 years, and you build up a network, not only with other venues, but carving out meaningful relationships with agents and artists that endure over time. Black Violin, for example, is our opening event of this season. But it was also one of our grand opening events, however, the general public may not know that because it was an in-house event. It's an interesting dichotomy of classical music, hip-hop and R&B. String players with a DJ behind them, imagine that. We wanted to open our fifth season with that because it was such a hit with our students. So it's a back by popular demand attraction."

Robbins plans to attend the Midwest Arts Conference in a couple of weeks. He said that begins the process of booking the 2018-2019 season, even though he already has a folder full of ideas.

"That conference will start the in-depth meetings with agents or artists and start penciling in dates," Robbins said. "We want to have a balance. We want to have a mix, a variety that appeals to many different tastes and sometimes we have to do that over the course of multiple seasons. A lot of it is about relationships."

One of the shows that may appeal to a wide variety is Brian Henson's adult humor puppet show



## LIVE AT HERITAGE CENTER 2017-2018 PERFORMING ARTS SERIES

### CENTERSTAGE SERIES JOHN & ALICE BUTLER HALL

**Black Violin**

SEPTEMBER 21 @ 7:30 PM

**Cirque Zuma Zuma  
"America's Got Talent" Finalists**

OCTOBER 5 @ 7:30 PM

**Tony Danza: Standards & Stories  
(Homecoming)**

OCTOBER 20 @ 7:30 PM

**Sofi and the Baladis**

NOVEMBER 11 @ 7:30 PM

**"Amazing Grace:  
A New Broadway Musical"**

FEBRUARY 13 @ 7:30 PM

**"PUPPET UP! – UNCENSORED"  
Jim Henson Company Puppeteers**

MARCH 6 @ 7:30 PM

**FLY Dance Company:  
The Gentlemen of Hip-Hop**

MARCH 23 @ 7:30 PM

**Take 6**

APRIL 4 @ 7:30 PM

### HERITAGE CENTER SPECIAL EVENTS JOHN & ALICE BUTLER HALL

**Master Illusionist Vitaly Beckman:  
An Evening of Wonders**

SEPTEMBER 12 @ 8 PM

**The Official Blues Brothers Revue**

SEPTEMBER 16 @ 7:30 PM

**Jeff Daniels and the Ben Daniels Band**

NOVEMBER 1 @ 7:30 PM

**Christmas at Heritage Center**

DECEMBER 1 @ 7:30 PM

**Sons of Serendip Songs in the Key of  
Wonder: 50 Years of Stevie Wonder  
"America's Got Talent Finalists"**

JANUARY 12 @ 7:30 PM

**Ondekoza**

FEBRUARY 17 @ 7:30 PM

### HERITAGE CENTER FAMILY SERIES JOHN & ALICE BUTLER HALL

**"Dr. Seuss's The Cat in the Hat"  
(Two Beans Production)**

NOVEMBER 12 @ 2 PM

**"Treasure Island"  
(Missoula Children's Theatre)**

JANUARY 20 @ 10 AM & 2 PM

**"Guess How Much I Love You  
& I Love My Little Storybook"  
(Mermaid Theatre of Nova Scotia)**

FEBRUARY 25 @ 2 PM

**"Moon Mouse: A Space Odyssey"  
(Lightwire Theater)**

APRIL 6 @ 7 PM

### B.I.T.E. SIZE PERFORMANCES (BABKA INTIMATE THEATRE EXPERIENCES) BABKA THEATER

**"The Kite Runner"**

OCTOBER 9 @ 7:30 PM

OCTOBER 10 @ 3:30 PM

**"The Accidental Hero: A WWII Story"**

NOVEMBER 10 @ 3:30 PM & 7:30 PM

**"Charles Lindbergh: The Lone Eagle"**

MARCH 19 @ 7:30 PM

MARCH 20 @ 3:30 PM

**6 Guitars**

APRIL 13 @ 7:30 PM

### STUDENT THEATRE BABKA THEATER

**"Picasso at the Lapin  
Agile" by Steve Martin**

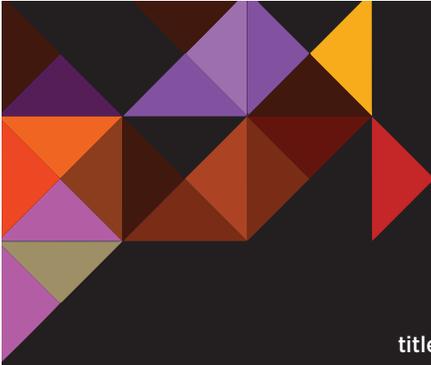
NOVEMBER 3-4

**"Dinner a la Morte"**

FEBRUARY 2-3

**"Antila Pneumatica" by  
Ann Washburn**

APRIL 21-22



titled *Puppet Up! – Uncensored*. The show is a cross between Second City and the *Muppets*.

“It’s one of those events that meets our criteria of what will the students like that will also appeal to the community,” Robbins said. “We’re always looking for crossover appeal. Not just student and community, but across generations and cultures. If the arts can’t bring people together, what can?”

Heritage Center also boasts a Heritage Performing Arts Advisory Committee composed of students. Robbins said he wants students to have a legitimate and direct voice into the programming decisions.

“Seven students will be coming with me to the conference. We take their feedback very seriously. Perhaps they even develop an interest in doing the kind of work I do or the work of others in our staff after their college experience,” Robbins said.

We didn’t dig too far into the main stage shows for the season in this interview. You can find details on all of those shows on UD’s website, [DBQ.edu](http://DBQ.edu), and we will continue to highlight them in detail one at a time as they come up. We did provide a list on page 23 to this story to wet your whistle. But you may very much want to act fast and get you season tickets now to lock in great seats for all of the performances. Being a CenterStage Series subscription tickets holder also comes with a lot of added benefits, most notably discounted tickets off single ticket prices. Single ticket sales are now also open for the full season too, so pick your shows and reserve your seats now before it’s too late!

With a couple of *America’s Got Talent* acts on the slate this year and the return of UD’s favorite son Tony Danza, I asked Robbins if any of the bookings for this season were particularly unique in how they came about.

“Ever since I found out Jeff Daniels was touring and doing this kind of show, it’s been on my radar,” Robbins said. “Our venue is larger than what he likes to play, and he generally doesn’t do colleges. So I attended his show in Oshkosh because my buddy runs the venue and I thought, maybe if I meet him and get to talk to him and plead my case a bit it would help, and I think that’s a big part of why we landed the show. It’s an amazing show full of originals with wonderful storytelling that leads seamlessly into every song and also hilarious.”

“More Broadway is still on my bucket list. I’d love to see that on our stage a couple of times a year. The bigger these shows get, the more difficult it gets. Touring theater is cost prohibitive on so many levels. If we do Broadway, we’re going to be doing it as an investment in building an audience. And there’s a danger in that because once you do a Broadway product, will people still want to see simpler straight-forward theatre productions like we had with *Great-Gatsby*, a wonderful show without huge production values? You have to remain sensitive to the market. You always want to bring a bigger name for the students, but 950 seats and big name tours don’t always mesh. Blue Man Group would be a bucket list show for me.

A perfect storm of the students and community enjoying it. And that could take us into a multi-night run of a show, making it economically viable to bring it to town.”

Finally, I asked Robbins to reflect on the first four years of Live at the Heritage Center. What sticks on his mind? In addition to an example of his staff having to think quick on their feet to solve an unfortunate late cancellation (compiled with multiple layers of SNAFU complexity mixed-in) which, in the end, was a story of making good with a loyal audience, most of his memories are very good. Robbins’ favorite moment so far was not on stage. In fact, it happened just before the first show ever staged at the Heritage Center.

“*Tonight Show* Bandleader Doc Severinsen was our first ticketed event in the facility. I’ll never forget when Doc arrived here, he walked in and looked around, impressed with the venue, but he said, ‘Do you have any good candy stores in the area?’ I said, ‘I’ve got just the place!’ We hopped in University van, just me and Doc, and I took him over to Betty Jane Candies and he stood at the counter for literally 20 minutes. He carefully picked two pounds of candy, one at a time. He was oblivious that anyone was waiting behind him. He finally finished picking out his two boxes of candy and went to check out and he looked to the right and said, ‘Oh, they got ice cream here, too?’ He’s got a double scoop in one hand and candy in the other, and we’re walking out and Doc said, ‘Well, show me around your town a little bit. I’d like to get to know Dubuque.’ We went to the Fourth Street Elevator because it’s the best view in town, and he was impressed, even mentioning it at the show that night. I don’t think I’ve ever spent an hour alone with an artist in all of my history doing this. So obviously that stands out.”

Overall, it’s not really any one performer that sticks in Robbins’ mind but the people who attend the shows,

“The events that I’m often most delighted with even more than the big names are things that people come to because they’ve developed a trust with our programming. They’re not sure what to expect, but they walk out of here floating on air because they’ve had such a great experience. They experienced something new and they were elated. And people who go to the pre-show lectures leave that experience with a greater appreciation of what they’re going to experience in the main theater. If you have a more informed experience you have a better experience. When people expand their horizons a bit, expand their boundaries with something new, that’s very gratifying,” Robbins said.

You can reach Heritage Center Farber Box Office at 563-585-SHOW (7469) or email [boxoffice@dbq.edu](mailto:boxoffice@dbq.edu). Box office hours are 10 AM–5 PM, Monday–Friday. You can find performance details, tickets and prices, seating charts and much more online at [DBQ.edu/heritagecenter](http://DBQ.edu/heritagecenter). You can also download the Heritage Center app, “HeritageCTR,” free from your smartphone app store. ■

# PICTURE YOURSELF IN THE TRI-STATES!



The Norton siblings are part of a large cast of talented kids in Rising Star Theatre Company's staging of the Little Mermaid at Five Flags.



Lenny Wayne is joined by Pearl Breitbach and Scott Guthrie from Medicinal Purposes for a 365ink Lunchtime Jam under the Town Clock.



38 Special filled the festival grounds of the Back Waters Stage at Q Casino for a perfect night of southern rock. Drone photo by Bob Felderman.



7 Hills Brewing Company is open for business in the Millwork District. Stop in for one of their original craft brews and check out their fantastic menu of inspired pub food.



Dubuque rocker Steve Oliver, of the band Menace, brings the thunderous low end to their set outdoors at the Yardarm in Dubuque.



Elizabeth Pape and Rachel Morgan look to the sky during the Mississippi River Museum's eclipse viewing party... with proper eyewear!



Members of the Dubuque Black Men Coalition participate in St. Mark Youth Enrichment's Back to School Bash at Comiskey Park.



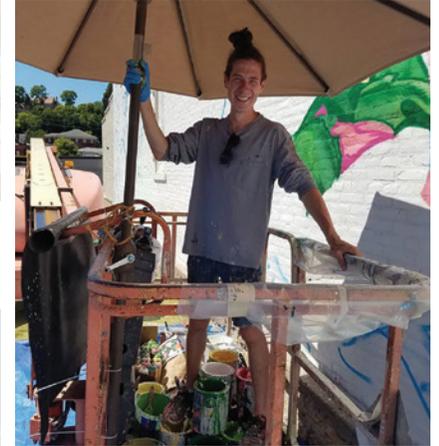
The cast of Willy Wonka Jr. takes a bow after their fantastic performance at the Grand Opera House on a Saturday night. Photo by Cindy Caraway.



Another huge crowd turn out at the Dubuque Arboretum for the Sunday evening music series, this time featuring a Beatles tribute led by Ralph Kluseman and friends.



Team Five Flags does some shameless promotion of their upcoming John Turner concert while golfing in the Loras College Men's Wrestling outing at Bunker Hill Golf Course.



Artist Andrew Pisacane works on his Main Street mural, a tribute to Ada Hayden, an advocate for the preservation of Iowa's prairie grassland and the first woman to earn a PhD at Iowa State. Below you see him really getting into his work.



Legendary rockers, Foghat, bring their set of classics to the Mississippi Moon Bar at Diamond Jo Casino. Photo by Bob Felderman.



CONFEDERATE RAILROAD SATURDAY, SEPTEMBER 9TH 8:00PM

<p>Kenny Rogers FINAL Tour September 23</p>	<p>DBQ Con Comic Book &amp; All Things Gaming 2016 CONVENTION SEP 30th &amp; OCT 1st @ DUBUQUE, IOWA</p>	<p>PAW PATROL LIVE OCT. 14 &amp; 15</p>	<p>Red Green October 16</p>
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## TRI-STATE LIVE MUSIC

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### THURSDAY, AUGUST 24

Just Cuz  
6 PM @ Tony Roma's

Hoffmann, Troy, & Marceau  
6 PM @ Asbury Eagles Club

The Lonely Goats  
6 PM @ Platteville  
Music in the Park

Statue of Liberty  
7 PM @ Riverboat Lounge

5<sup>th</sup> Fret  
7 PM @ The Yardarm

MMB Live: The Heavies  
7 PM @ Mississippi Moon Bar

Chase Bryant  
Back Waters Stage  
7 PM @ Q Casino

Corey Jenny  
7 PM @ Grape Escape

Duo Sol  
7:30 PM @ The Cornerstone

Smokestack Jazz Night  
8 PM @ The Smokestack

Ten Gallon Hat  
10 PM @ 7 Hills Brewing Co.

### FRIDAY, AUGUST 25

365 Lunchtime Jam:  
Tony Walker  
Noon @ Town Clock Plaza

Summer's Last Blast:  
Sushi Roll, Menace, The  
Swing Crew, Missbehavin'  
Back Waters Stage  
5 PM @ Q Casino

Jeff Weydert & Dave Pingel  
6 PM @ Spirits

Broom Street Drifters  
7 PM @ The Smokestack

Brown Bottle Bandits  
7 PM @ Offshore

Garrett Hillary  
7:30 PM @ Frank O'Dowd's Pub

Steve Grismore Jazz Trio  
7:30 PM @ The Cornerstone

Jon Fuller  
8 PM @ Riverboat Lounge

Natalie Gelman  
8 PM @ The Blu Room,  
Breezer's Pub

Framing The Red  
8 PM @ Mississippi Moon Bar

Yesterdaze  
8 PM @ The Yardarm

Crude But Effective  
8 PM @ Galena Brewing Co.

Roy Schroedl  
8 PM @ Woodlands  
Lounge, Eagle Ridge

Andrew Houy  
8:30 PM @ Grape Escape

AJ Grill & His Band of Merry  
People Comedy Show  
9 PM @ The Venue

Jason Ray Brown  
10 PM @ 7 Hills Brewing Co.

### SATURDAY, AUGUST 26

The Irish Hooley:  
The Led Farmers, Connla,  
The Lads, Ballyheigue  
Noon @ Alliant Amphitheater

Jeff Theisen  
1 PM @ The View Bar & Grill

Acoustic Jam  
1 PM @ Council Hill Station

Massey Road  
2 PM @ Bent Prop Marina

Andrew Houy  
2 PM @ Grape Escape

Acoustic Open Jam  
4 PM @ The Smokestack

Summer's Last Blast:  
Electric Shock (AC/DC  
Tribute), Johnny Trash, Half  
Fast, Zero 2 Sixty  
Back Waters Stage  
5 PM @ Q Casino

Wheelhouse  
Lancaster Firemen's Dance  
6 PM @ Grant Co. Fairgrounds

Massey Road  
7 PM @ Eagles Club

Garrett Hillary  
7:30 PM @ Frank O'Dowd's Pub

Sunshine  
7:30 PM @ Hideaway Acres

Scott Waterhouse  
8 PM @ Riverboat Lounge

Spindrift: The Rush Tribute  
8 PM @ Mississippi Moon Bar

Summer Son  
8 PM @ The Yardarm

MamaBird  
8 PM @ The Blu Room,  
Breezer's Pub

Crude But Effective  
8 PM @ Rigg's Bar & Grill

Bobby Messano  
Flatted Fifth Blues & BBQ  
8 PM @ Potter's Mill, Bellevue

Joe Price  
8 PM @ Galena Brewing Co.

Roy Schroedl  
8 PM @ Woodlands  
Lounge, Eagle Ridge

Jeff Weydert & Dave Pingel  
9 PM @ Dog House Lounge

2<sup>nd</sup> Generation  
9 PM @ Jimi B's Bar & Grill

Tu'mera Divine, Burn the  
Ailment, Dueling at Dawn  
10 PM @ The Lift

Johnnie Walker  
10 PM @ 7 Hills Brewing Co.

**SUNDAY, AUGUST 27**  
Open Mic w/ Scott Rische  
Noon @ Grape Escape

Mark Zalaznik  
1 PM @ The Yardarm

Adam Beck  
1 PM @ The View Bar & Grill

Acoustic Jam  
1 PM @ Council Hill Station

Matt McPherson Band  
2 PM @ Offshore

Johnnie Walker  
3 PM @ Stone Cliff

Boots Hefel Band  
3 PM @ Sunset Ridge Winery

Sun Green Revival  
3:30 PM @ The Cornerstone

The Family Business  
3:30 PM @ New Diggings  
General Store

Playground of Sound  
A.J.'s Steak Feed  
4 PM @ Sandy Hook Tavern

Round Midnight Jazz  
Flatted Fifth Blues & BBQ  
5 PM @ Potter's Mill, Bellevue

Spartaneous Improv  
6 PM @ 7 Hills Brewing Co.

Dogs on Skis  
6:30 PM @ DBQ Arboretum

Miss Kitty Quiz Show  
8 PM @ Grape Escape

William Metheny  
10 PM @ The Lift

### MONDAY, AUGUST 28

Comedy Open Mic  
9 PM @ Monk's

### TUESDAY, AUGUST 29

Roy Schroedl  
5:30 PM @ Benvenuto's,  
Platteville

Hoffman, Troy, & Marceau  
6 PM @ Tony Roma's

Trivia Night  
7 PM @ Riverboat Lounge

Groovement w/ The Mixologist  
8 PM @ The Smokestack

### WEDNESDAY, AUGUST 30

The Wrong Omar  
6 PM @ Tony Roma's

Salsa Dance Night  
6 PM @ The Smokestack

Acoustic Jam w/ Marty Raymon  
6:30 PM @ The Cornerstone

Gladdy's Open Mic Experience  
6:30 PM @ The Blu  
Room, Breezer's Pub

Marcus DeJesus  
7 PM @ Riverboat Lounge

Comedian Gabriel Rutledge  
8 PM @ Mississippi Moon Bar

### THURSDAY, AUGUST 31

Kevin Beck & Johnnie Walker  
6 PM @ Tony Roma's

Ben Berger  
7 PM @ Riverboat Lounge

MMB Live: Flash in a Pan  
7 PM @ Mississippi Moon Bar

7 Bridges Road  
7 PM @ Grape Escape

Open Mic w/ Jeff McMullen  
7:30 PM @ The Cornerstone

Smokestack Jazz Night  
8 PM @ The Smokestack

Comedy on the Main Open Mic  
9 PM @ Rock Bottom

### FRIDAY, SEPTEMBER 1

365 Lunchtime Jam: TBA  
Noon @ Town Clock Plaza

Yesterdaze  
6 PM @ Spirits

Adam Beck  
7 PM @ Stone Cliff

Jeff Theisen  
7 PM @ Offshore

Corey Jenny  
7 PM @ Perfect Pint

Swamp Donkey  
7 PM @ Swiss Inn

Hearthfire Duo  
7:30 PM @ Frank O'Dowd's Pub

Jon Fuller  
8 PM @ Riverboat Lounge

The Devonshires  
8 PM @ Mississippi Moon Bar

Past Curfew: '80s Tribute  
8 PM @ Q Casino

Soul Patch Monkey  
8 PM @ The Blu Room,  
Breezer's Pub

Lexi Parr &  
The Rubyblonde Band  
8 PM @ The Yardarm

Doug Deming & The Jewel Tones  
Flatted Fifth Blues & BBQ  
8 PM @ Potter's Mill, Bellevue

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A Pirate Over 50  
8 PM @ Galena Brewing Co.

Roy Schroedl  
8 PM @ Woodlands  
Lounge, Eagle Ridge

Mojo Busted  
8:30 PM @ Grape Escape

Dock Ellis Band  
10 PM @ The Lift

**SATURDAY, SEPTEMBER 2**

Michael Glenn  
1 PM @ The View Bar & Grill

2<sup>nd</sup> Generation  
2 PM @ Massey Station

Pistol Pete & Laura McDonald  
Labor Day Music Festival  
6 PM @ Council Hill Station

A Pirate Over 50  
7 PM @ Stone Cliff

Rick Springfield  
Back Waters Stage  
7 PM @ Q Casino

Team of Dreams Reception  
w/ Charlie Sheen  
7 PM @ Mississippi Moon Bar

Chuck Lahr & The Purdy  
River Band  
Bluegrass Concert  
7 PM @ Galena Center  
for the Arts

Hearthfire Duo  
7:30 PM @ Frank O'Dowd's Pub

Statue of Liberty  
8 PM @ Riverboat Lounge

Material Girl: Madonna &  
Lady Gaga Tribute  
8 PM @ Q Casino

Jake McVey  
8 PM @ The Yardarm

Sunshine  
8 PM @ Spirits

Mark Cameron Band  
Flatted Fifth Blues & BBQ  
8 PM @ Potter's Mill, Bellevue

Sid & The Human Resources  
8 PM @ Galena Brewing Co.

Roy Schroedl  
8 PM @ Woodlands  
Lounge, Eagle Ridge

The Lonely Goats  
8:30 PM @ Grape Escape

Bryce Reeg  
9 PM @ Dog House Lounge

The Drama Kings  
9 PM @ Dirty Ernie's

Pho  
10 PM @ The Lift

**SUNDAY, SEPTEMBER 3**  
Open Mic w/ Scott Rische  
Noon @ Grape Escape

Johnnie Walker  
1 PM @ The Yardarm

Nutsy Turtle & Lori  
1 PM @ Dirty Ernie's

Jordan Danielsen  
3 PM @ Stone Cliff

Lexi Parr & Mike Hackett  
3 PM @ Midtown Marina

Mick Staebell  
3 PM @ Sunser Ridge Winery

Driftless Sisters  
Labor Day Music Festival  
3 PM @ Council Hill Station

Open Mic  
3:30 PM @ The Cornerstone

The Wundo Band  
3:30 PM @ New Diggings  
General Store

Wayland, w/ Autumnatic,  
Ugly Sunday  
4 PM @ Sandy Hook Tavern

Braziowa Jazz Trio  
Flatted Fifth Blues & BBQ  
5 PM @ Potter's Mill, Bellevue

Hearthfire Duo  
6 PM @ Frank O'Dowd's Pub

Crude But Effective  
6:30 PM @ The Hilltop  
at Menominee

Rick Springfield  
Back Waters Stage  
7 PM @ Q Casino

2<sup>nd</sup> Generation  
7 PM @ Iowa County Fair,  
Mineral Point

Half-Fast  
8 PM @ The Yardarm

Miss Kitty Quiz Show  
8 PM @ Grape Escape

Buzz Berries  
8 PM @ Benton Street Dance

Brown Bottle Bandits  
9 PM @ Dirty Ernie's

**LABOR DAY**  
**MONDAY, SEPTEMBER 4**  
Andy Wilberding  
1 PM @ The View Bar & Grill

Lexi Parr &  
The Rubyblonde Band  
Labor Day Music Festival  
1 PM @ Council Hill Station

Comedy Open Mic  
9 PM @ Monk's

**TUESDAY, SEPTEMBER 5**  
Trivia Night  
7 PM @ Riverboat Lounge

**WEDNESDAY, SEPTEMBER 6**  
Chris Ross  
2 PM @ The Pint Café

Acoustic Jam  
6:30 PM @ The Cornerstone

Gladdy's Open Mic Experience  
6:30 PM @ The Blu  
Room, Breezer's Pub

John Moran  
7 PM @ Riverboat Lounge

Comedian Jiggy  
8 PM @ Mississippi Moon Bar

**THURSDAY, SEPTEMBER 7**  
Scott Waterhouse  
7 PM @ Riverboat Lounge

MMB Live: A Few Blind Mice  
7 PM @ Mississippi Moon Bar

Smokestack Jazz Night  
8 PM @ The Smokestack

**FRIDAY, SEPTEMBER 8**  
365 Lunchtime Jam: TBA  
Noon @ Town Clock Plaza

Steve Cavanaugh &  
Randy Droessler  
6 PM @ Spirits

GARP:  
Nathaniel Ratcliff, et al.  
6 PM @ Codfish Hollow Barn

Roy Schroedl  
6:30 PM @ Gina's, Platteville

Chuck Murphy  
7 PM @ Stone Cliff

Hot Mess  
7 PM @ DBQ Driving Range

Aquatic Hitchhikers  
7 PM @ Platteville  
Dairy Days

Garrett Hillary  
7:30 PM @ Frank O'Dowd's Pub

Becky McMahon  
8 PM @ Riverboat Lounge

Dueling Pianos  
8 PM @ Mississippi Moon Bar

Missbehavin'  
8 PM @ Q Casino

Grit & Glory  
8 PM @ The Yardarm

The Beaux  
8 PM @ Galena Brewing Co.

Dead South, Wheelhouse  
8 PM @ Platteville City Hall

Andy Hartley "Pretending  
It's A Tour" Comedy Show  
9 PM @ The Venue

Tyme Machine,  
The Begowatts, John Till  
10 PM @ The Lift

**SATURDAY, SEPTEMBER 9**  
Evan "Hollywood" Johnson  
Benefit & Ride  
Ride @ Noon  
Polish Horseshoe Tourney @ 1 PM  
Beanbag Tourney @ 5 PM  
Sandy Hook Tavern

GARP:  
Nathaniel Ratcliff, et al.  
1 PM @ Codfish Hollow Barn

Acoustic Jam  
1 PM @ Council Hill Station

Paul Hemmer Jukebox Hits  
2 PM @ Bell Tower Theater

Nutsy Turtle & Lori  
6 PM @ River View Ridge  
Campground, Cascade

Boys Night Out  
6 PM @ George's,  
East Dubuque

Meghan Davis  
7 PM @ Stone Cliff

Club 84  
7 PM @ Mississippi Moon Bar

Massey Road  
7 PM @ Eagles Club



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**The Lift**  
 180 MAIN ST, DBQ | f/THELIFTDUBUQUE

SAT 8/26 • 10 PM  
**TU'MERA DIVINE, BURN THE AILMENT, DUELING AT DAWN**

SUN 8/27 • 10 PM  
**WILLIAM MATHENY**

FRI 9/1 • 10 PM  
**DOCK ELLIS BAND**

SAT 9/2 • 10 PM  
**PHO**

FRI 9/8 • 10 PM  
**TYME MACHINES, THE BEGOWATTS, JOHN TILL**

SAT 9/9 • 10 PM  
**INDONESIAN JUNK**

WED 9/13 • 10 PM  
**PAWS**

SUN 9/17 • 10 PM  
**GGOLLDD**

WED 9/20 • 10 PM  
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**BUDWEISER LIVE MUSIC FEATURES**

**FRIDAY, AUGUST 25**



**Broom Street Drifters**

7 PM @ THE SMOKESTACK (62 EAST 7TH ST)  
 The Broom Street Drifters, the powerful duo of Dean and Gretchen, bring shimmering vocals and smooth yet exuberant guitar to classic and timeless songs we all love.



**Natalie Gelman**

8 PM @ THE BLU ROOM (600 CENTRAL AVE)  
 Raised in the old West Village, NYC stomping ground of songwriting greats, Natalie Gelman grew up amidst artists and true bohemians. Often compared to Sheryl Crow, Jewel and Joni Mitchell, Natalie's music is contemporary and timeless. She writes honest, heartfelt songs—responding to current affairs and revealing parts of her inner self with the world. A modern day troubadour, Natalie performs across the country tirelessly.

**SATURDAY, AUGUST 26**



**Bobby Messano**

8 PM @ FLATTED FIFTH BLUES & BBQ (300 POTTER DR, BELLEVUE, IA)  
 Legendary guitarist Bobby Messano brings his storied career, including 7 solo CDs, songs in many TV and cable shows and contributions to over 50 major label and indie albums, to the Flatted Fifth stage.



**Tu'Mera Divine, Dueling at Dawn, Burn the Ailment**

10 PM @ THE LIFT (180 MAIN ST)  
 It's everyone's first time playing The Lift's stage, and they even brought some

buddies from Cedar Rapids, Dueling at Dawn. If you need a reason to bang your head to some metal, we got you.

**SUNDAY, AUGUST 27**



**William Matheny**

10 PM @ THE LIFT (180 MAIN ST)  
 Storyteller, songwriter William Matheny is the kind of artist who garners instant respect from other artists, even as he makes songs so effortlessly catchy. We could resent that he didn't arrive with this collection sooner, but let's instead celebrate that he's here with it now.

**FRIDAY, SEPTEMBER 1**



**Soul Patch Monkey**

8 PM @ THE BLU ROOM (600 CENTRAL AVE)  
 A classic rock band from Chicago featuring Ben Shachter on lead guitar and vocals, with 30 years experience in the music scene. Scachter studied music at Columbia College and Musicians Institute in Hollywood. "The Shredder" Craig Cederhold brings 40 years of drumming with classically trained vocals. Steve Q "The Tasll Guy" hold the bottom end down on bass with his own 20 years of experience in the scene.



**Doug Deming & The Jeweltones**

8 PM @ FLATTED FIFTH BLUES & BBQ (300 POTTER DR, BELLEVUE, IA)  
 Doug Deming is an American blues and roots guitarist/vocalist, born and raised in the Detroit area, currently residing on the Gulf coast of Florida. Doug is the 2013 recipient of the Blues Blast Music Awards' Sean Costello Rising Star Award.

## MISSISSIPPI MOON BAR

### MISSISSIPPI MOON BAR ENTERTAINMENT

All shows at the Mississippi Moon Bar are 21+ only and tickets for all performances are available at the Diamond Club inside the Diamond Jo Casino or online at [MoonBarRocks.com](http://MoonBarRocks.com).



#### LAUGHING MOON COMEDY: GABRIEL RUTLEDGE WEDNESDAY, AUGUST 30 @ 8 PM

Gabriel has made several television appearances, is a frequent guest on the Bob and Tom radio show, and he released three albums. He also wrote the book *Happiness Isn't Funny*.



#### ROYAL BLISS/AMERICAN HITMEN/ WAYNE HOSKINS BAND FRIDAY, SEPTEMBER 15 @ 8 PM

Formed in Salt Lake City, Utah, modern rock band Royal Bliss burst into the music scene nearly two decades ago, bringing heartland rock to their fans. American Hitmen was in season eight of *America's Got Talent* and has toured various parts of Europe and the U.S., performing for more than 13,000 active duty military members and their families. The Wayne Hoskins Band is best known for their ability to intersect multiple musical genres as they sing about their personal lives and experiences.



#### AIR SUPPLY SATURDAY, OCTOBER 28 @ 8 PM

Formed in 1975, Air Supply members Graham Russell and Russell Hitchcock burst into the music scene with their unique vocals, harmonic ballads and soft rock sound. Their popularity skyrocketed with the release of their album *Lost in Love*, which included the hit songs "All Out of Love," "Every Woman in the World" and "Lost in Love."

## JOE NICHOLS

SATURDAY, SEPTEMBER 16 @ 8 PM

Since 1996, Nichols has released eight studio albums, including his first major release, *Man with a Memory*. The album produced his first #1 hit, "Brokenheartsville," and earned him two Academy of Country Music Awards, as well as three Grammy Award nominations. He followed up the success with his next studio album, *Revelation*, and a holiday music album in 2004. His next release, *III*, featured the chart-topping single "Tequila Makes Her Clothes Fall Off," as well as the top 10 hits "Size Matters (Someday)" and "I'll Wait for You." Nichols continued to produce hits throughout the 2000s, including "Another Side of You," "It Ain't No Crime," "Believers," "Gimmie That Girl," "Yeah" and "Sunny and 75." Opening for Joe Nichols is Black Water Gin.

#### MMB Live: The Heavies

THURSDAY, AUGUST 24 @ 7 PM

#### Framing The Red

FRIDAY, AUGUST 25 @ 8 PM

#### Spindrift: The Rush Tribute

SATURDAY, AUGUST 26 @ 8 PM

#### MMB Live: Flash In A Pan

THURSDAY, AUGUST 31 @ 7 PM

#### The Devonshires

FRIDAY, SEPTEMBER 1 @ 8 PM

#### Laughing Moon Comedy: Jiggy

WEDNESDAY, SEPTEMBER 6 @ 8 PM

#### MMB Live: A Few Blind Mice

THURSDAY, SEPTEMBER 7 @ 7 PM

#### Dueling Pianos

FRIDAY, SEPTEMBER 8 @ 8 PM

#### Club 84

SATURDAY, SEPTEMBER 9 @ 7 PM

#### Laughing Moon Comedy:

Adam Hunter

WEDNESDAY, SEPTEMBER 13 @ 8 PM

#### MMB Live: DownwardFall

THURSDAY, SEPTEMBER 14 @ 7 PM

#### Laughing Moon Comedy: BT

WEDNESDAY, SEPTEMBER 20 @ 8 PM

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 Sat., Sept. 9 - J.B. Ritchie

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**BUDWEISER LIVE MUSIC FEATURES**

**FRIDAY, SEPTEMBER 1**



**Dock Ellis Band**

10 PM @ THE LIFT (180 MAIN ST)

The Dock Ellis Band brings country music back to the glory days. Like an archeological discovery of a lost honky tonk jukebox, these boys will satisfy audiences who miss that old-time twang. The material ranges from teary, harmony driven waltzes to raucous and rowdy roadhouse tunes with a steady train beat. Their covers will evoke memories from the heyday of The Grand Ole Opry and '70s outlaw country, and their originals are always entertaining and provocatively humorous.



**Pho**

10 PM @ THE LIFT (180 MAIN ST)

Instrumental funk crew PHO could pass for a pack of young CPAs, or a Mormon mission group. Yet they lay down industrial-strength grooves in the grand tradition of the JB's, AWB and the Meters, with an electric Miles Davis flourish or two for good measure. These seven guys write catchy originals, and offer exciting solos to go with their irresistible rhythms. Like the BT Express, they'll do it till you're satisfied.

**SUNDAY, SEPTEMBER 3**



**Wayland**

8 PM @ SANDY HOOK TAVERN

(3868 BADGER RD, HAZEL GREEN, WI)  
 Michigan-based rock band Wayland's Mitch Arnold (vocals), Phillip Vilenski (guitars), Dean Pizzazz (bass) and Nigel Dupree (drums) have been grinding since 2010, releasing a self-titled in 2012 and a bunch of singles. Their debut full-length album *Rinse & Repeat* will be released on Sept. 22.

**SATURDAY, SEPTEMBER 2**



**Labor Day Music Festival**

6 PM @ COUNCIL HILL STATION

(6521 N HILL RD, SCALES MOUND, IL)

Camp out for the weekend, enjoy BBQ and try some Düber beer! On Sept. 2 at 6 p.m., Chicago's infamous Pistol Pete teams up with Laura McDonald for some originals and giving their unique twist on some incredible covers. The Driftless Sisters bring their trademark sound on Sept. 3 at 3 p.m. Prepare for great original bluegrass, a little sass, humor and the girls playing instruments with all of the appendages. Sept. 4 brings Lexi Parr & The Ruby Blonde Band rocking the barn ON A MONDAY, from 1 to 4 p.m. Great soulful rock and blues from a talented local lineup featuring the two stunning and skillful Parr sisters.

**SATURDAY, SEPTEMBER 9**



**J.B. Ritchie**

8 PM @ THE BLU ROOM (600 CENTRAL AVE)

Steeped in the rich blues tradition of Chicago and was inducted in the Chicago Blues Hall Of Fame. J.B. Ritchie is known as "that wicked slide player", and has worked with Luther Allison. With his strong persona, even a blues virgin cannot help but respond when he asks "I said do you dig the blues?" "He is the ultimate in cool and has the talent and expertise to back it up. Definitely a musician to see, especially if you are a musician." -Chicago Rocker Newsletter. A fine and powerful tribute to Chicago blues. For those of you who like blues rock in the vein of ZZ Top, Canned Heat and the Allman Brothers.



**Mark Cameron Band**

8 PM @ FLATTED FIFTH BLUES & BBQ

(300 POTTER DR, BELLEVUE, IA)

Minneapolis blues veterans the Mark Cameron Band's focus is centered on crafting original Blues songs with strong melodies and memorable lyrics. The range of his material stretches the blues genre beyond the standard comfort zone with a focus on "foot stompn, butt shakin" music that resonates with a live audience.



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**PAST CURFEW**  
80'S COVER BAND  
FRIDAY, SEPTEMBER 1 :: 8PM



**MISSBEHAVIN'**  
CLASSIC ROCK AND R&B  
FRIDAY, SEPTEMBER 8 :: 8PM



**GROOVE, INC**  
ROCK, DANCE, COUNTRY  
SATURDAY, SEPTEMBER 16 :: 8PM



**MICHAEL RAY**  
WITH SPECIAL GUESTS SIX STRING  
CROSSING & DEVIN DAWSON  
CHART TOPPING COUNTRY MUSIC STAR  
#1 HIT "KISS YOU IN THE MORNING"  
#2 HIT "THINK A LITTLE LESS"  
FRIDAY, OCTOBER 20 :: 8PM  
STANDING ROOM ONLY | TICKETS START AT \$25



**THE LACS**  
WITH SPECIAL GUEST SARAH ROSS  
HITS INCLUDE: "JACK IN MY COKE"  
AND "KICKIN' UP MUD"  
SATURDAY, DECEMBER 2 :: 8PM  
STANDING ROOM ONLY | TICKETS START AT \$20



**MATERIAL GIRL**  
PREMIER MADONNA/LADY GAGA  
TRIBUTE EXPERIENCE  
SATURDAY, SEPTEMBER 2 :: 8PM



**TODD O'NEILL**  
NASHVILLE NEXT WINNER &  
COUNTRY MUSIC STAR  
TOP 40 HIT: "LOVE AGAIN"  
SATURDAY, SEPTEMBER 9 :: 8PM



**FRANKIE BALLARD**  
WITH SPECIAL GUEST LEE GANTT  
COUNTRY MUSIC STAR WITH #1 HITS  
"YOUNG & CRAZY," "SUNSHINE & WHISKEY"  
AND "HELLUVA LIFE"  
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# CARIBOU COFFEE & EINSTEIN BROS. BAGELS

BY RICH BELMONT

Just brewed coffee and fresh baked bagels are just so delicious together. Millions of people have discovered the pleasures of sitting down with a flavored coffee and a scrumptious bagel slathered with cream cheese.

Perhaps nobody understands this better than the owners of Caribou Coffee & Einstein Bros. Bagels. The parent company of both of these businesses is the investment arm of the Reimann family of Germany: JAB Holding Company (Johann Adam Benckiser) headquartered in Luxembourg.

The company has built a very impressive empire consisting of several fashion (Jimmy Choo Ltd) and beauty (Coty, Inc.) corporations and world class coffee, tea and baking enterprises. A partial list of its subsidiaries includes Jacobs Dowe Egberts Coffee and Tea Company, Peet's Coffee and Tea, Intelligentsia Coffee and Tea, Stumptown Coffee Roasters, Keurig Green Mountain and Krispy Kreme Doughnuts.

(Fun Fact: Last month JAB Holding Company finalized the purchase of its latest acquisition, Panera Bread for 7.5 Billion dollars!)

A few years ago the parent company decided to unify the knowledge and expertise of some of these coffee purveyors and bakeries and launched the concept of connecting Caribou Coffee & Einstein Bros. Bagels stores.

Dubuque's Caribou Coffee & Einstein Bros. Bagels is the sixtieth combined store. Another fifty will be opening soon throughout the United States.

Opening day for the Dubuque location was August 4, 2017. Already there are approximately 30

employees. The store offers free Wi-Fi and Dubuque's only coffee drive-through open at 5:00 am.

Except for the Daily Coffee all drinks are brewed when ordered and all sandwiches are hand-crafted to order. This means you might have to wait a few minutes for your sandwich. This is a casual dining establishment and not a fast food joint.



Joanne Hillery is the General Manager. She is a native Dubuquer and is a licensed social worker. She has been in retail management for over 20 years in several stores including Old Navy and The Gap. She worked in a Des Moines Caribou Coffee & Einstein

Bros. Bagels and lived in a hotel for almost 10 weeks while training for the GM position. (Fun Fact: Joanne is a singer and musician and is a regular cast member in many of the productions at the Bell Tower Theater.)

The rest of the leadership team is comprised of Assistant Manager Front of the House Karen Ellis, Assistant Manager Back of the House Kelly Allman and Certified Head Baker Cathy Moon.

Team Members are trained and certified for specific positions. Any Team Member can be certified for more than one job function including sandwich maker and cashier. Specialized training is provided for Baristas and Bakers.

The Daily Coffees are the pre-brewed coffees selected for each day. You can choose light roast, dark roast, decaf or flavored coffee of the day. These coffees are pre-brewed for quick service but the carafes are emptied and refilled with fresh coffee every hour. If you drink these on the premises refills are free. They can also be purchased in a Canteen. The coffee for a Canteen takes about 15 minutes to brew and is a box containing approximately 10 cups of coffee.

The Signature Coffees are all brewed to order. Some of the specialties include a Turtle Mocha with caramel, whip and turtle topping and Campfire Mocha with toasted marshmallow, whip and chocolate chips.

The Classics include Mocha, Latte, Cappuccino, Chai Tea Latte, Hot Chocolate and the Northern Lite Latte.



All Signature drinks are available hot, iced or blended. All Classic drinks are served either hot or iced. When ordering any chocolate drink you will be asked to choose, milk,

dark or white chocolate. Caribou Northern Lite drinks are made with sugar-free syrups, espresso and skim milk.



The Blended Caribou Coolers, Coffeeless Coolers and Smoothies are really desserts in a glass. I really like the Chocolate Caribou Cooler and my favorite is the Brownie Coffeeless Cooler. This decadent concoction is made with brownie brittle blended with

chocolate sauce, half & half, and a signature shake mix topped with whipped cream and more brownies. I think I am committing a sin just thinking about having one of these!



Einstein Bros. Bagels are baked to exacting standards. They are slacked and proofed in a time sensitive carefully controlled temperature and humidity environment. They are baked in specially designed steam ovens.

On most days baking bagels begins at 2:00 am. Then fresh bagels are baked every 4 hours. At the end of the day leftover bagels are either donated to charity or discarded.

There are 17 Classic and 7 Gourmet Bagels on the menu. Five of the Classic Bagels are considered the standards and are always available. These are: Plain, Asiago, Honey Whole Wheat, Cinnamon





CHORIZO SUNRISE

Raisin and the Everything Bagel. (Fun Fact: Ever wonder what is really on the Everything Bagel? Garlic, Onion, Poppy Seed and Sesame Seed.)

The Gourmet Bagels have their flavors baked in. If you have not tried these I urge you to do so because the flavors just seem to pop in your mouth. The Power Protein, Six Cheese, Cheesy Hash Brown and Apple Cinnamon are all very popular. I especially like the Cheddar Jalapeño, Spinach Florentine and Green Chile.

Bagels can be ordered plain, toasted, with butter, honey, jelly, hummus, Nutella or peanut butter. Of course, most true Bagel lovers will eat their bagels with a Cream Cheese Shmear.

The available regular Shmears are Plain, Onion & Chive, and Smoked Salmon. The Reduced Fat choices are Plain, Blueberry, Garden Veggie, Garlic & Herb, Honey Almond, Jalapeño Salsa, Maple and Strawberry. (Fun Fact: Shmear or Schmear is an American English word borrowed from the Yiddish language. It originally meant “cheese” and now refers to “anything that can be spread”.)

It is always better to buy bagels here in quantity. They really are cheaper by the dozen or even half dozen. For example: a plain bagel is \$1.35, 6 for \$1.13/bagel and 13 for \$.87/bagel. With shmear, a bagel is \$2.85, 6 for \$1.55/bagel, and 13 for \$1.18/bagel.

Gourmet Bagels are an additional 60¢ each.

If you only go to Caribou for coffee you are missing out on some terrific meals. All of the Einstein sandwiches are really good and most of them are bursting with unusual flavors. All the sandwiches are available from open to close. And all of them are made to order so you can customize them to suit your own preferences. In most cases ingredients can be substituted. For example, if you don't want cucumber or onion tell the cashier to leave them off or if you want avocado ask to have it added. Some upgrades including a second egg, gourmet bagel or extra cheese, for example, do require a slightly higher cost.

Each sandwich description specifies a particular bagel or potato roll. These are only suggestions. You can order your sandwich on any available bagel.

Lunch or dinner sandwiches are accompanied by your choice of a side of Potato Chips, Potato Salad or Fresh Fruit. These sides can also be purchased separately.

Here are just a few of the outstanding sandwiches:

- Farmhouse – cage-free egg, thick cut bacon, smoked ham and cheddar cheese. The Country Pepper Shmear is made in-house from cream cheese and cracked pepper.
- Southwest Egg White – egg white, turkey sausage, pepper jack cheese with Tomato Salsa and Plain Schmear on a Thintastic Bagel. What is a Thintastic Bagel you say? It means your sandwich maker slices the bagel in half and cuts out some of the dough so you get a thinner bagel with fewer carbs.
- Ham & Swiss – smoked ham, lettuce, tomato, red onion, mayo and deli mustard and Swiss cheese. (Fun Fact: This is called a Ham & Swiss. However I could order it with cheddar, mozzarella or pepper jack instead of Swiss cheese.)
- Chorizo Sunrise – egg, a tasty chorizo patty, avocado, pepper jack cheese, Jalapeño Salsa Shmear on a Green Chile Gourmet Bagel. (Fun Fact: Chorizo (cho-REE-zo) is a highly seasoned cured and smoked pork sausage. Mexican chorizo is typically seasoned with vinegar and red chili peppers and Spanish chorizo is flavored with garlic and smoked paprika called pimentón. This is why they both have a distinctive red color.)
- Salmon Nova Lox – Nova Lox, red onion, capers tomato and Plain Shmear open face on a plain bagel. (Fun Fact: traditional Lox is salt-cured or brined, sliced thin and never cooked or smoked. Nova Lox is from Nova Scotia and is cold smoked after the curing or brining process. It is exposed to smoke at about 80°F without being cooked so it remains moist and silky with a translucent pink color.)



Bagel Toppers are open faced bagel sandwiches on any bagel you choose. There are three on the current menu:



- Herbivore – cream cheese, arugula, tomato and cucumber.



- Spicy Devil – Jalapeño Shmear, lots of crumbled bacon and jalapeño slices. This one is spicy hot and I love it!
- Nutty Monkey – Nutella, bananas and almonds.



SALMON NOVA LOX

The goal of Caribou Coffee & Einstein Bros. Bagels is to have people enjoying really great coffee, wonderful bagels and fantastic sandwiches in a relaxing casual atmosphere by the fireplace or on the patio. No doubt that goal has been achieved despite the fact it has only been open less than three weeks! ■

## CARIBOU COFFEE & EINSTEIN BROS. BAGELS

800 WACKER DRIVE, SUITE 1, DUBUQUE, IA 52002  
563-582-5618 • COFFEEANDBAGELS.COM

**Hours:** Mon–Fri: 5 AM–9 PM;  
Sat: 6 AM–9 PM; Sun: 6 AM–8 PM;  
Drive-through hours are same as above

**Dining Style:** Come as you are

**Noise Level:** Conversational

**Recommendations:** Signature & Classic Coffees; Caribou Coolers; Bagels & Shmear; Bacon & Cheddar and Spinach; Mushroom & Swiss Classic Breakfast Egg Bagels; Farmhouse Chorizo Sunrise; Bacon & Spinach Signature Egg Bagels; Salmon Nova Lox; Turkey, Bacon & Avocado; Hot Green Chile Club; Tasty Turkey Lunch & Dinner Bagels; Hot Chicken Pesto; Turkey & Cheddar and Ham Swiss on Potato Roll Sandwiches; Bagel Toppers

**Liquor Service:** None

**Prices:** Beverages: \$1.79–\$6.09  
Bagels: \$1.35–\$3.45; Sandwiches: \$3.85–\$7.59

**Pay Options:** Cash, Debit, Visa & MasterCard  
Debit Cards, All Credit Cards, NO Checks

**Accessibility:** Entrance and Exit Doors and Restrooms

**Kids Policy:** Junior Size Hot Chocolate

& Smoothies, No Menu, High Chair

**Reservations:** No • **Catering:** Yes

**Take Out:** Yes • **Delivery:** No

**Parking:** Strip Mall Parking Lot

### RICH BELMONT

DO YOU HAVE A FAVORITE RESTAURANT YOU WOULD LIKE TO SEE REVIEWED? PLEASE SEND YOUR REQUESTS, SUGGESTIONS AND COMMENTS TO ARGOSY AT [ARGOMARK@MCHSI.COM](mailto:ARGOMARK@MCHSI.COM).





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FRIDAY, SEPTEMBER 1 @ 6-7 PM (DOORS @ 5:30 PM)

Wood Chickens sold/found/fed their lost souls somewhere at the chaotic crossroads of The Meat Puppets, The Minutemen, Mission of Burma, Camper Van Beethoven, The Country Teasers, Cows and The Cramps. This Madison, WI trio is the absolute fastest, brightest and tightest no-SB-punk-band-with-country-leanings you will ever hear. End-of-story. Countrycide is the Chicken's first true to form LP, coming soon on LP/CD formats via Big Neck Records.

The show is for all ages, but children must be accompanied by an adult. Adults 21 years of age and older are welcome to bring their own wine or beer. Light refreshments will be provided.

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# DEATH BE A LADY TONIGHT

BY BOB GELMS

Well, I have to pass this along. According to Michael Poore in his latest, *Reincarnation Blues*, the whole "death" thing is nothing like we have come to expect it to be. First off, the moment you die you get an escort and not, surprisingly enough, the Grim Reaper, Death, the Pale Rider, or Satan.

In this case, Death is a woman named Susie who isn't scary at all and her job has been greatly exaggerated. She escorts you to see two old women, Mama and Nan. It is they who decide whether or not you have used your life to become one with the universe, gain total wisdom, or get it right. Apparently, you get 10,000 opportunities and then awaiting you is eternal oblivion.

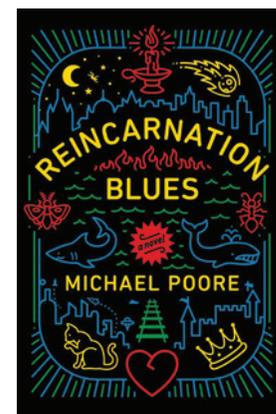
Our hero, Milo, is eaten by a shark this time around. Milo had already used up 9,995 lives and Nan and Mama were more than a little impatient because Milo still hadn't figured it all out. They had a strong suspicion that he was doggin' it because, you see, Milo was hopelessly in love with Death.....sorry.....Suzie.

Nan and Mama figured Milo liked dying so he could be with Suzie for a while before he had to go back and try for total enlightenment one more time. He only had five chances left. Nan and Mama were so upset they started sending him back as a bug and other humiliating things but Milo kept putting himself in harm's way.

Among other methods of dying, Milo had had a steel girder dropped on him, was executed three times, beheaded in China, hanged, shot, crushed, speared, run over by a chariot, and died 14 times in combat. His favorite death, however, was when he was captured by the Turks and flung by catapult back over the wall at Vienna. Awaiting him at the end was his true love, Death.....I'm sorry.... Suzie. She was always waiting for him.

If you believe in evolution, please note: you don't come from dust, no matter what they say. You come from water and you go back to water when you die. Milo woke up by water virtually every time he died and Suzie was there waiting. She loved Milo. Together they hatched a complicated plot where they would go back together and live happily ever after. That wasn't working out too well. So, Suzie was prepared to quit her job. She was the only Death. There was no precedent.

As I hope you have guessed by now, this is a wildly imaginative novel after



the fashion of a 20th-century master, Kurt Vonnegut. In my opinion, Mr. Vonnegut's best novel is *Cat's Cradle* and Mr. Poore's book has a lot of the same themes in it. They both have different styles and Mr. Poore does not try to be Kurt Vonnegut. They both have very different strengths. They are both exceptionally funny. I laughed out loud a few dozen times at *Reincarnation Blues*, mostly at Milo's mischievousness. The book is an unequivocal joy to read.

I'm not sure Mr. Poore was saying anything cosmically profound through the characters of Nan and Mama, though come to think of it maybe he was. They seem to take the place of God. Death could very well be a woman and God could be two old biddies. Anything at all beats the portrayal of God in the Old Testament. Who the hell am I to say?

Milo is supposed to represent all humans and Death....sorry...Suzie represents part of immortal beings we know nothing about. After reading Mr. Poore's book I no longer believe in Death. I do however believe in Suzie. She is everything I want the Grim Reaper to be. I might, if I could, point out the obvious: there is absolutely no mention of hell anywhere in the book. None of the characters seem to have read Dante's *Inferno*.

Nan and Mama are the caretakers of humanity, surely it's a better job for God than the Supreme Threatener, the Almighty Smiter of Cities, the Celestial Bringer of Floods, or the Cosmic Vendor of Hellfire and Brimstone.

It would be utterly pointless for Mr. Poore to write a sequel, as this book is as close to perfect as you can get. Everything works astonishingly well and "a good time is guaranteed for all."

Enter at your own risk; *Reincarnation Blues* will not leave you alone. It will keep poking you in the chest until you finish it and then it will live on in vivid Technicolor inside your head." What a long strange trip it's been." ■

# GAIN PERSPECTIVE

BY MATT BOOTH

There seems to be a lot of hate in the world right now. At least on social media. I believe a large ingredient to the hate recipe is lack of perspective. You choose your own perspective. Knowing that you have the power to form your own perspectives can be very freeing and may provide you a great deal of comfort to go forward.

You should also understand that other people have different perspectives. Every person has their own perspectives and opinions that are formed based on their experiences. Acknowledging that other people have perspectives that differ from yours will in turn, help you gain more perspective. It is not easy to change someone else's perspective.

Here are four ways you can gain perspective:

- **Get Away** – Take a break and get away from your everyday life. Take the opportunity to see as much of the world as you can. This will show you that the world, even if it's a nearby town, is multi-faceted and has many different perspectives, which in turn can help change your own views.
- **Do Something Fun** – Allowing yourself to enjoy elevates your mood and energy, giving you greater perspective on what happened and what's possible.
- **Volunteer** – There are countless people all over the world who need assistance, and volunteering your time and energy enables you to perform a selfless act that simply helps others. Volunteering is a wonderful way to gain perspective in your own life.
- **Watch Kids** – If you tune in and become aware of kids, there is a serious lesson of perspective to be learned. As you have gotten older you have gone away from acting with such a care-free attitude and become a "serious, responsible adult". Wouldn't it feel nice to be like that again, even for a little while.

## mattitude

A common sense approach to a **positive attitude**

"There's two things in the world you can control, your attitude and your actions!" –Matt Booth

**MATT BOOTH**

MATT BOOTH, PROFESSIONAL SPEAKER AND ATTITUDE EXPERT, ENGAGES, ENTERTAINS AND EDUCATES AUDIENCES AROUND THE WORLD. TO FIND OUT HOW MATT CAN HELP YOUR GROUP, CALL 563-590-9693 OR EMAIL [MATT@MATTBOOTH.COM](mailto:MATT@MATTBOOTH.COM).



Gaining perspective in your life is important and you must do it intentionally. We all have very real problems and situations to deal with; some are in our control while others are not. There are two things you control, your attitude and your actions. The action of gaining perspective is a ideal tool for keeping your sanity in our crazy broken world! ■



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# TAKE STEPS TO A HEALTHIER YOU!

BY HY-VEE NUTRITIONISTS MEGAN HORSTMAN (ASBURY) AND AMY CORDINGLEY (LOCUST)

**JOIN US IN THE NEXT STEP CHALLENGE: SEPTEMBER 11–OCTOBER 20**

Walking is an easy and affordable way to maintain a healthy weight, prevent or manage health conditions, and improve your mood. Best of all, it can be done just about anywhere and anytime! Whether you are just starting a physical activity routine or needing an excuse to get moving again, this is the opportunity for you!

**HOW IT WORKS**

Teams of 2-10 Iowans compete in an active competition tracking the number of steps accumulated. Through an online dashboard, members report their step count in effort to move their team up the challenge leaderboard. Participants have the ability to connect with Fitbit devices and Under Armour apps for easy tracking and reporting.

For just \$10, each team member receives:

- Live Healthy Iowa pedometer
- Personal online dashboard with the ability to sync devices and apps
- Weekly motivational messages
- Unlimited access to online tools and resources
- Opportunities to win team and individual prizes
- And more!

The first 1,000 registrants will receive a complimentary issue of *Iowa Outdoors Magazine!*

Registration is now open at [LiveHealthyIowa.org](http://LiveHealthyIowa.org). ■



**SEPTEMBER**  
DUBUQUE COUNTY LIBRARY DISTRICT  
**STORYTIME**

**September Story Time**  
*(age 2-preschool, but whole family welcome)*  
We will be reading about all the fun back to school topics, and practicing your preschool skills! Whether you are beginning preschool this year, or just a little too young yet, you are never too young or old to come enjoy some books and have fun at the library!

Peosta: Friday, Sept. 1, 8, 15, 22, 29 @ 9:30-10 AM  
Farley: Tuesday, Sept. 5, 12, 19, 26 @ 5:30-6 PM  
Asbury: Wednesday, Sept. 6, 13, 20, 27 @ 3:45-4:15 PM  
Holy Cross: Thursday, Sept. 7, 14, 21, 28 @ 5:30-6 PM  
Epworth: Monday, Sept. 11, 18, 25 @ 5:30-6 PM



**Imagination Center**  
*(1st Grade and up)*  
Farley, Tuesday, September 5, 3:45-4:45 PM  
Fire up your imagination and cultivate creativity. Engage with process arts like watercolor, sculpting clay and acrylic paint with a background of music, and listen to a short story read aloud.

**UNTITLED Writing Group**  
*(Young Adults & older) ~ Open to the public*  
Peosta/NICC Branch, Rm 200G, Tuesday, September 5, 6:30-7:30 PM  
This month our focus is on Ghostwriting with two guests, Lois Pearce and Chris Feldman. They are involved in a project for Heartland Financial U.S.A., Inc. Chris is currently working as a freelance editor.

**Chair Yoga (Adults)**  
Farley/Drexler Branch, Thursday, Sept. 7, 7-8 PM  
Asbury Branch Prgm. Room, Monday, Sept. 11, 6:30-7:30 PM



**Mat Yoga (Young adults & older)**  
Epworth Branch, Saturday, September 9, 8-9 AM



**Movie Time ~Public, ALL ages**  
Join us for the new animated film with our 'blue' friends (rated PG). Popcorn will be served during the film.  
Saturday, September 9, 9:30-11 AM @ Asbury

**Five Convenient Locations...**

**New Asbury Branch**  
5290 Grand Meadow Dr., 563-582-0008

**Farley/Drexler Middle School**  
405 3rd Ave. N.E., 563-744-3371 ext. 5160

**Epworth**  
110 Bierman Road S.E., 563-876-3388

**Holy Cross**  
895 Main Street, 563-870-2082

**NICC / Peosta**  
8342 NICC Drive, 563-556-5110 ext. 224



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**WELLNESS WEDNESDAYS**

10% OFF all HealthMarket items on Wednesdays at your Dubuque Hy-Vee Stores  
*(includes organic produce and organic meat)*

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## PUZZLE PAGE

### WHERE'S GENERAL BOB?

General Bob is out and about. Do you know where he's at?



### Conceptis Sudoku

By Dave Green

			6	7		1	4	
					3			7
								8
4				9			3	
7			3		5			1
	9			4				6
3								
1			8					
	8	6		2	9			

Difficulty Level ★★★★★

8/20

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PUZZLE ANSWERS ON PAGE 38

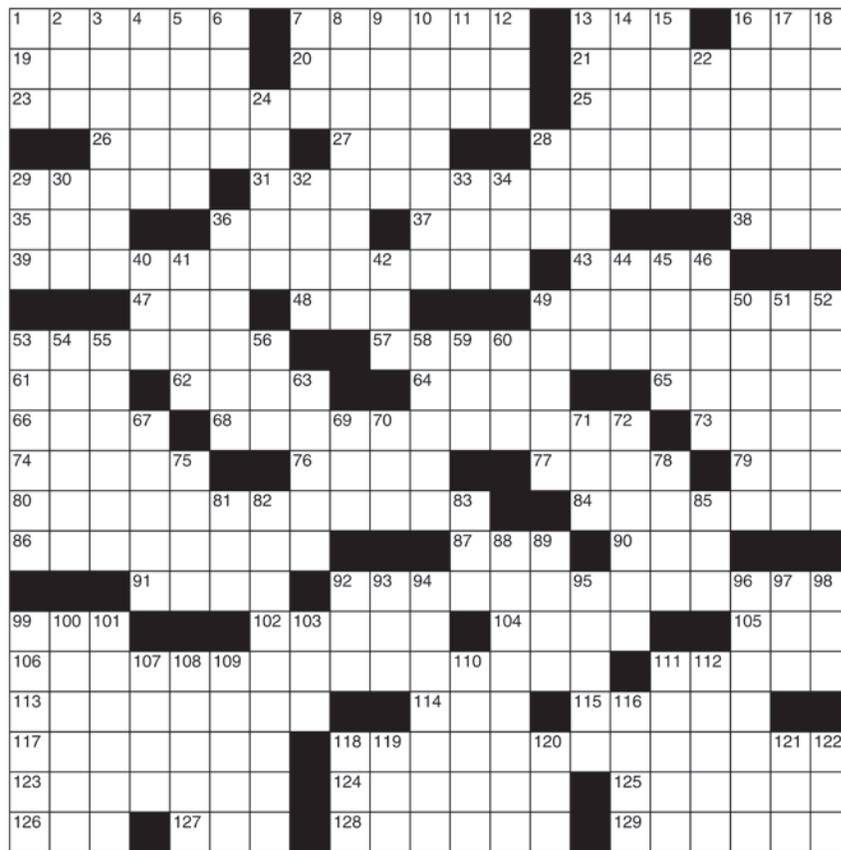
## PREMIER Crossword

By Frank A. Longo

### TRACK STARS

#### ACROSS

- 1 1995-96 CIA director John
- 7 Seat of Johnson County, Kansas
- 13 Dah's counterpart in Morse code
- 16 Ungar of poker
- 19 African antelope
- 20 Mink's relative
- 21 Actress Jennifer
- 23 Nebraska-based insurance company [1935]
- 25 Panther
- 26 "I've Got a Crush —"
- 27 Bean high in protein
- 28 "Wide — Sea" (Jean Rhys novel)
- 29 Desires
- 31 Summons for speeding, say [1948]
- 35 Foofaraw
- 36 Like granola
- 37 Up to the time when
- 38 Chicago-to-Tampa dir.
- 39 Sharp items with eyes [1956]
- 43 Bond part
- 47 Day, in Chile
- 48 "Seats sold out" sign
- 49 Mood of an environment
- 53 Cloud layer
- 57 Being attacked [1946]
- 61 Funny Margaret
- 62 Water, in Chile
- 64 "— you one"
- 65 Ventriloquist Bergen
- 66 Egg layers in coops
- 68 Refittings of cars' motors [1955]
- 73 Fluids with antibodies
- 74 Writer Asimov
- 76 Comical Idle
- 77 Water pit
- 79 Racer Jarrett
- 80 Having recognized the value of one's own conscious being [1978]
- 84 Artist's mixing board
- 86 Amber wines
- 87 "You betcha"
- 90 "Angie" actor Stephen
- 91 Ollie's buddy
- 92 Executive arm headed by António Guterres, for short [1973]
- 99 Acer or Asus products
- 102 Touch base on a fly
- 104 Easy throws
- 105 Gp. backing arms
- 106 "Just Shoot Me!" actress [2005]
- 111 Protest type
- 113 Tree expert
- 114 Christmas party quaff
- 115 Chicago air hub



- 117 Machine on a skating rink
- 118 Event won by the horses at the ends of eight answers in this puzzle
- 123 Up for debate
- 124 Lipton drink, informally
- 125 Actress Driver
- 126 Booming jet of old, briefly
- 127 Suffix with 25-Across
- 128 Quagmire
- 129 Actor Liam
- 24 Eke — existence
- 28 Phys., e.g.
- 29 Existed
- 30 Sweet drink
- 32 Map nos.
- 33 Opal ending
- 34 Dol. divisions
- 36 Model railroad size
- 40 Lupino of old Hollywood
- 41 Naldi of old Hollywood
- 42 "How — Want It" (#1 hit for 2Pac)
- 44 "The Detour" channel
- 45 French river
- 46 Honey drinks
- 49 Realms
- 50 Guitarist Ted
- 51 Table wine
- 52 Big online investing site
- 53 Deep divide
- 54 "La Mer," translated
- 55 President after Jimmy
- 56 Part of SPF
- 58 Sibling of a nephew
- 59 Two, in Chile
- 60 "That's icky!"
- 63 "— just a number"
- 67 Bank boxes
- 69 Like the verb "lie": Abbr.
- 70 Game with matchsticks
- 71 Baby wolf
- 72 Stings
- 75 "I Am —" (Jenner's reality show)
- 78 Supplication
- 81 Clerical title
- 82 Dreams
- 83 Tincture
- 85 Incus' organ
- 88 Pastoral poems
- 89 Grads' event
- 92 Sheepskin boot brand
- 93 "Rapa —" (1994 film)
- 94 Wrench, to a Brit
- 95 Kindle download
- 96 ER trainees
- 97 Moviedom's Meyers
- 98 Bronzy
- 99 Some statue sites
- 100 Gem measures
- 101 Yield (to)
- 103 Home pest
- 107 Rips off
- 108 Sprang forth
- 109 Congested cavity, often
- 110 Terra — (tile material)
- 111 The Beatles' "Sexy —"
- 112 "Fame" star Cara
- 116 Choir melody
- 118 Basinger of "Batman"
- 119 — -friendly
- 120 — in "crossword"
- 121 Yearbook bit
- 122 Deep longing

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GMC



DODGE

CHRYSLER

Jeep





# Family Page

## SPOT THE DIFFERENCE

Can you spot 10 differences between these two photos? Answers on page 39.



# DUBUQUE365.com

## UPCOMING FAMILY EVENTS

### SUNDAY, AUGUST 27

#### Scientific Illustration Program

2-4:30 PM @ E.B. LYONS INTERPRETIVE CENTER  
Come learn about the field of scientific illustration. We will teach different styles and techniques used throughout the ages before you get your own chance to draw some of our specimens (including live animals)! No prior artistic ability required, all skill levels welcome. Ages 15 and up. Free. 8991 Bellevue Heights.

### SATURDAY, SEPTEMBER 2

#### 3 Bears, 3 Pigs, 3 Billy Goats Gruff!

11 AM & 2 PM @ HAZEL GREEN OPERA HOUSE (HAZEL GREEN, WI)  
Sept. 2, 4 and 9 at 11 a.m. and 2 p.m. In Fever River Puppeteers' "3 Bears, 3 Pigs, 3 Billy Goats Gruff," our silly but cute little Goldilocks skips her way through three time-worn fairy tales. Along the way, she is mistaken for the host of a cable TV home improvement show and blithely plays along. \$5 adults; \$4 children 12 and younger. 2130 Main St, Hazel Green, WI. [HazelGreenOperaHouse.blogspot.com](http://HazelGreenOperaHouse.blogspot.com)

### SUNDAY, SEPTEMBER 10

#### DBQ Airport Open House/EAA Breakfast

8 AM-NOON @ DBQ REGIONAL AIRPORT  
The Experimental Aircraft Association (EAA) Chapter 327 will host their annual EAA Pancake Fly-In/Drive-in Breakfast. Multiple airport businesses and aircraft will be on display. Weather pending, airplane rides and helicopter rides will be available on first come-first serve basis. Airplane rides cost \$25 per person; Helicopter rides cost \$40 per person. Breakfast cost is \$7 for adults, \$4 for kids, and free for children under 5. Call 563-589-4128.

### TUESDAY, SEPTEMBER 12

#### Baby & Me Tours

9-9:30 AM @ DUBUQUE MUSEUM OF ART  
Babies and their caregivers are welcome to participate in a 30-minute tour of the Museum exhibitions, focused on shapes, colors and textures. Baby and Me tours are offered every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. Advance registration required. 563-557-1851.

#### Young At Art

2-2:45 PM @ DUBUQUE MUSEUM OF ART  
Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday, toddlers ages 3-5, accompanied by a parent or grandparent, are invited to the Museum to enjoy a merry and messy time creating art. Please come dressed to get messy! All supplies are furnished. \$3. 563-557-1851. [mbuhr@dbqart.com](mailto:mbuhr@dbqart.com).

### CREATIVE ADVENTURE LAB EVENTS

#### Halloween Celebration

SATURDAY, OCTOBER 28  
10 AM-2 PM @ CREATIVE ADVENTURE LAB  
Paint or carve a pumpkin, design your own trick-or-treat bag, and enjoy treats on us during Creative Adventure Lab's Halloween Celebration! Purchase your ticket in advance to reserve your spot today. \$20 per child; \$15 per child for members (adults free). 210 Jones St. 563-607-5366. [CreativeAdventureLab.org](http://CreativeAdventureLab.org).

#### Telegraph Herald Light Lab Opening Soon

Prepare for it to get a little brighter at Creative Adventure Lab within the upcoming weeks! Our Telegraph Herald Light Lab will soon give you and your family the opportunity to design on a giant lite-brite, allowing the possibility of fantastic 2D and 3D light structures on custom designed light tables. Visit [CreativeAdventureLab.org](http://CreativeAdventureLab.org) for more details on the Telegraph Herald Light Lab, in addition to our other laboratories.



#### Adult Art Classes Special Deal

Want to learn how to use a pottery wheel, sharpen your watercolor or acrylic skills, or learn the art of stained glass? Grab a friend and sign up for one of Creative Adventure Lab's adult art classes with this great deal! All classes are \$130 per individual registration or \$195 for two people (must book two people at once for discount). Visit [CreativeAdventureLab.org](http://CreativeAdventureLab.org) for more details, or call 563-607-5366.

# OH, YEAH. WE PARTY.

Book your birthday party with Creative Adventure Lab, and get free admission for all of your party guests. Visit [CreativeAdventureLab.org](http://CreativeAdventureLab.org) to book your party today!



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EVERY THURSDAY IN THE MISSISSIPPI MOON BAR!

7:00pm | No Cover Charge



AUGUST 31  
**FLASH IN A PAN**



SEPTEMBER 7  
**A FEW BLIND MICE**



EVERY WEDNESDAY 8:00PM

AUGUST 30 **GABRIEL RUTLEDGE**

SEPTEMBER 6 **JIGGY**

Visit [MoonBarRocks.com](http://MoonBarRocks.com) for our complete concert lineup.  
Tickets available at [MoonBarRocks.com](http://MoonBarRocks.com) and at the Diamond Club.

Must be 21 or older. If you or someone you know needs gambling treatment, call 1-800-BETS OFF.

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## Gwen Werner's Good Advice



### DEAR GWEN,

The school is starting and it'll be my first year at Hempstead. My family and I only just moved here. I really want to make friends. Do you have any advice on how to make a good first impression?  
—Sincerely, School's In For Summer

### DEAR SCHOOL'S IN FOR SUMMER,

High school is hard. Got cool parents? Got a singular cool parent? Good. You only need one parent or guardian's signature to get your very first set of knuckle tattoos. Now think really, really hard about what you want because it's permanent until you get them lasered off in twenty to twenty-five years, when you finally drop your dishwashing and bartending jobs and find a cool start up who is willing to pay you more than eight dollars per hour, and you've finally finished paying those attorney fees from that messy, messy divorce. Maybe HELL BENT. Or JACU SSIS (they might think you have multiple jacussis!), or BUZZ ARDS, or BEJE EZUS, OR JESE BELS (they might think you have two hot, bad-but-deep-down-good girlfriends!), or HELL YEAH, or EXOR CISM, or STAY GOLD (which will also impress your contemporary literature teacher).

If you're not feeling the tattoos, you could get really good at something to impress people. Might I suggest embroidery? Personally, I am very impressed by embroidery. Perhaps clowning? It's huge in France. Introspective poetry, I've heard, really gets you in with the girls, though also, with the toilets people will put your head in.

People love truthful people. You know what's truer than goddamn anything else? Cold, hard facts. Equip your tiny teenage brain with as many little known facts as possible. So here, consider this: the conversation you're having with the total babe

in Chemistry happens to have pauses, these may seem natural, but no! They're not! Have a truth at the ready to throw in the pause like a Frisbee or like a javelin, or a boomerang. It gives the conversation a unique rhythm that'll, for sure, knock her socks off. Or her clothes. You know what I mean.

I'll rattle off a few facts for ya, you know, the ones I use in those sexy conversations: The guy who designed the Pringles can was buried in one. Bill Clinton knows a lot about My Little Pony. Hitler's nephew wrote an article called, "Why I Hate My Uncle." The dot of an "i" is called a tittle. Q-tips were originally called Baby Gays.

See?! How would you like me just coming at you with those facts?! You'd love it. You'd be so stoked on the facts, you might be liable to kiss me right on the face and/or mouth.

Good luck, buddy.  
—xoxo Gwen

### DEAR GWEN,

I want to make more money. I got a job with this company at the very bottom floor doing filing work and I've moved as far up as I can. I'm a real go-getter, head honcho type of guy. It feels wrong leaving this company after all they've done for me. They've been here through my very worst times, but I want to be able to sing that Drake song "Started at the Bottom" and really, really mean it. What should I do?

—Yours, Broke

### DEAR BROKE,

Be Judge Judy. She makes \$45 million a year.  
—xoxo Gwen

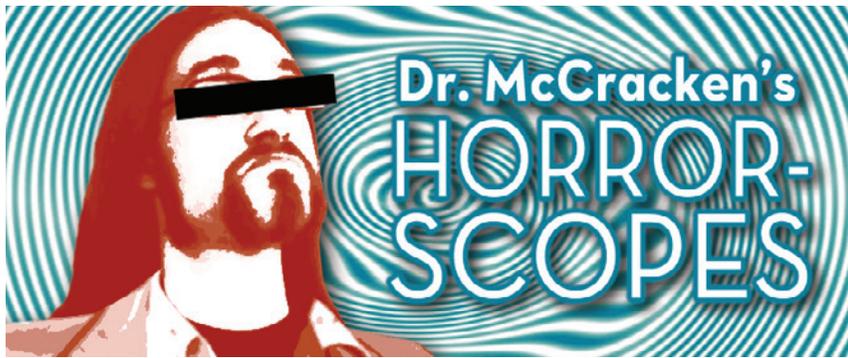
### PUZZLE ANSWERS

2	3	5	6	7	8	1	4	9
9	4	8	2	1	3	6	5	7
6	1	7	9	5	4	3	2	8
4	5	1	7	9	6	8	3	2
7	6	2	3	8	5	4	9	1
8	9	3	1	4	2	5	7	6
3	7	9	5	6	1	2	8	4
1	2	4	8	3	7	9	6	5
5	8	6	4	2	9	7	1	3

Difficulty Level ★★★★★

D	E	U	T	C	H	O	L	A	T	H	E	D	I	T	S	T	U			
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M	U	T	A	L	O	F	O	M	A	H	A	L	E	O	P	A	R	D		
O	N	Y	O	U	S	O	S	A	R	G	A	S	S	O						
W	A	N	T	S	T	R	A	F	F	I	C	C	I	T	A	T	I	O	N	
A	D	O		O	A	T	Y		U	N	T	I	L		S	S	E			
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M	A	D	E	I	R	A	S		Y	E	P		R	E	A					
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A	R	B	O	R	I	S	T		N	O	G		O	H	A	R				
Z	A	M	B	O	N	I		K	E	N	T	U	C	K	Y	D	E	R	B	Y
A	T	I	S	S	U	E		I	C	E	T	E	A		M	I	N	N	I	E
S	S	T		E	S		M	O	R	A	S		N	E	E	S	O	N		

GENERAL BOB IS AT BLUFF LAKE RESTAURANT IN MAQUOKETA, IA



**ARIES**  
(MAR 21–APR 19)  
It's possible that you're feeling obliged to do some makeshift plastic surgery on family or loved ones. Take this time to help one of them realize their dream of being able to accurately pluralize their once-singular body parts when describing the ways their face contours.

**TAURUS**  
(APR 20–MAY 20)  
Your thinking is clear, but it might be because you were randomly selected as a participant in a government experiment to make humans mostly translucent while turning their thoughts into concrete expressions. A restrictive force may seem to be holding you back, but that could just be gravity and debt.

**GEMINI**  
(MAY 21–JUNE 20)  
Your flamboyant approach to rewinding videotapes may not get as much attention as you'd like. Don't push yourself to achieve something that isn't working, like neuroscience or your entire life. By insisting that something should be done your way, you'll only confuse the people who actually know what's going on and can function outside of the bubble they've created.

**CANCER**  
(JUNE 21–JULY 22)  
You have exactly the right amount of discipline but entirely too much mozzarella. Your sense of time and restriction can work in your favor, but it's more likely that you've chosen a task above your abilities, below your moral high ground, and right in the middle of a natural disaster.

**LEO**  
(JULY 23–AUG 22)  
Trying to talk your way out of tasks and obligations probably isn't the best way to win the lottery. Take responsibility for your action figures. The time you spend trying to weasel your way out of your duties could be much better spent simply trying to automate a human-like creature to complete the tasks for you before becoming sentient and turning you into the role they once assumed.

**VIRGO**  
(AUG 23–SEP 22)  
Just when you thought you had everything figured out and planned correctly, humans may start to levitate and become cannibalistic. Your first reaction may be to get upset, but you need to remember that anger and a complete lack of values only gets you like 95% of what you want.

**LIBRA**  
(SEP 23–OCT 22)  
The fire within you may be burning brightly, but it's more likely that you've actually had your organs replaced with various peppers from around the world, as you've become a key piece of the illegal trading of produce from country to country. It may seem as if people are trying to rain on your parade, but they're just trying harvest your organs and dispose of whatever remains of you.

**SCORPIO**  
(OCT 23–NOV 21)  
You may find that other people are the missing variable in the equation you refuse to solve or even think about until you go back in time to become a self-made millionaire, only to wake up years later mentally conjoined with the versions of yourself that keep multiplying in a time loop, essentially making your world a confusing, endless mess until the end of everything.

**SAGITTARIUS**  
(NOV 22–DEC 21)  
By jumping around from place to place all the time, you may get the feeling that you've been shrunk down through witchcraft to the size and shape of a frog, but the reality is that frogs have been blown up through witchcraft to be the size and shape of humans, and in the Great Frog-Human War you slept through, the winner was clearly not you.

**CAPRICORN**  
(DEC 22–JAN 19)  
Make a plan at the beginning of the day and stick to it until you've finished all the cake, most of the cookies, a handful of Oreos, another handful of Oreos, a milkshake, a case of dot matrix paper, your emotions, replicas of the jerseys worn by the Miami Dolphins the last year they won the Superbowl, an entire case of lightbulb tubes, and a Fresca. This is not a good time to diet or be reasonable.

**AQUARIUS**  
(JAN 20–FEB 18)  
If Jon Hamm can quit smoking after eight seasons of *Mad Men*, I think you can do it just fine.

**PISCES**  
(FEB 19–MAR 20)  
You might have to adjust your way of thinking in order to match the energy of the situations around you to the energy it takes to try to do anything in a world where the "You're fired" guy can run for president, win, and be defended by people who he hates. Remember not to lower your standards or your guard or your fists.

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